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## TANTRIC YOGA

A Study of the Vedic Precursors, Historical Evolution, Literatures, Cultures, Doctrines, and Practices of the 11th Century Kaśmīri Śaivite and Buddhist Unexcelled Tantric Yogas

James Francis Hartzell

Submitted in partial fulfillment of the requirements of the requirements for the degree of Doctor of Philosophy in the Graduate School of Arts and Sciences

Columbia University

1997

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## **ABSTRACT**

## TANTRIC YOGA

A Study of the Vedic Precursors, Historical Evolution, Literatures,
Cultures, Doctrines, and Practices of
the 11th Century Kaśmīri Śaivite and Buddhist Unexcelled
Tantric Yogas

## James Francis Hartzell

A wide-ranging, in-depth study of the Saivite and Buddhist Tantric traditions, this dissertation in thirteen chapters covers the historical development of Tantra in the Indian context prior to the Islamic invasions, relying principally on Sanskrit texts. The dissertation provides an introduction to Tantric studies, the Vedic and historical roots of the ideas and emergence of the traditions, the early Tantric literature and social position of the cults, the goals of the practices as understood by their advocates, with considerable technical detail on advanced stages and ultimate goals of Tantric Yoga. Chapter 1 traces the emergence of the field as a legitimate branch of Indology. Chapter 2 examines the Vedic roots of Tantric ideas and practices. Chapter 3 weighs the evidence and arguments for the earliest emergence of surviving written Tantric texts. Chapter 4 surveys early Buddhist Tantric literature in Sanskrit, and Chapter 5 provides a similar overview of the early Saivite Tantric literature, delimited historically by the citations in Abhinavagupta's Tantrāloka. Chapter 6 discusses the social status of Tantra in the eyes of non-practitioners, with depictions of Tantric devotees by poets, satirists, and story tellers. Chapter 7 looks at the anatomy and physiology of the subtle body in the Ayurvedic medical tradition, the oldest Vedic *Upanişads*, the Yoga, Samkhya, and Yogācāra schools, the relationship

of medical physiology to Tantric physiology, and the role of the subtle body in Tantric Yoga. Chapter 8 examines the principles and objectives of Tantric initiation rites. Chapter 9 looks at the sexual yogas in the Buddhist and Śaivite Tantric traditions. Chapter 10 introduces the Kālacakratantra text and its commentary Vimalaprabhā by Puṇḍarīka, and examines evidence for historical and geographic origins of the texts. Chapters 11-13 are annotated translations of the Mahoddeśās 1-3 of the fifth chapter of Kālacakratantra and Vimalaprabhā, with a section from Mahoddeśa Four on the Dharmasamgraha. The author has not included his full translation of the fourth Mahoddeśa.

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**Preface** James F. Hartzell

"Poetry, said Ānandavardhana and Abhinavagupta, is inextinguishable; it exists and will exist for ever. Like love, it has kindled and will continue to kindle the hearts of man with new and pulsing life..."

There is a tremendously wide range of material in the Tantric texts, including exquisitely detailed accounts of Puranic cosmologies, exact measurements for building caityas, precise recipes for preparing medicines and perfumes, incredibly elaborate procedures for drawing mandalas on the ground, nearly unfathomably complicated methods of calculating time using astronomical data both empirical and imagined, and so on. I have left most of the abstruse and technical subjects out of this dissertation in order to focus on the subject I am most interested in--the role of the subtle body in the Tantric Yoga practices, and its relationship to the physical body and the spiritual or psychic aspect of the individual initiate. I have dug into a considerable amount of Vedic material to uncover the roots of these ideas in Tantra, and have added several chapters on the Tantric tradition itself--a study of its historical emergence, chapters on the Buddhist and Kaśmīri Śaivite Tantric literature, and a study of the views of the Tantric tradition by non-Tantric writers. These added chapters provide important contextual balancing for this study, yet the principal focus of my research has been on the central issue of what is the subtle body, where did the ideas come from, why is it important for understanding Tantra, and what role does it play in the practice of the Tantric meditations and sexual yogas. Throughout this dissertation I have also sought

to illumine some of the relevant aspects of the shared character of what we might call the Tantric technologies—i.e. the techniques and methods used by the traditions that turn out to be widely and in some cases thoroughly shared between the Śaivite and Buddhist Tantric traditions.

There is also a wide range of Tantric material that I have not covered in this dissertation. I do not read Bengali, so I have not worked on the *doha* literature of Tantric songs, though I am well aware of the material. Since I work far faster and with greater ease in Sanskrit, I have worked principally from this material, and have not explored related material in Tibetan. I also have not read any of the Jain material that I understand is in a variety of Prakrits.<sup>2</sup> My focus is on Sanskrit Śaivite and Sanskrit Buddhist Tantric literature, principally from the time up to and including Abhinavagupta (c. 1075-1150 CE), and I have worked most closely on material that appears to come from the Kaśmīr region. As a result I have not included much material from the Śaiva Siddhānta tradition, the Śrī Vidyā tradition, or the Kālī literature.

I have long thought it rather silly when scholars rely heavily on the work of their predecessors to find references, sources, etc. and then, in retranslating the original material their predecessors have referred them to, neglect to cite the predecessors' work. In the case of *Abhinavagupta*'s *Tantrālokaḥ*, Raniero Gnoli did an Italian translation of the entire work. Because Gnoli mixes explanatory material from *Jayaratha*'s commentary into his translation, often not citing Jayaratha's words, and sometimes interpolates meaning into the verse that does not always appear to be

substantiated or must have come from his general background of knowledge, it is necessary to reread the Sanskrit carefully, and the commentary, to clarify the source material. However, in many of the cases where I have translated sections of the *Tantrālokah* from Sanskrit into English, Gnoli's Italian translation has guided me to the correct sense of the verse. I have also made good use of Gnoli's index to his translation, and this index has in many cases led me to passages I might otherwise not have found. The same holds true with discussions of iconography in the Buddhist Tantra in the footnotes to the translation (principally in Chapter 11) of this dissertation. In many instances I first read De Mallmann's material, then found the original material in the Sanskrit. Again, though I translate from the Sanskrit, it was De Mallmann's work that usually led me to the correct passages, so I also cite her in the footnotes.

I also think it unnecessarily erudite to quote passages in French or German or Italian. Since I am writing in English, it seems only reasonable to either translate or paraphrase such passages into readable English, with the correct citations. So for instance when I give iconographic identifications attributed to De Mallmann, the descriptions are often paraphrases in English of what she wrote in French, with correct citations of her work and the original passage in the original language in the notes. This makes life easier on the reader who is not required to constantly switch linguistic gears, and is consistent with the practice of citing the original Sanskrit in the notes for passages I have translated.

I have tried in most instances where I translate Sanskrit to give in the endnote

a transliterated version of the original passage; for the ease of the readers I have in most cases broken up the *samdhih* in the compounds, and separated the words by hyphens. I have not added transliterations of all the Sanskrit passages from the *Kālacakra* and the *Mālinīvijaya* since I cite from these texts extensively in the latter chapters of the dissertation and the amount of Sanskrit is unwieldy. I have not worked from any manuscript material directly. For the *Kālacakratantra* and *Vimalaprabhā* I have relied almost exclusively on the Sarnath Sanskrit editions from the Central Institute of Higher Tibetan Studies (See Rinpoche et al in the Bibliography). For the *Mālinīvijayottaratantra* and sections of the *Tantrāloka* I relied on the editions developed in the Kashmīr Series of Texts and Studies out of Śrīnagar. Unless otherwise noted, all *Kālacakra* and *Vimalaprabhā* translations in this dissertation are my own, as are all translations of the *Mālinīvijaya*.

For Bibliographic material I have used the following procedure: every citation is given in the endnotes and footnotes by the author's last name, and the year of the publication, followed by the page numbers. For the one citation in this Preface in the opening quote from Gnoli, for instance, the note reads:

Gnoli 1956:xxxii.

This refers to "Gnoli, Raniero (1956), The Aesthetic Experience According to Abhinavagupta, Roma, Instituto Italiano per il Medio ed Estremo Oriente, 1956 (Serie Orientale Roma XI)," in the Bibliography, page xxxxii. I have used this notation for all citations, whether of Sanskrit or English works, and for articles and book reviews as well. The Bibliography therefore doubles as a reference table for all the endnotes

and footnotes.

There are a few instances from Kuttanī's story in Chapter 6 where I use both footnotes and endnotes in the same passage; this was occasioned by some long endnotes that would have been unwieldy as footnotes, and by the desire to otherwise have some clarificatory footnotes right at hand for understanding the translation.

Otherwise, all the discursive chapters (1-10) and the Introduction have endnotes. The three translation chapters from the fifth Chapter of the *Kālacakratantra* and *Vīmalaprabhā* (Chapters 11-13) have footnotes, and no endnotes. The single exception is a footnote on page 1036 to the translation of the colophon to the fifth chapter of the *Vīmalaprabhā*.

In Chapters 11-13, I have marked the page and line numbers of the Sarnath edition of the Sanskrit in the translation. 60.25 refers, for instance, to Rinpoche et al 1994b:60.25, i.e. page 60, line 25 of the 3rd volume of the edition of the Kālacakratantra and Vimalaprabhā published by the Central Institute of Higher Tibetan Studies in Sarnath, India. In some instances I have also included these page and line number markings in the sections of the fifth chapter translations I have incorporated into Chapters 1-10. Throughout the dissertation, I have noted where I have used other scholars' translations from Sanskrit; otherwise the Sanskrit to English translations contained in this dissertation are my own original work.

- 1. Gnoli 1956:xxxii.
- 2. See the works of Paul Dundas (Edinburgh University) for information on Jain Tantra.

Tantric Yoga Introduction James F. Hartzell

The study of Tantra presents a particularly difficult challenge for Indological scholars. Tantric studies were long neglected by Indologists who were too shocked or offended by the sexuality and excesses of certain Tantric cults to take the study seriously, or too bewildered by the complexities of the systems to put in the time necessary to make sense of their practices. Early Indologists concentrated their study on the Vedas and more literary texts of the Sanskrit tradition—the law books, drama and poetry, devotional texts and epics, etc., and largely ignored the Tantras. Indeed many scholars disparaged the subject of Tantra more or less completely, while simultaneously admitting its centrality to the history of religious thought in India. The venerable Rajendralal Mitra (who began his groundbreaking series of "Notices of Sanskrit Mss." in 1871) described a manuscript of the *Guhyasamagha* (sic) in his Sanskrit Buddhist Literature of Nepal as follows:

As a Tantric composition of the esoteric kind, it has all the characteristics of the worst specimens of Śākta works of that type. The professed object, in either case, is devotion of the highest kind-absolute and unconditional—at the sacrifice of all worldly attachments, wishes and aspirations; but in working it out theories are indulged in and practices enjoined which are at once the most revolting and horrible that human depravity could think of, and compared to which the worst specimens of Holiwell street literature of the last century would appear absolutely pure. A shroud of mystery alone serves to prevent their true characters being seen, but divested of it works of the description would deserve to be burnt by the common hangman.

Some fifty years later, the opinion of most scholars had changed very little from Mitra's view. Jarl Chapentier, reviewing Shahidullah's <u>Les Chants Mystiques de Kāṇha et de Saraha</u><sup>2</sup> in 1930 remarked that "their vocabulary...is of the specifically

Tantric trend which may well evoke interest, but which is mainly--like the doctrines it is used to interpret--of a very repulsive nature. However, in the history of Indian (and Tibetan) religion, Tantra has played and is playing a great role. And no one interested in the manifold developments of what, for want of a better name, we persist in calling Hinduism, can venture wholly to look away from it, unsavory though it be from every point of view." E. Hamilton Johnston, in a 1933 review of Bhattacharyya's An Introduction to Buddhist Esotericism refers to "the curious farango of which most Tantric works consist," and delivers the verdict "that the Tantra cannot be held to have any real value as religion or philosophy and that in some aspects it is, as the author states in his preface, the product of diseased minds."4 These early opinions of Tantra by well-regarded scholars of Indian religion (and these are just a couple of examples of many such viewpoints by other earlier and later Indologists) effectively sealed off any systematic study of Tantra by academics until after the second world war--with the exception of some remarkable work by Indiabased scholars such as Benoytosh Bhattacharrya and John Woodroffe. (See Chapter 1 for the early history of Tantric Studies up until the 1960's.) No non-Indian graduate students seriously interested in completing their Ph.D. could reasonably expect to write on a topic that the community of scholars held in such low regard. And even after the second world war, Tantric Studies was slow to develop.

These days Tantric Studies is a growing and active field, in India and abroad, having managed to shake off much of the stigma inherited from the opinions of earlier scholars. However the legacy of the earlier neglect has left many large, gaping holes

in our understanding. Finely edited and published editions exist of most of the Vedic Samhitās, Brāhmaṇas and Upaniṣads, as well as of the Dharmaśāstras, Grhyasūtras, etc., and many of these texts have been well-translated. The same cannot be said for the Tantras. Scores of manuscripts remain unedited, unread, or even lost, and the total number of edited, published, and translated texts is not great. As a result, there is a very large set of unsolved problems in the field, the majority of these issues unresolved simply because of lack of information.

In exploring the subject of Tantric Yoga in the pre-12th century Tantric traditions, this dissertation will make some contributions towards the resolution of several issues in Tantric studies. Chapter I looks at the reasons for the disinterest in Tantra by early scholars, and traces the emergence of the field as a legitimate branch of Indology. Chapter 2 examines the question of the historical roots of some basic Tantric ideas and symbols by looking at the genesis of these ideas in the Vedic tradition. Chapter 3 turns to what I call the pre-history of Tantra, weighing some of the evidence and arguments, pro and con, for when the Tantric texts first appeared as written documents. Chapter 4 then looks at the question of the scope of early Buddhist Tantric literature in terms of the number of texts that existed, how many of these survive, and what sort of material was or is contained in these texts. Chapter 5 provides a similar overview of the early Śaivite Tantric literature, delimited by the citations in Abhinavagupta's *Tantrāloka*. Chapter 6 raises the question of the social status of Tantra in the eyes of non-practitioners, and looks at how Tantric devotees and ideas were presented by poets, satirists, and story tellers. Chapter 7 looks at the

anatomy and physiology of the subtle body itself as described in the Tantras, the relationship of this subtle physiology to medical theories of the Ayurveda tradition, and the role of the subtle body in the Tantric practices. Chapter 8 examines the Tantric initiation rites, focusing particularly on the principles involved and the objective of the preparatory initiations. Chapter 9 looks at the issue of the extent and practice of the sexual yogas in the Buddhist and Saivite Tantric traditions. Chapter 10 provides an introduction to the Kālacakratantra text and its commentary by Pundarīka, the Vimalaprabhā, and examines the evidence for the historical and geographic origins of the texts. Chapter 11 is a translation of the first Mahoddeśah of the Fifth chapter of Kālacakra, Chapter 12 is a translation of the second Mahoddeśah, supplemented by a section from the fourth Mahoddeśah on the Dharmasamgrahah--the Buddhist canonical summary, and Chapter 13 is a translation of the third Mahoddeśah, with Pundarīka's forty-page Sanskrit commentary on KCT 5.127. Although I have translated the fourth Mahoddeśah as well, Prof. Thurman and I decided not to include it in this dissertation largely due to space considerations tradition--the fourth Mahoddeśah is long, and contains an extensive section on alchemy that may not be of interest to most readers. Overall, then, the dissertation should provide a helpful introduction to the discipline of Tantric studies, the historical roots of the ideas and the emergence of the traditions, the scope of the early literature and the social position of the cults, the goals of the practices as understood by their advocates, as well as considerable technical detail on the advanced stages of Tantric yoga and the ultimate goals of the practice.

To begin to address the unresolved issues in the study of Tantra we can ask several basic questions. First--what is Tantra? Let us define the word. Studies of Tantra often begin with (usually dissatisfying) etymologies of the word, from the root √tan to stretch, extend or spread, weave, etc., and the derivative, literal meaning of a loom or a web. Using the favored scholastic metaphor of a warp and a woof in Indian thought, one can then build various explanations as to why the term Tantra came to refer to the subject in question. Rather than speculating, let us compare an early use of the term in the Vājasaneyi Samhitā (Śuklayajurveda) 38.12's reference to the Sun as "the web-weaver," (tantrāyina). Śatapatha Brāhmana 14.2.2.22 explains this appellation as follows: "the web-weaver, doubtless, is he that shines yonder, for he moves along these worlds as if along a web (Tantra); and the Pravargya [offering] is also that (Sun): thus it is him he thereby pleases, and therefore he says, 'To the web-weaver'." The Sanskrit reads: Tantrāyiņa iti eşa vai tantrāyī ya eşa tapaty, esa hi imāml-lokās tantram iva anusamcaraty, esa u pravargyas tad etam eva etat prāṇāti, tasmād āha tantrāyiņa iti.6 As we shall see in Chapter 2 of this dissertation, when discussing some of the Vedic roots of various Tantric ideas, and in Chapter 7, when examining the principles of the subtle body, it is not that much of a stretch of the imagination to see the idea of a solar web as congruent with the intrinsic nature of the subtle body structure. We find in the Vedic sacrificial interpretive schemas that the solar fire in its various forms (lightning, the winds, the earthly fire) is said to pulsate through the human body, animate it, and inspire human intelligence. Explicit passages from the Brāhmaņas explain the homology or identity between these natural

fires and the three fires of the Vedic sacrificial enclosure (vedi--see Chapter 2.2 for details). Similarly, we find in Saivite and Buddhist Tantric material that the same basic idea of the different sacrificial fires encapsulating the natural and cosmic fires is internalized and considered a primary, functional aspect of the subtle body structure of cakras and nādīs. A telling example of just how far the Tantrikas went to incorporate Vedic symbolism is found in Verse 2.36 of the Buddhist Kālacakratantra and the commentary thereon of the Vimalaprabhā. Here we find that the three main fires of the Vedic sacrificial altar are envisioned as residing inside three of the major cakras or centers in the subtle body. Then, as one would expect, the Tantra adds another, transcendent fire within the same structure: "Within the heart, the throat, and the lotus of the navel, lightning, the Sun, and fire respectively shine in the form of a bow, in a circle, and in a quadrangular fire-place. Above them, in the darkness, where neither Sun nor lightning nor the moon blazes, where there are no planets, stars, etc., there is another shining and purifying fire whose form is primordial wisdom." The Vimalaprabhā on this verse reads in part: "Here in the body, the three [outer] fires are: the dakṣiṇāgni, the gārhapatya and the āhavanīya; respectively, lightning, i.e. the fire of lightning is in the heart lotus in the shape of a bow; the solar fire, i.e. the domestic fire, is in the throat lotus, and the offering fire, i.e. the one that consumes the meat offerings, is in the square hole of the navel." While we will discuss these topics in more detail in later chapters of the dissertation, the point to make here is that the notion of a solar or cosmic web of intelligent, life-supporting energy at the macrocosmic level appears to have been preserved in the Indian culture

over thousands of years, and explicitly incorporated into the technical theories and practices of the Tantric yogins.

Lubin and Keith have both pointed out that within the structuring of Vedic *śrauta* rituals, *Tantra* also referred to the original model (*prakṛti*) ritual that served as the template whereon other rituals are based. Other rituals are then seen as variants (*vikṛti-s*), incorporating variants (*avāpas*) on the original template. What is interesting here is that within the logic of the Vedic tradition, these two different uses of the term *Tantra*—both as a web, with the Sun as the web-weaver, and as a template, or model for the *śrauta* rituals—are logically consistent. It is after all within the modeling structures of the rituals that one also models the cosmos, and models the individual's psychophysical structure. Since the cosmos that is being modeled is constructed along a solar web that pervades its structure, and the individual participating in the cosmos is said to partake of and exist within this same solar web, we find that the Vedic and later Tantric rituals function in a sort of fractal geometry fashion: from macro or micro levels of focus we find the same basic principles in operation. (The issue of Vedic modeling is taken up in Chapter 2 of this dissertation).

In the Vedic practices then we find a set of repetitive ritual practices designed, apparently, to inculcate and perpetuate in the mind of the Vedic initiate the awareness of their intrinsic identity with the solar web that pervades their physical body. This is the source of their individuality that has become a human being through their parents' sexual love; it is what sustains them while they are alive, and it is also the pathway

back to heaven at their death. The focus on the final goal, the return to heaven, is not incidental, and we find this awareness taken up in a new and sophisticated form by the Tāntrikās.

I do not however want to push the literal and esoteric interpretation of the term Tantra too far at this point. In practice throughout the history of the Sanskrit language, the term Tantra has been used primarily in its first-order derivative sense, i.e. usually to mean simply a system, as in a system of thought or practice. The term is used as such in Vedic literature, in grammar, in philosophy, and astronomy, and even politics, 9 just to name a few of the Sanskritic disciplines where we find texts called Tantras. Often "Tantra" can simply be translated as "a textbook." Examples abound. The Sputanirnaya-tantra of Acyuta, The 'textbook (or system) for determining the correct value,' for instance, is a late 16th century work on astronomical computation by a Keralan author. 10 The term gained particular currency in the early medical literature of India. One of the most famous early vaidyas was Punaravasu Ātreya, son of Atri, who taught medicine at Taxila in the sixth century BCE, at the time of Śākyamuni Buddha. His six disciples recorded his teachings in Tantras, larger textbooks, and kalpas, smaller monographs on specific subjects, herbs, etc. The Carakasamhitā and Bhedasamhitā constitute in part collections (samhitās) of these earlier teachings. Similarly, the latter part of the Suśrutasamhitā is entitled the *Uttaratantra*, ascribed to *Nāgārjuna*. <sup>11</sup> As we can see in examining the Bower manuscript--the earliest extant medical manuscript we have, the medical tradition also knew of texts written in a mixture of popular, ungrammatical Sanskrit

and more polished, literary Sanskrit, such as we sometimes find in the Tantric texts. So while the esoteric literary interpretations of the term may have some merit, it is equally likely that the customary use of the term *Tantra* in Sanskrit literature as a 'textbook' or 'system' with practical applications resulted in the term coming to be used for the texts of the tradition at issue in this dissertation.

Many scholars have sought to give illuminating etymologies of the term Tantra, while others have tried to summarize the Tantric doctrines. M.M. Haraprasād Śāstrī, writing in the Introduction to his 1900 Notices of Sanskrit MSS., remarked that

Any system of worship other than that sanctioned by the Vedas goes under the general name of Tantra or Agama. The great object of the Tantrika works is the saving of the soul of women and Śūdras who have no access to the Vedas. The word Tantra, if I am permitted to hazard a conjecture, means shortening, abbreviation, *i.e.*, reducing in something like algebraical forms, Mantras or formulae that would otherwise run to scores of syllables.... The subject varies from the attainment of Salvation to the meanest fetish worship. Sometimes the directions of worship are plain, open, fervent, and beautifully impressive, at other times they are filthy, obscene, obscure, dark and mysterious.<sup>12</sup>

Winternitz distinguished between *Tantra* and *Āgama* by saying "*Tantra* means 'a system of doctrines,' 'a book,' i.e. 'Bible;' *Āgama* means 'tradition' and *Samhitā* a 'collection of sacred texts.'"<sup>13</sup> Kane, who was one of the most thorough scholars of the Sanskrit tradition, gives an illuminating summary of the use of the term *Tantra* in early Sanskrit literature, citing its use as a word for a 'loom' in the *Ŗgveda*, *Atharvaveda*, and *Taittirīya Brāhmaṇa*, and noting Pāṇini's use of the term *tantraka* for a cloth just taken off the loom. He also cites the use of *Tantra* in the *Āpastambha* 

Śrautasūtra to refer to a "procedure containing many parts," a reasonable connotation of a term originally used for something used to weave things together (the loom) or the woven product therefrom (the cloth). The Śāṅkhāyana Śrauta Sūtra uses Tantra to refer to a type-identity model<sup>14</sup> or encapsulation, i.e "what being done once serves the purpose of many other actions," an early usage of the conceptual principle of representation and encapsulation that we find as a consistent theme in much of Tantric Yoga. By the time of Patañjali's Mahābhāṣya on the Aṣṭādhyāyi of Paṇini, and the medical texts, Tantra has already come to refer to a system of doctrines and to a doctrinal text. As Kane concludes, though, "it is difficult to determine the exact time when the word tantra came to be employed in the sense it is used in the so-called tantra literature..." Gnoli, following Filliozat, cites a traditional derivation of Tantra from the Saivite Kāmikāgama, using a folk etymology from the roots  $\sqrt{tan}$ -to extend, and  $\sqrt{tra}$  to save: "The name Tantra derives from what extends elaborate arguments around the principles and mantras and produces salvation. "16 Gnoli's own explanation of the use of the term is that "The single common denominator that we find in these scriptures [the Saivite, Buddhist, and Vaisnava Tantras] is the aim they all profess--without exception only one, that is to offer to men in this world a faster and more adaptable means for achieving the supernormal powers or siddhis, that the Indians have with such anxiety always sought, or for those who desire it, a definitive liberation from the sufferings of phenomenal existence, from transmigration, from history."17 Goudriaan has recently defined Tantrism as "a systematic quest for salvation or for spiritual excellence by realizing and fostering the bipolar, bisexual

divinity within one's own body. <sup>18</sup> Beyer's definition, put forward in his 1973 study of Tārā, offers a different emphasis: "Tantra is thus the 'quick path' whereon control is synonymous with power; to control the divine appearance, mantra, and ego is to act with the deity's body, speech, and mind, and to control the mind and body is to own the world. "<sup>19</sup> I shall add my own attempt to these definitional efforts below. For the moment I would only remark that each of these (and many other) definitions offer helpful perspectives on a vast and complicated system of thought that goes under the rubric "Tantra," and we should rather dig deeper into the systems themselves than quibble over who has come up with the best *mantra*-like definition to summarize them <sup>20</sup>

Whatever the historical evolution of the term *Tantra*, by the 7th-8th centuries CE it is clear (as will be discussed in Chapter 3) that a class of Hindu and Buddhist texts had emerged that gave rise to the *religious* phenomena Western scholars have generally classed under the term Tantra. Buddhist Sanskrit *Tantras* were produced (or revealed) in India continuously up through the 12th century, when Islamic invasions and destructions of the Buddhist monastic universities drove the Buddhist Tantric tradition and its advocates into Tibet and Nepal. During the latter part of the first millennium CE, Buddhist Sanskrit *Tantras* were fortunately systematically translated into Tibetan over several centuries, so that many have been preserved that would otherwise have been lost. In Nepal new Buddhist Sanskrit Tantras continued to appear for several hundred years after the Islamic invasions of India, though production appears to have dropped off over time. Śaivite Hindu Tantras also

appeared in great numbers in India in the centuries prior to the Islamic invasions, and then, despite being somewhat driven underground, were still produced in significant numbers (including many Tantric digests) under Moghul and British rulers, so that we even have some new texts dating from the late 19th century.

The focus of this dissertation is on the Buddhist and Kaśmīri Śaivite Sanskrit Tantras that appeared in India prior to the Islamic invasions. There are several reasons for this. Prior to the destruction of the Buddhist monastic universities, the Saivite and Buddhist Tantric traditions had apparently grown quite close, offering interesting comparative avenues of research, and providing us with the opportunity to assess how much of the Tantric ideas and practices were common currency in Indian society at the time.<sup>21</sup> In addition, some of the best and most original Tantric writing appears by around the 11th century, particularly in Kaśmīr, not long before the whole of northern India fell under the Moghul rule. Our earliest surviving systematic encyclopedias of both the Saivite and Buddhist Tantric traditions were also written about this time. Abhinavagupta, a very well educated and brilliant thinker living in Kaśmīr wrote the unrivalled *Tantrālokah*, a survey of all the major Saivite Tantric streams of his day. Several decades later, Abhayākaragupta, a Buddhist scholar, performed a similar task for Buddhist Tantra with his Vajrāvalī nāma Mandalaupāyikah. The Buddhist Tantra I have focused most closely on, the Kālacakratantram, appears to have emerged (in its written form) around the beginning of the second millennium, and appears to represent the most advanced development of its genre. So we have in north India, just prior to the Islamic takeover, a flourishing

Tantric culture that may have reached its high water mark at that time in terms of creative thinking.

To return to the question, 'what is Tantra?', I will hedge my initial response by saying that the question is difficult to answer simply because the Tantric traditions synthesized so much material from earlier strands of the Indic systems. We find extensive Vedic symbolism (as explained by the *Brāhmaṇas*) integrated into both Buddhist and Śaivite Tantras (Vedic symbolism will be discussed in Chapter 2). We find a thorough-going integration of the ascetic-oriented Buddhist and Hindu Yogic and meditational traditions, and we will examine some of these incorporations in Chapter 3, though they will be referred to as well in Chapters 7-9. Ancient Atharvaveda, Āyurveda, astronomical and astrological doctrines are mixed together with advanced philosophical, medical, alchemical, and cosmological doctrines. Then, into this mix of different doctrinal strands is brought the explosive issue of human sexuality, with the central doctrine of harnessing the immense power of physical hetero-sexuality as swiftest route to salvation, liberation, Buddhahood, or

To turn the dime on its head, so to speak, let us begin the discussion then with a look at why the Tāntrikas took such a keen interest in sex. In the earliest Vedic material we find a very frank acknowledgement of the power of human fertility and sexuality as the source and origin of human life--certainly a very common sense position. The Vedic thinkers also frankly acknowledged the divine component of human existence, recognizing the central power of the Sun as the giver of life--again a

very common sense proposition: turn off the Sun and we would all freeze to death. For the early Indians, then, it made perfect sense to assume that the soul or spirit of the person came from the Sun (as its first womb), entered the semen and was born in the mother's womb (its second womb; these doctrines are explicitly stated in for instance the Jaiminīya Brāhmaņa--see Chapter 2.1). It also made perfect sense to celebrate and recognize other basic sources of life, such as fire, the rains, food, and of course breath itself--and to speculate on the divine underpinnings of these sources, and their contributions to human existence. Hence we find sanctifications of these sources in the various Vedic sacrificial rituals, deifications of them, and songs of praise in the Vedic hymns invoking these very deifications in attempts to win various types of prosperity. Perhaps because of the organic nature of the resultant deities, viz. the fire god (Agni), the storm god (Indra), the Sun god (Sūrya), etc., along with the frank appreciation of the role of these natural forces in creating and sustaining human life, it was not much of a logical leap for the Indian mind to reidentify with the very deifications they had created for themselves. So we find in very early Sanskrit writings the fire deity conceived of as residing in the human heart, the wind deities coursing through internal channels of the body, the Solar deity infusing and impelling human consciousness, and so on. In the famed Gayatrī mantra, for instance, RV 3.62.10, recited daily by good vaidika brahmans, we find the notion: "May we acquire that excellence of the Stimulator [i.e. the Sun], the radiance of the Lord; may it activate our intelligence."22 We find an interpretive passage (one of many such) in the Satapatha Brāhmaņa that makes clear just how the Sun is

conceived of as playing an inspirational role: "Savitr, forsooth, is his mind: therefore he draws the Sāvitra cup. And, forsooth, Savitr is his breath (vital air);--- when he draws the Upāmśu cup [another libation], then he puts into him that vital air in front; and when he draws the Sāvitra cup, then he puts into him that vital air behind: thus those two vital airs on both sides are beneficial (or, put into him), both that which is above and that which is below."<sup>23</sup> That is, the life-giving energy of the Sun is invoked to fire-up men's minds. (We are reminded by this of the notion of the web-weaver Sun traveling through the web (tantra) of the universe mentioned above.) For the principle of self-identification with the supreme being (Buddhahood or identity with Śiva) that stands as a constituent part of the goal of the Tāntrikās, we should also consider here the contribution of Śākyamuni Buddha. For while the Vedic thinkers (including the interpreters in the Brāhmaṇās and Upaniṣads) saw deific natural forces flowing through and constituting our physical/spiritual selves, it was Śākyamuni who really emphasized the notion that the individual could actually become or achieve for himself<sup>24</sup> the highest state.

So why sex? That is, why did the issue and the practice of sexual intercourse become such a central and problematic aspect of Tantra? From a common sense point of view the question is not difficult to answer. Sex creates us, and without it we wouldn't exist as living human beings (just as the Sun sustains us); so it is not unreasonable that a tradition would have taken this fact seriously, and attempted to deal with it directly. From a historical and religious point of view within the Indian context, there are of course greater complexities. First we should acknowledge the

incredible audacity of the Tantric tradition to propose a psychophysical technology applicable to the most private moments of one's life-the intimate sharing of sexual intercourse, and the ultimate personal crisis of death. The early Vedic thinkers also took sex very seriously, though principally as a means of procreation. The Vedic ideal was to live a long a prosperous life, to the full measure of one's years (generally considered as 100 years), and then go back to the heaven from whence one had originally come, i.e. in the Sun. The object of this endeavor was to avoid having to return to the land of "repeated dying." In this sense we can see that early Indian thinkers took a very reasonable approach to life. What are after all the two biggest events in anyone's existence? The sexual creation of their individual human physical self, and the destruction of that self at death. What we find in the Tantric traditions is that these two moments of mysterium tremendum have been deeply investigated and analyzed. So that by the time the Tantric texts have emerged, the conceived equation of human existence has changed considerably. The moment of sexual creation has been reexamined and reconceived of as a particularly vulnerable, particularly malleable, and particularly potent opportunity for individual transformation. Due the peculiar characteristics of the Indian doctrines of time, reincarnation, and Yogic manipulation of one's destiny, it became conceivable in the Tantric doctrines to think of altering one's karmic destiny, one's individual evolutionary path, through an alteration of the sexual experience. Hence we find (as will be discussed in some detail in Chapters 7, 8 and 9) that it was considered possible in the advanced stages of Tantric sexual yogas and meditations to move out of the fixated cycling of sequential

of and experienced ceased to exist. In such dimensions one's opportunity for individual self-definition, spiritual self-transformation, and psycho-somatic access to the crux of reality itself changed considerably. The technology of Tantric yoga in this manner provided a veritable 'rocket to the stars', so to speak, allowing the initiates to forever alter and accelerate their own psycho-somatic and spiritual development.

The intriguing aspect of the celibate or monastic Tantric traditions' contribution to the picture lies in their sophisticated developments around the other liminal moment of human existence, our (so far) inevitable destruction in the process of death. Here again the Tantrikas found an opportunity of unmatched potential for individual self-transformation and psycho-somatic evolutionary acceleration. Initiates were trained to 'practice dying' meditatively, so as to swiftly and safely guide themselves through the between state of the afterlife on their way to a new birth, and gained thereby the ability to accelerate their karmic evolution during the liminal crossing points. The death doctrines appear in their most highly developed forms in the Tibetan Tantric tradition. While these notions of self-directed after-life access via meditations at the time of death are implicit in the Indian tradition from the earliest times, and occasionally mentioned briefly, I have so far not read any sections in the Buddhist Sanskrit or Saivite Tantric texts where such death-practice or afterlife selftransformation meditations are explained in any detail. In the Svacchanda Tantra, for instance, meditation on Maheśvara at the point of death is mentioned only in passing to describe those who reach the Vijaya-bhuvana, the second world in the sphere of

water above Brahmā's egg, ruled over by Vīrabhadra.<sup>25</sup>

The Tantric sensitivity to the relationship between sexual orgasm and dying is an intriguing one, and we shall see in Chapter 7 how these two "moments" of orgasm and death intersect in terms of the reincarnation doctrine. Through the premise of reincarnation, the Indian and Tibetan Tantric traditions appear to have developed two complementary sides to the equation, as it were. The sexual focus I have found in the Sanskrit Tantric material deals with our powerful procreative urge as living human beings, and the possibilities inherent in altering our perception and experience of sexual love. The Tibetan Tantric tradition has highly developed the art of death and dying, so that reincarnating beings can die properly, and then successfully find their way back to new incarnations. In the detailed subtle body doctrines of the Śaivite and Buddhist Tantric traditions, we find that the circuitry that connects the transmigrating being to his or her physical presence is intimately involved in both the orgasmic sexual yogas and the meditations on death and dying.

Though a certain ambiguity about the end-game remains, the general principle of the Tantric sexual yoga practices seems to be as follows: Normal sexual activity involves ejaculation by the man, and eventual fertilization of the woman. This leads to birth of a child, who grows up, eventually grows old and dies, only to reincarnate by means of the ejaculatory sex of a new father fertilizing a new mother. Therefore, normal sexual activity leads to continual rebirth in the cycle of *saṃsāra*, and a repeated experience of suffering, and also traps the ejaculator in this cycle. Therefore the Tantric tradition considers the possibilities inherent in altering normal sexual

activity. There are two logical routes from this position: a) one is to avoid sex altogether, the well-known route of monks and ascetics who swear to a life of celibacy. The ascetic/celibate route was well-trodden early on in India, and the organizational genius Śākvamuni Buddha systematized much of the early ascetic and yogic practices, adding great insights, to create what came to be known as Early Buddhism--a largely monastic, celibate enterprise whose adherents specifically argued that one could only become an arhat as a celibate male monk, not as a family-raising householder (the best women could hope for was to be reborn as a man who could then become an arhat); b) The other logical route is what was taken up in the Tantric traditions--continued sexual intercourse without ejaculation. This is certainly not necessarily the most obvious step to take, and the Tantrikas recognize the necessity of procreation as well, as we shall see in Chapter 9. Yet it represents the recognition by Tantric initiates of both sexes of the tremendous power of sexuality. Presumably, the logic appears to have been, since it is possible to create human life through sexual intercourse, it should also be possible to transform human life through transforming sexual intercourse. Such an approach maintains the access to the terrifying power that creates and destroys life, while harnessing sexual energy to attain nobler and more lasting (ideally permanent) results, viz. salvation, liberation while living (jīvanmukti). Buddhahood, union or identification with Siva and Sakti, a perfected physical body (kāyasiddhi or pindasiddhi) infused with cosmic fire, free of disease and endowed with magical powers. This basic schema (with many permutations) lies at the heart of the Tantric traditions, i.e. using sexuality or sexual energy as the principal, most

powerful, and most direct route to liberation or enlightenment or cosmic consciousness. So we could answer the question "what is Tantra?" by saying that Tantra refers to a variety of indigenous Indian systems that harness the transformative power of human sexuality to attain the loftiest spiritual and religious goals. This is a conditional and admittedly incomplete answer, yet I think it gets at the root of what distinguishes Tantric practice from the many philosophical and religious streams that feed into it.

Having conditionally answered our first question, let us raise a second basic one: where did Tantra come from? I have said that Tantra refers to "indigenous Indian systems." How so? As I have already stated (and will explore in more detail in Chapter 2), the Tantric systems integrate a wide range of Vedic symbolism. While one can debate 'till the cows come home whether the Vedas "are" eternal, the fact is that in India the Vedas have had a "functional eternality." Vedic texts have been recited, and Vedic rituals performed, for as long as anyone can either remember or we have records for, and this recitation and performance continues today. So Vedic symbolism and ideas have formed a constant, continual backdrop to all other religious activity in India from the earliest days—and it is not therefore that surprising to find that even in a relatively late (apparently c. 11th century CE) Buddhist Tantric text, the basic ritual and sacrificial symbols of the Vedic practices, i.e. the names of the three fires of the sacrificial enclosure along with their basic symbolism—are well integrated (as mentioned above). Nor should it be surprising, as I am asserting in this dissertation, that some basic principles of the Vedic insights (the solar web, etc., as

mentioned above) are transformed, 'updated' one might say, and integrated in Tantric doctrines. Such sharing of material between different strands of the Indian traditions does not imply doctrinal dependence or doctrinal ascendance for any particular stream, in my opinion. I would rather say that some of the early Indian ideas about the nature of reality appear to have served as an analogue to modern Physics--i.e. they simply asserted what came to be generally accepted principles of the nature of reality, regardless of one's religious or philosophical affiliation (and we must keep in mind that with a 'functionally eternal' Vedic tradition, the early Indian ideas were a constant presence during the development of later systems). A good example of this is the doctrine of the four states of consciousness--waking, sleeping, deep sleep, and the fourth state. Though this doctrine appears in the early Upanisads that form the late books of the Brāhmaņas, it is a universal fact of life that we all wake, dream, and go into deep sleep, and we find the doctrine reappearing in Yogic and Tantric texts of Buddhist and Hindu persuasions through the centuries. So there are many doctrines from the Indian tradition that seem to be simply Indian, not particularly Hindu or Buddhist. The more we examine parallel texts from both traditions, the more evident these doctrines become.

Into the mix of these early ideas (as preserved and actively maintained in the Vedic literature and tradition) came the powerful impact of Śākyamuni's perspectives. Buddhism had a major influence among other things on the systematization, preservation, and further development of the widely disparate and non-organized streams of ascetic yogas brewing in various parts of India over the centuries (quite

possibly prompting the eventual systematization of Hindu Yogic practices first emerging in Patañjali's *Yogasūtras*). And as Kenneth Zysk has rather convincingly shown, early Buddhist monks also appear to have played a pivotal role in the collection, organization, and standardization of many disparate medical doctrines. So contemporaneous with the early Vedic, Buddhist, and Yogic developments were the growth of the Atharvan magical practices as preserved in the *Atharvaveda* (and widely used in healing) and the gradual standardization of medical doctrines about the structure and function of the human body in the Āyurvedic traditions. All of these pre-first millennium CE developments appear fully-integrated, with much intervening material, in the later Tantric texts that begin to emerge into the light of day about a thousand years later. So while it is difficult (as we will see in Chapter 3) to pin down exactly when Tantra as a coherent system first emerged on the Indian subcontinent, we can say with some confidence that Tantra is largely a home-grown Indian phenomenon, given that evolutionary precursors of almost all of its essential components can be traced back to the earliest strata of Indian culture.<sup>27</sup>

Before looking at some of the specifics of the doctrines, we can ask another obvious basic question. How extensive is the corpus of Tantric literature? There are really five major strands of Tantric works, generally speaking. Buddhist, Śaivite, Śākta, Vaiṣṇava, and Jain, and outside of canonical claims I have found no reliable historical evidence to indicate whether any of these Tantric traditions can claim historical primacy (see Chapter 3). As we will deal only with the first two strands in this list of Tantric traditions, a few remarks on the others are in order here. The

Śākta Tantras have a large literature, and the texts and tradition are mostly concerned with Devī, the supreme goddess, though the texts are still revealed by Śiva in conversation with her.<sup>28</sup> This tradition tends to be located more in Southern India, and considerable work on the southern tradition has been done, particularly by the scholars as the Pondichéry Institute. The Vaiṣṇava Tantric tradition, more generally known as the Pāñcarātra tradition (or the Ekāyana in its older name), holds Viṣṇu to be the supreme being, with the bulk of its texts dealing with temple rituals of the Śrīvaiṣṇava tradition, again tending to be current more in southern India. The Jain texts are largely in Prakrit, and I have not studied them.

As I will discuss in detail in Chapter 4, there are a fair number of Buddhist Sanskrit Tantras from before the 12th century CE that survive, and several others from that time that appear to be lost. How do we know of these texts? Fortunately we have from the late 11th-early 12th century the encyclopedia of Buddhist Tantric material written by Abhayākaragupta, the Vajrāvalī nāma Manḍalaupayikā, the Maṇḍala Method called the Row of Vajras (or Series of Lightning Bolts).

Abhayākara cites from some 24 Tantras and commentaries predating his time, giving us a solid figure to work from in terms of the Sanskrit Buddhist Tantric material known about in his day--and we can trace many of these texts in either the few translations that have been done by Western scholars, or in excerpts preserved in Catalogues of Sanskrit manuscripts. Surveying this literature in the original Sanskrit gives us a pretty good idea of the range of concerns of early Tantric writers. In addition, checking the Catalogues of the Tibetan Buddhist canon we find a host of

other apparently original Sanskrit Tantric works by Buddhist authors that survive in Tibetan translations, including some 50 works (all told) by Nāgārjuna, Candrakīrti, Āryadeva, Nāgabhodhi, and Buddhajñānapada, along with works translated by Marpa Lotsawa and others (see Chapter 4 for a full survey).<sup>29</sup> I have completed a similar preliminary survey (see Chapter 5) of the Saivite Tantric literature pre-dating Abhinavagupta. Gnoli and Rastogi have indexed well over 100 Tantric works cited by Abhinavagupta in his Tantrālokah, 30 and a majority of these texts survive in either published or manuscript form, or at least in extracts in the Catalogues. We have in addition the often confusing and contradictory canonical lists of Saivite Tantras, and an enormous continual growth of this literature post-Abhinavagupta. We will not look too deeply at the issue of sorting out the canonical lists, in part because this material has already been worked over by other scholars, and in part because of the restricted focus of the dissertation on the earlier Tantric corpus--since many of these lists appear to have been modified as the centuries went by in attempts to account for continual additions to the Saivite corpus of literature. Nor will I look in any detail at the post-Abhinavagupta Saivite Tantric literature, since this literature was written largely after the Buddhists had been driven from India, so apparently largely removing the lively interaction that appears to have taken place prior to the Muslim invasions.

It will become evident by a comparative discussion of the topics and practices outlined in the earlier Buddhist and Śaivite Tantric literature that the two systems-traditions that grew up in a common Indian context--came to share a wide range of material. Basic principles of initiation and stages of spiritual progress are common,

many of the specific consecration practices and meditation techniques are very similar, specific technical terms are sometimes the same, with the same meaning, deities are often shared, and so on. While we will avoid the spurious conclusions that either tradition is in some way derivative from the other, the evidence we have at hand strongly demonstrates that both the Saivite and the Buddhist Tantric traditions have deep common roots, and certainly influenced each other during the course of their symbiotic development.

Before examining specific Tantric doctrines in chapters 7, 8 and 9, we will in Chapter 6 explore a poorly understood area of Tantric studies—the social position of Tantra in the larger context of Indian society. Here I have relied heavily on the satirical comedies of Kşemendra, an 11th century Kaśmīri writer who studied aesthetics with Abhinavagupta, along with the tremendously informative history of Kaśmīr by Kalhapa. These revealing critiques are supplemented by a variety of material from other poets and story tellers from neighboring region and centuries, who through incidental citations, descriptions, and references help give us a more fleshed-out picture of the status of the Tantrikās among their peers. Much of the material is humorous and some a bit outrageous, and from what I have gathered or translated it becomes evident that while non-Tantric initiates may not have understood the intricacies of Tantric practice, the general public was apparently quite well aware of the existence of the cults, and not particularly appreciative of the apparent licentiousness and hypocrisy that the Tantric teachings appeared to condone. Kalhapa takes pains for instance to condemn the indulgence in these practices by certain of the

kings who ruled the Kaśmīr valley. To this material one must add of course the stories of the *siddhas*, though we will not examine that literature in detail since much of it has already been well translated by other scholars.

Chapters 7-9 examine some of the more technical subjects discussed in the Tantras, i.e. the actual technology whereby the sexual energy of the individual is rechanneled through the body to bring about the desired end. Underpinning this issue is the doctrine of the subtle body--a normally invisible energy pattern that overlaps and undergirds the visible gross physical body. It is through the channels of the subtle body that the prāṇa or life energy is said to flow, an energy flow that is coincident with consciousness, and is said to enter the body at birth, and leave the body at death. We shall examine how the structure of the subtle body intersects with standard Ayurvedic physiology, and examine how the basic, non-sectarian physiological principles of Ayurveda are revalued and integrated into Buddhist and Saivite mind-body meditational practices. In this sense we shall be able to discern a psycho-physical, or neuro-physiological paradigm underlying the logic of Tantric practice, and inherited in large part from an integration of some central ideas preserved in the Vedas with the basic premises of the Hindu and Buddhist Yogic traditions. What the Tantric traditions appear to have done is take the basic insight of the yogis--that mediational practices can have a direct and transformative influence on both our psychological and physical state of being, plus the central spiritual doctrine of the Vedas--that of the creative spiritual or sacred fire that constitutes our essential being--and added to this equation an innovative transformative approach to the high

powered energy of sexuality.

Chapter 8 will continue the discussion from Chapter 7, adding to this already complex mix of information a look at the Tantric initiation procedures, with the Indian predilection for the use of mantras and the use of astronomical and astrological time cycles, combined with the Tantric preoccupation with revisualization of the elements of psychology, physiology, and the universe as deities. What we shall see is that in keeping with a pattern of practice established early in the Vedic, Atharvavedic, and Buddhist healing traditions, the use of mantras was considered essential by the Tantrikas for controlling and moving the life energy flowing in the subtle body. Here we find a double-level system of encoding operating. Each of the many aspects of the external universe (macrocosm), such as the five basic elements, the planets, the stars. the constellations, the units of time, etc. are conceived of as functioning simultaneously within the confines of the human body, and are identified with particular deities of the Buddhist or Saivite cosmos. The same pattern of specific deification and internal absorption is followed for external pilgrimage sites all around India (reconceived as occupying specific bodily locations), as well as for all the elements of psychology, such as the skandhas, dhātus, and āyatanas of the Buddhist scheme, or the adhvans and tattvas of the Saivite scheme, and all the basic elements of medical physiology, such as the seven tissue types (saptadhātus), the three peccant humors (tridosa), and the five principle elements (pañcamahābhūtas). Having conceived of and visualized all these external and internal elements as deities, these deities are then mapped to the structure of the subtle body in the form of encapsulated

or essentialized seed-syllables or phonemes, the so-called bija-mantras. Both Saivite and Buddhist Tantric systems appear to be set up on the premise that the initiate can learn to sanctify macro- and microcosmic elements through deific visualization, encapsulate these deities in syntactic units, and then gain control over or mastery of all these elements through the meditational practices. This having been achieved, one can then activate, or "turn on" the newly revisioned self through the energy generated in sexual yogas. While the two principles of macro-microcosmic element identification, and the belief in the power of sound (specifically the mantric sounds of Sanskrit) to control life energy are part of the common heritage of the Vedic and early Buddhist traditions, the specific practices of the "deity-yoga" visualization of these elements as gods and goddesses, and the "firing up" of this newly visualized body structure through sexual yogas appear to have been innovations by the Tantric traditions. Mapped into this practice are the ancient Upanisadic doctrines of the four states of consciousness (waking, dreaming, deep sleep, and the fourth state), with the Tantric doctrine that initiates can become consciously aware or alert in all four states simultaneously through balancing the flows of divinely charged sexual bliss in their subtle body centers and channels.

Reading the Tantric texts themselves reveals a host of information about the specific character of Tantric practices. We find, most notably, that some of the practices satirized by Kşemendra were in fact specifically prescribed by the Tantras themselves (particularly the admonition to act ascetically during the day, and conduct sexual rites at night). This convergence of evidence, as will be outlined in Chapter 9,

leaves no doubt that actual sexual yogas (i.e. not purely visualized or symbolic) were central to several major Buddhist and Hindu Tantric schools prior to the Islamic invasions. The evidence we will examine will lead to the following conclusions: 1) real sexual yogas were in widespread use in Buddhist and Hindu Tantric groups at least up through the eleventh century; 2) group sexual rites were held at night in a variety of secret locations (preceded by elaborate initiatory procedures), and were accompanied by the ingestion of various stimulants; 3) these group sexual rites were essentially non-partisan--i.e. though run by members of various sects, the rites were open to members of other sects; 4) there were a variety of secret communication codes in use for identifying the locations and times of these sexual congresses, and these codes were taught to the initiates; 5) the nighttime sexual rites of the Tantrikas eventually became widely known about in Kaśmīri society, as evidenced by Ksemendra's satires; 6) in some circumstances young women were selected as Tantric consorts at an early age and protected for that purpose; 7) in other circumstances women ran the sexual congresses themselves and served as Tantric gurus; 8) Tantric practitioners were well aware of the potential for procreation as a result of their activities, and specific typologies of classification are outlined for "Tantric children" based on when and how they might be conceived; 9) the specifics of the progression of sexual union were integrated in detail into the Tantric doctrines and yogas. We also know, particularly from the several stages outlined in Buddhist Tantric practice, and from the sophisticated developments of Tibetan Tantrism, that monastic or celibate Tantra became well-developed, whereby initiates would engage

with meditative or artistically depicted visualizations of goddesses or female consorts. 'Visualization-only' practices are noted as a usually secondary option when it is not possible to practice with an actual physical Tantric lover, and the texts indicate that loving worship of real women was a paramount concern in the Tantric traditions. While monastic or celibate Tantra is an important component in the history and current promulgation of the tradition-including some of the modern Nath yogis in India--the ensuing chapters of this dissertation will not focus in detail on this aspect. There are two main reasons for this decision: a) the strength of Buddhist monastic Tantra rests with the Tibetan tradition, and I have restricted my research to the pre-12th century Sanskrit Tantras; b) there has been such an overemphasis on the study of the monastic Tantric tradition by contemporary Tantric scholars that it has become fashionable in some circles to argue that Tantric sex was and is purely symbolic, or that Tantric sex is not really that important to the Tantric tradition. Both of these perspectives, in my opinion, slight the fundamental premise of the Tantric traditions: i.e. that it is by a sanctification, engagement with, and transformation of the awesome creative and destructive power of sexual intercourse that we can expect to attain the ultimate goal within a single lifetime. In the logic of the Tantric tradition the position is clear: it is by sexual intercourse that each individual, physical human life is created, and it is through the mishandling of sexual energy that we destroy ourselves.

Chapter 10, the final chapter of the dissertation, will provide an introduction to the topics covered in the *Kālacakratantra*, and attempt to provide some historical and geographical grounding to a text held in high esteem by the Tibetan Tantric tradition.

The final three chapters of the dissertation contain translations of the first three of the four *mahoddeśas* or great teachings of the fifth and final chapter of the *Kālacakratantra* and its major commentary by Puṇḍarīka, the *Vimalaprabhā*. The *Kālacakratantra* is the latest text to have been produced in India prior to the Islamic invasions, and in the fifth chapter of this text we have the so-called Perfection Stage teaching of the highest, or Unsurpassed (*Anuttarayoga*) Buddhist Tantra. This chapter thereby provides us detailed information on the highest development historically and doctrinally of Indian Tantric Buddhism from the Sanskrit tradition. In keeping with the comparative focus of this dissertation, I have throughout Chapters 7-9 also quoted extensively from my own translation of the *Mālinīvijayottaratantra*, the text considered by Abhinavagupta to be the most important Tantra of his Kaśmīri Śaivite *Trika* Tantric tradition.

The comparative, historical, and multi-textual approach I have taken in this dissertation should help to begin to illuminate what is a very large and still largely unexplored landscape of the Sanskrit Tantric traditions in India. I have grounded this work with extensive references to the *Brāhmaṇas* and *Upaniṣads* to show the relationship of the Tantric doctrines and practices to the earlier Vedic tradition. This work therefore ties the Tantric Yoga traditions into the larger context of Indian and Indo-Tibetan religious concerns, and demonstrates their inextricable linkage to the Sanskrit tradition as a whole.

## NOTES

- 1. Mitra 1882:257.
- 2. Indian Antiquary, vol.59, p.40, 1930. This is an interesting Journal. "The general aim of the Journal will be to make the circle of subjects connected with Indian Archaeology, as complete as possible...." [IA 1872,1:1] Burgess also emphasizes in the "Prefatory" that the aim of the Journal was to serve as "a medium of communication between Archaeologists and in the East and West," (p.1)—a sort of 1870's Indology net. (The Indian Antiquary, a Journal of Oriental Research in Archaeology, History, Literature, Language, Philosophy, Religion, Folklore, &c., Part 1, Friday, 5th January, 1872, edited by Jas. Burgess, MRAS, FRGS,; reprinted by Swati Publications, Delhi, 1984.)
- 3. Charpentier 1930:40.
- 4. Johnston 1933:180.
- 5. Eggeling 1900:484.
- 6. Upadhyaya 1970:1836.
- 7. Modification of Wallace's translation of the same, Wallace 1995:202. The Sanskrit reads: Hṛt-kaṇṭhe nābhi-padme pavi-ravi-śikhinas tat sphuranti krameṇa, dhanvākāre ca vṛtte tv anudina-havane ca abdhi-koṇe ca kuṇḍe teṣām ūrdhve paro 'gniḥ sphurad-amalakaro jñāna-mūrtis tamo 'nte, yasmin sūryo na vidyut pati-śaśa-dharo na grahās tārakādyāḥ laha śarīre dakṣiṇa-agnir gārhapatyam ā[hav]anīyo 'gni-trayam yathā-saṃkhyaṃ hṛt-padme dhanvākāro paviḥ vidyud agniḥ, kaṇṭha-kamale vṛtte sūryāgnir gārhapatyam, nābhau caturasre kuṇḍe āhavanīyaḥ kravyādāgnir iti sphuranti krameṇa (Rinpoche et al 1986:173).
- 8. In describing the development of the *śrauta* ritual system, Lubin remarks that "the entirety of the ritual was based on the system of first presenting a sacrifice as a model (*prakṛti* or *Tantra*), and then describing other sacrifices only by the points where they deviate from the model (the 'insertions [āvāpa]), so that they are seen as variants (vikṛti) of the model. Virtually all the *śrauta* manuals thus begin with the new- and full-moon sacrifice, which is the model of all non-animal sacrifices; it is also the basis for the model of the animal sacrifice, and of the soma sacrifice, and is thus at the root of all *śrauta* ritual." (Lubin 1994:149). See Chapter 2.0.2 of this dissertation for Keith's remarks.
- 9. We find for instance at Āryamafijuśrīmūlakalpa 53.754, when the author is describing the changing political climate in Bengal following the death of King Śaśāńka (aka Soma), who had fought with Harşavardhana, that "the Bengal political system will become [i.e. degenerated into] one of mutual distrust" (anyonya-kşobha-śīlas tu Gauda-tantro bhavişyati; the future tense used since this is supposed as a prediction by the Buddha.) (Jayaswal 1988:50 English, and 55 Sanskrit, and compare Jayaswal 1988:66).
- 10. Sarma 1974:ix.
- 11. See Hoernle 1893:lviii.
- 12. Shastri 1900:xxiv.
- 13. Winternitz 1963:514n.2.
- 14. See Chapter 2.0.2., "The Conceptual Framework" in this dissertation.
- 15. See Kane 1962:1031-1033.

- 16. "Il termine tantra è fatto tradizionalemente derivare dai due temi tan-, stendere e trā-, salvare. 'Il nome di tantra si deve a questo, che esso è ciò che stende elaborate argomenti intorno ai principi ed ai mantra e produce la salvezza.' (Kamikagama, ed. di Kumbhakonam, p. 6, citato da J. Filliozat, Rauravagama, ed. cit., Introd., p. vii)." (Gnoli 1980:11, note 2).
- 17. Gnoli 1980:11-12; "L'unico denominatore commune che troviamo in queste scritture [quello Scivaita, quello buddhistico e quello visquita] è offerto dal loro scopo professa, che è senza eccezione uno soltanto, cioè quello di offrire agli uominidi questa èta un mezzo più adeguato e diretto per arrivare a conseguire quei poteri supernormali o < perfezioni > >, che gli Indiani hanno sempre con tanta ansia ricercato, o, per chi così volesse, la liberazione definitiva dai mali dell'esistenza fenomenica, della trasmigrazione, della storia."
- 18. Goudriaan & Gupta 1981:1. Goudriaan's definition continues: "This result is methodically striven after by specific means (kinds of  $s\bar{a}dhana$ ): the recitation of mantras or btjas; the construction of geometrical cosmic symbols (mandala); the making of appropriate gestures ( $mudr\bar{a}$ ); the assignment or 'laying down' ( $ny\bar{a}sa$ ) of powerful sounds or syllables on the body; the meditation on the deity's concrete manifestation ( $dhy\bar{a}na$ ); the application of these and other elements in special ritual procedures, to wit Tantric worship ( $p\bar{u}j\bar{a}$ ), initiation ( $dtks\bar{a}$ ) etc.; besides, the performance of Kundalinīyoga by means of which the microcosmic form of the Śakti (female divine power) present in the body in the form of a fiery tube or serpent is conducted upwards along the yogic nerves towards Śiva's mystic residence at some distance above the head."
- 19. Beyer 1973:94.
- 20. Recent and contemporary Indian opinion of Tantra in some circles seems to be as low as that of the early Indologists. When I gave a paper on Tantric Medicine to a group of Indians in Durban, KwaZulu Natal, South Africa (where Gandhi lived before moving back to India) this past summer (1996), I was told that beforehand the general opinion was that "Tantric medicine" referred to witchcraft. A.K. Chirappanath of Karnatak University states baldly, in his paper "Mantra and Yantra in Tantra" that "Tantra is generally regarded as a system of black magic." (Chirappanath 1977:409).
- 21. F. Max Müller, commenting on Benfey's edition of the *Paficatantra* fables, remarked that it "opened our eyes to...how important a part in Sanskrit literature had been acted by Buddhist writers...the distinction between the works of Brahmanic and Buddhist authors had been far too sharply drawn, and that in their literary pursuits there relation had been for a long time that of friendly rivalry rather than of hostile opposition." (Müller 1898:351.)
- 22. tát savitur váreniam bhárgo devásya dhīmahi/ dhíyo yó nah pracodáyāt// According to Tim Lubin this verse is sometimes referred to as the sāvitrī-mantra, and he gives a slightly different translation: "May we acquire that desireable brightness of the Divine Impeller [Deva Savitr]; may he stimulate our thoughts." RV 3.62.10. (Lubin 1994:135).
- 23. ŚB 4.4.1.1; Eggeling 1885:357.
- 24. I say "himself" only here since in Early Buddhism one had to be a male monk to attain arhat-ship; only later, with the Mahāyāna and then really the Tantric developments did women gain equal footing.
- 25. See Arraj 1988:247.
- 26. J.C. Heesterman, in his review of Chris Minkowski's <u>Priesthood in Ancient India, A Study of the Maitrāvaruna Priest</u> (publication of the De Nobili Library, Vienna 1991, 272pp.), offers remarks on Vedic ritual that could serve in part as an explanation for my

sociological point about the 'functional eternality' of Veda in India: "The striking thing about ancient Indian, more precisely Vedic, ritual is not so much its daunting intricacy. Intricacy one would expect of any ritual. The real surprise is in the utter systematization, up to the slightest detail, of the Vedic corpus rituale. Out of the archaic institution of sacrifice the ancient Indian ritualists constructed a near-perfect rational system of rules, a closed world of ritual set apart from the lived-in world in its own transcendent sphere. As such it is an intellectual achievement of the first order. More than being practiced it demands to be known and studied." (Indo-Iranian Journal, vol. 37, no. 3, July 1994, p. 269 of pp. 269-271).

- 27. Excepting of course foreign influences on the components themselves, such as the Greek and Middle Eastern contributions to the Indian astronomical and medical traditions. H.P. Shastri, B. Bhattacharya, and P.C. Bagchi have all suggested that Tantric practices may have either originated in or been influenced by cultures foreign to India. (See Joshi 1966:115n.1-3). Winternitz held that "some of these [elements of tantra] may be traced back as far as the times of the Yajurveda, where we already find the use of mystic syllables and words, which play such an important part in the Mantras of Tantric works. Magic also, which is one of the elements of Tantra literature, of course, reaches back to the Atharvaveda. But there is no line of 'evolution' from Yajurveda and Atharvaveda to the Tantras." (Sankalia 1972:100). Benoytosh Bhattacharyya takes a different slant on historical development, claiming that "the seeds of Tantric Buddhism were already there in the original Buddhism in the form of Mudrās, Mantras, Mandalas, Dhāranīs, Yoga, and Samādhi as a means to attain happiness and prosperity in this world." (Sankalia 1972:100, and Bhattacharvya 1929:1). Placing these two statements side by side it is not too difficult to notice that what we really have is a difference of interpretation, rather than a difference in fact. As I shall demonstrate in the chapter on the Vedic Model, much of the basic symbolism that we find in both the Buddhist and Hindu Tantric systems is in fact the common heritage of Indian culture stemming from the more esoteric interpretations of the Vedic cult. At the same time, many of the foci of the practices did indeed "pre-exist" as it were in the earliest Buddhism and the earliest Vedic ritual. Yet this is only natural in India, where there is such a strong predilection for preserving tradition that, as Jack Hawley demonstrates with a famous slide in his basic Hinduism course, a boat of a design clearly pictured on an Indus Valley seal from some 3000-4000 years ago can be seen plying the waters of Indian rivers today. One of the better statements about Tantra as a religious, philosophical and social movement comes from Bhattacharyya: "Vajrayāna took into account all the good things, tenets, philosophical notions and theories, and incorporated all that was best in Buddhism and probably in Hinduism also, and it was owing to this that [it] attained great popularity. It satisfied everybody, the cultured and the uncultured, the pious and the habitual sinners, the lower and the higher ranks of people and devotees."(Bhattacharyya 1968{2}:xxxvi).
- 28. As André Padoux pointed out in his talk at Columbia University in April 1996 (see Padoux 1996).
- 29. See Bibliography, Appendix D.
- 30. Gnoli 1980:883-893.

Tantric Yoga CHAPTER 1 James F. Hartzell

The Emergence of Tantric Studies as an Indological Discipline

As mentioned in the Introduction, Tantric Studies was something of an orphaned stepchild to Indology from the earliest days of Indological research up until some time after the Second World War. The main reason for such neglect appears to have been the sexual licentiousness that the Tantras appear to recommend, and that, until after the sexual revolution of the 1960's in Europe and the U.S., it was by and large considered politically correct for all Indological scholars to condemn and then ignore the Tantric tradition as much as possible. It is apparent from the some of the earliest published work by Western Indologists that the various Tantric texts were certainly known to them, and had been read, at least in part, by several of the wellknown pioneering Indologists. One of the first surveys of Sanskrit literature to be published in English, Gerdhan Caul's piece "On the Literature of the Hindus from the Sanskrit," appeared in the very first volume of Sir William Jones' journal Asiatic Researches in 1788. The ten page article briefly describes the Vedas, Vedāngas, Dharma-śāstras, Purāņas, Sāmkhya and Yoga texts, Buddhist, Jain, and Materialist works. Under the heading of *Veda* are said to belong "the numerous *Tantra*, *Mantra*, Agama, and Nigama, Śāstras, which consist of incantations and other texts of the Védas, with remarks on the occasion, on which they may be successfully applied." This is an interesting--though admittedly curious--classification since it accords with the claims by adherents of the Hindu Tantras that their material has its sources in the Vedas--a claim otherwise not taken seriously by most scholars. It may well have been

that Caul was following a classification scheme related to him by one or more Indian pandits. H.T. Colebrooke, a pioneering Sanskritist not known for work on Tantra had apparently read some of the texts, since he cites from the Rudrayāmalatantra that the origin of the Rājaputras is "'from the Vaiśya on the daughter of an Ambaştha.'"2 As Colebrook also collected a number of the Tantric manuscripts that appear in the India Office Catalogue (see below), we cannot doubt that he was familiar with the tradition. With the sixth volume of Asiatic Researches in 1809, The Asiatick Society decided to publish "a list of Oriental Subjects as require further illustration" as Desiderata as a frontspage to each volume. Among the subjects of "primary enquiry" among the Hindus is included, along with "Doorga Pooja" and "Kalee Pooja, or Dewalee," "Churkh Pooja." As Prof. Rachel McDermott pointed out to me, it is likely that "Churkh Pooja" refers to Charakha Puja, a Śaivite singing festival popular in Bengal, though in the Tantric tradition the Sanskrit original of this term, cakrapūja refers to a central rite of Tantra practice. In a follow-up article on Hindu religious rites. Colebrook cites the oft-repeated opinion that in the Śākta sect "there is a righthanded and decent path, and a left-handed and indecent mode of worship: but the indecent worship of this sect is most grossly so, and consists of unbridled debauchery with wine and women. This profligate sect is supposed to be numerous, though unavowed. In most parts of India, if not in all, they are held in deserved detestation... [T]he left-handed path...is founded on the Tantras, which are for this reason held in disesteem." The general tenor of Colebrook's remarks are echoed by Horace Hayman Wilson some 25 years later, in discussing the devotees of Śiva: "The adoration of Siva, indeed, has never assumed, in Upper India, a popular form. He appears in his shrines only in an unattractive and rude emblem, the mystic purpose of which is little understood, or regarded by the uninitiated and vulgar, and which offers nothing to interest the feelings or excite the imagination. No legends are recorded of this deity of a poetic and pleasing character; and above all, such legends as are narrated in the Puranas and Tantras, have not been presented to the Hindus in any accessible shape." Unlike most of his predecessors, though, (and many subsequent Indologists), Wilson indicated in other remarks more than a passing familiarity with the issue of Hindu Tantric literature, its dates, provenance, and principal texts:

"The followers of the Tantras profess to consider them as a fifth Veda, and attribute to them equal antiquity, and superior authority. The observances they prescribe have, indeed, in Bengal, almost superseded the original ritual. The question of their date is involved in considerable obscurity. From the practices described in some of the Purānas, particularly that of the Dīkṣā or rite of initiation, in the Agni Purāna, from the specification of formulae, comprising the mystical monosyllables of the Tantras in that and other similar compilations, and from the citation of some of them by name in different Paurānic works, we must conclude that some of the *Tantras* are prior to those authorities. But the date of the Purānas themselves is far from determined, and whilst some parts of them may be of considerable antiquity, other portions of most, if not of all, are undoubtedly subsequent to the tenth century of the Christian era. It is not unlikely, however, that several of the Tantras are of earlier composition, especially as we find the system they inculcate, included by Anandagiri, in his life of Sankarācārya, amongst the heterodoxies which that Legislator succeeded in confuting. On the other hand, there appears no indication of Tantrika notions in the Mahabharat, and the name of Tantra, in the sense of a religious text book, does not occur in the vocabulary of Amera Sinha [i.e. the Amarakośa]. It may therefore be inferred, that the system originated at some period in the early centuries of Christianity, being founded on the previous worship of the female principle, and the practices of the Yoga with the Mantras, or mystical formulae of the Vedas. It is equally certain that the observances of the Tantras have been carried to more exceptional

extremes in comparatively modern times, and that many of the works themselves are of recent composition. They appear also to have been unknown in the West and South of India, and the rites they teach having failed to set aside the ceremonies of the *Vedas*, although they are not without an important influence upon the belief and the practices of the people. The *Tantras* are too numerous to admit in this place of the specification, but the principal are the Śyāma Rahasya, Rudra Yāmala, Mantra Mahodadhi, Śārada Tilaka, and Kālikā Tantra, whilst the Kulachurāmani, Kulārnava and similar works, are the chief authorities of one portion of the Śāktas, the sect being divided into two leading branches, the Dakshinācaryis and Vāmācharis, or followers of the right hand and left hand ritual."

In discussing the *yogis* of the *Gorakhnātha* lineage (presumably a safe subject since they were largely ascetics) Wilson does mention the 84 *mahāsiddhas*, without further comment.

It is generally considered that the earliest notice of Tantra by Western scholars was the "Note on the Origin of the Kāla-Chakra and Ādi-Buddha Systems" by Mr. Alexander Csoma de Kōrōs in 1833,7 followed by his "Notices on the different systems of Buddhism, extracted from the Tibetan authorities." Csoma de Kōrōs was a remarkable linguist, with command of Hungarian, German, "Sclavonic," some Arabic, Latin, Russian, Persian, some Sanskrit, English, and Tibetan. Trained in "ecclesiastical studies," yet with no roots tying him to his native Hungary (his parents had died, and his only brother had no need of him) he decided to go to East to Constantinople "to devote my whole life to researches which may afterwards be useful in general to the learned world of Europe, and, in particular, may illustrate some obscure facts in ancient history." Through running into multiple "irruptions of the plague," his travel took him by a roundabout route to Baghdad, where he secured the

assistance of the English resident—the first of many such liaisons that supported him over the ensuing years. Eventually he met up with one Mr. William Moorcroft in Kashmir, who handed him "the large volume of the 'Alphabetum Tibetanum'"<sup>10</sup> of Giorgii. Contracting through Moorcroft to supply the British Government with a Dictionary and Grammar, de Körös traveled in 1823 to Zanskar in S.W. Ladakh, where he encountered the 320 volumes of the Tibetan canon, and studied them with the Lāma of Yangla. After further adventures, he ended up at the Royal Asiatic Society in Calcutta working for the British, and died on his way to Lhasa in 1842, leaving some 40 Tibetan mss. to the Society. De Körös was certainly sympathetic to Buddhism as he encountered it, so inevitably also sympathetic to the Tibetan form of Tantric Buddhism. It is to de Körös of course that we owe the first Indologist's notice of the existence of the *Kālacakratantra*. 14

The venerable Csoma de Körös was however scooped on Tantra by one Brian H. Hodgson, British Resident in Nepal, who after six years in the country sent a letter, dated 11 August 1827, to the Royal Asiatic Society of Great Britain and Ireland. Through "time, patience, and dexterous applications to the superior intelligence of the chief minister," Hodgson had succeeded in overcoming local suspicions and begun "procuring some accurate information relative to Buddhism." He developed a relationship with "an old *Bauddha* in Pátan," collected Buddhist Sanskrit manuscripts and sent them to the Asiatic Society in Calcutta. These include 64 Tantric manuscripts, with the *Kālacakratantra*, the *Guhyasamāja*, etc. included in the mix. The importance of Hodgson's contribution should not be underestimated;

De la Vallée Poussin remarked in 1903 that "By the recent explorations of such scholars as S. Lévi, C. Bendall and Haraprasād [Śāstrī], our knowledge of Buddhist Sanskrit documents has increased. For years we were obliged to confine our researches to the MSS. sent to Europe by Hodgson"--Poussin nonetheless considered the *Kulikāmnāya*, a Śaivite Tantra, to be "common and unreadable literature." Hodgson's *Sketch of Buddhism* was largely based on a Sanskrit text written for him by a local pandit. A corrected version of the proof quotes for this text subsequently appeared in the JRASB. 19

Though he correctly described the colors of the five *dhyāni* Buddhas on some sculpture he sent to England, Hodgson did not at first understand much about Tantra, considering that "the *Bauddha* equivalents for the Brahmanic *Purāna* and *Tantra* seem to be *Vyākarana*, and *Upadésa*," though in an article a few years later, he described characteristics of *Ādi Buddha* from the *Nāmasamgīti*. By 1860, having returned to England and written his book on the <u>Buddhism of Nepal</u>, Hodgson had gained some appreciation of Tantra, publishing drawings of Nepalese Tantric *siddhas* (including Nepalese and Tibetan versions of the Siddha Gorakhnāth):

The drawings of the Bonpa deities...are saturated with what we are accustomed to call Saiva and Sākta attributes; and, without staying to discuss how far such attributes can be truly regarded as more properly Brahmanical than Buddhist, or as borrowed by the Sangatas from their rivals, or as confined to northern Buddhism, I shall content myself at present with saying that these attributes are thoroughly worked into the Brahmanism as well as the Buddhism of the Himālaya, and into the Buddhism of Tibet, and of all the countries north of Tibet; [and] that they have a wide scriptural basis in the copious Tantras of both creeds."<sup>21</sup>

One other little known pioneer in Indology was Baron Schilling von Canstadt,

who donated a collection of Tibetan manuscripts to the Société Asiatique's Institute in 1836--they were however not catalogued until nearly a century later by the Frenchman Jacques Bacot. He was a German physician who invented a magnetic telegraph system, and also did Oriental research, compiling indexed catalogues to both the Kanjur and Tanjur while living in Kiakhta, Eastern Siberia. He undertook other Sinological researches, including a long journey along China's border, and died in Paris in 1836. Schilling's collection includes both Mongolian and Tibetan works. The Tibetan portion of the collection comprises 48 works in 79 volumes. 25 of these works are translations from Sanskrit (54 volumes), while 18 do not give Sanskrit equivalents for their titles. The additional five include two dictionaries, an astrology work, and one on medicine. Of the canonical works five are Prajñāpāramitā, five ūStra works, only one text on vinaya, and twelve Tantra works. As Bacot points out, the collection is remarkable given that Csoma de Körös is generally credited with being the sole Western investigator of Tibetan material at this time. 22 Since no further biographical information about the Baron is available from Bacot's catalogue, we can only surmise that he probably collected his manuscripts from Mongolian monasteries. His selection in the "Tantric" area include a number of meditational works, mantra-dhāranīs, and the text and commentaries explaining the Bhaişajyaguru-tantra, the Amrtahrdaya Astānga-guhyopadeśa-tantra. There are no texts from the *Tantra* collection proper.<sup>23</sup>

Aside from these two British-supported pioneers, and our German physician, Tantras were largely, though not entirely, ignored by Indologists until the end of the

19th century.<sup>24</sup> Burnouf, the famed French scholar, included a section on the Tantras in his Introduction à l'Histoire du Buddhisme Indien, based largely on the work of Csoma de Körös, Hodgson, and Wilson, and a look at a Mahākāla manuscript and some Dhāranīs.25 His work preceded that of de la Vallée Poussin, who among other works published in 1896 a Sanskrit edition (in transliteration) of the Pañcakrama with commentary, an important Buddhist Tantric text attributed to Nāgārjuna.26 When we look at the work of German Indologists, 27 who were responsible for so much of the early progress in Sanskrit studies, we find scant attention paid to Tantra until this century. Though the Dutchman Roger's translation of 200 stanzas of Bhartrhari appeared in German in 1663 (apparently the first translation of a Sanskrit text into a European language), and Ziegenbalg published a Tamil grammar in 1716, and Kant, Schlegel, Goethe, Hegel, Schopenhauer and Nietsche were all influenced by Indian thought, none knew of the Tantras. The 50 volumes of the great F. Max Müller's series Sacred Books of the East, published between 1867 and 1895, include no Tantras, nor--as one can see by consulting Winternitz's index (vol.50)--any reference to Tantric material (the one listing of 'Tantra' refers to the Sāmkhyaśāstra), 28 due in part, no doubt, to "his unconditional acceptance of the Vedic and Upanişadic religion with total rejection of, e.g., Śivaism and Vișņuism as 'degraded and savage'."29 Müller's predilections are evident from the catalogue of his personal manuscript collection, where 75 of 82 mss. are of the "Caturveda" or their commentaries, the few remaining being grammatical or philosophical texts.<sup>30</sup> Albrecht Weber, too, Müller's older contemporary, and one of the founders of Indological studies, was

primarily interested in Vedic material, and though he published a number of studies on grammar, Jain works, some Pali material, and some of the classical Sanskrit literary works, he did not delve into Tantra. Similarly, none of the other great 19th century German Indologists, Boethlingk, Lassen, Aufrecht, Grassman, Geldner, Benfey, Haug, Kielhorn, Hultsch, Geiger, Jacobi, Jolly, Lüders, or Meyer focused on Tantra. Only the Austrian Georg Bühler (1837-1898) published some information on Tantra in his oft-cited "Detailed Report of a Tour in search of Sanskrit MSS...."

It's not that Tantric manuscripts were unknown to early Indologists. As with Bühler's work, though, only the scholars engaged in collecting Sanskrit manuscripts and cataloguing them appeared to have paid any serious attention to Tantric texts.

One Col. Mackenzie had come to India in 1782 as a Cadet of Engineers for the Madras Establishment of the East India Company. He worked the remainder of his life in India, passing away in Bengal in 1821. In the descriptive catalogue of Col Mackenzie's collection a list of 11 Śaiva, Śākta, and Vaiṣṇava Tantras are among the hundreds of manuscripts he collected, including Kṛṣṇānanda Bhattacharya's Tantrasāra, the Kalpa Tantra (possibly a Vedic text), and the Yantroddhāra, with brief notice of their contents; we find none of the disdainful remarks made by some other scholars. In 1871 Rajendralal Mitra began his series, "Notices of Sanskrit Manuscripts," a set of nine volumes finishing in 1888 that contains listings with brief notes on content, and extracts of varying lengths in Devanāgarī. As Mitra explains in the Preface to the first volume, "In May, 1868, Paṇḍit Rādhākrishṇa, of Lahore, suggested to His Excellency the Viceroy, the 'compilation, by Government, of a

catalogue of all the Sanskrit manuscripts preserved in the Libraries of India and Europe, and stating that anything done towards the encouragement of Sanskrit learning would be gratefully appreciated by scholars." A few years later the Government of Bengal began to fund the project, and Mitra began his multi-year project visiting private and public collections around India. While not for the fainthearted--given that the listings are almost entirely in Sanskrit--Mitra's "Notices" contain a gold-mine of information on the scope of Tantric literature held in public and private hands in the late 19th century. Volume 1 alone includes 104 Tantric manuscripts, out of a total of 519 manuscripts from various disciplines. As I indicated in the Introduction to this dissertation, Mitra did not however hold the Tantric traditions in very high regard. His amusing characterization of the Kulacudāmanitantra is typical: "Its subject is the adoration of the Devī through the medium of wine, women, &c. It is one of the text books of the Kaulas, a sect of lecherous drunkards."35 Mitra however did not allow his low opinion of the traditions to get in the way of good scholarship. His work is the first really extensive cataloguing of the Tantric literature even though only as part of a wider search for Sanskrit manuscripts of all disciplines, and the full set of his volumes indicates over 300 different Tantric texts that he purchased for the Government.<sup>36</sup> Though each of his volumes contain a classification for Buddhist texts, only vol. 3 actually has any Buddhist manuscripts listed, the Bauddha-mata-Yantra-vidhi, the Vītarāgastotra, and Milinda-panna.37 In his 1880 letter to the secretary of the Asiatic Society of Bengal, by the way, he remarks that "Kāmākhyā in Assam has been the seat of Tantric

learning for many centuries, and the number of Tantras likely to be found there will take up eighteen months or more [of research]."38 All in all Rajendralal Mitra did a remarkable piece of work, given the small resources at his disposal, collecting some 3,156 manuscripts from a wide variety of Sanskrit disciplines. As reported by his successor H.P. Shastri, "He had one ndPait [whom he accompanied from time to time] who travelled over the country, visiting every locality where Sanskrit manuscripts were likely to be met with, and two pandits at head-quarters to assist him in collating the materials and passing them through the press."39 This small crew was further impeded by problems that still plague Indologists. "He [the ndPait] is guided, in most instances, by popular rumor as to places where MSS. can be found, and it is not always the safest guide. Even where the rumour may be correct, the MSS. found might often happen to be well-known and common-place, in no way worthy of being recorded."40 These obstacles of misinformation were compounded by the suspicion of local pandits: "Most pandits, in their simplicity, cannot conceive the true reason why a foreign Government should wish to know the contents of works which, it openly declares, treat of a false religion, and therefore readily lend their ears to the suggestion of wicked men."41

In 1894 the Sanskrit professors Ernst Windisch (U. Leipzig) and Julius

Eggeling (U. Edinburgh) published the portion of the Catalogue of the Sanskrit

Manuscripts in the Library of the India Office dealing with Tantric literature. Though the earlier work of cataloguing the Tantric manuscripts had been done by Haas,

Eggeling revised Haas' work completely, and added extracts and notes on contents of

107 Tantric manuscripts. Like Mitra's *Notices* Eggeling's work does not make easy reading since none of the material is translated from the Sanskrit, and his English explanations of the contents are generally brief; Eggeling's work does however have the benefit of complete cross-references to Mitra's listings. Most of the actual manuscripts date from the 18th century--some new works, others copies of much earlier texts, supporting the impression of continuous Tantric practice, and text production through recent times.

Haraprasad Śāstri, Honorary Philological Secretary to the Asiatic Society of Bengal, took over from Rajendralal Mitra upon the death of the latter in 1891, and continued the Government of Bengal's project of collecting and cataloguing Sanskrit manuscripts in India. 42 He brought a rather different attitude to the Tantric tradition than his predecessor: "It is a matter of regret that no systematic attempt has yet been made to collect Tantric works, and no systematic treatise written to give to the world an idea of their contents. The problem of the relation of the Tantras to the Vedas occupied my attention for a long time...." Shastri assuaged his own regret with the first volume of the second series of Notices in 1900. This was his own series, and in the preface to volume 1 Śāstrī gives one of the earliest detailed discussions of Tantric doctrines in his summaries of various Tantric manuscripts he had collected, and apparently read. He offers a definition of Tantra, 44 and gives brief summaries and extracts of some 35 Hindu Tantric texts largely held in private libraries. Volume 2 followed in 1904, with another 30 summaries and extracts. Shāstri increased Mitra's collection by 8,108 mss. for a total of 11,264 mss. in Sanskrit, Prākṛti,

Hindī, Mārwarī, Marhattī, Newarī and Bengalī, bringing greater organization to the project (supplying his traveling pandits for instance with copies of Aufrecht's Catalogus Catalogorum), and a keener eye for detail.<sup>47</sup> The oldest MSS. date to the 9th-11th centuries CE, and relate to a variety of orthodox and sectarian Hindu schools, Buddhism's different vehicles, Śaivism, Vaiṣṇavism, Tantra, and Jainism.<sup>48</sup> The following year, 1905, Shāstri published his invaluable A Catalogue of Palm-Leaf and Selected Paper MSS. Belonging to the Durbar Library, Nepal, containing extracts from a number of rare Sanskrit Tantric manuscripts; he followed this up with a second volume in 1915 (see citations and translations in Chapters 4 and 5 of this dissertation).<sup>49</sup>

Shāstri's open-minded attitude was obviously still not shared by European scholars. None of Peterson's reports on the search for Sanskrit manuscripts in the "Bombay circle"--conducted in between 1882-1896--contain any mention of Tantric texts, a curious omission. And A.C. Burnell, discussing the so-called *Mṛtyūṅgala Upaniṣad*, a brief *dhāranī [devatāmantra]* to *Kālāgnirudra*, evinces the standard disapproval while speculating on the meaning of the text's name: "The name *mṛtyulāṅgala* is puzzling. It cannot possibly be translated as 'halitus mortis,' as Anquetil has done, probably having mistaken one Persian word for another which looks much the same. What, however, it is really intended to mean is difficult to say. *Ulukhalāṅgala* can have only one meaning; and *mṛtyulāṅgala* is perhaps also obscene; the Tantric tracts are full of such allusions." Oddly enough, we find a few instances of citations from the Tantras in Monier-Williams' dictionary (including

from the *Kālacakratantra*), though hardly with reliable definitions. *Khecarī* the state of flying in the sky,<sup>52</sup>is referenced to the Śaivite *Rudrayāmalatantra*; *dāka*, defined as "an imp attending Kālī," is cited from *Kālacakratantra* 5.38--probably looked at thanks to Csoma de Körös' work, since this Śaivite/Śākta definition has not much to do with the use of the term in the *Kālacakra* context.<sup>53</sup> The general paucity of any accurate definitions of Tantric terms by Monier-Williams suggests these stray references may have been picked up from secondary literature, with little appreciation of their context or meaning.

a slightly better treatment by Western Indologists, along with the continued contributions of Indian scholars. Waddell amassed in Tibet, for the Indian Government, a collection of books and manuscripts that were subsequently distributed to the libraries of the British Museum, India Office, Oxford and Cambridge. Occasional pieces on Tantra appeared in Indological journals, such as Ewing's work on the Śāradātilakatantra in 1902. Ewing noted Rajendralal Mitra's view that "Tantras constitute the life and soul of the modern system of Hinduism," and himself added "The close relation of this branch of Sanskrit literature to the every-day religion of millions of Hindus, furnishes an adequate reason for careful inquiry into the contents of the various Tantric productions. One of the very first English translations of a Tantra appeared in 1904-06 when Aiyar published the first 11 chapters of the Jñānapada of the Mrgendrāgama, an upāgama to the 28 Śaivāgamas in vols 4-6 of his Siddhānta Dīpikā. Quotes from the larger Tantra appear in

Mādhava's well-known 14th century compendium, the Sarvadarśanasamgraha.<sup>57</sup>

The study of Hindu Tantra in earnest, however, was really sparked in 1913 by Sir John Woodroffe, a Calcutta judge who spent some 30 years in Bengal, and who published over the ensuing decades, under his own name, and under the penname Arthur Avalon--to cover himself and an unnamed Indian collaborator--the 20+ volume series Tantrik Texts. Woodroffe also penned several works of his own, and as these were essentially the only systematic studies of the subject by a European, he earned himself renown still in the 1950's as "the greatest European scholar of Tantrism."58 Though Woodroffe's own interests and leanings were predominantly Śāktic, he included some Śaivite (a Kashmiri Krama text), a Buddhist, and a Vaisnava Tantra in his series.<sup>59</sup> The intent of the series was simply to "print hitherto unpublished Tantras, or Tantrik works, or to reprint such as have become scarce or were issued in an incomplete form," defending this activity against a view that has been widespread until the late 20th century: "Given the rapid disappearance of MSS., the paucity of printed texts, and the general ignorance which prevails as to their subject matter, many at the present day are disposed to say that none of these matters have any importance, and that if the Shastra threatens to pass into oblivion, that is where it ought to go. Few, if any, of those who take this view have any knowledge of the subject which they condemn."60 In all of his own writings (some 18 books in addition to the Texts), Woodroffe--who denied being a 'convert'--self-avowedly "followed the Indian fashion and placed himself at the point of view of the Indian authors and commentators, which standpoint is not necessarily, and in all cases, his

own."<sup>61</sup> By 1927 even Winternitz had acknowledged that "Tantra Śāstras deserve a study which they previously had not received, and that they have been judged without knowledge."<sup>62</sup> Primarily thanks to Woodroffe's efforts, and Schrader's earlier work on the Vaiṣṇava Pāñcarātra tradition, Winternitz included in the Epics and Purāṇa volume of his A History of Indian Literature, a short (18 page), though entirely reasonable and non-condemnatory account of "The Tantra Literature" at the end of the volume.<sup>63</sup>

In 1914 Alice Getty published The Gods of Northern Buddhism, the first thorough study of Buddhist Tantric iconography, 64 though the first really systematic studies of Buddhist Tantric texts by Indologists did not begin until in the 1930's.

Benoytosh Bhattacharyya, General Editor of Gaekwad's Oriental Series and Director of the Oriental Institute in Baroda, began publishing critical editions of and articles on largely Buddhist Tantra. His Introduction to Buddhist Esotericism and Introduction to Buddhist Iconography were the first general introductions to the subject. He published a number of articles, 65 and edited versions of Buddhist Sanskrit Tantras with detailed introductions, including the first edited edition of the Guhyasamāja-Tantra, 66 and the Abhayākaragupta's Sādhanamālā in 1925-1928. While Bhattacharyya's work is generally accurate (though pioneering) and informative, he was somewhat reticent about certain aspects of Tantra, so that, for instance, he elided certain portions of text in his edition of the Śaktisamgamatantra (a syncretic work with information of Śaiva, Śākta, Buddhist and Jain Tantras) so as to avoid misunderstanding on the part of the uninitiated layman. 67 Bhattacharyya worked against a generally hostile reception from

Western scholars, and held a partisan position on the historical priority of Buddhist Tantra (see Chapter 3 of this dissertation).

In 1935, Volume 2 of the Indian Office Catalogue appeared, this time compiled by Arthur Berriedale Keith, and in it we find 129 Brahmanical Tantric manuscripts listed and briefly extracted. F.W. Thomas added a supplement on Buddhist manuscripts, and in it we find a catalogue with extracts from the collection of Buddhist Tantric works collected by Brian Hodgson some hundred years earlier. As Hodgson's collection includes a considerable number of Tantric texts, *manḍala* drawings and descriptions, etc., Keith could not help but be somewhat aware of the extent of Buddhist Tantric literature, to say nothing of the Śaivite material. His opinion of the discipline is however by no means complementary: "Of no philosophical importance, but of great interest to the history of superstition, are the Tantras, the essence of which is to clothe in the garments of mysticism, the union of the soul with God or the absolute, the tenets of eroticism." Keith does add to this disparagement an argument for the existence of Tantric literature from the 7th century onwards, though unfortunately without a specific reference.<sup>68</sup>

Aside from the disparaging remarks made by Keith and others, who generally seem to have considered *Tantra*'s subject matter obscene, we find a consistent pattern by earlier generations of Indologists of ignoring Tantric material except to duly catalogue it and note its existence. The subject merits no mention over the 60+ years of the *Indian Antiquary* until a few brief reviews of some *Tantra* related books appear in the early 20th century, viz. the Life of Milarepa by Evans-Wentz, and

Shahidullah's Les Chants Mystiques de Kāṇha et de Saraha. And the opinion about Tantra has not changed much in sixty years. As the reviewer, Jarl Charpentier, remarks, "their vocabulary...is of the specifically Tantric trend which may well evoke interest, but which is mainly--like the doctrines it is used to interpret--of a very repulsive nature. However, in the history of Indian (and Tibetan) religion, Tantra has played and is playing a great role. And no one interested in the manifold developments of what, for want of a better name, we persist in calling Hinduism, can venture wholly to look away from it, unsavory though it be from every point of view. To E. Hamilton Johnston, in a review of Bhattacharyya's An Introduction to Buddhist Esotericism refers to "the curious farango of which most Tantric works consist," and delivers the verdict "that the Tantra cannot be held to have any real value as religion or philosophy and that in some aspects it is, as the author states in his preface, the product of diseased minds. In Johnston cites as a desideratum a full translation of the Guhyasamāja with reference to Tibetan commentaries—something that has still not been delivered.

Part of the general scholarly disdain for the Tantras was undoubtedly encouraged by Farquar's influential An Outline of the Religious Literature of India, 72 an oft-cited text whose generally accurate and thorough depiction of the various schools of Tantric doctrine and practice--informed largely by Avalon's texts, HP Shastri's catalogue, 73 and Chatterji's text--under the general term "The Śākta Systems," includes such remarks as "From the very time when the system was organized, the offerings were vegetarian, animal, and human, and the three forms

were practiced until the British abolished human sacrifice,"<sup>74</sup> and "A new movement, which really amounted to a disastrous revolution, arose in Buddhism during this period, the Tāntrik movement.... Because the main conceptions of polytheistic paganism had never been repudiated and condemned."<sup>75</sup> Farquar's work was extremely well received and is still cited as a reputable source today. A.B. Keith remarked, "it deals with its vast theme with so wide a knowledge and so much objectivity of exposition and judgement that it must immediately rank as indispensable alike to the specialist and to the general student of Indian religion."<sup>76</sup> The largely Christian persuasion of most European Indological scholars, coupled with passing judgements such as Farquar's in what became a standard reference on Indian literature, most probably influenced the majority view of those who had either no inclination to wade through Woodroffe's often amorphous style and learn anything of the Tantras for themselves, or whose libraries did not have Gaekwad's Oriental Series.

In the late 1920's Evans-Wentz--who after attending Oxford spent some five years wandering India to study with various sages--published his well-known renderings of Kazi Dawa-Samdup's (Evans-Wentz's eventual guru) translations of The Tibetan Book of the Dead (1927), Tibet's Great Yogi Milarepa (1928), and Tibetan Yoga and Secret Doctrines (1935). The Tibetan Book of the Dead included an 'Introductory Foreword' by Lāma Anagarika Govinda--(who published a set of books that became popular in the 1970's), and a Foreword from Sir John Woodroffe, who had returned from India to take up a post as Reader of Indian Law at Oxford. A later

edition included a 'Psychological Commentary' by Carl Jung, attesting to fairly wide readership. Lāma Kazi Dawa-Samdup, who published a translation of the Tibetan version of the Śrīcakrasambhāra Tantra as volume 7 of Woodroffe's series, had served as Chief Interpreter to the Tibetan Plenipotentiary to the Indian Government, and served on the political staff of the XIIIth Dalai Lāma during the time when His Holiness visited India from 1909-1912. At his death, Lāma Dawa-Samdup was a Lecturer in Tibetan at Calcutta University. A contemporary assessment of Evans-Wentz's publications was that "The success of his editions is, indeed, similar to that of Sir John Woodroffe's work on the Tantra systems."<sup>78</sup> Then in 1932 Obermiller published his English translation of Bu-ston's History of Buddhism in India, 79 a book that has become widely read and cited, and offers a fairly detailed, traditional canonical account of the literary production of Buddhist Tantras that have survived in Tibetan translation. 80 We also have in Dasgupta's History of Indian Philosophy (1932) some detailed discussion of the cakras and nadis of the Tantric physiological system. Dasgupta was however under the mistaken impression that Ayurvedic anatomy and Tantric anatomy were entirely distinct--a misapprehension I shall discuss in some detail in Chapter 8 of this dissertation, since Dasgupta's opinion has misled Tantric scholars since into virtually ignoring the important contribution Ayurveda has to make to our understanding of Tantric theories and practices.

Meanwhile the Italian scholar Giuseppe Tucci had been doing research that was revealing a very different perspective from the negative consensus about Tantra that had ruled most of Western scholarship. He writes in 1930, "Very little attention

has been paid up till now to Tantric literature; and yet, apart from some exceptions, the Tantras contain almost nothing which can justify the sweeping judgement of some scholars who maintain that they represent the most degenerated form of Indian speculation. On the other hand, after a careful study, I cannot help seeing in them one of the highest expression[s] of Indian mysticism, which may appear to us rather strange in its outward form, chiefly because we do not always understand the symbolical language in which they are written. Moreover, they are an unparalleled source of information to the ethnologist as well as to the historian, and when properly studied they will shed a great light upon some ignored aspects of Hindu civilization and upon the manifold elements of which this is the outcome."81

Systematic work on the Śaivite Tantras began with a small text published as volume 2 of the *Kashmir Series of Texts and Studies*<sup>82</sup> in 1914 by J.C. Chatterji, Director of the Archaeological and Research Department for Kashmir State; it introduced in its title the still-current though deceptive (and really only useful as a general) term <u>Kashmir Shaivism</u>. Saiva Essentially an outline of the philosophical aspects of the *Pratyabhijñā* school of Kashmir Śaiva practice, this book remained for decades a primary source on Śaivite Tantra for Indologists. A summary of the Kashmir Series, published in 1958, describes 87 volumes, 56 of these--comprising 64 works-covering "the Trika Śāstra," considered by the publishers as the synthesis of "all the important systems of knowledge and thinking achieved as well as all moral and spiritual disciplines practiced previously in India," an opinion more in keeping with Tucci's view than that of earlier Indologists.

In the Spring of 1950 Giuseppe Tucci founded the Journal East and West to "find a meeting ground of understanding because the road leading to love has one starting point: mutual understanding." The sometimes rather proud attitude of Italian Indologists is reflected in Tucci's remark that "When we speak of the West we mean, of course, first of all our country, not because we think that a place of privilege is due to us, but because Italy, on herediting [sic] Greek culture, enriched and developed through the positive contribution of Latinity and by adding Christian experience, is better suited, through the evolution of her history, to represent the continuity of certain fundamental values on which Western culture is based."85 Tucci himself, generally considered "one of the great [early] authorities on Tibetan religion,"86 produced some 360 publications during a distinguished scholarly career stretching over 62 years, while amassing a library of some 20,000 volumes, and conducting numerous expeditions to India, Tibet, Nepal, and Central Asia. His wide-ranging work included a number of foundational works on Tibetan Tantrism in his seven volume Indo-Tibetica series (1932-1941), the three volume Tibetan Painted Scrolls (1949),<sup>87</sup> and his influential The Theory and Practice of the Mandala.<sup>88</sup>

Also in 1950 appeared Shashi Bhushan Dasgupta's pioneering <u>An Introduction</u> to <u>Tantric Buddhism</u>, <sup>89</sup> his Ph.D. thesis at the University of Calcutta. Based almost entirely on Sanskrit Buddhist Tantric manuscripts available to him in Bengal, Dasgupta's work presents--despite its faults--a good explanation of many of the basic concepts in Buddhist Tantra, including an interesting definition of *kālacakrayāna* quoted from H.P. Shāstrī: "'What is Kāla-cakra-yāna? The word Kāla means time,

death and destruction. Kāla-cakra is the wheel of destruction, and Kāla-cakra-yāna means the vehicle for protection against the wheel of destruction." While this definition may raise some eyebrows among contemporary scholars (being rather incomplete and general), it is not as far-fetched as it may at first appear, given the explicit statements in the Kālacakratantra and Vimalaprabhā that it is the messengers of time (kāladūtī) flowing through the channels of our subtle body who kill us. 91 Dasgupta also corrects what must have been a misprint in the original French text of Naudou's Buddhists of Kashmir, citing the 6th (not the 16th as Naudou says) chapter of the Tantrāloka as discussing the theory "of the Kāla-cakra"--"a perusal of the text will convince the reader that the explanation of Kāla-cakra as given in the Srī-kālacakra-tantra is just the same as described in the Tantrā-loka. The whole chapter of the Tantrā-loka is devoted to the exposition of the doctrine of Kāla (time) and the process of keeping oneself above the influence of the whirl of time. Here also time (kāla) in all its phases (day, night, fortnight, month, year, etc.) has been explained with reference to the functions of the vital wind (prāṇa and apāna) spread through the whole nervous system, and the process of controlling time is to control the vital wind in the nerves through Yogic practices."92 It is true that the 250 verse 6th chapter of the Tantrāloka is entitled 'elucidation of the principle of time' ("Kāla-tattvaprakāśanam").93 Whether the doctrines are as congruent as Dasgupta claims remains to be seen. Dasgupta had also published in 1946 a now hard to find book called Obscure Religious Cults as Background of Bengali Literature<sup>94</sup> focusing on the Buddhist "Sahajiyā" cult through the dohās of Bengali siddhas.

In 1954 Eliade published the French edition of Yoga, Immortality and Freedom, translated into English in 1957. One of the few scholars, other than Indians such as Bhattacharyya and Dasgupta, to fully appreciate the degree of shared doctrine and practice between the Hindu and Buddhist Tantric and Yogic traditions, Eliade's work is a real milestone that is still the most thorough introduction to the wide variety of subject matter related to yoga and the Tantras. In the following year, 1955, the French Institute of Indology at Pondichéry was founded. The Institute has since published a considerable number of texts and translations of Śaiva Tantras. 95 In 1957 Liliane Silburn began her series of publications on Kaśmīr Śaivism under the auspices of the Institute de Civilisation Indienne in Paris. 96 In 1959 Snellgrove published his groundbreaking translation and analysis of the Hevairatantra, 97 and though Conze still remarked in 1962 that "the study of the Tantric phase of Indian thought is still in its infancy,"98 in the 1960's and 1970's Tantric studies really began to develop. In 1962 Kane published, as part of History of Dharmaśāstra a little-noticed section on Tantrik Doctrines and Dharmaśāstra wherein he reviews, with much more balance and thoroughness than is customary in many works on the subject, a major portion of the work that had been done on Tantra by scholars up to his time. Though a bit limited due to some of the misinformation of his predecessors, and leaning mostly on the Śākta Tantras published by Arthur Avalon, Kane's 120 page chapter is one of the better introductions to the subject I have come across, with a much better historical sense than most scholars of Tantra, a healthy dose of citations from the Sanskrit originals, 99 and considerable space devoted to both Buddhist and Hindu Tantras in a

comparative context. He notes, quite reasonably I think, that "the question whether Buddhist Tantras were prior to Hindu Tantras or vice versa is difficult to decide." 100 In the sixties, the most active Western scholars worked in Buddhist Tantrism, with publications by Ruegg, Snellgrove, Guenther, Hajima, Chang, Grönbold, Wayman and Lessing, Naudou, Chattopadhyaya, Raghavan, and others. Indian scholars were largely responsible for progress on the Hindu Tantras, with publications by Pandey, Kaw, Banerjea, Bhatt, Krishnamacharya, and others. The French of course continued their groundbreaking work in the Kaśmīr Śaivite tradition, with Silburn's publications. Padoux's now famous text on mantra in the Saivite Tantric texts, and Brunner's early works. In the 1970's research expanded considerably. Filliozat's work followed Eliade's example from the medical perspective, examining rasāyana, Siddha, and Ayurveda material in depth, elucidating its links to both Hindu and Buddhist Tantric practice and doctrine. The Pondichéry Institute (Pondicherry in English spelling) began publishing its now extensive series of Saiva and Sakta texts--with some translations; in Europe Gnoli, Padoux, and Brunner began extensive work on Kaśmīri Šaivism, matched by Jaideva Singh, Sen Sharma, and Rastogi in India. Fremantle finished her translation of the Guhyasamājatantra (unpublished), Chimpa and Chattopadhyaya came out with the English translation of Taranatha's History of Buddhism in India, Hopkins and Petech began serious work, and Beyer's The Cult of Tārā appeared. By 1975 Agehananda Bharati would remark, in reference to Lorenzen's work on the Kāpālikas and Kālamukhas, "with this book on the market, Indologists have no longer any excuse for disregarding Hindu-Buddhist esoterica as a

way-out extravaganza: for Indian and Occidental scholars, it is now time to heed these traditions with the same care and attention as the Vedas, Puranas, Epics, and the Drama."101 In 1979 Piatigorsky refers to Gupta, van Hoens, and Goudriaan's Hindu Tantrism as "the best example of a real introduction to Tantrism for scholars in the realms of Indology and of religious studies." The reason for the general change of attitude towards Tantric studies quite likely has something to do with the sexual revolution of the 1960's and the consequent loosening of attitudes towards sex. Christopher George, in his 1974 edition and translation of eight chapters of the Buddhist Candamahāroşana Tantra remarked that "It should be pointed out that the sexual subject matter of works of this genre often seem to have made it difficult for this rich literature to receive the scientific treatment it deserves." Noting de La Vallée Poussin's remarks that the strīpūjā recommended in some Tantric texts recommended "disgusting practices both obscene and criminal," George commented that "It seems clear that the intellectual climate for the investigation of such texts was much less favorable in his time [early 1900's] that it is today." <sup>103</sup> (The best review of Sākta Tantrism, following the earlier work by Woodroffe, is Goudriaan's portion of Hindu Tantric and Śākta Literature.)104

In the eighties and nineties, Tantric studies have begun to gain legitimacy, with panels at Sanskrit conferences, panels at Religion conferences, and increasing numbers of scholars devoting their careers to Tantra. Even in 1987, though, Padoux still gave a succinct appraisal of the difficulties in the field: "An objective and scientific assessment of Tantrism is not easy, for the subject is controversial and

perplexing. Not only do authorities give different definitions of Tantrism, but its very existence has sometimes been denied." Minoru Hara has summed up the transition of Tantric Studies from outcaste to acceptance diplomatically. Indologists, he says, were dissuaded from studying Tantra due to "the esoteric nature of Tantric texts, and...the strange practices prescribed therein," so that

generally speaking, information in pre-war times was extremely meagre and interpretations were often biased.... After the second world war, the situation changed greatly. This was due to the opportunities Western scholars had to travel around India, and also due to the large amount of information furnished by anthropologists who were able to engage themselves in field work. In addition to this, the inauguration of the French Institute of Indology in Pondichéry by the late Professor Jean Filliozat opened a new age for further systematic studies...[resulting in] a series of important works on the solid basis of textual criticism by eminent French Indologists.<sup>107</sup>

The postwar transition Hara speaks of is accurate: in a volume published by the Bhandarkar Oriental Research Institute in Poona, <u>Progress in Indic Studies 1917-1942</u>, none of the 25 essays mentioned Tantra. Recently, on the other hand, in the breakdown of subject areas for the 10th World Sanskrit Conference in Bangalore in January 1997, *Agamas* and *Tantras* have their own listing. However, the field is still young. Kvaerne remarked as recently as 1986: "hundreds of Buddhist Tantric texts-Sanskrit manuscripts, or existing in the Tibetan and Chinese canons--remain unpublished and untranslated, and hence, as far as academic scholarship goes, inaccessible to all except a small number of specialists." 109

It is not really that difficult to critique much of the scholarship that has come out over the past fifty years or so on Tantra. I am generally reluctant to do so simply because I am personally very familiar with the enormous amount of effort it takes to

learn to read Sanskrit and Tibetan, and the many years that scholars have to put in of 'basic training' before being able to address even basic questions in the field. By and large I find that most of the lacunae in prior works on Tantra (and the lacunae in my own research thus far) are by and large due to gaps information occasioned by the difficulty in reading the texts, the necessity of reading many different texts from both the Saivite and Buddhist traditions, and the fact that most scholars of Buddhist Tantra have not received a thorough 'classical' education in Sanskrit, and so do not have the benefit of seeing the Sanskrit Tantras in the full context of the earlier Sanskrit tradition, and that most scholars of Hindu Tantra are disinclined to read the Buddhist Tantric texts. In addition, many contemporary scholars of Tantra work principally from Tibetan texts, with either a weak or a non-existent background in Sanskrit, so they are largely unaware of either the Saivite correlates, or the roots of many of the Tantric ideas in the earlier Indian tradition. This general ignorance of the Hindu Tantric traditions by Buddhist Tantric scholars results in the unwitting characterization of many of the underpinning Tantric doctrines shared by all the traditions as specifically Buddhist, with the intimation that these doctrines are somehow the creative inventions of the Buddhist tradition, with no acknowledgement that many of the basic elements of Tantric doctrines were widely shared between the Buddhist and Saivite Tantric traditions, and in many cases with the wider Indian Sanskrit culture. One tends to find a similar ignorance of Buddhist parallels in many of the works on Hindu Tantra. This neglect of historical grounding of the Tantric doctrines on both sides of the Buddhist/Hindu fence, as it were, and a reticence to explore the roots of

Tantra in the earlier Indian tradition results in unnecessary biases in the presentation of the doctrines of the different systems, with writers sometimes giving the impression that certain doctrines are the unique contribution of one or the other religious sect, and then unfortunately using such appearances of uniqueness as fodder for asserting sectarian superiority or partisan advantage. As I will present in many different sections in this dissertation, we find that most of the subtle body doctrines, medical theories, alchemical principles, Yogic and meditational principles, astronomical and astrological principles, and so on were deeply shared between the Saivite and Buddhist Tantric traditions. Though I have not researched the Kali Tantric material, the Śrī Vidyā tradition, the Śaiva Siddhānta tradition, or the Vaisnava or Jain Tantras in any great detail, I would not be surprised to find that many of the shared principles and practices between the Saivite and Buddhist Tantrikas were also shared by these other traditions. Yet few Tantric scholars, of either the Hindu or Buddhist traditions, have taken the time and trouble to do the sort of comparative research between the traditions to see just how far the Tantric doctrines were shared between the different traditions, to say nothing of how deeply grounded Tantric doctrines are in the earlier, non-Tantric Indian Sanskrit and non-Sanskrit popular traditions. It is precisely this sort of comparative work and historical grounding that I have tried with some success to provide in this dissertation. The problem is however an enormous one, and is contributed to by the attitudes of the Indians and Tibetans themselves. Bharati offered an amusing critique the area of "mutual amnesia" between Hindu and Buddhist believers and advocates in this regard, citing "Hindus who ignore and/or reject Hindu

tantrics, Buddhists who reject or ignore Hindu tantrics, Hindus who reject or ignore Buddhist tantrics, and Buddhists who reject or ignore Buddhist tantrics...." characterizing the problem as basically one of "perceived and rejected identities, identities activated by an open-ended but opaque terminology." While Bharati's critique was primarily of believers, the same could well be applied to scholars. In my opinion, the Buddhist and Hindu Tantric traditions grew up hand in hand, in a sort of yab-yum or Yāmala of their own, and to study one without studying the other is to inevitably lead to distortions in our understanding of Tantra. Woodroffe was well aware of the common features among the different Tantric schools:

It was my intention in starting this Series of Tantrik Texts to include therein specimens from all the various schools of Āgama, Vaishnava, Shaiva, Shākta and Bauddha. For, whatever may be the difference as regards doctrinal and ritual details, there are marked similarities in spirit, general outlook, and method between all the Āgamas.<sup>111</sup>

In the end, I think we all have to be wary of the temptation that our individual research projects might somehow come up with 'the last word' on Tantra. The Tantric systems of India have produced an enormous literature, most of it as yet unpublished and unread by scholars. Much research remains to be done, and much comparative work will be necessary. There is still a very long way to go.

This chapter is certainly not intended as a complete picture of the emergence of Tantric studies over the last three hundred or so years. I do not read Russian, Dutch, or any of the Scandinavian or East Asian languages (particularly Japanese), so I have not searched through such material. Since I do not read European languages as quickly as I read English, I have not had the time to do as thorough an historical

research survey of the full sets of all the German, French, and Italian Indological journals, to say nothing of the large bodies of academic literature in modern Indian languages. 112 There have been several surveys of Tantric literature published by Indian scholars, most notably N.N. Bhattacharrya's work on the history of the Tantric tradition, 113 and Matsunaga's (Japanese) history of the tradition, and these indicate a really enourmous body of literature that has remained largely untouched--though still extant, so the work I will present in this dissertation will still count as one of the early forays into this vast body of Sanskrit literature (to say nothing of the Tibetan, Chinese, Japanese, and other Tantric literatures). 114 While I have not discussed the work of post-second World War Tantric scholars in much detail here, much of this work will be referred to in Chapters 3-10 at various points, and some of it in considerable detail--so I will not attempt to do so here. Some of the specific scholarship relating to the individual Tantras of the Buddhist system and the Kaśmīr Saivite material is referred to in Chapters 4 and 5 of this dissertation, and is also referred to in the context of discussing specific unresolved problems in the study of Tantra. What I have simply tried to show with this chapter is that the Tantras were largely neglected for much of the history of Indology, and it is really only within the last few decades that serious work has begun. It will take many years, and many more research projects, before we begin to gain a really thorough grasp of the intricacies of the Tantric practices.

#### NOTES

- 1. Caul 1979{1}:292.
- 2. Colebrook 1979a:57.
- 3. Colebrook 1971c:281-282.
- 4. Wilson 1980:170-171).
- 5. A note at this point reads: "As in the Kūrma Purāna, the Kapāla, Bhairava, Vāma and Yāmala, and the Pancharātra in the Varāha: we have also a number mentioned in the Saņkara Vijayas, of both Anandagiri and Mādhava, as the Siva Gītā, Siva Saṃhitā, Rudra Yāmala, and Siva Rahasya. It is also said in Anandagiri's work, that the Brāhmanas were cursed by Gāyatrī, to become Tāntrikas in the Kali age."
- 6. Wilson 1980:217-218.
- 7. Csoma de Körös 1833: 57-59.
- 8. Csoma de Körös 1838: 142-152.
- 9. Csoma de Körös 1834: 128.
- 10. Csoma de Körös 1834:131.
- 11. Duka 1884:489.
- 12. Duka 1884:489.
- 13. Duka 1884:490.
- 14. See Csoma de Körös 1833, 1834.
- 15. Hodgson 1830:222.
- 16. Hodgson 1830: 222.
- 17. See Appendix A.
- 18. Reviews--De la Vallée Poussin 1903:189.
- 19. Journal of the Royal Asiatic Society of Bengal, 1836, vol. 6, No. 49 pp. 48-49 & no.50, pp.71-96: "Quotations from Original Sanskrit Authorities in proof and illustration of Mr. Hodgson's Sketch of Buddhism."
- 20. Hodgson 1827:229. Vyākaraṇa in Buddhist literature does roughly correspond to the *Purāṇas*, yet Buddhist Tantric texts are certainly called *Tantras*, as are their Hindu counterparts (see Chapters 4 and 5 of this dissertation for more detailed discussions of naming typologies).
- 21. Hodgson 1861: 396-397.
- 22. "Pour l'époque, celle où le Hongrois Csoma de Körös commençait seulement à explorer et à révéler la litérature tibétaine, le fait est assez remarquable." (Bacot 1924:323)
- 23. Bacot 1924.
- 24. It is also worth remembering who many of the earliest Indological scholars were: for the English, it was largely soldiers and civil servants stationed in India who took up Indological studies as a sideline or supplement to their regular work. Col. Campbell, for instance, an "Agent for the Suppression of Human Sacrifices, and Female Infanticide in Orissa," sent a short note to Sir Walter Elliot about a temple he visited in 1853. Elliot comments, "We must remember that this was the result of a hasty visit by an officer engaged in very harassing and

important duties in an unhealthy country...." Elliot, Walter, *Indian Antiquary*, vol 7, 1878, pp. 19-20.

- 25. Burnouf 1876:465-494.
- 26. de la Vallée Poussin 1896.
- 27. Wilhelm 1961:395-405.
- 28. Winternitz 1966:569.
- 29. Kunst 1976:168.
- 30. Wickremasighe 1902:611-651.
- 31. Morgenroth 1976:321-338.
- 32. See Bühler 1876. Bühler, who lived from 1837-1898, died in a curious drowning accident while rowing alone on Lake Constance in Vienna, when still Professor of Sanskrit and Indian Antiquities. When he had an appointment as Professor of Oriental Languages at Elphinstone College in Bombay, beginning in 1862, started the *Bombay Sanskrit Series* with Keilhorn in 1865. In 1866 he began his search for Sanskrit Manuscripts. Thanks to his fluency in spoken Sanskrit, he was able to convince many otherwise suspicious Brahman *sāstris* to part with manuscript copies. His "Detailed Report of a Tour in Search of Sanskrit Manuscripts in Kasmir, Rājputāna and Central India" gave the first report of *Kṣemendra*, the Kashmiri poet. (Winternitz 1898).
- 33. Wilson 1882:172-173.
- 34. Mitra 1871:3.
- 35. Mitra 1871:130.
- 36. Volume 1--104 texts; vol. 2--58 texts; vol. 3--76; vol. 4--19; vol. 5--17 texts; vol. 6--13; vol 7--20; vol 8--7; vol. 9--39.
- 37. Mitra 1880:xxxi.
- 38. Mitra 1880:xv.
- 39. Shastri 1892:1, and Mitra 1888:317.
- 40. Mitra 1888:p. 2 of his Report, following p. 316 of the volume.
- 41. Mitra 1888:p. 5 of his Report, following p. 316 of the volume.
- 42. See Shastri 1892:1.
- 43. Shastri 1892:5.
- 44. See Introduction.
- 45. Śāstrī 1900:xxiv-xxxvii and extracts.
- 46. Śāstri 1904:x-xiii and extracts.
- 47. He laments at one point about Mitra's methods: "It is very difficult to correct the list of Manuscripts left by the late Rāja. Many Manuscripts have been given fanciful names, and I have often to read the whole volume through to ascertain the real name of a work.... While passing this list of MSS. through the Press, 4,5 or 6 MSS. are almost every day sent me to my office from the Society's rooms by my Paṇḍit, and I have to work through them." (Shāstri 1895:6-7).

- 48. Shāstri 1917:iii-iv. Shāstri even attempted to arrange the MSS. in chronological order. Sesagiri, on the other hand, who conducted a similar search for the Madras government in 1893-4 reports only one *Tantra*, the *Kāmakalāsūtram*, a work on the worship of *Tripurasundarī*. (Sesagiri 1899:89-90).
- 49. See Shāstri 1905, 1915.
- 50. These were published as 'extra numbers' of the Journal of the Bombay Branch of the Royal Asiatic Society.
- 51. Burnell, A.C 1873:267. *Ulūkhala* indicates a staff or wooden mortar, so an *ulūkhala-anga[la]* probably refers to the erect penis, the "staff-limb."
- 52. Also a goddess who does so; the term also refers to an expansive state of consciousness that transcends normal space-time restrictions.
- 53. A few others are *Jambhī*—"N. of a Goddess, Kālac.iii.132"(p.412 of the dictionary); Śakrajāla—"magic, sorcery, Kālac."(p.1045); and sādhana: "a means of summoning or conjuring up a spirit (or deity), Kālac." (p.1201).
- 54. Waddell 1913:170n.2.
- 55. Ewing 1902.
- 56. Ewing 1902:65.
- 57. Borelli 1983:435.
- 58. Evola 1950:31.
- 59. See Bibliography, Appendix B.
- 60. Bibliography, Appendix B, Avalon and Vidyaratna 1913:i & iv.
- 61. Woodroffe 1935:385-306.
- 62. Woodroffe 1959:viii.
- 63. See Winternitz 1963.
- 64. See Coedes 1915 and Getty 1928.
- 65. See Bibliography, Articles.
- 66. Bhattacharyya 1931.
- 67. Bhattacharyya 1941:vi.
- 68. See Keith 1928:481; his comment on dating is "That the Tantra literature is reasonably old is proved in all probability by the existence of manuscripts from 609 onwards, but the exact dates of the extant texts are hard in each case to determine...." (Keith 1928:481).
- 69. Indian Antiquary vol.59, p.40, 1930.
- 70. Charpentier 1930:40.
- 71. Johnston 1933:180.
- 72. Farquar 1920.
- 73. Grünendahl 1989.
- 74. Farquar 1920:202-203.
- 75. Farquar 1920:209.
- 76. Keith 1920a:627.

- 77. Evans-Wentz 1960:lxxxiii-lxxxiv.
- 78. Heiman 1938:126.
- 79. Obermiller 1932.
- 80. See Bibliography, Appendix D.
- 81. Tucci 1971{1}:198.
- 82. Barnett 1915; see Appendix C for a select listing of these publications pertinent to Tantra.
- 83. Muller-Ortega 1988.
- 84. Bibliography, Appendix C, Volume 80:1. Volume 71 of the Kashmir Series of Texts and Studies, in 5 parts, presents the texts of the Gilgit Manuscripts, a set of Buddhist Sanskrit manuscripts discovered in 1931 under a stūpa at Gilgit, a town on the Gilgit river in the area of Kashmir now controlled by Pakistan; these volumes include valuable information in the prefaces on the history of Buddhism in Kashmir. See Chapter 3 of this dissertation.
- 85. Tucci 1950:1-2.
- 86. McDermott 1983:444.
- 87. Petech and Scialpi 1984:11-42.
- 88. Tucci 1961.
- 89. Dasgupta 1974.
- 90. Dasgupta 1974:65.
- 91. In the commentary on Kālacakratantra 5.132, a verse that speaks of the thirty-six female messengers of time (kāladūtyah), we find this explanation: "These many, the thirty-six channels, carrying the prāṇa, are the female time messengers, causing the destruction of the physical body. Therefore, the prāṇa that moves in them is to be stopped up." The Sanskrit reads: Etās tāvat ṣaṭ-triṃśan-nāḍikāh prāṇa-pravāhatah kāladūtyah śarīra-kṣaya-kāriṇyah tasmāt tāsu gatah prāṇo nirodhanīya iti nītārthah | | (Dwivedi & Bahulkar 1994b:107, 11. 26-27).
- 92. Dasgupta 1974:66-67.
- 93. Dwivedi and Rastogi 1987{6}:1291.
- 94. Dasgupta 1946.
- 95. For more detail, see Chapter 5 on schemas of Saivite Tantric literature.
- 96. See Silburn 1957, 1964, 1968, 1975, 1980, 1988, and 1990.
- 97. Snellgrove 1959.
- 98. Conze 1962:162.
- 99. Kane 1962:1031-1151.
- 100. Kane 1962:1038.
- 101. Bharati 1975:156.
- 102. Piatigorsky 1981:97.
- 103. George 1974:3.
- 104. Goudriaan and Gupta 1981.

- 105. The Germans have also recently put out a series of notices of oriental manuscripts held in German libraries (*Verzeichnis der Orientalischen Handschriften in Deutschland*). Band II, vols. 1-12 covers Indian manuscripts, wherein we find a scattered collection of Tantric manuscripts of Buddhist, *Śaiva*, *Śākta*, and *Pañcarātra* origin. Though small in number relative to the other subject holdings of Sanskrit mss., the total number is not insignificant: 1603-1608, 2060-2063, 2518, 2542, 3190-3201, 3892-3897, and others listed individually.
- 106. Padoux 1987:272.
- 107. Hara 1993:350.
- 108. Emeneau 1946:94.
- 109. Kvaerne 1986:157.
- 110. Bharati 1993:321. Bharati was of course an unusual fellow, and unfortunately now passed on. In a chapter entitled "The Doxological Correlation between Mythos and Eros," wherein he critiques the biases and misperceptions of his contemporaries about the sexual aspects of Tantra, and the male hegemony in Indian society, he remarks that "It is a fact that in today's ubran and westernized ambiance, women in India may well think, speak, and even analyze their sexuality, and quite a few publications have appeared by women scholars... Yet, in the religious setting of genuine, scripture and lineage informed Hinduism, such dialogue is not as yet even thinkable. It is, of course, with the followers of the late Rajneesh and other neo-Hindu mavericks, catering very largely to a western, uninformed audience, but I am not talking about that, being concerned with genuine, serious grass-roots traditions. My own brief but well structured experience in an initiatory cakra in Kamrup, Assam, in 1955 hardly provides a sufficient example. But for all that it's worth, I found that the women practitioners and initiates seemed almost business like, not particularly excited, and certainly not orgasmic during the key phase of the pañcamakāra ritual, while the male sādhakas exhibited the usual signs of arousal and arousal related kinetics." (Bharati 1993:316).
- 111. Dawa-Samdup 1919:35.
- 112. I have not yet fully covered all the volumes of all the English Indological journals.
- 113. See Bhattacharyya 1982.
- 114. See de Jong 1984.

James F. Hartzell

#### The Vedic Model

Vena saw that which is highest in secret, where everything becomes of one form; this spotted one is milked [when] born; the heaven-knowing troops have shouted at it. May the Gandharva, knowing of the immortal, proclaim that highest abode in secret; three quarters of it [are] deposited in secret; whoso knoweth them, he shall be the father's father. He, our father, is the generator, and he is the connection who knows the abodes [and] all beings; who is the sole nomenclator of the gods, all beings come to [him to] inquire. I went at once about heaven and earth; I approached the first-born of righteousness, who abides in beings as speech does in the speaker; eager is he, is he not Agni? Around all beings I went, the web of righteousness stretched out for beholding, where the gods having attained immortality bestirred themselves, in an equal place of union. (Atharvaveda 2.1-5).

# 2.0.1. Introduction

One of the most difficult, yet most necessary questions to address in the study of the Tantric traditions is the determination of to what extent practices and ideas that are central to Tantric systems are prefigured in earlier Indian literature. The question is important because of the differing opinions on the antiquity and origin of Tantric practices in India. To put this another way, then, we may ask: how much of what we call "Tantra" can be found in earlier material? The answer, it turns out, is quite a bit; i.e. much of what we find in Tantric texts, both Hindu and Buddhist, can be found in various forms in earlier Sanskrit material. The earliest Sanskrit material we have, of course, are the Vedas, Brāhmaṇas, and Āraṇyakas.

The claim to Vedic legitimacy is a common one in the Indian tradition, just as the claim to superiority to the Vedas has been commonplace in the Buddhist tradition. It is relatively rare, however, that contemporary scholars of Hinduism or Buddhism

actually do the comparative studies between the Vedic texts and the texts of the more modern traditions to determine whether the adherence to the Vedas, or the attacks on the Vedas, are based largely in fact or simply amount to hyperbole and a religious version of "political correctness." One of the central claims of the Indian tradition is the eternality of the Vedas--a claim often disputed or dismissed by Western scholars. Yet the notion of the eternality of the Vedas lingers--eternally one might say--in the background. In fact, in India's society and history, the Vedas are, we could say, 'functionally eternal.' For thousands of years the Vedic sacrifices have been performed, Vedic texts have been recited, and Vedic doctrines have been taught in India, unextinguished by the rise, incursion, or contact with powerful non-Vedic traditions. Buddhism, Jainism, Islam, Christianity, Judaism, the Chinese traditions of Confucianism and Taoism, and even twentieth century secular influences and technologies have all impacted and affected--to varying degrees--the Indian religious setting. Scores of other schools of thought and practice indigenous to India have also sought preeminence, including multiple schools of yoga and bhakti practice--and many sects have arisen, gained some prominence for several centuries, and then melted away. Yet throughout the centuries, as a constant background, referent, and sometimes presumed antagonist to all schools of Indian religious thought and practice, the Vedas and the Vedic sacrificial rites and interpretations have remained a constant in India's society.

This 'functional eternality of the Vedas'--to coin a phrase--has prompted some response to their presence by all of the major schools of Indian thought and practice.

Some traditions, such as the Buddhists, argued against the validity of the Vedas. Other traditions have claimed equal validity with the Vedas, claiming to have usurped the Vedic doctrine with a newer, more accurate understanding. Still others have claimed derivation from the Vedic tradition, and adherence to Vedic principles, while espousing doctrines that, at least on the surface, appear far removed from any Vedic sources. Many traditions, however, have simply accepted the hegemonic rule of the Vedic doctrines, and have sought to position themselves as subsidiary to the Vedas (as either *upaveda* or  $\hbar Ved\bar{a}gas$ ), jockeying for position as participants in Vedic authority and prestige.<sup>2</sup> To assess the theoretical accuracy of these various stances it is important that we take a careful look at the Vedas themselves, in order to provide a comparative analysis of the Vedic tradition with the traditions of subsequent claimants. For this dissertation, we will examine Vedic doctrines in light of Tantric doctrines.

The lack of critical comparative study of the Vedic texts has been particularly evident in Tantric scholarship. In an attempt to begin to redress this deficiency in the scope of modern Tantric scholarship, I will provide here a preliminary analysis of some of the central doctrines of the Vedic period. The sources for our discussion will be primarily the *Brāhmaṇa* texts--the works that provide the earliest exegeses of the verses of the *Rgveda*, *Yajurveda*, and *Sāmaveda*, and provide explanations of most of the principle Vedic sacrificial rituals (*Śrauta* rites). It is not possible within the scope of a single chapter of this dissertation to touch on all of the salient issues, nor have I attempted to venture beyond the *Brāhmaṇas* (and a couple of *Āraṇyakas*) into the

much larger literature of the ritual *Sūtras*, *Dharmaśāstras*, or *Upaniṣads*, where more developed elaborations are found of the themes this chapter will consider.<sup>4</sup> I will attempt to delineate what I think are some of the most consistently enunciated central organizing principles of Vedic doctrine and ritual practice. It should then be possible, with a careful analysis of the same aspects (i.e. consistently enunciated central organizing principles) of Tantric doctrine to determine, at least to some extent, just what sort of relationship to Vedic thought the Tantras really have.

Studying earlier Vedic doctrines can help provide a more sharply focused perspective for the more detailed comparative study of the Śaivite and Buddhist Tantra in the later chapters of the dissertation. There are however a couple of important caveats to raise at this point. We are not looking to "find Tantra" in the *Brāhmaṇas*—that would be to engage in a rather serious logical error of attempting to find evidence in an earlier historical strata of literature for the doctrines and practices of a system that to all appearances was developed considerably later. A similar mistake is made by some contemporary thinkers who attempt to demonstrate, usually with particular ideological motivations, that certain twentieth century physical science doctrines "already existed" in early Sanskrit texts. The logical error of this approach can be seen easily by analogy: just because the same general principles of genetic recombination hold true in Gregor Mendel's nineteenth century pea breeding experiments and in late twentieth century recombinant DNA therapies, no reasonable biologist would attempt to argue that modern recombinant DNA therapies "already existed" in Mendel's time, or in his work. Similarly, just because we may find

certain principles of the relationship of man to the cosmos were enunciated in Vedic literature, and are maintained in Tantric literature, it would be non-sensical to argue that 11th century CE Tantric practices and developed doctrines "already existed" in the Vedas. What we are looking for though are what we might call evolutionary antecedents in doctrine and practice--pursuing, as it were, a "paleontology" or "archaeology" of Tantra by examining the Vedic core. I place these two -ologies in quotation marks because when we are dealing with the historical study of the Vedic tradition relative to the later traditions, we are faced with the intriguing issue of the functional eternality of the Vedas. Though historically the oldest Sanskrit material we have available, the Vedic texts are also contemporary texts, since the oral textual traditions of the Vedic schools and the practices of the rituals they prescribe have, to a great extent, been continuously present in India for thousands of years, and are still present as I write these words. While a paleontology or archaeology in the strict sense would imply some temporal gap between current time and some past time, Vedic material is in India both ancient and modern, and from all times in between. This is a crucial fact to keep in mind when examining the relationship of other schools and traditions from India in relationship to the Veda: the Vedic tradition has always been there as a living referent.<sup>5</sup>

The second major caveat is that the following analysis of the Vedic ritual ideas and sacrificial explanations and techniques is also not intended as some sort of argument for or against priority of value on the part of the Vedic tradition vis à vis the later Hindu and Buddhist Tantric traditions--again an argument that is sometimes

advanced by ideologically motivated writers who wish to assert that all truth about reality can be found in the Vedas, or who wish to assert that no truth about reality can be found in the Vedas. Rather, it is an attempt to demonstrate that the Hindu and Buddhist Tantric traditions inherited a conceptual framework of ritual and religious practice, and a set of religious symbols that were bequeathed to Indian society by the Vedic tradition. Rather than presenting a religiously motivated argument--i.e. one that might assert the superiority of one belief system over another--I will attempt to outline what I think is an eminently reasonable intellectual argument: that certain aspects of later Tantric thought do indeed have historical, evolutionary roots in earlier Vedic thought. My principal motive here is to show that by coming to understand these historical antecedents some of the more obscure aspects of the Tantric traditions will become more accessible, that is, easier to make sense of. Given the complexity and sometimes deliberate obscurity of Tantric writings, any approach that improves their accessibility should be a welcome contribution to Tantric scholarship. There is an additional point to keep in mind here, as discussed by Alexis Sanderson in his article on the relationship of the Vedic and Tantric traditions in Kaśmīr: many Śaivite Tāntrikās were apparently also practicing Vaidikās, 6 just as many Indian Buddhist Tantric practitioners apparently also otherwise maintained their monastic vows and practices. We furthermore find that as late as the 17th century in India, some prominent Vaidika pandits were apparently also fully cognizant of the Tantric traditions. We have still a catalogue of a 17th century private Sanskrit manuscript library belonging to Kavindracarya, head of the Varanasi Pandit community.8 The

catalogue's Tantras are divided into 32 "vaidikatantre," 31 "avaidikatantre," 14 "upatantre," 6 "anyatantre," indicating degrees of distinction between what were considered properly 'vedic' Tantras; the catalogue also lists 28 "purānāgama," though these do not match the names of the 28 Śaivāgamas--including rather the Vaiṣṇava Nāradīyapāficarātra (there's a separate list of 6 "Pancarātre")--and 136 upāgamas. Interestingly, no recognizably (at least to me at present) Buddhist Tantra names are listed, and Kavīndrācārya's categories don't seem to match current Śaiva, Śākta, Kaula, etc. classifications. The library was also filled with Purāṇas, Dharmaśāstra, medical texts (vaidyaśāstra), 44 alchemical texts, philosophical, Vedic, grammatical, astronomical, etc. (2192 manuscripts total)--a full selection of the major genres of Sanskrit literature. The existence of almost 250 Tantric texts in the personal library of the Head Paṇḍit of Benares in the mid-17th century strongly suggests that Tantras have been held in far higher esteem in India, and for far longer, than has been assumed by many scholars.

# 2.0.2. The Conceptual Framework

There appear to be a fairly large number of aspects of ritual symbolism in the Indian tradition that were common to many different religious persuasions, constituting "common knowledge" as it were. So we find the lotus symbol, for instance, used ubiquitously in Buddhist, Śaivite, Śākta, Vaiṣṇava Tantric traditions, and widely used in many non-Tantric traditions. Somewhat surprisingly, perhaps, we also find the lotus playing an important--though by Tantra scholars little noticed--role in Vedic ritual symbolism. Similarly the names of the four intermediate directions

are shared by the Hindu and Buddhist Tantrikas, and again we find some of these names pre-existing both traditions in the *Brāhmaṇas*. The practice of assigning deities to the directions in common. The doctrines of the five major winds flowing through subtle body channels, solar and lunar symbolism used both iconographically and doctrinally, recognition and theories about the power of mantras, the use of the mind to control the winds, the transformative powers of Soma, etc.--all these find their place prominently in the language and practice of Buddhist and Hindu Tantras, and appear earlier in different forms in the Vedic material. The doctrine of the twofold body, part mortal, part immortal, also appears early in the Brāhmaņas and is found in the Tantras. The doctrine of the three fires enunciated in the Brāhmanas, and their identification with the three primary breaths, survives into the Tantric period. 10 Sex too places an important role in Tantric thinking and practice, and also finds a significant--though somewhat different--place in the Vedic ritual world. The use of food offerings, of invocations to the deities of the cosmos, the assignment of deities to the sense functions, initiation, and the importance of a good guru, are all found in Vedic ritual and play roles in later Tantric ritual.

There are two questions at issue here: 1) to what extent are Tantric theories and practices actually modeled on their Vedic counterparts? and 2) to what extent do the modeling functions within the Tantric disciplines resemble the modeling functions within the Vedic tradition? Both question rest on an initial premise, i.e. that there is some sort of a relationship between Tantra and Veda. One does not arrive at this premise however by random selection. Both the Hindu and the Buddhist Tantras

employ for instance certain characteristically Vedic terms, such as homa, mantra, Soma, etc., in ways that suggest conscious references to a pre-existing paradigm.

Aronson et al in their theoretical work on modeling entitled Realism Rescued, have argued that theories are in fact models or "embedded in type-hierarchies." Theories are "best thought of as families of models," though the models are at the lowest level of the type-hierarchy. Type-hierarchy generates the "relative-similarity relationships between systems" and the model of one system depends on this "abstraction from, idealization of or analogue to some other system." This is, in fact, one way we can think of a theoretical model: as a hypothetical, stylized, simplified, schematic representation of a system, or of types of systems, that can then be used as the model, the pattern, or the super-structure in the formation of other, different, though type-hierarchically similar system(s). The new systems can be so much more complicated and elaborated, functioning so much further up the type-hierarchy, as to almost completely obscure the original systemic isomorphisms.

In contemporary physical sciences (Biology, Chemistry, Physics, etc.), the truth or reality of theoretical models is tested in laboratory experiments that have objective, verifiable criteria, and that can be repeated by others. Much of modeling depends on the logics of sets and subsets. The complexity of real-world phenomena is reduced to sets of simplified entity-types sharing common properties. To control the experimental conditions, then, experiments are designed to test isolated entity types. These types are then hierarchically ordered in the theoretical models into subsets, sets, and meta-sets. This involves two "identity mappings" between a) the

entities that are the set members, and b) between the entities and their properties.

"The properties of the entities in the subtypes in the type hierarchies are identical with the properties of the entities on to which they are mapped in the supertypes."

As Aronson et al propose, it is necessary then to take into account the "relative salience"

salience"

of various elements of comparison or similarity.

"The similarity relation is no longer serving as an unanalysed primitive but is unpacked and explained in terms of the relation between a natural kind and a higher-order kind.

These set/meta-set relationships form the kernel of the modeling process. The simplified model format or structure functions as an identity subset of the larger system. In Biology, for instance, this functions in the process of identifying the functions of particular proteins, enzymes etc. in "model animals," such as leeches, frogs, etc.

One can then extrapolate the information about discovered functions in these "model systems" to deduce functionality in more complex organisms, such as humans.

What is particularly salient to our discussion of Vedic theory is Aronson's mention of the notion of 'family resemblance' in language as discussed by Wittgenstein (*Philosophical Investigations* 1953): that different usages of the same word do not rely on an immutable essence of meaning that could account for similarities in import; linguistic similarities are activity-dependent. This is particularly true with regard to technical terminology of different systems of thought in Sanskrit; the same word can be used with an entirely different denotation in a different technical context. To the extent we find similarity in the lexical denotation of the same words used in different contexts, we should keep in mind Wittgenstein's

point that this is due to "a complicated network of similarities overlapping and crisscrossing: sometimes overall similarities, sometimes similarities of detail." So in examining the use, and re-use, of the term "lotus," for instance, we must keep in mind that the similarities of "lotus" as used in Vedic and Tantric texts is also activity-dependent, and due more to a 'family-resemblance' than to any spurious arguments that Tantric doctrines are somehow fully embedded in the Vedas.

In the sense of the theoretical work on modeling presented by Aronson et al. we can see that the Vedic sacrificial rituals consistently modeled-within the controllable confines of the sacrificial enclosure--the forces of nature that control life and death, i.e. the Sun that gives life and heat to plants, animals, and man, the wind that becomes our life breath, the fire that is seen to come from the water and cooks our food, heats us on cold nights, protects us from animals, aids in agriculture, etc. The more precise the model was made to be, it was thought, the more precisely man could gain some measure of control of and access to these omnipotent natural forces. To use our modeling language from science, we can say that the creation of the Vedic sacrificial system was analogous to creating or defining an experimental model. Deifying the forces of nature, worshipping them, propitiating them with offerings, and invoking them through the uniquely human power of semantically complex language (mantra), Vedic man believed that he helped maintain the order of the universe, provided himself with greater assurance of success in his daily endeavors, and a secure and happy resting place after death. As we shall see in our discussion of the Tantric traditions, these early modeling efforts evolved over the centuries to a much

higher level of complexity. In Tantra control of the more complex models of the forces of external Nature and our internal nature are believed to offer a far higher level of result. Heesterman's summary remark about the *srauta* ritual could equally well be argued for Tantric ritual: "The Vedic *srauta* ritual presents a highly rationalized system of abstract symbols expressing the relations governing the cosmos and purporting thereby to enable the specialized operator, who knows thus, 'to manipulate the universe, or rather to make his own universe.'" Furthermore we shall see how the very act of modeling the natural world in the Vedas itself became a model for the development of Tantric doctrine. The *Tāntrikās* appear to have taken several of the meta-properties of the Vedic modeling enterprise, and reinterpreted these properties into a more sophisticated modeling enterprise in pursuit of more radical goals than we find in Vedic literature. In this sense we find that in the Tantric traditions, both the "web" sense of "tantra" and the "model" or "template" sense of "tantra" were maintained, and expanded upon. 18

To begin our look at the *Brāhmaṇas* we should first note the role of these texts in the Vedic tradition, and their relationship to other early Sanskrit texts. The *Brāhmaṇas* contain specific descriptions and explanations of Vedic ritual practice. Verses (*mantras*) from the *Rgveda* that are used in various rituals are frequently quoted, and explanations are then given of the ritual or esoteric import of the poetic imagery of the *mantras*, in a "he says this (or he does this) ... because ..." pattern. The "because" explanations are sometimes quite long, giving us the underlying doctrines are a) *generally* consistent between the different *Brāhmaṇa* texts, and b)

illuminate many of the presuppositions and beliefs of the Vedic period, and c) do thereby provide--within the context of Vedic beliefs--reasonable explanations for much of Vedic ritual. Keith gives us a brief analysis of the hierarchical structure of Vedic ritual that is useful both for laying out the principle of Primary Sacrifices that serve as a model for other versions of the same, and for the elucidation of what may be one of the more important meaning of the term *Tantra*:

"In the Sūtras the principle is laid down that the sacrifices are to be distinguished as *Prakṛtis* and *Vikṛtis*, the former being the base on which the latter are built; thus the new- and full-Moon sacrifices are the model for other sacrifices of the type known as *Iṣṭi*, and for the animal sacrifice, in its form as an offering to Agni and Soma, on which further animal offerings are based. The *Agniṣṭoma* again is the fundamental form of the Soma sacrifice: on it are based the other performances up to the Dvādaśāha inclusive, while on the latter are based the Sattras. Each sacrifice is divided into *Pradhānas*, the characteristics which mark it out as a special offering, and *Aṅgas*, the auxiliary parts which are common to many sacrifices, and which **build** the framework, *Tantra*, which serves to maintain the sacrifice." 19

Staal has pointed out in greater detail how the Vedic ritual system is structurally organized. Using generative rules that are then reapplied to the results of their own application, the ritual structure uses such "recursive rules" that "generate infinitely many structures by applying and reapplying finite mechanisms." These complexity levels are enhanced by insertions of more sequences (of, for instance, Soma rites), or by the embedding of certain rites within other rites. Added to these are what Staal calls "transformational structures" whereby certain ritual structures from some rites can be modified or transformed when inserted or embedded in another rite.<sup>20</sup>

It is this modeling or prototype aspect in the structuring of Vedic sacrifice that I consider essential to a more complete understanding of the later Tantric tradition.

Vedic sacrifice appears to have provided not only models for itself, in terms of primary sacrifices that provide the principles and frameworks (*Tantras*) for other sacrifices. Vedic sacrificial models also appear to have provided the models for sacrificial ritual itself in India. When we look at the doctrines that are both explicit and implicit in the Vedic texts, we find a surprisingly "esoteric" set of doctrines about the spiritual and physical nature of man (and woman) that, when understood, go a long way towards explaining the rationale behind the maintenance and continuity of Vedic sacrificial rituals in the Indian tradition.

The following information in this chapter is broken down into several thematic sections. These themes were chosen because they each appear in a somewhat altered form in later Tantric writings. 1) The first section looks at Vedic ideas about the Sun as the source of life. In Vedic cosmology the Sun is the creator god, the site of heaven, the energy source for our internal and external life, and the pervading force that animates all living beings through a solar web that reaches through the world. 2) The second section examines the Vedic doctrines of the three fires: the solar fire (the Sun), the atmospheric fire (the wind), and the earthly fire (the offering, sacrificial, and cooking fires). Vedic cosmology imagines a type-identity between these three fiery entities, and so conceives of the earthly fire as in effect a subset of the heavenly, creator deity Sun, with a similarity relation that allows for *effective* ritual activity by earthly beings. 3) Drawing on themes raised by the consideration of Indra and the Soma's relationship to the three fires, the third section looks at the conceptions of Soma in Vedic thinking in regard to the role of this consumable drug—the accessible

"juice" of the fires as conceived of in the type-identity modeling system I have outlined. 4) The fourth section—the longest section of the chapter—discusses the identity relationship between the atmospheric fire (the wind) and the inner breaths of man. First we look at how the winds can be thought of as a form of solar fire. Then we look at how these winds are identified with human breaths, and the various doctrines of 'vital airs' or prānas that are developed in the Brāhmanas. These doctrines underlie the Vedic doctrine that the mind, and mantras can be used to control the flow of the breaths in the body, and allow-in a type-hierarchy logic-for the doctrine that the mantras can effect the forces of nature. 5) Section five examines the symbolism of the lotus in Vedic thought, in particular how the lotus is considered the 'source' of Agni, the earthly fire. 6) Section six looks at the germinal ideas of the channels (nādīs) as they appear in the Brāhmaņas. 7) Section seven discusses the identifications of the directions in Vedic ritual. 8) Section eight discusses ritual sex, and 9) Section nine looks at the modeling of the human body in Vedic ritual practice. The Chapter concludes with a discussion of the potential implications of these Vedic themes for understanding Tantric theories.

# 2.1. The Sun

The Sun, both as a physical force giving light, heat, and life, and as a spiritual source and resting place of the soul, plays a central role in Vedic doctrine and sacrificial rites. The most basic doctrine is that the conscious soul or self is the same as the Sun, comes from the Sun prior to birth in the womb, and returns to the Sun upon the death of the physical body. This doctrine encompasses the basic notion of a

twofold body, part mortal, part immortal. Aitareya Āraṇyaka gives ṛṣi Bādhva's view on this: "That which we have called the person of the body is the corporeal self. Its essence is the incorporeal conscious self.... Let one know that the incorporeal conscious self and the Sun are the same...." The Rgveda also states plainly: "The Sun is the self of all that stands and moves." The Āraṇyaka goes on to say that the seed of Prajāpati (the golden man = the Sun) becomes, in sequence, the gods, the rain, the herbs, food, semen, living creatures, the heart, the mind, speech, and action. For the author(s) of the Āraṇyaka, the man who knows the secret of Prajāpati's essence in this sequence is the abode of Brahman, and becomes "golden" in the next world. 22

The solar essence of man is again conceptualized as the seed that grows first in the divine womb of the Sun, and then again in the mother's womb on earth. The earthly analogue to the Sun is the āhavanīya (offering) fire, in the square-shaped fireplace of the vedi or sacrificial enclosure. Jaiminīya Brāhmaṇa relates ejaculating the man's semen into the woman's womb with the offering of the oblation into this "solar" fire during the daily agnihotra.<sup>23</sup> The āhavanīya is homologized to the Sun, the divine womb/world, and the pouring of the offering into the fire is homologized to the ejaculation of semen into the womb. The sacrificer thereby "emits his Self" into the "divine womb," and comes into being in "yonder Sun." This provides the initiate with two wombs, and two selves.<sup>24</sup> The Brahmin who understands this mystery of the Sun-ātman identity, and adheres to the daily agnihotra ritual, thereby ensures that his ātman will return safely home to its source in the Sun upon physical death--since he

has repeatedly affirmed his own presence in heaven through the daily ritual of divine procreation. When he dies, then, the deceased spirit travels with the smoke of the fire towards heaven, the Sun, and on the way there is challenged by the Seasons. Provided the ātman realizes its original identity with the Sun, and abandons its earthly identity and name, it is admitted to heaven, where it is reunited with the ancestors (pitrs) and shares its good karma with them. Those who hold onto their earthly identity by insisting on continued identification with their earthly name are dragged away by the Seasons, and sent back to "the land of repeated dying" that is ruled "by night and day."25 Two different versions of this doctrine emphasize the idea that the mechanism whereby the solar atman enters into the man's semen is through ingesting the Soma plant, the plant widely homologized to the Moon--as though the white light of the Moon becomes the white semen itself, through the medium of the Soma ritual. Soma is, after all, the king of the herbs, and hence the king of the plants that absorb Prajāpati's seed through the rain and transmit it to man through food.<sup>26</sup> Describing the concluding ceremonies of the Darśapūrnamāsa, the Satapatha Brāhmana reiterates that the Sun is the "final goal" or the "safe resort" that one goes to at the end of life.27

So we find in passages from the Rgveda, from two major (slightly later)  $Br\bar{a}hmanas$ , and from (probably) the earliest  $\bar{A}ranyaka$  an important set of doctrines:

a) that the soul is explicitly identified with the Sun; b) that this solar soul comes into its physical body through the Soma ingested by the father, and emitted in the semen into the mother's womb; c) that heaven is considered to be in the Sun, or in other

stars;<sup>28</sup> d) that one must perform the daily fire ritual properly to be admitted to heaven at death; and e) that those who fail to properly perform the daily fire ritual will suffer the cruel fate of being dragged back from the gates of heaven into the realm of day and night, of repeated dying. Sexual lovemaking *for procreative purposes* is explicitly homologized to the daily practice of the fire offerings by the initiate, to ensure that just as the physical self is procreated through sexual intercourse, so the spiritual or psychic self will be 'procreated' into heaven when one dies.

Since the Sun in the Vedic lore is both the source of life (the 'divine womb') and the place where one goes (ideally) at the end of life, it is not surprising that the Sun is also occasionally spoken of as Death itself. The Śatapatha Brāhmaṇa says: "That man in yonder (Sun's) orb is no other than Death; and that glowing light is that immortal element: therefore Death does not die, for he is within the immortal; and therefore he is not seen, for he is within the immortal." These two requirements for ensuring entrance into heaven, then, the need to properly perform the sacrifice, and the need to properly understand one's true identity, provide very powerful rationales for adherence to the Vedic rituals, and for repeated reaffirmation of Sun-ātman identity. The Sun is Life, and it is Death, and so must be dealt with properly, and continuously. As we shall see, these doctrines underlie many of the explanations given in the Brāhmaṇas for other aspects of Vedic sacrifice.

# 2.2. The Three Fires

In the type-hierarchy of the Vedic cosmological modeling system there are

three fires that share type-identity: the heavenly fire Aditya--the Sun (or Visnu or Prajāpati); the atmospheric fire--the wind (or Soma, the Moon, or Lightning, the vajra); and the earthly fire-Agni. These three are seen as different versions of the life-giving physical reality of light and heat, and are homologized variously with internal functions in man. The doctrine of the three fires is also repeatedly woven into many different explanations of Vedic sacrificial practice. The oft-repeated Vedic mantras, bhūh, bhuvah, svah, refer to earth, the atmosphere, and heaven, because these three are the location of the three fires. 31 Aitareya Brāhmaņa explains that when Prajāpati was creating living beings (and thereby multiplying himself) he practiced austerities (tapas-making Prajāpati the first yogi). Upon finishing his austerities, and having therefore engendered enough heat, he created the three worlds--earth, the atmosphere, and heaven, and heated them up. As a result, he created the three lights, fire, the wind, and the Sun, as well as the three Vedas, the three Vedic mantras, and the three components of the syllable  $Om^{32}$ . The slightly later text from the same lineage, the Aitareya Āranyaka then locates these three fires in man's body: the Sun is in "the eye in the head," lightning (as the atmospheric fire) is in the heart, and Agni is in the semen.33

The ritual format of the Vedic model created a type-identity between these three cosmic fires and the three fires used in the daily Agnihotra ritual, in the Soma sacrifices, and maintained by practicing vaidikas inside the vedi, or sacrificial enclosure. The  $\bar{A}havan\bar{t}ya$  (the "offering" fire, from  $\bar{a} + \sqrt{h\bar{u}}$ ) in a square fireplace,  $Daksin\bar{u}ya$  (the "southern" or "right hand side" fire, since it is always placed to the

south) in a semi-circular fireplace, and the Gārhapatya (the "householder" fire, from grha-pati, master of the house) in a round fireplace. The round Gārhaptya fireplace is in the shape of the Sun, the square Ahavaniya fireplace represents the earth (the four directions), and the semi-circular Daksinagni fireplace represents the Moon (and hence the atmospheric fire). In a notable demonstration of both the 'weaving' and 'modeling' connotations of the term 'tantra' we find that the solar fire is considered to be in the earth fire-place, and the earthly fire in the disk or Sun-shaped fireplace, with the atmospheric fire in the semicircular fireplace. We find that the atmospheric fire--or the intermediate of the three fires between the Sun and Agni--is represented variously as the Wind, as the Moon, or as the Lightning bolt, i.e. the vajra. In its discussion of the Agnicayana, Satapatha Brāhmaņa makes the relationship between the altars and the fires explicit: "the Ahavanīya (altar) is the outbreathing, and yonder Sun; and the fire which is on the Agnīdhrīya (i.e. the Daksiņāgni altar) is the through breathing, and the wind which blows yonder; and the fire which is on the Gārhapatya is the in-breathing, and what fire there is here in this (earth-) world."34 As Seidenberg has noted, there is definitely some sense of equivalence between the Āhavanīya and Gārhapatya fires in the Śatapatha Brāhmana. 35 Though Seidenberg provides a geometric argument for this relationship, I think the point is more obvious, and therefore easy to miss. While the householder's fire is Sun-shaped, the gods' offering fire is Earth-shaped. Here we have the weave--rather than keeping the 'heavenly' fire and the 'earthly' fire completely distinct, the ritual logic has sought to bind them in identity, first by lighting one fire from the other, and second by flipping

their locations one into the other, so that the householders' fire becomes heavenly shaped, and the gods' fire becomes earthly shaped; it is as though the ritualist has tied the two fires together with a knot, so neither can escape. Hence we have also the model, a model that reemphasizes the type-identity between the heavenly and earthly fires by placing them into each other.

Heesterman in fact identifies that the accurate modeling character of the ritual is central to its function: "This is the problem that the ritual must attack: how to devise a ritual means to obtain and to hold the fire securely so that it will work uninterruptedly for the maintenance and continuity of life."36 The Garhapatya (in the East) is the fire for preparing offerings to the gods, created with a fire drill; the Ahavaniya (in the West) is the fire for the offerings themselves, created with fire taken from the Gārhapatya--these two are on the East-West axis directed towards heaven. The Daksināgni is in the south, on the south-north axis, and is for cooking the food offered to the brahmins during the ritual,<sup>37</sup> and Heesterman remarks that "The southern fire is preferably to be taken from elsewhere--a burning tree top, for example, apparently one hit by lightning. Mythologically this makes perfect sense."38 Indeed it does, since ideally one would wish to light the Daksinagni fireplace with the fire it represents, the atmospheric fire that is 'graspable' as lightning. This is however a particularly tricky fire. The lightning bolt or thunderbolt, vajra, that gains such prominence in Tantric literature, is preeminently Indra's weapon, and also a general term for the most powerful weapon one can use against one's enemies. Jaiminīya Brāhmaṇa, discussing the Trvṛt Stoma, declares the vajra to contain the

essence (and thereby the power) of all three fires, capable of holding the warring gods and demons at bay. The form of the *vajra* accessible to man is the power of Sanskrit *mantra*.<sup>39</sup> The text quotes the view of one Upajīva Khāļāyana, who used to say "'I know this Trivṛt Stoma clearly.... Agni is the Vajra of this world, Vāyu [the Vajra] of the intermediate space and Āditya [the Vajra] of heaven. This is microcosmically as follows: Agni is speech, Vāyu is breath, Āditya is the eye."<sup>40</sup> The logic of this assertion is consistent with the Indian doctrines of speech that conceive of Sanskrit *mantras* as both visual and auditory phenomena, brought into manifestation through the breath, since one needs to breath in order to speak.<sup>41</sup>

In some instances, Indra, preeminent wielder of the *vajra*, who as storm god controls the winds, and who as master of the Soma is also master of the Moon, himself takes a place in the pattern of the three fires. Accordingly, in its description of the *Dvādaśāha* (or twelve day Soma ritual) on the first three days of the *pṛṣṭhya ṣadāha*, *Śatapatha Brāhmaṇa* 4.5.4.13 tells us that the cups of the first three days are the Agni cup, the Indra cup, and the Sūrya cup. Emilarly, since the fire of the winds also is seen as the inner fire/breaths of the human body (as we shall discuss in the next section), it is not surprising that we find the breaths identified with Indra. In the *Taittirīya Āraṇyaka*'s discussion of the morning *Pravargya* offerings the text states plainly that "the most Indra-like fire is actually the prāṇa." In another passage, we are told that the *Rṣis* were the *prāṇas* at the beginning of creation, as was Indra, who kindled the other vital airs from their midst. 44

Indra indeed has a curious relationship with the Sun, one that goes beyond

simple occasional identity.<sup>45</sup> We may even propose that Indra's popularity may be due to what appears to be his role as the archetype or rather ideal of the Vedic manthe one who has gained the power of the Sun through the Soma. There are repeated suggestions in the *Rgveda* and the *Brāhmaṇas* that Indra somehow conquered the Sun, or pierced it in gaining his seemingly limitless access to the Soma that fuels his prowess. The *Rgveda* says that belted with the Maruts, Indra "won the light of heaven" so he could drink the Soma juice,<sup>46</sup> and says in another hymn that Indra "in groundless realms of space pierced the Gandharva through, that he might make Brahmans' strength increase."<sup>47</sup> That *Gandharva* is the Sun (in this passage) is clear from many passages in the *Brāhmaṇas*, as for instance during the *Sāvitra* libations of the *Agnicayana*, when the *Adhvaryu* says "'May the heavenly, thought-cleansing Gandharva cleanse our thought!'" and the *Brāhmaṇa* explains, "the heavenly Gandharva is yonder Sun."<sup>48</sup>

## 2.3. Soma

The word "Soma" comes to have a wide and flexible range of connotations in later Sanskrit, and becomes most particularly a metaphoric name for the Moon in Sanskrit poetry. In the early Vedic material, we find that Soma is identified as a version of the Sun's energy in the form of a juice. This juice naturally comes from a plant, plants grow because of rain, rain comes from the atmosphere, and so--by the type-identity logic of the Vedic type-hierarchy model of the three fires (heavenly, atmospheric, and earthly)--Soma as a juice must be a form of the atmospheric fire. The atmospheric fire is usually the wind, though also, as we have looked at above,

sometimes conceived of as the vaira or lightning bolt. In the naturalistic homologies of early Vedic thought, it made sense also that the atmospheric fire could be the Moon, giving us one line of type-identities for conceiving of Soma as the Moon. The other embedded type-hierarchy logic appears to have been based on the natural, obvious association of the Moon as feminine, and an easily conceived of polarity with the Sun as masculine (recall that in the Vedic system the Sun is variously conceived of as the male Prajāpati or the male Viṣṇu). Certainly the Moon is less bright than the actual Sun, can be frequently seen during the day (approximately half of the time that the Moon is visible is during the day<sup>49</sup>), and shows surface features visible to the naked eye, unlike the Sun. Perhaps the Moon's greatest claim to fame is that it lights up the night, giving it in some sense equal billing with the Sun. The 'feminine' associations with the Moon may have also something to do with the pull of the Moon on the waters in the form of tides, a rough correlation of the full set of phases of the Moon with women's menstrual cycles, and the frequent descriptions of Soma in terms of being the drop or drops. The feminine is the nourishing, fertile, physical life producing (in birth) and sustaining (breast feeding, food giving) principle. Soma, as the incredibly energizing juice of the early Vedic cult, becomes seen as the preeminent food-type substance, produced out of the earth goddess (since it grows as a plant). With the Moon being then the 'ruler' of the feminine, naturally Soma would 'represent' the Moon in the embedded type-hierarchy system. The same logic apparently applies to the name Indu, the shining drop, that also becomes a name for the Moon.

In the repeated identification of the major life-bearing principles with the Sun, we find that Soma too is often specifically said to either be the Sun, be the child of the Sun or Sun-like, and carries the Sun's energy down to man in a consumable form. (I will give just one example here in the text from the Rgveda, with many others in the notes.) So we find Rgveda 8.4.10 saying: "Indra hath tossed together mighty stores of wealth, and both worlds, yea, and the Sun. Pure, brightly shining, mingled with the milk, the draught of Soma has made Indra glad." Soma drops are said to resemble lovely Suns, to be the golden-hued child of Sūrya (a name of the Sun), and to provide the portion of the Sun to those who drink the Soma.<sup>50</sup> This divine aspect to the plant lends it an air of mysticism, and we find a sense of transcendence in the imagery of the Vedic poets. As one Rgveda poet remarks, "of that Soma which the priests know, no one ever eats."51 Eggeling sums this up nicely: "But, of course, the real divine Soma is not the rain-drop itself, any more than he is the drop of juice expressed from the Soma-plant; but he is the spark of celestial fire enclosed in the drop."52 Soma is therefore conceived of as the drop that contains the fiery power of the Sun, and can be directly consumed by man.

We also find many passages directly identifying Soma with the Moon and the night-time. In the hymns of salutation to Soma in the ninth ndMaala of the Rgveda, the poet says that "he with sharpened horns [i.e. Soma] brings forth abundance: the Silvery shines by night, by day the Golden." And Śatapatha Brāhmaṇa explicitly states that the Sun relates to Agni, and the Moon to Soma. Certainly the tangibility of Soma had something to do with its popularity. As a consumable drug, its effects

were apparently quite strong, and we do not find any sort of hymns or statements in the Brāhmanas that claim Soma will not work its effects on the consumers of the plant unless they adhere to the correct mantras, or abide by the priest's commands. Unlike the multitude of statements claiming that the priest can put the breaths into the sacrificer and thereby ensure his passage to heaven--or take them out and kill the sacrificer, or the threats of repeated death for those who don't perform the agnihotra, etc., Soma simply works, and is thereby praised as immensely powerful and efficacious. While the fire rituals, the mantras, the ideas about the winds and breaths (see Chapter 2.4 below), and other aspects of the Vedic ritual system are all crucial to affirming and maintaining man's proper place and function and identity in the cosmos, Soma has a more tangible and accessible quality than these other aspects by being a material, consumable substance. Its powerful physiological and psychological effects undoubtedly accounted for Soma's preeminent place in the Vedic ritual system. Like the prabhāva-class drugs in Ayurveda that are effective independent of the tridoşa system, Soma appears to have had a special status in relationship to other ritual elements, with thereby a long-enduring psychological appeal in later Indian traditions. Soma has the vajra's power, and functions as a hot-line to heaven, connecting us directly to the gods. This notion persists in Indian thought long after the original Soma plant appears to have been lost; any method or practice developed and elaborated in later Indian traditions that claims to lead one to liberation or to the divine almost inevitably invokes the name Soma at some point in its literature.<sup>55</sup>

Soma is also frequently referred to as rasa-juice or sap or flavor. In one set

of passages from the Śatapatha we find even the suggestion of the rising sap (as in a plant) in *Prajāpati*'s body coincident with the successful sacrifice. While this doesn't exactly prefigure notions of the rising *bodhicitta* within the body as we find pervasively in *Anuttarayoga* Buddhist Tantra, it is also not entirely dissimilar; i.e. we have the homology of the Soma, the solar-powered juice of *vajra* strength rising upwards as an essentially fluid sap through the body of the cosmic man who is conceived of as time itself.<sup>56</sup>

#### 2.4. The Breaths

The doctrine and practice of prāṇāyāma is an integral part of Yoga practices in India through the ages, and the Indian Yoga tradition has sometimes been considered to be of non-Aryan origin. The evidence I will present in this section strongly suggests that the Yogic and Tantric Yoga doctrines of the breaths (prāṇas) and breath control have deep roots in the Vedic tradition. The Tantric doctrine of the 21,600 breaths that we find in the Kālacakratantra for instance dates back to early chanda-śāstra, in the practices of breath control used for chanting the Vedic mantras. This doctrine held that a prāṇa or a complete breath took 4 seconds, and there are 21,600 'four-second breaths' (prāṇas) in the course of a full day and night. As Neugebauer and Pingree explain, "the prāṇa, in fact, is traditionally a sixth of a viṇāḍī (i.e. 1/360th of a day) or the time necessary to recite 10 long syllables." Though I have not had time to research the Chanda-śāstra literature, I would not be at all surprised to find that the first recorded usage of the term prāṇāyama occurs in these texts, and was adopted from this tradition into the early Yoga practices.

### 2.4.1. The Fire of the Winds and the Breath

Thus the Vedas and the Brāhmaņas lay out an identification of the conscious self or soul with the Sun, and an external linkage of the Sun with the earthly fire (Agni) through the wind/Soma/Moon. The relative looseness of the intermediate linkage, with the shifting emphasis between the wind (Vāyu), Soma, the Moon and the Vajra appears to be due in part to the way the Vedic writers conceived of the inherently mobile, non-fixed character of wind or air. The Wind-fire is--even while identical with the Sun and Agni--different in kind from the other two fires. The fixed Sun far away in heaven moves slowly through the sky on its daily route, and is both our spiritual womb and our final spiritual abode. The external earthly fire, while changeable in form, and capable of playing a multitude of roles, 60 nonetheless remains confined--from a ritual point of view--to specific locales within the sacrificial enclosure or elsewhere in domestic hearths (though it can always break out). The wind-fire is on the other hand ubiquitous, 61 and is breathed into and out of the body in the form of each cycle of breath, and circulates within the body, playing an active spiritual/physiological role in a way that is more immediately accessible, and more portable (and potentially malleable) than the other two fires.

It has often been proposed by Indologists that the various Yogic doctrines of breath control, meditation, etc., somehow derived from non-Vedic sources, or were in some way indigenous to India prior to the presumed Aryan invasions. The famous Indus Valley seal of the yogi-like figure is often adduced as evidence for this doctrine. Even in the *Rgveda* though we find that so-called non-Aryan traditions had

already been encountered and to a certain extent integrated. Insler has pointed out that the Rgveda as we have it includes in the VIIIth mandala poems by the Kānvas and Angirasas that attest to "the attempt to integrate these peripheral tribes associated with the magical practices of the Atharvan tradition into the elevated stratum of Rigvedic authority."62 Lubin has also provided a translation of the song from the Xth mandala of the Rgveda that sings of the munis, or ascetic sages, who are belted with the wind, clothed in red dirt, and "follow the force of the wind when the gods have entered them." These munis mount the winds and fly through the air with the hairy one (the Sun), who bears the drug (Soma) as their "sweet, most intoxicating friend."63 These two examples suggest that whatever doctrines may have pre-existed in India in terms of magical or yogic practices were already at the time of the composition of the Rgveda as we now have it being integrated into the Vedic doctrines. So it should not be that surprising to see that we find a powerful rationale for one of the most central aspects of yogic and meditational practices--breath control or prāṇāyāma--enunciated in considerable detail in the Brāhmaņas, the exegetical texts of the Vedic sacrificial tradition. Similarly, we find in the Atharvaveda that the doctrines of the relationship of the winds to the fires has already become more complex, with seven types each of prāṇa, apāna, and vyāna identified, with each of these also said to consist of various cosmic elements. This sort of detailed level homologization prefigures the doctrines that later appear in the Ayurvedic and Tantric texts.<sup>64</sup>

That the breaths (prāṇas, vital airs, winds) are indeed the wind-fire that is identical with the Sun is made explicit in the discussion of the necessity for the

agnihotra ritual at Śatapatha Brāhmana, where the text states that "It is by the rays (or reins, thongs, raśmi) of that (Sun) that all these creatures are attached to the vital airs (breaths or life), and therefore the rays extend down to the vital airs." In fact, the context of this remark is a discussion of the Sun as Death, and the power it has over mankind, whom Death can play like a puppet, causing repeated dying unless one performs the daily morning and evening Agnihotra ritual. The Rgveda and other Brāhmaņas reiterate this doctrine, explaining that the Maruts, the wind gods, are in fact like the rays of the Sun. 65 Other Brāhmaņa doctrines emphasize that the sacrificial fire on earth is instrumental in bringing the life-breaths into the body. The Satapatha states that fire is indeed the breath (prāņo 'va agnir), since one establishes the fire (after starting it with the fire drill) by blowing on it. When the blower then inhales, "thereby he establishes that (fire) in his innermost soul" [tad enam antarātmann ādhatte].66 Once the internal fire of the breath is established, it is permanent in one's innermost self for the duration of one's earthly life.<sup>67</sup> Naturally, since the breaths are the internalized sacrificial fire (already here in the Brāhmaņas, before the *Upanişads*), it is not surprising that the texts also state that the three fires in the *vedi* (sacrificial enclosure) are the breaths; the *Ahavanīya* (where offerings are given) is said to be the exhalation, the Gārhaptya (where offerings are prepared) is said to be the inhalation, and the Daksinagni (where food for the brahmins is prepared) is said to be the circulatory or "through" breath. 68

### 2.4.2. Functions of the Inner Winds

The breaths (or 'vital airs' as Keith and Eggeling tend to translate 'prānas')

constitute a central explanatory paradigm used in the exegesis of virtually every Vedic ritual discussed in the Brāhmaņas.<sup>69</sup> We have repeated homologizations of the breaths to elements of the sacrifice, and repeated mention of the ability of the sacrificial priests to place the breaths into the sacrificer, giving and extending his life, 70 or even to take them out (and thus kill the sacrificer). The three basic breaths are the  $pr\bar{a}na$ (the exhalation), the apāna (the inhalation), 72 and the vyāna (the general term for the circulating air in the body, though the second or the third are sometimes called udāna).73 There are also said to be seven vital airs in the head: in the two eyes, two ears, two nostrils, and the mouth. 74 Together with the three main breaths, the seven in the head give us ten--what becomes the classic number of breaths in later developed Yoga doctrine, though under different names and with different functions. The number ten is not however a fixed figure. Another section of the same text enumerates a possible set of twenty-one breaths, by multiplying the seven in the head with the three basic ones; this enumeration can explain how the Sun is referred to as the twenty-first in the Ekavimśa day ceremony described at Aitareya Brāhmaņa 4.18;75 (breaths = Maruts = the Sun's rays).<sup>76</sup>

It is evident from carefully examining the citations of the various numbers of the breaths in the *Brāhmaṇas*--sometimes three, four, five, seven, nine, or ten--that the *Brāhmaṇah* authors felt free to cite subsets of the complete set of ten for specific exegetical homologies, while never enumerating more than the total of ten--(except when homologizing directly to the Sun, as mentioned just above). So when we find a passage saying "for there are five breaths" or "for there are nine breaths," etc., that

does not translate to "there are only five breaths" etc. This is not to say that the system is completely consistent, as we see from numerous passages from the earliest Brāhmaņas of the Rgveda. In several places it becomes clear that already in the earliest intrpretive material of the Vedas there was a doctrine of a set of breaths circulating below the navel--the 'mortal' breaths, and another set circulating above-the 'immortal' breaths. Those below were considered to control the functions of urinating, excreting, and semen ejaculation. All of the breaths may be purified through the mantras. 78 Between different Brāhmaņas and even within individual Brāhmana texts though, the multiplicity of numbering schemes gives rise to some confusion about the exact number and function of the breaths. Indeed, as though in frustration over the competing and sometimes contradictory doctrines, the author of the Satapatha at one point says, "for who knows how many vital airs there are inside the body?"<sup>79</sup> Nonetheless, the *Brāhmaṇas* uniformly speak of the three main breaths as being the exhalation, inhalation, and circulating (or 'through-breathing') airs, and evidently even in the earliest Brāhmaņa there were already present the ideas of specific winds restricted to certain parts of the body, and controlling specific bodily functions. In three of the (relatively) later exegetical texts, the Śatapatha Brāhmaņa, the Jaiminīya Brāhmaņa, and in the Aitareya Āraņyaka, we have an enumeration of the five major winds whose names survive through the evolution of Yoga and Tantra doctrine into the present day.80 In some passages we also find fairly specific descriptions of the functions of these five main breaths, with upward and downward moving breaths, and a "central breath" (madhyama prāṇaḥ) said to function as the

"internal motive force" of the individual. Somehow refers to the 'central channel' of the later to claim that the *madhyama prāṇa* somehow refers to the 'central channel' of the later Tantric and Yogic physiology, it is in fact impossible to know when the subtle body physiological doctrines actually began. Since the oldest surviving medical texts in Sanskrit are apparently revised compilations of a wide variety of even earlier material, it is also impossible to know whether medical doctrines about the bodily functions of the winds existed at the time of the composition of the *Brāhmaṇas*. The evidence we have in the *Brāhmaṇas* themselves indicates that early medical doctrines about the winds are quite possible, and at the very least that there appear to be evolutionary precursors to later Yogic and Tantric physiological doctrines. In this sense we could say that our "archaeological" digging into the early Vedic material has indeed unearthed some interesting leads. (Not incidentally then, this evidence places the theories of non-Aryan origin of the Yoga doctrines on shakier ground, and raises some challenges to those who assert that the Yogic doctrines are in essence somehow non-Vedic or non-Sanskritic.)

We can see then that the breaths doctrine in the *Brāhmaṇas* was one in development, and there is not a neatly fixed and laid out doctrine explaining all the different uses. There are seemingly endless explanations in the *Brāhmaṇas* of homologies between sacrificial acts and the breaths. <sup>82</sup> Certainly the most developed systematization of the breaths doctrine occurs in the Śatapatha Brāhmaṇa, though this text generally gives the most systematic and developed forms of all the *Brāhmaṇa* doctrines. We may also never know the degree of developed theory that was kept

only in oral form. What we can say with some certainty though is that the *Brāhmaṇas* do contain a doctrine of the existence of internal winds controlling various bodily functions. And we can definitively say that these internal winds were seen as a form of the solar and earthly fires. In this sense we could argue that the *prāṇas* circulating in the human body, and moving in and out of the human body, were seen as a sort of 'divine electricity,' (to use a modern term--electricity--that has no actual correlate in early Sanskrit). For although the *prāṇa* and *apāna* refer to the breathing process, they are not just words for "air." In the Vedic system we breath the "breath of life" and that "breath" is both wind or air *and* fiery in nature, or what we would call "electric." To extend this analogy a bit further, we could say that according to the Vedic doctrine man is enmeshed in a divine, living 'electrical energy web,' (a *tantra*, in effect), powered by the Sun, and mediated (or 'transformed') through the instrument of the Vedic ritual (the homologizing model, (*tantra*)).

## 2.4.3. Controlling the Breaths: the Mind and the Mantras

One of the fundamental doctrines from the Indian traditions is the belief in the power of *mantras*—specifically Sanskrit words, syllables, and combinations of words (not necessarily always with semantic content) to effect changes in the psyche of the individual, in his or her physical states, and in the surrounding cosmos (and even other people). On one level this is common sense. As human beings, we speak, and things happen. We are effected both by what we say, and by what is said to us. In the Sanskritic tradition, though, the theories and practices related to the doctrines of speech go much further than what is taken for common sense in the West. The so-

called mantra-śāstra, the set of doctrines about mantras, forms an intrinsic part of Vedic and Tantric theories. Much of the explanations in the Brāhmaņas are in fact explanations of why particular mantras--specifically verses and portions of verses from the Rgveda--are used at particular times in the Vedic rituals. In the earlier sections of this chapter I have sketched out some of the theoretical underpinnings of basic Vedic doctrines. These ideas are extended deeply into mantra-śāstra in the Vedic context. For in order to speak, or sing, or intone a mantra, one must breath. And human breaths, as we have seen, are considered to be 'electrical,' i.e. individualized versions of the same heavenly, cosmic fire that creates and sustains life and the universe. To have the power of (Sanskritic) speech, then, and to employ it, is for the Vedic thinker possession and use of sacred power, divine fire, and divine light. We find two incipient doctrines about the potential for the control over the breaths that appear in the Brāhmaņas; one is widely evident--the capacity to control the breaths with the mantras. The other appears only in incipient form--that one can use the mind or thought, through meditation, to control the flow of the prāņa-fire. Since the direct evidence for mind-control is more slim, we'll examine that first.

The Aitareya Brāhmaṇa, invoking the power of the priests over the vital breaths of the individual, says that the priests "raise up" the vital air through their well-framed thoughts. This is, to be sure, merely a suggestion of the possibility that the thoughts have the power to move the winds. In the slightly later Śatapatha Brāhmaṇa the idea is made more explicit with the statement that the prāṇās are born of the mind (mano-jāta), endowed with or yoked by the mind (mano-yujo), and of

intelligent power (dakşakratavo).84 The same text, in explaining the Yajurveda statement "hail to the prāṇās with their overlord," explains that the mind is the overlord of the prānās (mano vai prānānam adhipatir), and say that all the breaths are 'established' in the mind (manasi hi sarve prāṇāh pratisthitās).85 Recalling the Brāhmana statement that the winds (maruts) are the 'rays' of the Sun, and yoked to the Sun, we see the type-hierarchy or macro-microcosmic homologies of the Vedic thinking at work once again--with a consistent type-identity carried from the larger matrix into the smaller one. Just as the external winds are controlled by the Sun, so the internal pranas are controlled by what the Gayatri mantra tells us is inspired or impelled by the Sun, i.e. human intelligence. These passages make the point fairly definitive--the prāṇās are established in the mind, and the mind has the capacity for controlling the prāṇās. We must conclude therefore that the doctrine that underpins the ideas about the capacity of meditation to effect the movement of the winds or prānas is built into the basic late Brāhmana doctrine of what the prānas are. However, the citation of "hail to the pranas with their overlord" is from the Yajurveda, a text generally considered to predate all the Brāhmaņas. This raises a question we shall not attempt to answer in detail here: was prāņāyāma an integral doctrine of the earliest Vaidikas? Two other passages would suggest at a more general level that the answer is yes. Rgveda 10.53.6a that states that the gods' paths to heaven consist of light, and are created through absorption in meditation. The Hotar priest must protect these paths and thereby--as the Aitareya Brāhmaņa explains--'pave' the roads to heaven for the sacrificer. 86 The Śatapatha, explaining Prajāpati's creation, says that the manas is the first of the prāṇas [mano vai prāṇānāṃ prathamaṃ] and from the manas the puruṣa was created [tad yan manasaḥ puruṣaṃ niramimīta]; therefore they call the puruṣa the first of the animals, and the strongest [tasmād āhuḥ puruṣaḥ prathamaḥ paśūnāṃ, vīryattama iti]. The manas is therefore all the prāṇas [mano vai sarve prāṇā], because all the prāṇas are established in the manas [manasi hi sarve prāṇāḥ pratiṣṭhitās].87

# 2.4.4. Controlling the Breaths with the *Mantras*

Mantras were conceived by the writers of the Brāhmaṇas as multivalent forces, both as versions of cosmic fire, and as capable of kindling internal breaths. Through mantras the internal life force of breath could be activated, and knowledge thereof provided the mantrin with a mystical or esoteric power. 

By Just as the "paths to heaven" consist of light, so in some places mantras are identified with light itself. In other places mantras as identified as kindlers of the inner fire, causing the priest to "blaze" unassailably just as the sacrificial fire does. At one point the Śatapatha states that the priest kindles the avāṅprāṇaḥ (downward breath) with the mantra "kindled, Agni, [you] are worshipped," and then says that by this verse the entire body is ignited from the nails to the bodily hairs (sarvaṃ ātmānam samidddha 'ā nakhebhyo 'tho lomabhyaḥ). All sorts of ritual actions are described as intimately involved with the creation and maintenance of the breaths in the sacrificer, and these breaths are said to be controlled by the mantras. Indeed, it seems that almost every aspect of the ritual system, the mantras, the meters, the sacrificial implements, the fires, and the offerings are at one time or other identified with the breaths. This makes perfect

sense within the ritual logic of the Vedic system. The rituals are performed for the maintenance and continuance of the sacrificer's life, and the ensurance that upon death the initiate will go straight to heaven, and most importantly, be admitted there to join the ancestors. In this sense we could say that the Vedic ritual system becomes, through a further step of the logic of type-identity modeling, an exteriorization of the internal functioning of the life breaths--breaths that are themselves internalizations of cosmic forces. Through ritual use of the Vedic mantras and meters, then, the priest connects and reinforces the life-breaths, holding the sacrificer's life together while also preparing the sacrificer for the next world. 91 The priest thereby wields a powerful force in his command of the mantras. In fact, as mentioned above, in the earliest interpretations a misplacement of the mantras during the ritual could mean death. Aitareya Brāhmana 6.26 explains why the Maitrāvaruna should not repeat the Ahīna and Ekāha hymns along with the Dūrohaṇam: "For the singing verse (Stotriya) is his soul, and the Valakhilya are his breath. When he repeats (the Ahīna hymns) along (with the Dūrohana), then he takes away the life of the sacrificer through these two deities (Indra-Varuna, to whom the Dūrohana belongs)." A Hotr who does so will lose his own life as well, having angered the deities. 92 The problem inherent in this doctrine, and attacked relentlessly by the Buddhists, is that for the believing yajamāna his life in this world and the next becomes completely dependent on the ritual priests. The Buddha's doctrine that any individual can reach enlightenment through his or her own efforts, represents a radical break from the radical dependence on the priestly hierarchy represented in the

### Brāhmana doctrines.

Another important aspect of the mantric control of the winds has to do with the specific assignment of parts of speech to the various elements of the universe. Mantras are considered to have powerful creative effects, and so their localization within the body in the form of cosmic elements gives the practitioner a creative access to the cosmic structure. 93 A major concern of Tantric systems is the systematic application (nyāsa) of bījamantras or seed-phonemes to various parts of the body on both the gross physical level and in the subtle structure. This ritual initiation procedure clarifies and activates for the initiate the micro-macrocosmic connections, or identities, between the Sanskrit phonemes and the components of the cosmos. This is a practice we find greatly elaborated in the early section of chapter 5 of the Kālacakratantra, and also very highly developed in Abhinavagupta's writings on Tantra. The principle underlying this practice is an ancient one. One passage in the Aitareya Āraņyaka (3.2.5), discussing the "secret teaching (upanişad) of speech" indicates that a simpler version of this practice was already in vogue in early Vedic thought: the mutes, sibilants, and vowels are assigned to the three Vedas, the three major breaths, the three worlds (earth, the sky, and heaven), the senses, etc. Once again we find that the type-identity logic of the Vedic modeling system is consistent. Since the human use of Sanskrit mantras is the human version of wielding the vajra, and mantras are a transformed version of the cosmic life-giving light and heat (fire) radiating from the Sun, it makes perfect sense (within the system's logic) that the components of the *mantras* would, through recursion, share the same type-identity

with all the various components of the physical universe. Accordingly, the text says, "he who knows this divine lute is heard when he speaks, his fame fills the earth, and wherever they speak Aryan tongues, there he is known."<sup>94</sup>

So we see from the preceding that the framework or model of mapping the parts of speech into the human body that we find so fully elaborated in the *Kālacakratantra* (see Chapter 11 of this dissertation) has--albeit in a much simpler form--some precedent in the *Aitareya Āraṇyaka*. To close this section on the breaths in early Vedic thought we should note that the oft-commented on "internalization of the sacrifice" in the *Upaniṣads* begins already in the *Brāhmaṇas*. Offering into the fires of the breaths via eating was a basic notion in early Vedic thought. This 'breath-offering' or *prāṇagnihotra* has been carefully studied by Bodewitz in his study of the *Mahānārayaṇopaniṣad* that forms the tenth book of the *Taittirīya Āraṇyaka*.

### 2.5. The Lotus

The lotus is a ubiquitous symbol in Indian religions, and is a central symbol in Buddhist and Śaivite *Tantras*. A largely overlooked (by Tantric scholars) aspect of the lotus symbol is the role of the lotus in the esoteric doctrines of the *Brāhmaṇas*. As we shall see from the following discussion, the lotus holds a key place in the doctrines of the three fires, and in explaining the Vedic doctrine of how the Solar fire comes into its earthly form. Just as in the case of the doctrine of the wind-fire, where two seemingly distinct physical elements are identified, so with the lotus we find a doctrine of the water-fire. Houben refers to "the well-known idea that water is sucked up by a Sun-ray, so that it can pour it down again in the form of rain." So

not only does the Sun come down into man through the winds, as discussed above (in the section on the Breaths), the Sun also comes down into the earth through the rains. Accordingly, the Sun is said to rise from the "the wide ocean," and have the ocean waters as its birthplace. 98 By the straightforward logic that Agni comes from burning plant matter (either directly, or digested into cow dung and burnt as fuel), and plants need water to grow--and because Agni is ultimately identical to the Sun, therefore Agni also comes from the waters. In a doctrine that begins (textually) with the Rgveda, Agni is thereby called "the son" or "the child of the waters," and the waters are called Agni's "womb." The Adhvaryu priest calls the lotus leaf the "womb of Agni" as he places it in the center of the Agnicayana altar, and likens the growing lotus to the fire "spread out in breadth over the expanse of heaven." In the Rgveda the poet explains that "Agni, Atharvan brought thee forth, by rubbing, from the lotusflower." [Tvām agne puşkarād adhi atharvā niramanthata]. 100 Since the lotus is such a ubiquitous symbol in Indian religion, it is worth taking a moment to consider the derivation of this image. The lotus flower grows up out of the waters, and floats on the waters in the same way that land (i.e. earth) appears to float on the oceans. Recall that in the Indian traditions the continents are referred to as dvipas, or islands, that float on the seas. Fire comes from plants that are burnt, plants that grow up from the earth, and these plants are fed by water. The explicit reason why the lotus is then seen as Agni's womb is given in the Śatapatha Brāhmana: "the lotus means the waters, and this earth is a leaf thereof: even as the lotus-leaf here lies spread on the water, so this earth lies spread on the waters. Now this same earth is Agni's

womb, for Agni (the fire-altar) is this earth, since thereof the whole Agni is built up."<sup>101</sup> This description of the lotus as the womb of Agni is made repeatedly and unambiguously in many places in the *Brāhmaṇa* texts.<sup>102</sup>

Another possibly contributing explanation for the genesis of the lotus--as water, and water as womb of fire--imagery may be the use of the lotus as a food source. In the Satarudriya explanation in SB, we're told that the adhvaryu draws a frog, a lotus-flower, and a bamboo shoot across the central part of the agnicayana altar. These three are said to represent every kind of food: the frog representing animals, the lotus-flower water, and the bamboo-shoot trees. 103 Shortly thereafter the adhvaryu says "'With the lotus-flower of the ocean we encompass thee, Oh Agni: be thou bright and propitious unto us!" and the Brāhmaņa adds, "that is, 'With the waters of the ocean we appease thee." Perhaps the association came naturally from the lotus as an "oceanic" food-source, and fire as an "oceanic" life source. A recent study published in the prestigious scientific research journal Nature suggest a botanical explanation for the use of the lotus as a symbol for the source of fire. It turns out that the plant actually generates heat to regulate its own temperature, so as to maintain a constant temperature between 86 and 95 degrees Fahrenheit, even during cool nights. It's heat output is equivalent to one Watt per flower, with forty flowers giving off the same heat as a 40 watt bulb, and 70 flowers' heat equal to the heat of a human sitting reading a paper. 105 As an explanation for the use of the lotus to represent cakras in later Tantric symbol systems, I would propose that since the physical body is largely water, also, and the heat of tapas, kundalint, and bodhicitta

arise from the movement of the breaths through our watery body, it would be reasonable, and in keeping with Vedic and Tantric type-hierarchical modeling, to represent the centers of subtle fire arising in the watery body with the symbol of the lotus—the womb of the subtle fires. In the Tantric literature, particularly in the Buddhist Tantras, the insertion of the erect penis into the vagina is routinely described as inserting the *vajra* (lightning bolt, thunderbolt) into the lotus; in the context of these discussions of the lotus as the womb of the earthly fire, and the lightning bolt as a version of the atmospheric fire that is controllable by man (with Indra who hurls the *vajra* as the archetype for this), we see that the Tantric thinkers reconceived the act of sexual intercourse as man connecting the atmospheric penile fire into the woman's earthly vaginal lotus fire—essentially an image of plugging the cosmic electricity into the earthly circuitry.

# 2.6. The Channels

Generally speaking, the doctrine of the bodily channels of the winds is not well developed in the *Brāhmaṇas*, or at least not well expressed. Just as the numbers and functions of the winds within the body was flexible, evidently a subject of some continuing debate and discussion, one gets the impression that the notion of the internal channels for the winds was also somewhat inchoate and under development. In the *Agnistoma* rites the *Brāhmaṇa* author speaks of fastening the winds together by connecting four "sounding holes" that are dug for the cart shed, the shed being considered "the head of the sacrificer," and the holes thereby the two eyes and two ears. <sup>106</sup> So the tradition conceived of internal connections for the winds—they are just

not referred to as "channels." The later Tantra and Yoga physiological doctrines that the 72,000 channels (nādīs) of the body end at the hair follicles also appears to be suggested in this same sacrificial paradigm, as the Adhvaryu spreads barhis grass on the pits, and the text explains that "what hair there is here at (the openings of) the vital airs, that he thereby bestows." This doctrine is given a more explicit form in the Śatapatha Brāhmaṇa's explanation of Prajāpati's creation of living beings. In order to overcome the power of death, the Sun-god first practices tapas, and while he is doing so, light shoots upwards out of his hair-pits. These radiating hair-follicles equal the number of stars in the sky. While we cannot assume an early existence of later Tantric and Yogic doctrines, the congruence of this depiction of Prajāpati with the later Tantric physiological theories is striking. We also find in the Buddhist tradition that Buddha is often said to radiate light from his pores, and to hook up with the myriad stars in the cosmos wherein are located other Buddha-kgetras.

A slightly more speculative theory of mine, though one that appears to have some basis in fact, is that the Hindu names for the two major  $n\bar{a}d\bar{t}s$  of the subtle body that run to the right and left of the central  $susumn\bar{a}$  channel of the spine, the  $id\bar{a}$  (to the left of the spine =  $lalan\bar{a}$  in Buddhist systems) and the pingala (to the right of the spine =  $rasan\bar{a}$  in Buddhist systems) derive their names from elements of the Vedic system--i.e. the sacrificial offering ( $id\bar{a}$ ) and the Soma juice. The evidence from this largely etymological argument is consistent with the idea of the internalization of the sacrifice that is definitively enunciated in the Upanisads.

In the Vedic context  $id\bar{a}$  (or sometimes written  $id\bar{a}$ ) refers to the sacrificial

offering--either the animal food, or as Gonda describes it, simply "the essence of the holy libation." The name is an ancient one. During the agni-pranayana or carrying of fire to the altar prior to the Soma sacrifices, the Hotar recites several mantras; among these is RV 3.29.4: ilāyās tvā pade vayam etc., "'we put thee, O Jātavedas (Agni) in the place of iļā, in the centre (nābhi of the Uttarā Vedi)110 on the earth to carry up (our) offerings." Heesterman explains that the  $id\bar{a}$  is invoked after the main oblations, and portions are eaten by the sacrificer and the priests. "The  $id\bar{a}$ , then, is the life sustaining substance that is released by sacrifice to be enjoyed by the participants....the ida ceremony is also the time for bringing up and distributing the dakṣiṇas, or gifts, to the priests--another form of life-sustaining substance."  $Id\bar{a}$ then is essentially the meat of the sacrificed cow, as well as the milk, butter and ghee that form the oblations. 113 The cattle produce the milk used in the pravargya, and the butter and ghee that is part of every oblation into the fire--so ida could not be more central to Vedic sacrificial rites. 114 Along with Soma, idā is a consumable substance from the Vedic sacrificial rituals, and only these two substances have status of sacred consumables ( $id\bar{a}$  actually refers to a group of substances). It seems not unreasonable to suppose that as the internalization of the sacrifice proceeded in the Upanisad period, these two ritual foods became the names for two of the three major subtle body channels. It's not clear to me yet when exactly the shift occurred. We find at, for instance, Kşurikopanişat 16 the following remark in the midst of a discussion of the various channels and their locations in the body: The susumnā remains the ultimate, spotless, in the form of Brahma, while the  $id\bar{a}$  is situated on the

left, and the pingala on the right. 116

The name of the subtle body channel (or nādī) to the right of the spine is the pingala, a word that simply means 'tawny, reddish brown, ruddy,' etc. The Soma plant is repeatedly referred to as the tawny, reddish brown, or ruddy one in the Rgveda, Yajurveda, and the Brāhmaṇas, though the texts typically use the term hari or babhruka, synonyms of pingala. King Soma is said to be brown or red, producing a brownish or reddish-brown juice. Accordingly, Soma is often called the tawny bull, or tawny steer—the reddish brown colored male of the cow. Keith also remarks that the particular cow used to purchase the Soma must be brown or ruddy in color, like the Soma plant itself. There are even occasional mentions that support the idea that idā and pingala (i.e. Soma) are of similar status as ritual substances in terms of their consumability—tending to support my hypothesis that these two were consciously internalized as the names of the two nādīs. At one point the Rgveda poets say that the Soma drops being poured through the strainer "make perpetual idā flow to us."

In the Tantric tradition these two channels, the *idā* and the *pingala* (called the *lalanā* and *rasanā* in the Buddhist Tantras) also come to be associated with the male/semen and female/blood, respectively, with the Sun associated with the blood, and the Moon with the semen<sup>119</sup> in a similar interweaving (*idā*/male/semen/Moon and *pingala*/female/blood/Sun) to what we saw with the Sun-shaped *Gārhapatya* and the Earth-shaped *Āhavanīya* fireplaces. Again the notion of the blood and the semen being associated with forms of the cosmic fire has already appeared in the Vedic texts--the *Aitareya Āraṇyaka* says that a woman's menstrual blood is a form of Agni,

and the man's semen is a form of Aditya (a name of the Sun). 120 We find none of the specifically Tantric and Yogic channel associations in the early Vedic tradition, however. We also do not find the explicit idea of the cakras--or radiating centers of the channels and winds--in the Brāhmaņas (though as we have mentioned above the Aitareya Āranyaka does place the three fires in the eye, heart, and semen). There is no discussion of the heart cakra, the throat cakras, etc., though these ideas do show up in germinal form in the early Upanisads as webs of channels radiating from the navel or from the heart. One of the names of the cakras, the Buddhist term for the crown cakra, the usnīsa, may derive from a term used in Vedic times, though. In discussing the four Vrātya Stomas, "rites apparently intended for admission into the Brahmanical community of persons who though Aryans have been living outside that community," Keith notes that "the dress of the Vrātyas is described as including a special kind of turban (uṣṇīṣa), white garments without fringes, and a curious kind of bow without a string (jyāhroḍa)."121 Though it is probably impossible to prove any direct derivation, it is certainly curious that the same term that was used for the headdress of Brahmanical outsiders came to be used for the crown cakra of the ultimate Brahmanical outsider, the Buddha. 122

# 2.7. The Directions

Another very common feature of Tantric practice is the assignment of deities to the eight (or ten) directions. In the unexcelled Yoga Tantra (*Anuttarayogatantra*), such as the *Kālacakra*, these deities are usually in couples, male and female, with specific colors and attributes. Curiously enough, we find already in the *Brāhmaṇas* 

that the ritual assignment of deities to the directions is an integral part of many rituals; we even find that many of the names of directional deities we find in Tantra already exist in the Brāhmaņas. Nirrti is already the southwestern quarter's deity in the Satapatha Brāhmaņa 7.2.1.1-15, where Nirrti's bricks are discussed in building the agnicayana altar. She is described as an awful goddess, black, and evil. 123 Aditi (the Sun) is associated with the east, Agni with the south, Soma with the west, and Savitr (the Sun as the impeller) with the north; the wind is said to come from the northwest. 124 Vāyava as a name for the NW is quite old. Aitareya Brāhmaņa 1.2.3, explaining the fight between the Devas and Asuras, says they fought in the various directions, including the north-east, referred to as aisant, the direction of tsana (Śiva). 125 In the Tantras we find northeast referred to as aiśāna or īśāna, the same name found in this Aitareya Brāhmaņa passage. However, it is also evident that certain aspects of naming the directions change over time. Agni for instance becomes associated with the southeast (agneya) rather than the south, and Soma and Savitr do not appear to survive as names for the west and north. The east remains associated with the Sun, since the Sun rises in the east. The cardinal directions generally appear however to be quite flexible in the Vedas in terms of deity (or otherwise) assignments. In some passages the gods are to the east, the fathers to the south, the cattle to the west, and one's offspring to the north; in others Agni and the Vasus are to the east, Indra and the Rudras are to the south, Varuna and the Adityas are to the west, and the Maruts are in the north, and so on. 126 This flexibility appears to be maintained in the Tantras, since we find that although the basic names for the

directions appear to have become standardized, the assignments of the various deities to the directions varies among the different sādhanas.

#### 2.8. Ritual Sex

To the extent we find sexual imagery, or ritual sex in Vedic rites, these are focused on notions of enhancing fertility or the generative power of life. The use of sex to harness the generative power of life for non-procreative purposes, as we find in Tantric practices, is largely lacking. Instead we find that the procreative power of sex is seen as a grounding force. When in an isti rite127 water is poured out next to the Gārhapatya fire, the Brāhmaņa says that a "copulation productive of offspring" has been effected, the Garhaptya is a therefore a house, or safe resting place, and thus the sacrificer will not be hurt by the thunderbolt. In effect, procreative sex is seen as a sort of lightning rod that provides a safety net for handling the powerful and potentially destructive force of the Cosmic Fire in the form of lightning. <sup>128</sup> Sex and procreative coupling are fully recognized, yet there is no idea here that sex could lead to "liberation." The Brāhmaņa authors also played on the male and female genders of certain words. The altar (f. vedih) and the fire (m. agnih) are described as coupling at Śatapatha Brāhmana 1.2.5.15: "The two shoulders (of the altar) he carries along both sides of the (Ahavanīya) fire. For the altar (vedi, fem.) is female and the fire (agni, masc.) is male; and the woman lies embracing the man; thereby a copulation productive of offspring is obtained." 129 Again at Satapatha 1.3.3.8: "Now the altar (vedi, fem.) is a woman, and around her sits the gods and those priests who have studied and teach revealed lore; and as they thus sit around her, he makes her not

naked: hence it is in order to avoid nudity (on her or the altar's part) that he spreads the barhis."<sup>130</sup> The procreative power of the ritual is developed in a more elaborate doctrine elsewhere. We find "testicle" or "seed-shedding" bricks included among the types of bricks that make up the agnicayana altar, and these are laid next to the "universal-light" bricks (viśva-jyotih) to ensure that Agni shares in the generative power of the testicles, and the testicles do not lose that power. Agni is said to be the causer of procreation, since the fertilizing seed flows when man and woman are heated. In another place Indra in the right eye and Indrani in the left eye are said to descend into the heart where they join in divine union, generating the highest bliss. 131 Sex generates life, and kindling the fire in its physical or cosmic forms is the ritual or sacred analogue of life-generation. This doctrine is fully in keeping with the doctrines of the Sun as the source and final abode of the conscious, immortal self, and the doctrines of the three fires discussed above. Physical sex generates the mortal body, while cosmic sex--in the form of the various fire rituals--generates and sustains the immortal body. 132 So we might say [straining our English idiom a fair bitl that a distinct difference between the Vedic and Tantric models is the movement from procreative copulation to 'liberative' copulation.

### 2.9. Modeling the Body

One of the principal aspects of the Creation-stage practice in the Buddhist

Tantra is the meditative, imaginative transformation of all the different components of
the body into the structure of the three-dimensional *mandala* palaces. This process
includes, in the perfection stage, a self-identification with the elements of time and

space through the instrumentality of the mandala, so that the initiate visualizes himself as physically identified with the cosmos. 133 Though hardly the same in terms of elaborateness of detail, we find several passages in the Vedas indicating identification of the altar with the cosmos, and the body with the altar. These suggest that the paradigm that it is possible to gain access to a more deific or enlightened state through a ritual or meditative identification with an organized schematic representation of the cosmos was part of the ritual logic bequeathed to later Indian traditions by the original vaidikas. In the Rgveda the vedi or sacrificial enclosure is identified with the furthest reaches of the earth; the sacrifice is considered the world's "navel," the Soma is considered the Sun's "seed" (i.e. semen), and the brahman, or Vedic mantra, is considered the ultimate reach of human speech. 134 The symbolism should be fairly clear: the male Soma seed impregnates the female speech (Vāc); the generative act occurs at the sacrificial "navel" or generative locus of the physical body--since we grow from our navel as embryos, "producing" the sacrificial enclosure (vedi), the world. The later Brāhmanas elaborate this same paradigm, with the "seed" becoming the meters, stomas, pranas, and deities all "poured" into the fire. Laying down the enclosing stones and bricks of the sacrificial site lays down the components of time itself, days, nights, muhurtas, etc., so that in the end the Vedic initiate has rebuilt his own body with the sacrificial structure. In this manner, the Śatapatha says, "he puts this threefold lore into his own self, and makes it his own...he becomes the body of all existing things...and ascends upwards." That is, the initiate through the Vedic ritual makes his physical body identified with the

surrounding cosmos, absorbing the teachings of the three Vedas, and magically flows upwards towards heaven with the smoke of the sacrificial fire.

One may also compare the description of the reason for laying the circular pattern of the first layer of bricks of the Agnicayana altar given in the Śatapatha Brāhmaņa, with the description of the identification of the body with the mandala in the meditation at the beginning of the fifth chapter of the Kālacakratantra. In the Brāhmaņa the initiate lays down the bricks in a particular pattern, matching the pattern of inhalation, circulation, and exhalation of the prānas; in making the bricks continuous and connected the initiate does the same for his internal breaths. The mantric formula is the bone, the settling out of the altar shape is the flesh, the mantras for the earth fillings (between the bricks) are the hair, and so on. 136 In the Kālacakratantra the initiate visualizes the components of his physical body shamanistically exploded into the precise structure of the three-dimensional spherical mandala. His bones make up the pillars and row of vajras, his flesh, blood, urine, and excrement build the foundations, his bile (pitta) forms the Sun, his phlegm (kapha) forms the Moon, and his sinews form the lotuses. The central channel of the subtle body forms the Master's (i.e. the Adi-Buddha's) lotus, the twelve orifices of the body form the twelve doors and the twelve months, the body's hairs form the radiating flames, etc. 137 The Vedic symbolism is obviously neither the same exactly nor nearly as complex as the symbolism of the Tantric mandala. However, looking at the diagram of the layers of bricks, as given by Eggeling on pp. 17, 24, 48, 98, of the 1897 volume, we can see the incipient outlines of the later, much more complex

Tantric mandala pattern. The body of the Agnicayana altar is the body of Agni in the form of the cosmic bird, the hamsa or Sun, and is also imagined as the body of the sacrificer. So the self-identification of the body with the Vedic cosmic fire, while considerably different in terms of its theological specifications, its details of construction, and its soteriological intent, is not fundamentally different at a logical or theoretical level; viz., using a precise geometric construction as a mechanism or magical device for connecting the all-too human individual with what is conceived of as his greater, divine, cosmic, or potential self.

We even find an early notions of entry into or identification with the deities. Aitareya Brāhmaṇa 4.24, discussing the Dvādaśāha sacrifice, describes undergoing the twelve nights of fasting (upasads) after the initiation (dīkṣā), says: "He who has such a knowledge becomes purified and clean, and enters the deities after having during (these) twelve days been born anew and shaken off (all guilt) from his body." Other passages from the earliest Brāhmaṇas identify the deities with the vital airs in the head, and the various senses. 139

### 2.10. Conclusion

We have seen how the logic of the Vedic cosmology provides a very powerful incentive to the initiate to maintain and sustain the Vedic tradition. Certainly anyone who cared for their children, and believed in the core Vedic doctrines, would do their utmost to ensure that their offspring maintained a viable practice of regular Vedic rituals. To do otherwise would be tantamount to condemning one's heirs to the land of repeated dying, and deprive oneself, and one's ancestors of the fruits of the good

karma one's offspring could produce--thereby also 'diminishing' heaven, as it were. 140 It has often been suggested by Indological scholars that Yoga practices and even Tantra may have emerged from non-Brahmanical traditions in India. Our examination of the Vedic elaborations of the notion of the Sun as the "web-weaver" moving along a cosmic web or network (tantra) casts a rather different light on this question. The evidence pretty strongly suggests the doctrine of the inner winds of the body as personal versions of the Winds--i.e. the atmospheric fire as one of the three cosmic fires (along with the solar and earthly fires)--was well established in the early Vedic tradition. Although we do not have explicit discussion of prāņāyāma techniques, we do have various enumerations of the pranas, with the names of the five major winds in the Satapatha Brāhmanah, and the names of three or four of the winds in earlier Brāhmanas. 141 The term śīrṣan-prāṇas, or winds of the head seems to largely disappear in the later tradition. 142 However, we must not overlook the sometime identification of Indra with the winds as we found Satapatha Brāhmaṇa and the Pravargya Brāhmana passages mentioned above. It is probably no accident that the sense functions--including the eyes, ears, nose, and mouth of the śīrṣanprāṇās--come to be referred to as indriyas, a -ya derivative of the word Indra that literally denotes "of or relating to Indra." 143 It seems quite possible to me that since Indra is the wielder of the vajra, the later Tantric notions of the vajrendriyas (electrified or deified versions of the sense functions)--the gandhavajra (smell-vajra), rasavajra (taste-vajra), etc., and the kāyavajra (diamond or electric body) evolved directly out of these earlier Vedic ideas that saw the senses as functioning through the "electricity"

of the internalized solar and sacrificial fires, through the medium of the atmospheric fire, the wind. In this sense we can say that although the Tantric subtle-body doctrines are not present in the earliest Vedic literature, the seeds of the ideas were already present. As I have attempted to show here, a wide variety of aspects of Tantric symbolism derives—in a more evolved and more complex form, with different philosophical and teleological emphases and underpinnings—from material that was already present in the earliest Vedic literature. We can explain this simply as part of the ritual and symbolic language inherited by the Tāntrikas from the Sanskrit tradition. Just as the later Tantric traditions inherited the Sanskrit language itself, with all the intrinsic grammatical and syntactical structures, and a long history of semantic content, so too the Tantric traditions inherited a long-established and widely recognized (in India) tradition of ritual syntax and ritual semantics. Tantra in this sense inherited a model or template of what ritual is (for the Indian tradition), along with a model or template of what reality is, i.e. man woven into the structure of the divine cosmos.

We need also recognize salient features of *Tantra* that do not appear in the *Brāhmaṇas* in any germinal form. We do not find much by way of *bīja mantras* in the *Brāhmaṇas*—rather we find, except for a few Vedic syllables of invocation, etc., mantras consists of verses or portions of verses taken from the Rgveda. While we do have short syllables used in the sacrificial rituals, we do not find the practices of bījamantranyāsa, or protective and purificatory ritual application of seed syllables to vulnerable points on the body—an important aspect of certain Tantric rituals. There is

no "liberation" (mokṣah or muktih) in Brāhmaṇas, nor any clearly worked out doctrine of reincarnation on earth--though there are certainly some strong suggestions of the latter. The goal of Brāhmaņa ritual practice is to secure "immortality" in heaven with the gods and the ancestors, and to avoid "repeated dying" in the "yonder world." Sexual rites, while found in the Brāhmaņas, are strictly concerned with the procreative power of sex. All the sexual imagery is also used to indicate fertility and generation of life. We have none of the *ūrdhvaretas* (restrained semen) or acyuta (non-ejaculation) ideas that become integral to Tantric sexual practices. The ideas of channels or pathways in the body are not clearly worked out, and though there is apparently some awareness of the specific functions of the winds in the body, there is also some disagreement and confusion expressed on these topics. Although deities are invited to the sacrifice, and given place in the sacrificial enclosure, we do not have the almost mind-numbingly elaborately detailed anthropomorphic and iconographic visualizations of these deities that we find in the Tantras and used in the Tantric sādhanas. Although there is the germinal idea of "entering deities" and of identifying the breaths with certain gods or goddesses, these notions do not appear to play the sort of central role that deity visualization and self-identification play in Tantric creation stage practices. The iconography of Vedic deities is also relatively minor in comparison to what we find in a developed form in the Tantras: Indra has a vajra, Vișņu a cakra, and certain other deities have specific activities. By and large, though, Vedic deities are the forces of nature--the rain, winds, Sun, fire, etc., and are not conceived of as male and female couples. The elaborate iconography, dress, and

male-female coupling of the Tantric pantheon is absent, as are Buddhist notions of the void, and elaborate philosophical doctrines.

## **NOTES**

- 1. Adapted from Whitney 1905:37-39.
- 2. In late 20th century civilization—to some extent now worldwide—"science" has achieved a similar status to "Veda" in India. It is hard to read the writings from any academic discipline these days without finding phrases like "the science of" or "the scientific approach," regardless of the field of inquiry.
- 3. Principally the Aitareya, Kauşttaki, Jaimintya and Satapatha, with some selections from the Aitareya Āraṇyaka, and the Pravargya Brāhmaṇa of the Taittirtya Āraṇyaka, and from the Pañcaviṃśa Brāhmaṇa. The name Satapatha Brāhmaṇa comes from the Vājasaneyin tradition, "because it consists of a hundred lectures (adhyāyas)." (Eggeling 1882:xxviii.) Suklayajurveda was the name given "on account of the lucid arrangement of their sacred texts," (Eggeling 1882:xxvii), with the separate mantra and nBrāhmaa portions, while the Kṛṣṇayajurveda was so called for maintaining a mix of mantras and nBrāhmaa in the same text. The Kāṭhaka and Maitrāyaṇṭyas belong to the Carakas or Carakādhvāryus. (Eggeling 1882:xxvi). The Taittirtyas are a different branch, "the origin of which is ascribed to a teacher named Tīttiri." (Eggeling 1882:xxvi). The Taittirtya recension survives in the Āpastambha subdivision, a subset of the Khāṇḍikīya branch, the other being the Aukhīya branch. The Ātreyas were a subdivision of the latter. (Eggeling 1882:xxvi, n.2.).
- 4. As Keith himself remarked, "It must always be remembered that the Brāhmaṇas contain already in germ all the ideas which make up the fundamental doctrine of the Upaniṣads; even the doctrine of transmigration is presaged in the doctrine of repeated deaths in the other world." (Keith 1909:257n.10). I should point out here something that is generally misunderstood by contemporary Indologists. Though usually discussed as such, the early Upaniṣads are not really separate texts from the Brāhmaṇas (though other Upaniṣads were written much later). The Āraṇyakas form later portions of the Brāhmaṇas, and the Upaniṣads are found within the Āraṇyakas. As Keith remarks, for instance, "It would seem that Aitareya Āraṇyaka II, 1-3, which forms a unity, is the oldest long Upaniṣad extant." (Keith 1909:43—his boldface). The Brāhmaṇas themselves announce in a number of places, 'now we shall give the secret doctrine (the upaniṣad) with regard to some aspect of the ritual.' These facts imply both that alternate interpretations of the term upaniṣad are probably not correct in the context where the texts themselves appear, and that the Upaniṣadic doctrines were more consciously in keeping with earlier Vedic doctrines than would be assumed by those who might argue that the Upaniṣadic doctrines represent non-Vedic ideas.
- 5. My thanks to Prof. Gary Tubb for encouraging some emphasis on this point.
- 6. See Sanderson 1985.
- 7. See Chapter 9.2.5. of this dissertation.
- 8. Krishna Sastry 1921:1-34.
- 9. See Journal Asiatique, 11th ser., no. 9, 1917, pp. 499-513—"Le Lotus et La Naissance Des Dieux en Égypte, par M.A. Moret," whose article begins with reference to the Sukhāvatīvyūha's descriptions of beings sitting on blossomed lotuses in Amitābha's heaven. According to Moret, in Egypt one frequently finds ancient deities sitting or standing on lotuses, in particular the child Horus, the representative of the rising Sun. Moret argues in his article that the lotus functioned as a general symbol for the miraculous birth of all divine beings. [p.499] He gives pictorial examples of King Horus born from a lotus lake ("Horus

Ra' naissant dans le 'lac du lotus'"), Divine seat with lotus ("Siége divin avec lotus"), and deceased reborn in a lotus lake ("Défunt renaissant dans le lac du lotus") [p. 506]. Citing Indian and Chinese stories associating the lotus with miraculous pregnancies and births, and references to the lotus' value as a food source, he concludes: The veneration paid to the lotus by the Egyptians, Indians, and Chinese comes therefore probably from its ancient utility as a food source. From this 'tree of life' men recognized, by experience, a force capable of sustaining life; beyond the limits of observation, they lent it also a fertile power; from that come the legeds of the miraculous births, whereof the alimentary origin reveals itself in the mastication rite ("La vénération que les Égyptiens, les Indiens, les Chinois ont vouée au lotus vient donc vraisemblement de son utilité alimentaire aux temps les plus reculés. A ce "bois de vie" les hommens reconnurent, par expérience, une force capable d'entretenir la vie; dépassant les limites de l'observation, ils lui prêtèrent aussi un pouvoir fécondant; de là les légendes sur les naissances miraculeuses, dont l'origine alimentaire se décèle par le rite de la manducation.") [He then discusses artistic representations.][p.513]

- 10. Compare Tantrāloka, Table of Contents, Chapter 5, subject 13: 'An investigation into the state of ultimate proof through the meditation that has as its form the meeting together of the Moon, the Sun, and Fire that have as their nature prāṇa, apāna, and udāna.' TA 5.22-24; Tatra-prāṇa-apāna-udāna-ātmaka-soma-sūrya-agni-saṃghaṭṭa-rūpād dhyānāt para-pramātṭtā-anusaṃdhānam.
- 11. Aronson et al 1995:8.
- 12. Aronson et al 1995:16-17.
- 13. Aronson et al 1995:20.
- 14. Aronson et al cite an amusing example of a lack of relative saliency in certain type similarities: "plums and lawnmowers both weigh less than 1000kg, both are found on earth, both are found in our solar system, both cannot hear well, both have an odor, both are not worn by elephants, both are used by people, both can be dropped, and so on. Yet in most contexts these matching features would not be used by anyone to put instances of these types into the same category." (Aronson et al 1995:21).
- 15. Aronson et al 1995:113.
- 16. Quoted by Aronson et al 1995:23.
- 17. Heesterman 1985:45.
- 18. Aronson et al also speak of a "virtual world" = "as constituted by a model or models in use in a particular episode of theorizing" and a "common ontology" = "the hierarchically ordered system of natural kinds from which a scientific community's virtual worlds are drawn as it builds, modifies, and discards theories." (Aronson et al 1995:14.) We shall examine both of these ideas in our discussion of Tantric practices.
- 19. Keith 1925{2}:313-314. My boldface.
- 20. See F. Staal. "Ritual Structure" in Staal 1983{2}:127-134, and p. 129 for quote (and cf. Staal 1983{1}:17). Staal reports an amusing example of ritual recursion in modern life: "At the University of California we have a Committee on Committees, which symbolizes and initiates such recursiveness, which then operates throughout the system. I once argued that a certain committee should be abandoned because it served no purpose. My arguments were taken seriously and time was spent debating whether a subcommittee should be created to look into them and submit a report." (Staal 1983{1}:17).

- 21. Aitareya Āraṇyaka 3.2.3--Keith's translation of: Śarīrapuruṣa iti yam avocāma sa ya eva ayam daihika ātmā, tasya yo 'yam aśarīraḥ prajñātmā sa rasaḥ| .... sa yaś ca ayam aśarīraḥ prajñātmā yaś ca asau āditya ekam etad iti vidyāt| tasmād puruṣam puruṣam praty ādityo bhavati| tad apy etad ṛṣiṇoktam| citram devānām udagādanīkam cakṣur mitrasya varuṇasya agneh| āprā dyāvā-pṛthivī antarikṣam sūrya ātmā jagatastasthuṣaś ceti||. (Keith 1909:249-251 and 134-135).
- 22. "The act done is this man, the abode of Brahman. He consists of food, and because he consists of food, he consists of gold. He becomes golden in yonder world, he is seen as golden for all mortals, who knows this." Aitareya Āraṇyaka 2.1.3; Keith 1909:204. In the early days of the Gavām Āyana or twelve-month cow's walk sacrifice (see Eggeling 1885:426n.3 for a schematic of this ritual) on the tenth day the sattrins enter the shed of the Havirdhāna carts. At the rear axle of the northern cart they say: "'We have gone to the light, we have become immortal,' for they who sit through a sacrificial session become indeed the light, they become immortal;—'to the sky we have ascended from the earth,'—for they who sit through a sacrificial session indeed ascend from the earth to the sky;—'we have attained to the gods,'—for they indeed attain to the gods;—'to heaven, to the light!'" (\$B 4.6.9.12; Eggeling 1885:449-450.) Keith remarks that the doctrine of the identity of the conscious self (prajñātmā) and the Sun is "of course the most common doctrine in the Upanişads." (Keith 1909:250n.5).
- 23. Jaiminīya Brāhmaņa 1.17. The agnihotra is the daily morning (dawn) and evening (dusk) offering into the fire. The following passages illustrate how it is understood in the Brāhmanas as a rite of renewal and purification. SB 2.3.1.1: "The Agnihotra, doubtless, is the Sun. It is because he rose in front (agre) of that offering, that the Agnihotra is the Sun." (Eggeling 1882:327.) SB 2.3.1.3-6: "And when he sets, then he, as an embryo, enters that womb, the fire; and along with him thus becoming an embryo, all these creatures become embryos; for, being coaxed, they lie down contented. The reason, then, why the night envelops that (Sun), is that embryos also are, as it were, enveloped. (4:) Now when he offers in the evening after Sunset, he offers for the good of that (Sun) in the embryo state, he benefits that embryo; and since he offers for the good of that (Sun) in the embryo state, therefore embryos here live without taking food. (5:) And when he offers in the morning before Sunrise, then he produces that (Sun-child) and, having become a light, it rises shining. But, assuredly, it would not rise, were he not to make that offering; that is why he performs that offering. (6:) Even as a snake frees itself from its skin, so does it (the Sun-child) free itself from the night, from evil: and verily, whosoever, knowing this, offers the Agnihotra, he frees himself from all evil, even as a snake frees itself from its skin; and after his birth all these creatures are born; for they are set free according to their inclination." (Eggeling 1882:328.)

The passage of the Sun into an embryo state and its rebirth at dawn is also spoken of in the Jaiminīya Brāhmaṇa, 1.7-8: "Yonder Sun goes asunder in six parts when it sets....it enters the brahmin with faith, cattle with milk, the fire with glow, the plants with sap, the waters with juice, the trees with pith.... Having thus collected it he offers it in the evening. It passes that night in the condition of an embryo. Having again collected it in the same way he offers it at dawn. He causes it to be born.....It is the sole hero, who shines here, it is Indra, it is Prajāpati. To him therefore is offered by the one who knowing this offers the Agnihotra." (Bodewitz 1973:36). The Sun frees itself from evil by offering itself into the fire at night, and the fire likewise in the morning agnihotra. SB 2.3.1.30: "[In the evening] he offers (the first libation), with the text (Vāj. S. 3.9.10), 'Agni is light, the light is Agni,

- Svāhā!' and in the morning with 'Sūrya (the Sun) is light, the light is Sūrya, Svāhā!' Thus offering is made with the truth; for, truly, when the Sun goes down, then Agni (fire) is the light, and when the Sun rises, the Sūrya is the light..." (Eggeling 1882:335.) ŚB 2.3.4.24: "Thereupon, while seated (he mutters, Vāj.S.3.19 ff), 'Thou, O Agni, hast attained to Sūrya's lustre—;' this he says, because in setting, the Sun enters the Āhavanīya." (Eggeling 1882:352.) Śānkhāyana Br. (aka Kauşītakā) 2.8: "The fire offers itself in the rising Sun. Yonder Sun, when it sets, offers itself in the fire at night. The night offers (itself) in the day, the day in the night. The exhalation offers (itself) in the inhalation, the inhalation in the exhalation." (Bodewitz 1976:143. Cf. Bodewitz 1976:145, where he cites Taittirīya Brāhmaṇa 2.1.2.9, with the same idea.) As ŚB 2.3.3.15 poetically says: "The Agnihotra, truly, is the ship (that sails) heavenwards. The Āhavanīya and Gārhaptya are the two sides [rudders] of that same heavenward-bound ship; and that milk-offerer is its steersman." (Eggeling 1882:345.)
- 24. JB 1.17: "And the āhavanīya is the divine womb, (which means) the divine world.... If he who correctly acts (by offering in the ahavaniya) offers, then he thereby emits his Self in this divine womb. That Self of his comes into existence in yonder Sun. He who knows thus has two Selves and two wombs. One Self and one womb has he who does not know this." (Bodewitz 1977:54).
- 25. I will not engage all the arguments that have been advanced as to whether there is a reincarnation doctrine in the *Brāhmaṇas*. I will only point out here that a land of repeated dying ruled by night and day is an accurate description of life (and death) on earth from the point of view of an Indian tradition adhering to a reincarnation doctrine.
- 26. JB 1.17-18: "When knowing thus one departs from this world--. (18:)--the lifebreath ascends first. It announces to the gods the quantity: 'So much good, so much evil has been done by him'. Thereupon he (i.e. the body) rises up along the smoke (of the funeral pyre). Of that one (who gives out heat) the seasons are the doorkeepers. To them he should announce himself with this (verse): 'O, Seasons, from the radiant one, which is pressed out every half month, from the one who is connected with the pitys, the seed is produced. As such you sent me in a man as your agent. From that man, your agent, you emitted me in a mother. Thus I am produced, being added to itself by the twelvefold (a year) as the additional, thirteenth month. This I know, of this I am sure. So lead me, O Seasons, to immortality'. Him the seasons lead.... They convey him across. He comes to the one who gives out heat. At his arrival he (the Sun) asks him: 'Who art thou?' To him who announces himself by his (personal) name or by his family (name), he says: 'that Self of yours that has been in me, that is yours (again)'. After that Self has been received back the seasons from all sides run towards him, grasps him by the feet and drag him away. Night and day take possession of his world. He should announce himself to him (the Sun) with these words: 'Ka (who) am I, thou art heaven. As such I have gone to thee, the heavenly heaven. Prajāpati indeed is Ka and he who knows thus is suvargas (heaven; Sun). For he goes to heaven (suvar gacchati). To him he (the Sun) says: 'Who thou art, that one am I. Who I am, that one thou art. Come.' He approaches the essence of good deeds." (Bodewitz 1973:54-55). A slightly different version of this same doctrine appears at JB 1.45-50, with the Seasons asking the questions "To him one of the seasons, who has a hammer in his hand, comes down along a ray of light and asks him: 'Who art thou, man?' In case he has some (but not the perfect) knowledge he may withhold (his name from the interrogator). The he strikes at him (with his hammer).... The world which is won by him on account of his gifts, in that he stops. Thereupon even him Death ultimately reaches. Repeated dying is not

- overcome by him who knows (only) thus..... Him he should answer: 'O, Seasons, from the radiant one, which is pressed out every half month, from that one which is connected with the pitrs the seed is produced.' That they offer there the radiant King Soma, that (is meant by) this. 'As such you sent me in a man as your agent...From that man, your agent, you emitted me in a mother....Thus I am produced, being added by the thirteenfold one as the additional month of the twelve.'.... Him the seasons take with them....The fathers and grandfathers, swift as thought, approach him (saying): 'What, dear son, have you brought us?' He should answer them: 'Whatever good I have done that is yours.'" (Bodewitz 1973:115-116).
- 27. Satapatha Brāhmaņa 1.9.3.14: "He then looks up to the Sun, for that is the final goal, that the safe resort. To that final goal, to that resort he thereby goes: for this reason he looks up to the Sun." (Eggeling 1882:271.)
- 28. We have an intriguing idea from the Maitrāyanīyasamhitā (of the Kṛṣṇa Yajurveda) 1.8.6:123.18ff that says that those who die having given many dakṣiṇās or having sacrificed much gain the fruit of their efforts. "The virtuous who have offered this reach (nakṣanti) yonder world. They are these stars (nakṣatrāṇi)." While this constitutes what is often referred to by Western scholars as a 'folk etymology,' this idea has curious resonance with the Pure Land doctrine that locates the many other Buddha-worlds in the distant stars. In effect the Yajurveda is stating that the stars are also heavens, since they are the dwelling places of those who have died after living an appropriately virtuous life. It also raises the idea that the Earth's Sun is not the only heavenly domain. Implicit in this idea of course is the sense that other stars in the visible constellations are also Suns, a rather ancient sensibility to an idea considered to be a relatively recent discovery of modern astronomy.
- 29. Satapatha Brāhmaņa 10.5.2.3; Eggeling 1897:366.
- 30. The basic doctrine of the three fires is found in the Rgveda. The Vātsapra rite of the Agnicayana consists in reciting Rk Samhitā 10.45; Śatapatha Brāhmaņa 6.7.4.3-5 glosses the first three verses (also = Vājasaneyi Samhitā 12.18-20): "'From the sky Agni was first born;'--the sky, doubtless is the breath, and from the breath he (Agni) was indeed first born,--'from us the second time, the knower of beings,'--inasmuch as he, man-like, on that occasion generated him a second time; -- 'the third time upon the waters,' -- inasmuch as he there generated him a third time from the waters;—'he, the manly minded, (kindling him) the imperishable,'-the manly-minded, doubtless, is Prajapati; and the imperishable, Agni;-'kindling him the mindful praises (jar) him,'-for he who kindles him generates him, mindful. (4:) 'We know, O Agni, thy threefold three,'--Agni, Vāyua (wind), Āditya (Sun), these are his three in three forms [my boldface]; - 'We know thy manifold scattered sites,' inasmuch as he (Agni) is here distributed manyways;—we know thy highest name which is secret,'--'the youngest,' that indeed is his highest name in secret;--'we know that source whence thou art come;'--the source, doubtless, is the...waters, for from the waters, he first came. (5:) 'In the sea the manly-minded (kindled) thee, in the waters,'--the manly-minded is Prajāpati: thus, 'In the waters Prajāpati (kindled) thee;'--'the man-watcher hath kindled thee, O Agni, in the udder of the sky,'--the man-watcher, doubtless, is Prajapati, and the udder of the sky is the waters;—'thee, whilst standing in the third region,'--the third region, doubtless, is the sky;--'the buffaloes made (thee) grow in the lap of the waters;'--the buffaloes, doubtless, are the vital airs: thus, 'the vital airs made thee grow in the sky.'" (Eggeling 1894:283-285. RV 10.45.1-3: Divas pari prathamam jajñe adnir asmad dvitīyam pari jātavedāḥ| trtīyam apsu nr-maṇā ajasram indhānaḥ evanm jarate svādhīḥ||1|| vidmā te agne tredhā travāni vidmā te dhāma vibhītā purutrā vidmā te nāma paramam guhā yad vidmā tam

- utsam yata ājagantha | 2 | Samudre tvā nīmanā aspv antar nī-cakṣā divo agna ūdhan | tītīye tvā rajasi tasthivāmsam apām upasthe mahiṣā avardhan | 3 | (Bandhu 1964:3447). We find the identity of the Sun and Agni repeated in the Sāmaveda. Vājasaneyi Samhitā 18.46-48: "O Agni, what lights of thine in the Sun...O ye gods, what lights of yours are in the Sun...Bestow thou light upon our priests, (work though light in our kings, light in our people and Sūdras, bestow light upon me by thy light)!"(SB 9.4.2.14; Eggeling 1897:238.) VS 18.50/SB 9.4.2.19: "'Heaven-like heat, hail!'--the heat, doubtless, is yonder Sun; he thus establishes yonder Sun in Agni."(Eggeling 1897:239.)
- 31. Eg. ŚB 2.1.4.11: "Verily with 'bhūḥ (earth)!' Prajāpati generated this (earth); with 'bhuvaḥ (ether)!' the ether; with svaḥ (heaven)!' the sky." (Eggeling 1882:296). As Knipe has pointed out, the three stranded cord (yoktra) tied around the waist of the wife of the āhitāgni, and the brahmacārin's three stranded mekhalā are also linked to the three realms and the three fires. (Knipe, "'Vedam' and 'Śrautam' in the Godāvarī Delta of Andhra," Columbia University Seminar on the Veda and Its Interpretation, March 21, 1996.)
- 32. Aitareya Brāhmaṇa 5.32 explains the creation of these three: "Prajāpati had the desire of creating beings and multiplying himself. He underwent (consequently) austerities. Having finished them, he created these worlds, viz. earth, air, and heaven. He heated them (with the lustre of his mind, pursuing a course of austerities); three lights were produced: Agni from the earth, Vāyu from the air, and Āditya from heaven." From these three, by successive "heatings" come the three Vedas, the three sacred words, Bhūr, Bhuvah, and Svar, and the three syllables that make up Om, ā, and m. (Haug 1977:372-373; my boldface.)
- 33. Aitareya Āraṇyaka 3.1.2: "Just as there are those three lights in heaven, so there are these three lights in man. As there is in heaven the Sun, so there is the eye in the head [yathā asau divyāditya evam idam śirasi cakṣur]. As there is in the sky the lightning, so there is the heart in the body [yathā asau antarikṣe vidyut, evam idam ātmani hḍdayam]. As there is the fire in earth, so there is the seed in the member [yathā ayam agnih pṛthivyām evam idam upasthe retaḥ]." (Keith 1909:241 (translation) and 128 (Sanskrit).) See also Kauṣītaki Brāhmaṇa 2.2.8 (Keith 1920:354-355) for another declaration of the relationship between the Sun, light, and fire.
- 34. ".... And verily he who knows this makes up for himself the whole Vāc (speech), the whole vital air, the whole body (of Prajāpati)." (Śatapatha Brāhmaṇa 7.1.2.21 Eggeling 1894:317.) ŚB 7.2.1.23 makes the same point in explaining the order of building the fires: "As the Gārhaptya is this (terrestrial) world, the Dhiṣṇya hearths the air, and the Āhavanīya the sky, and the air-world is not separated from this (earth-) world, why then, after building the Gārhaptya, does he build the Āhavanīya, and (only) then the Dhiṣṇya?" The answer is that the earth and heaven were created first, and the middle is completed after the two ends are. (Eggeling 1894:318-319). Āgnīdhrīya ('within the agnīdhra,' the place where the sacred fire is kindled) and Dhiṣṇya ('quarter of the sky' or abode), both names of subordinate fires, are apparently used here as two alternate names of the ṣṇDakiāya fire.
- 35. See A. Seidenberg, "The Geometry of the Vedic Rituals," in Staal 1983{2}:115.
- 36. J.C. Heesterman, "Other Folk's Fire," in Staal 1983{2}:79. On p. 77 of the same article Heesterman notes: "Fire symbolizes life and immortality, but its possession is far from secure. Not only can fire be dangerous and destructive when it gets out of hand and acts in its aggressive Rudra form, it is also notoriously fickle and ephemeral. Indeed, the central theme of the cult and its imagery is not so much the security given by the fire as the fact that it constantly tends to withdraw from men and gods and to go into hiding in the waters, plants,

or other elements, whereupon it must be found and taken possession of again."

- 37. See J.C. Heesterman, "Other Folk's Fire," in Staal 1983{2}:83.
- 38. J.C. Heesterman, "Other Folk's Fire," in Staal 1983:82.
- 39. Jaiminīya Brāhmana 1.247, discussing the Trivit Stoma of the Bahispavamāna (outdoors purification of the Soma): "One hurls this Vajra in the form of a Trivrt at it (i.e. at death). It moves along these worlds day by day. As to this Nagarin Janasruteya used to say: 'There will be no war between gods and Asuras as long as this threefold (Trivrt) Vajra moves along these worlds day by day. For this fire blazes upwards, the wind blows sidewards, yonder Sun heats downwards. These look at each other without winking. How could there be a war between gods and Asuras as long as these are in position?' And this threefold Vajra by moving along these worlds day by day also strikes off all evil for him who knows thus during its revolving movement." (Bodewitz 1990:138.) As Keith explains, a sāman is performed on a Rgveda verse, with different melodies that often require the addition of extra syllables, themselves lacking any meaning, and of up to fifteen different types. The saman is composed of the prastava, beginning with hūmkāra (Sung by Prastotr), the udgītha, beginning with an omkāra (Sung by the Udgātr), and the pratihara, also introduced by a hinkāra (Sung by the Pratihatr). A stotra consists of singing more than one Rgveda verse on a tune. A stoma consists of various forms of chanting stotras. The Trivit, a type of stoma, includes 9 verses, and is used in the Agnistoma rite. (Keith 1925{2}:314.)
- 40. JB 1.249; Bodewitz 1990:138. Khāļāyana's discussion is in terms of the destructive power of the *vajra* against one's enemies.
- 41. Śāṭyāyani adds: "As the appearance and the splendour of this Agni, of this Vāyu and of yonder Āditya, thus is the appearance, thus is the splendour of this Stoma." (Jaiminīya Brāhmaṇa 1.249; Bodewitz 1990:139.
- 42. Eggeling 1885:405-406.
- 43. Taittirīya Āraṇyaka, Pravargya Brāhamṇa 8.11-12, describing the morning performance of the Pravargya, during the offerings to the deities, explains that the adhvaryu intones: "'The oblation has been offered, the sweet oblation,' he says. He makes it sweet (with this mantra). 'In the most Indra-like fire,' he says. The most Indra-like fire is actually the prāṇa. In prāṇa, the most Indra-like fire, he offers it." (Hutaṃ hair, madhu havir ityāha| svadayaty evainam | indratame 'gnāv ity āha| | 11 | | prāṇo vā indratamo 'gniḥ | prāṇa evainam indratame 'gnau juhoti | Houben 1991:84-85; Houben's translation.)

On the Tanūnapatra in the Agnistoma, Satapatha Brāhmaṇa 3.4.2.15 adds: "Now those favorite forms and desirable powers which the gods put together, they then deposited in Indra; — Indra verily is he that burns yonder (the Sun); but he indeed did not burn in the beginning, but as now everything else is dark, so was he then; and it is by that very energy (derived from those divine objects) that he burns. Hence if many persons perform the consecration, let it (the Tānūnapatra butter), after pouring the fast-milk to it, be handed only to the master of the house, since he, among them, is the representative of Indra. And if he perform the consecration by means of an (offering) with a dakṣiṇā, let them hand it (the butter) to the sacrificer, after pouring the fast-milk to it, for thus it is said,—'the sacrificer is Indra.'" Eggeling 1885:96-97. "The Tānūnaptra is a solemn covenant made by the sacrificer and his priests, in the name of Tanūnapāt, and while touching the sacrificial butter; thereby pledging themselves not to injure each other." (Eggeling 1894:93n.1). According to MW, tanūnapat, 'son of himself' or 'self-generated' is a name for lightning, or a sacred name of

- Agni used in the Aprī verses.
- 44. ŚB 6.1.1.1-2; Eggeling 1894:143.
- 45. Kauşītaki Brāhmaņa 8.3, discussing the Pravargya rite, says: "The man of whom men speak in the Sun is Indra, is Prajāpati, is the holy power." (Keith 1920:392.)
- 46. RV 8.65.3-4: "Indra, with Marut Friends grown strong, hath rent asunder Vrtra, and Released the waters of the sea. This is that Indra who, begirt by Maruts, won the light of heaven That he might drink the Soma juice." (Griffith 1897{2}:240.)
- 47. RV 8.66.4-5: "Then Indra at a single draught drank the contents of thirty pails, Pails that were filled with Soma juice. Indra in groundless realms of space pierced the Gandharva through, that he might make Brahmans' strength increase." (Griffith 1897{2}:241.)
- 48. ŚB 6.3.1.19; Eggeling 1894:195.
- 49. Thanks to David Pingree for pointing out to me this 'so obvious that I never noticed it' fact.
- 50. Griffith 1897{2}:281-282. There are many other examples of this idea. RV 9.97.33b: "Enter the Soma-holding beaker, Indu, and with a roar approach the ray of Sūrya." (Griffith 1897{2}:388.) RV 9.102.12: "These Soma juices, skilled in song, purified, blent with milk and curd, When moving and when firmly laid in oil, resemble lovely Suns." (Griffith 1897{2}:397.) RV 9.93.1: "Ten sisters, pouring out the rain together, swift-moving thinkers of the sage, adorn him. Hither hath run the gold-hued Child of Sūrya and reached the vat like a fleet vigorous courser." (Griffith 1897{2}:380-the ten sisters are the ten fingers pressing out the juice, according to Griffith's note.) RV 9.4.5: "Give us our portion of the Sun through thine own mental power and aids; And make us better than we are." (Griffith 1897{2}:291.) Some other examples: RV 9.42.1: "Engendering the Sun in floods, engendering heaven's lights, green-hued, Robed in the waters and the milk."(Griffith 1897{2}:319.) RV 9.63.13: "Soma the God, expressed with stones, like Sūrya, floweth on his way, Pouring the juice within the jar." (Griffith 1897{2}:335.) RV 9.72.1: "They cleanse the Gold-hued: like a red Steed is he yoked, and Soma in the jar is mingled with the milk." (Griffith 1897{2}:353.) RV 9.74.1: "Born like a youngling he hath clamoured in the wood, when he, the Red, the Strong, would win the light of heaven. He comes with heavenly seed that makes the water swell: him for wide-spreading shelter we implore with prayer." (Griffith 1897{2}:356.)
- 51. RV 10.85.3; Eggeling 1882:176n.3.
- 52. Eggeling 1885:xx.
- 53. RV 9.97.9: "He follows the Wide-strider's rapid movement: cows low, as 'twere, to him who sports at pleasure; He with sharpened horns brings forth abundance: the Silvery shines by night, by day the Golden." Griffith 1897{2}:386.
- 54. "The Sun, indeed, relates to Agni, and the Moon to Soma; the day relates to Agni, and the night to Soma; the waxing half-Moon relates to Agni, and the waning one to Soma." ŚB 1.6.3.24: Eggeling 1882:169.
- 55. Hence we find many passages in the rg Veda as these: RV 9.47.3, 'When his song of praise is brought fourth, then Soma, the powerful (indriya) liquor, becomes the thousand-fold-winning thunderbolt;' in 9.72.7, 'Indra's thunder-bolt, the bountiful (vibhūvasu) bull, the exhilarating Soma clarifies itself in a manner pleasing to the heart;' and in 9.77.1, 'This sweet (Soma) has roared in the tub, Indra's thunderbolt, more beautiful than the beautiful one.'":

RV 9.11.4-5, hymn to Soma Pavamāna: "(4:) Pressed for the gladdening draught, the drops flow forth abundantly with song, the Soma juices in a stream. (5:) Winning Vivasvān's glory and producing Morning's light, the Suns pass through the openings of the cloth." (Griffith 1897{2}:297.) RV 9.11.8: "He gives us kinship with the Gods, and with the Sun unites our eye...," or, as Pischel translates it, "Soma unites our navel with the navel of the Gods, our eye with the Sun, that is, he brings us into union with the Gods in heaven." (Griffith 1897{2}:297 and note 8.) RV 9.72.7: "Earth's central point, sustainer of the mighty heavens, distilled into the streams, into the waters' wave, As Indra's thunderbolt, Steer with farspreading wealth, Soma is flowing on to make the heart rejoice." (Griffith 1897{2}:354.)

In the repeated and multifaceted Brāhmaņa identifications of the elements of the sacrificial rituals with the sacrificer's body, we find that the Soma libations (grahas) are also said to be aspects of the senses. The libation for Indra and Vāyu (Aindra-vāyava) is his speech. (ŚB 4.1.3.1.: Eggeling 1885:265.) The Aśvin's libation is his hearing. (ŚB 4.1.5.1; Eggeling 1885:272.) The Sukra and Manthin grahas are his eyes, identified with the Sun and the Moon respectively. (SB 4.2.1.1: "The Sukra and Manthin (grahas), forsooth, are his eyes. Now the Sukra, indeed, is he that burns vonder (the Sun); and because he burns there, therefore it is (called) Sukra ('bright'). And the Manthin, indeed, is the Moon. (Eggeling 1885:278.) This undoubtedly has some relationship with the Hindu iconographic tradition of representing the eyes of certain deities (Prajāpati, Visnu etc.) as the Sun and the Moon. Manthin lit. is 'shaking or agitating,' the possessive in -in of mantha, stirring around, shaking, etc. MW says manthin refers to Soma-juice stirred together with meal, an explanation also given at SB 4.2.1.11 (Eggeling 1885:281). Sukra of course is also the name for semen.) The Agrayana graha is the trunk of his body. (SB 4.2.2.1/Eggeling 1885:288.) Mixing the agrayana graha with ghee, the Adhvaryu intones this mantra from the Vajasaneyi Samhitā 7,9: "I am above, I am below; and what space there is between, that was my father; -- I saw the Sun on both sides: I am what is highest to the gods in secret." (SB 4.4.2.14; Eggeling 1885:367.) The Ukthya graha is his breath or vital energy. (SB 4.2.3.1; Eggeling 1885:292-293. Eggeling adds that the Kānva recension reads "prānah," not ātmā as in the Madhyandina recensions, and he translates according to the Kanva recension for undefined 'breath.' (Eggeling 1885:292n.2).) The Vaiśvānara and Dhruva grahas are the front and back vital airs. (ŚB 4.2.4.1; Eggeling 1885:298.) "Having drawn it (the Dhruva graha), he deposits it with the northern cart, lest he should confound the vital airs, for the grahas are vital airs." (SB 4.2.4.13; Eggeling 1885:301.) In another section certain libations are identified with the three principal breaths. See SB 2.1.2.1-2 for out-breathing, in-breathing, and through-breathing homologized to the Great Pressing in the Agnistoma: "The Upāmśu (graha), forsooth, is his out-breathing, the Upāmśu-savana (stone) his through-breathing, and the Antaryama (graha) his in-breathing. (2:) Now as to why it is called Antaryama. That which is the out-breathing is also the in-breathing and the through-breathing. Now, in drawing the Upāmśu (graha), he puts into him that out-breathing which tends away from him; and in drawing the Antaryama, he puts into him that in-breathing which tends towards him. But this same in-breathing is confined within his self; and because it is confined (yam) within (antar) his self, or because these creatures are sustained (yam) by it, therefore it is called Antaryāma." (Eggeling 1885:257-258.) Again at ŚB 4.1.2.18 etc.: "The Upāmśu and Antaryāma, since they are the out-breathing and in-breathing." (Eggeling 1885:262.) According to Eggeling, Antaryama is here a name for one of the Soma libations: "The 'Great Pressing' (mahābhishava) from which the Antaryāma and following libations are obtained is performed by the four priests, viz. the Adhvaryu and his three assistants, Pratiprasthatr,

Nestr, and Unnetr, each having an equal portion of Soma-plants and one of the four remaining pressing-stones assigned to him." (Eggeling 1885:256n.1.) Other Soma libations are identified with the parts of the body above and below the navel, again dividing the body vertically at the navel, in some places said the be the dividing line between the mortal (lower) and immortal (upper) parts of the body. (SB 4.2.4.14-15: "For those (other cups of Soma) are that part of his body from the navel upwards, and above, as it were, is what is from the navel upwards....For this (cup of Soma) is that part of his body from the navel downwards: and below, as it were, is what is from the navel downwards." (Eggeling 1885:301-302.)) In the Agnicayana, explaining why the sacrificer wears the gold plate sewn into the black antelope's skin, over his navel, SB 6.7.1.9-11 says: "Why over the navel—below the navel is the seed, the power of procreation ... and more in contact with ordure is that which is below the navel ... that part of the vital air which is immortal is above the navel, and streams out by upward breathings; but that which is mortal passes by and away from the navel." (Eggeling 1894:267.) The Savit libation is said to be the mind, for Savitr is the Sun as impeller of men's thoughts. This is the notion encapsulated in the famous gayatri mantra, RV 3.62.10, recited daily by good vaidika brahmans. The verse reads: May we acquire that excellent radiance of the Stimulator god [i.e. the Sun]; may he activate our intelligence. (tát savitur váreniam bhárgo devásya dhímahi/ dhíyo yó nah pracodáyāt//) According to Tim Lubin this verse is sometimes referred to as the savitri-mantra (Lubin 1994:135). "Savitr, forsooth, is his mind: therefore he draws the Savitra cup. And, forsooth, Savitr is his breath (vital air);--when he draws the Upamsu cup [another libation], then he puts into him that vital air in front; and when he draws the Savitra cup, then he puts into him that vital air behind: thus those two vital airs on both sides are beneficial (or, put into him), both that which is above and that which is below." (ŚB 4.4.1.1; Eggeling 1885:357.) Accordingly we find at the Prātaḥsavana or morning pressing in the Agnistoma, when measuring out the Soma, the priest measures out a libation for the gāyatrī, "Thee for the Soma-bearing falcon!" "Thee for Agni the bestower of growth of wealth!" because "Now Agni is Gayatrī: he metes this out for Gayatrī. And since Gāyatrī, as a falcon, fetched Soma from heaven, therefore she is (called) the Somabearing falcon: for that prowess of hers he metes out (for her) a second portion." (ŚB 3.9.4.10; Eggeling 1885:241.) Here the words of the mantra become the vehicle for the avatarana or descent from heaven of Soma. Again, in a manner not completely dissimilar from notions of the rasa of the bodhicitta flowing through the channels of the body, we find that when Indra overdrinks the Soma, it exudes from his life-breaths. When Indra, having beheaded the three heads of Tvastt's son Viśvarūpa is excluded by Tvastt from the Soma, Indra drinks up the pure Soma in the tub. \$B 1.6.3.7 tells us: "That (Soma), however, injured him; it flowed in all directions from (the openings of) his vital airs; from his mouth alone it did not flow, but from all the other (openings of the) vital airs it flowed." (Eggeling 1882:165. It's not clear that the interpolation of "openings" here is necessary. The remaining Soma in the tub was made to grow into Vrtra by an enraged Tvaştr, according to ŚB 1.6.3.8-12.)

I close this note with Griffith's felicitous translation of a couple of the inspired lines in praise of the mystery plant: RV 9.85.8-9, from a hymn to Soma Pavamāna. 9.85.8: "While thou art purified pour on us hero strength, great, far-extended shelter, spacious pasturage; let no oppression master this our holy work: may we, Oh Indu, gain all opulence through thee. (9:) The Steer who sees afar hath risen above the sky: the Sage hath caused the lights of heaven to give their shine; the King is passing through the filter with a roar: they drain the milk of heaven from him who looks on men. (10:) High in the vault of heaven,

- unceasing, honey-tongued, the Loving Ones drain out the mountain-haunting Steer,— The drop that hath grown great in the waters, in the lake, meath-rich, in the stream's wave and in the cleansing sieve." (Griffith 1897{2}:367.)
- 56. The title of the tenth Kānda of the Satapatha Brāhmana begins "Cityāgneh samvatsararūpatvam," (Upadhyaya 1969:1351.) i.e. "the fire-altar has the form of the year;" it continues "tasya prājāpatyātmanā stutih," (Upadhyaya 1969:1351) i.e. "the praise of that [fire altar] as having Prajāpati as its self." So that Prajāpati too becomes homologized to the year. or time itself. The Brāhmaņa begins: "Om. In the beginning this Fire [altar] is built; [it is] the year. Afterwards, the great Uktham [verse recitation] is recited. From the relaxed Prajāpati the rasa went to the top. (SB 10.1.1.1: Om | agnir eşa purastāc cīyate | samvatsara uparistān mahaduktham šāsyate, prajāpater visrastasya agram raso 'gacchat|. (Upadhyaya 1969:1351). According to Eggeling (Eggeling 1897:281n.3), Sāyaņa takes agram as urdhvalokam, i.e. the rasa went to heaven.) SB 10.1.1.4 says that the rasa that flowed upwards, or to the top, became the mahad-uktham, and the priests seek, or go after (anuyanti) that rasa with the rk and Sama (verses). (SB 10.1.1.4: Atha yo 'sya so 'gram raso 'gacchat' mahattaduktham tam asya tam rasam rk-sāmābhyām anuyanti. (Upadhyaya 1969:1352).) The adhvaryu draws the rasa by means of the Soma cup (graha), the Udgātr puts the rasa into the cup by means of the Mahāvrata Sāman, and the Hotr puts rasa into it by means of the Mahaduktham. (Eggeling 1897:282-283.) By chanting the stotra, reciting the sastra, and offering the graha, the priests put the rasa into Agni: "and thus those two, the rk and the Saman, enter him in the form of the vital fluid; and thus they both enter (join) the Yajus." (Eggeling 1897:284.)
- 57. My thanks to Prof. David Pingree for pointing out this connection to me, and referring me to the explanatory passage in his translation of Varāhamihira's *Pañcasiddhāntikā*.
- 58. There are 15 sets of four seconds in one minute (15 x 4 = 60); 15 x 60 minutes = 900 sets of four seconds in one hour.  $900 \times 24 \text{ hours} = 21,600$ .
- 59. Neugebauer & Pingree 1971{2}:comment on XIV,31-32.
- 60. The multiplicity of shapes that Agni may assume (since hearth-fires are constantly in motion) may well have had something to do with the genesis of the philosophical notion of māyā or illusion that comes to play such an important role in later Indian thought. Aitareya Brāhmana 1.30 gives an intriguing description of fire during the description of the Agnistoma pranayanam, i.e. bringing Agni and soma to the Uttarā vedi altar location. "When the King Soma had been carried once (to the place of the Uttara Vedi), then the Asuras and demons sought to kill the king between the place called sadas (the place for the Soma near the agnīdhriya hearth-Haug 1977:68n.16) and the two havirdhanas (the two carts filled with ghee, soma, and other oblations-Haug1977:68n.16). Agni saved him by assuming an illusory form (māyā) as is said in the words of the mantra (RV 3.27.7): purastād eti māyayā, i.e. he walks before him by assuming an illusory form. In this way Agni saved Soma." (Haug 1977:69). Similarly, AB 3.39 tells the story of the Devas and Asuras at war, and Agni refusing to follow the gods unless they perform a ceremony praising him; Agni then assumes a threefold form: "After having been praised, he followed them. He having assumed the shape of three rows, attacked in three battle lines the Asuras in order to defeat them. The three rows were made only of the metres (Gāyatrī, Tristubh, and Jagatī). The three battle lines are only the three libations. He defeated them beyond expectation." (Haug 1977:230).
- 61. AB 2.5.2, explaining the words of the *Nivid*; "He repeats: *turnir havyāvat*, i.e. the runner who carries the offerings. Vāyu is the runner who carries the offerings. For Vāyu

runs in an instant through the whole universe; he carries the offerings to the gods." (Haug 1977:145.)

- 62. See Insler 1995:1.
- 63. RV 10.136: "1. The hairy one (bears) fire, the hairy one (bears) the drug, the hairy one bears the two firmaments; the hairy one (bears) the whole (world) so that it may see the Sun; the hairy one is called that light (i.e. the Sun).
- kesi agnim kesi vişam kesi bibharti ródast| kesi visvam suár drse kestdam jyótir ucyate||
- "2. The munis, belted with the wind, clothe themselves in red dirt; they follow the force of the wind when the gods have entered (them).
- múnayo vātarašanah pišángā vasate málā vātasyānu dhrājim yanti yád devāso ávikṣata | | "3. Delirious with muni-hood, we have mounted the winds; you mortals perceive only our bodies."
- únmaditā maúneyena vātām ā tasthimā vayám | sarīred asmākam yūyám mártaso abhi pasyatha | |
- "4. He flies through the air, looking down on all forms; the *muni* is each god's friend, fit to do good works (rituals?).
- antáriksena patati vísvä rűpävacākasat| múnir devásya devasy saúkrtyāya sákhā hitáh||
- "5. Horse of the wind, friend of Vāyu, driven by the gods as well, the *muni* inhabits both seas, both the eastern and the western.
- vātasyāsvo vāyoh sákhā-átho devésito múnih ubhaú samudrāv ā kseti yás ca pūrve utāparah |
- "6. Proceeding along the path of the Apsarases, the Gandharvas, and the wild animals, the hairy one, knowing (their) thoughts, is (their) sweet, most intoxicating friend.

  apsarásām gāndharvāṇām mṛgānām cáraņe cáran keśī kétasia vidvān sákhā svādúr madnitamah!
- "7. The wind has churned it for him; Kunannamā prepared it when the hairy one drank of the drug from the cup, with Rudra.
- vāyur asmā úpāmanthat pinásti smā kunamnamā kešī visásya pātreņa yád rudréņāpibat sahā | | " (Lubin 1994:30-31).
- 64. Atharvaveda (15.15.16.17) identifies seven types of prāṇa, fire/agni, the Sun/Aditya, the Moon/candramāh, the wind/pavamāna, water/āpah, animals/paśavah, and people/prajāh), seven types of apāna (the full Moon/paurṇamāsī, seventh, eighth, and ninth days after the full Moon/aṣṭakā, new Moon/amāvāsyā, faith/śraddhā, initiation/dīkṣā, sacrifice/yajña, and sacrificial gifts/dakṣiṇā), and seven types of vyāna (earth/bhūmi, atmosphere/antarikṣaṃ, the sky/dyauh, the lunar constellations/nakṣatrāṇi, the seasons/rtavah, the combinations of seasons/ārtavāh, and the year/saṃvatsarāh). (See Dasgupta 1932:291-292n.5.)
- 65. Satapatha Brāhmaņa, 2.3.3.7-8, "Now yonder burning (Sun) doubtless is no other than Death; and because he is Death, therefore the creatures that are on this side of him die. But those that are on the other side of him are the gods, and they are therefore immortal. It is by the rays (or reins, thongs, raśmi) of that (Sun) that all these creatures are attached to the vital airs (breaths of life), and therefore the rays extend down to the vital airs. ([Sarvāh prajā raśmibhih prāṇeṣv abhihitās, tasmād u raśmayah prāṇān abhyavatāyante]. My boldface. Sanskrit from Upadhyaya 1967:257). And the breath of whomsoever he (the Sun) wishes he takes and rises, and that one dies. And whosoever goes to yonder world not having escaped that Death, him he causes to die again and again in yonder world, even as, in this world, one regards not him that is fettered, but puts him to death whenever one wishes. "¿Eggeling

- 1882:343). The repeated death in yonder world mentioned here echoes the doctrine expressed in Jaiminīva Brāhmana 1.17-18, and 1.49-50, discussed above. This slightly shocking sense of the potentially tyrannical power of the Sun is ameliorated by the notion that one is released from this death by firmly planting oneself on that Death, on the Sun, by offering the morning and evening Agnihotra libations, a notion we found also in Jaimintya Brāhmaṇa above. SB 2.3.3.9: "And, verily, he who knows that release from death in the Agnihotra, is freed from death again and again." (Eggeling 1882:344). Anuvāka 4.8-9 of the Pravargya Brāhmaņa of the Taittirfya Āranyaka explains how the external winds are also connected to the Sun's fire: "Prayargya is actually the head of the sacrifice. Indeed, yonder Aditya (the Sun) is the Pravargya. The Maruts are its rays. "Svāhā! Surround with the Maruts," he says. He piles yonder Aditya (the Sun) with rays. Hence in yonder world yonder Aditya (the Sun) is surrounded with rays. Hence the king is surrounded with people. Hence the leader of a community is surrounded by his men." (Siro vā etad yajfiasya | yat pravar[g]yah | asau khalu vā ādityah pravargyah! tasya maruto rasmayah! | 8 | "svāhā marudbhih pari srayasvety āha amum evādityam rasmibhih pary ūhati! tasmād asāv ādityo 'musmin loke rasmibhih paryūdhah tasmād rājā višā paryūdhah tasmād grāmaņīh sajātaih paryūdhah (Houben 1991:61-62, his translation). As Houben explains in a note, the adjectives for the Maruts in the rgveda are Sun-like: viśvabhānu (universal brightness or all-illumining; bhānu is also a name for the Sun), svábhanu (self-luminous), hiranyáya (golden), sūryatvac (the Sun's skin, or having a Sun-like skin), etc. RV 5.55.3 says the maruts are survasyeva raśmayah, i.e. like rays of the Sun. (Houben 1991:116n.58; my translations). Griffith translates RV 5.55.3-4 (the hymn is to the Maruts), as "Strong, born together, they have waxed great: the Heroes more and more have grown to majesty | Resplendent as the Sun's beams in their light are they. Their cars moved onward as they went to victory. Maruts, your mightiness deserves to be adores, sight to be longed for like the shining of the Sun. So lead us with your aid to immortality. Their cars moved onward as they went to victory." (Griffith 1897{1}:561). 66. \$B 2.2.2.15: "Now, when, on that occasion, they produce that (fire) by churning, then he (the sacrificer) breathes (blows) upon it, when produced; for fire indeed is breath [prāņo 'vā agnir]: he thereby produces the one thus [being] produced [jātam eva enam etat santam janayati]. He again draws his breath [sa punar apāniti]: thereby he establishes that (fire) in his innermost soul" ([tad enam antarātmann ādhatte]; The double nn at the end of antarātman
- 'vā agnir]: he thereby produces the one thus [being] produced [jātam eva enam etat santam janayati]. He again draws his breath [sa punar apāniti]: thereby he establishes that (fire) in his innermost soul" ([tad enam antarātmann ādhatte]; The double nn at the end of antarātman is due to saṃdhiḥ; it is not a negative particle) "and that fire becomes established in his innermost soul" [so 'sya eṣo 'ntarātmann agnir āhito bhavati]." Eggeling 1882:311. Sanskrit from Upadhyaya 1967:230. Eggeling refers to a passage from the Kātyāyana Śrauta Sūtra 4.8.29 ff. where, after churning the fire into existence, "the sacrificer blows it with 'Breath I bestow on the immortal;' and the well-kindled flame he inhales with 'The immortal I bestow on the breath.'" (Eggeling 1882:297-298n.4).
- 67. As discussed below, this doctrine is apparently contradicted in some places by the idea that the priests, through following an improper sequence of mantras, can accidently kill the sacrificer, and even themselves, because of the connection between the mantras and the breaths. Pañcaviṃśa Brāhmaṇa 10.4.4. remarks, with interesting implications for the four states of consciousness theory espoused in the Upaniṣads (waking, dreaming, deep sleep, and the fourth state), that: "the breath is always awake." (Bodewitz 1976:237n.12.) Śatapatha Brāhmaṇa 2.2.2.17 discusses the issue: "It (or some one) might come between, 'it might go away!' so (fear some); but, surely, as long as he lives no one comes between him and that fire which has been established in his innermost soul [na ha vā 'syaitaṃ kaścana antareṇa eti yāvaj jīvati yo 'syaṣo 'ntarātmann agnir āhito bhavati]: let him, therefore, not heed this.

- And as to its becoming extinguished: -- surely, as long as he lives, that fire which has been established in his innermost soul, does not become extinct in him." Eggeling 1882:312. Sanskrit from Upadhyaya 1967:230. Since the *Satapatha* is by general consent the latest of the *Brāhmaņas*, we may conclude that the earlier doctrine of the ability of the priests to remove the sacrificer's breaths was in some lineages becoming superceded.
- 68. Satapatha Brāhmaņa 2.2.2.18: "The (sacrificial) fires, assuredly, are those breaths: the Āhavanīya and Gārhapatya are the out-breathing and the in-breathing; and the Anvāhāryapacana is the through breathing." (Eggeling 1882:312).
- 69. Only by reading through the *Brāhmaņas* will one gain an appreciation for just how pervasive the doctrine of the breaths is in the interpretation of Vedic ritual. One really ought to include the *Brāhmaņas* themselves in the following analogy from the *Aitareya Āraṇyaka* 3.2.2: "Sthavira Śākalya says that the breath is a beam, and that as the other beams rest on the main beam of the house, the eye, the ear, the mind, the speech, the senses, the body, the whole self, rests on this breath." (Keith 1909:247-248.)
- 70. For instance, Anuvāka 4.5 of the Pravargya Brāhmaņa of the Taittirīya Āraņyaka speaks of seven prāṇas in the head. "He offers the prāṇāhutis. He puts the prāṇas in the sacrificer. He offers seven. Seven, indeed, are the prāṇas in the head." (Houben 1991:60). Grinding the rice during the darśapūrṇamāsa, he says (ŚB 1.2.1.19:) "For out-breathing (I grind) thee! for in-breathing thee! for through breathing (pervading vital air) thee! May I impart a long duration to the life (of the sacrificer)!." (Eggeling 1882:40.)
- 71. This issue of the potential danger to the life of the ritualists is rationalized in many ways. In the *Dvādšāha vyūdhacandas* (twelve days' sacrifice with transposed meters), for instance, it is said that after drawing each Soma libation the Adhvaryu "does not deposit itthe grahas being the vital airs—lest he should disorder the vital airs." (ŚB 4.5.9.2, etc.; Eggeling 1885:419ff.)
- 72. That the *Brāhmaṇas* intend *prāṇa* as exhalation, and *apāna* as inhalation is evident from several passages. One such is  $\dot{S}B$  1.4.1.5: "And (another reason) why he recites with 'ā' and 'pra' is this. 'Pra (forth)' clearly means out-breathing, and 'ā (hither)' means in-breathing: hence he thereby obtains out-breathing and in-breathing (for the sacrificer). For this reason he recites with 'ā' and 'pra.' (6:) ... 'Thither' the cattle disperse (for grazing), 'hither' they return. Indeed, everthing here (moves) 'hither' and 'thither.'" (Eggeling 1882:101-102.) The analogy with the cattle removes any doubt about the outward sense of *pra* and the inward sense of *a*-.
- 73. Aitareya Brāhmaņa 2.4.5, describing the three offerings to the seasons (rtuyājas), says: "For the vital airs are threefold, viz. air inhaled, air exhaled, and the air circulating in the body." (Haug 1977:136). JB 1.111 refers to three breaths, prāṇa, apāna, and vyāna. (Bodewitz 1990:64.) The threefold vital airs are also mentioned at Pañcaviṃśa Brāhmaṇa 9.8.15; (Caland 1931:222). KB 13.9 holds to three winds: "Breath is in three ways ordered, expiration, inspiration, [and] cross-breathing." (Keith 1920:422.) KB 25.12: "The Śilpas are the lower breaths; the sacrificer is the man; the morning pressing is the upper breaths; the midday is the body." (Keith 1920:494.) KB 29.8, discussing the Maitrāvaruṇa Pṛṣṭha, says: "It is of ten verses (see RV 3.38.10); these breaths are ten; verily he places these breaths in the sacrifice and in the sacrificers." (Keith 1920:523.)
- 74. ŚB 14.3.2.17-18 says there are seven vital airs in the head, the breath in the mouth that is the voice, breath in the two nostrils, two eyes, and two ears. (Eggeling 1900:506.)

According to Houben, the Taittirtya Āraṇyaka 4.5.1(3) gives a different set of seven, identifying the seven prāṇas of the head (śirṣaṇya) as 1) prāṇa, 2) vyāna, 3) apāna, 4) cakṣus, 5) śrotas, 6) mānas, 7) vāk sarasvatī. (Houben 1991:115n.51. Houben notes that śirṣaṇya rarely if ever has the figurative sense of "primary" that often attaches to mukhya.) 75. See above, note to ŚB citation 6.7.1.2.

76. In the description of the Rajasūya or Royal Inauguration, ŚB 5.2.4.10 explains how we come to have ten winds in our body, emphasizing the power of the priest over the winds of the sacrificer: "He may also heal (some disease) with this (offering): For yonder blower (or purifier, the wind) is this breath; and the breath is the same as the vital energy. Now he (the wind) blows as one only, but on entering into man, he is divided tenfold; and ten are those oblations he offers: thus he (the priest) endows him with the ten vital airs, with the whole, entire vital energy; and were he now even as one whose vital spirit has departed, verily by this (offering) he (the priest) brings him round again." (Eggeling 1894:50.) Se haitenāpi bhisajyet aya vai prāno yo 'yam pavate yo vai prānah sa āyuh so 'yam eka--ivaiva pavate so 'yam puruşe 'ntah pravişto dasadhā vihito dasa vā etā āhutīr juhoti tad asmin dasa prāṇān krtsnam eva sarvam ayur dadhati sa yad ihapi gatasur iva bhavatya haivainena harati [ 10 ] [ (Upadhyaya 1969:755). (Eggeling has translated ayur as "vital energy.") In a different section on purificatory rites for the Agnistoma dīkṣā, ŚB 3.1.3.19-21 says of the sacred grass purifier: "It may consist of one (stalk of grass); for that blower (or purifier, the Wind) is one only, and in accordance with his nature is this (cleanser); hence it may consist of one (stalk). (20:) Or there may be three (stalks); for one, indeed, is that blower, but on entering into man he becomes threefold, to wit, the out-breathing [prāna], the in-breathing [udāna] and the through-breathing [vyāna], and in accorandce with his measure is this (cleanser): hence there may be three (stalks). (21:) Or there may be seven (stalks); for there are seven vital airs of the head [sapta 'vā 'ime śīrṣan-prāṇās]: hence there may be seven (stalks). There may even be thrice seven, -one and twenty: such indeed is perfection." (Eggeling 1885:17. Sanskrit from Upadhyaya 1967;353.) See the passage from \$B 6.7.1.2 cited above for the Sun's rays, and hence the vital airs or breaths, as twenty-one.

77. See for instance SB 8.4.3.1-20, where, when laying down the seventeen Srsti (creation) bricks into the Agnicayana altar, the Adhvaryu speaks to the prāņas, homologizing three, four, seven, nine and ten vital airs to the songs of praise, yet never more that ten prāņas. So for thirteen songs of praise, for instance, the Brahmana explains "there are ten vital airs, and two feet, and the trunk is the thirteenth." (SB 8.4.3.9; Eggeling 1897:74). No eleventh etc. vital airs are invented. Again, during the oblations in the Agnistoma, we're told that "there are here eleven fore-offerings; for here in man there are ten vital airs, and the eleventh is the self wherein those vital airs are contained; this is the whole man; thus they fill his whole self, and therefore there are eleven fore-offerings." (SB 3.8.1.3, Eggeling 1885:185.). Anuvāka 6 of the TĀ Pravargya Brāhamaņa gives the nine avakāśa mantras (to be intoned while gazing at the prayargya vessel), and then says "These are the nine Avakāśa mantras. That of the wife is the tenth. Nine, indeed, are the pranas in man. The navel is the tenth. He [the adhvaryu] puts the pranas in the sacrificer [the yajamāna]. And then: the virāj-metre is ten-syllabic." (Houben 1991:72.). During the prayagas or fore-offerings in the darśapūrnamāsa, ŚB 1.5.2.5 explains the Hotr's recitations by "These same (preceding formulas) are nine utterances; for nine, in number, are those breaths (or vital airs) in man, and these he thereby puts into him (the sacrificer): for this reason there are nine utterances." (Eggeling 1882:140.)

78. Aitareya Brāhmana 1.15 refers to nine prānas, matching the nine potsherds holding the rice-ball offerings to Soma. (Haug 1977:34.) Nine winds are again mentioned at AB 1.20, corresponding to the nine Pāvamānī verses for purifying the Soma juice. (Haug 1977:45.) The Hotr points to the navel of the pravargya (See below for a discussion of this rite) initiate, and repeats ayam venas ca udayat (RV 10.123.1). ('And this, Vena, arose.' Griffith explains in a note that Vena = "the loving Sun." (Griffith 1897{2}:615, note).) AB 1.20 glosses this "'This' (the navel) is meant by venas; for some vital airs are circulating (venanti) above the navel, others below it. On account of this vital air (the life) taking its origin from the navel, venas (circulation, from ven to circulate) means 'navel.'" (Haug 1977:45.) MW gives "to care or long for....; to tend outwards...." for  $\sqrt{ven}$ . The navel certainly is an important location vis à vis the breaths. While cleaning the sacrificial animal victim, the sacrificer's wife cleans the mouth, nostrils, eyes, ears, navel, sexual organ, anus, and feet. The navel is referred to as the site of the aniruktah pranah, the 'unexplained,' 'inarticulated,' or mysterious breath. (SB 3.8.2.6, Eggeling 1885:192. Upadhyaya 1967:496.) Elsewhere we find the heart identified as a generative source of life. Singing various hymns over the agnicayana altar, "He [the priest] then sings the heart of Prajāpati;—the heart assuredly is yonder Sun, for he (the Sun) is smooth, and the heart is smooth; he is round, and the heart is round. On the body (of the altar) he sings, for the heart is in the body;—at the arm-pit, for the heart is in (the vicinity of) the armpit; -at the right armpit, for the heart is nearer thereto:" (ŚB 9.2.1.40; Eggeling 1897:180-181. The claim that the heart is nearer to the right armpit is difficult to explain, unless the text is referring to a non-organic heart that is the counterpart of the organic one.) "he thus makes the Sun his (Agni's) heart, and that heart of his he thus makes boneless and immortal." "The heart of Prajapati" is a verse from the Samaveda, interspersed with various modulations and interjections (stobhas), cited by Eggeling, "imāh prajāh prajāpater hīdayam prajārūpam ajījane" (Eggeling 1897:180n.1) = these beings are the heart of Prajāpati; I [Prajāpati] produced myself in the form of beings. (ajījane is the first person singular atmanepada of the reduplicated agrist of  $\sqrt{jan}$ .) Then the Hotz recites from the beginning of RV 9.83.1-2: pavitram te vitatam; tapoh pavitram vitatam. These are the first three words of RV 9.83.1 and 9.83.2 respectively, a hymn to Soma Pavamāna. Griffith translates "Spread is thy cleansing filter" and "[high in the seat of heaven] is spread the Scorcher's seive." (Griffith 1897{2}:364). Then the Brāhmaņa explains: "On account of their containing the word "pavitram" (pure), the vital airs are purified (when these mantras are recited over them). These are the vital airs of the lower part of the body, presiding over the semen, urine, and excrements." (Haug 1977:45.) Here evidently the specific functions that are in later medical and Yoga literature assigned specific wind-names, are recognized as having distinct winds, yet remain unnamed (at least in the written tradition). AB 1.17, describing the Atithi-işti or guest reception, speaks of the seven vital airs in the head. (Haug 1977:40.) The section concludes: "They offer only the Prayajas at this (Isthi), but not the Anuyāias. The Prajāyas, as well as the Anuyājas are the vital airs. The airs which are in the head are the Prajāyas, whilst those in the lower parts of the body are the Anuyājas. He who should offer the Anujāyas at this (Işthi) is just like a man who after having cut off the vital airs (residing in the lower parts of the body) wishes to put them in the head. That would be superfluity, were all the vital airs, those of the head as well as those of the lower parts of the body, to be found at the same place (viz. in the head)." (Haug 1977:41.) Similarly, at Kausttaki Brāhmana 25.12, we have a general indication of physiological differentiation of the breaths: "The Silpas are the lower breaths; the sacrificer is the man; the morning pressing is the upper breaths; the midday is the body." (Keith 1920:494). Another passage divides the

upper and lower airs into those above and below the navel. In the Agnicayana, explaining why the sacrificer wears the gold plate sewn into the black antelope's skin, over his navel, SB 6.7.1.9-11 says: "Why over the navel-below the navel is the seed, the power of procreation ... and more in contact with ordure is that which is below the navel ... that part of the vital air which is immortal is above the navel, and streams out by upward breathings; but that which is mortal passes by and away from the navel." (Eggeling 1894:267.) Another use of the gold plate is hanging it round the neck of the sacrificer during the Agnicayana. SB 6.7.1.1 says: "He hangs a gold plant (round his neck), and wears it; for that gold plate is the truth, and the truth is able to sustain that [Ukhya agni or fire in the pan that the Sacrificer will carry at the time of his dīkṣā, and will be considered as the Sacrificer's divine body]: by means of the truth the gods carried it, and by means of the truth does he now carry it. (2:) Now that truth is the same as yonder Sun. It is a gold (plate), for gold is light, and he (the Sun) is the light; gold is immortality, and he is immortality. It (the plate) is round, for he (the Sun) is round. It has twenty-one knobs, for he is the twenty-first. He wears it with the knobs outside, for the knobs are his (the Sun's) rays, and his rays are outside." (Eggeling 1894:265.) As Eggeling notes, SB 1.3.5.12 says, "twelve months of the year, five seasons, and three worlds: this makes twenty, and he that burns yonder is the twenty-first." (Eggeling 18894:265n.2). Eggeling also points us to AB 4.18: "They perform the ceremonies of the Ekavimsa day, which is the equator, dividing the year (into two equal parts). By means of the performance of this day, the gods had raised the Sun up to the heavens. This Ekavimsa day on which the Divakirtya mantra (was produced) is preceded by ten days, and followed by ten days, and is in the midst (of both periods). On both sides it is thus put in a Virāt (the number ten). Being thus put in a Viral (in the number ten) on both sides, this (Ekavimsa, i.e. the Sun) becomes not disturbed in his course through these worlds." (Haug 1977:288-289). This identification of the Sun with twenty-one would explain why it is said at SB 3.1.3.21 that the vital airs can number 21. SB 5.4.1.14 refers to: "gold being immortal life" (Eggeling 1894:93.) during discussion of the gold-plates used in the royal inauguration. SB 5.5.1.8: "gold is Agni's seed." (Eggeling 1894:121.) When building the Agnicayana altar, the bird-shaped altar representing the fire that flies to heaven, an image of a golden man is formed (out of gold) and placed in among the altar bricks. SB 7.4.1.18 explains: "that one (the Sun), the gold disk, looking downwards, gives warmth by his rays, and that man (tends) upwards by his vital airs." (Eggeling 1894:367-368.)

79. Discussing strainers, on the second day of the Darśapūrnamāsa iṣṭi, or New and Full Moon sacrifices, Śatapatha Brāhmaṇa 1.1.3.2 says "Two there are of them: for means of cleansing (pavitra) in this (wind) which here ventilates (pavate); and this, it is true, ventilates as one only; but on entering into man, it becomes a forward and a backward one, and they are these two, to wit, the prāṇa (breathing out) and the udāna (breathing up or in). And as this (clarifying process) takes place in accordance with the measure of that (process of breathing), therefore there are two (strainers). (1.1.3.3:) There may also be three: for the vyāna (or pervading vital air) is a third (kind of breathing); but in reality there are only two." (Eggeling 1882:19-20.) In the Agnicayana rites, during the preparation of the site for the āhavanīya altar, the Adhvaryu ploughs around each side of the site. During a series of furrows ploughed through the middle of the altar site (Prajāpati's body), Śatapatha Brāhmaṇa 7.2.2.19-20 gives a different doctrine on the winds: "Four furrows he ploughs with prayer: he thereby puts into him those four well-defined vital airs which are in the head.... (20:) And as to why he ploughs through the body: he thereby puts into him those vital airs which are inside the body. Silently (he does so), for who knows how many vital airs there are inside

- the body?" (My boldface; Eggeling 1894:331. Yo eva ime 'ntarātman-prāṇās tān asmin etad dadhāti tūṣṇīm, ko hi tad veda yāvanta 'ime 'ntarātman-prāṇāh. (Upadhyaya 1969:1023).) When the ploughing is finished, the Adhvaryu pours water on both the ploughed and unploughed ground. "But were he to pour (water) only on the ploughed ground, and not on the unploughed, there would be water only in (the channels of) the vital airs, and not in the other (parts of the) body." (ŚB 7.2.4.10; Eggeling 1894:336-337.) Then he sows seed into the ploughed and unploughed ground, healing the cosmic body. "Were he to sow only on the unploughed, and not on the ploughed ground, he would only heal the body, and not the vital airs." (ŚB 7.2.4.23; Eggeling 1894:339.) After building the Gārhaptya, and before building the Āhavanīya, the Adhvaryu buys the Soma. ŚB 7.3.1.2 explains that "Agni is the body, and Soma the vital air," [ātmā vā agnīh, prāṇah soma], and ŚB 7.3.1.3 "Agni is the body, and Soma is the life-sap." [ātmā vā agnī rasah soma]. (Eggeling 1894:342; Sanskrit from Upadhayay 1969:1035.)
- 80. When laying the bricks in the Agnicayana, each is given a particular identity, complete with an explanation of its role in the cosmic bird, and with a set of mantras to be recited over it. SB 8.1.1.1ff describes the laying of the prānabhrtah or "breath-holder" bricks. SB 8.1.1.2: "He lays them down by ten and ten, for there are ten vital airs." (Eggeling 1897:3.) SB 8.1.3.6: "Those (bricks) which he lays down in front are the holders of the upward air (the breath, prana); those behind are the eye-holders, the holders of the downward air (apāna); those on the right side are the mind-holders, the holders of the circulating air (vyāna); those on the left side are the ear-holders, the holders of the outward air (udāna); and those in the middle are the speech-holders, the holders of the pervading air (samāna). "(Eggeling 1897:15.) We also find all five major winds, the prāṇa, apāna, udāna, samāna, and vyāna, named separately at Jaiminīya Brāhmana 1.41 as being satisfied by three eatings from of the remnants of the oblation in the ladle of the agnihotra. Again, there is however no specification of their varied functions. (Bodewitz 1973:94). We also find five breaths explained at Aitareya Āranyakah 2,3,3: "This man is the sea, he is above all the world. Whatever he reaches, he desires to be beyond it. If he gains the sky world, he desires to be beyond it. If he were to gain yonder world, he would desire to be beyond it. Fivefold is this man. What is hot in him is fire; the apertures are the ether; blood, mucus, and seed are water; the body is earth; the breath is air. Fivefold is the air, up-breathing, down-breathing, back-breathing, out-breathing, on-breathing. The deities, sight, hearing, mind, and speech, are comprised in up-breathing and down-breathing. For they depart with the departure of breath." (Keith 1909:217-218).
- 81. ŚB 1.4.3.1-22 discusses the mantras used during kindling of the fire in the new and full Moon sacrifices. The third verse is "Shine forth, O youngest, brilliantly!" ŚB 1.4.3.3 explains this as "the high-flaming one, indeed, is the upward breathing (udāna): the upward breathing he accordingly kindles with this (the third verse). The eighth verse "Agni we choose for messenger" [agnim dūtam vṛṇīmaha], ŚB 1.4.3.8 explains as follows: "what central breath [madhyamah prāṇah] there is (in the body), that he kindles with this (the eighth verse): that one indeed is the internal motive force of the breathings [sā haiṣā antasthā prāṇānām]; from it (two) others tend upwards [ato hy anya 'ūrdhvāh prāṇā], and from it (two) others tend downwards for it is indeed the internal motive force [ato 'nye 'vāfico 'ntasthā ha bhavaty]. And whosoever knows that internal motive force of the breathings, him they regard as the internal motive force." Eggeling 1882:121. Sanskrit from Upadhyaya 1967:84. It's not clear from the Sanskrit why Eggeling interpolated "two" into his translation.

- 82. AB 4.3.2, describing the five Salahas during a month, tell how each one gives the sacrificer "a firm footing" in the various aspects of time (seasons, months, half-months, and the 30-syllable virāt meter). The third sadaha makes eighteen days (3 x 6), and the Brāhmaṇa explains: "there are nine vital airs, and nine celestial worlds. Thus they obtain the nine vital airs, and reach the nine celestial worlds, and gaining a firm footing in the vital airs, and the celestial worlds, they walk there." (Haug 1977:286.) This transcendental relationship is reaffirmed in the summary (AB 4.3.3): "The Abhiplava Şalaha is like the royal road, the smooth way to heaven. The Pṛṣṭḥya Salaha is the great pathway which is to be trodden everywhere to heaven." (Haug 1977:288. See also Pañcaviṃsa Br. 2.15.3, 3.6.3, 4.5.21, 6.2.2, and 7.7.6 for examples of other nine-fold homologies with nine vital airs (Caland 1931:30, 36-37, 57, 100, and 150).
- 83. At Aitareya Brāhmaṇa, 2.1.2, the Hotr closes the ritual of anointing the sacrificial post (yūpa) with RV 3.8.4 "'The youth, decorated with ribands, has arrived; he is finer (than all trees) which ever grew; the wise priests raise him up under recital of well-framed thoughts of their mind.'" The Brāhmaṇa explains that "the youth decorated with ribands, is the vital air (the soul), which is covered by the limbs of the body." (Haug 1977:77. The yūpa is erected in front of the uttaravedi for tying up the sacrificial animal. (Haug 1977:72n.1).)
- 84. Explaining the agnistoma, Satapatha Brāhmaņa 3.2.2.13 adds the idea that tends to confirm the Aitareya suggestion: "For verily, these vital airs are born of the mind, endowed with mind..., of intelligent power: [imai vai prāṇāh| manojātā, manoyujo, dakṣakratavo]; Agni is speech; Mitra and Varuṇa are the out-breathing and in-breathing; Āditya (the Sun) is the eye; and the All-gods are the ear,—it is unto these deities that offering is thereby made by him." (Eggeling 1885:39.)
- 85. In the expiatory ceremonies accompanying the pravargya ritual (to be undertaken in the event of shattering the gharma pot), the sacrificer offers an oblation of ghee and utters the mantra from Vājasaneyi Samhitā of the Kṛṣṇa Yajurveda, 39.1: "Hail to the vital airs with their overlord." [Svāhā prāṇebhyah sādhipatikebhya iti]. Satapatha Brāhmaṇa 14.3.2.3 explains: "the over-lord of the vital airs, doubtless, is the mind (soul), for in the mind all the vital airs are established [mano vai prāṇānām adhipatir, manasi hi sarve prāṇāh pratiṣṭhitās]: it is thus by means of the mind that he thereby heals whatever has been unsuccessful in the sacrifice." [tan manasā eva etad bhiṣajyati yat kim ca vivṛḍha yajṭīasya]. (Eggeling 1900:504; Upadhyaya 1970:1853.)
- 86. Aitareya Brāhmaṇa 2.3.14 glosses the line: "He repeats a verse addressed to Prajāpati, tantum tanvam rajaso (RV 10.53.6a). Tantu, i.e. thread means offspring. By repeating this verse the Hotar spreads (santanoti) for him (the sacrificer) offspring. By the words of this verse (RV 10.53.6a) jyotişmatah patho rakşa dhiyā kṛtam, i.e. 'protect the paths which are provided with lights, and made by absorption in meditation,' wherein the term the term 'the paths provided with lights' means the road of the gods (to heaven), the Hotar paves these roads (for the sacrificer to go on them on his way to heaven)." (Haug 1977:228.).
- 87. ŚB 7.5.2.6 Upadhyaya 1969:1032. Eggeling translates, misleadingly I think, manas as "soul." (Eggeling 1894:402). We find hints elsewhere that control of the flow of winds in the body is an ancient Vedic doctrine. Aitareya Āraṇyaka 2.2.1 glosses RV 1.164.38 as follows: "A Rsi says...'Down and up he goes, grasped by food,' [apān prān eti svadhayā grhīto] for this up-breathing [prāna] restrained by down-breathing [apāna] does not go forth. 'The immortal dwells with the mortal,' [amartyo martyena sayonih] for through him all this dwells together. For these bodies are mortal, the deity is immortal. 'These two even go in different

directions, they increase the one, but not the other,' [tā śaśvantā viṣūcīnā viyantā ni anyam cikyuh na ni cikyuh anyam] for they increase the bodies, but the deity is immortal. He who knows thus becomes immortal in yonder world and is seen as immortal by all beings." (Keith 1909:211 (translation) and 107 (Sanskrit text).) [Bracketed Sanskrit from Bandhu 1963a:1070.]

- 88. The mantras are also placed in a multifaceted identity relationship with the Sun, as forms of the cosmic fire, and as tools to control the cosmic fire. \$B 10.5.2.1-3: "Now, that shining orb is the Great Litany, the Rk verse: this is the world of the Rk. And that glowing light is (the hymn of) the Great Rite, the Sāman-tunes: this is the world of the Sāman. And the man in yonder orb is the Fire-altar, the Yajus-formulas: this is the world of the Yajus. (2:) It is this threefold lore that shines, and even those who do not know this say, 'This threefold lore does indeed shine;' for it is Speech that, seeing it, speaks thus." (Eggeling 1897:366.) JB 1.87, discussing the Bahispavamāna or outdoor laud, the Brāhmaṇa explains how the ancients switched the earthly Sun with the heavenly fire: "they took the one (the Sun) from here with three (verses of the Bahispavamāna); from the intermediate space with three they made it go to heaven. Then it heated away (i.e. upwards). They saw this last syllable [a] which contains the meaning hither. Thereby they made it directed hither. Since then it gives heat here hither. With the same syllable containing the meaning hither (or: here) they placed the fire in this world." (Bodewitz 1990:50.)
- 89. Śatapatha Brāhmaņa 1.4.3.2, Upadhyaya 1967:84. Jaiminīya Brāhmaņa 1.66 says: "Agni is the generative light (jyoti) among the gods, the Virāj is the light (among the meters...)....With light in the form of the exclamation hrim the gods gave light to the Trivit (stoma) [and so on]... Thus each Stoma continually places light in another stoma." (Bodewitz 1990:37.) ŚB 1.2.3.1-22 identifies a series of fire-kindling mantras with the prāņa (outbreathing), apāna (inbreathing), udāna (up breathing), ear, voice, mind, eye, central breath (madhyamah prāṇah), penis (śiśna), downward breathing (avānprāṇah). The first three in vs. 1.4.3.3, the remainder in vss. 1.4.3.4-10 respectively. The remaining verses describe the deleterious effects of cursing on each breath or sense. (Eggeling 1882:120-124). SB 1.4.3.2 says "And in like manner the fire blazes when kindled by means of the kindling verses, so also blazes the priest (brāhmaṇa) that knows and recites the kindling verses; for, indeed, he is unassailable [anavadhrsyah], unapproachable [anavamrsyah]." (Eggeling 1882:120: Upadhyaya 1967:83.) In describing the recitation of the April verses, Aitareya Brāhmana 2.4 explains that the Hotr "recites a yājyā verse for the wooden sticks (samīdhaḥ) which are used as fuel. These are the vital airs. The vital airs kindle this whole universe (give life to it). Thus he pleases the vital airs and puts them in the sacrificer." (Haug 1977:82.) The same section mentions yājyā verses recited for trees, dawn and night, gates of the sacrificial place, barhis grass, etc., pleasing them and putting them in the sacrificer, and the three goddesses, Ilā (sacrificial food), Sarasvatī (speech), and Mahī or Bhārati (earth): "these three goddesses are the air inhaled, the air exhaled, and the air circulating in the body. Thus he pleases them and puts them in the sacrificer." (Haug 1977:83.)
- 90. Describing the agnyādhāna, or setting of the sacrificial fires, Jaimintya Brāhmaṇa 1.1 says: "Here now they say 'What does he offer, in what is there offered?' He offers life, in (the) life (breath) there is offered. In that they churn out the fires, thereby they produce the sacrificer's life breaths. Therefore he holds his breath during the churning out. His lifebreaths are all that time in the two pieces of kindling wood." Similarly the wood borings are thought of as his food, the smoke his mind, the glowing charcoal his sight. (Bodewitz 1973:19-20.) Aitareya Brāhmaṇa 6.28, discussing the Vālakhilyas repeated by the

Maitrāvaruņa after the Nābhānediṣṭha hymn, explains that the Hotṛ priest forms the sacrificer's breaths by repeating the mantras: "The Bṛhatī of the Pragātha is the soul, the Satobṛhatī the life. If he has repeated the Bṛhatī, then a soul (is made); and if he has repeated the Satobṛhatī, the vital airs (are made). By thus repeating the Bṛhatī and the Satobṛhatī, he surrounds the soul with the vital airs." (Similarly the Satobṛhatī is said to be cattle, and by its recitation the soul is surrounded with cattle. (Haug 1977:426).) Kauṣṭtaki Brāhmaṇa 7.9 says "moreover the metres are the breaths; verily thus in the self he intertwines the breaths, to prevent severance; therefore these breaths though blowing in diverse directions do not blow out." (Keith 1920:388.) Aitareya Brāhamaṇa 6.20, discussing the hymns recited by Maitrāvaraṇa prior to the Sampātas, explains the use of the Virāj: "For the Virāj consists of ten syllables, and the Virāj is food; it serves for obtaining food. As regards the number ten (of these) verses, it is to be remarked that there are ten vital airs. The sacrificers thus obtain the vital airs, and connect them with one another. The Acchāvāka repeats this hymn after the Sampātas in order to secure the heavenly world (for the sacrificers), whilst the sacrificers move in this world." (Haug 1977:412.)

91. AB 1.7, Explaining the etymology of the *Prāyanīya Iṣti*: "The *prāyanīya* ceremony is the air inhaled (*prāṇa*), whereas the *udayanīya*, i.e. concluding ceremony (of the whole sacrifice) is the air exhaled. The Hotar (who is required at both ceremonies) is the common hold of both the airs (*samāna*). Both the air inhaled and exhaled are held together (in the same body)." (Haug 1977:16.) Again, during the digging out of the clay for the *Agnicayana* altar bricks, the priest uses the well-known *Gayatri mantra* to place the airs into the sacrificer: "With Gāyatrī verses (he performs),—the Gāyatrī is the vital air: he thus lays the vital air into him. With three (verses);—there are three vital airs, the out-breathing, the inbreathing, and the through-breathing: these he thus lays into him. These (verses) consist of nine feet, for there are nine vital airs, seven in the head, and two downward ones: these he thus lays into him." (ŚB 6.4.2.5; Eggeling 1894:218.)

## 92. Haug 1977:422.

- 93. Aitareya Āraṇyakah 2.3.6-7: "'A' is the whole of speech and being manifested through the mutes and sibilants it becomes manifold and various. If uttered in a whisper it is breath, if aloud it is body. Therefore it is as it were hidden, for what is incorporeal is as it were hidden, and breath is incorporeal. But spoken aloud it is body and visible, for body is visible. (7:) This is produced as a thousand brhatis. It is glory, it is Indra, it is the lord of creatures. 'He who knows it as Indra, as the lord of creatures, leaves this world shaking off all ties,' so said Mahidāsa Aitreya. Having departed he becomes Indra, he shines in those worlds." (Keith 1909:222-223).
- 94. Aitareya Āraṇyaka (3.2.5): "Now comes this Upaniṣad of the whole speech. All these indeed are Upaniṣads of the whole speech, but this so they call. The mutes are the earth, the sibilants the sky, the vowels heaven. The mutes are fire, the sibilants air, the vowels the Sun. The mutes are the Rgveda, the sibilants the Yajurveda, the vowels the Sāmaveda. The mutes are the eye, the sibilants the ear, the vowels the mind. The mutes are the up-breathing, the sibilants the down-breathing, the vowels the back-breathing. Then comes this divine lute. The human lute is an imitation of it. As there is a head of this, so there is a head of that; as there is a stomach of this, so there is a cavity of that; as this has a tongue, so that has a tongue; as this has fingers, so that has strings; as this has vowels, so that has tones; as this has consonants, so that has touches; as this is endowed with sounds and firmly strung, so that is endowed with sounds and firmly strung; as this is covered with a hairy skin, so that is

covered with a hairy skin. For in former times they covered lutes with a hairy skin. He who knows this divine lute, is heard when he speaks, his fame fills the earth, and wherever they speak Aryan tongues, there is he known." Keith 1909:254-255. It's quite likely that the name of the *Vīnāsikha tantra* has something to do with this passage.

At Aitareya Āraņyakah 3.2.2, we find: "Then comes Kauntharavya. There are three hundred and sixty syllables, three hundred and sixty sibilants, three hundred and sixty unions. What we have called syllables are the days; what we have called sibilants are the nights; what we have called unions are the junctions of the nights and days. So far as regards the gods. Now as regards the self. The syllables which we have explained with reference to the gods are with reference to the self bones; the sibilants which we have explained with reference to the gods are with reference to the self marrow; the marrow is indeed the real breath, for it is seed, and without breath seed is not effused. Or if it is effused without breath, it will decay and will not produce. The unions which we have explained with reference to the gods are with reference to the self joints. Of these three, bones, marrow, and joints, there are five hundred and fort parts on this side and on that. They make one thousand and eighty, and one thousand and eighty are the rays of the Sun. They make the brhati verses and this day. Thus the self which consists of sight, hearing, metre, mind, and speech is like the syllables in number. He, who knows thus this self, which consists of sight, hearing, metre, mind, and syllables, becomes rich in sons and cattle and lives out all his days." (Keith 1909:248-249.)

- 95. In the Darsapūrņamāsa, in the discussion of the idā or cattle sacrifice, ŚB 1.8.1.38-39 reports: "They (the priests and sacrificer) eat it (the idā [the sacrificial offering]), and do not offer it up in the fire; for assuredly the idā means cattle: hence they do not offer it in the fire, lest they should throw the cattle into the fire. (39:) In the vital airs rather it is offered, partly in the Hotr, partly in the Sacrificer, partly in the Adhvaryu." (Eggeling 1882:227.)
  96. See Bodewitz 1973: "The prāṇāgnihotra is based on the identification of fires and
- prāṇāḥ." (Bodewitz 1976:4.), and "Eating food came to be (as a prāṇāgnihotra) the substitute of the offering in the fires." (Bodewitz 1976:243.) The main source for Bodewitz's analysis is the Mahānārāyanopaniṣad, the tenth book of the Taittirīya Āraṇyaka; other descriptions of the rites are given in various dharmasūtras, smartasūtras, and early Upaniṣads, is essentially a rule about eating a regular meal (bhojanavidhi), with the use of mantras. Mantras are recited before the offering the food into the breaths, sipping of water before and after the meal, touching the central seat of the prāṇāḥ with various mantras, and pouring of water on the toes with various mantras. (Bodewitz 1973:256.) The touching of the seat of the prāṇā with mantras prefigures the later mantra-nyāsa practices of the tantric traditions. "The general concept is that by eating one satisfies the prāṇāḥ (vital powers), which in their turn satisfy the corresponding deities and parts of the cosmos. On account of micro-macrocosmic identifications the prāṇāhuti is interpreted as a tarpaṇam of the whole cosmos." (Bodewitz 1973:265.)
- 97. Houben 1991:122n.96. See TĀ 5,10,6 below. Pravargya Brāhmaņa 10.6, in the Anuvāka on disposing of the pravargya implements, says: "When the Darbha grass is covered all over with white ants, there he should dispose of the Pravargya for one who is desirous of rain. This Darbha grass is actually 'Discharger of Waters' by name. Yonder Āditya (the Sun) actually makes the rain rise from this (earth). For him (the sacrificer), yonder Āditya (the Sun) discharges the rain. These discharged waters come (together) with the dry soil." Yatra darbhā upadīkasantatāh syuh tad ud vāsayed vṛṣtikāmasya etā vā apām anūjjhāvaryo nāma yad darbhāh asau khalu vā āditya ito vṛṣtim ud irayati asāv evāsmā ādityo vṛṣtim

- ni yacchati | tā āpo niyatā dhanvanā yanti | |9| | (Houben 1991:96, his translation.)
  Similarly, in Anuvāka 7 the adhavryu intones: "'Svāhā! I offer you as an oblation for the Sun's ray which gains (and gives) rain,' he says. The ray of him that is pure, that actually gains (and gives) rain." (Houben 1991:76-77.)
- 98. Discussing the Pravargya, Houben quotes Taittirīya Āraṇyaka 4.42: "The one that arises from the wide ocean, shining wide from the middle of the water, may he ... Sun and seer, purify me with thought." (Houben 1991:14.) TĀ 4.11.6(17a-d) (also Taittirīya Saṃhitā of the Yajurveda 4.7.13.1 and Taittirīya Brāhmaṇa 3.10.4.2) is "'You are Thought, with the ocean as birthplace. You are the skilful drop, the hawk that is in season, the golden-winged quivering bird, sitting large and firm in the assembly.'" (Houben 1991:129n.143, my boldface, his translation of: cid asi samudráyonih| indur dákṣaḥ śyenā rtāvā | hiraṇya-pakṣaḥ śakunó bhuraṇyūḥ | mahānt sadhásthe dhruvá ā niṣattaḥ. He remarks that the accent makes samudrá-yoniḥ a bahurvrīhi.) This latter hymn is invoked in the context of disposing of the Pravargya implements at the end of the rite: "The golden bull has roared,' he says, for he is a bull, (9) a golden bull. 'The great one, pleasant to see like a friend; [he shines equal to the Sun],' he says. Here he praises it. 'You are Thought, with the ocean as birthplace,' he says." (Houben 1991:91.)
- 99. In the closing ceremonies of the Agnistoma, the sacrificer goes into the water for an expiatory bath, and says "The face of Agni, the waters, have I entered, escaping from the power of demons, O son of the waters! In every homestead offer thou the log, O Agni! let thy tongue dart forth towards the ghee,—Hail!." (Vājasaneyi samhitā 8.24; ŚB 4.4.5.12; Eggeling 1885:381.) RV 8.43.9/VS 12.36 glossed at ŚB 6.8.2.4, reads: "'In the waters, O Agni, is thy seat'—that is, 'in the waters, O Agni, is thy womb;'—as such thou clingest to the plants'—for he does indeed cling to (love) the plants,'—being in (their) womb thou art born again,'—when he is in the womb he is indeed born again.—[VS 12.37] 'Thou art the child of all the herbs, the child of the trees, the child of all that is, O Agni, thou art the child of the waters.'" (Eggeling 1894:294.)
- 100. RV 6.16.13; Griffith 1889{1}:612; Bandhu 1964a:1996. Taittirīya Samhitā of the Yajurveda 4.2.8.1c, recited by the Adhvaryu while placing the lotus leaf at the center of the body portion (the middle) of the Agnicayana altar, says: "You are the back of the waters, the womb of Agni, the ocean overflowing on both sides. Growing to greatness like the lotus (puṣkaram), spread out in breadth over the expanse of heaven!" (Staal 1983:410.) In Kauṣītaki Brāhmaṇa 8.1, at the guest reception, the text explains: "He recites for him as he is kindled the three verses [RV 6.16.13-15] containing (the word) 'Kindle;' 'Thee, O Agni, from the lotus.'" (Keith 1920:390.)
- 101. Satapatha Brāhmaņa 7.4.1.7-9:, explaining why a lotus leaf is laid into the agnicayana altar: "He then puts down a lotus leaf (in the centre of the altar-site); the lotus-leaf is the womb: he thereby puts a womb to it (for Agni to be born from). (8:) And again, why he puts down a lotus-leaf;—the lotus means the waters, and this earth is a leaf thereof: even as the lotus-leaf here lies spread on the water, so this earth lies spread on the waters. Now this same earth is Agni's womb, for Agni (the fire-altar) is this earth, since thereof the whole Agni is built up.... (9:) [He lays it down with Vājasaneyi Samhitā of the Yajurveda, 13,2] 'The waters' back thou art, the womb of Agni,' for this earth is indeed the back of the waters, and the womb of Agni;—'around the swelling ocean,' for the ocean indeed swells around this earth'—'growing great on this lotus;'—'spread out with the extent, with the breadth of the sky!' with this he strokes along (the leaf),—for this Agni is yonder Sun, and no other

extent but that of the sky is able to contain him: he thus says (to the leaf), 'Having become the sky, contain him!'" (Eggeling 1894:364.)

102. As Eggeling summarizes, the lotus "is explained as representing the foundation of the fire-altar, or rather, the womb whence Agni is born." (Eggeling 1897:44n.4.) There are a number of other places where the same associations are referred to. In the description of digging out the clay for the agnicayana bricks, the priest takes hold of the clay and says (SB 6.4.2.1); "'From the lotus Atharvan churned thee forth,'-the lotus doubtless means the waters, and Atharvan is the breath; and the breath indeed churned him (Agni, the fire) out of the waters at first." (Eggeling 1894:217.) SB 7.3.2.14: "Agni went away from the gods; he entered the water. The gods said to Prajapati, 'Go thou in search of him: to thee, his own father, he will reveal himself.' ... He found him on a lotus leaf, having crept forth from the water." (Eggeling 1894:360.) SB 7.3.1.9: "And only on the Ahavanīya (site) he places a lotus leaf, not on the Garhapatya; for the lotus leaf means water, and the Ahavaniya the sky; he thus places the waters (vapours) in the sky. "(Eggeling 1894:343.) SB 7.4.1.11: "He puts it down on the lotus-leaf;--the lotus leaf is a womb: in the womb he thus places him (Agni)." (Eggeling 1894:365.) SB 8.6.3.7: "And again, as to why he lays down the Gārhapatya. The lotus-leaf, doubtless, is a womb, but that (Gārhapatya) is built up outside the womb, and outside of the womb indeed takes place that performance regarding the firealtar which takes place prior to the (laying down of the) lotus-leaf: thus, when they bring it (the Garhaptya) here and lay it down, he then establishes it in the womb, on the lotus-leaf; and thus indeed it is not outside. Eight bricks he lays down: the significance of this has been explained." (Eggeling 1897:118-119. Eggeling refers us to 7.1.1.19 seqq. though I don't see any explanation there.)

103. ŚB 9.1.2.23: "And again, why he draws them across it;—when he (Agni, the fire altar) is built up, he is being born, and he is born for every kind of food; and these are every kind of food, to wit, the frog, the lotus-flower, and the bamboo-shoot, for these, indeed, are animals, water, and trees: with all this food he gratifies him." (Eggeling 1897:175). Yadvevainam vikarṣati | jāyata eva etad yac cīyate sa eṣa sarvasmā annāya jāyate, sarvam etad annam, yan manḍūko avakā tretasaśākhā, paśavaś ca hy etā āpaś ca vanaspatayaś ca sarvenevainam etad annena prīṇati | |23| | (Upadhyaya 1969:1262). Eggeling is translating avakā as lotus; avakā is described by both Apte and MW as a grassy plant growing in marshy land. However, the usage in the ŚB is consistent with other mention of the lotus as representative of the waters, and Apte and MW are often unreliable in terms of plant identifications.

104. ŚB 9.1.2.25; Eggeling 1897:176.

105. See Yoon (1996).

106. ŚB 3.5.4.1, Eggeling 1885:135 and n.1. The holes are arm-deep, and (ŚB 3.5.4.14:) He fastens them together transversely; if he cannot do it transversely, then in the same direction. Therefore the winds are further fastened together. The Sanskrit reads: "tān akṣṇayā saṃtṛndanti; yadi akṣṇayā na śakruyād api, samīcas; tasmād ime prāṇāh paraḥ saṃtṛṇāḥ. (Upadhyaya 1967:445). Eggeling's translation is a bit loose: "He connects them crossways by (underground) channels; or, if he cannot crossways, he may do so in one and the same direction. This is why these (openings of the) vital airs are connected by channels farther (inside)." (Eggeling 1885:138.) The Adhvaryu and the Sacrificer later touch hands underground through the holes (ŚB 3.5.4.16). ŚB 3.5.4.17 explains: "Now in that they thus touch one another, thereby they make the vital airs yoke-fellows: hence these vital airs meet

- together farther (inside)." (Eggeling 1885:138-139.)
- 107. The Adhvaryu sprinkles water in the pits, "hence that moisture in the vital airs;" (ŚB 3.5.4.19, Eggeling 1885:139) and spreads barhis grass on them: "what hair there is here at (the openings of) the vital airs, that he thereby bestows." (ŚB 3.5.4.20, Eggeling 1885:139.)
- 108. Satapatha Brāhmaṇa 10.4.4.1-2 says: "When Prajāpati was creating living beings, Death, that evil, overpowered him. He practiced austerities for a thousand years, striving to leave evil behind him. (2:) Whilst he was practicing austerities, lights went upwards from those hair pits (loma-garta) of his; and those lights are those stars: as many stars as there are, so many hair-pits there are; and as many hair-pits as there are, so many muhūrtas there are in a (sacrificial performance) of a thousand years." (Eggeling 1897:361.)
- 109. Gonda 1980:184n.20. Gonda also calls it the "essence of the offering" (Gonda 1975:289n.11).
- 110. A square hole in the middle of the altar, filled first with *kuśa* grass. (Haug 1977:62n.1).
- 111. Haug 1977:62. RV 3.29.4 reads: "ilāyās tvā pade vayam nābhā pṛthivyā adhi| jātavedo ni dhīmahy agne havyāya voļhave| | (Bandhu 1963:1354).
- 112. Heesterman 1985:64.
- 113. In the *Pravargya* rites of the *agnicayana*, the *adhvaryu* steps behind the *garhaptya* and calls the cow: *Idā* come hither! Aditi come hither! Sarasvatī come hither! for the cow is *Idā*, and the cow is Aditi, and the cow is Sarasvatī." (ŚB 14.2.1.7; Eggeling 1900:474.) This description is given in numerous guises. During a description of creation, ŚB 1.8.1.11-12 says: "Now this (daughter of Manu) is essentially the same as the Idā; and whosoever, knowing this, performs with (the) Idā, he propagates this race which Manu generated; and whatever blessing he invokes through it (or her), all that is granted to him. (12:) It (the idā) consists of a fivefold cutting; for the idā, doubtless, means cattle, and cattle consists of five parts: for this reason it (the idā) consists of a fivefold cutting." (Eggeling 1882:219.)
- 114. Again, at ŚB 1.8.1.20: "the  $id\bar{a}$ , assuredly, means cattle." (Eggeling 1882:223.) And, just as with other elements of the sacrifice,  $id\bar{a}$  is homologized, as for instance the linking of  $id\bar{a}$  to the various hymns. Pañcavimŝa Br. 10.12.4: "The Gods, forsooth, conquered this world by means of the (sāman) with running  $id\bar{a}$ ; yonder (world) by means of the (sāman) with upward  $id\bar{a}$ ; the intermediate region by means of the (sāman), the  $id\bar{a}$  of which is preceded and followed by a stobha; they returned a firm support by means of the (sāman), which has  $id\bar{a}bhir\ id\bar{a}$  (as its finale); having got a firm support, they conquered finally by means of the (sāman), which has one and a half  $id\bar{a}$ , and, by means of the (sāman), which has the word 'here' as its  $id\bar{a}$ , they found a firm support in this world." (Caland 1931:247.) The Brāhmaṇa then explains that the characteristics of these different  $id\bar{a}s$  is that they are offered with different sāmans on different days.
- 115. Ilā is one of the five goddesses (with Bhāratī, Sarasvatī, Dawn and Dusk) who are propitiated in the Āpri-sūktas. (Gonda 1975:104.)
- 116. Suşumnā tu pare līnā virajā brahmarūpiņī idā tişthati vāmena pingalā daksiņena ca | |. (Upanisads 1983:213 and see Jacob 1891:208.)
- 117. Keith 1925:167. We find many examples of the mention of Soma's color. RV 9.11.4: "Sing a praise-song to Soma brown of hue, of independent might, the Red, who reaches up to heaven." (Griffith 1897{2}:298.) RV 9.2.6: "The tawny bull (harir vṛṣā)

bellowed, fair as mighty Mitra to behold: He shines together with the Sun." (Griffith 1897{2}:289. acikradad vrsā harir mahān mitro na daršatah! sam sūryeņa rocate|| (Bandhu 1964:2946).) RV 9.3.9: "After the way of ancient time, this God, pressed out for Deities. Flows tawny (harih) to the straining cloth." (Griffith 1897{2}:290-291. eşa pratnena janmana devo devebhyah sutah harih pavitre arşati (Bandhu 1964:2948).) RV 9.27.5-6: "(5:) This Pavamāna, gladdening draught, drops on the filtering cloth, and then Mounts up with Sūrya to the sky. (6:) To Indra in the firmament this mighty tawny Steer hath flowed. This Indu, being purified." (Griffith 1897{2}:310. Eşa süryena hāsate pavamāno adhi dhavim¦ pavitre matsaro madah | 5 | esa susmy-asisyadad-antarikse vrsā harih | punān indur-indramā | 6 | (Bandhu 1964:2986).) ŚB 1.6.3.1-3 (from the *Darśapūrņamāsa*): "(1:) Tvaşţr had a three-headed, sixeyed son. He had three mouths; and because he was thus shaped, his name was Vişvarūpa ('All-Shape'). (2:) One of his mouths was Soma-drinking, one spirit-drinking, and one for other kinds of food. Indra hated him and cut off those heads of his. (3:) Now from the one which was Soma drinking, a hazel-cock (francoline partidge) sprang forth; when the latter is of brownish colour [babhruka iva], for king Soma is brown." [babhrur iva hi somo rājā]. (Eggeling 1882:164.) Some other examples: RV 9.32.2: "Then Trita's Maidens onward urge the Tawny-coloured with the stones, Indu for Indra, for his drink." (Griffith 1897{2}:312. Ād-īm tritasya yoşano harim hinvaty-adribhih indum indrāya pītaye | 2 | (Bandhu 1964:2990).) RV 9.33.2: "With stream of sacrifice the brown bright drops have flowed with strength in store Of kine into the wooden vats." (Griffith 1897{2}:313. Abhi droṇāni babhruvah sukrā rtasya dhārayā | vājam gomantam aksaran | 2 | | (Bandhu 1964:2992).) RV 9.38.1-2: "Soma, the Steer, effused for draught ... Far sighted, tawny-coloured (harim), he flows to the sieve..." (Griffith 1897{2}:316. Eşa u sya vṛṣā ratho 'vyo vārobhir arşati gacchan vājam sahasrinam | | I | | etam tritasya yosino harim hanvanty adribhih | indum indrāya pītaye | |2| | (Bandhu 1964:2997).) RV 9.38.6: "Poured forth for the draught, this tawny (harim) juice flows forth..." (Griffith 1897{2}:317. Eşa sya pītaye suto harir arşati dharnasih krandan yonim abhi priyam | 6 | (Bandhu 1964:2998).) RV 9.39.6: "I union they have Sung the hymn: with stones they urge the Tawny One (harim)." (Griffith 1897{2}:317. Samīcīnā anūşata harim hinvanty adribhih yonāv rtasya sīdata [6] (Bandhu 1964:2999).) RV 9.45.3: "We balm thee, red of hue (arunam) with milk to fit thee for the rapturous joy." (Griffith 1897{2}:320. Uta tvām aruņam vayam gobhir añjmo madāya kam vi no rāye duro vrdhi | 3 | (Bandhu 1964:3007).) RV 9.40.2: "The Red (arunah) hath mounted to his place; to Indra goes the mighty juice." (Griffith 1897{2}:318. A yonim aruno ruhad gamad indram vṛṣā sutaḥ | dhruve sadasi stdati | 2 | (Bandhu 1964:2999).) RV 9.61.21: "Red-hued (aruşo), be blended with the milk that seems to yield its lonely breast, Falcon-like resting in thine home." (Griffith 1897{2}:330, Sam miślah aurso bhava su upathābhih na dhenubhih! sīdañ chyeno na yonimā | |21| | (Bandhu 1964:3023).) RV 9.63.4: "These Somas swift and brown of hue, in stream of solemn sacrifice." (Griffith 1897{2}:334. Ete asrgram asavo 'ti hvaramsi babhruvah somā rtasya dhārayā | 4 | (Bandhu 1964:3031).)RV 9.62.18: "Drive that Tawny Courser, O ye pressers, on his way to war, Swift Steed who carries off the spoil." (Griffith 1897{2}:333. Tam sotāro dhanaspṛtam āsum vājāya yātave| harim hionta vājinam| | 18| | (Bandhu 1964:3028).) RV 9.82.1: "Even as a King hath Soma, red and tawny Bull, been pressed: the Wondrous One hath bellowed to the kine." (Griffith 1897{2}:363. Asāvi somo aruşo vrşā harī rājeva dasmao abhi gā acikradut punāno vāram paryety avyayam syeno na vonim ghrtavantam āsadam | 1! | (Bandhu 1964:3090).) RV 9.86.25: "Seven Milch-kine glorify the Tawny-coloured One while with his wave in wool he purifies himself." (Griffith 1897{2}:370. Avye punānam pari vāra ūrmiņā harim navante abhi sapta dhenavah! apām

- upasthe adhyāyavaḥ kavim rtasya yonā mahiṣā aheṣata||25|| (Bandhu 1964:3105).) RV 9.95.1: "Loud neighs the Tawny Steed when startled, settling deep in the wooden vessel while they cleanse him." (Griffith 1897{2}:381. Kanikranti harir ā srjyamānaḥ sīdan vanasya jaṭhare punānaḥ| nṛbhir yataḥ kṛṇute nirṇijam gā ato matīr janayata svadhābhiḥ||1|| (Bandhu 1964:3128).)
- 118. RV 9.62.1-3: "These rapid Soma-drops have been poured through the purifying sieve ... Bringing prosperity to kine, they make perpetual I\bar{a} flow To us for noble eulogy." Griffith 1897\{2\}:332. Ege Asrgram indavas tirah pavitram \( \text{a}\superanta\) vi\( \text{v}\) ani abhi saubhag\( \text{a}\) \| | | | vi ghnanto dur it\( \text{a}\) puru sug\( \text{a}\) tok\( \text{a}\)ya v\( \text{a}\)jinah\| tan\( \text{a}\) kr\( \text{n}\)vanto varivo gave 'bhyar\( \text{s}\)anti su\( \text{t}\) id\( \text{a}\) asmabhyam samyatam\| | 3\| (Bandhu 1964:3025-3026).
- 119. Dwivedi and Shashni in their recent <u>Bauddha Tantra Kośa</u>, or Dictionary of Buddhist Tantra (Dwivedi & Shashni 1990:140), give us the following quotes {in Sanskrit} on the relationship of the Sun (sūrya) to the subtle body channels (I've parsed the sandhih, then added my own translation):
- "Sūryam 'sūryam utpāda-advaya-jñānam,'(Caryāgītikośavyākhyā p.49): 'The Sun [neuter] is the non-dual knowledge of birth.' Sūryah 'Sūrya-śabdena prāṇa-vāyuh,' (Vimalaprabhā [vol. 1] p.196): 'By the word sūrya [is meant] the prāṇa-wind.' 'Atra Iḍā-piṅgalā-suṣumnānām adhipatih prāṇah sūryo nābher ūrdhvam pravāhatāh,' (Vimalaprabhā [vol.1] p. 196): 'Here the prāṇa, the Sun, is the ruler of the left channel, the right channel, and the central channel, flowing upwards from the navel.'
- Sūrya-nādī (rasanā) 'Nābher ūrdhvam tu yā nādī vahati ūrdhva-mukhī tathā | Kaṇṭha-madhye tu viśrāntā rakta-vahā prakīrtitā | (Vasantatilakā p. 80): 'And the channel that flows upwards from the navel, [and is] likewise facing upwards | And ending in the middle of the throat, is known as the blood stream. | |' 'Yā iyam dakṣiṇa-pārśve rasanā-ākhyā nādī, sā ūrdhva-mukhī nābher ārambhya kaṇṭham yāvad raktam vahati.' (Vasantatilakā Tīkā p. 80): 'This channel on the right side called rasanā ["tasting, the tongue"], it, facing upwards, carries the blood up the throat, beginning from the navel.' 'Raktaḥ sūrya iti smṛtaḥ' (Vasantatilakā, p. 80): 'The blood is considered to be the Sun.'
- 120. Aitareya Āraṇyaka 2.3.7: "The blood in the woman is the form of Agni, therefore one should despise it not. The seed in the man is the form of Āditya, therefore one should despise it not. This self gives itself to that self, that self gives itself to this self. They thus gain each other." (Keith 1909:222-223). In a footnote to "the blood in the woman," Keith gives Sāyaṇa's explanation that "there are six elements in the body; three, fat, bone, and marrow, are white and represent the man; three, skin, blood, and flesh, are red and represent the woman." (Keith 1909:223,n.7). I am reminded of the red, white, and blue/black color schemes that repeatedly crop up in *Tantric* texts. Presumably the blue or black comes from the sky, and from its quality that represents the samarasa or equal mixing of the sexual juices of the man and the woman.
- 121. Keith 1925{2}:337.
- 122. The term usplsah is also a name of one of the meters, though I don't see how this can have any relationship to the Buddhist term.
- 123. Eggeling 1894:321-323.
- 124. Aitareya Brāhmaņa on the Prāyantya Işti 1.2.1 explains that when the gods gathered together, Aditi said: "Through me you shall know the eastern direction, through Agni the

- southern, through Soma the western, and through Savitar the northern direction. The Hotar repeats the (Anuvākyā and) Yājyā-mantra for the *Pathyā*.... That is done, because the wind (pavamānah) blows most from the north between the northern and western directions; it thus blows moved by Savitar." (Haug 1977:16-17.)
- 125. Haug 1977:33n.9: "It is called aisānī, i.e. the direction of Isānah, who is Siva." "The Devas and the Asuras were fighting in these worlds. They fought in the eastern direction; there the Asuras defeated the Devas. They then fought in the southern direction, the Asuras defeated the Devas again. They then fought in the western direction; the Asuras defeated the Devas again. They fought in the northern direction, the Asuras defeated the Devas again. They then fought in the north-eastern direction; there the Devas did not sustain defeat. This direction is aparājitā, i.e. unconquerable. Thence one should do work in this (north-eastern) direction, and have it done there; for such one (alone) is able to clear off his debts." (Haug 1977:33).
- 126. When the milk boils in the pravargya rites of the agnicayana, the Satapatha Brāhmaņa explains the directions of rising as follows: "When it rises upwards, it rises for (the benefit of) the Sacrificer; when on the front side, it does so for the gods; when on the right (south) side, it does so for the Fathers; when at the back (west side), it does so for the cattle; when on the left (north) side, it does so for (the Sacrificer's) offspring: in any case no fault is incurred by the Sacrificer, for it always rises upwards." (Eggeling 1900:485.) TA Pravargya Brāhmana Anuvāka 5 begins with the mantra "Let Agni, together with the Vasus, make you shine in the east, with the gayatri-metre." In the south is Indra with the Rudras, with the tristubh meter; in the west is Varuna with the Adityas, with the jagati meter; in the north is Dyutāna Māruta with the Maruts, with the anuştubh meter; above is Brhaspati with the Visvedevas, with the Pankti meter. (Houben 1991:65-66.) Tā 4.5.3/4(9) assigns Agni to the east, Indra to the south, Savity to the west, and Mitra-Varuna to the north, with Byhaspati ruling over the zenith. (Houben 1991:116n.56.) Perhaps it was Agni's continual assignment to either the east or the south that led to his eventual designation as the southeast. Finally we should note the rarely performed sarvatomukha Vedic ritual that involves setting up four fire altars as doors to the four cardinal directions, and requires 72 rtvijahs for its performance. (Mentioned by David Knipe in his talk "'Vedam' and 'Śrautam' in the Godāvarī Delta of Andhra," Columbia University Seminar on the Veda and Its Interpretation, March 21, 1996.)
- 127. Istis are performed every fortnight at the new and the full Moon, just as the agnistoma is performed twice every day at Sunrise and Sunset.
- 128. On the second day of the Darŝapūrṇamāsa-iṣti, when the Adhvaryu brings forth the water, we have this explanation: (ŚB 1.1.17) "The gods then perceived this thunderbolt, to wit, the water: the water is a thunderbolt, for the water is indeed a thunderbolt; hence wherever it goes, it produces a hollow (or depression of ground); and whatever it comes near, it destroys (lit. it burns up). Thereupon they took up that thunderbolt, and in its safe and foeless shelter they spread (performed) the sacrifice. And thus he (the Adhvaryu priest) likewise takes up this thunderbolt, and in its safe and foeless shelter spreads the sacrifice. This is the reason why he brings forward water. (1.1.18:) After pouring out some of it (into the jug) he puts it down north of the Gārhapatya fire. For water (ap) is female and fire (agni) is male; and the Gārhaptya is a house; hence a copulation productive of offspring is thereby effected in this house. Now he who brings forward water, takes up a thunderbolt; but when he takes up the thunderbolt, he cannot do so unless he is firmly placed; for otherwise it destroys him. (1.1.19:) The reason then why he places it near the Gārhaptya fire is, that the

Gārhaptya is a house, and a house is a safe resting place; so that he thereby stands firmly in a house, and therefore in a safe resting-place: in this way that thunderbolt does not destroy him,—for this reason he places it near the Gārhapatya fire." (Eggeling 1882:9.) See ŚB 2.1.1.4 for another passage identifying water as female, and fire as male. (Eggeling 1882:277).

- 129. Eggeling 1882:63. Virtually the same lines occur at SB 1.9.2.21 (Eggeling 1882:261).
- 130. Eggeling 1882:86. We find a similar idea in the description of the *Vaisvadeva* offerings in the *Cāturmāsyāni* or Seasonal sacrifices: ŚB 2.5.1.16: "The curdled milk (payasyā, fem.) is female, and the whey is seed. From that union the infinite All was gradually generated; and since the infinite All was gradually generated from that union, therefore it (the offering of curds) belongs to the All-gods." (Eggeling 1882:388.)
- 131. At Satapatha Brāhmaņa 11.6.2.6-10 King Janaka of Videha gives an explanation to Yajñavalkya's about the true meaning of the agnihotra, what Bodewitz identifies as the paficāgnividyā or doctrine of the five fires. "These two libations after having been offered rise upwards. They enter the space between heaven and earth. They make the space between heaven and earth an ahavaniya fire, the wind its kindling stick..., the Sun-motes the pure libation. They satisfy the space between heaven and earth and then rise upwards. The enter heaven. They make heaven an ahavaniya fire, the Sun its kindling stick, the Moon its pure libation. They ... satisfy heaven and then return. The enter this earth. They make this earth an ahavaniya fire, the (sacrificial) fire its kindling-stick, the plants the pure libation... They enter man. They make his mouth an ahavaniya fire, the tongue its kindling stick, food the pure libation. They satisfy man. He who knowing thus eats food, by him the agnihotra is offered... They enter a woman. They make her lap an ahavaniya fire, her womb the kindling stick,-for this is called the bearer because Prajapati bore the creatures by it-and the seed the pure libation. They satisfy the woman. He who knowing thus has sexual intercourse, by him the agnihotra is offered. The son who is born therefrom is the renascent world. This is the agnihotra, Yājñavalkya. There is nothing superior to this." (Bodewitz 1976:158-159; cf. Eggeling 1900:112-115. cf. also Bodewitz 1973:243-253.)

Of the various bricks that constitute the agnicayana altar, there are two known as "seed-shedding" bricks. ŚB 7.4.2.22-23: "He then lays down two Retabsic (seed shedding bricks);--the see-shedders doubtless are these two worlds, for these two worlds do shed seed;--this (terrestrial world) sheds seed upwards from here (in the form of) smoke; it becomes rain in yonder world, and that rain yonder world (sheds) from above: hence (creatures) are born within these two worlds, and therefore these two worlds are seed-shedders. (23:) [He lays them down with Vaj. S. 13.24] 'The wide-ruling one contained the light;' the wide-ruling one doubtless is this (terrestrial) world: it contains this fire, the light.--'The self-ruling one contained the light,' the self-ruling one doubtless is yonder world: it contains yonder Sun, the light... (24:) And again, why he lays down the two seed-shedders; the seed-shedders are the testicles, for only he who has testicles sheds seed.... for the wide-ruling and self-ruling ones are the testicles: they contain the light, the seed, Prajapati. He lays them down separately, for separate are these testicles." (Eggeling 1894:383-384.) Next to these two seed-shedding bricks he lays the "all-light" (visva-jyotis) brick, conceived of as Agni, as progeny: "he thus lays generative power (into Agni). He lays it down so as not to be separated from the seedshedding (bricks),-the seed-shedders being the testicles, he thus makes the generative power inseparable from the testicles." (SB 7.4.2..26; Eggeling 1894:385.) He also lays in seasonal bricks. (SB 7.4.2.29; Eggeling 1894:386.)

\$B 10.5.2.9: "Now, that person in the right eye is the same as Indra, and (that other

person is) the same as Indrānī." (Eggeling 1897:369.) SB 10.5.2.11: "Those two (persons in the eyes) descend to the cavity of the heart, and enter into union with each other; and when they reach the end of their union, then the man sleeps, -even as here on reaching the end of a human union he becomes, as it were, insensible, so does he then become, as it were, insensible; for this is a divine union, and that is the highest bliss." (Eggeling 1897:370-371.) During the kindling of the fires in the darsapūrņamāsa, in a series of verses that are also said to kindle the internal breaths, the ninth verse "the flaming-locked, him we adore!" is explained at SB 1.4.3.9 as "the flaming-locked, doubtless, is the sisna [the penis], for it is the organ that chiefly burns (torments) him who is endowed with it: the sisna he accordingly kindles by this (the ninth verse)." (Eggeling 1882:122.) Describing the Avantaradīkṣa or intermediate consecration in the Agnistoma, SB 3.4.3.2 explains that the gods, after the tanunapatra, "by means of fire they enveloped (the body) with a skin. Now, fire being fervour, and the consecration being fervour, they thereby underwent an intermediate consecration.... (4:) By means of Agni (fire) they enveloped (the body) with a skin. Now, Agni, being the causer of sexual union, the progenitor, they thereby obtained offspring." (Eggeling 1885:97-98. The idea is repeated in \$B 3.4.3.5.) During construction of the sheds, and preparation of the heaths and pressing places for the Soma in the Agnistoma, the sacrificers anoint the Soma cart with ghee. ŚB 3.5.3.16: "And in that the wife anoints the burning (part) of the axle, thereby a productive union is effected; for when a woman and a man become heated, the seed flows, and thereupon birth takes place. She anoints in a direction away (from the cart), for away the seed is cast." (Eggeling 1885:131.) In the Kālacakratantra, and in the tantras generally, the casting away of the seed is to be avoided. Aitareya Brāhmaņa 6.5.1, on the Nābhānedistha Śilpa (hymn--Haug explains these as "hymns for procuring wonderful pieces of art." (Haug 1977:432-424)) explains: "For Nābhānedhistha is the sperm. In such a way he (the priest) effuses the sperm. He praises him (Nābhānedistha) without mentioning his name. For the sperm is like something unspeakably secret poured forth into the womb. The sperm becomes blended. For when Prajapati had carnal intercourse with his daughter, his sperm was poured forth upon the earth (and was mixed up with it). This was done for making the sperm produce fruit.....The Hotar having effused the sacrificer in the shape of sperm (symbolically), gives him up to the Maitrāvaruņa, saying, 'form his breaths.'" (Haug 1977:424-425.)

- 132. The *Mahāvrata* ceremony, one of the forms of the *agnistoma*, involves a number of fertility rites, including ritual sex. (Keith 1909:27-28.)
- 133. See beginning of the translation of the fifth chapter of the Kālacakratantra.
- 134. RV 1.164.35 "This *vedi* is the farthest limit of earth, this sacrifice is the navel of the world, this Soma is the seed of the stallion [the Sun], this *brahman* is the highest extension of speech." Heesterman's translation (Heesterman 1985:72).
- 135. ŚB 10.4.2.29-31: "Now when he (the Sacrificer), being about to build an altar, undergoes the initiation-rite,—even as Prajāpati poured his own self, as seed, into the fire-pan as the womb,—so does he pour into the fire-pan, as seed into the womb, his own self composed of the metres, stomas, vital airs, and deities. In the course of half-Moon, his first body is made up, in a further (half-Moon) the next (body), in a further one the next,—in a year he is made up whole and complete. (30:) And whenever he lays down an enclosing stone, he lays down a night, and along with that fifteen muhūrtas, and along with the muhūrtas fifteen eighties (of syllables). And whenever he lays down a Yajuşmatī (a brick), he lays down a day, and along with that fifteen muhūrtas, and along with the muhūrtas fifteen

eighties (of syllables of the sacred texts). In this manner he puts this threefold lore into his own self, and makes it his own; and in this very (performance) he becomes the body of all existing things, (a body) composed of the metres, stomas, vital airs, and deities; and having become composed of all that, he ascends upwards. (31:) And he who shines yonder is his foundation, for over him he is built up, on him he is built up: from out of his own self he thus fashions him, from out of his own self he generates him." (Eggeling 1897:355.)

- 136. ŚB 8.1.3.9-10: "And when he has laid down those on the right side, he lays down those on the left side; for the outward air, becoming the circulating air, passes along thus from the tips of the fingers; and the circulating air, becoming the outward air, passes thus from the tips of the fingers: hence, when, after laying down (the bricks) on the right side, he lays down those on the left side, he thereby makes these two breathings continuous and connects them; whence these two breathings are continuous and connected. (10:) And those (bricks) which he lays down in the centre are the vital air: he lays them down on the range of the two Retabsic (bricks), for the retabsic are the ribs, and the ribs are the middle: he thus lays the vital air into him (Agni and the Sacrificer) in the very middle (of the body). On every side he lays down (the central bricks): in every part he thus lays vital air into him; and in the same way indeed that intestinal breath (channel) is turned all round the navel. He lavs them down both lengthwise and crosswise, whence there are here in the body (channels of) vital airs both lengthwise and crosswise. He lays them down touching each other: he thereby makes these vital airs continuous and connects them; whence these (channels of the) vital airs are continuous and connected." (Eggeling 1897:17-18.) Satapatha Brāhmaņa 8.1.4.5 "Here now they say, 'How does that Agni of his become made up whole and entire in brick after brick?--Well, the formula is the marrow, the brick is the bone, the settling the flesh, the sūdadhohas the skins, the formula of the purīśa (fillings of earth) the hair, and the purīśa the food: and thus indeed that Agni of his becomes made up whole and entire in brick after brick." (Eggeling 1897:20.)
- 137. Kālacakratantra Chapter 5, vss. 5.2-3, my translation from the Sanskrit (see Dwivedi & Bahulkar 1994:2-3). "Now is stated the purification of the mandala through the purification of the bodily constituents: Verse 5.2: You must make the pillars, the row of vajras, and the earth-circle in sections, with the bones; [You must make] the foundation in the east, south, north, and west with the flesh, blood, urine, and excrement; You must make] the Sun with the bile [humor], also the Moon with the phlegm [humor], likewise the lotuses with the sinews; [You must make] the five types of lines by what's produced from the earth, water, fire, wind, and space. | |2| | 5.3: [You must make] the Master's lotus with the time-nādī, and the wind and fire circles etc. with the skin etc., The doors of the Sun [i.e. the twelve doors/and the twelve months] with the orifices [of the body] the structure consisting of jewels with the row of teeth, in exactly the same way; And the eight wheels located in the wind circle in the cremation ground with the nails of the fingers [and toes]; The light ray/flame of the vaira with the hairs located in the cardinal directions and intermediate directions, at the [spherical] surface of the mandala. [3] " In the Kālacakatantra the twelve orifices are the standard nine--i.e. the two eyes, two ears, two nostrils, mouth, anus, and urethra--plus three more female orifices, i.e. the two nipples and the vagina.
- 138. Haug 1977:301.
- 139. We have identification of the deities with the senses in an Aitareya Brāhmaņa passage,
- 3.3, describing the Pra-uga śāstra on the day of the Soma sacrifice, tells us that the Hotar

addresses the recitation to seven deities who are the vital airs in the head; mispronunciation of the recitations could deprive the sacrificer of these vital airs/deities. They are Vāyu-vital airs; Indra/vāyu-prāṇa/apāna; Mitra-Varuṇa/the eyes; Aśvins/the ears; Indra-strength; Viśvadevas-limbs; Sarasvatī-speech. (Haug 1977:163-164.) Kauṣttaki Brāhmaṇa 7.1, discussing consecration of the breaths, says: "He with the body being consecrated obtains all desires; with expirations and inspirations being consecrated, identity of the world and union with all the deities." (Keith 1920:383.)

- 140. See discussion of The Sun, above in this chapter.
- 141. The idea that the yogi/ascetic ideal is somehow extra-vedic also becomes less tenable in light of certain passages in the Vedas themselves. From the Vājasaneyi Samhitā of the Yajurveda 16.4.28-29, part of a long list of praises to the various members of society, the deities, etc., from the so-called Śatarudriya formulas, we have: "Reverence be to Bhava and Rudra! reverence be to Śarva and Paśupati! reverence be to Nīlagrīva (the blue-necked) and to Śitikantha (the white-throated)! (29:) Reverence be to him of the coiled hair and to the shaven-haired one! reverence be to the thousand-eyed and the hundred-bowed one! reverence be to the mountain-dweller and to the bald one!" (Eggeling 1897:153.) Paśupati of course is the name of Śiva used by the pāśupata yoga tradition. Śiva in later mythology is called blue-throated/necked because of drinking the kālakuṭa poison at the churning of the cosmic ocean. The coiled hair is a common characteristic of many yogins.

Another argument in favor of the idea that the Yoga tradition probably emerged-at least in part-directly from the Vedic tradition is that we find one of the central ritual implements of Vedic initiation and practice-the black antelope skin-becomes a required part of the yogin's implements. The black antelope skin is used in the agnicayana, darśapūrņamāsa, agnistoma dīkṣā, etc., and also becomes the seat whereupon the yogi sits to practice his meditations and exercises. SB 1.1.4.1-2 explains (second day of the darśapūrnamāsa): "He now takes the black antelope skin, for completeness of the sacrifice. For once upon a time the sacrifice escaped the gods, and having become a black antelope roamed about. The gods having thereupon found it and stripped it of its skin, they brought it (the skin) away with them. (1.1.4.2:) Its white and black hairs represent the Rk verses and the Sāman-verses; to wit, the white the Sāman and the black the Rk; or conversely, the black the Saman and the white the Rk. The brown and yellow ones, on the other hand, represent the Yajus texts." Eggeling adds in a note that "the skin of the black antelope may be regarded as one of the symbols of Brāhmanical worship and civilization. Thus it is said in Manu II,22-23: 'That which lies between these two mountain ranges (the Himālaya and the Vindhya), from the eastern to the western ocean, the wise know as Aryavarta (the land of the Aryas). Where the black antelope naturally roams about, that should be known as the land suitable for sacrifice; what lies beyond that is the country of the Mlecchas (barbarians)." (Eggeling 1882:23-24 and 23n.2.) In the Darśapūrnamāsa, the priest declares of the skin (ŚB 1.2.1.14:) "'The skin of Aditi (the inviolate or boundless earth) art thou! May Aditi acknowledge (receive) thee!'" (Eggeling 1882:38.) SB 3.2.1.1 (Agnistoma dīksā): "South of the Ahavaniya he spreads two black antelope skins on the ground, with the neck parts towards the east: thereon he consecrates him. If there are two (skins), they are an image of these two worlds (heaven and earth), and thus he consecrates him on these two worlds." (Eggeling 1885:25.)

142. I have not however searched for this term in the Sanskrit of the *Upanişads*, or the *Pālī* of the early Buddhist canon.

143. Compare Heesterman's discussion of RV 6.27: "[The hymn] starts with questions about Indra's achievements (answer: 'the being (sat) is his [achievement]'); then addresses Indra directly, 'We do not perceive your greatness...your Indra power [indriya] has not shown itself; and announces, finally, 'Now your indriya has become manifest;'" See also RV 6.27.3b: "Indra nakih dadrée indriyam te." Oh Indra, no one has seen your indriya. (Heesterman 1985:78 and Bandhu 1964:2036.)

Tantric Yoga Chapter 3 James F. Hartzell

An Historical Investigation into the Emergence of Tantra in India
3.0.1. Preface

Before beginning the analysis of historical evidence in this chapter, I wish very briefly to address the issue of competing historiographies. Western historical studies rely on evidence gathered from datable writings, inscriptions, archaeological digs, etc. Western scholars are typically not too impressed with what appear to be either mythic accounts, or confessional, canonical histories that make historical claims that can not be substantiated by other sources. With Tantra, we have a typical Indian problem where the traditions claim great antiquity, and (most) Western scholars have been skeptical, to say the least. In particular, we find current proponents of the Buddhist Tantric tradition stating explicitly that the historical Śākyamuni Buddha himself taught the Kālacakran-tantra, the Guhyasamāja-tantra, etc. Similarly, we find in the Saivite tradition the claim that the texts are in fact direct revelation from Siva, in conversation with his wife Parvatī or Devī, with the texts supposedly actual records of their conversations. For the Kālacakratantra we will address some aspects of this issue in the 10th Chapter of the dissertation. Otherwise, except for a few remarks on the logical framework of the Indo-Tibetan traditions, I will leave this issue of revelation or transmission aside, and look in this chapter strictly at what Western scholars consider concrete historical evidence-dates of manuscripts, archaeological finds, datable authors, etc. The discussion in Chapter 10 will raise some of the issues involved in the Western assumption of mono-directional linear sequential time, the

necessary logical implications for this assumption of prophetic prediction, issues of experience of a-temporal dimensions, etc. These issues arise naturally when we look at the principles enunciated in the "wheel of time" or "time-machine" *Tantra*, the *Kālacakra*, and are in fact addressed by the text itself.

Tibetan Buddhists and Western advocates of the tradition have been particularly forceful in advocating very early dates for Buddhist Tantras, and the authorship of a number of important Tantric commentaries by some of the major luminaries of the Buddhist tradition, such as Nāgārjuna, Candrakīrti, etc. While the historical evidence I will present in this chapter appears to raise some doubts about these claims, this does not necessarily imply that such canonical claims must be overtly rejected by Western scholars. There are several angles to the question of historical development that ought to be addressed at the outset of our analysis, and that have, I think, been too readily ignored by both Western scholars and canonical advocates alike. One aspect of the assignation of earlier dates to Tantra by the Tibetans that has not been much discussed by Western scholars is the relevance of the Indo-Tibetan belief in reincarnation to the issue of historical development. Cultures that have seriously embraced the notion that the Dalai Lama has been successively reborn as a Tibetan (along with many other prominent Buddhist figures), or that take just as seriously the idea that Swamis and Gurus can be reincarnations of previous teachers, have an intrinsically different take on human history. That is, it would also be perfectly reasonable to suppose, for instance, that Nagarjuna, Sthiramati, and other famous early Buddhist luminaries would have been reborn in later centuries. Given

that among the abilities attributed to advanced Tantric practitioners and Yogis is the ability to recollect one's former lives, it would not be all that unreasonable for a young, reincarnated Nāgārjuna to readopt his earlier name. According to this logic, were Nāgārjuna of the c. 1st-2nd century CE to be have been reborn a few hundred years later, and have realized in his early twenties, say, that he had indeed been the Nāgārjuna of the second century, he might well have renamed himself Nāgārjuna, and written works under that name. And he could have done so several times in succession. To the upholders of the tradition a thousand years hence, who themselves may have recognized this process--and lived in a culture where specific multiple reincarnations of individuals was taken as part of common sense--it would be in a certain sense quite correct to attribute all these texts to a single Nāgārjuna; from the tradition's point of view they may indeed have been written by "the same" person, just one who had been reborn many times. In fact, as long as one accepts the premise of reincarnation, then it is not unreasonable to suppose that the "same" reincarnated individual may exhibit certain consistent personality traits, certain consistent methods or attitudes of argumentation, etc.--and these could well show up in his or her writings, many centuries apart. Such consistency of writing styles is particularly possible if such a reincarnating individual were to take the trouble to study, or memorize, his or her "earlier" work; such memorization of the prior classics was after all a given in classical Indian educational systems. I am not arguing with the preceding that Western scholars must necessarily take the doctrine of reincarnation as "real." What I am asserting here is that within the logic of the IndoTibetan tradition reincarnation is an accepted fact of life (and death), and that therefore within such logic certain other postulates necessarily follow. For Western scholars fully to understand and appreciate the viewpoints proposed by Indian thinkers, we must be ready to consider the full gamut of their idea sets—not simply choose those we prefer or find attractive, and reject a priori those we find logically challenging. That is, to study a system that takes reincarnation as a fundamental premise, and ignore the systemic logical implications of the reincarnation doctrine is not to study the system properly.

Another angle that has not been seriously addressed with regard to the issue of the historical development of Tantric doctrines is the issue of the theories of time that are intrinsic to the Tantric doctrines themselves. To put it simply, the theories of the subtle body espoused in the Buddhist and Śaivite Tantric systems do not presuppose that linear sequential historical time is the only dimension of reality accessible by human beings. Specifically, both the Kālacakra system and the Trika system explain in some detail that the practitioners of their yogas consciously access trans-temporal dimensions where it is possible to gain detailed perception of the past, the present, and the future simultaneously. The logic of this premise implies that it is possible for the individual to function in trans-temporal dimensions, i.e. dimensions where time, in the normal sense, ceases to exist. According to this logic it is perfectly possible that Buddha or Śiva could have taught a set of Tantric doctrines at some earlier historical time, such as the 5th century BCE, and that these very same doctrines would not have appeared in written form, on manuscript material (birch bark, palm leaves, etc.) until

centuries later, when they were transcribed by some historical individual. The logic of this doctrine is of course a bit trickier, since a trans-temporal dimension implies that Buddha or Śiva might still be teaching these original Tantric doctrines, could have been teaching them "the whole time," i.e. continuously for the past 3000 years or more, and could teach them in the future. The reason this would be possible—within the logic of the traditions' doctrines—is that the original doctrines taught by Buddha and Śiva could have been taught in a trans-temporal dimension, as indeed the traditions claim that they were. Again, I am not arguing here that Western scholars must accept that such theories are "true." What I am asserting is that we must take the logical implications of these doctrines into account when assessing the claims of the tradition that adheres to these doctrines, let us now look at the time-bound, historical evidence for the emergence of the Tantric traditions in India.

#### 3.0.2. Introduction

The plan of this chapter is as follows. Using textual sources from a wide variety of areas, I will examine the evidence for information on when Tantric texts and Tantric doctrines appeared in Indian history. Section I begins with a discussion of some scattered evidence found by other scholars that certain Tantric practices may be among the most ancient of Indian religious rituals, and some of the issues concerning canonical dating of the Tantric tradition. We will also look at the early date claimed for the Guhyasamājatantra, simply because this is the earliest date that has been claimed by scholars for a given text. Then we turn to a discussion of the use of the two terms Tantra and Kalpa for types of texts in the early medical tradition

in India, by examining material from a late fourth century medical manuscript unearthed in Kuchar. The *Tantra/Kalpa* textual classification is maintained in the later Buddhist Tantric tradition, so it is important to understand the history of these textual types. Having established this typology, we then look at evidence from the 6th/7th century Buddhist philosopher, Dharmakīrti, who in discussing the power of *mantras* refers in passing to a functioning tradition of practitioners and texts of Hindu and Buddhist Tantras and Kalpas. This is the earliest reliable reference to the existence of Tantric texts and doctrines I have found so far, and Dharmakīrti's remarks have many implications for the state of Tantra vis-à-vis the Buddhist 'establishment' of his day; this evidence also raises some serious doubts about the 'secrecy' transmission theory advocated by many scholars of Tantric Buddhism.

Dharmakīrti's evidence raises the question of whether Tantric practices and texts emerged out of the more popular religious practices in India, and existed for many centuries in India *prior* to their incorporation into the Buddhist canon. To flesh out this impression of more populist origins for the Tantric tradition, we look in Section 2 of this chapter at four sets of evidence. First, literary evidence from the 7th century writer Daṇḍin's *Daśakumāracarita*, wherein we find illuminating references to Śaivite Tantric practices and to the behavior of Buddhist nuns suggesting their involvement in non-ascetic practices. Then we look at 7th century writer Bāṇa's *Harṣacarita* and *Kādamabarī*. Baṇa's stories confirm the impression of widespread, widely known popular religious practices and texts referred to as Tantric, and he provides additional insights into the roving and (ostensibly) ascetic Yogis and Yoginīs

of the sixth and seventh centuries--from whom it appears that Tantric practices may have in part developed. We then examine the historical evidence behind the popular Tantric goddess *Candālī*, who appears in both Buddhist and Śaivite Tantras. The name appears to come from a lower caste group of butchers, supporting the impression of lower caste origins for the Tantric cults. Finally we turn to Lorenzen's remarkable study of the Kāpālikas, an early Śaivite Tantric movement.

Section 3, a relatively short section, looks briefly as some convincing evidence from datable texts and architectural remains that Tantric practices were widespread and growing in popularity in the eighth and ninth centuries, with a discussion of erotic imagery on Orissan temples, and the scattered remains of the Yoginī cult in odd circular temples found around India by Vidya Dehejia. Section 4 discusses in some detail the information we have from Chinese Buddhist Pilgrims who visited India in the seventh and eighth centuries. Given the evidence we have of a wide-spread, populist Tantric movement during the time of their visits, the records left behind by the Chinese pilgrims supports the interpretation that Tantric texts were simply not yet accepted by the Buddhist educational establishments. This 'non-acceptance' theory--as opposed to the 'secret-transmission' theory--is supported by evidence presented in Section 5 of the chapter; we look in this section at the sequentially datable text caches discovered at Gilgit, Turfan, and Tun-huang. These Central Asian text corpi show that while Tantric practices appear to have begun to infiltrate the Buddhist canon, texts were still not referred to as Tantra by the redactors of the canon at that time, and many of the characteristically Tantric practices we find in the Buddhist

Anuttarayogatantras and the Śaivite tradition were by and large not part of the Buddhist curricula until some point in the eighth century, when a shift towards deliberate integration appears to have taken place. We close Section 5 with a review of the evidence indicating the shift that had taken place by the ninth century, with Tantric doctrines widely acknowledged and fully integrated into the Buddhist university curricula.

As a check against the evidence presented in the earlier sections, Section 6 of this chapter looks at the datable Chinese translations of what are later classified as Tantras. The contents of some of this material, and evidence from Chinese textual classification schemes, supported by some direct evidence from surviving Buddhist Sanskrit Tantric texts, suggest that Tantric material was first integrated into the Vaipulya-sūtra division of the canon. As an addendum to this section we look briefly at the issue of Dhāranīs, since this has become a topic of debate in recent academic conferences. In the Conclusion to the Chapter I point out some areas where further research may be considered for expanding our understanding of the historical emergence of Tantra in India.

- 3.1 Dating the Tantras (3.1.1. Scholarly Arguments, 3.1.2. Textual Typology,
- 3.1.3. Dharmakīrti's evidence and implications)

#### 3.1.1. Scholarly Arguments for Dating the Tantras

The issue of the emergence of the Tantric doctrines, texts, and practices in India is a difficult and challenging one. The reasons for this are several. By and large this is one of the issues in Tantric Studies that has not been well researched.

There is a great lack of available information, and those theories that have been advanced have all too often been shaded by the desire on the part of theorists to prove primacy for the Buddhist schools, primacy for the Hindu schools, or such an early genesis of Tantric doctrines so as to prove that Śākyamuni Buddha himself taught all the Tantras back in the 5th century BCE, or to prove that the Hindu Tantras really do contain the essence of the Vedas and are ancient. In addition we have the ages-old problem in India that Indians frequently revised and added to texts over the centuries, thus making it often difficult or impossible to gauge the date of a particular text to more than within several centuries. Added to these problems is the more basic problem of scope: investigating the historical emergence of Tantra in India demands consideration of, at a minimum, about 1000 years of history in many different disciplines. One needs to look at the history of Indian medicine, since much medical material appears in the Tantras. Similarly, one has to look at the historical development of Yoga and meditation practices, ritual practices, philosophical developments, literary developments, and so on. Very quickly it becomes apparent that to do a really thorough job of investigating the historical emergence of Indian Tantra would take years, if not decades of research. To turn this historical investigation into a somewhat manageable task, then, I have limited my research to several areas that we shall examine in this chapter. These include the records of the Chinese pilgrims, the records of translations of Tantric texts into Chinese and Tibetan, some early literary references to Tantras, archaeological finds of Sanskrit texts, some evidence from the medical tradition and early Buddhist practices, and a

discussion of Lorenzen's work on the *Kāpālika* sect. Although I have discussed certain Vedic doctrines in some detail in Chapter 2 of this dissertation, there are many other Vedic doctrines I will not attempt to survey here, nor will I survey the vast canon of Pali literature, the Purāṇas, the centuries of Yoga literature, or the broad sweep of the Mahāyāna literature (though we will look at some Mahāyāna *sūtras*) for information on the development of the precursors to Tantric practice. There is undoubtedly a significant amount of information in these texts, yet a comprehensive study of these literary corpi for evidence or the roots of the Tantric doctrine is beyond the scope of this dissertation. Nonetheless, this is still one of the longest chapters of the dissertation.

Before beginning my own arguments, I would like to touch just briefly on some evidence of early antecedents to Tantric practices turned up by other scholars. L.M. Joshi points out that "In the Vedic literature the place for the practice of magic is usually a cemetery or the seat of flesh eating demons," and mentions the rite at Śatapatha Brāhmaṇa 8.4.3.7.8 where men and women play the roles of Gandharvas and Apsarases, and RV 10.136.6 where the long-haired Muni is said "to move on the path of the Gandharvas and Apsarases." This information suggests a peripheral and occasional role in the Vedic period for the sort of magical and sexual rites that become integral to the ritual practices described in the later Tantric texts (of course such practices may have been widespread, or more common, and just not preserved in the Vedic texts we have--except to a certain extent in the Atharvaveda). Jash points us to the remark by Patañjali in his Mahābhāṣya on Pāṇini's Aṣṭādhyāyi referring to

Śivabhāgavatas who carried iron lances (ayahśūlikas) along with a staff and a hide (dandājina)<sup>4</sup>—this suggests a relatively ancient lineage for the Saivite ascetics. In the Pāli material, Thurman has for instance pointed out<sup>5</sup> the story of "A Bloodless Sacrifice" in the Dīgha Nikāya (Kūṭadanta Sutta)6 where Buddha tells a story about King Mahāvijita that convinces the Brahmin Kūţadanta to convert his planned mahāyajña of 3500 animals into one of ghee, oil, butter, curds, honey and molasses-as an early instance of the type of transformational character of the ritual we find in developed Tantric practices. Banerji has also noted tales from the Majjhima Nikāya where Buddha sleeps in a cemetery with bones as his pillow, where sexual union between male and female ascetics is mentioned as a means of salvation, and from the Cullavagga where charms and spells are used, and skulls are used as begging bowls.7 Flood also cites cremation ground rites from the Theragata.8 Lokesh Chandra advances an interesting thesis that the Vetullavādas (from vitulya, unequalled), whose center was Dhānyakataka near Śrīparvata in Andhar, and whose doctrines were transmitted to Abhayagiri in Śrīlanka, were instrumental in the development of Tantric doctrines. "The Vetulyakas think that sexual rites may be performed. The Tantric character had become marked already in the Kathāvatthu commentary which is dated by Rahul Sanrktiyayana ... to the first century A.D."9 He cites from the translation of the Kathāvatthu the following passage controverting the Vetulyaka doctrines: "Controverted Point: -- That sexual relations may be entered upon with a united resolve. From the Commentary .-- Such a vow may be undertaken, some think--for instance, the Andhakas and the Vetulyakas--by a human pair who feel mutual

sympathy or *com*passion [not passion merely], and who are worshipping, it may be, at some Buddha shrine, and aspire to be united through their future lives."<sup>10</sup>

Vetullavada, he says, "is an earlier designation of the Tantric tradition."<sup>11</sup> Chandra may be correct, yet to research this material properly requires facility with Pali to check the original language of the texts, and I have not trained in Pali.

The Puranas are a vast corpus, and of uncertain dating. As Wayman has pointed out,12 the material in the Purānas undoubtedly represents a long-standing oral tradition that was eventually written down, so we may have no way of knowing how far back the material reaches historically. Among the Purāņas we find discussion of Tantric rites in the Brahmānda, the Garuda, the Linga, the Kurma, and the Agni. 13 Rocher remarks of the Lingapurāna that "In general...purification and enlightenment are sought by means of Pasupata yoga which shows the influence of the Tantras."14 As Winternitz says of the Agnipurāņa, a text sometimes referred to by contemporary Indologists as a 'Tantric Purāṇa,'15 "it actually deals with anything and everything," including sections on astronomy, geography, life cycle rituals, house building, politics, war, law, medicine, grammar, lexicography, etc. Winternitz concludes that "it is impossible to say" what date we should assign to the text. 16 Birwé in fact has demonstrated that the older lexicographic section of the Agnipurana only began to be compiled in the middle of the twelfth century CE (it includes pādas from Hemacandra's 12th century lexicon, and from Yādavaprakāśa's 11th century work), 17 so we can hardly rely on the text to give us much dating information on the genesis of the Tantric tradition. Finally, as a caution against "reading back" into earlier

literature more fully developed Tantric practices found in later material, Winternitz notes that there are no mentions of *Tantras* in even the latest portions of the *Mahābhārata*, despite their frequent references to *itihāsa* and *Purāṇas*.<sup>18</sup> Though we find many of the elements of Hindu and Buddhist Tantra in earlier Hindu and Buddhist practices, this does not necessarily indicate that *Tantra* dates from these earlier strata of Buddhism. As Winternitz rightly comments, "The fact that the worship of Durgā, which plays so great a part in the [Hindu] Tantras, harks back to the later Vedic period, does not prove that Tantrism and the Tantras are of an equally venerable age." 19

As previously mentioned, the canonical position of the Buddhist tradition is that Śākyamuni himself taught all the *Tantras*. The main canonical argument that accounts for the lack of evidence of Tantric texts until over a thousand years later is the "secrecy" doctrine, i.e. the argument that the texts were kept secret and transmitted orally to select initiates. This position is also taken by some contemporary scholars of the Buddhist tradition. The reasoning supporting such early dating of the Buddhist Tantric material can be represented by the remarks of the 17th century Tibetan historian Tāranātha (writing in 1608). Tāranātha telis us that during the reign of Gambhīrpapakṣa, there ruled in Kashmir Turukṣa Mahāsammata, son of king Turuṣka. This king "built a great caitya containing the tooth [relic] of the Buddha. He employed bhikṣu-s and bhikṣunṭ-s, upāsaka-s and upāsikā-s--a thousand each--for maintaining the religious services of the caitya. He built an immensely large number of various types of images." Tāranātha says that though the "study of

the rituals and spells of the kriyā and caryā Tantras was quite considerable" at this time, and prior to it, "these were being studied under extreme secrecy, outside the guhya-mantracārī-s themselves, nobody knew who was practicing what" because "people of the earlier generations had the capacity of tenaciously keeping the secret."22 Those who attained the vidyādhara stage "attained it by the help of the anuttara-mārga," with the mantra-yāna preached to them "by Guhyapati and others who suddenly appeared before them. They attained the rainbow bodies and left nothing in the form of preaching."<sup>23</sup> According to Tāranātha, the guru-disciple transmission of anuttara-guhya-mantra (anuttarayogatantra) began with Nāgārjuna and Saraha (Aryadeva).24 Tāranātha's claims are difficult to assess historically. Kalhana tells of only three "Turuşka" kings of Kaśmīr, Huşka, Juşka and Kanişka, and that during their reign Kaśmīr was, by and large, "in the possession of the Bauddhas, who by [practicing] the law of religious mendicancy (pravrajyā) had aquired great renown."25 As Kalhana was not averse to heaping scorn on Tantric practices (see Chapter 6 of this dissertation), his silence on the subject with regard to the Turuşka reigns raises some doubts about Tāranātha's claims. On numismatic evidence Stein says that it may "be considered as certain that Kaniska's reign cannot be removed be more than a century from the commencement of our era," i.e., the first century CE. 26 While Stein's dating of Kanişka would tend to support Tāranātha's assertion of an early dating for Tantric practices, that is only because both refer to a Turuşka king--and Tāranātha wrote long after Kalhana so he may well have had some version of the Rajatarangint's chronology available to him. I have so far not found

reliable evidence to support Tāranātha's assertion of such early dating for the Tantras, and he may in any case have been referring to some other king than the Turuşkas Stein mentions.<sup>27</sup>

Aside from the canonical position that Śākyamuni Buddha himself taught all the Tantras, the earliest date I have found claimed for Buddhist Tantric texts by scholars is the third century CE. Before beginning my own arguments, then, we must discuss these claims. Benoytosh Bhattacharya, in his Preface and Introduction to his edition of the Guhyasamāja-tantra, places the text in "the third century in Asanga's time."28 Bhattacharyya's basic argument for this date is based on the inclusion of a sādhana attributed to Asanga in Abhayākaragupta's 12th century Sādhanamālā. Following the positions taken in canonical histories from the Tibetan and Chinese traditions, Bhattacharyya identifies this Asanga with "the famous Yogācāra philosopher of the Mahāyāna who flourished in the 3rd century A.D.,"29 concluding that since both the sādhana and the Guhyasamāja contain mention of five Dhyāni Buddhas, therefore the Guhyasamāja must date to the third century CE, and Asanga must be its author. 36 With all due respect to Bhattacharyya's pioneering scholarship, I do not think his is a particularly strong argument. The linchpin of his dating rests on his assumed identification of the Asanga who wrote the Sādhana with the Yogacāra philosopher. Although the identification is not impossible, we do not really have any evidence to back it up. Bhattacharyya does not assume the same sort of identity between the early Nagarjuna and the "Tantric Nagarjuna," assigning the latter the date of 645 CE--again with no supporting evidence--saying that he is, "of course, different

from the author of the same name who is regarded as the founder of the Madhyamaka school of Buddhist philosophy.<sup>31</sup> Bhattacharyya himself shows that the Dhyāni Buddha theory is not found in the Mañjuśrīmūlakalpa, most likely an eighth century text (see below)--though again Bhattacharyya assigns it a very early date (2nd century CE). He further asserts that "from the evidence of the Mūlakalpa it appears as if the Mūlakalpa offered materials to the writer of the Guhyasamāja to develop them, and thus the Guhyasamāja on the strength of the evidence adduced must be preceded by the Mañjuśrīmūlakalpa."32 Bhattacharyya provides similarly 'precise' dates for commentaries on the Guhyasamāja by Nāgārjuna, Kṛṣṇācārya, and others, without any evidence or explanation for how he arrived at these.<sup>33</sup> He argues, in a familiar argument from the proponents of early dates for the Buddhist Tantras, that "the reason we do not find any mention of the Guhyasamāja before Nāgārjuna (7th century A.D.), is because the Tantra was kept secret among the professors and the doctrines inculcated therein were confined to a few adepts for three hundred years until Buddhist Tantras of the Yoga and Yogatantra obtained publicity during the time of the Siddhācāryas mainly through their mystic songs, preachings and works."34

Although he rejects Bhattacharyya's Asanga-authorship theory, Alex Wayman has also argued an early date for the *Guhyasamāja*. He identifies the *Manjuśrīmūlakalpa* as the oldest Tantra "of the Western side of India--and in the South," claiming that the first of the three volumes is "probably to be placed in the fourth century," and he tentatively places the *Guhyasamāja* in the same fourth century CE.<sup>35</sup> Wayman has similarly ascribed to the theory of the strictly secret propagation

of the Buddhist Tantras until the 8th century.<sup>36</sup> As we will see below, reliable evidence from Dharmakīrti's writings tends to contradict the "secret propagation" theory in at least the sixth century, and so forces us to reevaluate the basic premise of Bhattacharyya's and Wayman's argument. Matsunaga offers what appears to be a more credible argument for dating information on the Guhyasamājatantra. Amoghavajra translated the Sarvaguhyapradīpaţīkā into Chinese (as the Shih-pa-luichin-kuei) between 744 and 746 CE. Matsunaga reports that in the fifteenth section of this text we find the name Guhyasamāja-yoga and a brief explanation of the text.37 Comparing the Shih-pa-lui-chin-kuei's explanation with our current version of the Guhyasamāja, Matsunaga finds that the five Tathagatas and their four Saktis, the four kinds of discipline (caturanga-sādhana), and the notion of the attainment of Buddhahood in the present life are missing from the Chinese description, though they are found in the Yoga-Tantra text Tattvasamgraha-sūtra. Matsunaga concludes, "In a comparison with this Yoga-tantra text, the present form of the Guhyasamāja-tantra is not thought to have existed at the time of the Shih-pa-lui-chih-kuei, but the original text must be considered to have been formed. In the first half of the 8th century which was still a flourishing period for Yoga-tantra, the Guhyasamāja-tantra as an Anuttarayoga-tantra was not completed, but we can probably say it had been in its formative stage. In the Chinese and Tibetan translations of Buddhist texts of this period, there appear only the Kriya, Carya and Yoga Tantras. Anuttarayoga-tantras cannot be found at all."38 Discussing the relationship of the Jñänapāda school with the Guhyasamāja, Matsunaga decides that the text in its present form, including the

Uttaratantra section, was completed in the latter half of the eighth century.<sup>39</sup> In support of the eighth century argument I would cite Wayman's own mention of Līlavajra, an 8th century teacher who "heads one of the two lineages of Guhyasamāja interpretation," and whose commentary on the Tantra survives in Tibetan. 40 Had the Guhyasamāja really been around for four hundred years before-hand, might there not have been earlier interpreters (though one can always argue that there were, and these interpretations were strictly oral)? A seventh or eighth century date for the surviving written text also tends to be supported by another piece of evidence from Bhattacharyya. Although he omitted it from his edition, 41 Bhattacharya points out that the so-called *Uttarārdha* manuscript or second part of the *Guhyasamāja* incorporates considerable sections of Anangavajra's Prajñopāyaviniścayasiddhi. Again, Bhattacharyya assigns Anangavajra to the seventh century without much by the way of solid evidence. Anangavajra is however mentioned in the list of the 84 Mahāsiddhas (as Anangapa, a Bengali śūdra, in the Sa-skya Bka' hbum). 42 The Tibetan text places him "third, beginning from Dombi," i.e. one of Luipa's 'grand-disciples;' this placing, and Dowman's dating place Anangavajra in the late 8th or mid ninth century. 43 Whether Ananga's text preceded the *Uttaratantra*, or vice versa, is not clear. The Guhyasamāja was in addition not translated into Chinese until late in the 10th century, a fact that tends to support slightly later dating for the formation of the text.44 Naudou, Tucci, and Bagchi all posit the 7th-8th century for the Guhyasamāja. Snellgrove and Naudou also conclude that the Hevajra dates from this period. Naudou even adds the Cakrasamvara to this era. 45 As we shall see with the

documentation presented in this chapter, the vast bulk of reliable historical evidence we can find supports the impression that it was during the 7th-8th century period that these texts were in all likelihood absorbed into the Buddhist canon, though in all probability they were in circulation for some time beforehand.

Winternitz examined the quotations from the Tathagataguhya-sūtra in Śāntideva's Śiksāsamuccaya and concluded that "this is an entirely different work from the Guhyasamāja Tantra or Tathāgataguhyaka which has been edited by Dr. Benoytosh Bhattacharyya."46 Śāntideva's quoted passages all refer to ethical Mahāyāna practices, with no mention of Tantra. Indeed, the passages cited speak of such virtues as "vigilance" and "restraint of the senses," and in the several citations from the text it is clear that the Tathagataguhyakasūtra is a Mahāyāna work, with no trace of Tantric doctrines.<sup>47</sup> Winternitz also points out that the Sanskrit of the Guyhasamāja is considerably inferior to the Sanskrit of Asanga's known works, including the Mahāyānasūtrālamkāra (though this may have been written by Maitreyanātha). While there is no a priori reason why Bhattacharyya's early date for the Guhyasamāja cannot be correct, we have no really solid evidence for such dating, and it seems to me quite unreasonable to assert with certainty the existence of a secret doctrine at a particular time, given that the very secrecy of the doctrine would preclude the type of evidence we would require to demonstrate that it was in existence. As I have indicated, I think Matsunaga's arguments are more credible at this point, pending more research into the historical question of the origin of the Tantras. In the material that follows in this chapter I will build a case for what I

believe the evidence shows thus far—that various elements of Tantric doctrines were gradually developing over time, and that the evidence we can rely on *supports* (though it does not yet prove) that the *written* Tantric Texts may not have appeared until the sixth century CE, and that the texts as we have them now probably date from the seventh century at the earliest. Moreover, it appears that Tantric doctrines were widely known about among the populace at large, and widely shared between the Hindu and Buddhist traditions for centuries prior to the appearance of Tantra texts in the Buddhist canon. The evidence points to a conservative monastic community reluctantly coming to embrace a long-developing popular religious movement. However, the sheer volume of 'incoming' material from the earlier strata of the traditions suggests that considerable more research needs to be done—in a variety of textual groups, as outlined above—before we can begin to consider the question reliably settled.

### 3.2. Textual Typology; the *Tantras* and the *Kalpas*

In his 1990 Foreword to the reprint of his <u>Yoga of the Guhyasamājatantra</u>,

Wayman raises the issue that "the material now called 'Tantra' may have preexisted
in a form not called 'Tantra'"--particularly since the earliest Buddhist Tantric text is
called the *Mañjuśrīmūlakalpa*--arguing that the term 'Tantra' originated in north-east
India and only came to general usage from the eighth to the twelfth centuries.<sup>48</sup>

Wayman may be mistaken in this view. It appears from the early Sanskrit medical
tradition that the term *Tantra* was long used for larger 'system' texts in many Sanskrit
subjects, and the term *Kalpa*--a term from the Vedic tradition used for books of ritual

and ceremonial prescriptions (Kalpa-sūtras)--was used for shorter texts. 49 Dasgupta has pointed out that the Carakasamhitä, the Suśrutasamhitā, and even Agniveśa's original treatise (the Agnivesasamhitā) that Caraka revised were all known as Tantras. 50 Rudolph Hoernle first put forward the theory 51 that the term Kalpa was used for the shorter medical manuals. In his studies of the early medical texts, Hoernle found that the earliest surviving Samhitas of the Ayurveda tradition, the Carakasamhitā, the Suśruta-samhitā, and the Bheda-samhitā contain numerous references to earlier medical texts. The larger of these texts, or the larger sections, are referred to as Tantras, with shorter manuals called Kalpas. This much is evident from the fourth century medical text called the Navanītaka ('fresh or clarified butter') discovered in the so-called Bower manuscript, among the oldest Sanskrit medical manuscripts ever discovered. Hoernle's opening description is priceless: "The Bower manuscript, which is named after its discoverer, Lieutenant (now Major-General) H. Bower, C.B., fell into the hands of that officer, early in the year 1890, in Kuchar, where he had gone, on a confidential mission from the Government of India, in quest of the murderer of Dagleish."52 Kuchar is near the modern Aksu, on the northern rim of the Taklimakan Desert, close to the Chinese border with Kyrgyzstan--so this was quite a long trip to take from India on a detective mission in the days before motorized transport. Bower's finding of the manuscript also required some cloak and dagger shenanigans: "While at Kuchar a man offered to show me a subterranean town, provided I would go there in the middle of the night, as he was frightened of getting into trouble with the Chinese, if it was known that he had taken a European

there. I readily agreed, and we started off about midnight. The same man procured me a packet of old manuscripts written on birch bark. They had been dug out of the foot of one of the curious old erections, of which several are to be found in the Kuchar district." The source of the text turned out to be one of a group of buried stūpas (the others also contained manuscripts), 53 "solid, and built of sun-dried bricks and wooden beams now crumbling away. In shape they roughly resemble a gigantic cottage loaf, about 50 feet high."54 Bühler explains that the birch bark used for manuscripts (bhūrja) was exported from Kaśmīr to India and elsewhere for centuries until the conquest of Kaśmīr by Akbar and the shift to use of paper. The waterproof ink used with birch-bark mss. was made by making a charcoal from almonds and boiling it with cow's urine. Birchbark mss. can be soaked in water, as Pandits often did to clean them before selling them to Bühler, who was procuring mss. for the Government Search for Sanskrit mss. in the late 1800's. Kaśmīris even used bhūrja mss. to plug leaks in their roofs, thanks to the water-resistant properties.<sup>55</sup> Palm-leaf manuscripts, on the other hand, originated in southern India, and as all but a very few of the other mss. found in Eastern Turkestan were paper--not birch or palm, this suggests that the Bower ms. was most likely written by Buddhist pilgrims or immigrants from the Kaśmīr or Udyāna region.<sup>56</sup> The script throughout the ms. is of the 4th-6th century Gupta style, as is the binding style.<sup>57</sup> The Gupta empire began with Candragupta I at Pāṭaliputra in eastern India. Candragupta II added western India by about 395 CE, bringing with him what has come to be called the Gupta script. With a detailed epigraphic analysis, Hoernle therefore concluded that the text

should be dated to 350-375 CE.58

The Navanītaka summarizes medical teachings available from the Tantras-larger treatises, and Kalpas--smaller ones, that were collected into the Carakasamhitā (samhitā = a compendium, or collection of writings) and the Bhedasamhitā. Hoernle cites 29 and 15 specific formulae from each Samhitā, respectively, that are included in the Navanītaka, along with six from the Suśrutasamhitā.<sup>59</sup> One set of verses<sup>60</sup> in the text give a Kalpa--Hoernle translates this as "a pharmacological monograph" on the use of Harītakī (chebulic myrobalan), referred to in the Navanītaka as the "harītakī-kalpa of the Aśvins." This gives us a concrete example from the 4th century CE of the same sort of use of the term Kalpa that we find in the Vedic textsi.e. as a manual for the practical application of the system contained in the larger texts. And we find by looking at other medical texts that the colophons refer to "treatises" (Tantras) of previous physicians. This is true of, for instance, the Cikitsāsthāna of the Carakasamhitā, where Caraka refers to Aginveśa's earlier Tantra that Caraka was in effect revising.<sup>62</sup> Now the medical tradition holds that Caraka was court physician to Kaniska, and that Nagarjuna was a contemporary, who revised the Suśruta text, adding the Uttaratantra portion, to form the Suśrutasamhitā. The Uttaratantra portion of Suśruta's text is also an overt compilation, with a listing at the beginning of the various *Tantras* or treatises it is extracted from.<sup>63</sup> So we see that in the second through the fourth centuries the terms Tantra and Kalpa already had fairly standardized usages in Sanskrit.

Not incidentally to our discussion of the historical emergence of the Tantras,

Hoernle points out that the mixture of Sanskrit styles in the Bower ms. reflect developments in the Buddhist community, as the Mahāyāna adherents began to write their works in more polished Sanskrit, while popular Prakrtic elements remain in the divinatory and charm portions of the work. Parts 1-3 of the text, the medical portions, are in good Sanskrit, with basic medicine, pharmacology, treatments, etc. Parts 4-5 are two manuals of *Pāśaka-kevali*, the art of fortune-telling by die casting. Parts 6 & 7, the divinatory sections, are much more Prākrtic in style, containing portions of the Mahāmāyūrī Vidyārājñi or Dhāraņī, a famed anti-snake charm included in the pañca-rakṣā or five most potent charms.<sup>64</sup> Parts IV and V of the Bower manuscript[s] are on divination, while part VI and part of part VII is a charm against snake-bite. 65 So it is evident from this early Buddhist medical work that charms, divination, fortune-telling, etc., were part of the popular practices of the third century, and the *Dhāraṇīs* were important enough to be included in medical texts of the day. It is necessary to note this information from the third century, since we find in the Tantras divinatory practices, charms, dhāraṇīs, and magical rites for worldly gain mixed in with medical material and the increasingly sophisticated and complex Tantric doctrines all the way up through the Kālacakratantra and later texts.

## 3.1.3. The Dharmakīrti Evidence: Implications for the Dating of the Tantras

In the Introduction and Chapter 2 of this dissertation I have raised other arguments pertinent to the usage of the term 'Tantra' in Sanskrit literature. It appears, given this added evidence from the medical tradition, that the use of 'Tantra' to refer to larger 'system' works, and 'Kalpa' to refer to shorter, more practical

'manuals' ('subsystem,' in effect), was commonplace in the Vedic and Buddhist medical traditions prior to the emergence of the Tantric texts. With this textual naming typology in mind, we can then recognize the relevance of some evidence from Dharmakīrti's writings that both indicates the continued usage of this 'system'/'subsystem' meaning for the terms 'Tantra' and 'Kalpa,' and that 'Tantra' was used early as a term for larger Tantric texts, and 'Kalpa' as a term for the manuals of mantra-japa. This is a typology that certainly is maintained in the later redactions of the Buddhist canon, as is evident from Suzuki's catalogue of the Peking edition of the Tibetan Tripitaka that lists about 145 Tantras, Mahātantras, Tantrarājas, Kalparājas, and Tantra Kalpas, along with scores of Dhāranīs and Dhāranī-mantra-sahitas.66 The following passages also raise some challenges to the "secrecy" transmission theory advocated by Bhattacharyya, Wayman, and others, that I will discuss below.

Ronald Davidson (currently teaching at Fairfield University, CT) has noted evidence from the early 7th century for Buddhist Tantric material in a passage from *Dharmakīrti*'s *Svavṛtti* to his *Pramāṇavārttika*. Joshi places Dharmakīrti c. 580-650, and Candrakīrti c. 560-620,<sup>67</sup> so this is material from the late 6th or early 7th century CE. Davidson's original translation reads as follows::

Objection: There is accomplishment (siddhi) or lack of accomplishment either when there is the increase of dharma or adharma by means of ascetic practices or falling [into samsāra] etc., or [alternatively, accomplishment and its lack occur] naturally in those having the nature of dharma or adharma. Reply: That is not the case at all since there is the teaching in the dākinī and bhaginī tantras of numerous ascetic practices involving perverse actions (hīnakarma) which contradict dharma such as cruelty, stealing, sexual intercourse and so forth. Since there is even by these actions the specific characteristics of

accomplishment, we will teach according to the occasion that the proper nature of *dharma* is not as you say.<sup>68</sup>

That Dharmakirti's remark indicates the existence of two types of Tantric texts extant in his own time is obvious from the above. What are less obvious are the implications of this remark for our study of the history of Tantra. Davidson also refers us (without translations) to two other passages in the same text that together give an even fuller picture of the extant Tantric practices in Dharmakīrti's time, and we will look at both of these before discussing this material. Since this evidence appears relatively unknown to contemporary Tantric scholars, and since it provides fairly definitive evidence for the co-existence of a developed corpus of Buddhist and Hindu Tantras and Tantric practices in the late 6th-early 7th centuries CE, I have included it in the text here, rather than relegating it to an endnote. Dharmakīrti is discussing the effectiveness of mantras, and raises an objector's argument in light of the question of whether the Vedic mantras are of human origin. His cryptic style of writing makes the sequence of the argument a bit difficult to follow; as Gnoli puts it, "the Pramāņavārttikam ... is a very difficult work.... Dharmakīrti's style is compact, precise, and not devoid of a certain leaning for an excessive brevity."69 (I have boldfaced the most important lines, though one needs to see them in context to make any sense of it.)

Certainly one may object that men are completely incapable of creating mantras. We will discuss this subsequently. And furthermore what's called a mantra is not [like] anything else. Why is that? [Because] expressing it [causes] the attainment of the desired result, [since it provides] an efficaciousness [equal to] the [adherence to the] truth or tapas. And it is also visible to men that there is no duality in that (i.e.

no difference between the efficaciousness of a mantra and the practice of tapas or statement of the truth). The powers of the authority of the truth are individually [appropriate] since we see paralysis [caused by] poison, burning, etc. And nowadays because even some of the mountain tribesmen are producing mantras. And because we see non-Vedic and Buddhist Mantra-Kalpas (i.e. Tantric texts of mantras). And those are written by men. Since there are also nonhuman [versions] of those [mantras] how can what is now non-human [still] be true? For instance the causes of such non-beneficial [practices] as violence, sexual intercourse, the doctrine of the ātman, etc., are described in the Buddhist and other [i.e. non-Vedic | Mantra-Kalpas. So how could there be at the same time a dual truth that designates contradictory [ideas]? When one manufactures some other meaning there, a still other meaning [could be] equally [valid]: hence since one has in no instance determined the meaning, there is a failure [of analysis]. And thus even reality would be useless, and non-human. Except for that, one should drink out of the cup when there are no Buddhist etc. mantras. And Buddhist [mantras] are seen that cause the actions of poisoning, etc. So to claim that there are no such mantras is not true. And [such] actions are also caused by non-vocalized mudrās, mandalas, and meditations. And those are understood to be non-human [in origin] and obligatory. Since there is an arrangement of phonemes that produces a result, why is there objection [to their being real and effective] among men? Therefore it is absolutely not impossible for these to be effective. Now how can the two [different types of] Mantra-Kalpas both be correct, since they are mutually contradictory? Certainly the two cannot [both] be correct in all instances. And the two of them are [both] characterized by human vows combined with superhuman powers. And this superhuman power is also [achieved] by two different paths [or approaches] and two [sets of] siddhis. If there are mantras of human origin, then how come all men are not creators of mantras? Because there is a difference in their practice and effect. If they are combined with those sort of [methods] such as [insistence on] the truth, [practice of] tapas, etc., they [may be so] practiced. And since a man makes poetry, therefore all men may become poets. Were such not done (i.e. were no poetry written) there would be no one like that (i.e. there would be no poets); this is uniquely literal argument. The truth does not create mantras that are ineffective in producing the mantra's results. And we absolutely do not see that in the case of any [mantra; i.e. they are all effective]. Therefore it is stated here that what is called a mantra is absolutely nothing other [than what we have discussed] according to the conventions of speech [adhered to] by those [espousing] the doctrine of [adherence to] the truth. 70

Even were someone to advance the argument that Dharmakīrti did not write the autocommentary, and therefore infer that references to Tantra are later interpolations not by Dharmakīrti, verse 309 of the *Pramāṇavarttika* itself refers to "knowers of *Tantra* who might create their own *mantras*," making any interpolation argument much less likely. I give the verse and its commentary here since the commentary (still discussing the issue of the validity of *mantras*) contains the earliest instance I've found of the use of the term *samaya* to refer (apparently) to a community of Tantric initiates. [Verse:] "And any of those who know the Tantras may create for themselves some sort of *mantras*! The lord's power in those [*mantras*] functions according the methods described therein."

[Commentary:] Even some coachmen who know the *Tantras* may perform some [magical] action with *mantras* they themselves have created. And likewise some other person who is [of] lower [social status] could create *mantras*. No, [this is not the case], because the power of those [mantras] derives from their authority. Because they [the Tantric initiates] cherish the community (or consensus, samaya) made with those [mantras] and are capable [of achieving results] because they live by following that teaching [about the mantras]. And because those who are not adherents to the teaching of that Tantric community (samaya) do not have the capacity [to effect results with mantras].....<sup>71</sup>

As Davidson rightly notes, we have no guarantee that the texts we have now are the same as they were in Dharmakīrti's time. However, the fuller translations I have given here make it fairly certain that Buddhist and Hindu Tantric practices were, so to say, in full swing while Dharmakīrti was alive. Provided we accept that Dharmakīrti lived in the 7th century, and that he wrote the *vṛtti* on the *Pramāṇavarttika* (and there is no real evidence that he did not), then we must

conclude that in Dharmakīrti's time at least two groups of texts referred to as Tantras existed (Dākinī Tantras and Bhaginī Tantras), and that there were also Tantric texts of the time called Mantra-Kalpas, much as we find in the Buddhist canon as preserved in Chinese and Tibetan. Certainly as far as Dharmakīrti was concerned, these Tantric texts and practices were not secret--otherwise how could the readers of his text possibly know what he was referring to? In addition, his references strongly suggest that Hindu and Buddhist Tantric practices were on a par in terms of popular knowledge and practice. Unless we are going to assert that these practices arose rapidly during Dharmakirti's childhood (latter 6th century), then we must assume that Hindu and Buddhist Tantric practices were well known--and somewhat at odds with Hindu and Buddhist orthodoxy--already in the sixth century, and possibly even the fifth century (though a fifth century date is still speculative without supporting evidence). Dharmakīrti remarks that "nowadays...even some of the mountain tribesmen (Sabaras) are producing mantras." This suggests that the Tantric practices had become so widespread even the remote mountain tribesmen had begun using the basic techniques--although Dharmakīrti may simply be referring to the Śabaras' use of mantras for worldly ends, a practice dating back to Vedic times and the Atharvan practices preserved in the Atharvaveda. The inclusion of a Sabarapa in the geneaology of Mahāsiddhas from Saraha to Nāropa, however, tends to support the indications that Dharmakirti was referring to Tantric practitioners--particularly if some of the names in the list of Mahāsiddhas are 'representative' of groups of people who were Tantric practitioners (see discussion of the Siddhas in Chapter 7 of this

dissertation). While one is inevitably forced into a certain degree of speculation when trying to assess the cultural climate of Dharmakīrti's day, his remarks are not entirely consistent with the idea that Tantric doctrines had been kept in "strict secrecy" during the preceding centuries. In addition, were the Buddhist Tantric practices secret--as Wayman, Bhattacharyya, and others have argued—it would be very difficult to explain how it was that they shared techniques and doctrines with the Hindu Tantras (as referred to by Dharmakīrti), especially since the Hindu Tantric tradition does not claim several centuries of such secrecy, prior to the public emergence of the Tantras. Alternatively, one could of course simply push the secrecy argument back a few hundred years, and say that Tantric doctrines were kept secret until the third or fourth centuries CE. However, we would need to find some evidence to support such theorizing, and one would have the added difficulty of explaining how it was that Dharmakīrti, who apparently was not an adherent of Tantric practices, knew (apparently in some detail) about the Hindu and Buddhist Tantric traditions.

Dharmakīrti's use of the terms 'Tantra' and 'Kalpa' indicate that at his time these two types of Tantric texts already existed. 'Mantra-Kalpa' as a text genre suggests a type of practical manual employing mantras for specific ends, a genre that is probably a derivative evolution from the earlier Dhāraṇī texts. In this sense then I would say that the Mañjuśrīmūlakalpa is probably just the oldest surviving Buddhist Tantric text, since it appears to post-date Dharmakīrti (see Chapter 4 of this dissertation). In addition, Dharmakīrti refers to Pākinī Tantras and Bhaginī Tantras, not 'left-hand' and 'right-hand,' nor 'mother' and 'father' Tantras, suggesting that

these and other classificatory schemes are probably later developments in the Tantric traditions (though it is not yet clear exactly when these latter classificatory schemes first came into use, and there are a wide variety of Tantric classification schemes<sup>72</sup>). Indeed the division (if that is what it was) into Dakini Tantras and Bhagini Tantras suggests that there may have been at the time a division into visualized or imaginary or magical female consorts (Dakinis, the 'flying angels') and actual, human consorts (Bhagint, women who have vulvas). This suggests that there may have been a group of texts for strictly celibate practitioners, and another group for those engaging in sexual yogas. This is however speculative at this point, in addition to the fact that we cannot tell from Dharmakīrti's writings whether Dākinī and Bhaginī Tantras refer to Hindu or Buddhist texts, or both. It is also clear though that these texts advocated practices still referred to in Tantric writings hundreds of years later, and that Dharmakīrti and others disapproved of these Tantric teachings. Dharmakīrti was however no prude. Vidyākara's anthology of Sanskrit subhāṣita poetry includes nineteen verses by the great philosopher. As Ingalls remarks, the incisive, witty, and economical style of the writing is distinctively his.73 "The streams of tears have not despoiled the beauty of her face/nor sighs destroyed the color of her cherry lip./But in your absence the complexion of her cheek, vying with ripened lavalt, grows every day more pale."74 "Since congress with your mistress will be short,/like to a dream or jugglery, and end in disillusion, stay away! Though I reflect upon these truths a hundred times/my heart forgets not the gazelle-eyed girl." 75 Dharmakīrti was after all, as were all the writers of our Sanskrit texts, someone who had matured in a

society that celebrated sensuality even as it counseled, for those so inclined, renunciate asceticism or monastic study. I think the disapproval of the sexual intercourse prescribed in the *Dākinī* and *Bhaginī* Tantras he expresses stems not so much from a prudish disapproval of sex per se, rather from a disapproval of such in a religious ritual setting. This is an attitude familiar in our own society. We blanch not at steamy love scenes in the electronic media, yet would be shocked to witness sexual love enacted on the altars of our churches or temples.

Section 3.2. Evidence of a Popular Religious Movement (3.2.1. Dandin's Daśakumāracarita; 3.2.2. Bāṇa's Harṣacarita and Kādambarī; 3.2.3. Canḍālī, Populist Origins of the Tantric Goddess; 3.2.4. The Kāpālikās--early Śaivite Tāntrikās)

So we know that Tantric texts--both Hindu and Buddhist--existed and were known as such already in Dharmakīrti's time. We also know that the doctrines were being practiced, and that they were not considered reputable by the Buddhist orthodoxy, and were apparently perhaps not therefore part of the 'official' Buddhist canon. So who were these Tāntrikās to whom Dharmakīrti refers? Can we find any other evidence of their existence and practices? Can we gain any other ideas about where these practices may have come from? The answer is yes, though the information is not that easy to find, and we have to scour through some unlikely sources for data. The picture that has begun to emerge, however, is of a widespread, far-flung, multi-denominational culture of ascetics, Yogis, Yoginīs, Buddhist and Śaivite practitioners moving about the countryside, engaged in all sorts of different

practices, interacting with each other both within and across sectarian boundaries. In sum, a popular culture of Indian religion that included all sorts of magical and divinatory practices, attention to omens, spells, chants, little ritual practices, transgressive and unorthodox behavior, wherefrom, it appears, much of what later came to constitute the orthodoxy of the Tantric tradition first grew up, spread, developed, and was apparently written down already by the sixth century in texts called Tantras and Kalpas.

# 3.2.1. Daṇḍin's *Daśakumāracarita*; 7th Century Evidence of a Popular Tantric Culture

We find confirmation that Tantric doctrines were well known among the educated sectors of the populace who could read Sanskrit in the 6th-7th centuries from Dandin's (c. 550-650 CE) Daśakumāracarita. M.R. Kale, in his study and translation of the text determines from internal evidence that the famed poet was most probably a southerner, a native of the Vidarbha region. As Kale explains, the work as we have it is in three parts; of these only the middle part is certainly by Dandin, the other two apparently by slightly later writers who attempted to replace lost sections. The stories are full of interesting details about the ways and wiles of mid-first millennium CE Indian culture. We learn that the Mahākāla cult (a central deity in the Śaivite Tantric tradition) was well known in Dandin's time, and that "Tantras" and "Āgamas" were also common knowledge. Early on in the story of King Rājahaṃsa of Magadha, for instance, we learn that an ascetic who comes to visit the king's court in the capital city Puṣpapurī, is in fact employed as a royal spy, and has just returned from a

mission to Mālwa. The ascetic/spy had observed that King Mānasāra of Mālwa, recently defeated in battle by Rajahamsa, had "propitiatied Mahesvara, the lord of Kālī, at the shrine of Mahākāla," obtained from Siva a "formidable mace," and was planning to march against Rājahamsa.78 This gives us at least a 6th-7th century date for the Mahākāla cult--a Śaivite Tantric sect with several texts (Mahākāla-tantras) still extant (see Chapter 5). Rajahamsa is defeated in battle by Manasara, yet survives the encounter. His queen Vasumatī gives birth to his son Rājavāhana. The boy meets up, in the Vindhya forest, with a hideously scarred Brāhmaņa who appeared to be living as a Kirāta (a mountain tribe). The strange fellow relates: "'Prince, in this wood reside many who are Brāhmanas (only) in name, who, led by barbarians, go in quest of sinful acts, and eat their food, foregoing the study of the lores such as the Vedas and others, ignoring the observances of their tribes, and setting aside their religious and social duties such as the observance of truth, purity, and the like." He is the son of one such, named Mātanga; "'With a party of the Kirātas I used to harry the neighbouring country, seize the wealthy villagers with their women and children, and, having brought them to this forest, I used to put them in custody, taking all their wealth; and thus I led a life of lawlessness (or, haughtiness) and cruelty."<sup>79</sup> Mātanga had tried to prevent his cohorts from killing a Brāhmana, and they had attacked him. He relates a near-death experience where he visits Yama and sees the tortures awaiting sinners. Yama tells him his time has not yet come, and sends him back to life. He awakes to find the Brāhmana he sought to save ministering to his wounds, and is taken back in by his father's relations. He then reports that the

Tantras, (vividha-āgama-tantram ākhyāya), and gave him full instructions as regards the rules of good conduct annihilating sin, "and told me the proper way to worship Śiva (lit. the moon-crested god) who can be perceived only by the eye of knowledge, and having accepted the worship I paid to him, left me."80 Here then is a distinct reference from the late 6th-early 7th century to the existence of Śaivite Tantric texts. There is little doubt that the Tantras and Āgamas of the Śaivite tradition are being referred to; the context of Śaivite worship makes it extremely unlikely that these textual terms refer to other treatises and scriptures from the Hindu tradition (Āgamas in this context would refer to the texts of the southern Śaiva Siddhānta tradition). Daṇḍin evidently did not perceive the need to explain to his readers anything further about "Tantras and Āgamas," presumably under the assumption that any educated reader of Sanskrit who would read the story would be familiar with the Tantric traditions.

A further episode in the story of Mātaṅga demonstrates that Śaivite *siddhas* were well-known, and that the Mahākāla cult was also current in Ujjain in the 6th-7th century. Mataṅga tells Rājavāhana of a recent dream when Śiva spoke to him, telling him of a copper plate hidden in a particular rock chasm "'in the region along the bank of the river that flows through the Daṇdaka forest and behind the Sphaṭaka-linga that is worshipped by the Siddhas and the Sādhyas...'" Mātaṅga is to go there, protected by Rājavāhana, take the copper plate "and perform the rites prescribed thereon as though it were gaining victory over Fate," and Mātaṅga will become sovereign of

Pātāla. 81 Here again we have a clear 6th-7th century reference to siddhas and sādhyas engaged in Śaiva liṅga worship. These may simply be siddha ascetics (siddha-tāpasas); however, this establishes the existence of Śaivite practitioners called "siddhas" already in the 6th-7th century. 82 Rājavāhana, heading back through the chasm to find his friends whom he had left behind sleeping while he went in the night to help Mātaṅga, ends up in "a garden in a suburb of Ujjain" 83 where he runs into one of them, Somadatta. Somadatta, in relating how he had arrived in Ujjain after much travel while searching for his master, says "I came to-day with my wife to this region, the fruit whereof is the sight of a friend, by the direction of a Siddha (seer) in order to propitiate Śiva who resides in this temple of Mahākāla."84

Each of the preceding references to Tantras, Āgamas, Siddhas, Sādhyas, and Mahākāla temples comes from the *Pūrvaplihikā*, most likely written sometime after Daṇḍin. Gajendragadhar, in fact, assigns the author of the *Pūrvaplihaka* to "at least a century and a half" after Daṇḍin, due to the degradation in the style. \*\*S This dating seems a bit arbitrary to me, given that the section could easily have been written within a few years or decades of Daṇḍdin's death, simply by a lesser poet, and we have confirmation of most of these references from the early 7th century writing of Bāṇa (see below). There is however little doubt that the *Purvaplihaka* was not written by Daṇḍin, filled as it is with grammatical mistakes, a slavish predilection for rhymes and alliteration, and lack of poetic grace. \*\*Daṇḍin's own date is not entirely certain, though the general consensus appears to be that he lived in the sixth century CE. \*\*S owhile it would appear that our references indicate a 6th/7th century

popularity of the Saivite Tantric cults, supporting the implications of Dharmakīrti's remarks, we must admit that this portion of the evidence may be a bit suspect in terms of dating.

Ucchvāsas 1-8 of the Daśakumāracarita proper are certainly the work of Dandin himself. In the second ucchvāsa of Dandin's tale, we find two references to Buddhist nuns serving as liasons for courtesans. In the middle of a story told by Apahāravarmā, we hear of a courtesan named Kāmamanjarī, the ornament of the Anga capital city Campa. Describing her upbringing, Apaharavarma explains how her mother needed to advertise her daughter's abilities to ensure her a successful career. "She has to be advertised through experts in various arts in different places; with the help of parasites, gay companions, jesters and the Buddhistic nuns (female mendicants), she has to get her beauty, behavior, accomplishments, charms and amiableness discussed in the circles of the townspeople." Then, once she has become "the constant object of the desires of young men," she can set a high price on her services. 88 What is remarkable here is the mention of female mendicants (bhikşukīs) in the list of those who are expected to help spread her fame.89 Later in Apahāravarmā's story we also hear of another such, Dharmarakşitā, "a Buddhist female mendicant [bhikşukt], the chief agent of [the courtesan] Kāmamanjarī."90 This appears to be an otherwise little-noticed (by Western scholars) cultural fact in first millenium CE India, that Buddhist nuns (at least in Sanskrit literature so depicted) apparently frequently served as liasons for courtesans and prostitutes. We also find in Ksemendra's 11th century Narmamālā, in the humorous account of the young woman

who marries a rich old man, that a *śramanikā* (usually a term for a Buddhist-) female ascetic acts as a go-between for the young lady and her young adulterous lover (see Chapter 6 of this dissertation). While we cannot draw too many conclusions here, the finding of the same such depictions some 4-500 years apart in Sanskrit stories suggests that such behavior by Buddhist nuns (or at least the literary motif thereof) apparently became a long, and culturally well-established tradition in India prior to the Islamic invasions. And as we learn from Kşemendra's depiction, such liason-nuns were not entirely immune to temptation. This may offer some circumstantial support for the Dharmakīrti evidence that Tantric practices were widespread in the sixth century.

# 3.2.2. Bāṇa's Harşacarita and Kādambarī; Confirmation of a Widespread, Popular Tantric Culture in the 7th Century.

Bāṇṇabhaṭṭa, court poet to King Harṣa, wrote the famed *Harṣacarita* in the first half of the 7th century, as well as the *Kādamabarī* and several other works. We know from Hsuan Tsang that Harṣa was ruling north India between 629 and 645 CE, when the Chinese pilgrim visited, and other sources give the king's reign from 606-648 CE. We find several references to Tantras in Bāṇa's texts in support of the layers of evidence I am presenting that Tantric doctrines were well-known and widespread in the early 7th, and most likely late 6th centuries. Lorenzen and Dyczkowski<sup>91</sup> have both pointed out passages from Bāṇa's writings indicating Śaivite Tantric practices were known of and accepted in the first half of the seventh century. Lorenzen has located a passage in Bāṇa's *Harṣacarita* that contains 7th century references to Tantric

texts, practices, sexual yogas, and alchemical practices, in describing a Dravidadhārmika ascetic who runs the Caṇḍikā temple on the road to Ujjayinī in southern India:

"He had a tumor growing on his forehead that was blackened by (constantly) falling at the feet of Ambikā (the idol of Candikā) ... He had brought on himself premature fever with improperly prepared mercurial medicines. Although old, he troubled Durgā with request for the boon of sovereignty over the Deccan ... He had made a collection of manuscripts of jugglery, Tantras and mantras (which were written) in letters of red lac and on palm leaves (tinged with) smoke. He had written down the doctrine of Mahākāla, which is the ancient teaching of the Mahāpāśupatas ... He manifested the disease of talking (continually about the nine) treasures (of Kubera) and became very windy (on the subject) of alchemy [dhātuvāda]... He had increased his grasp on the mantra-sādhana for becoming invisible and knew thousands of wonderful stories about Śrīparvata ... He had many times employed women-subduing powders on old female ascetics from foreign countries who stayed (at the temple) ...."

Lorenzen notes from these descriptions that Bhairavācārya is portrayed sympathetically as "a worthy ascetic and a friend and confidant of the founder of the house of Bāṇa's patron." He infers thereby "that by the seventh century Tantric religion, even of the so-called 'left-hand observance' (vāmācāra) type, was accepted and supported by many persons of learning and high social status." 93

There are several references in Bāṇa's writings to the worship of Mahākāla, and the not too subtle suggestion in that in some cases this cult involved offerings of human flesh, resulting in a market for the same, 4 though Bharati has raised some doubts as to whether such practices actually took place. It appears that these offerings may have come predominantly from corpses in cremation grounds. There is also a very curious passage in the Kādamabarī, during the parrot Vaiśampāyana's

recounting of his former life as a human, in the nested tale of Queen Vilāsavatī, who is sorrowful for not having born the King a child. She resolves to offer more devotions to the gods, and undertakes a variety of different forms of worship. The list is useful for the information it gives us on early 7th century Hindu religious practices, and includes several passages apparently referring to the Yogic and Tantric culture of the day (I've boldfaced these).

And from that time forth she was more and more devoted to propitiating the gods, honoring Brahmans, and paying reverence to all holy persons; whatever recommendation she heard from any source she practised in her longing for a child, nor did she count the fatigue. however great; she slept within the temples of [Candikā] Durgā, dark with the smoke of bdellium ceaselessly burnt, on a bed of clubs covered with green grass, fasting, her pure form clothed in white raiment; she bathed under cows endued with auspicious marks, adorned for the occasion by the wives of the old cowherds in the herdstations, with golden pitchers laden with all sorts of jewels, decorated with branches of pipal, decked with divers fruits and flowers and filled with holy water; every day she would rise and give to Brahmans golden mustard-leaves adorned with every gem; she stood in the midst of a circle drawn by the king himself, in a place where the four roads meet, on the fourteenth day of the dark fortnight, and performed auspicious rites of bathing, in which the gods of the quarters were gladdened by the various oblations offered; she served the resting places of the Siddhas, giving to them the propitiatory presents [meant] for various deities, and she went to dwellings of neighboring Mātr[kās] whom people showed faith in (Siddhaāvatanāni krta-vicitra-devata-upayācitakāni sişeva Darśita-pratyayāni samnidhāna-mātr-bhavanāni jagāma). 97 She bathed in all the celebrated snake-ponds; with a sun-wise turn, she worshipped the pipal and other trees to which honour was wont to be shown; after bathing, with hands encircled by swaying bracelets, she herself gave to the birds an offering of curds and boiled rice placed in silver cup; she offered daily to the goddess Durgā a sacrifice consisting of parched grain of oblation, boiled rice, sesamum sweetmeats, cakes, unguents, incense, and flowers, in abundance: she besought, with a mind prostrate with adoration, the naked wandering ascetics, bearing the name of Siddhas, and carrying their begging bowls filled by her (Svayam upahrta-pinda-pātrān bhakti-pravaņena manasā, Siddha-ādeśān nagnakṣapaṇakān papraccha), 96 she greatly honored the directions of fortune-tellers; she frequented all the soothsayers learned in signs; she showed all respect to those who understood the omens of birds; she accepted all the secrets handed down in the tradition of a succession of venerable sages; in her longing for the sight of a son, she made the Brahmans who came into her presence chant the Veda; she heard sacred stories incessantly repeated; she carried about little caskets of mantras filled with birch-leaves written over in yellow letters (gorocana-ālikhita-bhūrja-pattra-garbhān mantra-karanḍakān uvāha); 99 even her attendants went out to hear passing sounds and grasped the omens arising from them; she daily threw out lumps of flesh in the evening for the jackals; she told the pandits the wonders of her dreams, and at the cross-roads she offered oblation to Śiva. 100

Candikā is a variant of the name Candalt, who becomes a principal Tantric goddess of both Hindu and Buddhist Tantras (I will discuss her background below). Evidently wandering ascetical yogi siddhas and their female counterparts, mātrs who lived in houses, were well-known and well accepted as part of the religious-social scene. (Sannidhāna-mātr-bhavanāni appears to refer to the neighboring 'abodes' or 'residences' of the 'Mothers.' Bhavanam is not a term for a temple, and though it might be used for one, that does not appear to be the context here.) The use of the name siddha for the men, and mātrkā for the women is noteworthy since we find these two names preserved in the later Tantric texts, wherein sexual yogas are prescribed and employed. The suggestion here that mātrkās or mothers stayed in houses is also relevant to the consideration of Tantric practices, since we find (see Chapter 7) described in the Tantric texts themselves that the organized cakra-pūjas, or group sexual rites, apparently took place in locales where a woman was often in charge of the procedings, and might be from any one of a number of different sectarian traditions. Bāṇa's reference to the siddhas correlates with the indications in

Dandin's Daśakumāracarita discussed above. From these two literary accounts we can conclude that wandering ascetics engaged in Śaivite worship and known as siddhas were well-known in the early seventh century. It is also interesting to see that the practice of wearing amulets filled with dhāranīs, such as we find described in earlier Buddhist texts, still current in the early 7th century in a Hindu context (as I understand it is today), indicating that this was a wide-spread, non-sectarian cultural practice (though the mantras themselves presumably came from the different sects).

At a later point in the story the Crown Prince Candrāpīḍa goes to the Mandara palace courtyard where he sees Mahāśvetā, the Gandharva ascetic princess, and Kādamabarī's close friend. Bāṇa depicts the female devotees of Śiva:

There he beheld Mahāśvetā surrounded by wandering ascetic women like visible goddesses of prayer, with marks of white ash on their brow, and hands quickly moving as they turned their rosaries; bearing the vow of Śiva's followers, clad in robes tawny with mineral dyes, bound to wear red cloth, robed with the ruddy bark of ripe coconuts, or girdled with thick white cloth; with fans of white cloth, with staves, matted locks, deer-skins, and bark dresses; with the marks of male ascetics; reciting the pure praises of Śiva, Durgā, Kārtikeya, Viśravasa [Kubera's father], Kṛṣṇa, Avalokiteśvara, the Arhat [i.e. Buddha], Viriñca [i.e. Brahmā]. 101

This is really a remarkable passage for the light it sheds on the ascetic yogis' culture of the early seventh century. It supports the impression from other sources (and from the earlier passage cited above) that wandering yoginīs and settled mātṛkās were as common, and as widespread as the male siddhas. Given human nature, and the creative font that is the Indian religious mind, it does not seem at all unlikely or surprising that practitioners and theorists might have developed doctrines of controlled, disciplined, and perhaps somewhat secretive sexual yogas for these large,

mobile, and ostensibly ascetic groups of practitioners. Lorenzen's evidence (see below) certainly suggests a similar conclusion. Bana is not referring to Buddhist monks and nuns here, yet Dharmakīrti's remarks, combined with Danddin's and Ksemendra's references to the involvement of Buddhist nuns in working with prostitutes, suggest that Buddhist monks and nuns were equally involved in the development of Tantric practices (see Chapter 6 of this dissertation for a discussion of satyrical presentations of such ascetic-tāntrikās as libidinous hypocrites). Though Bana in the above passage is describing ostensibly Saivite yoginīs, the list of deific figures being praised by these female renunciates includes also Kṛṣṇa, Avalokiteśvara, and Śākyamuni Buddha, in addition to Durgā and Brahmā. Evidently the type of sectarianism practiced by the philosophers and scholars of the different traditions, as evident in the polemical condemnations of each others' doctrines we find in the writings of those with formal educations, was not part and parcel of the roving ascetic community. 102 These sort of people apparently shared a centuries old catholic culture, where the rules of behavior were more grounded in renunciation itself rather than sectarianism. All of this evidence together suggests here a tentative conclusion: that Tantric doctrines and practices emerged out of the natural tension set up in a culture where significant numbers of yogis and yoginis, śramaņas and śramaņikās were moving around the countryside, the towns, and the villages, practicing their renunicate disciplines, studying texts, crossing paths, interacting, sometimes sharing quarters in mathas and vihāras, 103 and living in a cultural context that celebrated sensuality in its court poetry, and in its tradition of erotic literature and sculpture and

painting. Added to these practices would have also been the magical *Atharvaveda*-style rites, and divination practices and spells as in the Bower manuscript, all evidently wide-spread popular practices.

## 3.2.3. Candikā and Tārā, Populist Tantric Goddesses

The impression that the Tantric theories and practices probably developed directly out of the interactions of the wandering male and female ascetics is supported by the considerable evidence we have of the contribution of the lower castes to the Tantric tradition--given that Buddhist and Hindu (not to mention Jain) ascetic orders were open to all castes, and apparently tended to have more lower caste members. The use of vernaculars to preserve canonical writings is nothing new in India. As Bagchi has noted, the Tibetan tradition holds that "the Mūla-Sarvāstivāda had their works in Sanskrit, the Mahāsānghika in Prakrit, the Mahāsammatiya in Apabrhamśa, and the Sthavira in Paisacī." And this tradition is "practically confirmed by the actual finds of literature of the various schools." 104 Śeşa Kṛṣṇa, writing c. 1100 CE, lists some 33 Prākrta dialects current in India, six from the south, and 27 from various other locales. 105 One such Prakrtic tradition that appears to have made a major contribution to the development of the Tantric traditions is the Candālas, a lower caste group of butchers. The goddess Cāndalīlā (or Candikā as she is referred to by Bana in the passage cited above) becomes popular and common in both Hindu and Buddhist Tantra as the tradition develops over the centuries. The 1st-2nd century Nāryaśāstra by Bhārata identifies Cāndāli as one of the dramatic dialects (vibhāṣās) used in plays; Keith says it was a species of Māgadhī, a dialect reserved in plays for

characters of low rank. 106 Evidently cāndāli speakers were a recognized lower caste group for many centuries in India considerably earlier than the emergence of Sanskrit Tantras of either Buddhist or Saivite inclination. It is noteworthy that one of the major goddesses of the later Tantric tradition, Candalī, shares her name with this ancient and well-known lower caste group. Fa-hien (c. 400 CE), during his early 5th century visit to India, records that Candālas (outcastes) were shunned by higher society, and had to bang pieces of wood to announce their presence in town so others could avoid pollution. 107 Commenting in his Fo-Kwo-Ki on Madhyadeśah or the region south of Mathurā, Fa-hien reports that "Throughout the country the people kill no living thing nor drink wine, nor do they eat garlic or onions, with the exception of the Chandalas only. The Chandalas are named 'evil men' and dwell apart from others; if they enter a town or market, they sound a piece of wood in order to separate themselves.... The Chandalas only hunt and sell flesh." Though we may raise an eyebrow at the blanket claim of vegetarianism, we appear to have a more or less true report about the Candālas. Apparently they were a caste of some sort of itinerant butchers, hunting, catching, killing, and selling the meat that non-violent ascetics, monks, and high-caste brahmins ostensibly shunned, then later began to use in Tantric practices. This status would be in keeping with Bhārata's categorization of their dialect.

Since *Candālas* were apparently the source of the once ritually-forbidden meat, it is not unreasonable to suppose that the name came to refer to a Tantric deity involved in the ritual consumption of this taboo substance, much as some of the

names of the Buddhist Krodharājas apparently refer to actual historical kings or groups (see endnote to discussion of Prākṛt dialects above), and much as some of the names of various Prakrits, such as Paiśācī, refer to groups of people who became demonized into the semi-human mythological Piśācas. Monier Williams cites the Śāṅkhāyana Gṛḥyasūtra for the definition that a caṇḍāla is an outcaste born from a Śudra father and a Brāhman mother, and cites Kulārṇavatantra as the source for the definition that the caṇḍālī is "one of the 8 kinds of women attending on Kaula worship." The passage he refers to is Kulārvṇavatantra 7.42a. The passage discussing the initiation and worship of Tantric consorts reads as follows (7.39-7.45):

Therefore having worshipped the very beautiful consort with fragrances and fresh flowers, one should present the enjoyment-goblet with the divine mind; and inside of that (one should see reflected?) also intoxicating, charming young women; honoring them with the divine mind, one should give the goblet to them individually. For the one who has not presented it, and who does not honor the reality of the clan with the consorts, his worship will be fruitless, and the goddess will not be satisfied. The Candālī, a leatherworker's wife or daughter, the daughter of a Kşatriya mother and a Vaisya father (or, the daughter of an unmarried woman, or the daughter of a Magadha tribe), the daughter of the Pukkasa tribe (of mixed race), likewise, a 'dog-cooker' (a mixed caste person-the men act as executioners or disposers of the kinless deceased), a marriage negotiator, a fisherman's wife or daughter, and vaisya women; this is said to be the eightfold clan; [now] the non-clan [akula] group of eight is stated: a woman from the Kauñca region of the Himālayas, a woman who sells liquor, a female soldier [or wife or daughter of a professional soldier], and a woman who dyes cloth, a female singer, a washerwoman, an artisan, and a birdkeeper [? 'related to the Cuckoo bird'], thus the eight. And a young lady engaged in a vow, or one who is the basis of the yoga seal, she who is obtained voluntarily at the time of worship is to be known as orgasmic/innate by the wise.109

It is clear from the preceding list that both the *kula* group and the *akula* group of women come from the mixed castes, and outcastes who perform tasks shunned by

the *brāhman* elite. Since a number of the mixed caste types are referred to by the term *candāla/ā/ī*, it may be that this term came to be used generically for a Tantric consort, and thereby shows up in the *Kālacakra* (see verse 5.75 commentary in translation Appendix) and other Tantras as a representative name for the deific Tantric consort.

It is evident from the eighth century Kaśmīri Buddhist monastic poet Sarvajñamitra, who composed the Sragdharāstotram and the Āryatārāsādhanam, that the worship of Tārā was already well-developed in the eighth century. The dating of this author seems fairly solid, given that the Rajatarangini says a Bhikşu Sarvajñamitra lived in the Kayyavihāra built by Kayya, King of Lāta, a subordinate of King Mukutāpīda-Lalitāditya of Kaśmīr, who reigned in the early 8th century. 110 In the Introduction to his edition of the Sragdharāstotram, Vidyabhusana lists over 90 works on Tara; some of these are in Tibetan, and of those at least 46 were translated from Sanskrit originals, including several by the famed Kaśmīri paņdits Śākyaśrībhadra, Samgamaśrībhadra, and Ravigupta. 111 Among the laudatory verses in the Sragdharāstotram we have one that mentions the Tantras: "Terrible with the excessive splendour of thy resplendent weapons which are of power to quell the pride of the manifold false decorations effected by a series of works brought into existence through power of magic, the demons wearing garlands made of a mass of entrails from dug-up corpses, confer on him whose sins have been removed by the recollection of charms derived from thy Tantras, a protection which no foe can take away."112 Jina Raksita in the commentary refers to the protective power of the

mantras extracted from the Tārārṇavādīni tantrāṇi, i.e. the Tantras Tārārṇava ("The Ocean of Tārā) etc., suggesting that several Tantras dedicated to Tārā were extant at the time Bhiksu Sarvajñamitra wrote his hymn. 113 This would seem to be supported by the fact that the Tibetan canon also credits Bhikşu Sarvajñamitra with the Arya-Tārā-sādhanam mentioned above. The lower-caste social origins of some of her devotees is evident from other verses referring to low-caste men employed to kill lice and other insects found in the beds placed outside of other men's houses, of paupers worn out by working as servants, farmers, artisans, traders, and flatterers, the unemployed disowned by their own kinsmen, and even of criminal gangs and murderers haunting the forests. 114 A remark by I-Tsing suggests the possibility that Tārā may have become popular through a convergence with a popular Buddhist monastic deity. I-Tsing remarked that "The image of Hariti is found either in the porch or in a corner of the dining-hall of all Indian monasteries depicting her as holding a babe in her arms, and round her knees three or five children. Every day an abundant offering of food is made before this image."115 This certainly sounds like a very popular goddess, certainly associated with fecundity, food, and representing the 'mothering' and feminine caring that would otherwise have been absent in an allmale, ascetic group of monks. In chapter II of the Mañjuśrīmūlakalpa Hārītī is referred to as Mahāyākṣiṇī, and she is to be drawn into the mandala described in that chapter. 116 Yet Harīti seems to fade in significance in the Buddhist Tantric pantheon over time, and the diminution of a goddess so popular in the seventh century that Itsing found her image in every monastery suggests to me the possibility that Tara may

have some relationship to Harīti--admittedly a speculative theory at this point. Hsuan Tsang speaks of "an image of Tara (To-le) Bodhisattva on the left of a thirty-foot high image of the Buddha at the Tiladaka sanhārāma, with an image of Avalokiteśvara on the right. 117 A Bodhisattva is presumably a male figure, though Beal explains the use of the term here as referring to the female  $T\bar{a}r\bar{a}$ , 118 a not entirely logical explanation. "Tāra" of course refers to a "savior" figure, and the Tāra Bodhisattva was apparently very popular in the early 7th century. Hsuan Tsang described another image of the deity as very high, with a striking "spiritual appearance." "Every fast-day of the year large offerings are made to it. The kings and ministers and great people of the neighboring countries offer exquisite perfumes and flowers, holding gem-covered flags and canopies, whilst instruments of metal and stone resound in turns, mingled with the harmony of flutes and harps. These religious assemblies last for seven days."119 So it may be that originally this was a Bodhisattva character who became merged with a popular female deity to eventually become the powerful female deity Tārā. Whether this theory is correct or incorrect, nonetheless one cannot ignore the fact that Tara was associated early on with lower caste devotees, and that Candali, a popular Tantric goddess, has a name derived directly from the name of a widely known lower caste group of butchers. We even find that the 9th century writer Ratnākara, in his Harivijaya, presents Tārā as Candī. 120 When we take this evidence together with the material we have from Bana indicating a widespread yogic culture of men and women, the names for whom, siddhas and mātrkās, survive and play important roles in Tantric literature, and Dharmakīrti's apparent disapproval of

Tantric practices, the impression grows even stronger of a wide-spread popular

Tantric culture long pre-existing incorporation into orthodox textual traditions of the

Hindu and Buddhist Sanskrit pandits.

# 3.2.4. Lorenzen's Work on the Early Saivite Tantric Tradition

One of the more impressive and original works of research is the study by David Lorenzen, The Kāpālikas and Kālāmukhas, Two Lost Śaivite Sects. 121 It becomes pretty clear from the evidence amassed by Lorenzen that the Kāpālikas were the earliest Saivite Tantrikas, with many of their practices and doctrines becoming absorbed into the later Tantric traditions, both Hindu and Buddhist. (The Kālāmukhas are a later sect dating largely from the 11th-13th centuries in the Karnātaka region; their name apparently derives from the practice of marking their faces with a black streak). 122 His work sheds considerable light on the early history of Saivite Tantra. Lorenzen writes: "The Sanskrit words most often used for the Kāpālika, Kālāmukha and Pāśupata 'sects'...are darśana, samaya and mata. The basic meaning of these words is 'doctrine.'"123 He refers to the Kāpālikas as "a Tantric Śaivite sect."124 Lorenzen cites a few examples from the Sanskrit texts of the early centuries of the Christian era, with the suggestion from the Yajñavlkyasmṛti and the Prakrit Gāthāsaptaśatī that the Kāpālika-style vows of smearing the body with cremationground ashes, carrying a staff, begging with a skull-bowl etc., may have originated as a vow of penance for killing a brahmin. 125 Among the more notable of Lorenzen's findings is the tracing of the origins of the skull-carrying, skull begging bowi, and (later famed Tantric symbol) of a skull on a stick (khatvānga, literally 'limb of a

bedstead') of the Kāpālika sect of Śaivite ascetics to the mahāvrata penitentiary rites prescribed in the Hindu lawbooks for those who have killed learned brahmins. 126 Noting the predilection in the Tantric tradition for the embracing of opposites, and the Purāņa tale of the Śiva's beheading of Brahmā's fifth head (and subsequent wandering as a beggar), Lorenzen suggests the Kāpālikas "adopted this vow precisely because it was the penance for the most heinous of all crimes, the killing of a Brāhmana. They were at the same time the holiest of all ascetics and the lowest of all criminals.... Furthermore, if the Kāpālikas were in reality already guiltless, the performance of this penance would result in an unprecedented accumulation of religious merit and hence of magical power (siddhi)."127 Though it is not clear whether the Purāṇa account originally precedes or follows the lawbooks, or was even invented by the Kāpālikas, Lorenzen makes the perspicacious observation that "the ultimate aim of the Kāpālika observance was a mystical identification or communion with Siva. Through their imitative repetition of Siva's performance of the Mahāvrata, the ascetics became ritually 'homologized' with the god and partook of, or were granted, some of his divine attributes... On the mundane plain the devotee gained suprahuman magical powers (siddhis) while on the eschatological plain he attained final liberation from transmigratory existence (mukti) and dwelt in a heaven of perpetual sexual bliss." 128 While not precisely the same as the anuttarayoga Buddhist Tantric doctrines, or Abhinavagupta's elevated formulations, the Kāpālikas certainly shared much of the same basic ideas as the other, more developed Tantric sects. These facts tend to strengthen the argument advanced above of the popular Yogic contribution to the

development of the Tantric traditions.

From the c. 725 CE Mālatīmādhava we have a description of one of the main characters Mādhava at one point wandering the cremation ground with a "glistening chunk of human flesh dripping with clotted blood" that he offers for sale to local residents. 129 Though as Lorenzen points out this scene is intended to evoke horror (btbhatsa), one of the classical rasas or moods of Sanskrit drama, 130 nonetheless it would appear from this and other such descriptions that human sacrifice, and the offering of human flesh to fearsome gods and goddesses were indeed at one point part of these cults. As Lorenzen remarks: "it is difficult to doubt that the Kāpālikas practiced human sacrifice. The purpose of the rite was to appease and gratify a wrathful and blood-thirsty deity." I would presume that most people would have had serious objections to themselves becoming sacrificial victims. Since we find cremation ground rites as a regular feature of such cults apparently for thousands of years in India, it appears quite possible that these bizarre offerings of human flesh and blood may have been supplied from the corpses in the cremation grounds prior to burning. The symbolic interpretations we get of these in Buddhist Tantric commentarial literature was no doubt an attempt to incorporate the more popular elements of cult religions while giving them a more elevated interpretation and prohibiting the more egregiously violent or revolting aspects of the practices--much as in the Christian tradition sites and calendar dates of earlier pagan rites were adopted and modified by the Catholic church.

Surveying mentions of the Kāpālikas as characters in Sanskrit dramas, and

identifying the kingdoms where the authors and their patrons lived, Lorenzen concludes that the Kāpālikas were spread through the Deccan by the eighth century. 132 He concludes that while it is impossible to establish a certain date for the emergence of the Kāpālikas, it is unlikely that they emerged prior to the fifth-sixth centuries, i.e. a century or two prior to their mention in Mahendra's (c. 600-630 CE) Mattavilāsa. 133 Lorenzen offers as possibly the earliest reference to the Kāpālika sect from the Prakrit Gāthā-saptasatī (ascribed to King Hālā though more likely from sometime in the 3rd-5th centuries), speaking of a nava-kāpālikā smearing herself with ashes from her lover's funeral pyre. 134 Lorenzen also cites mentions in the Lalitavistara and several places in Varāhimihira's Brhatsamhitā, making it clear that "by the sixth to seventh centuries references to Kāpālika ascetics become fairly commonplace." <sup>135</sup> In my opinion, Lorenzen's dating may be a bit conservative. Though he may be correct about the Kāpālikas as a distinctly named sect, Patañjali's remark about the Śivabhāgavatas mentioned above suggests that versions of the Saivite ascetics were around for many centuries before the fifth century. (The Kāpālika, Krama and Kula later merge into Śrīkula and Kālīkula of later Kaśmīri Śaivite Tantra. 136 See Chapter 5.1.1 for a discussion of the *Pāśupata* tradition in relation to the Kaśmīri Śaivite Trika Tantric school). There are also in addition to Lorenzen's references many other indications in Sanskrit literature that the predecessors to the Kāpālikas date to many centuries earlier than the fifth century CE. Gary Tubb has told me of references to this group in Kālidāsa's writings and in Aśvaghoşa's work. We also must consider evidence from the Vājasaneyi Samhitā of the Yajurveda 16.4.28-29. As part of a

long list of praises to the various members of society, the deities, etc., from the so-called Śatarudriya formulas, we have: "Reverence be to Bhava and Rudra! reverence be to Śarva and Paśupati! Reverence be to Nīlagrīva (the blue-necked) and to Śitikantha (the white-throated)! (29:) Reverence be to him of the coiled hair and to the shaven-haired one! Reverence be to the thousand-eyed and the hundred-bowed one! Reverence be to the mountain-dweller and to the bald one! "137 Paśupati of course is the name of Śiva used by the Pāśupata yoga tradition. Śiva in later mythology is called blue-throated/necked because of drinking the kālakuṭa poison at the churning of the cosmic ocean. The coiled hair is a common characteristic of many yogins. (Among other things the Yajurveda passage also points to an identity between Rudra and Śiva, and hence an Indra-Rudra-Śiva equation that has not been noticed by most Indologists.)

Section 3.3. Eighth and Ninth Century Evidence of Widespread Tantric Practices (3.3.1. Some Textual Evidence, 3.3.2. The Orissan Temples, 3.3.3. The Yoginī Cult).

#### 3.3.1. Some Textual Evidence

We have many fairly solid pieces of evidence that Tantric practices were alread fairly widespread in the 8th century. According to Bagchi, the oldest manuscript preserved in the Nepal Durbar Library, the Niśvāsatattava-Samhitā, a Śaivite Tantric text, dates from the 8th century--identifiable by the transitional Gupta characters of its script. The Tibetan historians Bu-ston and Tārānātha state that Sarvajāamitra of Kaśmīr studied Tantra at Nālandā in the 8th century, and that

Kamalasīlā taught the subject at that time. <sup>139</sup> Jayaswal, in his study of the 53rd (*Rāja-vyākaraṇa-parivarta*) chapter of the *Mañjuśrtmūlakalpa* gives (at least this portion of) the text the eminently reasonable date of c. 770 CE, since the Imperial History section that constitutes this chapter ends in 750 CE—though other portions of the text may be earlier. We find at the end of this 53rd chapter, in a section on the various monks and brahmins connected with the contemporary state (i.e. c. 770 CE), a reference to "Southern" Buddhist monks who will gain fame in the world by the practice of *mantras* and *Tantras*. <sup>140</sup> The text also describes religious Brahmins who rely on royal support for the practice of *mantras* and *Tantras*, <sup>141</sup> including one who practices the sixteen-syllable mantra (*ṣaḍakṣaraṃ mantra-jāpt*), and several others identified by name, including several Śūdras and Śākas also supported by the state on account of the knowledge of mantras. <sup>142</sup> Since we do not find the *Mañjuśrīmūlakalpa* translated into Chinese until the 10th century by T'ien-si-tsai, Jayaswal's dating of the text seems reasonable.

#### 3.3.2. The Orissan Temples

In an article on erotic imagery on Orissan temples from the mid-8th century AD., with their frank images of *kapālika*-s with their *khaṭvāṅga*-s engaged in sexual activity and drinking, Donaldson points out "despite the avowed secrecy of their rituals, they appear on the temple in complete view." Although pre-8th century erotic imagery is not particularly sectarian, by the mid-8th century at the Mārkaṇḍeyeśvara temple specifically Śaivite, apparently ritual erotic activity is depicted in the *baraṇḍa* recesses. As to the extent of these practices in North India,

Donaldson notes, "At the beginning of the 10th century the sexual activities [depicted on Orissan temples] become more explicit and are frequently arranged in a sequential manner to imply, despite the avowed secrecy expressed in Tantric texts, specific stages undertaken in prescribed rites leading to Supreme Bliss. They appear on Śaiva, Vaiṣṇava and Śākta temples alike and in widespread areas of Orissa to testify to the great popularity of the rituals and to their indigenous origin." The location of the images moves from earlier semi-secrecy on the *baranḍa* recess to progressively more public displays on the niche jambs, *pīṭhas*, pillaster capitals, and even as major wall motifs. <sup>145</sup> In support of at least 8th century prevalence of Tantric practices, Farquar refers to a number of scenes in the *Mālatīmādhava*, an 8th century drama by Bhavabhūti. One of the chief characters is Aghoraghaṇṭa, a Kāpālika ascetic serving Cāmuṇḍā's shrine (a goddess who appears in Buddhist Tantras)--through his character we learn details of the 8th century Śaivite Tantric practices of his sect. <sup>146</sup>

### 3.3.3. The Yoginī Cult

Vidya Dehejia has done a valuable study of the cult of the 64 *Yogints* in north India, comparing surviving circular temples from Tantric rites with information from unpublished Śaivite Tantric manuscripts (particularly the *Mattotaratantra*). She concludes that "extant remains suggest that the cult of the Yoginīs was of impelling and vital significance from the 9th to the 12th centuries, while late inscriptions added to certain Yoginī tempels indicate that the shrines were in worship even in the early 16th century." The cult apparently died out for unknown reasons thereafter, though it appears to have played an important role in the development of Tantric practices.

Having visited many of the temples, Dehejia describes them as typically "a simple circular enclosure with no roof and no hidden sanctum sanctorum, standing open to the sky and permitting the sunlight to pour into its exposed arena." This was a very uncommon design among Indian temples, 148 particularly as we find the circular structures have a plain outer appearance, with simply flat outer stone walls, shorn of any ornamentation. In addition, these circular structures are largely located in remote regions on the outskirts of towns, sometimes difficult to reach. 149 Together this suggests that whatever rites were conducted at these temples were not designed to be attended by the general public. In her anthropological researches on this cult, Dehejia encountered a prevalent superstition about the Yoginīs: "this deep-seated fear makes the average viliager and even town-dweller steer clear of the Yogini temple. He would rather not talk to you about Yogini, much less lead you to one of their shrines."150 Inside are "niches in its circular walls" with "a series of female images, generally sixty-four in number, with beautiful bodies but often with non-human heads." The sculpted yogints in niches on the inside of the circular wall sometimes also number 81 or 42, and each temple has an open shrine to Bhairava in the center of the circle.<sup>151</sup> Most of the temples Dehejia found have have the 64 divisions known as aras (rays) or dalas (petals). 152 In Varāhamihira's Brhat-samhitā we find the remark that "the temple should always be made with sixty-four parts," 153 suggesting that the 64 typology was a mainstream Hindu architectural motif. Given the wide variety of yoginis in the different temples, with many different groupings of animal headed nubile human female bodies, beautiful women, and grotesque or scary figures

as vogints. Dehejia remarks that "the entire process of identifying the Yoginis in the different temples and assigning names to them seems a somewhat meaningless enterprise." 154 Aside from a few common figures the sculpture sets represent local traditions. Dehejia suggests that the sixty-four yogints derive originally from Yaksinis, the tree spirits depicted in the Barhut sculptures entwined in tree trunks and branches, citing several passages from Tantric manuscripts where the terms are used interchangeably. 155 Studying the lists of Yogints and Matrkas in the various Puranas, Dehejia discovered a dual classification-one with Yogints and Matrkas, and another with Yoginis alone: "the tradition that includes the Mātrkaās regards the Yoginis as highly placed deities and often as aspects of the divine, while the tradition excluding the Mātrkās generally considers the Yoginīs as cruel, fierce and wrathful and more in the nature of minor attendant deities." <sup>156</sup> Although Dehejia herself did not consider that these temples were the sites for cakra-pūja rites described in the Tantras, she does not really offer a solid argument for why she holds this position.<sup>157</sup> Given the local content of the deity images, the layout and amount of space within the temples (other than the small central shrine and the wall-niche figures, the circular temples have simply a flat floor), the lack of any exterior ornamentation, their remote locations, and their unsavory reputation among some of the local townspeople, I think it quite likely that these circular temples Dehejia has studied were used for the cakrapūja rites described by Abhinavagupta (see Chapter 7 of this dissertation). In any event, the information she has developed strongly supports the impression that Tantric ideas and practices emerged out of the popular culture--and out of the popular Yogic

culture—and were only gradually accepted and incorporated into the more conservative Sanskrit lineages.

Section 3.4. The Chinese Pilgrims (3.4.1. Wang Hiuen Ts'e, 3.4.2. Hsuan Tsang, 3.4.3. I-tsing)

We need to be a bit cautious in assuming that the records of Fa-hien, Hiuen Tsiang, and I-tsing can offer reliable information on the presence or absence of Tantric practices in India. Many scholars in favor of the "secrecy" arguments have dismissed the lack of mention of Tantras by the Chinese pilgrims by saying that the Tantric practices and texts were simply not revealed to them. Dutt and Sharma exemplify the basic argument behind this position by their remarks that "Both Fa-hien and I-tsing came to India with the sole purpose of finding out correct texts of the Vinaya rules in India and to take (sic) them back to their homeland." Fa-hien's focus was supposedly soley the Vinaya of the Mahāsangikas, while I-tsing, three centuries later, was intent on the Mūlasarvaāstivāda Vinaya. I-tsing, we are told, "confined his attention to the disciplinary life of the monks." On the other hand, the pilgrims give fairly complete accounts of social and religious practices, and in Itsing's case, a full account of the curricula at the monastic universities, so I do not subscribe to the theory that the Tantric texts were kept secret from the Chinese pilgrims. I also think that the argument that Fa-hien, Hsuan Tsang, and I-Tsing were oblivious to ongoing secret Tantric practices at the Buddhist monasteries presumes a narrow-mindedness that is not reflected in their writings. The evidence from all the Chinese pilgrims supports, I think, a different interpretation. Chia-Luen Lo reports

that in addition to the three well-known surviving records of Chinese pilgrims, there were at least three other accounts by fifth century travelers that have been lost, a partial account from the 8th century pilgrim Hwei Chao that has been recovered from the Thousand Buddha Caves of Tung Huang, Kansu province, and other accounts surviving in quotations and extracts in later works by Chinese Buddhists and Chinese historians. So we do not need to rely only solely on the material from the three well-known pilgrims.

## 3.4.1. The Inscriptions of Wang Hiuen-Ts'e

Levi has provided a translation of the account by the Chinese pilgrim Wang Hiuen-Ts'e of Ceylon's history, surviving in Tao-cheu's 'Encyclopedia of Buddhism' (Fa-iouen-tchou-lin) from 668 CE. 161 An inscription erected on Grdhakūta by Wang Hiuen-ts'e in 645 CE speaks of the limitations of Taoism and Confucianism as purely Chinese doctrines, unlike Buddhism that was propagated without limits, with typically Mahāyana-derived imagery: "The divine force is dominating, the timely transformation is without bounds; sometimes they spring forth from the ground, sometimes they fall from the heights of heaven; during ten million days and months, in the three billion worlds, the cloud of the law protects everything, the good doctrine spreads everywhere. "162 There is a bit more to the inscription (5 verses total), yet it contains no hint of anything Tantric, nor of any Hinayāna influence. Rather Wang Hiuen ts'e exults in the boundless power and glory of the Mahāyāna doctrine.

Another inscription made by him at the foot of the Bodhi tree on the 14th of March, 645, reads in part: "On the Vajrāsana thousands of Buddhas sit spread out

concentrically, their venerable visages possessing the primary and secondary marks according to the model given to them by Maitreya; the supernatural wall<sup>163</sup> is wonderful and beautiful, the tree of intelligence is exuberant; crossing the ages without losing strength, what could equal this divine force?"<sup>164</sup> This is what we might call "high Mahāyāna," with Wang Hiuen-Ts'e considering Mahāyāna as the unequaled universal doctrine of Buddhism, spreading over the earth. This seventh century pilgrim certainly gives the impression that his tradition did not consider what comes to be known as Vajrayāna either to exist, or to be a factor in the promulgation of Buddhism.

# 3.4.2. Hsuan Tsang's Account of Indian Buddhism

The famed pilgrim Hsuan Tsang, who visited India between 629 and 645 CE, studied for four years in Kaśmīr before visiting other monastic universities in India.

He gives a fairly detailed description of the social and educational situation in Kaśmīr:

The people wear leather doublets and clothes of white linen. They are light and frivolous, and of a weak, pusillanimous disposition. As the country is protected by a dragon [!], it has always assumed superiority among neighbouring people. The people are handsome in appearance, but they are given to cunning. They love learning and are well instructed. There are both heretics and believers among them. There are about 100 saṅghārāmas and 5000 priests. There are four stūpas built by Aśoka-rāja. Each of these has about a pint-measure of relics of Tathāgata. 165

In brief descriptions of some of these sanghārāma, Hsuan Tsang mentions that one belonged to a group of about 100 Mahāsanghikas, another to the author of the Vibhāṣā Śāstra, another to the lineage of the author of the Vibhāṣā-prakaraṇa-pāda Śāstra, one to about 30 Mahāyāna monks of the lineage of Sanghabhadra, author of

the *Nyāyānusāra Śāstra*, another with about 300 monks and an inch and a half long tooth of the Buddha in a *stāpa*. Nowhere in his description of the Buddhists of Kaśmīr in the seventh century does Hsuan Tsang even hint at the existence of *Tāntrikas* of either Buddhist or non-Buddhist persuasion. Hsuan Tsang also praised his teacher in Kaśmīr, *Dharmasvāmin*, as being "gifted with profound intelligence, and his vast instruction embraced all branches of science." While we can make some allowances for the laudatory tone, nonetheless "all branches of sciences" apparently did not include Tantras. He also makes no mention of the study of Tantras at Nālandā, though he details many other subjects in the curriculum, where he studied the *Yogaśāstra*, *Nyāya-Anuśāsana-śāstra*, the Śabdavidyā, and a variety of *Mahāyāna* texts. We find that he discussed the *Yogaśāstras* with the *bhikṣus* of Kāncipura, 168 though again no mention is made of Tantric texts in these discussions.

My preferred explanation for Hsuan Tsang's silence about the Tantras is that while Tantric texts were circulating during his time, they had not yet become an accepted part of the conservative Buddhist monastic curriculum. It seems less likely that the texts now classified as the *Anuttarayogatantras* were "secret," and hence not available to the Chinese pilgrims. Rather, it appears, those who received a formal education in the Buddhist monastic universities of the 7th and early 8th centuries were not taught the Tantras, since Tantric doctrines had not been "accepted" by the conservative educational community (much as Tantric Studies took many decades before becoming accepted by Western academic communities). We know from Dharmakīrti that in the sixth-seventh centuries Tantric texts already existed, and were

circulating, and shared much in common with the Hindu Tantras.

### 3.4.3. I-Tsing's Report on the Buddhist Curriculum in the 7th Century

I-Tsing reports on the monastic colleges at Nālandā and Valabhī as being the two preeminent institutions of the day, with Nalanda as a Mahayana institution, and the Duddā monasteries of Valabhī Hinayāna--the latter later destroyed by Tajik invaders in the late 800's. 169 I-tsing's account of life at Nalanda contains many specifics about the course of study and practice there in the late 7th century. Combing through his account, we find a full description of the curriculum of study at Nālandā at the time he visited there, and no mention whatsoever of any Tantric texts or practices either within or outside of the monastery. His account is detailed and thorough, so to claim that Tantra was being taught there at the time in secret, and therefore he was unaware of it, presumes a level of ignorance on I-tsing's part that is not reflected in the pilgrim's writings. It is worth noting in detail just what the monks were studying, to see how thorough I-tsing's knowledge was. Describing the strict monastic code at the Tamralipti vihāra, he comments that "the rites of the monastery Nālanda are still more strict." He mentions some 3000 monks in residence, each of whom is required to learn Matrceta's two hymns "as soon as he can recite the five and ten precepts (Śila)."171 The Avalokiteśvara chapter (Chpt. 24) of the Saddharmapundarīkasūtra was recited by the monks, and the Jātakamālā was studied. 172 Aśvaghosa's Buddhacaritakāvva was part of the curriculum, "widely read or sung throughout the five divisions of India, and the countries of the Southern Sea,"<sup>173</sup> Monks undertook a full study of Sanskrit grammar, Śabdavidyā, with a

beginning text called Siddir-astu, Pānini's Sūtra, the Dhātupātha, the three Khilas-the Aşthadhātu, the Manda, and the Unādi-sūtras, the Kāśikāvītti (ascribed to Jayāditya, said to have died about 30 years before I-tsing arrived), a commentary on the Vrtti by Bhartrhari called the Cūrnī, Patañjali's Mahābhāsya, Bhartrhari's Vākyapadīya, and a work called Veda or Beda, also by Bhartrhari, with a commentary by Dharmapāla. Monks also studied logic (Hetuvidyā) and metaphysics (Abhidharma), including the Nyāya-dvāra-tāraka-śāstra, and learned all the Vinaya works, plus the sūtras, and the Śāstras by Nāgārjuna, Deva, Aśvaghosa, Vasubandhu, Asanga, Sangabhadra, Bhavaviveka, Jina, Dharmapala, Dharmakirti, Silabhadra, Simhacandra, Sthiramati, Gunamati, Prajñāgupta, Gunaprabha, and Jinaprabha. 174 A simple logical point worth noting here is this: since the monks studied Dharmakīrti, who I-tsing says "made a further improvement in Logic (after Jina)," they must have read the passage I have cited above where Dharmakirti refers with some disapproval to the popular Buddhist and Hindu Tantric texts and practices. Unless these particular passages were omitted from the curriculum--and the monastic teachers would then have had to explain the missing portions of the argument--even the most cloistered monk learning his Dharmakīrti would have known about Tantric practices going on outside the monastery. Hence the caveat that Tantric teachings were kept in "strict secrecy" and so were unknown to the monks of I-tsing's day becomes considerably less plausible.

I-tsing gives us in addition a list of the Abhidharma texts studied in his day at Nālandā. Foremost of the Abhidharma material were the texts referred to then as

"Asanga's Eight Śāstras" of the Yogācāraśāstra. These included Vasubandhu's Vidyāmātra-viṃśati-śāstra, Vidyāmātrasiddi-tridaśa-śāstra-kārikā, Madhāntavibhāgaśāstra, and the Karmasiddha-śāstra--all included with Asanga's Mahāyānasamparigraha-śāstra-mūla, Abhidharma-samgīti-śāstra, and Sūtrālankāra-ţīkā. So, in contravention to Bhattacharyya's claims, here we find that in the late seventh century Asanga is not credited with either the Guhyasamājatantra or a related sādhana. close out the curriculum, the monks also learned "Jina's Eight Śāstras," i.e. the "Śāstra on the meditation in the Three Worlds," Jina's Savara-lakṣaṇa-dhyāna-śāstra, Jina's Ālambana-pratyaya-dhyāna-śāstra, "the Śāstra on the Gate of the Cause (Hetudvāra)," "the Śāstra on the gate of the resembling cause," Nāgārjuna's Nyāyadvāra-tāraka-śāstra, Jina's Prajñapti-hetu-samgraha-śāstra, and "the Śāstra on the grouped inferences."176 The monk also had to study the six *Pādas* of the Sarvāstivāda school, and the 4 Agamas (Dirgha-, Madhyama-, Samyukta-, and Ekottara-), and the five Nikāyas. With this thorough an accounting of the curriculum at Nālanda, I think it strains reasonable credibility considerably to argue that there was an large extant corpus of Tantric texts by Asanga and others in the late 7th century that I-tsing, despite his thorough engagement in the educational functions of the university, was somehow kept complete ignorant of. The systematic character of the material in the major commentaries on the Anuttarayogatantras strongly suggests that these commentarial texts were written by very accomplished Sanskrit pandits who had mastered a wide variety of material that had been taught in monastic universities for many centuries (see particularly the summary of topics in the Vimalaprabhā on the

Kālacakra, in Chapter 10 of this dissertation), indicating that such commentaries were in all probability written after the Tantras had been accepted into the curricula.

I-tsing described also his own two teachers for his monastic training in China, prior to coming to India. His Upadhyāya Shan-yū he described as follows: "Besides his deep insight into the Tripitaka, he was well read in very many authors. he was equally learned in both Confucianism and Buddhism, and skilled in all the six arts of the Confucian school. He was well versed in the Sciences of Astronomy, Geography, and Mathematics, the Arts of Divination, and the Knowledge of the Calendar; thus he could explore the secret of anything, had he cared to do so."177 I-tsing's meditation teacher, Jui-hsi, performed devotional exercises every four hours, teaching in between times the Bhikşus, Bhikşunīs, Upāsakas, and Upāsikās. His favorite book was the Saddharmapundarīka--a text he read once a day, every day, for over sixty years. 178 When we look through the Kālacakratantra and Vimalaprabhā, we find astronomy, geography, mathematics, divination, and calendrical science present in the text, along with references to a variety of philosophical traditions, the Vedas, the Mahābhārata, the Rāmāyaṇa, and so on. The difference in the Tantra though is that with all of these subjects that had apparently long been part of the monastic curriculum are added detailed deity yoga practices, and explicit sexual yogas, magical practices, etc., of the type referred to by Dharmakirti as being disreputable in his time. Comparing the contents of the Tantras (see Chapter 4 of this dissertation) with the monastic curriculum outlined by I-tsing in the 7th century, and with Dharmakīrti's remarks, leads to the very strong impression that the Tantric tradition developed as

what we might call a "popular religion" and then, sometime during the latter half of the seventh century and into the eighth century was adopted by the monastic universities and integrated into the curricula. As with many other social and political movements in history, one would presume from this shift that the Tantric practices and ideas simply became so popular over time that eventually the educational establishments could no longer afford to ignore them, and began to consciously integrate these ideas into the pre-existing courses of study.

# Section 3.5. The Central Asian Buddhist Sanskrit Manuscripts (3.5.1. Gilgit, 3.5.2. Turfan, 3.5.3. Tun-huang)

The argument that Tantric texts and practices were not integrated into the Buddhist monastic curricula prior to the eighth century is supported by the evidence from three sequentially dateable groups of Sanskrit Buddhist texts that were unearthed in Central Asia—the texts from Gilgit, Turfan, and Tun-huang. With a careful examination of this material we find that the Tantric texts and practices had apparently not been incorporated into the Central Asian Buddhist Canons until after the eighth century. There are however intriguing pieces of evidence left among the scattered fragments of manuscripts unearthed that suggest that popular Tantric practices may have been present, and that various aspects of these Tantric practices were beginning to infiltrate the Mahāyāna meditation systems.

# 3.5.1. The Gilgit Manuscripts

Sir Aurel Stein revealed in July 1931 (in the Statesman newspaper) the discovery of a trove of fifth-sixth century Buddhist Sanskrit manuscripts from a stūpa in Gilgit--found accidentally after some herders moved a timber protruding from a stone-covered mound, while collecting soil for manuring.<sup>179</sup> Stein, an incredibly adventurous (and lucky) explorer, 180 reported that "in the course of the excavation a great mass of ancient manuscripts came to light closely packed in what appears to have been a wooden box. The palaeographic indications of some of the mss. suggest that they may date back to the sixth century A.D." The script is an 'Upright Gupta' similar to the Bower ms. script, 182 and the texts are written on birch-bark, suggesting that the writing material came from the Kaśmīr region, (see discussion of the Bower manuscript above). This Upright Gupta script is a very similar script to that used in the manuscripts copied around the same time for Hsuan Tsang, and these Gupta scripts are preserved in Chinese texts in order to transcribe Sanskrit mantras. 183 Vira and Candra, who published a complete fascimile set of the texts, confirmed that "paleographically these manuscripts can be dated back to the fifth century, 184 adding that "Gilgit manuscripts represent the original Sanskrit Canon of Buddhism." 185

Volume 71 of the Kashmir Series of Texts and Studies (KSS), in 5 parts, presents Devanāgarī versions of several of the texts of the Gilgit Manuscripts.

Nalinaksha Dutt, the editor, reports that the language of the manuscripts is "similar to

that of the Mahāvastu, Lalitavistara, Saddharmapundarīka, or Survarņaprabhāsa,"

and that it is really a mixture of Sanskrit and Prakrit, with the words of one being used with the inflections of the other. "It seems that the authors were well up in the Prakrit language and grammar and developed a linguistic medium containing a mixture of Prakrit and Sanskrit" with a certain uniformity of irregular grammar. 186 As the names of donors and their relatives and friends are found in the colophons of the manuscripts, Dutt speculates that they were copied and deposited in the *stūpa* for merit purposes--manuscript deposits have also been found in Central Asian and Eastern Turkestan *stūpas*. 187

The first text in the KSS editions, the *Bhaiṣajya-guru-sūtra* includes among the Bhaiṣajyaguru's twelve vows "may all beings take to Mahāyāna, leaving aside false doctrines and Hinayāna," with no reference to *Vajrayāna*. The *Sarvatathāgata-adhiṣṭhāna-vyūhaṃ* contains *Dhāraṇīs* that remain untranslated in the Tibetan and Chinese versions (the latter c. 701 CE), suggesting, as Dutt points out, a widespread belief in "the efficacy of the mantras by their proper intonation." Volume II contains the seventeen chapters of the *Samādhirājasūtra*, a text that was translated into Chinese by Narendrayaśa in 557 CE, after a partial translation by Shih-sen-kun c. 420-479 CE; an earlier version appears to have existed already in the 2nd century CE. Both Candrakīrti and Śāntideva quoted from the *sūtra*, suggesting that their version predated the 6th century CE. The text contains the doctrines of the *Dharmakāya* and the *Rūpakāya* of the Buddha, though no others. Volume III, parts 1, 2 & 3, contain editions of portions of the sixth century birchbark manuscript in Gupta characters of the *Mūlasārvāstivāda Vīnaya-vastu*. The full collection of

manuscripts, as published by Vira and Chandra in their series of fascimiles from the International Academy of Indian Culture, contains *Vinaya* texts and *Mahāyāna sūtras*, though no Tantric works (see this endnote for the full list of the texts). Dutt has analyzed the 5th-6th century *Sarva-tathāgatā-jīnāna-bodhisattva-bhūmika-kramaņam* from the collection, a *dhāraṇī* text set in the context of the Buddha dwelling "on the Potalaka mountain in the abode of Ārya Avalokiteśvara." The *dhāraṇīs* intended to "confer benefits, or protect those beings who will read, write, or propagate" the *Sūtra*. 196

One would have to conclude from the full list of Gilgit texts, and those edited by Dutt, that Tantric practices were not part of canonical Buddhism in the 5th-6th centuries in the Gilgit region--or, as I have repeatedly mentioned, one can revert to the "secrecy" argument and argue that such practices were present, just that they were kept secret. There is a very curious folio from the text-find that suggests that there may have been at least popular Saivite Tantric practices in the area. Vira and Chandra transliterated a single folio from Gilgit entitled *Tantrasadbhāvasāra*, a four stanze praise of Siva. A translation of this is as follows:

Having bowed my head to Siva the unmoving, the immeasurable, the lord of all living things, the imperishable, the incomprehensible, and to the lord Kāma, together with Ganeśa, <sup>197</sup> and his attendants; and (bowing) to the Siva-path of those gurus that is pervaded once, twice, three, four times, and in addition nine times by the many various gods; (the path) that is said to have previously been reached by the Tilaka of the Ātreya clan; (the path that is) the reality of the Tantras for the gods, sages, men, asuras, and goddesses; therefore, I too will now speak, meeting together with the 'dogs' who have the clearest *akṣara-paṅkti* [meters], <sup>158</sup> in order to awaken [their] narrow minds. <sup>199</sup>

Since we have no other section of this text, and not much context to place it in,

speculation as to its significance is not too helpful. It does tend to support

Dharmakīrti's references to Buddhist and 'non-Buddhist' (i.e. Hindu) Tantric practices
in the 6th-7th centuries. Perhaps this one folio of a Śaivite text was accidentally
included in the collection as it was being packed.

### 3.5.2. The Turfan Manuscripts

The second major find of ancient Buddhist Sanskrit manuscripts is from the seventh century sites in the Turfan Depression. Turfan is a long way from Kaśmīr, in the northeast of Xinjiang Uygur, towards Mongolia. Between 1902 and 1914 four German expeditions brought some 801 fragmentary Sanskrit manuscripts back to the Berlin Museum for the Ethnology of Eastern Turkestan (Xinjiang). The manuscripts and printed works unearthed at Turfan also included texts in Chinese, 'Tungusisch' (?), Mongolian, Old Turkish, Tibetan, Tocharian, 'Sakısch' (?), Sogdian, etc.<sup>200</sup> As Aurel Stein explained, the cemetery in Kao-chang, the present Turfan, was in the seventh century CE "an important administrative centre and garrison of the Chinese after their reconquest of Eastern Turkestan."201 (Dietz informs us that certain Brāhmī scripts of Northern Turkestan were in use since the 7th century.)202 Examining the catalogues of Sanskrit manuscripts from the "Turfanfunde," it certainly would appear that Tantric texts and practices were not part of canonical Buddhism in that area of Central Asia at the time the Turfan manuscripts were deposited. We find a wide variety of material from Turfan, including hundreds of manuscript fragments on vinaya, sūtra, abhidharma, yoga, Mahāyāna sūtras (Dasabhūmika, Gandavyūha, Śatsāhasra-prajñāpāramitā, etc.), kāvya, epics (Aśvaghosa's Buddhacarita),

grammatical, astronomical, and medical literature. The texts are predominantly from the Sarvāstivāda and Mūlasarvāstivāda schools. The range of this textual material (i.e. the variety of subject matter) roughly matches the range of the texts included in the curriculum of studies at Nālandā in the 7th century as described by I-tsing, suggesting that the collection of material represents the canon studied by Buddhists in the 7th century Turfan region. There are a number of mantra and dhārant manuscripts on protective charms of various sorts, with one on vastkarana—a practice surviving in Śaivite Tantras, another on snake protection magic, etc., yet no mansucripts of a fully developed Tantric style. The prevalence of the protective-magic texts also suggests comparison with the Atharvaveda material, where such charms were also described for various medical conditions, as in AV 9.8: "All malady that rings thy brow we charm away with this our spell."

As with the I-tsing's description of the Nālandā curriculum, and with the material from Gilgit in the fifth-sixth centuries, we do not find in the seventh century Turfan manuscript fragments any overt mention of Tantric texts or practices. However some of the material does suggest the sort of gradual inclusion of developing 'Tantric-like' ideas and practices. Several of the textual fragments have been edited and published in transliteration, with German translations, including Buddhist stotras, the Vinayabhanga, Karmavacanā, portions of the Daśottarasūtra, a metrical text entitled Chandoviciti, the Anavataptagāthā and the Sthaviragāthā, twenty-five sūtras from the Nidānasamyukta, and the Samgītisūtra with the Samgītiparyāya commentary. A Buddhist Yoga textbook on birch-bark manuscript

from Kyzil in the Kuśā (Kutscha) district has survived, and been studied in some detail by Dieter Schlingloff. It gives in chapter 11 meditations on the Buddha, the dharma, the community, morality, and the deities (buddha-, dharma-, samgha-, śīla-, devatā-anusmṛtī), and in Chapter 2 instruction on the development of attentiveness to the breath (āna-apāna-smṛti-bhāvanā). Relative to the developed system of meditation and advanced prāṇayāma techniques that we find in the Tantras, these are fairly basic and introductory Yoga practices. Otherwise the text contains little that is surprising, and certainly nothing particularly Tantric, with chapters on Dhātuprayoga, skandhaparīkṣā, āyatanaparīkṣā, pratītyasamutpādaparīkṣā, apramāṇa-maitrī-vihāra, karunāprayoga, karunāsthiti, muditā, and upekṣā. 207

Taking a close look at the fragments of the text as organized into chapters with fragmentary lines by Schlingloff, though, we do find some intriguing precursors to later Tantric practices--fitting with the general impression one gets as one reads more and more texts that the more fully developed Tantric systems had a wide range of precursors from the earlier strata of the traditions, including the sort of Sun, Moon, and Fire typologies we examined in the Vedic tradition. In Chapter 2, the meditation on breath, we find for instance mention of a Moon-disk (candra-mandala) in relation to the sensation of happiness (sukha-pratisamvedanā), and a keenness of the mind (citta-paţutvam) in relationship to the rays of the Sun (āditya-raśmayah). We also read of an outshooting quiver of blue, yellow, red, and white light-rays in the heart (hrdaye ntla-ptta-lohita-avadātam raśmi-kālāpa-nirgatam) when there is joy in the mind (citta-abhipramodāyām). In Chapter 3 of the text (Dhātuprayoga), we come

across such remarkable passages as follows:

Immediately afterwards the Yogi blesses his form with an abhiseka. Then he focuses his mind between the eyebrows (i.e. on the ājñācakra or 'third eye'). A stream flows out from there, splitting the earth mandala, illuminating the hells and the pretas, splitting the golden disk (the Sun), illuminating the water sphere, the wind sphere, and the ākāśa element; turning around, re-entering the navel, going back out through the head, illuminating [the heavens] continuously up to the Akanistha deities, and taking the essence (rasa) of the fourfold meditation along, it re-enters (the body) by way of the head. 210

After more of this sort of meditation we read that "the yogī sees the entire world turn into the ākāśa" (ākāśībhūtam ca krtsnam lokam paśyati). 211 From filling [them/himself?] with blue, yellow, red, and white rasa mountains are seen above him, and the image of the mountain in the mirror ... fills his form with various colored rasa; he sees his form completely filled with spotless rasa, as though his form were produced by the light from jewels.<sup>212</sup> There is more such visualization meditation here described, with streams of flowers flowing out of his navel and filling the four seas, envisioning the entire world and the forms of the Buddhas as subtle, glimmering drops of dew (sūksmān avaśyāya-bindun iva spandamānam), 213 and so forth. When one compares this seventh century Sarvāstivāda yoga text with the material from the Chinese translation of the Anasravadharmasīla section of Subhākarasimha's 8th century Bodhisattvaśīla, discussed below, it becomes apparent that during the seventh and eighth centuries many of the principles that underlie the fully developed practices in the Anuttarayoga Tantras were gradually developing and becoming more sophisticated, without yet being, containing the same information as, or being called Tantras--at that time. (Later, of course, many of these texts were reclassified as

Kriyā, Carya, and Yoga Tantras by the Buddhists.)

Curiously enough, we also find fragments of a Mahāsamājasūtra from the Turfan collection.<sup>214</sup> Unfortunately the fragments published by the Germans in their catalogue are too short to determine anything much about the contents of this text. However, we can say a few things. The frame of the text is the Buddha's teaching to the great assemblage (mahā-samāja) of the gods. 215 The text opens with the Buddha in the Kapilavastu forest, with attending gods, and Mārā asking forgiveness, frightening the students.<sup>216</sup> Another fragment of the text speaks of a Yakşa Kumbhīra, and the four heavenly kings (diśi catvāra ete mahārājāh) Dhṛtirāṣṭra, Virūdhaka, Virūpaksa, and Kubera.<sup>217</sup> We also have surviving in an ancient Bengali script Sanskrit manuscript (not from Turfan) a Vaipulya-sūtra entitled Tathāgataguhyaka (see Chapter 4 of this dissertation) that appears to precede the Guhyasamāja. Though speculative, it is not unreasonable to hazard at this point that there may be an evolutionary relationship between the Mahā-samāja-sūtra, the Tathāgata-guhyaka, and the Guhya-samāja-tantra, also known in the Chinese canon as the Buddha-bhāṣitaguhya-samaya-mahātantra-rāja-sūtra.<sup>218</sup> While the lack of Tantric texts in the Turfan collection strongly suggests that Tantric techniques, terminology, and symbolism had not spread as far north as Turfan in the 7th century CE, the Turfan documents are then helpful for clarifying certain pre- or non-tantric meditative practices that become integrated, and somewhat transformed in the Tantric texts, and help establish one benchmark for the historical evolution of Tantra.

## 3.5.3. The Tun-huang Manuscripts

The third major textual find in Central Asia is the famed find at Tun-huang.

Bagchi has explained the importance of this site for the history of Buddhism:

The two routes coming from the South and the North of the Tarim desert met on the Chinese frontier at a place called Yu-men-kuan or the 'Jade Gate.' Not far from it, at a place called Tun-huang, was once situated one of the biggest establishments of Buddhist learning. In the hills near Tun-huang a large number of grottos was constructed between the 5th and 8th centuries A.D. for the use of Buddhist monks proceeding to China. These caves were called by the Chinese Ts'ien-fo-tong or 'the Caves of the Thousand Buddhas.'... Buddhist monks from Persia, Bactria, India, Sogdiana, Khotan, Kucī and other countries used to assemble here before proceeding to the Chinese capital with their burden of manuscripts...

Manuscripts in in Chinese, Sanskrit, Tibetan, Syriac, Khotanese, etc. have all been found Tun-huang. Stein visited the site of the famous cave temple of a thousand Buddhas southeast of Tun-huang, and reported that "There, in 1907, I had been fortunate enough to secure such abundant antiquarian and artistic spoil from the walled-up temple *cella*, in which a whole library of Buddhist and other manuscripts and hundreds of fine paintings on silk had been hidden away early in the eleventh century, together with a multitude of other relics." Meanwhile, the Chinese had taken many of the manuscripts to Peking, with many sold along the way. A collection of Tibetan texts unearthed at Tun-huang was carted away by Pelliot in 1908, on a mission from the French government, and is preserved at the Bibliotèque Nationale in Paris, where it has been thoroughly indexed. The manuscripts date by and large from 800-1035ce. Unlike the Gilgit and Turfan collections we find among the Tun-huang manuscripts a fair number of Tantric texts. We have, in addition to a number of *Prajňāpūramitā* texts, *sūtras*, astrological texts and *dhāraṇīs*,

several fragments of Heruka ritual texts, 222 (there are a number of dhāraṇīs and sūtras by the name Vajra-vidāraņa--'lightning-splitting' or 'diamond-splitting'), several "Vajrayāna" ritual texts, 223 a Vajrapāņi ritual text, 224 Varjasattva ritual texts, 225 a ritual text beginning with an invocation of Samantabhadra Śrījāānasatīva, 226 and a commentary on a Guhyasamāja related text. 227 Finot also reported on the contents of some 50 pages of Sanskrit manuscripts unearthed at Tun-huang. 228 The scripts are in late 12th century CE script, and include a Hevajraşekaprakriyā (the Hevajra initiation ceremony), Śmaśānavidhi (cremation ground rites, opening with a salutation to Śrī Vajradāka) attributed to Luyipa (a.k.a. Matsendranātha), Cakrasamvara-balividhi (rules for the bali offering to Cakrasamvara), Vajravārāhī-sādhana (Hevajra's śakti). Even with this very cursory and superficial consideration of the Sanskrit and Tibetan manuscripts from the Tun-huang textual corpus, we would have to conclude--even without knowing much else about the Tantric tradition--that Tantric texts and practices had penetrated into the region during the 9th-12th centuries. The same cannot be said for the older manuscript collections unearthed at Gilgit and Turfan. As I mentioned at the opening of this section of the chapter, these sequentially datable textual finds tend to support the impression of a gradual incorporation of Tantric doctrines into the Buddhist monastic university curricula.

# 3.6. Acceptance and Integration of Tantric Doctrines into the Curricula of the Buddhist Universities

We find confirmation of the widespread study of Tantras from scattered ninth century evidence. According to Lienhard, the earliest extant Nepali Sanskrit

manuscript is the Sahottaratantra of 878 CE. 229 Bagchi notes the Sisophon, Cambodia inscription from the reign of King Jayavarman II, 802 CE, where the Śaivite Tantric texts Śiraśceda, Vināśikā, Sammohana, and Nayottara are mentioned. These are said in the inscription to have come out of the four mouths of Tumburu, a form of Śiva (tat [śāstram] Tumvuror vaktra-catuskam asya). The first of these texts Bagchi identifies with the Jayadrathayāmala, an important text in the Śaivite Tantric canon. 230 Sykes, in an otherwise unremarkable article on the early history of India, gives us as an appendix a list of inscriptions published by the Asiatic Society of Bengal. Among these is an inscription on a pillar at Bhitari or Ghanzipur, from around 800 CE that mentions the Indra, Varuna, Yama, Kṛṣṇa, Śiva, Sītā, and the Tantras--the Tantras being doctrines adhered to by Skanda Gupta, while Chandra Gupta 2nd and Kumara Gupta worshipped Visnu.<sup>231</sup> Another piece of hard evidence is the mention of Siva defeating Tripura in an inscription on the mountain temple of Harşa at Śekavati, dated 961-973 CE, a reference to the Tripura cult of the southern Saivite Tantric tradition.<sup>232</sup> Naudou also notes a 9th century copper plaque from Nalanda, from the 39th year of Devapala, where the monks of the town are apparently referred to as tamtrikabodhisattvas. 233

Once accepted into the curriculum, Tantric studies became widespread at the Buddhist universities. Vikramasīla was founded by Dharmapāla, the second of the eighth century Pāla kings (c. 770-810). Vikramasīlā became a major center of Tantric studies, and the site where many of the Tibetan translators of Sanskrit texts worked.<sup>234</sup> Devikot became the residence of the Tantric teacher Advayavajra, in

north Bengal.<sup>235</sup> Jagaddala, built under Rāmapāla (1084-1130 CE), the last of the Pāla dynasty, is located by Tibetan sources in Orissa, though this is not entirely certain. It apparently served as a refuge for Buddhists and Tantric Siddhas fleeing the Persian destruction of other monastic establishments.<sup>236</sup> Vikramapuri was located in east Bengal, where Kumāracandra/Ācārya Avadhūta wrote a Tantric commentary.<sup>237</sup> Abhayākaragupta worked at the Odantapuri monastery in Bengal that was originally built during the reign of Gopāla/Lokapāla, the first of the lineage of Pāla rulers who came to power in the early 8th century. Chittagong's Panditavihara was apparently a famed center of Mahayana and Tantric learning, where Buddhist and Brahmanical scholars engaged in regular debates; it may also be the source of the canonical caps worn by Tibetan lamas.238 Śāntarakṣita served as head abbot of Nālandā in the second half of the eighth century. Among his works is a Hevajrodbhava-kurukuttayah pañcamahopadeśa, 239 strongly suggesting that the Hevajratantra system was had been brought into the curriculum by the late eighth century. Aside from Tibetan histories, we also have "hard" evidence that Tantras were taught at Nalanda at least by the time of Devapāladeva (809-849), whose copper plate states that "Nālandā was the abode of bhiksus and Bodhisattvas well-versed in the Tantras."240 The Orissan vihāra Muñjashi was visited by the Tantric scholar Anandagarbha, preceptor to King Mahīpāla (c. 988-1036 CE).<sup>241</sup>

We gain a good idea of the scope of development of the Buddhist communities in north India from the account of Chos-rje-dpal, a Tibetan monk pilgrim who visited India from 1234-1236 CE, as reported in an article by A.S. Atelkar (the following

summary is from his article).242 By the time of Chos-rje-dpal's visit, many Buddhist monks had moved to Nepal to avoid the Persian invasions. After studying for eight years in the Svayambhu Caitra in Nepal, he made a pilgrimage to Bodha-Gaya. Finding Vaishali deserted due to fear of an impending Muslim attack, and at another point attacked by wild bulls, some of his party were also seduced by a prostitute ('an impudent woman.'). Both Patna and Bodha-Gaya were also deserted when he arrived, and a false Buddha image had been placed at a screening wall in front of the real one. After a week's time fear of the impending Muslim invasion had passed, and the local king returned with his 500 soldiers, and the false Buddha image was removed. The temple was under control of Ceylonese Hinayanists who demanded that Chos rie dpal throw his copy of the Prajñāpāramitā into the river. The pilgrim then went to Raigir to study with Yasomitra, and reported "a number of Buddhist Tantrikas at this place as well as in the vicinity of Nalanda, who were believed to have superhuman powers," and visited a temple of Kālī. 243 According to Chos rje dpal Nālanda had previously had seven temples, with fourteen large and eighty-four smaller monasteries. Only two were functioning when he visited, Dhanaba and Ghunaba, all the others having been destroyed by the invaders. Most of the monks had fled, though Rāhula-śrī-bhadra, aged 90, was still there teaching some 70 monks. A final attack on Nalanda occurred during his visit, and Chos rje dpal reports that he carried Rāhula away on his shoulders to save him. While this account is from the thirteenth century, and so a couple centuries later than the primary historical focus of this dissertation. Chos rie dpal's account gives a vivid sense of the impact of the

Persian invasions in terms of the destruction and defensive abandonment of Buddhist pilgrimage towns, the forced migration of monks to Nepal, and provides a sense of the magnitude of Nālanda as a monastic university.

Section 3.7. The Chinese and Tibetan Translations as a Check on the Historical Emergence of Tantra (3.7.1. Interaction with Tibetan Scholars, 3.7.2. Chinese Translators of Buddhist Texts).

#### 3.7.1. Interaction with Tibetan Scholars

Dutt notes that Kashmir became "in the 5th or 6th centuries A.D...an academic centre of the Buddhists," <sup>244</sup>—a view confirmed by other scholars. <sup>245</sup> He says that the *Sarvāstivāda* flourished in the pre-Christian and early Christian centuries in Mathurā, Gandhāra, and Kashmir, spreading into Central Asia, China, and southern sea islands. In the centuries that followed, Kaśmīri Buddhist scholars were instrumental in transmitting Buddhist doctrines, and eventually Buddhist Tantric doctrines, to China. Bagchi provides a list of twenty of these scholars from betwen the 4th and the 8th centuries. <sup>246</sup> As many Indologists have pointed out, there was also close collaboration between Tibetan and Kaśmīri scholars over many centuries beginning with the visit to Kaśmīr by *Thon-mi Sambhota*, Finance minister to King *Srong Btsan Sgom po* in the 7th century. In the field of medicine, this collaboration overlapped with work done by Hindus and Jains, since care of the sick and promotion of health really knows no sectarian boundaries. The source text of the *Rgyud bzhi* or *Catuṣtantra*, the root medical *Tantra* of Tibetan medicine, was the *Amṛta-aṣṭāṅga-guhopadeśa-tantra*, translated into Tibetan in the 8th century by *Vairocana*, disciple

of *Padmasambhava*.<sup>247</sup> The original text appears--though this is uncertain--to have been written by *Candranandana*, author of several other commentaries on *Vāgbhaṭa*'s *Asṭāngahṛdaya* that were also translated into Tibetan in the 10th century <sup>248</sup> Skorupski reports that the *Durgatipariśodhana*--classified as *Yoga-Tantra* Buddhist text--was translated into Tibetan in the eighth century by Śāntigarbha and Jayaraksita.<sup>249</sup>

The two best sources of information on the interaction between Kaśmīr and Tibet are Jean Naudou's study Buddhists of Kaśmīr, 250 and the late 15th century Debther snon-po by 'Gos los-tsa-ba gZon-nu-dpal, translated by Roerich as The Blue Annals.<sup>251</sup> These two works detail a long and active participation of Kaśmīri and Tibetan scholars in translating and promulgating Buddhist Tantric literature in Tibet. From the Blue Annals we learn that "during the time of Khri-sron Ide-btsan and his son, many siddhas, followers of Vajrayana, appeared...who were able to move in the sky, penetrate mountains and rocks, float on water, and exhibit before the multitudes their forms inside divine mandalas. Further there appeared many female ascetics...."252 Naudou however adds a helpful caution to the sometimes too willing acceptance of Tibetan historiography: "Now, the Tibetan sources (even a summary examination reveals it very quickly) are subject to caution; their information, sometimes contradictory, always fragmentary, calls for a twofold task of criticism and synthesis."253 Discussing problems with Tāranātha's History, Naudou remarks that "it is necessary ... to recognize that Taranatha committed some grave chronological errors,"254 and advises, quite correctly I think, that "it is prudent then to build nothing on datum so long as it is not confirmed by an independent authority, and irrespective of what may be the antiquity and prestige of its author."<sup>255</sup> Naudou's work relies principally on the information furnished in the colophons of Tibetan translations of Sanskrit texts, information that was by and large written down at the time the translation was made, and usually with a date. While Naudou's work is a mine of information, particularly about the transmission of Buddhism into Tibet from the 9th century onwards (see Chapter 4 of this dissertation), the study of Tantra had already become widespread in India by that time, so his researches do not offer any useful information on the emergence of Tantra in India in the earlier centuries we have been discussing in this chapter. This lack of information is also telling—Naudou only has specific information from the colophons on translations of texts called Tantras into

## 3.7.2. Chinese Translations of Buddhist Texts

Bunyiu Nanjio provides us a glimpse of the state of the Buddhist canon in the early 6th century, in so far as it had been translated into Chinese. Nanjio has translated for us the catalogue of the Chinese Buddhist canon that was arranged under the Ming dynasty (1368-1444 CE).<sup>257</sup> There were 13 other such catalogues made that are still in existence, dating from 520 CE to 1600 CE.<sup>258</sup> In the Introduction to his Catalogue of the Chinese Translation of the *Tripitaka*, Nanjio gives a list of "translations now in existence, and mentioned in the oldest catalogue of about 520 A.D," including 141 Mahāyāna sūtras and dharanīs and pariprechās.<sup>259</sup> There are no Kalpas, Mantrakalpas, Tantras, Tantrarājas, or Kalparājas included in this group,

indicating that the type of texts referred to by Dharmakīrti had not been accepted by the Buddhist educational establishments. The closest we have to any magical practices are the *sūtras* from the late 4th century CE translated largely by Than-wu-lan (Dharmarakṣa?) of the Eastern Tsi dynasty, with spells for pedestrian ends, such as keeping the house safe, avoiding or removing the harm caused by a thief, relieving an epidemic, curing toothache etc., <sup>260</sup>

The Chinese hold that Tantra was introduced into their country in the 8th century. For translating Buddhist Tantric works into Chinese, Subhākarasasimha (Shen wu wei), Vajrabodhi (Kin-kang che) and Amoghavajra (Pu-k'ong) are considered the founders of Tantric Buddhism in China, 261 and are called the "Three Great Masters of the K'ai-yuan era 713-741 A.D."262 Vajrabodhi was born in 661 as the third son of King Isanavarman of Central India, and he left home at to study at Nālandā until he was 26, interrupted by a four-year stint in Western India (probably at Valabhī). 263 After working as teacher to King Narasimha Potavarman of Kāncī-where he is said to have brought the rains by means of a dhāranī, he then worked in Ceylon, and accompanied the Ceylonese mission to China, reaching Canton in 720 A.D.: he translated 11 Vairayana works between 723-730 CE. Amoghavajra (746-771CE)<sup>264</sup> and Yi-hing were his two most famous disciples, Amoghavajra coming from a Brahmanical family that had moved to Śrī Lanka, and converted to Buddhism by Vairabodhi at age 15. After Vairabodhi died, Amoghavaira returned to Ceylon, studied for three years, then returned to China with 500 texts, and translated 119 of these into Chinese. 265 Amoghavajra translated 77 texts. Among these are the

Mahāmaṇi-vipula-vimāna-viśva-supratiṣṭhita-guhya-parama-rahasya-kalpa-rāja-dhāranī.<sup>266</sup>

The "Second Three Great Masters" were: 1) T'ien-si-tsai (c. 950 CE), from Jālandhara (then a dependency of Kaśmīr), who translated 18 works including the Mañjuśrīmūlakalpa; 2) Fa-t'ien (Dharmadeva, who then in 982 assumed the name Fa-hien or Dharmabhadra), a monk from Nālandā in Magadha who came to China in 973, and who between 973-981 A.D. translated 118 Sanskrit texts into Chinese, and made Chinese transliterations of several Sanskrit stotras; and 3) Dānapala (She-hu), from Uddiyana, who came to China in 980 and who translated some 111 texts into Chinese, including the Daśasāhasrikā Prajñāpāramitā and a transliteration of the Bhagavatyā ārya-tārāyā dandaka-stotram.<sup>267</sup> Fa-t'ien translated (circa 973 CE) into Chinese among other works the Anuttara-mahāyānavajra-mahātantrarāja-sūtra, also known as the Vajragarbhatantrarājasūtra, a text said to have been composed by King Indrabodhi or Indrabhūti of Uddiyāna.<sup>268</sup> As Bagchi explains in some detail, though, "it is difficult to say anything on the date of king Indrabhūti," and the nature of the work "shows that it belongs to an age when the Vajrayāna teachers (Vajrācāryas) were shamelessly exploiting the names and works of the great teachers of the school to their own benefit." So the text may date from anywhere between the 7th-10th century, and may have been composed shortly before Fa-t'ien translated it. 269 Fa-t'ien is also credited with translations of the Mañjuśrī-sadvṛtta-guhya-tantra-rājasya vimsatika-krodha-vijayāngana, a Śrī-sarva-bhūta-dāmara-tantra, and a Māyājālamahātantra-mahāyāna-gambhīra-nāya-guhya-parāśi-sūtra, translated 982-1001.<sup>270</sup>

It appears though that Tantric material was first integrated into the Vaipulyasūtra sections of the Buddhist canons. According to Lokesh Chandra, who analyzed the Chinese vaipulya sūtra classifications, the Mahāvairocana-abhisambodhi-vikurvitaadhisthāna-vaipulya-sūtrendrarāja nāma dharmaparyāya is "the fundamental Tantra of the Carya division." According to Chinese classification, the Sarva-tathagatatattva-samgraha (also known as the Vajrasekhara Tantra), the principal Tantra of the Yoga class, is also a vaipulya sūtra. Similarly, the Tantric texts Mañjuśrī-mūla-kalpa and the Mañjuśrī-nāma-samgīti (the latter often quoted in the Vimalaprabhā) are classed as mahāvaipulya and vaipulya sūtras, respectively.<sup>271</sup> This classification of the Mañjuśrīmūlakalpa as a Mahāyāna-vaipulyasūtra is confirmed by the colophons to most of the chapters of the one surviving version of the Sanskrit text, where we find the full name is Bodhisattva-pītaka-avatamsaka Āryamanjuśrīmūlakalpa Mahāyānavaipulyasūtra. 272 Joshi, following Winternitz, Bhattachyarrya, and Dutt, assigns the Mahāmāyūrī, Rāşţrapālasūtra, Mañjuśrīmūlakalpa, and Suvarņaprabhāsasūtra to the later Gupta era (6th century CE), when he says we find indications of the beginnings of Mantrayana. 273 His opinion is that "the earliest Tantrika Buddhist literature would seem to have been a part of the Mahayana Sūtras."274 Jayaswal however dates the Mañjuśrīmūlakalpa to the late eighth or early ninth century, based on his analysis of the fifty-third chapter of the text, the Imperial History Chapter, whose chronology ends in the mid-eighth century (as I mentioned above).

To the extent I have looked at the Mahayana sutra literature for early evidence

of Tantric practices, there does appear to be something of a gradual evolution of doctrines that then appear integrated with Tantric doctrines in the Tantras--as discussed above with the Turfan material. It does not appear though that the Mahāyāna texts simply shifted smoothly into a Tantric mode. It is in fact difficult to determine to what extent certain texts were considered Tantras at their inception, or later classed as Tantras in revisionist schemas by Tantric practitioners who reclassed earlier material as types of Tantras in order to substantiate the position of the later Anuttarayoga texts within the canonical corpus. Bagchi credits Subhākarasimha (one of the first three Chinese Tantric 'Masters' discussed above, from the early 8th century) with being the first to introduce the teachings of the Vajrayāna school into China "in a systematic manner." He claims that most of his translations were of 'Vajrayāna' texts, "either dhāranīs or texts on mystic mandalas and mudrās employed for the worship of Mahavairocana and other Buddhas."<sup>275</sup> Referring to Subhākarasimha's teachings as Vairayāna is really a matter of definition, though. In the Anāsravadharmaśīla section of Śubhākarasimha's 8th century Chinese translation of the Bodhisattvaśīla the ten paramitās are assigned--in the explanation of mudrā--to the ten fingers, with the right hand as punya: the thumb is dhyāna, and the next four fingers are vīrya, kṣānti, śīla, and dāna respectively. The left hand is jñāna, with the left thumb as jñāna, and the remaining fingers bala, pranidhāna, upāya, and prajñā.<sup>276</sup> Since in later Tantric doctrine the pairing of the male upāya with the female prajñā is de riguer, we may have some evidence here for an earlier stage in the gradual development of Tantric doctrine--however a role for the female is

certainly not explicit here. The *mudrā* formed by joining the fingers together in sequence<sup>277</sup> is made at the top of the head, the forehead, the right shoulder then the left shoulder, the heart, the right knee and the left knee. One then recites several hundred times (or several thousand) on the rosary the following *dhāraṇīs*: *Om samaya strām* (I protect the initaitic community?),<sup>278</sup> *Om bodhicittam utpādayāmi* (I raise up the *bodhicitta*), *Om cittaprabodhaṃ karomi* (I awaken the mind), *Om vajramanḍalaṃ praveśāmi* (I enter the lightning/diamond *manḍala*), *Om śudhā śudhā* (May they [the *karmas*]<sup>279</sup> become extremely purified), and *Om sarvavide svāhā* (Svāhā to omniscience). These 'dhāraṇīs' do certainly contain some basic Buddhist Tantric doctrines—particularly the notion of awakening the mind by raising up the *bodhicitta*; *bodhicitta* is not however explicitly identified with the semen, as it is in *Anuttarayogatantra* texts.

Dhyāna Śubhākarasimha describes as sitting in an easy posture with the eyes half-closed, meditating on and worshipping the Buddhas in the ten directions of the Dharmadhātu. "First let the mind see Buddhas in ten directions in the assembly of men and gods, teaching the law to the four assemblies. Then you should see your own self doing the three acts of respecting, worshipping and praising all the Buddhas one by one. The man who gets this vision should clearly distinguish himself and see it as if it were before his own eyes." So there is no visualized self-identification with the Buddhas as we find in deity yoga. The non-identification with the Buddhas is made pretty explicit: "Worship all the Buddha[s], the great Bodhisattvas, the Dharmakāya, the Sambhogakāya, and the Nirmāṇakāya, the Caryāphala and the great

assembly. The man who worships them can direct his mind to the presence of each of the Buddhas and the great Bodhisativas and can acquire the highest sincerity."<sup>282</sup>

Breathing exercises in Subhākara's text are simple: "First think of breathing in and breathing out. It must go inside our body through all the joints and muscles. Afterwards it goes out slowly through the mouth. You should think that the breath is as white as snow and liquid as milk. One should follow the distance it goes."283

Again, though we can see the *suggestion* of the later Tantric notion of the identity of the breath with the *bodhicitta*/semen, it is certainly not explicit here. This is a fairly simple yogic technique, without the layers of complexity we find in for instance the *Kālacakratantra*. And rather than the detailed visualizations and self-identifications of deity-yoga practice, Śubhākara recommends visualizing "a bright disk like the clear moon at a distance of four feet from the body," that once mastered can be expanded "to fill up the *tri-sāhasra-mahāsāh:asra* worlds," in order to attain *samādhi*. *Samādhi* is defined as "nothing but *nirvikalpa-dharma*."<sup>284</sup>

The moon is composed of four elements (mahābhūtas), which are ultimately destroyed. So it is the moon seen by all people. They take it for comparison with the intellect. Practice means seeing it for a long time and attaining success (siddhī).... Then you see only brightness and nothing else, not even the body and the mind. All dharmas are lost in emptiness. But this should not be taken as emptiness. It is absence of thought and hence it is āyatana-ṣūnyatā and not vacuity. It may be realized after a long practice. Then you are in a state of yega without obstacle whether walking, sitting, staying or lying down or thinking at all times and in all places.... Go on practicing in this way till you attain Buddhahood. This is the only method and there is no other method. This is the way of the inner light of the Buddhas and Bodhisattvas. It is not within the access of the two yānas and the Tīrthikas.<sup>285</sup>

Once one has achieved success the mind has five aspects: a) kṣaṇa-citta--"this citta

sees the way by one smṛti-yoga. It is quickly lost and forgotten. It is like lightning at night which quickly appears and disappears;" b) srotāpanna-citta—"one has already seen the way and thinks of it more and more without stopping. It is like the current falling;" c) madhura-citta—"when through the accumulation of endless efforts śūnyatā is attained and the body and mind become light (i.e. to attain praśrabdhi) and a taste of the way is obtained;" d) vidhyvaṃsana-vikṣipta-citta—"you energetically rise at once or give up the practice. Both are against the way...;" e) ādarśa-citta—"one goes away from the scattered and troubled state of mind and sees the round bright light. Then nothing else remains." We have in two of the five states (a and e) images of lightning and of mirror-light. This would seem then to be an earlier stage of the development of the doctrine of the lights leading to the clear light that becomes popular in later Buddhist Tantra. This impression is strengthened by the four dhāranīs used here: Oṃ sūkṣma vajra to attain vipaṣyanā-siddhi; Oṃ tiṣṭha vajra to attain undecaying vipaṣyanā; Oṃ supra (supta?) vajra to attain vastness of vipaṣyanā, and Om saṃhāra vajra to re-contract the vipaṣyanā.

Bagchi remarks that "On the whole the teachings of Subhākara as embodied in the present text [i.e. the *Bhodisattvaśīia*] offer a complete practical code of the Mahāyānists of the 7th and 8th centuries A.D. They indicate the peculiar mystic bent of the faith that was developing in that period. As such the text supplies us with an important landmark in the development of the Mahāyāna Buddhism." Subhākara's text is certainly not an *Anuttarayogatantra* text, though. There is no self-identification with the visualization of the Buddhas; the *mantra* practices are of the

Mahāyāna dhāraņī practices, without the amazingly complex bīja-mantra identifications with the elements we find in the anuttarayoga texts. Most notable of all perhaps is the lack of any role for the goddess or the feminine principles in these yogas and meditations prescribed by Śubhākara. As Prof. Riuychi Abe has pointed out, however, this particular text we have examined here is an initiatory sādhana text within the Vairocana tradition, so it cannot be taken as a normative representative of all the texts available at the time. What all this suggests is that the more populist Tantric practices were being incorporated very gradually into the pre-existing Mahāyāna practices, while the canonical meditation systems were becoming increasingly more complex. Bagchi was apparently of the opinion that the Brahmanical Tantric schools strongly influenced the development of Buddhist Tantra. Describing the work of the Buddhist monks translating from Sanskrit into Chinese during the Song period (10th-11th centuries), he remarks that "Buddhism in India in this period had changed considerably and had given rise to mystic schools much influenced by the Brahmanical schools of Tantra, "289 noting that of some 285 texts preserved in the Chinese Tripitaka from this translation period, the majority are from Tantric Buddhism schools. Most scholars who have worked carefully on the Hindu and Buddhist Tantric traditions come to this same conclusion about mutual influence. as did Wayman.<sup>290</sup> Though I do not read Chinese, and so cannot check the contents of the various texts cited as translations of "Tantras" by the first three 'Masters' of the early Chinese Tantric translators, it would appear from Subhākarasimha's 8th century Bodhisattvaśīla and the Turfan yoga text discussed previously that the many

of the texts translated in the eighth century were late Mahāyāna texts with advanced meditation techniques that were only later classified within the Tantric schemas, after the Anuttarayoga texts had been incorporated into the formal curricula. As I cited above, Bagchi in fact says that most of Subhākarasimha's translations were "either dhāranīs or texts on mystic mandalas and mudrās employed for the worship of Mahāvairocana and other Buddhas."291 While these techniques are not foreign to Mahāyāna, and are certainly an integral part of the Anuttarayoga Tantric texts, they were apparently not part of the types of texts Dharmakīrti was referring to as 'Tantras,' with the disreputable practices, sexual rites, etc. Again we return to the issues of definition and usage when it comes to the term 'Tantra,' and the issue of when the tradition itself began to refer to its own practices as Tantric and its texts as Tantras. These late Mahāyāna texts on Yoga, and the texts from the Vaipulyasūtra class, do not appear to contain the sort of transgressive Yogic practices and symbols we find in the Kāpālika tradition. Yet, as we shall see in looking at the Kālacakratantra and other Anuttarayoga texts, the Anuttarayoga Tantras, and the Kaśmīri Śaivite texts do include material from these earlier, more transgressive cults. These facts again support the impression that more popular Tantric practices were grafted into or onto the developing Mahāyāna textual traditions--and perhaps vice versa. Only with a very thorough survey of the datable contents of all the Chinese Buddhist texts translated by both groups of the 'Three Masters' will it be possible to really determine just how 'Tantric' the contents of these texts are, and where they stand in relation to earlier and later texts of the tradition.

### Section 3.8. Addendum-The Dhāranī Issue

The question of the role of *Dhāraṇīs* in determining "Tantric content" of texts has come up for discussion in several recent academic conference meetings on the Tantric tradition. Some scholars have even suggested that the presence of a dhāranī in a text marks it as Tantric in character. Part of the responsibility for this perception seems to lie with Tucci, who argued: "It is clear that the Dhāranī represent the first kernel from which the Tantras developed, so that the passage from Mahāyāna to Tantric gnosis takes place warily and imperceptibly.... We still find that it is difficult to ascertain when Tantrism arose, in its literary formulation; nevertheless there is no doubt that the dhāranī were the first codification of the ideas underlying it; the Tantras begin with them. We can even go further and admit, with the Buddhist commentators and editors, that some Mahāyānasūtra or parts of them may be considered as Tantras, Kriyātantras. Such, for instance, is the case with the Suvarnaprabhāsasūtra and with the chapters on the dhāranī in the Lankāvatāra, both included by the Vajrayana masters among the Kriyatantra."292 This position seems at odds with the historical facts. Lamotte has done some of the best work on the issue of dhāranīs in the Buddhist texts through his study of Nāgārjuna's Mahāprajñāpāramitāsāstra. As he puts it, "it's not proper to speak of it [a dhāranī] as a mantra, a magical formula, as it is generally translated; it is primarily the memorization of the teachings of all the Buddhas. That is how the Tibetans and Chinese have understood the term; the former translate it as gzuńs, holder, from the perfect of the root hdzin pa, to lay hold of or seize; the latter translate it as ... retain

completely."293 This is certainly the literal sense of the Sanskrit, a derivative noun from the root  $\sqrt{dhr}$ , to hold, resulting in a literal sense "holding" or "retaining" (here: in memory). Nāgārjuna provides explicit instructions on memorization techniques to be mastered in order to memorize the sacred texts of the Buddhist tradition. Lamotte cites a passage from the Bodhisattvabhūmi that gives a basic definition of dhāranī from within the tradition: 'What is a Bodhisattva's dhāranī? Generally it should be considered as fourfold: the dhāraṇī of the teachings, the dhāranī of their meaning, the dhāranī of the mantra, and the dhāranī so the bodhisattva will attain patience.'294 For the fourth type the text gives the mantra iți miți kiți bhi kṣānti svāhā with the explanation that this mantra is designed, upon pondering, to demonstrate it's meaninglessness to the bodhisattva, and thus to demonstrate the emptiness of all things. Lamotte's view is echoed by Jens Braarvig in a recent article on the subject.<sup>295</sup> Braarvig cites passages from the Akşayamatinirdeśa, the Aşţādaśa-sāhasrika-prajñāpāramitā, the Daśabhūmika, and also from the same section of the Bodhisattva-bhūmi that make clear the 'memorization' sense of the term for the well-trained bodhisattva, who is to combine dhāranī aptitude with pratibhāna, eloquence. Matsunaga also tells us that in early Mahāyāna dhāranī referred to the memorization of texts, and that the term comes to refer to "spell" only in third century CE additions to the sūtras, having assimilated the sense of 'science' (vidyā) and magic. 296 As de Jong summarizes (Matsunaga's brief history of Tantrism is in Japanese), Matsunaga traces the development of Tantric ritual through the gradual inclusion of adoration of statues, veneration of seven

Buddhas, eight bodhisattvas, and Avalokiteśvara, sīmabandha and homa rituals, abhiseka, and buddhānusmrti (meditation on the Buddha). He finds these practices mentioned in texts translated into Chinese from the second, third, and fourth centuries, though without the systematic arrangements of later Tantric texts. In seventh century texts he found early mandala descriptions, Buddhas and Bodhisattvas with multiple arms, and the mention of mudrās, along with a bīja meditation on Tārā, and the three rituals of warding off evil, exorcising demons, and increasing happiness.<sup>297</sup> In contrast to Huntington's claims,<sup>298</sup> Matsunaga finds that the groups of five Buddhas with Vairocana in the center do not appear in Chinese Tantric texts until the eighth century. Waddell also published in 1913 (and again in 1914) studies of the Buddhist Dhāranī cult. 299 Waddell argues that the dhāranīs were in use in Buddhism from the very beginning, probably introduced by Buddha himself. He includes a photo of a Greco-Bactrian (2nd-3rd cent. CE) sculpture showing Avalokita wearing the little amulet boxes around his neck typically used to hold dhāranīs (as also described by Bana in the passage I cited from his Kādamabarī). He notices the first instance of the term in the Lalitavistara, where a great Bodhisattva is referred to as Dhāranīśvara-rāja, and finds the 21st chapter of the Saddharmapundarīka--a text translated into Chinese in 250 CE--is entitled Dhāraņī and contains a collection of such spells.300 We have dhāraṇīs translated into Chinese as early as the late fourth century CE. Bagchi reports that "Śrīmitra, the Kuchean, and the Indian Tan-wu-lan (Dharmaratna?--late fourth century CE) were probably the first to introduce with a certain amount of success the practice of Dhāranī in order to satisfy the curiosity of

the Taoists who had formed a mystic bent of mind."<sup>301</sup> The earliest surviving actual manuscripts of *Dhāraṇīs* appear to be the 5th-6th century Gilgit manuscripts discussed above.<sup>302</sup> So to presume the existence of a full Tantric system of doctrine and practice merely because *dhāraṇīs* are present in a text is to ignore the history of the usage of the term in the surviving Sanskrit Buddhist canon, particularly since the *dhāraṇī* system appears to have been a well-established component of the basic Mahāyāna bodhisattva educational training regimen.

#### 3.9. Conclusion

We have discussed in this chapter the multiple layers of evidence that indicate that Tantric texts and practices were circulating widely in India as early as the sixth century CE. From the evidence gathered so far it appears that popular, magical, ascetical, and yogi-derived earlier Tantric practices were *gradually* integrated with the canonical, formal Buddhist tradition. We have seen that Dharmakīrti disapproved of these practices in the early 7th century, suggesting that the conservative, well-educated Buddhist establishment did not approve of Tantric practices, though the texts were circulating, and the practices were widespread. It also becomes clear, however, that the task of tracing the specifics of the development and integration of the Mahāyāna Sūtra literature into the Tantric literature is an enourmous one, and far beyond the scope of this chapter or dissertation. A really thorough study of this issue will require an historical tracking of all the Mahāyāna Sūtras, and then a reading of the Sanskrit versions of the texts to determine what language or terminology was used over the centuries to describe the evolving meditation and ritual practices.

Furthermore, one would ideally wish to study all the Yoga Śāstra and Sāmkhya texts from the Hindu side, to see how much of the Yogic and 'pre-Tantric' material in the Buddhist canon was shared by the Hindu tradition, and vice versa (to say nothing of the Jain texts). Following the historical evidence cited above, however, as opposed to the canonical claims of Tantric origins, it would appear that as Tantric practices developed and came to be included in the more formal textual and educational systems of the Buddhists, and that many of the developing elements of practice from the earlier Mahāyāna tradition were grafted onto Tantric practices, and vice versa, so that we find in the more fully developed Buddhist Tantric texts a wide range of elements present in the Mahāyāna tradition. What is not clear, and may not be for a long time (or ever), is to what extent Tantric practices were in fact secretly engaged in by more orthodox figures who may have disparaged such practices in writing. And given the apparently popular origins of many of these ideas and practices, we may never be able to say when the first texts called 'Tantras' that were "Tantric" first appeared. We must also note that the material covered in this chapter and the conclusions drawn therefrom are not intended necessarily to be the most definitive conclusions that may be drawn. Some of the historical conclusions drawn in this chapter will almost certainly be revised as further research continues. The areas of uncertainty are still vast, since the literature is enourmous, and still, from the point of view of Tantric Studies, largely untouched by scholars.

As I mentioned in the opening paragraphs of this chapter, the streams of "incoming" ideas and practices from the earlier strata of the Hindu and Buddhist traditions make it a very difficult and time-consuming task to try to sort out just what practices came from where, when they were integrated with other doctrines, when the first Tantric texts actually appeared, and how the traditions referred to them, etc. We have seen in Chapter 2 of this dissertation how many of the more esoteric concepts from the Tantric tradition appear to have very deep roots in the Vedic tradition. To just hint at how far some of the other roots may go, in unlikely directions, we find that there appear to be important links from the meditative and yogic traditions to the dramatical and aesthetic tradition in India. Gnoli speaks of the ability, in India, to "trace back to a sort of common substratum, of sāmānādhikaranya, which may be said to represent the link between aesthetic and religious experience."303 Relatively unknown articles such as Falk's work on "The Five Jinas and the Five Colours of Consciousness"304 have explored the roots of the color-coding of the five dhyāni Buddhas found in the Tantras, citing passages from Pāli texts such as the Kassapa Sīhanāda Sutta, from the Brhadāraņyakopanişad, from the Atharvarveda and other early texts showing the early use of color schemes in meditations on psychological parameters. Natalia Lidova has also found the pattern of associating colors with major deities in Bharata Muni's 1st-2nd century CE Natyasastra: "The rasas have a divine origin, and were revealed to us by Brahma. Visnu protects the srngara-rasa, correlated with green, Pramatha hāsya/white, Rudra raudra/red, Yama karuna/dovegrey, Mahākāla bibhatsa/dark-blue, Kāla bhayanaka/black, Mahendra vīra/goldenbrown, and Brahma protects adbhuta, correlated with yellow."365 Though the match is by no means exact, compare the Natyaśastra passage with the following description

of Kālacakra Ādi Buddha in the 'residence manḍala:' "Kālacakra's body is fully aspected, emitting pure light rays of five colors--blue, red, yellow, white, and green. His body is blue in color. He has three necks--black in the center, red to his right, and white to his left—and four faces." We may be able therefore to eventually trace an evolutionary process whereby variously colored individual deities representing rasas in the Hindu system, and skandhas in the Buddhist system, (compare also individually colored Buddhas of the Mahāyāna) evolved in Tantra into application to syncretic, multi-aspected deities in iconography and visualization practices for meditation and self-identification through deity yoga. Again, though, this would require extensive reading in the Pāli sources, and a thorough study of the development of both aesthetic theory and Hindu and Buddhist (and probably Jain) meditational practices over the course of about two thousand years.

What is clear is that with the public emergence of Tantra came an outpouring of texts, digests, sects, and practices. Rajendralala Mitra went so far as to say (in 1873) that "In the way of religious rites, nothing is done in the present day, and nothing has been done for the last fifteen hundred years in Bengal, which does not, or did not, borrow its main characteristics from the Tantras." Remarking on the prevalence of Śaivite, Śāktic, and Vaiṣṇava tantra, and the fact that even though Vedic mantras are used in many ceremonies, he continued "in most instances, the mantras have been transmitted through a Tantric medium, and it may be said with very little exaggeration that the life of a Hindu from birth to burning-ground is one eternal bondage to the ordinances of the Tantras." Even a brief passage from a

12th century *Mahākāvya* indicates how thoroughly the Tantric models had penetrated Indian culture (*Naisadhacarita* 14.88-89, Sarasvatī speaking):

"King, reflect in thy heart, and ever meditate on my pure mystic formula (hṛt̄m), which, without any form, embodies Siva, and is accompanied by the moon [i.e. the candrabindu]. The formula represents that form that goes by the name Parvatī and Parameśvara, universal, but twofold owing to the union of two shapes, male in one half and female in the other [i.e. the ardhanartśvara form]. May this formula prove effective to thee! The virtuous man who cherishes in his heart this my formula called Cintāmaṇi (The Wishing Stone) becomes a master of eloquence with a speech drenched with the nectar of fully developed sentiments. He acts like Cupid in charming the gazelle-eyed maids of heaven..." 308

The question we will turn to in the next chapter is the issue of the contents of the Buddhist Tantric texts themselves, followed in Chapter 5 by a similar study of Śaivite Tantric texts.

#### NOTES

- 1. There is of course the issue of anātman in the Buddhist tradition, though in the Tantric writings the notion of anakṣara-bindu or indestructible drop seems to largely take the place of an ātman.
- 2. Cited from A.A. Macdonell's article on "Magic", Vedic section in The Encyclopedia of Religion and Ethics (Hastings 1916:314). The original passage reads: The place selected for the practice of magic, except when it is an element of the sacrificial ceremonial, is generally a lonely one. A cemetery, the seat of flesh-eating demons, is a specially suitable place for its operations. A cross-road is a favorite locality to divest oneself of evil influences. A secluded part of a house, a shed, and solitary spots in field or forest are also used. The time at which many operations of hostile magic take place is at night; but that of others depends on their circumstances or their purpose."
- 3. Joshi 1966:118. Joshi concludes, perhaps a bit too optimistically, "In short the Upanishadic mysticism and symbology seem to have paved the way for esoteric yoga and technology, and we venture to suggest, in the light of the foregoing discussion that the seeds of esotericism and erotic yoga, which flourished in fully developed form in the post-Gupta period, have been in existence in India in the Harappan and Vedic times." (Joshi 1966:119.). On the other hand, we have the opinion of Kane, who says "there is nothing in the Tripitaka or any other Buddhist document to prove that the Buddha or his first disciples had anything to do with Mantras and Maṇdalas." (Kane, History of the Dharmśāstras, Poona, 1963 vol.4, part 2, p.1038, quoted by Vijaya Korti, "Tantra Worship During I-Tsing's Period," pp.87-92, in Handa, Devendra (ed) Indological Studies (Essays in Memory of Shri S.P. Singhal), Delhi, Caxton Publications, 1987.(p.88).)
- 4. Jash 1972:156--Mahābhāşya ed. Kieihorn vol. II, 387-388.
- 5. Personal communication.
- 6. See Walshe 1987:133-141.
- 7. See Banerji 1992:29-30.
- 8. Theragata v.136--Flood 1989:244n.31.
- 9. Chandra 1984:110-111.
- 10. Kathāvatthu 23.1 (translation 365), Chandra 1984:106-107.
- 11. Chandra 1984:111. A c. 1400 CE history of Buddhism by the Ceylonese monk Dharmarakşita (alias Dharmakīrti of Gaḍalādeniya), Nikāyasamgrahaya or Sāsanāvatāracaritaya, gives an interesting account of the origin of the Tantric texts from a Hinayāna perspective. The Tīrthikas had been expelled from the saṃgha and gathered at Nālandā, determining to create a rift between the doctrine and discipline (dharma and vinaya) of the Śākya monks. 235 years after the Buddha's nirvāṇa they formed into six groups with nine divisions. "The Rājagiri heretics composed the Angulimāla Piṭaka; the Siddhārthaka heretics the Gūdha Vessantara; the Pūrvasaili heretics the Raṭṭhapālagarjita; the Aparasaili heretics the Ālavakagarjita; and the Wajraparvata heretics the Gūdha Vinaya. These last also composed the Tantras Māyājālatantra, Samājatantra, Mahāsamayatattva, Tattvasahgraha, Bhūtacāmara, Vajrāmṛta, Cakrasaṃvara, Dvādasacakra, Bherukādbudha, Mahāmāyā, Padaniḥkshepa, Catushpishṭa, Parāmarda, Maricudbhava, Sarvabuddha, Sarvaguhya, Samuccaya, &c., and the Kalpa-shastras: Māyāmartcikalpa, Herambakalpa, Trisamayakalpa,

Rājakalpa, Vajragandhārakalpa, Mariciguhyakalpa, Suddhasamuccaykalpa, &c." (Chandra 1984:107 citing from Fernando 1908:9-10.) Notably absent from this list are the Hevajra and Kālacakra Tantras—I've traced most of the other texts in the catalogue listings of Sanskrit manuscripts discussed in Chapter 4 of this dissertation. Barua claims that it is "well known" that there were exceptions to the rules about eating fish and meat, or even drinking wine, for the early Buddhist monks. When the flesh had not been specially killed for the bhikşus, they were allowed to accept it in their begging bowls (Barua 1969:32.) Chandra tells us that a monk of the Vajraparvata sect came from India to reside and preach at Abhayagiri in the 9th century.

- 12. Personal communication.
- 13. Sykes 1841:483-484. Rocher adds: "The greater or lesser degree to which Tantric [Note 71: Jitendranath Banerjea: Puranic and Tantric Religion, Calcutta: Univ., 1966] practices appear in a purăna-or a section of a purăna-is most often considered to be an indication of its being more or less recent. Tantric rites are alluded to even in mahāpurāņas (e.g. Bhāgavata° 11.3.47 seqq.); certain sections of the Agni°, Linga°, Saiva°, Brahmavaivarta°, etc., are strongly influenced by Tantra.[note 72: Ch. Chakravarti, Antiquity of Tantricism, IHQ 6, 1930, 114-126 at 125.] Several upapurānas especially are very close to true Tantric texts: Kālikātantra is another name for the Kālika°, which contains the famous Rudhirādhyāya. The distinction between Tantras and Purānas has been formulated as follows: Both are didactic and sectarian. As a rule Tantra contains less historical and legendary matter, and more directions as to ritual, but a more important difference lies in this, that while the Puranas approve of Vedic rites as well as of others, for which they give directions, the Tantras insist that ceremonies other than those they prescribe are now useless. [Note 73: Payne, Ernst Alexander: The Śāktas. An Introductory and Comparative Study, Calcutta: YMCA Publishing House, 1933:50].(Rocher 1986:14). Rocher also refers us to JAOS 96, 1976, 383-403, "The Amarakośa and the Lexicographical Chapters of the Agnipurana," by Robert Birwea, and Andre Padoux, "On Mantras and Mantric Practices in the Agni-Purana," Puranam 1978:57-65.
- 14. Rocher 1986:187.
- 15. "Because of the prominence of Tantric materials in the Agni° S.B. Chaudhuri came to the inevitable conclusion that 'the Purana has been unblushingly tampered with' by preachers of the Tantric cult." (Rocher 1986:40, cited from S.B.Chaudhuri, Agnipuranam 1928-29, p.130.)
- 16. Winternitz 1963:496-497.
- 17. See Birwé 1976:389-390, and 391-392.
- 18. Winternitz 1963:530.
- 19. Winternitz 1963:531.
- 20. See Naudou 1980:17n.29.
- 21. Chimpa and Chattopadhyaya 1970:149.
- 22. Chimpa & Chattopadhaya 1970:151.
- 23. Chimpa & Chattopadhyaya 1970:151.
- 24. Chimpa & Chattopadhyaya 1970:151-152.
- 25. Rajatarangint 1.168 and 1.171; Stein 1991{1}:30-31.

- 26. Stein 1991{1}:64.
- 27. Other scholars also have disagreed with early claims of Buddhist Tantric origins.
- P.V.Kane, <u>History of the Dharmsāstras</u>, Poona, 1963 vol.4, part 2, p.1038: "there is nothing in the Tripitaka or any other Buddhist document to prove that the Buddha or his first disciples had anything to do with Mantras and Mandalas." (quoted by Vijaya Korti, "Tantra Worship During I-Tsing's Period," pp.87-92, in Handa, Devendra (ed) <u>Indological Studies (Essays in Memory of Shri S.P. Singhal)</u>, Delhi, Caxton Publications, 1987.(p.88).
- 28. Bhattacharya 1931:v.
- 29. Bapat gives us a handy schema of the major teachers of the Mādhyamika and Yogācāra schools:

# Mādhyamika teachers: Yogācāra teachers:

Nāgārjuna (2nd c.)
Āryadeva (3rd c.)

Buddhapālita (5th c.)

Bhāvaviveka (5th c.)

Candrakīrti (6th c.)

Śāntideva (7th c.)

Dharmapāla (7th c.)

Sāntarakṣita (8th c.)

Kamalasīla (8th c.) (Bapat 1959:119) & 121.

- 30. Bhattacharyya 1931:xxxiv.
- 31. Bhattacharyya 1968{2}:xlv.
- 32. Bhattacharyya 1931:xxxvi-xxxvii.
- 33. See Bhattacharyya 1931:xxx.
- 34. Bhattacharyya 1931:xxxii.
- 35. Wayman 1977:ix, and 98-99.
- 36. "The Tantric revelations were kept in esoteric cults--for there must have been a tension between the orthodox Buddhist sects and these far-out tantric groups. This strict secrecy was continued up to around the 8th century when commentaries by named persons appear." (Wayman 1977:53). Wayman does not however assume identities between the Mādhamika Āryadeva, Nāgārjuna, or Candrakīrti and those he considers to be Tantric writers of the same name. (See Wayman 1977:93).
- 37. The Chinese text is *Chih-kang-ting-ching-yū-ch'ieh-shih-pa-lui-chich-kuei* (Tohoku no. 1787). (Matsunaga 1977:112 and 1112n.4).
- 38. Matsunaga 1977:112-113.
- 39. Matsunaga 1977:114-115.
- 40. Wayman 1977:56.
- 41. Since the Tantra proper is usually referred to as having only eighteen chapters, Bhattacharya felt that the *Uttarārdha* portion was not part of the original text. (Bhattacharya 1931:vi.)

- 42. One of Bhattacharya's arguments for an earlier date of the text is the elaborate description of the Saṇglti at the beginning of the text, as is also the style for the earlier Mahāyāna sūtras. Later descriptions of the assemblies are certainly shorter. See Chapter 4 of this dissertation.
- 43. Dowman 1985:370.
- 44. Bhattacharyya 1931.xn.2
- 45. See Naudou 1980:78-79, and 79n.1.
- 46. Winternitz 1933:1-2. Matsunaga uncritically presumes that the material from the first twelve chapters of the *Guhyasamājatantra* that form, as he puts it, 'the original core of the text.' are cited in Sāntideva's 7th century Śiksāsamuccaya. (Matsunaga 1977:114-115.)
- 47. See Bendall & Rouse 1922:314, and citations listed at page 322.
- 48. Wayman 1977:ix.
- 49. Farquar describes the *Kalpa-sūtras* as giving "minute instructions for the sacrificers." (Farquar 1920:50).
- 50. Dasgupta 1932:277; he cites Cakrapāṇi's Āyurvedadīpikā 1.1.1 Gurv-ājñā-lābha-anantaram etat-tantra-karaṇam, and Carakasamhitā 1.1.52.
- 51. See especially Hoernle 1909:879-880.
- 52. Hoernle 1893:i.
- 53. Several manuscripts from adjacent *stūpas* at Kurchar ended up with Weber, Macartney, and Petrovski, the latter now housed in St. Petersburg.
- 54. Hoernle 1893:iv.
- 55. Bühler 1877:29-30.
- 56. Hoernle 1893:xlvii-xlviii.
- 57. Part of the argument Hoernle uses for dating the Bower manuscript is that the single hole for the binding string is found to the left of center, as was the practice in fourth and fifth century birch-bark manuscripts. (Hoernle 1893:xxiv.)
- 58. Hoernle 1893:lvi. Hoernle proposes the date of the original *Navanītaka* as the second century CE, allowing time for the *saṃhitās* to gain authoritative status. The *Carakasaṃhitā* was revised some centuries later by *Dṛḍhabala* who added the *Kalpasthāna* and *Siddhisthāna*, along with seventeen chapters of the *Cikitsāsthāna*. (Hoernle 1893:lxvii.)
- 59. Hoernle 1893:lviii-lix.
- 60. Verses 917-949.
- 61. Hoernle 1909:861.
- 62. The colophon to Cikitsāsthānam 2.3 of the Carakasamhitā refers to the Agniveśa-krte tantre caraka-pratisamskne, i.e. the System or Treatise by Agniveśa redacted or revised by Caraka. (See Sharma 1983:47).
- 63. Hoernle 1893:lx.
- 64. Hoernle 1893:lxviii-lxix, and lxxxvi-xciv.
- 65. Hoernie 1893:xxii.

- 66. Suzuki 1961:1-23, along with hundreds of sādhanas, not to mention the seemingly endless commentarial literature.
- 67. Joshi 1977:146.
- 68. Verse 3.308 of his Pramāṇavārttika: Vratacaryābhraṃśādinā dharma-adharma-upacaye dharma-adharma-ātmanor vā prakṛtyā siddhy-asiddhī iti cet | na | dharma-viruddhānām api kraury-asteya-maithuna-hīnakrma-ādi-bahulānāṃ vratānāṃ dākinī-bhaginī-tantrādiṣu darśanāt | taiś ca siddhi-viśeṣāt (sic) | na caivaṃ-vidho dharma-svabhāva iti ca yathāvasaraṃ nivedayiṣyāmah | . (Davidson 1981:8n. 21-cited from Gnoli's The Pramāṇavārttikam of Dharmakīrti (Gnoli 1960a:163.1-6). Davidson refers us also to verse 309 and the Vṛtti on verse 243 especially Gnoli 1960a:123.20-124.2.
- 69. Gnoli 1960a:xxxv.
- 70. nanu na saknuvanty eva purusā mantrān kartum etad uttaratra vicārayisyāmah. api ca| na mantro nāmānyad eva kimcit. kim tarhi| satya-tapah-prabhāva-tām samīhita-arthasādhanam vacanam! tad advayatve 'pi purusesu drsyata eva! yathāsvam satya-adhisthānabalā viṣa-dahana-ādi-stambhana-darśanāt¦ śabarāṇām ca keṣām-cid adyāpi mantra-karaṇāt¦ teşâm ca puruşa-krteh | tatrâpy apauruşeyatve katham idânîm apauruşeyam avitatham | tathâ hi bauddha-itarayor mantra-kalpayor himsā-maithuna-ātma-darsana-ādayo 'nabhudaya-hetavo 'nyathā ca varnyante¦ tat katham ekatra viruddha-abhidhāyi dvayam satyam syāt¦ tatra-arthaantara-kalpane tad anyatra-api tulyam ity artha-anirnayāt kvacid apratipattih! tathā ca sad apy anupayogam apaurusayam\ bauddhādīnām amantratve tad anyatrāpi kosapānam syāt karanıyam vişa-karma-ādi-krto bauddhā api drsyante tatra-amantratve api vipratisiddham mudrā-mandala-dhyānair apy anakşaraih karmāņi kriyante na ca tāny apauruşayāņi nityāni yujyante teşam kriyasambhave 'kşara-racanayam kah pratighatah puruşanam tasman na kimcid asakya-kriyam esam\ katham idanim satya-prabhayau mantra-kalpau parasparavirodhanau| na vai sarvatra tau satya-prabhavau| prabhāva-yukta-puruṣa-pratijñā-lakṣanāv api tau stah| sa prabhāvo gati-siddhi-višeṣābhyām api syāt| yadi pauruṣeyā mantrāh kim na sarve puruşă mantra-kāriṇah | tat-kriyāsādhana-vaikalyāt | yadi tādṛśaih satya-tapahprabhṛtibhir yuktāh syuh kurvanty eva¦ api ca kāvyāni puruṣah karoti iti sarvah puruṣah kāvya-krt syāt akarane vā naiva kaścit tadvad ity apūrvaisā vācoyuktih satyam mantrakriyā-sādhana-vikalā[n] mantrān na kurvate| tat tu kasyacit sākalyam na pasyamah| puruşāṇām samāna-dharmatvāt uktam atra na mantro nāmānyad eva kimcit satyādi-matām vacana-samayād iti | (Gnoli 1960a:123.8-25--124.1-15, Dharmakīrti's commentary on verse 243).
- 71. Verse 309: ye 'pi tantra-vidah kecin mantrān kāmścana kurvate| prabhu-prabhāvas teṣām sa tad-ukta-nyāya-vṛttitah| | Commentary: rathyāpuruṣā api kecana tantrajñāh svayam-kṛtair mantraih kimcit karma kurvanti| tathā-anyo 'py anatiśayaś ca kartā ca mantrānām iti| na| teṣām prabhāvavatā eva adhiṣthānāt| tat-kṛtam hi te samayam anupālayantas tad-upadeśena ca vartmānāh samarthāh| tat-samaya-upadeśa-nirapekṣāṇām asāmarthyāt| (Gnoli 1960a:163.23-29). Miyasaka has published an edited version of the Sanskrit and Tibetan of the Pramāṇavārttika-kārikā, with index--(See Miyasaka 1971/2 and 1975). vss. 3.308: asādhāraṇatā siddhā mantrākhyakramakāriṇām/ puṃsāṃ jñāna-prabhāvābhyām anyeṣām tadabhāvatah// vs. 3.309 (starts the āptacintā section (seventh) of chapter 3: ye 'pi tantravidah kecin mantrān kāṃścana kurvate| prabhu-prabhāvas teṣāṃ sa tad-ukta-nyāya-vṛttitah| | (Miyasaka 1971/2:158.) 3.309 (tantravid) is the only instance of the word tantra in the Kārikās. (Miyasaka 1975:63).

- 72. For a good thumbnail sketch of the variety of classification schemes for Tantric texts, see Banerji 1992:1-3.
- 73. "In view of the fact that Dharmakīrti shows just such qualities in verses that are undoubtedly his own, one cannot avoid the impression that most of the verses here attributed to Dharmakīrti are his own compositions." (Ingalls 1965:47).
- 74. Ingalis 1965:194.
- 75. Ingalls 1965:181.
- 76. Kale 1966:xv; date given on p.xx.
- 77. Kale 1966:xxxvi.
- 78. Kale 1966:5 English.
- 79. Kale 1966:15-16 English.
- 80. Kale 1966:16-17 English. The pertinent sentence is: "dvijan mā kṛtajño mahyam akṣara-sikṣāṃ vidhāya vividha-āgama-tantram ākhyāya kalmaṣa-kṣaya-kāraṇaṃ sadācāram upadisya jñānekṣaṇa-gamya-mānasya sasi-khanḍa-sekharasya pūjā-vidhānam abhidhāya pūjāṃ mat-kṛtām aṅgīkṛtya niragāt." Kale 1966:25-26 Sanskrit.
- 81. Kale 1966:17 English; p. 26 Sanskrit.
- 82. "Siddha-ascetics" are referred to in the account of the Asura Kalindī, who greets Mātanga upon his arrival in Pātāla and marries him; lost in grief at the death of her father the King, a Siddha ascetic predicted Mātanga's arrival, accounting for Kalindī's decision to come out from the palace to meet Mātanga. (Kale 1966:18 English, 28 Sanskrit).
- 83. Kale 1966:19 English.
- 84. Kale 1966:22 English.
- 85. Gajendragadhar 1919{2}:xxii.
- 86. Gajendragadhar 1919:xix-xx.
- 87. Gajendragadhar 1919:xxxvii.
- 88. Kale 1966:47 English.
- 89. The Sanskrit reads: din-mukheşu tat-tat-silpa-vittakair yasah-prakhyāpanam, kārtāntikādibhih kalyāṇa-lakṣaṇa-udghoṣaṇam, pīṭhamarda-viṭa-vidūṣakair bhikṣukyādibhiś ca nāgarika-puruṣa-samavāyeṣu rūpa-sīla-silpa-saundarya-mādhurya-prastāvanā, yuva-jana-manoratha-lakṣyabhūtāyāh prabhūtatamena sulkena avasthāpanam.(Kale 1966:67 Sanskrit.)
- 90. Kale 1966:60 English; Sanskrit p. 86.
- 91. Dycakowski 1988:5-"the author describes a Saiva ascetic from South India 'who had made a collection of manuscripts of jugglery, Tantras, and Mantras [which were written] in letters of red lac on palm leaves [tinged] with smoke.' Bāṇa also says that 'he had written down the doctrine of Mahākāla, which is the ancient teaching of the Mahāpasupatas,' thus confirming that oral traditions were in fact being committed to writing." (Dyczkowski 1988:5, cited from Bāṇa's Kādambarī, part II, edited by P.V. Kane, Nirnaya Sāgara Press, 1913, pp. 68-69.)
- 92. Lorenzen 1972:18, citing Cowell & Thomas 1963:263-265; Kane 1965[1]:46-47] for the description of *Bhairavācārya*, and Cowell & Thomas1963:90-91; Kane 1965[1]:49-50 for a description of the *Mahākāiahrdaya* spell he performs for the king; Lorenzen gives partial translations 1972:20-22.

- 93. Lorenzen 1972:22.
- 94. See Cowell & Thomas 1963:134-135; Ridding 1896:53. The c. 740-750 Gaüdavaha by Vākpatirāja, written to celebrate the victory of Yasovarman of Kanauj (who was later conquered by Lalitāditya of Kasmīr) over a Gauda prince, contains some descriptions of a southern Kālī temple where human sacrifices were offered. (Keith 1928:150-151.)
- 95. Reviewing Lorenzen's work on the Kāpālikas and Kālāmukhas (Lorenzen 1972), Bharati wrote "Lorenzen is not an anthropologist (he does not claim to be one); but his assumption (if indeed he holds it) that human sacrifices were actually a part of the ritual of one or both of these schools, is less well founded. Scriptural or commentarial reference to radical, deviant ritual—and this includes directly erotic rites like the pañcamakāra—is one thing, their actual execution at any time in Indian history is quite doubtful." Just above this remark Bharati adds "There is a lot of dissimulation vis-à-vis possible esoteric, read eroticized, backgrounds officially denied though most often quite well known to the sacredotal elites." (Bharati 1975:156).
- 96. Dyzckowski cites a revealing passage about a modern day Aghori by Parry, who says that "the 'true' Aghori is entirely indifferent to what he consumes, drinks not only liquor by urine and eats not only meat but excrement, vomit and the putrid flesh of corpses." (Dyczkowski 1988:28).
- 97. Sanskrit from Peterson 1883:64, lines 11-13. I've modified Ridding's translation here as he left out a phrase, and misinterpreted some terms.
- 98. Sanskrit from Peterson 1883:64, lines 18-19.
- 99. Sanskrit from Peterson 1883:64, line 23.
- 100. Ridding 1896:55-56.
- 101. Ridding 1896:162.
- 102. Multidenominationalism was apparently a long and well-accepted tradition in India. The famed seventh century King Harşa (606-647 CE), about whom we know so much thanks to Hsuan-Chuang, came from a family that worshipped equally Siva and the Sun; his elder brother and sister were Buddhists, and Harşa himself swayed towards Buddhism in his later years. (Nariman et al 1923:xxxii-xxxiii.)
- 103. Tao-si-yan, a friend of Yuan Chwang, in the 7th century text She-Kia-Fang-Che, described the kingdom of Kie-jo-kiu-sho on the Ganges, ruled by the pious king Kumārarāja who founded thousands of stūpas and fed śramaņas inside his palace. He remarked that "In the five Indies the monasteries for nuns were few. So the nuns were freely living with the monks in the same monastery, taking meals together without losing their śīla." (Bagchi 1959:59.) Describing an annual festival near the Bodhi tree he says: "Every year when the Bhikşus break up their varṣā, religious persons come from directions in large numbers (lit. hundreds, thousands, and ten thousands). During seven days and nights they offer incense, flower, dance and music etc. in the forest." (Bagchi 1959:91.)
- 104. Bagchi 1946b:108.
- 105. Vasu 1896:116. The listis as follows: Mahārāṣṭrī tathā Avantī, śaursenī, Arhdamāgadhī | Vāhlīkī Māgadhī caiva ṣad etā dākṣiṇatya-jāḥ | Brācaṇḍo, Laṭa-Vaidarbhav, Upanāgara-Nāgarau | Vārvara, Āvantya, Pāñcāla, Tākka, Mālava, Kaikayāḥ | Gauḍa, Uḍra, Daiva, Pāṣcātya, Pāṇḍya, Kauntala, Saiṃhalāḥ | Kāliṅga, Prācya, Kārṇāṭa, Kāñcya, Drāviḍa, Gaurjarāḥ | Abhīro, Madhyadeśīya, Sūkṣma-bheda-vyavasthitāḥ | Sapta-viṃśaty-

apabhramśā Vaidālādi-prabhedatah | (Vasu 1896:116). We see in the names Upanāgara and Nāgara for two prakritic dialects that the upa-suffix for place names—since these dialect names derive from their locales—was not peculiar at the time to places of pilgrimage. We also see that the Takka, the source for Takkīrāja of the ten Krodheśvaras, was still extant as a geographic entity in the 11th century; and that modern day Karnatic existed as Kārnāfa.

- 106. Keith 1928:31.
- 107. Keith 1928:75.
- 108. Beal 1884:xxxviii.
- 109. Kulārņavatantra 7.39: Tasmāt sulakṣaṇām śaktim gandhapuṣpākṣatādibhih| Abharccya devatābuddhyā bhogapātram nivedayet|| 7.40: Tadante kanyakāś-cāpi pramadāś-ca manoharāh| Sampūjya devatābuddhyā dadyāt pātram pṛthak pṛthak|| 7.41: Anivedya tu yaḥ śaktyai kuladravyam niṣevate| pūjitam niṣphalam tasya devatā na prasīdati|| 7.42: Canḍālī carmmakārī ca māgadhī pukkasī tathā| śvapacī khaṭṭakī caiva kaivartī vaiśyayoṣitah|| 7.43: Kulāṣṭakam idam proktam, akulāṣṭakam ucyate| Kanṭukī [kauñcukī] śaṇḍikī caiva śastrajīvī ca rañcakī|| 7.44: Gāyakī rajakī śilpī kaukikī ca tathāṣṭamī| Tantra-mantra-samāyuktā samayācārapālikā.|| 7.45: Kumārī ca vratasthā ca yoga-mudrādhārāpi vā| Pūjākāle svataḥ prāptā sā jñeyā sahajā budhaih.|| (Avalon & Vidyāratna 1917:68).) Goudriaan, following Carlstedt, dates this work tentatively between 1000-1400 cE (Gupta, Hoens, and Goudriaan 1979:11). Unfortunately Carlstedt's writings are in Swedish, so it's difficult to check his evidence (since I haven't learned Swedish).
- 110. Rājatarangiņī 4.210-cited by Vidyabhusana 1908:xxx, and see Stein 1991{1}:143.
- 111. See Vidyabhusana 1908:i-xxx. Though Vidyabhusana gives Sanskrit titles for all the works on Tārā, he does not list translators' names for all of them, so it is not clear whether some of the Tibetan works with Sanskrit titles are Sanskrit originals. As is clear from catalogue searches, numerous works on Tārā were also composed in Nepal after the Persian invasions of India—these later texts were not always translated into Tibetan. Vidyabhusana's edition includes an English translation done in collaboration with H.N. De (see pp. 114-126), and a useful index of Tibetan-Sanskrit/Sanskrit-Tibetan terms (pp. 126-273).
- 112. Verse 17, Vidyabhusana 1908:119. The Sanskrit reads: Māyā-nirmāṇa-karmma-krama-kṛta-vikṛtānekanepathya-mithyā-rūpa-ārambha-anurūpa-praharaṇa-kiraṇāḍambaroḍḍāmarāṇ| tvat-tantoddhāryya-mantra-smṛti-hṛta-duritasya āvahanty apradhṛṣyāṃ preta-protātantra-tantrīnicaya-viracita-srañji rakṣāṃsi rakṣām|| (Vidyabhusana 1908:24 of Sanskrit).
- 113. Tārārņavādīni tantrāņi teşu uddhāryā uttolanīyā ye mantrās, teşām smṛtyā smaraņena hṛtāni duritāni pāpāni. (Vidyabhusana 1908:24 of Sanskrit).
- 114. See vss. 13, 21-23, Vidyabhusana 1908:pp. 118-121.
- 115. Sankalia 1972:157; Takakusu 1896:37.
- 116. Śāstrī 1920:44, line 1: Evam anupūrvatah Hārītī mahāyakşiņī ālekhyā |.
- 117. Beal 1884{2}:103. Naudou inexplicably misinterprets Hsuan Tsang's descriptions as referring to Tārā, the feminine deity.
- 118. Beal 1884{2}:103n,42. Hsuan Tsang mentions another male Tāra Bodhisattva figure near the Balāditya-rāja vihāra. (Beal 1884{2}:174.)
- 119. Beal 1884{2}:174-175.

- 120. Harivijaya 47.54; Handiqui 1934:529.
- 121. Lorenzen 1972.
- 122. Lorenzen 1972:97.
- 123. Lorenzen 1972:xi.
- 124. Lorenzen 1972:89.
- 125. Lorenzen 1972:12-15.
- 126. Vişņusmṛti 1.1-6, 15; Yājñavalkyasmṛti 3.243; Āpastambīya Dharmasūtra 1.24.14, etc. (Lorenzen 1972:74-76.)
- 127. Lorenzen 1972:77-80.
- 128. Lorenzen 1972:80 & 83. Lorenzen draws from a variety of dramas for fictional, though consistent accounts of these sects, including Mahendravarman's Mattavilāsa (c. 600-630CE). Bhavabhūti's Mālatīmādhava (c. 725CE) and Kṛṣṇamiśra's Prabodhacandrodaya (c. 1050-1100cE) plus two legendary accounts (c. 14th-15th century) of Samkara's life, Mādhava's Samkaradigvijaya and Ānandagiri's Samkaravijaya. From the c. 900-950CE Candakuśika by Kşemīśvara we have a Kāpālika character (Act IV, vs. 31) who holds "control over a Vetāla and a thunderbolt (vajra); possession of magical pils, ointments and foot salve; command over Daitya women; and knowledge of the elixir of life (rasāyana) and alchemy (dhātuvāda). (Lorenzen 1972:58.) Lorenzen cites some convincing epigraphic evidence that the Kāpālika and Pāsupata sects were well-established in the seventh century. A copper plate from the seventh century Calukya king Nagavardhana refers to a bequest "for the purpose of the (rite called) Guggula-pūjā of the temple of (the god) Kāpāleśvara, and ... to the great ascetics [Mahāvratins] who reside at that (temple)." (Lorenzen explains that guggulapūjā refers to a penance of placing burning bdellium on one's head). (Lorenzen 1972:27.) Another temple inscription on the Pasupati temple in Kathmandu from the reign of King Jisnagupta (c. 630 CE) cites a gift to "Vārāhaswāmin, Dharma...and to the Somakhaddukas in the congregation of the Mundasrnkhalika-Pāsupatācārya," (Lorenzen 1972:30), i.e. the congregation of the Pāśupata teacher [named] Wearing a Garland of Skulls. Quoting from Rāmānuja's commentary on Brahmasūtras 2.2.35-37 and from Yāmunācārya, Lorenzen notes that Kāpālika's six insignia (mudrikāṣaṭka) are the necklace (kaṇṭhikā), a second necklace (rucaka), earring (kundala), crest-jewel (śikhāmaņi), ashes, and a sacred thread, and their two secondary insignia (upamudrā) are the skull (kapāla) and the ascetic's staff (khatvanga). (Lorenzen 1972:2-3.) As he says, "Sanskrit sources usually portray Kāpālikas as charlatan ascetics who wander about with a skull begging bowl and drink liquor freely for mundane as well as ritual purposes. They also wear the ashes of the dead...." (Lorenzen 1972:5.) The Kālāmukhas were also known as the Lākula, Nākula, or Lāguda, while Soma and Saumya were used as synonyms for the Kāpālas, and both were known as Mahāvratadharma.(Lorenzen 1972:10.)
- 129. Act V, vss. 4ff. See *Mālatīmādhava* Act 5, opening invocation by Kapālakakuņdalā, the female disciple of Kāpālika Aghoraghanţa, for a description of the six *cakras* and ten *nādīs*. (Lorenzen 1972:95.)
- 130. Lorenzen 1972:57.
- 131. Lorenzen 1972:86.
- 132. "They are connected specifically with Kānci, parts of Mysore, western and central Maharashtra, Ujjain, the Gwalior region of Madhya Pradesh, and the Kurnool District in

- Andhra Pradesh. They may also have been found in Orissa (Bhubaneswar) by this date." (Lorenzen 1972:52.)
- 133. Lorenzen 1972:53.
- 134. vs. 408; Lorenzen 1971:13.
- 135. Lorenzen 1971:13-14ff.
- 136. Goudriaan & Gupta 1981:9, 58ff.
- 137. Eggeling 1897:153. This quote also appears in note 141 of Chapter 2 of this dissertation.
- 138. Bagchi 1975:3-4. In the *Uttarasūtra* of this text, 18 older *Śivasūtras* are mentioned, the *Vijaya*, *Svāyambhuvamata*, *Vāthula*, *Vīrabhadra*, *Raurava*, *Mākuṭa*, *Virasa* (*Vīreŝa*), *Candra*(hāsa), *Jñāna*, *Mukhavimbaka*, *Prodgīta*, *Lalita*, *Siddhi*, *Santāna*, *Sarvodgīta*, *Kiraṇa*, *Pārameŝvara*. Bagchi 1975:5.
- 139. Joshi 1977:137.
- 140. Dakşinās tathā loke tribhavāntakarās tathā | | mantra-tantra-abhiyogena khyātāh kīrtikarāh smṛtāh | 53.954b-955a; Jayaswal 1988:76 English and 71 Sanskrit.
- 141. Adhunā tu pravakṣyāmi dvijānām dharma śīlinām | mantra-tantra-abhiyogena rājya-vṛttim upāśritā | MMK 53.955b-956a, and ff., Jayaswal 1988:76 English and 71-72 Sanskrit.
- 142. Amukhā mantribhis te ca rājyavītti-samāsritā. MMK 53:963a, Jayaswal 1988:76 English, 72 Sanskrit.
- 143. Donaldson 1986:138.
- 144. Donaldson 1986:137.
- 145. Donaldson 1986:180.
- 146. Farquar 1920:190-204.
- 147. Dehejia 1986:7.
- 148. As Dehejia explains, other than these Yogint temples, the vartula or circular temple specified as a temple type in the architectural and Purānic texts "was not much in vogue and remained mostly a theoretical classification" according to extant remains. Dehejia 1986:42.
- 149. Dehejia 1986:ix.
- 150. Dehejia 1986:ix.
- 151. Dehejia 1986:40.
- 152. Dehejia 1986:2.
- 153. Brhat Samhitā 56.10: (catuḥṣaṣṭipadam kāryam devatāyatanam sadā). (Bhat 1981{1}:538)
- 154. Dehejia 1986:5.
- 155. Uddīšatantra, Yoginī Sādhanā Prayoga, various Yoginī sādhanas derived from the Bhūṭadāmaratantra, and the Mahāyakṣiṇītantra. (Dehejia 1986:36.) Dehejia refers us to Coomaraswamy (Commaraswamy, AK, Yakṣas, Washington 1922:31, and "The Tantric Doctrine of Divine Biunity" Annals of the Bhandarkar Oriental Research Institute XIX 173-183.) who was of the same opinion.
- 156. Dehejia 1986:5.

- 157. See Dehejia 1986:11-17.
- 158. Dutt and Sharma 1942:viii.
- 159. Dutt and Sharma 1942:ix.
- 160. Lo 1949:84-85.
- 161. Levi 1900:297.
- 162. Levi 1900:335, 3rd verse, my translation from his French.
- 163. Levi has a note on "le mur surnaturel" from Julien's translation of *Hiuen-tsang* (II. p.139) explaining that the *bodhi* tree was surrounded by a high and very solid brick wall extending quite a ways north, south, east and west. (Levi 1900:340-341).
- 164. Levi 1900:340-341-"Sur le trône de daimant (vajrāsana), --les milles Buddhas tour à tour se sont tenus; Du visage vénérables les marques distinctives primaires et secondaires-sont le modèle qu'en a donné Maitreya; Le mur surnaturel est admirable et beau;--l'arbre de l'intelligence est exubérant; Traversant les kaplas sans défaillir--cette force divine comment l'égalerait-on?"
- 165. Beal 1884{1}:148-149.
- 166. See Beal 1884{1}:148-162.
- 167. Naudou 1980:43.
- 168. Watters 1961{ii}:227-228. Several hundred monks had come there from Ceylon due to a famine, and he questioned them about the Yoga scriptures, though they offered him no new insights.
- 169. Dutt 1962:231.
- 170. Takakusu 1896:65.
- 171. Takakusu 1896:157.
- 172. Takakusu 1896:162-163.
- 173. Takakusu 1896:165-166.
- 174. See Takakusu 1896:167-184.
- 175. Takakusu 1896:182.
- 176. Takakusu 1896:186-187.
- 177. Takakusu 1896:199.
- 178. Takakusu 1896:205-206.
- 179. See also Mirsky 1977:469.
- 180. See Jeanette Mirsky's study for a full account of his various adventures (Mirsky 1977).
- 181. Vira & Chandra 1959:4, and Dutt 1939:41 (for quote).
- 182. Dutt 1939:42.
- 183. Dutt 1939:42-43.
- 184. Vira & Candra 1959:v.
- 185. Vira & Chandra 1959:5. Though the texts now belong to the Central Govt. of India, they had a strange history. The bulk of them "somehow found its way into the hands of Capt. Agha Mohammed Ali Shah of Rawalpindi. Since 1940 he was trying to sell his

- portion. After the division of India in 1947 negotiations became increasingly more and more difficult.... We are happy that the Pakistan Government has ultimately loaned the manuscripts to Prof. G. Tucci." (Vira & Chandra 1959:5).
- 186. Dutt 1939:ii-iii.
- 187. Dutt 1939:iii-iv. Dutt provides a brief history of Buddhism in Kashmir, saying "it will be admitted by every scholar that Kashmir is the cradle of Sanskrit Buddhism," based largely on Kalhana's Rājataranginī and Tāranātha's History of Buddhism. (Dutt 1939:3).
- 188. Dutt 1939:54.
- 189. Dutt 1939:66-68.
- 190. Dutt 1941:iii.
- 191. Dutt 1939:iv.
- 192. Dutt 1941:xii.
- 193. Dutt 1942:i.
- 194. The full list of texts is as follows: Part 1: 1960, Vinayavastu,
- Part 2: 1960, fragments of the Prātimokşasūtra.
- Part 3, 1966, Pañcavimsati- and Astādasa-sāhasrikā (Prajñāpāramitā).
- Part 4, 1966, Pañcaviṃśati-sāhasrikā (Prajñāpāramitā).
- Part 5, 1970, same as 3 & 4.
- Part 6, 1974, Vinayavastu, Mahāpratisarā, Mahāsannipāta-Ratnaketusūtra.
- Part 7, 1974, Mahāsannipāta-Ratnaketusūtra, Viśvantarāvadāna, Māndhātāvadhāna and Dharmarucy-avadāna, Vajracchedikā, Bhaiṣajyaguru-sūtra, Sumāgadhāvadāna, Sucandra-avadāna, Divyāvadāna (?), Maitreya-vyākaraṇa, Kūṭāgāra-sūtra, Kāraṇḍavyūha, Avikalpapraveśa-sūtra, Tathāgata-bimba-kārāpaṇa-sūtra, Kālasūtra (?), Anna-pāna-vidhi, Prasenajid-gautama-gāthā, Maṇḍala-vidhi-sādhana and Mudrā-vidhāna (4th and 5th paṭalas of a larger work), Vajra-dharma-samatā, Sarva-tathāgata-adhiṣṭhāna-sattvālokana-buddha-kṣetra-sandarśana-vyūha.
- Part 8, 1974, Sarva-tathāgata-adhişthāna-sattvālokana-buddha-kṣetra-sandarśana-vyūha (continued), Bhaiṣajyagurusūtra, Sanghāta-sūtra.
- Part 9, 1974, Sanghāta-sūtra, Ajitasena-vyākaraņa, Ekādaśa-mukha-hṛdaya and Hayagrīva-vidyā, Saddharmapundarīka-sūtra.
- Part 10, 1974, Saddharmapundarīka-sūtra, Tantrasadbhāva-sūra, Praņāma-stava, Dārikā-gāthā, Dṛḍhanemi-gāthā (?), Prasenajid-gāthā, Mekhalā-vidyā (?), Bhaiṣajya-guru-sūtra, and fragments of other manuscript. (See Vira & Chandra 1960ff).
- 195. Dutt 1933:567.
- 196. Dutt 1933:231.
- 197. Gapendra is a name for the Buddha in the *Lalitavistara*, according to Monier Williams' Dictionary; one would expect from the context though that Gapedra is a variant of Gapesa, Siva and Parvati's son.
- 198. Apte and Monier Williams both describe akşara-pankti as a type of meter with four lines, each containing one dactyl (a long or accented followed by two short or unaccented syllables) and one spondee (two long or accented syllables).
- 199. The single folio of Sanskrit is: "41. TANTRA-SADBHĀVA-SĀRA. It comprises only one folio, numbered 1 and commencing om svasti.// followed by stanzas to Siva: Sivam

acalam aprameyam carācareśānam avyayam acintyam praṇipatya kāmam īśam sagaṇedram saparicāram ca|| eka-dvi-tŢ-caturdhā navadhā bhūyo [']py anekadhā bhedaih devibhiś śivamārgam vyāptam tāsām gurūṇāñ ca|| ātreya-vaṃśa-tilakenoktam sarvād avāpya yatpūrvam| sura-muni-nara-asurāṇām devīnām tantrasadbhāvam| tasmād aham apy adhunā vakṣye saṃhatya sāramāryābhih spaṣṭa-tarākṣarapanktibhir aviśāladhiyām prabodhāya|| The title in the National Archives has been supplied from this stanza." (Vira & Chandra 1974:8).

- 200. Bechert & Wille 1989:vii.
- 201. Stein 1917:203.
- 202. Dietz 1993:131.
- 203. Clawiter et al 1965: 348-353; Clawiter et al 1971: 277-279; Bechert and Wille 1979: 228-232; Sander and Waldschmidt 1980: 355-362. The list from Clawiter et al 1965:348-353 includes fragments from 11 vinaya texts, 87 sūtras, 4 gāthās and 2 avadānas, several abhidharma texts including Vasubandhu's Abhidharmakośabhāṣya, a couple of yoga texts, some 14 rakṣa, vidyā, mantra, and dhāraṇī texts, Buddha nāmāvalīs, stotras, Mahāyānasūtras, some of Aśvaghoṣa's writings, along with several works on grammar, metrics, astronomy and astrology, and medicine (Bhedasamhitā). The list from Clawiter et al 1971:277-279 includes manuscript fragments of 4 vinaya texts, 33 sūtras, 3 avadānas, a few abhidharma texts, commentaries, a fragment of the Yogavidhi, fragments of dhāraṇīs and mantras, lists of names of the Buddha, songs of praise, some of the large Mahāyānasūtras, some poems, grammatical texts, and medical works.
- 204. Griffith 1895-6: 379; cf. Zysk 1991: 14.
- 205. See Schlingloff 1964.
- 206. Clawiter et al 1965:103.no. 183a.
- 207. Schlingloff 1964:26.
- 208. Schlingloff 1964:70.
- 209. Schlingloff 1964:71.
- 210. Schlingloff 1964:88. My English translation is from the Sanskrit, using Schlingloff's German translation as the guide: tad-anantaram abhişekena āśrayam prīṇayan, tato bhru-madhye citta-upanibandhah, tasmāt pravāho nirgatah, pṛthivī-maṇḍalam bhītvā, narakām pretāś ca avabhāsya, kāñcana-cakram bhītvā, āp-maṇḍalam, vāyu-maṇḍalam, ākāśa-dhātum avabhāsya, parivartya, nābhyām praviśya, mūrdhnā nirgatyā, avyucchinnam yāvad aghaniṣṭhām devān avabhāsya catur-dhyāna-rasam ādāya, mūrdhnā punah praviśati¦.
- 211. Schlingloff 1964:90.
- 212. Schlingloff 1964:91--upari ca asya ntla-ptta-lohita-avadāta-rasa-paripūrņāt parvatāh drsyante, ādarše ca parvata-pratibimba ... nānā-varņena rasena āšrayā[a]m purayati, ratna-ābhā-janam iva nirmala-rasa-paripūrņam āšrayam pašyati
- 213. Schlingloff 1964:94.
- 214. Clawiter et al 1971:140-142.nos. 891, 892, and 894.
- 215. Clawiter & Holzman 1965:307.
- 216. Clawiter & Holzmann 1965:257.
- 217. Clawiter & Holzman 1965:190-191.

- 218. Bunyio [tk]
- 219. Bagchi 1981:19-21.
- 220. Stein 1917:194.
- 221. See Lalou 1939:v ff.
- 222. Lalou 1939:12, # 39.1, 1939:13, # 40.1, 1939:84-85, #s 321-324.
- 223. Lalou 1939:66-67, #s 240 & 241, 1939:70, # 254, 1939:75, #279, etc.
- 224. Lalou 1939:69, # 250.
- 225. Lalou 1939:76, # 281 and 284.
- 226. Lalou 1939:77, # 286.
- 227. Lalou 1939:88, # 337.
- 228. See Finot 1934:1-86.
- 229. Leinhard 1988:xi.
- 230. Bagchi 1975:1-11. Bagchi cites a passage from the Yogavāsiṣṭha identifying Tumburu as one of Śiva's aspects, and pairing Tumburu with Rudra or Bhairava: "The mothers, endowed with the eight divine powers, and impelled by Rudra, whenever they all gathered together in the sky, for whatever reason, they made a tremendous celebration for the sake of illluminating ultimate reality; flowing in the left stream, they resorted to Tumburu [and] to Rudra; honoring the two gods who should by honored by the world, Tumburu and Bhairava...." (Yogavāsiṣṭha Nirvāṇaprakaraṇa, Pūrvārdham 18.24-26a). "Ity-aṣṭaiśvarya-yuktās tā mātaro raudraceṣṭitāḥ kadācin militā vyomni sarvāḥ kenāpi hetunā utsavaṃ paramam cakruḥ paramārtha-prakāśakam vāmasrotogatā etās tumburuṃ rudram āśritāḥ pūjayitvā jagatpūjyau devau tumburu-bhairavau!." (Vālmīki 1918{2}:808-809).
- 231. "List of Ancient Inscriptions published in the Volumes of the Asiatic Society of Bengal, from January 1834, to March 1841." (Sykes 1841:466-467).
- 232. Sykes 1941:462-463.
- 233. See Nadou 1980:80n.3, where he raises a question about Hirananda Shastri's reading of the plaque (from *Epigraphica Indica* XVII, p. 312).
- 234. Joshi 1977:139.
- 235. Barua 1969:163.
- 236. Barua 1969:173-174.
- 237. Barua 1969:177.
- 238. Barua 1969:180.
- 239. Prasad Singh 1981:111.
- 240. Sankalia 1972:99.
- 241. Barua 1969:194.
- 242. Altekar 1959:44-48.
- 243. Altekar 1959:45.
- 244. Dutt and Sharma 1942:xiv.

245. "In the 4th and 5th centuries Ki-pin (Kāśmīra) was famous in the Buddhist countries of Central Asia as a great centre of Sanskrit culture. This was the reason for which Kumārajīva's mother brought her son to Ki-pin (Kāśmīra) for a perfect education in the Sanskrit lore in the third quarter of the 4th century. Kumārajīva while in China seems to have attracted many Buddhist [Sarvāstivāda] scholars of Ki-pin (Kāśmīra) and between 381 and 442 A.D. it was the Buddhist scholars of Ki-pin (Kāśmīra) who played the most important part in the translation of Buddhist texts into Chinese." (Bagchi 1946a:52.) Kumārajīva was taken to China by the general who conquere Kucī in 401. (Bagchi 1981:43-44.) Forte has also discussed the activities of one Manicintana (Pao-ssu-wei), a Kaśmīri kṣatriya who abandoned his homeland to become a Buddhist monk and go to China, where he died in 721ce. While Forte refers to him as "the Tantric Master," it turns out that Manicintana worked as a member of several different translation teams in China. The texts he worked on included the Mahā-pratisāra-dhāraṇī, the Suvarṇa-prabhāsottama-rāja-sūtra, possibly the Mahāratnakūṭa-sūtra, and possibly the Avaivartika-cakra-sūtra. (Forte 1984:301-335.)

246. <u>Kashmiri scholars who went to China, and translated Buddhist works:</u> (from Bagchi 1944b:76-77.)

Sangabhūti 381-384--Vinayapiţaka of Sarvāstivāda school, among others.

Gautama Sanghadeva 384-397 + -- several texts, an abhidharma specialist.

Punyatrāta (404 collaborated with Kumārajīva) and Dharmayasas (397/401-424/453), translated *Sarvāstivāda* texts.

Buddhayasas (worked with Kumārajīva)

Vimalākşa (406-413) with Kumārajīva

Buddhajīva (arrived Nanking 423), collaborator of Fa-hien.

Gunavarman (arrived Nanking 431), 11 translations from Sanskrit to Chinese

Dharmamitra founded a vihāra at Tun-huang; in South China 424-442.

Dharmaksena, translated works in Western China from 414-432.

Gautama Prajñāruci from Benares, 516-543 translating works.

Gunabhadra, 435 in Canton, worked in Nanking until 468.

Jñānabhadra, Jinavasas, and Yasogupta, north China, latter half of sixth century.

Upasūnya (uncertain dates) and Paramārtha (546-569 in China translating) from Ujjayinī, till latter half of sixth century.

Buddhabhadra (421-429) in Nanking translating.

Vimoksasena (541) translating.

Jinagupta (559-572, and 585-600) translating in China.

Dharmagupta in China from 590-619, translating.

Prabhākaramitra reached Chinese capital in 627, died 633.

Bodhiruci reached China in 693, translating 53 volumes till he died in 727, including completing Hiuan-tsang's unfinished translation of the Ratnakūţa. Translated 25 of the 49 sūtras of the Mahāratnakūṭasūtra A.D. 713, the Trisambara-nirdeśa (Bunyiu 1883:10.), the Garbhasūtra (a text that originally formed part of the Savāstivādanikāya-vinaya-saṃyukta-vastu), (Bunyiu 1883:13.)

Śubhākarasimha, studied fīrst at Nālandā, then reached China in 716 with a load of Sanskrit manuscripts, died in Lo-yang, China in 735. "His reputation as a teacher was very great in China, where he introduced a special form of Buddhist mysticism." (Bagchi 1981:68.) Vajrabodhi (reached Canton in 720, died in Lo-yang in 732) (Translated mystic works 723-730. His disciple Amoghavajra spread Tantra worship in China. (Bagachi 1950:53.) 'After

its wide propagation, it is very likely that is Vinaya rules underwent changes in the countries outside India and these did not meet with the approval of the Indian Bhikşus of the orthodox type."

- 247. The text was later revised by Sde-srid Sangs rgyas rgaym msto (1653-1705).
- 248. Dash 1987:vii-viii.
- 249. Tadeusz Skorupski, "Tibetan Homa Rites," in Staal 1983{2}:403-417.
- 250. Naudou 1980.
- 251. Roerich 1976.
- 252. Roerich 1976:104.
- 253. Naudou 1980:9.
- 254. Naudou 1980:63.
- 255. Naudou 1980:20.
- 256. Discussing the translation work of the Buddhist canon into Tibetan by Kaśmīri monks, Naudou remarks that "The most important of the texts classed in the Tantra, the Rgyud-'bum, have been translated at the time of the 'second propagation of the doctrine.' [980-1055]. Several translations of that section of the Bka'-'gyur however go back to the 9th century, in particular that of the Mahāvairocana-abhisambodhi-vikurvita-adhiṣṭhāna-vaipulya-sūtra-indra-rāja nāma dharma-paryāya ... Vajra-pāṇy-abhiṣeka-mahā-tantra ... the Suvarṇa-prabhāsottama-sūtra-indra-rāja ... and of many other texts less voluminous, such as the Mahāmāyūrī... Among the Rñin-rgyud [Old Tantras] of the Bkā'-'gyur such as it is habitually constituted ... figure translations from that epoch, but they have for author Jñānakumāra (Vajra-sattva-māya-jala-guhya-sarvādarśa-tantra)... Vairocana (Sarvad-dharma-mahāśānta-bodhicitta-kulaya-rāja) ... Padmasambhava Vajra-mantra-bhīru-sandhi-mūla-tantra nāma ... and not the monks who came from Kaśmīr...." (Naudou 1980:102).
- 257. Bunyiu 1883:xi.
- 258. Bunyiu 1883:xxvii.
- 259. Nanjio 1883:xiii-xvii. There are also five Mahāyāna abhidharma works, and twenty-five miscellaneous other texts.
- 260. See Bunyiu 1883:114-115.
- 261. Chou 1944:86.
- 262. Chou 1944:86n.8.
- 263. Bagchi 1981:69. Levi says that the best source of biographical information on the history of Vajrabodhi, Amoghavajra's master, is the *Tchen-iuen sing-ting-i-kia mou-lou*, compiled by Iuen-tchao at the beginning of the ninth century; the only surviving edition is "l'édition couréenne (éd. jap., xxvii, 6, chap. 14, p. 77-78); la collection cataloguée par Nanjio n'a pas cet important ouvrage." Iuen-tchao's text is summarized ["répris] and commented on in a "Histoire de la secte tantrique: *Wen-tcha-lo kia fou fa tchoan* (chap.1, *infra*, p.7-14)," that Levi brought from Japan. (Levi 1900:418).
- 264. He was in Lo-yang from 724-736, went back to India, and then again in China from 746-774.
- 265. Bagchi 1944b:76-77. Bagchi provides a helpful list of 21 Indian Buddhist teachers who translated 289 texts into Chinese, dating from 627-810.

- 266. Nanjio 1883:226.no. 1028.
- 267. Chou 1944:86-88. See also Bagchi 1944e:165-166.
- 268. Or the Anuttara-mahāyāna-vajra-mahātantra-ratnarāja-sūtra (Nanjio 1883:198.no. 869).
- 269. Bagchi 1944a:28.
- 270. Nanjio 1883:224-225.no. 1022.
- 271. Chandra 1984:102-103.
- 272. See for instance Śāstrī 1920:70, the colophon to Chapter 5 of the text; see further discussion of this text in Chapter 4 of this dissertation.
- 273. Joshi 1977:9.
- 274. Joshi 1977:11.
- 275. Bagchi 1944d:133.
- 276. Bagchi 1944d:139.
- 277. See Bagchi 1944d:150 for an exact description.
- 278. Subhākara explains. "This dhāraṇī should be recited three times. Then let him hear the sīlā and other secret laws so that he may have all the rules of the pure Vinaya of the Bodhisattvas." (Bagchi 1944d:149).
- 279. As Subhākara explains, "By repeating it one hundred times you can remove all obstacles The three karmas are purified. The sins are removed." (Bagchi 1944d:150).
- 280. Bagchi 1944d:149-150.
- 281. Bagchi 1944d:151.
- 282. Bagchi 1944d:151.
- 283. Bagchi 1944d:152.
- 284. Bagchi 1944d:152.
- 285. Bagchi 1944d:153-154.
- 286. Bagchi 1944d:154.
- 287. Bagchi 1944d:155.
- 288. Bagchi 1944d:142.
- 289. Bagchi 1944:165.
- 290. "Now, what is the relation of the Buddhist Tantra to Hinduism? This is hardly a one-directional influence. In fact, the Buddhist Tantra goes back in many of its leading ideas to the Brahmanism of the older Upanisads, and some of its ritual (e.g. the homa, or burnt offering) can be traced to old Vedic rites. In short, the Buddhist Tantra incorporated a large amount of the mystical ideas and practices that have been current in India from most ancient times, and preserved them just as did the Hindu Tantra in its own way, while both systems had mutual influence and their own deviations." (Wayman 1977:52).
- 291. Bagchi 1944d:133.
- 292. Tucci 1949{1}:224.
- 293. Lamotte 1976:1854.

294. Lamotte 1976:1858--"Qu'est-ce que la Dhāraṇī du Bodhisattva? En somme elle doit êtreconsidérée come quadruple: dhāraṇī des enseignements, dhāraṇī des enseignements, dhāraṇī dus sens, dhāraṇī de mantra et dhāraṇī aboutissant à la conviction du Bodhisattva.' Sanskrit: Tatra katamābodhisatvānāṃ dhāraṇī samāsatas caturvidhā draṣṭavyā dharmadhāraṇī, arthadhāraṇī, mantradhāraṇī, bodhisattva-kṣānti-lābhāya ca dhāraṇī.

295. See Braarvig 1985.

296. de Jong 1984:95.

297. De Jong 1984:96-98.

298. John Huntington is one of the current generation of scholars who argues for an earlier origin of Buddhist Tantric practices. He explains away the non-mention of Tantras by the Chinese pilgrims by saying that "the texts were (and, in formal Buddhist practice, still are) part of a very conservative esoteric tradition open only to initiates of the system. Indeed the traditional history of the Tantras states that they were transmitted in secret from the time they were first revealed. Thus, it would seem that there would be little reason for the Chinese pilgrims, who were not specifically searching for initiation to the Tantras, to find them...." (Huntington 1987:89-90.) Huntington's arguments are a bit controversial, as is his research (as demonstrated by a fairly hostile reception to his presentation at last year's Subtle Body Conference in Virginia). He concludes his arguments by saying, "I am convinced that the artistic record will demonstrate a pervasive presence of Tantric, or perhaps 'proto Tantric' methodologies having 'emerged in the second century BCE. At that point, it is not too much of an act of faith to suggest that the Atharvavedic prototypes of Tantra did indeed have real significance in early Buddhism and in the formulation of early Buddhist Tantra." (Huntington 1987:96.) The problem with his reasoning, it seems to me, is that he tends to "read back" into earlier documents ideas that are fully developed in the later tradition. He takes a passage from the Chinese translation of the Suvarnaprabhāsottamarājasūtra (SPS) (dating to 414-421CE) wherein the Bodhisattva Śraddhāketu, having lived a virtuous life, prays to the Buddha. The floor fills with gems, the room fills with clouds of fragrance, Aksobhya, Ratnaketu, Amitāyus and Susabda Buddhas appear on the four walls (east, south, west, and north, respectively), radiating light in all directions. The Buddhas then answer his question about why Śākyamuni Buddha lived only eighty years (they answer "have you not seen that no one can tell the life span of a Buddha except for the Buddhas themselves?"). Huntington remarks that "to anyone knowledgeable about the mandalas of the MVS [Mahāvairocanasūtra] and the STTS [Sarvatathāgatatattvasamgrahasūtra], this arrangement and apparent sequence of meditation is immediately familiar.... The Buddhas are essentially the tathāgatas of the mandala of Mahāvairocana," and the Bodhisattva "is to envision himself in the center of the mandala-identical to Vairocana...." (Huntington 1987:92.) The problem with this interpretation is that Vairocana is not mentioned here. Huntington then argues that "Since the mandala of Vairocana is mentioned in the Bei Liang version of the SPS, it must be assumed that knowledge of the mandala pre-existed the formulation of that version of the SPS..." (Huntington 1987:94.) He then goes on to conclude that this provides evidence for an earlier date for "Tantra." As I attempt to show in this dissertation, and many other scholars have pointed out, there are many streams of contribution to what becomes the Tantric tradition--however, that does not mean that when we find instances of these contributing streams in earlier strata of the traditions that we can then conclude that "Tantra" existed already at these earlier dates. Huntington's is an interesting argument on one level, since he is pointing out the proto-visualization meditations that become part of later deity yoga.

However, the bodhisattva here is not identifying with the deities, and there is actually no mention of a mandala in the translated portion of the text Huntington is using as evidence. In panning for the history of the Tantric tradition, we must be wary of the fools' gold of claiming early existence of Tantra simply by finding in earlier strata of Indic thought ideas that are incorporated into the Tantric system. So I would conclude that although Huntington has highlighted a contributing element, and one that should be considered in developing a specific history of the evolution of visualization practices, his claim that this represents "Tantra" is, I think, an overstatement of the facts.

299. See Waddell 1913, and Waddell 1914.

300. Waddell 1913:172. Waddell provides a helpful list of thirty-eight common dhāraņīs, along with textual references. (Waddell 1913:174-175.) He adds: "The cult of protective spells, in the form of magical texts, has been shown by me elsewhere to be widely prevalent throughout Buddhism in all its sects, and to have played an important practical part in that religion from its commencement. [Note 1: Ostasiatischen Zeitschrift 1912: 155-195.] Such texts under the name of Paritta or Dharant are in universal use by all sections of Buddhists,-'Southern' as well as 'Northern,'--and I there adduced evidence, almost unimpeachable, to show that some of these spells were used by Buddha himself." (Waddell 1914:37). Waddell asserts, without the possibility of any real evidence to back up his view, that "most of the charms and their associated rituals (sādhana) exhibit elements which, like those of the Atharvaveda, are manifestly pre-Buddhist and even pre-Vedic, and afford some insight into the religion of pre-Aryan India [boldface is Waddell's]." (Waddell 1914:37). I consider this sort of speculation a waste of time and intellectual energy. We do not have any texts that predate the Vedas in Sanskrit. While we can identify pre-Buddhist ideas in the Vedas, Brāhmaņas, and perhaps the earlier Upanisads, I do not think we gain much from trying to speculate about pre-Vedic ideas. Heesterman also indulges this temptation, to create an interesting yet unprovable hypothesis about pre-Vedic conflict peaceably resolved in the Vedic ritual. Waddell does make the more pertinent and interesting point, though, that "several of the gods of the Hindu Pantheon are disclosed by these contemporary texts in early or transitional forms, and in the process of being clothed by the hands of the Brahmans with the functions and attributes of popular aboriginal gods and genii, in regard to which prototypes Brahmanical literature is more or less silent." (Waddell 1914: 37).

- 301. Bagchi 1944c:11.
- 302. "The earliest discovered Dharanis are the Gilgit manuscripts discovered in 1931 from a Stupa in Gilgit near Kashmir. They belong to the 5th and 6th centuries A.D." (Khosla 1972:76.)
- 303. Gnoli 1955:120.
- 304. Falk 1946.
- 305. Nātyasastra 6.44-45/6.43-43; Lidova 1995:1.
- 306. Gyatso and Hopkins 1989:80.
- 307. Mitra 1873:11. Mitra goes on to give several extracts on the subject of drinking alcohol from different Hindu Tantras. He remarks, in his inimitable style, "To describe the details of the worship would be so shocking that I cannot venture upon the task. Suffice it to say, that the Kaulas, who are the most ardent followers of the Śākta Tantras, celebrate their rites at midnight in a closed room, where they sit in a circle round a jar of country arrack, one or more young women of lewd character being in the company...." (Mitra 1873:11-12.)

308. Handiqui 1934:209-210.

Tantric Yoga

Chapter 4

James F. Hartzell

### The Buddhist Sanskrit Tantras

### 4.0.1. Preface

This Chapter contains a discussion of the Buddhist Sanskrit Tantras that existed prior or contemporaneous to the systematic translation of this material into Tibetan. I have searched through the Tohoku University Catalogue of the Tibetan Buddhist canon, and taken the names of authors and translators of the major Buddhist Tantric works. With authors, and occasionally with translators, I have where appropriate converted the Tibetan names back to their Sanskrit originals. Then I have matched these names with the information Naudou has uncovered giving approximate, and sometimes specific dates for the various authors and translators. With this information in hand, I have matched the data to the translations I have made (for the first time) of extracts from Buddhist Tantras surviving in H.P. Śāstrī's catalogues of Sanskrit manuscripts in the Durbar Library of Nepal, and in the Asiatic Society of Bengal's library in Calcutta, with some supplemental material from the manuscript collections in England at Oxford, Cambridge and the India Office Library. The result of this research technique has provided a preliminary picture of the 'currency' of various Buddhist Sanskrit Tantras in the 8th-11th centuries in India, as this material gained popularity, was absorbed into the Buddhist canon, was commented upon, and was translated into Tibetan.

Mahāmopadhyāya Hara Prasād Śāstrī followed in the footsteps of Rajendralal Mitra in compiling the *Notices of Sanskrit Manuscripts* referred to in Chapter 1 of this

dissertation. Much of the material in these early volumes of Mitra and Sastri was collected from private libraries, and I understand from Prof. David Pingree that the bulk of these manuscripts are now lost or destroyed. Śāstrī however completed two multi-volume catalogues, one of the holdings of the Asiatic Society of Bengal, and one of the Durbar Library in Nepal, that contain a wealth of information on both Hindu and Buddhist Tantra, and the manuscripts in these latter two catalogues have been preserved and are available to scholars today. In most instances Śāstri included with the catalogue listing the opening verses and the colophons, sometimes with headings of major sections, some extracts from the texts, and sometimes notes on the historicity of the authors. Cecil Bendall's Catalogue of the Cambridge University library also adds some information, as does the Bodelian Library (Oxford University) catalogue by Julius Eggeling. The vast majority of catalogues of Sanskrit manuscripts from Indian Universities and research institutions are not "descriptive" in the same way as Śāstrī's catalogues, despite their titles designating them as such. I have not yet had the opportunity to translate all of the Tantric manuscript extracts in the two Notices of Sanskrit Manuscripts sets of volumes (there are hundreds of manuscripts recorded, and Mitra's classifications are often inaccurate), nor have I yet had the chance to look through all the material in the catalogues of Sanskrit Tantra manuscripts held in Paris, Tokyo, and some of the other European libraries. So this chapter is not intended to present complete coverage of the Buddhist Sanskrit Tantric material. Rather, what I will present here should give a good idea of the range of material in these texts, and some idea of when the texts appear to have been

incorporated into the Buddhist canon in India, and when the principal commentaries and *sādhanas* on these texts were originally written. Supplementing the information from the manuscript material is a fairly thorough coverage of the published translations of Buddhist Sanskrit Tantras.

The dating information derived from the Tohoku listings of authors and Naudou's work is necessarily incomplete. Naudou's research was based on searches he made through the colophons of Tibetan translations of texts by Kaśmīri Buddhists. He was not looking particularly for translations of Tantras, nor did he provide dates for authors and translators who either were not either Kaśmīri or not related to Kaśmīr by virtue of having studied in Kaśmīr, or having worked with Kaśmīris or those educated there.<sup>2</sup> Naudou's <u>Buddhists of Kaśmīr</u> is however the only work I have found that provides a systematic account of the dates of Buddhist Tantric commentarial writers and their work with Tibetan translators--though other authors such as Tucci provide additional or confirmational information. Since I have relied heavily on Naudou's work for dating information and the identification of various authors, and because I have found his approach fairly consistent, reasonable, and I think relatively reliable, we should take a brief look at his methodology. Naudou read through the Tibetan canonical histories of Buddhism by Taranatha (1608 CE), Bu-ston (1322), Sum-pa mkhan-po (1748), and gZon-nu-dpal's Blue Annals (1478), and compared this information with "indications supplied by colophons of Tibetan translations about authors of ancient texts and their translators" in Cordier's catalogue of the Beijing edition of the bstan-'gyur and Lalou's index.<sup>5</sup> Naudou developed a

healthy skepticism as to the reliability of some of the history of events in India by these Tibetan writers who composed their histories several centuries later. He notes Tāranātha's own acknowledgement of being unable to write about "the appearance of the Law in Kaśmīr" because of lacking "detailed sources" for Kaśmīri Buddhists.6 Naudou brought some order to this wealth of information by grounding the material in data from copper plate inscriptions, Kalhana's largely reliable Rajatarangint, the Annals of Ladakh, records of the Chinese pilgrims, chronologies of the Pala kings and other dynasties, the records of the Mahāsiddhas, and other sources such as Al Biruni's records and archaeological records, the Sādhanamālā, and so on. He then worked through the confusing variety of names used for the various translators and authors in the Tibetan colophons, where the same person may sometimes be referred to by three or four different names, either with his family name, an initiatic name, a shortened version of his name, a title such as Mahāpandita of Kaśmīr, etc. In many instances the surname and the initiation names are used interchangeably, as with Tailikapāda (Tilopa) for Prajñāgupta, Nādapāda (Nāropā) for Yasobhadra, and Punyākaragupta or Mahāvajrāsana for Punyaśrī. On the other hand, multiple instances of the same name, such as Nāgārjuna, can also conceal instances of a number of different people (Naudou suggests four in the case of the name Nāgārjuna), just as multiple instances of Francis in the Roman Catholic canon refer to at least three different saints.7 In several cases Naudou concedes defeat, saying that it is impossible to tell much about when or where a particular individual worked. On the whole I found his dating conclusions quite reasonable.

#### 4.0.2. Introduction

Contemporary late 20th century Buddhist scholarship tends to rely on the Tibetan classification schemes and interpretations of Buddhist Tantras. These classification schemes were developed over many centuries--and much debated among Tibetan Tantric writers--based on the voluminous corpus of Tibetan Tantric texts directly and carefully translated from the Sanskrit originals. The sheer volume of the translated literature, and the enormity of the Tibetan commentarial literature, combined with a contemporary Tibetan Tantric tradition being actively passed on by Tibetan monks and scholars, has tended to diminish (though by no means eliminate) interest by many Indologists in studying the original Sanskrit versions of the Buddhist Tantras to determine the interrelations of these texts prior to the development of the Tibetan Tantric tradition (the difficulty of mastering Sanskrit has no doubt contributed to this trend). Furthermore, the impressive command of the material on the part of Tibetan Tantric adherents and advocates can sometimes give the impression that Tibetan historiography, classifications, and interpetations have a dogmatic status, even for scholars. Adding to the impressive bulk of the abundance of such classificatory material has been the oft-repeated argument that as a "living" tradition the Tibetan Buddhists are uniquely qualified to inform about the truth of the tradition, something that cannot be gotten at by "outsiders." This may all be true, yet it obscures the fact that a fair number of Sanskrit Buddhist Tantras survive in manuscript form in India and in various European libraries, that the material these texts contain is mostly unknown to Indologists, and that the Buddhist Tantric tradition grew up in the context of a developing Saivite Tantric tradition. It appears that the surviving Sanskrit Tantric texts offer some helpful adumbrations that can broaden the perspectives gained by scholarship based on the Tibetan Tantric tradition—this is only natural, since by going back to the original Sanskrit sources we can only gain in our understanding of Tantra.

Since the catalogues containing manuscript extracts of Buddhist Sanskrit Tantras are not that easily available, I've included transliterations of all the translated portions in the endnotes. I have however chosen this material for several reasons. First is that I read Sanskrit with considerably greater ease than Tibetan. Second is that most of the actual manuscripts of these Buddhist Tantras are themselves ancientwith several dating from the 11th-12th centuries (identifiable by colophon dates and script styles), and others from the 13th century. These early dates for the manuscripts suggest that the material in the texts was very likely not unduly corrupted by ignorant copyists who may have misread the originals. Furthermore, given that the manuscripts are so old, it is also very likely that later generations of redactors of these texts did not have the chance to modify the contents, consciously or unconsciously, to suit the mores of their time and culture. We know this is a real problem with more recent work on Tantras. It is not uncommon to find that published editions of Tantric texts in India either deliberately or 'accidentally' omit the most racy or contentious portions of the text. Bhattacharyya frankly admitted doing so in his edition of the Śaktisamgamatantra. I also found that the one published Sanskrit edition of the *Pradīpodyotana* commentary on the *Guhyasamāja* 'accidentally'

omits the page that would explain a sexual yoga practice mentioned in the root text, and have found oddly coincidental missing portions of the text in the published edition of the Śrīmālinīvijayottaratantra—typically in the middle of discussion of sexual yoga rites. Similarly we find that in the 'living' Nepali Tantric tradition, most of the sexual and transgressive practices referred to in the older texts have been reinterpreted in strictly symbolic fashion, or have been left out altogether in more modern recensions of the text. A good example of this trend can be seen in the public Candamahāroṣaṇa worship in Nepal. The original Sanskrit Tantra contains in Chapter 6 a detailed and explicit section on sexual yoga practices that reads quite like a passage out of a Kāma Śāstra text, complete with a variety of names and descriptions of ratibandhas or styles of sexual coitus (See Chapter 9.3.1. of this dissertation for a discussion of this text). It is not at all clear though that such sexual yogas are still practiced in Nepal.

So it may be the case that from the relatively quiescent state of the Sanskrit Buddhist Tantras--many of the texts have in fact simply lain in libraries for centuries--we may be able to gain a sharper picture of the character of Buddhist Tantric practice in India, in the Sanskrit culture, at the close of the first millennium, prior to the onslaught of the Persian invasions, and the wholesale destruction of the Buddhist universities in northern India. We have the chance, as it were, to see the texts shorn of any later interpretive schemas or explanations that might tend to soften or diminish what may have been perceived as objectionable aspects of the tradition. There are some limits though. For the translations from the catalogue extracts, I have not yet

secured copies of these manuscripts, deciphered the scripts, and had a chance to go through the actual texts to gain a more comprehensive picture. What I am working from here-except for the supplemental material from extant English translations of Buddhist Sanskrit Tantras--are Tables of Contents, opening folios, closing folios and colophons, and occasional long extracts from certain portions of the texts that the cataloguers found interesting. Nor, as I mentioned above, and given the scope of this material, have I had the opportunity to fully survey all catalogue listings of Buddhist Tantric Sanskrit manuscripts.

# 4.1. English Translations of Sanskrit Buddhist Tantras

A few of the Buddhist Sanskrit Tantras have been translated into English, though the bulk of them remain in their original Sanskrit or in Tibetan translation from the early centuries of the second millennium CE. The Central Institute of Higher Tibetan Studies in Sarnath, India, under the directorship of Samdhong Rinpoche has in recent years been publishing Sanskrit editions of Buddhist Tantric texts as part of its series of the *Durlabha Bauddha Granthamālā*, i.e. its Rare Buddhist Texts Series of the Rare Buddhist Texts Research Project. Among these texts are the three volumes of the *Kālacakratantra* and *Vīmalaprabhā* that I have used for this dissertation (Vols. 12 and 13 of this series, and vol. 11 of the *Biblioteca Indo-Tibetica Series*)—I will discuss the *Kālacakra* translation work in Chapter 10 of this dissertation. Other texts in these series that are as yet untranslated are the *Jñānodaya Tantram* of the *Yoga Tantra* class, a text apparently not translated into Tibetan yet surviving in Sanskrit; it is a very short text of only 14 pages in the Sarnath edition.

Another such text is the *Dākinījāla-saṃvara-rahasyam* by Anaṅgayogī, also a short Yoga Tantra of only 11 pages in the Sarnath edition. A slightly longer text is the Mahāmāya Tantra restored to Sanskrit from the Tibetan translation with Ratnākaraśānti's Guṇavatī commentary (Rare Buddhist Texts Series vol. 10). This is still a fairly short text of 73 verses total, covering 55 relatively smallish pages in the Sarnath edition including the commentary and the sādhanas.

As mentioned in Chapter 1, David Snellgrove provided the first English translation of a Buddhist Tantra with the Hevaira Tantra in 1959 (though he worked principally from the Tibetan in comparison with the Sanskrit), followed in 1971 by an unpublished Ph.D. dissertation on the Guhyasamaja Tantra by Francesca Fremantle, who also provided the Sanskrit and Tibetan texts with an English translation. This was followed in 1974 with Christopher George's edition and translation of the first eight chapters of the Candamahāroşaņa Tantra, the same year that Shinichi Tsuda published his edition and translation of selected chapters of the Sambarodaya Tantra. In 1976 Stablein completed his dissertation on the Mahākāla Tantra at Columbia with a Sanskrit edition and English translation of eight of the fifty chapters of this text, 11 followed in 1977 by Alex Wayman's study of the Guhyasamājatantra that included however only translations of what he referred to as the 40 Nidāna-kārikās and a portion of the Pradipodyotana. Tadeusz Skorupski provided complete Sanskrit and Tibetan editions of the Sarvadurgati-parisodhana Tantra with an English translation in 1983. Two recent Ph.D.'s on Chapter 1 and Chapter 2 of the Kālacakatantra and Vimalaprabhā have been completed by Newman (1986) and Wallace (1995),

respectively, and Wallace has recently completed an as yet unpublished translation of the text and commentary of Chapter 4 (see Chapter 10 of this dissertation for a discussion of *Kālacakra* scholarship). Although there has been considerable work done in terms of translating Tibetan commentaries on the Tantras, and thereby including some portions from the original texts, there is little else that has been done so far--that I am aware of--in terms of direct translations into English from the Sanskrit versions of the Tantras.

## 4.2. Canonical Classifications of Buddhist Tantras

A large body of Buddhist Sanskrit Tantras was translated into Tibetan around the turn of the first millennium CE. The basic classification system of these Buddhist Tantras as maintained in the Tibetan tradition is into the Kriyā, Carya, Yoga, and Anuttarayoga tantras, and their division into "father" and "mother" Tantra groups. 12 We find in the text of the Kālacakra Tantra that the first and third of these were also referred to as the Loka-Tantra (Kriyā-Tantra) and Lokottara-Tantra (Yoga-Tantra), with the Kālacakra said to transcend both of these and be called the Tantrottara or Tantra-rāja. 13 Among the Anuttarayoga texts are the Guhyasamāja, Cakrasamvara, Hevajra, and Kālacakra--these four being perhaps the most well known of the group. Tsukamoto et al., in the volume on 'The Buddhist Tantra' in their Descriptive Bibliography of the Sanskrit Buddhist Literature give a very helpful layout of how the Buddhist Tantric Texts fall into this classificatory system. The Kriyā class includes the Dhāranī collections, 14 and the texts of the Tathāgata-, 15 Padma-, 16 Vajra-, 17 and Maṇi-kulas, 18 and some miscellaneous texts. 19 These Japanese authors class both the

Mañjuśrī-mūlakalpa and the Siddhaikavīra-mahātantra in the Tathāgatakula Kriyā

Tantra group.<sup>20</sup> Among the Padmakula Kriyātantras they class the Kāranḍavyūha

nāma Mahāyānasūtraratnarāja.<sup>21</sup> Among the Vajrakula Kriyātantras they include the

Bhūṭadāmara-mahātantra-rāja.<sup>22</sup>

The Carvā-tantra group includes only the Vairocana-abhisambodhi.23 The Yoga-tantra group consists of 28 texts, including the Tattvasamgraha, the Nāmasamgīti, and the Sarvadurgatipariśodhana-tantra.24 The Anuttarayogatantra class they divide into five groups. Group 1, the Upāya-/Mahāyoga-tantra includes the Guhvasamāja and Pancakrama in the Aksobhya-kula and the Māyājāla and Kṛṣṇa-Yamāri in the Vairocana-kula.25 Group 2, the Prajñā-/Yoginī-tantra includes in the Heruka-kula the Cakrasamvara, the Abhidhanottara, the Vajradaka and the Dākārņava, the Samvarodaya, the Samputodbhava, the Hevajra, the Buddhakapāla, and the Mahāmāyā. The Vairocana-kula of this group includes the Catuhpītha and the Candamahāroşana. The Vajra-sūrya-kula consists of the Vajrāmrtatantra. The Padmanarteśvara-kula includes only the Śrībhagavatyārya-tārāyāḥ Kurukullā-kalpa. The Paramāśva-kula includes the Mahākāla-tantra. In the Vajradhara-kula is something called the Khasamā nāma Tantra commentary, with a few other texts, including a Śricaturvimśatipithatantra in the general group. 26 In the Yuganaddha-/Prajñā-Upāya-Advaya-Tantra class we find the Kālacakratantra, including the Vimalaprabhā, the 4 Sekoddeśa texts, the Şadangayoga-tippanī Gunabharanī by Raviśrījñāna-pāda, Puņdarīka's Paramārthasevā nāma Şaddarśana-avagracirā-tat[t]vaavalokana-sevā, Abhayākaragupta's Kālacakra-avatāra, and several other texts.27

Another often-cited Buddhist Tantric classification system is that of the Neither Father nor Mother Tantras, the Mother Tantras, and the Father Tantras. The Neither Father nor Mother Tantras (not admitted by Tsong-kha pa), include the Nāmasamgīti and the Kālacakra. The Mother Tantras are divided into seven kulas (groups, clans or families): 1) Śākyamuni's group, the Sarva-buddha-samāyoga, 2) Heruka-Aksobhya's clan, the Samvara, Hevajra, Buddhakapāla, Mahāmāya, and Ārali, 3) Vairocana's family, the Catuhpītha and Candamahāroşana, 4) Ratnasambhava's group, the Vajāmrta, Padmanarteśvara, Lokanātha, and Tārā-Kurukullā, 5) Paramāśva-Amoghasiddhi's group, the Namas Tāre Ekavimśati, Vajrakīlaya, and Mahākāla, and 5) Vajradhara's group, the Yathālabdhakhasama. The Father Tantras are divided into seven kulas, 1) Aksobhya's Guhyasamāja and Vajrapāņi, 2) Vairocana's (Kṛṣṇa)-Yamāri, 3) The Ratna-kula (with no texts in the Tibetan canon), 4) The Padma-kula of the Bhagavad-ekajata, 5) The Karma-kula (with not texts in the Tibetan canon), and 6) Vajradhara's clan, with the Candra-guhya-tilaka.<sup>28</sup> 4.3. Dating the Sanskrit Texts of the Buddhist Tantras (4.3.1. Abhayākaragupta's Vajrāvalī as a Dating Marker, 4.3.2. The Tantric Siddhas, 4.3.3. Some Notes on the Relative Dating of Buddhist Tantras)

Dating the Buddhist Tantras is difficult, particularly since, as we discussed in Chapter 3, many of them may have been circulating in popular Tantric cults prior to being accepted into the Buddhist canon. I have already described above how I have used a combination of the Tibetan canonical citations of authors and translators in combination with Naudou's and other scholars' historical research on the dates of the

transmitters of the Buddhist Canon into Tibet to attempt to establish dates for the commentaries and translations of the Sanskrit Buddhist Tantric material. We also have other helpful information, including Abhayākaragupta's citations, and some relative dating we can begin to discuss based just on the texts themselves.

## 4.3.1. Abhayākaragupta's Vajrāvalī as a Dating Marker

The earliest canonical 'digest' of Buddhist Sanskrit Tantras that appears to have survived (it may be the earliest that was written) is the Vajrāvalī nāma mandalopāyikā ('the Method of the Mandalas known as the Row (or Chain) of Vajras') by Abhayākaragupta, late 11th to early 12th century. As Chandra summarizes, "The Vajrāvali is a practical guide to all the preliminary rites preceding initiation into the mandala from the very laying of the foundations of a monastery where the mandala is to be drawn."29 In this sense it is not as comprehensive a text as Abhinavagupta's, since the Tantrāloka covers all aspects of the Saivite Tantric theories and practices. Abayākaragupta was "a prolific writer on Tantric dogmatics, liturgy and the mandalas," and we have twenty four of his works translated in the Tibetan canon. He teamed up with Tshul-khrims rgyal-mtshan to translate the bulk of the sādhanas from the Sādhanamālā into Tibetan, and he is often listed in the colophons of the Tibetan translations simply as Abhaya. 30 He served as abbot of the Buddhist University Vikramaśīla [in Bodhgaya] during the reign of the Pāla king Rāmapāla (1084-1130 CE),<sup>31</sup> and also served for a while as abbot of Mahābodhi Monastery, and of Nālandā.<sup>32</sup> In a long extract Śāstrī provides from the Vajrāvalī,<sup>33</sup> Abhavākaragupta gives us the sources for his work: 1) Nāgabuddhipāda, 2)

Niṣpannayogāvalī (Abhayākaragupta's own work), 3) Sampuṭatantra, 4)

Ānanadagarbha, 5) Pākinīvajrapañjara, 6) Vimalaprabhā, 7) Vajraḍākatantra, 8)

Mañju-vajra-manḍalaṭippanī, 9) Tantrasamgraha, 10) Bhūtaḍāmara, 11) Kālacakra,
12) Trailokyavijayatantra, 13) Abhidhānottaratantra, 14) Vajrāmṛtatantra, 15)

Āmnāyamañjarī,--Abhayākaragupta himself helped translate the Āmnayātantra into
Tibetan 16) Buddhakapāla-sambara-hevajra, 17) Yoginī-sañcāra-tantra, 18) Śrī[guhya]-samāja, 19) Padmasupratiṣṭhita tantra. The authorities cited by
Abhayākaragupta also include the following texts: 20) Sārdhatriśatikā, 25)
Vajraśekharatantra, 26) Subāhu-paripṛcchā, 28) Siddhaikavīratantra, the 29) Hevajra,
and 30) Samvarodayābhisamayopāyikā.

I have examined a number of the texts cited by *Abhayākaragupta* in the following discussion of surviving Buddhist Sanskrit tantras. Not all of the texts Abhayākaragupta cites survive in Tibetan translation. While we might attribute this to selectivity on the part of the Tibetan translators, it is equally possible, given the sort of rampant destruction that Chos-rje-dpal described in the thirteenth century (see Chapter 3.6 of this dissertation) that texts Abhayākara used were destroyed by invading Muslims before they could be translated. One of *Abhayākaragupta*'s many works is the *Kālacakrāvatāra*, dated 1125 CE. Another is a commentary on the *Buddhakapālatantra*. This text cites as authorities, in addition to the *Rājavajrāvali*, the *Vajrašekharatantra*, the *Yoginītantra*, the *Hevajra*, the *Śrīsampuṭatantra*, and the *Siddhaikavīratantra* Abhayākaragupta apparently also wrote a commentary on the

that he has discussed a particular *nidānavākya* in detail in the Śrīsampuṭaṭīkā.<sup>36</sup>
Although there is no proof for this, it seems a reasonable possiblity that the *Qāka*(Vajra-dāka-tantra) and the *Qākinī* (*Qākinī-vajra-pañjara*) texts mentioned by
Abhayākaragupta as his sources for the Vajrāvalī may be the texts, or derivative evolutions of the texts, referred to by *Dharmakīrti* as the *Qākinī-tantras*. We should also note here that Abhayākaragupta's text Vajrāvalī ("The Vajra Lineage") was preceded by a Śaivite text entitled Śrīmad-Vīrāvalī-kula ("The Clan of the Hero Lineage") cited by *Abhinavagupta* in *Tantrālokah* 6.74a.<sup>37</sup>

While we do not yet have a ful! Sanskrit edition of the Vajrāvalī nāma Mandalaupayikā, 38 we have several extracts from the manuscript in Shāstri's RASB Catalogue. The text opens as follows: "Homage to Śrī Vajrasattva. I praise the glorious lord of the clan, the feet of the most memorable enemy of the māras and death; the fierce one runs after [the māras] in [all] the directions; may the vajrawomen sing of the mountain of happiness. Bearing by the glorious vajra the elements, with the world, in the majestic great mandala, may this Vajrāvalī assemble here the unimpedable with the greatness of fearlessness. May this [Vajrāvalī] that maintains the vajra outside of the home be held in the heart by the vajra lineages; it upholds the light in the form of the glorious vajra holder, banishing the final darkness."

We know from the inclusion of the texts cited as sources in Abhayākaragupta's early 12th century work that they all predated Abhaya. That however does not tell us a great deal about their earlier history. It is in order to clarify some of this earlier

history that I have attempted, with mixed results, to determine when the major Anuttarayoga Tantras were translated into Tibetan, and when the major commentaries on these texts were written. While the resultant tentative dates I will give here do not resolve the issue of dates of origin for these texts, they do at least give us some indication of when the texts were in fact in the canon, and when interest in them had risen to the point that they were deemed worthy of commentaries. Although we can only speculate, I think we should not necessarily presume that the date of a commentary indicates that the text was in the canon for any particular amount of time prior to the commentary, as with the commonplace Indological assumption of a century or more. Given that many of these texts were apparently either accepted into the canon from the more popular tradition, or may have been canonical rewrites of popular circulating texts, it does not seem to me at all unreasonable that commentaries may have been written at the same time that the texts were taken into the canon. After all, given the potentially explosive nature of the contents of some of these texts in terms of their racy sexual contents and promotion of sensual indulgences and magical practices, one might deduce that commentaries were absolutely necessary before the texts could be 'canon-ized.'40

I have attempted in the following discussions of the Buddhist Sanskrit Tantric texts to put them in something of a chronological order according to dates derived from the appearance of the first commentaries on these texts. As I mentioned above, this dating information is incomplete since the dates from Naudou are incomplete. I have found so far no other source that provides dates for these early translations,

though I suspect there may be more information on dating in the Tibetan scholarship (both by Tibetans and Western scholars) than I am aware of. One cannot date texts solely based on the time of their commentaries, since commentaries often appear many centuries after the original text is written--though as mentioned just above, this may not be the case for all the Buddhist Tantric commentaries. However, I am not really suggesting here that we can reliably date the original Tantras based on the dates of their translations or commentaries. Rather, since it appears that most of the surviving Buddhist Tantric commentaries were written within a relatively short period of time--from the 8th-11th centuries, my point is that this tends to support indications discussed in Chapter 3 of this dissertation that there was a general trend of incorporating these Tantras into the Buddhist Canon from the 8th century onwards, and the simultaneous writing of commentaries on the original Tantric texts by Buddhist scholar-practitioners. I would note here that I have no particular ideological or partisan axe to grind as to when the Buddhist Tantras did or did not originally appear; I am simply working within modern methodologies from what appears to be reliable historical evidence, based on what I have found so far in my research and the work of other scholars. The dates I have found are certainly subject to revision pending the uncovering of further evidence. From what I have found so far, the earliest datable commentaries surviving on any of the Buddhist Tantras appear to be the few texts attributed to Padmasambhava--a difficult figure to pin down historically, though probably from 8th century, and to Indrabhuti, another historically elusive character who appears to have lived in the 8th or 9th century. The bulk of the other

commentarial material on and translations of Buddhist Tantric texts surviving in the Tibetan canon appears to date from the 9th-11th centuries.

### 4.3.2. The Tantric Siddhas

Several of the famed Tantric Siddhas or adepts are credited in the Tibetan catalogues with authorship or translations of Buddhist Tantric texts. Sānkṛtyāyana gives us a geneaology of the Siddhas from Saraha to Naropa, taken from the Sa-skya Bka'-bum: "Saraha, (Nāgārjuna), (Śabarapa), Luīpa, Dārikāpa, (Vajra-ghaṇṭāpā), Kūrmapā, Jālandharapā, (Kaṇha(pā) Caryapā), Guhyapā, (Vijayapā), Telopā, Nāropā." The name Śabarapa has an interesting resonance with Dharmakīrti's remark that even the Śabaras were making up their own mantras in the early 7th century (see Chapter 3.1.3 of this dissertation), though this resonance tells us nothing about Sabarapa's date. Luipa was according to the Sa-skya Bka'-bum a scribe to the emperor Dharmapāla (769-809ce). The same source places Bhusukupa, Ghaṇṭapa, and Gorakṣapa in Devapāla's reign (809-849). Naropa is placed during the reign of Mahīpāla (974-1026), along with Śāntipa. Dowman, who has translated the tales of the Mahāsiddhas, considers that with the exception of Indrabhūti they all lived in India "within the Pāla and Sena period (AD 750-1200)." Their stories were recorded by Abhayadatta Śrī who may possibly be the same as Abhyākaragupta.

## 4.3.3. Some Notes on the Relative Dating of Buddhist Tantras

Over the long haul I think it will become possible to establish a relative dating of most of the Tantras--Saivite, Buddhist, and others--by comparing the treatment of the different subjects we tend to find in Tantric texts, comparing the styles of writing,

the sets of deities, the details of the practices, etc. The general principle for relative dating could be that as texts become progressively more complex, and contain progressively more detail, we might assume that they are later, though this is by no means necessarily a reliable assumption. While my own research is a long way from having definitive information on relative dates of the texts, I have noticed a few pointers worth mentioning that I think may lead us in the direction of relative dating. We find the same opening line with only slight variations in the Guhyasamāja, Hevajra, Candamahāroşaņa, Samvarodaya, and Sampuţikātantrarāja: "Thus I have heard: at one time the Bhagavan resided in the vulvas of the women who are the vajras of the body, speech and mind of all the Tathagatas" (evam mayā śrutam ekasmin samaye bhagavān sarvva-tathāgata-kāya-vāk-citta-vajra-yoşid-bhāgeşu vijahāra|). This is however not the opening line in any of the other Tantras discussed in this chapter (the Abhidhānottara is unclear). All of these texts open with a prose passage as well, while the Kālacakratantra opens and is written only in verse. In the Guhyasamāja many bodhisattva mahāsttvas<sup>46</sup> accompany the Buddha Bhagavān, who enters a samādhi, then speaks. In Hevajra Vajragarbha responds after Bhagavān speaks, without a smile. In the Samvarodaya a few bodhisattvas are named, Bhagavān smiles upon seeing Vajrapāņi among them, and Vajrapāņi then rises, puts his garment over his right shoulder, kneels on his right knee, bows and asks for instruction. In the Sampuțikātantra Bhagavan smiles upon seeing Vajragarbha among the host of 80,000, then Vajragarbha rises, puts his garment over his right shoulder, kneels on his right knee, bows, and asks for instruction, exactly as

Vajapāṇi does in Saṃvarodaya. This same opening pattern appears in the 22nd chapter of the Mañjuśrīmūlakalpa. While I don't really know what to make of these differences and similarities just now, there certainly appears to be a textual typology that suggests the possibility of historical, geographical, or cultic genres of Tantras that may or may not match up with the canonical classification schemas. The notion comes to mind that there was a certain style of beginning a Tantra that may have been either particular to a certain time, or to a certain geography or group of traditions. What's notable is that there are such styles, that the styles are consistent in a small group of texts, and that the styles apparently changed over time, over distance, or among groups.

There appears to have been a developmental trend in the amount of alchemical information in the Tantras. As we will see below (4.4.1), the Āryamañjuśrīmūlakalpa has a not overly long chapter on making gold. The Guhyasamājatantra has only a very short section on medicinal/alchemical material—indeed the material corresponds more nearly to Atharvaveda-style mantras for healing and magical purposes. We find Āyurveda and Rasāyana mentioned in Section 7 of Sampuţikā Tantra. In the Kālacakra the Āyurveda and Rasāyana material is very detailed and extensive. A similar developmental trend might be noticed in the description of sexual rites, though as with the alchemical material this could equally well be explained as a difference in local or regional emphasis, rather than necessarily a difference in temporal evolution. The description of the sexual rites in the Guhyasamāja is rather subdued. In Chapter 4, the Chapter on the manţala of the secret body, speech, and thought (guhya-kāya-

vāk-citta-maṇḍala-paṭala), Vajradhara explains the delightful thought maṇḍala of all the tathāgatas.<sup>47</sup> The wise man<sup>48</sup> is to lay this out with a thread.<sup>49</sup> After he has clearly understood the ultimate mind maṇḍala, he should carefully make worship with offerings of his body, speech, and thought, then coming together with a sixteen year young lady, whose beauty is truly radiant, he should adorn her with perfumes and flowers,<sup>50</sup> and then make love to her in the middle of the maṇḍala.<sup>51</sup> Though meditative aspects are added, consecrating her as Māmakī Prajāā, offering feces, urine, semen and blood to the deities, etc., no further description of the sexual rites is given.<sup>52</sup> As discussed in Chapter 9 of this dissertation, the sexual yoga rites are much more explicitly detailed in the Caṇḍamahāroṣaṇa and Kālacakra.

Another topic worth exploring for relative dating and geographic identification is the mention of particular deities in the Tantras. As Pingree has remarked with regard to the Indian astronomical tradition (see Chapter 8.2.1. of this dissertation), the Indian thinkers have a predilection for keeping whatever they can from the past, and integrating new material with earlier systems. This preference for continuity of ideas, symbols, and names in the Sanskrit tradition may help us determine relative, if not absolute dates in the evolution of the Tantric tradition. In Kālacakratantra 5.91 we find the names Dākinī and Viśvamātā added to the standard set of four deities Locanā, Māmakī, Pāndarā, and Tārā (or Tārinī). We do not find the first two of these six goddesses in the Guhyasamājatantra. In the Kālacakra the tendency is to map Buddhas and goddesses into earth, air, fire, water, space, and the void, whereas at Guhyasamāja 17.51 we have a mapping of Locanā to earth, Māmakī to water,

Pāṇḍarā to fire and Tārā to air, with Vajradhara mapped to space, and no deity mapped to the void. In the *Hevajra* I.i.31 these four are joined only by *Cānḍālī*, 53 In another list at *Hevajra* II.iv.65 we have "all those goddesses, led by Nairātmyā, with Locanā, Māmakī, Pāṇḍarā and Tārā, Bhṛkuṭī, Cundā, Parṇaśavarī, Ahomukhā and the rest, as numerous as the atoms in Mount Meru..., 54 again with no mention of *Viśvamātā* or *Qākinī*. It is difficult to tell too much about the relationship of the texts to each other at this stage. I merely wish to point out that by beginning to compare the contents, style, and level of detail on different subjects in the various Tantras, we eventually should be able to determine either relative dating, or the relative interests of the different cults in particular subjects. The more obvious relative dating, i.e. when one Tantra quotes another, I have discussed for the *Kālacakra* in Chapter 10 of this dissertation.

# 4.4. The Two 'Earliest' Buddhist Tantras (4.4.1. The Āryamañjuśrīmūlakalpa, 4.4.2. The Guhyasamājatantra)

There is a general consensus among scholars of the Buddhist Tantras that the two earliest texts of the tradition are the  $\bar{A}$ ryamañjuśr $\bar{t}$ m $\bar{u}$ lakalpa (AMMK) and the Guhyasamājatantra (GST) However, as we have seen in Chapter 3.1.3. there were  $\bar{D}$ akin $\bar{t}$  and Bhagin $\bar{t}$  Tantras circulating in Dharmak $\bar{t}$ rti's time that shared much of their contents with Hindu Tantras of the same period. So it may be that the AMMK and GST are simply the oldest surviving written texts that we have.

## 4.4.1. The Āryamañjuśrīmūlakalpa

Scholars generally designate the Āryamañjuśrīmūlakalpa (AMMK) as the first or earliest Buddhist Tantra. Both Bhattacharyya and Wayman considered that the

MMK preceded the *Guhyasamāja*, though as we have seen in Chapter 3.0.2. their dating methods are not reliable. It was edited from a single incomplete manuscript by Mahāmahopadhyāya T. Gaṇapati Śāstrī in the *Trivandrum Sanskrit Series*, in an edition that has been repeatedly criticized by subsequent scholars who have attempted to use his edition. The 3-400 year old manuscript he worked from was collected in 1909 from the Manalikkara Mathom near Padmanabhapuram. The main problem with the text is the ungrammatical Sanskrit, and this was one of the texts studied by Edgerton in preparing his work on Buddhist Hybrid Sanskrit. Gaṇapati Śāstrī prepared his readers with the following remark: "As the non-observance of the rules of Vyākaraṇa [grammar] in regard to the gender, number and case, found throughout this work is becoming its sacred character, and as no second manuscript has been obtained, the text in this edition is adopted exactly as it is found in the original manuscript."

It is difficult to get a sense of the date of *Mañjuśrīmūlakalpa* without reading it, and it is a rather long text that has not been translated from the Sanskrit. The only published translation of any portion of the text I have found is K.P. Jayaswal's edition and translation of the 53rd chapter. Dr. Jayaswal took the trouble to re-edit Gaṇapati's Sanskrit with the aid of the Tibetan translation that was made in 1060 CE by Kumārakalāśa and Śākya-blo-gros The Chapter is an Imperial History of India beginning in 78 CE and ending at the beginning of the Pāla dynasties. Accordingly, Jayaswal assigns the text the reasonable date of c. 770-800 CE, a date that corresponds well with the evidence gathered in Chapter 3 of this dissertation. 58

Although one could assert that this 53rd chapter is a later addition, and then try to push the date of the written text back earlier, I consider that without having a full translation of the text so that we can compare it with the other Tantras, providing definitive evidence of citations from it in reliably dated earlier literature, or using other historically testable methods, we should tentatively settle on a late 8th century date for this text pending further research.

The full name of the Mañjuśrīmūlakalpa, as found in every chapter colophon of the Sanskrit edition, is Bodhisattva-piţaka-avatamsakā Mahāyāna-vaipulya-sūtrā Ārya-mañjuśrīya-mūla-kalpā, 59 i.e. the Ornament of the Bodhisattva 'Basket', the Mahāyāna Vaipulya [extensive] Sūtra, the Basic Mantra Manual of the Glorious Mañjuśrī. (I have translated the colophons to the fifty-five chapters into English and placed the complete Sanskrit and English in this endnote. 60) So we see that--provided our Sanskrit text has not been consistently altered, the original Sanskrit of the work was considered a Vaipulya-sūtra, not a Tantra, and that by the time it was translated into Tibetan it had come to be classed as a Tantra. In fact the term 'Tantra' is only in one chapter colophon (Chapter 38), as part of a list of ritual practices.<sup>61</sup> chapter opens "Homage to all the Buddhas and Bodhisattvas. Thus have I heard. At one time, at the top of the Pure Abode located in the vault of heaven, the Bhagavan relaxed in the scope of the meeting-sphere wherein were distributed an incomprehensible, miraculous, wonderful [number] of Bodhisattvas."62 The first two chapters lay out the attendant deities, bodhisattvas, etc. in the mandala, a very long list reminiscent of the beginning of many Mahāyāna sūtras, and unlike most of the

texts calling themselves Tantras. The chapters are composed of both verse and prose, with the prose sections typically beginning the chapters (some are exclusively prose).

It is evident from the first seven chapters of the text that there is a great deal of mandalic ritual procedures described (1. Sannipata (the Assembly), 2. [giving] instruction on the rules about the mandala (mandala-vidhi-nirdeśa), 3. procedures with the mandala (mandala-vidhāna), 4. ritual procedures (vidhāna), 5. ritual procedures (vidhāna), 6. ritual procedures for the younger brother (kanyasa-paţavidhānah), 7. (no name)). Chapters 8-10 introduce the highest practice, method, and action and the highest ritual procedure (uttama-sādhana-upayika-karma, and uttamapaţa-vidhāna), suggesting an early version of the notion of anuttarayoga that defines the class of the most advanced Buddhist Sanskrit Tantras. Chapter 11 suggests an elaborate ritual process, with the title of "the fourth long chapter on all the actions, rules, and procedures, i.e. the practice, method, action, position, mantra-recitation, disciplinary rules, offering, meditation, ethical behavior" (sādhana-upayika-karmasthāna-japa-niyama-homa-dhyāna-śaucācāra-sarva-karma-vidhi-sādhana). Chapters 12-16 include further ritual rules including those for akşa-sūtras, i.e. the 'rosary' beads used for mantra-recitation, and a chapter on songs. Chapters 17-19, 21, and 24 are on the rules for using astronomy in the ritual, with chapter 18 on the causes of suffering, and chapters 22-23 on learning to understand the sounds of animals. Chapters 25-33 introduce the rites for making, painting, and using the ritual image of the Single Indestructible Cakravartin Mañjuśrī, with restrictions about the time and place of practice. Chapters 34-37 introduce the rules about the *mudrā*, and it is not

clear without translating the chapters (I have not had time to do this) whether this refers to hand postures or consorts, although Chapter 38 refers to "all the rules of action for the consort, for the mandalas, and for the Tantra. (mudrā-mandala-tantrasarva-karma-vidhi)." Chapters 39-40 give the rules for meditation in the context of the ultimate practice (uttama-sādhana), with Garuda showing up in the 41st chapter, and the 42nd devoted to all the ritual actions and practices. Chapters 43-46 introduce us to the sexual yoga practices; they deal with "the Mahāmudrā as the means to the ultimate practice with all activity" (sarva-karma-uttama-sādhana-upayikah mahāmudra-patala-visarah) and related Mahāmudrā practices. Chapter 47 is "The first complete long chapter for the one who will enter the most secret communion--the mandala of the four actual Tantric consorts" (bhagints, i.e. real women, literally 'women possessing vulvas') (catur-bhaginī-mandalam anupraveśa-samayaguhyatama); the use of the term samaya-guhyatama, the most secret communion or the most secret Tantric session or group or society, suggests a similarity with the title of the Anuttarayogatantra the Guhyasamāja, particularly since samāja and samaya appear to be Sanskrit and Prakrit versions of the same word. Chapter 48 is "The complete long chapter on the four young women, [and] the subrule about entering the mandala as the method of practice" (dvitīya-sādhana-upayika-mandala-praveśaanuvidhiś catuh-kumārya-patala-visarah). Chapter 49 is entitled "The chapter on all the activities with the consorts, the herbs, the *Tantras*, and the *mantras*, and the restrictions about recitation, and all the means that constitute the method with the four young women." (catuh-kumārya-upayika-sarva-sādhana-japa-niyama-mudrā-oṣadhitantra-mantra-sarva-karma). Chapters 50-52 are rites for conjuring up the fierce deity Yamāntaka; 53 is the imperial history chapter discussed above, Chapter 54 is on praise and blame, and Chapter 55 is an alchemical chapter on the preparation of gold. From chapters 43-49 we have to conclude that we do indeed have a Tantric text in the Mañjuśrīmūlakalpa, though I cannot say much more here without actually reading the chapters in question, and as one can see from the pagination noted in the endnote cited above, together these chapters total a significant amount of Sanskrit so translating them will take some time. As with chapter 55 of this text, we also find alchemical practices in the fifth chapter of the Kālacakratantra (see Chapter 7.7 of this dissertation).

There are 89 texts in the Tibetan canon whose names begin with Mañjuśrt.<sup>63</sup>
Among these are the Mañjuśrt-guhya-tantra-manḍala-vidhi (2667), i.e. 'The Maṇḍala rite for Mañjuśrī's Secret Tantra,' the Mañjuśrt-guhya-tantra-sādhana-sarva-karma-nidhi-nāma-tīkā (2666), i.e. 'The Commentary called The Treasury of All the Actions in the Secret Tantric Practice of Mañjuśrī,' and the forty-one texts of the Mañjuśrtnāmasamgīti cycle--<sup>64</sup> including, interestingly enough, a text called the Mañjuśrtnāmasamgīti-tīkā-vimalaprabhā (1398)--i.e. the 'Stainless Light Commentary on the Song of the Names of Mañjuśrī,' the latter portion being the same name used by Puṇḍarīka for his commentary on the Kālacakratantra, a commentary that quotes the Ārya-Mañjuśrī-Nāmasaṃgīti repeatedly in the fifth chapter. There are also the Mañjuśrī-karma-catuś-cakra-guhya (838)--i.e. 'The Secret of the Four Cakras of the Mañjuśrī Cycle,' and the Mañjuśrī-kumāra-bhūta-aṣṭaka-uutara-śataka-nāma-dhāraṇī-

mantra-sahita (639, 879)--i.e. the 'Collection of Mantras Constituting the Dhāraṇī called the One hundred and eight names of Mañjuśrī Kumārabhūta.' One curiousity is the text entitled the Mañjuśrī-vajra-bhairava-nāma-stuti, i.e. the Hymn to the Vajra-Bhairava version of Mañjuśrī (Tohoku 2012--one folio), said to have been written by Las-kyi rgyal-po. Bhairava is of course the fierce form of Śiva, who becomes absorbed also into the Buddhist Tantric tradition (we do not have clear information on when or where or from what tradition the 'Bhairava' first appeared). The original text is listed simply as the Ārya-mañjuśrī-tantra (hphags-pa hjam-dpal-gyi rtsa-bahi rgyud) (Tohoku 543--245 folios), said to have been translated by Kumārakalaśa and Śākya blo-gros. 66

### 4.4.2. The Guhyasamājatantra

The earliest extant Buddhist Tantra that calls itself a Tantra is, by common consent, the *Guhyasamāja*, The Tantra of the secret conclave, or the Tantra of the esoteric communion. This text was first published in 1931 by Bhattacharyya as *Guhyasamājatantra or Tathāgataguhyaka*, vol. 53 of the Gaekwad's Oriental Series from Baroda. Francesca Fremantle subsequently produced a new edition of the Sanskrit, collated with the Tibetan, and an English translation of the first seventeen chapters as *A Critical Study of the Guhyasamāja Tantra*, her Ph.D. thesis from the University of London. The principal Sanskrit commentary, the *Pradīpodyotana* by *Candrakīrti* has since been published by the Kashi Prasad Jayaswal Research Institute in Patna. According to a list given by Śāstrī in Bengali, and converted to our alphabet by Bhattacharyya, there are no less than 16 Sanskrit commentaries surviving

in Tibetan translation, plus some 30 other lost Sanskrit commentaries.<sup>71</sup> In their introduction to the critical edition of *Nāgārjuna*'s *Pañcakrama*, Mimaki and Tomabechi also refer to a new critical edition of the *Guhyasamāja* edited by Y. Matsunaga.<sup>72</sup> I have not yet been able to examine this work.

Fremantle's Sanskrit edition is based on Bhattacharyya's, and mss. from the British Museum, Bibliothèque Nationale, and Cambridge University. Bhattacharyya's edition was based on mss. from the Cambridge University library, the Baroda Oriental Institute, the Bombay Branch Royal Asiatic Society, and the Asiatic Society of Bengal. The latter is ms. 8070, no. 64 in Sastrī's catalogue, where he writes that the original portion of the manuscript, up to folio 46, "was written in beautiful Newari of the 11th century."73 The Cambridge mss. are Add. 901, 1365, and 1617 in Bendall's catalogue.<sup>74</sup> Unnoticed by either Bhattacharyya or Fremantle,<sup>75</sup> or by Wayman<sup>76</sup> is a catalogue listing by Śāstrī of a manuscipt (ms. 10765, no. 18), apparently entitled Tathāgataguhyaka, "a very large work of the Vaipulya class, hitherto unknown."77 A fragmentary paper ms. in 17th century Newari script, it originally totalled 11 chapters. Sastri gives the surviving colophons from the third, fourth, fifth, sixth, seventh, ninth, tenth and eleventh chapters, and these suggest some prefiguring of later Tantric doctrines--particularly the reference to the "turning of the circle of heros" (Śūra-valaya-parivartto-nāma navamah) in Chapter 9, a term that seems to prefigure the vīra-cakra term that comes to be used to refer to the group sexual rites in Tantric Yoga; 3) The third chapter on the secret of the Tathāgata's body; 4) The fourth chapter on the secret of speech; 5) The fifth chapter on the secret

of thinking; 6) The sixth chapter teaching about the transformation of the Tathāgata; 7) The seventh chapter on prophecy; 9) The ninth chapter called the circle of heros; 10) The tenth chapter on Ajātaśatru; 11) Thus the eleventh chapter, the section teaching about the transformation of the Tathagata's secret is completed. A postcolophon dates the work to the siddhaya kājula solar day, the tenth lunar day in the bright half of Caitra (April-May), in the year Samvat 224. Śāstrī adds "it is impossible to explain the early date." There are two Samvat eras: the Indian Samvat that begins in 57 CE--and would place this text at 281 CE<sup>79</sup>--I think an unlikely dating; or the Nepali Samvat that begins 880 CE and would place this manuscript at 1104 CE, a more reasonable date for the manuscript. While it is impossible to say without looking in detail at the contents of the manuscript how old it might be, the contents do give the impression that the text is a transitional Mahāyāna sūtra--proto-Tantra. Its self-classification as a Vaipulya-sūtra is in keeping with the same self-classification of the Aryamanjuśrimulakalpa. Śastrī gives a two page excerpt from the 4th chapter, where Vajrapāņi-Guhyakādhipati and Bodhisattva Śāntimati converse, and Vajrapāņi explains the characteristics of the Tathagata's speech, including sixty forms of vocalized speech (loving, pure, delighting the mind, etc.). The text most likely predates any Tantras, for a couple of reasons: the lack of mention of Tantras in listing the types of texts wherein the Tathagata's speech is displayed, and the lack of mention of dākas or dākinīs or yoginīs--characteristic deific beings in Buddhist Tantric texts--in a list of beings. "'And in addition, Śāntimati, the Tathāgata's speech displays all the elements in the ten directions, and delights the abode of all beings, yet the

same is not the case for the Tathagata himself; I am this sūtra, or song (geya), or prophecy (vyākaraņam), or gāthā, udāna, itivrtta, jātaka, vaipulya, adbhuta, dharmopadeśa, or logical examples (drstānta), or pūrvayoga, or avadāna, or ākhyāyika, or what should be explained (ādeśayeyam), or what should be taught (prajñāpayeyam), or what should be put aside (prasthāpayeyam), or what should be shared (vibhajeyam), or what should be revealed (vivrnuyeyam), or what should be promulgated (uttānīkuryyām), or what should be illuminated (samprakāśayeyam)." In listing the assemblies (parşat) gathered together with the Tathāgata, there is a bhikşuparşad, a bhikşunī, upāsaka, and upāsikā-parşad, and a parşad of devas, nāgas, yaksas, gandharvas, asuras, garudas, kinnaras, and mahoragas (great serpents). Śāstrī concludes: "Hence a conjecture is hazarded here that this Vaipulya work is the original Tathagata Guhyaka and that the first book of Guhya Samaja and sometimes the second also are called Tathagata Guhyaka only by an analogy."80 It may well be that the tradition of the Guhyasamājatantra grew out this earlier Vaipulya tradition of the Tathagataguhyaka, just as many of the Upanisads derive their names from the earlier schools of Brāhmaņas, Āraņyakas, and Vedic samhitās.81 A thorough study of this manuscript might shed some light on the historical origins of the Guhyasamājatantra. 82 Should Śāstrī's suggestion prove to be correct, this would tend to support Lokesh Candra's conclusions from his analysis of the Chinese Tantric texts that the Vaipulya class texts were the direct predecessors to the named Buddhist Tantras, a proposition supported (as mentioned above) by the colophon evidence of the Mañjuśrīmūlakalpa, a text that refers to itself as a Mahāyāna-vaipulya-sūtra.

While those hoping to demonstrate that the Buddhist *Tantras* 'came first' before the Hindu *Tantras* might cite the *Vaipulya* evidence as "proof," I think such an argument would be too facile. I think it demonstrates rather what one would reasonably expect: that as Tantric doctrines developed in India and were systematized by the different schools, it would have been natural for exponents of the different schools to fit the material into the pre-existing structure of their own canonical traditions.

There are 21 Guhyasamāja texts in Tibetan translation in the Tohoku catalogue. One of these, a Śrī-guhya-samāja-mandala-vidhi (Tohoku 1810--15 folios) is ascribed to the 8th or 9th century83 Nāgabodhi (Kluḥi byań-chub)--whose writings are referred to by the Kaśmīri Śaivite disciple of Vasugupta, Bhatta Kallata, himself dated to the mid-ninth century during Avantivarman's reign in Kaśmīr (855-883 CE) by Kalhana. 84 This is a reliable bit of dating that places the Guhyasamāja system no later than the 8th century. The Śrī-guhya-samāja- texts are: 1) tantra-nidāna-guruupadeśana-vyākhyāna (Tohoku 1910--8 folios) by Sgeg-pahi rdo-rje, 85 2) -tantrapañjikā (Tohoku 1847-163 folios) by Jina-? (Rgyal-bas byin), translated by Śāntibhadra (Shi-ba bzań-po) and Śes-rab ve-śes, 86 3) -tantra-rāja-ţīkā-candra-prabhā (Tohoku 1852--119 folios) by Pra-? -ākara/sambhava-varma/gupta (Rab-tu dgaḥ-baḥ hbyun-gnas go-cha), translator unknown, 87 4) -tantra-vivarana (Tohoku 1845--83 folios) by Thagana, translated by Śraddhākaravarma and Dharmaśrībhadra and Rinchen bzań-po, 5) -tantrasya tantra-tikā (Tohoku 1784--324 folios) by Klu-sgrub, translated by Mantrakalaśa and Gshon-nu bum-pa, 88 5) Śrīguhyasamāja-pañjikā (Tohoku 1917--80 folios) by the pre-mid-tenth century Anandagarbha (Kun-dgah sñin-

po), translated by Vijayaśrīdhara and Rin-chen bzań-po, and revised by Śraddhākaravarman, 89 6) -mañjuśrī-sādhana (Tohoku 1880--10 folios) by Vi-?-vajra (Rnam-par snan-mdsad rdo-rje), translated by Punyaśrī and Gyun-drun bod, 90 7) mandala-deva-kāya-stotra (Tohoku 1828--3 folios) by Mi-gnas rdo-rje, translated by Śraddhākaravarma and Rin-chen bzań-po, 91 8) -mandala-vimśati-vidhi (Tohoku 1810--14 folios) by Kluhi byang-chub, 92 9, 10, 11) -mandala-vidhi (Tohoku 1798--20 folios) by Nāgārjuna (Klu-sgrub), translated in the 11th century by Subhāşita and Rin-chen bzań-po. 93 (Tohoku 1810--15 folios) by (8th or 9th century) Nagabodhi (Kluhi byańchub)--whose writings are referred to by the Kaśmīri Śaivite disciple of Vasugupta, Bhatta Kallata, himself dated to the mid-ninth century during Avantivarman's reign in Kaśmīr (855-883 CE) by Kalhana<sup>95</sup>--translated by Tilakakalaśa and Pha-tshab Nyima grags, % (Tohoku 1865--18 folios) by Atīśa (Mar-me-mdsad bzań-po), translated in the 11th century by Padmākaravarma and Rin-chen bzan-po,97 12) -mandala-vidhi-ţīkā (Tchoku 1871--71 folios) by Vitapāda, translated by Kalamaguhya and Ye-śes rgyalmtshan, 98 13) -mandala-sādhana-tīkā (Tohoku 1873--40 foiios) by Vitapāda, translated by Kamalaguhya and Ye-ses rgyal-mtshan, 99 14) -mahā-yoga-tantra-balividhi (Tohoku 1824--2 folios) by Śāntadeva, translated by Śāntadeva and Ḥgos lo-tsaba, 100 15) -mahā-yoga-tantra-utpāda-krama-sādhana-sūtra-melāpaka (Tohoku 1797--4 folios) by Nāgārjuna (Klu-sgrub), translated in the 11th century by Dharmaśrībhadra and Rin-chen bzań-po, 101 16) -lokeśvara-sādhana (Tohoku 1892--2 folios) by Atīśa (Mar-me-mdsad ye-ses), translated by Atīsa (Mar-me-mdsad ye-ses) and Rin-chen bzań-po, 17) -sahaja-sādhana (Tohoku 1613), 18) -sādhana-siddhi-sambhava-vidhi

(Tohoku 1874--68 folios) by Vitapāda, translated by Kamalaguhya and Ye-śes rgyal-mtshan, <sup>102</sup> 19) -stotra (Tohoku 1894--one folio) by Atīśa (Mar-me-mdsad ye-śes), translated by Atīśa (Mar-me-mdsad ye-śes) and Rin-chen bzań-po, <sup>103</sup> 20) -abhisamaya-nāma-sādhana (Tohoku 1881--16 folios) by Piṇḍapa (Bsod-snyoms-pa), translated by Śraddhākaravarman and Rin-chen bzań-po, <sup>104</sup> 21) -alamkāra (Tohoku 1848--152 folios) by Vimalagupta (Dri-med sbas pa) or Candraprabhā (Zla-baḥi ḥod), and Rin-chen rdo-rje myu-gu), translated by Sunyāyaśrīmitra and Dar-ma grags. <sup>105</sup>

# 4.5. Unpublished Sections of Published Tantras (4.5.1. The Cakrasamvara Tantra, 4.5.2. The Hevajratantra, 4.5.3. The Ekallavīra-Candamahāroṣaṇa Tantra)

I have found by searching through the catalogues of Sanskrit Tantric manuscripts that there are extant in Sanskrit considerable portions of some of the major *Anuttarayogatantras* in addition to what has already been published on these texts. This material includes both Sanskrit commentaries, and for two of the three texts in this section, several chapters that have not yet been either published or translated. I have therefore translated the extracts from these chapters, and they give us a much fuller idea of the material in the texts. (Some of this material is also referenced in Chapter 9.3.1. of this dissertation.)

#### 4.5.1. The Cakrasamvara Tantra

Shinichi Tsuda translated 19 of the 33 chapters of the *Cakrasamvara* or *Samvarodayatantra* (also known as the *Heruka Tantra*) in the 1974 publication of his Ph.D. thesis. He worked from eight Sanskrit manuscripts, five from the University of Tokyo, one each from Paris and London, and one from the Royal Asiatic Society of Bengal, and included the Sanskrit for his 19 chapters with the Tibetan (he

translated chapters 2-10, 13, 17-19, 21, 23, 26, 28, 31, and 33). According to Tsuda, there are two extant Sanskrit commentaries, the Samvarodayatantrasya pañjikāvyākhyā (by Ratnaraksitā, and the only commentary preserved in Tibetan) and the Samvarodayatantrasya ūnavimsatipatalavyākhyā. Kṣāntiśrī's Sādhanā (commenting principally on the thirteenth chapter) apparently exists only in Chinese. 106 Tsuda makes several explicit claims about the text. First, the "supposition that the author of the Samvarodaya-tantra did intend to write correct Sanskrit," yet "gave priority to the meter." This supposition is based on the grammatically correct readings in the oldest ms. he used, a 1595 A.D. ms. from Tokyo University (ms. A.). 107 In contrast to Snellgrove's primary reliance on the Tibetan text and commentaries to ascertain the sense of the Sanskrit, Tsuda argued that "the Sanskrit manuscripts are the chief authority, and that the Tibetan version and the commentaries are to be treated as of a subsidiary nature with the understanding that they should actually be more reliable. In the case of the Samvarodaya we have obtained the impression that the Tibetan translation and the commentaries are not in themselves sufficient to provide us with a satisfactory version of the whole work.... The Tibetan translation of the Samvarodaya is as unreliable as that [i.e. the Tibetan translation] of Hevajra. "108 Tsuda translates the title Samvarodaya as "Arising of the Supreme Pleasure." After a long discussion of what he considers an erroneous classification as a bsad rgyud or explanatory Tantra, and the assertion that the Samvarodaya could equally well be considered a mūla-tantra, Tsuda concludes "we must be content with the bare fact that some mutual relation exists between the

Laghusamvara, the Samvarodaya and the Abhidhānottara which, apart from the Yoginīsamcāra, can also be taken as a mūla-tantra."<sup>110</sup> Tauda notes that the bsTan hgyur commentaries on the Samvara or Cakrasamvara are really commentaries on the Laghusamvaratantra. We also have an edition from the Tibetan with an English translation of the first seven chapters of the Laghusamvara, titled as Śrīchakrasambhāra Tantra by its editor Kazi Dawa-Samdup. 112

There is a considerable literature from this tradition in Tibetan translation. The earliest work we have on the Cakrasamvara is the Śri-Cakrasamvara-tantra-rājasaṃvara-samuccæya-nāma-vṛtti (Tohoku 1413--i18 folios) by Indrabhūti, who dates perhaps to the early 8th century, 113 translator unknown, 114 so this would appear to be among the oldest extant Buddhist Tantric texts. We also have another long commentary on the text, the Śrī-Cakrasamvara-sādhana-sarva-śāla-nāma-ţīkā (Tohoku 1407--87 folios) apparently by the 9th century<sup>115</sup> King Deva-pāla (? Lhas sbas), translator unknov/n,116 and several works by Mahāsiddhas, Nāropa, and nis collaborators. The other literature in Tibetan translation includes: 1) Śrī-cakrasambara-homa-vidhi (Tohoku 1537--5 folios) by Kṛṣṇa-pāda (Nag-po), translated in the 14th century by Dharmaśrībhadra 117 and Rig-pa gshon-nu, 118 2) Śrī-cakra-sambaraudaya-nāma-mandaia-vidhi (Tohoku 1538--33 folios) by Dbu-pa blo-ldan. translator unknown. 119 Śrt-Cakrasanwara-?) -garbha-rattva-siddhi (Tohoku 1456--one folio) by the Mahasiddha Jaiandhara. translator unknown, 120 3) Tattva-garbha-samgraha (Tohoku 1505--one folio) by Kusali-pa, translated by Ngag-gi-dbang-phyug and Marpa Chos-kyi-dban-phug, 121 4) rattva-upadeśa (Tohoku 1507--one folio) by Kusalı-pa.

translated by Bhadrabodhi and Mar-pa Chos-kyi-dban-phyug, 122 5) -trayodaśa-ātmakaabhiseka-vidhi (Tohoku 1486--10 folios) by the 11th century Advayavajra (Gnyis-med rdo-rje), translated by Jñānavajra and Shan shun, 123 6) nāma-śatāṣṭaka-stotra (Tohoku 1425--one folio), author and translator unknown, <sup>124</sup> 7) -pañca-krama (Tohoku 1433--3 folios) by the Mahasiddha Vajraghanta (Rdo-rie dril-bu), translated by Kṛṣṇa-pa-perhaps the guardian of the southern door of Nālandā when Nāropa arrived, 125 and Tshul-khrims rgyal-ba, 126 8) -pañca-krama-vrtti (Tohoku 1435--6 folios) by Vajraghanta (Rdo-rje dril-bu pa), translated by Sumatikīrti and Mar-pa Chos-kyidbań-phyug. 127 9) -pañiikā (Tohoku 1403--105 folios) by Bhavabhadra, translated by Mi mnyam rdo-rje and Rin-chen grags, 128 10) -pañjikā-śūra-manojñā (Tohoku 1405--40 folios) by (the 10th century?) Bhavyakīrti (Skal-Idan grags-pa), 129 translated in the early 11th century by Dharmaśrībhadra and Rin-chen bzań-pa, 130 11) -bahiş-pūjā-vidhi (Tohoku 1466--one folio) by the 11th century disciple of Nāropa, Prajñārakşita, 131 translated in the late 11th/early 12th century by Sumatikīrti<sup>132</sup> and Blo-ldan śes-rab, <sup>133</sup> 12) -mandala-deva-gana-stotra (Tohoku 1531--one folio) by the latter 10th century Kaśmīri Ratnavajra (Rin-chen rdo-rje), translated in the 11th century by Mahājnāna and Mar pa Chos-kyi dbań-phyug, 134 13) -mandala-mangala-gāthā (Tohoku 1479--one folio) by the latter 10th century Kaśmīri Ratnavajra (Rin-chen rdo-rje), translated in the early twelfth century by Tārākalaśu and Abhayākaragupta's collaborator Tshulkhrims rgyal-ba, 135 14 & 15) -mandala-vidhi (Tohoku 1469--13 folios) by the 11th century disciple of Nāropā Prajñārakṣita, translated in the late 11th/early 12th century by Sumatikīrti and Blo-ldan śes-rab, 136 (Tohoku 1477--36 folios) by Vijayabhadra (this

appears to be the same fellow sometimes called Bhadrapada or Vijayapada, pupil of the 11th century contemporary of Nāropa, Kṛṣṇa-pāda, 137 called here in the canon Rgyal-ba bzań-po), translated by Hjam-dpal and Ba-ri, 138 16) -mandala-vidhi-tattvaavatāra (Tohoku 1430-16 folios) by the 12th century Dārika-pa, 139 translated by Kumāravaira and Nyi-ma rdo-rje, 140 17) -mandala-vidhi-ratna-pradīpoddyota (Tohoku 1444--22 folios) by Lwa-ba-pa, translated in the 11th century by Sumatikīrti and Marpa chos-kyi-dbań-phyug, 141 18) -mandala-stotra (Tohoku 1530--3 folios) by Śūrakalaśa (= mid 12th century Tilakakalaśa or Alankārakalaśa?)<sup>142</sup> and Bsod-nams bzań-po, <sup>143</sup> 19) -mūla-tantra-pañjikā (Tohoku 1406--28 folios) by Lanka Vijayabhadra (this appears to be the same fellow sometimes called Bhadrapada or Vijayapada, pupil of the late 11th century contemporary of Nāropa, Kṛṣṇa-pāda, 144 called here in the canon Rgyal-ba bzań-po), translator unknown, 145 20) -balividhi (Tohoku 1467--2 folios) by the 11th century Prajñāraksita, translated by Sumatikīrti and Bio-Idan śes-rab, 146 21) seka-kriyā-krama (Tohoku 1470--10 folios) by Nityavajra (? Rtag-paḥi rdo-rje), translated by Dharmaśribhadra and Bu-ston, 147 22) -seka-prakriya-upadeśa (Tohoku 1431-3 folios) by the Mahāsiddha Vajraghanta (Rdo-rje dril-bu), translated by Kṛṣṇapa and Chos-ky śes-rab, 148 23) -sahaja-tattva-ālcka (Tohoku 1504--one folio) by Dpag-med rdo-rje, translated by Dīpamkararakşita, 149 24, 25 & 26), -sādhana (Tohoku 1432--2 folios) by Vajraghanta (Rdo-rje dril-bu-pa), translated by Prajñābhadra and Blo-gros grags, 150 (Tohoku 1445--4 folios), author and translators unknown, (Tohoku 1491--2 folios) by Mar-me-mdsad ye-ses, translated by Atisa (Mar-me-mdsad ve-ses) and Rin-chen bzan-po. 151 27) -sādhana-tattva-samgraha

(Tohoku 1429--6 folios) by the 12th century Darika-pa, translated by Kumararavajra and Advayavajra (Nyis-ma rdo-rje), 152 28) -sādhana-trmśikā-pada-paddhati (Tohoku 1488--2 folios) by Sprin-gyi bshon-paḥi lha, translated by Dharmapālabhadra, 153 29) sādhana-ratna-pradīpa (Tohoku 1484--5 folios) by Maitri-pa, translated by Vajrapāņi and Ba-reg thos-pa-dgah, 154 30) -sādhana-sarva-śāla-nāma-ţīkā (Tohoku 1407--87 folios) by the 9th century<sup>155</sup> King Deva-pāla (? Lhas sbas), translator unknown, <sup>156</sup> 31) -sādhana-amrta-ksara (Tohoku 1462--13 folios) by King Vimalacandra (Mi-thib zlaba), translator unknown, 157 32) -supratisthā (Tohoku 1487--5 folios) by the 11th century Advayavajra (Gnyis-med rdo-rje), translated by Vajrapāņi and Rma-ban choshbar, 158 33, 34, & 35) -stotra (Tohoku 1440--1 folio) by Indrabhūti, translator uknown, 159 (Tohoku 1520--one folio) by Maitri/Advayavajra (11th century), 160 (Tohoku 1532--2 folios) by the latter 10th century Kaśmīri Ratnavajra (Rin-chen rdorje), translated by Mahājñāna and Mar-pa Chos-kyi dbań-phyug, 161 36) -stotra-sarvaartha-siddhi-viśuddhi-cūdāmaņi (Tohoku 1428--4 folios) by the 12th century Dārika, translated by the Kaśmīri Dharmavaira and Rgya Brtson-hgrus sen-ge, 162 37) -hastapūjā-vidhi (1468--one folio) by Prajñārakşita, translated by Sumatikīrti and Blo-ldan śes-rab, 163 38) -homa-vidhi (1447--6 folios) by Kṛṣṇa-pāda (Nag-po), translated by Dharmabhadra and Rig-pa gshon-nu, 164 39) -advaita-dhyāna-upadeśa-yoga-candālī (Tohoku 1508--one folio) by Dge-bah mgon-po, translated by the Nepali Vagīśvara and Mar-pa Chos-kyi dban-phyug, 165 40) -abhisamaya (Tohoku 1498--7 folios) by Abhayākaragupta, and translated by Abhayākara and Śes-rab-dpal, 166 41) -eka-vīrasādhana (Tohoku 1536-4 folios) by Manikaśri, translated by Sumatikirti and

Prajñākīrti, <sup>167</sup> 42) -upadeśa (Tohoku 1485--4 folios) by Gnyis-med rdo-rje, translated by Varendraruci and Rma-ban chos-hjar. <sup>168</sup> The Samvarodayābhisamayopāyikā <sup>169</sup> is among the texts cited by Abhayākaragupta.

Manuscript III.365 A in Shāstrī's Durbar Library Catalogue of Sanskrit manuscripts is a short, 700 śloka commentary in 26 folios on the *Cakrasamvara* by Jayabhadrah. Though of uncertain date, the manuscript is in transitional Gupta characters. Śāstri tells us that "the commentator Jayabhadra seems to have been an immigrant from Ceylon, though the verse in which he is described is very obscure, and many of the letters have almost been effaced." This information is based on part of the colophon that reads "this work was produced by a Sinhalese born in Śrtlańka, known by the name Jayabhadra. May the heroic dākints grant peace." The text opens with: "Salutation to Heruka, the pinnacle of the intrinsic existence of all beings, who removes the fear of all beings, who appears as all beings, engendering all beings. Homage to him the Mahāvīram, who has infinite capacity, spotless like the sky." Glossing the use of the term Cakrasambaram in the root Tantra, Jayabhadra tells us it refers to the Tantras of Śrīheruka, Vajravārāhi etc.

The catalogue of the Asiatic Society of Bengal lists two Sanskrit manuscripts of the *Heruka Tantra* (*Sambarodaya*), Nos. 59 (in 82 folios, fresh and complete) and 60 (only 9 folios, in 14th century Newari script). The text in 1600 ślokās purports to be an extract of the 300,000 verse *Heruka Tantra*. Shāstri's placing of the text at No. 59 indicates that he considered it a relatively early *Tantra* (he notes in the preface that he attempted a chronological ordering of the mss. in the catalogue). The

standard opening is found: evam mayā śrutam, ekasmin samaye bhagavān sarvatathāgata-kāya-vāk-citta-vajra-yoginī-bhageṣu vijahāra¦, the same line that opens the Guhyasamājatantra<sup>174</sup> and the Hevajratantra, <sup>175</sup> though not the Kālacakratantra. In addition, the Cakrasamvara, Guhyasamāja, and Hevajra all begin in prose, while the Kālacakratantra is in verse (though Pundarīka's commentary is in prose). Of the three earlier Tantras, the Cakrasamvara is the longest, in 33 chapters. The Guhyasamāja is complete in 17 or 18 chapters, and the Hevajra is rather shorter, in two chapters of ten and eleven fairly short sections each.

Since the Sanskrit of the remaining chapters of *Cakrasamvara* or *Sambarodaya* have not been published, the following is a translation of the opening lines from Shāstri's catalogue, and the table of contents from all the chapter colophons. "Om homage to the glorious *Vajrasambara*. Thus was it heard by me. At one time the lord took dwelt in the vaginas of the lightning *yogints* of the body, speech, and thought of all the *Tathāgatas*. Together with preeminent passionless ones, beginning with *Āryya Ānanda*, *Avalokiteśvara* etc. and the 800,000 *yogints* [were present]; seeing *Vajrapāṇi* in [their] midst, [the lord] smiled. *Vajrapāṇi*, arising from his seat, putting his upper garment on one shoulder, placing the *manḍala* of his right knee on the ground, joining his hands together in homage, addressed the lord: 'I would like to hear, Oh lord, a description of *Utpattiyoga*; and how, Oh lord, is the one *Sambara* of universal form arisen? How is there wind and water, earth, space, and [fire]? How is there the five forms, Oh *deva*, and then the sixfold, *Prabho*? How are the three bodies established externally, and established internally? You must explain how

your goddess has the form of a god, Prabho. How is there the sun and the moon, Deva, and how is there the five paths? And what is the intrinsic nature of your body, and what is the form of the channels? What is the extent of the channels, and what [is the extent] of the physical body?<sup>176</sup> You must explain to me, Prabho, about the cchoma that is the sign of the community, 177 what are the internal and external signs of your pilgrimage sites, how [does one] attain the stages etc., and what is the explanation of the cause. What are your twelve actions, and how is mantra recitation [performed]? What is the string of akşa [beads], the practice, and your description of the recitation? What is your mandala, [its] turning, and the form of the divinities? What is the siddhi-mantra, and how does one satisfy the young lady? How is your divine service performed, and what are the vowels and consonants? What are the five nectars, Deva, and the five goads? You must explain how to draw the mandala, and the measuring line. How is your ground purified, and what is the protection cakra? With what [sort of] teacher is this done, and how does the student recognize him? What is your consecration, its extent, and the fourth? What is the rule about time, and [how] does one cheat death? What is your mark of the four ages, and what are the four continents? What is siddhi in each age, and what are the teachers and the practices? What are your yoginitantras and yogatantras? What is the extent of your sūtra literature and the perfection [of wisdom literature]? What is the siddhimantra of the foundational homa sacrifice? What is the [alchemical] elixir, Deva, and what is the alcoholic drink? What is the arisal of the mantras, Deva, and what is the extraction of the mantras? What is the punishment, Deva, and what is the reward?

What are the principles, Lord, and what is voidness, and compassion? What is the intrinsic nature of the void, and what is the intrinsic nature of reality? What is the form of the deity, the name, and the line [on the body] characteristic of the *yoginis*? You must explain, *Prabho*, the knowledge of all the properties of the states of being." 178

<u>Table of Contents:</u><sup>179</sup> (I have boldfaced the Chapter titles not included in Tsuda's edition)

Chapter 1: Requesting instruction on the Śrīsambarodayatantra.

Chapter 2: Instruction about the origin. 180

Chapter 3: Instruction on the sequence of completion. 181

Chapter 4: Purification of the deities of the four elements, the five forms and the six [sense] realms. 182

Chapter 5: Instruction on the course of the moon and the sun. 183

Chapter 6: Instruction on the five paths. 184

Chapter 7: The means [using] the sequence of the array of channels. 185

Chapter 8: Rules for the meeting place of the samaya. 186

Chapter 9: Explanation of the secret signs and the places appointed for meeting (such as) pītha (and so on).<sup>187</sup>

Chapter 10: The chapter called the advance and arisal of karma.

Chapter 11: The instruction about mantra recitation.

Chapter 12: The instruction about the mantra recitation rosary.

Chapter 13: The arisal of Śrī Heruka.

Chapter 14: The rule for the worship of the lightning yoginī.

Chapter 15: The instruction about the characteristics of the drinking vessel (pātralakṣana).

Chapter 16: The instruction on the practice with the five nectars.

Chapter 17: The instruction describing the rules for laying out the mandala.

Chapter 18: The initiation.

Chapter 19: The yoga of departure showing the constructed nature of death.

Chapter 20: The instruction about the four ages.

Chapter 21: The instruction on the vows of practice.

Chapter 22: The rule for the residence of the deities.

Chapter 23: The instruction about homa.

Chapter 24: The instruction on the usage of herbs for the advancement of karma.

Chapter 25: The rule about elixirs.

Chapter 26: The instruction about alcoholic beverages.

Chapter 27: The rule about the extraction of mantras.

Chapter 28: The rule about homa.

Chapter 29: The instruction about the principles.

Chapter 30: The instruction about the characteristics of the multi-colored etc.

forms.

Chapter 31: The advancement of the *bodhicitta* and the sequence of instruction about the four *yoginīs*.

Chapter 32: The instruction about offering the oblation.

Chapter 33: The section on innate arisal extracted from the three hundred thousand [verse] In the royal *Tantra* called *Śrīheruka* Perfecting the recitation of the secret of all the *yoginīs*. 188

## 4.5.2. The Hevajratantra

The first Buddhist Sanskrit Tantra translated into English was the *Hevajratantra* by David Snellgrove, formerly of the University of London's School of Oriental and African Studies, now retired to Italy. His complete translation of a Buddhist Tantra and commentary (the *Yogaratnamālā* by *Kanha*) in many ways established a paradigm for work in Buddhist Tantra by his reliance on the Tibetan translations of the text and Indian commentaries as his "chief guides" to elucidate the surviving Sanskrit text. <sup>189</sup> As he puts it more explicitly, "A Tibetan translation of a text and a commentary, let alone five commentaries or more, is of far more value for understanding a work than the Sanskrit manuscript alone. It is on these translations that I have largely relied. "<sup>190</sup> Snellgrove deduces that the *Hevajratantra* existed "in its present form towards the end of the eighth century," based largely on *Tāranātha*'s statement that *Kānha* was a contemporary of King Devapāla, an early ninth-century king. <sup>191</sup> How long the *Hevajratantra* preexisted this date in oral tradition is hard to say.

The formal title of the text is the Śrī-hevajra-dākinī-jāla-saṃvara-mahātantrarāja. Snellgrove used a good Sanskrit manuscript of the Yogaratnamālā in the Cambridge University library. The earliest commentary in Sanskrit appears to have been the Hevajrapañjikā by Śrī Kamalanāth, who Snellgrove identifies with

Kampala, the originator of the Hevajratantra along with Saroruha. A complete Sanskrit version in 23 folios survived in the private Library of Field-Marshal Kaisher Shamshser in Kathmandu, though Snellgrove did not have time to translate it, and no one else has since done so (I do not know whether this commentary still exists, almost 40 years later now). Another Sanskrit commentary by Vairocana survives in Kathmandu's Bir Library. 192 Göttingen's library has a manuscript of the Hevajrasādhanopāyikā of Ratnākaraśānti, collected from Phyag dpe lha khang in Sa skya Tibet in a 1936 expedition. 193 In Shāstri's catalogue of the Durbar library we also find a Yogaratnamālā or Hevajrapanjikā ms. in transitional Gupta characters, though the ms. is incomplete. 194 More recently Farrow and Menon have retranslated both the Hevajratantra and the Yogaratnamāla, providing an edited version based on four Sanskrit mss. of the former, and two of the latter, in careful consultation with Snellgrove's edition. 195 The text is in some respects an improvement over Snellgrove's, as the Yogaratnamālā glosses are given with each verse. Unfortunately I was not able to locate any manuscript extracts of the unpublished Hevajra commentaries in the catalogues I have so far consulted.

The *Hevajra* has a substantial literature, with 26 works preserved in the Tibetan Canon. The text was translated into Chinese in the 11th century by Fa-hu, though this is a much later date than when the text seems to have first been incorporated into the Buddhist canon in India, and the text is generally considered to be among the earliest *Anuttarayogatantras*. One of the surviving commentaries was written by Jalandha ri-pa, one of the *Mahāsiddhas* (see No. 23 below). The Tibetan

translations include: 1) Hevajra-krama-kuru-kulle-sādhana (Tohoku 3568--one folio) translated by Grags-pa rgyal-mtshan, 2) Hevajra-tantra-pañjikā-padmin (Tohoku 1181--47 folios) by Mtsho-skyes, translated by Ksitigarbha and Khu-ston dnos-grub, 3) Hevajra-tantra-rājā (Tohoku 417--12 folios) translator unknown, 4, 5, & 6) Hevajravibhuja-sādhana (Tohoku 1235--one folio) by Vajrālala, translator unknown, (Tohoku 1271--2 folios) by Tārāśrī, translated by Sumatikīrti and Mar-pa Chos dban, (Tohoku 1276--2 folios) translated by Sumatiśrībhadra and Śākya hod-zer, 7) Hevajra-nāmamahā-tantra-rāja-dvi-kalpa-māyā-pañjika-smṛti-nipāda (Tohoku 1187--48 folios) by Kṛṣṇa-pāda (Nag-po-ba), translated by Dpal-dlam zla-ba and Hgos lhas-btsas, 8) Hevaira-nāma-sādhana (Tohoku 1243-13 folios) by Avadhūti-pa Gñis med rdo-rje, translator unknown, 9) Hevajra-pindārtha-ţīkā (Tohoku 1180--125 folios) by Vajragarbha (Rdo-rje sñin-po), translated by Dānasīla, Sen-dkar śākya hod Maitri, and Nas-hbro dge-slon, 10) Hevajra-bali-vidhi (Tohoku 1288--one folio) translator unknown, 11 & 12) Hevajra-mandala-karma-krama-vidhi (Tohoku 1219--12 folios) by Padmavajra, translated by Śākya brtson-hgrus, (Tohoku 1263--13 folios) by Mtshoskyes rdo-rje, translated by Gayadhara and Sākya ye-śes, 13) Hevajra-mandala-vidhi (Tohoku 1221--2 folios) by Mtsho-skyes rdo-rje, translator unknown, 14) Hevajraşodaśa-bhuja-sādhana (1297--2 folios) by Kṛṣṇa. 15, 16, & 17) Hevajra-sādhana (Tohoku 1264--8 folios) by Yan-lag med-paḥi rdo-rje, translated by Kun-tu bzan-po and Tshul-khrims rgyal-ba, (Tohoku 1301--5 folios) by Hjam-dpal ye-ses, translated by Mañjuśrījñāna and Ron-zon Dharmabhadra, and (Tohoku 3292--2 folios) translated by Dā, Abhaya[ākaragupta], and Tshul-khrims-rgyal-mtshan, 18) Hevajra-sādhanatatta-udyotakara (Tohoku 1253--10 folios) by Kṛṣṇa-pāda (Nag-po), translated by Kṛṣṇa-pāda (Nag-po) and Tshul-khrims rgyal-ba, <sup>196</sup> 19) Hevajra-sādhana-pañjikā (Tohoku 1233--19 folios) by the Kaśmīri Dnul-gyi bum pa, translated by Nags-kyi rin-chen and Gshon-nu dpal, 20) Hevajra-sādhana-vajra-pradīpa-nāma-tippaṇī-śuddha (Tohoku 1237--23 folios) by Jalandha ri-pa, translated by Nyi-ma rgyal-mtshan, 21) Hevajra-hasta-vyavagrāha-krama (Tohoku 1294--19 folios) by Se-rtsa Bsod-nams rgyal-mtshan (?), translated by Gsod-nams rgyal-mtshan, 22) Hevajra-homa-vidhi (Tohoku 1556--one folio) by Sańs-rgyas byin, translated by Bharendraruci and Blo-ldan śes-rab, 23) Hevajra-abhiṣeka-niścaya (Tohoku 1272--3 folios) by Dgra-las-rgyal-ba, translated by Śrīgayadhara and Jo Zla-baḥi ḥod-zer, 24) Hevajrakasmṛti (Tohoku 1236--2 folios) by Garbha ri-pa, translated by Prajñendraruci and Śākya ye-śes, 25) Hevajra-udbhava-kuru-kulle-pañca-mahopadeśa (Tohoku 1316--one folio) by Shi-ba-ḥtsho, translated by Dānaśīīla, 26) Hevajra-udbhava-kuru-kulle-sādhana (1315--one folio) by Lhan-skyes sgegs-pa, translator unknown.

## 4.5.3. The Ekallavīra-Candamahāroşaņa Tantra

The second Buddhist Sanskrit Tantra translated into English was the Ekallavīra-Candamahāroṣaṇa Tantra, whose first 8 (of 25) chapters were critically edited and translated by Christopher S. George in 1974. Among the texts surviving in Tibetan translation is a single folio Ekavīrasādhana attributed to Padmasambhava (see No.4 below), that would give us a 7th or 8th century date for the Candamahāroṣaṇa tradition. There appear to be several related texts from this tradition in the Tibetan canon. 1) The Siddha-ekavīra-mahā-tantra-rāja (Tohoku 544-

-12 folios) translated by Dīpamkaraśrījñāna and Dge-baḥi glo-gros, revised by Tshulkhrims rgyal-ba; 198 2) the Ekavīra-yoginī-sādhana (Tohoku 1710--1 folio), author and translator unknown; the Ekavīra-śrī-heruka-sodaśa-bhuja-sādhana (Tohoku 1283--1 folio), translator unknown; 199 3) the Ekavīra-sādhana (Tohoku 1464--1 folio) by Dombi Heruka, translated by Atīśa (Dīpamkara) in the second half of the 11th century<sup>200</sup> and Tshul-khrims rgyal-pa;<sup>201</sup> and 4) by the same name (Tohoku 1473--1 folio) by Padma bhyans (i.e. Padmasambhava)--so this would argue for an early date to the text, translator unknown; <sup>202</sup> 5) the Ekavīra-heruka-sādhana (1472--one folio) by Naropa, whom Zieme and Kara date to 1016-1100, with his teacher Tilopa (988-1069)<sup>203</sup> in the 11th century; <sup>204</sup> and 6) the Ekavīra-ākhyā-śrī-canda-mahāroṣaṇa-tantrarāja (Tohoku 431-39 folios), translated by the Kaśmīri Ratnaśrī-(bhadra) and the early 14th century<sup>205</sup> Tibetan Gragas-pa rgyal-mtshan.<sup>206</sup> There are also several sādhanas to Candamahārosaņa, 7) (Tohoku 3062--2 folios) by Prabhākarakīrti, translated by Sbyin-pa tshul-khrims, 207 8) (Tohoku 3063--one folio) by Jetari (or Jetāri Vijaya, Dgra-las rnam-par-rgyal-ba), who was at the northern gate of Nālandā when Naropa arrived there in the late 10th century, 208 translated by Punyaśrī and Glog-skya gshon-nu hbar, 209 9) (Tohoku 3262--one folio) translated by Da, Abhayākaragupta, and Tshul-khrims rgyal-mtshan, 210 (Tohoku 3263--one folio) translated by Abhayākaragupta and Tshul-khrims rgyal-mtshan, 21! 11) (Tohoku 3358-one folio) translated by Don-yod rdo-rje and Ba-ri Dharmakīrti, 12) (Tohoku 3479-one folio), 13) (Tohoku 3480--one folio), and 14) (Tohoku 3481--one folio) all translated by the 14th century Grags-pa rgyal-mtshan, 212 15) a Candamahāroşaņasādhana sakalpa (Tohoku 3478) by þod-zer þbyuň-gnas grags-pa,<sup>213</sup> and 16)the Candamahāroşaṇa-abhisamaya (Tohoku 1782--5 folios).<sup>214</sup>

The first Sanskrit manuscript of this text collected by a Western scholar was apparently Hodgson's copy, excerpted in Keith's volume of the India Office Catalogue.<sup>215</sup> George gives us the colophons of the 25 chapters: 1) Introduction<sup>216</sup> to the Tantra (tantrāvatāranpaṭala), 2) Mandala, 3) Consecration (abhiṣeka), 4) The deity (devatā), 5) Mantra, 6) The Yoga of Completion (Nispannayoga), 7) Refreshing the body (dehaprīṇana), 8) His own form (svarūpa), 9) Meditation (dhyāna), 217 10) Praise of women (strīpraśamsa), 11) The universal form (viśvarūpa), 12) Prescriptions of all mantras (sarva-mantra-kalpa), 13) Conduct (caryā), 14) The meaning of acala (acalānvaya), 218 15) Purification (viśuddhi) 16) Dependent origination (pratītyasamutpāda), 17) Increasing the semen, etc. (śukrādivrddhi), 219 18) Cures for diseases, and getting old (vyādhivrddhatvahāni), 220 19) The Arrest of the semen, etc. (śukrastambhādi), 221 20) Recitation of Various Mantras and Devices (nānābhi-bheda-nigadita-yantra-mantra), 21) Magical feats (kutūhala), 22) Breath control (vāyuyoga), 23) The signs of death (mrtyulakṣaṇa), 24) The nature of the body (dehasvarūpa), 25) Sādhana of the Goddess (devī-sādhana).

One of the manuscripts George based his translation on is No. 84 (ms. 9089) in the ASB catalogue. As George points out, Śāstri gives excerpts from several chapters George did not include in his dissertation. These excerpts begin with a short one from the eleventh chapter (Universal Form): "I am everything, all pervading, and all-doing, all destroying; I maintain all forms, as *Buddha*, the

remover, the maker, the lord, the happy one. In whatever form beings become disciples, I abide in those forms for the sake of the world--wherever there is a Buddha, wherever there is a siddha, wherever there is dharma or a sangha, wherever there is a preta, or an animal, or a hell-being." Then follows an extract from the 13th chapter (Conduct): "'With the joining together of wisdom and means one should give [to the consort] the fingernail, and the three syllables;<sup>225</sup> the kissing and the embrace, and also all of one's semen. She will become the perfection of generosity, without a doubt. With that as the highest, the body, speech, and thought enveloped through intense pleasure, 226 she is recognizable as the perfection of [good] disposition, she is to be known [as such] also from forbearance [even when] scratched by fingernails.<sup>227</sup> And even squeezing the three-syllabled, she is endowed with the perfection of patience. Concentrated, and reverently, one should engage in sexual union for a long time. She should be known as the perfection of the hero, her mind engaged in that pleasure; she is considered the perfection of meditation on the form of the universally beneficent; she is renowned as the meditation on the female form, the perfection of wisdom; she is filled with just the one yoga of great sex, 228 she becomes the perfection of the six;<sup>229</sup> she is said to be the perfection of the five, merit, knowledge, and wisdom. [He], completely engaged in the yoga of great sex, enveloped in the requisites of the yoga, is perfected in just a moment, endowed with merit and knowledge. Just as what's produced from the creeper is endowed with flowers and fruit, complete enlightenment<sup>230</sup> is also equipped with the pair of requirements in one moment. He becomes the master of the thirty realms, there is no doubt And the stage[s] are to be known as delighted, stainless and likewise flaming, radiating, very difficult to conquer, forefront, traveling far, unmoving, highly thought of, and the cloud of *dharma*, likewise the light called universal, unique, possessed of knowledge, are known as the thirteen."

A short extract from the fifteenth (purification) chapter reads: "The male form is existence; the female form is non-existence. Blue is consciousness (vijñāna), white is form, yellow is perception, red is name (samjñā), black is aggregate (samskāra), or blue is space, white is water, yellow is earth, red is fire, black is wind--just as [this is the case] for the bhagavān-s, so it is for the bhagavatī-s. Or, dark blue is knowledge of the truly purified dharma constituent; white is the mirror-knowledge; yellow is the knowledge of equanimity; red is the knowledge of direct perception; black is the knowledge of performance of duty. There is only one teacher of the Victors, established in five forms; and there is one perfection of wisdom, established in five forms."<sup>232</sup>

Śāstrī gives a slightly longer extract from the tenth (praise of women) chapter:
"Now the Lady (*Bhagavatī*) spoke: 'Is it possible, or not possible, Oh lord, to
achieve the place of *Candamahāroṣaṇa* without a woman? The Lord answered: 'It is
not possible, Oh Goddess.' The Lady said: 'Is it impossible without the experience
of pleasure?' The Lord spoke: 'The ultimate *bodhi* cannot be obtained only with the
experience of pleasure; it is attained by the experience of a specific type of pleasure,
and not otherwise....'

"'For the sake of destroying the wickedness of the world, the wise son of

Māyādevī, leaving behind the eighty-four thousand, and also the harem, going to the banks of the Nirañjanā, illuminated the Buddhas and Siddhas; he escaped from Māra, having repudiated him since that is not ultimate reality, since the Buddha was a master in the harem, provided with guardians, friendly, since he attained pleasure through the joining together of the vajra and the lotus; enlightenment is attained through pleasure, [and] pleasure is not [attained] without women. And the separation that is undertaken is in order to remove the wickedness of the world. However the world-[dwellers] become students of the Buddha, for that [purpose] the Victor [takes on] the form of the son of Māyādevī. Whatever censures of women have been made in all the sūtras and abhidharma [literature], [those] should be considered as various moral precepts according to language for one's own protection; and one should teach about nirvāna through the destruction of the five aggregates.' Now the Bhagavatī Prajnāpāramitā spoke: 'Who, Oh Bhagavān, is the son of Māyādevī, and who is Gopā?' Bhagavān responded: 'I am the son of Māyādevī, and have achieved the state of Candarosana. You are Bhagavatī, Gopā, i.e. Prajñāpāramitā. As many as are all the women, they are considered to have that [i.e. your] form; all the men likewise are well known to have my form. And this world consists of wisdom and means, having arrived at the state of both....' Then the Bhagavatī spoke: 'Why, Oh Bhagavān, do the Śrāvakas censure women?' The Bhagavān responded: 'All of those dwelling in the realm of desire who are known as Śrāvakas etc., they do not know the path to liberation [even though] they see women everywhere. When proximity is difficult to attain for the śuńkumā etc., 233 then the state of great value

does not attain value for the remote one. By reason of beginningless ignorance, these people lack faith; [they] do not put their thoughts on reality, since this is protected by me.'"234

The last extract is from the final chapter, Devi-sādhana: "Now the Bhagavatī spoke: 'I desire to hear about the apara arisen from the perfection of wisdom; you must be gracious to me, Oh lord, [and explain it] briefly, not overly in detail.' Then the Bhagavān spoke: 'Now then I will explain to you what arises from the perfection of wisdom. The beautiful sixteen-year old goddess, the paryanka-[āsana] of sentient beings, 235 dark-blue colored, illustrious, [is] embraced by Akşobhya. Seeing her raised up on a red lotus, on the right, with dark blue limbs, a thousand fold, 236 with full, prominent breasts, large eyed, speaking kindly, [like] the very treatise on erotic love situated there above the moon-[seat] on the lotus, the yogī, delighted, should meditatively cause that goddess to come into existence who abides in the unshakable samādhi of orgasm, who is produced from the knowledge of hūmkāra and is the universal vajrī yoginī-then the yogī certainly attains siddhi. Or [the yogī] should bring into being the white [goddess] produced from the dhī-kāra sound, the yellow mistress of the lightning realm, embraced by the ....., [or one should visualize] the goddess produced by the knowledge of the hrīm-kāra, embraced by Amitābha, the vajru sealed by red, the red mother, the mistress of the clan; [or] one should meditate on the black-colored Tārā mother, produced from the knowledge of the tram-kāra, embraced by Amogha[siddi], with the prior form, Oh woman. Firmly established with a handsome form, abiding in the paryanka of sentient beings, holding a chopper and a noose, glorious, having embraced [her, sexually], with dramatic gesture, the creator, having embraced a young lady of his own clan, [he] should meditate. In this [manner] the *yogī* becomes perfected by the consort, there is no doubt. Otherwise, having created an image, he should perfect [the image] that is created according to the *sūtras* etc. Staying in *samādhi* together with *Canḍa*, he should recite [the *mantras*] with a one-pointed mind.<sup>237</sup>

"'Now I will explain to you the Single-Hero mandala. It is four-cornered si.e. square], with four doors, adorned with four pillars. A yellow-colored great lotus of four petals is to be made; a white petal in its southeast; a red petal in its southwest; a yellow petal in its northwest, and a black one in its northeast corner. In the middle of that one should create a dark blue Acala. One should meditatively imagine [him as] a single form with the five Buddhas, white, yellow, red, or black, on a solar seat. In the southeast corner [one should visualize] Locanā, arranging candā and aśoka [blossoms?] with her left and right hands, radiant like the light of the autumn moon. In the southwest [corner] [one should visualize] the goddess Pāndarā the highest, holding a bow and arrows. In the northwest corner [one should visualize] the red Māmakī, yellow-like,... with a flame in her hand; in the northeast corner [one should visualize] the black Tārinī, with the boon-giving gesture in her right hand, and holding a blue lotus in her left. These are all the mistresses of Canda, seated in halfparyanka positions. In the eastern door one should place the passion-vajrā, similar to what causes an enemy (?);<sup>238</sup> in the southern door the red hatred vajra, holding a chopper and arrows; dark blue, with hands holding a knife and in the threatening

gesture, enveloped by Yama; in the western door, [one should visualize] the Māra-vajrā, steady, making a colorful vajra, situated in the west, clothed in peacock feathers, black-like. In the north, the confusion vajrā, holding the tanyaśoka (?), yellow-colored, residing in the north, one should place [her] on the solar seat....

They are all in the pratyālīdha pose, ..... One should place four bells in the corner[s], yellow colored. By just this meditation, accompanied by the eight yoginīs, [one becomes] the husband of living women, the supreme master of the three worlds.'"239

"Now I will describe to you the meditation on *Candaroṣaṇa*. One should imagine the deity *Candaroṣaṇa* on the petals of the universal lotus. *Vāmadeva* is in the southeast, colored red; in the southwest is *Kāmadeva* with yellow garments, delighting women; in the northwest is the dark-blue colored *Asura* named *Koila*. <sup>240</sup> And these, holding knives and skulls, are standing in the *āltāha* position. To the west of the venerable one stands the goddess *Parṇaṣāvalī*; <sup>241</sup> by meditation and yoga on her, with the worship by burnt fish etc., ..... joined with the yellow wisdom, and with the white lotus [woman] on the left, and the blue *Candaroṣa*, with the red [goddess] or the red [goddess], .... one should visualize [that] intensely until it becomes manifest, since the *yogī*, becoming manifest, is perfected by the great *mantra*. <sup>11242</sup>

Śāstrī refers us to a 1000 śloka commentary on this Tantra the Canda-mahāroṣaṇa-tantra-pañjikā, or Padmavatī, dating from Nepali Saṃvat 417 (1297 CE), in his Durbar Library catalogue. Like the original Tantra the commentary is divided into 25 chapters. This commentary was used by Christopher George in his

translation, referred to in his notes as Comm. Sastri provides extracts from the opening and closing sections: "Om homage to Candamahāroşana. Since this world of moving and stationary creatures is sunk into the belly of confusion and darkness, the manifest [world] is illumined by the rays of the divisions of wisdom and means ... the male ... [?]<sup>244</sup> his own entire learning, [his own] entire [sa]mādhi [?], may he stand in this world, with manifest light, to effect my pleasure. 'Evam mayā,' etc., i.e. the author of the samgiti. This is the statement of the primary cause (nidānavākya), since it is [stated] at the beginning of the Sūtra or Tantra by the author of the samgīti. It is indispensable that it be said, according to the Bhagavān's statement. And so, having said 'evam mayā śrutam,' you may ask for my statement. It is to be sung, etc., when existing in this way. [Verse:] 'In witness to the faithful the teacher fulfilled<sup>245</sup> the first section; and the place and time are indicated, in demonstration of one's own authority;' so it is established. In that sense, 'evam' [means] I will express it in that way. Mayā means by this there is refutation of [anything] contradictory that was heard, and of what was heard through tradition. And it demonstrates that what was heard is not untrue since it is not dependent on this individual. 'Heard' means it was acquired through the knowledge of listening. 'At one time' means 'at one time.' And something else was heard at another time. This is the meaning. And in this way it demonstrates that at the beginning of this Tantra much was heard that was intelligible to this individual. 'Bhagavān,' i.e. sovereignty over the vulvas (bhagās), etc. And likewise [Verse:] The good fortune [bhagah] of the six--of power, of all charity, of glory, of women, of the body, and of effort--thus

[says] śruti.' They know these in this one, or through the experience of the addictions of passion etc. 'Vajrasattva,' refers to the being that is the indivisible vajra, causing the accomplishment of purposeful action. Or else, like a vajra, and this vaira is like a living being. 'All,' i.e. all those Tathāgatās, through their body, speech, thought, and knowledge, [there is] the reality of the body, the infinite heart-because of the desirability of that [the Tathagatas are mentioned]. That itself is 'the bhaga (vulva) of the mistress of the lightning realm (vajra-dhātu-); vajra is linga; the realm [is the realm] of that; that is the bodhicitta characterized as being [both] concealed and revealed, etc.; Wisdom (prajñā) is the mistress of that realm, 246 because she is served by the vajra-dhātu. That one sported in the vagina of the beautiful woman. He sported by joining together the vajra and the lotus, i.e. he remained in union with the cavity; this is the meaning. And [as] this sexual sport is intensely protected from ordinary people, why then does the Bhagavān Vajrasattva [partake of it]? And for that reason it is said: 'In the land of Vajrasattva on top of Mount Sumeru, he took his pleasure in the uppermost apartment at the tip of the vajra-jewel (vajramani).' Thereby the place and time of the instructor is indicated. He describes the assembled group by 'and with many' etc. The Vajrayogīs, the white unmoving ones, the Vajrayoginīs, the non-confusion Vajrīs etc. The qualities of those [male] and of those female] are gathered together, as they are of one form--[with many means] with those. 'Namely,' i.e. representing, 'the white unmoving,' i.e. the Bhagavān, the Bhagavatī, by knowing the incarnate form; likewise, the 'yellow unmoving,' the Bhagavatī, by knowledge of the incarnate smell; 'with the red

unmoving,' the Bhagavatt, with knowledge of the incarnate taste; 'with the black unmoving,' the BhagavatI with the knowledge of the incarnate touch; and with the delusion vajrt, i.e. with the Bhagavatt with knowledge of the of the incarnate form of the Bhagavān; and with the slander vajrī, i.e. with the knowledge of the incarnate smell of the Bhagavān; and with the passion vajrī, i.e. with the knowledge of the incarnate taste of the Bhagavān; and with the jealousy vajrī, i.e. with the knolwedge of the incarnate touch of the Bhagavān. The Bhagavān himself is incarnate sound, knowledge, and form of the Bhagavatī, and the Bhagavatī is the incarnate sound, knowledge, and form of the Bhagavan. So there is no distinction from this anywhere. 'Evam pramukhair,' i.e. so with these sorts, i.e. with the eye, the nose, the tongue, the body, the ear, form, sensation, name, aggregates, consciousness, earth, water, fire, space, etc., i.e. with these, this is the meaning. In this way, when the the sporting is of that sort, these are the assembly of goddesses. It is said that there are others like that in the bodhicitta. If someone objects that since it is intensely protected, how come it has been heard by you? 'Then,' etc., this is the meaning. When by that sexual sport the pleasure of the four blisses has been experienced, immediately after that great compassion becomes visible in all men. In this way, having reached the samādhi of the plowed row, he 'proclaimed' i.e. he said this that will be said. Then [that] was heard by me--this is the meaning. It was heard by me abiding in fact in the body of the Bhagavān and the Bhagavatī, on account of me, Vajrapāņi, the author of the samgīti, having the form of [their] ear; this is the sense. What did he say was existent non-existent? Being is the vikalpa of bliss and supreme

joy. In non-existence there is the *vikalpa* of bliss of cessation. What is released is free of both of these. The four blisses: the bliss resulting from the combination of the *vajra* and the lotus, by the [sexual] position of having mounted the *yantra*, with embracing, kissing, stroking the breasts, scratching with the finger nails, etc., characterized by mutual passionate love, with wisdom and means as in the *sūtra*. Thereby a certain amount of pleasure arises."<sup>247</sup>

The ending extract reads as follows: "The pair with the yogint is the [sexual] joining together with the yogint. Delight arises then. The cause of the state of manifestation is the cause of siddhi. As previously stated. The perfection of the mahāmudrā (great consort) was previously explained. Thus the chapter on the sādhana of the deity, the explanation of the twenty-fifth chapter. 'This' etc. is the statement by the author of the samglii. This is that characteristic of what is statedthe Bhagavan spoke the entire Tantra, i.e. related it. 'Abhyanandan' means being delighted. Samāptam means completed. 'These dharmas' etc; these dharmas are seven, known as consciousness, name, form, the six bases, touch, sensation, birth, old age, and death. These arise from five causes, ignorance, aggregates, thirst, grasping, and existence. Hetuh is a cause; just as it is (yathā) because of relating them, so it has arrived (tathāgatah). Avadat means he said. What is the stopping of cause and effect is cessation, nirvāņa; hence the disposition in order to taste it, for this one, i.e. the great religious mendicant (the Buddha). The wise one, the valiant one, the ascetic, the tremendously powerful one, the hero, and the agent of the miracle, is designated the great one. Because the sins are redeemed, he is a

mendicant. Or because of alleviation of the addictions and minor addictions. This commentary, the *Padmavatī* by name, containing the essence of the secret of the glorious *Tantra*, was made the most manifest by me, according to the command of [my] *guru*. Infinitely extensive merit was attained thereby. May the world in the *Kali* [yuga] quickly become of one flavor through the coming together of wisdom and means. Oh *Candācala*!"<sup>248</sup>

The post-colophon gives the date: "This was written for the *vajra* feet of the great bliss of the great pandits. This writing was completed on Tuesday, on the tenth day of the dark half of *Phālguna* (February-March), (*Nepalī*) *Saṃvat* 417, in the kingdom of the glorious king *Anantamalla*; may it bring good fortune to all people."<sup>249</sup> Petech tells us that *Anantamalla* reigned c. 1274-1310, and citing this manuscript of the *Caṇḍamahāroṣaṇa-tantra-pañjikā*, specifies the date as March 19, 1297.<sup>250</sup>

4.6. Extracts from Extant Unpublished Sanskrit Manuscripts of Buddhist Tantras (4.6.1. Pākinīvajrapañjara, 4.6.2. The Bhūtadāmara, 4.6.3. The Abhidhānottaratantra, 4.6.4. The Vajradākatantra, 4.6.5. The Sampuţikā Mahātantrarājaḥ, 4.6.6. The Kṛṣṇayamāritantra, 4.6.7.

#### Catuspītha[nibandha]tantra)

By searching through the Sanskrit manuscript catalogues for Buddhist Tantras, and matching this information with the Tibetan canonical listings of Tibetan translations of Sanskrit Tantras, I have managed to locate a fair number of the Buddhist Tantras still surviving in Sanskrit that have not been edited, published, or

translated into English. It may be that some of these texts have been published in Japanese, Russian, or any of a number of other languages I do not read; as far as I know none of this material has been published in German, French, or Italian, though I have not made a complete search through all of the academic journals in these languages so there may be published material I am unaware of.

# 4.6.1. The Dākinīvajrapañjara

The involvement of Indrabhuti in writing one of the commentaries to this Tantra suggests it was one of the earliest texts brought into the Canon (see No. 8 below). Indrabhuti is a difficult figure to locate historically, though he was apparently a relatively early Tantric teacher, perhaps from the beginning of the eighth century.<sup>251</sup> Two of the texts of this tradition were translated by Indrabhuti, and by Mar pa--see also the *Tantra-rāja-śrī-laghu-sambara* (Tohoku 368--33 folios) translated by Padmākara and Rin-chen bzan-po, and revised by Prajnākīrti, Mar pa Chos-kyi grags-pa) and Hevajra-vibhuja-sādhana (Tohoku 1271-2 folios) by Tārāśrī, translated by Sumatikirti and Mar-pa Chos dban. 252 There are a total of 13 texts that appear to be associated with this tradition included in the Tibetan canon: 1) Dakint-guhyajvala-tantra-rāja (Tohoku 408-2 folios), translated by Gayadhara and Sākya ye-ses, 2) Dākinī-tanu-gīti (Tohoku 2451--2 folios), with no author or translator listed, 3) Dākinī-vajra-guhya-gīti (Tohoku 2445-3 folios), authored by Dākinī (Mkhaḥ-hgroma), possibly the same as Jñāna-dākinī (Ye-ses Mkhah-hgro-ma), Nāropā's Prajñā Karmakarī, better known as Niguma;<sup>253</sup> it was translated by Ston-pa sen-ge rgyal po, 4) Pākinī-vajra-jāla-tantra-rāja-tattva-pauştīka-panjikā (Tohoku 1196--40 folios),

with Mahāmati (Mahādeva-kulamati, Lhaḥi rigs-kyi blo-gros chen po) listed as the authors, and Gayadhara and Hgos Lhas btsas the translators. Naudou suggests that Mahāmati may have been the same as Bodhibhadra, a student of Nāropā and a contemporary of Mar-pa;<sup>254</sup> this would place this commentary in the late 11th century. 5) Dākinī-vajra-pañjara-pañca-dāka-sādhana (Tohoku 1321-5 folios), with Muni-candra or Śākya-candra (Mi-thub zla-ba) as author, and Līlavajra (author of the Kālacakra-kṣana-sajaha-sādhana--see Chapter 10) and Se-rtsa Bsod-nams rgyalmthsan as translators; Naudou does not have dating information on these individuals. 6) Dākinī-vajra-pañjara-mahā-tantra-rāja-kalpa-nāma (Tohoku 419--35 folios), translated by Gayadhara and Śākva ye-śes, 7) Dākinī-varja-pañjara-mahā-tantra-rājakalpa-nāma-mukha-bandha<sup>255</sup> with Kṛṣṇa-pāda (Nag-po) as the author, and Gayadhara and Śākva ve-śes as translators; whether Kāla refers to Kālacakrapāda is not clear, though this identification does not seem unreasonable, and would date this commentary to the 11th century. 8) Dākinī-vajra-pañjara-mahā-tantra-rāja-prathamapaţala-mukha-bandha-nāma-pañjikā (Tohoku 1194--6 folios), written by the mysterious Indrabhuti, who also wrote a Hevajra work entitled Smrtisamdarśanāloka, 256 translators Nyi-ma shas-pa, and Śākya brston-hgrus. 9) Dākinīvajra-pañjara-samharana-mandala-anusarana-sādhana (Tohoku 1322--7 folios), written by Devavrata (?, Lhabi brtul-shugs), and translated by Mar pa Chos-kyi blogros, 10) Dākinī-samvara-tantra-rāja (Tohoku 406--2 folios), translated by Gayadhara and Śākya ye-śes, 11) Dākinī-sarva-citta-advaya-acintya-jñāna-vajra-varāhyabhibhava-tantra-rāja (Tohoku 378--11 folios), translated by Gayadhara and Śākya

ye-śes, 12) *Pākiny-agni-jihva-jvalā* (Tohoku 842--30 folios), translator unknown, and 13) *Pākiny-upadeśa-śrota-parampara-pīdācchedanāvavāda* (Tohoku 2286--5 folios), written by Nirmāṇa-yogi (?, Sprul-paḥi rnal-ḥbyor-pa), translator unknown.<sup>257</sup>

The Dākārņava is a 51 chapter Buddhist Tantra noted in Shāstrī's Nepal Catalogue. 258 that appears to be related, though perhaps not exactly the same as the Dākinī-guhya-jvala-tantra-rāja. Shāstrī dates the Nepali ms. to about 1130 CE, and likewise for the copy in his Calcutta Catalogue, 259 where he gives the extract we will examine. The full title appears to be Dākārņava-mahā-yoginī-tantra-rāja. The only published work on this lineage I have found is Nagendra Chaudhuri's 1935 version of his Ph.D. thesis giving an edition of the Apabhramśa verses contained in the Dākārņava.<sup>260</sup> Śāstrī gives us the colophons of the chapters, and the text of the entire fifth chapter. The chapter titles are as follows: 1) The descent of the ocean of wisdom; 2) The Nāyakī who arises from Vajra-vārāhī and the true nature of the meditations with the yantra, cakra, and mandala; 3) The rules for the clarification of the principles of action and the inviting characteristics arising from Dākinī<sup>261</sup>; 4) The mantra application, the true nature of the six cakras and paths etc., and the arrangment of nirvāņa etc. characterised by the arisal of Lāmā; 5) The four cakras, the arrangement of the channels, the instruction about the name, and the rules for mantra application etc. arising from the characteristics of Khandarohā. (Khanda-rohā literally means "she whose rise or sprout is cleft," likely a euphamism for a woman who has lost her virginity. According to De Mallmann, this is the name of two goddesses from the Hevajra cycle, found in the Samvara, Six Carkavartin, and

Vajravrrāhī mandalas.262 She appears in several sādhanas given by Abhayākaragupta);<sup>263</sup> 6) The intrinsic nature of the characteristics of Rūpiņī, the true nature of the channels and cakras, the arrangement of the places, and the characteristics of the Tantra; 7) The characteristics of the origin of the Crow-face etc. prāna;264 8) The characteristics of the prāna etc. (whose) origin is in the determination and arrangement (according to) Owl-face; 9) The rules on the state of happiness etc. characterizing Dog-face; 10) The descending etc. of the mandala having its origin in Hog-face; 11) The description of the origin of the arrangement of She who burns death; 12) The concise instruction on the cakra-meditation on the fraud of death (according) to the description etc. of the origin of Yamadūtī; 13) The Fraud of death etc. in the application and descent of Yamadaṃśtrī; 14) The real nature of the arrangement of the Buddhas and the description of the rules about the fraud of time and death in the origin of Yamamathani; 15) Explaining the tradition determined by the true samādhi of the lord; 16) Rules for the extraction of the root mantra; 17) The rule about the lightning-being Vārāhī characterized by the arisal of the armor; 18) The rules for the protection by the armor of Vairocana etc.; 19) Specification of the protection-mantra of the lerd who dances in the lotus, etc.; 20) The rules for the protection armor of Heruka etc.; 21) The rule for the armorprotection of the Lightning-sun etc.; 22) The rule for the armor-protection of the ultimate breath etc.; 23) The rule for the worship of the Bali-cakra; 24) The rules about the mandala, the homa, and the worship of the teacher; 25) The characteristic of the purification of the abode of the *Tathāgata* that is the purification of *Bhagavān* 

etc: 26) The chapter on the subject matter called the characteristics and rules of the lovers' trysts and pleasure taking with the consorts by the heros of the yogints in the yantras and mandalas of Pracanda etc.; 27) The rules about the intrinsic nature of the lord of the consorts charaterized by Pracandākṣī; 28) The rules about the consort characterized as Prabhāvatī; 29) The rules and regulations for the homa characterized by Mahānāsā; 30) The description of the rules on the intrinsic nature of the heros and their consorts and the mothers and their male counterparts; 31) The chapter called the knowledge that is the intrinsic nature of the description of the homā of the phoneme of Kharvari; 32) The chapter on the knowledge of the rule called the intrinsic nature of the mandala and cakra characterized by the lover's tryst with the consort Lankeśvarī; 33) The rules and regulations for the lovers' tryst with the consort whose intrinsic characteristic is the shade of the tree; 34) The rules and explanation of the characteristics of the body consort Airāvatī; 35) The description relating the characteristics of the internal consort of Mahābhairava; 36) The description of the colors of the consorts and the rule about the application of the speed of the winds; 37) The rules and characteristics of the intrinsic nature of the use and homā of Surābhakṣī; 38) The description of the rules for the subjugation homa, yantra, and lightning mandala of the non-dual black goddess Lightning She Boar; 39) The rule for the river-bank serpent action, and the instruction about the yantra of the name whose nature is union with the non-dual Subhadrā of the root mantra of the lord; 40) The description of the rules for action, and the killing, from the armoring root mantra through union with the non-dual hero Horse-ears; 41) The heart mantra

called all-action and the rules characterizing the intrinsic nature of the intoxicating action in the non-dual yantra and cakra of the feminine here with the sky-goer's face; 42) The rules called the intrinsic nature of the characteristics of the non-dual yoga of the hero of the paralyzing action of Cakravegā; 43) The yantras and cakras for the application meditation on Khandarohā, and the rules and characteristics for the armor mantras of the six yoginis of the expulsion activity; 44) The intrinsic nature of the yantras and cakras and the rules and descriptions of the [action causing] divisiveness for use with the ladies who run taverns; 45) The yantra and cakras in the form of a rākṣasa joined with a non-dual hero and the mandalas, cakras and meditations characterizing the rule for application of the activity of silencing and the armoring of the cakras; 46) The emanation of the action of the paralyzing mantra and the meditation on the yantras and cakras characterizing the rules for the application of the pacification activity of Suvīrā; 47) The description of the rules for the use of the meditation on the yantra of the action bodhisattva and [for the use of] the mantra for pegging down the great protection by union with She who is extremely strong; 48) All the actions of the instructions, rules and descriptoin of the root mantra of the path and meditation on the various sādhana, actions, mantra and cakra for the usage etc. of She who is dwelling in the cakra; 49) The rule about the characteristic of the use of Mahāvīryā, the secret elixir etc., the action for worldly prosperity, and the root mantra of glorious correct samādhi of Heruka; 50) The entire secret explaining all the Tantras and having the nature of the fifty principles; 51) Praise, worship, etc., and the non-dual service of the community.<sup>265</sup>

The fifth chapter of the Dākārņava is interesting for the information it gives us on the use of external cities and regions of the time as mapped to the cakras of the subtle body, and for the use of abbreviations of these names in the form of bījamantras. This is the first instance I have seen where the bījamantras mapped to the subtle body can definitively be said to have semantic content--such use is distinct from the alphabetical permutations we find in the fifth chapter of the Kālacakratantra and Vimalaprabhā (see Chapter 10.6 of this dissertation for an examination of the Mūla-Kālacakratantra's bījamantranyāsa of the Indian pilgrimage sites). We also find in the Dākārņavatantra's fifth chapter some indications of the geographical sensibilities of the day, with general names of peripheral regions to the subcontinent combined with many specific names of cities: "'I will explain the internal cities out of a desire for the benefit of sentient beings. Situated at the feet of Khandarohā is Vajradākah, himself the lord. In the lotuses of the four cakras there are one hundred and twenty channels. Their proper names will be explained, for sharing in the principles. [In the navel cakra:] 1)<sup>266</sup>Madhyadeśi, and 2) Kalingi, 3) Odda, 4) Karņātakīsarī, 5) Saurāştrī, 6) Malayī, 7) Vangī, 8) Dravadī, and 9) Kali[nga]kī, 10) Mālavī and 11) Mahāraththī, 267 12) Varandī, 13) Kāmarūpiņī, 14) Dohalī, 15) Thavideśī, and 16) Bharādī, 17) Rādha, 18) Māgadhī, 19) Tirabhutti (satti), 20) Daddarandī, 21) Nepālī, 268 22) Saravāsanī, 23) Rādhī, 24) Dhikkarī, 25) Vangalī, 269 26) Khadī, and 27) Harikelakī, 28) Suvarņadvīpī, 29) Simhalī, 270 30) Dāmadī, and 31) Kattorakī, 32) Sindhu, 33) Himālayī, 34) Budī, 35) Kurutī, 36) Jadarī, 37) Pathī, 38) Jajjavatī, 39) Varunā, and 40) Oriyāna and 41) Lampākakī, 42) Jālandharī, 43)

Arbbūdī, and 44) Kaśmīri, 45) Kośalī, 46) Kañichī, 47) Jayanī, 48) Triśakkī, 49)

Caśī, 50) Laharī, 51) Pūrarohikā, 52) Mumbanī, 771 53) Kāmbojakī, 772 and 54)

Bhaṭṭālakī, 55) Gṛhadevatī, 56) Pretapūrī, 57) Valabhī (Vabhabhīca) and 58)

Pelavī, 773 and 59) Upapelavī, 60) Śmaśānanī, 61) Upaśaśānanī, 62) Mahodadhitaṭī, 63) Khasī, and 64) Mlecchī are the goddess in all the places, the sixty-four in sequence—the yoginīs should be recognized as the clan-channels in the navel cakras. 774

In the heart cakra, similarly, are the eight dhūtikās, 775 going everywhere. 1) 276

Prayūga, 2) Devakoṭā, and 3) Ujjāyinī, 4) Mahālaksī, 5) Jvālāmukhī, 6)

Siddasimbhalī, 7) Māhila, 8) Kaumārī Paurikī. In this way all the illusion-making good local goddesses 277 are in the heart place. And in the throat cakra the goddess who is the best female leader is described with sixteen great portions, and sixteen elements: 1) Blood, 778 2) Semen, 3) marrow, 4) sweat, 5) fat, 6) skin, 7) flesh, and 8) bone, 9) sinews, 10) pus, 11) the end (death?), 12) self-generated, 13) feces, 14) urine, 15) bile, 16) phlegm. May she who is constantly carrying 779 move with the secret etc. places. ""

"In the head cakra, Oh Great goddess, there are thirty-two channels, providing success everywhere in the steps of the homa (offering), produced by the intellect. 1) Kṛṣṇā, 2) Karālī, 3) Bhībhacchī, 4) Nandī, 5) Tītā. 6) Vīnāyikā, 7) Camundī, 8) Ghorarūpā, 9) Umādevī, 10) Sarasvatī, 11) Bhadrakālī, 12) Mahākālī, 13) Sthūlakālī, 14) Parājitā, 15) Jayā, 16) Vijayā, 17) Ajitā, 13) Jayantī, and 19) Ghoradamṣṭrā, 20) Indrī, 21) Candī, 22) Catuṣpathī, 23) Grāmavāsinī, 24) Raudrakī, 25) Kāmbojī, 26) Dāmbī, 27) Candālī, 28) Mātaṅgī, 29) Brāhmaṇī, 30) Sūdrikā, 31)

Rājaputrī, and 32) Maharddhikī, filled with divine intoxication So in this way there are (the goddesses) attending upon Khandarohā in the channels and cakras.'" A bit further along in the chapter the mantranyāsa with phonemes is described, using the first syllable of the above-mentioned locales etc.<sup>280</sup>

## 4.6.2. The Bhūtadāmara

As discussed in Chapter 5.4.3. of this dissertation, the *Bhūṭadaramara* cult was apparently shared by the Buddhist and Śaivite Tantric traditions, since both traditions have texts by this name, with the extant Śaivite text being considerably longer. We have seven texts of the *Bhūṭa-dāmara*- tradition that were translated into Tibetan. 1) the *Bhūṭa-dāmara* itself (Tohoku 747--25 folios) translated by Budhhākaravarma and Chos-kyi śes-rab, 2) *Bhūṭa-dāmara-maṇḍala-vidhi* (Tohoku 2677--12 folios) written by Blo-bzaṅs skoṅ and translated by Non-mi paṇḍit and Rinchen dpal, 3 & 4) -saṃkṣipṭa-sādhana (Tohoku 3302--one folio) translated by Dā, Abhayākaragupṭa, and Tshul-khrims rgyal-mtshan, and (Tohoku 3641--one folio) translator unknown, 5) -Sādhana (Tohoku 3303--3 folios) translated by Dā, Abhayākaragupṭa, and Tshul-khrims rgyal-mtshan, and 6) -Sādhana-vidhi (Tohoku 3642--2 folios) written by ḥjig-rten-gsum-gyi rdo-rje. <sup>281</sup>

Ms. 4801, No. 68 of the Calcutta catalogue is the 1215 CE Caturābharaṇa by a Bhusukapāda, apparently a different writer than Śāntideva, and quite possibly the same fellow as the Tantric Siddha Bhusukapa who is dated by the Sa-skya Bka'-bum to Devapāla's reign (809-849). This would place the Buddhist Bhūtadāmara lineage in at least the ninth century, since the Caturābharaṇa appears to be a text from the

tradition of the Bhūtadamaratantra. It opens with the salutation Namah Śrī-bhūtadāmarāya. Bhūtam means simply a being; dāmara means terrible, terrifying, dreadful, etc.; hence the 'Terrifying Being Tantra.' Caturabharana is 'The four ornaments.' Bhattacharyya mentions the Bhūtadāmara as a text later than the Guhyasamāja<sup>283</sup> and Abhayākaragupta gives several sādhanas to the deity.<sup>284</sup> I translate here the first few lines of a four-page extract given by Sastri; unfortunately the Sanskrit appears to be a sort of dialect or Prākrit, or is simply corrupt in many places, so it is difficult to unravel: "'Homage to Śrībhūtadāmara. Honoring the guru, the great yoga, the son in the heart of the yogint, | and the yoga of sleeping having been explained by the yogi Bhusukapāda, || Now, if the body is not perfected through an alteration of the principles, one should do [that], causing your ignorance to go [away], one should not desire to know that; | One should experience sleeping in a solitary place, likewise approaching the consort, piercing old age and death, the determination of the sun and moon. !! Time, seasons, the moment, knowledge, silence, the entry of the winds; | the binding of the six cakras, removing from every place; | All of this I will explain, and the texts with their purpose and stages | ."285 The text continues with a description of various mediations using the subtle body channels, cakras, etc., with an admixture of Hindu and Buddhist terms--using manipura for the navel cakra, for instance (the Hindu name), references to sūryyābharanamaithuna, etc. As Śāstrī remarks, "the present work by Bhuduku contains much that is degenerate and mystic."286

It's quite possible that either the term dāmara or the cult of Bhūtadāmara was

shared between the Buddhists and the Śaivites. For more on the various *Qāmara*Tantras see the discussion of the Śaivite Tantras preceding Abhinavagupta in Chapter
5.4.3 of this dissertation, including a Bhūtadāmara Mahātantrarāja ms. held in the
India Office Library.

#### 4.6.3. The Abhidhānottaratantra

There are two texts from this tradition beginning *Abhidhāna*- in the Tohoku catalogue, 1) the *Abhidhānottara-tantra* (Tohoku 369--123 folios) translated in the latter 10th century by Dīpaṃkaraśrījñāna (i.e. Atīśa) and Rin-chen bzaṅ-po, revised by Jñanaśrī, Khyuṇ-po Chos-kyi brston-ḥgrus, and then again by Ānanda and Lo chuṅ, <sup>287</sup> and 2) the *Abhidhāna-śāstra-viśva-locana-(ity-aparābhidhāna-muktāvali)*, (Tohoku 4453--93 folios) by Śrīdharasenā (Dpal-ḥdsin sde), translated in the late 12th or early 12th century <sup>288</sup> by Chos skyons bzaṅ-po. <sup>289</sup> There's also a *Mūlatantra-saṃgraha-hṛdaya-abhidhānottara-tantra-mūla-vṛtti* by Śūraṃgamavajra translated into Tibetan in the early 12th century by Jñānaśri and 'Phags-pa śes-rab. <sup>290</sup>

The Abhidhānottara, ms. 10759, No. 58, is 69 chapter text whose manuscript dates from Nepali Samvat 418 = 1298 CE. Śāstrī provides the colophons to most chapters; the system is slightly odd, since the numbers begin 1,2,3, then begin at 1,2,3,4... again:<sup>291</sup> 1) The secret of the purification of the avatāraņa-community; 2) The request; 3) The ultimate reality of the heart principle; 1) The rule for the body-samvara; 2) The net-samvara of the lotus of truly great sexual bliss; 3) Protecting the guru of the samvara; 4) The Samvara; 5) The pilgrimage seat-[bodily]-joints sequence; 6) The procedure for the parts of the sequence of everthing that is not in

order: 7) The rule about the 'lovely lightning' (i.e. Mañjuśri's vajra), the annointing the three cakras; 292 8) (missing); 9) Explanation for the reason for the sequence of siddhis from the Yogini-pithas; 10) The tradition of the pithas that refer to the sheaths; 11) The Yogints of the ptthas etc.; 12) The arisal of the meditations on the Śrīheruka dākinīs, of the hero-yoginīs, and the dākinīs; 13) The meditation on the primary activity yoga; 14) Instruction about the meditation on the intermediate sense; 15) Instruction about the meditation on the sharp sense; 16) The rule on Samvara of the yoga of the four dākinīs; 17) The discipline of the Yoga-samvara; 18) Pratyangirā (?);293 19) The meditation called the omnipotent capacity of the nectar of immortality; 20) The descent of the principle of the secret community of Yoginīs; 21) The tradition of dwelling in the clan's six cakras; 22) The sequence of the body, speech, and thought pithas; 23) The women arising from the Buddha's skull to establish the community; 24) The arisal of the lightning being; 25) Effecting the lovely lightning; 26) Effecting the dāka lightning; 27) The great secret, effecting the vowel dākas; 28) The instruction on the reason for the siddhi from the dākas of expansion; 29) The great royal mandala when there's the arisal of the community's samvara; 30) The arisal of the quality of what's abandoned; 31) Rain and market rules; 32) Effecting the universal form; 33) The ultimate glorious secret community; 34) Meditation on what arises from the union of the two protective mantras; 35) Cchoşmā;<sup>294</sup> 36) Characteristics of the Yoginīs; 37) Characteristics of the Dākinīs; 38) Characteristics of Lamā; 295 39) (missing); 40) Characteristics of the subsidiary consort; 41) The Dākinī subsidiary consort; 42) Characteristic of the Dākinī

Cchosmā: 43) The preeminent water of the happiness of beings; 44) The adept at expanding the activity of the Dakini and the Hero, and the non-dual heart of the Yogini and the Hero; 45) The rules for the picture-image, its foundation, and preliminary consecration; 46) Rules for the mandala; 47) The [quarter-] junction of the day for the Gāyatrī [mantra];295 48) The meditation on what arises from the subsidiary heart sādhana; 49) The mediation on what arises from the heart plus the thirty-two; 50) Rule about the mandala; 51) Meditation on the city of the Dharmarealm: 52) Meditation on the secret; 53) The sādhana on what arises from the secret syllable; 54) The extraction by chalk of the root mantra; 297 55) Mediation on the heart of the armor [mantra]; 56) Meditation on the heart of the goddess, the mantraarmor of the heart; 57) Establishment and anointing of the red, four-faced (deity), the four fierce (deities) of the mandala, and the extraction with chalk of what arises from the Vajra-hūmkāra; 58) The yoga of the groups (of phonemes); 59) (missing); 60) The secret of knowledge; 61) The secret of the encapsulation of the four goddesses; 62) Unlocking the encapsulation of the lord of the fierce deities, Vajrabhairava; 63) The sādhana of the seven-[times] born paśu; 298 64) The svādhisthāna [cakra], the meditation on the nigher arisal of one's own dharma; 65) Worship of the state of the self; 66) Instruction in the multiple stated principles from the great royal Tantra on the extraordinarily secret sanvara. In the post-colophon at the end of the text, the samvara is also referred to as the daka-dakini-jalasamvara. 2994.6.4. The Vajradākatantra

The Tibetan canon contains 6 texts beginning Vajra-dāka-. One of these texts,

the Vajra-dāka-Niskāya-dharma (Tohoku 1527) is attributed to Tilopa, Nāropa's teacher, so this would date the text to no later than the late 10th century. The other texts of this Tantra translated into Tibetan are the Vajra-dāka- 1) -Guhya-tantra-rāja (Tohoku 399) translated by Gayadhara and Śākya ye-śes, 2) Tantra-tattva-susthiranāma-pañjikā (Tohoku 1417) written by Nor-bzańs and translated by Śrīgayadhara and Jo Zla-bahi hod-zer, 3) -Nāma-uttara-tantra (Tohoku 371) translated by Mchog-gi dbań-phyug and Śākya brston-\u00e9grus, 4) -Nāma-mahā-tantra-rāja (Tohoku 370) translated by Gayadhara and Hgos Lhas-btsas, 5) Nişkāya-dharma (Tohoku 1527) written by Telo-pa [Tilopa], translated by (unknown), 5) -Stotra-dandaka (Tohoku 1442) written by Chos-kyi grags pa, translated by Manikaśrijñāna and Dpal-gyi mthah-can. Another four texts begin Vajra-dākinī- 1) Vajra-dākini-nispanna-krama (Tohoku 2379) written by Bhina-pa, translator unknown, 2 & 3) Vajra-dākinī-gīti (Tohoku 2441) translated by Sha-ma lo-tsā-ba, and (Tohoku 2442) written by Dbyińskyi gtso-mo and translated by Sha-ma lo-tsa-ba, and 4) Vajra-dākinī-yogini-sādhana (Tohoku 1942) written by Mar-me-mdsad ye-ses and translated by Prajñāśrijñānakīrti. 300

The Vajradākatantra surviving in Sanskrit is text of 51 chapters, in a manuscript of 14th century Newari script. Among the chapter titles of note are 3) Attracting all the serpents (Sarvva-nāgākarṣaṇa), 18) Definition of melāpaka (Melāpaka-nirṇaya), 34) the barbarian consecration (Mleccha-vajrābhiṣeka), 36) the barbarian channels, community, and saṃvara (Mleccha-nādya-samaya-sambara), 37) Knowledge of all the weapons and mudrās of the barbarians (mleccha-sarvvāyudha-

mudrā-jāāna), 44) The rules for the internalized homa and the sādhana of the ghosts (Vetāda-sādhana-adhyātma-homa-vidhi), 47) The rules for the section on the classes of alchemical substances (Rasāyana-dravya-varga-adhikāra-vidhi), and another chapter on alchemy (49) whose title is partly effaced.<sup>301</sup>

# 4.6.5. The Samputikā Mahātantrarājah

Another 11th century Buddhist Tantra is the Sampuțikā Mahātantrarājah, ms. 3828, No. 62 in the Shāstrī's Calcutta catalogue. What is apparently the same text, the Samputatantra, was cited by Abhayakaragupta. There is only one text to this tradition in the Tibetan canon, the Samputa-nāma-mahā-tantra, translated by Gayadhara and Śākya ye-śes, revised by Bu-ston (Bu-ston's interest in the text is certainly noteworthy). 302 Sastrī gives the name as Sampuţikā or Sampuţodbhavakalpa-rājah. Samputa properly is a cavity or covered box or bowl. Amarakośa 2.6.139a gives samudgaka<sup>303</sup> as a synonym--a box or casket, such as for keeping jewels. Apte quotes Bhartrhari 2.67, Mālatīmādhava 1.54, Kāvyādarśa 2.288, and Rtusamhāra 1.21 for the poetic usage of sampuţa as the fertile cavity of the ocean oyster that produces the pearl. 304 The definition given in the opening lines of our Samputodbhavakalparāja is that "'The Samputa has the nature of wisdom and means--what arises from that is the samputa-samādhi." The fourth chapter colophon of the Tantra is Samputodbhava-vajra-dākinī-samketa-kalpa-rājas. Samketa in erotic contexts means an assignation or appointment made with a lover, or the meeting place of lovers. 306 So it would appear that the name Samputodbhavakalparājah means "The royal treatise on what arises from the fertile cavity (i.e. the womb)." The use of the

term Kalpa in the name (there is a second incomplete manuscript of the text, ms. 4854, no. 63, entitled Śrī-sampuṭodbhava-sarvva-tantra-nidāna-mahā-kalpa-rājah) supports my contention that the use of the terms Tantra and Kalpa derive from early textual typologies in the medical and Vedic tradition. 307

The colophons dates the Sampuțikā to the 12th day of Bhādrapāda (August-September), Nepali samvat 145 = 1025 CE. As with the Guhyasamāja, the Hevajra, and the Cakrasanvara, the text opens "evam mayā śrutam ekasmin samaye bhagavān sarvva-tathāgata-kāya-vāk-citta-vajra-yoşid-bhāgeşu vijahāra ." The text continues: "There, indeed, the Lord, seeing Vajragarbha ('the lightning-embryo') in the midst of 80,000 masters of yoga, smiled. Immediately after he smiled, Vajragarbha got up from his asana, and placing his upper garment on one shoulder, placing the mandala of his right knee on the ground, folding his hands in homage, spoke this to the Lord: 'I desire to hear, Oh master of knowledge, the secret characteristic arising from the samputa that is the primary basis of all the Tantras.' (Bhagavān answers:) 'Ho Vajragarbha, very good, very good Oh very loving one, very good, very good Oh great bodhisattva, very good, very good (you all) are the best mine of good qualities, since you ask about that secret that is the complete in all the Tantras.' Then those great bodhisattvas, led by Vajragarbha, their eyes blossoming in delight, asked here about their own concerns, bowing in homage again and again: 'Why is it said, "all the Tantras?" How is that the primary cause? Why is it called "a secret"?' How does it arise from the samputa? What is the explanation for the name, and why is it a Tantra?' The Bhagavān responded: '[Because] they are all, and they are Tantras,

[hence] "all the *Tantras*," and by the term *sarvatantra* [is meant] the [*Guhya*]-*samāja* etc.; [it is] considered to be the principal cause of them--this is the meaning. It is secret because it is not within the purview of *Hari*, *Hara*, *Hiraṇyagarbha*, <sup>308</sup> the Listeners or Isolated *Buddhas*. The *Sampuṭa* has the nature of wisdom and means--what arises from that is the *sampuṭa-samādhi*. *Udbhava* is arisal, characterized as having the intrinsic nature of stationary or mobile beings produced in that way; <sup>309</sup> the characteristic is like this.'"<sup>310</sup>

The chapter titles are as follows: 1a) The reality of the meditation on the name, the nameable, the arisal of the *bodhicitta* etc.; 1b) The five senses, the five powers, the description of the seven limbs of enlightenment, ending with the eightfold path, etc., the descent of the *bodhicitta*; 2a) The consecration of the *bodhicitta*; 2b) The mediation on the purpose of wisdom and means; 2c) (unnamed). 3a) The arisal of *Heruka*; 3b and 3c (unnamed). 4a) Indestructible speech, *Cchosmā*; 311 4b) The consort with the mark of the *Kaṭapūṭanī*; 312 4c) The sign and the consort(?) 5a) The place of meeting; 5b) The purification of the aggregates, elements, and bases of consciousness; 5c) Embracing according to the practice(?) 6a) (no name); 6b) The ritual application of the places; 6c) (no name). The sixth chapter as a whole is named *Vasanta-tilaka* (The ornament of Spring). 313 7.i) (Apparently the first line of the section:) Now I will explain the rules of action whereby the adepts achieve success; 7.ii) Now I will explain the rules of alchemy, the collection of all the elixirs; 7.iii) The rules for the application of unguents; 314 7a) The *Āyurvedic* [section] called the arisal of omniscience; 7b) The rules for the *Homa*; 7c) The

arisal from the *cakra* [that provides for] the free scope of all activity. So the seventh chapter called is what arises from the meditation on all action is complete. 8a) The bell principle; 8b) The meditation on the *mantra* recitation; 8c) Curing the ignorance of the heretics. The name of the eighth chapter is the complete arisal of all activity. 9a) The arisal of all the *Tathāgatas*; 9b) The *bali* offering; 9c) The discussion of the cloth book. The ninth chapter is called the Reality of the four ritual actions. 10a) The teacher's great *sādhana*; 10b) The transformation of the illusion by the *Buddha*.<sup>315</sup>

## 4.6.6. The Krsnayamāritantra

The Kṛṣṇa-yamāri-tantra dates from no later than the early 11th century since we have a commentary on the text, the Kṛṣṇayamāri-tantra-pañjikā-ratnāvali (Tohoku 1921--54 folios) by the early 11th century Mahāsiddha Maitrī-pa or Avadhūti-pa and Kumāra-candra (Gshon-nu zla-ba), translated by Sīlavajra and Bsod-nams rgyal-mtshan. Many other texts from the Kṛṣṇa-yamāri-tantra tradition are also in the Tibetan canon: Kṛṣṇa-yamārī- 2) -tantra-pañjikā (Tohoku 1922--25 folios) by Padapāṇi, translated by Parameśvara and Ron-zom chos-kyi bzan-po, 317 3) -tantra-rāja-trikalpa (Tohoku 469--3 folios) translator unknown, 318 4) -tantra-rāja-prekṣaṇa-patha-pradīpa-nāma-tīkā (Tohoku 1920--85 folios) by Kṛṣṇa-chen po, translated by Parjnāśrījnānakīrti, 5, 6, 7, 8, & 9) -nāma-sādhana (Tohoku 1929--3 folios) by Nying-more byed-paḥi gragas pa, translated by Ḥgo Lhas-btsas, (Tohoku 1960--6 folios) by Kun-tu bzan-po, translated by Don-yod rdo-rje, (Tohoku 1946--one folio) by Nag-po, translated by Prajnāśrījmɪtra, 320 (Tohoku 1924--15 folios) by Dpal-hdsin,

translated by Dānakīrti and Tshul-khrims rgyal-pa, <sup>321</sup> (Tohoku 1968--2 folios) by Kīrti, translator unknown, <sup>322</sup> 10) -manḍala-stuti (Tohoku 1968--2 folios) by Kīrti, translator unknown, <sup>323</sup> 11) -mahā-tantra-rāja-pañjikā-ratna-pradīpa (Tohoku 1919--48 folios) by Ratnākaraśānti-pa, translated by Vinayacandra and Chos-kyi śes-rab, <sup>324</sup> 12) -mukhu-ṣaṭ-cakra-sādhana (Tohoku 2015--2 folios) by Devākaracandra, translated by Devākaracandra and Śes-rab bla-ma, 13) -rakta-yamāri-pūjā-vidhi (Tohoku 2028--[stop]), 14) -śānti-homa-vidhi (Tohoku 1956--one folio) by Nag-po, translated by Prajñāśrījñānakīrti, <sup>325</sup> 15) -sādhan-protphulla-kumudā, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28) -sādhana (Tohoku 1923, 1930, 1932, 1936, 1947, 3282, 3283, 3284, 3326, 3327, 3628, 3629, 3630), 29) -sādhana-manḍala-vidhi, 30) -sādhana sa-cakrārtha-vistara-vyākhyā (Tohoku 1931), 31) -abhisamaya-krama.

The alternative name of the text is the Kṛṣṇa-yamāri-[rakṣā]-tantra.<sup>326</sup> The name appears to be mean "the Tantra of [protection by] the yāmari (or enemy of death) (named) Kṛṣṇa," rather than of "the black yamāri," since several of the chapters end with the phrase "the yog; (will attain the stated goal, etc.) according to the statement of Kṛṣṇa (kṛṣṇasya vacanaṃ yathā). A manuscript from Nepali Saṃvat 500 = 1380 CE is cited in the Shāstrī's Asiatic Society of Bengal catalogue. The first chapter on consecration (abhiṣeka-paṭala) opens as follows: "Thus it was heard by me; at one time the Bhagavān was taking his pleasure in the vaginas of all the vajrawomen of the body, speech, and mind of all the Tathāgatas. And then the Bhagavān welcomed the king of all the Tathāgatas, Vajrapāṇi, Vajrasattva, along with the groups of the Mahāyamāris, beginning with Moha-vajra-yamāri (Confusion) and

Piśuna-vajra-yamāri (Slander) and Īrṣyā-vajra-yamāri (Envy), Dveṣa-vajra-yamāri (Hostility) and Mudgara-yamāri (Hammer) and Danda-yamāri (Stick) and Padmayamāri, and Khadga-yamāri, and Vajra-carccikā, and Vajra-vārāhī, and Varjasarasvatī, and Vajra-śaurī, and Alokā. Then the Bhagavān [said] 'Oh Khavajra,' to [the one] receiving the instruction. Then [there is] a second statement. He entered the womb of his own body, speech, and thought, the samādhi called the thunderbolt that destroys Māra. 'One should destroy Māra by using the moon-vajra; for quelling the māras, and for removing hatred everywhere, for protection, one should created the vaira abounding in the five rays; and likewise [one should created] with the vajra the earth and the wind, the enclosure, and the cage.' Then the Bhagavān, entering into the samādhi called the generator of all the Tathāgatas and the destruction of all the Māras, spoke to everyone. He entered the light ning-womb of his own body, speech, and mind, the seed of vaira, yama, the āryas, etc.: 'In the middle of ya is kșe sa me da ya cca ni rā jā sa ho ru na yo ni ra; the first destroyer of yama is in ra; in kse Moha [-vajra-yamāri] is said to be; in ma is the aksa [seed] Piśuna, and in the phoneme sa is Passion, and in da is Envy; [these] are the five known as the destroyers of Yama. In ya is the Hammer, in ca is the Stick-leader; in ni is Padmapāņi, and in rā is Khadgavān also; in jā Carccikā is said to be, and Vārāhī is in sa. Sarasvatī is also in the phoneme ho, and Saunikā is considered to be in la. The womb of na is in the square; [these] are considered the four instruments; one should consider that the terrifying universal thunderbolt resides in the middle of the sky-lightning bolt. One should [meditatively] create pitiless time residing in the

middle of Yamāntaka (the destroyer of death), and Mohavajra in the eastern door, and Pisuna in the southern, and Ragavajra in the western, and Irsya in the northern door. In the four tridents in the lightning bolts of the corners, one should visualize Carccikā etc. In the four tridents of the lightning bolts of the doors, one should visualize the Hammer etc. In the four corners of the universal lightning bolts, [one should meditatively created the heads of the kings.' Then the Bhagavān, entering into the samādhi called the Yamāri-vajra of the king of all the tathāgatas, declared the great mantra of the clan of hostility. 'Om hrth strth the disfigured face hum hum phat phat svāhā.' Then the Bhagavān, the king of all the tathāgatas, declared the Moha-vajramantra: 'Om Jina jika. Then the Bhagavān declared the Piśuna-vajra-mantra: 'Om ratnadhrk.' Then the Bhagavan, king of all the tathagatas, declared the Raga-vajramantra, 'Om ārālika.'"327 The text gives more mantras of the various vajra entities, 328 then some dhyānas: Yamāri is three faced, six armed, fierce, like a sapphire [in color]; intensifying the lightning bolt in the hand, the wise one should generate Yamāri into existence. Mohavajra is three faced, six armed, peaceful, like a very clear mirror; contemplating a cakra in the hand one should generate Mohavajra. *Piśunavajra* is three faced, six armed, nourishing, like burnt gold [in color]; intensifying a gem in the hand, one should generate Piśuna-vajra. Rāgavajra is three faced, six armed, controllable, like a ruby in apppearance; intensifying a lotus in the hand, one should generate Rāgavajra. Īrşyavajra is three faced, six armed, universal, like a budding lotus. 329

Chapter two of the Kṛṣṇa-yāmari is hymns to the deities (mahāmaṇḍala-

pațala); chapter three is on karma-yoga. Śāstrī gives an extract from the fourth chapter: "The holder of the vow should draw a pair of cakras on the cremation shroud. With rājikā<sup>330</sup> and salt, with black salt and with nimbaka, the three spices, <sup>331</sup> and the arsana (?) from the cremation ground. And having made the index finger red with the resins from the thorn-apple leaves, and also with the seeds of canda, 332 or with the juice of the citraka, 335 taking some clay from the salt flats, the vow-holder should draw, on the fourteenth lunar day, ornamentation on the Candāla's earthen pot using a 'starving lotus' drawing instrument. At midnight, with fierce thought because of the relationship with evil people, one should bind together the name of the obstacles to sentient beings with the hum syllable. Facing south, the yogī should draw himself as the destroyer of death. Mahācanda in his fierce form, adorned with skull fragments, sitting on a buffalo, with a lolling tongue, a big belly, terrifying, with tawny erect twisted locks, likewise [tawny] curly facial hair and eyebrows; and [he should draw] in the right [hand] the great vajra, and also a chopper [in] the second [hand]; in the third hand a knife, and now, the left: on the left a cakra, and a great lotus, and a skull; at the front of the root, 334 [he should draw] the great bee, on the right, very brilliant [like] the moon; the left, said to be blood-red like, adorned with diamond ornaments. [He] should make the holes of the pores of the skin irradiate the king of his own clan, standing in the pratyālīdha position, standing up on top of a solar disk, his face with terrible deformed fangs, appearing like the blazing fire [at the end] of the age. Furnishing oneself in this way [evam ātmānam sannahya], one should apply what's to be prepared in front...."335

Chapters 5 and 6 of the Kṛṣṇa-yāmari are Drawing the symmetrical circle, and Looking at the cakra. The sixth chapter begins: "Now I will explain the mantra for performance of the ritual offering for all beings. When the great mantra is articulated [it causes] trembling in all beings: to Indra hrth, to Yama strth, to Varuna vi, to Kubera kṛ, to Iṣāna ta, to Agni a, to Naiṛṭya na, to Vāyu na, to Candra hum, to Arka (the Sun) hum, to Brahman phaṭ, to Vasudhāra phaṭ, to Vemacitrin (the variegated loom) svā, to all beings hā; hā hā hīm hīm hūm hūm he he svāhā. Having made the triangle [surrounded by] a circle, the yogī should satisfy the deities with mixtures of feces, urine, and water, and one should meditatively remember hāhā." "337

Chapter 7 is on the means for attracting the *śaktis* of the different *Yamāris*. 338

"The wise one, through use of the protection attraction, should meditatively create

Carccikā with three faces, six arms, white, a cakra in her hand, moon-like. The wise one, through use of the liquor attraction, one should meditatively create Vārāhī, with three faces, six arms, a hog's snout, with a vajra in her hand, very blue. The vow taker should visualize Sarasvatī with three faces, six arms, red, holding a lotus in her hand, and beautiful, for the purpose of increasing wisdom. Through the use of the white attraction the wise one should visualize Śaurī<sup>339</sup> with three faces, six arms, like a blossomed lotus."

Chapters 8 and 9 are on the rules for the *homa* and on the female terrifier (*Bhimā*) of the *yamāris*.<sup>341</sup> Part of the ninth chapter reads: "With the flesh of a brāhmaṇa, with the ashes of the funeral pyre and with the soil [under] that, one should create an image of *Yamāri* with two arms and one face, with a great *vajra* in

the right hand, and a man's head on the left, colored white, really terrifying, one should mow down the evil ones with that [image]. One should offer the *bali* every day with the five types of flesh and the five nectars; the *yogī* should continually request of that [image]: 'you must cut down my enemy.' This having been requested for seven nights, the enemy will die at dawn."<sup>342</sup>

Chapter 10 is the practice, recollection, and meditation of the Vetāla (goblins). Chapter 11 is on practice according to the community. Chapter 12 is on the characteristics of common practices (among the various communities). Chapter 13 is the determination of siddhi. Chapter 14 is the practice of Mañju-vajra. 343 Chapter 14 begins as follows: "Here is this supreme ceremonial practice according to the reading of the sūtra; a is primary, because of the lack of initial arisal of all the dharmas; in the form of the glorious destroyer of dearth, meditating on the student, the eye, the well-concentrated one should get rid of [even] the best of the best of the knowledge sūtras. Then this is the esoteric custom of entering into the great mandala: the string prepared by the wise ones is smeared with the five cow products, is long [enough] for twenty doors, and is twice [the dimensions] of the mandala. Then this is the given practice for solicitation of the great vajra: 'Aho the Buddha the great teacher, Aho the lord who is a host of properties is in my body; the community, the reality, and the bodhicitta are in my body.' Then this is the custom for taking hold of the great earth, the invocation of the vajra-earth. 'You Oh goddess, are the witness of the all the Buddhas, of the protectors, for the specifications of proper practices, and for the perfections of the earth." 344

Śāstrī gives another short section of chapter 14: "And those (ye) who intensely control their breaths, eat fish, meat, etc., delight in liquor and beautiful women, who hold to the atheists' vows, the men who are not consecrated, and who cause all sorts of mischief, who delight in the districts of villages, become perfected; there's no doubt, according to the statement of Kṛṣṇa; now all these (te) bodhisattvas, beginning with Maitreya, having heard the etymology of the word vajra became, and remained satisfied." 345

Chapter 15 is the practice of the *Vajra-ananga*, i.e. the thunderbolt-*Kāma* or the lightning-bolt god of love. The begins: "'And now I will explain the secret in summary, and not in detail. By knowing just this, one can attract the *Apsaras*. One should meditatively create the lightning-*kāma*, very attractive, with a yellow body, two arms, one face, with a bow and arrows in hand. One should meditate *Rati* (*Kāma*'s wife) in the east, and in the south *Madanasundarī* (intoxicatingly beautiful), in the west *Kāmadevī*, and in the north *Madanotsukā* (She who is eager for sexual love). One should visualize the bow and arrow for all the goddesses of love; one should meditatively create them as yellow, red, black white and red. And in the corner one should always apply *Aniruddha* (*Kāma*'s son), husband of *Uṣā* (the dawn). In the door[s] and in the quarter[s] it is said there is Spring and Crocodilebannered (*Kāma*); and it's said there is *Kandarpa* and *Darpaka* (two names of *Kāma*), and likewise *Bāṇāyudha* (armed with arrows = *Kāma*) is remembered. One should visualize in the head the Death Destroyer of all the gods; one should meditatively create lightning-*Kāma* situated at the tip of the of mouth of women,

[like] a bird, vibrating everywhere, produced from the sītkāra mantra.<sup>348</sup> Meditating on she who is longed for, who is agitated, who is piercing (?),<sup>349</sup> eager for ardent passion, who has fallen at one's feet, enveloped in a red garment. And one should recite the mantra for her, "omkāra, not separated from heaven." Then having given the svāhā at the end, one should utter the sītkāra mantra. "May this woman become subject to my will." One should meditatively visualize [her] for seven days. The yogī will obtain the [woman] who is longed for, according to the statement of Krsna." "350

Chapter sixteen is the sādhana of Heruka, chapter 17 is the recitation about the bodhicitta, also called the kathāpaṭala, as is the eighteenth chapter. The closing colophon reads: "The king of the guhyakas, the leader of the lightning bolt-clan, endowed with the sap of the nakaṭakū (?), spoke this great royal Tantra; it came out of Odiyāna, and is a complete extract from a one hundred and twenty-five thousand [verse text]."351

#### 4.6.7. The Catuspītha[nibandha]tantra

A famous Buddhist Tantra is the *Catuspīţhatantra*, and we have several 11th century manuscripts of commentaries on this text, as well as a 12th century manuscript of the Tantra. In Śāstrī's Nepal Durbar Library catalogue he gives an extract from a *sādhana* text of this Tantra entitled *Catuspīţhanibandhah*. The colophon providing the date reads: "The abbreviated *sādhana* of the *Catuspīţha* is completed. It was written by Śākyabhikṣukumāra-candra while residing in the *Śrīpadmacakra-mahāvihāra*, commissioned by Śrīguṇakāmadeva, in the kingdom of

Śrībhāskaradeva, on Friday, on the tenth day of the bright half of Śrāvaņa (July-August), Samvat 165, for the attainment of the ultimate fruit [by] mothers, fathers, gurus, teachers, dear friends, and all beings. The clan-son in the real."352 Nepal Samyat 165 = 1045 CE. Petech dates Bhāskaradeva to 1043-1050, specifying this text's date as July 26th, 1045 and dates Gunakāmadeva to 942-1008,353 so it would appear that the text was begun during the earlier king's reign, and took some 40 years to complete. There are several texts from this tradition in the Tibetan catalogue. We find the Śricatuh-pitha-mahā-yogini-tantra-rāja (Tohoku 428--50 folios) translated by Gayadhara and bgos Khug-pa Lhas-btsas, Śrīcatuh-pīṭha-ākhyā-tantra-rājamantrāmśa-nāma (Tohoku 429--29 folios) translated by Gayadhara and Śākya ye-śes, and the Śrī-catuh-pītha-vikhyāta-tantra-rāja-nāma (Tohoku 430--44 folios) translated by Smrtijnanakirti and revised by Bu-ston. There are four Śrī-catuh-pīthacommentaries in the Tibetan canon, 1) -tantra-rāja-mandala-vidhi-sāra-samuccaya (Tohoku 1613--25 folios) attributed to Aryadeva, and translated by Gayadhara and Hgos-khugs-pa lhas-btsas, 355 2) -smrti-nibhanda-nāma-tīkā (Tohoku 1607--127 folios) by Bhavabhadra, translated by Gayadhara and Hgos, 356 3) -yoga-tantra-sādhana (Tohoku 1610--9 folios) attributed to Aryadeva, translated by Kamalagupta and Rinchen bzań-po, 357 and the 4) -sādhana (Tohoku 1616--5 folios) written by Bhavabhadra, translated by Gayadhara and Hgos Lhas-btsas. 358

As Śāstrī notes, the *Catuspīthatantra* is also mentioned in the second verse of the *Yogāmbara Sādhana Tantra*: "This sincere propitiation, the brief good *sādhana* is stated by me on account of the request of the students, according to the rules [set out]

in the CatuhpItha." The extract (somewhat difficult to follow without the original text) reads: "So in the ĀtmapItha section, the ātma of the wind etc. principles is itself one's own body, the pItha, the āsana, the basis; by this set of statements the wind etc. principle is expressed, or is referred to. ĀtmapItha [indicates that] the ātma is the pItha. Thus the first chapter in the ĀtmapItha in the CatuspIthanibandha.

Now he relates the chapter on the knowledge of time, and the illusion of that, etc. 'Oh Bhagavān, I want to hear about the principle of knowledge, [its] domain [?], its removal etc.; we are this mark, the body (anga); hence the mark of death. How is the principle assembled? The principle of the mantra? '[Bhagavān answers]: 'Listen to the teaching about the mark of the vajra great king, and the body. By the actions of emanation etc., royally, thus the king. The vajra is the protector of Akṣobhya, the great king, so this is known as the Vajra-great king. The body is to be understood as the mark. You must listen next to the [state of] remaining (sthitam) that is like the time of death; it is known as what has penetrated the time of death—this is the sense. He stated the mark, the breaths, etc.'"350

Śāstrī gives another extract from leaf 8A of the manuscript: "One should utter that, having created the previously described mandala-cakra according to the rules and regulations for worship. One should offer worship with the collected mudrās and mantras as stated, 'Om you must make the great offering, hūm svāhā.' Stretching out both hands, wiggling the middle fingers, at the time of the sacrifice into the fire, with the consort who is intoxicated by the offering at the time of the sacrifice, there is examination of the fire. If it indicates a bad omen, then 'vajra' you must become

visible hum svāhā.' In the place where there is a bad omen, then one should offer ghee there one hundred and eight times, with quieting water from the dravya. Having offered the consecration [water] in the three, as before, the offering to the root-deity [mūla-devatā-homah] is to be offered, according to the previously mentioned method. Having drawn [the deity] in with the breath, one should establish in one's own body; releasing [it], it should become visible-this is the rule of the offering (homa-vidhi). [According to] the rules for the sacrifice, ... [following?] the extended procedure, having performed the preparation (?) with various garments, one should create a square mandala with white sandal, from the pitcher with the white powder. Having smeared the middle vessel, filling it with shaving water and sandal, decorating it with blossoms etc., offering a lac-reddened body in the form of eye-leaves (drsti-pattrarūpakā-laktakāngam?), reciting eight-times individually [the mantra] beginning with Om and ending with svāhā, hum, hrum, sum, kṣum, yum, hum, strām, stryām, kṣrām, one should set up the eight pitchers in their appropriate places. And placing the large vessel in the middle, performing the entire ātma-yoga as previously stated, honoring the ātman (ātmānam pūjayitvā), then one should begin that externally, 'in the likeness of a lotus, svāhā,' cupping the hands in the shape of a lotus. Then one should see the lotus of the middle vessel, the mandala with the moon, provided with a white parasol. Then one should meditate with the *hūmkāra* there on the knowledge-woman, superintended by the vajra-hūmkāra. One should meditate on she who is steadfast in the sattva-paryanka, 361 her two arms colored white, and on the vajra and stick on the left and right arms. That one is Vajrī in the east, Ghorī in the north, 362 Vetālī in the

west, 363 and Candall in the south. 364 In the northeast [she is] Simhint, 365 in the southeast Vyāghr. 366 In the northwest [she is] Ulūkt. 367 She is to be meditated upon as the previously stated ornament of wise men. And one should make the mudrās and mandalas of these.366 'Make that stay at the right time, hum phat.' Performing the vajra-bandha, extending the two index fingers, making the cakra and the knot, one should show [them?] to the community. One should worship as before, 'am hum svāhā.' Making two vajra-fists, one should place the left one on the heart, and the right one on the head; hence the mantra of the mūla-bh[a]dra (root-"dear"). And the root-mantra, having given also the water as desired, combined with durva sprouts, together with jasmine etc. flowers; uttering that one mantra, performing the accompanying meditation, one should strike the vajra in the diadem of the goddess. One should offer the ayutāpūrvvam ("ten-thousand unprecedented?) substance. There will be whatever siddhi that is desired, long life, health, and growth. And at the end of the homa one should give the offering in the manner that was described. In the entire ritual, the śukla procedure is sattvic (?). One should make the eastern face peaceful. One should make the water that removes all misfortune, etc., and the state of peacefulness with a mind that has pacified the threatening one hundred bead garland. And the water, beginning 'prosperity, ksa, you must make the northern face the one that provides prosperity by honoring all that is yellow, [and] you must invite all wealth.' With a mind delighted by the permanence in the central channel of the hundred bead garland and the one hundred eight bead garland, one should make prosperity. By honoring all that is red in the vasya (subduing ritual), 'you must bring

the western face to me, you must draw it from the directions,' etc. and the water. Placing the twenty-syllable garland in the fourth finger, one should perform the pacification [rite] with a protective mind. And in the incantation, with the *ka* service, "you must kill the southern face, you must expel it," etc., and the water. With a rosary of sixty beads, with the continued presence of a young lady, with a mind filled with anger, one should conjure. [Thus] the subject matter of the offering, the *homa*, and the sacrifice is briefly written about according to the tradition of the *Catuspīthatantra*." <sup>369</sup>

Manuscript III.360.A in Śāstrī's Durbar Library catalogue is another commentary on the *Catusplithatantra* entitled *Catusplithāloka*, dated N.S. 132 = 1012 CE.<sup>370</sup> Śāstrī provides a short extract: "Homage to all the beautiful women. Honoring the five forms—the shining line of the new moon holding the sun, providing an image of the *Buddha*, Maitreya, and the beautiful young woman on his head, and Mañjughosa, the form of the stick arising from the lotus, the beautiful form of the diadem, the *Vajra*-possessor, the dreadful sound, the form of *vijñāna* and *jñāna*, destroying the fear of the world, this commentary is written because of the entreaty for the protection of the body. From the statement beginning 'in this way the language' up to 'they praised,' the rules for declension and gender, the compounds, etc., and the heavy and light syllables, caesuras, and meters etc. are to be employed as appropriate according to [their usage in] *Āryadeśa*. By what begins 'in this way, knowing all the languages,' four meanings are indicated: the indicator and the manner of indication, the meaning to be indicated, [and] the place. Of these, the

indicator is 'knowing all.' 'In this way' is the manner of indication. 'Knowledge' is the meaning to be indicated. 'The pure abode' is the place. When there is meaning in that sense, it is ..., the meaning 'of the buddhas.' Wherever there is 'southern,' that itself is the meaning. 'The covering with the yogint's net:' the yogints are the perfection of wisdom, etc.; the net is the assemblage, as was previously stated. 'In the samapada'<sup>371</sup> etc.: the foot is on the opposite big toe and toe, the feet are even in the nature of an embrace. And by contracting one of those feet, standing up vertically, or the cittapadam (?). One should make both hands, an external toe-ring, [and] the pair of knees like that. With the two forearms, the swan-wings position. Placing the right foot in the mandala and the left foot on the ground, one sprinkles the water with the gesture of transcending the three worlds; hence the three steps (of Viṣnu--trivikramapadam). One should step over the left foot with the right foot. Bending the left leg, one should stretch it out to the extent of five vitastis<sup>372</sup>--such is the altaha. For the pratyālīdha here, bending the right leg, one should stretch out the left leg to the same extent.

"One foot is raised up. One should not move it around. Hence, [keep it] in one place. Reclining in pleasure with a woman inspired by an amorous look, when moving the foot back and forth by various means, if at first one touches the parts of one's body with [her] foot that's moving back and forth, [then] squeezing [the foot] all over, and by means of pressing it onto the opposite thigh, because of that resting place, one should rest on what has been produced through prior effort; and so for both, i.e for both feet of the *yogint*. Or until the half-setting up, [i.e.] making the

sacrificial post. And he said; from one the knee is dulled from the three (?) that are applied to the knee. The pair of feet belonging to the seated man are placed on the opposite knees, paining the left side, and beating on the shaved head. Embracing the neck of Prajñāpāramitā firmly in the noose-like arm of Vajrasattva, and placing that all around the goddess' lower leg, then joining together as the samputa. 373 it is said that there is liberation from the variety of prāņa [flowing] through the woman's throat. So it was explained by Aryyadeva. 'The sexual embracing of the pair,' i.e. whence there is the commingling of wisdom and means; by activity subsequent to transmigration with regard to the constituent [common] to all sentient beings--this is the meaning. Having liberated the covering of the net of yogints, there is no further essence to samsāra. 'And it is to be employed for liberation,' i.e. one should do circumambulation. 'And that particularly,' i.e. because of using the word 'particular,' there is an abridgment in [one] word of what is stated in twelve-thousand [verses] in the Kakşapuţa, i.e. this is the Kakşapuţa in that sense. [Verse:--largely unintelligible] Bearing fire together (?) with the king, a beautiful woman with beautiful hands, she who is the thunderbolt of the ocean of Indra, causing confusion among those terrified of hell and among the ascetics with matted hair you must make the four-fourfold-five mixture for the body! You are a young woman suitable to desire, pleasure with fangs(?) | Hence it is to be written down at the end of the Kaksaputa."374

A manuscript of the *Catuspīthatantra* is listed in Bendall's catalogue of the Cambridge University Library.<sup>375</sup> Palm leaf, from the 12th century, it is divided into

four prakaranas, the first (no name), the ātmapītha, the parapītha, the yogapītha, and the guhyapītha. In the Asiatic Society of Bengal catalogue Śāstrī cites a 12th century manuscript of what appears to be a ritual manual based on this text under the title Catuspithanibandhah, and gives the Sanskrit (with some ellipses) of the first leaf: "Homage to the three jewels. Paying homage to the truly terrifying lightning tongue, completely filling the entire mouth, I will explain [the goddess] whose garment is conducive to sādhana. The mantra-possessor who has attained the consecration, the proper learning, and has entered into the mandala is to begin the procedure of mantra-recitation according to the rule described in the Kalpa, for the goddesses' ocean of perspiration. At first, to that extent, with the mantra-possessor's great effort ... [in?] rnagical power, prognositiation, etc. ... for she who protects .... | ... not possessing an ātman, with the riches of a king etc., with the mind determined upon the discipline of either achieving or requesting siddhi, the entire pair with Vişnu {?}. With an unwearied mind engaged in purified external and internal practice, intent upon all the dharma-statements in the perfection of wisdom etc., on the mountains, in the gardens and parks, in the cremation grounds, the lotus-lakes, the rivers and on the river banks, in the monastic retreats, dwellings, and caves, etc., or in places pleasing to the mind, smearing oneself with mud or cow dung, etc., one should prepare the ... ground. There is this sequence of procedures [to be followed]: at night, at the time of the end of the third [portion of the night], having arisen from sleeping, one should restore the non-existence at the end of everything to all the Buddhas and bodhisattvas situated at the end of the dharmadhātu in the space that has three paths. Then one

should pay homage to the self with the twelve-syllable *mantra* with the thumb-seal, [and] one should provide protection in the five places. Then one should go to the external place; at night one should face south; during the day, one should face north. Then, purified, one should perform the ablutions of the five limbs. Then, having provided the three water-offerings to the goddess, one should go to the temple. Having meditated on *bhagavatī* as non-existent in front of one of the polished images of the goddess in the disk that is sprinkled with flowers and properly anointed, wearing a red garment, supplied with all the sacrificial implements, facing to the west, etc., or facing north, one should honor all the living *Buddhas*, *bodhisattvas*, *pratyekabuddhas*, *āryyaśrāvakas*, etc. residing in all the worldly realms. Then, having honored the *Bhagavatī*, having offered an *añjali* with one's head, one should say: 'may the three jewels protect me; I confess all my sins; I delight in the merit of the world; I place my mind in the enlightenment of the *Buddhas*.' Having made offering in that way, one should utter the purified *mantra*: 'homage to the seven days, to all the *Buddhas*, *Om*, to all the purified *dharmas*...'"<sup>376</sup>

## 4.7. Texts Cited by Abhayākaragupta Not Yet Located in Sanskrit Manuscripts

There are a number of texts cited by Abhayākaragupta that survive in Tibetan translation, and that I have not yet located in the Sanskrit manuscript catalogues. The originals of these texts may be lost, or may simply be located elsewhere. I understand from my colleague Christian Wedermeyer that there is an index volume to a catalogue of the Tibetan Canon published in California that contains a complete listing of all the Sanskrit manuscripts still extant of Buddhist Tantric works translated

into Tibetan; however the library holding the volumes was unwilling to send it through Inter-library loan, despite several requests, so I have not had a chance to check this. As I mentioned at the beginning of this chapter, I have not had the time to scour all the Sanskrit manuscript catalogues in the European libraries, so there may well still be Sanskrit manuscripts of the Tantras listed in this section.

# 4.7.1. The Trailokyavijayatantra

There are ten works of the Trailokya- system in the Tohoku catalogue, three Trailokvava-Samkara-lokesvara-sādhanas a) (Tohoku 3169--one folio) translated by in the early 12th century<sup>377</sup> by Tshul-khrims rgyal-mtshan, b) (Tohoku 3427--one folio) by Saraha, who may or may not be identical with Padmasambhava, and in any case must date to the eighth century, translated by Grags-pa rgyal-mthsan in the mid-14th century, 378 and c) (Tohoku 3428--one folio) translated by the 14th century Grags-pa rgyal-mtshan; a Trailokyava-śamkara-ārya-bhugma-sādhana (Tohoku 3436--2 folios) by Śūnyatā-samādhi-vajra-pāda (possibly from the 9th century), 380 translated in the 14th century by Gragas-pa rgyal-mtshan, and five Trailokyavijaya- texts, 1) -Nāmavṛtti (Tohoku 2509--69 folios) by Muditakoşa--probably the same as Muditaśrī, who dates to the early 12th century, 381 translator unknown, 2) -Mandala-vidhy-ārya-tattvasamgraha-tantra-uddhrta (Tohoku 2519--43 folios) by the Kaśmīri Ānanda-garbha (Kun-dgah sñiń-po), translated by Rin chen bzań-po (958-1055). Anandagarbha was responsible for the Sarvatathāgata-tattva-samgraha-sūtra commentary called the Tattva-samgraha-abhisamaya-nāma-tantra-vyākhyā Tattvālokakarī nāma, a commentary on the Māyājāla-mahātantrarāja, and edited version of a long

commentary (Pañjikā) on the Guhyasamājatantra; he also wrote two commentaries on the Paramāditantra, the Vajra-dhātu-mahā-mandala-upāyikā called Sarva-vajra-udaya, the Vajra-sattva-sādhanopāyikā and the Vajra-sattva-udaya-nāma-sādhana-upayikā, and a commentary on the Sarvadurgatipariśodhana entitled the Sarvadurgatipariśodhana-tejo-rājasya tathāgatasya ārhatah samyak-sambuddhasya nāma kalpa-ţīkā. Unfortunately Naudou has no specific information on his dates; 383 we know however that Rin chen bzan-po lived from the mid-tenth to mid-eleventh century. 384 so Ānandagarbha's works, and all the Tantras he commented on, must predate the mid-tenth century. 3) -Mahā-kalpa-rāja (Tohoku 482-48 folios) translated by Rin-chen bzan-po or Rma dge blo, revised by Sha-lu-pa Yeśes rgyamtsho, and 4 & 5) two -Sādhanas (Tohoku 3278—one folio) translated by Avhaya and Tshul-khrims rgyal-mtshan, and (Tohoku 3624—one folio) translated in the 14th century by Grags-pa rgyal-mtshan, 385 and 6) Trailokya-samkara-avalokiteśvara-sādhana (Tohoku 3371—one folio) by Saraha, translated by Don-yod rdo-rje and Barti. 386

### 4.7.2. The Mañju-vajra-mandalatippanī

There are four *Mañju-vajra*- texts in the Tohoku catalogue, and though we don't have a translation of this particular text, or a date for one author, the late date of these translations suggest that this was a later, and perhaps less significant development in the Buddhist Tantric group. 1) *-Pūja-vidhi* (Tohoku 1902--one folio) written by Śrīdatta (Dpal sbyin), translated by Vibhūticandra (of the thirteenth century), <sup>387</sup> and revised by Blo-gros sen-ge, 2) *-Sādhana* (3476) translated by Grags-

pa rgyal-mtshan (late 13th, early 14th century--a near contemporary of Bu-ston), <sup>388</sup> the 3) *Siddha-eka-vīra-sādhana* (Tohoku 3322--one folio) translated by Ba-ri Dharmakīrti (Ba-ri Chos-kyi grags pa), and 4) the *-Udaya-manḍala-vidhi-sarva-sattva-hitāvahā* (Tohoku 2590--49 folios) translator unknown. <sup>389</sup>

# 4.7.3. The Vajrāmrtatantra

There are four texts in the Tohoku catalogue from this tradition, 1) Vajrāmṛta-tantra (Tohoku 435--11 folios) translated by Gyi Jo Zla-baḥi ḥod-zer, the Tibetan translator who worked with Bhadrabodhi (Nāropa's student) to accomplish the first Tibetan translation of the Kālacakratantra in 1027 CE. 390 2) Vajrāmṛta-tantra-ṭīkā (Tohoku 1650--38 folios) by the Kaśmīri Guṇākaraśrībhadra (c. 1075-1125 CE391--Guṇa-bhadra, Yon-tan bzaṅ-po), translated by Smṛtijñāna, 3) Vajrāmṛta-pañjikā (Tohoku 1649--15 folios) written by the 13th century 393 Kaśmīri Vimalaśrībhadra (Dri-med bzaṅ-po), translator unknown, revised by Rin-chen grub, 4) Vajrāmṛta-mahā-tantra-rāja-ṭīkā (Tohoku 1651--51 folios) by Bhago, translated by Tārapāla and Chiṅs Yon-tan ḥbar, revised by Śīla-guḥya-vajra and Glog skya śes-rab brtsegs. 394

# 4.7.4. The Amnāyamañjarī

There are two texts that appear to be related to the Āmnayamañjarī in the Tohoku Catalogue, 1) the Āmnaya-viśeṣa (Tohoku 3175--one folio) translated by Abhayākargupta and Tshul-khrims rgyal-mtshan, and 2) the Āmnayātantra (Tohoku 3200--one folio) translated by Abhayākaragupta and Tshul-ksisms rgyal-mtshan.<sup>395</sup> Abhayākaragupta himself helped translate the Ämnayātantra into Tibetan.

# 4.7.5. The Buddhakapāla-sambara-hevajra

There are six Buddhakapāla- texts in the Tohoku Catalogue, 1) Buddha-kapāla-tantra-tattva-cadrika-pañjikā (Tohoku 1653--16 folios) by Padmavajra (perhaps the same as Padmākara and Padmasmabhava, listed in Tohoku as Padma rdo-rje) translated by Din-ri Chos-grags (?)--who post-dates Abhayākaragupta, and revised by Blo-gros brtan-pa, 2) -Tantra-pañjikā-jñānavatī (Tohoku 1652--46 folios) by Saraha-perhaps a contemporary of Padmasambhava, perhaps even a bit earlier, translated by Gayadhara and Jo Zla-baḥi hod-zer, 3) -Nāma-yoginī-tantra-rāja (Tohoku 424--24 folios) translated by Śrīgayadhara and Jo Zla-baḥi hod-zer, 4) -Manḍala-vidhi-krama-pradyotana (Tohoku 1657--13 folios) by Saraha, translated by Gayadhara and Jo Zla-baḥi hod-zer, 5) -Mahā-tantra-rāja-tīkā-abhaya-paddhati (Tohoku 1654--59 folios) by Abhayākaragupta, translated by Din-ri Chos-grags (?), and revised by Blo-grso brtan-pa, and 6), the Buddhakapāla-sādhana (Tohoku 1655--4 folios) by Saraha, translated by Gayadhara and Jo Zla-baḥi hod-zer. (Ui et al 1934:261, 76, 262, 261).

### 4.7.6. The Yogini-sañcāra-tantra

There are two texts from this tradition in the Tohoku catalogue, 1)

Yoginīsañcārya (Tohoku 375--10 folios) translated by Hgos lhas-btsas, and 2) Yoginīsamcārya-nibandha (Tohoku 1422--19 folios) by Tathāgatarakṣita, translated by
Tathāgatarakṣita and Rin-chen grags. 396

### 4.7.7. The Padmasupratisthitatantra

There is no text called the *Padmasupratisthatantra* in the Tohoku Catalogue. There are five called the *Padmanarteśvarasādhana* (Tohoku 3160, 3161, 3335, 3423, 3424) and one called the *Padmajālodbhavasādhana*, as well as a *Padmanarteśvarī*-

guhyārtha-dharavyūha (Tohoku 1667), and a Padmamukuṭatantra (Tohoku 701--7 folios) translated by Dharmaśrīmitra and Chos-kyi bzaṅ-po.<sup>397</sup>

# 4.7.8. The Vajraśekharatantra

This text is listed in Tohoku Catalogue as the Vajra-śekhara-mahā-guhya-yoga-tantra (Tohoku 480--132 folios) translated by Karmavajra and Gshun-nu tshul-khrims.<sup>398</sup>

# 4.7.9. The Subāhu-paripṛcchā

There are five Subāhuparipṛccha- texts in the Tohoku Catalogue, 1 & 2), Subāhuparipṛcchā (Tohoku 79--this is an erroneous listing--Tohoku 79 is the Ārya-Acintya-buddha-viṣaya-nirdeśa-nāma-mahāyāna-sūtra) and (Tohoku 805--22 folios) translator unknown, 3) the Subāhuparipṛccha-nāma-tantra-pinḍa-artha (Tohoku 2671--16 folios) written by Sans-ryas gsan-ba, translator unknown, 4) the Subāhuparipṛccha-nāma-tantra-pinḍa-artha-vṛtti (Tohoku 2673--16 folios) translator unknown, and 5) the Subāhuparipṛccha-sūtra-udbhava-praṇidhāna (Tohoku 4381--1 folio), translator unknown. 399

# 4.7.10. The *Ānanadagarbha*

There is one text to this tradition in the Tibetan canon, the Ārya-Ānanda-garbha-avakrānti-nirdeśa (Tohoku 57--11 folios, in the Dkon-brtsegs section of the canon). No Sanskrit or Tibetan author or translator's name is listed (I cannot read the Japanese note in the catalogue).

# 4.8. Conclusion

As we look back through the telescope of time into the history of the Buddhist

Tantric tradition, we can see very clearly through the second millennium CE thanks to the systematic preservation of and commentaries on the canonical Buddhist Tantras by the Tibetans. This clear view takes us back to the time of Abhayakaragupta in the late 11th-early 12th century, and the traceable citations of Buddhist Tantric texts in his works, particularly the Vajrāvalī and also the Sādhanamālā. With careful and diligent tracing, we can, thanks largely to the work of Naudou, with some help from Tucci, Lokesh Chandra and others, trace the probable time periods of many of the authors of the original commentaries on the Sanskrit Tantras who lived in India (mostly northern India it appears) during the 10th and 11th centuries. As we push back further in time, things become murkier, as we are faced with the names of some of the Mahāsiddhas who wrote commentaries and who are largely of uncertain date though by general consensus held to have lived in the 8th-11th centuries. Then we have a very few commentaries by Indrabhuti and Padmasambhava that may possibly predate the 8th century by several decades. At that point the trail peters out, and aside from the evidence gathered in Chapter 3 of this dissertation, we have no reliable dates for earlier Buddhist Tantric texts. All of this evidence tends to support the material discussed in Chapter 3 that indicated a popular hetero-sectarian Tantric tradition that gained acceptance into the Buddhist canonical system beginning in the eighth century. In examining the Vaipulya-sūtra classifications of the Āryamañjuśrīmūlakalpa Mahayāna-vaipulya-sūtra, and the Tathāgataguhyakavaipuyla-sūtra, along with Lokesh Chandra's notice of the Vaipulya-sūtra classifications of early Tantras in the Chinese canon (see Chapter 3.7.2), we have

good indications that the Tantric tenets, practices, and texts absorbed into the Buddhist canon were apparently integrated into the *Vaipulya* class literature before texts calling themselves Tantras were officially made part of the canon. With the canonical acceptance, and subsequent systematisations, classifications, and commentarial literature, we find that there was a substantial number of different Tantras and commentaries circulating in India for several hundred years before Buddhism was driven out of India and the Buddhists took their material for refuge into Nepal and Tibet. Fortunately a considerable amount of very early Sanskrit material survives in the Nepali libraries, and in the Bengali libraries where it must have been preserved by particularly wiley librarians who managed to secure the heretical Buddhist Tantric manuscripts among the larger corpus of venerable Sanskrit works. For future research projects, this chapter has provided a substantial introduction to the surviving Sanskrit Buddhist Tantric literature. This introduction should prove of considerable value in helping the longer term project of clarifying the history of the Tantric traditions.

#### **NOTES**

- 1. I've found that most of the Indian University and Research Institute Catalogues simply list the names of the texts, sometimes the number of leaves, and sometimes the dates. Most contain no extracts, or even colophons.
- 2. Someone needs to go through the rest of the colophonic information in the Tibetan translations of Sanskrit Tantric works, and correlate all the information in these colophons with Naudou's work. Second, someone needs to do the same comprehensive study of colophon information in the Chinese translations of the texts from Sanskrit that called themselves Tantras. These two tasks will have to be completed before it will be possible to have more definitive data on what texts were written when, where, and by whom.
- 3. Sum-pa mkhan-po ye'-ses dpal-'byor's Dpag bsam ljon-bzang written in 1748. (Naudou 1980:15).
- 4. The "Bod-kyi yul-du chos-dang chos-smra-ba Ji-ltar byung-ba'i rim-pa, Deb-ther sngon-po, or 'The Blue Annals, the Stages of the Appearance of the Doctrine and Preachers in the Land of Tibet," written between 1476-1478. (Roerich 1976:i).
- 5. Naudou 1980:15-16.
- 6. Naudou 1980:20.
- 7. See Naudou 1980:10-11.
- 8. Rinpoche and Dwivedi 1988.
- 9. Rinpoche and Dwivedi 1990.
- 10. Rinpoche and Dwivedi 1992.
- 11. Stablein mentions that there are eighty-two commentarial texts to this tradition. (Stablein 1976:9).
- 12. It is not really necessary—nor would it be reasonable given the focus of this dissertation—to engage here in an extended discussion of the Tibetan classificatory schemes. Nor is it necessary to repeat the lists of Buddhist Sanskrit Tantric works that were translated in Tibetan. Lists of such works can be readily found in several sources: among these one can consult the Hakuji Ui et al's A Complete Catalogue of the Tibetan Buddhist Canon (Sendai, 1934), the Index of Works cited in Lessing and Wayman's translation of Mkhas Grub Rie's Fundamentals of Buddhist Tantras (The Hague, Mouton, 1968), the Bibliography of Tibetan commentaries and translations from Sanskrit in Glenn Mullin's The Practice of the Kālacakra (Ithaca, Snow Lion Publications, 1991), etc.
- 13. Commentary on 5.243: Tantrottaram vai sakalam avikalam tantrarājam loka-tantrāt kriyātantrāt, lokottarād yogatantrāt tābhyām uttaram lokottaram srīmat-tantra-ādibuddham paramajinapater jñāna-kāyasya sahajasya abhidhānam vācakam (Rinpoche et al 1994b:151.1-3).
- 14. Dhāranī-samgraha, 23 Pañcarakṣā texts, and the 7 Saptavāra texts.
- 15. 105 texts (Tsukamoto et al 1989:68-119).
- 16. 49 texts (Tsukamoto et al 1989:120-146).

- 17. 6 texts (Tsukamoto et al 1989:146-149).
- 18. 2 texts (Tsukamoto et al 1989:149-150).
- 19. 171 texts, mostly dhārapts (Tsukamoto et al 1989:150-175).
- 20. Tsukamoto et al 1989:75-79.
- 21. Tsukamoto et al 1989:142.
- 22. Tsukamoto et al 1989:146.
- 23. Tsukamoto et al 1989:179-186.
- 24. Tsukamoto et al 1989:187-226.
- 25. 42 texts (Tsukamoto et al 1989:227-250).
- 26. 202 texts (Tsukamoto et al 1989:251-332).
- 27. Kālacakra-anusāri-gaņita, Bhagavataḥ Śrī-Kālacakrasya pūjāvidhi, the Śrīmal-lokeśvara-nirmāṇa-Puṇḍarīka-viracita-Vimalaprabhā-uddhṛta-śrī-Kālacakra-bhagavat-sādhana-vidhi, Kālackarasya pūjāvidhi, the Kālacakra-dhāraṇī, the Kālacakra nāma guhya-hṛdaya nāma dhāraṇī, Kālacakra-nivardhana, Kālacakra-mantra-dhāraṇī, Kālacakra-vivarddhana-dhāraṇī, Kālacakrasya mālātantra, Raviśrījñāna's Amṛta-kaṇikā-(karṇikā) nāma Śrī-Nāmasaṃgīti-tippanī, and Vibhūticandra's Amṛta-kaṇika-udyota. (See Tsukamoto et al 1989:333-343). Further sections of Tsukamoto et al's catalogue include a large number of related Anuttarayoga works, sādhanas from the Sādhanamālā, etc.
- 28. Complete list from Lokesh Chandra's Preface to the 1987 edition of the *Shrīcakrasambhāra Tantra* (see Dawa-Samdup 1919).
- 29. Chandra 1977:2.
- 30. See Tohoku #'s 3144-3304, (Ui et al 1934:481-502).
- 31. Chandra 1977:1.
- 32. Dutt 1962:346, and 346n.3. Abhayākaragupta's works are Nos. 1499, 1500, 1654, 2484, 2491, 3140, 3142, 2366, and 3743 in *Tohoku Imperial University Catalogue*.
- 33. Shāstrī 1917:154-155.
- 34. Shāstrī 1917:161-162.
- 35. Shāstrī 1917:164.
- 36. Shāstrī 1917:164.
- 37. See Dwivedi & Rastogi 1987{3}:1152.
- 38. The Vajrāvalī nāma Mandalopāyikā is the subject of a forthcoming dissertation by a fellow Columbia University graduate student, Lobsang Chogyen (Pema), who is editing the Sanskrit manuscript of the text. I thank him for first alerting me to the importance of Abhayākargupta's work through severai conversations we have had on the subject of the development of Tantric literature.
- 39. Nama Śrīvajrasattvāya| bande śrīkū[u]li[ī]seśvaram smaratare mārābhavāreḥ padam, krodho dhāvati dikşu mangalagiro gāyantu vajrānganāh| śrīmad-vajrabhṛto mahimni jagadā dhātu[ū]n mahāmanḍale, niṣpratyūham iha abhayasya mahasā vajrāvalī mīlatu| Asta-varhivajra-bhṛteva vajra-paramparābhis dhriyatām hṛdīyam, yaj-jyotir antas-timiram nirasya śrīvajra-bhṛn-mūrti-matī bibharti| (Shāstri 1917:153-154).

- 40. Christian Wedermeyer has suggested to me another possibility, that some of the commentaries were in fact written before the verse texts were written, with the latter serving as mnemonical summaries of the longer 'commentaries.' My own readings in Buddhist and Savite Tantric material does not however support this possibility (though it may have occurred with texts I have not yet read), especially given the predilection of the commentaries for parsing and glossing the phrases of the verses in standard Sanskrit commentarial format.
- 41. Sānkrtyāyana 1934:218.
- 42. Sāńkṛtyāyana 1934:219-220.
- 43. See Sānkṛtyāyana's list from the Sa-skya Bka'-bum (Sānkṛtyāyana 1934:220-225).
- 44. Dowman 1985:389.
- 45. Dowman 1985:384-385.
- 46. Equal (in number) to the ultimate atomic particles in all the Sumerus of all the Buddha-fields (Sarva-buddha-kṣetra-sumreu-paramāṇu-rajaḥ-samair) (Bhattacharyya 1931:1,1.6 & cf. Fremantle 1971:27).
- 47. Atha vajradharah...bhāşate mandalam ramyam ... sarvatāthāgatam cittam mandalam .... (Bhattacharyya 1931:17 & cf. Fremantle 1971:39).
- 48. Candrakīrtiḥ glosses *Prājňaḥ* as *aduṣṭakarmācāryaḥ*, i.e. a teacher who is free of evil actions. (Chakravarti 1984:42, 1.9).
- 49. Sūtreņa sūtrayet prājfiah... (Bhattacharyya 1931:17 & cf. Fremantle 1971:39).
- 50. Fremantle emends Bhattacharyya's text from gandha-puṣpākulām kṛtvā to gandhapuṣpākulīkṛtvā.
- 51. Parisphuţam tu vijñāya mandalam cittam uttamam pūjām kurvīta yatnena kāya-vāk-citta-pūjanaih | sodadhābdikām saṃprāpya yoşitam kāntisuprabhām gandha-puṣpākulām kṛtvā madhye tu kāmayet | (Bhattacharyya 1931:18-19 & cf. Fremantle 1971:39-40).
- 52. In Chakravarti's edition, the gloss on this section is missing (accidentally?). The text of Chakravarti's edition is based on "the photograph copy of the manuscript of the famous Rahul Collection of the Bihar Research Society." (Chakravarti 1984:General Editor's note). On page 42 of the Sanskrit, where we should find the gloss to this section of chapter 4, there is the footnote: "Folio 29a seems to have escaped the camera, while 29b has been photographed twice." (Chakravarti 1984:42n.1). Instead we have Candraktrti's gloss up through the installation of the mandala, then it skips to a gloss on gunamekhalā from the line about consecrating the young lady as prajāā.
- 53. Snellgrove 1959{1}:49-50.
- 54. Snellgrove 1959{1}:106.
- 55. From T. Gaṇapati Śāstri's Preface, vol. 1: "Among the collection of manuscripts acquired in 1909 from the Manalikkara Mathom near Padmanabhapuram.... It is a pretty large palm-leaf manuscript containing about 13,000 granthas.... The leaves have the appearance of being from 300 to 400 years old....: the copyist of the manuscript is one Pandita Ravichandra the head of the Mūlaghoṣa-vihāra who went out from Madhyadesa.... The copyist also tells us at the end of the manuscritp, 'parisamāptam ca yathā-labdham āryamañjuśriyasya kalpam.' which means, 'here ends the Kalpa of Ārya Mañuśri as is available.' It can be inferred from this that the manuscript from which the present manuscript was copied is itself an incomplete one." (Śāstri 1920:1).

- 56. See Edgerton 1970:xxvi.
- 57. Śāstrī 1920:2.
- 58. "The author brings his history down from two different points to the beginning of the Pāla Period. Once he starts with Sakas, pauses with the Guptas, and comes down right to Gopālaka after finishing the Gupta line. Then, again, he starts with the Nāga dynasty (Bhārasiva), deals with Samudra [Gupta] and his brother in Gauda, and with Sasānka whose name for some reason he conceals but whose history he makes unmistakable, and then comes down to the Gopālas, 'the dāsajīvins (sūdras). He does not know the later and the great Pāla kings (whom he would not have left unnamed had he known them) and their patronage of Mahāyāna. I would therefore regard the work as one of circa 770 A.D. (the death of Gopāla), or roughly 800 A.D." (Jayaswal 1988:3).
- 59. These order of these three compounds sometimes varies in the colophons of individual chapters.
- 60. Chapter 1: Mahāyāna-mantra-caryā-nirdeśya-mahākalpāt mañjuśrī-kumāra-bhūta-bodhisattva-vikurvaṇa-paṭala-visarāt mūla-kalpāt prathamah sannipāta-parivartah. (pp. 1-25). From the great Manual teaching the usage of the Mahāyāna mantras, the revelation that is the chapter on the transformation of the bodhisattva who became the son of Mañjuśrī, that is the Basic Manual, the first chapter on Sannipāta (the Encounter).
- Chapter 2: Bodhisattva-piţaka-avatamsakān mahā-kalpa-rājendrān mañjuśrī-kumāra-bhūta-vikurvaṇāt bodhisattva-paṭala-visarād dvitīyah maṇḍala-vidhi-nirdeśa-parivartah samāpta iti.(pp. 25-52). From the Ornament of the Bodhisattva 'Basket,' the great sovereign manual, with abundant chapters on the Bodhisattva who transformed himself into the son of Mañjuśrī, the second chapter is completed, [giving] instruction on the rules about the maṇḍala.
- Chapter 3: Iti bodhisattva-paṭala-visarāṭn] mañṭuśrī-kumāra-bhūta-mūla-kalpāt tṛtīyo maṇḍala-vidhāna-parivartaḥ (pp. 53-54). Hence from the basic manual about [the bodhisattva] who became Mañṭuśrī's son, the revelation that is the chapter about the bodhisattva, the third chapter on the ritual procedures with the maṇḍala.
- Section A: (A1) Chapter 4: Bodhisattva-piţaka-avatamsakān mahāyāna-sūtrān mañjuśrī-mūla-kalpāc caturthah! Prathama-paṭa-vidhāna-visarah parisamāpṭah!! (pp. 55-67). The fourth [chapter] from the Ornament of the Bodhisattva 'Basket,' the Mahāyāna sūtra, the basic manual of Mañjuśrī. Hence the first chapter of the revelations on the ritual procedures.

  (A2) Chapter 5: Bodhisattva-piṭaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-mañjuśrīya-
- mūla-kalpāt paficamah paṭala-visarah | Dvitīyah paṭa-vidhāna-visarah samāptah | | (pp. 68-70). The fifth revelatory chapter from the Ornament of the Bodhisattva 'Basket,' the Mahāyāna sūtra that is the basic manual of the glorious Mañjuśrī, the second revelatory chapter on ritual procedure is completed.
- (A3) Chapter 6: Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād mañjuśrī-mūlakalpāt şaṣṭhah paṭala-visarah Trtīyah kanyasa-paṭa-vidhānah parisamāpṭa iti | | (pp. 71-72). The sixth revelatory chapter from Mañjuśrī's basic manual that is the Mahāyāna Vaipulya sūtra, the ornament of the Bodhisattva 'Basket.' Thus the third chapter on the ritual procedures for the younger brother.
- (A4) Chapter 7: Bodhisativa-piṛtakān mahāyāna-vaipulya-sūtrād āryamafijuśrīya-mūlakalpāt saptamah paṭala-visarāt caturthah paṭa-vidhāna-paṭala-visarah parisamāpta iti¦ (pp. 73-77) The seventh revelatory chapter from the glorious Mañjuśrī's basic manual, the Mahāyāna Vaipulya Sūtra, the [ornament of] the Bodhisattva Basket.
- Section B: (B1) Chapter 8: Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād

astama uttama-sādhana-upayika-karma-patala-visarāt prathamah samāpta iti¦ (pp. 78-80). The eighth revelatory chapter, being the first on the highest practice, method, and action, from the Mahavana Vaipulya Sūtra, the Ornament of the Bodhisattva Basket, is completed. (B2) Chapter 9: Bodhisattva-pitaka-avatamsakād Mahāyāna-vaipulya-sūtrād āryamañjuśrīmūlakalpān navamah patala-visarād dvitīyah uttama-sādhana-upayika-karma-patala-visarah parisamāpta iti | (pp. 81-84). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the ninth revelatory chapter, being the second one on the highest practice, method, and action, is completed. (B3) Chapter 10: Bodhisattva-piţaka-avatamsakād mahāyāna-vaipulya-sūtrād āryamañjuśrīyamūlakalpād dasamah uttama-paṭa-vidhāna-paṭala-visarah parisamāptah | | . (pp. 85-92). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the tenth revelatory chapter being the chapter on the highest ritual procedure. (B4) Chapter 11: Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-mañjuśrīmūlakalpād ekādasama-paṭala-visarāc caturthaḥ sādhana-upayika-karma-sthāna-japa-niyamahoma-dhyāna-saucācāra-sarva-karma-vidhi-sādhana-patala-visarah samāpta iti¦ (pp. 91-117). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśri's basic manual, from the eleventh revelatory chapter, the fourth long chapter on all the actions, rules, and procedures, i.e. the practice, method, action, position, mantrarecitation, disciplinary rules, offering, meditation, ethical behavior, is completed. Chapter 12: Bodhisattva-pitaka-avatamsakan mah yana-vaipulya-sūtrād aryamanjuśrīmūlakalpād madhyama-pita-vidhāna-visarād dvādasamah aksa-sūtra-vidhi-paṭala-visarah parisamāpta iti | (pp. 92-122). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the twelfth revelatory chapter on the rules about the rosary beads, from the long chapter about the intermediate ritual procedures. Chapter 13: Bodhisattva-piṭaka-avatamsakān mahāyāna-vaipulya-sūṭrād āryamañjuśrī-mūlakalpāt trayodasama-pata-visarah parisamāptam iti | (pp. 123-128). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the thirteenth long chapter is completed.

Chapter 14: Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrāt āryamañjuśrī-mūlakalpāt caturdaśamah cakra-vartti-paṭala-vidhāna-manḍala-sādhanc-upayika-visaraḥ parisamāpta iti|| (pp. 129-144). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the fourteenth chapter on the world sovereign and the revelation on the ritual procedures, the manḍala, the practice, and the method, is completed.

Chapter 15 (13): Āryamañjuśrīya-mūlakalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt trayodaśamah sarva-karma-kriyārthah paṭala-visarah parisamāpta iti¦ (pp. 145-165). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the thirteenth revelatory chapter on the objective of all the actions and ritual performances, is completed.

Chapter 16 (14): Ārya-mañjuśrī-mūlakalpān mahāyāna-vaipulya-sūtrāt caturdaśamah gāthā-paṭala-nirdeśa-visarah parisamāptam iti | | (pp. 146-168). From the Glorious Mañjuśrī's basic manual, the Mahāyāna Vaipulya Sūtra, the fourteenth long chapter [giving] instruction on the gāthās (songs), is completed.

Section C: (C1) Chapter 17 (15): Ārya-mañjuśrī-mūla-kalpād bodhisattva-piţakāvatāmsakāt mahāyāna-vaipulyasūtrāt pañcadaśamah karma-svakalpa-pratyaya-paṭala-visarah parisamāpta iti| | (pp. 169-172). From the Glorious Mañjuśrī's basic manual, the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the fifteenth revelatory chapter on faith in the ritual

practices of one's own manual.

- (C2) Chapter 18 (16): Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-mañjusriya-mūlakalpāt şoḍasa-paṭala-visarād dvitīyo graha-nakṣatra-lakṣaṇa-kṣetra-jyotiṣa-jñāna-parivarta-paṭala-visaraḥ| (pp. 173-180). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjusrī's basic manual, from the sixteenth revelatory chapter, the second revelatory chapter mastering astronomical knowledge about the location and characteristics of the planets and the nakṣatras.
- (C3) Chapter 19 (17): Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-maħjuśriya-mūlakalpāt saptadaśamah paṭala-visarāt tṛtīyo jyotiṣa-jħāna-paṭala-visaraḥ parisamāpta iti | (pp. 181-194). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the seventeenth revelatory chapter, being the third revelatory chapter on astronomical knowledge, is completed.
- (C4) Chapter 20 (18): Bodhisattva-piţaka-avatamsakan mahāyāna-vaipulya-sūtrād ārya-mañjuśriya-mūlakalpāc caturtho nimitta-jñāna-mahotpāda-paṭala-parivartaḥ parisamāpta iti (pp. 195-217). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, the fourth chapter on mastering the great [dependent] origination knowledge about the causes [of suffering], is completed.
- (C5) Chapter 21 (19): Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-mañjuśrī-mūlakalpād ek[o]naviṃśati-paṭala-visarāt pañcamah graha-utpāda-niyama-nimitta-mantra-kriyā-nirdeśa-parivarta-paṭala-visarah parisamāpta iti | (pp. 218-228). From the Bodhisattva Basket Ornament, the Mahāyāna Vaipulya Sūtra, the Glorious Mañjuśrī's basic manual, from the nineteenth revelatory chapter, the fifth revelatory chapter on mastering the instructions about the planets, origination, discipline, causes, mantras, and ritual activity, is completed.
- Chapter 22 (20): Iti Mahāyāna-vaipulya-sūtrād bodhisattva-piṭaka-avataṃsakād āryamañjuśrī-mūlakalpād viṃśatimah sarva-bhūta-ruta-jñāna-nimitta-śakuna-nirdeśa-parivarta-paṭala-visarah parisamāptam iti! | (pp. 229-252). Thus from the Mahāyāna Vaipulya Sūtra, the Bodhisattva Basket Ornament, the Glorious Mañjuśrī's basıc manual, the twentieth long chapter that is the section of instructions about omens and about the causes [behind] the knowledge of the cries of all living creatures (i.e. learning how to understand the 'speech' of animals).
- Chapter 23 (21): Mahāyāna-vaipulya-sūtrād bodhisattva-piṭaka-avatamsakād ārya-mañjuśriya-mūlak-kalpāt ekavimsatitamah sabda-jñāna-gaṇanā-nāma-nirdesa-parivarta-paṭala-visaraḥ parisamāpta iti¦ | (pp. 253-263). The long chapter that is the section on the instruction called calculations and the knowledge of sounds.
- Chapter 24 (22): Arya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrād dvāviṃśatitama[h] nimitta-jñāna-jyotiṣa-paṭala-visaraḥ parisamāpta iti¦¦ (pp. 264-283). The long chapter on astronomy and the knowledge of causes.
- Chapter 25 (23): Arya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrād tryaviṃśatitamah ekākṣara-cakra-vartty-udbhava-paṭala-visarah parisamāpta iti | (pp. 284-288). The long chapter on the arısal of the One Syllable Cakravartin.
- Chapter 26 (24): Arya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrād caturviṃśatitamah ekākṣara-cakra-varti-karma-vidhi-paṭa-nirdeśa-paṭala-visarah parisamāpta iti| | (pp. 289-300). The long chapter of instruction about activity, rite, and ritual image of the Single Syllable (or one Indestructible) Cakravartin.
- Chapter 27 (25): Arya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt pañcaviṃśatitamah ekākṣara-mūla-mantra ārya-mañjuśrī-hṛdaya-kalpa-paṭa-

vidhāna-visarah parisamāpta iti | (pp. 301-310). The long chapter about the procedure of [making] the painting [and the mantra-] kalpa that is the heart of Mañjuśrī, the root-mantra of the Single Syllable (or One Indestructible Cakravartin).

Chapter 28 (26): Ārya-mafijuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakāt[n] mahāyāna-vaipulya-sūtrāt ṣadviṃśatimah karma-vidhāna-ārya-mafijuśrtya-parivartta-paṭala-visarah parisamāpta iti | Chapter divided into six sections with sub-colophons: a) paṭa-vidhānaṃ samāptam; b1) paṭa-vidhānasya - artarikarmmah; b2) dvitīyaṃ paṭa-vidhānaṃ samāptam; c) tṛtīyaṃ vidhānam; d) caturthaṃ vidhānam; e) pañcamaṃ paṭa-vidhānam; f) ṣaṭho vidhānah. (pp. 311-321). The long chapter that is the Āryamañjuśrī version of the ritual procedure and activities. a) The complete procedure [for making] the image. b1) the difficult part of the procedure [for making] the image. b2) The complete second procedure for making the image. c) The third procedure d) The fourth procedure. e) The fifth procedure. f) The sixth procedure.

Chapter 29 (27): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakāt[n] mahāyāna-vaipulya-sūtrāt saptaviṃśatimah mañjuśrī-paṭa-vidhāna-parivarta-karma-vidhiḥ saptamaka-paṭala-visaraḥ parisamāptam iti | One subsection, ayaṃ prathamaḥ kalpaḥ | (pp. 322-324). The rules of performance in the section on the procedure for making the image of Mañjuśrī. Chapter 30 (28): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrād aṣṭaviṃśatimaḥ kṣetra-kāla-vidhi-niyama-paṭala-visaraḥ parisamāptam iti | (pp. 324-328). The long chapter on the restrictions of the rules as to time and place. Chapter 31 (29): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakāt[n] mahāyāna-vaipulya-sūtrāt ekūna-triṃśatimaḥ āviṣṭa-ceṣṭa-vidhi-parivarta-paṭa-visaraḥ parisamāptaḥ iti | (pp. 329-334). The chapter on the image with the section on the rules for the one whose body has been entered [by the deity].

Chapter 32 (30): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt triṃsatimah vidhi-niyama-kāla-paṭala-visarah parisamāpṭa iti¦¦ (pp. 335-338). The long chapter on the time restrictions for the rules.

Chapter 33 (31): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakā[n] mahāyāna-vaipulya-sūtrāt ekatriṃśatimah karma-kriyā-vidhi-nimitta-jñāna-nirdeśa-paṭala-visaraḥ parisamāptah| (pp. 339-349). The long chapter of the instructions about knowledge and the reasons for the rules about ritual action and procedure.

Chapter 34 (32): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piţaka-avataṃsakān mahāyāna-vaipulya-sūtrāt dvātriṃśatimah mudrā-codana-vidhi-mañjuśrī-pariprecha-nirdeśa-parivartaḥ paṭala-visarah parisamāptah! (pp. 350-354). The long chapter that is the section on the instruction about the request to Mañjuśrī and the rules about the invitation to the consort (or the rules about the general mudrā injunctions).

Chapter 35 (33): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piţaka-avatamsakād[n] mahāyāna-vaipulya-sūtrāt trayah trimsatimah mudrā-vidhi-paṭa-visarah parisamāptam iti | (pp. 355-381). The long chapter on the rules about the consort (or about the mudrā).

Chapter 36 (34): Ārya-mafijuśriya-mūla-kalpād bodhisattva-piṭaka-avatamsakā[n] mahāyāna-vaipulya-sūtrā[t] catuḥ-triṃśatimaḥ dvitīya-mudrā-vidhi-paṭala-visaraḥ parisamāpta iti|| (pp. 382-383). (Then there's another section to the chapter, with the editor's remark: Etad-granthānte 'ntimasya paṭala-visarasya tripañāśattamasya samāptyanantaraṃ mahāmudrā-paṭala-visaro nāma kaścid aparaś catustriṃśatamaḥ paṭala-visaro likhita upalabhyate| sa gatasya catuṃstriṃśatamasyaiva prakārebhedo bhavitum arhati ity ataḥ kāraṇād ihaiva yojyate|) Then after more of the chapter, the colophon, Bodhisattva-piṭaka-avataṃsakāt ārya-mafijuśriya-mūlakalpāt catustriṃśatimaḥ mahāmudrā-paṭala-visaraḥ parisamāpta iti|

(pp. 384-411). The second long chapter on the rules about the consort or *mudrā*. (Editor's remark-Immediately following the end of the just-preceding thirty-fifth chapter, in this text, there is found another long chapter called the Long Chapter on the *Mahāmudrā*. It should be considered a separate section from the preceding thirty-fourth chapter. For that reason it is appended here to this one.) Second colophon: The complete long chapter on the *Mahāmudrā*.

Chapter 37 (35): Ārya-mafijuśriya-mūla-kalpād bodhisattva-piṭaka-avatamsakāt[n] mahāyāna-vaipulya-sūtrāt paficatriṃśatimah mantra-mudrā-niyama-karma-vidhi-paṭala-visarah parisamāpta iti| | (pp. 412-428). The complete long chapter on the rules of action, and the restrictions for the mantras and the consort (or the mudrā).

Chapter 38 (36): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avatamsakāt[n] mahāyāna-vaipulya-sūtrāt ṣaṭtriṃśatimah mudrā-maṇḍala-tantra-sarva-karma-vidhi-paṭala-visarah parisamāpta iti | (pp. 429-433). The complete long chapter on the all the rules of action for the consort, for the maṇḍalas, and for the Tantra.

Section D1: Chapter 39 (37): Bodhisattva-piṭaka-avatamsakān mahāyāna-vaipulya-sūtrāt ārya-mañjuśriya-mūla-kalpāt saptatriṃśatimaḥ mahā-kalpa-rāja-paṭala-visarād uttama-sādhanopayika-sarva-karma-artha-sādhana-tattveṣu prathamaḥ dhyāna-paṭala-visaraḥ parisamāpta iti | (pp. 434-440). The first complete long chapter on meditation, among the principles of the practice for all activity and all objectives as the means to the ulimate practice.

Section D2: Chapter 40 (38): Iti bodhisattva-pitaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-mañjuśriya-mūla-kalpād aṣṭatriṃśatimah mahā-kalpa-rāja-paṭala-visarād dvitīya-sarva-loka-tattva-artha-tāra-krīḍa-vidhi-sādhana-upayika-sarva-karma-dhyāna-paṭala-nideśah parivartah samāptah (pp. 441-459). The second section of the chapter on the instruction about meditation on all activity as the means for playing with the stars for the purpose of all the principles of the universe.

Chapter 41 (39): Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrād ārya-mañjuśriya-mūla-kalpād ekūna-catvārimsatimo garuḍa-paṭala-parivartaḥ¦ (pp. 460-469). The chapter on Garuḍa.

Chapter 42 (40): Bodhisattva-piṭaka-avataṃsakāt mahāyāna-vaipulya-sūtrāt ārya-mañjuśriya-mūla-kalpāt catvāriṃśatimah mahākalpa-rāja-visarāt sarva-karma-sādhana-upayikah parisamāpta iti (pp. 470-474). The method for the practice with all activity. Four Chapters on the mahā-mudrā: Chapter 43 (41): Bodhisattva-piṭaka-avataṃsakān

mahāyāna-vaipulya-sūtrād ārya-mañjuśriya-mūla-kalpāt ekacatvārimśattimah paṭala-visarad dvitīyaah sarva-karma-uttama-sādhana-upayikah mahā-mudra-paṭala-visarah parisamāpta iti|| (pp. 475-477). The complete long chapter on the Mahāmudrā as the means to the ultimate practice with all activity.

Chapter 44 (42): Bodhisattva-piţaka-avatamsakān mahāyāna-vaipulya-sūtrāt ārya-mañjuśriya-mūla-kalpāt dvicatvārimśatimah mahā-mudrā-paṭala-visarah parisamāpta iti¦ (pp. 478-490). The complete long chapter on the Mahāmudrā.

Chapter 45 (43): Ārya-mafijuśriya-mūla-kalpāt bodhisattva-piţaka-avataṃsakān mahāyāna-vaipulya-sūtrāt Sarva-tathāgata-acintya-dharma-dhātu-mudrā-mudritā tricatvāriṃśatimaḥ sva-caturtho mudrā-paṭala-visaraḥ¦ | (pp. 491-511). The forty-third that is itself the fourth chapter on the mudrā, sealed by the consort of the inconceivable dharma-realm of all the Tathāgatas.

Chapter 46 (44): Ārya-mañjuśriya-mūla-kalpāt bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt catuḥcatvāriṃśatimaḥ mahā-mudrā-paṭala-visaraḥ parisamāpta iti (512-513).

The complete long chapter on the Mahāmudrā.

The Chapter of Mandala of the Four Bhaginis:

Chapter 47 (45): Bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrād ārya-mañjuśriya-mūla-kalpāt pañcacatvāriṃsatimah paṭala-visarāt prathamah catur-bhaginī-maṇḍalam anupraveśa-samaya-guhyatama-paṭala-visarah parisamāpta iti\ (pp. 514-527). The first complete long chapter for the one who will enter the most secret communion-the maṇḍala of the four actual Tantric consorts.

The Chapter about the four Kumārīs and the rules for entering their Mandala:--Chapter 48 (46): Ārya-mañjuśriya-mūla-kalpāt bodhisattva-piṭaka-avatamsakāt mahāyāna-vaipulya-sūtrāt ṣaṭcatvārimsatimah paṭalavisarād dvitīya-sādhana-upayika-mandala-pravesa-anuvidhis catuh-kumārya-paṭala-visarah parisamāptam iti (pp. 528-541). The complete long chapter on the four young women, [and] the subrule about entering the mandala as the method of practice. Chapter 49 (47): Ārya-mañjuśriya-mūla-kalpāt bodhisattva-piṭaka-avatamsakāt mahāyāna-vaipulya-sūtrāt sapta-catvārimsatimah paṭala-visarāt tṛtīyah catuh-kumārya-upayika-sarva-sādhana-japa-niyama-mudrā-oṣadhi-tantra-mantra-sarva-karma-paṭala-visaram parisamāpta iti | (pp. 542-543). The complete long chapter on all the activities with the consorts, the herbs, the tantras, and the mantras, and the restrictions about recitation, and all the means that constitute the method with the four young women.

Chapter 50 (48): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt aṣṭa-catvāriṃśatimaḥ Yamāntaka-krodha-rāja-parivarṇa-mantra-māhātmya-niyama-paṭala-visaraḥ parisamāpta iti\| (pp. 542-551). The long chapter on the restrictions about the divine power of the mantra that is the spectrum of the fierce king Yamāntaka. Chapter 51 (49): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrād ekūna-pañcāśatimaḥ Yamānta-krodharāja-abhicāruka-niyamaḥ dvitīyaḥ paṭala-visaraḥ parisamāptah\| (pp. 552-558).(abhicāraka = conjuring). The second long chapter for conjuring up the fierce king Yamāntaka.

Chapter 52 (50): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt pañcāśatimaḥ Yamāntaka-krodharājā-sarva-vidhi-niyamaḥ tṛtīyaḥ paṭala-visaraḥ parisamāpta iti|| (pp. 559-578). The third complete long chapter on the restrictions to all the rules about the fierce king Yamāntaka.

Chapter 53 (51): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avataṃsakān mahāyāna-vaipulya-sūtrāt paṭala-visarāt eka-pañcāśa-rāja-vyākaraṇa-parivartah parisamāpta iti | (pp. 579-656). The section on the prophecy of the kings.

Chapter 54 (50): Ārya-mañjuśriya-mūla-kalpād bodhisattva-piṭaka-avatamsakāt mahāyāna-vaipulya-sūtrāt pañcāśatimah anuśamsā-vigarhaṇa-prabhāva-paṭala-visaraḥ parisamāpta iti | (pp. 657-667). (praise and blame-arisal). The complete long chapter on the occurence of praise and blame.

Chapter 55 (53): Mahā-kalpa-rājāt ārya-mañjuśriya-mūla-kalpāt (pañca-pañcāśattamo) Hema-sādhana-paṭalaḥ visaraḥ parisaraḥ parisamāptah | Parisamāptam ca yathā-labdham ārya-mañjuśriyasya kalpam iti | Svasti Śrī-rāja-maṅgalakāvasthitena mārgaśīrṣaśuklā ... padānakṣatre siṃhasthe 'pi gurau mañjuśrīkalpam samāptam iti | Śrīmūla-ghoṣa-vihāra-adhipatinā Śrībo ... madhyadeśād vinirgatena paṇḍita-ravi-candreṇa likhitam iti | (pp. 668-722). The complete long chapter on the preparation of gold. Final colphon: The bright half of Mārgasīrṣa (November-December), when Jupiter is in Leo, in (either) the 25th nakṣatra (Pūrvabhādrapadā, 320; or the 26th nakṣatra, Uttarabhādrapadā, 333;20), on Tuesday, the Mañjuśrīmūlakalpa was finished. It was written down by the Pandit Ravi Candra who came from Madhyadeśa, and who was the head of the Mūlaghoṣa vihāra."

- 61. Tucci has remarked that in the MMK "the Buddha descends to the level of witch-doctor, revealing vidyā by which any miracle, and even any crime, can be performed." (Tucci 1949{1}:216.)
- 62. Namah Sarva-buddh-bodhisattvebhyah | evam mayā srutam | ekasmin samaye bhagavān suddhāvāsopari gagana-tala-pratistite 'cintya-āscarya-adbhuta-pravibhakta-bodhisattva-sannipāta-mandala-māde viharati sma | (Śāstrī 1920:1, lines 1-3).
- 63. Ui et al 1934a:71-72.
- 64. Ui et al 1934a:71-72. These are as follows (Tohoku Numbers; I give only the portion of the title that follows after the Mañjuśrīnāmasamgīti-): -Guhyavad-vidhi-vṛtti-jñana-dīpa (2584), -Cakra-krama (2597), -Cakṣur-vidhi (2573), -Tīkā (2534), -Tīkā-vimala-prabhā (1398), -Tīkā-sāra-abhisamaya (2098), -Nāma-mahāṭīkā (2090), -Nāma-homa-krama (2581), -Pañjikā-saṃgraha (2541), -Maṇḍala-vidhi[s] (2545, 2546, 2595, 2620), -Mahā-bodhi-śarīra-vidhi (2568), -Māra-mantra-mara-cakra (2574), -Vidhi-maṇḍala (2547), -Vidhi-sūtra-piṇḍita (2572), -Vidhi-sūtra-piṇḍita (2592), -Vṛtti (2535), -Vṛtti (2536), -Vṛtti-nāma-artha-prakāśa-karaṇa (2537), -Vyākhyāna (1397), -Sarva-pāpa-viśodhana-maṇḍala-vidhi[s] (2575, 2576), -Sarva-maṇḍala-stotra (2621), -Sādhana[s] (2108, 2579, 2600, 2619), -Sādhana-guhya-pradīpa (2596), -Homa-vidhi-saṃgraha (2569), -Anuśaṃsā-vṛtti (1399), -Abhisamaya (1400), -Amṛta-bindu-pradīpa-loka-vṛtti (1396), -Artha-āloka-kara (2093), -Upadeśa-vṛtti (2539), Mañjuśrī-nāma-sādhana (2544), Mañjuśrī-nāma-aṣṭaka (642).
- 65. Ui et al 1934:316.
- 66. Ui et al 1934:96.
- 67. The latter is the translation favored by Prof. Robert Thurman (personal communication). The notion of a conclave, a closed meeting such as that of the cardinals who select the pope in the Roman catholic tradition—a meeting that itself shares some aspects of a communion, may also be appropriate. At the beginning of the fourth chapter, for instance, the text reads: "Now all the blessed Tathāgatas again gathered together...." and addressed the Bhagavān (atha bhagavantah sarvatathāgatāh punah samājam āgamya...) (Bhattacharyya 1931:17).
- 68. Bhattacharyya 1931.
- 69. Fremantle 1971. Fremantle's edition of the Sanskrit differs in many places from Bhattacharyya's edition.
- 70. Chakravarti 1984.
- 71. Bhattacharyya 1931:xxx-xxxi.
- 72. Osaka 1978-Yukei Matsunaga, Tokyo 1978.
- 73. Shāstri 1917:72.
- 74. Bendall 1992:15ff.
- 75. See Bhattacharyya 1931:iii-xxxviii and Fremantle 1971:13-15.
- 76. Wayman 1991
- 77. Shāstri 1917:17.
- 78.3) Mahāvaipulye tathāgata-kāya-guhya-parivarttas tṛtīyah; 4) Vāg-guhya-parivartto-nāmas caturthah; 5) Citta-guhya-parivarttah pañcamah; 6) Tathāgata-vikurvvaṇa-sandarśana-parivarttah; 7) Vyākaraṇa-parivartto-nāma saptamah; 9) Śūra-valaya-parivartto-nāma navamah; 10) Ajātaśatru-parivartto-nāma daśamah; 11) Iti tathāgata-guhyaka-vikurvvan

# sandarsana-parivartta ekādasa-paṭala[h] samāpta[h].

- 79. It is unlikely that the physical manuscript itself dates from this time, since that would mean it had survived intact for some 17 centuries.
- 80. Shāstri 1917:17-21.
- 81. Taittirīyopanişad from the Taittirīyasamhitā of the Kṛṣnayajurveda, Aitareya Upanişad from the Aitareya Brāhmaṇa and Aitareyāraṇyaka on the Rgveda, Kauṣītakī-brāhmaṇopaniṣad etc. See especially Geldner's introductions to each Upaniṣad in Geldner 1980{1-2}.
- 82. The text is quoted in Śāntideva's Śikṣāsamuccaya Shāstri 1917:21.
- 83. Naudou 1980:87.
- 84. See Rajatarangint 6.77 (Stein 1991{1}:195).
- 85. Ui et al 1934:301.
- 86. Twice revised, Ui et al 1934:291.
- 87. Ui et al 1934:292.
- 88. Ui et al 1934:281.
- 89. Ui et al 1934:302.
- 90. Ui et al 1934:296.
- 91. Ui et al 1934:288.
- 92. Ui et al 1934:28-286.
- 93. Ui et al 1934:284.
- 94. Naudou 1980:87.
- 95. See Rajatarangint 6.77 (Stein 1991{1}:195).
- 96. Ui et al 1934:286.
- 97. Ui et al 1934:294.
- 98. Ui et al 1934:295.
- 99. Ui et al 1934:295.
- 100. Ui et al 1934:288.
- 101. Ui et al 1934:284.
- 102. Ui et al 1934:296.
- 103. Ui et al 1934:298.
- 104. Ui et al 1934:297.
- 105. Ui et al 1934:291.
- 106. Tsuda 1974:6 & 10.
- 107. Tsuda 1974:1-2 & 13.
- 108. Tsuda 1974:9.
- 109. Tsuda 1974:27.
- 110. Tsuda 1974:45.
- 111. Tsuda 1974:27.

- 112. Dawa-Samdup 1919.
- 113. Naudou 1980:79n.1 after Tucci.
- 114. Ui et al 1934:236.
- 115. See Naudou 1980:80n.3.
- 116. Ui et al 1934:225.
- 117. Naudou 1980:248.
- 118. Ui et al 1934:245.
- 119. Ui et al 1934:245.
- 120. Ui et al 1934:233.
- 121. Ui et al 1934:240.
- 122. Ui et al 1934:240.
- 123. Ui et al 1934:237.
- 124. Ui et al 1934:228.
- 125. Nadou 1980:159-160n.9.
- 126. Ui et al 1934:230.
- 127. Ui et al 1934:230.
- 128. Ui et al 1934:225.
- 129. Nadou distinguishes this author of texts on the *Cakrasamvara* cycle from his Kaśmīri predecessor Bhavyarāja, though he offers no further information on his dates or collaborators. (Naudou 1980:229n.68). He must however preceded the 11th century, given the translation date.
- 130. Ui et al 1934:225.
- 131. Naudou 1980:157.
- 132. Naudou 1980:212.
- 133. Ui et al 1934:234. See Naudou 1980:211-216 for an account of this translator's work.
- 134. Ui et al 1934:244.
- 135. Ui et al 1934:236.
- 136. Ui et al 1934:235.
- 137. See Naudou 1980:187n.100.
- 138. Ui et al 1934:236.
- 139. This is an estimate, based on Nadou's chart (Naudou 1980:272) that places Darika as living during Harşa's reign.
- 140. Ui et al 1934:229.
- 141. Ui et al 1934:231.
- 142. See Naudou 1980:240-241 for account of the latter.
- 143. Ui et al 1934:244.
- 144. See Naudou 1980:187n.100.
- 145. Ui et al 1934:225.

- 146. Ui et al 1934:235.
- 147. Ui et al 1934:235.
- 148. Ui et al 1934:229.
- 149. Ui et al 1934:240.
- 150. Ui et al 1934:230.
- 151. Ui et al 1934:238.
- 152. Ui et al 1934:229.
- 153. Ui et al 1934:238.
- 154. Ui et al 1934:237.
- 155. See Naudou 1980:80n.3.
- 156. Ui et al 1934:225.
- 157. Ui et al 1934:234.
- 158. Ui et al 1934:237-238.
- 159. Ui et al 1934:231.
- 160. Ui et al 1934:242.
- 161. Ui et al 1934:244.
- 162. Ui et al 1934:229.
- 163. Ui et al 1934:235.
- 164. Ui et al 1934:232.
- 165. Ui et al 1934:240-241.
- 166. Ui et al 1934:239.
- 167. Ui et al 1934:245.
- 168. Ui et al 1934:237.
- 169. There are only two "Samvara" texts in the Tohoku Catalogue, 1) Samvara-vimśaka-vṛtti (Tohoku 4082) written by Śāntirakṣita and translated by Vidyārkarasiṃha, classed as a Sems-tsam text, and 2) Samvara-vyākhyā (Tohoku 1460) by Nag-po-pa, translated by Ḥol-ston chos-ḥbyuṅ (Ui et al 1934: 618, 234). There are four "Sambara" texts, 1) Sambara-kalita (Tohoku 1463) by Byaṅ-chub rdo-rje, translated by Bhadraśrībodhi and Dde-baḥi blo-gros. 2) Sambara-khasama-tantra-rāja (Tohoku 415) translated by the Kaśmīri Jāānavajra, 3) Sambara-cakra-āli-kāli-mahāyoga-bhāvanā (Tohoku 2406) by Sāgara, translator unknown, and 4) Sambara-manḍala-vidhi (Tohoku 1511) by De-bshin-gśegs paḥi rdo-rje, translated by Vibhūticandra. (Ui et al 1934:234, 74-75, 371, 241).
- 170. kṛtir iyam siṃhalāvasya śrīlankājanmabhūr abhūt tasya Jayabahdrākhyah khyātah. Kṣāntiṃ kurvvantu vīraḍākiṇyah¦
- 171. namo śriherukāya| sarvvabhāvasvabhāvāgram sarvvabhāvabhayāvaham| sarvvabhāvanirābhāsam sarvvabhāvavibhāvinam|| tam praņamya mahāvīram khasamārtham khanirmmalam|.
- 172. Cakrasambaram iti tena yad vācyam śrīherukatantra-vajravārāhy-ādi-tantrarūpam abhidheyam | . (Grünendahl 1989{2}:48-50).
- 173. Shāstri 1917:iii.

- 174. Bhattacharyya 1932:1.
- 175. Snellgrove 1959{2}:2.
- 176. Literally, 'what are the channels in extent, and how is that body-mass?' (ke te nādī pramāṇasya śarīrapiṇḍa[m] tat katham). I've emended the text from śanirapiṇḍa tat katham, since śanir, i.e. Saturn, would make little sense here, and piṇḍa lacks an anusvāra.
- 177. Samaya-samketa-cchomasya. One might think cchoma is a version of Soma, yet the title of chapter nine includes the term as cchoma. This appears to be a term like chandoha that is peculiar to Tantric literature, and represents a reabsorption of a Prakrit term into Sanskrit: I have not yet determined what the original Sanskrit of cchoma must be.
- 178. Om namah śrīvajrasambarāya Evam mayā śrutam ekasmin samaye bhagavān sarvvatathāgata-kāya-vāk-citta-vajrayoginībhageşu vijahāra Āryyānanda-prabhṛti-vītarāgapramukhair ārvyāvalokitesvarādir asītikotivoginī ca madhye vajrapāņim vyavalokya smitam akārsīt Vairapāņisrs utthāya āsanād ekāmsam uttarāsangam krtvā daksiņajānumandalam prthivyām pratisthāpya krtakaraputo bhūtvā bhagavantam adhyeşayāmāsa srotum icchāmi bhagavan utpattiyogalakşanam | Utpannam da katham deva sarvvākāraikasambaram | | katham vāyu āpāśca pṛthivyākāśam eva ca| pañcākāram katham deva ṣaḍvidhañ ca tatah prabho katham trikāyam adhisthānam bāhyam vābhyantare sthitih katham te devatārūpam kathayasva devatī prabho| candrasūryyah katham deva patha pañca katham bhavet| katham te śarīrasvabhāvan tu nādīrūpam katham tatah|| ke te nādī pramānsya śa[r]īrapinda tat katham| samayasanketacchomasya kathayasya mama prabho|| ke te pithadisanketan bāhyādhyātmakam eva ca¦ katham bhūmyādi-lābhasya katham nimittadarsanam katham te dvādasa-karmma mantrajāpam katham bhavet akṣamālā katham yukti ke te jāpasya laksanam| ke te mandalam avarttam devatakara-yogatah| siddhimantram katham deva kaumārī-tarpaņam katham | ke divasena karttavyam alivali katham prabho | pañcāmṛtādi katham deva pañcānkusams ca tad bhavet!! kathavasva mandalālekhyam sūtrapātam katham bhavet! katham te bhūmi samsodhyam raksācakram katham bhavet! i ācāryya kena karttavyam katham sişyasaya samgraham ke te 'bhişekam pramanan ca caturthanca katham bhavet | | katham kālasya niyamam mṛtyuvañcanam eva ca\ ke te caturyugānkasya caturdvīpam katham bhavet| yuge yuge katham siddhi caryyācāri katham bhavet| ke te yoginītantrasya yogatantram katham bhavet | katham sūtrāntah pramāṇasya ke te pāramitā tathā | pratisthāhomayāgasya siddhimantram katham bhavet | | rasāyanam katham deva madyapānam katham bhavet | mantrodayam katham deva mantroddhāra katham bhavet | nigrahañca katham deva anugrahanca katham bhavet | tattvānca katham bhagavan śūnyatā karuņā katham | katham sūnyasvabhāvatvam katham tathatāsvarūpakam devarūpam katham nāma yoginīlaksaņam valīm | sarvva-dharmma-parijāānam bhāvānām kathaya prabho | Shāstri 1917:64-65.
- 179. For the chapters translated by Tsuda, I've added the title as he gives it.
- 180. Utpattinirdesapatala "Explanation of the process of origination" (Tsuda 1974:73 & 239). Mapping of the birth process into a meditation: "recognizing (the process of) birth to be the process of origination (utpattikrama), a man should attain the state of the completely enlightened (samyaksambuddhatva)." (Tsuda 1974:243).
- 181. Utpannakramanirdesapatala--Explanation of the process of completion. (Tsuda 1974:77 & 243). The chapter really describes the state of completion, only briefly mentioning aspects of the process (Tsuda 1974:243-247).

- 182. Catur-bhūta-pañcākāra-sadviṣaya-devatā-viśuddha-paṭala "Purity of deities as the four elements, the five aspects and the six objects of the senses." (Tsuda 1974:79 & 247). A standard enumeration of the components of the body (elements, senses, etc.), the constituents of consciousness in the Buddhist system (rūpa, vedanā, sanjāā etc.), etc. all reenvisioned or reconceived in macro-microcosmic relations. (Tsuda 1974:247-251).
- 183. Candrasūryakramaopadešapaṭala Explanation of the course of the moon and the sun (Tsuda 1974:83 & 251). A detailed discussion of the flow of prāṇa through the channels according to specific times, and the consequences of these movements for one's life. (Tsuda 1974:251-258).
- 184. Pathapañcanirdesapațala "Explanation of the five ways" (Tsuda 1974:92 & 258). A short chapter on the relationship of the dhātus to the mandalas of the pañcamahābhūtas, and the paths from these mandalas to the various nāthas. (Tsuda 1974:258-260).
- 185. Nādīcakrakramopāyapaṭala "The means of the process of the circle of veins" (Tsuda 1974:93 & 260). The chapter provides a mapping of the major channels and their pīṭha names in the body, e.g. Odiyāna = the right ear, Devikoṭa = the eyes through the liver, Mālava = the shoulders through the heart, etc. (Tsuda 1974:261). We find the same material in the Kālacakra....., and Tsuda reports that a similar mapping of "twenty-four countries, twenty-four parts of the body, twenty-four humors or intestines, twenty four gods such as Khanḍakapāla and so on and twenty-four goddessessuch as Pracanḍā and so on are repeatedly enumerated" in the Abhidhānottara. (Tsuda 1974:260n.4).
- 186. Samayasamketavidhipatalah. Again, we have the term samketa--used for assignations of lovers, or lovers' meeting places. The text says "In his own house or in a secret place, in deserted places or in pleasant places, in mountain, cave, or thicket, on the shore of the ocean (2), in a graveyard, in a shrine of the mother-goddess or in the middle of the confluence of rivers, a man who wishes the highest result should cause the mandala to turn correctly. The great, faithful donor should invite yogini and yogin, the teacher (ācārya), (goddesses) born from the kşetra, mantra and pitha, and all the deities (4)." (svargrheşu guptasthane vijaneşu manorame| giri-gahvara-kuñjeşu mahodadhitaţeşu vā||2|| smasane matrgrhe ca nadisamgamamadhyatah| vartayed mandalam samyag anuttaraphalam icchati||3|| (Tsuda 1974:264 & 96). The chapter goes on to describe who is fit to fulfill the role of ācāryasomeone virtuous, not someone observing life-long chastity (naisthika), a farmer, a merchant who sells the teaching, etc.; proper treatment of the attendees is mentioned, distribution of food and liquor, prayers and venerations are mentioned. The elaborate salutation to the goddesses is given, dancing, singing, mantras, postures, drumming and musical instruments are employed, then the vira or hero, i.e. the gentleman who is ready for the rite of sexual union, joins together with a yogint: "He will be possessed of the perfection of pleasure, free from disease, righteous in mind, and will attain the liberation from love-passion (kāma). There will be fulfilment (siddhi) for him who has completion." (sukhasampattisampanna ārogyah subhacetasāh! kāma-mokṣādi-samprāptah siddhir bhavati sampadah! | 37| |) (Tsuda 1974:269 & 102). The compound kāma-mokṣādi-samprāptah should be translated "he who has attained passionate love, liberation, etc.," or "he who has attained liberation etc. through passionate love."
- 187. Chomā-pīţha-saṃketa-bhūmi-nirdeśa-paṭala.
- 188. Iti śrīsambarodayatantrasya adhyeşanāpaṭalah prathamah¦ iti utpattinirdeśapaṭalo dvitīyah¦ iti utpannakramanirdeśapaṭalas tṛtīyah¦ iti catur-bhūta-pañcākāra-ṣaḍviṣaya-devatā-viśuddhi-paṭalaś-caturthah¦ iti candra-sūryyakramopadeśa-paṭalah pañcamah¦ iti patha-

paficakanirddesah-şaşthamah| iti nādī-cakra-kramopāya-paṭalah saptamah| iti samayasamketa-vidhih patalah astamah | iti cchoma-pitha-samketa-bhūmi-nirdesa-patalah navamah| iti karmma-prasarodayo nāma paṭalo dasamah| iti mantra-jāpa-nirdesa-paṭala ekādasamah|| iti mantra-jāpāksamālā-nirddesa-patalah dvādasah| iti srīherukodayanirddesa-patalas trayodasamah iti vajra-yoginī-pūjā-vidhi-nirddesa-patalas caturdasah iti pātralaksana-nirddesa-patalak pañcadasah! iti pañcāmṛta-sādhana-nirddesa-paṭalah şaşthadasah| iti mandala-sütrapātana-vidhi-lakşano-nirddesa-patalah saptādasah| iti abhişeka-patala aştādasah| it mṛtyu-nirmittadarsana utkrāntiyoga-patalah ekonaviṃsatih| iti catur-yuganirde\$a-paṭala ekavim\$atih| iti devatā-pratisthā-vidhi-paṭalo dvāvim\$atih| iti homa-nirddesa-paţalas trayovimsatih| iti karmma-prasarausadhi-prayoga-nirddesa-paţalas caturvviṃsatitamah| iti rasāyaṇa-vidhih paṭalah paficaviṃsatih| iti vāruṇī-nirddesa-paṭalah sadvimsatimah| iti mantroddhāraṇa-vidhi-paṭalah saptaviṃsatih| iti homavidhih paṭalah astāvimsatih\ iti tattva-nirddesa-patala ekonavimsatih\ iti citrādi-rūpa-lakṣaṇa-nirddesapatalas trimsatih iti catur-yogint-nirddesa-krama-bodhicitta-samkramana-patalah ekatrimsatih iti valyupahāra-nirddesa-paṭalo dvātrimsah iti srīherukābhidhāne tantrarāje trilaksoddhrtasahajodayakalpe śrīmahāsambarodaya-tantrarāje sarvvayoginī-rahasya vipathitasiddhe trayo-trimsatitamah patalah samaptah (Shāstri 1917:63-66). The closing section of the text reads: Aho saukhyam aho saukhyam aho bhuñja katham katham! Aho sahaja-māhātymam sarvva-dharmma-svabhāvatā| | dṛśyate ca jagaj-jalendutadvatah śṛṇvate ca pratidhvanaikasamvrtah| paśyate ca maru-marīci-sañcitāh khādyapānagaganopamodyatā| | yadā jighrate na bhakta sugandhavat trasate ca svatah sasī sūryya yathā samsthitāñca girimeru-tatsamam ālambana-svaprākṣa-mālikām tathā | māyendra-jāla-vyavahāra-mātragatāh evam yathā sahaja-saukhyodayam tathā bhāva-svabhāva-rahitā vicintyarayā nityoditam sugata-mārga-varam namo 'stu|| sarvva-pūjām parityajya guru-pūjām samāramet| tena tustena tal labhyate sarvvajña-jñānam uttamam kim tena na krtam puņyam kimvā nopāsitam tapah | anuttara-kṛta-ācāryya-vajra-sattva-prapūjanāt | bhayaṃ pāpaharāfi caiva ..... sāttvikaḥ| samayācāra-rakṣā-cakra-samayam tasya pradarśayet|| śrī-herukāvidhāna-tantrasya pātha-svādhyāya-lekhanāt| siddhim rddhifi ca saubhāgyam bodhisattvatva[m] prāpnuyāt | srīsambarodaya-tantrasya bhāvite cintite yadā | mahābhāga mahāsaukhyam dāridrya-duḥkha[m] naśyati|| sarvva-vira-samājoga-dākinī-jāla-sambaram| nānādhimuktikā sattvāśvāryyā nānāvivodhitāh | nānā-naya-vineyān tam upāyena tu darsitāh | gambhīra-dharmma-nirdese nānāadhimuktikā yadi | pratikṣapā na karttavyā acintyā sarvvadharmmatāḥ | śūnyatā-karuṇāabhinnam acintyo buddha-nāṭakam | srī-heruka-samāyogam dākinī-vṛndam āśritam | sattvāvatāra-muktin tu tatra sarvvatra ratā iva¦¦ sarvva-dākinī-samāyogā śrī-heruka-pade sthitā| | (Shastri 1917:66-67).

- 189. Snellgrove 1959{2}:vii.
- 190. Snellgrove 1959{2}:viii.
- 191. Snellgrove 1959{1}:14.
- 192. Snellgrove 1959{2}:vii-viii.
- 193. Ehlers 1995:220.
- 194. Grünendahl 1989:522.
- 195. Farrow & Menon 1992. Since the *Yogaratnamālā* mss. they consulted are not substantially different than Snellgrove's edition, they do not provide the Sanskrit of the *Yogaratnamālā*.

- 196. See Naudou 1980:232 for mention of the collaboration of these two on the translation of the *Madhyamaka-avatāra-kārikā*.
- 197. Ui et al 1934:538, 193, 75, 201, 206, 207, 194, 202, 193, 208, 205, 199, 205, 210, 501, 201, 209, 247, 207, 201, 212, 212.
- 198. Ui et al 1934:96.
- 199. Ui et al 1934:207-208.
- 200. Naudou 1980:123.
- 201. Ui et al 1934:234.
- 202. Ui et al 19834:236.
- 203. Zieme & Kara 1979:26.
- 204. Naudou 1980:129, 152-154. Ui et al 1934:235.
- 205. Naudou 1980:256-257.
- 206. Ui et al 1934:77.
- 207. Ui et al 1934:469.
- 208. Naudou 1980:159-160n.20.
- 209. Ui et al 1934:469.
- 210. Ui et al 1934:497.
- 211. Ui et al 1934:497.
- 212. Ui et al 1934:526.
- 213. Ui et al 1934:526.
- 214. Ui et al 1934:281.
- 215. See Keith 1935:1398-1399, #7732.
- 216. George 1974:2-3. I've used George's translations except where noted; each colophon ends with -paţala.
- 217. George translates this as "trance."
- 218. Śāstrī explains that this chapter "gives reasons why Canda Mahāroṣaṇ is called Acala, Ekallavīra [the solitary hero] and Candmahāroṣaṇa." (Shāstrī 1917:135)—see below.
- 219. George translates "Increasing the white, etc." though he notes "i.e. how to increase sexual potency, etc." (George 1974:3n.11).
- 220. George translates "Cures for the Ills of Old Age." Given the information we have on the scope of alchemical medicine, though, I suggest—without having read the chapter—that both regular disease, and the infirmities of old age, are probably the subject matter of this section.
- 221. Again, George keeps "White" as the translation for śukra, though he clearly knows what it refers to, as evident from the translated chapters he provides. The "arrest" is the yoga of stopping the semen from ejaculating during sexual intercourse.
- 222. Shāstrī 1917:131-140.
- 223. George 1974:8.

- 224. Sarvo 'ham sarvvavyāpī ca sarvvakṛt sarvvanāsakaḥ| sarvva-rūpadharo buddhaḥ harttā karttā prabhuḥ sukhī|| yena yenaiva rūpeṇa sattvā yānti vineyatāṃ| tena tenaiva rūpeṇa sthito 'ham lokahetave|| kvacit buddhaḥ kvacit siddhaḥ kvaccid-dharmo 'tha sankhakaḥ| kvacit pretah kvacit tirvyak kvacin nāraka-rūpakaḥ||
- 225. According to Apte—who is certainly no authority on Buddhist tantra, try-akṣara is a term for Om, since it is considered to have three syllables, a, u, m. Without the rest of the chapter it's impossible to tell; given the term's usage below, some esoteric physical meaning appears to be intended.
- 226. These are neuter case, though, so they probably should be taken adverbially: tatparam, kāyavākcittam samvṛtam gadhasaukhyatah.
- 227. Again, nakhakşatam is neuter case.
- 228. Rata is the pleasure of, or simply sexual union. Su-rata therefore indicates what we would call in colloquial English great sex, or good sex.
- 229. A danda is missing after the t; what the "six" refers to is not clear.
- 230. Sambodhi.
- 231. See Dharmasamgrahaḥ 64 & 65 for the same list of the 13 realms, in a slightly different order (Kasawara et al 1885:14). The Sanskrit of this extract is: Prajñopāya[-]samāyogena nakham dadyāt tu tryakṣaram| cumanālinganañ caiva sarvva-sva-śukram eva ca|| dāna-pāramitā pūrṇā bhavaty eva na saṃśayaḥ| tatparam kāya-vāk-cittaṃ samvṛtaṃ gādha-saukhyataḥ|| ślla-pārmitā-jñeyā jñeyā sahanāc ca nakha-kṣatam| tryakṣaraṃ pīḍanañ ca rataṃ kuryyāt samāhitaḥ| vīryya-pāramitā jñeyā tat-sukhe citta-yojanā|| sarvvato-bhadra-rūpeṇa dhyāna-pāramitā matā| strī-rūpa-bhāvanā prajñā-pāramitā prakīrttitā|| surataka-yoga-mātreṇa pūrṇā ṣaṭ[]-pāramitā bhavet| pañca-pāramitā puṇya-jñāna-prajñeti kathyate|| surata-yoga-samāyukto yoga-sambhārasamvṛtaḥ yoga-sambhāra-samvṛtaḥ| siddhyate kṣaṇ-matreṇa puṇya-jñāna-samanvitaḥ|| yathā latā-samudbhūtaṃ phala-puṣpaṃ samanvitam|| eka-kṣaṇāc ca sambodhiḥ sambhāra-dvaya-sambhṛtā|| sa trayodaśa-bhūmīśo bhavatyeva na saṃśayaḥ| bhūmis tu muditā jñeyā vimalārcciṣmatis tathā|| prabhākarī sudurjjayābhimukhī dūraṅgamācalā| [sā]dhumatī dharmma-meghā samant[ā]khya-prabhā tathā|| nirupamā jñātavatītyeva trayodaśafijña||.
- 232. Puruşarūpam bhāvah strī-rūpam abhāvah nīlo vijñānam, sveto rūpam, pīto vedanā, raktah samjñā, syāmah samskārah--athavā nīlam ākāsam, svetā-jalam, pītā pṛthvī, raktā vahni, syāmo vātah--yathā bhagavatām, tathā bhavatīnām--athavā nīlah suvisuddha-dharmma-dhātu-jñānam, sveta ādarsa-jñānam, pīta samatā-jñānam, rakta pratyavekṣaṇā-jñānam, syāma kṛtyānuṣṭhāna-jñānam eka eva jinahsāstā pañcarūpeṇa saṃsthit[ah] prajñāpāramitā caikā pañcarūpeṇa saṃsthitā| (Shāstrī 1917:185-186).
- 233. Śāstrī inserts a question mark for this work--I second it; I've been unable to figure out what it might mean, or what it may be a variant reading of.
- 234. Atha bhagatī āha kim bhagavan strī-vyatirekeṇāpi sakyate sādhayitum caṇḍamahāroṣaṇapadam utsāho na sakyate bhagavān āha na sakyate devi bhagavatī āha kim bhagavan sukhānudayāt na sakyate? bhagavān āha na sukhodayamātreṇa labhyate bodhir uttamā sukha-viseṣodayādeva prāpyate sā ca nānyathā ... loka-kaukṛtya-nāsārtham māyādevīsutaḥ sudhīḥ caturasīti sahasrāṇi tyaktvā cāntahpuram punaḥ gatvā nirañjanātīram buddha-siddhi-prakāsakaḥ yāto mārānnirākṛtya na caivam paramārthataḥ yasmād antahpure buddhaḥ siddho gopānvitaḥ sukhī vajra-padma-samāyogāt sa sukham labhate yataḥ sukhena prāpyate bodhih sukham na strī-viyogataḥ viyogaḥ kriyate yas tu

loka-kaukṛtya-hānaye|| yena yenaiva te lokā yānti buddha vineyatām| tena tenaiva rūpeṇa māyādevīsuto jinah|| sarvva-sūtrābhidarmmeṇa kṛtvā nindāstu yoṣitām| nānā śikṣāpadaṃ bhāvetastu svagopanabhāṣayā|| nirvvāṇaṃ darśayec cāpi pañca-skandha-vināśatah|| atha bhagavatī prajñāpāramitā āha| kā bhagavan māyādevīsutah kā ca gopā? bhagavān āha| māyādevīsutaś cāhaṃ caṇḍaroṣaṇatāṃ gatah| tvam eva bhagavatī gopā parjñāpāramitātmikā|| yāvantas tu striyah sarvvās-tad-rūpeṇaiva tā matāh| madrūpeṇa pumāṃsastu sarvva eva prakīrttitāh|| dvayor bhāgavataṃ caitat prajñopāyātmakaṃ jagat|.... Atha bhagatī āha, kathaṃ bhagavan śrāvakādayo hi striyo dūṣayanti bhagavān āha| kāmadhātu-sthitāh sarve khyātā ye śrāvakādayah| mokṣamārgaṃ na jānanti striyah paśyanti sarvvadā|| sannidhānaṃ bhaved yatra durllabhaṃ śuṇkumādikam| na tatrārghaṃ samāpnoti durasthasya mahārghatā|| anādya-jñāna-yogena śraddhā-hīnās tvamī janāh| cittaṃ na kurvvate tattve mayāpy etat pragopitam||

- 235. Apte quotes Vasistha's definition of vīrāsana as being the same as paryaṇka--placing one foot firmly on the other thigh, likewise the thigh on the other [foot], this is called the vīrāsanam (ekam pādam athaikasmin vinyasorau tu saṃsthitam itarasamiṃs tathāevoram vīrāsanam udāhṛtam i paryaṇka-granthi-bandha....).
- 236. Again, the text is a bit suspect here, reading nīlāyāvā sahasrake. I've emended to nīlāvayavām saharaskām.
- 237. Atha bhagavatī āha| aparam śrotum icchāmi prajītāpāramitodayam| sattva-parya[n]kinī devī şoḍaśābda-vapuşmatī|| nīlavarṇā mahābhāgā[], akṣobhyena ca mudritā| raktao-padmodyatām savye nīla[vayavām] sahasrak[āmm]|| sthitam vai kāmašāstram tu padma-candroparisthitam| pīnonnatakucā[m] dṛṣṭvā viśālākṣ[īm] priyaṃvadām|| sahajācala-samādhisthā[m] devīm etām tu bhāvayet| hūmkāra-jītāna-saṃbhūtām, viśva-vajrīn tu yoginīm|| bhāvayet harṣito yogī, dhruvam siddhim avāpnuyāt| athavā bhāvayec chvetām, vāṇādhī-kāra-saṃbhavām|| mudritām śm ... tenaiva pītām vajradhātveśvarīm| raktena mudrita[m] vajrā[m] raktāmbā[m] [kuru]-kullikā[m]|| amitābha-mudritām devīm hrīm-kāra-jītāna-saṃbhavām| tārāmbā śyāma-varṇātī ca trām-kāra[-]jītāna-saṃbhavām|| amogha-mudritām dhyāyet pūrva-rūpeṇa mānav[i]| sattva-paryyaṅka-saṃsthas tu saumyarūpeṇa saṃsthitaḥ|| khadga-pāśa-dharaḥ śrīmān ālingyabhinayaḥ kṛtī| svakulīm vātha kanyāṃ gṛhya prabhāvayet|| anena sidhyate yogī, mudrāyā naiva saṃśayaḥ| athavā pratimām kṛtvā, sādhayet sutrādi-saṃskṛtām|| saha-caṇḍa-samādhi-stho japed ekāgramānasaḥ| (Shāstrī 1917:137-138).
- 238. Śatru-kṛtā[m] samā[m].
- 239. Athātah sampravakṣyāmi ekavīrantu mandalam | caturasram caturdvāram, caturstoraṇa-manditam | pītavarṇam tu karttavyam madhya-padmam catudr-ddalam | tasya cāgnau dalam śvetam narṛtye rakta-sannibham | vāyavye pītavarṇan tu tatrācalam prakalpayet | sūryya-stham athavā śvetam pītam vā raktam eva vā | śyāmam vā pañcabhir buddhai ekarūpam vicintayet | r[l]ocanām agnikoṇe ca caṇḍāsoka-vidhāyiṇīm | vāmadakṣiṇa-karābhyām ca śarac-candra-kara-prabhām | naṛtye p[ā]ṇḍarā[m] devī[m] dhanur-vāṇ-dharām parām | raktā[m] vāyavyakoṇe tu māmakī[m] pītasannibhā[m] | .... śikhāhastā[m], śyām[ā]m aiśānakoṇake | tāriṇīm varadām s[avye], vāme nīlotpala-dhāriṇīm | etā caṇḍ[e]śanā[h] sarvvā a[r]ddha-paryyaṅka-saṃsthitā | rāgavajrā[m] nyaset pūrvve dvāre śatru-kṛtā[m] samā[m] | khaḍga-[ś]arya-[Jdharā[m] raktām dvedṣa-vajr[ā]m tu dakṣiṇe | kartti-ta[r]jjanī-karā[m] nīlā[m] yamena kṛta-veṣṭitā[m] | paścime māravajrān-tu varṇa-vajra-karācalām | mayūra-piccha-vastrāṃs-tu varṇa-sthāṃ śyāma-sannibhām | uttare mohavajrān-tu tanya-ŝoka-dhāriṇī[m] | pītavarṇā[m] kuvera-sthā[m] []nyaset sūryyāsan[e]... | pratyālīḍha-padāḥ sarvvā

- ... mūrddhajah | catvāro hi ghaṇṭā[h] koṇe karttavyāh pītasannibhāh | | asya bhāvan[ā]mātreṇa, yoginy-aṣṭa-samanvitam | tralokyeṣu sthita-strīṇāṃ sa bharttā parameśvaraḥ | (Shāstrī 1917:138-139).
- 240. Koilāsurasaminakam.
- 241. De Mallmann lists her as *Parṇaśabarī* or *Parṇaśavarī* both a Hindu and Buddhist tantric deity (De Mallmann 1986:300 and 1963:163), the wild mountain woman (śabarī) covered with leaves (parṇa).
- 242. Athānyat saṃpravakṣyāmi caṇdaroṣaṇ-bhāvanāṃ viśva-padma-dale devaṃ kalpayec caṇḍaroṣaṇam vāmadevam bhaved agnau raktavarṇan tu naiṛṛtye ptambai[h] kāmadevaṃ tu śyāmāṃ māhilla-rāmakaṃ vāyavye kṛṣṇa-varnaṃ tu koilāsurasaṃjñakam ka[r]tti-karpa[r]a-karā caite saṃsthitāltīḍhapādataḥ bhavataḥ paścime devī sthitā vai parṇaśāvalī asyā [e]va dhyānayogena dagdha-mats[y]ādipūjayā ... ptayā prajñayā yuktaṃ vāme ca śveta-padmayā ntlaṃ vai caṇḍaroṣaṃ tu raktayā raktayāthavā ... tāvad vibhāvayed gāḍhaṃ yāvat prasphuṭatāṃ vrajet gatantu prasphuṭo yogī mahāmantreṇa sidhyati (Shāstrī 1917:139-140).
- 243. III.402.B, pp. 92-94 of the 1915 catalogue, Grünendahl 1989:570-572.
- 244. This missing portion of the text here makes it difficult to interpolate a meaning to this sentence.
- 245. Aparşad = aorist of  $\sqrt{pr}$ .
- 246. "The mistress of that realm" is interpolated here from George's translation of this gloss of vajradhātvīśvarībhāge (George 1974:44n.3)--part of the Sanskrit is missing from Śāstrī's extract.
- 247. Om namas candramahāroşaṇāya magnam yena jagac carācaram idam mohāndhakārodare | prajñopāya-vibhāga-bhāskarakaraiḥ vyaktam samuddīritam | | .... mādhisāngam puruşah śravaṇa-sangam svayam so 'yam matsukha-sādhanāya jagati vyakta-prabhas tişthatu|| evam mayā ityādi samgītikārah| nidāna-vākyam etat yasmāt samgītikāreņa sūtratantrādau avasyam vaktavyam bhagato vacanāt tathā ca evam mayā srutam iti krtvā bhikşava mama vacanam | samgītavyam ityādi evam sati | sraddhāvatām pravṛttyangam śāstāparşac ca sākṣiṇi| deśa-kālau ca nirddiṣṭhau sva-prāmāṇya-prasiddhaye|| iti pratipāditam bhavati | tatra | evam iti yathā samgāsyāmi | mayetyanena viparīta-śrutaparamparāsrutayor nirāsah etena ātmanāsambandhāt śrutam aviparītasī ca pratipādayati śrutam iti śrotra-jfiānena adhigatam iti| akeasmin samaye iti| ekasmin kāle| anyasmin kāle anyad api śrutam ity arthah| etena ātmano bāhuśrutyam etat tantrasya ādau lambhyañ ca pratipādayati | bhagavān iti | bhagā aiśvaryyādayah | tathā ca | aiśvaryyasya samagrasya dānasya yasasah striyah kāyasyāpi prayatnasya şaṇṇām bhagah iti srutih | tāni vidyante asva iti| rāgādi-kleśa-bhañjanād vā| vajrasattva iti| vajram abhedyam sattvam artha-kryākāritvam asya iti| athavā vajra iva vajra sa cāsau sattva-prāņīveti| sarvvetyādi sarvvam ca te tathāgatās ca teṣāṃ kāya vāk-citta-jfiānāt sarīratattvam tasya hṛdayam atyantam abhilasanīvatvāt tad eva vajradhātvīsvarībhagam vajro lingam, tasya dhātuh, sāmvītavivṛtatvādi-lakṣaṇaṃ, bodhicittaṃ tat ... vyā prajfīā vajradhātunā āsevtitatvāt tasyāḥ¦ tat varānge bhage vijahāreti vihrtavān vajra-padma-samyogena sampuṭa-yogena sthitavān ityarthah| ayañ ca vihārah prākṛta-janasya atyanta guptah bhavati kim punah bhagavato vajrasattvasya| tatas ca ārthād uktam bhavati¦ sumeru-girim ūrddhva-vajra-sattva-bhūmau vajra-maņi-sikhara-kūtāgāre viharati smeti| etena sāstākālo desas coktah| parşada-lokam āha anekais cetyādi! vaira-yoginah! svetācalādayah! vajra-yoginyo mohavajryādayah! tesām

tāsām ca guņāh samūhāh eka-rūpās taih bahu-vacanatva-eka-vacanasyāpi paficatathāgatatvāt | tad-yatheti | upadarsane | svetācaleti bhagavān bhagavatī deha-gata-rūpaiñānena evam pītācaleneti bhagavatī deha-gata-gandha-jñānena rakācaleneti bhagavatī dehagata-rasa-jfiāneneti | sitimācaleneti bhagavatī deha-gata-sparsa-jfiāne | moha-vajryā ceti | bhagavtyā bhagavad-deha-gata--rūpa-jfiānena| piśuna-vajryā ceti bhagavad-deha-gatagandha-jñāneneti rāga-vajryā ceti bhagavad-deha-gata-rasa-jñāneneti [rṣā-vajryā ceti bhagavad-deha-gata-sparsa-jñānena| svayan tu bhagavān bhagavatī-deha-sabda-jñāna-rūpah| Bhagavatī tu bhagavad-deha-gata-sabda-jāāna-rūpā ato naitat prabhedah kutah | evam pramukhair iti eyam prakāraih caksusā ghrānena rasanayā kāyena śrotrena rūpeņa vedanayā samjūayā samskāreņa vijūānena prthivyā jalena tejasā ākāsena ityādibhir ityarthah etenaivamvidhe vihāre parşad-devyo 'nye tādṛśyo bodhicitte tu kathitam bhavati¦ atiguptatvāt nanu tadā tvayā katham śrutam iti cet¦ athetyāti ayam arthah¦ tena vihāreņa yadā caturānanda-sukham anubhūya tad-anantaram sarvva-purusesu mahākaruņām āmukhī-kṛtyāt evam kṛṣṭhāval[i]-samādhiṃ samāpadya idam vakṣyamāṇam udājahāra udāhṛtavān tadā śrutā mayā ityarthah samgīta-kārasya mama vajrapāņeh śrotrendriya-rūpatvāt bhagavadbhagavatī-deha eva sthityā mayā strutam iti bhāvah! kim udāhrtavān bhāvābhāvetyādi! bhāvah ānanda-paramānanda-vikalpah abhāve viramānanda-vikalpah tābhyām vinirmuktah tyaktah | catvāra ānandāh | sūtra-prajñopāyābhyām anyonyānurāga-lakṣaṇam alinganacumbana-stana-marddana-nakha-dānādinā yantrārudha-bandhena vajra-padma-samyogam vāvad ānandah etena kificit sukham utpadyate! (Grünendahl 1989:570-571).

- 248. Yoginīdvandvah, yoginī-saṃyogah| tatra nanditam utpannam| prasphuṭatā-karaṇam eva siddheḥ kāraṇam iti| pūrvva-vyākhātam eva| mahāmudrā-siddhis tu pūrvvaṃ vyākhyātaiveti devatā-sādhanaṃ paṭalah| iti pañcaviṃśati-paṭala-vyākhyā| idam ityādi saṃgīti-kāra-vacanam| idam ukta-lakṣaṇaṃ sakalaṃ tantram bhagavān avocat kathitavān| abhyanandan anumodivantaḥ iti| samāptam iti niṣpannam| ye dharmmā ityādi| ye dharmmāḥ sapta| vijñāna-nāma-rūpa-ṣaḍ-āyatana-sparśa-vedanā-jāti-jarā-maraṇākhyā| te hetubhyaḥ pañcabhyaḥ avidyā-saṃskāra-tṛṣṇopādāna-bhavākhyebhyaḥ bhavanti| hetuḥ kāraṇaṃ teṣāṃ yathā gadanāt tathāgataḥ| avadat uktavān| kāryya-kāraṇayor yo nirodhaḥ upaśamaḥ nirvāṇaḥ evaṃ svāditum śīlam asya iti mahāśramaṇaḥ iti| vidvān śūras tapasvī ca mahotsāhaś ca vīryavān| adbhūtasya ca karttā hi mahān ityabhidhīyate|| śamita-pāpatvāt sa śramaṇaḥ| kleśopakleśa-śamanāt veti| kṛṭyā vyaktatarāṃ mayā punar imāṃ pañjīṃ guror ājñayā| śrītantra-rahasa-sāra-racitāṃ yat tena lokaḥ kalau| prajñopāya-samāgameka-rasikaś caṇḍācalo ['Istu drutam|| (Grünendahl 1989:571-572).
- 249. Kṛtir iyam mahā-paṇḍita-mahā-sukha-vajra-pādānām iti¦ samvat 417 phālguna-kṛṣṇa-daśamyām maṅgala-vāsare likhanam samāptam idam iti rājye śrīmat anantamalladeves[e]ti subham astu sarvvajanā[n]
- 250. Petech 1958:95-98.
- 251. Naudou 1980:79n.1, citing Tucci.
- 252. Ui et al 1934:206.
- 253. See Naudou 1980:183-184. Naudou provides a list of fifteen of her works preserved in the *Bstan-'gyur*, though he does not mention this one. (Naudou 1980:184n.90).
- 254. Naudou 1980:186-187, and 187n.100.
- 255. Ui et al 1934a list Tohoku 1165 as the number, though this is a misprint; Tohoku 1165 is Saptatathāgatastotra; the correct listing is Tohoku 1195--5 folios.
- 256. Naudou 1980:188.

- 257. Ui et al 1934:74, 377, 377, 195-6, 212-213, 75, 195, 195, 213, 73, 70, 141, and 356 respectively.
- 258. Grünendahl 1989:643-644.
- 259. Shāstri 1917:89-100.
- 260. His examining board consisted of F.W. Thomas (Oxford), Sylvain Lévi, and de la Vallèe Poussin. (Chaudhuri 1935:1). Although Chaudhuri dates the text to the 13th century, his reasoning seems a bit more speculative. He explains the derivation of dāka for instance as a version of the Tibetan gdag, or wisdom (Chaudhuri 1935:6), though as we have seen in Chapter 3 of this dissertation, Dharmakīrti was already using the term dākinī prior to the introduction of Buddhism into Tibet (See Chapter 3, Section I (iii).)
- 261. In a sādhana to Vajravārāhī written by Advayavajra (Mahā-pandita-avadhūta-śrīmad-advayavajra) given by Abhayākaragupta, Pākinī, Lāmā, Khandarohā and Rūpiņī are on the eastern, northern, western, and southern petals, dark blue, black, red and white respectively. (Tathā pūrvvādi-caturdaleşu yathā-kramaṃ vāmāvarttena dākinī-lāmā-khandarohī-rūpiņīh kṛṣṇa-śyāma-rakta-gaurāh.....Bhattacharyya 1981{2}:425,1.11-12).
- 262. De Mallmann 1975:218.
- 263. Khanda-rohā literally means "she of broken ascent," or "she whose rise is cleft." It appears to be a poetic designation for a woman who is no longer a virgin (the "rise" being her vulva). According to De Mallmann, this is the name of two goddesses from the Hevajra cycle, found in the Samvara, Six Carkavartin, and Vajravrrāhī mandalas. (De Mallmann 1975:218). She appears in several sādhanas given by Abhayākaragupta.
- 264. De Mallmann notes that 'Crow Face' (Kākāsyā) is a ferocious goddess, black or blue, with a crow's head, belonging to both the Heruka/Hevajra and the Kālacakra cycle. She is always located to the east or southeast. (De Mallmann 1975:204-205). Here in the Pākārņavatantra Kākāsyā is apparently a name of one of the breaths. See Abhayākaragupta's description of the Saṃvaramanḍala where Crow face, Owl face, Dog face, and Hog face, like the Pākinīs etc., are accompanied by Śiva in each of the four doors (dvāreṣu kākasyolūkāsyā-śvānāsyā-śūkarāsyāh dākinyādivat parameśānugatāh) (Bhattacharyya 1972:27).
- 265. (Mahānāsā-laksaṇa-cchoma-vidhi-niyama) 1) Jñānārṇavāvatāraḥ; 2) Vajra-vārāhyutpatti-nāyakī ca yantra-cakra-maṇḍala-bhāvanādi-svabhāva; 3) Dākinī-utpatti-lakṣaṇa-sukhasañcāra-karmma-tattva-vyavasthā-vidhi; 4) Lāmotpatti-laksaṇa-mantra-nyāsa-ṣaṭ-cakravartmādi-svabhāva-nirvānādi-vyavasthā; 5) Khandarohā-lakṣanotpatti-catuś-cakra-nādīvyavasthā-nāmoddeśa-mantra-nyāsādi-vidhi; 6) Rūpiņī-lakṣaṇa-svabhāva-nādī-cakra-svabhāvasthānā-vyavasthā-tantra-lakṣaṇa-vidhi; 7) Kākāśyādi-prāṇotpatti-lakṣaṇa-vidhi; 8) Ulūkāsyānirnaya-sambidhānotpattih prāṇādi-lakṣaṇa; 9) Svānāsyā-lakṣaṇa-sukhādy-avasthā-vidhi; 10) Sūkarāsyotpatti-mandalāvatāraņādi; 11) Yamadādī-vyavasthotpattih lakṣaṇa; 12) Yamadūtyutpatti-lakṣaṇādi-mṛtyu-vaficana-cakra-bhāvanopadeśa-saṃkṣepataḥ; 13) Yamadaṃśtrīprayogāvatāra-mṛtyu-vañcanādi; 14) Yamamathany-avatārotpattiḥ kāla-mṛtyu-vañcanādi-vidhilakṣaṇa-buddhāvasthā-svabhāva; 15) Bhagavān samyak-samādhi-vyavasthita-{n}-āmnāyasūcaka; 16) Mūla-mantroddhāra-vidhi; 17) Kavacotpatti-lakṣaṇa-vajra-sattva-vārāhyā vidhi; 18) Vairocanādi-kavaca-rakṣā-vidhi; 19) Padma-nartteśvarādi-rakṣā-kavaca-mantra-nirṇaya; 20) Herukādik-rakṣā-kavaca-vidhi; 21) Vajra-sūryyādi-kavaca-rakṣā-vidhi; 22) Paramāsv-ādikavaca-rakṣā-vidhi; 23) Vali-cakra-pujā-vidhi; 24) Mandala-homa-ācāryya-pūjā-vidhi; 25) Bhagavān-ityādi-visuddha-tathāgata-pratisthā-visuddha-lakṣaṇa; 26) Pracaṇḍādi-yantramandala-yogini-virānām mudrānām samketa-viharaņa-laksaņa-vidhi-nāma-gocara-patalah; 27)

Pracandāksī-lakṣaṇa-mudrādhipati-svabhāva-vidhi; 28) Prabhāvatī-lakṣaṇa-mudrā-vidhi; 29) Mahānāsā-lakṣaṇa-cchoma-vidhi-niyama; 30) Mudrā-pratimudrā-vīra-matī-svabhāva-vidhilakṣaṇaṃ; 31) Kharbarī-akṣara-cchomā-lakṣaṇa-svabhāvaḥ jfiāna-nāma-paṭalaḥ; 32) Lankesvarī-mudrā-sanketa-laksana-maṇdala-cakra-svabhāva-nāma-vidhi-jñāna-paṭalaḥ; 33) Druma-cchāyā-svalakṣaṇa-mudrā-saṃketa-vidhi-niyama; 34) Airāvatī-kāya-mudrā-lakṣaṇavidhi-yukti; 35) Mahābhairavāntar-mudrā-kathana-lakṣaṇa-vidhi; 36) Vāyu-vegāyā[h] prayogavidhi-mudrā-varņaka-lakṣaṇa-vidhi; 37) Surābhakṣī-prayoga-cchomā-svabhāva-lakṣaṇa-vidhi; 38) Vajravārāhyādvaya-śyāma-devyā vaśya-homa-yantra-vajra-maṇḍala-vidhi-lakṣaṇa; 39) Bhagayān mūla-mantrasya subhadrādvaya-yogātmāh[v]aya-yantroddeśa-kūla-nāga-karmavidhi-laksana; 40) Haya-karna-vīrādvaya-yogatah kavacasī-mūlamantrasya karma-vidhilakşana-māranafica; 41) Khagānanāyā vīrāyā advaya-yantra-cakra unmattī-karana-svabhāvalakşana-vidhi-hrdaya-mantra-sarbba-karma-nama; 42) Cakravegā-karmma-stambhanavīrādvaya-yoga-laksana-svabhāva-nāma-vidhi; 43) Khandarohā prayoga-bhāvanā-yantracakram uccāṭana-karma-ṣaḍ-yoginī-mantra-kavaceṣu vidhi-lakṣaṇa; 44) Sauðiḍinī-prayogeṣu vidvesana-laksana-vidhi-yantra-cakra-svabhāva; 45) Cakra-varmmant-mūktkarana-prayogavidhi-laksana-mandala-cakra-bhāvanā-vīrādvaya-yoga-rākşasākāra-yantra-cakram; 46) Suvīrāyā šāntika-karmma-prayoga-vidhi-lakṣaṇa-yantra-cakra-bhāvanā-stambha-mantrasya karmma-prasaram, 47) Mahāvalāyā yogena mahārakṣā-kīlana-mantrasya karmmabodhisatt[v]asya yantra-bhāvanopāya-vidhi-lakṣaṇa; 48) Cakra-varttiṇt-prayogādi-nānāsādhana-karmma-yantra-cakra-bhāvanā-mārga-mūla-mantroddesa-vidhi-lakṣaṇa-sarvvakarmmakam; 49) Mahāvīryāyā prayoga-lakşaņa-guhya-rasāyanādi-puşţika-karmma-śrīsamyak-samādhi-heruka-mūla-mantrasya vidhir; 50) Pañaviṃśati-tattvātmāsarvva-tantrāṇām artha-sūcakam sarvva-rahasyam; 51) Stutih pūjādi-samaya-sevādvaya; (Shāstri 1917:89-91).

- 266. The numbers are in the Sanskrit, above each name.
- 267. Probably Mahārāştra.
- 268. Here, as with 29 and 44 below (Ceylon and Kaśmīr), Nepal is referred to as a region, not with specific cities—suggesting that the text does not originate from any of thes regions.
- 269. I.e., Bengal.
- 270. Ceylon, or Śrī Lanka.
- 271. As Śāstrī points out, this is most likely Bombay--perhaps the earliest known usage of the name (Shāstri 1917:94).
- 272. Probably Cambodia.
- 273. This is a variant reading for the term *pīlava*, *upapīlava* terms for pilgrimage sites. *Pelava* means 'delicate, fine, soft, tender,' acc. to Apte, who cites the word from *Kumārasambhava* 4.29 etc., 'from a bow made of tender leaves and flowers' (*dhanuṣaḥ pīlava-puṣpa-patriṇaḥ*).
- 274. I.e. the sixty-four locations are mapped to sixty-four channels emanating from the navel cakra throughout the body, in the form of yogints.
- 275. An alternate spelling for  $d\bar{u}tik\bar{a}$ , a confidante or woman who acts as a go-between for lovers.
- 276. Again, the numbers are in the Sanskrit.
- 277. Māyākāra-suksetriņī.
- 278. Each of these names are in the feminine, as names of goddesses: raktā, śukrā, etc.

- 279. I've emended sadavāhinī to sadāvāhinī—an honorific here for breath as a goddess, constantly carrying life through the body. The role of the goddess here is not too different from the idea of sakti or kundalinī moving through the body.
- 280. Athavā sarvva-nādīsu mantra-nyāsam iha akṣaraiḥ: Ma, ka, o, ka, sau, ma, vaṃ, dra, ka, mā, ma, va, kā, dā, dha, bha, rā, mā, ti, da, ne, sa, raṃ, dhi, vaṃ, khā, ha, su, siṃ, dā, ka, siṃ, hi, vu, ku, ja, pa, ja, va, o, laṃ jā, a, kā, kau, kaṃ, ja, tri, ca, la, pu, mu, kā, bha, gṛ, pre, va, pai, u, śma, u, ma, kha, mle -these are the navel. Pre, de, u, ma, jvā, si, mā, kau-so in the heart. Ra, su, ma, sve, me, ca, māṃ, a, snā, pū, aṃ, sva, vi, mū, pi, śle and so for the throat. Kṛ, ka, bhī, na, tī, vi, cā, gho, u, sa, bha, ma, sthū, a, ja, vi, a, ja, gho, i, ca, ca, grā, rau, kā, do, ca, mā, brā, sū, rā, [ma], so for the head cakra.' (Shāstri 1917:89-100).
- 281. Ui et al 1934:127, 411-412, 502, 548, 502, 548.
- 282. Sāṅkṛtyāyana 1934:219-220.
- 283. Bhattacharyya 1932:x.
- 284. Sādhanas 264-267 (Bhattacharyya 1981{2}:512-528).
- 285. Shāstri 1917:87-88.
- 286. Shāstrī 1917:87.
- 287. Ui et al 1934:68.
- 288. Naudou 1980:248.
- 289. Ui et al 1934:684-685.
- 290. Naudou 1980:225.
- 291. I've ommitted the ityabhidhānottare.....paṭalaḥ prathamaḥ etc. for each chapter title.
- 292. Though it's impossible to tell without the complete text, it appears that the titles for chapters 7 and 8 were inadvertently combined into the double title for chapter 7.
- 293. Hukam Chand Patyal, in a Brief Communication to the *Indo-Iranian Journal*, vol. 36, no. 3, July 1993, "Ańgiras in the Lakṣmī Tantra," concludes that "we have to give the meaning 'name of the founder of a *gotra*' to the word *angiras* in the case of Lakṣmī T." There is a very short *sādhana* to *Pratyangirā* in *Abhayākaragupta*'s *Sādhanamālā*, no. 202: She is black or dark blue, has six arms and one face; her three right hands hold a chopper, a goad, and one is in the boon-giving *mudrā*; the left hands hold a red lotus, a trident situated in the heart(?), and one has a noose on the index finger; her seed syllable is *huṃ*, *Akṣobhya* is in her diadem, she possesses all the decorations, and is endowed with the physical appearance of an adolescent. (*Mahāpratyangirā kṛṣṇā*, *ṣadbhujaikamukhā*, *khadgānkuśa-varada-dakṣiṇahastā*, *rakta-padma-triśūla-hṛdaya-stha-sapāśa-tarjjanī-yukta-vāma-hastā*, *huṃbījā*, *akṣobhya-mukuṭā*, *sarvvālankāravatī*, *rūpa-yauvana-sampannā*| *iti mahāpratyangirāsādhanam*| Bhattacharyya 1968{2}:402).
- 294. This must be a local variation of *Ucchuşma* (literally, 'dried out'), perhaps the consort of *Ucchuşmajambhala* to whom five *sādhanas* are devoted in *Abhayākaragupta*'s *Sādhanamālā* (Bhattacharyya 1968{2}:569-579). Gnoli refers to *Ucchuşma* as a mythical Śaivite master (Gnoil 1980:936)—*Ucchuşma* is cited by *Abhinavagupta* at *Tantrāloka* 28.391a as the first in a list of ten ancient *Śaivite gurus*: *Ucchuşma-Śavara-Candagu-Matanga-Ghora-Antaka-Ugra-Halahalakāh* | *Krodhī Huluhulur ete daśa guruvah śivamayāh pūrve* | |391 | (Dwivedi & Rastogi 1987{7}:3272 & Gnoli 1980:674). Of the other *gurus* in this list,

Matanga gives his name to the Matangapārameśvarāgama, the 26th of the 28 āgamas of the Śaiva Siddhānta tradition (Bhatt 1977:vii); Halahalaka is a version of Hālāhala—this is the name of (not in any order of priority): a) the poison Śiva drinks at the mythical churning of the cosmic ocean; b) Several versions of Avalokiteśvara in Buddhist tantric mandalas (De Mallmann 1975:107-109); c) A form of Śiva as Hālāhalarudra (Gnoli 1980:295; Dwivedi & Rastogi 1987{4}:1632); d) The name of one of five realms in the Vidyā principle at Mālinīvijayottaratantra 5.30 (Vidyātattve 'pi paācāhur bhuvanāni manīṣṇah| tatra hālāhalah, pūrvo, rudrah, krodhas, tathā aparah| | (Kaul 1984:30 & Gnoli 1980:804). The name Hālāhala may very likely have been a local deity from the town Hālā, listed by Abhinavagupta at Tantrāloka 15.90b-91 as one of the eight upakṣetras, mapped internally to the eight lotus petals at the top of the heart cakra (upakṣetraṣṭakam prāhur hṛṭpadmāgradalāṣtakam| | Virajā, Erudikā, Hālā, Elāpūḥ, Kṣīrikā, [Rāja]Pūrī| Māyā[purt], Marudeṣāśca bāhyābhyantara-rūpatah| | (Dwivedi & Rastogi 1987{6}:2483 & Gnoli 1980:447). In the Arcāvidhi of the Mādhavakulatantra Hālā is visualized in the navel (Tantrāloka 28.61a, Dwivedi & Rastogi 1987{7}:3332 & Gnoli 1980:687).

- 295. De Mallmann translates Lāmā as jouisseuse, the feminine sensualist, and gives it as the name of a goddess attached to the *Hevajra* cycle, found in various *mandalas*. (De Mallmann 1975:230).
- 296. The Gāyatrī of course is the brahmanical mantra recited at the morning and evening sandhyā—two of the four junctions of the day (the other two being noon and midnight, the latter a Tantric addition). The mantra is: Tat savitur vareṇyaṃ, bhargo devasya dhīmahi; dhiyo naḥ pracodayāt; that best portion of the sun [that] you gave as a portion to the gods, may it impel our intelligence.
- 297. See Mrgendragamatantra, Kriyapada 7.45 (Brunner-Lachaux 1985:167).
- 298. The use of the term pasu is straight from the Saiva tradition.
- 299. 1) Avatāraņa-samaya-suddha-rahasya-paṭalah; 2) Prārthana; 3) Hṛdaya-tattvaparamārtha; 1) Kāya-samvara-vidhi; 2) Mahā-surata-padma-jāla-sambara; 3) Sambara-gurupāli; 4) Sambara; 5) Pītha-parvva-krama; 6) Sarva-anavasthita-Krama-bheda-vidhāna; 7) Mafiju-vajra-vidhi-patalah-tricakrollipta-saptamah; 8), 9) Yogint-pttha-siddhi-krama-nimittanirdeśa; 10) Koşa-prastāva-pīţha-sampradāya; 11) Pīţhādi-yoginī; 12) Śrī-heruka-dākinyāvīra-yoginyā-dākinyā-bhāvanopatti; 13) Ādi-karmika-yoga-bhāvanā; 14) Madhyendriyabhāvanopadeśa; 15) Tīkṣṇendriya-bhāvanopadeśa; 16) Catur-ḍākinī-yoga-sambara-vidhi; 17) Yoga-sambara-vinaya; 18) (?); 19) Amrta-safijīvanyā sarva-karma-karī nāma bhāvanāpatalah; 20) Yogint-guhya-samaya-tattvāvatāraņa; 21) Kula-sat-cakra-vartti-sampradāya; 22) Kāyavākcittapīţhānukrama; 23) Samayotthāpana-buddha-kapālotpatti-striyo; 24) Vajrasattvotpatti; 25) Mañju-vajra-sādhana; 26) Dāka-vajra-sādhana; 27) Mahā-rahasyam ālidākasya sādhana; 28) Praśara-dāka-siddhi-nimitta-nirdeśa; 29) Samaya-sambarodbhave mahā-maṇḍala-rājā; 30) Dhūta-guṇotpatti; 31) Varṣāpaṇa-vidhi; 32) Viśva-rūpa-vidhi; 33) Śrī-guhya-samayottama; 34) Kavaca-dvaya-yogotpatti-bhāvanā; 35) Cchoşmāpaṭalaḥ; 36) Yoginī-lakṣaṇa; 37) Dākinī-lakṣaṇa; 38) Lāmālakṣaṇa; 39) 40) Anga-mudrā-lakṣaṇa; 41) Pākiny-anga-mudrā; 42) Pākint-cchoşmā-lakṣaṇa; 43) Bhūta-saukhyāmbu-parata[r]a; 44) Dākinī-vīra-karma-prasara-sādhaka-yoginī-vīra-hṛdayādvaya; 45) Puṭa-pratimā-pratiṣṭhāadhivāsana; 46) Mandala-vidhi; 47) Gāyatryā sandhyā; 48) Upahrdaya-sādhanotpattibhāvanā; 49) Dvātriṃśatty-uttara-hṛdayotpatti-bhāvanā; 50) Mandala-vidhi; 51) Dharmadhātu-pura-bhāvanā; 52) Guhya-bhāvanā; 53) Guhyākṣarotpatti-sādhana; 54) Mūla-mantrakhatikoddhāra; 55) Kavaca-hrdaya-bhāvanā; 56) Hrdaya-mantra-kavaco devyā hrdaya-

- bhāvanā; 57) Raktā-catur-mukha-adhişthāna-lipi-manḍala-catuh-krodha-vajra-hūṃkārotpatti-khaṭikoddhāra; 58) Varga-yoga; 59), 60) Jñāna-guhya; 61) Caturdevyāh sampuṭaguhya; 62) Vajra-bhairava-krodhādhipat-sampuṭodghāṭa; 63) Sapta-janma-paśu-sādhana; 64) Svādhiṣṭhānaṃ svadharmottarotpatti; 64) Ātma-bhāva-pūjā; 65) Sambara-guhyyātiguhya-rahasya-mahā-tantra-rājān an[e]kokti-tattvopadeśa-bhāvanā. (Shāstri 1917:60-63).
- 300. Ui et al 1934:72, 227, 69, 68, 243, 231, 367-8, 376, 306.
- 301. Shāstri 1917:100-110, ms. 3825, no. 72.
- 302. Ui et al 1934:70.
- 303. Amarasimha 1885:165.
- 304. [When the moon is] in Arcturus, (the water), going into the cavity of the ocean-oyster, produces a pearl (Svātyām sāgara-sukti-sampuṭa-gatam (payah) san mauktikam jāyate).
- 305. See below.
- 306. See Apte, who cites Kṛṣṇa playing the sweet flute to call his lover(s) to a meeting (nāmasaṃketaṃ kṛtasaṃketaṃ vādayate mṛdu veṇum | Gītagovinda 5; for the meaning of a 'meeting place for lovers' he cites Bhāgavatapurāṇa 11.8.23: The wanton woman will on occasion bring her beloved to a meeting place (sa svairṇṇā ekadā kāntaṃ upaneṣyati); and Amarakośa [2.6.10a—see Amarasiṃha 1885:133]: Desiring her beloved, a woman keeping an appointment with a lover will go to a tryst (Kāntārthinī tu yā yāti saṃketaṃ sā abhisārikā).
- 307. See Section I (ii), Textual Typology, in Chapter 3 of this dissertation.
- 308. I.e. Vișņu, Śiva, or Brahmā.
- 309. I.e. sexually produced beings.
- 310. Tatra khalu bhagavān ašīti-koţi-yoginīśvara-madhye Vajragarbham avalokya smitam akārṣīt samanantarasmite 'smin vajragarbha utthāya āsanād ekāṃśam uttarāsaṅgaṃ kṛtvā dakṣiṇaṃ jānu-maṇḍalaṃ pṛthivyāṃ pratiṣṭhāpya kṛtāñjalipuṭo bhagavantam etad avocat śrotum icchāmi jñānendra sarvva-tantra-nidānaṃ rahasyaṃ sampuṭodbhava-lakṣaṇaṃ aho vajragarbha sādhu sādhu mahākṛpa sādhu sādhu mahābodhisattva sādhu sādhu guṇākarāḥ yad rahasyaṃ sarvva-tantreṣu tatsarvvaṃ pṛcchatec chrey⦠atha te vajragarbha-pramukhāḥ mahābodhisattvāḥ praharṣotphulla-locanāḥ pṛcchantīha sva-sandehān praṇipatya muhurmuhuḥ sarvva-tantraṃ kim ucyate nidānaṃ kathaṃ bhavet rahasyety atra kim ucyate sampuṭodbhavaḥ kathaṃ nāma-lakṣaṇaṃ, tatra katham bhavet bhagavān āha Shāstri 1917:69-70.
- 311. See Abhidhānottara, chapter 35, above.
- 312. Apte cites kaţapūţana as "a kind of departed spirits" from Manusmṛti 12.71 and Mālatīmādhava 5.11.
- 313. Vasantatilakā is also the name of a meter with 14 syllables per pāda (See Apte's Appendix A on Sanskrit prosody). MW cites Vasantatilakatantra as a Buddhist work.
- 314. Both MW and Apte give rubbing or cleaning the body with perfumes or fragrant unguents, or the use of these to relieve pain, citing Yājñavalkyasmṛti 1.152 and Manusmṛti 4.132 ('And one should not go near blood, feces, urine, spittle, or unguents etc.' nākramed rakta-viņ-mutra-sṭhīvanodvartanādi ca)-perhaps not the best example for the meaning.
- 315. 4c) Cihna-mudrā; 5a) Melāpakasthānam; 5b) Skandha-dhātv-āyatana-viśuddhi; 5c) Caryālinganam; 6b) Deśa-nyāsa[h]; 7i) Atha karmma-vidhim vakşye yena sidhyanti sādhakāh; 7ii) Atha rasāyanavidhim vakşye sarvva-sāra-samuccayam; 7iii) Udvartana-vidhi; 7a) Sarvva-jāānodayo nāmāyurvedyah saptamasya prathamam prakaraņam; 7b) Homa-vidhi; 7c) Sarvva-

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316. Ui et al 1934:303.
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317. Ui et al 1934:303.

318. Ui et al 1934:83.

319. Ui et al 1934:308.

320. Ui et al 1934:306.

321. Ui et al 1934:303.

322. Ui et al 1934:309.

323. Ui et al 1934:309.

324. Ui et al 1934:302.

325. Ui et al 1934:308.

- 326. Yamāri is an alternate form of Yamāntaka; Yama-ari, or enemy of Yama; the name is used for both Śiva, and (acc. to MW) for Viṣṇu in the Pañcarātra. De Mallmann describes black, red, and yellow forms of Yamāri, with black being the most common (De Mallmann 1986:465-469). Here our text indicates a considerably larger number and variety of Yamāris than those noticed by De Mallmann. The rakṣā appears in the name of the tantra in the colophon to the first chapter. (Shāstrī 1917:147).
- 327. Both MW and Apte say ārālika = "a cook." Evam mayā śrutam ekasmin samaye bhagavān sarvva-tathāgata-kāya-vāk-citta-sarvva-vajra-yosit-bhageşu vijahāra moha-vajrayamāriņā c[a] pisuna-vajra-yamāriņā ca īrsyā-vajra-yamāriņā c[a] dveṣa-vajra-yamāriņā c[a] mudgara-yamāriņā ca daņda-yamāriņā ca padma-yamāriņā ca khadga-yamāriņā ca l vajracarccikā ca! vajra-vārāhī ca vajra-sarasvatī ca vajra-saurī cākolā -- evam pramukhaih mahāyamāri-sanghaih atha khalu bhagavān varja-pāņim vajra-sattvam sarvva-tathāgatādhipatim āmantrayām āsa atha khalu bhagavān kha-vajrety ādeša-haram dvitīyo 'tha sabdah sarvvamāra-nikṛntana-vajram nāma samādhim sva-kāya-vāk-citta-vajrā-yoniñ cārayām āsa candravajra-prayoena bhāvayed yama-ghātakam! mārāṇām samanārthāya dvisopanude sarvvataḥ rakşārtham bhāvayed vajram panca-rasmi-samākulam vajrena bhūmi-vātan ca prākāram pañjaram tathā | atha khalu bhagavān sarvva-tathāgata-janaka-sarvva-māra-vidhamsanavairam nāma samādhim samāpadyedam sarvvam āha vaira-yamāryyādi-vījam svakāya-vākcitta-vajra-yonifi cărayăm āsa| yamadhye kşe sa me da ya cca ni rā jā sa ho ru ņa yo ni ra | rephasyādi-yamaghnah syāt kṣekāre moha ucyate|| makāre piśunam evākṣam sakāre rāgam eva ca| dakāre 'pi ca īrsyā syād yama-ghnāh pafi ca kīrtitāh| | yakāra mudgara khyātah cakāre danda-nāyakah | nikāre padma-pāņiš ca rākāre khadgavān api | jākāre carccikā praktā vārāhī ca sakārake | sarasvatī ca hokāre lakāre saunikā smṛtāḥ | | na-yonir catuhkone catvāra[-]kārakā matāh| kha-vajra-madhye gatam cintet viśva-vajram bhayānakam|| yamāntakasya madhya-stham bhāvayet kāla-dāruņam pūr[v]a-dvāre moha-vajram tu dakṣiṇe piśunam eva ca|| paścime rāga-vajram tu īrṣyākhyam uttare tathā| koṇa-vajra-catuḥ-śūle carccikādyā vibhāvayet | dvāra-vajra-catuḥ-śūle mudgarādyā vibhāvayet | viśva-vajra-catuḥkone catvāro nṛk[p]a-mastakāh| atha khalu bhagavān sarvva-tathāgatādhipati yamāri-vajram

nāma samādhim samāpadyedam mahā-dveṣa-kula-mantram udājahāra om hrīh strīh vikṛtānana hum hum phat phat svāhā atha khalu bhagavān sarvva-tathāgatādhipatir mohavajra-mantram udājahāra om jina jika | atha khalu bhagavān sarvva-tathāgatādhipatih pisuna-vajra-mantram udājahāra om ratna-dhṛk atha khalu bhagavān sarvva-tathāgatādhipatih rāga-vajra-mantram udājahāra om ārālika | . (Shāstrī 1917:145-146).

- 328. Śāstrī does not give these.
- 329. The Sanskrit reads malakatotpala. This appears to be a metrical abbreviation of kudmalaka-utpala, a blossoming or budding lotus. See Rājanighantu Karavīrādir dasamo vargah 248 where kudmalaka is given as a variety/characterstic of lotus. (Narahari 1986:165).
- 330. Brassica nigra Koch.
- 331. Black pepper, long pepper, and ginger.
- 332. Rumex vessicarius-see Dash 1986:314-315 and Narahari 1986:250.
- 333. Plymbago zeylanica Linn (Dash 1986:21).
- 334. Mūla-mukhe (?).
- 335. Śmaśāna-karpate cakra-dvayam likhed vratī rājikā-lavanenāpi viṣeṇa nimbakena ca | trikatukam katutailañca śmaśānārśānam eva ca | dhustūraka-patra-niryyāsaiś canḍa-vījais tathaiva ca | tarjjanī-raktam ādāya ciktrakasya rasena vā | ūṣarasya mṛttikā gṛhya canḍāla-hanḍikāñjanam | bubhukṣita-padma-lekhanyā caturddaśyām likhed bratī | madhyāhne krūra-cittena duṣṭānām bandha-hetunā | nāmam sattva-vighātasya huṃkāreṇa vidarbhayet | dakṣiṇabhimukho yogī ātmānam yama-ghātakam | krodha-rūpam mahācanḍam khanḍa-munḍa-vibhūṣitam | mahiṣa-stham lalaj-jihvam vṛhad-udaram bhayānakam | kaḍārorddhva-jūṭa-keśam vakra-śmaśru-bhruvam tathā | dakṣiṇena mahāvajram khaḍgam caiva dvitīyakam | tṛtīye kartti-hastam ca idānīm vāmato likhet | cakrañ caiva mahāpadmam kapālañ caiva vāmatah | mūla-mukhe mahābhṛngam dakṣiṇe candra-suprabham | vāmam rakta-nibham proktam vajrābharaṇa-bhūṣitam | roma-kūpa-mahāvivarā sphorayet sva-kulādhipam | pratyālīḍha-pada-saṃstham sūryya-manḍala uddhatah | vikṛta-daṃṣṭrākarālāsyam kalpa-jvālāgni-sannibham | evam ātmānam sannahya sādhyam vai purato nyaset | etc. etc. (Shāstrī 1917:147-148).
- 336. Cakrānupūrvva-likhanam and Cakrāvalokano.
- 337. Atha mantram pravakṣyāmi sarvva-bhūtā bali-kriyām¦ uccārite mahāmantre sarvva-bhūta-prakampanam| indrāya hrīḥ, yamāya ṣṭrīḥ, varuṇāya vi, kuverāya kṛ, īśānāya ta, agnaye a, naiṛṭye na, vāyavye na, candrāya hūm, arkāya hum, brahmaṇe phaṭ, vasudhārāyai phaṭ, vemacitriṇe svā sarvva-bhūtebhyaḥ hā| hā hā hīm hīm hūm hūm he he svāhā| kṛtvā maṇḍalikām tryasrāḥ viṇ-mutra-toya-miśritaiḥ| devatāḥ prīṇayed yogī hāhākāram punaḥ smaret| (Shāstrī 1917:148).
- 338. Ākarşaṇādi-prayoga-paṭalaḥ saptamaḥ.
- 339. Sauri is a name for Vișpu, Kṛṣṇa, Vasudeva, Balarāma, and for Saturn (Apte).
- 340. Trimukhām şadbhujām śuklām cakrahastām śaśi-prabhām carccikām bhāvayet prājāo rakṣākṛṣṭi-prayogatah | trimukhām ṣadbhujām ghoṇām vajra-hastā[m] sunīlakā[m] | vārāhī[m] bhāvayet prājāo madyākṛṣṭi-prayogatah | trimukhām ṣadbhujām raktām sarasvatīm bhāvayed vratī | padma-hasta-dharām saumyām prajāā-barddhana-hetave | trimukhām ṣadbhujām kharvvām marakatotpala-sannibhām | śaurim bhāvayet prājāo śubhrākṛṣṭi-prayogatah | (Shāstrī 1917:148-149).

- 341. Homa-vidhi-patalo 'stamah; --yamāri-bhīmā nāma navama-patalah.
- 342. Brāhmaņasya tu māmsena citi-bhasmena tan-mṛdā| yamāri-pratimām kuryyāt dvi-bhujam eka-vaktriņam|| dakṣiṇena mahā-vajra[m] savye nṛ-śiras tathā| śukla-varṇaṃ mahā-bhīmām tena duṣṭān nikṛntayet|| pratidinam balim dadyāt pañca-māṃsāmṛtena tu| nityaṃ yat prārthayed yogī mama śatruṃ nikṛntaya|| ity-ukt[aṃ] sapta-rātreṇa pratyūṣe mriyate ripuḥ|| (Shāstrī 1917:149).
- 343. Vetāda (vetāla) [-]sādhanānusmṛti-bhāvanāpaṭalo daśamaḥ; caryyā-samaya-sādhana-paṭala-ekādaśamaḥ; sarvvopāyika-viśeṣako nāma dvādaśaḥ paṭalaḥ; siddhi-nirṇaya-paṭalas trayodaśamaḥ; -mañju-vajra-sādhano nāma caturdaśapaṭalaḥ. (Shāstrī 1917:149).
- 344. Atredam sūtra-pāṭhena parama-samayam akāro mukham sarvva-dharmmāṇām ādyanutpannatvāt | siṣyam vai locanam dhyātvā srī-yamātnaka-rūpavān jñāna-sūtra-varāgrāgram pātayet susamāhitah | tatredam mahā-manḍala-pravesa-samayah manḍala-dvi-guṇito dīrgha-dvāra-viṃsatikam pañca-gavya-samāliptam sūtram buddhaih prakalpitam | tatredam mahā-vajra-prārthanā-samayah aho buddha-mahācārryo aho dharma-gaṇah prabhuh dehi me samayam tattvam bodhicittañ ca dehi me | tatredam mahā-bhū-parigraha-samayah vajra-prthivyāvāhanam tvam devi sākṣi-bhūtāsi sarvva-buddhān tāyinām caryyānaya-viseṣeṣu bhūmi-pāramitāsu ca | (Shāstrī 1917:149).
- 345. Prāṇatipātinio ye ca matsya-māṃsādibhakṣakāḥ | madirā-kāminī-saktā nāstika-vrata-dhāriṇaḥ | anabhiṣiktā narā ye ca uddha[ta]-vyasana-kāriṇaḥ | grāma-jāla-ratā ye da yamāritantra-parayāṇāḥ | siddhyante nāsti sandehaḥ kṛṣṇasya vacanaṃ yathā | atha te maitreya-pramukhāḥ sarvva-bodhisattvā | vajra-nirukti-padaṃ śrutyā tuṣṇīṃ sthitā abhūvana | (Shāstrī 1917:150). Note the grammatical construction ye ... te ...
- 346. -Vajrānanga-sādhanam pañcadśamapaṭalaḥ.
- 347. See Apte's definition for Aniruddha for his personal history.
- 348. Sītkāra or śītkāra is an outbreathing noise made in expression of sudden pleasure or pain, particularly during sexual enjoyment.
- 349. Vedhamānām, perhaps a metrical shortening of vedhayamānām, feminine accusative singular of causative of  $\sqrt{vyadh}$ .
- 350. Athāto rahasyam yakṣye samāsān na tu vistarāt¦ yena vijfiāta-mātreṇa apsarākarṣaṇaṃ bhavet|| dvi-bhujam eka-vaktraṃ tu iṣ[u]-kārmmuka-pāṇinaṃ| pīta-dehaṃ mahārūpaṃ vajrānaṇgaṃ vibhāvayet|| pūrvveṇa [ca] ratiṃ dhyāyet dakṣiṇe madana-sundarīṃ| paścime kāma-devīṃ tu uttare madanotsukāṃ| sarvvāsāṃ kāmadevīnāṃ kārmmukaṃ bhāvayet śaram| pītāṃ raktāṃ tathā śyāmāṃ śukla-raktāṃ ca bhāvayet|| koṇe caiva nyasen nityam aniruddham uṣāpatim| vaṣantaṃ makara-ketuñca dvāri bhāge prakathyate|| kandarpa-darpakaṃ coktaṃ smaraṃ bāṇāyudhaṃ tathā| sarvveṣāṃ devatānāṃ tu yamaghnaṃ mūrddhni bhāvayet|| strīṇāṃ khaga-mukhānta-sthaṃ vajrānaṅgaṃ vibhāvayet| sītkāra-mantra-sambhūtaṃ visphurantaṃ samantataḥ|| vāñchitāṃ vihvalāṃ dhyātvā vedhamānāṃ madotsukāṃ| pādayoh patitāṃ caiva rakta-vastra-parāvṛtāṃ|| mantrafi caiva japet tatra oṃkāra svar-abheditam| svāhā me vaśibhavatu bhāvayet saptavārakam| vāñchitā[ṃ] labhate yogī kṛṣṇaṣya vancanaṃ yathā|| (Shāstrī 1917:150).
- 351. -Heruka-sādhana-paṭalaḥ ṣoḍaśaḥ; -bodhicitta-nigadana-paṭalaḥ saptadaśaḥ; -kathā-paṭalaḥ saptadaśamaḥ. Colophon: Idam avocat guhyakādhipatir vajra-kula-praṇetā nakaṭakūrasasya sampannato[;] mahātantra-rāja[h] oḍiyāna-vinirgataḥ sapāda-lakṣād uddhṛtaḥ samāptah¦ kathā-paṭalo aṣṭādaśamaḥ. (Shāstrī 1917:151).

- 352. Catuṣpīṭha-sādhana-saṃkṣepaḥ samāpteti saṃvat 165 śrāvaṇa śukla-daśamyāṃ śukra dine rājye śrībhāṣkaradevasya śrī-guṇa-kāma-deva-kāritaḥ śrīpadma-cakra-mahāvihāre sthita[m] śākya-bhikṣu-kumāra-candrena likhitam iti mātā-pitā-guropādhyāya-kalyāṇa-mitra-sarvva-sattvam anuttara-jāāna-phala-prāptaya iti śrīgānulange kulaputraḥ Śāstrī adds that gānulānga "is a Newari word, meaning 'real.'" (Grünendahl 1989:485-486).
- 353. Petech 1958:40-41 and 33-35.
- 354. Ui et al 1934:77.
- 355. Ui et al 1934:255-256.
- 356. Ui et al 1934:255.
- 357. Ui et al 1934:255.
- 358. Ui et al 1934:256.
- 359. Catuhpīthosyavidhinā sişyābhyarthanayā mayā sukham sādhanam samkşiptam udārārccanam ucyate. (Grünendahl 1989:485).
- 360. Iti prakarane ātmapīţhe iti vāy[v]ādiu-tattvasya sva-sarīram eva pīţham āsanam ādhārah ity uktakramena vāyvādti-tattvam prakrīyate, prastūyate, anena veti; ātma-pīţham ātma pīţham eva iti ātmapīţhe catuṣpīţha-nibandhe prathamah paṭalah idānīm kāla-jñāna-tad-vañcanādi paṭalam āha bhagavan srotum icchāmi jñāna-tattvam viṣāya[m], haranādikam; vayam cihnam idam anga iti mṛṭyu-cihnam katham tattvam samāsritam iti mantra-tattvam sṛṇu vajra-mahārāja-anga-cihnasya darsitam nirmmāṇādi-karyyai rājata iti rāja vajra akṣobhyatrā mahārāja yasyāsau vajra-mahārāja sambodhyate angam cihnam darsitavyam anantaram sṛṇu mṛṭyu-kālam iva sthitam iti mṛṭyu-kālānitatam jñāyata iti bhāvah cihnam āha svāsā ityādi (Grünendahl 1989:485).
- 361. See above, in the extract from the final chapter of the *Ekallavīracandamahāroṣaṇa* where *Bhagavatī* is also described as the *paryaṅka-āsana* of sentient beings (*sattva-paryaṅka*).
- 362. Ghort is also in the north in the Yogāmbara mandala described in Abhayākaragupta's Niṣpannayogāvalt, with a fierce demeanor, yellow colored, three-eyed, with dishevelled hair, and two hands. (De Mallmann 1986:176).
- 363. Vetālī is also in the west in the following mandalas described by Abhayākaragupta in his Niṣpannayogāvalī: Jñānadākinī, Yogāmbara, Hevajra, and Nairātmya. (De Mallmann 1986:445).
- 364. Candālī is also in the south of the Jñānadākinī and Yogāmbara mandalas as described by Abhayākaragupta in his Nīṣpannayogāvalī, though she's in the southwest in his Hevajra and Nairātmya mandalas (De Mallmann 1986:136).
- 365. De Mallmann describes Simhint in the Jñānadākint mandala from Abhayākaragupta's Niṣpannayogāvalt, vertically bi-colored with an eastern white half, and a northern yellow half. She has one lion face, two hands, dressed in red, and crowned with five skulls. (De Mallmann 1986:347-348).
- 366. In the Jāānadākinī mandala in Abhayākaragupta's Niṣpannayogāvalī Vyāghrī is also in the southeast, with a single tiger's head, vertically bicolored with a white southern half and a blue eastern half. (De Mallmann 1986:457).
- 367. Ulūkī is also in the northwest in the mandalas of Jñānadākinī and Yogāmbara as described by Abhayākaragupta (De Mallmann 1986:384).
- 368. The text reads yeşāfi ca, though we might expect yāsām ca.

- 369. Visarjayet tad-anupūrvvokta-bali-vidhāna-vidhi-mandala-cakrañ ca krtvā samastayathokta-mudrā-mantraih balim dadyāt, om kuru kuru mahābalim hum svāheti hasta-dvayam prasāryya madhyanguşthayam cālayitvā -- homa-kāla-vali-matta-mudrā-hutāsana-homabelāyām vahni-parikṣaṇam vadi durnimittam sūcayati tadā jvara cakṣa hum svāheti vatra pradeśe durnimittam tatra aşthttara-śatam [g]hrtim homayet dravyād apraśamodakena trisvabhyuksanam pūrvvakena homayitvā mūla-devatā-homah kāryyah purokta-kramenaiva śvāsena ākrsya svadehe sthāpayitvā visarjiya samutisthed iti homavidhih! yāga-vidhāna ... te vidhāna-vitatam nānā-vastra-pralsusmittam krtvā sita-sindhena caturasram mandalakam kuryyāt| sita-dravyena kalasāt| madhya-bhāndañca vilipya kşaurodaka-sugandhena pūrayitvā palla-vādinā maņdayitvā dṛṣṭi-patra-rūpa-kālaktakāṇgam datvā hum hrum sum kṣum yum hum strām stryām kṣrām iti praṇavādi-svāhāntena pratyekam aṣthottara-bāram japtvā yathāsthāne asthakalasān sthāpayet | madhye ca brhat bhāndam sthāpayitvā pūrvvokta-kramena ātmayoga-samastam nivarrtya ātmānam pūjayitvā tato vāhye samārabheta tam kamalābhe svāheti padmākāreņa karapuṭam vikāsayet tena madhya-bhānda-padmam pasyeta sacandramandalah| sveta-chattra-sampannam| tatra humkāreņa vajra-humkārādhisthitam tena jñānabhāvinīm bhāvayet dvi-bhuja-dhavala-varņām sattva-paryyankeņa pratisthām vajram dandañca vāma-dakṣiṇayor bhāvayet¦ tat purvvato vajrī uttare ghorī, paścime vetālī; dakṣiṇe candāli [sānyām simhinī āgneyyām vyāghrī] vāyavyām ulūkī, pūrvvokta-vijnābharaņā dhyātavyā | yeşāfica mudrā-maṇḍala-mayam kāryyah | tam samaye tiştha hum phat | vajrabandham kṛtvā tarjjanī-dvayam prasāryya cakrafi ca granthim kṛtvā samayam daršayet pūrvvavat pūjayet om hum svāhā vajra-musthi-dvayam krtvā vāmam hrdaye daksiņam mūrddhatah sthāpayed iti mūla-bhfa]drā-mantrah mūla-mantras tu yathābhilāsitam codakam dattvā durvvānkura-saṃyogjitaṃ kundādi-kusumāni sakṛt tadekaṃ mantram uccāryya bhāvanāyuktam kṛtvā devyā-kirīṭi[m] vajram āhanet ayutāpūrvvam dravyam homayet yathāmanīsita-siddhir-āyur-ārogya-barddhanañ ca bhavqti homānte ca yathoktānusāreņa balim dadyāt | sarvvatra krivāyām sāttvikam Sukla-vidhānam | pūrvvānanam Sāntim kuru | sarvvāpadam apanayetyādi codakam vataikākṣa-mālā-tarjjanī-śāntaman[as]ā śāntim kuryyāt pausthika kṣa samasta-pītopacāreṇa uttarānanam puṣthim kuru sarvva-sampadam āvāhaya ityādi codakam\ sataikāksamālā-asthottara-satāksamālāy[ā]h madhyamā-sthitayā pramuditamanāh puşthim kuryyāt vasye sakala-raktopacāreņa pascimāmanam mama ānaya disām ākarşa cetyādi codakam vimsaty-akşara-mālām anāmikāyām sthāpayitvā samraksaman[as]ā śāntim kuryyāt abhicāre ca samastam eva kopacāreņa yāmyānanam māraya uccāţaya ityādi codakam | şaşthī-samkhātākşa-mālayā kanyāyā sthitayā krodhāvişthaman[as]ā abhicārayed iti| samksepatah bali-homa-yaga-visayah| \$rī-catuṣpīṭha-tantrāmnāyena likhita iti|| (Grünendahl 1989:486).
- 370. Grünendahl 1989:490-491.
- 371. Both Apte and MW give for sama-pada "a particular posture in sexual union" or "an attitude in shooting," both where the feet are even.
- 372.60 angulas.
- 373. A hemispheric bowl, and the name for a type of sexual union.
- 374. Naman sarvvabhāvinībhyah | vibhrāṇam buddha-vimbam divsa-kara-dharolāsi-bālendu-lekham maitreyam cāru-rūpam sirasai vara-tanum mañju-ghoṣañ ca gātrau | padmotham daṇḍa-rūpam kuṭilita-vapuṣam vajriṇam bhmma-nādam vijñāna-jñāna-rūpam nihata-bhava-bhayam paṇca-mūrttim praṇamya | pañjikā likhyate seyam prārthaṇāt sena-varmmaṇah | evam bhāṣitety ārambhya yāvad abhyavandann iti vacanāt vibhiakīi-linga-vacanam samāsādayah buru-laghu-yati-cchandaādayas cāryyādesa-vasāt yathā-yogam

yojanīyā evam bhāsita-sarvva-jñam ityādinā nirddistāh catvāro 'rthāh desaka-desanāprakārah desyarthah sthānam iti tatra sarvvajāa iti desakah evam iti desanā-prakārah iñānam iti desvārthah! suddhaāvāsakam ity etat sthānam tatra yadārthah dūşi ... miti buddhānām ityārthah dakṣṇām iti kvacit tatrāpi sa eva arthah yoginī-jāla-sambaram iti | voeinvak praifiāpāramitaādyāh jālam samūhah sat prāg eva uktam samapada ityādi padam parangusthāngulvām samslesātma-samapadam tasya caika-pāda-sankocenātiryyak-sthāpanam vā cittapadam | hasa-dvayam eva vāhya-canaṇāngulīyakam | taj-vajjānudvayam kuryyāt | bāhustābhyām hamsa-paksākṛtiḥ mandala-pada-dakṣiṇa-pādam bhūmau samsthāpya vāmapada trailokya-langhanākāreņa salilam utksepah iti tri-vikrama-padam daksiņa-carena vāmacaranam ākramet vāma-jangam samkocya panca-vitasti āyāma prāsārayet ālīdha syāt! pratyālīdho atra dakṣiṇam ākuñcya vāmam tathāva prāsārayed iti | Eka-caraṇam utkṣipyate | naiva paribhramet | ityekah sthānah | lalitākşa-pāditayā sukha-nişadya vividha-prakāreņa pādasya viksepe pāda-viksepeņa ātma-bhedam vimrsyādau cet sarvva sankucya viparītoruvinyāsa-prayogāc cāpi tat-kṣayāt śrama-pūrvvam utpanna-nāśayeti ubhayor api | yoginī-pādadvayam | yāvad arddha-sthāpanam vā yūpas-kārah | āha ca | ekata kunthita-nyastas-[tri]nikunthita-jānukam āsīna-purusopetam yugma-pādam pratisthitam anyonya-jānubhyām vāmāpārśva-pīdanam muņda-tādanam vajra-sattva-bāhu-pāśe prajfiā-pāramitā-kaṇṭha-dṛḍham ālingya devyā-jangham tu parivinyāsya tat samputah samyamī-krtam uktañ ca yogşit-kanthavikalpa-prāņāt mokṣah ity utkam āryya-devena iti | dvandvālinganam iti prajñopāyasammilanam kutah ityāha sakala-sattva-dhātoh samsārottara-kāryyeṇa ity arthah yoginī-jālasambaram muktvā nāsty anyah samsāre sāra iti\ pādānāt dvādaša-sahasrikokta-kakṣapuṭe pādasya samhārah tatredam kakşaputam | nṛpa-sa[h]a-śikhī-dhārī hasta-śobhā-sukanyā | jaṭanaraka-vibhītā-mohanīndrābja-vajrā kuru catur-catuşka-pañca-dehāya miśram []yuvatīva[s]a-yogyā tvañ ca tuşthim sadam[s]rai|| (Grünendahl 1989:490-491).

375. Add. 1704 (Bendall 1992:197-198).

376. Namo ratnatrayāya vidyuj-jihvām mahābhīmām sarvāsā-paripūrakām tān namaskṛtya vakşye 'ham sādhanopāikāmbarām|| bhagavtyā svedāmbujāyāh kalpokta-vidhinā pravistamandalābhişeka-vidyā-labdhasya mantriņa japa-vidhim ārabhyet | | prathaman tāvat mantriņo kalpa ... ya-pratipālanām rddhi-pratihāryyādi ... mahotsāhinā | | ... m-anātmavān rājādisampadā anyatane siddhi-nispādanādhyesanā-yukte suniscic-cetasā sarvvam dvandvam sah[v?lisnunā] | akhinna-mānasena vāhyādhyātmika-śaucācāre samanvitena prajñāpāramitādisaddhrmma-vācanodyatena parvvatārāmodyāna-smasāna-padmsara-nadī-pulina-vihārālayaguhādişv athavā mano'nukūle sthāne mrd-gomayādir-upalepanam | ... ya-bhūmi[m] kalpayet | tatrāyam vidhikramo, nisā trtīyāvasāna-kāla-samaye sayanād utthāya trayadvhikākāśa-dhātu-niṣṭha-dharmma-dhātu-paryyavasāna-vyavasthitebhyaḥ sarvva-buddhabodhisattvebhyah sarvvāntam abhāvam viniryātayet| praņamet tato dvadašāksara-mantreņa anguştha-mudrayā ātmānam paficasu sthāneşu rakṣā[m] vidadhyāt¦ tena bahir bhūmyādikam gacchet rātrau daksiņābhimukho divā cottarābhimukho bhavet tatah krtasacas tu snānapañcanga-prakṣālanam vā kuryyāt, tato devyā udakānjali-trayam nivedya, deva-grham yāyāt, samyak-lita-kusumābhikīrņ[e] maņdalake devyāh paṭa-pratimasyānyatamasyāgrataḥ abhāvena bhagavatī[m] dhyātvā raktāmbara-dharo sarvvopakaraņopeta[h] pratīcyādi-mukhodaņmukho vā sarvva-loka-dhātyāsthita-sarvva-buddha-bodhisattva-pratyeka-buddhāryya-śrāvakādīn bhāvato namet!! tato bhagavatīm natvā afijalim śirasi nidhāyevam vadet, ratna-trayam me śaraņam sarvva-pāpam pratidešayāham anumode jagat-puņyam buddha-bodhau dadhe manah tathaivāñalim kṛtvā visuddhi-mantram udīrayet| saptavāram namah samasta-buddhānām om sarvva-visuddhi-dharmma | (Shāstrī 1917:142-143).

- 378. Naudou 1980:256-257.
- 379. Tohoku 3428 is mistakenly listed twice in the Tohoku Catalogue Index, Ui et al 1934a:65)
- 380. The only Vajrapāda referred to by Naudou (Naudou 1980:95n.38) is Acintya or Vajrapāda, another name for Mīna-pā or Matsyendranātha, who was likely the same individual as Lui-pā. This would place Vajrapāda, if these identifications are accurate, in the 9th century.
- 381. Naudou 1980:212.
- 382. Tucci 1949{1}:88.
- 383. Naudou 1980:149-150.
- 384. See Naudou 1980:190.
- 385. For Tohoku listings of authors and translators, Ui et al 1934:484-485, 519, 520, 511, 385, 387, 85, 499, and 546.
- 386. Ui et al 1934:511.
- 387. Naudou 1980:249.
- 388. Naudou 1980:256-257.
- 389. i et al 1934:299, 526, 504, 398.
- 390. Naudou 1980:184-185.
- 391. Naudou 1980:213-214n.38.
- 392. This is listed in the Index to the Tohoku Catalogue as 1949—this is an incorrect listing; Tohoku 1949 is the *Dandadhrg-vidāra-yamāri-sādhana-nāma* (Ui et al 1934:307); the correct listing is Tohoku 1649.
- 393. See Naudou 1980:253-256.
- 394. Ui et al 1934:260-261.
- 395. Ui et al 1934:485 and 489.
- 396. Ui et al 1934:69, 228.
- 397. Ui et al 1934:120.
- 398. Ui et al 1934:85.
- 399. Ui et al 1934:134, 411, 674.

# The Early Saivite Tantric Literature

#### 5.0. Introduction

Much as in Christianity, where the historical birth of Jesus Christ and the advent of the Christian tradition can be traced to a definite time and place, the historical Śākyamuni Buddha and the origins of the religion he started can be traced to a definite place and a roughly definite time. This definitive historical aspect to the tradition has contributed to the problematic canonical arguments for dating the Buddhist Tantras to the time of Śākyamuni's historical life. In Hinduism, the founding figures of the Tantric tradition, Siva and Sakti, are not so easy to pin down. Since the divine couple is considered to live eternally, the advocates of the Hindu Tantric traditions do not try to pin the origins of their texts to a particular time period. On the other hand, in terms of modern historical methodologies, we do not have the advantage with the Saivite Tantric literature of a datable translated corpus as we do with the Buddhist Tantras. We also do not have the same sort of settled consensus of classification as the Tibetans have provided for generations of Buddhist scholars and practitioners. For historical dating of the Saivite Tantras, one of the best benchmarks we have are the citations and quotes of the Saivite Tantras by Abhinavagupta in his early 11th century Tantrālokah, and we shall discuss this material below. The timing of this text gives us a definitive "latest" date for a number of texts that survive in either published or manuscript form. As for classifications, what we find--instead of a consensus schema as in Buddhist Tantra--is

a variety of classification schemes used by scholars, and by the various Saivite traditions themselves, with a general distinction between the southern Śaiva Siddhānta school and the 'northern' so-called Kaśmīri Śaiva school. Because of the vast complexity of the Saiva Tantric corpus, and its multiple overlaps with Sakta Tantras (particularly of the Śrī Vidyā tradition), and even some Vaispava texts, I will not attempt in this dissertation any sort of comprehensive overview of all Saivite Tantric literature. What I will cover in this chapter is 1) A discussion of the variety of classification schemas used for Saivite Tantras by modern scholars, 2) The differing Saivite Tantric classification schemas found in some of the Tantras, 3) Precursor traditions of the northern monistic Saivite tradition that come to be incorporated into the Trika Saivism espoused by Abhinavagupta, 4) Original translations of catalogue extracts from several Sanskrit manuscripts of the earliest extant Saivite Tantras that were cited or quoted by Abhinavagupta. This tables of contents we have for these texts, and the short extracts from the introductions and closing sections of the manuscripts, gives us some sense of the topics covered in the major extant Saivite Tantras. 5) In the last section of the chapter I will briefly discuss the published Saivite Tantras of Abhinavagupta's tradition; several of these I will discuss in detail in Chapter 8 of this dissertation. The major contribution of this chapter will simply be to show that there was and still are a substantial number of early Saivite Tantras that are texts of significant size, and that they form part of a larger tradition that included contributions from a number of very learned and deeply thinking writers. This chapter puts, as is sometimes said, some 'meat on the bones' of the claims of the Tantric tradition to a long and vibrant history, and provide some orientation for other scholars who may become curious about the Śaivite Tantras and wish to work on some of the untranslated and unpublished texts. It is far more useful to have some sense of the topics and style of several significant Śaivite Tantras than to simply be faced with a list of text names and not to know whether they may or may not still exist, or for that matter whether they ever existed at all.

- 5.1. Śaivite Tantric Classification Schemas (5.1.1. Scholarly Classifications,5.1.2. Traditional Classifications)
- 5.1.1. Classifications of Saivite Tantras by Scholars, Based on Traditional Schemas

Padoux has argued that traditional Tantric classification schemes are largely post-hoc and artificial, though we really need more information about the whole tradition to settle the question. Bhatt divides the Śaiva literature fourfold, Kāpāla, Kālāmuka, Pāśupata and Śaiva, with the latter again subdivided into the Kāśmīra Śaiva and the Siddhānta Śaiva, primarily northern and southern, respectively, though some of the authors of Kaśmīr Śaiva texts apparently came from the south. Dyczkowski, in his survey of the Śaivāgamas and the Kaula Tantras lists some 700 different texts, giving some idea of the eventual scope of the literature (we will discuss this material in a bit more detail below). Of the four groupings identified by Bhatt, the authoritative study on the Kāpālikas and Kālāmukhas (both now extinct) is David Lorenzen's work from 1971, and little work has been done since. According to Lorenzen, the Kālāmukhas were an offshoot of the Pāśupatas, and he provides a

useful list of synonyms of the cults culled from the Purānas and commentaries<sup>7</sup> (see Chapter 3.2.4. of this dissertation for a discussion of Lorenzen's work). Minoru Hara, in the introduction to his translation of the Nakulīśa-pāśupata-darśanam<sup>8</sup> dates Nakulīśa (or Lakulīśa) to "about the beginning of the Christian era," following the evidence of several earlier scholars who researched the subject. In passages purportedly quoted from Nakulīśa's teachings, we are told that the vrata include smearing the body with ashes, lying in ashes, recitation of mantras and hymns, and circumambulation. Together with the customary ascetic practices and usual Yogic practices of breath control and concentration on the heart, these devotees employed a variety of acts designed to arouse scorn and mockery by others. These presentations (upahāra) including laughing, singing and dancing, the latter two to be performed in conformity with Gāndharvaśāstra (music treatises) and the Nāţyaśāstra. Among the preliminary rites were included śrngāraņa, "that coquetry by which when looking at a young and beautiful woman one shows oneself to be in love with her," and avitatkarana, "doing things which the world censures, as if one could not distinguish between what should be done and what should be not." These behaviors also included acting like a dead man or a drunkard, sleeping and snoring publicly, behaving as though buffeted by the wind, limping about, acting and speaking like a crazy man, and bellowing. 10 We are also told, "where the profane are present, all this should be practiced in secret."11 While this by no means constitutes proof of early Tantric-style rituals, it does--provided we can rely at least somewhat on the authenticity of Mādhava's attributions to Nakulīśa--give some indication that Tantric

activities may well have begun several centuries before the full-fledged texts became well known, and thereby tends to support the impression given by Dharmakīrti's remarks (See Chapter 3.1.3.) that Tantric practices are older than has generally been considered.<sup>12</sup>

In the Introduction to his Italian translation of Abhinavagupta's Tantrāloka, Raniero Gnoli gives a useful classification of the Saivite Tantras. He says that we may generally (though not strictly) divide them into two categories--one of a more ritualistic and disciplinary character, and the other decidedly mystical and erotic. The first group of scriptures are the so-called Agamas (though the endings -agama and tantra are here interchangeable), a group of texts dating probably from the first century CE and of an eminently ritualistic character. The Agamas, as the major part of the *Tantras*, are divided into four parts called *pādas*, dedicated respectively to knowledge (vidyā), yoga, rites (kriyā), and disciplinary rules (caryā). In the Āgama texts the Kriyā section tends to be the longest. The Agamas he says were preserved in the south of India where they form the basis of the Saivite temple rites. Among them we find as common conceptions the idea that Siva is uniquely the one responsible for the creations, sustenance, and reabsorption of the world, and possesses six qualities: omniscience, satisfaction, pure awareness, freedom, omnipotence and infinite potential. The various scriptures emerge from his five faces: Sadyojāta, Vāmadeva, Aghora, Tatpuruşa, and Iśāna. Throughout these texts we find a common belief in the power of mantras, used not only in meditation but also in initiations (dīkṣā), particularly for purification of the six paths (adhvan) of creation. In theory

Abhinava in the texts Kāmika-[āgama], Kiraṇa, Niḥśvāsa, Pauṣkara, Raurava, Svāyambhuva, Pārameśvara, etc. 13 There are in addition many texts where the characteristics of these two divisions (viz. the more ritualistic and the more esoteric and speculative) coexist, as Gnoli puts it, happily. These include the Mālinīvijayatantra (classed by Abhinava as the most important to the Trika tradition), the Svacchanda-tantra, the Triśirobhairava-tantra, the Niśisamcāra-tantra, the Devyāyāmala-tantra, the Siddhayogeśvarī-tantra, and several others. 14

We can also broadly divide Hindu Tantric literature into two major types, original Tantras and the Tantric digests. Unlike Buddhist Sanskrit Tantras, whose production largely ceased with the Persian invasions, and whose commentarial tradition shifted primarily to Tibet, Hindu Sanskrit Tantras and digests continue to be written into the twentieth century CE. The earliest significant digest is Abhinavagupta's Tantrāloka, and a shorter summary he wrote late in life called the Tantrasāra. Of the better known later digests are the Pūṇānanda's sixteenth century Tattvacintāmaṇi and Kṛṣṇānanda Āgamavāgīśa's Tantrasāra. One of the most recent digests is the 13,000+ śloka Āgamatattvavilāsa by Raghunāthatarkavāgīśaḥ of Bengal, probably from the early 19th century. The range of Hindu Tantric literature is vast. Though the earlier strata can be somewhat clearly distinguished into Śaiva, Śākta, and Vaiṣṇava (Pañcarātra) lines, many of the Tantra of the second millennium CE cross party lines, so to speak, incorporating deities from the variety of Hindu and Buddhist pantheons, with several (e.g. Govindakalpalatā and Bthadgautamītantram) devoted to

Kṛṣṇa,¹6 a Caitanyakalpa added to the ostensibly Śaivite Brahmayāmala,¹7 and another, the Yogāvalītantram devoted to Rādhā-Kṛṣṇa.¹8 (The latter is in fact a practical handbook for conscious control of reproduction.¹9) H.P. Śāstrī devoted an entire volume (8.1-2) to Tantric texts in his catalogue of the Asiatic Society of Bengal's Sanskrit manuscripts, with 150-200 original Tantras (some independent works define themselves as chapters of larger works), some 90 general and comprehensive Tantric digests, in addition to a hundred shorter works devoted to particular deities, rites, mudrās, yantras, etc.²0 We find hundreds of texts in manuscript scattered about the Indian subcontinent and in European libraries.²1

Another helpful schematic overview that looks at the Saivite Tantric literature in relationship to Vaṣṇava and Śākta literature is the Introduction by N.R. Bhatt to the descriptive catalogue of the holdings of the French Institute of Indology at Pondhicherry. The Institute's holdings include some 12,000 manuscripts, 1100 devanāgarī transcripts from other libraries, and microfilm copies of the Śaivāgama manuscripts from the Kashmir Government Library, the Nepal Durbar Library, and the Sanskrit College in Calcutta. Bhatt notes that despite differentiations by some scholars, Āgama (what comes from the teacher to the disciple), Tantras and Saṃhitā (collections) are really synonyms, though in practice Vaiṣṇava texts are often called saṃhitās, and most Śākta texts are called Tantras. The Śākta texts traditionally number 64, though many more now exist. It is from the Śāktāgamās that we derive the oft-misunderstood distinction between the so-called left-handed Tantra (Vāmamārga) and the right-handed Tantra (Dakṣṇamārga)—a classification that first

gained currency among Western scholars through Woodroffe's work on Śākta Tantras. The Vaiṣṇava works are divided into the Pāñcarātrāgamās and the Vaikhānasāgamas. The former grouping is again subdivided into Divya--texts such as Sāttvasamhitā, Pauṣkarasamhitā, and Jayākhyasamhitā that were revealed directly by Nārāyaṇa; Munibhāṣita, i.e. spoken by the sages to their disciples, such as Bharadvājasamhitā and Pārameśvarasamhitā; and the Āptamanujaprokta, i.e. spoken by trustworthy men. Bhattacharyya notes that different classification schemes are given in different Samhitās, citing for example a different schema from the Īśvarasamhitā of Āgama, Mantra, Tantra, and Tantrāntara. (I have not yet done any serious research on the Śākta Tantras as a group--most of Woodroffe's work is on the Śākta Tantras, or on the Kālī literature, or on the Śrī Vidyā tradition, so I will not discuss these here, although we will see that the Krama tradition of the Trika school is also known as Kālīkrama and has Kālī as its principal deity.)

# 5.1.2. Saivite Tantric Classification Schemes from Within the Traditions

Tantric classification schemes from within the traditions have been the subject of long discussions by sectarian adherents over the centuries. Bagchi, reading in the 39th (Śrotanirṇaya) chapter of the Brahmayāmala Tantric manuscript (copied in 1052 CE) gives three Śaivite classifications: a) the right, middle, and left currents (dakṣina-, madhyama-, and vāma-srotas) = Śiva's three śaktis; b) the four seats of science, syllables, consorts, and circles (vidyā-, mantra-, mudrā-, and manḍala-pīṭhas); c) the (usually) five traditions from the eastern, western, southern, northern, and upper mouths of Śiva (pūrva-, paścima-, dakṣiṇa-, uttara-, and ūrdhva-āmnāyas). 25 Another

classification scheme speaks of the Bhairavatantras or the Bhairavasrotas. There are eight yāmalas (the name comes from yamala, or pair, as in Siva and Sakti), such as the Brahmayāmala, Rudrayāmala, Jayadrathayāmala (also tied to the vāmamadhyama-srotas and the paścimavaktra).26 Drabu, in a helpful study of the Śaivāgamas, points us to Śrīkanthi's classification of the Śaiva Āgamas cited by Jayaratha in his commentary on the Tantrāloka. This schema includes ten Śiva Tantras, eighteen Rudra Tantras, and sixty-four Bhairava Tantras in eight categories. The ten include the Kāmaja, Yogaja, Cintya, Maukuta, Amsumata, Dīpta, Karana, Suprabheda, Ajīta and one other. The eighteen are the Vijaya, Niśvāsa, Madgīta, Parameśvara, Mukhabimba, Siddha, Santāna, Nārasimhaka, Candrāmśu, Vīrabhadra, Āgneya, Svayambhuva, Visara, Raurava, Pañcavimala, Kiraņa, Lalita, and Saurabheya. The sixty-four Bhairava Tantras are divided into eight groups. The socalled Sadāśiva-cakra consists of the Bhairava, Yāmala, Matākhya, Mangala, Cakrāstaka, Sikhāstaka, Bahurūpa and Vāgīša texts. According to the Bahurūpa, the eight Svacchandas are the Svacchanda, Bhairava, Canda, Krodha, Unmattabhairava, Asitānga, Mahoccusma, and the Kapālīśa. The next group of eight consists of the Brahmayāmala, Visnuyāmala, Svacchanda, Ruru, Atharvana, Rudram, and Vetāla. Here then we find either the Atharvaveda itself or a Tantra named for that tradition included in the list. The Matabheda texts include the Rakta, Lampata, Laksmā, Cālikā (or Ālikā), Pingala, Utpullaka, and Viśva. Many of these texts are referred to either in the plural, or as Viśvādya, i.e the Viśva etc., indicating an attendant literature probably of sādhanas and mantra-kalpas such as we have preserved in the

Tibetan canon for the Buddhist Tantric texts. In the Candabheda group--referred to as the Mangala-bheda by Krodheśa--we have the Bhairavī, Picutantrasamudbhava, Brāhmī, Kalā, Vijayā, Candrā, Mangalā, and the Sarvamangalā. Asitānga referred to the Cakrabheda as the Mantracakra, Varnacakra, Śakticakra, Kalācakra, Binducakra, Nādacakra, Guhyacakra, and Khacakra. The Rurubheda texts are the Andhaka. Rurubheda, Ajā, Mūla, Varņabhantha, Vidanga, Jvālina, and Mātrrodana. According to Kapālīśa the Vāgīśabhedas are Bhairavī, Citrikā, Hamsā, Kadambikā, Hallekhā, Candralekhā, Vidyullekhā, and Vidyumān. Unmatta grouped the Śikhābheda as Bhairavī, Śikhā, Vīṇā, Vīṇāmaṇī, Saṃmoha, Dāmara, Atharvaka, Kabandha, and Śirascheda.27 In this last group includes the Dāmara-tantra, a text or at least a tradition shared by the Hindus and Buddhists under the name Bhūta-dāmara-Tantra. One other classification scheme to note is a list of authoritative Tantras given in the 39th chapter of the Brahmayāmala Tantra, a text Bagchi dates to the 8th century. This list roughly matches lists from the Kāmikāgama and the Niśvāsatattvasamhitā: 1) Vijaya, 2) Niśvāsa, 3) Svāyambhuvamata, 4) Vāthula, 5) Vīrabhadra, 6) Raurava, 7) Mākuţa, 8) Virasa/Vireśa, 9) Candrahāsa, 10) Jñāna, 11) Mukhavimbaka, 12) Prodgīta, 13) Lalita, 14) Siddi, 15) Santāna or Sattvānaka, 16) Sarvodgīta, 17) Kiraņa, 18) Pārameśvara.<sup>28</sup>

While classification systems may be attractive to systematists, and were certainly attractive to Saivite Tantric writers, the proliferation of schemes from within and outside of the traditions suggests that we should not rely too heavily on any one of these categorizations in terms of sorting out the meaning of the texts. The only

way to really gain much sense of what were the concerns of the Tantric writers, as with the Buddhist material, is read the texts themselves.

5.2. Contributing Streams of Thought to Abhinavagupta's *Trika-darśana* (5.2.1. The *Āgama*, *Spanda*, and *Pratyabhijñā* Literature, 5.2.2. The *Krama* and *Kula* Influences)

Before looking at the Tantras that served as source material for Abhinava's writings, we must briefly consider the literature of the monistic Śaiva tradition in Kaśmīr Abhinava comes from, since this includes a variety of texts and commentaries that are more philosophical in nature. This material has been well covered over the past few decades principally by French<sup>29</sup> and Italian scholars, though a few English-speaking academics have also made their mark--particularly Alexis Sanderson at Oxford and his former student Mark Dyczkowski, and the American Paul Muller-Ortega<sup>30</sup>--along with some remarkable efforts by some Indian initiates and academicians. The non-dual Śaivism of Kashmir is sometimes called *Tṛka-śāsana*, or *Tṛka-śāstra*.<sup>31</sup> According to Sanderson, this school went through three phases: an early period before 800 CE when the goal of the ritual was--

The assimilation of the power of a 'triad' (trika) of goddesses, Parā, Parāparā, and Aparā, the first benevolent, the other two wild and terrifying, garlanded with skulls and brandishing the khatvānga, the skull-topped staff of the Kāpālikas. Associated with the cult of these sect-defining deities was that of the eight mother goddesses and their embodiments in 'clans' (kula) of yoginīs. The latter are both supernatural apparitions and human females considered to be permanently possessed by the mother goddesses. They were to be invoked and/or placated with offerings of blood, flesh, wine, and sexual fluids by power-seeking adepts whose affinity with one or other of these clans was divined at the time of initiation.<sup>32</sup>

The second phase of the Trika tradition incorporated the Krama tradition of Kālī worship (see below). The third phase, marked mainly by Abhinavagupta's writings (Tantrāloka, Tantrasāra, Mālinīvijayavartika, Parātriṃśikavivaraṇa, etc.) and those of his student Kṣemarāja, incorporated the Pratyabhijāā metaphysics and positioned itself as the 'catholic' summation of the heterodox Bhairavatantras, Kaula tradition, and Krama lineage, and (with a monistic reinterpretation) the doctrines of the orthodox and dualistic Śaiva Siddhānta school.<sup>33</sup>

# 5.2.1. The Agama, Spanda, and Pratyabhijñā Literature

There are three basic divisions of the Trika literature: the Āgama-śāstra, the Spanda-śāstra, and the Pratyabhijāā-śāstra. Under the revelations of the Āgama-śāstra are the Mālinīvijayottaratantra, the Svacchandabhairavatantra, the Netratantra, the Rudrayāmalatantra, the Śivasātras and other texts. One major line of thinking leading into Abhinavagupta's work was this speculative and theoretical tradition dating from Vasugupta's eighth century Śivasūtras--supposedly divine revelation from Śiva in a dream that Vasugupta then found inscribed on some rocks in Kaśmīr. Vasugupta also authored the Spandakārikās, a commentary on the Śiva Sūtras. These two works gave rise to a host of further elaborations and commentaries that came to form much of the philosophical basis of what is loosely referred to as Kaśmīr Śaivism.

Vasugupta is therefore credited with founding the Kaśmīr Śaivite school in the early 9th century, and was the teacher of Kallaṭa who lived during Avantivarman's reign.

Rājataranginī 5.66 speaks of King Avantivarman of Kashmir who reigned from 855-883, so this confirms the dating. Vasugupta apparently wrote a commentary on the

Bhagavadgītā that survives in extracts;34 both Ānandavardhana and Abhinavagupta also subsequently wrote commentaries on the Gītā, and the full edition of the latter has been published and translated into English.<sup>35</sup> The philosophical doctrines of the Śiva Sūtra tradition have been ably summarized by Jaideva Singh in his introduction to his translation of the text. I will not repeat his work here except to note a few salient doctrinal points, since these are absorbed by Abhinavagupta into his Trikadarśana. In this system ultimate reality is ultimate consciousness (Parāsamvit), where there is no distinction of subject and object, where the Supreme surveys itself, constituted by light (prakāśa) who is Śiva, and awareness (vimarśa) who is Śakti.<sup>36</sup> There are 36 tattvas or cosmic principles in the system, the first five being Siva, Śakti, Sadāśiva (will), Īśvara (knowledge), and Sad- or Śuddhavidyā. Then there is illusion (māyā) and its five sheaths (kancukas): kalā or the principle of limitation of power, vidyā or limited knowledge, rāga or passion, kāla or time, and niyati or limitation of experience. These are followed by the Sāmkhya categories of Puruşa and Prakrti, Buddhi, Ahamkāra and Manas, the jñānendriyas (smell, taste, sight, tough, and hearing) and karmendriyas (speech, grasping, locomotion, excretion, and procreation), the five tanmātras (sound, touch, color, flavor, odor), and the five elements (mahābhūtas--earth, air, fire, water, space).37 These basic ideas of the nature of reality as light and consciousness embodied in Siva and Sakti, and the set of the thirty-six tattvas are fully absorbed into Abhinava's system and the Trika-darśana of Tantric Yoga.

The second major division of monistic Kaśmīri Śaivite literature is the works

of the Spanda Śāstra. The major text is the Spanda kārikās or Spandasūtra written either by Vasugupta hiimself or by Kallata, his chief disciple.<sup>38</sup> There are four commentaries on the text, a vrtti by Kallata (9th century), a vivrti by Rāmakantha (10th century), Bhatta Utpala's 10th century Spandapradīpikā, 39 and Kşemarāja's 11th century Spandasandoha and Spandanirnaya. (These works have all been translated into European languages.)40 Abhinavagupta, in the Parātrimśikavivaraņa defined spanda as kramādi-parihāreņa camat-kāra-ātmikā ucchalatā, a phrase Singh translates as "a heaving of spiritual rapture in the essential nature of the Divine which excludes all succession."41 Another way to put this is that the Spanda school defined ultimate reality as an energy, an vibration, a movement, identical with Siva: "movement, energy, incessant effort, not separated from the world, but rather the active principle, the source of innumerable creations and dissolutions, both cosmic and individual."42 Developing some of Bhartrhari's ideas about language, Somānanda, Utpaladeva, and later Abhinavagupta argued that Light and Thought are in fact two diverse facets of the same reality.<sup>43</sup> Everything that exists, prior to appearing and making itself clear in our thoughts, and translating itself finally into action, pre-exists in the will.44 According to Abhinavagupta and Utpaladeva, there is a logical necessity to the preexistence of the future in the will, just as the final design of a pot or a cloth predetermines its initial representation to the potter or the weaver.<sup>45</sup> The will is an experience, not only an abstract concept.

The third major division of the literature is the *Pratyabhijñā Śāstra*. The works of this school derive from the tradition of Somānanda who wrote the

Śivadrsti, 46 from his student Utpaladeva who wrote the more popular *Īśvarapratyabhijñā-kārikās*, with his vṛtti autocommentary, and from Abhinavagupta's Pratyabhijñāvimarśinī and Pratyabhijñvivṛtivimarśinī. Kṣemerāja also wrote a short 20 verse text entitled Pratyabhijñāhrdayam, 47 and Abhinava discusses the system in depth in his Tantrāloka. 48 The doctrine of the system is that citi as the feminine or active aspect of Siva creates the universe via a projection onto her own wall or partition (svabhittau), much as we would say a modern-day projectionist projects a movie onto a screen--or as Kşemarājah puts it, like a city seen in a mirror (darpaņe nagaravat).49 Through the various levels of illusion inherent in reality the individual sees him or herself as distinct and separate from the consciousness-source; pratyabhijñā, or recognition, as the name of the system, refers to initiates coming to recognize the citi within them that is inextricably linked to Siva and Sakti. This basic paradigm is also absorbed in Abhinava's system and the Trika-darśana of Śaivite Tantric Yoga. The relatedness of all three of these major divisions of the monistic Saivite school is indicated by their inclusion in the *Tantrāloka*, and by the concerns of Abhinavagupta's Tantric disciple Kşemarāja, who wrote commentaries on the Śiva Sūtras, on several of the major Kaśmīr Śaivite Tantras as well as on the Pratyabhijñā and Spanda works.50

### 5.2.2. The Krama and Kula Influences

Another contributing stream to Abhinava's Trika Śaivism is the Krama school, a term that, as Sanderson puts it, refers "to a number of closely related mystical cults of the goddess Kālī and her emanations, which, originating in Uddiyāna (Swat) and

Kashmir before the ninth century, propagated an idealist metaphysics that exerted a decisive influence on the Trika and thence on the Śrīvidyā. The Krama rituals with their wild, skull-decked, often theriomorphic deities place them within the Kāpālika culture of the cremation grounds." Aside from Sanderson's article, and the sections on Krama in Pandey's study of Abhinavagupta, the only other published works on this tradition are Silburn's two translations and Rastogi's Krama Tantricism of Kashmir, with two of the major surviving canonical texts of the school being the Jayadrathayāmala and the Mahānayaprakāśa, though there are many others. Sanderson gives perhaps the most succinct summary of the basic doctrines of this system that speaks of Kālī as an "infinite power of consciousness that projects and absorbs the universe within itself:

All forms of the Krama ritual are designed to induce this liberating intrinsicism through assimilative worship of Kalī (the true Self) in and as a 'sequence' (krama) of sets of divine powers. This 'sequence' embodies all the phases through which this cyclical dynamism manifests itself in the microcosm of the individual's cognition, as it fills and empties itself from moment to moment in the flux of experience. Thus in its commonest form the Krama ritual culminates in the worship of a sequence of deities that successively encodes the projection of content, immersion in content, retraction of content into the state of latent impression within the subject, and finally the dissolution of these subjective impressions in the implosion of consciousness into its pristine, nondiscursive potentiality. In some traditions, pure luminosity (bhāsā) is worshipped as a fifth phase englobing these four as its creative vibrancy. Fortifying this gnostic ritual with the expansive joy of caste-free sexual union and the consumption of wine, flesh, and the impurities of the body, the initiate penetrates through the inhibition of external values and the rebirth-generating bondage of self-awareness that this inhibition entails, thereby attaining the conviction that his individualized consciousness is but the spontaneous play of these universal powers. No longer enslaved by the appearance of subjection to the not-self in consciousness, he achieves liberation within the very flow of extroverted cognition.<sup>56</sup>

The Krama school had a major influence on the Trika system, with Abhinava taking pains to explain how Krama categories fit into his system, and the deities of the cult absorbed into the Trika system. As Sanderson explains, the doctrine also spread independently to the south of India, inspiring several major works, and survives in the Guhyakālī cult in the Kathmandu valley.<sup>57</sup>

The Kula tradition is of course a major element of the third-phase Trika school propounded by Abhinavagupta. The only study of Kula per se that has been published is the 7th chapter of Pandey's study of Abhinavagupta. Though the scope of his study is impressive, and Pandey offers numerous insights into Abhinavagupta's thinking, his writing is often difficult to follow, and his dating methods not always backed up by substantiated evidence. Pandey identifies the *Siddhayogtśvartmata*, the *Rudrayāmala*, and the *Kulārṇava* Tantras as the major texts of the earlier tradition, and points us to a ten-teacher *āmnaya* given by Abhinavagupta at *Tantrāloka* 28.391-393, taken from the fifty-first chapter of the *Devīyāmalatantra*. Provided the lineage is reliable, that would place the early teachers of the *Kula* lineage in about the 7th-8th century. As I discuss the Kula doctrines in some detail in the 7th chapter of this dissertation, they need not detain us here.

# 5.3. The Tantrāloka (5.3.1. A Marker for Dating Saivite Tantras, 5.3.2. The Mālinīvijayottara Tantra)

To bring some order to the otherwise easily confusing and often contradictory morass of the Śaivite Tantric classification schemes and material, I have taken as a benchmark Abhinavagupta's early 11th century magnum opus, the *Tantrāloka*, and the

commentary on this text in the thirteenth century by an adherent of the Trika-based Śrīvidyā tradition, 60 Jayaratha. As with Abhayākaragupta's Buddhist work (see Chapter 4 of this dissertation), Abhinava provides a historical time limit on the age of a set of Śaivite Tantric texts that he quotes in his work. This, combined with Jayaratha's clarifications, help us distinguish between the older Śaivite Tantras and those works that were written in the second millennium CE.

Abhinavagupta was an unusual fellow, conceived by his father Cukhala (Narasimhagupta) and mother Vimalā during a Kaula Tantric ritual, 61 who contributed major works in both Tantra and Aesthetics. He became famous throughout India for his Abhinavabhāratī on Bharata's Nāţyaśāstra, and his explication of the theory of dhvani (suggestion) in his slightly later commentary on Anandavardhana's Dhvanyāloka, the Kāvyāloka-locana.62 In fact his choice of the name Tantra-āloka for his opus may reflect some honor paid to Ānandavardhana. As discussed in Chapter 6 of this dissertation, one of his students was the prolific writer Ksemendra, who studied aesthetics and poetry with him. As for his teachers, the long list of names and subjects Abhinava provides us indicates that he was an extraordinarily well-educated fellow, with no less than 19 named mathikagurus (teachers from specific preceptorial schools) and jñāna-gurus (teachers in general subject areas), and courses of study with logicians, Mīmāmsakas, Vaisnavas, Buddhists, Arhats, Śaiva Siddhāntins, and Trika adherents.<sup>63</sup> The results of these studies are impressive: Abhinava wrote 44 known works, apparently in addition to several lost works, including a Nyāya text, as well as commentaries on the Yogavāśiştha and several Tantras.<sup>64</sup> The polymath character of

Abhinavagupta's writings was not necessarily unusual for his time. To the 11th century King Bhojadeva of Dhārā, for instance, are attributed some 25 different works of literature and literary criticism, grammar, nighaṇṭu or specialized lexicography (Amaravyākhyā and Saṃyamināma-mālikā), dharmaśāstra, astronomy and astrology, yoga, vaidya or āyurveda (Rāja-mṛgāṅka, Cārucaryā, and Āyurveda-sarvasva), Śaiva philosophy (Tattva-prakāśa), dhanurveda or the science of archery, and music, and the Samarāṅgaṇa-sūtradhāra, and the Śālihotrannaya. 65

# 5.3.1. The Tantrāloka as a Marker for Dating Śaivite Tantras:

Abhinava refers to about 15066 Tantric texts in his *Tantrāloka*, and Jayaratha refers to about 100 or so additional texts, <sup>67</sup> so we know that by the early 11th century there was already a substantial body of northern Śaivite Tantric literature and commentaries extant. This indicates as well the likelihood of a substantial history to the tradition. Gnoli, in the Introduction to his translation of Somānanda's Śivadṛṣṭi, indicates an āmnaya of 20 teachers, 'father to son' of the gurus who form the lineage leading up to Abhinava's time, between Tryamakāditya, "the legendary chief and founder (pravartayitṛ) of the monistic Śaiva school of Kashmir," and Somānanda, who "lived most probably in the first half of the Xth Century." Taking as a conservative estimate 20 years between each teacher, and assuming for the moment that the 20-teacher āmnaya has some historical value, this would place the beginning of the Kashmiri monistic school at approximately the middle of the 6th century CE (30 year spacing would put it mid-4th century, 10 year spacing would put it in the eighth century). While not definitive, this āmnaya does give us a slightly better sense of the

antiquity of the Śaivite Tantric practices, and accords well with Dharmakīrti's 6th century notice of both Buddhist and non-Buddhist Tantric practices. A roughly 400 year span for a lineage of 20 teachers is actually a fairly conservative estimate given that we have a reliable lineage of six teachers over a span of roughly 200 years between the 9th century Vasugupta, and his 11th century commentator Bhāskara. <sup>69</sup> While the *Āgamas* and *Tantras* are all anonymous, and considered direct revelations from Śiva, we had in the eighth and ninth centuries independent works and commentaries authored by Bṛhaspati and Sadyojyotiḥ, both of what is called the Śaivasiddhānta school, indicating at least these dates for early systematizations of the Śaivite Tantric corpus. <sup>70</sup>

While it would be tedious to list all the texts cited by Abhinava and Jayaratha (and both Gnoli<sup>71</sup> and Rastogi<sup>72</sup> have already indexed the citations), it is noteworthy that some 50-60 of these texts survive in either (sometimes partial) manuscript or published form. Rastogi has extensive notes on the existence of the various published texts and the Catalogue citations of the surviving manuscripts, and I have supplemented these lists by examining the published editions and the extracts from the manuscripts given in the India Office Catalogue, H.P. Shastri's Catalogues of the Asiatic Society of Bengal and that of the Durbar Library in Nepal, and in his and Rajendralal Mitra's *Notices of Sanskrit Mss*. It is not possible to tell that much about the original texts just from Abhinava's and Jayaratha's citations, since they are usually only a few lines or verses at most, and frequently are citations of just a single line, or a phrase, or just a reference. In order to fill in some of the gaps in this set

of information, and to gain a sense of the concerns of the authors of the earlier Śaivite Tantras, I have searched through several of the major catalogues of Sanskrit manuscripts where we find extracts from these Tantras. In many instances we can tell either from the early date of the manuscripts themselves, or from the contents of the texts that we in all probability do indeed still have the texts Abhinavagupta was citing from, though in other instances we may well have later texts that adopted the same name as earlier ones now lost. The following study is not comprehensive—since just as with the Buddhist Sanskrit Tantras discussed in Chapter 4 of this dissertation, I have not had the opportunity to check all the extant catalogues and manuscripts listing northern Śaivite Tantras, yet I have translated here a set of heretofore untranslated material that sheds more light on early Śaivite Tantra.

# 5.3.2. Mālinīvijayottaratantra

Abhinavagupta considers the Mālinīvijayottara the most authoritative of the northern Śaivite Tantras, a point he makes in many places. An example of this is in his discussion of the number of worlds (bhuvanas) in the cosmos, in chapter 8 of the Tantrāloka. At TA 8.436-437a he says 'And others have many doubts, such as are discussed by teachers according to their own views. In the Śrīpūrvaśāsana, though, it is said that there are 118. That is authoritative in this regard; it is stated concisely and correctly." The Mālinivijayottara is also the only Tantra Abhinavagupta wrote a (partial) commentary on--at least that survives. We have the published version of the Tantra from the Kashmir Series of Texts and Studies, vol. 37. Gnoli translated chapters 1-9 and chapter 11 of the Mālinīvijayatantra as Appendix 1 to his translation

of the Tantrāloka.75 I have completed a draft English translation of the entire text, and discuss some of this material in more detail in Chapters 7, 8 and 9 of this dissertation, where we will look at the theory and practice of Tantric Yoga. The Tantra itself claims to be an extraction from the Siddhayogīśvarī-Tantram, a Tantra that Abhinavagupta cites repeatedly in the Tantāloka. 76 Śāstrī cites a manuscript by the same name in his Calcutta catalogue, ms. 5465, No. 5948. He gives the colophons from the 32 chapters, providing a table of contents: 1) (Untitled), 2) Pervasion, 3) Extraction of the śakti triad, 4) Extraction of the divisions of  $vidy\bar{a}$ , 5) Extraction of the world protectors, 6) The mandala of the Tantric group, 7) (Untitled), 8) (missing), 9) (Untitled), 10) The Vidyā vow, 11-13) (Untitled), 14) (Missing), 15-19) Untitled, 20) The array of the space cakra, 21) The congregation of the Bhairava heros, 22) Specification of the Yoginī-cakra, 23) (Untitled), 24) Extraction of the cakra, 25) Disposition of the siddhi-mandala 26) Called the meeting, 27-32) (Untitled). The post-colophon states 'In Nepal Sanvat 793, the infinite collection known as the Siddhayogeśvarī was written. (Among) the wise men knowing the effort involved in writing a manuscript, there is no one other than the one Hanuman who knows the ultimate that leaps over the ocean of suffering.'78 Though the manuscript is clearly dated late--i.e. 1573 CE, the contents as we have them suggest it may well be a later version of the Mālinīvijayottara-Tantra source text, perhaps written to replace the missing original. Śāstrī also lists a manuscript of the fifth chapter only of the Siddha-Vīreśvarī-Tantram. The chapter begins: "'So now I will explain the means to siddhi, Oh dearest of the lord; not knowing [this],

Oh Goddess, and not having recited [the *mantra*] to the sandals of the *guru*, how can the *Kaulika* adept not wander [lost] in the night? And [I will explain] how the *mantras* are perfected through knowledge of the meaning of the *mantras*, My dear; having recited the *Kullukā*<sup>79</sup> in the head, one should meditate on the bridge in the heart; and when the *sahasrāra* [*cakra*] is purified, one should meditate on the great bridge.'" It ends: "Thereby the entire recitation etc., without remainder, without a doubt therefore one should recited the *kullukā* in one's head with every effort."80 We have references to a *Siddhavīrāvalīsāra* at TA 22.41 and a *Śrīsiddhavīra* at TA 33.2, texts Gnoli suggests are identical with the *Siddhayogeśvarī*.81

# 5.4. Possibly Shared Texts Between Buddhist and Śaivite Traditions (5.4.1. The Kālottara and Kālacakra Tantras; 5.4.2. The Amṛta Tantra and the Kālacakra Mūla Tantra; 5.4.3. The Bhūtadāmaratantra)

Those who take the time and trouble to read through both Buddhist and Śaivite Tantric material will be immediately struck by the enormous similarities between the two traditions. Many of the gods and goddesses are shared, many of the ritual practices are extremely similar or sometimes almost exactly the same, much of the basic inheritance of magical, ritual, and Yogic practices is the same--as is the subtle body system and medical principles (see Chapter 7). I have found during my searches through the less well known and unpublished Tantras of both traditions that there appear to be a few Tantras that were actually shared (in different versions) between the two traditions, or else it is the case (equally likely) that the two traditions shared texts by the same names. The sharing or rival claims to individual Tantras is

not unheard of elsewhere in the Tantric traditions. The Svacchandatantra is for instance claimed as authoritative by both the non-dual Trika-darśana, and by the dualist Śaiva-siddhānta tradition, and both schools' proponents wrote commentaries on the text.

#### 5.4.1. The Kālottaratantra and the Kālacakra Tantra:

We must of course ask about the potential relationship of one of the main subjects of the Kālacakratantra and the Saivite Tantras--the notion of time and the role it plays in Tantric practice. There is a rather early Saivite Tantra called Kālottara, the -uttara suffix usually indicating that it forms a supplement to an earlier text--perhaps the Kālatantra as Śāstrī suggests82 or more likely the well-known Mahākālatantra--a title of both a Śaivite and a later Buddhist work. The Kālottaratantra is cited by Abhinavagupta at Tantrāloka 11.19: "And it is likewise stated in the Śrīmat Kālottara etc. that there are in addition these five principles whereby the entire world is pervaded."83 The Durbar libraray has two recensions of this text: 1) in 40 chapters (ms. 273), called the Brhatkālottaram or Kālottaramahātantra, 2) in 32 chapters (ms. 226), called the Kālottaratantram. This second version has as the title of chapter 24 "Kālacakre...." suggesting the possibility of a rather strong relationship with the content of the Buddhist text. Sastrī provides however only the chapter titles of the two versions. While these cannot tell us much definitively without reading the text itself, the chapter titles certainly are suggestive, and there is definitely some overlap with the subject matter of the Kālacakratantra (not that difficult to achieve, however, given the enormous range of material covered

in the text). For the Brhatkalottaram these are: 1) Expiation (prayaścitta-patala), 44 2) The string of prayer beads (Akṣa-sūtra-mālā-), 3) The description of the bell (Ghantā-lakṣaṇa-), 4) Flowers (Puṣpa), 5) The eight little flowers (Asta-puṣpikā), 6) Pilgrimage (Vrata-yātrā), 7) The fourteen days of the dark half of February-March (Phālguna-kṛṣṇa-caturdaśt), 8) Astrological rites (Graha-vrata), 9) Religious observances (Vrata), 10) The source of the [cosmic] principles (Tattvotpatti), 11) Established sādhanas (Sādhana-samvitti), 12) Instruction about the channels and cakras (Nādī-cakroddeśa), 13) The alleviation of disease through Om (Prasādapranava-vvādhi).85 14) Perceptible mantra recitation (Pratyakṣa-japa), 15) Extraction of the linga (Lingoddhāra), 16) .....teşthi (?), 17) The internal sacrifice (Antar-yāga), 18) Funeral rites (Antyesthi), 19) Faith (Śrāddha), 20) Coloring of the linga (Lingavarnana), 21) Linga, 22) Image (Pratima), 23) Description of the Mother and Bhairava (Mātr-bhairava-varnana), 24) Pilgrimage seat (Pītha), 25) The house sacrifice (Vāstu-yāga), 26) Characteristics of the palace (Prāsāda-lakṣaṇa), 27) Preliminary consecration (with perfumes etc.) (Adhivāsana), 28) Preliminary consecration (Adhivāsana), 29) Establishment (Sthāpana), 30) Extraction of the old (Jīrņoddhāra), 31) Instruction about beginning (Udghātoddeśa), 32) Victory (Vijaya), 33) Description of Brahmā's egg (Brahmānda-varnana), 34) The rational structure of the principles (Tattva-yukti), 35) The meaning of the mantras (Mantrārtha), 36) Understanding the field(s) (Kşetra-grahana), 37) Description of Śakti (Śakti-varnana), 38) Preliminary worship (Pūrvva-sevā), 39) Protecting the revelation of the Aghora etc. texts (Aghorādi-śāstra-vyūşti-paripālana), 40) Closing chapter. 86

The slightly shorter Kālottaratantram in about 600 verses is a conversation between Kārttikeya (Śiva and Pārvatī's son) and Īśvara. Chapter 287 begins with Kārttikeya saying that the disposition of the conscience and similarly the purification of the elements (has been described, presumably), and the purification of the elements has already been performed. So please explain the strengthening (āpyāyanam) of the elements, properly. Isvara replies (and this cannot be made clear without the rest of the text), one should confuse the consciousness first, then (one should perform?) its burning immediately afterwards, the strengthening is third, and prāṇāyāma is considered (the fourth). Sastri does not provide all the chapter titles; the ones he cites are 1) Extraction of the mantras (mantroddhāra), 2) The conscience (Antahkarana), 4) Bathing with ashes (Bhasma-snānam), 5) Rules for the sacrifice (Yajana-vidhi), 6) Rules for the fire ritual (Agni-kāryya-vidhi), 8) Explanation of the initiation (Dīkṣā-prakāśa), 10) Channels... (Nādī...), 11) What consists of Agni and Soma (Agni-somātmakam), 12) Creation and destruction (Srsti-samhārakam), 14) Showing the palace (Prāsāda-nidarśana), 19) Specification of the principles (Tattvanirnaya), 20) Union (Samkrānti), 22) Equal flavor of śakti (Śakti-sama-rasa), 23) The subject of young maidens (Kumārikā-prakaraņa), 24) In the wheel of time....(Kālacakre...), 32) The Swan's words (Hāmsa-vāco).88

None of this tells us that much definitively, though it certainly hints that in a Saivite Tantric context, with the typical mixture of transformed Yogic, Vedic, mantric, subtle body and ritualistic aspects, the Wheel of Time plays a role, as do young maidens--presumably for ritual lovemaking. The *Mahākāla* sect is apparently

quite old. We find several references to it in *Bāṇabhaṭṭa*'s mid-seventh century tale *Kādambart*, as discussed in Chapter 3 of this dissertation. In describing the city of *Ujjayint*, *Bāṇa* describes the river *Siprā* as though rippling with jealousy "at seeing the River of the Gods tumble upon the head of the blessed *Mahākāla*;" in the city "dwells *Mahākāla* himself, whose bright toenails are kissed by the crest-jewel rays of gods and demons; whose sharp trident ripped open the great demon Andhaka; whose crescent moon resting on his head is scratched by the points of Gaurī's anklets; whose cosmetics are the ashes of Tripura....and who has given up his fondness for dwelling on Mount Kailāsa." Certainly from *Bāṇa*'s descriptions we know that *Mahākāla* is a form of *Śiva*.

# 5.4.2. The Amrta-Tantra

One of the Tantras cited by *Kṣemarāja* in the Śiva-sūtra-vimarṣiṇī is the *Amṛteśatantra*, also known as the *Mṛtyujid-amṛtīśa-vidhānam*. There is extant an alternate colophon to the ending of the *Kālacakratantra* (cited and translated in Chapter 10 of this dissertation); in this colophon the original *mūlatantra* of the *Kālacakra* tradition is referred to as the *Amṛta Tantra*, rather than the better known name Ādibuddha. We cannot deduce much of anything from the similarity of the names alone--amṛta is an extremely common term in the Tantric traditions. Given the similarities between the Hindu and Buddhist *Bhūtadāmara Tantras* (see below), however, it is not impossible that there was some relationship between the now lost original *Kālacakra mūlatantra* and the Śaivite *Amṛta Tantra*. A manuscript of the Śaivite text survives in the Durbar Library, No. 285., and based on a colophonic date

of Samvati 320, Sastri dates it to 1200 CE. The text begins: "Om homage to the gurus Siva etc. The three-fold one possessed of a śakti, having established a form in the three states, [a form] that is entirely the arisal, maintenance, and destruction [of the universe] through the śakti of the universe, gives honor to that one whose soul consists of purified nectar of immortality, to Siva, who is beyond Brahma, Visnu, and *Īśa*, who is the supreme soul. Seeing the god of gods, *Maheśvara*, seated on Mount Kailāsa, playing with the attendants, together with Pārvatī, Hara, [then] Pārvatī, alighting quickly from [his] embrace, grasped his two feet, [and] asked with the highest devotion, delighting the supreme lord: (The goddess spoke:) 'Oh lord, master of the god of gods, ruler of the world, husband to the world; the great miracle was created by you, causing wonder, Oh god of the whole world; yet why Oh supreme lord is it difficult for me to understand, difficult to accomplish, secret, and not clarified? Neither for Kārttikeya, nor for me, nor for the gods, nor even for the attendants, nor for the mistresses of yoga, nor for the mothers, nor for the seers, nor for the yogIs. So that it will be very clear to me today, Oh lord of the world, I have come, and I ask that you tell me [about it] in detail.' Etc."90

The Amṛteśatantra ends: "'Whoever knows the difference between para and apara on the part of this universal Immortal lord, the god, Bhairava who conquers death, he attains immortality shortly ... there's no doubt in this regard. ... It is not to be given to those practicing sin, to angry ones, or to lustful ones. ... If one gives it out of confusion, addiction, or out of desire for wealth, one will go to a terrible hell. Thus the command, Oh supreme mistress; ... from protecting ... one will attain

siddhi; and from protection, Oh goddess, one will become the supreme lord, the conqueror of death.'"

The text has twenty-four chapters, entitled 1) The descent of the *Tantra*; 2) Extraction of the *mantras*; 3) Sacrificing; 4) Initiation; 5)

Consecration and practice; 6) Tangible matter; 7) Subtle matter; 8) The illusion of time; 9) Eternal Śiva; 10) The southern cakra; 11) The northern Tantra; 12) The tradition of the clan; 13) Universal knowledge; 14) Everything; 15) (no title); 16)

Pervasion; 17) The five; 18) Domination and attraction; 19) (no title); 20)

Protection of the king; 21) The destruction of the sacrifice (?), etc.; 22) Attraction of the living soul etc.; 23) Description of mantra practice; 24) Mantra greatness. This is certainly a fully Śaivite text, and I would have to conclude, based on this very limited glimpse into its contents, that the similarities it may have to the extant Kālacakratantra are no more than the similarities we find between many other Tantras with no similarity in names.

#### 5.4.3. The Bhūtadāmaratantra:

One of the terms that crops up in both Śaivite and Buddhist Tantra is dāmara, frightful or awful. 93 Abhinava refers in his Mālinīvijayavarttikam 1.155 to a Śrīdāmaratantra. 94 At Tantāloka 3.70 he speaks of a mahādāmaraka yāga in the Devīyāmalaśāstra. 95 Mitra identifies the Bhūtadāmaratantra as one of the 64 "original [Śaivite] Tantras;" although it is widely quoted in Tantric compilations, he says complete manuscripts are quite rare and the full extent of the text is unknown. 96 There appear to have been either two different Bhūtadāmaratantras, one Śaivite and one Buddhist, or else various versions of the same text were claimed by both

traditions, since we find the name included in lists of texts from both traditions. The historical origins of the term dāmara are difficult and perhaps impossible to pin down. We find that in 1120 CE a group known as the Pāmaras rebelled under the reign of Sussala in Kaśmīr, and their leader Bhikṣācara reigned for a year, before being ousted by a resurgent Sussala, precipitating a seven year civil war. The Pāmaras apparently caused Kalhaṇa's family great distress, as they oppressed many, plundered estates, and offended with their humble origins. While the dating of Kalhaṇa's reference makes it unlikely that the particular historical group he refers to is directly related to the Tantras that bear the same name, it is not at all impossible that a (probably) related group of people bearing the name Pāmara from several generations earlier may have had a local deity bearing the same name that came to be associated with the Tantras. This is however speculative, and so far I've not found any other evidence for the historical origins of the term.

A *Qāmaratantra* is mentioned by Abhinava in his *Mālinīvijayavarttika* 1.155.98

The passage from the MVV is worth quoting: "Resorting then to this fraction of a moment at the limit of consciousness, the yogi who is intent on a 'mouthful of time' instantly becomes a *khecara* (a sky-flier). Because it is said that time only appears to exist, and is innately a consumer [of existence]. It expands [into the appearance of reality] through the light rays of one's own [consciousness], and is nothing other than the non-existence of existence; therefore he who has [mastered] the *manḍala* wherein the paths are blocked by means of blocking one's own light rays [so that they don't bring time into existence], who has become thoroughly mixed with (of one flavor

with) a mouthful of time [i.e. one who himself consumes the consumer-time], he himself becomes a khecara; so Parameśa has stated in the Tantra called Śrīdāmara." Eggeling lists a Bhūtadāmara Mahātantrarāja as #2551 in the India Office Catalogue; however, it is not clear that this is the same text as the Dāmaratantra referred to by Abhinavagupta.

Śāstrī notices four *Dāmaratantras* in the ASB catalogue, the *Bhūtadamara*, a Mātangīdāmara and a Gaurīdāmaram, 101 a Brhad-bhūta-dāmaratantram, and a Pratyangirāvidhi from the Tridaśadāmara. The manuscript of this last text--only two chapters of the longer original--dates from Nepāla Samvat 309, or 1189 c.e., bringing it quite close to Abhinava's dates. Both colophons are called Pratyangīrā-vidhi. 102 Śāstrī gives us extracts from the beginning and end, 103 and it is clear from this bit of material that the Bhūtadāmara cult probably originated from the cremation ground practices of some of the Yogis: "Om svasti. Om homage to the gurus Siva etc. On the delightful summit of *Himavant*, surrounded by gods and asuras, in that place the goddess, with her hands cupped in an añjali, spoke this speech to the god of gods, Maheśvara, who was pleasantly seated, who was honored by the gods, asuras, and Indra, who was worshipped by the siddhas and gandharvas. The goddess said: 'The knowledge arisen from all the currents (srotas) has been heard by me through your grace. What is the science of Durga's attendants, though, that destroys the path of the demons? Having perfected that in a yuga, Oh terrifying one, all doubts are destroyed.' Śrībhairava responded: 'Previously, Oh Gaurī, Oh greatly terrifying one, in the cremation ground [and] in the cemetery, I have been propitiated by the

goddesses, and honored in the sacrifice. And having created an assembly of thieves, I went there, Oh beautiful-faced. The ten millions of very powerful ones, i.e. the attendants of *Durgā* etc., in the sixty-four [pilgrimage sites], give the sacrificial offering, having made their own kinsmen [function as] the boiled rice portion. I enjoy that, my dear, and I play, and I move about.....' [End:] "When there's a hostile guru who speaks out of fear, and is filled with lust and greed, the givers go to hell; and truly, truly it is not otherwise." 104

A slightly longer extract is supplied by Śāstrī from the Bṛhabhūṭadāmaraṭantram, from a manuscript of 24½ chapters. 105 The opening lines of the text suggest a highly transgressive cult, where siddhis are sought in part as means to destroy the sins committed in breaking social taboos: "'I praise the truly terrifying one, sky-faced, whose light is the fire of ten million suns, the great destroyer of time, the glorious great Bhūṭadāmara (terrifier of creatures), the ruler of the worlds, time, honored by all the worlds, the truly intoxicated ones, the lord of Bhairava, infinite master of Bhairava, the terrifier who consists of the śabdabrahman, the all-pervading form, Unmatta-bhairava, 106 honored by the secret Unmatta-bhairavī. Unmatta-bhairavī spoke: 'Oh great joy, lord of creatures, master of virtuous women, beloved of your devotees, you must tell me, of master of all creatures, the Śrībhūṭadāmaram. How do the yakṣas, men, the serpents, the kinnaras, the pramathas etc., 107 the dākinīs, the sky-flying clanswomen (kula-khecaryyo), the devas, gandharvas, and mistresses (nāyikās), 108 the siddhas, the demons, and the unmarried girls, the yoginīs, and the lover-mistresses, [and] their

lovely women, (how do all these) achieve siddhi in Jambudvīpa in the Kali (yuga)? Those who delight in sin, who speak falsely, who have abandoned virtue, who are lazy men, you yourself must offer them friendship. 109 [You must describe] by what means the masses of floods of addictions, the hundreds of thousands of great sins, and likewise [i.e. the hundreds of thousands of] the lesser sins destroy [them] in the Kali [yuga], and [how] evil planets, evil serpents, and evil beings etc. likewise are destroyed, as are the evil causers of great obstacles. [How] are all the siddhis [and] the beneficial paths to liberation attained, and the siddhis such as becoming of atomic size etc., that destroy the great sins, through destroying the other [sins] such as the sin of cohabiting with someone else's wife, etc., the sin of causing harm to others, that of coveting others' property, the sin of viśamāsa (?) etc., delighting in great fear. How is torpor and hell destroyed by contempt, Oh lord of the gods, having become the light of the moon and sun, abiding for a long time in the city of Rudra? The mistresses of the lord of the gods, of the siddhas, of the lord of the serpents, of living beings, of the lord of the yakşas, the mistresses of the secret vampires, the gandharvas, of the lords of the earth, and of the clan, and the daughters of the masters of the yoga as described, and the mistresses of Bhūtadāmara, coming forcefully, stricken with desire, embrace him powerfully. By what degree of remembering the mantras do they become siddhās? Ditto for the masters of brahman, Indra etc., the meta-deities of the gods, and the 330 million deities, together with the māras and bhairavas, how do these mortal ones, along with the vidyā-śaktis, by what means again do these mortal ones live as immortals? You must explain the

protection, out of compassion, Oh master of the gods, Oh lord.' Having heard this statement by *Bhairavī*, *Unmattabhairava* again and again explained everything to *Unmattabhairavī*, beginning with discipline."<sup>110</sup>

The chapter colophons of the Brhadbhūtadāmaratantram suggest a fairly high degree of organization and development of the cult, a degree that by implication might indicate a fairly long history of development. It is fairly clear just from the titles of the chapters that nightly sexual yogas were an integral part of the practices: 1) Description of the result of the text; 2) (Untitled); 3) Praise of the hundred names with the name of the fierce one; 4) The distinctions in the siddhi-mantras; 5) The sections of the siddha-cakra of Kālātmaka; 6) The divisions of the halves of the month (paksabheda): 7) The divisions of the cakra [based on] the types of desire; 8) The divisions of the cakra [based on] the specification of the essences; 9) The divisions of the cakra [based] on the Vedas; 10) The division of the cakra [according to] the six Kālātmakas; 11) Description of the mantra of beautiful women (sundari); 12) Description of the meditation on beautiful women; 13) Arrangement [of the mantras] for the sādhana on the women (bhūtanī); 14) Sādhana for perfection of the women (bhūtinī); 15) The dark night sādhana; 16) Application of the mantra in praise of the dark night; 17) Armor for the dark night goddess; 18) Sādhana of the great slave women (bhūta-ceţikā); 19) Sādhana for perfection of Bhūtakātyāyinī;111 20) Sādhana for perfection of Bhūtakātyāyinī; 21) Application of the armor of praise of the heroines (nāyikā); 22) The sādhana of the divine serpent lord and lady (nāgendra-nāginī); 23) Application of the armor of praise of the lord and lady of the

serpents (nāgendra-nāginī); 24) The perfected sādhana of the yoginīs in the clan of the master of the gods. 112

Another *Qāmara Tantra*, in fifteen chapters, the *Bhūtadāmara Mahātantrarāja* survives in the India Office library from the College of Fort William collection.

Windisch and Eggeling give an extract from the opening lines: "Homage to the king of the fierce ones, with a face like the sky, destroyer of the gods; the divider of the indivisible, I praise, the leader *Bhūtadāmara*. Bowing to the ruler of the three worlds, *Raudra*, who is honored by the gods and the *siddhas*, *Unmattabhairavī* spoke to *Unmattabhairava*. *Unmattabhairavī* said: 'How do the *Yakṣas*, the *Apsaras*, the *Nāgas*, the *Kinnaras*, the *Pramathas* (Acc. to MW: "'Tormentor,' name of a class of demons attending on Śiva." etc.), and their women (a typically Tantric innovation to be sure to include the women of all the various groups of entities--divine or human-that are discussed) attain *siddhi* during the *Kali* [age] in *Jambudvīpa*? Those who delight in sin, who propound false doctrines, who have abandoned proper behavior, such lazy men-you yourself must not befriend them....'"

As discussed in Chapter 4 there is also a surviving Buddhist Bhūtadāmaratantra, and there are six translated works of this tradition surviving in the Tibetan canon. However these Buddhist texts are all rather short, with the longest being only 25 folios, and the one surviving Buddhist Sanskrit manuscript I've located that mentions the deity is written rather in some sort of Prārkit. As we see here, the surviving old Sanskrit material from this cult is much more substantial, suggesting a fully developed Śaivite cremation-ground-based form of worship. Though

undoubtedly shared by the Hindus and the Buddhists, from this evidence one would be inclined to conclude that the *Bhūtadāmara* cult was more heavily Śaivite.

5.5. Translated Extracts from Unpublished Śaivite Tantras Cited by Abhinavagupta (5.5.1. Kiraṇāgama, 5.5.2. Kālīkulatantra, 5.5.3 Nigama Tantra, 5.5.4. Bhairavakula Tantra, 5.5.5. Brahmayāmala Tantra, 5.5.6. Niśvāsa Tantra)

I have managed to track down extracts from an number of the other Tantras cited by Abhinavagupta in the Tantrālokah. These all appear to be Saivite texts that did not have Buddhist counterparts, and the scope of material in them suggests that Tantric culture was a widespread and thriving enterprise in the centuries preceding Abhinavagupta's synthesis. Finding these extracts is also helpful in solidifying the sense of reliability of Abhinavagupta's work--the texts really existed, and the cults he was writing about have real histories. The complexity of the ritual structure suggested in these extracts also indicates a well-developed tradition, a fact that again tends to support pushing the dates for the development of the Tantric traditions back somewhat earlier than has previously been assumed. It is unlikely that these cults sprung fully formed out of the Indian religious landscape. More likely they developed over the centuries and gradually became more complex, as layers of tradition and practice were added on, with the typical Indian habit of preserving the earlier strata as much as possible. So for instance we find fire-pit ritual practices in the Kiranagama, providing a Tantric version of the Vedic fire sacrifice, along with (Kiranāgama Ch. 36) rules for investiture with the sacred thread. The Kālīkula appears to have been an enormously eclectic tradition, incorporating deities from a

wide spectrum of cults, with a heavy emphasis on nighttime sexual yogas. The Nigama also indicates considerable interest in sexual yogas, with many of the chapters devoted to various aspects of these (see Chapter 7 for discussion of the sexual yoga practices.) The dhūmapāna-vidhi or rules for 'drinking smoke' referred to in the Bhairavakula Tantra and described in the Hāraka-Tantram indicate a highly syncretic style of Yogic practice, where the recitation of the Gāyatrī mantra has been retained for the fire, yet the initiate is using an ascetic Yogic purification process as a preparatory rite for Tantric rituals. The Brahmayāmala and Niśvāsa Tantra evince similarly eclectic cults.

## 5.5.1. The Kiranāgama

There are some ten references in the *Tantrāloka* to the *Kiraṇāgama*, under the names *Kiraṇa*, *Kiraṇasaṃhitā*, *Kiraṇā*, and *Kairaṇa*. The text constitutes one of the 28 basic Śaivite Tantras. *Rāmakaṇṭha*, the commentator on the *Kiraṇāgama*, the *Mataṇga*, the *Svāyambhuva*, and the *Kālottara Tantras* from the Śaivasiddhānta point of view, lived in Kaśmīr in the 10th century. This naturally places these Śaivite Tantras at some earlier date. The *Kiraṇāgama* lists several earlier *upāgamas*: *Gāruḍa*, *Nairṛta*, *Nīla*, *Rūkṣa*, *Bhānuka*, *Prabuddha*, *Dhenuka*, *Buddha*, and *Kāla*. The oldest Tantric manuscript listed in Śāstrī's Nepal catalogue is (apparently the same) *Kiraṇatantra* [The Ray of Light *Tantra*] from a manuscript dated *Nepal Saṃvat* 44 = 924 CE, held in the private collection of a Nepalese pandit. Śāstrī gives us fairly extensive extracts. The Tantra is in sixty-four chapters, 2700 verses. The table of contents is as follows (with some missing chapters): 1) Reflection on the *paśus*; 2)

Food and pleasure; 3) Consideration of Śiva; 4) Examination of Śakti; 6) Examination of initiation; 7) Consideration of mantras, Siva, and Sakti; 9) Examination of the principles [of reality]; 10) Reflections on Siva and Sakti; 11) Examination of the divisions of knowledge; 12) Discussion of the extraction of mantras; 14) Discussion of the worship of the *linga*; 15) Rules of the fire ritual; 16) Discussion of the fire pit; 19) Characteristics of the house and the door; 20) Rules for the powder mandala; 21?) Chapter on the eight characteristics; 25) Sacrifice of the eight; 26) Sacrifice of the lord of the host; 29) Sacrifice with the nine planets; 30) Discussion of the division of the portions; 31) Rules for constant behavior; 32) Lord of yoga; 33) Wandering around begging; 34) The sacrifice to conquer death; 35) The chapter on not studying; 36) Rules for investiture with the sacred thread; 37) Śivā; 38) Examination of the guru; 39) The investigation of the set of four [forms of divine fire]: Siva, fire, starlight, and the sun; 40) (untitled); 41) The sacrifice to the lord of vows, the investigation of the behavior of ....; 42) Investigation of the pure and impure; 43) Rules for the expiation of the five great sins etc. 44) The chapter on the expiations; 45) Rules for food and meditational postures; 46) Purification of the vessels; 47) Expiation of continual renunciation (?); 48) Rules for ....; 49) The conduct of the initiate, the [spiritual] son, the adept, and the teacher; 50) The chapter on the procedure for practice; 51) Characteristics of the unmanifest linga; 52) Description of the manifest linga; 53) Characteristics of the manifest and unmanifest linga, and of the pītha; 54) Examination of the ground, and extraction of the splinter; 55) The chapter on the target and the yoga of [the constellations?]; 56) The chapter on the

rules for the preliminary consecration of the deity and the installation of the deity; 56a?) Installation of the bull; 57) Chapter on the .... door; 58) Chapter on the practice of yoga; 59) Chapter on departure [at death]; 60) Chapter on funeral sacrifices; 61) Rules for ...; 62) Chapter on the extraction of the five brahmas; 63) Chapter on extraction of the linga; 64) Chapter on the sacrifice of the mothers. Thus the document on the arrangment of the chapters of the great Tantra called the Kirana is completed for the sake of remembering [it]. 117

#### 5.5.2 The Kālīkulatantra

We have three references in the *Tantrāloka* to the *Kālīkula*. A manuscript by this name, the *Kālīkulāmṛtatantram*, survives in a version from Śaka 1727 = 1805 CE, 119 in 15 chapters, 1150 ślokas, suggesting a continuity of the cult over many centuries. It begins: "'Om, homage to *Bhavānī*. 120 On Mt. Kailāsa, delightful, thronging with various pleasures, bestrewn with flowers of all seasons, with joyful sounds from various sides.....the *Kālīkulāmṛta Tantra* has occasionally been explained, Oh lord. May it be described in detail, Oh blessed one, if you love me. If you love me, Oh blessed one, you must explain to me the science kings, and the extraction [of *mantras*], the individual phonemes, as are appropriate; the meters of the *ṛṣis*, and the deities, the seed [syllable] and the śakti, and the pillar; [their] use, and their purpose, the meditations and acts of worship etc., in sequence; and the songs of praise, the armor, and the sādhana for these, as appropriate.' Śrī Bhairava responded: 'you must listen, *Pārvatī*, and I will explain to you, Oh Bhairavī, who is dear to [my] breaths; *Parā* is to be intensely protected, is extraordinarily virtuous.

and is the greater essence than [any] essence ....'" [End:] 'In other *Tantras* fraud about me exists everywhere. I tell you this, Oh goddess, that there is absolutely no other reality than this. The *siddhi* described right here is the truth, and nothing but the truth--so everything has been explained to you; there is nothing else to tell you.'"<sup>121</sup>

It's quite conceivable that another Tantra, the Niruttaratantra may have been known as the Kālīkula, given the subject matter of the text. 122 The work appears to be quite eclectic, since it opens with homage to Māyā (Jaganmohinī--she who infatuates the world), closes with praise of Siva and Pārvatī, and in the body of the text mentions Vișņu, Vairocana, Śankha, Pāndava, Māmaka, Asita, Padmāntaka, Narakāntaka, Maņidharīvajriņī, Mahāpratisarā, and a rşi named Akşobhya. (I've translated here the opening lines, end, colophon, and table of contents): "Om homage to Jagan-mohinī. The goddess spoke: 'The Siddhi-vidyā was previously explained, as were the mantras and yantras. Some doubt arises, Oh lord, about the distinction between the various states. Oh saviour of the world, you must explain, according to the difference between the states, the Tantra that is the protection for everyone, considered the correct doctrine by Visnu. By what state is the worship of these [Vidyās] engendered? Where is your prakrti for them [the Vidyās], or what sort of activity is yours? That you must clarify properly for me, whereby we will reach the unsurpassed.' Siva responded: 'The prakti of all the sciences of siddhi is right/southern (dakṣiṇā), my dear; the divine hero should consider the dakṣiṇā the best, Oh you of great hips. And the divine hero should meditate on the clan of Kālī,

Oh mistress of the gods. And he should meditate on the Śrīkula with three states, Oh most beautiful of the gods. Kālī, Tārā, Bhadrakālī, Bhuvanā, Mahişamarddinī, Tripuță, Tvarită, Durgă, Vidyā, and Pratisivă, my dear, [are all together] considered the Kālīkula, and the Śrīkula is greater than that. Sundarī, Bhairavī, Bālā, Vasanā, and Kamalā, Dhūmavatī, and Mātangī, Vidyā and Svapnavatī, Madhumatī and Mahāvidyā are said to be the Śrīkula. One should worship the dark blue Sarasvatī, Kālī, in the dark blue creeper. (etc.).' [Closing:] 'Kālī, Tārā, likewise Chinnā, Mātangī, Bhuvaneśvarī, Annapūrņā, likewise Durgā, Mahiṣāsuramarddinī, Tvaritā, Tripurā, Oh blessed one, Bhairavī, Vagalā likewise, Tripuţā, and likewise Nityā, Kamalā and Sarasvatī, Jayadurgā, and similarly, Oh blessed one, Tārā, Tripurasundarī, are considered the eighteen Mahāvidyās in the Tantra etc., my dear. Here there is no purification of time, nor proper nor improper time. There's no solar day, lunar day, nor naksatra, nor even a yoga or karana.' Thus in the Niruttaratantra, in the conversation between Devi and Iśvara, the fifth chapter." [Table of Contents:] 1) The description of the difference between the states; 2) Relating the Kālīkula; 3) Explaining the Śrīkula; 4) Description of the Western Lineage (paścāmnāya-nirūpaṇam) 5) Description of the gurus and mantras for worship of Kālī; 6) Description of the kalās; 7) Rules for the mantras, meditation, and worship of Daksinā-kālikā; 8) Explanation of the meditation on Mahākāla; 9) Description of Kullukā etc.; 10) Description of the praise of Kālī; 11) Explanation of the armor of Kālī; 12) Description of the ajapā (mantra); 13) Now the rules for the preparatory rites; 14) Explanation of the different types of preparatory rites based on

the different states of Vīra and Paśu; 15) Rules for prāṇāyāma; 16) Rules for meditating on the Nirguna and Saguna states; 17) Rules for worship at night; 18) Description of [worship] in the second and third watches of the night (i.e. 9-12, 12-3am) etc.; 19) Now the rules for the consecration of the Vīra; 20) Description of the mantras for [the Vīra's] consecration; 21) Description of the perfected mantra; 22) The explanation of the lack of nirvāṇa without the śakti-sādhana; 23) Explanation of the five [types] of young women according to size etc.; 24) Description of the characteristics of the śakti-cakra etc.; 25) The rules for the five cakras; 26) Explanation of the flower option; 27) Explanation of what's to be avoided in the cakra; 28) Explanation of protective actions (birth control?); 29) Explanation of the difference between the king's cakra and the god's cakra; 30) Rules for the sādhana etc. of the yogints; 31) Explanation of the characteristics etc. of the female adept; 32) Explanation of the sādhana according to clan custom etc.; 33) Rules about the difference between the śaktis according to the difference between the Vidyās; 34) The description of the characteristics etc. of the prostitutes; 35) Description of the five substances; 36) Explanation of the purification of these; 37) Description of the nine young women; 38) Rules about the positions etc. when satisfying (them); 39) Rules for the usage of the five [substances]; 40) Description of the eighteen Mahāvidyās.

## 5.5.3 Nigama Tantra:

At *Tantrāloka* 29.141 *Abhinava* refers to the *Nigama(tantra)* that Gnoli tells us is the same as the *Gamaśāstra*.<sup>123</sup> We find various mss. of the *Nigamalatātantram* noticed by Śāstrī, <sup>124</sup> of from 24-40 chapters. I've translated here the opening and

closing lines with the colophons for the manuscript with 24 chapters (the opening lines are somewhat obscure): "Om homage to Paradevatā. On the delightful mountain Kailāsa, it was evening in the nighttime; 125 having touched the two feet of the goddess, Śankara spoke: 'Oh mother Durgā, Oh great Māyā, you must be compassionate, Oh you who are constituted of tenderness; raising the trident in [your] heart, you must protect me, Oh lotus-eyes; let it be heard, Oh most fortunate goddess, [how] that trident dwells in the heart; 126 that was explained by me, Oh fortunate one; misunderstanding that, one is not liberated. It was previously heard in [from] your mouth, since you indeed are the one possessing the beautiful vulva; how could one not make conversation with [that] statement, Oh mistress of the vulva? And this is one, and the second, Oh giver of boons, is in every way; and the third is not the path to loss of life, Oh ultimate mistress. Or how is the way of the lord undertaken for remaining alive permanently? With this as the highest concern, one became a crazy babbler, without a doubt." Pārvatī spoke: 'I do not speak at all to idiots, I renounce the sensual pleasure among the paśu-vādins; I refuse to speak to those damaging the kula-karma, I reject keeping company among the Campakas.' Śankara responded: 'Oh goddess, Oh mistress of the universe, you certainly are the cause of creation, maintenance, and destruction. How can you cause me to remain with the paśu form, Oh dearest of sexual delight?' Pārvatī spoke: 'You previously performed the heroic activity (vīrācāra) through sexual union with the wife of a man of mixed caste; 128 thereby the lord is not released at all from the paśu state....' [End:] 'My clan is Vedic, Oh leader, I am certainly the creeper, definitely Oh lord.

The attentive woman, knowing that, it is never to be revealed. Whoso protects this desire for prosperity constantly protects [it] in his house--because I am always tied to his place, just as (I am) in your city--he knows the chapter, or half of that, or half of that, Oh *Maheśvara*; he is visibly a *guru*, equal to me, or I am equal to him.'"129

The colophons are 1) This is the conversation in the form of the statement of Śańkarī to Śańkara; 2) The explicit rules for the use of the fifth of the m's (pañca-makāras)<sup>130</sup> since that is the most important [aspect] about the five m's; 3) The rules for the creeper sādhana; 4) Explanation of the characteristics of the divya, vīra etc.; 5) Explanation of the attainment of liberation just through the sādhana with the fifth m; 6) Explanation of lacking the phoneme division, etc.; 7) Rules for the purification of the five m's etc.; 8) Rules for drinking repeatedly; 9) Rules for worship of the yoni; 10) Explanation of the meditation etc. on that; 11) Now rules for the worship of Kālikā; 12) Procedure for the worship of Tārā; 13) Explanation of the procedure [for the worship] of Ugratārā; 131 14) Explanation of the rules for consecration. 132

## 5.5.4. The Bhairavakula Tantra

At several places in the *Tantrāloka Abhinavagupta* refers to a *Bhairavakulatantra*. While it is not at all certain to be the same text, we do have a 115 śloka manuscript fragment of a *Bhairavatantra* in the Asiatic Society of Bengal's library. The extracts given by Śāstrī<sup>134</sup> read as follows: "'Now the rules for understanding the *mantras* as described in the *Bhairavatantra* are written. *Pārvatī* spoke: 'Oh god of gods, lord of the world, trident holder, fire of the three eyes; you must tell me, Oh guru of the world, about the method of *sādhana* with the *mantras*.

And by what action the ultimate perfection in mantras [and] in dharma, artha, kāma, and moksa is achieved by living beings, that you must quickly tell me. You are the lord of earth, the atmosphere, and heaven, and also of Indra etc. (i.e. the gods) and the winds.... The stationary, moving, the universe, the sight and the seeing of this and the arisal and what goes to destruction, you must tell me, Oh Śańkara' | 135 *Iśvara* spoke: 'Well asked, Oh great goddess, in the open hall of the universal Brahma egg. The means for the sādhana of the mantras is the single sādhana leading to all siddhis. The great sādhana is the ultimate for dharma, artha, kāma, and moksa. It is likewise the highest among the earth etc. worlds, and for Indra etc., and the single sādhana for the ability to enjoy women such as Rambhā etc. 136 Likewise [it is the greatest] for the moving and stationary [beings] in the universe, likewise for those dwelling in Pātāla etc. Whereby [they] attain mastery quickly, [such] a man will be honored by the gods. That method I will explain--you must listen to it, Oh Beautiful Eyes....'137 [Pārvatī said:] 'One should meditate upon the purified mantra according to the demonstrated etc. sections. Together with perfection of debt etc., [one should undertake] the mantra initiation according to the correct procedure .....<sup>138</sup> ....meditating with the mind, one should perform the preparatory rites, and indeed with the mantra recitation, homa, etc., having attained the divine state. Endowed with greed for a larger kingdom, with the guru's command, furthermore, one should perform the fourfold tapas in the spring etc. seasons. [One should perform] the sādhanas of the fire, the sun, the smoke, and the cold, in sequence, Oh Śivā; and the sādhana of the fire has been explained as being one, five, and nine-

natured. Similarly .... the ultimate great sādhana of the twelve. 139 One should perform what comes from śruti, or from smṛti, or what provides the siddhi of happiness for oneself, what's produced from the magnifying glass, the best, the mediocre, or the worst. The worldly fire is the best, and if it is reprehensible when it is to be taken, then the charcoal fire of someone versed in the Vedas is to be taken-no other is ever to be taken.' Thus in the Bhairavatantra, in the conversation between *Iśvara* and *Pārvatī*, the *sādhana* of the twelve fires, one etc., is completed."140 [Then a new section:] "The glorious goddess spoke: 'Oh great god, Oh great lord, Oh he who blazes with tapas, Oh lord of the world, Oh provider of perfection in the mantras for those residing in the world, with this one sādhana all siddhis are mastered, and become controlled, Oh Sambhu, Oh leader of creatures, Oh lord of the world. You must explain the highest means of perfection for the mantras, the sādhana, and the siddhis, out of love, Oh god of gods, if I am dear to you. The fire residing in the sky was described by you, Oh ancient leader, and the drinking in of the smoke, and the ultimate beneficial sādhana of the cold; by the one action there should by siddhi on the part of men whose nature is Siva. And the siddhi that is [attained] by the four (sādhanas) is the siddhi attained by men.' Bhairava responded: 'Well asked, Oh great mistress (maheśāni), and beneficial to the adepts. What brings about perfection in the mantras is the highest, for the benefit of the world. Through its universal performance it is the best of the tapas, it is the highest sādhana. I will tell you, Oh great mistress (maheśāni) about the highest, the best meta-sādhana. It is declared to the be the brief sādhana for dharma, artha, kāma, and mokṣa, for the

earthly, atmospheric, and heavenly etc. worlds, for those dwelling at the boundary of *Kailāsa*. The instrument of brevity that is the best is the highest *sādhana* of *Meru*. You must listen to that with a one-pointed mind, since you ask me, Oh beautiful one. On the banks of a river, on the most excellent of mountains, in a meritorious pilgrimage spot, in an abode of Śiva, in a *Śakti* pilgrimage spot, in an excellent seat (of a deity), or in a cremation ground, Oh mistress of the gods, having made the ground flat, then, with colors, colored by the mind, providing *siddhi*, like unto a tortoise, of twenty cubits, very beautiful ....'"<sup>141</sup>

Śāstrī refers us to the 125 śloka manuscript of the Hāraka-Tantram for descriptions of the dhāmapāna-vidhi and the śītasādhana-vidhi referred to in the Bhairava-Tantra above. The extracts read: "Homage to Ganeśa. Pārvatī spoke: 'Oh god of gods, lord of the world, [you must explain] the sādhana of practicing tapas etc., the sādhana of the five and twelve fires, for those desiring liberation.' Śańkara spoke: 'You must listen carefully, Oh Aparnā, and I will explain it completely. The sādhana of the five fires, [and] of the twelve is properly stated. Having oriented oneself towards the east for the sake of the fire-fire sādhana, carefully, then one should perform the purification of the ground for the purpose of the eastern performance there ....'" The Dhūmapāna-vidhi description follows: "'Now I will explain to you, Oh great mistress, the beneficial rules for drinking the smoke. With the mantra for the religious practice of that, the deity is propitiated. Having established oneself carefully in the east, in the upapīṭha of an auspicious riverbank pilgrimage site, making a vedi (sacrificial altar) of four cubits, a handsome

covered open tent, adorned with a water pitcher, with a banner and portal, etc. One should sacrifice repeatedly to the world protectors in the eight directions from the pavilion. One should satiate Bhairava, and Brahmaśakti, through giving bali (i.e. rice balls). One should dig a pair of holes into the ground to the south and north of the vedi. In the middle of the hole twenty and one finger widths, exactly, supplied with a reed, filled with sindūra powder, and a sāttvic and a rajasic belt<sup>144</sup> above that, in sequence. Thus the measure of the hole. You must listen to the ritual action after that: 145 Having set up the fire there, one should offer as oblation abundant barley, rice, and sesamum, together with clarified butter, along with the gāyatrī mantra, 146 for the true perfection of the mantra. Having sacrificed one hundred and eight times, then, for the perfection of the mantra. [There's] a lid with the platter for the coverings of the deities, and in the middle of the platter a hole of four finger widths. On top of that one should place a smooth reed of sixteen finger widths; filling the hole, narrow at the tip, straight, and thick at the base. One should stand over that, oneself, hanging one's face down over it. With one's lotus feet [tied?] with two ropes in between the posts, placing one's mouth over the tip of the reed, [one should drink] from the intoxicating liquor of the smoke, very slowly." 147

Then we have a brief description of the śītasādhana-vidhi: "The lord spoke: 'Now I will tell you, Oh great mistress, the actions of the cold sādhana. You must listen to the procedure, [and] what is considered the highest sādhana of the mantras. Having attained a purified resevoir, or a river, or a pond; forming a barrier to the current, and setting up the vedi, filled with sand, purified as before through the

offering of an oblation, abounding in banners and ornamentation, [one should perform] the sanctification rite, according to the rule. Having entered in there, with senses restrained, going into the water up to one's throat, and in the remaining *prahara* [3 hour portion] of the night, <sup>148</sup> up to the three 48 minute periods, one should practice the *mantra* until it is daytime, in order to honor the mothers of the waters day after day with continuous streams of ghee etc. According to the rules taught by the *gurus*, for the perfection of the state of divinity, having begun at the fifteenth digit of the [moon's] path, up until the full moon of *Phālguņi* (February-March), this ultimate cold *sādhana* is to be followed, strenuously." <sup>1149</sup>

## 5.5.5 The Brahmayāmala Tantra

The *Brahmayāmala* is another Tantra *Abhinavagupta* cites frequently, though he does not quote from it. <sup>150</sup> As Gnoli notes, Śāstrī lists a ms. in the Durbar library catalogue, vol. 2, III.370, <sup>151</sup> and we find other listings in Śāstrī's Calcutta Catalogue, Ms. 6392, No.5892, <sup>152</sup> and the Pondichéry catalogue, 99.4. <sup>153</sup> Bhatt describes the *Yāmalas* as a group of Kashmirian Śaiva Āgamas that "define the Tantric tradition and introduce a variety of new cults and goddesses. "<sup>154</sup> Though the 55 chapter Durbar ms. is dated 1052 CE (Nepal *Samvat* 172), Bagchi considers it "a compilation of the 8th century A.D. "<sup>155</sup> Śāstrī remarks that "in the opinion of the Paṇḍits of Nepal the full texts of Brahma Yāmala is a lakh and a quarter of ślokas, and that it belongs to all the six schools of Tantra. The present work, extending over 1200 ślokas, belongs, however, to the western school. "<sup>156</sup> The chapter colophons all read "so in the *Mahābhairavatantra*, of twelve thousand [*ślokas*], in the *Picumata*," and then the

chapter title. It is in the final colophon and post colophon that the name Brahmayāmala occurs. The table of contents is as follows: 1) The collection of procedures for the nine syllables; 2) The analysis/extraction of mantras of nine syllables; 3) The great yoga<sup>157</sup> of the nine syllables; 4) The great yoga characterized by the image; 5) The great yoga of yatuka (?); 6) The great yoga characterized by the image; 7) The ninth chapter (?); 8) The great yoga for uniting in samādhi; 9) The great yoga for hitting the mark; 10) The great yoga for extraction of the mantras of the goddesses; 11) The great yoga of the extraction of the mantras; 12) The great yoga of union of the three principles; 13) The great yoga of the nine sacrifices; 14) (Untitled); 15) The Vetāla sādhana; 16) The Puşya [nakşatra] chapter; 17) The Vidyā cakra; 18) The victory procedures; 19) The bhautika cakra; 20) Rules for the fire ritual; 21) Vows; 22) Purified nectar; 23) Mantra extraction; 24) Purified nectar; 25) Specification of the sacrifice; 26) Secret mantra extraction; 27) The sacrifice of the triad of śaktis; 28) Bhairava of the victory of the couple; 29) Bhīmā etc.; 30) Rules for the sacrifice; 31) The distinction between Śiva and Rudra; 32) The ceremony; 33) The initiation; 34) The consecration; 35) Chaining the union of the reservoirs; 36) The motion through the channels; 37) The initiation into the principles; 38) (Untitled); 39) Specification of the currents; 158 41(sic)) The vow of exorcism; 40{sic}) Application (of mantras); 42) (missing); 43) Consort; 44) Sporting activity; 45) Authorization of the adept; 46) The great refinement; 47) The great refinement; 48) Passion of the loins; 49) Extraction of the moon; 50) The eightfold ordinance; 51) The eightfold ordinance; 52) (Untitled); 51(sic)) Union

with the boon-granting *yogint*; 52) Authorization to unite with the consort; 53-55)

Authorization. 159

### 5.5.6. The Niśvāsa Tantra

The Niśvāsa is another text cited by Abhinavagupta under the name Niśvāsaśāsana at TA 30.72-73 and 30.77 and as Niśvāsatantra at TA 30.81.160 A manuscript of this text is also found in the Durbar Library, 4500 ślokas long, no. 277 of Śāstrī's catalogue. 161 Bagchi dates it to the 8th century based on the late Gupta script, and outlines the internal schema of the text with five independent sūtras: 1) Laukikadharma, 2) Mūlasūtra, 3) Uttarasūtra, 4) Nayasūtra, and 5) Guhyasūtra. Bagchi outlines the contents of the *mūlatantra* (initiation, sacrifice, worship, *mantras* etc.), the uttarasūtra (establishing Śiva's abode, the mothers, the homa, the consecration/initiation, and knowledge-yoga, the names of sacred rivers, types of *lingas*, names of holy places, etc.). 162 From Sastrī's excerpts we learn that Siva is named Matanga, conversing with Ricīka. Ricīka mentions the rsis who retain their semen (rsīnām ūrddhvaretasām), suggesting that the sexual practices delineated in the Kālacakra were widespread among the tāntrikas. Few of the colophons are real chapter titles, though we have four chapters in the worldly dharma sūtra, eight chapters in the mūlasūtra, five in the uttarasūtra, four in the nayasūtra including a chapter on the correct effort, 163 contemplation of the form, 164 and the consideration of the reality of the ultimate nectar; 165 and some sixty plus chapters in the Guhyasūtra, including one on the collection of all the siddhis, 166 the praise of the mothers, 167 and the extraction of Brahmā, 168 additional sections on the precept on the suddenly

produced, 169 the rule about Aghora, 170 etc., and two sections on tatpuruşa.

# 5.5.7. Other Extant Saivite Tantras Cited by Abhinavagupta

I have managed to track down short notices of a few of the other texts cited by Abhinavagupta. The Anandeśvara is cited at TA 29.200. Windisch & Eggeling list a copy of this manuscript, the Anandatantra in 20 chapters, "treating, in form of dialogues between Śrī Devī and Kāmeśvara, of the mysteries of the linga and śakti worship in all its details; but extending its observations, in the last five chapters, also on the negation of caste distinctions, on the various systems of philosophy, and on Tantric philosophy and sectarianism in particular." The Rudra(yāmalatantra) may be mentioned by Jayaratha in the *Tantrālokaviveka* on TA 2.18.<sup>172</sup> The *Rudrayāmala* is a widely cited texts that appears to survive in many fragments. What purports to be a portion of this text, the Devīrahasya or Parādevīrahasya, a 60 chapter "treatise" on Tantric rites (kuladharma)" is cited by Eggeling as #2546 of the India Office Catalogue. 173 The fact that the *Rudrayāmala* is not mentioned by Abhinava, yet is apparently mentioned in a list cited by Jayaratha in the 13th century, may give us an approximate date for the emergence of the text. The Kālīkula(krama) is mentioned at TA 28.15, 29.43, 35.33; in addition to the manuscripts cited by Rastogi, 174 there are copies of this text in the India Office Library, #2590 and the Cambridge Library, #1477.175 According to Rastogi's note, Alexis Sanderson has been working on a critical edition of the text. In the colophons to the chapters given by Eggeling, six āmnāyas or textual traditions are named: 1) the eastern (pūrvāmnāya) of Śrīpūrneśvarī, 2) the southern (dakṣiṇāmnāya) of Viśveśarī, 3) the western

(paścimānāya) of Kuñcikādevī, 4) the northern (uttarāmnāya) of Kālikā or Kālī, 5) the zenith (ūrdhvāmnāya) of Śrīvidyā or Tripurasundarī, and 6) (missing). The Triśirobhairava, Tri is referenced some 33 times in the Tantrāloka and Jayaratha's commentary. Jaideva Singh translated this text before he died as The Yoga of Delight, Wonder and Astonishment. The TA 31.101-131 discusses the triśūlamanḍala from this text. Tri Tantrāloka 16.254 cites the Pauṣkarāgama. Rastogi cites several manuscript copies extant, including #2606 of the India Office Catalogue. The Yoginīkaula (TA 7.40) may or may not be the same as the Yoginītantra cited by Eggeling as #2555 in the India Office Catalogue.

# 5.6. The Published Tantras of the Abhinavagupta's Tradition (5.6.1. Svacchanda,5.6.2. Netra, 5.6.3. Matangapārameśvara, and 5.6.4. Mrgendrāgama)

Though we do not have, other than Gnoli's partial translation of the *Mālinīvijayottara Tantra* (see Chapters 8 and 9 of this dissertation for a detailed discussion of the contents of the *Mālinīvijaya*), published translations of the Tantras cited by Abhinavagupta, we do have several good editions of the texts and some helpful research on them published by French, American, and Indian scholars.

### **5.6.1.** The Svacchandabhairavatantra

The Svacchandatantra<sup>182</sup> is repeatedly cited by Abhinavagupta in the Tantrāloka, and by Jayaratha in the Tantrālokaviveka.<sup>183</sup> The text has been published, with Kṣemerāja's Uddyota commentary, in the Kashmir Series of Texts and Studies in 7 volumes, and reprinted in a new edition edited by Vraj Vallabh Dwivedi in 1985. Though no one has yet published a translation of the text into a European language,

William Arraj provides us a study of the text in English in his University of Chicago Ph.D. dissertation, along with an outline of topics and a partial translation, and I discuss the contents of this text in some detail in Chapter 8 of this dissertation. Helène Brunner-Lachaux has also discussed the text in some detail in her study of the Somasambhupaddhati. 184 The text was claimed by both the Śaiva Siddhānta and the Trika school, so that Ksemaraja's commentary is written to rebut the dualistic arguments of his opponents. Although the idealized description of Saivite Agamas includes four pādas, the kriyā (ritual), vidyā (doctrine), caryā (conduct) and yoga (spiritual exercise), neither the Svacchanda nor most of the other Agamas actually conform to this structure. 185 It is evident from the way the material is organized in the text that the Svacchanda represents a compilation of various schools of teaching, "combining material from Sāmkhya, Purānic, and Pāsupata sources with properly Śaiva categories and meditational schemes."186 In keeping with the interiorizing tendency of the Trika system noted above by Sanderson, Arraj also notes that Ksemarāja "devoted a major part of his commentary to reinterpreting, at every suitable occasion, the external ritual presented by Svacchandatantram as a meditation or noetic event." 187 Arraj also notes--and this remark tends to confirm my thesis about the type-heirarchical modeling system that the Vedic ritual system provided for the Tantric ritualists--that "Kşemarājah followed the pattern of brāhmanical metaritualists who used the external Vedic ritual as a paradigm for interiorizing meditations, and as a point of departure for metaphysical speculations."188 I have incorporated a more detailed analysis of this text into the study of Tantric Yoga

procedures in Chapter 8 of this dissertation.

## 5.6.2. Netratantra (Mrtyuñjayatantra)

Abhinava refers to the Mrtyuñjaya or Netratantra at TA 16.59, 16.224, and 21.11.189 The Netratantra was published as Nos. 46 and 49 of the Kashmir Series of Texts and Studies, then reedited by Vrajavallabh Dwivedi and published in 1985. The only published work on this by Western scholars that I know of is the 1974 schematic analysis by Hélène Brunner, 190 and some discussion of the text by Padoux<sup>191</sup>-I discuss some of the doctrines in this text in detail in Chapter 8 of this dissertation. The KSS edition was published with Kşemarāja's commentary, as is Dwivedi's edition. There are some other commentaries on the Tantra in Śāstrī ASB catalogue, though they are considerably later, and Sastri does not provide substantive extracts. 192 The interwoven character of Buddhist and Saivite Tantra shows up in many places. In the thirteenth chapter of the *Netratantra*, a series of deityvisualization meditations are described: Nārāyaṇa, the four goddesses Jayā, Lakṣmī, Kīrtih, and Māyā, and Karpurī, Candanī, Kastūrī, and Kunkumī, a deity called Viśvarūpa, various avatāras of Viṣṇu--the man-lion, boar, dwarf, the Sun, Sadāśiva, Brahmā, and then--with no particular notice by the commentator, Kşemarāja--we find Buddha, followed by Kārtikeya. Netratantra 13.32b-34a describes Brahmā as follows: "Brahmā, with four faces, handsome, colored red, with beautiful eyes; with pendulant kūrca, fiery, mounted on a swan, with four arms; with a stick and a rosary in [two of] his hands, holding an ascetic's water pot and the fearless [mudrā] [with the other two hands]; accompanied by the four *Vedas*, providing the fruit of all

siddhis." After the brief gloss by Kşemarāja that 'with the Vedas' means with their representations located at his side (sākārair pārśvasthaiḥ), we come at Netratantra 13.34b-36b to the description of the image of Buddha to be meditated upon: "Buddha, seated in the lotus posture, with pendulant ears and garments; with lotus-like eyes, the mark of the lotus, girded with jewels, good for the world; remaining in samādhi, the great yogi, his hands in the boon granting and fearless [mudrās]; holding an akṣa [bead] string, the Deva, holding a lotus, with beautiful eyes; in this way [he] is to be meditated upon, and honored, providing the fruit of the liberation of women." Kṣemarāja's only comments are that Buddha has lotus like eyes, the mark of the lotus on his hands etc., and because of being the sacrificer, etc. he is preeminent, hence is girded with jewels. Then Kārtikeya is described.

Brunner critiqued Madhusūdan Kaul's KSTS edition rather sharply, questioning whether he was only a nominal editor, and remarking on his poor and basically useless introduction. Similarly to the *Svacchanda*, the *Netratantra* is divided into a continuous series of 22 chapters, without regard for the idealized four *padas*. The text contains detailed descriptions of what Brunner terms 'magical procedures,' lists of demonic beings, techniques of using *mantras* for specific ends, iconographic descriptions, and lists of schools. 197

# 5.6.3. Mrgendrāgama

Bhatt produced two critical editions encompassing the four *pādas* of the *Mṛgendrāgama* with the commentary by Bhaṭṭa-Nārāyaṇakaṇṭha, and Brunner-Lachaux has published a French translation of the *Krivā* and *Carvāṇādas*. <sup>198</sup> The

Vidyāpāda has thirteen sections: 1) Introduction, 2) Refutation of other doctrines of salvation, 3) Examination of the definition of the master (pati), 4) Description of the intrinsic form of the master, 5) The five activities, 6) Definition of the paśu, 7) Definition of the bonds (pāśa), 8) Discussion of action, 9) Definition of illusion, 10) Discussion of the effect of the energy of limitation etc., 11) Discussion of conceptions, etc., 12) Discussion of the sense faculties, 13) Discussion of the path. The Yogapāda is a bit shorter, with eight sections: 1) Discussion of the choice of mantras, 2) Discussion of ritual baths, 3) Discussion of adoration, 4) Discussion of worship to accomplish [the goal], 5) Discussion of symbolic gestures, 6) Discussion of the fire ritual, 7) Discussion of the apprenticeship, 8) Discussion of initiation, annointing, etc. 200

## 5.6.4. Matangapārameśvarāgama

The *Matangatantra* is referred to repeatedly by *Abhinavagupta*, with some 20 citations in the *Tantrāloka*. The *Matanga* is considered a dualistic Tantra, as evident from *Abhinava*'s characterization of it as a *dvaitaśāstra* at TA 1.224. It is a text in some 3500 verses, divided into the standard four *vidyāpāda*, *kriyāpāda*, *yogapāda*, and *caryāpāda*. Bhatt has published a critical edition with Bhatta Rāmakantha's commentary of all four *pādas* with a substantial French Introduction outlining the contents of the text. The text derives from the *Pārameśvarāgama*, the latter the 26th out of the 28 *āgamas* of the Siddhānta school.

### 5.7. Conclusion

We have seen from the discussion of the scholarly and traditional classification

systems that the Saivite Tantric tradition was a lively and multifaceted one, with many different texts considered to be authoritative by different practitioners, and competing classification systems seeking some sort of authority in the face of continued creativity and production of texts from a variety of geographic and doctrinal sources. The introductory examination of the contributing lineages to Abhinavagupta's tradition makes it clear that he was the heir to a diverse and highly developed set of traditions, each with their own literature. By identifying the surviving manuscripts of Tantras cited by Abhinavagupta we gain a reliable sense of the existence of the textual tradition of the Tantras prior to the eleventh century CE--a sense that helps contribute to the accumulation of evidence that for several centuries prior to the turn of the first millenium CE a fairly large, widespread, and rather sophisticated Tantric tradition had developed throughout India. Our relatively brief survey of contents, openings, and closings of some of these texts shows us first of all that the texts cited by Abhinavagupta in his encyclopedic study of Saivite Tantra were not fictitious names. Rather these still extant texts were evidently part of a large and vibrant tradition. Their very survival for so many centuries indicates the value that must have been placed on them at the time they were written.

The large number of chapters and relatively consistent set of topics in the extant Tantras of Abhinava's lineages shows us that there was, despite the plethora of schools and classification schemes, a shared body of doctrines and practices. We see that the format of a conversation between Siva and Pārvatī in their various guises was a standard device for communicating the Saivite Tantric teachings. We see that some

of the texts may have been shared between the Buddhist and Śaivite Tantric schools, and that basic purification rites, vows, use of prayer beads for reciting *mantras*, versions of the Vedic fire rituals, various Yoga practices inherited from the ascetic Yoga lineages, astrological concerns, and pilgrimage practices were all relatively common among all the Śaivite Tantras. It is also evident from several of these texts that sexual Yogas were involved in Tantric practice, and I have examined this topic in some detail in Chapter 9 of this dissertation. More than anything else this chapter should simply make it clear that in dealing with the Śaivite Tantras, as in the case with the Buddhist Sanskrit Tantras, we are dealing with a substantial tradition with many large, surviving texts awaiting proper editing and translation, and that these surviving Tantras were part of a larger set of doctrines and practices that were taken seriously by many highly regarded thinkers in the centuries leading up to the time of Abhinavagupta. In Chapter 6 I will look at the social context of Tantric practices; then in Chapters 7-9 we will examine the doctrines and practices of Tantric Yoga in some detail, with reference to several texts mentioned in this chapter.

### **NOTES**

- 1. Padoux 1996. See Padoux 1987:276 for a listing of various classification schemes, and mention of Vaisnava-Sahajīya, Śākta, Saura, Gāṇapatya, and other Tantric groups.
- 2. This classification apparently originates with Yāmuna, and is repeated by Rāmānuja, thereby giving it greater weight in tradition than some other groupings. See Lorenzen 1972:1.
- 3. Varadachari 1986-7{1}:vii.
- 4. Sanderson notes the Sanskrit works by Tamil authors on the Trika, Krama, Pratyabhijñā, and Śrīvidyā traditions (Sanderson 1987a:9).
- 5. See Dyczkowski 1988:216-226.
- 6. Lorenzen 1972.
- 7. Lorenzen 1971:9-10.
- 8. The sixth chapter of Sāyaṇa Mādhava's Sarvadarsanasamgraha.
- 9. Hara 1958:9-10.
- 10. Gnoli 1980:16. Lakulīśa's Pāsupatasūtra was translated by Gnoli in 1962.
- 11. Hara 1958:27-28.
- 12. For additional material on the Kāpālikas and the Lokāyatikas, see Das 1982 and Shastri 1933.
- 13. See Gnoli 1980:12-13.
- 14. Gnoli 1980:14.
- 15. Shastri 1900:18-23 & xxvi.
- 16. Śāstrī 1900:93-95 & 244-246.
- 17. See No. 116 in Sāstrī 1900:116.
- 18. Śāstrī 1900:309-310.
- 19. The contents are 'Description of the cause of the birth of a girl, boy, hermaphrodite, etc.; description of the time of production of the blood, fat, bones, etc.; description of the winds etc. in the body; description of the channels etc.; description of the location of the channels, etc.; and description of the means of consciousness by stopping the winds in the channels, etc.' (Vişayah strī-pum-napumsaka-ādi-janma-kāraņa-nirūpaņam sarīrādīnām śonita-māmsa-āsthy-ādy-utpatti-kāla-nirūpaņam deha-stha-vāyv-ādi-nirūpaņam nādy-ādinirūpanam | nādy-ādi-sthiti-nirūpanam | vāvu-nādy-ādi-rodhādinā cintanopāya-nirūpanam | ) (Śāstrī 1900:310). The text opens as follows: 'Om Śrīrādhākṛṣṇa; Śrīmahādeva spoke: When the space [element] unites, then a body is born; the lotus has seven petals, and the cakra is seven angulas in extent. When the wind has gone into the middle of that, then an embryo is produced; when [the wind goes] into the left cakra then it will be a girl; when [the wind goes] into the right [cakra] then it will be a boy. And the movement [of the wind] on the left is into that cakra—the movement [of the wind] on the right is into the two cakras; when [the winds] unite spontaneously, then a hermaphrodite will be born. By the activity of the divine eye the body of the child is produced; the basis of the semen particle of the man having entered into the woman's belly, after three nights [produces] a billow, after five nights produces a bubble, after ten nights produces blood, and after fourteen produces a mass of

- flesh [i.e. the different stages of the embryo], etc.'(Om Śrīrādhākṛṣṇa|| śrīmahādeva uvāca| ekībhūtam yathākāśam śarīram jāyate tathā| padmam saptadalam cakram pramāṇam dvādaśāṅgulam|| tasya madhye gate vāyau tadā garbhaḥ prajāyate| vāmacakra bhaven nārī dakṣiṇe puruṣottamah|| vāmagatiś ca tac cakram, dvicakram dakṣiṇāgatiḥ| ekībhaved yadā kamam tadā klivaḥ prajāyate|| karmmaṇā daivanetreṇa jantur deham prapadyate| striy[ā|h praviṣṭa udaram puṃso-reta-kaṇāśrayaḥ|| kallolanam trirātreṇa, pañcarātreṇa vuṭvudam| śoṇitam daśarātreṇa māmsapiṇḍam caturdaśe|| ityādi|) (Śāstrī 1900:310).
- 20. Shastri 1939-40. These numbers are not inflated—I deducted from the totals multiple manuscript listings of the same text—so, though estimates, since I have not examined the texts in detail, the numbers give a fairly accurate idea of the numbers of individual works. Since production of Tantras, digests, etc. has continued in India for over a thousand years, with many of the important texts preserved, these numbers are not really that surprising.
- 21. The Germans for instance have recently put out a series of notices of oriental manuscripts held in German libraries (Verzeichnis der Orientalischen Handschriften in Deutschland). Band II, vols. 1-12 covers Indian manuscripts, including a number of Tantric mss. Göttingen's library has among other holdings mss. of Abhinavagupta's Iśvarapratyabhijñāsūtravimarśinī, and Vasugupta's Spandasūtra, textual fragments of some Śaivāgamas (Ehlers 1995:87-88), a copy of Nandikeśvara's samvāda on the Rudrayāmala (Ehlers 1995:102), the Samayācāra chapters 1-11 of the Rudrayāmala (Ehlers 1995:147-148).
- 22. See Varadachari 1986-7{1}:v-xxxviii--I have paraphrased Bhatt's descriptions.
- 23. Bhatt gives the (folk) etymology of giving the subject matter in detail  $(\sqrt{tan})$  and protecting those in bondage  $(\sqrt{tra})$  for Tantra. (Varadachari 1986-7{1}:vi).
- 24. Krishnamacharaya 1931:11-12. The traditional number of Pāñcarātra texts are 219 or 225. The Vaikhānasāgamas trace their lineage to the sage Vikhanas, and were handed down through his disciples. Relatively little work has been done on by Western scholars on the Sanskrit texts of the Vaispava Tantras. One of the earliest canonical texts appears to be Marīci's Vaikhānasāgama, published in 1935 in the Trivandrum Sanskrit Series. (Marīci 1935.) One of the few works in English on the Vaikhānasas is Goudriaan's 1965 study of the Kāsyapa-Jñānakāndah. (See Brunner 1969 for detailed review.) The bulk of the schematic research has been conducted by H. Daniel Smith of Syracuse University (now retired), who wrote published a number of articles, and published several works devoted primarily to Pañcarātra iconography. (See Smith 1978:201-203.) He also collected some 75-80 different Pancaratra texts in either manuscript, manuscript fragment, or printed form in the Smith Agama Collection at Syracuse University. Smith also published the invaluable Descriptive Bibliography of the Printed Texts of the Paficaratragama in 1975, a text with detailed descriptions of the contexts of each chapter of some 35 texts. (Smith 1975; see also the Annotated Index to the same, Smith 1980.) A number of the texts have been published in the Gaekwad's Oriental Series, and there are a few English translations of these Tantras the more recent being Swami Vijñānānanda's translation of the Nāradapañcarātram, (Vijñānānanda 1993) and Sanjukta Gupta's Lakşmt Tantra (Gupta 1972), preceded by Chatterji's translation of the Iñānāmṛta Sāra Samhitā (Chatterji 1921), and van Buitenen's translation of Yāmuna's Āgama Prāmānyam (van Buitenen 1971), a philosophical text that deeply informs Rāmānuja's Bhāsya on the Brahmasūtras. The earliest work in English was F.O. Schrader's 1916 study of the Ahirbudhnyasamhitā, a somewhat atypical text (Schrader 1916). The Śrīvaiṣṇava Tantras by and large teach salvation via bhakti, and with this focus differ somewhat in character and content from the Saiva and Buddhist Tantras, although they employ many of the

same techniques (mantranyāsa, use of bījamantras, yantras, mandalas, etc.) and some similar procedures.

- 25. Bagchi 1975:3.
- 26. Bagchi 1975:8 & 11.
- 27. See Drabu 1990:24-25, and TA 1.18 commentary (Dwivedi & Rastogi 1987{2}:40, and 42-43).
- 28. Bagchi 1975:4-5.
- 29. See for example:

Brunner-Lachaux's Mrgendrāgama, section des rites et section du comportement, avec la Vrtti de Bhatta Nārāyaṇakaṇtha, reviewed by T. Goudriaan in Indo-Iranian Journal, vol. 33, no. 1, January 1990, pp. 53-82.

Pierre-Sylvain Filliozat's edition of the *Svāyambhuvasūtrasamgraha* (1991) reviewed by Eli Franco (it's a Śaiva Siddhānta text).

Silburn, Liliane, <u>Śivasūtra et Vimarśinī de Kşemarāja</u>, Traduction et Introduction, Paris, Institut de Civilisation Indienne, 1980 (Publications de L'Institute de Civilisation Indienne, Série In-8°, Fascicule 47).

Silburn, Liliane (1957), <u>Le Paramārthasāra</u>, Texte Sanskrit Édite et Traduit, Paris, E. De Boccard, Éditeur, 1957 ((Publications de L'Institute de Civilisation Indienne, Série In-8°, Fascicule 5).

Silburn, Liliane (1964), <u>La Bhakti, Le Stavacintāmanide Bhattanārāyana</u>, texte traduit et commenté, Paris, E. De Boccard, Éditeur, 1964 ((Publications de L'Institute de Civilisation Indienne, Série In-8°, Fascicule 19, Études sur le Śivaism du Kaśmīr, Tome 1).

Silburn, Liliane (1968), <u>La Mahārthamañjarī de Maheśvarānanda</u> avec des Extraits de Parimāla, traduction et Introduction, Paris, E. De Boccard, Éditeur, 1964 (Publications de L'Institute de Civilisation Indienne, Série In-8°, Fascicule 29, Études sur le Śivaism du Kaśmīr, École Krama).

Silburn, Liliane (1975), <u>Hymnes Aux Kālī, La Rouse des Énergies Divines</u>, Traduction et Introduction, Paris, Institut de Civilisation Indienne, 1975, (Publications de L'Institute de Civilisation Indienne, Série In-8°, Fascicule 40, Études sur le Śivaism du Kaśmīr, École Krama).

Padoux, André (1975), <u>La Parātrīśikālaghuvṛtti de Abhinavagupta</u>, Texte Traduit et Annoté, Paris, Institut de Civilisation Indienne, 1975, (Publications de L'Institute de Civilisation Indienne, Série In-8°, Fascicule 38).

- 30. See Muller-Ortega 1989:18-24 for an excellent summary of contemporary scholarship on the *Trika* tradition.
- 31. Singh 1979:i.
- 32. Sanderson 1987:15.
- 33. Sanderson 1987:15-16.
- 34. See Chatterji's Kaśmīr Śaivism p.37, and Chintamani, 1941:xxxvii-xxviii.
- 35. See Sankaranarayan 1985.
- 36. See Singh 1979:v.
- 37. See Singh 1979:vii-xiv.
- 38. See Singh 1980:xiii-xiv for discussion.

- 39. The Spandapradīpikā by Utpala Vaṣṇava quotes the Pāficarātra saṃhitās—Jayākhyā (Śrījaya/ā), Haṃsaparameśvara, Vaihāyasa, and the Vaiṣṇava Paramārthasāra. (Schrader in Chatterji 1921:Appendix ii.)
- 40. There are a number of scholars currently working on Kaśmīr Śaivite material. In Britain we find the incomparable Alexis Sanderson at Oxford, who though commonly acknowledged as the master of the subject, has published in limited amounts and has many unfinished projects on his shelves. Gavin Flood, at St. David's University College, Lampeter, Wales, has published some very perceptive articles. (See also Flood, G. "Shared realities and symbolic forms in Kaśmīr Śaivism, Numen 36:1990, pp. 225-247). In Italy Gnoli has moved on to Buddhist Tantric material and has been succeeded by Raffaele Torella at Rome; Gnoli's former student Enrica Garzilli is at Harvard Law School. In France Padoux is still active, cooperating with Brunner-Lachaux on several projects. In the U.S. there is Paul Muller-Ortega of Western Michigan, and Doug Brooks has recently begun some research in the area. In the Netherlands we have Teun Goudriaan, India still has Rastogi, with a number of graduate students doing thesis work in the area, while V. Dwivedi has published numerous Sanskrit texts in this area.
- 41. Singh 1980:xvi.
- 42. Gnoli 1980:17--"la realta ultimá [é]...movimento, energia, forza incessante, non segregata dal mondo ma piuttosto il principio attivo, fonte dell innumerevoli creazioni e dissoluzioni, cosmiche e individuali."
- 43. Gnoli 1980:23.
- 44. Gnoli 1980:24.
- 45. Gnoli 1980:25.
- 46. This relatively short text was translated into English and published in 1957 by Gnoli. (Gnoli 1957). The Sanskrit was published as volume 59 of the Kashmir Series of Texts and Studies.
- 47. Translated by Jaideva Singh (Singh 1990).
- 48. Singh 1990:5.
- 49. See Singh 1990:49.
- 50. Singh provides us a list of his works: Pratyabhijfiāhrdayam, Spandasandoha, Spandanirņaya, Svacchandoddyota, Netroddyota, Vijfiānabhairava-uddyota, Śivasūtra-vimarśinī, Stavacintāmaṇi-ţīkā, Parāprāveśikā, Tattvasandoha, and a ţīkā on Utpala's Stotrāvali. (Singh 1979:iv).
- 51. Sanderson 1987:14.
- 52. See Pandey 1963:461-540.
- 53. See Silburn 1968 and 1975.
- 54. Rastogi 1979.
- 55. See Sanderson 1987:14, and Rastogi 1979:82-248.
- 56. Sanderson 1987:14. From Sanderson, Alexis: "Saivism: Krama Śaivism." Excerpted with permission of Macmillan Reference USA, a Division of Simon and Schuster, from THE ENCYLOPEDIA OF RELIGION, Mircea Eliade, Editor in Chief, Vol. 13, pp. 14-15. Copyright © 1987 by Macmillan Publishing Company.

- 57. Sanderson 1987:14-15.
- 58. See Pandey 1963:542-732.
- 59. Pandey 1964:547, see also Gnoli 1980:674.
- 60. See Sanderson 1987:16-17 for a discussion of the role of the Śrīvidyā tradition in the context of the Trika tradition of Kaśmīr.
- 61. Sanderson 1987a:8.
- 62. See De 1960:110-111.
- 63. See Dwivedi & Rastogi 1987{1}:32-55.
- 64. See Pandey 1963:27-29. See also Raghavan 1949, for the text of the Gurunāthaparāmarša, a text that names several lost texts by Abhinava.
- 65. Bhojadeva 1937:xv-xvi.
- 66. Gnoli counts slightly fewer, about 125, citing several individual texts as referred to by multiple names. (Gnoli 1980:883-892).
- 67. See Dwiveidi & Rastogi 1987{1}:253-264 and 265-283).
- 68. Gnoli 1957:16.
- 69. "Bhāskara says in the introductory portion of his Vārttika that Vasugupta taught the Śiva-Sūtras to Kallata who taught them to Pradumnabhatta, the son of his maternal uncle. Pradyumnabhatta taught them tohis son Prajñārjuna. Prajñārjuna taught them to a pupil, Mahādevabhatta, who in turn taught them to his son, Śrīkānthabhatta. Bhāskara himself learned the sūtras from Śrīkānthabhatta. Bhāskara flourished in the 11th century A.D." (Singh 1979:iii).
- 70. See Gnoli 1980:15.
- 71. See Gnoli 1980:883-893.
- 72. See Dwivedi & Rastogi 1987{1}:253-285.
- 73. Anye 'pi bahuvikalpāḥ svadhiyācāryaiḥ samabhyūhāḥ Śrīpūrvaśāsane punar aṣṭādaśādhikaṃ śataṃ kathitam | tad iha pradhānaṃ adhikaṃ saṃkṣepeṇocyate śodhyam | (Dwivedi & Rastogi 1987{4}:1626-1627; Gnoli 1980:394).
- 74. There is also a fairly modern Kaśmīri manuscript at the Asiatic Society of Bengal (Ms. 1554, No. 5821, Shāstrī 1939-40:27), and a partial ms. (chapters 11.22-19.86) at the Göttingen Library (Janert & Poti 1975:101.no. 1249) and another partial ms. (Chapters 1-11.22) at the Göttingen Library (Janert & Poti 1970:102.no. 641.). The Asiatic Society manuscript includes a post-colophon not found in the KSS edition: 'The Mālinīvijaya Tantra of the goddess was previously expatiated by Parameśvara in secret, out of love and kindness for his devotees. And what was explained has been heard by Kārttikeya when those two were conversing for [the sake of] the sages who are disciplined in devotion and cross over the ocean of transmigration; the one named Govindāśrama has been authorized by the guru of that very [text].'(Mālinīvijayam devyās Tantram rahasi yat purā parameśena samproktam bhaktānugraha-kāmyayā karttikeyena yacc coktam śrutvā samvadatos tayoh munīnām bhakti-yuktānām saṃsārārṇava-tāraṇam tadetdad-gurvv-anujñāto govindāśrama-saṃjāakah .)
- 75. Gnoli 1980:783-837. There's a misprint on page 833, identifying chapter 11 as "Capitolo X."

- 76. See Gnoli's references to Abhinavagupta's quotations (Gnoli 1980:889-890). Gnoli however has no comment on the possible history of the text, nor any references to manuscripts of it.
- 77. 2) vyāpti, 3) Śaktitrayoddhāra, 4) Vidyāngoddhāra, 5) Lokapāloddhāra, 6) Samayamandala, 10) Vidyāvrata, 20) Kha-cakra-vyūha, 21) Bhairava-vīra-samhitā, 22) Yoginī-cakra-nirnaya, 24) Cakroddhāraṇam, 25) Siddhi-mandala-vinyāsa, 26) Melakākhya.
- 78. Nepāla-vatsare jāte vahni-randra-samudrake ananta-samhita-likhitam siddha-yogeśvarī-matam pustaka-likhana-pariśrama-jño dvijanno nānyah sāgara-laṅghana-khedam hanumān ekah param vetti | (Shāstrī 1939-40:136-7).
- 79. Opening lines of the mantra.
- 80. ms. 3917D, no. 5947. Athātah saṃpravakṣyāmi siddhyupāyaṃ priyeśara ajñātvā...kā devi ajaptvā gurupādukām | rātrau paryyaṭanaṃ nāsti sādhakah (kaukilah) [kaulikah] katham katham mantrāśca siddhyanti mantrārthajñānatah priye | kullukā mūrdhni saṃjaptvā hṛdi setum vicintayet | mahāsetuṃ visuddhau tu sahasrāre vicintayet | End: tathā japādikaṃ sarvvaṃ niṣkalaṃ nātra saṃśayah | tasmāt sarvvaprayatnena prajapet mūrdhni kullukām | Shāstri 1939-40:135-6).
- 81. Gnoli 1980:889.
- 82. Grünendahl 1989:63.
- 83. Śrīmat-kālottarādau ca kathitam bhūyasā tathā pañcaitāni tu tattvāni yair vyāptam akhilam jagat | | (Dwivedi & Rastogi 1987{5}:2103); Gnoli 1980:372). Jayaratha clarifies that tattva refers to earth etc.
- 84. All the chapter titles end with patalah.
- 85. Śāstrī places a (?) after this title—it may be that it should read *praṇava-vyādhi-prasāda*, though my interpretation of *prasāda* here is open to debate; we'd have to see the chapter.
- 86. Grünendahl 1989:127-128.
- 87. The first leaf of Chapter 1 is missing, so Śāstrī gives us the beginning of the second chapter.
- 88. Grünendahl 1989:214-215.
- 89. Layne's translation, Layne 1991:52, 53, and 54.
- 90. Om namah śivādibhyo gurubhyah| yas tridhā triṣv-avasthāsu rupam āsthāya śaktimān| udbhava-sthiti-saṃhāra-kṛtsnaṃ viśvasya śaktitah|| vidadhāti namas-tasmai śuddhāmṛta-mayātmane| śivāya braham-viṣṇveśa-parāya paramātmane|| kailāsa-śikharāsīnaṃ devadevaṃ maheśvaram| krīḍantañ ca gaṇaih sārddhaṃ pārvvatyā sahitaṃ haram|| dṛṣṭvā pramuditaṃ devaṃ prāṇināṃ hita-kāmyayā| utsaṅgād avatīryyāśu pādau jagrāha pārvvatt|| papraccha parayā bhaktyā santoṣya parameśvaram|| śrīdevy uvāca| bhagavan devadeveśa lokanātha jagatpate| yat tvayā mahad-āścaryyaṃ kṛtaṃ vismaya-kārakam|| sarvvasya jagato deva kiṃ nu me parameśvara| durvijñeyaṃ durārādhyaṃ rahasyaṃ na prakāśitam|| kārttikeyasya na mayā na sureṣu gaṇeṣu ca| yogeṣśvarīṇāṃ mātṛṇāṃ ṛṣīṇāṃ yogināṃ nahi|| tadadya me jagannātha suprasanno yadi prabho| prārthayāmi prapannāhaṃ niḥśeṣaṃ vaktum arhasi|| ityādi| (Grünendahl 1989:243).
- 91. Amṛteśasya devasya mṛtyujid-bhairavasya tu| parāpara-vibhedam ca yo vindaty asya sarvvasah|| so 'cirād amṛtam ... nnātra saṃsayah| ... na deyam pāpasīlānām krodhinām kāminām tathā|| ... dadāti yadi mohena snehena dhana-lipsayā| gacchati narakam ghoram

- ityājñā pāramesvar[i]|| ... sasya-pālanāt siddhim āpnuyāt| pālanāc ca bhaved devi mṛtyujit paramesvarah|| (Grünendahl 1989:243-244).
- 92. Tantrāvatārādhikārah|1|; mantroddhāravidhih|2|; yajanādhikārah|3|; dīkṣādhikārah|4|; abhiṣeka-sādhanādhikārah|5|; sthūlādhikārah|6|; sūkṣma ... nādhikārah|7|; kālavañcanah|8|; sadāśivādhikārah|9|; dakṣiṇa-cakrādikārah|10|; uttaratantrādhikārah|11|; kulāmnāyādhikārah|12|; sarvva-vidyādhikārah|13|; sarvvādhikārah|14|; (no title)|15|; vyātpyādhikārah|16|; pañcādhikārah|17|; vaṣyākarṣaṇādhikārah|18|; (no title)|19|; rājarakṣādhikārah|20|; iṣṭa-pātādy-adikārah|21|; jīvākarṣa .. dyādikārah|22|; mantra-vicāra-varṇanah|23|; mantramāhātyma .. |24| (Grünendahl 1989:244-245).
- 93. From  $\sqrt{dam}$ , to sound.
- 94. Tad uktam paramesena tantre śrīdāmarābhidhe-1.155. (Kaul 1921:16; see also Gnoli 1980:884.), and again at Tantrāloka 15.351.
- 95. (Dwivedi & Rastogi 1987{2}:434 and Gnoli 1980:127). TA 15.351 reads: iti bhairavaparapūjātattvam śrīdāmare mahāyāge. (Dwivedi & Rastogi 1987{6}:2617). Gnoli reads this in conformity with TA 3.70, "Questa suprema adorazione di Bhairava, esposta nel Devyāyāmala in occasione del grande sacrificio pāmara...." (Gnoli 1980:481), interpolating "nel Devyāyāmala" though this interpolation is not evident from Jayaratha's commentary. For other references to a pāmara text see TA 3.70, 15.335, and 30.54-55.
- 96. Mitra 1878:165-166.
- 97. Bhattacharyya wrote an article on "The Cult of Bhūtadāmara" examining the Buddhist and Hindu versions of the text. While he states that "as regards the Tantra of Bhūtadāmara it must be stated in the beginning that it has no connection with the Pāmara literature of the Hindus," he concludes after comparing passages of the two texts that "no one can deny that there is a great deal that is common to both versions of the Bhūtadāmara Tantra." (Bhattacharyya 1930:353, 365). Unfortunately Bhattacharyya's analysis is slanted by his customarily unreliable dating assumptions, and his presumptive doctrine that Buddhist Tantras preceded Hindu Tantras.
- 98. Gnoli 1980:884 & Kaul Shastri 1921:16. Gnoli has completed an Italian translation of this text though I do not have access to it at the moment. The English translation is mine, from the Sanskrit.
- 99. Tad-asmin-samvid-avadhau viśramya tuţi-mātrakam|| kāla-grāsa-paro yogī jāyate khecaraḥ kṣaṇāt| uktam hi bhāvābhāso yaḥ kālaḥ sa kalanātmakaḥ|| sva-samvid-raśmi-samsphāro bhāvābhāvaḥ sa nāparaḥ| tasmāt sva-raśmi-samrodha-dvāra-ruddha-adhva-maṇḍalaḥ|| kāla-grāsa-ekarasiko jāyate khecaraḥ svayam| tad-uktam parameśena tantre śrī-ḍāmara-abhidhe|| (Mālinīvijayavarttika 1.152b-155, Kaul Shastri 1921:16).
- 100. Windisch & Eggeling 1894:863-864.
- 101. Both the Mātaṅgīdāmara and Gaurīdāmaram date from the early 1900's and filled with Hindi.
- 102. Monier Williams, citing the Catalogues, says *Pratyangirā* is a form of Durgā. This is a reasonable definition in light of the contents of this work.
- 103. Shāstri 1939-40:75-58.
- 104. Om svasti | Om namah śivādibhyo gurubhyah | himavac chikhare ramye surāsuranişevite | tatra sthāne sukhāsīnam devadevam maheśvaram | surāsurendra-namitam

siddha-gandharvva-pūjitam | kṛtāñjali-puṭā devī idam vacanam abravīt | | Śrīdevyuvāca | sarvva-khotodbhavam jñānam tvat-prasādān mayā śrutam | kā vidyā s[ś]ākinīnām tu datyānām gati-nāśinī | saṃsiddhā yā yuge ghore sarvva-saṃśaya-bhedinī | Śrībhairava uvāca | pūrvvam gauri mahāghore śmaśāne karavīrake | ārādhito [']ham devībhir yāge saṃpūjanāya ca | | tāṃ coru-saṃsthām kṛtvā tu yātas tatra varānane | catuḥṣaṣṭiṣu ye koṭyā s[ś]ākinyādyā mahābalāh | | yajñabhāgam prayacchanti carum kṛtvā svabāndhavān | bhuñjāmi tam ahaṃ bhadre, krīḍāmi ca carāmi ca | | .... Gurudviṣṭe bhayākte ca, kāma-lobha-samanvite | dātāro narakaṃ yānti, satyaṃ satyaṃ na cāṇyathā | |

- 105. Shāstrī 1939-40:54-56.
- 106. "The intoxicated terrifier."
- 107. Apte describes pramathas as a class of attendants on Siva.  $pra + \sqrt{math} = to churn$ , harrass, torment.
- 108. The term apparently derives from the poetic tradition where nāyikā is the general term for a variety of heroines (see Apte and his Sāhityadarpaṇa citations).
- 109. This is an intriguing direct statement of the underlying character of Saivite lore—that Siva befriends, has as attendants, etc., all manner of social riffraff—thieves, slobs, etc.; the same sort of characterization we find in the *VimalakIrtinirdesa*, where *VimalakIrti* frequents the whorehouses and gambling establishments as well as the councils of the gods.
- 110. Mahogram vyomavadanam koti-süryyägnibhäsvaram mahākālāntakam naumi Srībrhad-bhūtadāmaram | | bhuvanādhipatim kālam sarvva-loka-prapūjitam | mahonmattam bhairavesam anantam bhairavesvaram | | sabda-brahma-mayam raudram sarvva-vyāpakavigraham | unmatta-bhairavam natvāpracchann-unmattabhairavī | | Unmattabhairavyuvāca | brhadānanda-bhūteša satīša bhaktavatsala! vadasva sarvva-bhūteša śrī-brhadbhūtadamaram | katham yakṣā narā nāgāḥ kinnarāḥ pramathādayaḥ | dākinyaḥ kulakhecaryyo deva-gandharva-nāyikāh! | siddha-dānava-kanyās-ca yoginyah kāma-nāyikāh! jambudyīpe kalau siddhih yacchanty esām varānganāh! ye syuh pāparatā mithā-vādinah śīlavarjjitāh sālasyā ye narās tebhyah sāhāyyam kurutha svayam kenopāyena nasyanti kalau klesaugh-rāsayah | mahāpātaka-laksāṇi tathopapātakāṇi ca| | dusta-grahā dusta-nāgā dustabhūtādayas tathā vinasyanti tathā dustā mahāvighnakarās ca ye | | labhyante siddhayah sarvvāh moksa-paddhatayah subhāh siddayo 'pyanimādyāh syur mahāpātaka-nāsanāh : anyān nāśanatah pāpam anyastrīgamanādikam paradrohakītam pāpam paradravyābhilāşakam | visamāsādikam pāpam abhinindā mahābhayam katham nasyati devesa helayā narakam tamah | | candra-sūryya-prabho bhūtvā sthitīrudrapure ciram | surendra-siddha-nāgendra-bhūta-yakṣendra-nāyikāḥ | guhya-vetāla-gandharavva-mahīndrakula-nāyikāh|| haṭhād āgatya kāmārttā balād āliṇgayanti tam|| uktayogendrakanyās ca bhūtadāmara-nāyikāh | mantra-smaraņa-mātreņa kena siddhā bhavanti tāh | | tathā brahmeśaśakrādyā devānām adhidevatāh trayas-trimsat-koṭayas tu devāh samaſāʃra-bhairavāh katham syur māritā ete vidyā-sakti-samanvitāh! punah kena prakāreņa mṛtā jīvanti nirjjarāh!! kṛpayā vada bhūtesa tvam eva saraṇam prabho\ srutveti bharavī-vākyam unmattabhairavo 'sakṛt| unmattabhairavīm prāha sarvvam niyamapūrvvakam|
- 111. Though Kātyāyana is famed as a Sanskrit grammarian who commented on Pāṇinī, and of a muni, Kātyāyanī becomes a name for Durgā or Parvatī.
- 112. 1) gratha-phala-kathanam; 3) krodha-namnā sata-nama-stotre; 4) siddhi-mantra-prabheda; 5) kālātmaka-siddha-cakra-prabhedo; 6) pakṣa-bheda; 7) kāma-bheda-cakra-prabheda; 8) sāra-nirṇaya-cakra-prabheda; 9) veda-cakra-prabheda; 10) sat-kālātmaka-cakra-

- prabheda; 11) sundarī-mantra-kathana; 12) sundarī-dhyāna-kathana; 13) bhūtanī-sādhana-vinyāsa; 14) bhūtinī-sīddhi-sādhana; 15) kāla-rātri-sādhana; 16) kāla-rātri-stotra-mantra-vinyāsa; 17) kāla-rātri-kavaca; 18) mahā-bhūta-ceṭikā-sādhana; 19) bhūta-kātyāyanī-siddhi-sādhana; 20) bhūta-kātyāyanī-siddhi-sādhana; 21) Nāyikā-stotra-kavaca-vinyāsa; 22) divya-nāgendra-nāginī-sādhana; 23) Nāgendra-nāginī-stotrātmaka-kavaca-vinyāsa; 24) devendra-kula-yoginī-siddha-sādhana.
- 113. Windisch and Eggeling 1894:863-864.
- 114. TA 1.75-77; 4.78; 9.47, 145, 146; 13.162, 284; 15.18; 18.6, 11. (Gnoli 1980:885). The text was edited and published in *grantha* characters in Devakottai in 1932. The *Vidyāpāda* has been edited, translated into Italian, and published by Maria Pia Vivanti. (Vivanti 1975). As of this writing I have not yet learned to read *grantha* script, so I have not consulted the Sanskrit text.
- 115. Vivanti 1975:2n.2.
- 116. Vivanti 1975:2n.1. Without giving further reasons, Vivanti places the *Kiraṇa* in the early centuries CE; to me this is problematic. Without more substantial evidence, such an early date is speculative, even were it correct.
- 117. 1) Paśu-vicāraṇā-paṭalaḥ; 2) āhāra-vihāra-paṭalaḥ; 3) śiva-vicāra-paṭalaḥ; 4) śaktivicāra-paṭalah; 6) dīkṣā-vicāra-paṭalah; 7) mantra-śiva-śakti-vicāra-paṭalah; 9) tattva-vicārapaţalah; 10) siva-sakti-vicāra-paṭalah; 11) jñāna-bheda-vicāra-paṭalah; 12) mantroddhāravicāra-paṭalah; 14) lingārccana-vicāra-paṭalah; 15) agni-kāryya-vidhih; 16) agni-kundavicārah; 19) grha-lakṣaṇa-dvāra-lakṣaṇah; 20) rajo-maṇḍala-vidhih; 21) aṣṭa-lakṣaṇapaţalah; 25) aşţa-yāgah; 26) gaņa-pati-yāgah; 29) nava-graha-yāgah; 30) aṃśa-bhedavicārah; 31) nityācāra-vidhih; 32) yogīśvara; 33) bhikṣāṭanah; 34) mṛtyuñjaya-yāgah; 35) anadhyāya-paṭalah; 36) pavitrārohaṇa-vidhih; 37) śivā; 38) guru-parīkṣā; 39) śiva-śikhā-jyotisāvitryeti catuşka-vicārah; 40) .. 41) vrateśvara-yāgah .. cāra-vicārah; 42) śuddhy-aśuddhivicārah; 43) mahā-pañca-pātakādi-prāyaścitta-vidhih; 44) .. ga prāyaścitta[h] paṭalah; 45) bhojanāsana-vidhih; 46) pātra-śuddhih; 47) nityahānyādi prāyaścityah; 48) ... na vidhih; 49) samayī-putraka-sādhaka-ācāryya-vrttih; 50) sādhan-vidhāna-paṭalah; 51) avyakta-linga-(lakṣaṇam); 52) vyakta-liṅga-lakṣaṇam; 53) vyaktāvkyakta-liṅga-lakṣaṇam pītha-lakṣaṇañca; 54) bhūparīkṣā-śalyoddhāraś ca; 55) n ... ka lakṣayogapaṭalaḥ; 56) devādhivāsana-devapratisthā-vidhi-patalah; 57) ... nādvāra-patalah; 58) yogābhyāsa-patalah; 59) utkrāntipaţalaḥ; 60) antyeşţipaţalaḥ; 61) ... vidhiḥ; 62) pañca-brahmoddhāra-paṭalaḥ; 63) lingoddhāra-paṭalah; 64) mātṛkā-yāga-paṭalah; iti kiraṇākhya mahātantrasya paṭalaparipāţikālikhitam smaraţārtham samāptam (Grünendahl 1989:577-579). Śāstrī then gives us an extract from the tenth chapter (the passage is difficult to make much sense out of); Garuda spoke: For what reason does [he] say these, Oh lord, and how many are there of them? And what are those from whence, Oh Mahādeva, all of this [arises]? You must tell me. Bhagavān spoke: He expresses these for the sake of liberation; there is no liberation from sādhana, in fact. In those sādhana is perfected; he expresses them for that purpose. Considering Isa as immediately contiguous with the subtle, and Siva as tenfold, and having broken apart the single knowledge, I will tell you the number of those. Thinking away {mentally separating} what is desired from the pranava, she who is born from yoga from the statement of that, what is [flaming] from what's called flaming, the cause from what's called the cause, he who is worshipped from Siva, what's well known [as the flaming lamp] from the flaming lamp, the subtle from the subtle, what's considered over and again to be called a thousand (the sahasrara cakra?) from time, the very beautiful foot from it (?), the (?) from

- what's named the akşa, likewise; in this way, what's said first, and again in the sequence of other teachers, extracted from the three portions, desired. May the ambrosia of the gods produce yoga, may it be your Tantra, known as ashes, Oh lord. (the ms. is rather corrupt... so I didn't translate the rest of the extract).
- 118. TA 28.15, where it is called the *Trikālīkula* (Dwivedi & Rastogi 1987{7}:3113); and TA 29.43 and 35.33 where it is called the *Śrīmatkālīkula* (Dwivedi & Rastogi 1987{7}:3329 & 1987{8}:3664); (Gnoli 1980:885).
- 119. Shāstrī 1949-40:210-211.
- 120. A name of Pārvatī.
- 121. Om namo bhavānyai kailāsa-sikhare ramy nānā sukha-samākula sarvvarttu-kusumākīrņe nānā-pakṣi-sunādite | | .... kālī-kulāmṛtaṃ Tantraṃ prasaṅgāt kathitaṃ prabho | vistāreṇa mahābhāga kathyatāṃ yadi me kṛpā | vidyā-rājñās ca uddhāraṃ varṇa-varṇān yathāyutān | ṛṣi-cchando devatāñ ca bljaṃ śaktiñ ca kllakam | viniyogaṃ yadarthañ ca dhyāna-pūjādikaṃ kramāt | stotrañ ca kavacañ cāsyāḥ sādhanañ ca yathākramam | | kathayasva mahābhāga yadyahaṃ tava vallabhā | Śrībhairava uvāca | śṛṇu pārvvati vakṣyāmi bhairavi prāṇa-vallabhe | atigopyā mahāpuṇyā sārāt sāratarā parā | | ... [End:] Anya-tantreṣu kāpaṭyaṃ mama sarvatra varttat | nātra kiñcin mahādevi tathyam etad bravīmi te | | satyaṃ satyaṃ punaḥ satyaṃ siddhir atraiva kīrttitā | iti te kathitaṃ sarvvaṃ nānyad vaktavyam asti te. There's another manuscript from 1747 CE surviving in the Durbar library entitled Kālīkulārṇavatantra. This appears to be a more recent text, and probably not a version of the Kālīkula referred to by Abhinavagupta. (Grünendahl 1989:278-279).
- 122. Śāstrī 1900:205-206. Om namo jagan-mohinyai | Śrī devy uvāca | siddhi-vidyā purā proktā mantra-yantra-ādikāni ca| nānā-bhāva-prabhedena saṃsayo jayate prabho|| bhāvabhedena kathaya lokanistārakāraka¦ sarvvesām saranam tantram siddhānta-viṣṇusammatam | | āsāmārādhanā kena bhāvena parijāyate | āsām vaḥ prakṛtiḥ kvāpi tav vā kīdṛśī kriyā| tat prakāsaya samyanme yena yāmi niruttaram srīsiva uvāca sarvāsām saiddhividyānām prakṛtir dakṣiṇā priye| dviyo vīro varārohe cintayed dakṣiṇām śubhām| dviyo vīrāc ca devesi kālīkulam vicintayet srīkulan ca tribhir bhāvas cintayet surasundari | kālī tārā bhadrakālī bhuvanā mahişamarddinī| tripuţā tvaritā durgā vidyā pratiśivā priye kālīkulam samākhyātam śrīkulafi ca tatah param! sundarī bharavī bālā vasanā kamalā tathā!! dhūmāvatī ca mātangī vidyā svapnavatī priye| madhmatī mahāvidyā śrīkulam paribhāşitam|| latāyām pūjayet kālīm nīle nīlasarasvatīm ityādi | End: kālī tārā tathā cchinnā mātangī bhuvaneśvari| amrapūrņā tathā durgā mahisāsuramarddini| amrapūrņā tathā durgā mahişāsundarī | tvaritā tripurā bhadre bhairavī vagalā tathā | tripuṭā ca tathā nityā kamalā ca sarasvatī | jayadurgā tathā bhadre tārā tripurasundarī | astādaša mahāvidyās tantrādau kathitāh priye| | nātra kāla-visuddhih syāt samaya-asamaya-ādikam | na vāratithinakṣatram na yogah karans tathā | iti niruttaratantre devīsvarasamvāde pañcamah paṭalah | Table of Contents (Visayah): 1) śivāśivayoh samvādena bhāva-bhdea-nirūpaṇam 2) kālī-kulakathanam | 3) śrīkula-kathanam | 4) pañāmnāya-nirūpanam | 5) kālī-pūjāyām guru-mantra-ādinirūpaņam | 6) kalā-nirūpaņam | 7) dakşiņa-kālikā-mantra-tad-dhyāna-pūjāvidhih | 8) mahākāla-dhyāna-kathanam 9) kullukādi-nirūpaņam 10) kālī-stava-kathanam 11) kālīkavaca-kathanam | 12) ajapā-nirūpaṇam | 13) atha purascaraṇa-vidhih | divya-vīra-pasubhāva-bhedāt purascanaraṇa-prakarara-bheda-kīrttanam | 14) prāṇāyāma-vidhih | 15) nirguņa-saguņa-bhāva-cintanam-vidhih| 16) rātrau pujāvidhih| 17) mahānišādi-nirūpaņam| 18) atha vīra-abhiseka-vidhih | 19) tatra abhiseka-mantrādi-kathanam | 20) siddha-mantralakşanam | 21) sakti-sādhanam vinā nirvvāņa-abhāva-kathanam | 22) mātrādi-

pañkanyāvyākhyānam | Sakti-cakra-ādi-lakṣaṇa-kathanam | pañca-cakra-vidhih | kusuma-anukalpādi-kathanam | cakre varjjanīya-kathanam | gopya-karmma-kathanam | rāja-cakre devacakre ca viseṣakathanam | yoginām sādhaādi-vidhih | sādhikā-lakṣaṇādi-kathanam | kulācārādi-sādhana-kathanam | vidyāviseṣe sakti-viseṣa-vidhānam | atha vesyā-lakṣaṇādi-kathanam | pañcadravya-nirūpaṇam | teṣāṃ suddhi-kathanam | nava-kanyā-nirūpaṇam | tarpaṇe sudrādividhih | pañcīkaraṇavidhih | aṣṭādasa-mahāvidhā-kīrttanañ ca |

- 123. Gnoli 1980:887 & 696.
- 124. Shāstrī 1939-40:237 and Sāstrī 1900:203-204.
- 125. This is a bit obscure. The text reads yāmāvante ca sarbbarī; yāmavante appears to be a a slightly improper locative of yāmavantī, a night. Sarvvarī or sarbbarī is the evening or twilight.
- 126. Cf. Muller-Ortega's book on the heart as a central organizing theme in Saivite Tantra (Muller-Ortega 1989).
- 127. Siva seems to be portraying himself as hopelessly confused without Pārvatī's teachings about the secret doctrine.
- 128. Apte says koca is a man born of a fisherman father and a mother who works as a butcher.
- 129. Om namah paradevatāyai kailāsaparvvate ramye yāmāvante ca śarbbarī spṛṣṭvā tu caranau devyā bhagavān sankaro 'bravīt|| Śrīsankara uvāca| mātardurge mahāmāye kṛpāṃ kuru dayāmai| hṛdi sūlam samuddṛtya trāhi mām padmalocane|| sūnyatām subhage devi vacchūlam varttate hrdi| tanmayā kathitam bhadre mṛṣā jñātvā na muñcati| tava vaktre śrutam pūrvvam bhagarūpā tvam eva hi! vākyenālāpanam naiva katham kuryyād bhageśvarī! idam daikam dvitīyañ ca varadātrī kathañcana| tṛtīyam parameśāni jīvahīne gatir na ca|| jīvasthite sadā sambhor gamanam kena vā krtam iti cintāparo bhūtvā vātulo 'bhūn na samsayah | | Śrīpārvatyuvāca | nāham vadāmi khalu pārameşu | not pamareşu | ratim tyajāmi paśuvādineşu vācam tyajāmi kulakarmmaghātine sangam tyajāmi kila campakesu | | Śrīsamkara uvāca devi visvesari tvam hi srstisthityantakārike katham mām pasurūpeņa sthāpitāsi ratipriye | Śrīpārvvatyuvāca | purā kocavadhusangād vīrācāram bhavān kṛtaḥ | tathāpi pasubhāvatvam na muñcati kathañcana | ityādi | [End:] nigamam matkulam nātha latāham niścitam prabho| iti jñātvā sāvahitā na prakāśyam kadācana| | yaḥ pāti pus[s]tikām etām grhe rakṣati nityaśah tasya sthāne hyaham baddhā sarvvadā tvatpure yathā paṭalam vā tadarddham va tadarddham vā mahesvara¦ jānāti sa guruh sākṣān matsamas tatsamo 'pi ν⦦
- 130. Mudrā or sexual union is the fifth of the five m's.
- 131. We find *Ugratārā* mentioned in the opening lines of the *Mahācīna-krama-tārā-sādhanam* in *Abhayākaragupta*'s *Sādhanamālā*: Applying stupidity to the skull, *Ugratārā* kills the self of the three worlds (*jādyam nyasya kapālake trijagatām hanty ugratārā svayam*) (Bhattacharyya 1968{1}:209).
- 132. Vişayah| Sankaram prati Sankaryyā uktirūpo 'yam prabadhah| tatra pañcamakāreşu prādhānyatah pañca-makārasyaiva prapañcasah prayogādi-vidhih| latā-sādhana-vidhih| divya-vīrādīnām lakṣaṇādi-kathanam| pañcama-makāra-sādhanenaiva mokṣa-prāpti-kathanam| bhairavī-cakre pravarttamāne varṇa-bheda-rāhityādi-kathanam| pañca-makāra-sodhanādi-vidhih| punah punah pānavidhih| yoni-pūjā-vidhih| tatra dhyānādi-kathanam| atha kālikā-pūjā-vidhih| tārā-pūjā-vidhānam| ugratārā-vidhāna-kathanam| abhiṣeka-vidhi-kathanañca|

- 133. Also called the *Bhairavyakula* (TA 22.41)TA 13.302; 22.41; 27.45; 28.14, 51, 59, 388; 29.251 (Gnoli 1980:883). The one more or less direct quote occurs at TA 13.302: "It is stated in the *Śrībhairavakula* that the *guru* who has truly mastered the five initiations has lept over the lower currents and rests in the *Trika śāstra*." (*Uktam śrībhairavakule pañcadīkṣā-susāṃskṛtaḥ* | *gurur ullaṅghitādhansthasrotā vai trikaśāstragaḥ* | Dwivedi & Rastogi 1987{5}:2382 & Gnoli 1980:422).
- 134. Shāstrī 1939-40:232-234.
- 135. Atha bhairavatantrokta-mantragrahavidhiḥ likhyate | | Pārvatyuvāca | devadeva jagannātha śūlin trailokyapāvana | mantrāṇāṃ sādhanopāyaṃ vada me tvaṃ jagadguro | | karmmaṇā yena jantūnāṃ mantrāṇāṃ siddhir uttamā | dharmārthakāmamokṣāṇāṃ jāyate tadvadāsu mām | | bhurbhuvaḥsvaḥpatis tvaṃ ca sakrādimarutāṃ tathā | ....sthāvaraṃ jangamaṃ visvaṃ yasya dṛṣṭyavalokanam | udayañca kṣayaṃ yāti tanme kathaya sankara | |
- 136. Rambhā is the most beautiful woman in Indra's paradise.
- 137. Īsvara uvāca sādhu pṛṣṭhaṃ mahādevi, sarvva-brahmāṇḍa-maṇḍape mantrāṇāṃ sādhanopāyaṃ sarvva-siddhy-eka-sādhanam dharmmārtha-kāma-mokṣāṇāṃ sādhanaṃ paramaṃ mahat bhūrādināṃ hi lokānāṃ sakrādīnāṃ tathā parāṃ rambhādi-lalanānāṃ ca bhoktṛtvasyeka-sādhanam carācarasya visvasya tathā pātāla-vāsinām prabhutvaṃ yānti yenāsu surapūjyo bhaven naraḥ tasyopāyam ahaṃ vakṣye tac-chṛṇuṣv subhekṣaṇe |
- 138. Siddha(sīddha)sādhyādibhir bhedaih suddhamantram vicārayet | ṛṇādi-siddhisahita mantradīkṣām vidhānatah| |
- 139. Most likely meaning 'lasting one, five, or nine days, with the greatest version lasting twelve days.'
- 140. ...manasā dhyāyan puraścaryyām samācaret| | japa-homādibhir nūnam devatābhāvam āpya ca | rājya-lobhādi-sampannaḥ śrīguror ājñayā punaḥ | tapaś-caturvidham kuryyāt vasantādi-rtuṣv ap vahny-arka-dhūma-śītānām sādhanan tu kramāc chi vahnes tu sādhanam proktam eka-pañca-navātmanā | dvādaśānām tathā ... sādhanam paramam mahat | śrautam vā smārttajam vāpi svasyaiva sukha-siddhi-dam | sūryya-kānta-samudbhavam śreṣṭha-madhyādhamam kuru | laukikāgniḥ paro nindyah sa ced grāhyo yadā bhavet | śrotriyāngārako grāhyo nānyo grāhyah kadācana | iti bhairavatnatra īśvara-pārvvatī-samvāde ekādi-dvādaśāgneh sādhanam samāptam |
- 141. Śrīdevy uvāca | mahādeva maheśāna taporāśe jagatpate | bhuvanāntara-saṃsthānāṃ mantra-siddhi-pradāyaka | | ekena sādhenenaiva sādhitāh sarvva-siddhayaḥ | bhavanti niyataṃ śambho bhūtanātha jagatpate | | siddopāyaṃ paraṃ brūhi mantra-sādhana-siddhaye | kṛpuyā devedeveśa yady ahaṃ tava vallabhā | | kathitaṃ te purānātha, agnyākāśa-nivāsakaṃ | dhūma-pānafi-ca śītasya sādhanaṃ paramaṃ hitam | | ekena karmmaṇā siddhir bhavet puṃsāṃ śivātmanām | caturbhir yā bhavet siddhiḥ sā siddhiḥ prāpyate nṛṇām | Bhairava uvāca | sādhu pṛṣṭhaṃ maheśāni, sādhakānāṃ hitāya ca | anugrahāya lokānāṃ mantra-siddhi-karaṃ param | | sarvvānuṣṭhānataḥ śreṣṭhaṃ tapasaḥ sādhanaṃ param | kathayāmi maheśāni paraṃ śreyodhi-sādhanam | dharmmārtha-kāma-mokṣāṇāṃ sādhanaṃ laghur tritam | bhūr-bhuvaḥ-svādi-lokānāṃ kailāsāvadhi-vāsināṃ | | laghutva-karaṇaṃ śreṣṭhaṃ yan meroḥ sādhanaṃ param | śṛṇuṣvekāgra-manasā yadi pṛcchasi bhāmini | | nadī-tīre parvvata-vare puṇya-kṣetre śivālaye | śakti-kṣetre śubhe pīṭhe śmaśāne vā sureśvari | bhūmiṃ samāṃ vidhāyātha savarṇāṃ cittarañjinīm | siddhidāṃ kūrmma-sadṛśīṃ viṃśad-dhastāṃ suśobhinīṃ |
- 142. Śrīgaņeśāya namah | śrīpārvvatyuvāca | devadeva jagannātha tapaścaryyādi-sādhanam | pañca-dvādaśa-vahnīnām sādhanam hi mumukṣūṇām | śaṅkara uvāca | śṛṇuṣvārpaṇe yatnena

kathayāmi samāsataḥ | pañcāgner dvādasādīnām sādhanah samyag ucyate | | pañcāgni-sādhanārthāya prācīm samsādhya yatnatah | tatra prācī-samsādhanārthāya bhūmi-samsodhanam kuryyāt. Śāstrī says that the text breaks off here.

- 143. Inhaling the smoke from the fire.
- 144. It's not clear to me what this refers to-perhaps some layering of the *sindūra* or red lead oxide.
- 145. Atha vakşye mahesani dhūmapanavidhim subham| yasyanusthana-mantreņa devatā samprasīdati|| prācīm samsādhya yatnena subha-tīrthopapīthake| kṛtvā vedim caturhastām mandapācchāditām subhām|| patākā-toraņādyena kalasenupasobhitām| mandapasyāṣtadigbhāge lokapālān yajen muhuh|| bhairavam brahma-saktim ca toṣayed bali-dānatah| vedyā dakṣiṇa-saumye tu kūpa-yugmam khaned bhuvi|| kunda-madhye viṃṣatī ca aṅgulaikena niscitam| nālena ca samāyuktā sindūra-rajasānvitā|| sāttvikī rājasī caiva mekhalā corddhvatah kramāt| iti kuṇḍa-vinirmmāṇam pascāt karmma sṛṇuṣv tat||
- 146. RV 3.62.10-tat savitur varenyam bhargo devasya dhīmahi, dhiyo yo nah pracodayāt.
- 147. Tatravāgnim pratisthāpya yava-brīhi-tilān bahūn homayen mantra-gāyatryā sājyān mantra-susiddhaye | satam astottaram hūtvā tathā mantrasya siddhaye devatāvaraṇānāh ca sarāvena pidhānakam | sarāva-madhya-dese tu bilam tac catur-angulam tasyopari nyaset slakṣṇām nalikām soḍasāngulām | mūle sthūlā ca saralā samkocāgrā bilānvitā tasyopari svayam tisthet lambamānam adhomukhah | sthūṇāmadha-vibhāge tu rajju-dvaya-padāmbujah nalikāgre mukham kṣipyam dhūma-madyāc chanaih sanaih |
- 148. Probaby after midnight.
- 149. Īśvara uvāca atha vakṣye maheśāni šīta-sādhana-karmmaṇah vidhānam śṛṇu mantrāṇām sādhanam paramam matam | śuddham jalāśayam prāpya nadyā vātha taṭākajam | pravāharodhanam kṛtvā, madhye vedīm prakalpya ca | sikatā-pūritā śuddhā pūrvvavadbalidānatah dhvaja-bhūṣaṇa-bhūṣāḍhyām śāntikalpa yathāvidhi | tatropaviṣto niyatam ākaṇṭha-jala-madhya-gah rātre prahareśe tu muhūrtta-tritayāvadhih divā bhavati yāvad vai tāvan mantram samabhyaset jala-mātṛ-prapūjyādau ghṛtadhārābhir anvaham gurūpadiṣṭavidhinā devatābhāvasiddhaye mārgapūrṇām samārabhya yāvat phālguṇipūrṇimā | tāvat kāryyam prayatnena šīta-sādhanam uttamam
- 150. TA 4.54, 60; 5.97; 13.145; 15.44; 18.9; 23.43; 27.29; 28.384, 419; 29.11. (Gnoli 1980:884).
- 151. Grünendahl 1989:538-540.
- 152. Shāstri 1939-40:94.
- 153. Varadachari 1986-7{1}:348.
- 154. Varadachari 1986-7{1}:xxiv.
- 155. Bagchi 1975:102.
- 156. Grünendahl 1989:539.
- 157. Or yāga according to Goudriaan (Goudriaan & Gupta 1981:42).
- 158. Though the colophon reads *stotra-nirnaya*, Bagchi corrects this to *srotanirnaya*, and provides extracts illustrating that this is the correct reading. (Bagchi 1975:4-5 & 104).
- 159. 1) iti mahābhairavatantre dvādaśasahasrike picumate navākṣara vidhānasambandhapaṭalaḥ; 2) mantroddhāra; 3) Mahāyoga; 4) pratimālakṣaṇa-mahāyoga;

5) yatuka (?)-; 6) pratimālakṣaṇa-; 7) navama paṭalaḥ (?); 8) samādhiyojane -; 9) lakṣyabhede -; 10) devīnām mantroddhāra-; 11) mantroddhāra-; 12) tritattvayoga-; 13) navayāga-; 14) —; 15) vetāla sādhana; 16) puṣyādhikāra; 17) vidyācakra; 18) jayavidhāna; 19) bhatika cakrama; 20) agnikāryyavidhi; 21) vrata paṭalaḥ; 22) suddhāmṛta; 23) mantroddhāra; 24) suddhāmṛta; 25) yāganirṇaya; 26) guḍha mantroddhāra; 27) saktitritayayāga; 28) yāmalavijayabhairava; 29) bhīmādyā; 30) yāgavidhi; 31) sīvarudrabheda; 32) prakriyāpaṭalaḥ; 33) dīkṣāpaṭalaḥ; 34) abhiṣeka; 35) āsayayoga ṣṛṇkhalana; 36) nāḍīsañcāra; 37) tattvadīkṣā; 38) —; 39) stotranirṇaya; 41) abhicāravrata; 40) nyāsa paṭalaḥ; 43) mudrā paṭalaḥ; 44) krīḍā karmma; 45) sādhakādhikāraḥ; 46) mahāsaṃskāra; 47) mahāsaṃskāra; 48) garttārāga; 49) candroddhāra; 50) aṣṭaka kalpa; 51) aṣṭaka kalpa; 52) (?); 51) yoginīvaḍadayoga; 52) mudrāyogādhikāra; 53-55) adhikāra. Grünendahl 1989:539-540.

The manuscript under the name *Brahmayāmala* in the Calcutta catalogue is a different text dealing with various means of divination. (Shāstrī 1939-40:94-95).

- 160. Gnoli 1980:724-725.
- 161. Grünendahl 1989:255-258.
- 162. Bagchi 1975:93.
- 163. Yāsaprakarana.
- 164. Rūpavicāra.
- 165. Paramāmṛtasadbhāvavicāra.
- 166. Sarvvasiddhisand[o]ha.
- 167. Mätrkäprastäva.
- 168. Brahmoddhāra.
- 169 . Sadyojātasya kalpa.
- 170. Aghorasya kalpah.
- 171. Windisch & Eggeling 1894:856.
- 172. Dwivedi & Rastogi 1987{2}:42.
- 173. Windisch & Eggeling 1984:858-860.
- 174. Dwivedi & Rastogi 1987{1}:255n.15.
- 175. Windisch & Eggeling 1894:891-892.
- 176. Windisch & Eggeling 1894:892.
- 177. Also known as the Triśiraḥśāstra or the Triśiromata.
- 178. See Singh 1991.
- 179. Goudriaan 1981:50.
- 180. Windisch & Eggeling 1894:904-905; Dwivedi & Rastogi 1987{1}:259n.39.
- 181. Windisch & Eggeling 1894:866.
- 182. Also known as the Svacchandabhairava or the Svacchandaśāstra, or even the Svacchandaśāsanaśāstratantra.
- 183. Abhinavagupta, Āhnika and verse #'s: TA 1.37, 4.38, 6.50, 6.136, 6.137, 7.67, 8.11.
- 8.191, 8.237, 13.278, 13.307, 13.316, 15.21, 15.421, 16.174, 17.18, 27.58, 28.293, 35.27,

- 25.36. Jayaratha, volume and page #'s: TA 1.37, 2.42, 2.71, 3.638, 3.896, 3.1129, 3.1131, 3.1258, 4.1358, 4.1414, 4.1454, 4.1494-1497, 4.1508, 4.1549, 4.1587, 4.1622, 4.1763, 4.1795, 4.1799, 5.2160, 5.2391, 5.2454, 5.2463, 8.3661.
- 184. See Arraj 1988:124n.1.
- 185. Arraj 1988:12.
- 186. Arraj 1988:59.
- 187. Arraj 1988:118.
- 188. Arraj 1988:119.
- 189. Gnoli 1980:887.
- 190. Brunner 1974.
- 191. See Padoux 1990:chapters 3 & 7, and Brunner 1974:125n.2 & n.3.
- 192. Nos. 6472-85, 6588. (Shāstrī 1939-40:886 and listings).
- 193. Brahmā caturmukhah saumyo raktavarņah sulocanah | | lambakūrcah sutejāśca haṃsārūdhaścaturbhujah | daṇdākṣasūtrahastaśca kamaṇdalvabhaye dadhat | | vedaiścaturbhih saṃyuktah sarvasiddhiphalapradah | Dwivedi 1985a:97).
- 194. Buddhah padmāsanagatah pralamba-śruti-cīvarah| padmākṣah padmacihnaśca maṇibaddho jagaddhitah| samādhistho mahāyogī varadābhayapāṇikah| akṣasūtradharo devah padmahastah sulocanah| evam dhyātah pūjitaśca strīṇām mokṣaphalapradah| Dwivedi 1985a:98.
- 195. Manibaddha ity āhitāgnyāditvād nisthāyāh paratvam | Dwivedi 1985a:98.
- 196. Brunner 1974:125-126.
- 197. Brunner 1974:128-her term is procédés magiques.
- 198. Brunner-Lachaux 1985.
- 199. Upodghātaprakaraṇam, paramokṣanirāsaprakaraṇam, patilakṣaṇaparīkṣāprakaraṇam, patisvarūpanirūpaṇam, pañakṛtyaprakaraṇam, paśulakṣaṇaprakaraṇam, pāśalakṣaṇaprakaraṇam, karmavicāraprakaraṇam, māyālakṣaṇaprakaraṇam, kalādikāryaprakaraṇam, pratyayādiprakaraṇam, indriyādiprakaraṇam, adhvaprakaraṇam. (Bhatt 1962:iv).
- 200. Mantroddhāraprakaraṇam, snānaprakaraṇam, arcāprakaraṇam, sādhyapūjāprakaraṇam, mudrāprakaraṇam, agnikāryaprakaraṇam, adhivāsaprakaraṇam, dīkṣāvidhiprakaraṇam. (Bhatt 1962:iv-v).
- 201. TA 1.46, 202, 224; 6.227 (not 6.228 as it reads in Gnoli); 8.320, 379, 428; 9.6, 48, 190, 247, 261; 13.284, 294; 15.9, 10, 279; 16.257; 23.89; 25.24. (Gnoli 1980:886). In the commentary by Jayaratha (Dwivedi & Rastogi 1987{2}:85) on TA 1.46 he gives two quotes from the Śrīmatanga Vidyāpāda 2.6b-2.7 and 17.68-69a (see Bhatt 1977:29 and 1977:399-Bhatt's edition reads 2.6b as beginning tatah sa bhagavān devah sphuran... while Dwivedi & Rastogi's edition reads tatah sa bhagavān tšah sphuran...; Bhatt's edition also reads the first half of 17.68a as śiva-vaktrāmbujotpannam-amalam, and he notes the reading from Dwivedi & Rastogi's edition, śiva-vaktrāmbujodbhūtam-amalam as a variant reading.) Jayaratha on TA 6.227 cites Vidyāpāda 7.31a (Dwivedi & Rastogi 1987{3}:1273 & Bhatt 1977:241), and Kriyāpāda 1.58-59a (Bhatt 1982:15). On TA 8.379 Jayaratha cites Vidyāpāda 1.20b-21a and 1.21b-23a (Bhatt 1977:68 & 70-71; Dwivedi & Rastogi

1987{3}:1597-98—the two other quotes from *Matanga Vidyāpāda* in *Jayaratha*'s comments to TA 8.380 are from 2.14 and 3.33 [not 3.23 as it reads in Dwivedi & Rastogi 1987{3}:1598]). At TA 9.6 *Jayaratha* quotes *Vidyāpāda* 5.3-4 and *Yogapāda* 4.2 (Dwivedi & Rastogi 1987{4}:1640 & Bhatt 1977:103-104 & 1982:273).

202. Dvaitašāstre matangādau.... Jayaratha cites Matangapāramešvarāgama Vidyāpāda 3.21 in his commentary on this verse (Dwivedi & Rastogi 1980{2}:244, and Bhatt 1977:70).

Tantric Yoga

Chapter 6

James F. Hartzell

Contemporary Literary Accounts of 9th-12th Century Kaśmīr

### 6.0. Introduction

Kaśmīr was for centuries renowned as a high seat of Sanskrit learning and culture--a status implicit in the term śāstra-śilpin, "skilled in the art of the śāstras," as a name for the country or people of Kaśmīr. This status is also explicit in such stories as that of the poet Harsa, who, after composing the Naisadhah for King Jayantacandra of Kānyakubja, took it to Kaśmīr for approval by the paṇḍits.2 There were many great writers on poetics from Kaśmīr, beginning with Bhāmaha (late 7thearly 8th century) who wrote the Kāvyālankārah, Udbhata (latter 8th century) who commented on Bhāmaha with the Kāvyālankāra-sārasamgrahah, and Udbhata's contemporary Vāmana who wrote the Kāvyālankārasūtram, among other works. These were followed by Rudrata (9th century) who also wrote a Kāvyālankārah among other works, and one Rudrabhatta (who may be the same fellow) who wrote the Śrngāratilakah. Ānandavardhana lived in the latter half of the 9th century, and composed the famed Dhvanyālokah, followed some decades later by Abhinavagupta (late 10th-early 11th century) who wrote the Locanā on the Dhvanyālokah. To this fertile poetic tradition was added the panoply of Saivite Tantric philosophers and commentators, an ongoing Vedic tradition that saw the development of specifically Kaśmīri recensions of the Atharvaveda, Yajurveda, and other texts, as well as a thriving Buddhist culture that was so fully integrated into Kaśmīri culture that Buddha was considered an avatāra of Visnu, and a special birthday celebration of the Buddha

was held each year, prescribed in the local Nīlamata Purāṇa.<sup>3</sup> It is no wonder that the ancient name of Śrīnagar, still used in the 12th century by Jayarathaḥ in his commentary on the Tantrālokaḥ, was Pravarapura, "the most exalted city," a name not too different in sense from Śrīnagar, "the glorious city."

# 6.1. The Physical Setting

We find several descriptions by ancient historians and pilgrims of the natural beauty, fertility, and isolation of Kaśmīr. The naturally protected valley supported a prosperous community, with a thriving religious culture. Chinese pilgrims and Arabic visitors to Kaśmīr paint an attractive picture of a beautiful, naturally isolated valley with a unique sort of people, abundant natural resources, and remarkable architecture. Hsuan Tsang's description of Kaśmīr in the 7th century has a certain ring of authenticity to it. The Chinese pilgrim entered the kingdom by the Gilgit Road, the western pass, where he was greeted by the Kaśmīri king's maternal uncle, and subsequently welcomed by the Hushkara *vihāra* for the night.<sup>5</sup> He reported that

The kingdom of Kaśmīr is about 7000 li in circuit, and on all sides it is enclosed by mountains. These mountains are very high. Although the mountains have passes through them, these are narrow and contracted. The neighboring states that have attacked it have never succeeded in subduing it. The capital of the country on the west side is bordered by a great river.... The soil is fit for producing cereals, and abounds with fruits and flowers.... The climate is cold and stern. There is much snow but little wind.<sup>6</sup>

Cunningham clarifies that the 7000 *li* circuit Hsuan Tsang refers to (1,166 miles) describes the extended kingdom of Kaśmīr of the time, including with the valley "the whole of the hilly country between the Indus and the Chenab to the foot of the salt range in the south." The valley itself is only about 300 miles in circuit.<sup>7</sup> In 759 CE

the Chinese pilgrim Ou-k'ong also visited Kaśmīr, where he spent four years studying. By his time the number of *vihāras* had risen from the 100 reported by Hsuan Tsang, to about 300, and the Mūlasarvāstivādins were the dominant sect. By the latter part of the 11th century, however, many of the *vihāras* had apparently fallen into ruin, as suggested by Somendra's Introduction to his father Kṣemendra's *Jīmutavāhana*, where he says "those well-known *vihāras*, gorgeous with the array of pictures, pleasing to the eye, have passed away in the course of time," yet his father's word-pictures in the *Avadānas* "painted in variegated colours by the pencil of the goddess of learning, will not perish even at the end of time, not even by the ravages of fire or of water."

Kaśmīr's natural geography contributed to the cultural uniqueness of the area. Ou-k'ong reports on only four entrances to the valley, all guarded by gates: an eastern road to Ladakh and Tibet, the western (now called the Gilgit road) towards Gandhāra, and a northern road to Baltistān. The southern road, through the Bārāmula gorge following the course of the Vitastā river, was closed when he visited. As Alberuni described it a few hundred years later: "The inhabitants of Kashmīr are ... particularly anxious about the natural strength of their country, and therefore take always much care to keep a strong hold upon the entrances and roads leading into it. In consequence it is very difficult to have any commerce with them. In former times they used to allow one or two foreigners to enter their country, particularly Jews, but at present they do not allow any Hindu whom they do not know personally to enter, much less other people." In a somewhat later history of the area, the *Tarikh-i-*

Rashidi, written in 1544-1546, Mizra Haidar also remarks on the natural isolation. The road to Khorasan he described as too difficult for beasts of burden, requiring human porters for several days' walking, as with the road to India. The road to Tibet, while easier, he noted, is for several days' travel lined by poisonous herbs that still in the late 19th century were known to be fatal to grazing horses. Haidar tells us that one Muhammed Khan built a traveller's rest house (rabat) employing "stones of great size, the like of which are only to be seen in the temples [Imárát] of Kashmir.... The whole building is of stone, and over the doors there are huge solid blocks of stone, which I thought very wonderful, before I had seen the temples in Kashmir." Seeing those Kaśmīri temples still extant in the sixteenth century, Haidar describes 150 or more with very large, expertly fitted stones not requiring mortar.

The inside and the outside of the halls have the appearance of two porticos, and these are covered with one or two stones. The capitals, the ornamentation in relief, the cornices, the 'dog-tooth' work, the inside covering and the outside, are all crowded with pictures and paintings, which I am incapable of describing. Some represent laughing and weeping figures, which astound the beholder. In the middle is a lofty throne of hewn stone, and over that, a dome made entirely of stone, which I cannot describe. In the rest of the world there is not to be seen, or heard of, one building like this. How wonderful that there should [here] be a hundred and fifty of them!<sup>14</sup>

While Haidar offers some rather exaggerated dimensions, the largest and finest of the Kaśmīri temples was the Martand temple, i.e. the temple to *Mārtanḍa*, the sun, and was dated by Fergusson to 750 CE. Most Kaśmīri temples apparently dated from between Rānāditya's reign (578-594 CE) to about 1200 CE.<sup>15</sup>

Haidar describes three types of cultivated land in the 80-mile long valley, by irrigation, non-irrigated land, gardens, and then the fourth, level ground near the

riverbanks, uncultivated due to excess moisture. In summer the weather is pleasant, and in winter not too cold.

In short I have neither seen nor heard of any country equal to Kashmir, for charm of climate during all the four seasons. In the town there are many lofty buildings constructed of fresh cut pine. Most of these are at least five stories high and each story contains apartments, halls, galleries and towers. The beauty of their exterior defies description, and all who behold them for the first time, bite the finger of astonishment with the teeth of admiration. But the interiors are not equal to the exteriors. The passages in the markets, and the streets of the city, are all paved with hewn stone. But the bazaars are not laid out as they are in other towns. In the streets of the markets, only drapers and retail dealers are to be found. Tradesman do all their business in the seclusion of their own houses. Grocers, druggists, beer-sellers [fukái], and that class of provision vendors who usually frequent the markets, do not do so here. Silk is made from the leaves of mulberry trees, and the fruits so plentiful they are rarely bought or sold in season.<sup>16</sup>

Kashmir also apparently long served as something of a mountain refuge for those in the area. As Mizra Haidar remarks with regard to the neighboring regions of Tibet, "I can discover no spot in these districts of Tibet, which can provide winter quarters for more than a thousand men.... There seems to be no place capable of supporting a large army in winter, except Kashmir."<sup>17</sup>

### 6.2. Kalhana's References to Tantra

The preceding observations of Hsuan Tsang, Ou k'ong, Alberuni, and Mizra Haidar give us a fairly complete picture of the geography, meteorology, architecture, and general society of Kaśmīr over the several centuries around the turn of the first millennium CE. And we have noted that by the observations of the Chinese travelers, Buddhist *Tantra* at least had not taken hold in the Kaśmīr valley by the 7th-8th centuries. So while we have set the physical context of Kaśmīr, and noted some of

its cultural diversity, we need to know more of its historical development of the Tantric tradition in the area. One of the best sources for the history of the region is the mid-12th century *Rājataraṅginī* (written 1148-1150 CE), the 'River of Kings,' by Kalhapa, the brahman son of Cappaka, a minister in the government of King Harşa (1089-1101 CE). Kalhapa's text is essentially a political history, telling primarily of the rise and fall of the fortunes of various governments, including graphic descriptions of the circumstances of the endless political murders, details on enlightened water works projects, sponsorship of temples, etc. Information on religious practices is only incidentally mentioned, though with some diligent hunting through the text we can learn a great deal. We learn of the presence of *bhikşus* (RT 3.9), a temple dedicated to Capḍikā/Cāmuṇḍā (RT 3.33, 3.40.,3.46), members of the Śaivite *kapālikas* (RT 3.369, 7.44, 8.1312), a temple to Śiva as Mahākāla (RT 4.162), a temple where Bhairava is worshipped with the *mātṛcakra* (RT 5.55), and one mention of Bhaṭṭa Kallaṭa, who wrote a commentary on Vasugupta's *Spandakārikas* (RT 5.66), a principal text in the *Spanda* tradition of Kaśmīri Śaivism.

There are several apparently specific references to Tantric practices in Kalhaṇa's text (who did not approve of *Tantra*), <sup>19</sup> and we shall examine these here, as they shed considerable light on the social position of the Tantric tradition in the 10th and 11th century Kaśmīri society. The first reference occurs in the context of discussing the reign of the benevolent king Yaśaskara (939-948 CE), <sup>20</sup> and strongly suggests that women served as Tantric gurus in Kaśmīr, and that at least some Tantric rituals were public knowledge. Kalhaṇa reports that Yaśaskara was elected to power

by an assembly of Brahmans after the reign of the terrible and patricidal Unmattāvanti (937-939 CE), and the short-lived reign of the boy-king Sūravarman II, a boy "whom the servant girls of his seraglio had procured from somewhere and falsely declared to be the king's son."

The Brahmans assembled in Gokula to determine the successor, and "long lasted the discussion as to the disposal of the crown, while those [Brahmans] whose beards were scorched by smoke, wished to raise this man or that to the throne."

Yaśaskara was the son of Prabhākaradeva, treasurer to King Śamkaravarman, and he had lived abroad after falling on hard times financially.

When he returned, he impressed the Brahmans with his eloquence (and perhaps because he was something of an outsider to the recent court degradations), and was consecrated as king.

They apparently made a very good choice since Yaśas restored the kingdom to rule of law and to prosperity. Yaśaskāra also built a *maṭha* on his father's land, and granted fifty-five *agrahāras* (reserves for preserving Vedic practices) to the Brahmans, though he later died of an abdominal disease.

The land became so free of robbery, that at night the doors were left open in the bazaars, and the roads were secure for travellers. As he exercised careful supervision, the functionaries, who had plundered everything, found no other occupation but to look after the cultivation. The villagers, being wholly absorbed by agriculture, never saw the royal residence. The Brahmans, devoted [solely] to their studies, did not carry arms. The Brahman Gurus did not drink spirits while singing their chants. The ascetics did not get children, wives and crops. Ignorant Gurus did not perform the Matsyāpūpa sacrifices, and did not by texts of their own composition revise traditional doctrines. There were not seen house-wives figuring as divinities at the Guruconsecration (gurudīkṣā), and by shakes of their heads detracting from the distinguished character of their husbands. Astrologer, doctor, councillor, teacher, minister, Purohita, ambassador, judge, clerk--none of them was then without learning.<sup>24</sup>

Stein explains in a note that "The Matsyāpūpayāga is a complicated sacrifice occurring in the Tantric ritual and still known in Kaśmīr. It is mentioned in connection with Tantric śrāddhas in the v. chapter of my MS. of the Mṛtitattvānusmaraṇa. Fish and cakes (apūpa) are offered at it."25 In another interesting note he mentions that women served as Tantric gurus: "The gurudīkṣā is a Tantric rite by which the pupil (sādhaka) is initiated as a guru or teacher.... The tradition of Kaśmīrian Pandits knows of cases, alluded to by K[alhana], in which women have assumed the position of Tantric Gurus [my boldface]. At the gurudīkṣā and other Tantric ceremonies, the Guru and his spiritual predecessors are worshipped by the sacrificers under their proper names coupled with those of certain deities. K[alhana]'s sally is directed against women who, having assumed the dignity of Gurus, presume to criticize their husbands' conduct." Kalhana's and Stein's references to the tradition of women serving as Tantric gurus are confirmed by the fact that in the Krama school of the Kaśmīr Śaivite tradition women occasionally were gurus and custodians of the lineage. Jayaratha, the 12th century commentator on Abhinavagupta's Tantrāloka, refers to the three students of Śivānanda (800-850 CE) who were each known as pitheśvari, the 'Ladies of the pilgrimage site', Keyūravatī, Madanikā, and Kalyanikā (825-875 CE); they maintained the lineage of the tradition, and taught the next generation of teachers.<sup>26</sup>

While it is evident that Kalhana did not approve of Tantric practices, several kings apparently adhered to the tradition, and their celebration of Tantric rites within the royal household was well-known to the populace at large. We cite three examples

here of disreputable royal Tantric behavior. Kalhana reports on King Kalaśa, who ruled Kaśmīr from 1063-1089 CE:

Though the king had reached a mature age, he did not get rid of his vice and the evil habits which the wretched foreigners had taught him. The *Takka* called Vulliya bought from *Turuşkas* girls born in various distant regions and brought them to him. With these and the wives which he had taken away from others, being enticed by their beauty, he brought the number of the ladies of his seraglio to seventy-two. Though he disported himself daily with many women, his strength did not fail him, on account of [the use of] fish-broth and other aphrodisiacs. And eagerly bent on the celebration of the great rites (*mahāsamaya*), he took great cups in the company of Gurus, without regard for moderation. This [king], whose doings were thus of a mixed character, built afresh the town and Śiva's stone temple at *Vijayakṣetra*, which had been burned down.<sup>27</sup>

Stein considers that *mahāsamaya* and the drinking of spirits refer to Tantric rites.<sup>28</sup>
This view is quite reasonable, given that we find the term *samayin* used in both Saivite and Buddhist Tantric literature to refer to Tantric initiates, and *samayācāra* frequently used as a code term for the group rites of sexual yogas.<sup>29</sup> Whether Kalhaṇa's reference to *mahāsamaya* here is to actual Tantric rites, or simply a sarcastic analogy between the King's licentious ways and Tantric sexual rituals is not clear; yet the very use of the term suggests a general familiarity with Tantra by both Kalhaṇa and his readers.

The same term *mahāsamaya* is used by Kalhana to refer to apparently Tantric rites in another passage. Describing the sway of an evil guru Pramadakantha over King Kalaśa, Kalhana says:

This teacher (*guru*) instructed him [the king], who was evil-disposed by nature, in wicked practices, and made him ignore the distinction between those [women] who are approachable and those who are not. What more need be said about the unscrupulousness of this teacher?

He, without fear, lived in incest even with his own daughter. Those honorable and learned men (*bhaţtapāda*) who knew how to behave at great rites (*mahāsamaya*) without fear, and who, grimly conscious of their own power and inaccessible to terror, would not pay regard even to Bhairava,—they fell to the ground in fear and bent their knees before the 'cat-merchant,' and were put at ease [again] when he placed his hand on their heads.<sup>30</sup>

Again, we have some indication here of versions of Tantric rites. The references to the *mahāsamaya* and to Bhairava convey the sense that even the Tantric initiates, who were not frightened by the terrifying images of the ferocious aspect of Śiva popular in the Śaivite Tantric traditions (Bhairava), were intimidated by this evil guru Pramadakantha.

Another rather amusing popular depiction is Kalhana's condemnation of the congress of King Harşa (1089-1101 CE) with apparently Tantrically trained Dombi ladies, with distinct references to the sort of alchemical potions we find described in great detail at the end of the fifth chapter of the Kālacakratantra and Vimalaprabhā:

"These [slave girls], instructed by the parasites, who taught them [to give] counsels, etc., [pretended to have been obtained] from conversations with the gods, confused his mind. Some among these [slave girls] showed themselves eager for amorous intercourse at those occasions, and the king forsook his good fortune by touching them with his own body. As he was anxious to live for a very long time, they granted him, when in his foolishness he asked for a long life, hundreds of years to live. When he desired to give magic perfection to his body (pindasiddhi), some Dombi made him swallow a drink which, he pretended, was an elixir having that power. What object is there relating the other foolish acts of this [king], who at the bidding of his parasites gave away portions of his life as [if it were] a procurable property?<sup>31</sup>

The use of alchemical potions to obtain *siddhis*, and in this case *kāya*- or *pinda-siddhi*--the alchemical ideal of the indestructible body--was widespread in

Tantric circles. Alchemy became particularly popular beginning around the eighth century, <sup>32</sup> and we find a substantial section of the fifth chapter of the *Kālacakratantra* devoted to the subject. A single example should make this clear. The *Kālacakratantra* verse 5.225 reads: "Knowing the thousand fold penetrator, the hundred-thousand fold penetrator, and the ten million fold penetrator (types of mercurial preparations), [It] is to be eaten, in the amount of a mustard-seed, at the proper time every day, and immediately following that, a one third mustard-seed portion [is to be consumed], <sup>1</sup> [As a result] A house on earth becomes a palace, and free of cold winds and [excessive] heat; After six months, this middle one [the mercurial *rasa* or potion] makes the divine body, free of wrinkles and grey hair."

There is also a substantial body of Śaivite and Buddhist alchemical *Tantras*—the so called *Rasāyana* literature, largely devoted to the preparation and consumption of various elixirs intended to extend or prolong life, combat aging, and cure the practitioner of various ailments.<sup>34</sup>

While none of the preceding passages provide detailed descriptions about Tantric practices in Kaśmir, Kalhaṇa's allusions do suggest that Śaivite Tantric practices were popular in royal circles, and were disapproved of by Kalhaṇa and some of his peers. Though the Tantric traditions may have been secret during earlier centuries, it certainly appears from the Rājataraṅgiṇī evidence that at least the sexual and alchemical doctrines and practices had from the 10th century, and at least in Kaśmīr, become very public, enjoying under several different kings royal patronage and participation. The references to women as Tantric gurus given in Stein's note

and Rastogi's discussion certainly add a new dimension to the recent arguments put forth by Miranda Shaw about the role of women in Tantric Buddhism.<sup>35</sup>

Kalhaṇa's Rājataraṅginī cast a long shadow over any historical work on Kaśmīr by later writers. Indeed, most of the modern historical works on the area coming out of India either look at the ancient geology, or paraphrase Kalhaṇa's work, then add paraphrases of his Persian successors. Little new is offered in these works that cannot be found in Stein's translation and notes. Kalhaṇa's treatise contains much myth and legend for the earlier dynasties, and only becomes truly historical close to his own time. Given Kalhaṇa's predilection for relating the details of political infighting, his text is of limited use for religious history of the time and region. So we must turn elsewhere--to contemporary stories, poems, and satires--to gain a fuller sense of the sociological aspects of Tantric practice in Kaśmīr.

## 6.3. Kṛṣṇamiśra's Satire of the Tantrikās

We have discussed the *Kāpālika* element in Śaivite and Buddhist Tantra in the third chapter of this dissertation. One eleventh century play, though not written by a Kaśmīri, was undoubtedly known in Kaśmīr--given the valley's far-famed intellectual culture. The *saṃnyāsin* Kṛṣṇamiśra, under the patronage of King Kīrtivarman (perhaps in Khajuraho) wrote in 1065 the Sanskrit allegorical drama *Prabodhacandrodaya* ('the Moonrise of Wisdom'), <sup>37</sup> wherein Devotion to Viṣṇu (*Bhakti*) as a character defeats Delusion, Greed, etc. through the help of the *Upaniṣads* etc. as characters. <sup>38</sup> Certain rather surprising details of the practices of various sects emerge in Act III, strongly suggesting that in the popular opinion of the

day, many of the so-called ascetic holy orders of India were thoroughly corrupted by wine and women, and that Tantric doctrines were just a cover for licentious and libidinous behavior. A Jaina enters at one point, and after offering homage to the Arhats, and declaring that the self shines like a lamp in the city of nine gates (i.e. the body), <sup>39</sup> says that the intrinsically pure self is knowable through service to the *rşis*. What sort of service? "From a distance one should prostrate oneself at their feet and should welcome them and give them sweet food. One should not become polluted with jealousy when the *rşis* enjoy [sexually] the [worshippers'] wives." Shortly thereafter a Buddhist mendicant enters the scene, and espouses a similar doctrine, after a brief rendition of the doctrine of the momentariness and non-ātmic nature of all things:

(Walking around and continuing proudly) How good is the religion of the Buddha when there is (sensual) enjoyment as well as liberation. For--(living in) beautiful houses, (possessing) prostitutes who are to their liking, (having) food of their taste at any time they desire, (sleeping on) soft beds, they who meditate with faith (on Buddha) spend the nights bright with moon light, with happiness derived from sporting with young women offering their bodies.....Oh! worshippers and mendicants, listen to the Lord Sugata's sayings of nectar. (Reads from the book) 'I see with a divine eye how people rise and fall (in transmigration). All conformations are momentary. There is no lasting self. Therefore when mendicants take (your) wives you should not feel jealous. Jealousy is only an impurity of the mind.<sup>41</sup>

The Jaina and the Bhikşu then engage in a passionate philosophical debate, only to be interrupted by a Kāpālika (also called Somasiddhānta<sup>42</sup>), who enters in grand style:

"I, who am adorned with a garland of human bones, who live in the cremation ground and who eat out of a human skull, with an eye purified by the ointment of Yoga, see the falsely differentiated world as non-differentiated from *Īśvara*." The

Jaina challenges him to explain his religion. "Oh Jaina monk, you better know our religion. We who offer oblations into the fire in the form of human flesh filled with brains, entrails and marrow, break our fast with alcohol kept in the skull of a Brāhmana. Our god Mahābhairava has to be worshipped with offerings of human sacrificial victims, lustrous with nectar-bearing/streams of blood flowing from the freshly cut stiff throat [of the corpse, presumably, suffering from rigor mortis]."43 In a riotous follow-up to this encounter, the three pseudo-ascetics engage in debate, with the Kāpālika threatening at one point with his sword to kill the Jaina, who begs off the quarrel by invoking ahimsa while being protected by the Bhikşu. Things settle down, and the Kāpālika, at the Jaina's request, begins to explain the virtues of Pārvatī's embrace for attaining liberation. On cue, Faith (she's played other roles) enters as a Kāpālinī, and at the Kāpālika's command embraces the Bhikşu. The Bhikşu, overwhelmed by her swelling breasts and provision of sensual pleasure, forswears his faith and becomes the Kāpālika's disciple. The routine is repeated with the Jaina, who follows suit. The Kāpālika then drinks alcohol out of a skull-cup, and offers it to the Jaina and Bhiksu, both of whom at first refuse. He says aside, "Faith, what are you thinking? The beastly nature of these people is not yet removed. Therefore they think that this alcohol which has come in contact with my mouth is impure. Therefore you purify it with the liquor of your mouth and then take it to them; for, even the holy people say that 'the mouth of a woman is always pure.'"44 This of course does the trick and the two eagerly drink down the liquor. After a drunken dance, the Jaina asks the Kāpālika about the power of attraction, and the

Kāpālika replies: "Whomever I desire in the three worlds, whether a Vidyādharī, a God's wife, a Nāga woman, or a Yakṣa girl, I bring them here through the power of my knowledge."

Rather than take the preceding depictions as unbiased, given the Vaispavite cast of the plot, we may take these depictions as indicative of Kṛṣṇamiśra's general opprobrium of Jaina, Saiva, and Bauddha yogis--though he never uses the term Tantra in any form. The author evidently conceived of the Kapalika as in some way the prime corruptor and principal exponent of the licentious sexuality Tantra was perceived as promoting, while making clear that Buddhist and Jain "ascetics" were no more innocent of these behaviors than the Saivites. These rsis apparently took great liberties with their positions of religious authority, using their status as a cover for seducing the wives of their devotees, and using their philosophical doctrines (such as momentariness, mental purification, etc.) as rationalizations for whatever they chose to do. Kṛṣṇamiśra's Kāpālika character in particular describes horrific practices from the cremation grounds where corpses are violated to provide offering material for the terrifying deity Bhairava. He at least is honestly brazen in his proud claim of using magical rites to draw his various lovers to him--and this may be part of Kṛṣṇamiśra's intent here: to show that at least the Kapalikas made no attempt to cover up either their activities or intentions. While we can't read too much into this depiction, as it is intended both as comedy and as a moral allegory, nonetheless we can conclude, within the context of other such descriptions given below that Kṛṣṇamiśra's work captured some aspects of the reality of life in his day. His depictions suggest, as

mentioned, that there was a broad public perception of Tantric practices as licentious, libidinous, hypocritical, and corrupt.<sup>46</sup>

### **6.4. Ksemendra's Social Satires**

Some of the best source material we have on the life and times of the populace of 11th century Kaśmīr are the works written by Ksemendra. Son of a wealthy Kaśmīri nobleman and philanthropist, 47 and student of Abhinavagupta in the subjects of poetics and aesthetics, Ksemendra was a productive poet who lived in the first half of the 11th century CE, and wrote some 39 works (20 now lost) between 1035-1066.48 Born into a Śaiva family, he became a Vaisnava<sup>49</sup> under the influence of Somapāda, and developed some sympathies for Buddhism<sup>50</sup> (he's the first identified writer to include Buddha among the list of Vişņu's avatārās, though this follows a doctrine established in the Nīlamatapurāṇa). He earned a less than glowing reputation among earlier Indologists for his workman-like summaries of earlier epics (though his retelling of Jātaka tales in the Bauddhāvadāna-kalpalatā was sufficiently valuable to Buddhists that it was translated into Tibetan). His journalistic satires and didactic tales are however unique among his peers for their realistic depictions of his contemporary society, shorn of the ornate language typical of the Sanskrit kāvya poetic style that characterizes most of the 'histories' written to honor various royal patrons. Among Ksemendra's surviving works are four satires of the political, moral, and social degradation of his day: The Garland of Humorous Accounts (Narmamālā), Advice about the Region (Deśopadeśa), <sup>51</sup> The Mother of the Samayas (here a play on the Tantric term, indicating meetings or situations a young prostitute gets involved in)

(Samayamātṛkā), written in 1050 CE, 52 and Amorous Sport with the [sixty-four] Practical Arts (Kalāvilāsa). 53 Though we cannot rely on Kşemendra for a objective view, given his penchant for satirical critiques, other than Kalhana his are the only accounts of Tantric activity at the time that I know of that were not written by an advocate of one of the Tantric schools.

## 6.4.1. The Samayamātṛkā

Though Samayamātṛkā is always mentioned and usually briefly summarized in works on Kşemendra, there is as yet no readily available English translation,<sup>54</sup> so all of the translated sections that follow are my own work. The opening lines of the story set the stage, and indicate Ksemendra's attitude towards the Tantrikas by a passing reference (that I have boldfaced):<sup>55</sup> "The three worlds are conquered by that missile from Kāma's wind; homage to that one of variegated powers, with the bow of flowers. In whose unbearably terrifying hole of a face the universe dissolves, where even the three worlds have the characteristic, seemingly, of a quivering young sāpharī fish in a turbulent ocean; we praise that terrible full grown Kālī who causes the confusion of the host of embodied beings and whose causing of the extent of time was not understood even by all the ancient ones. This Samayamātrkā of the prostitutes was written by Ksemendra using the secret meanings of the Tantras and mantras."<sup>56</sup> However, as becomes abundantly clear from the rest of the story, as far as Ksemendra is concerned Tantra isn't much more than a facade for sexual indulgence with prostitutes--so the humor and satirical elements of the tale must have been quite obvious to the author's contemporary readers. He introduces the heroine

of the tale, the prostitute Kalāvatī:

There is a house of sexual pleasure for those well-off, offering the appearance of carnal pleasure; there is a courtyard for amorous sport for the erotic deity who is the guru of the clan of beautiful women; there is a city far away in the Kaśmīrs,<sup>57</sup> renowned with a name of having obtained the state of greatness, adorned with good fortune of the most beautiful woman on earth, the best place for lovers' meetings. Where, the one (i.e. Kāma) who was terrified by the fire in the eyes of the three-eyed one abandoned the three worlds, 58 the one with the odd number of arrows<sup>59</sup> lives on the slope of the three lines [in the lower abdomen]<sup>60</sup> of the townswomen. There, there was a beautiful woman, whose splendor conquered the moon, sprung from Kāma's pride; called Kalāvatī, 61 a courtesan, who humbled the añjana on her two eves. With a firmness in her two breasts, and with a curvature to her two eyebrows: with a blackness in her two eyes, the harlot exhibited herself, unashamed. She, having ascended to the upper apartments of the palace, saw on the path the barber--the guru of the prostitutes, friend to the amorous sports of the lovers. His mouth visible through a mass of beard, his eyes glassy with  $k\bar{a}ca$ ; fat, like an autumnal cat with frogs on the banks of the river. A kettle-drum for the amorous sports of the paramours, like a pitcher of melted copper; holding a frying pan on his bulky bald head, as a border to the garland of his hair; with distracted eyes above frightening spittle of betel chews. She called to him, having brought him near with by knowing winks.<sup>63</sup> He, coming towards her, seeing her eyes steady with anxiety; asked her, smiling, concealing his fondness for amorous sport: "Why suddenly is your face hanging down in meditation in the palm of your hands, are your curls hanging low, has your collyrium lost its mark below your two eyes, and your breath is sighing? [Why suddenly] is the bird of amorous sport caged up by the silent eunuch, and made to sleep in the house, and the usual egress of women going abroad [curtailed]?<sup>64</sup>

So the picture is set: Kşemendra will tell us a tale employing the "true" meaning of the *Mantras* and *Tantras*, and that tale will be a bawdy one of prostitutes, with a fat slob of a barber as a principal interlocutor. The reason I've included extracts from this tale here is because of the remarkable second chapter of the work. While not all the information in the chapter is entirely relevant to the discussion of Tantra, Kşemendra's (sometimes rather lewd) account of the life and times of the

prostitute Kuttanī in Samaya II is chock-full of interesting details about life in 11th century Kaśmīr, and helps give us a much more colorful picture of the society than we can get from only the Tantric texts themselves. It is also evident from the curiously quick-moving nature of the narrative that Kşemendra is really using the frame of the story to give a sort of journalistic account of life in Kaśmīr in the 11th century. Kuttanī moves rapidly from one setting to another, engaging in a wide variety of trades and religious practices, and Ksemendra manages thereby to give us all sorts of specific information on locations of shrines, mathas and vihāras, and details of a host of fraudulent religious practices and unseemly social behavior, as well as a wide variety of small-time commercial ventures. All this is neatly woven into the biography of a truly amazingly cunning young woman. We learn that prostitutes worked at the gates of open markets, as well as at tirthas, cisterns, guest houses and private homes. Temples housed statues adorned with valuable jewels, while warring feudal landlords lived with their concubines who freely employed magical rites to win them as spouses. Sexual shenanigans went on at the sabhās (academic conferences), in the mathas, and at the Buddhist vihāras of monks and nuns, supporting the impression given in Kṛṣṇamiśra's Prabodhacandrodaya that all was not what it seemed with the ascetic holy men and women of the day.

The setting of the second chapter of the Samayamātṛkā is that because Kalāvatī is so despondent, her friend Kaṅka, the barber, tells her about the aged prostitute Kuṭṭanī who is to become Kalāvatī's teacher. By way of introduction, he gives a brief history of Kuṭṭanī's life (my translation):

Now Kanka told the story of Kuttanī to the properly attentive Kalāvatī, (a story that was a veritable) refuge of fraudulent tricks. 'Paying homage to the all-consuming Bhairavī of Bhava (Šiva), I will tell the story of her in whose belly the three worlds (reside). In Parihāsapura<sup>1</sup> there used to live a woman named Bhūmikā who ran a traveller's lodge..... She gave birth to a daughter on top of a cluster of grinding stones; she [the daughter] was called Arghagharghatikā.<sup>2</sup> As she grew up she became very beautiful, and was honored by the townsmen at festivals; in their houses a thief [i.e. young Kuttanī] stole the vessels of worship. A sassy talker already at age seven, her mother greedily brought her to the market gate as a article of sale; she was known to the world as Jālavadhā.3 With a well-fitted necklace of conch and pearls, and a bodice fitted with false breasts, she provided satisfaction to lovers by kissing and embracing them. Then a handsome, youthful merchant's son named Pūrnika4 came there seeking saffron, with real gold<sup>5</sup> in his possession. Drawn by the amorous dance of eyebrows moving excitedly about their eyes during the sabhā, the curious fellow enjoyed nighttime liasons with adulterous wives. Hanging about his neck while he slept off his drunkenness during the night, she [Kuttanī] slowly devoured (i.e. took off) his entire golden earring. As she took off the golden finger rings and signet rings from his fingers, the merchant woke up suddenly; he cried out noisily, 'Hā hā, I am being molested by a thief!' Shamed by her own people, she fled, covering her head with a garment. Then [blossoming] in adolescence, adorned with beautiful ornaments, she settled in Śankarapura, taking on the name Mahlanā.<sup>6</sup> Addicted to the enormous heaps of flowers, with the abundant burdens of good fortune, she took no respite from carnal enjoyment either in the day or night. There was no counting the number of those coming out, those going in, or those eagerly waiting outside of her house like lustful dogs. At wells, at cisterns for travellers, in pleasure gardens, in the flowery houses at the well-springs, and in her friends houses, she daily 'consecrated' lovers

<sup>&</sup>lt;sup>1</sup> A town in the modern Parasapor *pargana* of Kaśmīr, where Lalitāditya built several temples; See Stein 1991{2}:300-303 and Index.

<sup>&</sup>lt;sup>2</sup> 'The little offering of gargara fish.'

<sup>3 &#</sup>x27;The deadly snare'.

<sup>4 &#</sup>x27;The complete one'.

<sup>&</sup>lt;sup>5</sup> 'Gold of full color,' i.e. not mixed with something else.

<sup>&</sup>lt;sup>6</sup> Śaṅkarapura was founded King Śaṅkaravarman, 883-902 c.e., the modern Paṭan, halfway between Śrīnagar and Bārāmūla; (Stein 1991{2}:481).

on an equal basis. At the beginning of the night, leaving a drunkard on the bed like a child, then she went to another, and to still another who fell asleep from a surfeit of sex; for the remainder of the night, under the pretext of going to her own lady friends' houses, overburdened with what [constituted] her own merchandise, she went continually to other [lovers to relieve them of] their own burden of purchases. Intensively pursued by various charming, yet angry thieves, she fled from them and took refuge in the protected houses of her lovers. Then one night she was let into the Parvatī's inner sanctum¹ by the love-blind palace guard Nandisoma. When he was dead asleep, 2 she stole the goddess' jewelry and quickly fled. Then she became a concubine named Nāgarikā<sup>3</sup> to the *Dāmara* (feudal landlord)<sup>4</sup> Samarasimha who lived in Pratāpapura.<sup>5</sup> Having fattened [herself] up on his abundant supplies of meat, she became as dear to him as Hidimbā was to Bhīmasena.6 Having attained total mastery over that impassioned man, wishing to destroy him, she urged him into battles with his relatives. Once his group of paternal ancestors (i.e. father, uncles, grandfathers, etc.) had been killed, since she was firmly rooted in the household, she became the concubine of the eldest son, Śrīsimha. With her youthful beauty beginning to fade, and desiring to become the wife of the young man, she managed to marry him by means of (magical) allurements (vasīkaraṇamūlakaih). With fish soup, ghee, milk, onions, garlic, etc., she became the one that the dear young fellow was intent upon marrying.<sup>7</sup> Then, beginning to fear the king after spending too much time with him, stealing a significant amount of money, she fled for another city. There, wearing very delicate white clothes, [acting] downcast, she became the widow named Mrgavatī, the [mother] earth of those yearning for physical contact. She went constantly to

<sup>&</sup>lt;sup>1</sup> Also a metaphor for love-making, 'introduced to the inner sanctum of the virgin'.

<sup>&</sup>lt;sup>2</sup> Literally, 'when by the breathing of sleep he'd reached the state of becoming like a log.' (niḥśvāsa-nidrayā tasmin prayāte kāṣṭhabhūtatām). (Durgāprasād & Parab 1888:8).

<sup>&</sup>lt;sup>3</sup> 'Cunning, yet courteous'.

<sup>&</sup>lt;sup>4</sup> See Stein on *Dāmaras* (Stein 1991{2}:304-308, where he also cites this passage).

<sup>&</sup>lt;sup>5</sup> The modern Tāpar, founded by King Pratāpāditya-Durlabha in the 7th c., "about four miles northwest of Paṭan on the high road to Bārāmūla." (Stein 1991{2}:482).

<sup>&</sup>lt;sup>6</sup> Hidimbā was the sister of a demon slain by Bhīmasena who then married the hero.

<sup>&</sup>lt;sup>7</sup> Meyer refers us to *Rājatarangiņī* 7.522, where fish-soup is also named as an aphrodisiac used by King Kalasa to maintain his rampant sex-life. (See Stein 1991{1}:310).

Sureśvari, 8 [spending] a long time on the banks of the Śatadhārā [spring]; anointed with sesamum, camphor, and darbha, she made offerings to the ancestors. Staying there at the tīrtha, she captured a very wealthy horseman (cavalry man) named Bandhusāra, i just as the wife of a crane (and a thief) catches a fish. Seizing his house with one fist, and skillfully seizing hold of his mind [with the other], she became his master in all his financial affairs.3 When after a month this wealthy fellow died, she stood, holding up his two feet (at the funeral pyre), prepared to follow him. There, surrounded by his relatives, pretending that it was difficult to begin, she summoned up profound composure and spoke like a noble wife: 'Widowhood in a great family, the confusion about one's identity in widowhood, and the (sense of) loss in the destruction of one's identity; (all) this will leave me by [means of] the fire.' So speaking, as though made of immoveable rock with her intense will, she maintained as it were the appearance of goodness because of her joy at having gained (all of) his wealth. Then [as a result of the charade, at [their] request she remained with the king's ministers, having gained control over all of his wealth through an order of the king, engaged in amorous sports. Taking under her control the accounts-clerk of the royal stables, who was a veritable stud-horse of erotic pleasure, she caused a revolution in her own name in the world of the living. In the pursuit of profiting from him, she regularly stole away the mind of that accounts clerk by conversations interrupted with amorous sports in the river bath-house.<sup>4</sup> After plundering [the king's treasury] all day with numerous loans (written on) birch-bark (see endnote<sup>65</sup>), [he] ate and drank even more during the night so as to become a veritable Kumbhakarna;<sup>5</sup> in the morning, rousing [himself]

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<sup>&</sup>lt;sup>1</sup> Stein remarks that "The Tīrtha of Sureśvarī is often referred to in Kalhaņa's Chronicle and Kaśmīrian texts as a spot of exceptional holiness. It was particularly sought by the pious as a place to die in. The pilgrimage to Sureśvarī is connected with visits to several sacred springs in and about Iśabar. One of them, Śatadhārā, is already mentioned by Kşemendra. It is passed in a narrow gorge some 1500 feet below the rock of Sureśvarī."(Stein 1991{2}:455.)

<sup>&</sup>lt;sup>2</sup> 'The best of kinsmen'.

<sup>&</sup>lt;sup>3</sup> Lit: of his income and expenses.

<sup>&</sup>lt;sup>4</sup> Snānakoşthake; Stein describes snānakoşthakas, also called saritsnānagṛhas or majjanāvāsa as "wooden bathing-cells placed on rafts which are found also nowadays near most of the river and canal Ghāts of Śrīnagar." (Stein 1991{1}:56n.706-710; RT 8.706, 8.1182, and 8.2423. In his note to RT 8.2423 Stein cites this passage of the Samayamātṛkā (Stein 1991{1}:188n.2423).

<sup>&</sup>lt;sup>5</sup> Apte cites the story of the demon Kumbhakarna from the *Rāmāyaṇa*; after Kumbhakarna (continued...)

from his deceitful fantasies with the art of mutual bathing (i.e. as he and she bathed each other), he extinguished the alcoholic fire with his inner water (i.e. urine). She, with her other son grown up (?),1 devoted to the stable-clerk's pleasure, she stole the money, selling the entire world of the living (i.e. selling everything the king owned). When she was prevented from seizing [the proceeds] from the sale of the house, having been dragged [from there] by [his] sons, she undertook to serve the master of the mathi, having gone before a tribunal (court of justice). With her wealth seized and desired by those Bhattas such as Kūtaratha³ etc. who fought with each other to have first crack at the bribes.<sup>4</sup> she seized the victorious writ (i.e. won in court). Selling the house, taking everything, in fear of the sons, dressed in bright apparel, she went to the refuge of a Śākta-matha. Making her blond hair black by smearing it with dye, she became there a trader in new goods, like a .... Going about as a guest, ...., since rumor had it that she was the wife of a merchant, she made additional sales. People run about as blind followers, eager for gossip, without ever considering whether the facts of a story are true or false. Her tongue exhausted and her hands drooping from drinking from the vessels of her lovers, her fingers cut (from love-bites?), she seized again and again the opportunity for passion. Captured by roguish paramours while she stealing the thieves' property, though denying what was perfectly obvious, she was well tied up and placed in confinement. Making love there (in jail) with the jail-guard named

<sup>&</sup>lt;sup>5</sup>(...continued)

had devoured thousands of beings Brahmā cursed him, and Kumbhakarna began practicing very rigid austerities. Brahmā, pleased, was about to grant him a boon when the gods intervened and Sarasvatī sat on his tongue. Instead of asking for *Indrapada* he said *Nidrāpada*, and so slept afterwards for six months at a stretch, waking only for a day. Rāvaṇa woke him to save Laṅkā, and Kumbhakarṇa consumed 2000 jars of liquor, with copious quantities of food, before engaging the battle.

<sup>&</sup>lt;sup>1</sup> The text reads pravrddha-apara-putrā; Meyer interpolates Stiefsöhne, i.e. step-son. (Meyer 1903:17).

<sup>&</sup>lt;sup>2</sup> Appears to indicate "a court" here.

<sup>&</sup>lt;sup>3</sup> 'Having a phony chariot'.

<sup>&</sup>lt;sup>4</sup> This is a slight interpolation on my part; the Sanskrit is *utkoca-ārabdha-saṃghatṭair* bhaṭṭair, 'by the Bhaṭṭas who were in conflict over the beginning of the bribes.'

<sup>&</sup>lt;sup>5</sup> Text missing here and in next line.

Bhujanga, 6 she was unrestrainedly happy while consuming fish, cakes, and wine. Then, while in a deep lovemaking embrace with the jail guard, intently kissing the drunkard, she bit off his tongue in order to free herself. Dressing him--who was unconscious due to his tongue being cut off and unable to cry out--in women's clothes with her own garments, casting off her chains, she fled. With her iron chains broken, she reached Vijayeśvara<sup>2</sup> at night. There she declared "I am the daughter of a high minister," calling herself Anupamā.<sup>3</sup> There she was showered with jewels by the classically handsome youth Bhogamitra<sup>4</sup> until he had virtually nothing left. With carefully heightened breasts, with her hair straightened, ... (text missing) ..., and tied with a red ribbon, (her eyes) marked with thick straight (lines) of collyrium, concealing her face with a cloth reaching halfway up her nose, this Vidyādharī fascinated the foolish ones (who said), "who is this fresh young marvel?" Someone who had however out of initial curiosity seen her naked one day, was so disgusted they were no longer able to go out in the street. Like a cold house in winter, or a row of lamps during the day, an old prostitute is like a worn out garland--what is she good for? Due to lack of customers there, she put up (instead) with itinerant travelers; she asked for small wages by attracting them with the hem of her dress at sundown. [Then,] as a female ascetic named Śikhā ('fire'), she 'made contact' with a male ascetic named Bhairavasoma, who provided her with half of his food from begging. Relishing in and provided with a body smiling with ashes, wearing collyrium to liven up her eyes (Ksemendra's joke, an ascetic wearing eye makeup), wearing a clean, clear crystal rosary round her neck--as her friend in despair, her arms and breasts were well supported as she was wrapped in a full unwrinkled bodice. Coming out at the time for begging, she caused great consternation among the perplexed (ascetics). When there was a famine there, and food was very difficult to obtain by begging, she left in the night, taking with her the ascetic's (image of) the mother of the gods, etc. Arriving at the Krtyāśrama vihāra, her possessions having been stolen, she became the bhiksukī called

<sup>1 &#</sup>x27;Serpent' or 'paramour'.

<sup>&</sup>lt;sup>2</sup> Vijayeśvara is the modern Vijabrōr, about two miles north of Cakradhara, with a bridge over the Vitastā since the 12th century; it was the site of a famed Śaivite *tīrtha*, with temple and *linga*, long since destroyed by fire and a Muslim ruler. (See Stein 1991{2}:463-464 for a history of the town.)

<sup>&</sup>lt;sup>3</sup> 'Incomparable'.

<sup>4 &#</sup>x27;A friend to enjoyment'.

Vajraghantā, who was firm in her meditations. She made her head adorned by baldness, like unto a pendulous, split open pumpkin gourd for receiving alms, a [veritable] intimate guild-monastery for trapping customers (vitas, court dandies and customers of the prostitute). She was always very shrewd about instructing devotees in the mandala; in each house occupied by virtuous women, she provided instruction in loose morals. She became the most worshipped among prostitutes for her techniques of manipulation, among merchants for her ways of increasing her wealth, and among fools by her recitation of mantras. Then, by making love to the servant of a lay Buddhist, she conceived a child, as an incarnate hindrance to the pleasures of religious hypocrisy. With her great [pregnant] belly hanging down, the inflow of alms was cut off; giving birth to the child, she abandoned it, and returned again to the city. There, wearing a wig, she was introduced as virtuous wetnurse of the wife of the minister Citrasena when their son was born. As the wet-nurse named Sārdhakṣīra,3 sitting on the lion's paw kuśagrass seat with a child in her lap, she looked around, as though ready to consume the entire house in a [single] mouthful. To guard against her milk stopping, she ate juicy foods; as wet nurse she became the provider of prosperity in the minister's house. A coral necklace about her throat, a pair of silver earrings on her ears, her two arms enjoyed the most excellent armlets (vatakas) connected with very large clasps; her hips girded by thick cloth hanging down and brushing against her ankles, the ancient body of the wet nurse was renewed by nourishing foods. Then, when the child caught a fever through her negligence, she [tried to] get rid of it with a fish soup (an aphrodisiac), following a fast prescribed by a vaidya. 'Water should be avoided as unhealthy, much less any food; for two or three days [the child] should drink the wet nurse's broth [provided] by the compassion of the wet nurse. The child should survive. You should share in good fortune by the various festivities [held] for this child.' Being thus advised by the vaidya, she turned a deaf ear to everything. Seeing the sick child, feeling the child to be like a [worthless] blade of grass, without [any] compassion, she left in the night, taking with her the golden string [used to protect the

<sup>&</sup>lt;sup>1</sup> 'The diamond bell,' a characteristically Tantric name.

<sup>&</sup>lt;sup>2</sup> Kalhana refers to this *vihāra* at RT 1.147; Stein identifies the *vihāra* as one said to have been built by Aśoka, and certainly visited in the 8th century by Ou-k'ong. Stein traced the ruins of the foundations at Kitshom, a village near the left bank of the Vitastā, about five miles south of Varāhamūla.(Stein 1991{1):26n.147.)

<sup>&</sup>lt;sup>3</sup> 'Producing one and a half times the milk'.

child from demons].4 Then, going by the name Dhanavatī<sup>5</sup> she set up a prosperous household in a neighboring area with plenty of goats and pasturage. Now when she'd gone into this dangerous forest rich with animals, she nearly jumped out of her skin when lightning struck.<sup>3</sup> Putting on a thick upper wool garment for protection against the animals, she moved to Avantipura, and sold cakes called Tārā. Buying a small bamboo box of thin cakes made for offerings for Ganesa, she regularly sold them again on the street with a cooking fire. She enjoyed the abundant rice that [had been offered] as food [to the deity] by the housewives; for [those housewives] greedy for abundant gain [by their offerings, she became] the destruction of even the basis [of such gain, by eating the offerings]. Anointing a young street girl with ghee, and calling herself Kuśalikā<sup>5</sup> she solicited house to house under the pretext of [the girl's] impending marriage. Then under the name Pañjikā<sup>6</sup> stationing herself in front of the gambling house, she made a market out of loaded dice and [gaming] pegs. As the flower girl named Mukulikā<sup>7</sup> she made a business in selling flower offerings; having taken as capital the coins offered to the gods, she left during the night. Under the name Himā<sup>8</sup> she provided the water offerings for the village sacrifices; she led circles and so forth of children in stage presentations. Calling herself Varna<sup>9</sup> she tried, under false colors, casting horoscopes for marriages and the six calamities. 10 Knowing the ganas (of the lunar mansions) she achieved fame among the foolish; however, knowing only their names and symbols, she did not recognize

<sup>&</sup>lt;sup>1</sup> See Meyers 1903:22n.1 for reading of sūtrikā in place of sūtikā, and explanation thereof.

<sup>&</sup>lt;sup>2</sup> 'The wealthy one'.

<sup>&</sup>lt;sup>3</sup> Literally, 'with a blow from the clouds, it was as though her own body [attained] the state of her skin being left remaining.' (Sātha meghāpahatena tasmin pasudhane vane | svakāya iva sāpāye yāte carma-avaseṣatām | (Durgāprasād & Parab 1888:13).

<sup>&</sup>lt;sup>4</sup> Then a sizeable town, now the village of Vantipor on the Vitastā river. (Stein 1991{2}:460).

<sup>&</sup>lt;sup>5</sup> 'Prosperous'.

<sup>&</sup>lt;sup>6</sup> 'The accounting ledger'.

<sup>&</sup>lt;sup>7</sup> 'Blossoming'.

<sup>8 &#</sup>x27;Snow' or 'Frost'.

<sup>9 &#</sup>x27;Color'.

<sup>&</sup>lt;sup>10</sup> See Meyer 1903:23n.2 for the reading of *sat-kastakesu*; the six *kastakas* or *ttis* are 1) too much rain, 2) drought, 3) locusts, 4) rats, 5) parrots, and 6) foreign invasions. (see Apte under *tti*).

the thieves. Designating herself *Bhāvasiddhi*<sup>11</sup> she supported herself as a prostitute of god (i.e. a *devadāsī* or temple prostitute),<sup>2</sup> saying "you must offer gifts," though she didn't say anything else (or, she did not speak about the supreme; *na avadat param*). Then, (pretending to) have gone crazy (or become intoxicated), naked, embraced by the dogs, she was known as *Kumbhādevī*<sup>2</sup> she achieved sustained worship. Worshipped by the minister Kuladāsa, greedy for a quick teaching, she took the silver vessel [he] offered, and left. She was then Cala[k]anthā<sup>4</sup> for three days in the Takṣaka procession; as a liquor-seller named Kalā<sup>5</sup> she made a business in spirits. At night there she presented seven bells to the sleeping, drunken ascetic named 'Having bells on his buttocks.' Then, having stolen everything from travelers whom she had drugged with wine copiously laced with *dhattūra*<sup>7</sup> she left in the night for Śūrapura. Having thus made up the name of a husband who was a load-carrier on the salt-road, spending the night

<sup>&</sup>lt;sup>1</sup> 'The fulfillment of existence'.

<sup>&</sup>lt;sup>2</sup> Y.A. Raikar, in an article on "Prostitution During the Yadava Period," cites a 1960's study of prostitution in Bombay to say that ""A recent sociological survey of prostitutes in Bombay found that one-third of the modern common prostitutes were *devadāsis*." (Raikar 1963-64:129).

<sup>&</sup>lt;sup>3</sup> 'The goddess of the water pots'.

<sup>&</sup>lt;sup>4</sup> I've emended from *Calahanthā*—though the sense is stil unclear, 'having a moving throat/neck' could well have been a local name for a serpent deity; this is still a guess though. Meyer offers some other possibilities (Meyer 1903:24n.1).

<sup>&</sup>lt;sup>5</sup> 'A small part,' used also for digits of the moon and hence allegorically for portions of Soma.

<sup>&</sup>lt;sup>6</sup> Perhaps some well-known local character of Kşemendra's day? It sounds like it may have been a running joke of the time to tie bells on his buttocks while the pseudo-ascetic slept off his drunkenness. The wearing of bells to ward off demons was apparently also a popular practice with certain ascetics (see Wjotilla 1984:385n.33).

<sup>&</sup>lt;sup>7</sup> The syrup of the white thorn apple tree used for centuries to induce unconsciousness.

<sup>&</sup>lt;sup>8</sup> A Kaśmiri village now called Hurapor, just below the 11,400' pass into the central Panjab; it was a sizeable town in Kşemendra's time, and forms a station on that major trade route for the valley (Stein 1991{2}:394, 471.)

<sup>&</sup>lt;sup>9</sup> Stein provides a helpful note on this section, and since his text is not that easy to come by, I shall quote it in full here: "'Alīābād Sarai is a Mughal hospice erected for the shelter of travellers about half a mile above Hast'vañj. It is about the highest point on the ascent to the pass where fuel can be conveniently obtained. I think it hence probably that the *Matha* or hospice which Kşemendra mentions on the Pīr Pantsāl Pass, must have been situated

with others when she became sleepy, at daybreak, binding her hips and waist (to protect against the load), she cheerfully carried a load on her head for the entire day over the long road through the narrow pass. Calling herself Bamba, crossing over the terrifying mountains by means of narrow trails piled with snow, at the end of the day [she had gained] the appearance of a respectable woman; her faced covered with cloth against the winter, draped with masses of woolen blankets, cold and exhausted, she yearned for [the comfort of] the Pañcāladhārā matha.<sup>2</sup> Then, calling herself Satyavatī,<sup>3</sup> a wise Vedāntin, she wandered the earth that is ornamented by the girdle of oceans and continents. In some places she was skilled in [telling] tales of yoga, in others she was a woman who fasted for a month; in yet another place she was a member of one of Śańkarācārva's ascetic orders (Tīrthārthinī); she deceitfully became greatly worshipped. Enjoying the faith of fools with their incense waved before their creator, she attained great recognition in the mansions of the kings. Receiving gold for her promise "I will stop the armies of kings," she fled in the night when the preparations for battle were imminent. Professing (faith) in the waters of Kedara (in the Himalayas), in (performing) funeral rites at Gaya, and in bathing in the Ganges, etc., [and] taking pledges from

<sup>&</sup>lt;sup>9</sup>(...continued)

somewhere in this neighborhood. Ksemendra makes this interesting reference in that curious portion of the Samavamātrkā already alluded to above, which describes the wanderings of the courtesan kankalī. The heroine of this story after effecting some petty thefts in Kaśmīr proceeds to Sūrapura. There she passes herself off as the wife of a load-carrier (bhārika) engaged on the 'salt-road.' By this term the Pīr Pantsāl route is quite correctly designated. It has remained to the present day the chief route by which the produce of the Panjāb salt mines coming via Jehlam and Bhimbhar enters Kaśmīr. [He adds in note 47: Salt is a considerable article of import into Kasmīr where it is wholly wanting....; I remember vividly the long strings of salt-laden bullocks which I used to meet daily when marching into Kaśmīr by the Pīr Pantsāl route. She keeps up the disguise which is evidently intended to help her through the clutches of the officials at the frontier guard-station, by taking next morning a good load on her head and starting with it towards the pass (samkata). On the way she passes along high mountains by precipitous paths, deeply covered with snow. By nightfall she reaches the Pañcāladhārāmatha, after apparently disposed [sic] of her load. It being late in the season, she passes the night there shivering in the cold, though wrapped up in thick woolen cloaks. Thence she finds her way open to India where a career of successful adventures awaits her." (Stein 1991{2}:395-396; compare Meyer 1903:24-25n.4).

<sup>&</sup>lt;sup>1</sup> 'The mover'.

<sup>&</sup>lt;sup>2</sup> Apparently a rest-stop on the salt-trading route through the mountain pass.

<sup>&</sup>lt;sup>3</sup> 'Truthful'.

<sup>&</sup>lt;sup>4</sup> Māsopavāsinī, also has the ironic sense of a lascivious woman.

those desiring the fruits of those (activities), she earned a fortune. Solicited by the robbers on the highway for the purpose of instruction in destruction of their shadows (i.e. destroying any trail of evidence), she (had herself) raised up on a palanquin for a year<sup>1</sup> then left, escaping (them). Espousing the superiority of the rudrākşa (beads, used for rosaries), under the name Rudrākṣā, she gave the beads (lit: eggs) for a price to her poor, wretched students.<sup>2</sup> She cast into overgrown wells those eager for the pleasures of hell, whose clothes and jewelry had been stolen (by her) through their faith and who practiced their yogic powers in caves. Calling herself Vişajāngulikā,3 she tied a garland around her neck with very smooth poison pills, saying "I am one whose limbs are saturated with poison." Giving the customs officers at the toll stations a flower that instantly knocked them unconscious, she naturally went through freely. "I have lived for more than a thousand years; I know alchemy; I have mastered the manifestation of speech; the Tripura principle of desire is gathered in the palm of my hand. Because of the devotion of the village to this superior woman, all the gurus have become crippled with their pride." With this declaration, [even] the thakkuras (local nobility)4 were reduced to the state of dogs licking the soles of her feet. Prepared for worship, the (citizens) of Kāmbhoja and Bhoja share in prostrations in all the directions for panegyrics of praise; the Turks dry themselves up in servitude, so why should the Chinese (not be) ruined in the sentiment of service? The Trigartas (of Jalandhara) are stressed out with anxiety, and the Gaudas are tormented about [following] the rules of worship; because of her engaging in deception, the people of Bengal filled her lap with flowers. Wandering the entire earth that reaches to the oceans, continuously exalted due to her the good training she had acquired in illusion, she returned once again to her native land as the surviving slender heroine; who (after all) would abandon their native land, just as (who would abandon their own) body, even though it is

<sup>1</sup> Presumably by the thieves, i.e. treated as a queen; this is a joke by Kşemendra, since by being carried around she left no trace of her movement, and thereby 'instructed' them.

<sup>&</sup>lt;sup>2</sup> Or, to her students who carry Chinese war drums. I take the alternate reading given in the footnote to the *Kāvyamālā* edition, *dīna-anakānām* (Durgāprasāda & Paraba 1888:15n.2). The text as given, *cīnānakānām* could only refer to 'students possessed of Chinese war drums,' *cīna-ānaka*—this doesn't seem to make much sense here, though see verse 2.108 below with its reference to the Chinese. Carrying Chinese war drums could have been a custom of the time (or a fad) among particular groups of students, a fad well-known and therefore somehow amusing to Ksemendra's readers.

<sup>&</sup>lt;sup>3</sup> 'The expert in poisons'.

<sup>&</sup>lt;sup>4</sup> See Stein 1991{1}:292n.290, quoted at Meyer 1903:28n.1.

thin? She, [knowing] the dress and languages of all the places she'd been in contact with, claiming "I am the daughter of a fallen king," with cut fingers, chipped teeth, and the tip of her nose broken, she was recognized by me because of the blue marks (bruises?) on her forehead. If she, the mother of avariciousness, slithering (serpent-like) into the treasury of the house where the wealth is scattered about, seizes your mother's place, then you know, Oh lovely lady, that she will effortlessly take all the wealth and possessions in this lovely land into her own hands. So going myself to that omniscient one who fraudulent in deceit, I will ask that what you do will be successful on the path to all possessions and wealth; what else can I say? She knows how to conquer the world with her wits; there is no other way.' Having spoken thus, the kindly barber quickly departed."

With the preceding we have another layer to our 'thick' description of life in 11th century Kaśmīr. Taking Kşemendra's literary device of couching his description in the guise of a biography of one of his characters, we can generalize about the society of the day. 11th century Kaśmīr was a valley of much natural beauty and fertility, protected by mountain ranges and narrow passes, was host to a lively and colorful society with feudal lords, local kings, concubines, pilgrimage sites, thieves, rogues, high brow and wealthy cavalrymen, an upper-crust society of (often gullible) ministers serving the government and living in the city, farmers, sheep herders, wandering ascetics of various creeds, monasteries that were apparently more than just monasteries, unreliable doctors, a lively trade in food and flower offerings for the temples, in salt and other goods, temple prostitutes, phony gurus and self-proclaimed incarnations of deities, gambling houses, astrologers, and liquor sellers. Particularly noteworthy is Kşemendra's description of Kuṭṭanī's turn as the bhikṣukī called Vajraghanṭā, who is famed for her recitation of mantras all the while she is 'instructing devotees' in the 'manḍala' of loose morals. Certainly this is a humorous

depiction, though as with any such satires there would likely have been some resonance with reality for the joke to have any punch. So we can say with the above that we have now two layers of thick description: a geographical and social, and we still need some sense of the specifically Tantric. For this we turn to a couple of Ksemendra's earlier, less polished works.

## 6.4.2. The Narmamālā

Among the earliest works written by Ksemendra are the two satires, the Narmamālā and the Deśopadeśa; neither of these have been translated into English. Again we find in Kşemendra's (perhaps somewhat yellow-) journalistic fascination with the details of everyday life some rather unflattering portraits of Saivite tantrikas and an equally unflattering portrayal of a female Buddhist tāntrika. The Narmamālā tells a humorous tale of the life of a government official (Niyogin, supervisor of villages and territorial subdivisions (parganās)<sup>67</sup>) who rises from poverty to wealth through the appropriative opportunities of his official position, whose wife learns to love the good life and disdain her husband's affections, and of various troubles that then befall them, leading to a tragic end. Parihāsa One (the first 'joke' or 'satire') of the Narmamālā depicts a variety of corrupt government officials, including the main character, a venal department head who wields a pen-weapon (kalamāstra) to plunder temple fortunes, along with spies, a thieving governor, and other self-enriching public servants (it was just these sort of venal officials who Kalhana told us were put out of business by the benevolent king Yasaskara). The second parihāsa describes an adulterer (pāradārikah), and another venal officer who, dog-like, revives the dead

[i.e. steals from the dead, or adds them to the tax roles?], enjoys the Kāpālika vow with his hand upraised for stealing from the livelihood of good people, lusts after his daughter-in-law, and burns brightly from [the liquor] of the distiller's kula (playing on the Tantric term for an initiate's Tantric 'family' or 'clan'). 68 Ksemendra then gives a brief and amusing take on a Buddhist nun, who serves as a go-between for the minister's wife and one of her lovers. "She enters the minister's wife's house violently, this śramanika, constantly abusive is the Vajrayogini; she is the mother of the dominance-yogas, the perfect confidante of lovers; she is the Tantric goddess (samaya-devatā) among women for the initiations [i.e. intercourse] that produce [real] men; she quickly deceives even Arundhatī [the ideal wife] as a sport, because she is an ancient harlot; she considers [bedding] straw as the Ganges [i.e. what she should immerse herself in for merit]; she will quickly satisfy our desire; having said this, the rogues go to the house of the aged śramaņikā."69 Even the Matha's abbot is said to engage in sexual shenanigans, as the beautiful women are said to have taken initiation with that guru of lovers, thereby becoming omnipresent [like brahman], staying in the practice of nirvikalpa [samādhi]. These accounts are followed by descriptions of a illness feigned by the minister's wife to avoid his attentions, an incompetent Vaidya the minister calls in to treat her illness, and a phony astrologer.

Then a guru is called in to run a sacrifice for the wife's welfare. The *niyogin* had previously been a Buddhist, then hypocritically became a *Vaiṣṇava*. In order to save his wife, he gains new respect for the *Kaulāgamas* of his birth.<sup>71</sup> (Evidently conversion between traditions was not that uncommon.) He brings in

A guru who is a veritable palace of arrogance, hypocrisy, and greed, who possesses the initiation into illusion, the Tantric vow of deception, and the mandala of unreliability. Homage to the leader of gurus, the thief of wealth and wives, an irritating man who eats everything, a real yaksa, eating at night. With a bunch of flowers, a piece of writing paper, and half a red-oxide [mark] placed on his palate (?), his great forehead is always [smeared with] camphor, with a bindu and an upabindu. His minimal matted hair is cropped to mere tufts at the base of his ears, the tips of his ears marked with saffron, and he is glassyeyed, with a huge chin. He is bald, with a skimpy beard, and a high voice, tottering around in all directions, filling his face with the errant bhagas of elderly aristocratic women. 72 He quickly quaffs a jar of liquor, [followed] by the sounds of jar after jar--how can the enormity of the channel of his throat be measured? Wearing a meditation cloth stained with liquor and stinking of meat, supporting the full breasts of women with his chest, he has the form of a rākṣasa. The deep hole of his navel is adorned by being filled with red-oxide (sindūra), his great belly is (however) not filled by a mixture of lopikās [a type of sweet], pūpas [cakes] and śapharīs [a glittering small fish]; he is like an overburdened cloud releasing walls of belching vapor of the unbearable fresh fragrance of indigestion caused by wine and meat. The guru, whose intelligence is blind with the intoxication of liquor and the fault of ignorance of the best teacher, is beheld coming as it were in the form of the ego itself. And in form he is the heaviest of gurus [i.e. overweight, a play on the word guru], by word [he praises] the follies of sloth, a guru who is with his penis too much of a guru, and likewise has a heavy face, a heavy throat, a heavy mustache and beard, a heavy belly, and a heavy buttocks. 73 He is the guru of deceiving prostitutes, lovers, and ministers, void of any good conduct, the guru is variously guru to everyone, consistently a lightweight with regard to the great teachings spoken by Śiva. Most likely a [guru] of ethical behavior might be born on earth, [though] the gurus who are storehouses of impurity would not be honored by him. All of them falling at his feet in emulation, they would cause a rumbling and shaking of an earthquake with their heads. For the protection of their own wives, for the increase of their wealth, the Bhagavān guru was invited by the Nivogin to conduct a sacrifice. Having drawn quickly with saffron a little cricket (list of needed?) provisions, pleased, he said 'I'll come in the morning,' and then he went with his disciples.<sup>74</sup>

The implications of Kşemendra's depiction of the Tantric *guru* here are fairly self-evident, and need little comment. The character is bald, ugly, smelly, and

overweight, a thorough-going glutton, and driven by unbounded lust ('too much of a guru') in his frequent sexual liasons with the wives of government ministers and social aristocrats. The suggestion is that not only had Tantric practices become popular in the royal households (as mentioned by Kalhana); they had also worked their way into the upper social strata of the government bureaucracy and social movers and shakers, though in Ksemendra's opinion only as a license for sensual indulgence.

The third parihāsah tells of the guru's minions arriving at the sacrifice along with ministers and friends of the niyogin. A long list of foodstuffs are prepared for the sacrifice, then a student very carefully prepares the mandala, whose interior is covered with sindūra, and that is adorned with a bhaga (vulva) and linga (phallus). The guru comes with about a hundred disciples, a delightful cast of characters including the extremely ugly mayor who's like a thief, a leather worker and butcher, a potter, a fisherman, a fair-ascetic (i.e. one who performs Yogic tapas and tricks at fairs and markets), an old courtesan, a distiller, a brew-master, an old vita (dissolute companion of a prince, or client of prostitutes), five diseased lechers, three libertines, a cook, a beef-eater, a teacher from the Bhairava tradition, a teacher from the Kula tradition, a weaver, an [Kāpālika] with a rudrākṣa bead rosary as a crest (i.e. in his hair), a water-carrier missing a nose, an ascetic devotee, a pimp, a teacher of the Śaiva darśana, three bards, a naked mendicant, a keeper of the time vow (velāvratin?), a keeper of the vow of silence, a panegyrist with bells on his knees, two or three drunken women accompanied by some dogs, a mantra-vādin (sacred text

reciter, or conjuror; this may also refer to a Buddhist tāntrika, since in Buddhist texts Tantra is often referred to as mantra-naya or mantrayāna) smeared with feces,  $^{77}$ and a drunken alchemist, a magician, a practitioner of latāveśa, 78 a wise man (? vijñānin), a gigolo (? kāma-tattvikah), and other venerables, the guru's rogues, dedicated to drinking and eating. Sweating, delighting in [consuming] the offerings to the deities, filled with inebriating liquors, they entered. Then, making the cooked food disappear, stealing everything, inebriated, the guru's masters completely consumed the sesamum, fragrant powders, and ghee. First one, then two, then many of them spent time with their leather pouch on the ground rice, the barley and walnuts, the bilva fruits, oblations, ghee, and sandal paste (presumably filling the pouches). 79 Once this rowdy crowd has arrived, the Niyogin minister provides his own young sister, who keeps house for him and works as a whore, to serve the guru in the procedures for the proper performance of the sacrifice. Named Jayatī, she is extremely beautiful ('she steals the light of the entire disk of the moon'), she has a face as pretty as a white lotus; she is a harlot adorned with the blossom of new youth. She and the brahmacarin make the earth rumble at night, while during the day he is hypocritically busy with worship and pilgrimage sites. 80 She also stays busy seducing a variety of other ascetics, freely providing a kāmasattra or sacrificial session of sexual passion.81

Kşemendra's mention of the *guru/brahmacārin* who spends his daytime hours acting like a good holy man, and spends his nights in unbridled sensuality is apparently not just fictitious. We find in the *Vimalaprabhā* a specific prescription for

Buddhist Tantric initiates, men, and women, to maintain their celibate, vegetarian, and renunciate vows during the day, and to engage in the Tantric sexual rites with meat and alcohol during specific hours of the night. These and other "transgressive" practices, such as smearing the body with feces, are specifically discussed and explained by Pupdarīka in the *Vimalaprabhā* (See Chapter 9 of this dissertation for a detailed discussion of these explanations).

## 6.4.3. The Desopadesah

In the other of Ksemendra's early satires, the *Desopadeśah*, we find in the eighth and final *Upadeśa*, The Description of Various Types of People (*Praktrnavarnanam*), a brief portrayal of a *Kulavadhūh*, or the woman of a good family (also, punning, a woman who belongs to the *Kula* Tantric tradition). So She is, it turns out, a "Tantric" initiate of sorts, in that she partakes of the 'Tantric' guru's sexual instructions. This is yet another layer of indication that the upper class members of 11th century Kaśmīri society were involved in versions of Tantric practice. Together with Kalhaṇa's references to practices in the royal households, Kṣemendra's depictions indicate that certain popular, and perhaps degraded forms of *Tantra* had become widespread among the upper classes. In the *Praktrṇavarṇanam* of the *Deśopadeśah*, when the husband has been brought from a state of arrogance to a state of servitude upon seeing his wife's face in the home (i.e. when he has been, so to speak, 'tamed'), the "initiated" wife, putting on her fine dress, goes to the guru. As the mistress of a master who does not belong to the Tantric community (samaya-vihīnasya bhartuh), she is averse to contact with animals, and always arrives [home]

after having purified herself through sexual pleasure with the guru (a joke, since the guru is the most slovenly of characters). Having left from the house with a slow gait in her very sharp rear buttocks, the wife slowly kills her husband with the kicks of pleasure (i.e. the 'foot-blows' of her walking to her guru-lover). 83 The notion of 'being averse to contact with animals' (paśu-samsparśād vimukhī) is also a pun on the term used by Saivites to describe disciples-pasu, or those of animal nature, compared to paśupatih, or Śiva. Ksemendra follows the preceding description with one of the gentleman (bhattah) initiated into the rites. The bhatta is educated in drinking wine, his humble birth [whatever it may be] is destroyed in the Kaula account of things (kaula-kathā-naṣṭa-jāti-samkocah). With fish and platter in hand, the initiated fellow comes to the guru's house. Drinking the [liquid] Bhairava (i.e. alcohol) who fills his throat with the sounds gala-gala from the jug, he is seen to become exhausted, as though wallowing in a stream [of water falling] from a cloud. Passing the entire night, [he becomes] inebriated with liquor and vomit, his face licked by the dogs. Completely purified by obeisance [to the guru], in the morning he is [once again] a gentleman among gentlemen.84 Here too we have the portrayal of an almost institutionalized practice-during the day the practitioners are perfect ladies and gentlemen, or ideal monks and nuns; during the night they are unrestrained lovers and inebriates. As I mentioned above, we cannot take Ksemendra's portrayals as completely accurate, given that they are intended as didactic satires and humorous entertainment. However, the consistency of the social aspects of his stories among his own writings and with Kalhana's descriptions strongly suggests--up to a point--that we have a reasonably reliable journalistic indication of Kaśmīri society in the 11th century.

Since alchemy plays such an important role in Tantric practice, it's worth also noting Kşemendra's humorous sketch of the *dhātuvādin* or alchemist. In Kşemendra's view the so-called alchemy or *rasāyana* practiced by the *dhātuvādin* is a sham, and does nothing more than impoverish the fellow and destroy his health through phony elixirs. His body is aged with fever, his strength destroyed by coughing, asthma, and exertion, the aged adept of alchemy goes to his own guru for his whole life. Saying "I will make my own people supremely wealthy with gold pieces and elixirs poured from the mouth of the crucible," the impoverished one dies. When the old mercury-adept is plagued with dysentery at the end, then his bodily impurities are purified [by endless excretions], and happiness [finally] results [in death]. \*\*S

Finally we cannot leave out the description given in the sixth *upadeśa* of the *Deśopadeśah*<sup>86</sup> of the foreign students who come from Gauda (central Bengal) to study in Kaśmīr. As one of Kṣemendra's earliest poems, there's a certain awkwardness and crudeness to some of the similes, yet it seems to give a somewhat true-to-life--though probably composite, and certainly slanted and racist (on account of their dark skin)--picture of some of the Bengali students who came to Kaśmīr. Indeed, Kṣemendra refers to barbers, shoemakers, fishermen, and even soldiers who come as students, suggesting that Kaśmīri *mathas* may have functioned as some sort of public universities of the day, for students of different religious affiliations (he refers to both Buddhist and Brahmanical students). Evidently there was considerable resentment in

some quarters about the 'ignorant' foreign students who came to study in Kaśmīr, and used the opportunity to fleece the locals, live off the charity of the townspeople, mistreat their servants, use their studies for social climbing, spend their free time with the prostitutes, and disrupt the *mathas* with annoying, loutish behavior. Kṣemendra gives us the impression that the *mathas* were breeding grounds for all sorts of trouble for the locals (a common complaint in college towns of our own time).

Homage to the student who, like the terrible trident-bearing, poisoneating Siva is always occupying the left-half [of the body; or, in a double entendre, captivating the desirable half, i.e. women] at night. The student who has come from another land is similar to a black skeleton; he is avoided by people who are frightened by skeletons, [as in the case of a sentry [who is avoided] from a distance. Even the munis are shamed by this Gauda who is so emaciated, a ksatriya with the sacred grass who makes the sound hūm [when bringing the blades of grass intol contact. A Brāhmana beggar who's accomplished his vow--i.e. eating every day of the week, humble [or skillful], desiring food, he recites mantras for two watches of the day [six hours]. Having attained his tilaka in the sacrificial ritual (sattra), along with the foodstuffs and perfumes, he is born anew like a snake shedding his skin. He asks the harlots for their wages, he asks the gambler for his winnings, he asks for meat in the storehouse, a [veritable] preceptor to those exhausted by their vows [of giving charity]. The student is engaged in profound study for the sake of fleecing the elderly Kaśmīris; [only] with great difficulty does he know the *omkāra*, how much less, certainly, is [he interested] in people's welfare. Unable to write, even, and stupefied by egotism, the Gauda undertakes the study of grammar, logic, and Mīmāmsa (solely) for the sake of arguing with people. The Gauda avoids contact, with the hem of his garment [pulled up so high to avoid pollution] as to form his waistband, bent away to one side as though from an excessive burden of religious hypocrisy. His nails polished and marked with lac, wearing multi-colored garments, he is embarrassed [even] by the dirty feathers in the collection of discuses and arrows [i.e. so haughty even dirty feathers on the arrows of soldiers offend him]. He is cruel to all the hired laborers, warding them off with blows from his staff; the young woman who is his house-mistress [barely] endures her service to him. Walking slowly, proud of the contemptible noise of his shoes, he (can't help but) behold his own waist wrapped with a red cloth and dagger. His hand a

sportively graceful creeper, his eyebrows turned in sportive play, the provincial student wanders evenings on the roads in front of the prostitution houses. The rogue, the madam (bawd), the prostitute, the shoemaker, and the elderly gentleman, these five are [as though] distinguished only as knots on the bamboo walking stick of the lecher Gauda (presumably since they've all been deceived by him). Having conquered Saturn with the loveliness of his face equal to a drinking vessel without a lamp (?),87 the student, who was like Kāma in his appearance, sang songs with indigent singers. Famous for his cruelty, never resting from [his search for] sex, the provincial one could not get himself a prostitute even at three times the price. When the student tightly bound up his matted hair in order to lie down, then the prostitute, terrified, cried out "Ha, I am done for!" The prostitute who took payment for services from the provincial, even though under a different name, for her he became like an upper garment when one is under treatment for a pain in the side of one's torso (i.e. very difficult to endure). He alone enjoyed the honey that was poured forth by the prostitutes. In the winter time, with a piece of petticoat [tied] about his head in the houses of the prostitutes, the provincial became a laughing, black-faced, white-toothed monkey. He strenuously sought to find whores or other men's wives, getting on a first-name basis with the fathers from house to house. The other men's wives (asked), with foolish utterance, "why do they laugh, what are they talking about?"; having been drawn into confidence, the fool (husband) waited upon (the Gauda) with sacrificial foods and adornments. With dangling golden earrings and thick, triple finger rings, he shone forth as Kubera's form; (then) the provincial quickly left. At the end of the day he looked like a piśāca who had won at gambling, naked, with a busted face, a dungsmeared soma drinker. 88 The matha was uprooted by the student with his coat unbuttoned over his belly, his matted hair in knots, roaring, with his hand upraised with a stick. Who indeed would (want) to go to their destruction in a 'session' with the Gauda-yakşa who seeks their destruction, and whose (own) belly has been trampled on and struck with multiple knife (wounds). 89 The Gauda eats not with pleasure, nor out of fear, nor even out of necessity; he moves around in this world like evil incarnate. Since the Gauda, like anyone else, had to fast on the twelfth day when the sattras stopped, he cooked for himself a break-fast with fish and meat. As a barber, shoemaker, fisherman or even soldier in his own land, the provincial (who came to Kaśmīr to study) certainly didn't know about the recitation (of Vedic texts) at the samdhyās (dawn, noon, and dusk). When the student received food in his dish at the sattra, both the gods and the prostitutes enjoyed sweetmeats of milk and ghee (since he took the offerings with him as payment to the prostitutes). Devoted to the prostitutes, and gambling,

the student continually made these his priorities; in penetrating wombs in the woods around the matha, he was (as disciplined) as a muni (sitting) with the five fires (in the four directions, and the sun overhead). Neither a brahmacārin, nor a householder, nor a forestdweller, nor a renunciate, (he had entered rather) a fifth (stage), called the one having the advantages of (all) five, i.e. the stage of life for students' lack of self-restraint. The provincial, having drunk up his pitcher and having entered, with such pity (into the matha), writes about the killing of brahmins (i.e. the cuckolded husbands) and [their] eating poison at the time of death. 90 [Suffering from] a fever for a host of prostitutes, alighting at the sattras, destroying the matha, the provincial achieves nothing practical either with groups of people, nor with their hearts (i.e. neither externally, nor internally). Going directly for the yogurt, carrying a staff (i.e. the master) in the kitchens and slaughterhouses, the college student, always carrying a parasol, was nonetheless not educated (lit: not initiated, or instructed, dīkṣitaḥ). "The cākrika (apparently refers to a Saivite or tāntrika here, though otherwise refers to a potter) reaches oneness with Siva, the thief is supported by laborers (whom he steals from), [yet I], the Gauda, am a nobleman whose chin is held high in pride," [he] said. The students of Buddha who die with their bellies full of food from the sattra, they cry out in the sattratūrya (an instrument played at the sattra?), and are born right there as wild cocks. He asks for more wares, he demands the lowest price, the provincial stands in front of the merchant, looking like Kalih (the personification of the Kali yuga). Just as fish eat fish, dividing up the weak ones in an instant, so the students ['eat up' the merchants] with parasols, bamboo boxes, etc., blankets, upper garments, and lower garments. Having eaten at the side of a śrāddha (ceremony) in a merchant's house somewhere, the college student, his eyes turned upwards (towards the ancestors) does not see the ground, like a (Saivite ascetic) with his upraised trident. This is not a college, it's a lofty fraud of a college, or even a college of violence; this is a terrible cave of the Daru mountain. The vampires (vetāla) are in the college cremation ground, the goblins are in the bathing trough; like terrifying Bhairavas the students join together at the sattras. (As though) having tangled with an angry ape, or having a large serpent bound round one's neck, having met up with the shrewd Gauda, what good can the vaidya do (for anyone so unfortunate)? Flaming with a groundless wrath at bathing, at the giving (of charity), at (the keeping of) a vow, and at a śrāddha (ceremony), he does everything saying "I excite (your) mother" (sounds like an 11th century insult). Unwearied, he goes (all) day drinking the sattra (-libation) (until) the very end of the sattra; and (although) ugly and fanged he delights the young women; eating he destroys his own kulālī (family lineage?), the sinful

deformed 'cracker'91 of the college plays.

How reliable are Kşemendra's rather jaundiced, though certainly humorous and undoubtedly somewhat accurate depictions of religious practitioners and students given in his satires? We may never be able to say for certain, though one fact stands out—simply that Kşemendra's works have been preserved for centuries in India.

These tales were not intended as entirely fictional: Kşemendra repeatedly says that he tells his tales for moral and didactic purposes, i.e. to warn good people of the wiley ways of the populace. The factual (as opposed to mythic) bent of the material, its didactic intention, and the consistency of some of Kşemendra's descriptions both with his own other writings, and those of some other authors (Kalhaṇa, Kṛṣṇamiśra, and as we shall see in the chapter 9, the authors of some of the *Tantras*) suggest to me that Kṣemendra's writing may be relied on much like newspaper accounts of the 20th century. While not necessarily entirely accurate, they give the reader a pretty good idea of what was really happening in the area at the time.

### 6.5. Bilhana's Vikramānkadevacaritah

We turn now to some rather more high-class depictions of Kaśmīri literary society that support the impression of the active and thriving intellectual culture alluded to at the beginning of this chapter, and shed some additional light on the social status of Tantra in the early second millennium CE. From the 11th century we have the historical epic *Vikramānkadevacarita* written by Kaśmīri poet Bilhaṇa in honor of his patron, Vikramāditya VI, Cālukya king of Kalyāṇa (1076-1127). His brothers were both poets, and Bilhaṇa learned Veda, grammar, and poetics,

composing in addition to the epic the short drama Karnasundarl and the erotic poem Caura-pañcāśikā. He left Kaśmīr in his early twenties, sometime before 1062, traveled around India and ended up in the southern city of Kalyana, where he was made poet laureate by Vikramāditya VI; he probably wrote the Vikramānkadevacaritam rather later in his life, perhaps around 1085.92 Most of the epic is concerned with political history and the standard kāvya-style descriptions of the seasons, love scenes, etc. 93 The final canto of the work is an ode to Pravarapura, the ancient name for Śrīnagar, the capital of Kaśmīr and Bilhana's home town. Here we find a bit of local color, and some autobiographical remarks, including an account of Bilhana's learned forefathers, his two poet brothers, and his long trek as a wandering pandit and poet through Mathura, Vrndavana, Kanyakubja, Prayaga, Vārānasī, Dhārā, Gurjara, and finally to where he settled in the southern city of Kalyāna, after being named Vidyāpati by the Cālukya king. In the descriptions of his home town we learn of some of the more aesthetically pleasing aspects of high society. Even women speak Sanskrit and Prākrit at home, while the devadāsis in the temples perform delightful dramatic pieces; Vedic agrahārams are scattered along the banks of the river (confirming Kalhana's report that King Yasas had established a number of these), maintaining a strong tradition of Vedic studies, while lovers frolick in pleasure gardens and riverside houses. "What shall I say about that (city) [of Pravarapura, the ancient name of Śrīnagar], the native place of the goddess of learning, which is a repository of curiosities and provides nectar to ears by many stories of strange merits, where in every house Sanskrit and Prākrit words sound

charming like the mother-tongue of even women, not to speak of others."94 "Where the famous temple of Ksemagaurīśvara, 95 with the dancing hall in its skirt, becomes a decoration to the firmament; in the dramatic performance in that temple women in acting beautifully cause horripilation to the body even of those who are absorbed in meditation,"96 and a temple to Siva erected by King Pravarasena adjacent to an enourmous granary that "by dint of its height pleases the minds of the three worlds." 97 At the Pravarasena temple too women perform the dramatic arts in charming plays, "where, having witnessed in dramatic performances the skill in histrionic arts" even the celestial courtesans Rambhā, Citralekhā, and Urvasī stop in their tracks. 98 Its river Jhelum (or Vitastā) sparkles like the Ganges in the sky (with stars) as though strewn with the jewels of necklaces torn off in lovers' passions and tossed from the windows of the houses lining its banks.<sup>99</sup> There are pleasure gardens with seductive young women in water tanks (swimming pools), with an educational institution of "unparalleled glory," 100 with a land-grant kāthāla 101 (agrahārams) on the banks of the Jhleum where "the windows are resonant with the exposition of the Sastras" and whose Brāhmaņas' heads are grayed by the smoke from the morning and evening agnihotras. 102 Vedic sacrificial rites were regularly maintained, as the family of Muktikalaśa (Bilhana's great grandfather) is said to have wiped off the stigma of the Kali age by the perspiration generated from constant practice of the agnihotra, and whose son (Bilhana's grandfather Rājakalaśa) seemingly darkened the Himālayan caves with his sacrificial smoke. 103

# 6.6. Mankhaka's Śrīkanthacaritah

Having raised our sights from the sordid characters of Ksemendra's tales through Bilhana's rather more elegant depictions, we can then look at one of the better indications of the character of the literary culture of 10th-12th century Kaśmīr in the famed twenty-fifth canto of Mankhaka's Śrikanthacaritah--a mahākāvya telling of Siva's overthrow of Tripura<sup>104</sup>--a chapter rich in information about the social status of the Tantric traditions (my discussion follows the selection of passages). At the end of this as yet untranslated Sanskrit poem, Sarga 25 describes a sabhā of 30 intellectual luminaries held by Mankhaka's brother Alamkara, a minister to the Kaśmir King Jayasimha (1129-50), on the occasion of completion of Mankhaka's epic poem. 105 Though this is a century after Abhinavagupta, we can safely assume a certain continuity of learned culture, given that sabhās are held even today in India. The group included ten poets, with Kalhana (author of the Rājataraninī), under the name Kalyāṇa, 106 one of their sons, and a teacher of poetry, three ministers (from Rājapurī, Kānoj, and Końkana), three Mīmāmsakas, a Nājyāyika, a Brahmavādin, a Saiva philosopher, three Vaidikas, a couple of grammarians, one of whom was also proficient in Alamkāraśāstra, a polymath, a government official, and Mankhaka's guru, Ruyyaka, the author of the Alamkārasarvasva. 107 The canto begins in the typically lavish kāvya style:

So Mankhaka crafted (wrote) a largish ear-ornament for Jagannātha (lord of the world) with dalliances of devotion and with the sport of clever sayings. How wonderful that this vine of good sayings captured, through devotion, the fruitful manifestation of that one whose vision is a scorching flame, Khandaparaśuh (Śiva). He achieved an unruffled consistency of speech that together with the sentiments was sprinkled by Śambhu with floods of the drops of nectar from his own head. Having extolled with the poem Pinākin, kinsman to the world, he

thought to himself that he had achieved infinite contentment. 'Oh I am fortunate that the free-willed [goddess of speech] *Sarasvatī* [has visited] me, since without Śrīkantha [she] does not come to flatterers.' 108

Mankhaka gives an elegant description of the advent of the gathering: "The confident ones settled into the assembly hall of my older brother Śrīmal Lankaka like the cranes settle into Lake Mānasa. [Thinking:] 'Then, so that I will attain a fruitful consecration with the water-drops of my own labors, I will go to that very [assembly that will be] the touchstone of this composition.' Then, with his mind rippling with joy by considering the incomparable sap being produced by the pandits formed into a circle, like the tree of the goddesses and gods of speech encircled by a trough of water (of the river Sarasvatī, the goddess of speech), he entered the assembly hall of his accomplished older brother." 109

Mańkhaka describes the various panditās assembled for the sabhā: the Brahmavādin Nandana, who engages in the study of the śāstras to the point of sleep-deprivation, as though accompanied by the shrill janglings of the anklets of the continually dancing goddess of speech. Mańkaka's guru Śrīruyyaka is next--his scratching his chin during explanations produces illuminating rays of light as though the hem of the silken dress of the goddess of speech had been cleaned by dragging it (over the rock of his jaw); the very embodiment of all the śāstras, he is bathed in the confluence of the two streams of affection and courtesy. Then Ramyadeva, who wears the red lower garment of an Advaita Vedāntin of the Katha lineage (of Vaiśapāyana), and is a fautless paṇdit free of arrogance or jealousy, like a wishing tree to his students. In the mouth of fellow poet Lostadeva the six languages of

Sanskrit, Prākrit, Śūrasenī (from Mathurā), Māgadhī, Eastern Paiśācī, and Deśaja (indigenous, i.e. Kaśmīri) are handled with such skill they are likened to the skillful maneuvering of the bees' wings in the lotus flower. Mankhaka then launches into a long panegyric to his elder brother Lankaka, who has arranged the sabhā. Among the more colorful images is: "Oh Glorious Lankaka!, the great commentary [i.e. the Mahābhāṣyah by Patanjaliḥ, said to have been an incarnation of Śeṣaḥ] that fearlessly issued forth with this intention from the mouth [consisting of] the terrifying mass of flames of the Halāhala [poison] of the king of the serpents, that today rests for a long time in your mouth, consecrated [as it is] by flavor of poetry [that is] an abundant nectar pouring forth from the pot in the hand of the goddess of speech." 110 Mankhaka then sees his friend, the poet Śrigarbha, who tends to write extremely long and roundabout poems that unfold into a sweetness as though [played] on the lute in the hand of the goddess of speech, iii his friend Mandana, Śrīgarbha's son, Mandana's younger brother Śrikantha, and the poet Garga, who is particularly skilled in alliterative verses. Also present was the Vaispava Pāñcarātrin poet Devadharo, who having mastered the text called Mandira (the term for a shrine in the Vaispava Tantric tradition<sup>112</sup>), and having quickly seen that the highest reality of Vispu was his own true self, wrote poems honoring Aniruddha, Acyuta, Balarāma and Pradyumna (the Pāñcarātrin 'aspects' of Visnu) that were adorned with the skillful praises of the Ekāyana tradition (the tradition's own synonym for Pāñcarātra), and with a few of these that had the properties of divine ambrosia he delighted Mankaka's ears with praises of Lankaka. 113 Mankaka quotes a verse of Garga's in praise of Alankara,

foreign-affairs minister to the fish-banner bearing [i.e. Kāma-like] Kaśmīri King Śrījayasimha (1128-1149).<sup>114</sup>

Of perhaps greatest relevance to the concerns of this dissertation was the presence in the sabhā of one Prakaţaḥ ('preeminent,' 'manifest,' 'undisguised,' etc.), so called because he was the foremost guru in mastering [the teachings of] Abhinavagupta, and showed copious ability; he had exhibited unmitigated labors in [studying] the Agama-[and]-Tantras of Abhinavagupta, and become the veritable lovers' tryst house of confidence [in knowing the true meaning of the texts]. 115 Another pandit also named Suhala was from the kingdom of Kānyakubja (modern Kanoj), and served as the ambassador of King Govindacandra (1120-1144 c.e. 116) to Kaśmīr. Apparently he was both a master of Saivite Tantric texts and a teacher of grammar. His mouth was so sanctified by the spread-out leaves [of the manuscript] of Pāṇinī's grammar that even in dreams it did not come into contact with even the atomic particles of corrupted speech; performing magical rites (mantra-samskriyās) in Govindacandra's realm (and with double entendre, he performed consecrations with mantras in the mandala of *Iśvara*, i.e. Śiva), he provided satisfaction to good people with the agamas, and stood at the head of the teachers of Kanyakubja. Two verses Mankaka quotes from Tejakantha, a poet present at the sabhā, refer (in poetic analogies) to two groups of forest-dwellers: bark-clothed ascetics with newly matted hair (aranyānyām nava-jatā-valkala-bhrtah) and women pained by widowhood, their beautiful bodies scorched by the burning heat on the pathways in large dreary forests (vaidhyopahatāh pratāpa-tapana-pluşyad-vapuş-kāntayah kāntārādhyasu). 118

Mankhaka's description of the characters at his brother's sabhā tells us several things we might not otherwise consider about the early medieval Kaśmīri intellectual culture. First there were evidently many Sanskrit poets over the course of the centuries who wrote works that, while perhaps impressive enough for their day that they would be included in a sabhā, were apparently not of sufficient interest to be preserved or commented on by later generations of pandits. Secondly, at least some of those poets apparently wrote quite freely in many vernacular versions of Sanskrit in addition to writing in formal kāvya-style Sanskrit. However, since the manuscript preservation tradition may not have been as well established in these other, less 'timeless' languages, these vernacular works may well be lost forever. This multilingual ability of some of the poets here mentioned suggests that the 'linkage' between the non-Sanskritized and Sanskritic textual and religious traditions may have been much more fluid over the centuries than is sometimes imagined. This would strongly suggest, therefore, that the movement of texts and authors between vernacular Prākrits and Sanskrit in the Tantric tradition may have occurred with great frequency; it is perfectly possible--strictly here from a linguistic perspective--that many Tantric ideas and practices may have developed in non-Sanskrit milieus and then easily shifted into Sanskrit ones, or vice versa. We should not necessarily assume, for instance, that Abhinavagupta knew only Sanskrit. Far more likely, given the broad range of his material, is that he also knew several of the vernaculars and used them to amass his data on the variety of Tantric practices. The same may well have been true of Abhayākaragupta. His Sādhanamālā for instance specifically

mentions diverse geographical origins for several of the *sādhanas* included. Might it not have been that some of these were originally in a vernacular language, and then converted to Sanskrit prior to preservation in his collection? The practice of converting Prakrit texts to Sanskrit is still common in India today. Similarly, many of the so-called demonic groups of people and languages may well have simply been "foreigners" of the day. Penzer, for instance, notes the Kashmir tradition holds the *paiśācī* language to be that spoken by people with their original home at an oasis in the Central Asian desert, and the *Mahābhārata* describes the *piśācas* as a people living in northwest India, the Himālaya, and Central Asia. 119

It is also evident from the inclusion of Devadhara in the sabhā that the Ekāyana or Pāñcarātra tradition was alive and well in 12th century Kaśmīr. More importantly, perhaps, as indicated by Prakaṭa's presence in the sabhā, the tradition of the "Āgama-Tantras" had, at least after Abhinavagupta, become quite accepted as a legitimate branch of study. Were Tantra considered somehow too transgressive or heretical, it would seem unlikely that Prakaṭa would have been admitted to the sabhā, much less lauded as the foremost authority on the subject. This impression is supported by the description of diplomatic ambassador Suhala from Govindarāja's court, who apparently combined his political skills with a thorough training in Pāṇinian grammar and Āgamic mantrasāstra--a three-in-one combination that certainly transgresses any rigid epistemological boundaries we may have imagined to exist in the 11th-12th century north Indian intellectual culture.

#### 6.7. Vidvākara's Subhāsita-ratnakośah

The eclectic intellectual culture represented in Mankhaka's sabhā is also reflected by Vidyākara's work, the Subhāşita-ratnakośa. Vidyākara was a late 11th century Bengali Buddhist abbot of the Jagaddala monastery, with a large library at his disposal (all destroyed within the following 150 years). Though a Buddhist, Ingalls notes that Vidyākara's collection has more laudatory verses to Hindu gods than Buddha, and is without any trace of sectarianism. 121 We may take the work, Ingalls says, as "essentially an anthology of the middle classical period (700-1050) of Sanskrit, showing a special predilection for eastern or Bengali authors," 122 though it includes selections from Kālidāsa and Bhartrhari, both of the fifth century. The text begins "Praise to the Buddha. I shall make a priceless store/of charming words by sundry master poets,/such as have ornamented expert throats/and made great poets nod in approbation." 123 Vidyākara's work provide us some important sociological pointers for 11th century India. Though one man does not a team or an army make, nonetheless the fact that a Buddhist abbot would have compiled a large and very high quality anthology of aesthetic and erotic poetry, only partly religious, reveals a cosmopolitan Sanskritic culture of the day--and tends to confirm the impression we gain from Mankaka's poem, and the polymath character of Abhinavagupta's writings. The non-sectarian breadth and scope of the Subhāşitaratnakośa suggest a wide open intellectual society, where writers freely borrowed from all quarters, without breach of intellectual, moral, or religious etiquette. With regard to Tantric details in the Buddhist verses, Ingalls remarks, "There is no evidence in our verses of the specialization of iconography that one finds in the Tantric texts, which record fifteen

or more forms of Lokeśvara and furnish elaborate details of the attributes, costume, and attending deities of each. These Tantric details were doubtless known to our anthologist and to the poets on whom he draws, but they do not fit easily into subhāṣita poetry." Yet we do find—in this anthology by a Buddhist abbot—poetic praise of Śiva with the shamanistic symbolism of the Kāpālika rites: "May Bhairava's row of skulls upon their serpent string protect you,/thirsting for blood as they gaze yawning at the glow of his red eye:—/a chaplet revivified by the elixir dripping from the moon,/which melts the poison flame emitted by the serpent.... [Vallaṇa]." 125

#### 6.8. Conclusion

Though much more could be done on this subject, the material we have examined from Kalhana, Kṛṣṇamiśra, Kṣemendra, Maṅkhaka, and Vidyādhara does provide some rather reliable outlines of the social status of Tantric ideas and practices in the 9th-12th centuries in Kaśmīr. Tantra had become very public due to its patronage in royal courts, and had gained a degree of intellectual respectability (at least after Abhinavagupta) that allowed ready inclusion of its philosophical proponents in the sabhās--the intellectual "conferences" of the day. So into an already highly developed intellectual, religious, and philosophical culture in Kaśmīr, where poets and aestheticians famed throughout India had already produced groundbreaking works, Tantric ideas and philosophies were developed, and eventually thoroughly integrated into the highest levels of inquiry. Certain versions of Tantric practices had apparently worked their way into the upper classes, providing a ready rationalization for husbands and wives to visit Tantric "gurus" at night to indulge their sensual appetites

under the cover of religious devotion. Non-Tantric practitioners of various persuasions apparently looked upon Tantra with some disdain, seeing it as morally corrupt and largely a facade for night-time sensual indulgence, covered over by hypocritical daytime shows of moral rectitude. Some of the Buddhist nuns apparently had a less than stellar reputation, since they appear to have been involved in Tantric sexual voga practices that were no longer entirely secret, and apparently--at least in the literary tradition, had served for many centuries as liasons for courtesans and prostitutes. So-called 'celibate' yogis of all traditions in fact had apparently developed bad reputations as hypocritical sensualists. Indeed, as we shall see in chapter 9, where we examine some of the descriptions of Tantric activities given in the Tantras themselves, the maintenance of daytime appearances of celibacy and abstinence from meat and liquor, while engaging in sexual yogas, meat, and wine at night, was specifically prescribed by Tantric writers. It is also apparent from Ksemendra's life story, from the doctrinal conversions of the Niyogin character in the Narmamālā, from the Kaśmīri embrace of Buddha in his birthday celebrations, and in many other instances, that conversions of faith, or at least open sympathies for other doctrines was not uncommon, and widely accepted. One of the earlier of the Kaśmīri mahākāvyās (or sargabandhās) was for instance written by Śivasvāmin, a poet who flourished (along with Muktākaņa, Ānandavardhana, and Ratnākara) under the peaceful reign of King Avantivarman (855-883 CE). Though he dedicated his work to Śiva, he wrote the Kapphinābhyudayah as a retelling of the story of Kapphina the Elder from the Avadānaśatakah (derived from the earlier Pali version). 126

#### **NOTES**

- 1. See Monier Williams' dictionary.
- 2. Nagarajan 1970:iv-vi.
- 3. See Chapter 3 of this dissertation.
- 4. See for example verse 6 of his addendum at the end of the commentary to āhnika 37 (Dwivedi & Rastogi 1987{8}:3719).
- 5. Watters 1961:258.
- 6. Beal 1884{1}:148-149.
- 7. Cunningham 1963:76. Cunningham also corrects the dates of the *Rājatarangiņī* based on Chinese records to conclude that Durlabha was reigning in 631 when Hsuan Tsang arrived in Kaśmīr.
- 8. Naudou 1980:57.
- 9. Sarat Chandra Das' translation in Das & Vidyābhūshaņa 1888:vii.
- 10. Stein 1991{2}:358.
- 11. Sachau 1910{1}:206 & cf. Stein 1991{2}:361.
- 12. Ross 1898:432. Haidar also mentions that the conversion of Kaśmīr from Hinduism to Islam did not occur until the fourteenth century. (Ross 1898:432-433.) Haidar lamented the presence under his rule of Sufis who he considered hopelessly corrupt, who "give way to their lusts and desires in a manner not consistent with the law," and of a sect of Sun-worshippers whose creed held that "the phenomenon of luminosity of the sun is due to the purity of our faith: and our being is derived from the sun's luminosity." (Ross 1898:436). These groups suggest that certain influences of Tantric and Vedic practices survived in Kaśmīr under Muslim rule. He adds that "This country [Kashmir] is protected naturally by its mountains on every side, so that the inhabitants, without the trouble of fortifying themselves, are safe from the attacks of enemies."

Of the few details on life in Kaśmīr that Alberuni offers we learn that "Kashmīr has no varshakāla (i.e. rainy season), but continual snowfall during two and a half months, beginning with Māgha, and shortly after the middle of Caitra continual rain sets in for a few days, melting the snow and cleansing the earth." (Sachau 1910{1}:211-212). He also informs us that "the inhabitants of Kashmir are pedestrians, they have no riding animals nor elephants. The noble among them ride in palankins called khatt, carried on the shoulders of men." (Sachau 1910{1}:206).

- 13. Ross 1898:58.
- 14. Ross 1898:426. Ross notes that even in 1834-8 there were still some seventy temples extant, so that the 150 number is probably not an exaggeration.
- 15. Based on measurements by Fergusson and Vigne, the Martand temple appears to have measured some 270 x 168 feet, and about 30 feet high at most. (Ross 1898:426-427n.3.)
- 16. Ross 1898:425.
- 17. Ross 1898:421.
- 18. The text has been expertly translated by M.A. Stein, a British official who spent several summer vacations away from his duties researching all the geographic locations referred to by

Kalhaṇa, reading the Kaśmīri mahātmyas or religious histories of all the pilgrimage sites, and studying the archeological ruins. Correlating his work with what little other research had been done in the area, his research resulted in one of the most complete and thorough studies of a Sanskrit text ever produced by a Western scholar. (See Stein 1899 and Stein 1991). The Rājataraṅgiṇī is also a rather unique text in early Sanskrit literature, since specific political histories, largely shorn of myth or legend, are rare. In addition, just about every history of Kaśmīr ever written since Kalhaṇa relies almost exclusively on his work for information up until 1150 CE. Kalhaṇa's uncle, by the way, may have been a Buddhist, since he saved several Buddha images from the destruction of these ordered by Harsa. (Stein 1991{1}:7).

- 19. As Keith aptly summarizes, though Kalhana was a devotee of Siva, and knew and respected the Kaśmīr Śaivaśāstra, "he seems to have had a poor opinion of the devotees of the Tantric rites of Śaivism." (Keith 1928:158.) He had a gentler attitude to Buddhism; "married monks were known long before Kalhana's day." (Keith 1928:159).
- 20. Major General Cunningham wrote an article in 1843 for the Numismatic Society of London entitled "The Ancient Coinage of Kashmir," covering 18 kings of the region from c. 500 CE to 1200 CE-used by Stein in fixing the dates of the various rules in the Rājatarangiņī. In 1879 C.J. Rogers did another piece on the subject, "The Copper Coins of the old Mahārājas of Kashmir," (Rodgers 1879) covering nineteen of the thirty-eight rulers in the period from 875-1153 CE. Cunningham helped Rodgers in reading the coins, and both articles were based on coins in the authors' personal collections. From Rodgers' article we have the following helpful list of kings (Rogers 1879:277-278; he attributes to the list to "Prinsep's Tables." I have not yet found Prinsep's original work.):

#### **Utpala Dynasty:**

875 Āditya or Avanti Vermā 904 Sankara Vermā

922 Gopala Vermā

Sankata:

924 Sugandha Rānī 926 Pārtha

941 Nirjita Vermā 942 Chakra Vermā

952 Sura Vermā 953 Pārtha, a second time 954 Chakra, a second time 954 Sankara Verdhana 956 Chakra Vermā, a third time. 957 Unmatti Vermā.

959 Sura Vermā, a second time.

Last or Mixed Dynasty:

960 Yaskara Deva. 969 Sangrama Deva 969 Parvagupta 971 Kshemagupta 979 Abhimanyu 993 Nandigupta

(My note: This sequence of kings might explain abhi-nava-gupta's name, taking the first and last of the kings, adding a "new" in the middle.)

994 Tribhuvana 996 Bhimagupta 1001 Didda Rānī 1024 Sangrama Deva

1032 Ananta Deva 1054 Kalasa

1062 Harsha 1062 Udyama Vikrama

1072 Sankha Rājā 1072 Salha 1088 Mallina 1088 Jaya Siñha 1110 Paramāna 1119 Bandi Deva 1126 Bopya Deva (?) 1135 Jasu Deva 1153 Jaya Deva, etc. etc. 1172 Sussala

- M.A. Stein, an unusually accomplished scholar, also published a long article entitled "Memoir on Maps Illustrating the Ancient Geography of Kaśmīr," in 1899 (Stein 1899). This remarkable article includes two rather detailed maps of Śrīnagar and of the whole of Kaśmīr, with the ancient place names marked in red, based on archaeological researches conducted by Stein during his summer vacations.
- 21. Rājatarangiņī 5.448; Stein 191{1}:232. The boy was murdered shortly after taking office.
- 22. Rajatarangint 5.462; Stein 1991{1}:233.
- 23. See  $R\bar{a}jatarangin\bar{t}$  5.462 for the quote, and 5.463-483 for the account (Stein 1991{1}:233-235).
- 24. Rajatarangint 6.7-13 (Stein 1991{1}:236-237) (Stein's translation). Yasas also became the object of ridicule by the people and "resembled a physician who prescribes wholesome food for another, but himself eats what is bad (RT 6.68), since he raised a courtesan Lallā to the rank of queen, and she then carried on an affair with a Candāla watchman, and he also kept company with "attendants who had eaten the food-remnants of the Dombas" (RT 6.69), apparently a serious caste-restriction violation. (See RT 6.68-113). Note that the 1991 Verinag edition is a reprint of Stein's work from 1900, and is not copyrighted material.
- 25. Stein 1991{1}:237n.11.
- 26. Rastogi 1979:110-111. I've not been able to find any more detailed information on these 9th century female Saivite Tantric teachers.
- 27. Rajatarangint 7.519-524 (Stein 1991{1}:310).
- 28. See note, Stein 1991{1}:310n.523.
- 29. See discussion of the term samaya in the next chapter of this dissertation.
- 30. Rajatarangint 7.277-280; Stein 1991{1}:291, and 291n.279-280.
- 31. Rājataraņgiņī 7.1130-1135; Stein 1991(2):356—the bracketed 'slave girls' is Stein's addition.
- 32. See Chapter 8 of this dissertation.
- 33. Dwivedi 1994:141-142; the Sanskrit reads: Jñātvā sāhasravedhī sata-guņita-satam koţivedhī ca yāvad, bhoktavyah sarşapāmsāt pratidinasamaye cāntimo rājikāṃsah¦ prāsādam bhūmivesma prabhavati rahitam sīta-vāta-tāpais ca şaṇmāsair divyadeham valipalitagatam madhyamo 'yaṃ karoti.
- 34. See Chapter 8 of this dissertation.
- 35. See Shaw 1994.
- 36. Otherwise modern 'histories' of Kaśmīr are largely polemics written by either Hindus or Muslims regarding the various injuries suffered by each group since the partition in the 1940's.
- 37. Farquar 1920:226-227. See also Lorenzen 1972:59-61 for brief extracts from this drama. The text was translated into French by Armelle Pédraglio, <u>Un Drame Allégorique Sanskrit</u>, <u>Le Prabodhacandrodaya de Kṛṣṇamiśra</u>, Texte Traduit et Commenté, Paris, Institut de Civilisation Indienne, 1974, Publications de L'Institut de Civilisation Indienne, Serie In-8°, Fascicule 36).
- 38. See also Handiqui 1934:605-606, for a discussion of this text.

- 39. This is a doctrine that dates back at least to the Atharvaveda (AS 10.2.31) (cf. Sharma 1992;387).
- 40. Ātamā vimala-svabhāvah ṛṣi-paricaraṇair jñātavayah|| kim bhaṇatha-ktdṛśam ṛṣi-paricaraṇam iti tac chṛṇudhvam| dūre caraṇa-praṇāmah kṛtasatkāraṃ ca bhojanaṃ miṣṭam| tṛṣyāmalaṃ na kāryaṃ ṛṣtṇāṃ dārān ramamāṇānām. (Nambiar 1971:66-67; I have modified her translation slightly).
- 41. (Parikramya punah saślāgham) Aho, sādhur ayam Saugata-dharmo yatra saukhyam mokṣaś ca | Tathāhi-Āvāso layanam manoharam abhiprāya-anurūpā vaṇin-nāryo vānchita-kāla-miṣṭam aśanam śayyā mṛdu-prastarāh | śraddhā-pūrvam upāsitā yuvatibhih klptānga-dānotsava-krīdānanda-bharair vrajanti vilasajjyotsnojjvalā rātrayah | |9| |..... Bho bho upāsakāh bhikṣavaś ca śrūyatām bhagavatah sugatasya vākyāmṛtam (pustakam vācayati) paśyāmy aham divyena cakṣuṣā lokānām sugatim durgatim ca | kṣaṇikā sarve saṃskārāh | nāsty ātmā sthāyī | tasmād bhikṣuṣu dārān ākramatsu nerṣitavyam | cittamalam hi tad yad īrṣyā nāma | (Nambiar 1971:68-71, her translation.)
- 42. See Lorenzen 1972:82-83 for a discussion of the name Somasiddhānta for the Kāpālika doctrine.
- 43. Nara-asthi-mālākṛta-cāru-bhūṣaṇaḥ śmaśāna-vāsī nṛ-kapāla-bhojanaḥ | paśyāmi yogāfijana-śuddha-cakṣuṣā jagan-mitho bhinnam abhinnam īśvarāt | | 12 | | ... Are Kṣapaṇaka dharmaṃ tāvad asmākam avadhāraya | mastiṣka-antra-vasā-abhipūrita-mahāmāṃsa-āhutīr juhvatāṃ vahnau brahma-kapāla-kalpita-surā-pānena naḥ pāraṇā | sadyaḥ-kṛtta-kaṭhora-kaṇṭha-vigalat-kīlāla-dhārojjvalair arcyo naḥ puruṣopahāra-balibhir devo mahābhairavaḥ | | 13 | | (Nambiar 1971:76-77; I've modified her translation a bit).
- 44. Kim vimṛśasi Śraddhe, paśutvam anayor na-ādya-apy-apantyate | tena asmad-vacana-saṃsarga-doṣād apavitraṃ surām etau manyete | tad-bhavatī sva-vaktra-āsava-pūratāṃ kṛtvā 'nayor upanayatu | yatas tairthikā api vadanti 'strī-mukhaṃ tu sadā śuci' iti | . (Nambiar 1981:84-85).
- 45. Vidyādharīm vātha surānganām vā nāgānganām vāpy atha yakşakanyām yad yan mama iştam bhuvanatraye 'pi vidyā-balāt tat tad upāharāmi | |23| | (Nambiar 1981:88-89; I've modified her translation slightly).
- 46. The suggestion of some accuracy of these depictions is supported by the inclusion of a very realistic reference to contemporary Vedic practices—suggesting (by implication, only) that Kṛṣṇasvāmin's other depictions may not have been far from the truth. In the sixth act, the (goddess) Upaniṣad, while speaking with Puruṣa (man), reports "I came across Yajñavidyā [another character] on the way, surrounded by deer skins, fire, sacrificial fuel, clarified butter, sacrificial vessels and the ladles called Juhu, Sruva etc., and with sacrifices, among which oblations, animal sacrifices and Soma sacrifices are prominent and the performance of which is described in all ritual texts." (Kṛṣṇājināgnisamidājyajuhūsruvādipātrais tatheṣṭi-paśu-soma-mukhair makhaiśca | dṛṣṭvā mayā parivṛta-akhila-karma-kāṇḍa-vyādiṣta-paddhati-rathādhvani yajñavidyā | |13| | (Nambiar 1981:156-157). This as though to remind us that, like a full orchestra, all the various layers of Indian religious practice were playing together in concert in Indian society—despite the predilection in Western scholarship to emphasize linear time and historical development.
- 47. Sūryakanta 1954:10-11.
- 48. Sternbach 1979:1-2.

- 49. In Kşemendra's Cārucaryā v. 99 he says: "In the last hours of one's life one should contemplate about Visnu, the Remover of Difficulties; Bhīsma on his death-bed of arrows contemplated about Visnu (and attained salvation)." (Sterbach 1974:77).
- 50. Sūryakānta 1954:15; Sternbach 1979:2.
- 51. See Chakraborty 1991:60-76 and Kaul's Introduction in Kşemendra 1923:1-20 for English summaries (with some notable omissions) of these two works. Sūryakanta's summaries of Kşemendra's works are more accurate and helpful (Sūryakanta 1954:16-25). There is no published translation of the complete text, though Sternbach published a translation of the third *upadeśa* on the prostitute (see Sternbach 1959:8-19).
- 52. Sternbach 1979:10.
- 53. In the Kalāvilāsa, as summarized by Meyer, we have the story of a young merchant's son who is entrusted by his father to the rogue Mūladeva in Ujjvala. The objective is to teach the boy Candragupta the wiles of the world so he won't fall victim to them later in life. Mūladeva first introduces him to a host of hypocrites, false ascetics, etc., then to the falsely pious holy men who use their religion as a cover for sin. Kşemendra depicts the entire crowd of pious penitents as frauds. Kalāvilāsa 1.50ff has a very amusing description by Mūladeva of the false ascetics, their clothing, deportment, etc., describing them as skilled in the five arts of hypocrisy—hypocrisy of purity, of peace of mind, of purificatory baths, of meditation, and of renunciation. (Meyer 1903:xli-xliii.) See also Rājataraṅgiṇī 8.123ff for story of cheating merchants, similar to what's described by Kşemendra in the Kalāvilāsa's second Sarga.
- 54. It was translated (not entirely accurately) into German by J.J. Meyer in 1903, and has been recently (very briefly) commented on by Gyula Wojtilla (Wojtilla 1984).
- 55. Though on occasion I used Meyer's translation as a guide, and in many places it was certainly helpful, I did all the translations into English directly from the Sanskrit.
- 56. Samayamātrkā 1.1-3; Durgāprasād and Parab 1888:1.
- 57. Kşemendra writes kaśmīreşu puram param.... (Samayamātṛkā 1.4, Durgāprasāda & Paraba 1888:1); this is the first instance I've seen of the name used in the plural.
- 58. Emend the Sanskrit in the 1967 edition (Samayamātṛkā 1; Kṣemendra 1967) from trinetranetrāgni-trastat-syaktvā to trinetranetrāgni-trastaḥ tyaktvā; it's correct in the 1888 edition.
- 59. Kāma has five arrows.
- 60. In the kāvya tradition, the idea woman is said to have three folds of flesh in her lower abdomen.
- 61. According to Apte kalāvat means both versed in all 64 arts, and the moon, because of having the digits (kalās).
- 62. A class of eye diseases.
- 63. Literally: 'gestures with the corners of her eyes.'
- 64. Samayamātrkā 1.1-13; Durgāprasād & Parab 1888:1-2.
- 65. The Kaśmīr writing material. Georg Bühler, in his report on searching for Sanskrit manuscripts in Kaśmīr, gives us valuable information on the use of birch-bark as a writing material. "The Bhūrja MSS. are written on specially prepared thin sheets of the inner bark of the Himālayan birch (*Baetula Bhojpatr*), and invariably in Śāradā characters. The lines run always parallel to the narrow side of the leaf, and the MSS. present therefore the appearance

of European books, not of Indian MSS, which owe their form to an imitation of the Tālapattras. The Himālaya seems to contain an inexhaustible supply of birch-bark, which in Kaśmīr and other hill countries is used both instead of paper by the shopkeepers in the bazaars, and for lining of roofs of houses in order to make them watertight.... To give an idea of the quantities which are brought into Śrīnagar, I may mention that on one single day I counted fourteen large barges with birch-bark on the river, and that I have never moved about without seeing some boats laden with it. None of the boats carried, I should say, less than three or four tons' weight. The use of birch-bark for literary purposes is attested by the earliest classical Sanskrit writers. Kālidāsa mentions it in his dramas and epics; Suśruta, Varāhamihira (circa 500-550 A.D.) know it likewise.... The Kasmīrian Pandits assert, and apparently with good reason, that in Kasmīr all books were written on bhūrjapattras from the earliest times until after the conquest of the Valley by Akbar.... It is at present [c.1876] impossible for the Kasmīrians to produce new birch-bark MSS., and for the collector of antiquities the existing birch-bark volumes have, therefore, a considerable value. The Pandits were very anxious that I should assist them to rediscover the secret of preparing birch bark for writing. But I declined to do so, as I feared that an extensive manufacture of spurious MSS, would be the consequence. As matters now stand, there are no birch-bark MSS, much younger than two hundred years, and some are four and five hundred years old. The preparation of the ink which was used for Bhūrja MSS. is known. It was made by converting almonds into charcoal and boiling the almonds thus obtained with gomūtra (urina bovis). The ink thus obtained is not affected by damp water, and, as the birch bark likewise stands water well, it is possible to improve dirty old MSS. by washing them, or by wetting at least the illegible portions. I have employed this method very frequently in order to make out doubtful passages. The Pandits regularly kept the MSS, in waster before selling them to me, in order to improve their appearance. I was told of a MS, which had been fished out of the Dal, the lake near the city, into which it had probably been thrown during one of the Musalman persecutions. It must have been laying in the water for many years. I heard also of a work which, after being considered to be lost, was recovered from a MS. found by a Pandit in the ceiling of his house, to which it had been nailed in order to keep the rain out." (Bühler 1876:29-30). These facts raise an intriguing, though admittedly totally speculative possibility. Since Nāgārjuna was said to have journeyed to the land of the Nāgas, and Kaśmīr was known as the land of the Nagas; and Nagarjuna was said to have recovered the texts of the Mahāyāna Sūtras from under water, and the Kaśmīris kept their birch-bark texts in water; it does not seem completely impossible that the Nagarjuna legend derived originally from some historical facts.

- 66. Samayamātrkā 2.1-2.108; Durgāprasād & Parab 1888:6-16.
- 67. Banerji 1965:16.
- 68. Mṛtajīvī Śvatulyo 'sau bhunkte kāpālika-vratam|| haraṇodyatahasto 'sau sādhūnām api vartane| ... snṣākāmī kalyapālakulojjvalah| (Narmamālā 2.24-26; Kṣemendra 1923: part 2, p. 16 of Sanskrit.)
- 69. Narmamālā 2.29-32; Gṛham niyogikāntāyāh pravišaty atinirbharam | eṣā śramaṇikā nityam kuṭṭanī vajrayoginī| | 29 | Yā mātā vaśya-yogānām jārāṇām siddha-dūtikā | naropapatti-dīkṣāsu strīṇām samaya-devatā | 30 | Arundhatīm api kṣipram pratārayati līlayā | purāṇa-puṃścalī sā hi jāhlavīm manyate tṛṇām | 31 | sā samīhitam asmākam acireṇa vidhāsyati | ity uktvā te yayur dhūrtā vṛddha-śramaṇikā-gṛham | 32 | (Kṣemendra 1923: part 2:16 Sanskrit).

- 70. Narmamālā 2.54: Tās tena jāraguruņā kṛtadīkṣā varānganāh | babhūvuḥ sarvagāminyo nirvikalpa-vrate sthitāḥ | (Kṣemendra 1923:pt. 2:18 Sanskrit).
- 71. Narmamālā 2.101; So 'bhūt pūrvataram bauddhas tato dambhāya vaiṣṇavaḥ¦ rakṣārtham atha bhāryāyā jāta-kaulāgama-ādarah¦ |
- 72. This is a crude reference to oral sex; bhaga refers to a woman's vulva.
- 73. Playing on the double sense of guru as both "heavy" and "teacher."
- 74. Narmamālā 2.102-116: Ānināya gurum garva-dambha-lobha-niketanam māyā-kuhakalaulyānām dīksā-samaya-mandalam | 102 | namaste gurunāthāya dhana-dāra-apahāriņe | kşobhine sarva-bhakşāya yakşāyeva kşapāsine | 103 | tālu-nyasta-ardha-sindūra-patrikāpuspa-gucchikah| bindūpabindu-nityārdra-mahā-lālāṭa-karparaḥ| 104| | karṇa-mūla-śikhāmātra-grathita-svalpa-jūţikah | kunkumānkita-karpāgrah kāca-rākşo mahāhanuh | 105 | | khalvāto virala-smasrur-drgha-vāk praskhalan kvacit vibhrāņo vadanam vṛddha-mahistbhaga-vibhramam | 106 | kṣaṇā pivati yo madyaghaṭam ghaṭaghaṭāravaiḥ tasya kaṇṭhapraņālasya sthalyam kenopamīyatām | 107| | madya-māmsa-durāmodamalinam yogapattakam | dadhānah stana-sampūrņam vaksasā rāksasākrtih | 108 | sindūra-pūrņagambhīra-nābhi-randhropasobhitah! lopikā-pūpa-sapharī-misra-abhrtodarah!! 109!! madhumāṃsa-kṛtājīrṇa-pratyagrāmodaduḥsahān¦ dhūmodgāragadankārān muñcan megha ivākulah| | 110| | gurur gurutarāvidyā-avadya-madya-madāndhadhīh | ahankāra ivākāram āgatah pratyadṛsyata | 111 | | ākareṇa guru gurusca vacasā kausīdya-maurkhyair guru medhrena atigurus tathā āsya-kuhara-smasrūdarasphig-guruh! vesyākāmi-niyogi-vañcanaguruh sad-vṛtta-sūnyo gurus citram sarvaguruh sivodita-mahāsikṣāsu nityam laghuh | | 112 | | api nāma sa jayeta pavitracaritah kṣitau aśaucanidhayo yena guravo nopasevitāh | 113 | | ahampūrvikayā sarve patitās tasya pādayoh cakruh sirobhir bhūkampa-luthatpithirakabhramam | 114| | rakṣāyai nijabhāryāyāh sampadām ca vivṛddhaye | niyoginā yāgavidhau vijnapto bhagavān guruh [115] likhitvā kunkumenāsu svalpa-sambhāra-cīrikām hrstah prātah samesyāmi ity uktvā prāyāt sahānugaih | 116 | (Ksemendra 1923:part 2:23-24).
- 75. Narmamālā 3.10: Tato nityāvadhānena bhaga-linga-vibhūşitam cakāra mandalam śişyah sindūra-antarita-antaram | (Kşemendra 1923:part 2:27).
- 76. Recall the drunken ascetic called "having bells on his buttocks" referred to in the Samayamātrkā.
- 77. Smearing the body with feces is a prescribed Tantric practice in the *Vimalaprabhā*—see chapter 7 of this dissertation.
- 78. Apparently a type of sexual yoga, lit: 'entering into the creeper'; latāveṣṭa is a type of coitus.

- bhastrayā tathā | śāli-cūrņa-yava-akṣoṭa-bilva-argha-ghṛta-candanam | |20| | (Kṣemendra 1923:part 2:28). See Puṇḍarīka's reference to similar behavior in his commentary on Kālacakratantra 5.127, p. 70.30 ff, in Chapter 11 of this dissertation.
- 80. Narmamālā 3.39-40: Paraspara-prārthanayā sumundita-bhaga-dhvajau | bhū-kampa-kāriņau rātrau tau randābrahmacāriņau | |39| | divā dambha-nidhānāya namas-tīrthopasevine | (40)--in mutual lover's solicitation, with the well shaved vagina (of the harlot) as their banner, at night the two--the harlot and the brahmacārin cause the earth to tremble, while during the day, to maintain the religious hypocrisy, they are occupied in worship and pilgrimage. (Ksemendra 1923:part 2:30).
- 81. Narmamālā 3.43b: dadāti niśi niḥśankā kāmasattram tapasvinām. (Kṣemendra 1923:part 2:30).
- 82. Chakraborty translates kulavadhūh as "chaste woman." (Chakraborty 1991:76).
- 83. Desopdesah 8.8-10: Vaktrālokini sadane prāgalbhyād dāsabhāvam ānīte | patyau viracitavesā yāti gurum dīkṣitā patnī | |8| | paśu-saṃsparšād vimukhī samaya-vihīnasya gehinī bhartuh | āyāti sadā kṛtvā guru-surata-pavitram ātmānam | |9| | kharatara-pṛṣṭha-kaṭītaṭa-mandara-gamanā gṛhān etya | pādāghātaih patnī hanti patiṃ bhojanasya cirāt | |10| | (Ksemendra 1923:part 1:24-25).
- 84. Deśopadeśah 8.11-13: Madhupāne kṛtabuddhiḥ kaula-kathā-naṣṭa-jāti-saṃkocaḥ | matsya-śarāvaka-hasto guru-gṛham āyāti dīkṣito bhaṭṭaḥ | 11 | | ghaṭa-gala-gala-gala-śabdair galapūram bhairavam pivan bhaṭṭaḥ | saṃlakṣyate pravāhe luṭhita iva ambhobharāt khinnaḥ | | 12 | | nītvā nikhilām rātrim kṣīvo vānta-asavaḥ śva-līḍha-āsyaḥ | abhivādana-pariśuddhaḥ prātar bhaṭṭo 'nyabhaṭṭeṣu | | 13 | | (Kṣemendra 1923:part 1:25).
- 85. Desopadesah 8.20-22: Jarayā jīrṇa-sarīrah kāsa-svāsa-prayāsa-hata-saktih vrajati rasāyana-siddhah svagurum vṛddho 'py aseṣāyuh | 20 | mūṣā-mukha-vistīrṇair bhurisuvarṇaih karomi sampūrṇam nija-janam aparam ca rasair ity uktvā nirdhano mriyate | 21 | paryanta-atīsāre lagne vṛddhasya sūta-siddhasya sūta-siddhasya sūta-siddhasya | suddhir dehamalānām jatā ity upajāyate harṣah | 22 | (Kṣemendra 1923:part 1:26-27). Kṣemendra similarly finds the gambler (dyūtakarah) a pathetic creature. Focused on the mantras of Gaṇapati in the form of the white sun-plant (Śvetārkah, a the white variety of Calotropis gigantea (arka). Sodhalanighaṇṭuh 1.493a describes the white variety as having long leaves and white flowers. (Śvetārko dīrghapatras ca śveta-puṣpas tathaiva ca). (Sharma 1978:53)) in order to overcome [i.e. beat out] the circle of rogues [the other gamblers], the rogue goes to the guru with saphari fish, cakes, and sindura in hand [as gifts]. Suffering pain because of retaining his urine, constantly maintaining the vow of abstaining from food, he is subdued, keeping silent. Recall that Kuṭṭanī worked in front of a gambling house frequented by such characters.
- 86. To avoid the distraction of the verse numbers, each sentence of my translation constitutes one verse from the KSS edition of the *Desopadesah*, in sequence, vss. 6.1-6.45 (See Kaul 1923:16-20).
- 87. This verse, 6.15a, is a bit obscure to me: nirdīpa-pātra-tulya-asya-kāntyā jita-sanaiscarah. (Kaul 1923:17).
- 88. This last compound is a bit puzzling: pāmsulipta-sattrapa-sattrapah. A sattra is the name for a one-day session in a Soma sacrifice, so I've taken it as "soma-drinker" though this is just a guess; the repetition could be for emphasis. (Kaul 1923:18).
- 89. Several of the summaries of this *upadesa* have mistakenly reported that the Gauda had ripped open the belly of another student in a dispute. However, the case endings in this verse

- (6.26)--aneka-kşurikā-āghāta-kşuṇṇa-kukşeh kşayaişiṇah ko nāma gauda-yakşasya sattre yāti vipakşatām--indicate that the 'trampled belly' belongs to the Gauda himself. (Kaul 1923:18)
- 90. This verse (6.33) is a bit opaque to me: daisikah krpayā yena pītakošah pravešitah tasyaiva likhati prāye brahmahatyām viṣāšanah. (Kaul 1923:18). It appears to refer to the idea that instead of pursuing proper studies, all the Gauda can write about are techniques for poisoning the husbands of the wives he wishes to bed.
- 91. Matha-catta. The British sense of a "cracker" seems to be intended—a colorful, somewhat disreputable character. This is however interpretive on my part.
- 92. Buhler 1875:22-23.
- 93. The authors of historical epics such as *Harşa-carita*, *Kumārapālacarita*, *Rāmacarita*, *Vikramātkadevacarita* and other such works are "more concerned with the poetic, romantic, or dramatic possibilities than in historical events, and take more delight in delineating beauties of nature and aesthetic emotion than correctly describing the essential facts of their heroes' lives. Further, they are not content with the rich human elements offered by their theme and do not care to probe into the rational working of human minds. Instead, they seek to embellish their stories by introducing magic, miracle and even divine elements in order to explain the course of historical events." (Banerji & Gupta 1965:ii).
- 94. Vikramānkadevacaritam 18.6 (Banerji & Gupta 1965:272.) Meyer points out that several Sanskrit dramas indicate that Prarkit was considered the more delicate or tender language, while Sanskrit was considered a bit more harsh; women were typically Prakrit speakers in the dramas, while the men spoke Sanskrit. He cites Karpūramanjarī 1.7 where this is stated, with the difference between the two languages being that of the difference between men and women... He also cites Sāhityadarpaņa 432: "Men not low and educated must speak Sanskrit, and women simularly [sic] circumstanced are to speak the Śaurasenī dialect." The same section adds: "A women [sic] in general, a female friend, a boy, a courtezan, a gambler, and a nymph are to made occasionally to speak Sanskrit in order to set off their wit." (Meyer 1903:xii-xiii, n.1.) So Bilhana here is indicating, relatively speaking, a highly developed Sanskrit culture.
- 95. Kşema, 'rest, ease' etc., was evidently a local Kaśmīri name for Śiva. This would help explain the origin of Kşemendra's name (Kşema-indra) and Kşemarāja's name, the latter being the renowned Kaśmīri Śaivite philosopher, writer, and author of several commentaries on Śaivite Tantras.
- 96. Banerji & Gupta 1965:276-277.
- 97. VC 18.26; Banerji & Gupta 1965:277.
- 98. VC 18.28-29; Banerji & Gupta 1965:278.
- 99. VC 18.9; Banerji & Gupta 1965:273. Canto 7 of the *Vikramānkadevacaritam* has a long description of the women of the court taking their pleasure on the swings, arousing erotic feelings in the young men as the wind gradually loosens and removes their clothes while they swing. (VC 7.15-30; Banerji & Gupta 1965:113-115.)
- 100. VC 18.20-21; Banerji & Gupta 1965:276.
- 101. Though not in MW or Apte, kāṭhāla may have been a local contraction of kāṭha-śāla, an enclosure for the [recitation of] the Kaṭha recension of the Kṛṣṇayajurveda.
- 102. VC 18.24-25; Banerji & Guta 1965:277.

- 103. Vikramānkadevacaritam 18.75: "Muktilkalas was the foremost in the family of those (Brāhmanas) possessed of character holy in the three worlds; by their perspiration, as it were, generated from the constant practice of Agnihotra sacrifices, the stigma of the Kali Age was wiped off." (Banerij & Gupta 1965:290).
- 104. The Sanskrit text was published in 1887 with Jonarāja's (c.1400-1450 CE) commentary. Jonarāja also wrote the 'second' Rājatarangiņī that continues from where Kalhaņa's left off; see Nagarajan 1970:537-540 for a very brief summary.
- 105. Keith 1928:136.
- 106. Stein remarks: "I think we can easily and conclusively show that this poet Kalyāṇa, Maṅkha's distinguished contemporary, who emulated Bilhaṇa and who was deeply read in epic lore, is no one else but our Kalhaṇa. The name Kalhaṇa is undoubtedly an Apabhraṃśa form derived through Prakrit Kallaṇa from Skr. Kalyāṇa, which being a word of auspicious meaning ('happy,' 'blessed'), is often found as a proper name. The consonantal group ly becomes by a regular phonetic law ll in Prarkit, and this again is liable to appear as lh in Apabhraṃśa and the modern Indo-Aryan Vernaculars. Thus Skr. kalyaṃ, 'to-morrow,' which is found as kallu in Prakrit, reappears in forms like kalh, kālh, kalha, kālha in the several modern Vernaculars. The shortening of ā into a in the second syllable is similarly accounted for by well-known facts of phonetic conversion." (Stein 1991{1}:13).
- 107. Bühler 1877:50-52.
- 108. Śrīkanthacarita 25.1-5: Durgāprasāda & Paraba 1887:335-336.
- 109. Śrikanthacarita 25.15-17; Durgāprasāda & Paraba 1887:337-338.
- 110. Śrīkaṇṭhacaritam 25.44: Śrīmal-laṅkaka yad viśaṅkam uragādhīśasya halāhala-jvālā-dambara-dāmarād vadanatas tātparyato niryayau| vāg-devī-kara-kumbha-niryad-amṛtodriktena sikte mahābhāṣyaṃ kāvyarasena tat tava ciraṃ vaktre 'dya viśrāmyati| | (Durgāprasāda & Paraba 1887:343).
- 111. Śrīkaņthacaritam 25.48a: Ākrāntā yasya vakrimņā dīrgha-dīrgha-guņā giraḥ vāgdevīkaravallakyā iva puṣṇānti mādhurīm | |, or as the commentary explains, vakrimņā vakrabhāvena prasiddha-prasthāna-atiriktamātreņa tathātidīrghaguņā yasya vāco madhurīm madhuratvam puṣyanti. (Durgāprasāda & Paraba 1887:344).
- 112. See Smith's A Descriptive Bibliography of the Printed Texts of the Pāñcarātrāgama (Smith 1980:84) where he describes mandira as "(1) Any shrine in general; (2) that portion of a house set aside especially for worship." The commentary refers here to the well-known text called Mandira (subodham mandirākyam śāstram), though Smith does not list this text in his collection (though he also acknowledges that there are many more texts from the tradition than what he managed to collect).
- 113. Śrīkaṇṭhcaritam 57-59: Pradīparucitasaṃcāracāru yo 'dhyāsya mandiram| jhagityeva svayaṃ viṣṇos tat-tattvaṃ param aikṣata|| Aniruddha-acyuta-bala-ślāghya-darpa-kalāṇcitāḥ| **Ekāyanasya** yasya āsaṃś cāturātmyāṇjitāḥ giraḥ|| sudhā-sadharmibhir dvitrair iti lankaka-cāṭubhiḥ| abhyarṇaṃ karṇayos tasya sa Śrīdevadharo 'dhinot||. (Durgāprasāda & Paraba 1887:345).
- 114. Śrīkanthacaritam 25.61a: Ekam śrījayasimhapārthivapatim kāśmīramīnadhvajam tasya upāsita-samdhivigraham Alankāram dvitīyam stumah (Durgāprasāda & Paraba 1887:346).
- 115. Śrikanthacaritam 25.94-95 (not an exactly literal translation): Vyanakti pṛthu sāmarthyam ākhyāyā eva yo 'kṣaraiḥ| jaye 'bhinavaguptasya prakaṭaḥ prathamo guruḥ| taṃ

tatra āgamatantreṣu sūcitānaṅkuśaśramam | tataḥ saṃketa-sadanaṃ prāgalbhasya abhyabhāṣata | (Durgāprasāda & Paraba 1887:351). The subject of the verb abhyabhāṣata is Maṅkaka, who has come to address the sabhā, so that he describes himself (in the third person usually) as addressing (or praising, or greeting) each member. Jonarāja adds the following explanation in his commentary: As for the form of the name Prakaṭa, he has this combination of letters for his name because he shows great ability in the mastery of Abhinavagupta['s writings]. Abhinavagupta was the most excellent Kaśmīri teacher. Because he was new (abhinava), i.e. new (nūṭana), [and] protected (gupta), this one is also manifest (prakaṭa) and first (prathama), since with the syllables of his name he achieved mastery of Abhinavagupta. Having made great efforts [in studying] the āgamaśāstras, he is known as the single repository of confidence. (Ākhāyāḥ prakaṭa ity evaṃrūpāyāḥ saṃbandhibhir akṣarair eva hetubhir abhinavaguptaṣya jaye sāmarthyaṃ yo vinakti | abhinavaguptaḥ kāśmīrācāryavaryaḥ | sa hy abhinavo nūṭano guptaḥ, ayaṃ tu prakaṭaḥ prathamaś ca | ato nāmākṣarair abhinavaguptajayo yena kṛṭaḥ | āgamaśāstreṣu kṛṭa-bahv-abhyāsaṃ tathā prāgalbhasyaikāśrayaṃ sa saṃkathitavān | (Durgāprasāda & Paraba 1887:351).

Among other minor details we learn from Mańkaka's descriptions is that the vaidya Suhala used ginger in his treatments (nāgarī or śuṇṭhī), as well as balā (See Dhanvantarīyanighaṇṭu 1.280-281 (Narahari 1986:64-65). Synonyms for balā are bhadraudanī, vāṭī, samaṅgā, kharayiṣṭikā, mahāsamaṅgaudanikā, and śītapaykodanāhvayā) and harītakī (Śrīkaṇṭhacaritam 25.98: 'Possessed of nāgara-prakṛti, having balā as his nature, holding abhaya (harītakī), he delighted the sick with ingredients that were as though constituted of one medicine [i.e. due to their skillful combination] (nāgara-prakṛtiś cāru-balātmā vidhṛtābhayaḥ yaḥ prīṇāty āturān aṅgair bheṣajaikamayair iva | | Jonrāja glosses nāgaraṃ as śuṇṭhī, and abhayā as harītakī. (Durgāprasāda & Paraba 1887:351-352.)

- 117. Śrīkaṇṭhacaritam 25.100-102; Pāṇintyātapatreṇa pavitraṃ yasya tan-mukham | saṅgaṃ svapne 'py avāpnoti na apaŝabda-rajaḥ-kaṇaiḥ | svasya īśvarasya yo vyañjan maṇḍale mantra-saṃskriyām | dhatte sad-āgama-prītiṃ daiśikānāṃ dhuri sthitam | anyaḥ sa suhalas tena tato 'vandyata paṇḍitaḥ | dūto govindacandrasya kānyakubjasya bhūbhujaḥ | Jonarāja's commentary reads: "pāṇinīyaṃ pāṇini-praṇītaṃ vyākaraṇaṃ tad eva ātapattraṃ tena karaṇabhūtena yasya tan-mukham apaŝabdair eva reṇukair saṅgaṃ svapne 'pi na prāpnoti | ata eva pavitam | chattre sati rajaḥsaṅgo no bhavati | svasya īśvarasya govindacandrasya maṇḍale rāṣṭre kānyakubjadeśe mantraiḥ saṃskriyāṃ vyañjanan yaḥ satāṃ sādhūnām āgamena prītir yasyāṃ sthitau tāṃ daiśikānāṃ deśāntarīyāṇāṃ dhuri sthiti dhatte | (and here's the explanation of the double entendre:) atha ca svasyeśvarasya bhagavato maheśvarasya maṇḍale yāgādau mantrasaṃskriyāṃ praṇavādi-saṃskāraṃ vyanakti | kānyakubja-maṇḍalendrasya govindacandrasya rājño dūtaḥ, sa suhalo nāma anyo lokottaraḥ paṇḍitaḥ | athavānyaḥ pūrvokta-suhalāt | sa suhalas tena vanditaḥ | (Durgāprasāda & Paraba 1887:352).
- 118. Śrīkanthacaritam 25.122 & 123, Durgāprasāda & Paraba 1887:356.

116. Bhatt 1973:83, from Prinsep's study of inscriptions.

- 119. Tawney & Penzer 1923{1}:92.
- 120. Ingalls 1965:30.
- 121. Ingalls 1965:31.
- 122. Ingalls 1965:33.
- 123. Ingalls 1965:56.

- 124. Ingalis 1965:63.
- 125. Ingalls 1965:76.
- 126. Shankar & Hahn 1937/1988:1-lxxxi.

Tantric Yoga Chapter 7 James F. Hartzell

# Tantric Physiology

#### 7.0. Introduction to Chapters 7, 8, and 9

We find in the Tantric material a sensitive awareness of an intimate relationship between human sexuality and death. This is a more or less universal human perspective, as indicated by the French term for sexual orgasm, 'the little death' (*le petite mort*). The Indo-Tibetan culture has a very elaborate understanding of what we could call (as an abbreviation) the 'sex-death relationship' that is incorporated and developed to a highly sophisticated level in the Tantric traditions. A culture that accepts reincarnation as a fact has as a logical corollary the premise that the newly conceived embryo is a pre-existent being who is taking birth either for the first time or once again as a new human being. The incarnating being could have 'previously' been any of several of the Indian categories of beings, including all sorts of deities. In fact the premise of incarnation or reincarnation is presupposed in the doctrine of avatars such as the series attributed to Vişnu, and attributed to Buddha in the *Jātaka* tales. We find this doctrine enunciated as early as the *Bṛhadāraṇyakopaniṣad* of the Śukla-yajurveda, where the Puruṣa is described as leaving behind its old body, and fashioning a new one like a goldsmith:

Just as a caterpillar, after it has reached the tip of a leaf, seizes another onset to another leaf and itself goes over to it, so also the soul, after it has shaken off the body and has temporarily freed itself from nescience, seizes another onset of new birth and itself goes beyond towards it. Just as a goldsmith takes the stuff of his craft-work and hammers out of it another, new and beautiful form, so also this soul after it has shaken off the body and has temporarily freed itself from nescience, creates for itself another, new and beautiful form-be it of a

father or a Gandharva or of the gods or of Prajāpati or of Brahman or of other beings.<sup>1</sup>

As mentioned in Chapter 3, the reincarnation doctrine was apparently taken up consciously by several of the Tantric siddhas who considered themselves reincarnations of earlier Buddhist teachers, and we find in the modern Tibetan Tantric tradition a well-established doctrine accepted as fact that Lamas take rebirth as identifiable reincarnations who retain a certain degree of memory about their prior lives. The reincarnation doctrines have interesting implications for the Indo-Tibetan understanding of sexual intercourse and dying. When we consider sexual intercourse in the context of the reincarnation premise, we must say that the lovers who are making love must by definition be somehow connecting to other dimensions in order for the beings who are in those dimensions (the so-called "between state," antarabhāvah in Sanskrit) to incarnate in the fertilized ovum that grows into the baby child. That is, the moment of sexual orgasm must somehow allow the fertile woman and the ejaculating man to 'connect' to the dimension wherein are found those beings wishing to incarnate. The logic of this idea is not complicated: in a space-time system, in order to incarnate or reincarnate there must be some method whereby the incarnator or reincarnator connects to the embryo. Otherwise we would be stuck with a situation analogous to the humorous story of the old Maine farmer who, when asked directions by a traveling city slicker, looks at him for a while, then slowly drawls, "Ya caan't get theare from heare." The Tantric doctrines of death and dying concentrate, as it were, on the other end of the spectrum--i.e. what happens when the individual dies and travels through the between state to a new incarnation. Again, the reincarnation doctrine implies that there must be a state or dimension to go to from this one where we are alive as human beings, and there must be a way to get back to the human state from the afterlife.

These reincarnation doctrines therefore imply that there must be entry and exit points in the body for the transmigrating or reincarnating being. That is to say, there must be a definable mechanism, method, or route for entering into the fertilized ovum that grows into the embryo that is born as the new child, and there must be a definable portal or set of portals whereby the transmigrating being can leave the body at death, since when people die their bodies are left behind as corpses. What we find in examining the detailed explanations of the subtle body in Indian literature is that we have in the Yoga texts and *Upanişads*, in the Ayurveda and Samkhya traditions, and in the Tantric traditions an explanation for the mechanism whereby a being can incarnate. This provides us a remarkable paradigm that purports to account for how it is that human beings come from other dimensions into the fertilized ovum of their parents created during orgasmic sexual love. The fundamental premise appears to be that our subtle body energy network of centers (cakras or padmas) and channels (nādīs) and drops (bindus) is multi-dimensionally interlinked. During moments of sexual ecstasy certain channels of the subtle body open to these other dimensions, providing the routes whereby the (re-) incarnator can incarnate. It turns out that these same points of entry are the points that the dying being uses to depart from the body into the other dimensions. While a person is alive as a human being, his or her transmigrating self ties itself into these multi-dimensional psycho-physical doorways in

the physical body--the cakras or centers--through a series of knots (granthas) that bind it intensely into its physical form. The life breaths (prāṇas) and winds (vāyus) then radiate out from these centers to grow and animate the physical being (the collection of breaths tend to be referred to as prāṇas in the Hindu systems, and vāyus in the Buddhist systems). At death, these breaths and winds withdraw from the channels, senses, limbs, etc., return to the central channel and then to the heart center, and then the being withdraws from or departs from the physical form.

The Tantric tradition takes this basic paradigm and proffers alternatives to go along with our innate procreative capacity and transmigrational capacities. Through an elaborate system of purifications, training, initiations, meditations, and sexual Yoga practices, the Tantric initiates are purportedly taught how to use sexual love as a doorway to divine self-transformation through a conscious harnessing of the intrinsic access to the other dimensions that sexual love provides. The doctrine of the sexual Yogas aims to bring the initiates to the cusp of the procreative moment—i.e. the moment of orgasm and ejaculation—and then redirect the concomitant energies towards creative self-transformation, rather than procreation. Again the logic of the idea is fairly simple, though the methods are tremendously complex. The basic premise appears to be that since sexual intercourse connects the lovers to divine or extra-temporal dimensions, initiates can theoretically learn to consciously connect to these other dimensions. Rather than following the our instinctive procreative urges and providing a fertilized ovum for an incarnating being, we can purportedly instead use the energy of these other dimensions to alter and enhance our own psycho-

physical presence for the purpose of helping the world and liberating other living beings from suffering, ignorance, confusion, pain, and hatred (etc.). By training themselves to be able to embody and transmit progressively more intense frequencies of divine light, love, and will, the initiates can themselves eventually become Śivas and Śaktis, Buddhas and Prajñās, and fundamentally transform the world from a world of sorrow and suffering to a world of joy and happiness.

In a set of practices that are implicit in the earlier Tantric tradition and become highly developed in the Tibetan Tantric tradition, initiates can also train themselves for a conscious mastery of the reincarnation process by meditations that prepare them for the process of dying, transiting safely through the between states, and returning to life as a new child born from to new parents. These doctrines are elaborated particularly well in the Tibetan texts, and the origin of the specific doctrines of Yogic practice for altering the death process, and navigation in the 'between-state' are attributed in the texts to some of the famous Tantric siddhas of the latter centuries of the first millennium CE. As the Dalai Lama has written, "The Book of Liberation Through Understanding in the Between has been quite popular for many centuries in Tibet. It is a manual of useful instructions for people who are facing their death, as well as for their relatives and friends. It is connected with a large literature in Tibetan that thoroughly investigates the phenomenon of dying. Indeed, the reality of death has always been a major spur to virtuous and intelligent action in all Buddhist societies. It is not considered morbid to contemplate it, but rather liberating from fear, and even beneficial to the health of the living."<sup>2</sup> The practitioners learn to

'practice dying' by Yogic meditations designed to mimic the death process, so that when it finally occurs they will be prepared for it and able to maintain some degree of conscious control over a process that is otherwise largely out of the control of the normal individual. The practitioners also study the images and experiences they can expect to encounter in the between state or afterlife, so that they can successfully navigate through these to a new birth. The famed Tibetan Book of the Dead, more properly titled the Book of Natural Liberation Through Understanding in the Between<sup>3</sup> is attributed to the eighth century Padma Sambhava, a renowned Buddhist Tantric Siddha, and was discovered in a cave in the 14th century by Karma Lingpa of Tibet. By the fifteenth century the text was copied, printed, widely distributed among the Tibetan Buddhists, and frequently imitated.<sup>4</sup> A similar text is attributed to the 11th century Tantric adept and teacher Naropa, and was discovered as a mid-14th century (1350 CE) Uigur manuscript among the Tun Huang collection. This may well be one of the texts written in imitation of the work attributed to Padma Sambhava, since it appears to come from a Tibetan original.<sup>5</sup> I have not studied the techniques of these Tibetan death and dying meditations in depth, and so I will not discuss it in any great detail in this dissertation--rather I would refer the readers to Robert Thurman's recent translation of The Tibetan Book of the Dead, where they will find detailed discussion of these approaches. What we will discuss however is how the physiology, initiations preceding the sexual yogas, and practice of the sexual yogas in the Tantric traditions engage the very same psychophysiological circuitry as that involved in the death and dying yogas.

The Tantric traditions therefore address the issue of how their initiates can learn to gain conscious control over the fundamental processes of creating life (making love) and dying, and learn to exercise new options during these processes that are otherwise unavailable to those whose sexual and death experiences are largely driven by instinct. In Chapters 7, 8, and 9 of this dissertation, we will examine three fundamental components of Tantric Yoga related to these issues. In this chapter, chapter 7, we will look at the relationship of the Tantric physiological system to the physiology of the traditional Indian medical system, Ayurveda. This study will illuminate the physicality of Tantric Yoga, i.e. the Tantric understanding of how Tantric Yoga practices impact our physical presence, and will examine the circuitry of the subtle and dense aspects of the human body. In Chapter 8 we will examine various aspects of the Tantric initiation process, the preparatory rites designed to transform initiates' awareness by raising their perceptual foci from being governed by instinctual compulsions to being consciously involved in the divine transmutation of existence. In Chapter 9 we will look at the vexed issue of the practice of Sexual Yoga in the Tantric traditions.

# 7.0.1. Introduction to Chapter 7

The relationship between the Indian medical texts and the Hindu and Buddhist Tantric texts has not been well explored by modern scholars--or at least not widely written about, with the result that there is considerable confusion and misunderstanding about the origins of much of the material in the Tantric tradition vis-à-vis the Āyurveda medical tradition. My own research has led me to the

conclusion that the complicated psycho-physiological theories and meditative/yogic practices of the Tantric tradition are premised, in significant part, on the mind-body medical theories of the Ayurveda--the classical Indian medical tradition. We have seen especially in Chapters 2 & 3 of this dissertation that the Tantric tradition has deep roots in the earliest Sanskrit literature, in widely shared and practiced meditative and Yogic practices, in early Buddhist monastic techniques, and in popular magical and healing rites deriving from the Atharvan and early Buddhist medical traditions. We have also gained in Chapters 4 & 5 some sense of the scope of the Tantric traditions from accounts of their extant literature. With this chapter we begin an examination of the Tantric Yoga doctrines and practices. One fundamental aspect in these considerations is the relationship between the Indian physiological tradition--as embodied in Ayurveda--and the Tantric physiological system of the winds, channels, centers (cakras) and drops. The reason that it is necessary to understand the 'Ayurveda-Tantra connection' is that the Tantric texts rely on the physiological model of the human body they inherit from the medical traditions as the basis for their subtle body doctrines and practices. This is a bit of a chicken and egg dilemma, since in order to understand Tantric subtle body yogas, one needs to understand the subtle body structure inherited from the medical traditions and the early Yogic and Upanisadic traditions, yet in order to appreciate the functioning of the subtle body system, one needs to understand Tantric subtle body yogas. Accordingly, this chapter will not proceed in a strictly historical sequence.

In an original discovery worked out this past summer, 6 I have identified the

precise way that Tantric subtle body physiological system maps to the Ayurvedic physiological model. This discovered relationship has profound implications for our understanding of the functionality of the Tantric subtle body yogas, and goes a long way toward explaining why it is that the Tantric texts present their techniques as mind-body, or psycho-somatic techniques with real, tangible physical and spiritual results. The basic reason for this may be stated here: from the point of view of both the Ayurvedic and the Tantric traditions, the human being is a complex of dense and subtle components interwoven with the environment, dimensions, and cosmos wherein we live. In the Tantric traditions particularly the perspective is developed that the perceived distinction between the mind and body is ultimately a false one, so that the psyche has not only the potential for reenvisioning reality, but also for actually enhancing and upgrading one's own physical presence in life for the purpose of helping both oneself and one's fellow beings achieve liberation and enlightenment. The reason this is so is that one's own psyche is intimately connected with the most powerful divine generating energies in the universe. In the Saivite Tantric traditions these divine generating energies are seen as specific versions of Śiva in orgasmic sexual union with his wife Parvatī or Devī (Śakti). In the Buddhist Tantric traditions they are conceived of as different versions of Buddha in union with his consort (Prajñā or Mudrā). In an interesting twist to both traditions, and as a common-sense recognition of the difficulty of achieving the stated goals of the long life (dīrghāyus), liberation while living (*jīvanmukti*), perfection of the body (*kāyasiddhi*, or pindasiddhi), the 'lightning' or 'diamond' body (vajrakāya), the state of freedom from

diseases (anāmaya-pada) etc.--all versions of an enhanced and transformed living physical presence—the traditions acknowledge that one may also arrive at the requisite enlightened state of awareness upon dying, because one reconnects to the spiritual energy fonts without the challenge of doing so within the more dense physical context. However, the focus of the sexual Yoga practices in both the Saivite and Sanskrit Buddhist Tantric material I have read for this dissertation appears to be principally on life in the here and now, and the texts include whole sections on medical treatments, magical rites for material gain, and alchemical recipe preparations for extending life and combatting aging, combined with meditations and Yoga practices said to provide the divine body. Abhinavagupta's Tantric disciple Ksemarāja (a different fellow than Ksemendra), in a comment on the Trika system's Netratantra remarks that "by not abandoning the state of the supreme form, and by meditating on it immediately, [the yogin] increases it with the manifested nectar of the subtle meditation as described; he becomes one who has a divine body free of diseases, i.e. he becomes one whose Śāktic form has opened its eyes because of the nectar of the subtle meditation."<sup>7</sup> As a combined system, then, it appears that the Tantric and Ayurvedic traditions together constituted what might be referred to in modern parlance as an ancient analogue to a synthesis of modern religion and the life sciences.

# 7.1. Basic Perspectives of the Ayurveda Medical Tradition In Relation to Tantra

The Tantric and Ayurvedic traditions share a focus on the body, an intensely 'somatic' awareness, one could say, 8 and a sense--well integrated into their practices

and philosophies--that the microcosm of the individual shares a fundamental identity with the macrocosm of the surrounding universe. In medicine we see this relationship enunciated in the analysis of foods, weather, geography, sources of meats used in medicine, times of the day or year, etc. In Tantra we see this relationship elaborated particularly in terms of the mapping of the deific cosmic realities into the body and the belief that through ritual meditations, yogas, etc., this mapping can be realized in the verbal sense--i.e. made real for the individual--we shall discuss this more below. As Caraka puts it, "The body that becomes the basis of consciousness has as its nature an arisal from the transformation of the five major elements, "9--i.e. the same five major elements that make up the universe--earth, air, fire, water, and space or ether. And since our physical bodies are in this sense made of the same 'stuff' as the universe, "according to this teaching there is absolutely no substance in the world that does not have medicinal use." Suśruta puts the same point slightly differently, saying that the qualities of the substances of the world and the qualities of the substances in the body are the same, because the maintenance, growth, and destruction of embodied beings have substance as their cause. 11 Whereas in Vedic or Tantric ritual we might, as modern scholars, be tempted to view the type-identity mappings as purely imaginative, or theoretical, in the medical tradition we cannot deny-given the methods of diagnosis and treatment still practiced in India today-that from the point of view of practice the system takes the identity mappings of the external world and the physical individual quite literally, using the doctrines of sāmānya (commonality) and viśeşa (distinction) in analyzing the degrees of identity a

particular individual shares with his or her environment in terms of the relative predominance of the five principle elements earth etc. in their body, in order to determine treatment options, medicinal preparations, etc. (See 7.3 below for a discussion of Āyurvedic medical doctrines).

# 7.1.1. Epistemology of Traditional Medicine

Three types of medicine are defined at Caraka Sūtrasthāna 11.54: daivavyapāśrayam, yukti-vyapāśrayam, and sattvāvajayaś--i.e. spiritual or divine (lit: taking refuge in the divine, daiva-vyapāśrayam), rational (relying on reasoning, yuktivyapāśrayam), and psychological (victory over the intelligence). Caraka explains that "The spiritual therapy consists of recitation of mantras, wearing roots and gems, auspicious acts, offerings, gifts, oblations, following religious precepts, atonement, fasting, invoking blessings, falling on (the feet of) the gods, pilgrimage, etc. The rational therapy consists of the rational administration of diet and drugs. Psychological therapy is restraint of the mind from unwholesome objects." 12 As Chattopadhyaya puts it in discussing the Carakasamhitā's focus, "Though with some kind of perfunctory references to the Atharvavedic therapy of magical chants and incantations and even to the special services of the Atharvavedic priests... the text as a whole comes out with a massive verdict exclusively in favor of yukti-vyapāśraya bheşaja...,"13 i.e. therapy that relies on the rational. Where the Tantric traditions 'slot in' to the medical traditions, one could say, is precisely in the areas of the psychological and spiritual therapy, often alluded to in the medical Sāmhitās, yet not much explained.

There are traditionally eight divisions of  $\bar{A}yuveda$ : 1) Internal medicine, physiology and pathology (kāyacikitsā), 2) surgery and anatomy (śālyacikitsā), 3) eye, ear, nose, and throat diseases (śālākyacikitsā), 4) pediatrics, obstetrics, and embryology (kaumārabhrtya), 5) demonology, psychotherapy, and dream analysis (bhūtavidyā), 6) toxicology (agada Tantra), 7) rejuvenation and geriatrics (rasāyana), 8) virilification and aphrodisiacs (vajīkaraņa). 14 The medical student was also expected to master the ten arts of distillation, operative skills, cooking, horticulture, metallurgy, sugar manufacture, pharmacy, analysis and separation of minerals, compounding of metals, and preparation of alkaloids, with instruction done on a clinical basis. 15 When we look at the topics covered in the two major early Samhitās, Caraka's and Suśruta's, we find little mention of spiritual and psychological healing. The Carakasamhitā is organized as follows: 1) Sūtrasthāna--30 chapters on history, general principles, and theoretical basis of medicine. 2) Nidānasthāna--8 chapters on the causes of disease (etiology) and the symptoms. 3) Vimānasthāna--8 chapters on measure or proportion, relationship of humors to right amounts of medicine, remedies etc.; transformation processes in medicinal consumption, codes of conduct, methodology, etc. 4) Śarīrasthāna--8 chapters on anatomy and embryology, with digressions on metaphysics, ethics, etc. 5) Indriyasthāna--12 chapters on diagnosis and prognosis. 6) Cikitsāsthāna--30 chapters on therapeutics, dietetics, pharmacology. 7) Kalpasthāna--12 short chapters supplementing pharmacopoeia. 8) Siddhisthāna--12 chapters on enema, purgation, urinary diseases etc. The other major early medical treatise, the Suśruta-samhitā, contains 1) Sūtrasthāna--46 chapters on general

principles of medicine, surgical approaches, instruments, etc. 2) Nidānasthāna--16 chapters on the causes of diseases. 3) Śarīrasthāna--10 chapters on anatomy, embryology, dissection techniques. 4) Cikitsāsthāna--40 chapters on therapeutics. 5) Kalpasthāna--8 chapters on toxicology. (6) Uttaratantra--66 chapters on assorted topics.

Just as we find the 'spiritual side' of medicine alluded to yet not explicitly dealt with in the medical texts, so too we find in the Tantric texts that the medical aspects of the tradition seem to be simply assumed, yet are rarely spelled out in great detail. Given the exceptionally 'subtle' or 'spiritual energy' concerns of many of the Tantric meditational techniques that speak so frequently of lights and fires and subtle drops and channels, one is left to wonder whether the physiological theories employed in the Tantric systems have any relationship to the Ayurvedic medical systems. Indeed a preeminent Indologist, Surendranath Dasgupta, declared that there was absolutely no relationship between the Ayurvedic and Tantric physiological theories. As he said in his A History of Indian Philosophy in the chapter on Speculations in the Medical Schools, "the nerve system of the Tantras, however, is entirely different from that of the medical systems of Caraka and Suśruta.... Tantra anatomy is entirely different in its conception from the Ayurveda anatomy."16 This mistaken perspective has unfortunately contributed to the neglect of the medical tradition by Tantric scholars, and to the assumption among those scholars working on the medical tradition that there is little point in studying the Tantric texts for medical information.<sup>17</sup> As I will show below, I believe that this is an erroneous perception,

and that we can learn a great deal about Indian medicine by studying the Tantras, and a great deal about the Tantras by studying Indian medicine. In my view Tantra and Āyurveda are intrinsically related and together represent an intriguingly consistent doctrine of mind-body medicine.

Though I will not discuss the topic of mantra-śāstra in this chapter in relation to physiology, we must note that Tantric doctrines of the psycho-physiological power of mantras are shared with early medical beliefs about the healing power of mantras. Mantras are found widely used in the magical healing practices in the Veda and Atharvaveda. The relationship of Ayurveda to the Atharvaveda and mantra practices in the Rgveda tradition has already been illumined by Filliozat<sup>18</sup> and Zysk, <sup>19</sup> among others--particularly with regard to the use of mantras in healing practices, and the recognition of the healing aspects of the Atharvaveda tradition. Susruta in fact calls Ayurveda an upaveda of the Atharvaveda, and Caraka echoes this remark by saying that "the doctor should honor the Atharvaveda since among the Vedas it properly belongs to him."20 As noted in the discussion of healing *Dhāraṇīs* preserved in the Bower manuscript in Chapter 3 of this dissertation (see Chapter 3.1.2) this same idea that mantras could be used for instance to cure snake bites was widespread among early Buddhist communities for many centuries. We find this basic popular doctrine preserved in the Tantras, where common magical rites and healing spells appear alongside the more complex Yogic practices.

7.2 Early Subtle Body Doctrines (7.2.1. The Early Medical Tradition, 7.2.2.The Sāmkhya Tradition, 7.2.3. A Step Back in Time--Subtle Body Precursors in

the Earliest *Upanişads*, 7.2.4. The Subtle Body in the *Yoga Sūtras* and the *Yogavāsitha*, 7.2.5. A *Yogācāra* View)

The medical tradition in India has a particularly non-sectarian history. Zysk has shown that wandering yogis and Buddhist monks were instrumental in its early development,<sup>21</sup> and we find both Buddhist and Hindu thinkers deeply involved in the development of the medical tradition. The Great Threesome (Brhat-trayi) of the Indian medical system are Caraka, physician to King Kaniska in the 1st century CE, author of the Caraka-samhita, Suśruta, author of the Suśrutasamhita (from roughly the same era) and Vagbhata, author of the Astangahrdaya and/or the Astangasamhita (both texts from the 7th-8th century era). The last section of Suśruta's work, the Uttaratantra, was reportedly revised by a Nāgārjuna, though as with the Tantric figure it is unclear whether we can identify the Suśruta Nāgārjuna with the great Mahāyāna figure. There is also debate in the medical tradition as to whether Vāgbhata was a Buddhist--with some stories that he was forced to convert from Saivism after losing a debate, and others claiming he was an incarnation of Dhanvatari, the physician to the gods. His text contains salutations to both Buddha and Siva. A commentary on Vagbhata (along with the root text), the Amrtahrdaya Astānga Gūhyopadeśatantra of Candranandana, was translated into Tibetan and became the basis of the rGyud-bzhi, the basic text of Tibetan medicine; this was apparently not widely propagated until the 10th century, then later substantially revised by sde-srid Sans-ryas Rgya-mtsho in the 17th century. 22 Lokesh Chandra

credits Rinchen bzangpo (958-1056) with the Tibetan translations of the *Astāngahṛdaya* and Candranandana's commentary and an encyclopedia of veterinary medicine (P.V. Sharma says it was translated by a Vairocana in the 8th century). Ratna Shri (1228-1308) translated several Sanskrit alchemical texts into Tibetan, particularly on tonics and elixirs. These and other translators translated in total some seventeen Sanskrit medical texts, including Ravigupta's *Siddhasāra*, a treatise on Siddha medicine, Nāgārjuna's *Yogaśataka* and others.<sup>23</sup> The point I am making here is simply this: the Indian medical tradition and its basic doctrines were widely shared among the Hindus, Buddhist, and other sects--healing truly knows no sectarian bounds. This is an important fact to keep in mind as we consider the medical traditions' position on the subtle body. As we shall see below, this central component of Tantric physiological theories and Yogas was *not* a sectarian or partisan doctrine; rather, the subtle body was an accepted fact of the earliest medical doctrines that were themselves widely accepted among many different religious sects in India.

#### 7.2.1. Early Medical Theories of the Subtle Body

In order to understand the underlying principles of the central role of the sexual fluids flowing in the secret rites of the Tantric practitioners, it is important to realize the doctrines of the subtle body and the foetus already extant in the Carakasamhitā. The doctrine of a reincarnating subtle body is well established early on in the Indian tradition as a basic fact of life--something taken to be as real and fundamental to human existence as our parents' seminal fluids. Essentially the early medical tradition held to the doctrine that the transmigrating soul and subtle body left

the old body at the death of the individual to seek a new womb, the latter determined contingent upon the individual's karma. Conception in the womb therefore required four principle contributors, not just two: the father's semen, the mothers's blood, and the incarnating individual's twofold subtle body and soul. This is a central doctrine that survives well into the second millennium CE where we find it in 17th Tibetan medical works--with a bit more detail on the happenings in the antarabhāvah or intermediate realm between death and rebirth, and a modification of the soul into the permanent atoms or drops (akṣara-bindu or akṣara-anu), the latter an inheritance from the Buddhist Tantric tradition. The bhūtātmā (Caraka 3.3.4) or karmapuruşa (Suśruta 3.1.16) is the subtle body with the soul that comes into contact with the combined semen and blood when the child is conceived.<sup>24</sup> This is also called ātivāhika śarīra by Cakrapāņi in his commentary on Caraka (4.2.36), and the sūkşma deha in the Sāmkhya system (Sāmkhya-kārika 39). 25 In Caraka's and Suśruta's doctrines, the body is composed of the five elements (earth, air, fire, water, and space or ākāśa), while the semen is composed only of the first four: ākāśa mixes with semen in the womb. As Dasgupta explains:

But the foetus cannot simply be produced by the union of the semen of the father and the blood (sonita) of the mother. Such a union can produce the foetus only when the ātman with its subtle body, constituted of air, fire, water and earth, and manas (mind-the organ involved in all perception and thought), becomes connected with it by means of its karma. The four elements constituting the subtle body of the ātman, being the general causes of all productions, do not contribute to the essential features of the child. The elements that contribute to the general features are, (1) the mother's part-the blood, (2) the father's part-the semen, (3) the karma of each individual; the part played by the assimilated food-juice of the mother need not be counted separately, as it is determined by the karma of the individual.

The mental traits are determined by the state of mind of the individual in its previous birth.<sup>26</sup>

One of the most important points to notice here is the essential doctrine that it is the semen, blood, and subtle body (with the soul) that must come together in order for a new life to grow in the mother's womb. This meeting of the three constituents plus the soul (for four total) appears to be recapitulated in a different form in the Tantric sexual rites, where semen and blood and the subtle body are brought together with a different version of the fourth element, sometimes for procreative purposes, and other times for purposes different than procreation (see Chapter 9 and the discussion of the real and visualized sexual yogas).

# 7.2.2. Early Sāmkhya Theories of the Subtle Body

The doctrine of a reincarnating soul and subtle body is well-established in the early *Sāṃkhya* tradition, the one of the traditional six *darśanas* or Indian philosophical schools that provides much of the theoretical underpinnings for the Indian medical tradition. The 6th century CE *Sāṃkhyasaptativṛtti* quotes extensively from an Āyurveda text, <sup>27</sup> and tells us "The relation between the thirteenfold instrument and the subtle body is that of supporter-supported. The supported cannot remain without the support. The picture cannot remain without the support of wall or canvas (on which it is painted), so the thirteenfold organ cannot remain without the support of the subtle body made of the non-specific subtle elements." The thirteen-fold instrument is the ten external organs, viz. the five sense organs, and the five action organs, plus the intellect, ego, and mind. <sup>29</sup> The incarnation process is described as follows:

At the beginning of the creation of all three worlds, subtle bodies are

constituted out of the five subtle elements. This subtle body enters the mother's womb; and the mother's blood and the father's semen are assimilated with it. The juice of what the mother eats or drinks is assimilated to what is contributed by the father and the mother. This enables the child's body to grow. The shape of the subtle body becomes like that of the external body—hands, feet, etc. The learned say that the external body has six constituents—blood, flesh, and hair are generated from the mother, and muscles, bone, fat from the father. Thus, this external body is assimilated with the subtle body. When the child emerges from the mother's womb at the time of birth, it begins to assimilate unto itself the external world.<sup>30</sup>

In the Yuktidīpikā, a text dating from between the 6th and 9th centuries CE and "our most important extant text for understanding Sāmkhya in its early and formative development,"31 we have an explicit description of the winds, and their relationship to consciousness. It is said in the text that "intellect, egoity, and mind are extremely subtle," and provide for "the maintenance of the life of the organism both internally and externally." The text defines this maintenance of life occurring through the five major breaths (prāṇa, apāna, samāna, udāna, and vyāna) plus the ego (ahaṃkāra), sense and action faculties (*jñānendriya* and *karmendriya*) as the *prāṇāṣtaka*, the prāṇa-etc. group of eight, or the "eightfold vitality [that] arises from the five sources of action, which reside in the intellect and have rajas as their dominating constituent." This eightfold group functions on a basis of the three gunas, sattva, rajas, and tamas. 32 In the Yuktidīpikā then we have a good example of an already welldeveloped doctrine of 'the winds' in one of the dominant schools of Indian philosophy--and one of the major philosophical traditions informing the Ayurvedic medical tradition--at the time that Buddhists first transferred their doctrine into Tibet. The text also indicates how certain aspects of the earlier version of the doctrine of the

prānas were not interpreted in relationship to consciousness in exactly the same way as later Tantric developments. I will not dwell on these Sāmkhya passages here. My objective is simply to point out that the subtle body doctrine was already well established as a construct in medical and Sāmkhya philosophy before the emergence of the primary Tantric texts of the Buddhist and Saivite traditions. In developing their subtle body yogas, these Tantric traditions were elaborating upon a centuries-old nonsectarian inheritance from the common font of the earlier Indian tradition. As we seek to understand the Tantric doctrines and practices, it is important to sift out of the material such inheritances in order to gain a clearer perspective of where the Tantras are truly innovative, and where they are employing widely shared doctrines and practices common to Indian culture over many centuries and in many different sectarian traditions. As we saw in Chapter 2 of this dissertation, many of the basic principles of Tantric doctrines and practices have precursors in the Vedic models. Here we see that some of the basic principles of the subtle body doctrine used in both Buddhist and Saivite Tantra date to the earliest Ayurveda medical texts. Below we will explore just how thoroughly most of the basic Tantric physiological ideas are grounded in the Indian medical tradition.

# 7.2.3. A Step Back In Time--Subtle Body Precursors in the Earliest Upanişads

It is possible to trace the evolution of subtle body doctrines from their more inchoate form in the *Brāhmaṇas*—as discussed in Chapter 2, through the whole corpus of the *Upaniṣads*, where we find mention of channels radiating out from heart and navel centers in the body, *prāṇas* moving through these channels, colors of the

channels, and so forth. As I mentioned in Chapter 2, most of the early Upanişads are in fact sections of the later Brāhmaṇas--the 'secret teachings' of these texts, and so, with their Brāhmaṇas, associated with particular Vedas. The Aitareya Upanişad and Kauṣītakī Upaniṣad are Rgveda Upaniṣads; the Chāndogya and Kena are Sāmaveda Upaniṣads--the name Chāndogya in fact comes from chandas-ga, a singer of the chandas or Sāmaveda hymns; the Taittirīya, Mahānārāyaṇa, Kāṭhaka, Śvetāśvatara, and Maitrāyaṇa Upaniṣads are all Kṛṣṇa (Black) Yajurveda Upaniṣads; the famed Bṛhadāraṇyakopaniṣad and the Īśa Upaniṣad are both Śukla (White) Yajurveda Upaniṣads. There are thirty-eight Upaniṣads associated with the Atharvaveda tradition, and these are classed into Vedānta Upaniṣads, Yoga Upaniṣads, Saṃnyāsa Upaniṣads, and Viṣṇu Upaniṣads. The Atharvaveda Upaniṣads are generally considered later texts, while the Upaniṣads belonging to the śākhās or schools of the first three Vedas are considerably older. 33

I will not try to present here a complete study of subtle body doctrine precursors in the *Upanişads*. This material has already been covered a bit by other scholars, <sup>34</sup> though a thorough study remains to be done. Fortunately though we have a complete translation, with extensive notes, of the 60 *Upanişads* of the Vedas by Paul Deussen, the late German scholar, and the work has been very capably translated into English by two Indian scholars, Bedekar and Palsule. It is therefore a relatively straightforward task to read through the texts, provided one knows what to look for. In the following section I examine a few select passages from the earliest *Upanişads* that offer some revealing glimpses of the esoteric doctrines of the Vedic (or early

Vedāntic) tradition. Since the issue of the 'breaths' has been covered in some detail, I will not cite the hundreds of passages on these. Suffice it to say that the classical doctrine of the five major and five minor winds begins to appear in the texts (see for instance Zysk's study on this, noted above). What is more interesting, and less well known about, is the intriguing doctrines about the relation of the Sun's energy to what sound very much like the *cakras* in the subtle body that we find explicitly discussed in the Tantric traditions. Here in the *Upanişads* these developing ideas are built directly from the basis of the earlier *Brāhmaṇa* ideas discussed in some detail in Chapter 2 of this dissertation.

In the *Chāndogyoponişat* we find that the fire symbol of the *Brāhmaṇas*, the blooming lotus (see Chapter 2.5), has taken its place in the heart of the individual Vedic initiate, as the holographic access point for the macro-microcosmic identity mapping: "There is a cavity in this city of Brahman (the physical body) that is the abode of the blossoming lotus (*punḍarīkaṃ veśma*); therein is an inner space, and one should investigate what's inside that, truly wanting to know what it is. Should the students ask ... (what is that) ... he should say, as far as this space (ākāśa) [reaches] so does the space in the heart [extend]; from the sky to the earth is collected in both of these (outer and inner spaces), as well as is the fire and the wind, from the sun to the moon, the lightning and the stars, and everything that belongs to one and does not belong to one." So all the major cosmic fires we considered in Chapter 2, the sun, moon, fire, lightning, wind (= fire as breath), and stars are holographically mapped into the space inside the individual initiate's heart, inside his

body that itself is Brahman's city. This is a fascinating notion that we find elaborated and amplified in a wide variety of ways in the later Tantric traditions. It is astonishing (from the perspective of the history of the Tantric doctrines) to find these ideas already in one of the very earliest *Upanişads*, the secret teachings of the *Sāmaveda* school.

The same section of the *Chāndogya* also gives us a lovely image for how exactly it is that the cosmic solar energy flows through the inner channels of the imitate's body. It maps the colors of the sun to the colors of the heart-center's channels, explaining how the rays of the sun slide silently into the channels, and the channels slip into the rays of the sun.

"So these channels of the heart (hrdayasya nādyas) consist of an atomic (or very fine) reddish-brown, white, blue, yellow, and red; and this Sun is also reddish-brown, white, blue, yellow, and red. Just as a great road goes to two villages, to this one here to that one there, so these rays of the Sun go to the two worlds, to this one here and to that one there. These rays extend from that Sun (and) have slipped into these channels, and they extend from these channels and have slipped into that Sun." The term 'slipped' (srpta) is from the Vedic ritual context where the ritualist glides noiselessly from the ritual shed (Sadas) to the outside of the Vedi to perform the morning stotra called the Bahispavamāna, the out of doors purificatory rites. So we have the fetching image of divine solar rays gliding noiselessly right into the channels in our innermost heart center or cavity, and then radiating throughout our body in the like-colored channels. According to the Upanisad, when we go into deep sleep we

slip into these channels and unite with our own inner version of the cosmic fire:

"Now when one is entirely in deep sleep and has completely attained serenity

(quietness), so that he sees no dreams, then he has slipped into these arteries; that is why ... he is touched by no evil because he has then become one with the heat

(tejas)...."

Then the text explains how it is that when the individual dies he leaves the body along the heavenly highways of these solar light rays:

Further, when he lapses into weakness, they sit around him and say 'Do you still know me?' Do you still know me?'; then so long as he has not left this body, that long he still knows or recognizes them. But when he departs out of this body he just goes, rising upwards on the rays of the sun; then he ascends either (the one, however, who does not know, does not—) into the height above with the thought on Om ... and attains quickly to the sun, when he directs his mind on it; this, truly, is the door of the (heavenly) world for the man who knows; for the man who does not know, it is locked. About this is the following verse: hundred and one are the arteries of the heart, of these, one leads towards the head; he who ascends it up, attains to immortality, the others (arteries) are for going out on all sides.<sup>39</sup>

These doctrines of the connection of the channels to the deep sleep state of consciousness, and the route to heaven at death prefigure the doctrines we find in the Tantras that elaborate the conscious integration of the four states of consciousness (waking, dreaming, deep sleep, and the fourth state) with the practice of Tantric Yoga, and prefigure the death and dying meditations of the Tibetan tradition.

In the *Taiitirīyopaniṣad*'s Śikṣāvallī we find that the sites of what become known in the later tradition as cakras in the subtle body are described as the locations of the subtle solar energy mapped with the individual's consciousness and the principal Vedic mantras: "There is this space in the heart; therein is this golden immortal person, made of consciousness. In the middle of the palate, the Womb of

Indra (Indra-yonih) hangs down like a breast. Where the tip of the hair is located, emerging on the crown of the head, bhur is situated in fire, bhuvar is situated in wind, suvar is situated in the sun, mahān is situated in Brahman. [There] one attains self mastery, mastery of the mind, master of the speech, eye, ear, and perception. The following results from that: Brahman who is the spatial physical body; the mind that is joy, and is the pleasure garden of the breaths that consist of truth; and the nectar abounding in peacefulness." What is particularly surprising about this passage is the characterization of the uvula as Indra's womb. Indra is of course the great Soma drinker from the Vedas. Throughout the Yogic and Tantric literature we find that the uvula is described as the site where the nectar of immortality (amṛta, also a common epithet of Soma) drips down, after the kunḍalinī or bodhicitta has risen up to the crown of the head. The crown of the head is well known as the ruling cakra (see discussion of the cakras below).

What later become known as the throat, heart, and navel *cakras* are also indicated in the *Mahānārāyaṇa Upaniṣad*, the tenth book of the *Taittirīya Āraṇyaka* of the Black Yajurveda. In the section describing *Mahānārāyaṇa*, i.e. the Puruṣa--as in *Rgveda* 10.90--we read that this cosmic, all-pervading, all-ruling being, the highest light, (etc.) also has a heart, "facing downwards like a lotus calyx, and he is located twelve finger-widths (a *vistatī*) below the throat and above the navel, the great *āyatana* (abode, and also the sacred fire place) of the universe, shining with a wreath of flames." As we shall see below, these locations and relative measurements of the throat, heart, and navel, match the locations of the *cakras* as described in the Tantric

texts. The impression we receive of the apparent presence in these early Upanişad passages of some of the basic aspects of the subtle body is strengthened by some portions of the Brhadāranyakopanişat, the final section of the Śatapathabrāhmana on the White Yajurveda. In the story of the discussion between Ajātaśatru and Gārgya, Ajātaśatru describes what happens to the conscious person (vijñāna-mayah purusah) while the individual is asleep. He says that "when he is in deep sleep, when he is not aware of anything, the seventy-two thousand channels called 'beneficial' radiate out from the cavern of the heart, and he (the vijñāna-mahah puruṣah) lies in the cavern, having glided outwards through those (channels). Just like a prince, or a great king, or a great Brahmin lies, having become completely exhausted through pleasure, so too this one rests in exactly that way."42 This web-like network of 72,000 channels radiating outwards from the heart is a consistent motif of subtle body descriptions in the Indian tradition up through the present day, in both Hindu and Buddhist Yogic and Tantric traditions. The *Upanişad* adds to this description another lovely poetic image that also prefigures some imagery employed by the later Tantric traditions: "Just as a spider (ūrņanābhis) ascends via his thread, or tiny sparks fly out from a fire, in exactly the same way all the prāṇās, all the worlds, all the gods, all beings come up out of the ātman; its secret teaching is the truth of truth (or the reality of reality-satyasya satyam), and the prāṇās themselves are true; this is their truth."43 In another section of the text these hitānādyās, beneficial channels, are described as though with the minuteness of the hair of the head split a thousand times, filled with reddish-brown, white, blue, and yellow (fluid).44

As I mentioned in Chapter 2 of this dissertation, we have at Śatapathabrāhmaṇa 10.5.2.9-11 the passage: "Now, that person in the right eye is the same as Indra, and (that other person is) the same as Indran... Those two (persons in the eyes) descend to the cavity of the heart, and enter into union with each other; and when they reach the end of their union, then the man sleeps,—even as here on reaching the end of a human union he becomes, as it were, insensible, so does he then become, as it were, insensible; for this is a divine union, and that is the highest bliss."

In the Brhadāranyaka this notion is repeated, with Indra called also Indha, the igniter, and Indrānī called instead patnī, virāt, i.e. the wife or the lustrous one—(i.e. the fire ignited by the igniter). They are said to join in the space of the heart, their food is the mass of blood (lohita-pinḍa) in the heart, their covering is like a net (jālakam) inside the heart; their exit from that place is the channel that moves upwards from the heart, like the hair of the head divided a thousandfold—these are the hitā nādyas. What flows from there by these channels out from the heart is like the 'most exquisite food' (pravivikta-āhāratara) from the physical body for the soul.

Certainly we have the impression from these descriptions of the channels (nādyas) that the texts are using a single term to refer to arteries (reddish-brown through the skin), veins (blue when seen through the skin), lymphatic vessels (carrying white fluid that secretes as white pus) and perhaps sweat glands (yellow fluid?). Yet the texts also describe these vessels as splitting to a thickness a thousand times thinner than the hairs of your head, and carrying the Sun's energy as a fiery solar life force radiating through the body. This strongly suggests they are also

referring to what we call the nervous system, since it transmits a form of fire we call electrical impulses. The authors of these Upanisad passages seem to be acutely aware of the role of the heart in keeping the body alive, and the network of vessels radiating out from it through the body-they are certainly aware of the blood flow, as indicated by the mention of food, and the mass of blood in the heart. What is intriguing is their doctrine of the Sun's powerful rays slipping neatly into the body's channels. Assuming for the moment that in this aspect of the doctrine the channels referred to are what we call the nerves, we would then say--to use a very informal metaphor--that the authors were positing that the human being's life force functions at the level of the ātman as a sort of semi-autonomous remotely-powered being with the Sun as the transformer. The 'circuits'--to extend this rough analogy a bit further--are the Sun's rays (raśmayah) that connect to our individual bodies by slipping or gliding or connecting (srpta) into our channels (nādyas). Though the texts also liberally celebrate food as necessary for human life, much of their esoteric or spiritual teaching seems to be directed towards awakening in the initiate the personal awareness of this sort of 'remote-electrical' relationship of the individual with the Sun. The principal locus of the 'plug' or 'receiver' of the Solar 'transmitter' is our heart center, some mysterious inner space in the heart where the Solar Being, the great man (the Mahānārāyana) or golden person (Hiranya Puruşa) connects into our internal circuitry (the nādī-jālaka) and powers our being. One intriguing aspect to this depiction is that the 'powering element' of this plugged in connection is also conceived of as the sexual bliss of Indra and Indrani in cosmic orgasm, in our hearts.

Another notable aspect is that the human heart here is not just a 'receiver' of Solar 'transmissions.' The *Chāndogya* passage cited above describes the channels as also slipping into the Sun, suggesting a two-way communication system, just like the *mahāpatha* or great road it mentions connecting the two villages—the Solar rays communicate both ways. Perhaps this is the mechanism for the functioning of the Vedic prayers and *mantra* recitations directed towards the Sun—they communicate 'back' to the Sun on the solar rays.

Those who awaken to this 'reality of the winds' (i.e. the flowing of this 'electricity') in the body come into an new sort of experience of life, wherein they become 'masters' of their sensory functions (cakşu-patih, śrotra-patir, etc.). The 'tuned-in' initiate will come to realize his or her holographic connection to the rest of the universe, all the gods, and all other beings. Then he or she will be 'really plugged in' as we would say in a colloquial sense, though in these Upanişad texts the notion would have to be stated as 'really plugged in cosmically.' As with the Äyurveda and Sāṃkhya traditions, this 'solar energy web' being existing in the physical form, the 'city of Brahman,' is said to exit the body at death. What we seem to have is a difference of emphasis in the Upanişads and the Medical and Sāṃkhya systems. The former focus on the 'spiritual' or esoteric aspects of the subtle body being, emphasizing in particular the individual soul's relationship with its creator and its eventual destination at death, i.e. heaven, provided he or she knows the truth about their identity. The Medical and Sāṃkhya traditions seem to be more sensitive to the issue of reincarnation, or incarnation at least, and the particular way

that the individual being comes to be born and grow up. The *Upanişad* doctrines are in some senses more 'far-out' (to use a slang expression), more 'cosmic' in their orientation, while the Medical and Sāṃkhya doctrines about the subtle body are more focused on the 'mundane' physical aspects of this issue. As we shall see, it is really in the Tantric traditions that these two approaches, viz. the more 'spiritual' and the more 'physical' appear to become reconciled and more harmoniously integrated than they appear to be in these earlier traditions.

# 7.2.4. Reference to the Subtle Body in the Yoga Sūtras and Yogavāsistha:

In addition to the material we find in the medical and Sāmkhya traditions, and their precursors in the earliest Upanişads, the Yoga tradition also exhibits a continuing development of ideas about the subtle body, and the use of the subtle body system in its meditations and Yoga practices. Again, this is a very large body of literature, and it would be inappropriate to examine it at length here. I will instead simply give a couple of notable examples. In the Yogasūtras of Patañjali, 3.30-34, we find implicit reference to the structure of the subtle body. 3.30 reads: nābhicakre [samyamāt] kāya-vyūha-jñānam, i.e. 'From concentration on the navel cakra, knowledge of the array of the body.' Veda-vyāsa in his comment explains that the array (vyūha) includes the three humors (tridoṣa), the dhātus (rakta, maṃsa, etc.) as we find in the Āyurveda texts. Verse 3.32 reads: kūrma-nādyām [saṃyamāt], sthairyam, i.e. from concentration on the tortoise-channel, stability (of the mind). The kūrma-nādt is one of the ten channels for the ten major prāṇas (I will discuss these in more detail below). So we have already in the Yogasūtras recognition of the

basic *Āyurveda* physiology, with suggestions for meditational techniques using these physiological structures to achieve certain ends.

Those familiar with the Yoga literature are of course well aware that the basic doctrines of the relationship of the mind to the *prāṇa*—a doctrine inherited from the *Brāhmaṇas*, as we have seen in Chapter 2—is widespread in the Yoga traditions. A simple example of this can be found in the *Yogavāsiṣṭha*—where it is coupled to a poetic description of the illusion of the world; the text also betrays some influence of the *Spanda-śāstra* doctrines of the Kaśmīr Śaivite tradition (my translation):

Vasistha spoke: Just as from the circular motion of a firebrand a firecircle is perceived, likewise the non-existent world has the appearance of existence from the vibrational motion of thinking (citta-spandāt). Just as from the movement of water a circular whirlpool is seen to be as though separate from [the surrounding] water, likewise this world [so appears] due to the movement of thinking.... The wind that moves all around the body-vessels in this body, like the atmospheric water in its movements, is known as prāņa. As a result of its motion, there is variety of internal activity in its wake; apāna etc. are the names invented by those of disciplined spirit. Just as a flower is the basis of joy, and snow is the basis of whiteness, so this rasa is the basis of the citta when it becomes continuous. The consciousness that is produced from the movement of the inner prana intent upon causing a desire, that you should know as citta, Oh Rāghava. From the movement of prāna, there is movement of thinking; from that movement itself there is [movement] of consciousness, entraining a circular motion, like the waves [resulting] from the movement of water. The authors of the Agamas say that consciousness is the circular vibrational movement of prāņa; when this (circular movement) has been stopped, the mind becomes peaceful. When the movement of the mind is calmed, this samsāra melts away, [and becomes instead] just like life when the circular movement has been quieted in the light of the Sun.<sup>47</sup>

The text also describes the results of reining in or stopping the compulsive outward movement of the *prāṇa*, so that one begins to experience an inner peace, dripping of nectar, and movement of non-conceptually-bound realizations. I only mention these

here because they share some similarity with the sort of ultimate states described in the Śaivite and Buddhist Tantras, and so again show how widely shared and perceived were many of the basic technologies that contribute to the complex systems we refer to as Tantric Yoga. Following various steps of *prāṇāyāma*, the text describes the results:

When the subtle space that has no name is freed from all compulsions, when the consciousness has merged together in meditation, the movement of the prāṇa is reined in. When there is a bright circumference in front of the nose for a circuit of twelve fingers' measure, when the eye of consciousness (i.e. the third eye) becomes calm, the movement of prāṇa is reined in. When from practice the prāṇa has started dripping at the brahmarandhra, upwards from the palate, with the upper hole, the movement of prāṇa is reined in. When the consciousness, the body, and the intelligence have reached the end in the peace of the saving light in the middle of the forehead, the prāṇa movement is reined in. When in the firm practice knowledge arises suddenly, with no relation to any portion of the conceptualizing, the movement of prāṇa is reined in. From the sensation of the space of loveliness in the heart for a long time, Oh Muni, from settling down into the meditation of the mind, the movement of prāṇa is reined in. <sup>48</sup>

### 7.2.5. A Yogācāra Version of the Subtle Body

It is interesting to compare the 7th-9th century *Yogavāsiṣtha* doctrine of the subtle body, winds, and relationship to the living conscious human being with a similar doctrine espoused by the *Yogācāra* school. William S. Waldron, in his article "How Innovative is the *Ālayavijñāna*" discusses how the *Yogācārins* "fundamentally restructured the theory of mind with the *ālayavijñāna* at its center" in order to resolve systemic problems with conditioning experiences outside of "the *dharmic* analysis of momentary mental processes." The new concept of the *ālayavijñāna* resulted in a "bifurcated model of mind" with both "discrete, momentary cognition

and an abiding, maturing and accumulating, yet subliminal, level of basal consciousness."<sup>52</sup> In his discussion of the development of the concept of ālayavijñāna in the Samdhinirmocana Sūtra, Waldron quotes a passage of the sūtra describing how the ālayavijñāna "enters the mother's womb, appropriates the body, and increases and develops within samsāric existence:"

In saṃsāra with its six destinies (gatī), such and such beings are born as such and such a type of being. They come into existence (abhinirvṛttī) and arise (utpadyante) in the womb of beings.... There at first, the mind which has all the seeds (sarvabījakam cittam) matures, congeals, grows, develops and increases based on the two-fold appropriation (upādāna), that is, (1) the appropriation of the material sense-faculties along with their supports (sādhiṣṭhāna-rūpīndriya-upādāna) and (2) the appropriation which consists of the predispositions towards profuse imaginings in terms of conventional usage of images, names and conceptualizations (nimitta-nāma-vikalpa-vyavahāra-prapaāca-vāsanā-upādāna). Of these, both of the appropriations exist within the realms with form, but the appropriation is not two-fold within the Formless realm.<sup>53</sup>

Consciousness (vijñāna) is the appropriator by grasping the body, and is known as ālaya-vijñāna or storehouse consciousness and citta or mind.<sup>54</sup>

It should be fairly evident from the preceding discussion that the central paradigm of a transmigrating 'psychic apparatus'--termed sūkṣma-śarīra by the Sāmkhya writers, and termed ālayavijāāna by the Yogācārins--was a well-established, 'common sense' paradigm in Indian culture by the mid-first millennium CE. Though the paradigms are not "the same," they do share certain fundamental presuppositions about the existence of a transmigrating consciousness or 'psychic apparatus,' the way it appropriates to itself the physical body, and the way it begins to function as a conscious, living person. It is well known to any Indologist that transmigration

doctrines appear as early as the *Upanişads*. What the above should demonstrate here are two things: 1) that major pre-Tantric, or essentially non-Tantric schools of philosophy in India had already thought out and elaborated to a sophisticated level the implications of the transmigration doctrine and the subtle body for theories of human development and cognition—implications that were absorbed into the Tantric traditions; and 2) that the basic idea of the existence of a subtle body was partisan—independent—i.e. it was a shared doctrine among (probably) almost all the different traditions, and it was, in fact, considered as basic a fact of life as the existence of one's own hands and feet.

Section 7.3. The Detailed Doctrines of the Ayurvedic Medical Paradigm (7.3.1. The Importance of *Rasa*; 7.3.2. The Medical and Tantric Winds, 7.3.3. The Medical Orifices and Channels)

The classical system of Indian medicine, *Āyurveda*, or the science of long life, and its sister science of *Tantra* or Tantric yoga, have theoretical foundations quite different from that of the modern life sciences of genetics, cell biology, neurobiology, etc. Modern life sciences have developed in concert with physics and chemistry, leading to the newer disciplines of biophysics, biochemistry, micro- and molecular-biology, and their related subjects. The paradigm used in the life sciences relies on the 106 atomic elements listed in the Periodic Table, on molecular combinations of these atoms into the complex conformations of biological structures (proteins, amino acids, DNA, etc.), on the bio-physics of physiological processes such as blood flow, changes in tissue pressure and so forth, on the chemical laws of molecular

interactions, on precise time measurements of electrical neural signals, temperature changes, biochemical signaling systems, etc. The ancient Indian 'life sciences' are premised on a rather different conceptual set. The paradigmatic premises of Ayurveda and Tantra rely on five principle elements (pañcamahābhūtas)--earth, air, fire, water, and space, the three peccant (disease-causing) humors or faults (tridoşah)--wind (vāta), 55 bile (pitta), 56 and phlegm (kapha), 57 the ten inner winds (prāṇas)--five major and five minor, 58 (and in the Tantric systems) the 72,000 inner channels (nādīs), and a variously numbered set of internal, subtle centers (cakras)--most scholars believe that the cakras are not found in the medical literature. As I will discuss below, however, there appear to be exact correlates to the cakras in standard Ayurvedic physiology. The five elements, in different combinations, are said to make up the seven tissue types of the body, the plasma (rasa), blood (rakta), flesh (māmsa), fat (medas), bone (asthi), marrow (majjā), and semen or seminal essence (sukra). (The Kālacakratantra also maps to the five elements the aspects of Buddhist psychology: rūpa is in earth, samjā in water, identified with semen, vedanā in fire--and this again identified with the sun and ovum (rajas), samskāra in wind, space becoming vijāāna.)<sup>59</sup> Through an intriguing pulse-diagnosis technique (among other approaches), the well-trained Ayurvedic physician (vaidya) learns to discern the person's basic constitution (prakrti), and the variation or imbalance in this constitution that may lead to disease (vikrti). Both basic type and constitutional variations are measured at the levels of the physical body, the humors, the elements of the tissues, and the mind or consciousness--both for balance within the individual, and balance

between the individual and his or her environment. In addition, the Ayurveda's three peccant humors (tridoşah)--wind, bile, and phlegm are said to course through various channels in the body, to reside in particular locations, their imbalance being the defining characteristic of every disease state. Caraka locates the three humors as follows: Vāta is in the urinary tract, colon, waist, legs, feet, bones and intestines, with the intestines being the predominant site. Pitta is located in the sweat, chyle, lymph, blood, and stomach, with the stomach the main site. Kapha is located in the chest, head, neck, joints, stomach, and fat, with the chest the main location. The three humors phlegm (kapha), bile (pitta), and wind (vāta) have in turn subtle components known respectively as immunity or strength (ojas), luster or vitality (tejas), and life force or life breath (prāņa). Ayurveda also speaks of a variety of internal fires in the body, the most important of these being the digestive fire (jātharāgni). When the internal fires of the body are weak, in particular the digestive fire, this results in incomplete digestion of whatever we consume, leading to internal toxins that disrupt the movement of the humors, and pool in particular locations, resulting in diseases. Positing these causal pathways leads to some curious etiologies, such as a linkage between skin rashes and asthma, as external and internal disruptions of the same humoral combinations.

#### 7.3.1. The Importance of Rasa

The basic medical appreciation of the body begins with a very common-sense point of view: we are what we eat. What we eat becomes *rasa*, the nourishing juices derived from food that sustain physical life. As Suśruta says, "One should know that

man is made of rasa, so one should protect *rasa* strenuously. Because of food, drink, attitude, self-respect, and [proper] behavior, one is free of lassitude."<sup>61</sup> In the chapter on the description of the blood (*Sūtrasthānam* 14) of *Suśruta*, we have the following description of *rasa*:

Rasa is the name for the extraordinarily subtle essence produced from the fire of the completely digested food that consists of the five [principal] elements, is of four types, of six flavors, of two-fold potency, or of eightfold potency, and endowed with many good qualities. It [rasa] has the heart as its basis, and from the heart, having entered the twenty-four channels—ten of the channels go upwards, ten go downwards, and four go out horizontally, day by day, [rasa] satisfies the entire body, causes growth, sustains, and causes locomotion by a means whose cause is invisible. 62

The other main constituents of the body--blood, flesh, fat, bone, marrow, semen--are all produced from rasa. Rasa in the medical context is sometimes translated as chyle, i.e. the mixture of digested food and drink that nourishes the body. So an ideally burning physiological fire is said to perfectly cook the food and drink in digestion and produce good rasa for the body. As mentioned above, defects in the internal fires, particularly defects in the jāthara-agni or digestive fire, lead to improperly digested elements in the rasa that can be toxic to the body. The opposite end of this spectrum, ideal rasa is said to be one of the constituents in the body of the ideal man. We find in the description of the thirty-two marks of the great man that the Tathāgata exhibits, Puṇḍarīka says that "He is [like] a lion in the upper part of his body, tall and broad, with very large shoulders, with a circular neck; (flowing) in his major and minor limbs are the best juices of the saps (rasa-rasāgrāh); the sap is the flavor, hence the best flavors of the saps; they, furthermore, are the pinnacles, drawing from the best;

i.e. because he is not besmeared with the [the three humors or doşas] wind (vāta), bile (pitta) and phlegm (śleşma)."<sup>63</sup> The point here is that the Buddha is envisioned as having only the superlative rasa flowing through his body, and since his rasa is the best possible, naturally he does not suffer from the disorders of the doşas that result from defects in the rasa.

This sense of the generally nourishing rasa (rasa also refers to the 'saps' of plants, trees, etc.) provides a perfect opening for thinkers of other schools to expand on this notion of an essential, flavorful, life-giving juice flowing through the human body. Recall that the preeminent 'juice' of the Vedic system is the Soma. In the Tantras and Yoga literature, the sense of the potency of the dripping amrta juice from the top cakras down through the body as a consumable, internally acting juice, most likely has much to do with the reason we find Soma often mentioned in the midst of descriptions of the internally flowing bodhicitta or rasa of the Tantric yogins and yogints. The ideal states of achievement within the Tantric yogic practices of the Anuttaryoga Buddhists and the Kaśmīri Śaivites are often described in terms of the achievement of the state of sama-rasa with the divine, or the sama-rasa of the sexual fluids of the male and female initiates. One one level sama-rasa simply means 'thoroughly mixed,' so that the flavor is the same throughout. In the Tantric systems this idea is taken to indicate that the initiates' own nourishing juices become thoroughly mixed, and hence of the same flavor as the life-giving juices or essence of the divine sakti shooting up through the subtle body structure. What the Tantric sexual yogas aim at is to restore balance in the achievement of samarasa--equalize

juices, flavors, states of emotion—all three are implied—i.e. a true balancing on all levels. In the Aesthetic tradition we find in Abhinavagupta's writings that it is the same term, rasa, that is used to represent "a juice or flavor savored by the reader or spectator" of dramatic performances. In the context of Aesthetics, rasa is usually rendered as a 'sentiment' or 'feeling,' and the Aesthetic tradition developed a very exact system of categorizing rasas. There are eight such 'moods,' or 'feelings,' the erotic (\$rngāra), the comedic (hāsya), the affectionate or compassionate (karuṇa), the terrifying (raudra), the heroic (vīra), the frightening (bhayānaka), the revolting (bībhatsa) and the astonishing or surprising (adbhuta), with a ninth, peaceful (\$āntarasa) sometimes added, and there is a complex theory about the substrates of these moods and how they are created in dramatic and poetic contexts. So although the context of the early medical use of the term rasa, the Tantric use, and the Aesthetics' tradition use are different, there is a common theme running through the term rasa—the best nectar, the essential juice, the best part of what is integral to physical, spiritual, and emotional experience.

Rasa is more basically simply the term for 'flavor,' as in the flavors of foods and drugs. This is an important component of medical therapy in Āyurveda, where the flavor content of a drug also impacts its therapeutic value. The flavors are classified as six, sweet (madhura or svādu), sour (amla), salty (lavaṇa), pungent (kaţu), bitter (tikta), and astringent (kaşāya),67 and each is said to have particularly dominant components of the pañcamahābhūtas or five principal elements (earth, air, fire, water, and space). In the adminsitration of drugs in the Āyurveda tradition,

compounds are classed by their flavors as well as by their ingredients, with certain drugs said to have combinations of certain flavors (mudga is astringent and sweet, bhavya is sweet, sour, and astringent, tila is sweet, bitter, astringent, and pungent, Āmalaki is all the flavors except salty, and so forth). 68 There are also anurasas, or subsidiary flavors that are much discussed by the medical writers, and said to be detectable after a preparation has dried, or has been consumed.<sup>69</sup> The doctrine holds that different flavor combinations can influence the dosas or humors. "(Among these tastes) sweet, sour and saline overcome vāyu; astringent, sweet and bitter subdue pitta and astringent, pungent and bitter win over kapha," whereas pungent, sweet and salty aggravate pitta, sweet, sour and salty aggravate kapha, and pungent, bitter and astringent aggravate wind. This basic medical doctrine of the six flavors is so commonplace in the Indian tradition that in the so-called bhūta-samkhyā tradition, whereby the names of numbers are represented by the names of real-world objects, one of the most common representations of the number six is 'rasa' (similarly, Veda represents four since there are four Vedas, Candra represents one since the Earth has only one Moon, and so on; the bhūta-samkhyā system is widely used in the Kālacakra verses, particularly in sections dealing with astronomy). Pundarīka discusses the physical body produced from the six flavors in his long commentary on Kālacakra 5.127:

The body of men and animals wherein the eating and drinking of the six flavors occurs is 'the eater and drinker of the six flavors.' In this [body] there is the collection of constituents; the mixture of the constituents—hair, skin, blood, flesh, bone, and marrow—becomes the constituent group. How so? From eating and drinking the six flavors, and these flavors are six. The six flavors—bitter, sour, salty, pungent,

sweet, and astringent--become the intrinsic form of the constituents of the hair, etc; this is the meaning. And the six flavors [come] from the primary elements. The primary elements are the constituents earth, water, fire, wind, and space, in the form of the hard, flowing, hot, vibrating, and taste/essence ultimate particles; from those combined with their seeds, the six flavors bitter etc. come into being. The [bodily] constituents take on the intrinsic nature of the flavors; this is the meaning. They arise from the primary elements, it is said, through the influence of their abode in the sentient beings; in addition, from the perspective of ultimate reality, the constituents also become the six flavors, not through a produced-producer relationship.<sup>71</sup>

As part of the broad sweep of the *Kālacakratantra*'s inheritance from the medical tradition, we also find the flavors categorized according to the *pañcamahābhūtas* in the lead-up to the section on alchemy in the fifth chapter:

5.186: The earth is salty, water is sweet, and fire is pungent, and the wind is bitter, what is mixed [space] is sour, and taste is astringent--and thus also the womb of the soil and stones, the herbs are of six sorts, the flavors and the supreme flavors; the other constituents are the best [indras] of the gems; and the various tactile sensations, on earth; the waters, indeed, completely breaking and removing everything. (Commentary): Likewise the six flavors: the salt flavor has the intrinsic nature of earth; the sweet [flavor] has the intrinsic nature of water; the pungent [flavor] has the intrinsic nature of fire; the bitter [flavor] has the intrinsic nature of wind; the astringent flavor has the intrinsic nature of space, and the sour [flavor] has the intrinsc nature of knowledge. In this way, the womb of the soils and stones is the earth etc. In the same way, the herbs are of six sorts. The flavors and the supreme flavors, i.e. the siddha flavors. The other constituents are the best [indras] of the gems, i.e. six. In this way, the various tactile sensations on the earth breaking and removing everything; in this way, the waters, the mountain waters, etc. are all of six sorts.<sup>72</sup>

The five major elements are also said to make up the basic constituents of the metals and gems used in medical and alchemical practice. So we also find these in listed in the *Kālacakra*. As Puṇḍarīka says in explaining 5.185:

Here, the earth is the gold constituent, i.e. gold is yellow since its intrinsic nature is earth; silver is white since its intrinsic nature is

water; copper is red since its intrinsic nature is fire; iron is black since its intrinsic nature is wind; tin [trapu] and lead [nāga] are mixed. Quicksilver [mercury] has the characteristic of space, i.e. the characteristic of the knowledge-constituent. In this way, the six metals of gold etc. Likewise the gems. The yellow gem has the intrinsic nature of earth; the white has the intrinsic nature of water; the red [128.5] has the intrinsic nature of fire; the dark blue (kṛṣṇa) has the intrinsic nature of wind; the black or green (śyāma) has the intrinsic nature of space; the blue has the intrinsic nature of the knowledge constituent; because of arising from that constituent.<sup>73</sup>

It is in the alchemical writings that rasa takes on the meaning of mercuryalthough it is clear from the alchemical section in the Kālacakra and from other alchemical texts I consulted as translation aids for this section, that rasa even in the Rasāyana tradition does not always refer only to mercury; in many contexts in the alchemical texts themselves, rasa refers simply to an elixir, or to the juice of certain plants. There are several other terms used exclusively for mercury, such as pārada or sūtaka, and these are used to distinguish mercury itself from the more general rasas or elixirs that mercury forms an ingredient of. As we have seen, rasa is a multivalent term that nonetheless always comes back to referring to a basic juice or essential liquid. Among the metals mercury is the only one liquid at room temperature, so it is not surprising that it also earned the term rasa. The Rasāyana tradition however begins with the medical samhitās long before the Tantric traditions became prominent. In the Ayurveda division of Rasāyana most of the rasas are concoctions of many different plants. The first section of the Cikitsāsthānam in the Carakasamhitā is on Rasāyana, and makes no mention of mercury. Caraka defines therapeutics (or what comes from drugs, bhesaja) as of two types, what promotes strength and immunity in the healthy person, and what alleviates disorders. The two

types of remedies for promoting strength and immunity are *vṛṣya* (aphrodisiacs) and *rasāyana* (promotive treatments). Among the remedies prescribed in this section is the famous *cyavanaprāśa*, made of a combination of several plants. Caraka gives a good explanation of what to expect from a proper *Rasāyana* treatment (Sharma's translation):

Oh desirous of vital breath! Listen to me explaining the method of rasāyana treatment which is like another nectar, beneficial for the gods, having incomprehensible magical effects, promotes life span, provides health, sustains (youthful) age, removes sleep, drowsiness, exertion, exhaustion, lassitude and debility, restores equilibrium of vāta, pitta, and kapha, brings stability, alleviates laxity of muscles, kindles internal fire and produces excellent lustre, complexion and voice. By (using) this the great sages like Cyavana etc. regained youthful age and became charming for women, they also attained firm, even and well-divided muscles; compact and stable physique; blossomed strength, complexion and senses; uninterrupted prowess and endurance. 76

There is still debate among scholars of Indian medicine when exactly mercury began to be used in the *Rasāyana* division of the science. When we look at the later *Rasāyana Tantras*—texts that appear to date from the eighth century onwards, and the *Rasāyana* section in the *Kālacakra*, we find that to the earlier, plant-based elixirs of the Āyurveda tradition have been added as ingredients a wide range of metals, salts, mineral compounds, bits of rocks and gems, *and* mercury. Puṇḍarīka and the author of the *LaghuKālacakratantra* verses on several occasions use analogies to the 'binding' of mercury in alchemical practices as a way of explaining how the initiate has to learn to 'bind' the *bodhicitta*. Here is one example:

Without the path, there would be for sentient beings no exit from beginningless samsāra, because there would be no contact with bodhisattvas. For this reason, the earlier bodhicitta was made firmly fixed by the bodhisattvas. The binding of this [earlier] bodhicitta is

twofold: [it is bound] by dispassion towards wisdom, and by passion towards wisdom. Just as there is one [type of] binding of mercury (sūtaka) by the combination of vapor and deposition, [and] a second [type of binding of mercury] by the combination of the fire and salt (vid) for the oxidizing of iron, etc. Of the two, the mercury bound by the combination of vapor and what's deposited, fanned by an intense fire, stays somewhat, [and] escapes somewhat. What is bound by the intense fire that oxidizes all iron and gems, whenever that is fanned by an intense fire, [it] does not escape; from that itself there arises an internal state, by the influence of the internal oxidizing of the food, $^{77}$  as follows--"Smoke, and vapor,78 and the leap of the frog (a characterization of the pulse used in Ayurvedic pulse diagnosis), Motion, and motionless, are the five states of the rasa. | | "Similarly, through the strength of the practice of meditation, the internal state of the bodhicitta comes into being, according to the distinctions of soft, middle, what is beyond measure, and what is immeasurably beyond measure. The binding by the combination of vapor and what's deposited is the binding of the bodhicitta; that [binding is accomplished] through the power of the meditation on the nonpermanent person, by directly perceiving the universe of the earth, etc., [and] by dispassion towards wisdom. Just as even in the combination of the vapor and what's deposited there is the consumption of the mercury (rasa) with the food and metal, over a period of time, [and] by the consumption [of the rasa] with the food there arises an internal state [of the rasa]; likewise, by meditation on the transient person, by meditation on the universe of earth, etc., there arises an internal state because of the destruction of the insensate aggregates, constituents, and consciousness-bases. What's called 'internal state' is the attainment of the stages (i.e. the ten bodhisattva-bhūmis). In this regard, the stage is twofold--the stage that is free of passions, and the stage of the completely perfected Buddha.<sup>79</sup>

#### 7.3.2. The Medical and Tantric Winds:

Ayurveda, as well as the Yoga and Tantric yoga traditions, posit ten major winds. The ideas of these winds date back to the earliest Vedic material, and there is an evolution of ideas over time. Originally there was inhalation and exhalation, apāna and prāṇa. Then someone figured the wind must do something inside the body while in there, so vyāna appeared in the Brāhmaṇas, the exegetical texts of the

earliest Vedas. Later other winds were added, sometimes with different or overlapping roles--as I discussed in Chapter 2. By the time we get to the medical texts there are ten named winds--five major and five minor; prana as the general term for breathing, and vāyu as the set-name for all the winds, apāna is the term for the wind governing urination, evacuation, semen, samāna is a metabolic wind that digests food, udāna is the wind that comes up through the throat when speaking, coughing, etc., and vyāna is a general physiological wind coursing through the body, governing, circulation, physical activities, movement, etc. Added to these are the five minor winds, the turtle wind (kūrma) that governs reflexes and contraction of the limbs as a turtle does; the crocodile wind (krkara) that governs appetite, and arises in anger; the 'John Smith' wind (devadatta, lit: given by a god, since Hindu names are generally names of god)<sup>80</sup> that results in yawning; the 'snake' wind (nāga) for spitting or vomiting; and the 'prize-winning' wind (dhanamjaya) alternately said to be the nourishing wind-this makes sense given the name, or to govern swooning, trance, and unconsciousness. These are said in the Kālacakra to be associated with wisdom (apāna), prāṇa with space, samāna and kūrma with wind, udāna and kṛkara with fire, vyāna and devadatta (yawning) with water, nāga and dhanamjaya with earth.81

We cannot underestimate the importance the Ayurvedic vaidyas have placed on the inner winds of the body. In Caraka's Samhitā, Sūtrasthānah, in the chapter on the Etiology of Wind Diseases (the Vāta-vyādhi-nidānam Chpt. 15), Caraka describes the wind (pavana) as the single common cause for activity (ekakāraṇa) in the entire

body (15.2), the total self (viśvātmā), the total cause (viśvakarmā), the creator (sraṣṭā), maintainer (dhātā) and destroyer (samhartā), the lord (vibhur), the pervader (viṣṇu) and the destroyer of death (mṛṭyurantakaḥ). Strenous effort is therefore to be made constantly to keep it aduṣṭa--i.e. in good shape, uncorrupted. A wide variety of painful ailments, such as joint problems, coughs, belching, vomiting, muscle spasms, premature ejaculation, loss of limb strength, etc. are attributed to kruddha vāta, agitated or angered wind.<sup>82</sup>

#### 7.3.3. The Medical Orifices and Channels

A most ancient doctrine (found in the *Atharvaveda* and the *Brāhmaṇas*) holds that there are nine gates to the body, the two eyes, two ears, two nostrils, mouth, anus, urethra; to these are added the vagina and breasts for women, giving a total of twelve (we also find twelve gates mentioned in the *Kālacakra*). Added to these are 210 joints (*saṃāhis*)--68 in extremities, 59 in trunk, 83 above neck; 900 ligaments or tendons (*snāyus*)--600 in extremities, 230 in trunk, 70 above neck; 500 muscles (*peśt*)--400 in extremities, 66 trunk, 34 above neck; here again we have 20 more muscles in women--10 in breast after puberty, 4 in vagina, 3 in uterus, 3 for propagation of embryo. There are some 700 vessels (*sirās*), said to water the body like a garden is watered by ditches--10 basic ones (*mūlasirās*) in heart leading the nutritive fluid (*ojas*) through the body; 72,000 *nādīs* also start from the heart (in some *Upaniṣads* these start from the navel)--175 blue for wind; 175 red for bile (*pitta*); 175 white for phlegm *kapha*--giving the colors of the U.S. flag. There are either 24 or 200 *dhamanīs* starting from navel--10 upwards for in and out breathing,

yawning, sneezing, laughing, and speaking, 10 downwards for wind, urine, feces, sperm and ovum, and 4 circular with many branches for perspiration.<sup>83</sup>

While the muscles, joints, ligaments, etc. are fairly straightforward to define and locate, the various type of 'channels' or 'vessels' represent a more difficult subject. There is much debate between the medical texts about them, and some inherent confusion since sometimes certain terms are used as synonyms, and at other times with different meanings. Caraka asserts that sirās, srotas, and dhamanī are synonyms, and have the same functions, while Susruta disagrees with this. Dalhana, a commentator on Suśruta, says the sirās carry the three humors, blood, etc., and have the colors rosy, red, blue, and white, and says the *dhamants* carry sense impressions (presumably nerves), and the srotas carry the dhātus, i.e. life breath, food, water, chyle, blood, flesh (i.e. muscle tissue), and fat. Caraka speaks of channels (srotas) carrying the seven bodily tissue types: wind-carrying (prānavaha) srotas from the heart, water-carrying (udakavaha) srotas from the palate and lungs, food-carrying (annavaha) srotas from the stomach, chyle (rasa) carrying srotas from the liver and spleen, muscle-tissue carrying srotas from the ligaments and skin, fatcarrying srotas from the kidney and omentum, bone-carrying srotas from the fat and buttocks, marrow-carrying srotas from the joints, and semen-carrying srotas from the testicles and penis.<sup>84</sup> There are also urine-carrying channels from the bladder and groin, feces-carrying channels from the intestines and rectum, and sweat-carrying channels from the fat and hair follicles. So Caraka has what we would consider the rather odd idea that basic tissue types can also migrate through the body much as

other liquids. The problem here is really with the denotations of the terms we use to translate Sanskrit into English. Evidently 'tissue' is an inappropriate term for the body's dhātus, and even our English equivalents for these seven dhātus, viz. plasma or nutritive fluid (rasa), blood (rakta), flesh (māmsa), fat (medas), bone (asthi), marrow (majiā), and semen (śukra), are not entirely accurate. Blood certainly flows, as does semen, yet in modern physiology bone, fat, and flesh do not 'flow.' On the other hand, we know at a cellular level all the organs of our body are constantly being replaced, so that there is a steady process of growth and decay going on simultaneously. In bones, for instance, there are osteoblasts--the bone-growing cells, and osteoclasts, the cells that consume dead osteoblasts. The rate of activity of these two types of cells are kept in balance by factors secreted by the immune system--and these factors do circulate in the body. So it may be that in the context of the seven dhātus, the term asthi refers to circulating bone growth and destruction factors, while in other contexts it refers to actual bones. This would not be the only instance where Sanskrit terms are multivalent in tightly related contexts. Nadī also can refer to arteries, veins, and nerves, as well as other channels in the body.

Vāgbhaṭa speaks of external *srotas* going to the bodily orifices--nose, eyes, ears, mouth, rectum, urethra, with three more in women for the breasts and menstrual blood. He adds thirteen internal ones for respiration, the seven tissue types discussed by Caraka, the three bodily wastes, water and food.<sup>85</sup> He says there are 700 *sirās*, with bluish-red ones carrying blood mixed with *vāta*, bluish-yellow carrying blood mixed with *pitta*, and whitish carrying blood mixed with *kapha*, and deep seated red

ones carrying pure blood. 24 *dhamanīs* radiate upwards, downwards, and sideways from the navel. 86 Vāgbhaṭa gives fairly precise locations for most of his *sirās*, and though the majority of these appear to be blood vessels (either veins or arteries), lymphatic circulation vessels, sweat glands, and the various types of nerves. He says that the root *sirās* are located at the heart, transporting the *rasa* and *ojas* to the whole body, big at their roots and very small at the tips, like the lines on a leaf. 87

## 7.4. The Detailed Doctrines of Tantric Physiology

It is evident from examining a variety of passages on the *nāḍIs* in different Tantras that the doctrines of the channels was somewhat fluid, and varied a bit according to the interpretive needs of different school. Typically there are three primary channels running along the spine, ten major ones carrying the ten winds through the body, and 72,000 total. Abhinavagupta states that the principal channels are three, with the others innumerable.<sup>88</sup> The Kaśmīr Śaivite *Svacchandatantram* 7.7-11a speaks of ten principal channels radiating from the navel, circle like, upwards, downwards and sideways; the lord's Śakti is situated at the base of the penis, below the navel, and circulates through the channels as the wind. Seventy-two thousand channels go out from those, and others go out from those [seventy-two] again and again. There are as many channels as there are tips of bodily hairs; just as the petal of a *Palāśa* [tree] is pervaded entirely by filaments, the body of all living beings is entirely pervaded by channels.<sup>89</sup> *Hevajratantra* 1.1.13-20 gives the three primary channels and a list of thirty-two channels (or veins, as Snellgrove translates *nāḍI*),<sup>90</sup> and the *Kālacakratantra* at one point even numbers nine channels.<sup>91</sup> The

Dharmasamgrahah and the Abhidharmakośabhāṣyam, two very important texts for tracing the development of earlier Buddhist doctrines, do not mention the channels. However, this probably has nothing to do with doctrines of the channels in earlier Buddhism. The encyclopedic Brhatsamhitā also does not discuss the subject.

Kālacakratantra 2.9 speaks of extremely subtle channels (atyanta sūkṣma nādikās) involved in the growth of the embryo and the formation of the various limbs in what appears to be a direct borrowing from the medical ideas. Verse 2.58 of the same text explains the relationship of the yogic channels to the medical ones:

Six channels are the enclosers of the cakras. They carry ten substances and have the nature of confluence. Once multiplied by two, then again multiplied by two, and still once more multiplied by two, they have the portions of phlegm, bile, and wind. Due to the power of the guru's precepts, they are the givers of death and the bestowers of life and health. The channels of time within the six cakras are the removers of the fear of death. This is not strange to the yogis. 92

In the commentary to *Kālacakra* 2.57 the text provides a similar version of the basic Āyurveda doctrine of the flow of the three *doṣās* through the channels in the body:

The four [channels] in the crown [-cakra] and the sixteen [channels] in the forehead [-cakra] are disturbed by the element of phlegm. The thirty-two [channels] in the throat [-cakra] and eight [channels] in the lotus of the heart are disturbed by the element of bile. The sixty-four [channels] in the navel [-cakra] and sixteen [channels] in the secret [-cakra] are disturbed by the element of wind. The other obvious and definite [ten] and six [channels] in the secret [cakra] are the conjunctions and the enclosers. 93

After some detailed discussions of the channels, and the number of channels radiating from the different *cakras*, the section concludes with the remark that "*Kālacakra* consists of the one hundred and sixty-two channels of the six cakras." So it is clear from this that the basic physiological doctrines of the *Kālacakra Tantra* are indebted

to the basic physiological doctrines of the earlier medical tradition.

The Tantric system adds to its medical inheritance a fascinating doctrine of the relationship of the multi-dimensional life force and higher states of consciousness to the physical body. The basic doctrine is shared in most of its essential components by the Śaivite and Buddhist Tantric systems. Thurman provides a straightforward summary of the basic subtle body system from the Buddhist perspective. The Buddhist system organizes human awareness into 1) a coarse body and coarse mind consisting of the dense physical body with its senses (*indriyas*), elements, and sense; 2) a subtle body consisting of the *cakras*, *nādīs*, and *bindus* with its three "luminance-intuitions" (*ālokas*) that are mapped to the cosmic fires: Moon, Sun, and *Rāhu*; 3) the extremely subtle body and mind of the indestructible drop and the clear light:

The subtle body roughly corresponds to what we think of as the central nervous system. It is not as much the 'wet-ware' (brain-matter) of the system as it is the pattern structuring it into a vessel of experience. The nerve channels are a structure of energy pathways that consist of thousands of fibers radiating out from five, six, or seven nexi, called wheels, complexes, or lotuses, themselves strung together on a threechannel central axis that runs from the midbrow to the tip of the genitals, via the brain-crown and the base of the spine. Within this network of pathways, there are subtle 'drops' of awareness-transmitting substances, moved around by subtle energies called winds. The subtle mind corresponding to these structures and energies consists of three interior states that emerge in consciousness the instant subjective energy is withdrawn from the gross senses. These three are called luminance, radiance, and imminence (the deepest state of the subtle mind), and are likened to pure moonlight, pure sunlight, and pure darkness. In unenlightened persons these three are mixed with normally subconscious instinctual drive-patterns, called the eighty natural instincts (a long list including various types of desires, aggressions, and confusions).95

In addition to this subtle body the Tantric system posits an extremely subtle body

known in the Buddhist systems as the indestructible drop (akṣaya-bindu) carrying the clear light. "At this extremely subtle level, the mind-body distinction is abandoned, as the two are virtually inseparable." In the Trika Śaivite Tantric system the equivalent to this extremely subtle is called the para or ultimate; in Trika the collection of gross body (sthūla) with the senses and elements, the subtle body (sūkṣma--also called the puryaṣṭaka) including the life breaths (prāṇa), and the ulterior (para) are referred to as the kula.

The second or Adhyātma chapter of the Kālacakratantra gives us detailed information on the anatomy of the subtle body from a Tantric perspective. Kālacakra 2.27 reads: "The Inborn body of the Jina, which is without nature and with nature, [arises] in the secret, crown, and navel [-cakras]. Due to the efficacy of the properties [of the cakras], the Dharma-body (dharmakāya) arises in the heart-cakra, the Enjoyment-body (sambhogakāya) of the Jina arises in the throat-cakra, and the Emanation-body (nirmāṇakāya) arises in the drop (in the head). According to the succession of presiding deities, the heart-cakra, the throat-cakra, and the lotus in the head (i.e. the brow cakra) are the Dharma [-body], Enjoyment [-body], and Pure [body]. "98 The commentary explains that the six cakras of the subtle body function as the support for the four Buddha bodies, and we learn from subsequent verses that the various Buddha-clans are also arrayed in the cakras, and this is followed by a highly specific mapping of the external cosmos and universal time coordinates to the initiate's body. In fact we might call much of the doctrine in the Kālacakra and other Tantras a set of multi-dimensional mapping coordinates, describing in great detail how

what was considered to be the real universe at the time, with multi-staged heavens and hells and world realms occupied by a host of different sorts of beings and composed of a wide range of combinations of different elements, mountains, oceans, and so forth, all could actually be found in the structure of each individual initiate's body.

Puṇḍarīka provides a specific description of the array of cakras and nāḍīs in the body:

Here in the body, there are three channels of three families (kula), which hold the drop (bindu) of the body, speech, and mind. In the navel, that is, in the jewel of the secret vajra, there are channels of six families: lalanā, rasanā, avadhūti, and three conveying the feces, urine, and semen. The channels of the thirty families [include] six channels of the six cakras, beginning with the crown [-cakra], etc., and ten [channels]: two apprehending sound, two apprehending touch, two apprehending taste, two apprehending form, and two apprehending smell. Within the navel-cakra, in the other circles (apara-manḍaleşu), there are the nādīs of the twelve zodiacal transits (saṃkrānti) and the nādīs of the eight parts of a day (prahara).

Evidently the Tantrikas conceived of mandalas that are within the cakras. Through these inner spheres of the navel center are nadis flowing with the time periods of all twelve astrological signs, as well as the time periods of the eight three-hour watches of the day (called praharas). In the uṣṇīśa or crown of the head center there are four channels on four petals of its lotus for the four saṃdhyās of the day. The heart cakra also has eight channels, rohiṇī etc., that support the samāna wind, and through these eight nādīs flow the eight praharas of the days. Through the sixteen channels of the head (i.e. the brow) cakra flow the sixteen tithis. In the throat cakra are the twenty-eight nakṣatras, causing the four daṇḍa-nakṣatras, giving a total of thirty-two to fit

the thirty-two petals of the throat lotus. 100 Evidently what we have here is a detailed schema (there is more detail than what I have included here) for a precision mapping of the movement of time, day in and day out, both externally and in the subtle microcircuitry of the cakra-nādī system. For the Tantric initiate, then, 'experiencing time' is much more than a metaphor--it is a psycho-physical actuality that can be precisely defined. This type of focus is not dissimilar in its logical structure--though greatly dissimilar in its categories--from the descriptions of modern biology. In modern Life Sciences, continuing research is pushing towards the point where we could theoretically provide a precise timing description for almost all of the processes occurring in the mind-body complex that science describes as the human being. Thought x takes y milliseconds to fire through a-w neurons in the brain, triggering particular neuromuscular pathways down through my arms and into the movement of my fingers that type words that take further z milliseconds to go through the computer circuitry and onto the screen. Further permutations of this process could describe the readers' reading of this dissertation, our metabolic functions during these processes, etc., with timing of molecular events, cellular functions, glandular secretions, and so on (much of this sort of timing has already been mapped in modern Biology). The point is not that the Tantrikas were doing modern biology--rather, that within the world view of their time, and their doctrinal assumptions about the nature of reality and human beings, they appear to have given as precise a description of psychophysical functioning as they could, using their own categories.

# 7.4.1. The Tantric Knots and Their Upanisadic Precursors

The Tantric systems, in an inheritance from the Yoga traditions and the Upanisads, we have an extremely interesting doctrine of the knots (granthis) in the cakras of the subtle body. We find references to the knots in several of the earliest Upanişads. The Chāndogya, describing the person who knows the correct teaching about the ātman, says: "He takes pure food and he is pure; while he is pure, his teaching remains true; while [it] remains true or faithful in recollection or memory he is entitled to the loosening of all the knots.... After the impurity is removed away from him... the Bhagavan Sanatkumara shows to him the yonder bank beyond darkness... (that is why) they call him Skanda (the surmounter)..." These are the places where the subtle transmigrating life energies are tied into the dense physical body. In Tantric Yoga, as we have in the *Upanisads*, it is understood that at the time of death these knots loosen up, becoming untied, so that the life breaths can gather back in the heart prior to leaving the body. Yet the Tantric traditions also indicate that the initiate can learn by practicing the Tantric Yogas--while they are still alive--to see into the dimensions they will travel into at death. What the initiates learn to do is loosen these knots without dying, precisely the sort of teaching Sanatkumāra provides in the Chāndogya. The same idea is present in the Kāthaka Upanişad of the Black Yajurveda, taught to Nāciketas by the god of death, Yama:

When all the passions vanish which nestle in man's heart, then the mortal one becomes immortal, he already here attains Brahman. When all the **knots** split themselves, the knots which ensnare the man's heart, then the mortal becomes immortal—so far extends this teaching. Hundred and one are the arteries of the heart, from these one leads towards the head. He who ascends that up, attains to immortality; the other (arteries) serve as an exit on all sides. The Purusa, of the size of a thumb, is continually to be found in the inner soul in the hearts of

created beings. One should pull it out of the body cautiously, as one would pull the blade out of the reed. One should know him as pure (śukra), as immortal--one should know him as pure, as immortal.<sup>102</sup>

In the Tantric texts, the doctrines based on this earlier system are further elaborated. The channels running on either side of the central channel are said to tie across each other in the *cakras*, and knot particularly three times in the heart where the *akṣara-bindu* or indestructible drop is located. The Yogas are designed to loosen these knots, as explained by Hopkins, who refers to the *granthis* as 'restrictions' and explains that during the death process the *prāṇas* or *vāyus* circulating in the body dissolve into the left and right channels, and then into the central channel. Then the knots that bind the transmigrating consciousness into the body loosen as the *prāṇa* begins to flow in the central channel.

This induces manifestation of subtle minds, which ordinary beings fear since they feel they are being annihilated. Yogis of the Highest Yoga Tantra, however, put these same states to use in the spiritual path. At the central channels, there are white and red drops, upon which physical and mental health are based--white predominant at the top of the head, and red at the solar plexus. These drops have their origin in a white and red drop at the 'heart', which is the size of a large mustard seed or small pea and has a white top and a red bottom. It is called the indestructible drop, since it lasts until death. The very subtle, lifebearing wind dwells inside it and, at death, all winds ultimately dissolve into it, whereupon the clear light of death dawns. 103

So here we have identified the pathways and mechanism whereby the dying individual leaves the body to go into the *antarabhāvah* or state between death and the new life. In the earlier *Upaniṣads* it is indicated that the desirable state is to go to heaven, in the Sun, rather than returning here for another birth. By the time of the Tantric texts the idea of heaven in the Sun appears to have been relativized into the

notion of multiple heavens in all the stars, linked to multiple dimensions, and all of these are remapped into the subtle body of the human being in the holographic micromacro-cosmic type-identity mapping systems that we will discuss in more detail in Chapter 8 of this dissertation. The focus in the Tantric texts appears to have shifted more to the idea that we will all reincarnate, in part as a result of the influence of the bodhisattva ideal in the Buddhist tradition that describes the liberated being as staying around earth and reincarnating for the sake of helping other people attain liberation.

## 7.4.2. The Four States of Consciousness in The Upanisads and Tantras

From the days of the *Upanişads* we have in India the doctrine of the four states of consciousness, waking, dreaming, deep sleep, and the fourth state.

Yājāavalkya in the *Bṛhadāraṇyaka Upaniṣad* describes how these four states relate to the states of living and dying: "There are two states of this spirit: The present one and that in the other world; a middle state, as the third, is that of sleep. When he stays in this middle state, he views both those states—the present one (in dream) and that in the other world (in deep sleep)." The doctrine is that when one goes into deep sleep the *puruṣa* returns to its source in the Sun, and is also free to wander in dreams: "Throwing off, in sleep, that which is of the body, it, itself sleepless, views the sleeping organs; borrowing its light, it then returns again to its place—the golden spirit, the one bird of passage (*ekahaṃsa*)." The rarely described fourth state is identified with *Brahma* who is the *ātman*, and there is a mapping of this fourth state to the death state as well, so that the four states of consciousness become mapped to the states of existence. Just as we repeatedly cycle through waking, dreaming, deep

sleep, the fourth state, deep sleep, dreaming, waking (for another day), and so on over the course of our physical lives as beings who are awake for part of 24 hours, and then sleep in dream and deep sleep states for another portion of this time, so too the Indians conceived of us as living a physical life, dying, passing through an intermediate or between state, and being reborn into another life.

The Tantric practitioners bring an enthusiasm to the death realms that eradicates the normal fear thereof. Hence we find included in the Tantric tradition as a whole the oddball cults celebrated in cremation grounds, the wild images of naked men and women dancing with skull garlands about their necks, and smearing their bodies with the ashes of the dead. Even the more conservative Tantric cults tend to use skull-cups in their rituals. Why? To smash the paranoia and anxiety about death, to destroy the panic at the loss of identity that one fears will ensue with the destruction of our individual identity. Yet the objective is not to die, and the cults are not ritual murder or ritual suicide cults. Far from it. Instead what we have is a confrontational attitude, a challenging of the initiates to confront and master these varied states of consciousness, and in so doing gain control over the fundamental processes of life and death. What is so intriguing about the Tantric systems is the relationship of the sexual yogas to the death process. We will examine the specifics of the initiation processes preceding the sexual yogas in Chapter 8, and the sexual yogas themselves in Chapter 9. What is important to understand here is how the classical Indian four states of consciousness are mapped into the subtle body system, undergirding the practices of Tantric Yoga, and providing a rationale for the practices

of the sexual yogas.

In the Buddhist system the doctrine of the three bodies of the Buddha is mapped to three of the four states of consciousness: the Dharmakaya or Dharma Body is mapped to the sleep state and death, the Sambhogakāya, the Enjoyment or Beatific Body, is mapped to the dream state and the between state, and the Nirmāṇakāya or Emanation Body is mapped to the waking state and human life. In the Buddhist Tantric system another Buddha body, the Innate, Intrinsic or Orgasmic Body, Sajaha-kāya, is added to the schema, and identified with the mysterious fourth state. The four bodies are then epitomized as a fourfold mind or consciousnesslightning (cittavajram caturdhā), i.e. a sort of super-electrified state of consciousness that connects in an alert fashion all four states of awareness. These are then mapped into the functional structure of the subtle body cakras and nādīs. The fourth-state Sahajakāya is mapped to the navel; the deep-sleep Dharmakāya is localized to the heart; the dreaming state Sambhogakāya is mapped to the throat center; and the waking state Nirmānakāya is mapped to the brow cakra. When the male and female initiates together master the practice of non-ejaculatory orgasm in mutual embrace, the flowing bodhicitta becomes poised in these centers and the initiates' awareness opens up to all four states simultaneously. The key to this doctrine, though it is not mentioned here, is that through the sexual yoga practice the initiates loosen the knots (granthis) in the heart and other cakras just as happens in the dying process, yet in the sexual yogas they use the opening up of consciousness to the other dimensions as an opportunity to integrate these dimensions into their living human state, rather than

leaving their body behind as happens in deep sleep or death. The following description is from the fifth chapter of the Kālacakratantra and Vimalaprabhā:

Now, the cessation of waking-etc. is described--5.125: Waking and dreaming's intrinsic form, and the other, this intrinsic form of deep sleep and the fourth [state]; [59.125] Situated in the body, dissolved in the breath. [it] spreads to the sense objects, without moving, dissolved in the thinking; | Situated in knowledge, through the embrace of a woman, the moment also exists in the flowing bodhicitta; From the emanation etc., the restrained, fourfold mind-lightning sequentially comes forth into being. | | 125 | | "Waking" etc. Here, situated in the body of the transmigrators, i.e. situated in the head, the bodhicitta is the characteristic of the waking-[state]. Dissolved in the breath, i.e. located in the throat, it is the intrinsic state of dreaming. In both states [59.10] it spreads to the sense objects. Without moving, dissolved in thought, located in the heart, also this other one, i.e. the third, thought, the intrinsic nature of deep-sleep. The knowledge state, i.e. located in the navel, the intrinsic nature of the fourth [state], through the embrace of a woman, the characteristic of the unejaculated moment's. When the bodhicitta is flowing, 106 that itself is the thought, fourfold, stopped, the characteristic of the emanation-, enjoyment-, dharma-, and innatebodies, of the Buddhas, comes into existence. Therefore, from the emanation etc., sequentially, the restrained fourfold thought lightning comes forth into being. | | 125 | |

When this state is achieved, we are said to have four imperishable drops in the four centers, with *Kālacakra* taking over Indra's role as the Soma juice, here called "Moon-juice" (*candra-drava*), dripping from the uvula in the Yogi's mouth, the "Indra-womb" we discussed from the *Taiitirīyopaniṣad's Śikṣāvallī* (See Chapter 7.2.3), as the initiates become *Kālacakra* and his consort:

5.37: The lord's lotus with all the lightning bolts, and with the syllables and with their seeds residing in the diamond jewels, Universal joy everywhere, the abode of equal happiness, the universal time of the lightning bolt possessor; In this moon flow, who enters into the guru's mouth, he alone is  $K\bar{a}lacakra$ ; Called the time of the  $m\bar{a}ras$ , causing fear of dying, this is the  $d\bar{a}kin\bar{c}cakra$ . | |37| | [24.10] "The lord" etc. In this regard, the  $usn\bar{s}a$  etc. six cakras, there is the transit of the  $yogin\bar{s}s$  by the syllables ka etc.; therefore, the lotus of the lord that is

the central lotus in the *mandala*, it is with all the lightning bolts, i.e. with the **four imperishable drops**, i.e. unejaculated, with those situated in the lightning gems, the lotus located in the lightning jewel is universal joy everywhere, the abode of equal happiness because of its imperishability, the universal time of the lightning bolt possessor, producing joy among the *yoginīs*. So **in this moon juice**, in the imperishable happiness, **who enters into the guru's mouth**, in the knowledge face, he alone is [24.15] *Kālacakra*, he becomes a *yogi*, this is the rule. So that *cakra* is called time, since it is said to consist of ignorance, etc. Of the *māras*, of the four aggregates etc., it causes fear of dying, this is the *dākinīcakra*—free of all obscurations, it is not composed of the host of other deities. | |37| |

In glossing Kālacakra 5.119 Puṇḍarīka explains how, when the initiates have mastered the sexual yoga practice, they gain insight into the void-state of reality. The mastery is also concomitant with perfection of the prāṇāyāma, i.e. the complete stilling of the flows of the winds through the subtle body channels. The point seems to be that as long as the prāṇa still moves in the left and right channels, instead of being brought into the central channel and then stilled, one will be subject to illusion and suffering.

Here, the appearance of the void is invisible, having the shape of the earth it is seen, it is not firm; having the form of a fluid, a mirage, like water, and it is not water because of lack of flowing-ness. In the same way, the shape of fire is not fire. The body of moving wind, [56.5] because it is not flowing, is not moving, and it is not wind. Because there is no substance, there is the form of the void, and that is seen, like an illusory city, endowed with the colors white etc., yet because there is no substance, it is also invisible. Though it has all forms, it is always invisible to immature people. That is because of what reason? Because of the existence of addictions and māras, because of the movement of the prāṇa in the left and right channels. This is the rule. | | 119 | |

The *Kālacakra* and *Vimalaprabhā* give us a precise description of the movement of the winds and *bodhicitta* in the channels. The body, speech, and mind of traditional

Buddhist doctrine are mapped to the waking, dreaming, and deep sleep states, with the fourth state mapped to jāāna, true knowledge or intuition, a Buddhist Tantric addition to the earlier schema.

Now the location of the movement<sup>107</sup> in the channels is stated...Here, the sound in the heart, the thought drop, generates the state of deep sleep. The drop, i.e. the body drop in the forehead, generates the waking state. The digit, i.e. the speech drop in the throat, generates dreams. Knowledge (or intuition), i.e. the knowledge drop in the navel, generates the fourth state. [Those] are located in the place of the nectar, the chain-bound channels. The ones located there are the ones located in the nectar place, i.e. the *lalanā*, rasanā, and avadhūti; those, because of being chain-bound, 108 forming a triple path between the navel and the heart, and splitting the heart pericarp in the middle of the avadhūti, proceed with the lalanā and rasanā<sup>109</sup> using the left and right petals. Then, forming a triple path between the heart and the throat, again [56.20] it proceeds: in the same way there [they form] a triple path between the throat and the forehead, and between the forehead and the uspīsa. In this way, forming four triple paths, the lalanā "goes to the highest place, ending in twelve [finger widths] and ending in [sixteen] digits" (Kālacakratantra 2.47), as stated in the Adhyātma Chapter. The rasanā also goes [to that place] by the right [nostril], the avadhūti simultaneously goes [to that place] by both nostrils. In the same way, forming a triple path below, between the navel and the concealed, moving through the feces and urine channel<sup>110</sup> on the left and the right, [moving] through the middle of the *sankhint*<sup>111</sup> in the concealed lotus, [and] moving through the middle of the feces channel below the concealed lotus, going through the urine channel on left in either the penis [linga] or in the vagina [bhaga], [56.25] [and] going through the semen channel on the right--such is the movement through the channels as described in the Adhyātma chapter. In this way the triple paths of the prana and apana: the upward paths of the left, right, and middle for the prana, and the downwards paths of the feces, urine, and semen for the apāna. The vagina of women is the lotus together with the lightning bolt because of its vibrations. The lightning bolt together with the jewel, because of its perishability, is itself joined to the lotus, because of its blossoming. In the middle of the rubbing together of the wind is in the middle of the rubbing together of the prāna and apāna in the navel. The sense domain, i.e. the unseparated place. And there is the exit and entry of the senses, i.e. the channels of the eye etc., in the sense domains, and in the navel. That in fact was described previously. [57.1] Perceiving the cause of smoke etc., is

by the door of the *avadhūti's*; because of the word also, that too is in the navel. All that is secret, to be protected from immature people. This is the rule. | | 120 | |

## 7.4.3. The Sahaja-Kāya--A Fourth Buddha Body

The Sahaja-kāya or Innate (orgasmic) Body that is identified with the fourth state, with *jñāna*, and with the navel drop, is described in the *Kālacakra* as including or consisting of the waking/body/nirmāṇakāya/forehead drop, the dreaming/speech/sambhogakāya/throat drop, and the deep sleep/mind/dharmakāya/heart drop. This fourth state/jñāna/sahajakāya/navel drop is a state of awareness that includes and transcends time, includes and transcends wisdom and means, includes and transcends male and female, and is perfectly transparent--the clear light. Since it is innate, it is innate to both man and woman--it is not restricted to either sex (reflecting the Tantric traditions' even-handedness towards the two genders). The sahaja-kāya consciousness provides the initiates with a perspective on time itself by taking awareness up and out of linear sequential time. The point here is that imitates gain the ability to see into the past and into the future, with specificity, knowing specific past events of any particular time, and specific future events at predictable times. This is the fruit or result of practicing the time yogas of the Kālacakra (wheel of time or time machine) system. Especially worth noting in this passage is the reference to the sambhogakāya as existing for the sake of sentient beings, seeming to cry out in its desire to help them. This is the fundamental point of the Mahāyāna and Vajrayāna tradition--that all of these techniques and practices are for the sake of liberating all living beings.

Here wisdom consists of fifteen kalās, 112 the bright fortnight; the dark fortnight [that is] the waning of the [fifteen] lunar kalās is the means. Similarly the bright is the night and the dark is the day. So the innate body is neither wisdom nor even means, this is the innate body of the Buddhas. In this way the bright fortnight is non-existent, nor is there a dark [fortnight] [since] it consists of unreal kalās; neither is real or unreal; [45.25] since they are mutually denied [logically], there is no meeting of the two. There is not even the non-existence of both--that is to say, the innate happiness is not without both the bright and dark fortnights. In this way, the innate body is said to be the complete purification of the four logical possibilities (catuskoti), the sixteen kalās, [and] possessing the property of voidness, [46.1] because it is characterized by flowing, and because of the indestructible fourth [state] of the yogins. Hence it is proven that it is neither male nor female. Here the innate body, in fulfillment of one's own interests and in fulfillment of the interests of others, becomes 113 the dharma body, through the dissolution of deep sleep.... Therefore, because of the distinction between perceiving and perceivable, the dharma body, with the intrinsic nature of [both] wisdom and means, is the agent for the purpose of others. And it is produced from the innate [body]. In this way the innate is flowing in the navel, ripened in the dharmacakra [and] in the heart; it is this dharma body, the enjoyment body, for the fulfillment of the interest of others, crying out, seemingly, the agent for the purpose of many sentient beings. Here, with the divine eye, the form without past or future is seen as a reflected shape, perfectly transparent; in that [perfectly transparent form] the sound that issues forth is the echo (pratisabdah) the enjoyment body, is intrinsically wisdom and means. With the divine ear [46.10] the divine vijñāna is the perceiver, the echo is the perceivable. Therefore one knows the calculation of time in the past and the future, in a certain kalpa, 114 in a certain yuga, 115 in a certain year, in a certain month, in a certain fortnight, in a certain day etc., such and such occurred, such and such will be. Therefore, intelligent beings are to be taught, i.e. through the dissolution of the dream state, in the throat, human effort is the enjoyment body, because of retaining the semen (*ūrdhvaretasah*). For the sake of the maturation of intelligent beings this one again becomes the enjoyment body, it becomes the emanation body, intrinsically wisdom and means. Though one of the intelligent beings, because of seeing its various emanations, [it appears to be] many. In the same way the union of one and many [46.15] is evidently wisdom and means, covertly the cessation of [both] one and many. It is also, through the dissolution of the waking state, in the forehead [cakra] the spotless emanation body, "the completely visible form, the jewel ensign, 116 the great gem" [Nāmasamgīti 9.24]. 117 Thus the one is the

innate, it itself is the *dharma*-, the enjoyment-, and the emanation-[bodies]--so it is fourfold. | |89||

#### 7.4.4. The Trika System Parallels to the Kālacakra Doctrines

The Trika system espouses a virtually identical doctrine in terms of the Tantric physiology that undergirds its Tantric Yoga practices. Padoux provides us an outline of the sūksmadhyāna discussed in Chapter 7 of the Netratantra: the subtle body in this version contains, in addition to six cakras, twelve knots (granthis) and sixteen supports (ādhāra) along the body's axis, five spaces or voids (śūnya or vyoman), three dwelling places or abodes (dhāman) and three subtle centers that radiate the nādīs. The mantras blast their energy into these prāņa channels to transform one's body into a divyadeha or divine body, free of death and disease. Intensive meditations are required, whereby the adept collects his vibrational energy (Spanda) in the 'bulb' of his subtle body (the kanda at the base of the spine) after it has reached down through the bhuvanas to Kālāgni--the Kālāgni Bhairava that the Svacchanda describes as located at the bottom edge of Brahma's egg. Then the virva or seminal energy as śākta-spanda, the vibrational energy of śakti, is sent up through the genitals to the susumnā, permeating the sense organs, piercing the six cakras, loosening the twelve knots, penetrating the five voids and the three abodes. 118 There are two slightly different types of meditation described (from the kula and Tantra traditions); Padoux describes the latter, and Brunner provides for the first a list of the ādhāras (top of the head, mid-brown, palate, throat, heart, naval, and the 'joysense organ' (ānandendriya), i.e. the genitalia) mapped to the various vyoman, cakras by other names (śānti, dīpti, bhedana, yogi, māyā, and nādī), the granthis (Śakti,

nāda, baindava, dīpikā, indhikā, sadāśiva, īśvara, rudra, viṣṇu, brahma, pāśava, and māyā), and the sthānas (Śiva, śakti, sadāśiva, īśvara, rudra, viṣṇu, and brahma). 119 This process excites the bindu (drop) that produces the immortality nectar (amrta), and this nectar is then channeled down through the channels of the subtle body to pervade the entire system. In the end he becomes immortal, Mrtyujit, the conqueror of death, or Kālajit, the conqueror of time. 120 Abhinava says there are twelve goddesses abiding like disks of the Sun, and in each one of them the fire, Sun, Moon, and the peacefulness of the fourth state appear. And that unexcelled cakra (of solar goddesses) radiates outward from the heart by means of the 'sky-paths' of the senses (the eye etc.) into each of the sense domains (or sense objects). And through the sequence of creation, maintenance, and destruction that takes place in each sense domain by the light-rays from that cakra, the form whose nature is the light of the Moon, Sun, and Fire remains steady. 121 The yogi follows this meditation sequence as a means of collapsing the universe into his or her internal subtle wheels (cakras) of progressively more numerous light rays, thereby reenvisioning the entire sensory perception process as a sort of magnificently expansive divine-holographic experience. This maps quite nicely to the Kālacakra notion of collapsing the dimensions into the subtle body during the sexual Yogas.

Just as we find in the Kālacakratantra system, the Trika doctrine as expressed in the Mālinīvijayottara exhibits a complex pattern of mapping doctrinal categories onto perceived given facts about reality. Here we have the various categories of existence that emerge from Śiva and Śakti mapped into the four normal states of

awareness, i.e. waking, dreaming, deep sleep, and the fourth state, beyond deep sleep, familiar to readers of the *Upanisads*:

And in *Trika* one should notice that the self is divided into *Śakti*, the will of Śakti and Śiva; And reality is well known to be recognizable in the five-natured category as being the ruler together with [its] activity, and being the impeller of what is devoid of that; because of the cessation of desire, and because of being self-established, and undivided--it is fivefold. (Here begins a discussion of the set {a}) pinda-stha, b) padastha, c) rūpastha, d) rūpātītam, and e) tūryātītam }): Furthermore, the category of the names of these states is also made clear: the (a) body-resident and the universally beneficent are considered to be the two names for the waking [state]. [They] prefer (b) situated in the place, and pervasion as the two names for dreaming. (c) Situated in a form and the great pervasion are the two names for deep sleep. A collection, and what is beyond form are properly said to be [the two names] for (d) the fourth [state]. The perceptive ones prefer the great collection (mahāpracayam) and (e) what is beyond the fourth [state] (tūryātītam). This category is so called due to the distinction between the various principles; you must listen to how all these five principles [are distinguished]. The combination that will be established of these names of the elements and the principles is [what is] desired. That they say is [what is meant by] (a) "body-resident;" [they] know it as beyond (b) what's located in the place [pada-stha]; The mantras, the masters of them, and the rulers are what is meant by (c) "residing in the form." What is (d) beyond form is the *Parā Śakti*, including activity, and free of diseases. (e) Śiva is recognizable as unmanifest, without appearance, purified, established in one's very own self, beyond everything; whoever knows that becomes liberated. The (a) body-resident is fourfold, awakened and also not awakened; the (b) place-resident [pada-stha] is also fourfold, well-awakened and really well awakened. What's called (c) rūpastha is considered fourfold by those meditating by Yoga: going and coming, well-dispersed, come together, and well-assembled. The (d) other is likewise arisen, spacious, peaceful, and very clear. And (e) is what agitates the mind, is endless, [achieves] all objectives, and is permanently arisen. (Then, as a footnote, the text adds:) In the collection (i.e. (d), the fourth state), the one is recognizable, situated in that mahat. So in this way it is said that the fivefold path is now threefold: It is said that the principle of the atman has as its limit the entirety of consciousness; and what's called knowledge (vidyā) ends in Śiva; what remains they know as Śiva's place; In this way this path is widely known to be divided into these categories. Now, the

simultaneous differentiation of all the paths is [also] stated: The (a) earthly, the (b) prākṛtic, the (c) illusory, and the (d) śāktic--thus that fourfold egg is briefly described. The one primary principle is indicated there to be pervaded by the earth--individually, non-dual, countlessly, singly, individually. In the manus of the flood of words one should remember the flood of kṣa, individually, one by one. From the realm of the Kālāgni, up to what is above the city of Vīrabhadra, the sixteen-fold city is known. The sixfold path is well-known. And with the [feminine] satisfying one there is the second; and in that one may recognize the principles. 122

Just as we find *Kālacakra* identified with the 'Moon-Juice' dripping from the uvula when the initiates attain the interconnected multidimensional hook-up into the cosmic web with their indestructible drops poised in the *cakras* as the four states of normal consciousness and the four Buddha bodies, so too we find the nectar dripping from the palate in the *Mālinīvijayottaratantra*, chapter 21:

So then the supreme secret is described, the supreme nectar of the knowledge of Siva, for the destruction of sickness and death of the yogis. In the sixteen-spoked throat *cakra*, whose pericarp is fabricated from the Moon, one should meditate on *Parā* in her own form, there, flowing as the nectar of immortality. The perceptive one, bound together in the single moment by prior application [of mantras], having afterwards also drawn in the tongue, placing it on the soft palate, should meditate on the divine flowing nectar of immortality, white as the disk of the Moon; his mouth becomes filled with somewhat salty water, that smells a bit metallic; however, one should not drink it, one should spit it out. One should practice thus, until what [really] achieves that (i.e. *siddhi*) is produced. <sup>123</sup> Freed from old age and sickness, [it] is produced, drinking that, then, after six months, easily after a year, one becomes a conqueror of death. (*Mālinīvijayottaratantra* 21.1-21.6)

Evidently in the Saivite Tantra the idea is present that the first drips from the uvula are not the actual nectar, perhaps like a bit of rusty water in the pipes; after the flow has run for a while it clears, and one can taste the real nectar.

#### 7.5. The Doctrine of the Vital Points and Their Relationship to the Subtle Body

A subsidiary and not commonly understood doctrine of the medical channels is the doctrine of the so-called vulnerable or vital points (marman). This is one of these doctrines one often finds mentioned in passing in a wide range of non-medical Sanskrit texts, yet never explained. There appear to have been many such doctrines in ancient India that were apparently considered common knowledge at some point, yet for modern scholars usually remain a bit mysterious. Partly out of sheer frustration at my own ignorance on the subject, I looked carefully through the section on marmans in Vagbhata's texts, and found some surprising correspondences between these points and the cakras of the subtle body. Since I have read rather widely in the secondary literature on the cakras and to some extent in the secondary literature on the medical tradition, and have begun to read more widely the primary medical and Tantric literature, I believe I am safe in saying that the following section of my presentation--linking the cakras to a particular subset of the marmans--has never before been pointed out by either Western or Indian Indologists (of course one never knows what may still lie hidden away in one of those conference proceedings volumes or old academic journals).

In listing the locations of the channels Vāgbhaṭa specifies subsets that are not to be cut with sharp instruments. Most of these appear to be blood vessels, though some appear to be nerves. Each limb has 100 sirās, with a particular one called jālandharā not to be cut; there are 32 in the pelvis, with two on either side of the groin (vankṣaṇa), and two at the crest of either pelvic bone (kaṭikataruṇa) not to be cut; sixteen in the flanks of the torso (pārśva) to be avoided. There are twenty four

on either side of the backbone, and two of these on each side are off limits; two on either side of the genitals in the abdomen to be avoided, among the forty-eight there; in the chest there are forty sirās, and of these two each at the upper edge of the breast, two each at its lower edge, one at the heart, one each at the sides of the chest, and one each at the sides of the back should not be cut. There are also forty-eight in the neck, with sixteen off-limits--two nīla, two manyā, two kṛkāṭika, two vidhūra, and eight mātrkās that cannot be cut. Sixteen in the lower jaw, and one should not cut the two at the joint of the jaw; sixteen in the tongue, with four at its base controlling taste and speech that should not be cut; twenty-four in the nose, with two of these and one in the palate not to be cut; fifty-six in the eyes, with a set of six controlling the eyelids and eye movement not to be cut; sixty in the forehead, with seven located at the center of the eyebrows, two above the eyebrows, and four at the hairline to be avoided. Sixteen in the ears with two controlling hearing to be avoided. Sixteen in each temple, with two to be avoided; twelve in the head, with two at the edge of the hair on the temples, one at each of the five sutures of the skull, and one at the crown of the head to be avoided. 124

#### 7.5.1. The Locations of the Vulnerable Points

Now most of the locations listed as places to avoid cutting are identified as the so-called *marmans*, vital or vulnerable points on the body, where a wound is usually fatal. This was a very reasonable medical doctrine to develop in a society where warfare was widespread and fairly frequent. There are 107 of these, eleven of these in each of the two legs, and in each of the two arms; three in the stomach region,

and nine in the chest; there are fourteen in the back, and thirty-seven above the collar-bone. 125 Though some of the descriptions are a bit tedious and unpleasant, they are, I think, particularly relevant to the system of nerve channels and cakras or centers that is so central to the complicated meditational yogas of the Tantric systems (I have provided a complete comparative translation of the sections on the marmans from the Astāngahrdayasamhitā and the Astāngasamhitā in this endnote<sup>126</sup>). There is one in the center of the sole of each foot and in the palm of each hand (tālahrdayam), and piercing it causes death. Another set of four called "quick" (ksipra) are located between the thumb and forefinger, or between the big toe and fore-toe, and piercing those causes death by convulsions (a "wind" disease). Another set of four at the base of the thumbs or big toe are called "a bundle" (kūrca)--piercing these causes tremors in the affected hand or foot. At the base of the palms and heels are the 'heads of the bunches' (kūrcaśiras), and piercing these causes swelling or breakage of the bones. The ankles and wrists have vital points (gulpha and manibandha) whose injury can numb the lower legs or forearms, break the bones or weaken the hand or foot. Injury to the "abodes of Indra," (indravasti) at mid calf or mid-forearm can lead to death by blood loss, though that can be prevented by cutting off the blood flow. The knees and elbows can be injured, causing a limp, or crippled lower arm, and there are points called 'linch pins' (āni) just above the knees and elbows that cause pain. There are points in each thigh and each upper arm that can cause the limb to wither; points at the base of the thigh bone or upper arm (lohitākşa--'blood point') that can cause paralysis; points on either side of the genitals between the groin and scrotum (vitapa-

-'sprout or branch') that when injured can cause impotence or diminished semen. In the upper body there are points between the clavicle and armpit (kakṣādhara) that can cause deformity of the arm. A blow to the anus point (guda) causes instant death; there is the basti or bladder point that when wounded directly causes death, and when wounded on the side can cause urinary problems, kidney stones. A navel point that can cause sudden death. A heart point that can cause sudden death. Two points below the breasts that when wounded cause death by internal bleeding; two above the breasts that cause death by the viscera filling with phlegm and blood (perhaps by injury to the lungs). Two at the brachial tubes (apastambha) that when injured lead to death from coughing fits and breathing difficulties. Two below the shoulders on the sides (apālāpas); when the blood in a wound here turns into pus, one dies. There are the two at the tops of the pelvic bones (kaţīkataruna) that when injured lead to death from loss of blood, withering of the appearance, loss of color, etc. The two kukundara points are at on either side above the crack of the buttocks, and injuries there cause paralysis of the lower body. The two nitamba points are at the top of the backs of the hips--when injured the lower body swells, followed by a feebleness and eventual death. The two "side-joint" points (pārśvasandhi) cause death from internal bleeding; the two "broad" (brhatt) points cause death from external bleeding; the two shoulder blade (amsaphalaka) points cause paralysis and emaciation of the arms. The two shoulder (amsau) points also cause paralysis of the arms.

Then we have the points above the collar bone. The two 'dark-blue'  $(n\bar{\imath}la)$  points at the inner ends of the clavicle, on either side of the voice box, cause loss of

speech when injured. The two next to them (manyā) cause loss of taste; there are four mātṛkās on either side of the neck, and injury to them causes instant death. There are two at the back or nape of the neck (krkatikas)—when injured they cause head tremors. Two just behind and below the ears, in the small depressions there (vidhura = depression) that when injured cause deafness; two inside the palate near the nasal openings, shaped like hooded serpents (called *phana* or flared, like a serpent) that when injured cause loss of smell; two called apānga at the outer corners of the eyes, that when injured cause blindness; two just in front of the tops of the ears called sankha (the temporal bone, a conch shell) that when injured cause immediate death. Two at the small depressions in the forehead just above the ends of the eyebrows (avarta) that when wounded cause either blindness or damage to the sight. Two just above the temples (utksepas) and one in the center of the eyebrows (sthapant) are where one will survive a wound as long as the arrow is allowed to fall out of its own accord--extract it and you will die immediately. Five points along the sutures of the skull that will cause madness, delusion, unconsciousness or death. There are four in the palate where the sinuses meet--with openings (they say) to the tongue, eyes, ears, and nose--injury there causes immediate death. Then, finally, there is a marman at the very top or crown of the head called "the ruler" (adhipati). It is the meeting point of all the channels (sirās) and joints, and a wound there will be immediately fatal.

### 7.5.2. The Vulnerable Points and the Cakras

Looking at the points where wounds prove immediately fatal, that is, the anus,

the lower bladder point, the navel, the heart, the eight "mothers" (mātrkās) on either side of the neck, the four points inside the palate, potentially the points at the temples and between the eyebrows, the two temporal bone points on either side of the head, the points in the center of the palms in the hands and feet, and finally the point at the crown of the head, we find that we have locations that correspond, for the most part, to the locations of the major cakras or centers of the Tantric yoga system of nādīs and cakras. And while these points are discussed in the Indian medical literature in terms of their potential fatalness, it is precisely these same potentially instantly fatal points (with the possible exception of the temporal bone points) that become the focus of the intense meditational yogas of the Tantric tradition. The location of the sahasrāra/uṣṇīśa cakra correlates exactly with that of the adhipati marma. And just as the *nādīs* in the Tantric physiology lead to the crown *cakra*, so that raising the kundalint or bodhicitta to the top of the head is an essential aspect of Tantric yoga, so we find that in the Ayurvedic doctrine the internal channels are said to go to the top of the head. Astāngahrdaya 4.36b-37a says: 'Inside the head, on top, at the meeting place of the channels and the joints, the parting of the hair, is the vulnerable point named adhipati; injury there results in immediate death.' The commentary explains: 'What is located inside the head; above that, i.e. beginning from there, on top of the head, is the meeting place of the channels and the joints (sirā-sandhi-samāgamah); the conjunction of the channels and the joints; the particular vulnerable point called the adhipa is characterized by the parting of the hair.' The commentary on this same passage at Aştāngahrdaya 4.45 further clarifies this: "The patih is the regent of the

vital points, there is one of those, and it is located inside, on the top of the head." The other marmans also are located at the other major cakras: the sthapant is at the location of the ajña cakra--the 'command' center or 'third eye' center at mid-brow, called the 'forehead center' (lalāţacakram) in Buddhist systems; the hṛdaya marman is at the location of the hrdaya cakra--sometimes called anahatacakram ('unstruck') in Hindu systems; the navel point (nābhi marman) is at the location of the navel center (manipūra, in Hindu terminology; usually just nābhicakram in Buddhist systems); the bladder point is roughly at the location of what is called the abdominal center (about four finger-widths below the navel) called the "self-established" center (svādhisthāna), and the anus point (guda) is located at the anus center called the "root-base" (mūlādhāra); these latter two are usually just referred to as one, called the guhya-cakram (private or secret center), in the Buddhist terminology. The eight "mother" vital points are roughly at the location of the 'purified' throat center (viśuddha cakra, often called simply the kantha-cakram in Buddhist systems.). Though I do not know the technical yogic names for them, there are also important cakras at the centers of the palms of the hands and feet--these are often depicted in Indian iconography. A passage from the Kālacakra describing the marks of the ideal man (i.e. Buddha), makes explicit the connection between the cakras in the hands and the feet, and the rest of the cakras in the body, represented here by the crown cakra and the navel cakra: "Here the marks of the great man are as follows--the two soles of the Tathagata's feet and the two palms of his hands are marked with cakras; the two soles of his feet are well connected [or established in, supratisthita, by linking

nādīs] to the completely filled thousand-rayed cakra and to his navel (cakra)."127 The same passage describes the Tathagata's brow cakra as follows: "the mandala above the brow consists of the thirty-two [marks], with an extremely subtle white [just like] the white of bits of cotton, turning clockwise." The only location where I have not seen or read about a yogic cakra is at the temples, though these are on the axis with the brow cakra that is in any case said to be inside of the head, the so-called third eye. In some of the more detailed descriptions of the cakras given in later Hindu Tantric Yoga and Yoga texts there is also a center located roughly where the 'crossroads' points are located at the top of the palate. It is to this upper palate cakra that Yogis sometimes turn the tip of their tongue during various meditation practices, so as to 'drink the nectar' dripping therefrom. This is exactly the same location referred to as 'Indra's yonih' in the Taiitirīyopanişad's Śikṣāvallī passage cited above, and in the Kālacakratantra passages also cited above. We find in most Tantric descriptions of Yogic bliss that the experience includes the dripping of nectar or drops from this point, a curious consistency with the name given in the *Upanişad* that suggests a very ancient Yogic practice and doctrine is integral to the Tantric Yogas.

An important point to notice here is that the Tathagata's brow cakra it is referred to as a mandala turning clockwise. Normally the cakras of the body are depicted as static in iconography (usually paintings). Here however we have an indication that the cakras are in motion. Both terms, cakra and mandala refer most literally to wheels or circles. Wheels tend to move. Yet the cakras are also described as lotuses, with the spokes of the cakras represented by the lotus petals. As

described in the *Upanişad* passage cited above from the *Mahānārāyaṇa Upanişad* the heart lotus is said to be facing downwards. So we have a dual overlay of descriptions for these centers with imagery that is not completely compatible. The mandalas of the Tantric iconographical and visualization meditations are spherical, not flat circles. And we have descriptions in the Kālacakratantra indicating that there are mandalas located inside the cakras. Just as in the Upanisads, where a spherical cavity inside of the heart is described, in the Tantras we have multiple spherical sub-centers localized to the various cakras. No doubt had the wonders of three-dimensional computer imaging and virtual-reality representations been available to the early Tantric artists, we would have been left with three-dimensional depictions of the mandalas used in their meditations instead of the two-dimensional images we commonly find. The same appears to be true for the cakras--from the descriptions of the respective sizes of the vital points it appears that at these must have been thought of as three-dimensional locations; otherwise the dimensions given make no sense. The marmans located at the cakra points, the anus, the lower bladder point, the navel, the heart, the eight 'mothers' (mātrkās) in the neck, and the four 'crossroad' points in the palate, are among the twenty-nine points said to measure the size of the palm of one's hand. The two 'conch shell' points (sankhas) in the temples (mapping to the third eye cakra depicted in the center of the brow) and the 'ruler' point (adhipati) at the top of the head (mapping to the crown cakra), are among the fifty-six points measuring half a finger's breadth. 129 While it is difficult in the sometimes oblique language of the Kalacakratantra to find exact measurements of the cakras (measurements of their

locations are given frequently and are easier to understand), I have located a couple of these. In a section on the "purification of the body mandala" where the outer cosmos is mapped to the measurements of the initiate's body, the text does indeed state that the crown cakra is half a finger's width in dimension: "And in the Meru place, it is half a finger width; for the lord of victors, [this is] a thousand yojanas." The 'Meru' location is a mapping of the highest point of the outer cosmos to the top of the head.

Visualizing these lotuses, or *cakras/marman* points as spherical, or three-dimensional, and radiating with the sort of fiery, lightning-like, or solar brightness and energy described in the Tantric texts gives us an impressive image of the dense human body filled with a pulsating divine light that rivals anything produced in the best science fiction movies of our day. I mention this only as an attempt to bring out more of the character of how it seems the subtle-body *cakra* system was actually thought of in the tradition. It is all too easy to forget—through the influence of the mind-numbing complexities of Tantric iconography, the plethora of two-dimensional paintings, and the static nature of the Tantric artistic tradition of sculptures and paintings—that the *Tāntrikās* were referring to phenomena that for them were real, living, animated and experiential.

### 7.5.3. Matching Locations of the Cakras Described in the Kālacakra

In the Kālacakra's Vimalaprabhā these locations of the major cakras (in the Buddhist version of them) are given explicitly: "The uṣṇīṣa," etc. Here, from the Bhagavān, from the lord of victors, from the uṣṇīṣa to the middle of the eyebrows,

i.e. in the middle of the brow, is the sun and a half angulas, a distance of twelve and a half finger [widths]. From that to the throat lotus, likewise, a distance of twelve and a half finger widths. To the heart, also, twelve and a half finger [widths]. Then to the navel and secret lotus, likewise, i.e. to the navel lotus, twelve and a half finger widths; likewise, to the secret lotus, twelve and a half finger widths. From there, from the uspisa, to the end of the secret lotus, the length of the body is sixty-two and a half finger widths." <sup>131</sup> (These angulas or 'finger widths' are not some abstract measuring system with a standard size as in an inch or a meter, they are rather the individual's own fingers--so that the measurement system used is customized to the individual. This is standard practice in Indian medicine, where the amounts of drugs to be taken by the patient are for instance sometimes dosed in terms of the amount that patient can hold in their own hand-the different the size of the hand, the different the size of the dose.) The Buddhist cakra systems typically conflate the two lower cakras at the genitals and the base of the spine into one, generally referred to as the secret or private (guhya-) center. However, these are essentially the same cakras as in the Hindu system, and certainly the same locations identified in the Astāngahrdaya and Astangasamhita sections on the marmans. The measurements for the locations of the cakras are given again at Kālacakratantra 5.183, where they are used as the basis for building a caitya whose proportions exactly match the distribution of the cakras in the body.

# 7.5.4. A Physiological Rationale for Cakra Meditations

So it would certainly appear that the physiological focal points of Tantric

meditational yogas are designed to strengthen the very locations of the naturally vulnerable points of the body. The logic behind such a focus is already implicit in the medical tradition's definition of these points. Astāngahrdaya, Śārīrasthāna 4.38 says: "A vulnerable point is also the meeting place of muscle tissue, bone, tendons, arteries and veins; so life resides intensely in these (tena atra sutarām jīvitam sthitam)." The commentary paraphrases this: "So the meeting places of the flesh/muscle etc. are said to be those types of vulnerable points. For this reason, life resides intensely in these places--i.e. in these places the life breaths are established.' The commentary on the next verse adds, in typically repetitive commentarial fashion: "There are six sorts of marmas, i.e. a six-fold arrangement. By this word 'arrangement' is established the definition that there is an arrangement of vital points since they are determined to be the location of life in man." An additional reason for the particular character of the nineteen points that cause instant death is that they are considered points of elemental fire, the agni mahābhūta of the five basic elements. At Astāngasamgraha, Śārīrasthāna topic 7.56: "The vital points causing instant death," verse 2.518 reads: "The anus, the bladder, the navel, the heart, the [eight] mātrkās, the śankhas (temples), the śrngātakas ('the meeting place of four roads' in the palate), and the adhipati, these are the nineteen causing sudden death; because they are fiery (agneyatvat), the time of death from them is shorter than seven days." Given the central role played by the bodily fires in basic health as defined by Ayurveda, and the central role of psychosomatic fires in all its various forms in the subtle body system of the Tantras, it makes perfectly good sense that these

'instantaneously' fatal points--that are also the locations of major cakras--would have the nature of fire. In keeping with the logic of these points being the major locations of the life force in the body--as defined by the medical tradition--we also find in Caraka the remark that "There are only ten seats where the vital breaths are located--such as--two temples, three vital organs (marmatrayam--heart, bladder, and head), throat, blood, semen, ojas, and anorectal region."132 The physician who knows about these is called the *prāṇabhisara* (promoter/attendant of vital breath). The only one missing in his definition is the navel. A similar list that includes the navel is given by Vāgbhata, who refers to the ten seats of life (jīvita dhāma) as the head, the base of the tongue, the throat, the blood, the heart, the navel, the bladder, the semen, the ojas--essence of the tissues, and the anus. 133 Although no specific directions for enhancing the life energy in these points is given in the medical texts, Astāngasamgraha Śārīrasthāna topic 7.75 notes that there is no damage from the vital points for those whose health has not diminished. 2.537: "In this body that is pervaded by vital points, good health protects the vital points; therefore the wise one should always use healthy/living things. That one is protected from the damages to injured vital points."

While we have seen in section 7.4 that Tantric practice involves a rather complex appreciation of the psychophysical anatomy, the correspondence of the locations of the indestructible drops in the *cakras*, and the *cakras* with the vulnerable points of the body where the seats of life are most intensely located gives us by implication a very strong rationale for pursuing Tantric practice. It suggests that

while the death meditations as we find developed in the Tibetan tradition were a crucial aspect of Tantric practice, they were crucial precisely because they taught a person to die properly so that they could be reborn properly. To use a sporting metaphor, we could say that mastering the death meditations were akin to learning to fall properly when practicing a martial art or when downhill skiing. The objective is to fall properly so that you can get back up without being injured, so you can continue the game. The objective of most of the Indian Tantric material I have looked at so far certainly seems--however outlandish this might appear--to be the attainment of an incorruptible, unaging superconscious body that would allow the practitioners to become living human supermen and superwomen, endowed with all the magical abilities called siddhis (flying through the air, endowed with superhearing, clairvoyance, telepathy, etc.), free from diseases and free from old age, maintaining the physique and energy of a late teenager or someone in their midtwenties. To accomplish these aims we find the texts counseling elaborate initiation procedures leading up to a culminating (hetero-) sexual yoga experience, accompanied by controlled indulgence in meat, wine, and other stimulatory substances. Coupled with these concerns are passages on rejuvenating elixirs, and even, in the case of the latter part of the fifth chapter of the Kālacakratantra, a detailed section on the preparation of alchemical potions claimed to stave off aging (some sections speak of ridding the person of grey hair and wrinkles) and restore the individual to the youthful appearance of a sixteen or eighteen year-old (although the actual recipes appear to be poisonous). Just to give an example, we find this objective explicitly stated in

Kālacakratantra 5.228: "[Taking] equal [parts] of the dandā [and] utpala, 134 with the juices from their own tender leaves, [and] of the śāliparnt, 135 and of the abjasārt, pressing [these together with the] rasa [and] the sulphur with the iron in the magnet and the leaf for three days, also | One should eat it for six months, at the proper time every day, in the amount of one quarter of a tanka, 136 [143.10] Freed from the diseases of leprosy etc., free from wrinkles and grey hair, he has the appearance of an eighteen year old. 137 We cannot deny, then, that a specific concern of Tantric practice was to enhance psycho-physical vitality as part of the larger spiritual endeavor of aiding the liberation of humanity. As with Nietzsche's ideal of the übermensch, the Tantras aimed at the ideal of every pair of initiates becoming a real living Buddha and Buddha consort, or a real human Śiva and Śakti.

There is one very important point to keep in mind with regard to the Buddhist approach to Tantra. In the *Mahāyāna* system one of the central prerequisites to becoming a *bodhisattva* is to renounce the option of ultimate *nirvāṇa* and final withdrawal from this dimension for the sake of helping all living beings to reach enlightenment and liberation from suffering. The *bodhisattva* vow includes the acceptance to work towards this end over the course of however many lives it takes, even should this require millions of lifetimes. The Tantric Yoga practices involve learning how to collapse or embed the other dimensions into this one through the medium of the initiates' subtle bodies. Since this process includes embedding into the subtle body multiple cycles of time, this implies that the initiates can embed into this lifetime all of the millions of past experienced and future potential lifetimes of

evolution, providing them with a massively accelerated evolutionary pathway through the medium of Tantric Yoga. 138

## 7.5.5. Etymology of the Cakra and Major Nādī Names--Hidden Meanings

I should take a moment to discuss give a more detailed etymology of the names of these centers, and the channels running through them, since they reveal some interesting ideas built into the subtle body system. The lowest cakras in the Hindu system is referred to as the root-base (mūlādhāra) at the bottom of the spine, a perfectly reasonable name for the supporting base position--this cakra is generally not included in Buddhist schemas. The genital cakra in the Hindu system is called the 'self-established' or 'self-governed' (svādhisthāna); this appears to refer to the fact that in common parlance the genitals are often said to "have a mind of their own." In Buddhism this cakra is generally referred to as the secret or private center (guhya), a term not too different from our English sense of "one's private parts." The navel center in the Hindu system is called 'filled with a gem' (manipūra) or navel (nābhi), the latter term more common in the Buddhist texts. 'Filled with a gem' appears to simply derive from the Hindu practice of wearing jewelry at the navel; though we could elaborate esoteric ideas from this--one thinks particularly of the sexual connotations of the famed Buddhist mantra Om mani padme hum--I have found no support in the texts for doing so. The heart center is in the Hindu system called the 'unstruck,' 'intact,' 'not produced by beating,' or 'unobstructed,' (anāhatah) or heart (hrdaya), and Dharmacakra, the latter two common in the Buddhist texts. Some Yoga texts also speak of the anāhata-nāda or 'unstruck sound' that is the essence of

Brahman, existing at a subtle level of speech. Given the critical role for the heart center delineated in the *Upanişad* passages discussed above, the name anāhata-cakra appears to also have a rather profound esoteric sense--the center for the essential Brahman residing in the human subtle body structure. This doctrine also relates to the ancient Vedic meaning of the term Brahman, as a name for the spoken mantra as a hymn, or as the Vedas themselves--brahman in this sense represents the sacred sound of the Vedas themselves. The throat center is in the Hindu systems called the 'purified' (viśuddhah) or throat (kantha), or the Sambhoga-cakra, the latter two common in the Buddhist texts. 'Purified' appears to refer to the idea that the initiate has to become purified to use the Tantric mantras, just as the Vedic initiate must also go through purificatory rites before being allowed to recite the Veda. The third eye or brow cakra is in the Hindu system called the 'command' (ājñā) or brow (lalāţa) center, and Nirmāṇa-cakra, the latter two common in Buddhist texts. The name ājñā may have something to do with the Saivite doctrine criticized by Pundarīka and the Ādibuddha text where Saivite Tantrikas are disparaged for following Siva's command  $(\bar{a}j\bar{n}\bar{a})$ ; otherwise it would appear to simply refer to the fact that the initiate who has 'opened' his or her third eye has gained some sense of command over their own psyche. This no doubt also has something to do with the doctrine outlined in the Upanisad passages that state that one becomes the 'master' or patih over one's various sense and mental functions when one realizes the truth. The crown center, at the top middle of the skull, that has the most telling name. Sometimes this is called the brahma-randhra or hole of Brahman, since it is from this point that the departing

soul is believed to leave the body for heaven upon death, and Vedic funeral rites actually include a cracking open of the deceased's skull to facilitate this process. More commonly in the Hindu systems this is called the 'thousand-rayed' (sahasrāraḥ), a term derived from the Sun, since the world of the Sun is also called the 'world of a thousand light rays,' sahasra-kiraṇa-loka, as it is by Puṇḍarīka in the Vimalaprabhā. This name has important implications for the relationship of the subtle body system to the heavenly world of the Sun, and the celestial cosmic fire in the three-fire doctrine inherited from the Vedas. In the Buddhist texts the crown cakra is more commonly, though not always, referred to as the uṣṇīṣa. The name appears to derive from the designation of turbans worn by non-Āryans used in the Vedic texts.

Running up through the *cakras*, and woven around them, are three major channels (*nādīs*), called in the *Kālacakratantra* by both their Hindu and Buddhist traditional names. In Hindu terminology they are the *idā* on the right, the *piṅgala* on the left, and the *suṣumnā* in the center. As I discussed in Chapter 2.6, these names, etymologically, refer respectively to the sacrificial food (meat, ghee, etc.) offered to the gods in the Vedic sacrifice (*idā*), the Soma juice, the consciousness-altering beverage of the ancient Vedic rituals (*piṅgala* = tawny, or reddish brown, a frequent epithet of the Soma plant's juices), and "truly delightful" or "wonderful" (*suṣumnā*). Inside the *suṣumnā* is the *citriṇī* channel, this being a name for one of the ideal types of women in the *Kāmašāstra* or erotic literature tradition in India (See Chapter 9.1.2). The Buddhist versions of these names are equally suggestive, though perhaps less

obviously so. Rasanā, the name for the right channel, refers etymologically to a woman's girdle, a rope or cord, or a rein; both the neuter and feminine versions of the word (rasanam, rasanā) are typically used in Sanskrit as the term for the tongue, i.e. what tastes the rasa. Lalanā, the name for the left channel, refers etymologically to a woman in general or a wanton woman, coming from the root  $\sqrt{lal}$ , to frolic or sport freely. Avadhūtī is a feminine derivative of the word avadhūtah = an ascetic, one who has renounced or shaken off  $(ava + \sqrt{dh\bar{u}})$ ;  $\sqrt{avadh\bar{u}}$  also = the shake, move, waver, or tremble. So a literal translation of avadhūtī could either be "she who shakes, moves, vibrates or trembles," or "the (feminine) renunciate," both terms quite in keeping with the ideas Buddhist interpretation of Tantric Yoga, with the vibrational energy of the bodhicitta traveling up the central channel, and with the (male) initiate embodying within himself all of the ideals of the earlier monastic tradition, and then transcending these through personal engagement with the feminine. Inside of the avadhūti is said to run the Sankhini channel, another one of the ideal types of women in the erotic literature tradition, in this sense similar to citrint. Particularly in the Buddhist texts, the central channel is often simply called that, the *madhyama-nādī*, just as many of the *cakras* are often in the Buddhist text simply called by their anatomical locations, throat, heart, navel, etc. As I said, both of the Hindu and Buddhist sets of names are used interchangeably in the Kālacakratantra, though Pupdarīka in his commentary tends to favor the Buddhist terms, and both sets of names are suggestive of two fundamental aspects of Tantric practice-the heightening of consciousness, and the role of women

in sexual yogas; specifically, it is through the practice of sexual yogas that one comes most fully to an activation and awareness of the flow of prāṇa, kuṇḍalinī, or bodhicitta through these 'feminine' channels. These Tantric texts are written largely from the perspective of men; we find for instance typologies of women as prospective sexual partners in Tantric Yoga practice, yet we tend not to find matching typologies of men (though such is given in the third chapter of the Kālacakratantra), suggesting that women were probably not the authors of the surviving written major Tantras. Given this male perspective in the writing, it is not therefore that surprising--though it is also not necessarily that obvious--that the terms for the principal channels are all in the feminine case in Sanskrit: nādī lalanā, rasanā, citrinī, avadhūtih, suşumnā, idā, pingalā. To elaborate this perspective a bit further, we might say that for men, the 'feminine side of our nature' is in the Tantric systems more than just a sense, abstraction or feeling. To return to the 'web' sense of the term Tantra discussed in Chapter 2 of this dissertation, we could say that--in the Tantric system-for men our 'feminine side' is the web or network of the subtle body energy channels. The logical correlate of this of course is that for women the subtle body is their 'masculine side.' This would be in keeping with the deeply sexual perspective of the Tantric systems that I have studied--though this is a speculative perspective of my own invention, not one I have found delineated in the Tantras. In addition to this caveat, the term cakram is neuter, and it is usually in compound with the various names of the centers, so we should not try to make too much of word-gender here.

## 7.6. Healing Techniques in the Tantras (7.6.1. Medicine and Healing Meditations

in the Kālacakra Tantra, 7.6.2. Visionary Type-Identity Mapping of Physical Component Analysis of the Embryo Growing in the Mother's Womb, 7.6.3. Healing Meditations from the Mālinīvijayottara Tantra)

As we have seen, the perspective of the Ayurveda system inherited in the Tantras is that the cakras are located at the linkage points where "life resides most intensely" in the body. In the Vedic system the specific intersection of the cosmic 'web' with the human body is posited in a variety of type-hierarchy relationships, yet its specific functionality within the confines of the individual physical body is not that well defined, and might even be said to be somewhat inchoate. With the Tantric systems, the conceptualization of the human instantiation of the interpenetrating cosmic energy network has evolved to the point where it is explicitly given a detailed 'physiological' basis in the channels and centers of the subtle body. As we shall see in examining the meditational yogas involving specific subtle body functions, the Tantric systems developed their conceptualization of the subtle body to the point where the centers and channels became seen as holographic linkage points to the entire spectrum of the cosmic elements. The five principal physical elements (pañcamahābhūtas), the phonic seeds of the mantric powerhouse that is the Sanskrit language, the three cosmic fires, the spectrum of deities in the various dimensions, the planets, stars, and constellations, all the components of time, the Buddhist elements of psychology and the Kaśmīr Śaivite tattvas or principles and planes of cosmic evolution--all this and more is mapped into the subtle body system in great detail. For the Tantric initiates, this mapping is not abstract. As the adept succeeds

in consciously linking his or her subtle body to the full spectrum of cosmic elements, he or she becomes capable--through this linkage--of manipulating these cosmic elements to his or her advantage. First and foremost among this manipulation is to purify or sanctify the cosmos within oneself. In effect what is involved is a very substantial transformation of the initiate's perspective. The Tantric practitioner comes to re-see, or see anew all the elements of reality.

## 7.6.1. Medicine and Healing Meditations in the Kālacakra Tantra

The 're-envisioning' of reality in the Tantric systems is a magical process in the best sense of the word. In the Kaśmīr Śaivite Trika system, this re-envisioning is premised on the realization that reality consists of light and consciousness. One of the more fascinating aspects of the Kālacakra system, and remember that the name of the text literally refers to "the wheel of time," "time-machine," or "the center of time," is that the avadhūti is frequently also called the "time-channel" (kālanādī) (See for instance Kālacakra 5.3). The various aspects of time, the constellations, the planets, the portions of the day, etc. are all mapped--meditatively--into the system of channels and centers. In the so-called "perfection stage" yogas of the fifth chapter of the text, this relationship becomes central. As the commentator says on verse 5.125: "the yogi should consider all of time to be the prāṇa in the central channel; to the extent that its entrance and exit is stabilized, all of time becomes pot-like. Then the yogi attains the five supersensory abilities (pañcābhijñā) through the recitation [of mantras] with the prāṇa--this is the rule of the lord." The "pot-like" notion is a classical yoga notion of quieting the inflow and outflow of the life breaths so that they

become completely self-contained in the yogin's body, just as though they were enclosed in a pot. While the overt implications are spelled out in the text, the covert medical implications are also interesting. Theoretically, one who masters the time flows of one's own body could also reverse the courses of diseases. One other intriguing passage, from the second chapter of the Tantra, concerns the mapping into the cakras of the three fires of the Vedic sacrificial enclosure. These three are the round gārhapatya--representing the heavenly fire of the sun, the semi-circular dakşināgni representing the moon or the lightning of the atmospheric fire, and the square āhavanīya or offering fire, representing the earthly fire. At Kālacakra 2.34 the text reads: "Within the heart, the throat, and the lotus of the navel, lightning, the sun, and fire respectively shine in the form of a bow, in a circle, and in a quadrangular fire-place. Above them, in the darkness, where neither sun nor lightning nor the moon blazes, where there are no planets, stars, etc., there is another shining and purifying fire whose form is primordial wisdom." Vimalaprabhā: "Here in the body, the three [outer] fires are: the daksināgni, the gārhapatya and the āhavanīva; respectively, lightning, i.e. the fire of lightning is in the heart lotus in the shape of a bow; the solar fire, i.e. the domestic fire, is in the throat lotus, and the offering fire, i.e. the one that consumes the meat offerings, is in the square hole of the navel." What relationship does this have to health? Well in the Vedic tradition a "good" person, i.e. a properly initiated vaidika who maintains the sacrificial fires and performs the morning and evening agnihotra or offerings into the fires with the appropriate mantras, will be assured of a full life span of a 100 years, and a happy

hereafter with his forefathers in the sun, the source of his soul and the location of heaven. In keeping with the macrocosmic/microcosmic relationships elaborated in the *Kālacakra* system, the *Kālacakra* has re-identified these three fires, the cosmic, the atmospheric, and the earthly with the centers of spiritual fire in the human being. By practicing the Tantric yoga then, the practitioner also incorporates the long-life benefits of proper Vedic sacrificial observance.

The ability to perform these sort of cosmic transferences, and to see them as more than simply symbolic or allegorical depends in the Indian Tantric systems on a mind-body relationship that is built into the yoga and medical traditions. These traditions hold to the notion that one can learn to control the flow of the physiological forces--the winds and elements--through the various channels, and learn to consciously affect the balance of the humors, the disposition of the tissues, and the direction of the life energy--a sort of sophisticated ancient technique of biofeedback. As explained in the Kālacakratantra 2.86, a gross prakrti (state of matter) is found in the gross sense faculties, and a subtle physicality (sūkṣmā prakṛtiḥ) is found in the subtle mind (sthūlā sthūlendriyeşu prakrtir adhigatā, sūksmacitte ca suksmā). The highest level of physicality is of course the jñāna or primordial wisdom of Kālacakra. This inherently posits an actionable pathway between the highest states of consciousness and the most concrete levels of physicality. Similarly, we find in Caraka the statement that the bodily conforms to the mind, and the mind conforms to the bodily (śārīram api satvam anuvidhīyate, satvam ca śārīram); that is to say, the three humors, i.e. vāyu, pitta and kapha work, as Dasgupta puts it, "in unison with a man's karma and also in unison with a man's mind."<sup>143</sup> This connection is made more explicit in another section of the Kālacakra: "In the most excellent body (i.e. a Tantric yogi's body), the seventy-two thousand channels (nādī) are the supports of the group elements (i.e. the five elements earth, air, fire, water, and space); through cogitation functions (saṃskāra), the winds of the life breaths prāṇa become the support of the channels (indicating the active role of consiousness in maintaining life). And the winds are considered to be ten. Volition (cetanā) is the support of the winds of prāṇa, and volition [has as its support] the dual-natured mind (citta), on account of the guṇas."<sup>144</sup>

The basic idea that one can use particular meditative or Yogic techniques to cure oneself of various physical ailments is widespread in Buddhist and Śaivite Tantras. In the *Guhyasamāja Tantra*, for instance, it is said that boils, pox, ulcers, other diseases vanish by the curing poison meditation, according to the statement of Vajrapāṇiḥ. This meditation is given as part of a set of things to get rid of, enemies, storms, etc.) The *Kālacakra* system, like most Tantric systems, is heavily invested in exploring the microcosmic/macrocosmic relationships through the medium of the subtle body--and the author(s) were evidently fully versed in Āyurvedic doctrines. *Kālacakra* 2.2, opening the chapter on the 'inner reality' (*Adhyātma-paṭalaḥ*) gives a blanket statement that all the external aspects of reality also function within the human body: "Earth, water, fire and air, lightning and rainbow, winds and zodiac circle, the moon and the sun, Rāhu and Mt. Meru, *nāgas*, humans and gods, the planets of the astrological houses together with the stars, the passages [of

planets through zodiacs], the months and fortnights, the days, nights, and lunar days, all [of them] together with their own classes of sounds are to be known within the body of the yogi as the threefold mode of existence of the Lord, by means of the classifications of emptiness." 146 The text goes on to give basic Ayurveda principles of the role of the five major elements, six flavors etc. in the formation of the body and the basics of conception-earth holds the seed in the womb, water makes it sprout, heat makes it blossom and consume the six flavors, water makes it grow, and space provides room for growth. 147 The text maps ten divine states of consciousness (divya avasthā)--(the types of light that one sees in the meditation/yoga practice--the nighttime images of smoke, mirage, firefly, lamp, and the daytime images of fire, full moon, sun, Rāhu, lightning, blue drop)--into developmental stages of the embryo, and maps an evolutionary series of incarnations by the Hindu god Vişnu--fish, tortoise, boar, man-lion, dwarf, Paraśu Rāma, Rāma, Kṛṣṇa, Buddha, and Narendra; we also find the three Buddha bodies--dharmakāya, sambhogakāya, and nirmāṇakāya correlated to the time from birth to growth of teeth, to the time from growth of teeth to loss of baby teeth, and from then on (Kālacakra 2.14). Sattva and rajas are associated with waking, tamas with sleeping. Then the six subtle body cakras are mapped to the six elements (wisdom is added to the pañcamahābhūtas): the crown cakra to space, the private cakra to wisdom, the heart to wind, the throat to fire, the brow to water, and the navel to earth. (Kālacakra 2.25). The six Buddha clans are assigned to these also. Then of course we also have the color scheme, yellow for earth, white for water, red for fire, blue or black for wind, and green for space--blue

reserved for wisdom. (Kālacakra 2.29) This schema—and similar ones appear in most of the Buddhist and Śaivite Tantras—provides a rationale for how it is that meditational and Yogic practices could effect healing results in the body. By purifying the energy in the navel cakra, for instance, the initiate would purify the earth element in his or her own body. This 'purification' would result in freedom from earth-element diseases, i.e. those disorders characterized by excessive or diminished pṛthivī bhūta as expressed in an imbalanced kapha doṣa. The same principle would of course apply to the other cakras and the other elements, with their related doṣas or humors. In one section of the Vimalaprabhā, Puṇḍarīka, glossing Kālacakra 5.108, gives the technical explanation for how this purification of the various elements in the cakras occurs as the yogin raises the bodhicitta energy up from the lowest cakras through to the top of the head during the practice of sexual yoga:

Verse 5.108: Atibalah (He who is extremely strong) in addition causes the attraction of knowledge to itself here, and Jambhah [causes] entrance into that,[51.10] Stambha (the Stiff One)148 [causes] the binding of that, indeed, and through the influence of the supreme happiness, the Proud One<sup>149</sup> [causes] satisfaction; | Vajra-vega (Who is as fast as lightning) causes the occurrence of equal flavor of the cakra[s] in the knowledge cakra: In such a way, indeed, the lightningbolt goddesses, [both] manifested and restrained, are in the body, according to the Yoginitantra. || Commentary: "Knowledge" etc. Here, indeed, having become a Tantric initiate 150 in the mandala and cakra meditation, then the drawing into oneself of the knowledge cakra, its entering, binding, satisfying, [are all] to be equally mixed (lit. made into equal flavor, samarasam) by the adept (lit. mantra possessor). Jah, hūm, vam, and hoh--[51.15] i.e. the drawing into oneself is [done] with the lightning goad, the entering [is performed] with the lightning, the binding [is accomplished] with the lightning noose, the satisfaction with the bell--[these are] renowned everywhere as the fierce kings standing in the eastern, southern, western, and

northern doors, [and] as the lightning dakinis in the Yoginitantra. That very [point] is stated in the second chapter--"the extremely strong one causes in addition the attraction of knowledge to itself, in this," in the body. When in intercourse with a young woman, the person possessed of true knowledge<sup>151</sup> makes the semen into the a part of the *prāṇa* etc. winds, by drawing that into himself by what's inside the sandhyā language, 152 i.e. he causes the bodhicitta to completely fill up upwards into the head-this is the meaning. "And Jambhah [causes] its entrance;" i.e. the inner fire having made that flow, causes the entry of the [bodhicitta in the] form of the flowing drop into the throat, into the heart, into the navel, [and] into the concealed lotus. 153 "Stambha," i.e. the earth element, causes the binding of that drop form, that is, "through the influence of the supreme happiness" it does not cause the going out of what has come with extreme speed (i.e. one retains the semen in the orgasmic rush). "The proud one" (i.e. the semen) is said to be the vibration located in the lightning jewel (i.e. the penis) in the secret lotus (i.e. the vagina), a clear liquid from the drop of the water element; through the influence of its imperishable happiness, the water element causes "the satisfaction," i.e. the coolness in the body<sup>154</sup>--this is the meaning. In addition, [the śaktis] Locanā etc. awaken that very flowing happiness so that it goes upwards from that place, with the lightning-bolt singers<sup>155</sup> [51.25] previously mentioned. Then, Locanā impels it in the navel for the purpose of flowing, Māmakī [impels] in the heart for the sake of maturation, Pandārā [impels it] in the throat for the sake of human effort, Tārā [impels it] in the head for the sake of purity. The great happiness, having been made to rise up by them in that way, having become pure, causes the revelation of all the aggregates, constituents, bases of awareness etc. Then it becomes the place of omniscience for the yogis; it is not made to rise up by the song of the yogints in the imagined mandala. 156 This is the esoteric meaning, both secretly and openly in all the *Tantras*. | 108 | 157

Stambha, the deification of the earth element, is responsible, through the influence of the ultimate happiness, for preventing the orgasmic rush (āgatasya ativegah) from exiting the body. Earth is typically the 'binding' element in Āyurveda, an essential component for instance of medicinal compounds.

7.6.2. Visionary Type-Identity Mapping of Physical Component Analysis of the Embryo Growing in the Mother's Womb

Verse 5.236 of the Kālacakratantra gives us excellent example of the degree of detail the tradition developed of psychophysical mapping techniques in meditations and Yogas. To all appearances these ideas seem to have been understood in the tradition as actualities rather than simply visualizations. That is, though the initiate may have been involved in a practice to reenvision reality, the point appears to have also been that what the initiate was in fact doing was learning to understand the functioning of reality as it really is, not as it would otherwise appear to be to the uninitiated. The text maps four of five Buddhist fires (Rāhu, Kālāgni, Sūrya, and Soma--leaving out Agni) to the four elements required for conception, blood, semen, consciousness, and joy. This represents another step in the evolution of the conception doctrines in the combined lineage of Ayurveda and Tantra; whereas the Ayurveda doctrines discussed above strata required blood, semen, the subtle body and the soul, here the Buddhist text--with an evident debt to the Yogācāra tradition--gives one version of the subtle body in terms of the *ālayavijñāna*, and joy (*ānanda*) instead of the soul. The growing bodily components of the embryo are identified by pañcamahābhūta type (earth, air, fire, water, and space), and the sense and action organs (eye, ear, nose, hands, feet, etc.) are mapped to the planets, continents, and finger-joints (for future mudrā practice, presumably). (I have left the terms taken from the verse in boldface).

Here, in order that the body grows in the mother's lotus (womb), the storehouse consciousness is  $R\bar{a}hu$ ; joy is the cosmic fire [the "time-fire"], (the ovum) blood is the agni-rajas, i.e. the sun. The nectar of immortality is the semen, i.e. the moon. These, in the beginning [constitute] the fourfold cause of the birth of the body and clan. From the fourfold [cause], from that, the bones etc. are

**fivefold**. The bone is the earth; the bile is water; the blood is fire; the flesh and skin are wind; the marrow is space; all together, also, [they are] fivefold. Then the eye etc., because it is sixfold. [The eye] is Mars; the ear is Mercury; the tongue is Jupiter; the nose is Venus; the action senses are Saturn; the mind and senses are Ketuh (the descending node)-thus it is sixfold. In just that way, the two hands, the two feet, are fourfold; i.e. the left hand is the eastern continent; the right hand is the southern continent; the right foot is the western continent; the left foot is the northern continent; thus the group of four. On the hands and feet, also, the group of five fingers. Here, the thumb is smell; the index finger is taste; the middle finger is vision; the ring finger is touch; the pinky finger is hearing, by means of the qualities of earth etc. Of those, of the five fingers, the set of three finger joints is called threefold. The first (knuckle) joint is the sattvaguna, the middle finger joint is the rajoguna; the end joint is the tamoguna. Tamas is at the end, before the fingernail, so it is predominant. The entire sequence here is to be known as in this clan, thus it is understood.

The reference to the *kula* here is also reminiscent of the approach taken in the Trika system where the conglomeration of the various *tattvas* in the *adhvans* (paths) in the body are considered all together to constitute a *Kula* or clan, group, or family in the body--an inner version of the outer Tantric *Kula* the initiate belongs to (See Chapter 8 for a discussion of this doctrine). We might even see this as a recapitulation of the essential Upanişadic idea of the physical body as the 'city of Brahman,' (*brahmapūram*), referred to above.

## 7.6.3. Healing Meditations from the Mālinīvijayottara Tantra

It is certainly not only the *Kālacakra* system that sees the beneficial effects of Tantric yogas as producing tangible physical results. The following passage from the *Mālinīvijayottara-Tantra* should make clear that the expectation of physical benefits was a given in Tantric practices:

One should meditate on the stainless moon-disk above the brahma-hole,

gushing forth with abundant divine nectar, filling one's own body. Meditating on the self filled both inside and out with that gliding up the tube of the mind, one becomes a conqueror of death after six days. One should practice this yoga also for the destruction of the major diseases, contemplating the subordinate limbs for the destruction of the subordinate diseases. That itself called the 'form' of the self is susceptible to destruction; since the supreme is the syllable without an object, they say that itself is beyond form. Having honored the guru, the wise one should perform a meditation on that; for as long as he beholds reality, the place will be free of disease. 159

This phrase, anāmaya-padam, the place or state free of disease, is a common term that shows up throughout much of the Tantric literature I have examined. In a world where we all catch ailments, the ideal of a state free of disease is certainly attractive one; given the other 'intensely somatic' concerns of the Tantric traditions, it makes perfect sense that they would include freedom from disease as one of their goals, and devise various approaches trying to reach that elusive goal. In another curious meditation the Mālinīvijaya describes a 'water' or Varuņa (ruler of the oceans) meditation:

So now I will explain this Varuna/aquatic meditation, whereby, with completely mastered Yoga, one will become ruler of all the waters. One should think of the body as residing inside the water, white, cold, very round, both inside and out; the Yogi should think 'it is nothing other [than water].' After a week of this practice the body will become wet. After a month one will become free of any pitta-disease. 160

The meditation becomes considerably more complex, yet the details need not detain us. Within the logic of this system this is perfectly reasonable; *pitta* is the firehumor. With sufficient meditation on water the yogi should be able to 'put out' any wildfires of the *pitta-doṣaḥ*.

### 7.7. The Rasāyana Tradition in the Kālacakratantra

One of the major divisions of Ayurveda is Rasāyana, the science of rejuvenation or longevity and geriatrics, as mentioned above. This is an elaborate science of potions and remedies designed to restore health that has become diminished by the ravages of aging, and to stave off as long as possible the debilities of old age. 161 The fifth chapter of the Kālacakratantra contains a fairly detailed thirteenpage section of Rasāyana recipes, with specific instructions on how to make them, when and in what dosages to take them, and the effects these will have on the initiate's body (verses 5.201-5.231, pp. 131-144 of the Sarnath edition). In translating the Kālacakra's section on alchemy--and being forced thereby to consult other alchemical texts and secondary literature for explanations of the technical terminology, I have found that much of the material is shared with the other Saivite (Hindu) and Buddhist alchemical Tantras--texts devoted specifically to instructions on making elixirs. 162 The Tantric material is considerably more developed and complex than the sections on Rasāyana we find in earlier medical texts. In the Caraka Sūtrasthāna's first chapter, the chapter on Rasāyana, Caraka says that "Āyurveda is that which deals with good, bad, happy and unhappy life, its promoters and nonpromoters, measurement and nature." <sup>163</sup> The Rasāyana section in Caraka is a chapter on longevity and promoting health (Dīrghañjīvitīyam adhyāyam). There is however none of what is later known as Alchemy--rather just a basic listing of the principles of a healthy life, names of medicinal substances (including the beneficial uses of various types of milks of sheep, goat, cow, buffalo, camel, elephant, mare, and women, and urine from horses, elephants, camels, asses, buffalo), etc., five salts,

four types of fat, medicinal roots and fruits, etc. There are none of the metals, poisons, mercury, alkalis etc. such as we find in later Alchemical and Tantric works. Most of the drugs prescribed in Ayurvedic texts are mixtures of many different plant substances, plus the occasional use of certain types of salts. Sharma gives us a helpful categorization of the types of Rasāyana in the medical tradition. There are two basic approaches, promotion of normal health (kāmya rasāyana)--divided into promotion of vitality (prāṇa-), of intellect (medhā-) and complexion (śrī-kāmya)--and promotion of vitality in response to specific diseases (naimittika rasāyana). These all operate under two different types of regimens, an outdoor or what in modern medicine is called 'outpatient' regimen (vātātapika rasāyana), allowing one to maintain one's normal lifestyle, and an 'inpatient' regimen (kuţīprāveśika rasāyana) that takes place in a specially built cottage (trigatbhā kuţī) using the systematic purifications (pañcakarma) followed by ingestion of specific elixirs. The basic practices in these regimens involve use of drugs, dietary modifications, and behavioral modifications (auşadha-, ājasrika-, and ācāra-rasāyana). 164 What appears to have happened with the development of the alchemical tradition is that a wide variety of very minute quantities of metallic and mineral substances were added to some of these medicinal compounds to make more potent drugs to be used when the strictly plantcompounded drugs failed.

Translation of alchemical Sanskrit is an extremely demanding process.

Virtually none of the ingredients used in the alchemical compounds have definitions, or accurate definitions in Monier Williams' or Apte's Sanskrit-English dictionaries.

There is only a very limited secondary literature available on the subject so far, and most of that is only partially accurate and therefore of limited use. In order to make any sense of the material, then, one is forced to consult other Sanskrit works. There are two useful classes of texts. One set is the Rasāyana Tantras, mostly Saivite texts that appear to have been written during the same time period that the non-alchemical Tantras came into prominence in India, in the last couple of centuries of the first millennium, and the first few hundred years thereafter. Several of these have been published, usually with Hindi commentaries, and a couple have been translated. The glossaries in some of the editions are also helpful, though incomplete. The other class of literature are the Medical Nighantus, the Sanskrit dictionaries of materia medica that class medicinal substances in various groups, and usually provide both a list of synonyms, and some indication of the diseases these drugs are indicated for healing--all described in Ayurveda terminology, i.e. effects on the humors, pañcamahābhūta components, etc. A comment by Sharma explains that the classifications were not standard: "The common practice was to describe the drug by its Rasa, Guna, Vipāka, Vīrya, and Prabhāva and decide its action on Doşas and organs by inference with the help of these informations [sic]. In the present text [the Siddhamantra] the drugs have been arranged according to their effect on Doşas, and Rasa, Vīrya, Vipāka etc. have to be inferred on this basis." As an example of the drug classification schemes we can note here that of the Dhanvantari-Nighantuh, wherein we find bitter and evacuative drugs (Gudūcyādi), those containing spices (Śatapuspādi), the predominantly fragrant substances (Candanādi), the big fruity trees (Amrādi), mineral and dietary substances (Suvarṇādi), and mixed drugs and poisons (Miśrakādi). 166 By working carefully through all this material it is possible to begin to build up some information on the character of the alchemical material and the ingredients of the various compounds, though this is not a task for the faint of heart. Fortunately David White's book on Alchemy is about to be published, and although he has not tried to decipher the ingredients of the alchemical elixirs, the bit of his manuscript that I have looked at indicates that he's made some significant advances in the field.

Most of the work on the medical *Nighantus* has been done by P.V. Sharma, the famed Āyurveda scholar living in Vārānasī. Kenneth Zysk was kind enough to spend some time with me teaching me how to use these texts. The *Nighantus* are designed for the use by Āyurvedic physicians (*vaidyas*) and are not specific to Alchemy; however, given the heavy overlap of the two traditions, they are very helpful for alchemical material. These texts have all sorts of problems though. As Sharma remarks, "One name is given to many drugs while one drug is given many names according to the habitat, shape, colour and properties (rasa, vīrya, prabhāva etc.); the people use in practice whichever name is known to them. Hence the names used vary in different regions." As Raghavan has also noted, the texts are full of mistakes, with the frequent multiplication of synonyms and no sense of whether the terms were actually used, 168 and one also has to contend with Prākrit words brought into common use, and a certain looseness with genders and even grammar. 169 The earlier classes of *nighantus* are largely just lists of synonyms; the later texts add the

descriptions of properties of the drugs. Working from the various published editions and the information in the forewords of some of these texts, I have compiled a partial list of the known and available medical *Nighantus*, with some notes on their contents and dating, and have placed it in this endnote.<sup>170</sup>

It becomes very clear as we read through the alchemical section of the fifth chapter of the *Kālacakratantra* and the verses leading up to this section that just as with the considerations of astronomy, warfare, agriculture, medicine, perfumery, and other practical sciences in the first two chapters of the *Kālacakra*, the fifth chapter of the text makes it clear that the *Kālacakratantra* shares a great many characteristics with the *Purāṇa* literature in terms of its very wide scope of concerns. Indeed many of the subjects in the text seem tangentially 'Tantric' at best. In the alchemical section we find broad classifications, in detail, of a wide variety of medicinal substances. Poisons, metals, herbs, rocks, waters, clays, minerals, gems, trees, plants, and so forth are characterized according to their *paṇcamahābhūta* content, in order that the practitioner will maintain the proper balance of these elements in making the compounds prescribed in the text. The medicines prescribed are generally considered to aid in the attainment of *kāyasiddhi*, or perfection of the body, the Tantric ideal of a disease-free, age-free body that would provide the initiate with an enormously extended lifespan.

In the verses leading up to the detailed alchemical section of the *Kālacakra*, the various metals are listed according to their *paācamahābhūta* categories, as are the flavors, and the gems used in healing.

Now is stated the intrinsic nature of the various constituents in the world realm--5.185: The earth is the constituent of gold, and the water is silver, and the fire element is copper, And the wind is iron, and space (śūnya) tin (trapu); this serpent [lead] has as its intrinsic nature a mixture of the constituents. The earth is a topaz, and the water is also a crystal, and the fire is a ruby; and the wind is black, dark blue, and green--in that sense it arises from a mixture of constituents. (Commentary): "The earth," etc. Here, the earth is the gold constituent, i.e. gold is yellow since its intrinsic nature is earth; silver is white since its intrinsic nature is water; copper is red since its intrinsic nature is fire; iron is black since its intrinsic nature is wind; tin (trapu) and lead (naga) are mixed. Quicksilver [mercury] has the characteristic of space, i.e. the characteristic of the knowledge-constituent. In this way, the six metals of gold etc. Likewise the gems. The yellow gem has the intrinsic nature of earth; the white has the intrinsic nature of water; the red has the intrinsic nature of fire; the dark blue (kṛṣṇa) has the intrinsic nature of wind; the black (śyāma) has the intrinsic nature of space; the blue has the intrinsic nature of the knowledge constituent; because of arising from that constituent. [185] 5.186: The earth is salty, water is sweet, and fire is pungent, and the wind is bitter, what is mixed [space] is sour, and taste is astringent--and thus also the womb of the soil and stones, The herbs are of six sorts, the flavors and the supreme flavors; the other constituents are the best [indras] of the gems; and the various tactile sensations, on earth; the waters, indeed, completely breaking and removing everything. (Commentary): Likewise the six flavors: the salt flavor has the intrinsic nature of earth; the sweet [flavor] has the intrinsic nature of water; the pungent [flavor] has the intrinsic nature of fire; the bitter [flavor] has the intrinsic nature of wind; the astringent flavor has the intrinsic nature of space, and the sour [flavor] has the intrinsic nature of knowledge. In this way, the womb of the soils and stones is the earth etc. In the same way, the herbs are of six sorts. The flavors and the supreme flavors, i.e. the siddha flavors. The other constituents are the best [indras] of the gems, i.e. six. In this way, the various tactile sensations on the earth breaking and removing everything; in this way, the waters, the mountain waters, are of six sorts, all together.

Under the general heading of *Rasāyana* we can also class healing with gems or jewels. Jewels are mentioned as healing substances in the list of medicines given by *Caraka*, <sup>171</sup> though he does not provide instructions on how to use them. In the

Kālacakratantra we have a brief discussion of the applicability of different jewels for different diseases:

Now are described the qualities of the jewels--(Verse 5.187): The earth removes the sting of an insect, and the water constituent also removes the poison, the fire removes the element (bhūtam), and the wind removes the obstruction; and space removes also minor inflammation of the eye; knowledge removes all [the doşas], as also does the jewel likewise, established in the limbs of kings, all are the incomprehensible intrinsic natures of the water, flavor, jewel, touch, mantras, and herbs. (Commentary): "The earth," etc. Here [what is in] the earth class, either a jewel, or a gem (ratnam manis) removes the sting of an insect, and the water constituent removes poison; the fire-class is the remover of demonic possession, the wind class is the remover of paralysis (stambhanam); the void-class is the remover of minor inflammation in the eye; the knowledge class is the remover of all the doşas. Just as the jewel, the gem, likewise, even an ordinary one of dardura etc., removes the dosas produced in the head, situated in the limb of kings. In this way are stated all those of incomprehensible intrinsic nature, having the qualities of earth, etc. In this way, there is the production of the *Buddhakşetra*. <sup>172</sup>

In Indian lore the ratna may be five, nine, or fourteen. Apte provides unsourced lists of these. The pañcaratna are: sapphire (nīlakam), diamond (vajrakam), ruby (padmarāgam), pearl (mauktikam), and coral (pravālam); or gold (suvarņam), silver (rajatam), pearl (muktā), beryl (rājāvartam), and coral (pravālam); or gold (kanakam), diamond (hīrakam), sapphire. The navaratna are: pearl, ruby (māṇikyam), beryl (vaidūrya), the gomeda ("cow-fat", a gem from the Indus/Himālaya, white, pale yellow, red, and dark blue), diamond, coral (vidruma), ruby, emerald (marakatam), and sapphire (nīlam). The fourteen jewels (caturdaśaratna) were churned out of the ocean: Lakṣmī, Kaustubhaḥ, Pārijātaka (one of the trees of Paradise, the Nictanthus arbor-tristis), Surā (liquor), Dhavantarī (physician of the gods, produced with a cup of nectar in his hand), Candramā

(camphor), the wish-granting cow, Indra's elephant, *Rambhā* and the subordinate goddesses (*Rambhā* is supposedly the most beautiful woman in Indra's paradise), the horse, seven faced, the poison, *Hari*'s bow, the conch, and the nectar of immortality. *Maṇi* refers rather to a polished and faceted gemstone. From the context of the *Kālacakra* passage above, it would appear that *dardura* is the name for some type of common gem--possibly green iron sulphate. <sup>173</sup>

One of the verses just preceding the alchemical section (5.192) gives a colorful account of the divine herbs and plant saps that ordinary mortals cannot se:

Now, the power of karma for sentient beings is stated, as follows--5.192: The wishing trees on earth, have the ultimate saps of saps, and came into being with the particles (atoms--anus). The other herbs have the chief of saps, 174 and remove all diseases; sentient beings do not see them, [Rather] they see what is of matter--the grass, the trees, the rainwater, the soil, the stones, and the metals; The departed spirits, men who reside in hell, [see] the water, the great fire, [and] the impaling and body splitting stakes, 175 all around. (Commentary): The wishing trees on earth, have the ultimate sap of saps, and came into being from the atomic particles; the other herbs are divine, have the chief of saps, remove all diseases; sentient beings do not see them, due to lack of merit. They see what is made of matter, the grass, the trees, the rainwater, the soil, the stones, and the metals. The departed spirits, they see the water in the rivers etc. as having the form of a flaming fire. The men dwelling in hell see the cutting and splitting trident etc., on account of their sins. 176

There is no question that Alchemical practices were part of the now lost *Mūla Kālacakratantra*. Puṇḍarīka at several points quotes the text, or cites descriptions from the text. I give here one example of a process for 'making' gold and silver from yellow and white micas mixed into balls with appropriate amounts of coloring agents, catalysts, etc. There appears to be nothing particularly mystical about these metallurgical alchemies. The procedures make it clear that the practitioners were

creating compounds that had the look and feel of precious metals at the end of processing.

Now, as stated in the  $\bar{A}dibuddha$ , the binding of the ball (golaka) is described--here, when making of gold, some sort of mica, the yellow mica etc., is consumed, either completely, or half-way. When making silver, white mica (is used). Then, when making gold, one should make a ball with lead (naga); when [making] silver, [one should make a ball] with the tin. Then one should wind that around with gold-leaf. When making silver, [one should wind that around] with silver-leaf. Similarly, having crushed red arsenic on top of the gold leaf, the salve should be given with cow's urine, with that [realgar--arsenic sulfide]. 177 Then, externally with red lead. Then one should wrap it around with potter's clay; 178 then, when it is dried, one should wrap it around again with cow-dung. Drying it further with an intense fire, a gentle leaf and clay wrapping<sup>179</sup> should be provided with a gokarşa<sup>180</sup> fire. Then, taking the pliable ball from the ashes, one should fan it<sup>181</sup> intensely<sup>182</sup> in the koşthi apparatus, 183 until the pastes of the mahārasas, the uparasas, the gold, and the lead have turned into an equalized elixir. 184 Then, splitting the ball in the middle after it has cooled, the ball is bound with whatever gold, with the paste, and with whatever is combined with the paste; that very [combination] is caste into the copper with a sixty-four portion--it becomes either gold or silver, as before. Thus the binding of the ball according to the Root Tantra. 185

I will not detail here all of the long sections on preparing gold and silver compounds, or the long sections on the use of mercury in various metallic and medicinal compounds. This is material of interest mostly to the specialists in the history of Indian medicine. It may well be that much of the logic of the *Rasāyana* movement developed out of the logic of the *Soma* ritual—an elaborate, systematic search to find a compound, or set of compounds of herbal poisons, precious metals, gems, etc. that, combined with the proper *yoga*, meditation techniques, *mantra-śāstra* etc., would provide the results claimed in the Vedic texts to ensue from consuming the *Soma*. Part of the suggestion seems to be that while it is well known that

ingesting these poisonous substances will kill ordinary people--(the alchemists/Tantrics were not unaware their compounds could kill people)--the meditations, use of powerful Sanskrit *mantras*, and proper initiations into the use of these, would provide the initiate with the power to transmute the poisons into elixirs of long life, just as consumption of the *Soma* was said to provide the initiate with god-like powers. This much is evident from the following passage:

Here, what is eaten of the barks and sprouts, etc., of the creepers, that provides intense stupefaction, like a poison. Taking the five forms<sup>186</sup> of that herb, one should make a fine powder. Every day, one should eat that very powder in a small amount, together with ghee and honey; just like that, i.e. the rest is like the prior rule. Here, [for] sentient beings who eat that the herb does not provide stupefaction; it does not provide siddhi for them, for the sentient beings. It provides death, [143.5] causing the ultimate fear; for yogls it provides siddhi, through the power of mantra and meditation.<sup>187</sup>

It is also clear that the alchemists sought to achieve a state of permanent youth. As Puṇḍarīka explains about the finer points of two mercurial elixirs, "In this way, the middle one, the rasa, the thousand penetrator, makes the divine body after six months, free of wrinkles and grey hair. The perfected rasa makes the other [i.e. the divine body] by taking one [pill] every day. As I have mentioned above, these alchemical practices were also aimed at achieving the elusive state of being free of diseases, combined with a perpetual state of youth. Puṇḍarīka glosses another verse as follows: "Here equal parts sulphur and the juice of the dandotpala, with the juice of the śāliparṇa, or with the juice of the utpalasārī, one should pulverize it for three days on the leaf of magnetic iron, with an iron ball. Having pulverized it in this way, one should consume it every day. In the amount of a quarter tanka, i.e. one should

consume one *māṣa* [each day]. Such a one is freed from the diseases of leprosy etc., free of wrinkles and grey hair, [and] is sixteen, i.e. like a sixteen year old."<sup>189</sup> These passages give a good idea of the health-related intentions of the alchemical practices, and a bit of a flavor of the sort of recipes they used.

I will close this section with a note about the term *rasa* in Indian alchemy. Although *rasa* is commonly thought to refer exclusively to mercury in alchemical contexts, it is clear from the fifth chapter of the *Kālacakra*, and from the Śaivite alchemical Tantras I consulted, that in alchemical texts *Rasa* frequently has the general signification of 'an elixir,' even though in many cases those elixirs included mercury in their processing, and *rasa* is itself also a widely used general term for different types of mercury. There are however also *mahārasas* and *uparasas* classified in the medical *Nighanţus*, and one version of these groups is given in the *Kālacakra*. Glossing 5.201, Puṇḍarīka explains that the *mahārasas* and the *uparasas* are two groups of minerals and mineral compounds:

Here is the *mahārasa*<sup>190</sup> copper pyrite, with earth as its intrinsic nature; because of "ca", it is a *mahārasa*. Iron pyrite<sup>191</sup> has water as its intrinsic nature. Copper sulphate<sup>192</sup> has fire as its intrinsic nature; bismuth<sup>193</sup> has wind as its intrinsic nature; calamine<sup>194</sup> has void as its intrinsic nature. Śaśaka<sup>195</sup> [and]<sup>196</sup> cinnabar have the knowledge constituent as their essential nature; thus the seven *mahārasas*. Then the secondary minerals (*uparasas*): kākṣikam has the knowledge constituent as its essential nature; iron sulphate has space as its intrinsic nature; sulphur (*gandhaka*) has the wind constituent as its essential nature; red arsenic [*manaḥṣtlā*]<sup>197</sup> has fire as its intrinsic nature; yellow arsenic, <sup>198</sup> has water as its intrinsic nature; white arsenic has earth as its intrinsic nature; thus the six secondary minerals. Then the five salts, <sup>199</sup> gatam, sea-salt, saindhava, black-salt, and sal-ammoniac, have earth etc. as their intrinsic nature, respectively. <sup>200</sup>

I point this out simply to expand the general conception of *rasa* in the alchemical context to the realization that as with other contexts in Sanskrit, *rasa* is a multivalent term, and has not lost its signification as a term for plant saps, juices, and elixirs of various types.

## 7.8. Conclusion

We have in traditional Indian medicine and in Indian Tantric physiology two very complex systems of classification and analysis of the physical human beingphysical in the sense of including our most intimate bodily fluids and our most intimate spiritual esssences on a equal level of value. We can say that the Tantric perspective on medicine and physiology is more concerned with the other dimensions--divine dimensions, transmigratory dimensions, higher states of awareness or consciousness and their effects on physical health and function. While the objective of medicine is to maintain a healthy body to live out the full life span, the focus of Tantric practice is slightly different: "Firstly, a mantrin should fully protect (for himself) a complete Victor's body for the sake of [gaining] siddhis. In the absence of a body, neither siddhis nor supreme bliss can be attained in this life. Hence, for the sake of the objective of the body [i.e. the bodhicitta] one should practice the yoga of the channels at the proper time every day. When the body is perfected, the one who is possessed of the other siddhis (i.e. the worldly siddhis) attains the ability to do whatever they want in the three worlds."201 However, as has also been demonstrated here, the Tantric tradition inherits an enormous amount of material from the medical tradition, and from the esoteric doctrines of the *Upanişads*.

So we see from the material presented in this chapter that there is indeed a direct and 'vital' relationship between the basic physiological system of Ayurveda and that of the Tantras. The importance of this connection cannot be overestimated. Since the principal structure of the Tantric physiological system—the cakras and nādīs has an overlay onto the gross physical body in a set of definable, especially vulnerable physical points (sadyah-mṛtyu-marmans) wherein the seats of life are most intensely located, this implies that the Tantric yogic techniques also awaken, enhance, enliven, 'fire up' or otherwise energize the major cakras of the body were, enhancing the seats of life in the physical body itself. This basic physiological fact--from within the Indian medical and Tantric traditions--indicates an eminently practical orientation to the Tantric Yoga practices, and explains, in one logical move, why it was that the Tāntrikās spoke of the possibility of jīvan-mukti. It also provides, by direct inference, the rationale for the great concern of the Tantric writers with the subject of Alchemy or rejeuvenation (rasāyana), and the extensive section we find on this subject in the latter part of the fifth chapter of the Kālacakratantra. As we see from the discussion in section 7.4 of this chapter, the jīvanmukti state is in the Kālacakra tradition concomitant with the adepts' experiential mastery of their individual versions of the Buddha's Sahajakāya, the Innate, Intrinsic, or Orgasmic Body that provides a transtemporal awareness incorporating the four classical Indian states of consciousness, waking, dreaming, deep sleep, and the fourth state. As Gary Tubb has quite correctly pointed out to me, though, we should keep in mind an important caveat: given that we have some variation in the descriptions of the marmans

between the different medical texts, and some differences in the locations of the cakras in the different Tantric traditions, we cannot at this point be overly definitive about the locations or functioning of these centers, pending further research on the relationship between the Tantric and Ayurvedic traditions.

## NOTES

- 1. Bṛhadāraṇyakopaniṣad 4.4.3-4, Deussen 1980:495. Tad-yathā tṛṇa-jalāyuka gatvā anyam ākramamākramyātmanam upasaṃharaty evam eva ayam ātmā idaṃ śarīraṃ nihatyā vidyāṃ gamayitvā 'naym ākramam ākramyātmānam upasaṃharati|| tadyathā peśakārī peśaso mātrām upādāyānyannavataraṃ kalyāṇataraṃ rūpaṃ tanuta evam eva ayam ātmā idaṃ śarīraṃ nihatyā avidyāṃ gamayitvā anyannavataraṃ kalyāṇataraṃ rūpaṃ kurute pitryaṃ vā gāndharvaṃ vā daivaṃ vā prājāptyaṃ vā brāhmaṃ vā anyeṣāṃ vā bhūtānām|| (Vāsudevaśarma 1983:105).
- 2. Thurman 1994:xvii.
- 3. See Thurman 1994.
- 4. Thurman 1994:83-87.
- 5. See Zieme & Kara 1979:9 & 25-28.
- 6. Presented this past summer at the Fetzer Institute.
- 7. Commentary on Netratantra 7.5: Pararūpatāmanujjhatā api samanantara-bhāvinā sūkṣma-dhyāna-amṛtena uditena sphuṭībhūtena āpyāyaṃ karoti, sa gata-vyādhir divya-deha iti sūkṣma-dhyāna-amṛtonmiṣac-chākta-mūrtir bhavati¦ (Kaul Shāstrī 1926:149).
- 8. Charlie Orzech has said that the Tantras are "incredibly somatic."
- 9. Tatra śarīram nāma cetanādhişthānabhūtam pañcamahābhūtavikārasamudāyātmakam (Caraka Śarīrasthāna 6.3) (Caraka 1991{3}:2005-2006 & Chattopadhyaya 1977:76).
- 10. Anenopadesena nānauşadhībhūtam jagati kimcid dravyam upalakṣyate.... | Sūtrasthāna 26.26 (Caraka 1991{1}:925) (cf. Chattopadhyaya 1977:65). We have virtually the same statement at Suśruta Sūtrasthāna 41.9: Anena nidarśanena nānauşadhībhūtam jagati kiñcid dravyam asti.... | (Suśruta 1981:154).
- 11. guņā ya uktā dravyeşu sarīreşvap ti tathā sthāna-vṛddhi-kṣayās tasmād dehinām dravyahetukāḥ (Susruta 1981:155 & cf. Chattopadhyaya 1977:73).
- 12. Trividham auşadham iti daiva-vyapāśrayam, sattvāvajayaś ca¦ tatra daiva-vyapāśrayam, mantrauşadhi-maṇi-maṇgala-bali-upahāra-homa-niyama-prāyaścitaa-upavās-svastyayana-praṇipāta-gamanādi; yukti-vyapāśrayam, punar āhārauşadha-dravyāṇām yojanā; sattvāvajayaḥ, punar ahitebhyo 'rthebhyo manonigrahaḥ| (Sharma 1981:79).
- 13. Chattopadhaya 1977:319.
- 14. Keswani 1974:26.
- 15. Keswani 1974:27.
- 16. Dasgupta 1932:352 & 356-357.
- 17. Dominic Wujastyk, a contemporary scholar of Indian medical history working out of London, reflected Dasgupta's perspective by remarking--in response to my telling him that I was doing some research on the relationship of Ayurveda and Tantra--that "there are no cakras in Ayurveda."

- 18. The Classical Doctrine of Indian Medicine, 1949/1964.
- 19. Religious Medicine In India, 1994.
- 20. See Suśruta Sūtrasthāna 1.3: āyurveda nāma yad upāngam atharvavedasya; and Caraka Sūtrasthāna 30.20: bhiṣajā...vedānām ātmano'tharvavede bhaktir ādeśyā (Filliozat 1964:1n.1).
- 21. See Zysk 1991.
- 22. Sharma 1992:454.
- 23. Chandra 1992:104-105.
- 24. Dasgupta 1932:303.
- 25. Dasgupta 1932:304.
- 26. Dasgupta 1932:302-303. Dasgupta supplies the original Sanskrit for these passages in the footnotes. His remarks are essentially paraphrased direct translations.
- 27. Larson and Bhattacharya 1987:193.
- 28. Larson and Bhattacharya 1987:203.
- 29. Larson and Bhattacharya 1993:281ff.
- 30. Larson and Bhattacharya 1987:202.
- 31. Larson and Bhattacharya 1987:227-228.
- 32. Larson and Bhattacharya 1987:262-263.
- 33. See Deussen 1980:xix-xxxii (his classificatory Table of Contents), and the Introductions to the respective *Upanişads*.
- 34. See for instance Eliade 1969:101-142 and Zysk 1993a.
- 35. Chāndogyopaniṣat, Prapāṭhaka 8.1.1-3: Atha yad idam asmin brahma-pure daharam punḍarīkam veśma daharo 'sminn antarākāśas tasmin yad antas tad anveṣṭavyam tadvāva vijijñāsitavyam iti\| I\| tam ced bruyūr yad idam asmin brahmapure daharam punḍarīkam veśma daharo 'sminn antarākāśah kim tad atra vidyate yad anveṣṭavyam yadvāva vijijñāstivyam iti\| 2\| sa brūyād yāvān vā ayam ākāśas tāvan eṣo 'ntarhṛdaya ākāśa ubhe asmin dyāv-ā-pṛthivī antar eva samāhite ubhāv agniś ca vāyuś ca sūrya-ā-candramasāv ubhau vidyun-nakṣatrāṇi yac ca asya iha ast yac ca nāsti sarvam tad asmin samāhitam iti\| 3\| (Vāsudevaśarma 1983:69; cf. Deussen 1980:191)
- 36. Chāndogyopanişat, Prapāthaka 8.6.1-2: Atha yā etā hṛdayasya nādyas tāh pinglasya aṇimnas tiṣṭhanti śuklasya nīlasya pītasya lohitasya ity asau vā ādityah pingala eṣa śukla eṣa nīla eṣa pīta eṣa lohitah| | 1 | | tad-yathā mahāpatha ātata ubhau grāmau gacchati imam ca amum ca evam eva etā ādityasya raśmaya ubhau lokau gacchanti imam ca amum ca amuṣmād ādityāt pratāyante tā āsu nādīṣu sṛptā ābhyo nādībhyah pratāyante te 'muṣminn āditye sṛptāh| | 2 | | (Vāsudevaśarma 1983:71; cf. Deussen 1980:196-197).
- 37. See Monier Williams' dictionary under these terms.

- 38. Chandogyopanisad 8.6.4, Deussen 1980:196.
- 39. Chāndogyopanişad 8.6.4-6, Deussen 1980:196. Note too here the resonance with the Jaiminīya Brāhmana description of the soul ascending to heaven in the Sun at death.
- 40. Taittirtyopanişat, Sikşavallt (1) 6.1-2: sa ya eşo 'ntar-hṛdaya ākāsah|| tasminn ayam puruşo mano-mayah|| amṛto hiraṇ-mayah|| anterṇa tāluke|| ya eṣa stana iva avalambhate|| sā indra-yonih|| yatra asau kesānto vivartate|| vyapohya sīrṣa-kapāle|| bhūr ity agnau prati-tiṣṭhati|| bhuva iti vāyau|| I|| suvar ity āditye|| maha iti brahmaṇi|| āpnoti svārājyam|| āpnoti manasas patim|| vāk-patis cakṣuṣ-patih|| srotra-patir vijñāna-patih|| etat tato bhavati|| ākāsa-sarīram brahma|| satya-ātma-prāṇa-ārāmam mana ānandam|| sānti-samṛddham amṛtam|| iti prācīnaya udyopāsva||2|| (Vāsudevasarma 1983:21; cf. Deussen 1980:226).
- 41. Mahānārāyaṇopaniṣat: Padma-kośa-pratīkāśaṃ hṛdayaṃ ca apy adhomukham adhoniṣṭhyā-vitastyānte nābhyām upari tiṣṭhati jvāla-māla-ākulaṃ bhāti viśvasya āyatanaṃ mahat (Vāsudevaśarma 1983:141; Deussen 1980:258). Deussen lists this as verses 6-7 of the eleventh Anuvāka, while Vāsudevaśarma places it in section thirteen, referring to the text simply as the Nārāyaṇopaniṣat.
- 42. Bṛhadāraṇyakopaniṣat 2.1.19: atha yadā suṣupto bhavati, yadā na kasyacana veda hitānāma nādyo dvāsaptati-sahasrāṇi hṛdayāt purītatam abhipratiṣṭhante tābhiḥ pratyavasṛpya purītate sete sa, yathā kumāro vā mahārājo vā mahābrāhmaṇo vātighnīm ānandasya gatvā sayatītit evam eva eṣa etac chete | 19 | | (Vāsudevasarma 1983:85; cf. Deussen 1980:429)
- 43. Bṛhadāraṇyakopaniṣat, 2.1.20: sa yathā urṇa-nābhis tantunā uccared yathā agneḥ kṣudrā visphulingā vyuccaranti, tasya upaniṣat-satyasya satyam iti prāṇā vai satyam teṣām eṣa satyam|20| prathamam brāhmaṇam|1| (Vāsudevasarma 1983:85; cf. Deussen 1980:429).
- 44. Brhadāraņyakopanişat 4.3.3.20: ta vā asya etā hitā nāma nādyo yathā kešah sahasradhā bhinnas tāvatā aņimnā tişthanti suklasya nīlasya pingalasya haritasya lohitasya pūrņā.... (Vāsudevasarma 1983:103; cf. Deussen 1980:489).
- 45. Eggeling 1897:369-371.
- 46. Bṛhadāraṇyakopaniṣat 4.2.2-3: Indho ha vai nāmaiṣa yo 'yaṃ dakṣiṇe 'kṣan-puruṣas taṃ vā etam indhaṃ santam indra ity ācakṣate parokṣeṇaiva parokṣapriyā iva hi devāḥ pratykṣadviṣaḥ|| atha etad vāme 'kṣaṇi puruṣa-rūpam eṣā asya patnī virāṭ tayor eṣa saṃstāvo ya eṣo 'ntarhṛdaya ākāśo 'tha enayor annaṃ ya eṣo 'ntarhṛdaye lohita-pindo 'tha enayor etat prāvaraṇaṃ yad etad antar-hṛdaye c[j]ālakam iva ath enayor eṣā sṛtiḥ saṃcaraṇī yaiṣā hṛdayād ūrdhvā nādy-uccarati yathā keśaḥ sahasradhā bhinna evam asya etā hitā nāma nādyo 'ntarhṛdaye pratiṣṭhitā bhavanty eva tābhir vā etad asravad āsravati tasmād eṣa pravivikta-āhāratara ivaiva bhatay asmāc chārīrād ātmanaḥ||3|| (Vāsudevaśarma 1983:101: Deussen 1980:481).
- 47. Yogavāsithah 5.78.1-2; 5.78.10-16: Śrī Vasistha uvāca | yathālāta-parispandād agnicakram pradrsyate | asad eva sadābhāsam citta-spandāt tathā jagat | | 1 | | yathā jalaparispandād vyatirikta iva ambhasah | drsyate vartulāvartas citta-spandāt tathā jagat | | 2 | | ... dehe 'smin deha-nādīsu vātah sphurati yo abhitah | spandesv iva bhuvo vāri sa prāņa it kīrtitah | | 10 | tasya spanda-vasād antah kriyā-vaicitryam īyusah | apānādīni nāmāni kalpitāni

kṛtātmabhiḥ||11|| āmodasya yathā puṣpaṃ śauklasya tuhinaṃ yathā| tathāiṣa rasa ādhāraś cittasya abhinnatāṃ gataḥ||12|| antaḥ-pṛāṇa-parispandāt saṃkalpa-kalana-unmukhī| saṃvit-smjāyaet yaiṣā tac cittaṃ viddhi Rāghava||13|| Prāṇa-spandāc citaḥ spandas tat-spandād eva saṃvidaḥ| cakra-āvarta-vidhāyinyo jala-spandād iva ūrmayaḥ||14|| cittaṃ prāṇa-parispandam āhur āgama-bhūṣaṇāḥ| tasmin saṃrodhite nūnam upaśāntaṃ bhaven manaḥ||15|| manaḥ-spanda-upaśāntyā ayaṃ saṃsāraḥ pravilīyate| sūryāloka-parispanda-śāntau vyavaḥṛtir yathā||16|| (Pansikar 1984{1}:729-730).

- 48. Yogavāsistha 5.78.26-31: Samasta-kalana-unmukte na kiñcin nāma-sūkmakhe| dhyānāt saṃvidi līnāyām prāṇa-spande niruddhyate||26|| dvā-dasāṅgula-paryante nāsāgre vimalāmbare| saṃvid-dṛśi praṣāmyantyām prāṇa-spando niruddhyate||27|| abhyāsād ūrdhva-randhreṇa tālūrdhvam dvādasāntage| prāṇe galita-saṃvṛtte prāṇa-spano niruddhyate||28|| bhrūmadhye tārakā-loka-ṣāntāv antam upāgate| cetane ketane buddhe prāṇa-spando niruddhyate||29|| jhaṭity eva yad-udbhūtam jñānam tasmin dṛḍhāśrite| asaṃśliṣṭa-vikalpāṃśe prāṇaspando niruddhyate||30|| ciraṃ kālaṃ hṛte kānta-vyoma-saṃvedanān mune| avasānān mano-dhyānāt prāṇa-spando niruddhyate||31|| (Pansikar 1984{1}:731).
- 49. Waldron 1995.
- 50. Waldron 1995:10.
- 51. Waldron 1995:9.
- 52. Waldron 1995:10.
- 53. Waldron 1995:13.
- 54. Waldron 1995:14.
- 55. The wind (vāta) refers to all motive life-functions, cell development, and in particular central nervous system functions. Vāta correlates with what we call biophysical and biomotor activities. It is primarily constituted of the elements wind (vāyu) and space (ākāśa). According to Caraka the five winds of the body are as follows: a) udāna, acting in the throat region for speaking, singing, chanting, etc.; its disorders cause neck, throat, and head problems; b) prāṇa, located in the heart region, brings food to the stomach (peristalsis), and its derangement causes hiccup, asthma, etc.; c) samāna, in the gastrointestinal tract, digests food; disorders cause poor digestions, diarrhoea, edema, etc.; d) apāna, in the pelvis, for menstruation, ejaculation, partuirition, urination, and defacation, and related disorders including diabetes (?!); e) vyāna, pervades the body, moving tissue fluids, lymph, blood, perspiration, eyes, etc. (Keswani 1974:39.)
- 56. Pitta references metabolic rates, thermogenesis or bodily heating, digestion, blood formation and various bodily excretions. Pitta correlates to what we call biochemical or biological activities. It is predominantly constituted by the element fire (agni). There are five types of pitta: a) digestion and metabolic pitta (pācakapitta), located in the stomach (āmāsaya) and large intestine (pakvāsaya); b) what imparts coloring to the plasma (rasa) (ranjakapitta), located in the liver (yakr), spleen (plthā) and stomach, and is central to blood formation; c) the instrument of higher mental faculties (sādhakapitta), located in the heart, responsible for memory, intelligence, intellect, enthusiasm, ability to achieve aspirations; d) connected to visual perception (ālocakapitta), located in the eyes, distinguished as a visual

- type (cakşuvaiśeşika) and connecting to the mind (manas) and soul (ātman) and an intelligence type (buddhivaiśeşika), located at the third-eye (between the brows), concerned with concentration, response, and thought; e) the lustre, color, and temperature of the skin (bhrājakapitta). (Keswani 1974:70.) Pitta is of course fiery, and there are five types of elemental fires (bhūtāgnayas) acting on the elements (pañcamahābhūtās) in the food, and five types of tissue fires (dhātvagnayas) acting on the seven tissues of the body noted above. The dhātvagnayas are considered to be the fires that convert the potential forms of tissue types from the ingested food (āhāra rasa) into the tissues themselves.
- 57. Kapha or slesma, refers to cooling, heat regulation, production of mucus, synovial fluid, etc., and glandular secretions. It is primarily constituted of the elements water (ambu) and earth (prthivt), and so contributes to physical coherence and structure, bulk, stability, strength, and immunity. Its functions include lubrication of the joints (bursa sacks) (sandhih samslesanam), oiliness of the body (snehana), healing and repair processes (ropana), conservation and storage (pūrana), promotion of bodily strength and immunity (balakrt), soothing (tarpana), and stability (sthiratva). Though circulating generally, it is found mainly in the chest, lungs, stomach, and joints. There are five basic types of śleşma: a) supportive slesma (avalambaka-slesma), located in the chest, supporting the heart and the resevoirs of phlegm (kapha-sthāna); b) watery or fluid ślesma (kledaka-ślesma), located in the stomach, liquefying and aiding in the digestion of food; c) the indicative or communicating slesma (bodhaka-śleşma), located at the base of the tongue and functioning in taste sensations; d) the satisfying sleşma (tarpaka-sleşma), located in the head, soothing and nourishing the sense organs; e) the adhering slesma (slesaka-slesma), located in the joints, keeping them connected and functioning properly. Some have suggested that these kapha or slesma types resemble cerebrospinal, synovial (lubricating fluid secreted by the membranes of the tendon sheaths, joint cavities, etc.), pleural (watery membrane covering lungs and chest cavity) and pericardial (fluid containing membrane surrounding the heart and roots of the largest blood vessels) fluids, the vitreous humor (of the eyeball), glandular secretions (including the salivary glands), and endolymph (of the inner ear). (Keswani 1974:33, 38-42 and 1974:70-72.)
- 58. The Atharvaveda (15.15.16.17) identifies seven types of prāṇa (fire/agni, the sun/dirya, the moon/candramāh, the wind/pavamāna, water/āpah, animals/paśavah, and people/prajāh), seven types of apāna (the full moon/paurṇamāsī, seventh, eighth, and ninth days after the full moon/aṣṭakā, new moon/amāvāsyā, faith/śraddhā, initiation/dīkṣā, sacrifice/yajña, and sacrificial gifts/dakṣiṇā), and seven types of vyāna (earth/bhūmi, atmosphere/antarikṣaṃ, the sky/dyauh, the lunar constellations/nakṣatrāṇi, the seasons/rtavah, the combinations of seasons/ārtavāh, and the year/saṃvatsarāh). (See Dasgupta 1932:291-292n.5.)
- 59. VMP on 2.21, Rinpoche 1986:167; Wallace 1995:175-176.
- 60. Sharma 1981:138; Carakasamhitā, Sūtrasthānam 20.8: teṣām trayāṇām api doṣāṇām śarīre sthāna-vibhāga upadekṣante; tad-yathā --bastiḥ purīṣādhānam kaṭiḥ sakthinī pādāvasthīni pakvāśayaś ca vāta-sthānini, tatrāpi pakvāśayo viśeṣeṇa vātasthānam; svedo raso lasakī rudhiram āmāśayaś ca pirrasthānini, tatrāpy āmāśayo viśeṣeṇa pittasthānam; uraḥ śiro grīvā parāny āmāśayo medaś ca śleṣma-sthānini, tatrāpy uro viśeṣeṇa śleṣma-sthānam. (Sharma 1981:138).
- 61. Rasajam puruşam vidyād, rasam rakşet prayatnatah| annāt pānāc ca matimānācārāc ca apy atandritah| Suśruta 1.14.12 (Suśruta 1981:50).

- 62. Tatra pāñcabhautikasya caturvidhasya şaḍrasasya dvividhavīryasaya aṣṭavidhavīryasaya vā anekaguṇasya upayuktasya āhārasya samyakpariṇatasya yas tejobhūtah sāraḥ paramasūkṣmah sa rasa ity ucyate| tasya ca hṛdayaṃ sthānaṃ, sa hṛdayāt caturviṃśati-dhamanīr anupraviśy ūrdhvagā daśa daśa ca adhogāminyaś catasraś ca tiryaggāḥ kṛtsnaṃ śarīram aharahas tarpayti, varddhayati, dhārayati, yāpayati, ca adṛṣṭahetukena karmaṇā||1.14.3|| (Suśruta 1981:46).
- 63. Commentary on KCT 5.184: Anga-pratyangeşu rasa-rasāgrāh, rasam rasam asti iti rasa-rasāgrāh, tāh punah śirā āhāriṇyo 'grata iti vāta-pitta-śleşmabhir aliptatvāt (Rinpoche et al 1994b:127.13-14).
- 64. Gnoli 1956:xiv.
- 65. See Apte's dictionary, definition 14 under rasa.
- 66. "Rasa is the traditional term wich designates the aesthetic state of consciousness, the aesthetic pleasure. Rasa means both tasting and what is tasted. Bharata accepts eight Rasa, corresponding to the eight principal feelings of human nature (sthayībhāva, Permanent Mental State): Delight (rati), Laughter (hāsa), Sorrow (śoka), Anger (krodha), Heroism (utsāha), Fear (bhaya), Disgust (jugupsā), and Astonishment (vismaya). These eight feelings are liable to become the material of aesthetic experience, and the corresponding Rasas are: the Erotic (śrngāra), the Comic (hāsya), the Pathetic (karuṇa), the Furious (raudra), the Heroic (vīra), the Terrible (bhayānaka), the Odious (bībhatsa) and the Marvellous (adbhuta). Later specualtion generally admits a ninth permanent feeling, Serenity (śama); the corresponding Rasa is the Quietistic (śānta)." (Gnoli 1956:29,n.2).
- 67. Apte gives a list in his dictionary under rasa, definition #4. See also Carakasamhitā, Sūtrasthāna 1.65: svādur amlo 'tha lavaņah kaţukas tikta eva ca kaṣāyaś ca iti ṣaţko 'yaṃ rasānāṃ saṃgrahah smṛṭah|| (Sharma 1981:8).
- 68. Sharma 1985:215, citing Cakrapāņi.
- 69. Sharma 1985:216.
- 70. Sharma 1981:8--svādv-amla-lavaņā vāyum, kaṣāya-svādu-tiktakāḥ| jayanti pittam, sleṣmāṇam kaṣāya-kaṭu-tiktakāḥ| (kaṭv-amla-lavaṇāḥ pittam, svādv-amla-lavaṇāḥ kapham| kaṭu-tikta-kaṣāyāś ca kopayanti samīraṇam||).
- 71. Rinpoche et al 1994b:84.16-24.
- 72. Rinpoche et al 1994b:128.7-15.
- 73. Rinpoche et al 1994b:128.1-6.
- 74. Sharma 1983:4, Carakasamhitā, Cikitsāsthānam, 1.1.5.
- 75. See Sharma 1983:9-10, Carakasamhitā, Cikitsāsthānam 1.1.62-74.
- 76. Sharma 1983:13, Carakasamhitā, Cikitsāsthānam 1.2.3.
- 77. Presumably what is referred to here is the further 'oxidation' of the mercury when it is consumed in pill form and digested in the fire of the stomach. During the alchemical process, then, the *rasa*—here the mercury—is 'consumed' by the food and metal, so that it takes on, or is believed to persist, only in an internal state; i.e. it becomes invisible.

- 78. Literally 'hissing' (citi-citi).
- 79. Commentary on Kālacakra 5.127: Rinpoche et al 1994b:93.2-17.
- 80. Thanks to Gary Tubb (Columbia University) for clarifying the underlying sense of the name Devadatta as it is commonly used in Sanskrit writings.
- 81. VMP on KCT 2.24.
- 82. When agitated wind repeatedly fills all the channels, this results in convulsions. (A.S.n.15.18). Wind that has been supressed downwards, moving [back] upwards through the heart channels, entering the heart, causes headaches and [pressure]-pains in the temples (A.S.n.15.19).(Adhah-pratihato vāyur vrajann  $\bar{u}rdhvam hrd-\bar{a}srit\bar{a}h \mid n\bar{a}d\bar{t}h, pravisya hrdayam, sirah sankhau ca pīdayan | |19||). It throws the body around everywhere in the body, and bends it like a bow. (<math>\bar{a}ksipet parito g\bar{a}tram dhanurvac c\bar{a}sya n\bar{a}mayet \mid$ . The result is that one groans like a pigeon, and goes into spasms, unconscious, with painful breathing, and the eyes closed, sunken in, and senseless. 15.20.)
- He who is known as a spasmodic/convulsive, regains health right away (i.e. the spasms cease) when the winds in the heart are released; he becomes unhealthy when the winds in the heart are blocked.(sa eva ca apatānākhyo mukte tu mārutā hṛdi| aśnuvīta muhuh svāsthyam; muhur asvasthyam avrte | |21||). When the wind is stopped up in the nape of the neck, stretching the channels internally, it pervades the entire body; then the collar-bone is stretched, the body is like an bow, internally, and there's paralysis of the two eyes; it causes yawning, grinding of the teeth, regurgitation of phlegm, pain in the sides, locking of the jaw and the back of the head-this is internal stretching (antar-āyāma).(15.23-25a).(Manye saṃstabhya vāto 'ntarăyaccan dhamanīr yadā vyāpnoti sakalam deham jatru āyamyate tadā antar-dhanur ivāngam ca vegaih stambham ca netrayoh! | karoti jrmbhām dasanam dasanām kaphodvamam | pārśvayor vedanām vākya-hanu-pṛṣṭha-śiro-graham | antarāyāma ityeşa....Kinjwadekar 1990:63). The external version leads (bāhyāyāma) leads to crushing down of the neck, discoloration in teeth and face, excessive sweating, paralysis of the body, violent shaking. From wind upon wind one gets tumors in the marmans, the humors stretch out the entire body, etc. When the wind impulse is gone, health returns (gate vege bhavet, svāsthyam sarveşu ākşepekeşu tu) (15.26-30a). Stroke = pakşavadha. (15.40-41). A very painful swelling in the middle of the knee, produced by the wind and blood is known as the "jackal skull.(15.47b-48a)
- 83. Jolly 1977:53-55.
- 84. Carakasamhitā, Vimānasthāna 5.8; Sharma 1981:330-331.
- 85. Vāgbhata's Astāngahrdayam, Śārīrasthānam 3.40.42.
- 86. Aştāngahrdayam, Śārīrasthānam 3.46-40a.
- 87. Astāngahrdayam Śārīrasthāna 3.18-19.
- 88. Nādyah pradhānabhūtās tisro 'nyās tadgatās tv asamkhyeyāh | Tantrālokah 29.268a; Dwivedi & Rastogi 1987{7}:3449 & Gnoli 1980:712.
- 89. Tatra ātmā prabhu-saktis ca, vāyur vai nādibhis caran nābhy-adho-medhra-kande ca sthitā vai, nābhi-madhyatah | | 7 | | tasmād vinirgatā nādyas tiryag ūrdhvam adhah priye | cakravat saṃsthitās tatre pradhānā dasa nādayah | | 8 | | Dvāsaptatisahasrāni nādyas tābhyo

- vinirgatāh | punar vinirgatās ca anyā ābhyo 'py anyāh punah punah | |9| | Yāvatyo romakoţyas tu tāvatyo nāḍayah smṛtah | yathā parṇam palāsasya vyāptam sarvatra tantubhih | |10| | Śarīram sarvajantūnām tadvad vyāptam tu nāḍibhiḥ | (Dwivedi 1985{2}:3-4 & cf. Gnoli 1980:244n.24).
- 90. Snellgrove 1959{1}:48-49 & 1959{2}:4, mentioned again at *Hevajratantra* 2.4.24-25 (Snellgrove 1959{1}:104 & 1959{2}:64).
- 91. Kālacakratantra 5.242 (Rinpoche et al 1994b:150.12).
- 92. Rinpoche et al 1986:189.11-14; Wallace 1995:241-242.
- 93. Wallace 1995:242-243.
- 94. Commentary on KCT 2.59: Dvāṣāsty-adhika-satam Kālacakram ṣaṭ-cakra-nādy-ātmakam iti| The three compounds are appositives. (Rinpoche et al 1986:190.3; Wallace 1995:244.)
- 95. Thurman 1994:36.
- 96. Thurman 1994:36.
- 97. Singh 1989:31.
- 98. Wallace 1995:185, with some slight modifications.
- 99. Wallace 1995:239-240, slightly modified-from Rinpoche et al 1986:188.26-30, commentary on KCT 2.57.
- 100. See Wallace 1995:238-241, and Rinpoche et al 1986:188.26-189.10.
- 101. Chāndogyopanişad 7.26.2, Deussen 1980:189. Āhāra-śuddhau sattva-śuddhiḥ sattvaśuddhau dhruvā smṛtiḥ smṛti-lambhe sarva-granthīnām vipramokṣas, tasmai mṛditakṣāyāya tamasas pāram darśayati bhagavān Sanatkumāras tam skanda ity ācakṣate tam skanda ityācakṣate | (Vāsudevaśarma 1983:69. I've modified Deussen's (English) translation just a bit, removing the parenthetical additions.
- 102. Kāṭhakopaniṣad, Adhyāya 1, Vallī 6.14-17, Deussen 1980:299-300. Yadā sarve pramucyante kāmā ye 'sya hṛdi śritāh|| atha martyo 'mṛto bhavaty atra brahma samśnute|| yadā sarve prabhidyante hṛdayasyeha granthayah|| atha martyo 'mṛto bhavaty etāvad anuśāsanam|| śatam ca ekā ca hṛdayasya nāḍyas tāsām mūrdhānam abhinihṣṛtaikā|| tayā ūrdhvam āyann amṛtatvam eti viṣvannanyā utkrameṇa bhavanti|| aṅguṣṭamātraḥ puruṣo 'ntarātmā sadā janānām hṛdaye saṃniviṣṭah|| taṃ svāccharīrāt pravṛhen muñjādiveṣīkām dhairyeṇa|| taṃ vidyāc chukram amṛtam taṃ vidyāc churkam amṛtam iti|| (Vāsudevaśarma 1983:9).
- 103. Rinbochay & Hopkins 1979:14-15.
- 104. Brhadāraņyakopanişad 4.3.9, Deussen 1980:486. Tasya vā etasya puruşasya dve eva sthāne bhavata idam ca para-loka-sthānam ca sandhyam tṛtīyam svapnasthānam tasmin sandhye sthāne tişthann ete ubhe sthāne paśyatī idam ca para-loka-sthānam ca... (Vāsudevaśarma 1983:102).

- 105. Brhadāraņyakopanişad 4.3.11, Deussen 1980:487. Svapnena sārīram abhprahatyāsuptah suptān abhicākasīti sukram ādāya punar eti sthānam hiraņmayah puruşah ekahamsah (Vāsudevasarma 1983:103).
- 106. The commentary glosses drute as drute sati, i.e. it glosses "flowed" as "is flowing."
- 107. I've switched nādī-gamanāyocyate to nādī-gamanāyā ucyate, since the sandhi as given is impossible.
- 108. Rather than take the Sarnath editors' suggested emendations here, tāsu for tās, and sṛrikhalābandhena for sṛrikhalābandhena, we can simply take vrajati in lines 56.19 and 56.20 as refering to the tripathah—i.e. the three channels form the triple path, and the path moves between the various cakras. In the verse cited at 56.21 from Chapter 2.47 of the KCT, the subject of the verb vrajati is saktir.
- 109. The two words *lalanā* and *rasanā* should be compounded here; the compound refers to *lalanā* on the right, and *rasanā* on the left (*lalanā-rasanaā-savya-vāma-*).
- 110. Viņmūtranādī should be compounded with vāmadakṣinņena; as a nominative singular feminine —nādī is otherwise out of place in the syntax.
- 111. The sankhint is the channel in the middle of the avadhūti. In the Hindu system we have within the susumnā the vajriņi, within that the citriņt, within that the Brahma-nādī. (Avalon 1974:111).
- 112. 15/60ths of a degree.
- 113. The perfect of  $\sqrt{bh\bar{u}}$  is used for a generic present tense here.
- 114. 1000 yugas, 4.32 billion years.
- 115. The four *kṛta/satya*, *tretā*, *dvāpara*, *kali*, of 1,728,000, 1,296,000, 864,000, and 432,000 years respectively.
- 116. Name of future Buddhas-Ratnaketuh.
- 117. In Davidson's edition—verse 142b; "displaying forms without exception, he is Ratnaketu, the great gem." (Davidson 1981:35 & 59).
- 118. Padoux 1990:412-416; Padoux (or his translator or editor) neglects to note that this description comes from Chapter 7 of the *Netratantra*.
- 119. Brunner 1974:142n.1.
- 120. See Brunner 1974:144-145.
- 121. Tantrālokah 5.23b-29a: Tasya śaktimatah sphīta-śakter bhairava-tejasah|| mātṛ-māna-prameya-ākhyam dhāma-abhedena bhāvayet| vahny-arka-soma-śaktīnām tad eva tritayam bhavet|| parā parāparā ca iyam aparā ca sadā-uditā| sṛṣṭi-sthiti-samhārais tāsām pratyekatas tridhā|| caturtham ca anavacchinnam rūpam āsām akalpitam| evam dvādaśa tā devyah sūrya-bimbavad āsthitāh|| eka-ekam āsām vahny-arka-soma-tacchānti-bhāsanam| etad ānuttaram cakram hṛdayāc cakṣurādibhih|| vyomabhir niḥsaraty eva tat-tad-viṣaya-gocare| tac-cakra-bhābhis tatra arthe sṛṣṭi-sthiti-laya-kramāt|| soma-sūrya-agni-bhāsa-ātma rūpam samavaṣṭhite| (Dwivedi & Rastogi 1987{3}:950-954)

- 122. Mālinīvijayottara Tantra 2.34a-2.52a (Kaul Shāstrī 1922:10-12).
- 123. Most of the compounds given in Monier-Williams with *loha* as the first member indicate *loha* as "iron," or occasionally "copper," not as blood. The only "blood" definition is from "Buddhist literature"—that's the citation—*lohalinga*, a blood-blister. I think this simply refers to metallic taste. I've substituted *tat-sādhu*, short for *tat-sādhu-kārin*, accomplishing that, for *tat-sādu*—the latter appears to be meaningless in Sanskrit; I could find no form that matched it. In 21.7 we have again *sāduni*—see Bühler 1877:26 on 'd' for 'dh'.
- 124. Vāgbhata Astāngahrdayam, Śārīrasthana 3.20-34; Murthy 1991:399-401.
- 125. AHŚ 4.1-2a.
- 126. The marmas or vulnerable points of the body: (note: the description in Susruta appears to differ a bit in name types, etc.-see Jolly 1977:55). In a society where death in warfare resulted from arrows or spears or swords, the notion of fatal wounds resulted in the categorization of vulnerable points, or vital points on the body. There are 107 of these, 11 in each of the four limbs, 12 in the thorax and abdomen, 14 in the back, 37 in the head, face, and neck. There are five classes of marmāni according to the varying results of injuries to them: a) immediately fatal ("immediately removing the vital breaths" sadyah-prāna-harāni mārmāņi; AS. Ś.2.297, b) fatal sometime later ("removing the vital breaths after a time" kālāntara-prānaharāni marmāni; AS.Ś.2.298), c) causing severe hemorrhage and death after removing a foreign body lodged therein ("killing after surgery" viśalyaghnāni marmāņi; AS.S.2.299), d) resulting in permanent loss of limb or its activity ("causing the state of having a defective limb" vikalyatva-karāņi marmāņi; AS.Ś.2.300), e) causing intense pain (rujākarāņi marmāņi; AS.Ś.2.301). Keswani explains these as inferred points related to the internal organs' functions; injury to the stanamūla marmāņi, for instance, located at the base of the breasts, was said to fill the thoracic cavity with deranged kapha (phlegm), causing cough, difficulty in breathing, and death. (See diagrams Keswani 1974:33 and Kinjwadekar 1990a:53 & 54 & 56-the two editions I used for this translation.) The following is a complete translation of the sections on the marmans from Astangasangrahah, Sarīrasthānam 2, Marmavibhāgah Saptamo 'dhyāyah, and Astāngahrdayah, Śarīrasthānam 4, Marmavibhāgah [I've included the commentary where helpful; otherwise not—the quotation marks surround the verses; the commentary lacks the quotes. AS refers to Aştāngasangrahah, AH refers to Aştāngahrdaya]

AS:Introduction. First is stated the purpose at the beginning of the chapter. (1) The declaration: 2.463: "Now we will propound the chapter called the Apportionment of the vital points," thus spoke the great rsis Hasmāhu, Ātreya, etc.

AS: (2) The number of vital points: 2.464: "There are one hundred and seven vital points." In every body there are one hundred and seven vital points.

AS: (3) The locations of the vital points: 2.465: "Of those, forty-four are located in the limbs, there are twenty-six in the middle and lower [section of the body], and thirty-seven up above." Of these there are eleven in each of the four limbs (two arms, two legs), from the juncture of the eyes to the anus there are twenty six, and in the throat etc. there are thirty-seven. The distribution of the eleven vital points in one leg (or thigh) are indicated, and the other three external limbs are to be understood accordingly.

AH: Immediately after the chapter on the limbs the chapter on the Marmans of the body begins, because the marmans reside in the limbs. Since the marmans reside in the limbs and

subsidiary limbs, they are brought together here in order to make that clear; [however], since there is much to be explained, they are described separately. Therefore he says that the beginning of this very chapter is appropriate (quoting from AS, referred to here as the Gadyasūtra, i.e. the prose version)—"Now we will propound the chapter called the Apportionment of the vital points," thus spoke the great rsis Hasmāhu, Ātreya, etc." When this limb is injured, one dies—thus a marma. The section is the chapter; the chapter about the marmas is the Marma-vibhāgah. It is in this chapter, hence the Marmavibhāgah, and because it concerns injury etc. (arŝa-āditvāc ca). And bodily since they are distributed over places on the body. The rest is as above. First, for the purpose of good understanding etc. he mentions the number of marmas—

4.1-2a: "There are 107 marmas (that is, seven more than one hundred); one should indicate eleven of these in each of the two legs, and in each of the two arms; three in the stomach region, and nine in the chest; there are fourteen in the back, and thirty-seven above the collar-bone." Among them, i.e. among the marma, one should indicate eleven of these, i.e. one should realize that there are forty-four of these in the four major limbs (two legs and two arms). In the stomach region, i.e. in the belly, there are three vital points. In the breast, i.e. in the chest, there are nine in number. In the back there are fourteen. Above the collar bone, i.e. above the clavicle, there are thirty and seven, that is to say thirty-seven. "Collar bone" here refers to a human being. Otherwise there would be "occasional instruction according to tradition" (?), and that is not the case here.

AS: (The vital points of the limbs:) (4) The vital point named 'the heart of the sole of the foot.' 2.466: "Now for each leg, near to the middle toe, in the middle of the sole of the foot, there is a vital point named the 'heart of the sole.' By painful piercing there [one causes] death." Near to the middle toe in the middle of the sole of the foot, a vital point named tālahrdayam. Death follows painful piercing there.

AH: Now, in order to explain the particular locations, the particular names, and the particular functions of the vital points from the soles of the feet up to the head, he says—

4.2: In the middle of the sole of the foot, near (in the line of) the middle toe, is [the vital point] called 'the heart of the sole.' By injury there via piercing, one dies." In the middle of the sole of the foot, i.e. in the middle location, near the middle toe, i.e. in the direction of the middle toe with regards to the foot; the sole of the foot is the back of the foot. Earlier teachers called the *marma* located there by the name *tālahṛd* (heart of the sole). ("Towards" in the secondary meaning of the word can refer to coming into contact on all sides.) There refers to in that place; from piercing, i.e. from striking, *paṭīcatā* refers to death. How, by injury, by pain.

AS: (5) The vital point 'quick.' 2.467: "Quick is located between the big toe and the fore-toe (or between the thumb and the forefinger). [One causes] death by striking [ākṣepaka] there." There is death by the ākṣepa [strike with a dart or missile] of piercing Kṣipra [quick]. Ākṣepa is the term used for wind-diseases. (See Nidānasthānam 15 for wind diseases).

AH: 4.3: "Death [is caused] by striking the [vital point called] "quick" (kṣipram) midway between the big toe/thumb and middle toe/finger." The location in between the big toe/thumb and the middle toe/finger, i.e. located between them is the vital point called "quick." Striking that causes death by convulsions—i.e. one dies by the wind disease called convulsions.

AS: (6) The vital point at the base of the thumb or big toe. 2.468: "At two finger-breadths above the kṣipra point, on both sides is the kūrca point (at the base of the thumb or big toe; kūrca, "a bunch or bundle," refers to certain parts of the hands, feet, neck, and genitalia).

- When [pierced] there the foot becomes unsteady and trembles." The kūrca [point] is at two finger-breadths above the kṣipra [point]. [It reaches] from the upper surface of both feet to the sole of the foot [i.e. it penetrates through the foot]. When the kūrca point is pierced there's shaking and trembling of the foot; trembling means convulsions.
- AH: 4.4a: "At two finger-breadths above that there is the *kūrca* [point], causing trembling and shaking in the foot;" Above that, i.e. above the point called 'quick,' at two finger-breadths, i.e. having moved two finger-breadths, there is the vital point named *kūrca*. Striking that causes trembling and shaking in the foot.
- AS: (7) The kūrca-siras vital point (upper part of sole or palm). 2.469: "Below the ankle joint is the kūrcasiras. [An injury] there [causes] breakage or swelling."
- AH: 4.4.b: "Below the ankle joint is [the vital point called] *kūrcasiro*; [injury to it] causes swelling or breakage." Below the ankle joint is the *marma* called *kūrcasiro*; striking it causes swelling or breakage.
- AS: (8) The ankle (gulpha) marma. 2.470: "At the joint of the foot and the lower leg is the ankle. [An injury] there [causes] breakage, a numbness in the thigh bone, or an injured state." At the joint of the foot and of the lower leg, there is the ankle [point; injury to it] causes breakage etc. The injured state is properly non-female (i.e. doesn't happen to women?).
- AH: 4.5a: "At the joint between the foot and the lower leg is the ankle [marma]; [striking it] causes breakage, numbness, or weakness." In the location of the joint, the joint between the foot and the lower leg, there is the vital point called the ankle. Striking that causes breakage, numbness, or weakness. Numbness is as though the limb had become numb.
- AS: (9) The calf marma (Indravasti = 'Indra's abode'). 2.471: "Beginning from the [top of the] heel, measuring twelve finger-breadths to the middle of the lower leg, is the calf [vital point]. From loss of blood there one will die." In the middle of the lower leg is the indravasti [marman]. From loss off the blood in that place one will die.
- AH: 4.5: "In the middle of the lower leg is the *Indravasti*; from loss of blood [there] one causes death." In the middle of the lower leg, in the middle of the calf, i.e. twelve finger-breadths up from the heel, there is the *marma* called *Indravasti*." An injury there causes death through loss of blood, not otherwise. Therefore, he mentions the cause as 'due to the loss of blood' for the sake of establishing that when blocking off the blood it should be completely stopped. This is the only approach, otherwise it will continue to flow. Therefore, whenever there's a situation where that can cause death etc. because of bleeding, then the cure for that is to stop the bleeding.
- AS: (10) The vital point in the knee (jānu). 2.472: "At the joint above the calf is the knee (vital point); [when there's an injury there it causes] a limp (or lameness)." The knee is located at the joint above the calf. [An injury] there produces a limp. "A limp" is a defect in walking.
- AH: 4.6a: "At the joint above the calf is the knee (jānu); [an injury] there [causes] a limp to the living person (i.e. it does not cause death)." At the junction above the lower leg, at the joint, is the vital point called the knee. When injured there in the knee, a man may die. Or, in case he is still living, the man will have a limp. However, it is generally understood that the man will die.
- AS: (11) The  $\bar{a}pi$  marma ('linch pin,' the part of the leg just above the knee). 2.473: "Three finger-breadths above both knees is a [vital point called]  $\bar{a}pi$ ; [an injury there causes] swelling, growth, or numbness of the thigh." The  $\bar{a}pi$  [point] is also in both thighs, three finger-breadths above the knee, penetrating the two places, i.e. located there. [An injury to

it] causes pain etc.

AH: 4.6b: "Three finger-breadths above the knee is the [marma called] āṇi; [an injury] causes numbness and swelling in the thigh." Three finger-breadths above the knee, i.e. above the knee joint, is the marma called āṇi; an injury to it causes numbness and swelling of the thigh.

AS: (12) The thigh vital point. 2.474: "In the middle of the thigh is the [vital point called] urvī ['of the thigh']; from loss of blood there the thigh withers." The urvī is located in the middle of the thigh. Through loss of blood from piercing that the thigh withers.

AH: 4.7a: "The  $urv\bar{t}$  is in the middle of the thigh; from piercing that there is a withering of the thigh caused by loss of blood." The vital point called  $urv\bar{t}$  is in the middle of the thigh. From piercing that, i.e. from striking that, there's a withering of the thigh, i.e. an emaciation of the thigh. The withering of the thigh is through loss of blood; it does not occur when there is some other injury.

AS: (13) The thigh-joint vital point. 2.475: "Above the *urvī*, and below the groin, at the base of the thigh-bone is the *lohitākṣa* [marma]. From loss of blood there is paralysis." At the base of the thigh, below the groin-joint, there is the *lohitākṣam*. From loss of blood there, one will become paralyzed.

AH: 4.7b: "At the base of the thigh is the *lohitākṣa*; [injury to that] causes paralysis due to loss of blood." At the base of the thigh, above the *urvī*, below the groin, the vital point called *lohitākṣa*. Injury to that causes paralysis, because of loss of blood when it is injured. AS: (14) The *Viṭapa marma* ('sprout' or 'branch'). 2.476: "In between the groin and the scrotum is the *viṭapa*; [an injury] there causes impotence or diminished semen." In between the groin and the scrotum is the [marma] called *viṭapa*. [An injury] there results in either impotence or very little semen.

AH: 4.8a: "In between the groin and the scrotum is the *vitapa*, causing impotence." In between the groin and the scrotum is the *marma* called *vitapa*; an injury to a man there causes impotence, i.e. childlessness.

AS: (15) The vital points of the arms. 2.477: "[The vital points] of the arms are like [those] of the legs." That is, the talahrdaya, kṣipra, kūrca, kūrcaṣiras, gulpha, indravasti, jānu, āṇi, ūrvī, lohitākṣi, viṭapa, [these] eleven vital points in one of the four major limbs are to be understood to be in the other three major limbs also.

AH: 4.8b ""So it is the same for the legs and the arms, i.e. the wrist (manibandha) is like the ankle." So, i.e. in this mode, there are eleven marmas in each of the two legs. Similarly for the arms, i.e. in both arms by this mode, there are the eleven vital points such as the heart of the palm, etc. Now whatever is the specific distance here, .... etc. So for the arm vital points, the wrist is equivalent to the ankle, differing in name only. The elbow (kūrpara) is equivalent to the knee. When either of the two are injured, i.e. the [points] called the wrist and the elbow, there may be withering, i.e. a deformity of the hand or of the fingers of the hand.

AS: (16) Specification of the vital points of the arm. 2.478: "And specifically, the ankle is like the wrist (manibandha), the knee like the elbow (kūrpura). When those two are injured, a crippled [or withered] hand or arm can result." Then is stated the specification of the whatever are the names for the arm [points] alone: Just as the ankle is at the joint between the lower leg and the foot, the wrist is [at the joint] between the forearm and the hand. Just as the knee is at the joint between the lower leg and the thigh, so the elbow is at the [joint] between the forearm and the upper arm. Just as when the knee is injured there's a withering of the leg, so when the elbow is injured there's a withering of the arm. Kunir [withering]

means causing deformity. (17) The vital point kakṣādhara ("where the armpit is lower"). 2.479: "And like the viṭapa, the kakṣādhara is between the clavicle and the armpit. [An injury] there causes deformity [of the arm]." Just as the viṭapa is located between the groin and the scrotum, the kakṣādhara is located between the armpit and the clavicle. When there's an injury there it causes deformity.

AH: 4.9: "The elbow is like the knee; there is also paralysis of the hands; and like the vitapa, the kakṣādhṛk is located between the clavicle and the armpit; [an injury] there produces deformity." [Like] the viṭapa etc., in between the armpit and the clavicle, the vital point called the kakṣādhṛk is like the viṭapa. When it is injured there is a withering [of the arm], i.e. a deformity of the arm or hand or fingers.

AS: (18) The internal vital points (antara-adhimarmāṇi). 2.480: "The anus (guda) is connected to the large intestine, expelling wind and feces; [a penetrating blow] there [brings] instant death." The anus is connected to the large intestine, and has the activities of expelling wind etc. When that is pierced there is sudden death.

AH: 10a: Since the forty-four vital points in the principal limbs have been described, now he tells about the [vital points] for internal pain. "The anus (guda), connected to the large intestine, expels wind and feces, and brings sudden death." The intestine is divided two-fold into the large intestine and the small intestine (sthūla-antra and sūkṣma-antra). The particular vital point called the anus is connected to the large intestine. And it is possessed of wind and feces, that is to say it expels or emits wind and feces, so its called 'feces and wind emitting' (vid-vātamanah). The krt affix -an is used in a wide variety of meanings to indicate an agent. This anus [point, when pierced] causes death quickly, that is, after just a moment.

"Sadyoghna," (killing quickly) also refers to 'without a human agent.' Iti thak. The word anus should be considered masculine; and this in not in half-verses etc.

AS: (19): The bladder/urinary tract (basti) vulnerable point. 2.481: "The bladder [point] in internal, where there is little flesh or blood [flow], it is bent with a curve like a bow, a single aperture facing downwards. And from the ailment of kidney stones there there will be sudden death. And when one is pierced on both sides of that, one will not survive. When injured on one side, there will be the ailment of flowing urine (i.e. urine pours out of the wound). Treated agressively it will heal." The basti has little flesh or blood; it is curved in the middle, and in the back bent like a bow. The aperture is the mouth; there is one, and it is facing downwards. When that bladder [point] is pierced, there is death; when there is the ailment of kidney stones death [results]. And when the abdomen is injured by a kidney stone on one side, there's the ailment of urine flow. This is easily understood.

AH: Now he describes the [point] called basti [abdomen/bladder/kidney]. 4.10b-4.12b: "The resevoir of urine (bladder), bent like a bow, the basti is where there is little flesh or blood. It has a single aperture facing downwards, is curved in the middle, [when wounded] it quickly destroys life. When afflicted with kidney/bladder stones, and wounded there on either side, there's [the problem] of flowing urine; when pierced on one side, the wound may be cured by strenuous effort." The abode of urine, i.e. the resevoir, is the resevoir of urine. Where the urine resides, that is curved like a bow, i.e. like a bow it is curved. Its location is stated thereby. And this is a particular vulnerable point called basti. Blood and flesh, i.e. the blood and fat are less there. [He then cites Asthādhyāyi 3.2.75] anyebhyo 'pi drśyante ("the krt affixes manīN, KvaniP and vaniP are also introduced after other verbal stems [i.e. those not ending in long -ā] along with viC.") Da. The meaning is that that is not the location of external blood and flesh. Therefore, it has one lower aperture, i.e. this has a a single downward aperture. The location is indicated by [the statement] it is curved in the middle.

When that is wounded, then suddenly, i.e. after just a moment, the winds, i.e. the breaths are removed. When afflicted with a bladder stone, i.e. the wound that is made for removing the bladder blockage, getting rid of that wound. In that sense, when there's a bladder stone wound, on either side, i.e. on either side, that wound then, i.e. this causes sudden death. On one side of the bladder, when split, i.e. when wounded, there will be the ailment of flowing urine (i.e. the urine flows out the side). That may be overcome with diligence, i.e. with extreme care it may be cured, not otherwise.

AS: (20): The navel (nābhī) vunerable point. 2.482: "In the middle of the resevoir of raw and cooked food is the navel. A [wound] there may also [cause] sudden death." Not only does the wound in the bladder causes sudden death; a wound in the navel also does—this is the meaning of the word "also."

AH: 4.12b-4.13a: "In the middle of the locations of the raw and cooked foods in the body is the abode of all the channels (sarva-sira-āśraya), the navel; and since it too may be suddenly struck [it can death]. The body and the locations of raw and cooked food (are combined in the compound) the locations of raw and cooked foods in the body—in the middle of these. From that one place in the body, i.e. in the middle location in the body, i.e. in the middle of those two locations of cooked and raw food, in between them, is the vulnerable point called the navel. It is the abode, the resevoir of all the vessels. And since it too may be suddenly struck. Api is used as a copulative. Hi has the sense of "because." I.e. not only can the anus and the bladder be sudden killers, the navel also can be instantly fatal. The word nābhi (navel) is to be considered masculine.

AS: (21): The heart vital point. 2.483: "In between the viscera and the chest, between the two breasts, the base of the sattva, rajas, and tamas, and the door to the stomach, the heart. There too there may be instant death." The heart is located between the viscera and the chest, and between the two breasts; is the basis of sattva, rajas, and tamas, and the door to the stomach. Instant death may also result from a wound there.

Caraka 3.5.9 describes the heart as "the base of the channels carrying the life breath"--prāṇa-vahānām srotasām hṛdayam mūlam. and the supreme place of the inner self (antar-ātmanah śrestham āyatanam).

AH: 4.13: "The door to the stomach, and the abode of sattva etc., the heart is located between the breasts, and between the viscera and the chest." The vital point called the heart may also be instantly fatal. And that is the door, the opening to the stomach. Since by that door the food and drink enters into the stomach. And that is the abode, i.e. the place of sattva etc., i.e. sattva, rajas, and tamas, likewise of consciousness, of the senses, of the five objects of the senses, likewise of the atman and of the mind. And it is located between the two breasts and between the viscera and the chest. There are two breasts, and the chest, and the viscera, hence (the compound) stanorahkostham, and it is in the middle of those; it is located there; it connects their locations—this is the meaning of the statement that it is located in the middle of the two breasts, chest, and viscera.

AS: (22): The [two] vulnerable points at the base of the breasts (stana-mūla). 2.484: "The two [vulnerable points] at the base of the breasts are on both sides two finger-breadths below the breasts. Death results from the filling of the viscera with kapha when those two [are pierced]." Those two, i.e. when the two stana-mūla [points] are pierced. AS: (23): The [two] vulnerable points above the breasts. "At two finger breadths above the nipple of the breast, on both sides [of the body], the [two points called] stana-rohita.

AH: 4.14: "One refers to the two [points] at two finger breadths above and below the breasts (stana-rohita-mula). When the two [are pierced], the person will gradually die, with the

viscera filled above by blood and below by phlegm (kapha)." The stana-rohita (nipple? 'breast-red'), and the base, since your breast begins from there. In what's called, known as the stanarohitamūla. One says that there are two vulnerable points called the stanarohitamūla. In what location? On the breasts. "Gradually," because it is also connected here to [the idea of] subsequently. Therefore at two finger breadths above the breasts are the stanarohita [points]. At two finger breadths below the breasts are the stanamūla [points]. When those two [sets of] points are pierced, i.e. the two above the breasts and the two below the breasts, the man, with his viscera filled with blood and phlegm, gradually, i.e. subsequently perishes. When the stanamūla [point] is pierced, one perishes because the viscera is filled with phlegm.

AS: (24): The two vital points called *apastambha* (lung or brachial tubes). 2.486: "On either side of the chest there are two vessels (nādīs) carrying wind, [called] the *apastambha*; when those two are [pierced], one dies of coughing and breathing difficulties because the viscera are filled with blood." The two channels carrying wind on either side of the chest are the vulnerable points called *apastambha*.

AH: 4.15: "The apastambha are the two channels carrying wind on either side of the chest; when [pierced] the viscera is filled with blood, and one dies of cough and difficulty breathing." The two channels on the sides of the chest are the vulnerable points called apastambha. The two carry the wind--i.e. are vāta-bearing. When these two vulnerable points are pierced, the viscera is filled with wind, and one dies from coughing and [difficulty] breathing.

AS: (25): The apālāpa vulnerable point. 2.487: "Below the shoulders, above the two sections of each side of the trunk, the two apālāpas; When those two [are injured] there is death by blood entering into them in the form of pus." In between the shoulders and the sides of the person's trunk, somewhat in the side of the flank of the trunk, the two apālāpa [points]. When those two are wounded, there is no sudden death. However, [death results] from blood filling them in the form of pus.

AH: 4.16-17a: "In between the backbones and the chest, and on both sides, below the shoulders, there are the two vulnerable points known as the apālāpas. When the two [are injured] one dies from the viscera being filled with blood that turns into pus." In between the backbones and those of the chest, the two sides, in the upper section of those two, below the shoulders, are the two vulnerable points called apālāpa. When those two are pierced, when the viscera are filled with blood, one dies when the blood turns into pus. As long as the blood doesn't turn into pus, one will live. I.e. one will not die just from the viscera filling with blood.

AS: (26): The two vital points called katikataruna ('the tender part of the hips or buttocks'). 2.488: "On either side of the backbone, located at the ear-like bones of the hips are the two [vital points] called the katikataruna. [From an injury] at those two [points] one dies from loss of blood, with a whitness [of the skin], a loss of color, and a withering of the form." On either side of the backbone, the two vital points called the katikataruna located at the ear-like bone of the hips. Because the bones of the hips have the shape of ears, they [are called] Srontkarnau ['hip-ears.']

AH: 4.17b-4.18: Now he describes the [points] in the back. "On either side of the backbone are the two hip bones; above the two buttocks connected to the backbone, are the [points] called *katīkatarņa*; from loss of blood there, one dies with pallor and loss of good appearance." On either side of the backbone, on either side of the buttocks, connected to the backbone, above the buttocks, there are the two bones called *katīkataruņa*, and there are two

vulnerable points by that name; when they are wounded, with one's good looks disappearing, with a pallor due to loss of blood, a man dies.

[Note: although the picture in the Kinjwadekar edition shows the two kukundara points at the base of the spine, they may also actually be at the sides of the hips. Otherwise, why would the verses say bahir-bhāge. The location Kinjwadekar gives doesn't seem to incorporate this specification, and forces us to interpret jaghana as loins, rather than hips/buttocks; however. I think Kinjwadekar is correct.)

AS: (27): The kukunda vital points. 2.489: "On the two sides, in the section outside the loins, on either side of the backbone, the two [points called] kukunda. [Wounds] to those two leads to loss of sensation and paralysis in the lower body." On either side of the backbone are the two [points] called kukundara. And those two are outside of the loins, i.e. the back portion of the curve, the buttocks.

AH: 4.19-4.20a: "There are two joints on either side of the backbone, on the two sides of the buttocks; in the portion outside the loins, the two vulnerable points are the *kukundarau*. [When those two are injured] it causes paralysis and loss of sensation in the lower body." On either side of the backbone, on the two sides of the hips, on the outside section of the buttocks, at the edge, the two *kukundara*, in the form of depressions (i.e. depressions in the skin), the two joint-vulnerable points. From an injury to those two, there's loss of movement in the lower body, i.e. the lower body becomes incapable of moving, contracting, and extending. Likewise, there's loss of sensation, i.e. loss of awareness of touch. "On either side of the backbone," is by the second *ubhasarvatasoh* (from Pāṇinī).

AS: (28): The two vulnerable points called *nitamba*. "Above the two ear-like bones of the hips, covering the receptacle, connected to the inner part of the sides, the two *nitamba*. When those two [are pierced], the lower body swells, and there's feebleness and death." On either side of the backbone, above the two ear-like bones of the hips on the sides, connected to the inner portions of the sides, are the two vulnerable points called *nitamba*, covering over the stomach.

AH: 4.20b-21: "Connected to the inner portion of the sides, above the ear-like bones of the hips, covering over the receptacles, are the two *nitamba* [points], located in the cartilage (taruṇāsthi, 'soft-bone'); [when those two are pierced], there's swelling in the lower body, feebleness there, and then death." In the inner portion of the side, i.e. connected in between the sides, above the ear-like bones of the hips, covering the bladder etc., are the two vulnerable points known as *nitamba*. And those are located in the cartilage. When these two vulnerable points are pierced, there is swelling in the lower body; there's also feebleness in the lower body once that has happened. Feebleness means the inability to perform actions on one's own. Then death follows immediately after feebleness.

AS: (29): The two vulnerable points called *pārśvasandhi* (the side-joints). 2.491: "Connected below the inner part of the two sides, and across and above from the [region] between the hips and the sides, are the two *pārśvasandhi* [points]. When those two [are pierced], one dies because the visceral organs fill with blood." Connected to the inner sections of the sides, i.e. connected to the left, located on the left side, and located on the right side. Below there, and above and horizontally located, are the two *pārśvasandhi*. And they are between the sides and the hips.

AH: 4.22-4.23b: "Connected to the inner region of the sides, and between the sides and the hips, above and to the side are indicated the two *pārśvasandhi*. When those two are injured, the person dies due to the filling of the viscera with blood." The middle is the inner region of the two sides; the two joints that are connected to these are called the *pārśvasandhi*.

There is one such joint on one side, and one on the other. Where are these two located? In between the sides and the hips, above and to the side. There are two such joints. When those two are pierced, there's death because the visceral organs become filled with blood. AS: (30): The two vital points called brhatt ('broad, wide'). 2.492: "In the back, in a straight line on either side [through] from the base of the breasts, are [the two points called] brhatt. When those two are [pierced], death results from the complications caused by excessive loss of blood." At the previously described [locations] on either side of the backbone, straight [through] from the base of the breasts, i.e. taking a straight direction, the two vulnerable points called brhatt.

AH: 4.23b-24a: "In the regions straight through from the base of the breasts, in the channel connected to the backbone, are the two *brhatī* [points]; from a wound there death results from loss of blood." In the region straight through from the base of the breasts, in the channel connected to the backbone, i.e. in the channels connected to either side of the backbone, are the two vulnerable points called *brhatī*. Death results from piercing those two points, due to loss of blood, not otherwise.

AS: (31): The two vulnerable points called *Amsaphalaka* ('shoulder blades'). "On either side of the backbone, connected to the base of the arms, are the two [points] called *amsaphalaka*. When those two are pierced, there's paralysis and emaciation of the arms." The *Amsaphalaka* points are located at the base of the two arms on either side of the spine, and they are connected to them [to the arms]; when there's an injury to those two, there's a connection everywhere [i.e. to the rest of the body].

AH: 4.24b-25a: "Connected to the base of the arms, on either side of the spine, are the two blades of the shoulders; when those two are injured, there's paralysis and emaciation of the arms." At the base of the arms, just like the root of a tree; on either side of the spine, they are principally connected at the root of the arms. What are they? The two blade of the shoulders. The compound is not used in order to conform to the meter. *Phalaka* (blade) is neuter since that's the customary usage. The two vulnerable points are called the *amsaphalaka*. An injury to those two causes paralysis and emaciation of the arms. Paralysis is as though the arm is asleep, without conscious awareness.

[Sharma says "acromial region" for the amsa; scapula for the amsaphalaka].

AS: (32): The two vulnerable points called the shoulders (amsau). 2.494: "Between the neck and the tops of the arms, the two amsa connect the base of the shoulders to the nape of the neck; when those two [are injured], the arms become paralyzed." The two amsa are located between the neck etc., and are connected to the shoulders, i.e. the seat of the shoulders. Hence, the anus (guda), the bladder (basti), the navel (nābhi), the heart (hṛdaya), the two at the base of the breasts (stanamūla), the two above the breast (stanarohita), the two bronchial tubes (apastambha), the two apālāpas (below the armpits), the two kuṭīkataruṇas (in the buttocks), the two kukundaras (next to spine at base), the two nitambas (top of hips), the two pārŝvasandhis (at the waist), the two bṛhatis (mid-back, breast level), the two amsaphalakas (shoulder blades), the two amsas (shoulders) give us sixteen vulnerable points in the 'inner receptacle' (i.e. the trunk of the body).

AH: 4.25b-26a: "On either side of the neck, in between the neck and the tops of the arms, in the muscles, connected the base of the shoulders to the nape of the neck, the two amsa; [an injury to them] causes loss of activity in the arms." The two muscles on either side of the neck are called amsas; where are these located? in between the arms and the neck. What is their function? for the shoulders. At the seat, as though at the seat of the amsas, where the amsas are located, connecting the two shoulders to the nape of the neck (on either side);

that's the function. When the two are injured, it removes the activity of the arms, i.e. the contracting and extending of them.

The upper vulnerable points:

AS: (33): The two *ntla* and the two *manya* vulnerable points. 2.495: "On either side of the throat channel (trachea) there are four vessels/channels (*dhamanyah*); of these two are the *ntla*, two are the *manya*; when those are injured it results in either loss of speech, distortion of speech, or loss of taste." The upper ones are described—On either side of the throat-channel (trachea), there is a channel called *ntlā*, and a channel called *manyā*; when those are injured it causes loss of speech etc.

AH: 4.26b-27: "On either side of the trachea, there are channels (nerves?) connected to the jaw; among those, two vulnerable points are called *ntla* and two are called *manya*; when they are injured it results in either loss or damage to speech, or to loss of taste." On either side of the throat-channel are the four channels connected to the jaw; among those two channels, the vulnerable points called *ntla*, and two vulnerable points called *manya*; so it is considered by those who wrote the *tantras*—thus the ellipsis. From injury to those, the loss of speech etc. occurs. Or a speech disorder, i.e. when one begins to speak, something other sound comes out. Loss of taste means lack of sensation of taste.

AS: (34): The *mātṛkā* vulnerable points. 2.496: "On both sides of the neck there are four channels each (nerves? *sirās*), [called] *mātṛkās*; [injury] to them results in sudden death." On both sides of the neck there are eight channels called *mātṛkās*.

AH: 4.28: "On either side of the throat channels there are channels leading to the tongue and to the nose, in two sets of four; they are called the *mātṛkās*, and injury to them the causes sudden death." On either side of the throat channel, there are the *siras* leading to the tongue, and those leading to the nose; each, i.e. on each side there are four, i.e. there are four on each of the two sides. These are called, i.e. known by the name of *mātṛkās* ('mothers'); when pierced death results immediately. These are the vulnerable points of the channels known as the mothers.

AS: (35): The two vulnerable points called kṛkāṭika (the back of the neck). 2.497: "At the juncture between the head and neck, are the two vulnerable points called kṛkāṭikas. When they are injured it results in tremors of the head." On either side of the head, at the junction of the head and neck, are the two vulnerable points called kṛkaṭikas; when they are injured it results in head tremors.

AH: 4.29a: "The kṛkaṭikas are at the junction of the head and neck; when injured they cause head tremors." At the junction of the head and neck, on either side, are the two vulnerable points called kṛkaṭika; when those two vulnerable points are injured, then the head gets tremors

AS: (36): The two vulnerable points called *vidhurā* ('depressed'). 2.498: "The two *vidhurā* points are located behind and below the ears; when they are injured deafness results." The two *vidhurā* are below the ears.

AH: 4.29b: "In the hollow below the two ears are the two *vidhurā* points; when injured deafness results." Below the two ears, i.e. behind and below the ears, in the depression, not upraised, are the two vulnerable points called *vidhurā*. And when they are injured, it takes away the hearing, the ability to hear, i.e. causing deafness.

(Nasal cavities):

AS: (37): The two vulnerable points called *phaṇā* ('the expanded hood of a serpent,' or 'the flared side of the nostril.') 2.499: "On either side of the nostrils, from the inside of the connection to the nostrils, are the *phaṇau*; from injury to them one loses the sense of smell."

On either side of the two nostrils, inside the head, in the location of the throat, are the two vulnerable points called *phanau*. The two channels are connected to the two channels. When they are injured, there's a loss of [the sense of] smell.

AH: 4.30: "The two *phaṇau* are on either side of the nostrils, following the path of the ears, located inside the throat, when injured they cause the loss of the sense of smell." The *phaṇau* are two specific vulnerable points located on either side of the nostrils, following the path to the ears, i.e. reaching the path to the ears. Located inside the throat, i.e. the two are located inside the throat. Their shape resembles two hooded serpents, so they are called *phaṇau*. When those two are injured, there's a loss of sense of smell.

AS: (38): The two vulnerable points called apanga ('the outer corner of the eye'). 2.500: "Below the tail-ends of the eyebrows, outside of the eyes, are the two apangau; damage to them results in blindness." The two vulnerable points, apangau, are below the two tail-ends of the eyebrows, on the outside of them, and on the outside of the two eyes.

AS: (39): The two vulnerable points called the *sankhau* ('on the forehead bone'). 2.501: "Above the two tail-ends of the eyebrows, alongside the ears, the two *sankhau* are on the forehead. When they are injured, there is sudden death." On the forehead, at the tail ends of the two eyebrows, alongside the ears, the two vulnerable points called *sankhau*. When those two are injured, death is immediate.

AS: (40): The two vulnerable points called *āvarta* ('the two depressions of the forehead above the eyebrows'). 2.502: "In the two depressions above the eyebrows are the *āvarta*; when they are wounded it results in either blindness or damage to the sight." In the two depressions located above the eyebrows, there are two vulnerable points named *āvartau*. When those two are injured, the result is either blindness or damage to the sight.

AH: 4.31: "Outside of the two eyes, are the two apāngau, below the tail-ends of the eyebrows. Similarly, in the two depressions above the eyebrows, are the āvartau; [when they are injured it results] in [various types of] blindness." On the outside of the eyebrows, in the outer region, at the tail ends of the eyebrows, i.e. at the end, below, the two particular vulnerable points are known as the apāngau. Likewise, above, i.e. above the tail ends of the two eyebrows indicated by apānga, there are in the two depressions the two āvartau. When these four, the two apāngau and the two āvartau, are injured, blindness results.

AH: 4.32a: "At the end of the forehead, alongside the ears, are the two sankha [points]; [injury to them] results in sudden death." Above the tail-ends of the two eyebrows, at the edge of the forehead, alongside the ears, i.e. near the ears, are the two vulnerable points called sankhau. Those two, pierced, result in sudden death of the individual.

AS: (41): The two vulnerable points *utkşepa* ('the region above the temples.') 2.503: "Above the two *sankha* points, at the edge of the hair, are the two *utkşepa* points; one can survive with an arrow into those two either by the arrow falling out through suppuration [of the wound], not [however] by extracting the arrow." Above the two *sankha* points, at the edge or border of the hair, the two vulnerable points [called] *utkşepau*. When those two are pierced, one may either survive through the arrow falling out on its own through suppuration; one will not survive taking the arrow out.

AS: (42): The vulnerable point *sthapanī* ('region between the eyebrows'). 2.504: "In between the two eyebrows is the *sthapanī* [point]; an injury there is like one to the *utkṣepa*." In between the two eyebrows is the vulnerable point called the *sthapanī*. An injury there is like one to the *utkṣepa*. One may live with an arrow in it, through the arrow falling out via suppuration. One will not survive extraction of an arrow from that point.

AH: 32b-33: "At the edge of the hair, above the two sankha points, are the two utksepa

points, and the *sthapant* point, in between the two eyebrows. One may survive a non-extracted arrow in this point, when it falls out itself via suppuration; however, immediate death results when it is pulled out." At the edge of the hair, above the two eyebrows, the two vulnerable points called *utkşepau*. And the *sthapant* vulnerable point is between the two eyebrows. When there is a wound in these three, i.e. the two *utkşepa* and the one *sthapant*, one may survive when the arrow is not extracted. Through suppuration at a later time, by reason of the suppuration, when the arrow falls out on its own, the man may survive; not however if it is extracted. "Suddenly," i.e. when the arrow is pulled out, the man will die immediately, from the aggravation of the winds (*vāyu-kopāt*).

AS: (43): The vulnerable points of the joints of the skull, called the simānta ('the parting of the hair'). 2.505: "There are five joints in the skull; across and upwards are the [vulnerable points called] the simāntas. [Piercing injuries] to those results in death from madness, delusion, or loss of consciousness." There are five joints of the skull in the head, five vulnerable points. Two are on either side of the forehead; to are located at the edge of the hair; the two joints are up above the sides of the two vulnerable points in the back of the neck. Above them, horizontally, is a straight joint at the parting of the hair. When pierced in those [joints], death [results] by madness etc.

AS: (44): The vulnerable points called *strhgātaka* ('a mountain with three peaks,' 'the place where four roads meet'). 2.506: "There is a meeting place in the palate of the channels (*siras*) feeding the tongue, the nose, the eyes and the ears; the four openings of these are called the *strhgātaka*; [piercing] those results in immediate death." There is a meeting together in the palate of the channels (*siras*) feeding the tongue etc. The four external openings of these are the vulnerable points called *strhgātaka*. An injury to those results in sudden death.

(Suśruta calls this point the śrngāṭaka, where the nerves from the nose, eyes, ears, and tongue meet, and says it is in the middle of the head—ghrāṇa-śrotākṣi-jihvā-santarpaṇīnāṃ śirāṇāṃ madhye śirā-sannipātah śrngāṭakāni, Suśrutasaṃhitā 3.6.28; these in turn connect up into the adhipati or romāvarta).

AH: 4.34-35a: "There are four openings in the palate where there is a meeting of the openings of the tongue, eyes, nose, and ears; an injury to those vulnerable points that are called *syngāṭaka* results in immediate loss of life." The tongue, the two eyes, the nose, and the two ears. The four channels are the four openings to them. The meeting together of those is the meeting together, in the palate, where the channels are located that serve the tongue etc.; the *syngāṭaka* are the four opening of those. The man who is pierced in those vulnerable points loses his life immediately; merely pierced there, the life breaths are abandoned.

AS: (45): The vulnerable point called adhipati ('the ruler'). 2.507: "On top of the upper part of the head, at the meeting of the joints of the head, at the depression in the hair (i.e. the crown of the head), is the vulnerable point called adhipati; a wound there will prove immediately fatal." Inside the head, the meeting place of all the joints and the paths of the channels, is the vulnerable point called the depression of the hair. And it alone is called the adhipati. Hence the two nīlas, the two manyas, the eight mātṛkās, the two kṛkāṭikas, the two vidhuras, the two phaṇas, the two apāngis, the two śankhas, the two āvartas, the two utkṣepas, the one sthapanī, the five simantas, the four śṛngāṭakas, and the one adhipati are, in circular manner, the thirty-seven vulnerable points in the head.

AH: 4.36b-37a: "Inside the head, on top, at the meeting place of the channels and the joints, the parting of the hair, is the vulnerable point named *adhipati*; injury there results in

immediate death." What is located inside the head; above that, i.e. beginning from there, on top of the head, is the meeting place of the channels and the joints (sirā-sandhi-samāgamaḥ); the conjunction of the channels and the joints; the particular vulnerable point called the adhipa is characterized by the parting of the hair. It is the regent of the vulnerable points; hence it is so named; because all of the vulnerable points lead there--this is the meaning. The 'regent,' pierced, immediately removes the man's life breaths, i.e. it immediately kills the man.

AS: (48): An etymological explanation of the word marman. 2.510: "And it is called marman because it causes death (marana)." And so in a conjunctive sense, the etymological interpetation that it is called marma because it causes death.

AH: 4.37b: "Where there is unusual throbbing and pain when it is pressed, that is a marma." Where, i.e. in whatever place on the body, one feels an unusual throbbing, that is a marma. And where on the body, when pressing, there is usual pain, that is also a marma. And here too 'unusual' is understood. Both the neuter and the non-neuter [version of the word] (viṣamam and viṣamā) have the same meaning—hence the neuter is understood. So therefore the definition of a marma is understood to have two senses; the principle sense is the unusual throbbing of any marma due to the siras and dhamants etc. (The secondary sense) is defined generally as the occurence of pain produced by pressing on the marma of the class of tissue and bones. The definition of piercing/wounding a vulnerable point is said to occur when they are seized or grasped (samgrahe ca marma-viddhasya lakṣaṇam uktam). As it is stated in the Śārngadhara saṃhitā, chapter 7, "The sleeping body has a heaviness, is insensate, and its passion is cooled; sweating, fainting, nausea, and panting are characteristic of a wounded marma." It is a marma because it causes death, or because it causes pain that is similar to death.

AS: The fivve sorts of vulnerable points differentiated according to flesh etc. 2.511: "In addition, that [vulnerable point] is the meeting place of flesh/muscle (māmsa), vessels, tendons, and bones. As a result, an injury there poses a particular danger to life. So they are designated by the most prominent [structure near to them]. Therefore the vulnerable points are divided fivefold according to the muscle, etc." In addition the vulnerable point is the meeting place of muscles, etc.; because of the fact that this mixture of [bodily tissue types] is located in one place, an injury there poses a particular danger to the life breaths. Although there is a mixture of the five [tissue types], the whole constitutes a vulnerable point. And since the vulnerable point is designated as a muscle-vulnerable point, a vessel-vulnerable point, etc., it is made of that predominantly. When the vulnerable point is predominantly flesh/muscle tissue, then it is designated by flesh/muscle tissue. When [the vulnerable points are predominantly made] of the vessels, then they are designated by the vessels, and likewise for the other ones. Hence there are five [sets] of vulnerable points according to the distinction between muscle tissue etc.

AH: Now he describes the well-delineated six fold definition of the vulnerable points—4.38: "A vulnerable point is also the meeting place of muscle tissue, bone, tendons, arteries and veins; so life resides intensely in these (tena atra sutarām jīvitam sthitam)." Since from the muscle tissues to the joints [all the tissue types] connect to their own kind, there's a meeting together [of these], i.e. a coming together; that [place of meeting together] is a vital point, hence this has the name 'vital point.' The connection of flesh and muscle is a flesh vulnerable point; the conjunction of bones is a bone vital point; the conjunction of tendons is a tendon vital point; the meeting point of arteries is an arterial vital point; the meeting place of veins is a venous vulnerable point; the conjuction of joints is a joint vulnerable point. So

the meeting places of the flesh/muscle etc. are said to be those types of vulnerable points. For this reason, life resides intensely in these places—i.e. in these places the life breaths are established.

Certainly (one may argue) if a marma is designated as the meeting together of the muscle/flesh etc., then (tadānīm), then there should be a countless number of marmas in the body, because there is a countless number of places where the muscles and flesh come together. And in addition, it's said in Aṣṭāngahṛdaya, Śārīrasthānam 3.17 that there are five hundred muscles in men, and an additional twenty in women (due to their breasts), and there are said to be many bones. And so one reaches an incalculable number of vital points. And so the statement that there are one hundred and seven vital points would be contradicted. So, in response [to this possible argument] he says—

AH: 4.39: "There is a sixfold arrangement of the vital points, indicated by what is predominant. The singular concept of 'vital points' derives from the fact that they are generally the abode of the life breaths." One may assert that there are not just one hundred and seven vital points. According to the previously stated method, there should be many vital points. However there is this designation of one hundred and seven vital points, due to predominance, i.e. by predominance the vital-point-ness of the vital points is established. Hence, i.e. by this reasoning, a marma is said to be the meeting point of muscle tissue, bones, etc. There are six sorts of marmas, i.e. a six-fold arrangement. By this word 'arrangement' is established the definition that there is an arrangement of vital points since they are determined to be the location of life in man.

AS: (50): The flesh/muscle tissue vital points. 2.512: "For example, the [four] at the center of the soles and palms, the [four] *indravasti*, the anus, and the two above the breasts are the eleven flesh/muscle tissue vital points." Then the eleven flesh/muscle tissue vital points--that is the four *talahrdayas* in the soles of the feet and palms of the hands; the four *indravasti* (in the two calves and the two forearms), the one anus (guda), and the two above the breasts (stanarohita).

AH: He mention, in order to designate them by their number, the sets of vital points beginning with the flesh/muscle tissue and ending with the joints-

4.40a: "The [vital points] arising from the flesh/muscle tissue are the ten called *indra-[vasti]*, talahṛdaya, and stanarohita." The two vital points called indra of the legs, and the two of the arms, the four called talahṛdaya, i.e. the two of the feet and the two of the hands; and the two stanarohita, one on each breast; so there are ten māṃsajāni [marmāṇi].

AS: (51): The vital points of the veins. 2.513: "There are forty-one vein (sirā) vital points: the [four] ūrvī, the [four] lohitākṣa, the navel, the heart, the [two] stanamūlas, the [two] apastambhas, the [two] apālāpau, the [two] pārṣvasandhi, the [two] bṛhatīs, the [two] nīlas. the [two] manyas, the [eight] mātṛkās, the [two] phaṇas, the [two] apāngas, the [one] sthapanī, the [four] ṣṛngāṭakas." That is, the four ūrvī, the four lohitākṣa, the navel, the heart, the two stanamūlas, the two apastambhas, the two apālāpau, the two pārṣvasandhi, the two bṛhatīs, the two nīlas, the two manyas, the eight mātṛkās, the two phaṇas, the two apāngas, the one sthapanī, the four ṣṛngāṭakas.

AS: (52): The vital points of the tendons/muscles: 2.514: "The [four] kṣipras, the [four] kūrcas, the [four] kūrcasiras, the [two] viṭapa, the [two] kakṣyādhara, the [four] āṇis, the [one] basti, the [two] aṃsas, the [two] vidhūras, and the [two] utkṣepas are the twenty-seven tendon/muscle vital points." That is, the four kṣipras, the four kūrcas, the four kūrcasiras, the two viṭapa, the two kakṣyādhara, the four āṇis, the one basti, the two aṃsas, the two vidhūras, and the two utkṣepas.

AS: (53): The vital points of the bones. 2.515: "The [two] katīkataruņa, the [two] nitamba, the [two] amsaphalakas, and the [two] sankhas are the eight bone vital points." That is, the two katīkataruņa, the two nitamba, the two amsaphalakas, and the two sankhas.

AS: (54): The vital point of the joints. 2.516: "The twenty vital points of the joints are the [two] gulphas, the [two] maṇibandhas, the [two] jānus, the [two] kūrparas, the [two] kukundaras, the [two] kṛkāṭikas, the [two] āvartas, the [five] sīmantas, and the [one] adhipatir." That is, the two gulphas, the two maṇibandhas, the two jānus, the two kūrparas, the two kukundaras, the two kṛkāṭikas, the two āvartas, the five sīmantas, and the one adhipatir.

AH: 4.40b-41a: "The two sankhas, the two kattkatarunas, the two nitambas and the two amsaphalas, are the eight bone [vital points]." The eight bone vital points—the two sankhas vital points, the two kattkatarunas, the two nitambas, the two phalas of the shoulders, these are the eight vital points of the bones.

AH: 4.41: "The tendon vital points are twenty-three; the āṇis, the kūrcas and kūrcasiras, the apāṅgas, the kṣipras, the utkṣepas, the aṃsas, and the basti." There are twenty-three tendon vital points. How so? The four āṇis, located individually in both thighs and both arms. The four kūrcas, two in the feet, and two in the hands. The four called kūrcasiras, two in the feet and two in the hands. The two apāṅgas, indicated as 'on the outside of the eyes.' The four called kṣipra, 'located between the thumb/big toe and index finger/first toe. The two utkṣepas, 'above the shoulders, at the edge of the hair.' The two called aṃsa, 'connecting the shoulders and the seats of the shoulders.' The one basti, the bladder—thus they are described. Hence there are twenty-three tendon vital points.

AH: 4.42: "There are nine arterial vital points, the anus, the [two] āpastambha, the [two] vidhūra, the [two] śṛṇāṭas." The one anus is connected to the large intestine. The two called apastambhas are at the sides of the chest, the two [bronchial] tubes carrying the wind. The two called vidhūra, in the two depressions below the ears; the four śṛṇgāṭakas, connecting to the tongue, the eyes, and the nose. Hence the locations of the dhamanīs, the nine vital points that are the abodes of the dhamanīs.

AH: 4.42b-4.44a: "The thirty-seven sirās vital points are the two brhatīs, the [eight] mātrkās. the two ntlas, the two manyas, the two kaksādharas, the two phaņas, the two vitapas, the heart, the navel, the two pārśvasandhis, the two stanādharas [i.e. stanamūlas], the two apālāpas, the sthapant, the [four] ūrvīs, and the [four] lohitās." There are thirty-seven vital points located at the siras. What are they? The brhatt etc. The two brhatt are in the region straight through from above the breasts. The eight called mātrkās are on either side of the throat channel (trachea), going to the tongue and the nose. The two sirās called nīla and the two called manya, on either side of the throat channel, located at the jaw sirās. The two kakṣādharas are below the armpit, between the armpit and the clavicle. The two phanas are defined as being on either side [of the mouth]. The two vitapas are between the groin and the scrotum-one for each leg. The one heart point, defined as the door to the stomach. One navel, defined as at the location of raw and cooked foods (i.e. over the stomach). The two pārŝvasandhis (at the waist), connected between the sides (of the torso). The two sthanādharas below the breasts; the two apālāpas between the backbones and the chest; the one sthapant, in the middle of the brow; the four urvis in the two thighs and the two arms, in the middle of the thighs, and the same in both the legs and the arms, i.e. by distributive application. The four lohitāņi, called the lohitākṣas, at the base of the thighs, and [at the basel of the arms.

AH: 4.44b-4.45a: "There are twenty [vital points] in the joints-the two avartas, the two

manibandhas, the two kukundaras, the sīmantās, the two kūrparas, the two gulphas, the two kṛkāṭyas, the two jānus, and the patih." There are twenty vital points in the joints; The two āvartas are in the depressions above the eyaebrows. The two manibandhas (wrists) are like the ankles. The two kukundas are the two vital points on the outer region of the buttocks; there are five called sīmantas, the joints of the skull. There are two kūrparas (elbows), like knees. The word kūrpara has two genders. There are two ankles, at the joints between the lower legs and the feet. There are two kṛkāṭyas, at the joint between the head and the neck. There are two knee [vital points], at the joint between the upper and lower legs. The patih is the regent of the vital points, there is one of those, and it is located inside, on the top of the head. Hence the one hundred and seven vital points, arranged according to the arrangements of flesh etc.

AS: (55): The vital points are also [arranged] fivefold. 2.517: "And they are also fivefold." And these are said to be classified five ways according to flesh etc., and again by another method, they are said to be fivefold because of instant death etc. (1) Some of these cause instant death; (2) Some of these cause death after some time; (3) Others of these cause death when a pointed weapon is extracted; (4) Others cause defects; (5) Others cause pain--hence the five types.

AH: 4.45b-4.46: "According to the others [i.e. Suśruta etc., acc. to footnote], the anus is a flesh/muscle vital point, and the kakṣādhara is located in the tendons; and the two vitapas and the two called vidhūra and the śṛṅgāṭas are sirās [vital points]. The apastambha and the apāṅgau are not considered to be dhamanī points by the others." In the opinion of the other teachers the anus is a māṃsa marma, not a dhamanī marma. As for the tendon etc. [vital points], in the opinion of the other teachers, the kakṣādhara are located in the tendon, and not located in the sirās. The two viṭapas and the vidhuras are located in the tendons. However, according to the preceding (i.e. in Vāgbhaṭa's text), the viṭapau are located at the sirās, and the two vidhuras are located in the dhamanīs. The four śṛṅgāṭakas are located in the sirās; according to Turavadhāra (? appears to be a name), though, they are not, rather the two apastambha and the two apāṅga are located in the dhamanī. However these are not considered by other teachers to reside in the dhamanīs, rather they are said to reside in the tendons.

AH: 4.47: "When the *māṃsa* vital points are injured, there is continual flow of blood, and the body is like flowing flesh; one goes quickly to pallor, to loss of sense awareness, and death." When the flesh vital points are injured, there is an endless, continuous flow of blood. It is like flowing flesh, i.e. the same as water flowing from the flesh. Then the body also becomes pallid (transluscent skin from blood loss), not strong. There's also a yellowness, or a whiteness to the body. The senses, i.e. the eye etc., become insensate, i.e. unaware of their own objects. And death comes quickly, rapidly. So when the *indrabasti* etc. flesh vital points are wounded, death is to be expected by the inference of seeing blood flowing from all the limbs; recognizing that, the *vaidya* should employ a curative to prevent that, because death may be prevented in any circumstances with the proper medicines.

AH: 4.48a: "And in the bone vital point the flowing blood is accompanied by marrow, is clear, and is interrupted." In the *sankha* etc. bone vital points, when wounded, there's a flow [of blood] accompanied by marrow, that is also clear, not thick, and interrupted, i.e. it is not continuous as when the flesh vital point is wounded. "And there's a anguish," by this it also indicates that there is excessive pain, because of the presence of just a break in all the vital points. (? run-mātrasya sarva-marmasy api sadbhāvāt).

AH: 4.48b-4.49a: "When the tendon-produced [vital points are injured] there is intense pain.

[excess] stretching out, convulsions, and paralysis." When the tendon-produced vital points such as kūrca, āṇi etc. are wounded, there is [excess] stretching out etc. Paralysis in the respective limbs, and intense pain. Likewise, one lacks the capacity of moving, standing, or sitting down, i.e. incapable of moving, standing, or sitting down. And there is defects in the limbs. Or else, there's the end, i.e. death.

AH: 4.49b: "When the *dhamant*-located [vital points are injured], the blood [flows out] hot. frothy, and noisily, and there's loss of consciousness." When the arterial vital points are injured, such as the anus, the *apastambha*, etc., then the blood will flow out and there will be loss of consciousness. How so? Hot, frothy, and noisily. 'Noisily' is individually connected to these. (I.e. hot and noisy, frothy and noisy).

AH: 4.50: "When the *sirā* vital points are injured, the blood flow is thick, and the blood flows abundantly. Through the loss of blood, there's death from thirst, confusion, difficulty breathing, loss of consciousness, and hiccup (? hidhma)." When the sirā vital points such as brhatī etc. are injured, the blood flows thick, and plentifully, abundantly. Through the loss of that, i.e. through the loss of blood, death results, i.e. destruction of life, through thirst, delusion, etc.

AH: 4.51: "When the joint vital point is injured, it swells up, it feels as though it is filled with real thorns, one becomes crippled and lame, there are tumors in the joints, withering [of the limbs], and loss of strength and the ability to move." When the āvarta etc. joint-born vital points are wounded, they become as though filled with real thorns; with the word 'real' the real location of the wound is indicated. With the thorns, it is as though it is filled with awns (?) of grain connected to rice and barley. And when that is swollen up, one becomes either crippled or lame. There's loss of strength and movement, a withering of the limb, in addition, and a swelling in the joints, i.e. intumescence, in the [vital point] produced in the joint.

Now, When the other vital points are wounded, it restricts the time for death--AH: 4.52-4.53a: "The navel, the (two) sankha (the temples of the head), the adhipa (i.e. the adhipati in the very top of the head), the anus (apāna), the heart, the (four) srngāṭaka (in the palate), and the basti (bladder), and the eight mātṛkās, these nineteen cause instant death. As for the extent of time with regard to those, the time [to death] is at most seven days." The vital points such as the navel and the temples etc., the nineteen, cause immediate death. There is one navel, two sankha (the temples, also a word for a conch shell), one adhipa, also one apāna, one heart, four sṛngāṭakas, one basti, eight mātṛkās—these are the nineteen that cause immediate death. As for the extent of the time to death, at the most it is seven days—this is the highest limit. Nineteen is not twenty; it is a sup-sup compound. It is twenty without one; it is also a compound because of the [grammatical] splitting of one rule into two. Then, according to [the rule] ekādiścaikasya etc., the negative particle (naħah or naħ), the natural state (? prakṛtibhāva), ekasyādugāgamaś ca, in the sense of less, [hence] no, the meaning being nineteen.

AH: 4.53b-4.55a: "The thirty-three [vital points] apastambha, talahrd, pārśvasandhi, kaṭītaruṇa, sīmanta, stanamūla, indrabasti, kṣipra, apālāpa, bṛhatī, nitamba, stanarohita, cause death after a while--one lives for a month or a month and a half." The thirty-three apastambha etc. remove life after a while. When they are wounded, one survives for a month or a month and a half. And it's stated in the Samgraha that the time for those is less than two weeks, on account of the saumya (phlegm) and fire elements. 'Tres-trayaḥ,' uses the substitution for three. Those are the two apastambhas (shoulder height, above the stanarohita), the four talahṛnti, the two pārśvasandhis, the two kaṭīkataruṇas (fresh part of

buttocks), the five sīmantas, the two stanamūlas, the four indrabastis—two in the legs, and two in the arms, the four kṣipras—two in the hands and two in the feet, and the two each of the apālāpas (lit: 'conversing with water'?—ap-ālāpa; just under the armpit), the bṛhatīs (mid-back, height of top of breasts), the nitambas (top of buttocks, slope), the stanarohitas. AH: 4.55b-4.56: "The two utkṣepas and the sthapanī are the three that kill when the arrow is removed, because when they [are wounded], the wind drying up the muscles, fat, marros, and brains, [the wind] going out when the arrow is removed, it destroys the life breaths through heavy breathing and coughing." The two utkṣepas and the one sthapanī, these are the three viśalyaghnās. Why is that? Because, when there is a wound there, and the arrow is removed, the wind goes out, dries up the muscles etc., and destroys the life breaths through heavy breathing and coughing. And for that reason there is the use of the kṛt affix at (forms the present participle; technical term is śatṛ, used here). Because by the reason of [the wind] exiting [the body], there's a drying up of the muscles etc.

AH: 4.57-4.59a: "The two phaņas (next to the tongue), the two apāṅgas (at the corners of the eye), the two vidhuras (in the hollows behind the ears; 'depression'), the two nilas (just next to the trachea, those two bump bones there), the two manyas (just at the side of the neck), the two kṛkāṭikas (at the base of the neck), the two shoulders, the two aṃsaphalakas (shoulder blades), the two āvartas (just above the end of each eyebrow, a little depression in the head, 'curling, winding'), the two viṭapas (between groin and scrotum), the four ūrvīs, the two kukundara (either side, just above the top of the crack of the buttocks), together with the two knees, the four lohitākṣa (armpits and thigh joints, 'red-eye' or 'red-axis' or 'the axis of the blood'), the four aṇis ('linchpin,' just above knee, just above the elbows), the two kakṣādhṛk, the four kūrcas, and the two kūrparas—these forty-four cause deformity. Sometimes, when they are wounded, they can cause death." There are two each beginning with the phaṇa and ending with the viṭapas, there are four ūrvīs, two kukundaras, two knees, four lohitākṣis, four āṇis, two kakṣādharas, four kūrcas—two in the hands and two in the feet, two elbows—hence the forty-four, i.e. the forty-four vital points that cause deformity of the limb. Sometimes, on account of being wounded, the forty-four cause death.

AH: 5.59b: "The eight--the four kūrcasiras, the two ankles, and the two wrists cause pain." The eight kūrca etc. are the particular vital points that cause pain. 'Because of the predominance of fire, wind, and moon (phlegm), because the fire and wind in particular cause pain. And the soma supports the life breaths,' so these do not cause death. Of these, there are four kūrcasiras in the hands and feet, two ankles, and two wrists--hence there are eight.

Now in order to describe the respective sizes of the vital points he says--[NOTE: these might be intended as three-dimensional measurements--otherwise the *dvādaśāngula* measurements are difficult to imagine].

AH: 4.60: "Of these, the *vitapas*, the *kakṣādhṛk*, the *ūrvīs*, and the *kūrcaśiras* measure twelve finger breadths." Among these vital points, the *viṭapas* etc. vital points measure twelve finger breadths. {NOTE: this is pretty large!}.

AH: 4.60b-4.61a: "The two wrists and the two ankles and the two stanamūlas are two finger breadths." The two wrists are two finger breadths; the two ankles and the two stanamūlas are each two finger-breadths; one word ca (and) has a copulative meaning, the other is to fill out the meter

AH: 4.61b: "The knees and elbows are three finger breadths." The two knees and two ankles are three finger breadths.

AH: 4.61b-4.62: "The apāna, the basti, the heart, the navel, the two nīlas, the sīmantas, the mātrkās, the kūrcas, the śrngātakas, these twenty nine measure the size of the palm of one's

own hand." {NOTE: also pretty large!}. The twenty nine, the apāna, basti, etc., measure the size of one's own palm, i.e. they measure the size of the palm of one's own hand. AH: 4.62b-4.63: "The remainder are said to measure half a finger-breadth; and fifty-six vital points are equal in size to a sesamum seed or a grain of rice; the vital points of the others are accepted." He indicates that the remaining fifty-six vital points measure half a finger's breadth according to the dimensions of one's own finger-breadth. According to the writers of other systems, the vital points may be considered to measure the size of a rice grain or a sesamum seed. It is to be understood that the opinion of this author is that there is assent to what is expressly prohibited/contradicted (? 'paramatama-pratisiddham anumatam eva' ityasyāpi granthakṛta etad eva matam iti bodhyam).

Now he explains how death occurs when the vital point is struck-AH: 4.63b-4.66a: "The veins are said to be fourfold-they reside in the vital points [and] satisfy the entire body; when there's destruction of the bodily tissues through damage to with excess loss of blood from those wounds, the wind becomes old, pain spreads [throughout the body], and sharp pains agitate [the limbs]; the bodily fire arising from that causes thirst, emaciation, madness and delusion; this destroys the sweating, languid, loosened body, and then death [follows]." The veins are said to be fourfold—the first are indicated as numbering seven, bearing purified blood supplied with the wind, bile, and phlegm; they satisfy, i.e. they please the entire body-they have vital points residing in them. 'From their destruction,'-since all these veins reach vital points, because of that, i.e. because the vital points are located there, from damage to those vital points, there's serious loss of blood. Therefore, from the serious loss of blood, there's destruction of the bodily tissues, i.e. there's successive destruction of the bodily tissues such as muscle tissue etc. When the tissues are destroyed, the air becomes old, i.e. the wind, and sharp pains, i.e. causing extreme pain, intense pain, causes, spreads. Causing what? engendering fire, bile, causing its increase; resulting, i.e. occuring a great deal, it causes thirst etc. Then immediately following thirst, etc., death destroys the man whose vital points have been pierced. His body becomes sweated out, languid, and loose. When the vital points are wounded, the mouths of the blood-bearing vessels open up. As a result of that, the blood that sustains life flows out, resulting in the end of life.

Now he explains the treatment for wounded vital points—4.66b-4.67: "When the vital point is injured, one should quickly cut off the body [i.e. the blood flow of the body] from the joints. Because from cutting them off, the blood vessels from the joint contract. The life of living beings definitely is located in the blood." When the vital point is injured, one should quickly cut off the body. Where? From the joints. Because, by doing that, by cutting off the blood flow at the [nearest] joint, the blood vessels contract, i.e. the openings [of the wounds] close up. Vardha and Chedana etc. are cur roots. (a Pāṇinīan verb-root class). Then, from the contraction of the blood vessels, the blood no longer flows out. Since the blood remains, and does not flow out, one survives.

By this means, from the destruction resulting from wounds to the vital points, death results; however, not from wounds when the vital points are not injured. So he says this-AH: 4.68-4.69: "Even though greatly wounded in places other than the vital point, one may survive, yet not when wounded in the vital point, the destroyer of life; some people may survive by treatment from a physician, or when only partially wounded, he may only be crippled. Therefore, one should carefully avoid application of alkalis, poisons, and fire etc. to the vital points." The living person dies from wounds to the vital points, though not from wounds elsewhere. Even though exceedingly wounded, that is wounded severely, even a hundred times, as long as it is not in the vital points, one may survive, though not when

wounded in the vital point. There are two sorts of vital points—one that causes death, the other that causes deformity. Now someone who is virtuous, and who has a proper term of life, when the vital point is wounded, since the vital point is not entirely wounded, he may survive through the care of a physician, with only a deformity or crippling. The word 'physician' generally indicates the three words dravya etc. Therefore one should carefully avoid the use of kṣāras etc. on the vital points. By the word 'etc.' here is understood the marking nut, mercury, emblica officinalis, kacchu, śūka, etc.

AH: 4.70: "Even when very slightly injured in the vital points is usually very painful; diseases are localized to the vital points, and so they can be cured when carefully [treated]." "Thus the fourth chapter called the section on vital points in the second Śārīrasthāna in the Aṣṭāngahṛdayasaṃhitā composed by Vāgbhaṭa, the son of the famous physician Siṃhagupta." So wounds to the vital points are to be avoided, since wounds to the vital points are generally or predominantly extremely painful. One suffers not only from wounds to the vital points, but also to diseases that are localized there. These can be cured with careful treatment. AS: (56): The vital points causing instant death. 2.518: "The anus, the bladder, the navel, the heart, the [eight] mātṛkās, the śaṅkhas (temples), the śṛṅgāṭakas (in the palate), and the adhipati, these are the nineteen causing sudden death; because they are firey (āgneyatvāt), the time of death from them is shorter than seven days." Among those causing immediate death, the four anus, basti, the navel, and the heart; the eight mātṛkās, the two śaṅkhas (temples), the four śṛṅgāṭakas (in palate), and the adhipati, these are the nineteen. There is fire-ness, causing immediate death. [The time of survival] from the first day is inside seven days.

AS: (57): The vital points causing death after some time. 2.519: "The thirty-three [vital points] causing death after some time are the talahrdaya, the ksipra, the indrabasti, the vital points of the chest, the katikataruna (in the buttocks), the nitambas (at the top of the hips in the back), the pārśvasandhi (at the waist in the back), the brhatī (in the mid back at breast-top level), those along the parting of the hair (simanta); because they consist of the moon (i.e. phlegm, kapha) and fire (i.e. pitta), the time [to death] from them in inside of two weeks. And among them, the kşipra points sometimes lead to a quick death." There are thirty-three; because they are related to the moon and fire, the cause death slowly, after some time. Either inside of a fortnight, depending on the three-hour segments of the day--this is the rule. That is, the four talahrdayas, the four ksipras, the four indrabastis, the eight vital points of the chest—the [two] stanamūlas, the two stanarohitas, the [two] apastambhas (directly above the prior two), the [two] apālāpas (just below the armpits), the two katīkataruņas (smack in the middle of the buttocks, lit: the new or fresh part of the buttocks), the two nitambas (at the tops of the hips in the back, lit: the slopes), the two parsvasandhis (lit: the joint of the sides, where it curves in), the two brhatis, the five simantas, these are the thirty-three. Among these the ksipras can cause sudden death.

AS: (58): The vital points that sometimes cause death (viśalyaghna). 2.520: "The two utkṣepas (region above the temples, lit: throwing upwards), and the sthapanī (mid brow) are the three viśalyaghna vital points, because of their wind character (vāyavyatvāt). As long as the wind remains blocked off in the hole [caused by] the arrow, the person will live." There are three viśalyaghnas (i.e. they kill when the arrow is removed), and they are related to the wind. When the arrow is pulled out, since there is a wound to the wind, because it goes out, one will not live; they kill without the arrow, however, not with the arrow. Those are the two utkṣepas and the one sthapanī.

AS: (59): The vital points that cause maining. 2.521: "The kūrca, the knees, the elbows, the

āṇi (just above the knee and elbow), the ūrvī (mid-thigh and bicep), the ones called lohita ('red,' in front of the armpit), the vitapas (lit: 'branch, creeper,' between groin and scrotum), the kakṣādhara (between clavicle and armpit, at the top corner of the shoulder), the kukundara (at the base of the spine on either side; Apte defines as the cavity of the loins just above the hips), the aṃsa (shoulders), the aṃsaphalas, the ntlas, the manyas, the kṛkāṭikas (base of neck), the vidhuras (behind the ears), the phaṇas (inside mouth, on side), the aṇāṅgas (outer edge of the eyes), the āvartas (above end of eyebrows)—these are the forty-four causing deformity, because of their kapha nature (saumyatvāt). The soma (is mentioned) because it maintains the winds with hardness and stability. And sometimes when these are struck they can cause death." The forty-four cause deformity; because of their saumya-ness they do not cause death. The four kūrcas, the two knees, the two elbows, the four āṇis, the four ūrvis, the four lohitas, the two viṭapas, the two kakṣādharas, the two kukundaras, the two krkāṭikas, the two vidhuras, the two aṃsaphalakas, the two nīlas, the two manyas, the two krkāṭikas, the two vidhuras, the two phaṇas, the two apāṅgas, and the two āvartas. These are the forty-four; sometimes when struck they cause death.

AS: (60): The vital points that cause pain. 2.522: "The kūrcasiras (in the heels and at the base of the palms), the gulpha (ankles) and manibandhas (wrists), are the eight vital points that cause pain, because of the predominance of fire, wind, and soma (i.e. phlegm). The fire and wind are particularly what cause pain. The soma (i.e. phlegm) supports the winds." The eight vital points cause pain because the consist of soma, fire and wind—[they are] the four kūrcasiras, the two gulphas, and the two manibandhas.

AS: (61): Some other views about the vital points reject the causality of fire. 2.523: "Yet others say, the [vital points] cause immediate death because of the combination of five flesh etc. when they are wounded. When one or the other is either lacking or diminished, the others naturally [cause death]." Yet other teachers, rejecting the causality of fire for causing immediate death, attribute the cause to the growth of the set of five [tissue types] of flesh etc., without their being either lack or excess. Their argument is that when there is conjunction in either an equal amount or excess of the nineteen [vital points classed] as flesh etc., i.e. the anus etc., then that causes death. By the word 'etc.' the [vital points] of the bones, tendons, channels, and joints are understood. 'The others,' the four causing death after some time. and those coming together because of the lack or a very small amount of the flesh etc. (vital points). I.e. because of the lack of one or the other flesh etc. (tissues), they cause death after some time. When two are lacking, they cause death only upon removal of the arrow. When three are lacking, they cause deformity. When only one is present, they cause pain. Susruta reads that the death etc. [causing points] are due to two [tissue types]. We do not accept that. AS: (62): Some other teachers are of the opinion that the location of the vital point is innately caused. 2.524: "Others say that the moon-stone, sun-crystal, magnet, " Other teachers say that soma (i.e. phlegm) and fire do not play a causal role. Nor even is there a conjuction (in the vital points) of the specified flesh etc. (tissues). They argue that the causality is innate (or natural). Just as [it is not true that] the moon stones etc. [will melt away] in the moon etc., so even when the hands and feet are cut at the many locations of the vital points, one will not die--hence the causality is innate.

AS: (63): The cause for the location of the *marma* according to other teachers. 2.525: "Still others say about the cause of these—when the hands and feet are cut the veins contract; so one survives because there is diminished blood flow. Yet when a vital point is wounded, death results because of the excess blood flow caused by the wind. Therefore, one should quickly amputate the limb with the wounded vital point at the location of the joint......" The

others are well known. Therefore, when there's a limb that has been wounded in the vital point, that limb that has a vital point should be cut off at the location of the joint. When the joint is cut, the contracted veins will not release blood-so one will not lose one's life. And these vital points are said to have a five-fold action. Those wounded vital points have innate activity, as does each of the preceding. So it is said that the anus etc. when wounded innately cause sudden loss of life, and this is not possible in the preceding ones. When the talahrdaya etc. are wounded, they innately cause death after some time, yet sometimes they also cause immediate death. The utksepa etc. by innate action cause death upon removal of the arrowthis is not possible for the preceding ones. Or, they cause death after some time. When the kūrca etc. are wounded they innately cause deformity. Yet sometimes, as with the preceding, they also cause death after some time. And the preceding do not cause death upon removal of the arrow, because that is not possible. When the ones beginning with the kūrcasiras their innate action is to cause pain. Yet sometimes, as with the preceding, they also cause deformity. Yet, as before, each of the preceding individual actions occur when it is wounded. Yet when those vital points become wounded by being struck just a ltitle bit at the corner (or just at the edge of the vital point). i.e. when they are struck at the edge, then the latter [is truel of those (i.e. they cause pain?). Therefore, when the [vital points] that cause sudden death are wounded just at the edge [of the point] then there's the latter action, i.e. they cause death after some time. Or when the vital points that cause death after some time are wounded just at the edge, then the latter action occurs, i.e. they cause deformity. And a [wound] immediately adjacent does not produce a state of causing death by removal of the arrow. When there are wounds just at the edge of the vital points that cause death by removal of the arrows, the result is deformity. And when vital points that when wounded cause deformity are wounded just at the edge, these cause pain. So it is stated in succession.

AS: (64): The five sorts of vital points according to yet a different opinion. 2.526: "And they are also classed as fivefold another way." These vital points are also classed fivefold according to yet another opinion.

AS: (65): The vital points measuring by [one of] one's own finger-breadths. 2.527: "The [four] <u>urvis</u>, the [four] <u>kurcasiras</u>, the [two] <u>vitapas</u>, and the [two] <u>kakṣādharas</u>, are the twelve [vital points] measured by one's own finger breadths." The twelve, <u>urvi</u> etc. vital points measured by one's own finger breadths are four, four, two, and two, i.e. twelve. AS: (66): The vital points [measured] by two finger-breadths. 2.528: "The two ankles, the two wrists, the two at the base of the breasts, are the six that measure two finger-breadths." The ankle etc. vital points are the six that measure two finger breadths, i.e. two, two, and two.

AS: (67): The vital points [measuring] three finger-breadths. 2.529: "The two knees and the two elbows are the four measuring three finger breadths." The two knees and the two elbows are the four measuring three finger breadths.

AS: (68): The vital points measuring the [size of] the palm of the hand. 2.530: "The [four]  $k\bar{u}rcas$ , the anus, the basti, the navel, the heart, the two nīlas, the two manyas, the [eight] mātṛkās, the [five] sīmantas, the [four] sṛngāṭakas are the twenty-nine measuring the size of the palm of the hand." The twenty-nine  $k\bar{u}rca$  etc. are those measuring the size of the palm of the hand.

AS: (69): The vital points measuring the size of half a finger's breadth. 2.531: "The remaining fifty-six measure half a finger-breadth." The remaining fifty-six measuring half a finger-breadth; anguladala means ardhāngula. And so Dhanvantari reads--'the remaining ones in the body measure half a finger-breadth.'

AS: (70): The measure of the vital points according to other opinions. 2.532: "Others also

say."

AS: (71): There are vital points measuring the size of a grain of rice. 2.533: "The kṣipras measure the size of a grain of rice."

AS: (72): The vital popints measuring the size of a *kalāya* (a leguminous seed, a sort of pea or pulse). 2.534: "The *stanarohitas* and the *utkṣepas* are vital points measuring the size of a *kalāya*."

AS: (73): According to the opinion of some (teachers), there are vital points measuring the size of a sesamum seed (tila). 2.535: "Likewise others say that the vital points measure the size of sesamum seed." The remainder are self-evident.

AS: (74): The tantra-rītiḥ (method of the system?) 2.536: "And there are (others)." There are also (others), the slokas state.

AS: (75): There is no damage from the vital points for those whose health has not diminished. 2.537: "In this body that is pervaded by vital points, good health protects the vital points; therefore the wise one should always use healthy/living things." In this body that is pervaded with the vital points that kill by mere contact, the good health/length of life protects those vital points from the blows etc., because there is not pain to the vital points in those [people] whose health/length of life is not diminished. For that reason the wise man should use healthy things/living things. That one is protected from the damages to injured vital points.

AS: (76): Even with a very small injury to the vital point one suffers excessively. 2.538: "Even when one suffers a very small injury to the vital point, in general it can be very painful; the disease resides in the vital point, and that disease may be cured by careful treatment." Even when there is a very slight injury to the vital point, it can be extremely painful. Similarly, the diseases localized to the vital points may be cured by careful treatment, i.e. by undertakings to cure it. Even small injuries can be very painful—this is the meaning. Therefore the main point is that one should carefullly protect them.

AS: (77): The characteristics of being at the point of death for one whose vital points have been fractured. 2.539: "One is thrown about violently, one sits listlessly, is confused, and trembles; one breathes upwards painfully, and one's limbs droop repeatedly; the heart of such a one burns, and one is incapable of staying in one place. One meets death through these signs after injury to the vital points." The characteristics of impending death when the vital points are injured are stated by saying one thrashes about violently, sitting down, etc. One meets death, i.e. one attains it—so it's understood.

AS: (78): The loss of life due to excessive loss of blood. 2.540: "Even when the vital point is not injured, a man can be injured by cuts and breaks; when excessive blood is lost, one can die quickly. On the other hand, even someone wounded with a hundred arrows can survive." One doesn't die just from injuries to the vital points, since even without an injury to the vital points, one can quickly lose one's life through excessive loss of blood. On the other hand the contrary is also asserted, that even with an injury to the vital point, with excessive loss of blood, even struck by a hundred arrows, one may survive.

AS: (79): The cure for injuries to the vital points. 2.541: "A virtuous person who is also disciplined in their health will in no way not survive; so one should strenuously treat them up until the very last breath. The doctor (bhişak) is considered as a relative or friend to him, preventing pain. Thus the seventh chapter called the section on the vital points in the Sārīrasthāna in the Aṣṭāṅgahṛdayasamhitā by Vāgbhaṭa, the son of the master of vaidyas Siṃhagupta." So someone who is virtuous, and who behaves properly, and who is disciplined with their health (i.e. has guaranteed a full life span by religious rites), there is no one who would not survive, i.e. he survives by all means. Disciplined in health indicates that such a

- one is strong, and who has made his length of life [last] for the proper amount of time by religious rites; therefore, since his length of life is not diminished, one should care for such a person until their very last breath, preventing the pain from injured vital points. Being considered to such an extent as a relative etc. of the suffering one, one does not gain disrepute even during the sandhya asterism. Thus the seventh chapter in the Śārīrasthāna, in the [commentary called] Śaśilekha (moon-digit) of the Aṣṭāngahṛdaya, written by the glorious master of teachers Indu."
- 127. Commentary KCT 5.184: Atra Mahā-puruṣa-lakṣaṇāni, tad-yathā--tathāgatasya cakra-ankita-pāṇi-pāda-talau, cakre sahasrāre paripūrue sanābhike supratiṣthita-pāda-talau... (Rinpoche et al 1994b:127.3-4). Note the use of the term sahasrāra rather than uṣṇīṣa for the crown cakra, the former the more common Hindu name.
- 128. Commentary on KCT 5.184: Ūrņopari mandalam karpāsāmśu-śukla-atisūkṣma-śukla-dvātriṃdhad-ātmakam dakṣiṇa-kundala-āvṛttam. (Rinpoche et al 1994b:127.11-12).
- 129. (This is repeated from the longer endnote above giving the full translations of the marman sections): H: 4.60: "Of these, the vitapas, the kakşādhrk, the ūrvīs, and the kūrcaširas measure twelve finger breadths." Among these vital points, the vitapas etc. vital points measure twelve finger breadths. AH: 4.60b-4.61a: "The two wrists and the two ankles and the two stanamulas are two finger breadths." The two wrists are two finger breadths; the two ankles and the two stanamulas are each two finger-breadths; one word ca (and) has a copulative meaning, the other is to fill out the meter. AH: 4.61b: "The knees and elbows are three finger breadths." The two knees and two ankles are three finger breadths. AH: 4.61b-4.62: "The apāna, the basti, the heart, the navel, the two nīlas, the sīmantas, the mātrkās, the kūrcas, the śrngātakas, these twenty nine measure the size of the palm of one's own hand." The twenty nine, the apāna, basti, etc., measure the size of one's own palm, i.e. they measure the size of the palm of one's own hand. AH: 4.62b-4.63: "The remainder are said to measure half a finger-breadth; and fifty-six vital points are equal in size to a sesamum seed or a grain of rice; the vital points of the others are accepted." He indicates that the remaining fifty-six vital points measure half a finger's breadth according to the dimensions of one's own finger-breadth. According to the writers of other systems, the vital points may be considered to measure the size of a rice grain or a sesamum seed. It is to be understood that the opinion of this author is that there is assent to what is expressly prohibited/contradicted (? 'paramatama-pratişiddham anumatam eva' ityasyāpi granthakṛta etad eva matam iti bodhyam).
- 130. KCT 5.175a: merusthe 'py aṅgulārdham bhavati jinapater yojanānām sahasram. (Rinpoche et al 1994b:123.1).
- 131. Uşnişād iti iha bhagavato jinapateh, uşnīşād ūrdhvam ūrna-madhyam iti bhrūmadhye sārdha-sūrya-aṅgulam bhavati sārdha-dvādaśa-aṅguli-mānam tasmāt kantha-abjam evam sārdha-dvādaśa-aṅguli-mānam hṛdayam api sārdha-dvādaśa-aṅguli tato nābhi-guhya-abjam evam iti nābhi-kamalam sārdha-dvādaśa-aṅguli evam guhya-abjam sārdha-dvādaśāṅguli tato uṣṇiṣād guhya-padma-antam sārdha-dvā-ṣaṣṭy-aṅguli-kāya-mānam Rinpoche et al 1994:122, II. 1-5, commentary on KCT 5.173. The full verse and commentary in Chapter 5 read as follows:
- "Now is described the characteristic of the external mandala according to the size of the Bhagavān's body--
- 5.171: From the uspīsa to the middle of the eyebrows of the lord of victors is twelve

[sun] and a half fingers [width-wise], From there to the throat lotus is the same [distance], and to the heart; from there to the lotus of the navel, and the hidden lotus is the same [distance],

[121.20] A foot [12 aṅgulas] below, the knee, thighs, buttocks, also, with the fourteen,(a) with the fifteen and fifteen, and with the four [aṅgulas], The half-thigh [ardhorah] by twelve and a half [sārdhasūryaih], his own upper arms, forearms, and hands, with the twenty [sky-eye] and sixteen and twelve [king-sun] measures. | |171| | (b) [122.1] The length of the body is sixty-two and a half finger widths. The foot, below, with the manus, with fourteen finger widths. The knee is the principles, i.e. fifteen, the thigh, also like that. The height of the foot, with the vedas, i.e. with fourteen and a half finger widths. In the same way the knee joint, the buttocks, also, with four finger widths. In this way, [there is a distanced measured] with sixty-two and a half finger widths from the buttocks to the end below the feet. In that way, the Buddha's body [measures] one hundred and twenty-five [finger widths]. The half-thigh is with sun and a half, i.e. with twelve and a half measures. His own upper arms, forearms, and hands are with sky-eye-king-sun measures, i.e. the arm with twenty, the forearm with sixteen, the hand with twelve up to the tip of the [122.10] middle finger. With one, the joint of the hand and the forearm, [and] the joint of the forearm and the upper arm. In this way there are twelve and a half finger widths.

Just as it is on the left, so is it also on the right Everywhere the twenty five more than one hundred (c) is the measure of the body, square [caturasram].(d) That same [measure] is four

hands (e) for sentient beings, ninety-six finger widths for men, from above to below, eighty-four; in that way, men are not endowed with the marks—so is it demonstrated. With the Vedas, i.e., with the four, the measure of the uṣṇīṣa. With the four and a half, the elevation of the head (f), with four, the forehead; and, from the word ca, with four, the nose; with four and a half below to the nose, ending in the chin, [122.15] with four, the throat. From that, there is the heart, the navel, and the secret, Oh king of men, with twelve and a half, in sequence. The secret lotus is at the root of the navel, the lightning bolt also, above Meru, is the uṣṇīṣa. The eyebrows, in the middle of the secret lotus, producing the indestructible happiness, is the [place of the] continuous abiding of the semen-drop. This is from the influence of both families on bearing the ground of the glorious lightning bolt, the body cakra, [i.e.] the forehead and navel [cakras], the speech cakra, [i.e.] the throat and the heart, the thought cakra, [i.e.] the secret and the

- (a) I.e. fourteen, because of the 14 Manus. According to the commentary, tattva = fifteen.
- (b) See commentary page 122.1-10.

usnīsa. | | 171-173 | |

- (c) Sarnath editors boldface pañcavimśatyadhikaśatam ( = 125) although the verse reads vimśatyekādhikam yac-śatam ( = 121).
- (d) Is this "square angulas" the way we measure things in, say, square inches?
- (e) Four "hands" (catur-hasta), really four measures from the tip of the middle finger to the elbow = ninety-six finger widths (angulas); one hasta = twenty-four finger widths. Remarkably enough, these measurements hold true for each individual. If you use your own finger-widths, there are indeed twenty four of these from the tip of your middle finger to the tip of your elbow.
- (f) This should not be boldfaced The term in the verse is mastakādho, below the head.
- 132. Carakasamhitā, Sūtrasthāna 29.3: dašava āyatanāny āhuh prāņā yeşu pratisthitah sankhau marmatrayam kantho raktam sukrojasī gudam |

- 133. Śārīrasthānam 3.13.
- 134. Though MW gives "N. of a plant," from Lexicons for dandotpala, (Apte makes no such listing), the nighantus and Amarakośa know of no dandotpala. They do have dandā, the Croton tiglium Linn. plant (otherwise known as drāvantī—see Sodhalanighantuh 1.242 (Sharma 1978:25) and Dash 1987:23). Utpala is of course the lotus. According to Maheśvara's commentary on Amarakośa 1.10.37, utpala and kuvalaya are two names for kumuda. When the lotus is blue it's called either ntlambujanma or indīvaram (or indivaram); when it is white it is called kumuda or kairava. (Amarasimha 1882:63). Pundarīkah appears to take dandotpala as a single plant name, using the singular genitive of the term, though he provides no gloss.
- 135. Dhanvantarīyanighantuh 1.87-89 lists śāliparnī and its synonyms—it is bitter in taste, heavy and hot, conquering the wind doşa. Dash identifies the same plant as śāla parni, Desmodium gangeticum DC. Dash's list of synonyms matches Dhanvantarīyanighantuh's. (Dash 1987:70-71).
- 136. Using the definitions in Monier Williams and Apte, a Tanka = 4 m a sas. One masa = 0.29117 ounce; so one tanka = 1.16 ounces. Here we have a tankap a da = 0 one m a sa, as noted in the commentary, about a quarter ounce.
- 137. Rinpoche et al 1994b:143.7-10.
- 138. My thanks to Robert Thurman for making this point clear to me.
- 139. See Rinpoche et al 1994b:95.21.
- 140. This is a central concept with regard to the name of the text and the system. Through the carefully detailed map already given of how the phonemes encapsulate the cosmic astrological clock we live inside of, we have learned that the breaths, properly controlled, can control time. Then here, by achieving the much sought-after yogic state of kumbhaka, being like a pot, the text says that all of time becomes contained within the yogin's body—i.e. there is no aspect of time that is functioning outside of the yogin's awareness or control.
- 141. Commentary on KCT 5.39: Sarvakālam yoginā mdhyamāyām prāņo bhāvayitavyah, praveša-nirgamatayā yāvat sthirībhavati, kumbahkāvasthām gacchati sarvakālam; tato yogī paņcābhijā-lābhī bhavati, prāṇa-jāpata iti bhagavato niyamah. (Rinpoche et al 1994b:28.11-13)
- 142. My modification of Wallace 1995:202.
- 143. Dasgupta 1932:339.
- 144. Varatanau bhūtavṛndasya nādyo dvāsaptati-sahasrasankhyā bhavanty ādhārās tāsām nādīnām api nādīnām api prāṇa-vāyur ādhārah, saṃskāraṇāt ... cetanā prāṇa-vāyor ādhārah, sā cetanā tad eva dvisvabhāvam cittam bhavati, guṇa-vaśād... VMP on KCT 2.19. Upadhyaya 1986:166; my modification of Wallace 1995:171.
- 145. Tatra idam sarva-viṣa-ākarṣaṇa-hṛdayam $|\cdot||\bar{A}h||$  Gaṇḍa-piṭaaa-kalūtāś ca ye ca anye vyādhayah smṛtāh $|\cdot|$  naśyanti dhyānamātreṇa vajrapāṇivaco yathā $|\cdot|$  (Bhattacharyya 1931:106), and cf. Fremantle 1971:106.
- 146. Wallace 1995:147.

- 147. KCT 2.4: Wallace 1995:151-152.
- 148. Stambha, MW gives a specifically Tantric definition as "the magical arresting of any feeling or force, as of hunger, thirst, or of the forces of water, fire, &c., as taught in the Tantras," along with generic terms such as paralysis, stiffness, solidity, a pillar, etc. In Abhidhānacintāmaņi's Devakānḍah (2.219) stambha appears as a synonym of jādyam, stiffness, in a list of terms for sweating and horripilation or excitement. (stambho jādyam svedo gharma-nidāghau pulakah punah | romāñcah kanṭako romavikāro romaharṣaṇam | |) (Hemacandra 1964:84).
- 149. Mānakah.
- 150. I.e. a member of the Tantric family, a samaya-sattva.
- 151. Jñāna-sattva.
- 152. Sandhyā is the term for the morning, noon, and evening junctures of the day, with the Tantric addition of midnight—it would make much more sense to interpret sandhyābhāṣā as language referring to these junctures—not as obscuration—rather as the Tantric equivalent for the Vedic mantras that are used to access and control the movement of time/destiny at its vulnerable points—time's marmans so to speak.
- 153. Here then, Jambha, the Atharvaveda disease-causing demon, has been transformed into tejas, the internal fire of the body. This is perfectly in keeping with the logic of Tantric yoga as espoused in this text. Mastering the wind flows in Tantric yoga is repeatedly said to free one from various diseases. Here Jambha has been tamed and turned into an aid to enlightenment and liberation.
- 154. Presumably coolness is equated with satisfaction in the sense of the cooling of the erotic urges after satiation.
- 155. Vajra-gītikās.
- 156. Here at least Pundarīka appears to be drawing a real functional distinction between the actual sexual yoga described in this chapter, and the visualization yogas without real consorts.
- 157. Jñāna-ākṛṣṭiṃ karoty atra punar Atibalas tat pravesaṃ ca Jambhaḥ Stambhas tad bandhanam vai para-sukha-vasan Manakas tosanam ca| Cakrasya jñana-cakre sama-rasakaranam Vajravegah karoti evam vai Vajradevyah prakata-niyatā Yoginītantra-kāye | | 108 | | Jñāna ityādi¦ iha kila mandala-cakra-bhāvanāyām samaya-sattvam nispādya, tato jñānacakrasya ākarsanam vairena pravesanam bandhanam tosanam samarasam kartavyam mantriņā jah hūm vam hor iti Vajrānkusena ākarşaņam, Vajrena pravesanam, Vajrapāsena bandhanam, Ghantayā toşanam, pūrva-dakşina-pascıma-uttara-dvāreşu sthitaih krodha-rājair YoginItantre VajradākinIbhih sarvatra kīrtitam tad eva Adhyātmani ucyate-jñānākṛṣṭim karoty atra sarīre punar Atibala iti Yuvatī-prasange jūāna-sattvah sukram sandhyābhāṣāntareṇa tasya ākarṣaṇam prāṇādi-vāyu-vṛnda-bhedam karoty ūrdhvam śirasi paripūrṇam karoti bodhicittam ity arthah| tat-pravesam ca jambha iti tejas-tad-drarayitvā dravasya bindurūpasya kanthe hṛdaye nābhau guhya-kamale pravesam karoti iti| stambha iti pṛthvī-dhātus tasya bindu-rūpasya bandhanam karoty āgatasya ativegena gantum na dadāti parama-sukhavaśād iti | Mānakas toya-dhātu-bindoh svaccha-dravam guhya-kamale vajra-maṇau gatam spandam ity ucyate, tasya acyuta-sukha-vaśāt toya-dhātus tosanam śarīre śaityam karoty ity arthah! Punas tat-sthānād ūrdhva-gamana-artham tad eva nihsyanda-sukham Locanādayah

prabodhayanti vajra-gītikābhih pūrvoktibhih tato nābhau niṣyandanārtham Locanā codayati, hṛdaye Māmakī vipākārtham, kaṇthe Pāndarā puruṣakārārtham, śirasi Tārā vaimalyārtham evam ādibhir uthāpito mahāsukho vaimalyam gatah, sarva-skanda-dhātv-āyatana-ādikam nirāvaraṇam karoti tatah sarvajña-padam yoginām bhavati, na kalpita-maṇḍale yoginī-gītena utthāpita iti nītārthah sarvatantreṣue saṃvṛtyā vivṛtyā ca iti | 108 | (Rinpoche et al 1994b:51, II. 9-29).

- 158. This might be best be translated as 'the fiery rajas' in a microcosmic sense, with the sun as the macrocosmic counterpart.
- 159. MVT 16.53-55; 20.6-7 (Kaul Śāstrī 1921:109 & 137).
- 160. MVT 13.1-3 (Kaul Shāstrī 1922:84).
- 161. We read from the Chinese in the seventh century of tales of practicing Rasāyana Wang Hiuan-ts'ö, an Imperial emissary to Magadha who made four trips to India between 647-665 A.D., brought from India "a Brahmin named Nārāyanasvāmin, who is said to have been a specialist in the drugs that give long life." The Emperor however died in 649, so the Brahmin was sent home. (Bagchi 1944:69). Already in the seventh century the legend had grown of Nagariuna as a sage who had lived for several hundreds of years thanks to special pills he had concocted. Hsuan Tsang, in telling a story about the history of Kosala, reports that "Nāgārjuna Bodhisattva was well practised in the art of compounding medicines; by taking a preparation (pill or cake), he nourished the years of life for many hundreds of years, so that neither mind nor appearance decayed." (Beal 1884{2}:212.) From this report then it would certainly appear that we should not rely on Alberuni's 11th century report of a Nāgārjuna who had lived about a century before (so he was told), since this appears to be a more generic report of a prior Nāgārjuna, rather than an actual date. Incidentally, in the same story Hsuan Tsang also reports that thanks to Nāgārjuna's pills, the king Sadvaha had also lived several centuries, much to the distress of his son, the prince, who yearned for his chance at the throne. At his mother's suggestion (!), he goes to Nāgārjuna and asks him for his head, arguing that a true Bodhisattva cannot refuse such a request. Nāgārjuna complies, decapitating himself with a dry reed leaf, and the king thereby also dies (Beal 1884{2}:212-214). Given the improbability of the latter part of this tale, the former part's veracity may also be questioned.
- 162. The Saivite alchemical Tantras also indicate a fit with the guru-student traditional teaching methods in India, and indicate that membership in the Tantric 'family' (Kula) was a prerequisite for instruction. In the Rasārņava Tantra's second chapter, the rules for initiation into the practice of alchemy (dīkṣāvidhāna), it is stated that the initiate must be without envy, egotism, greed or delusion, delighting in the worship of his or her guru, and continually delighting in the Kula path. (Rasārṇava 2.2: nispṛho nirahaṃkāro lobhamāyāvivarjjitah| kulamārgarato nityam gurupūjārataśca yah| Ray & Kaviratna 1910:10). The student is also required to be constantly delighting in worship of the gods, fire, the circle of yoginīs, and the clan (Rasārṇava 2.8a: devāgni-yoginīcakra-kula-pūjaratah sadā| Ray & Kaviratna 1910:12).
- 163. Caraka Sūtrasthāna 1.141: hitāhitam sukham duḥkham āyus tasya hitāhitam mānam ca tac ca yatroktam āyurvedah sa ucyate | | . (Sharma 1981:6.)
- 164. Sharma 1992:356.
- 165. Sharma 1977b:6.

- 166. Sharma 1982:xiv.
- 167. Sharma 1982:xvi-translating Dhanvatartyanighantu's author.
- 168. "The Ayurvedic Nighantus are always full of mistakes; there are not only obvious mistakes, but confusions in the names of drugs and plants; oftentimes synonyms are multiplied in a literary and poetic way, much of this class of nomenclature being unreal, i.e. not in actual or current use among the people." (V. Raghavan, in Foreword to Sharma 1973:1).
- 169. As Sharma also notes about *Sodhala*'s text: "Regarding the language of the text the author says that both Sanskrit and Prākrit are used by *Vaidyas*. Hence there is no harm in using the Prākrit words. Moreover, there is also some relaxation in use of Genders." (Sharma 1978:13).
- 170. (la) Amarakośa -- 5th/6th c., has some information.
- (1b) <u>Astanganighantu by Vāhata</u>—pre-9th century, "vouched by the fact that it does not mention any Unani drug." (V. Rhagavan, in Sharma 1973:2). Probably 8th century. (Sharma 1973:xix). Probably not written by Vāgbhaṭa himself. (Sharma 1973:xxiii). "The first verse is from the Aṣṭāṅga Hṛdaya which points more towards the Buddhist faith of the author while the latter two verse relate to the Śaiva or Pāśupata religious sect." (Sharma 1973:v). "The mention of Pārada as Rudra-retas and Abhraka as Pārvatī-btja shows the advanced state of Rasa-śāstra which could not have been possible before the period when Rasāṇava and Rasahṛdaya Tantra were written." (Sharma 1973:ix). Bhopadeva wrote another work of the same name in the 14th century. Quoted by Hemacandra in 12th c. A.D. (Sharma 1973:xiii) (1c) <u>Dravyauguṇa Samgraha by Cakradatta</u>—appears to be "the oldest Nighanṭu" (Bapalal in Sharma 1978:25).
- (2) <u>Dhanvantariyanighantu</u>—edited by Drs. D.K. Kamat and S.D. Mahajan, Poona, 1972; discussion of each drug with its names in different languages, together with botanical names and references.
- "The verses quoted from Rasaratna Samuccaya are found in the Dhanvatari Nighantu but not in the Astānga Nighantu," so its probable that the Dhanvantarīyanighantu is later than the Astānga Nighantu. (Sharma 1973:viii). Appears to be a revision of the Dravyāvalī (10th c.)—an earlier work containing bear synonyms of drugs, adding descriptions of properties, activity, and usage, c. 13th c. (Sharma 1973:xix). Text is quoted by Kṣīraswāmi, 11th c. commentator on the Amarakośa. Process of addition continued for several centuries, so text dates from 10th-13th centuries. (Sharma 1982:ix)
- (3) <u>Nighantusesa by Hemacandra, with Śrīvallabhagani's commentary</u>—edited with several indices by L.D. Bharatiya Samskrti Vidyamandir Series, Ahmedabad. Drugs not listed by ganas but rather by nature of the drug material—tree, bush, creeper, vegetable, grass, cereal etc.
- (4) <u>Paryāyamuktāvali by Haricaranasenc</u>—edited by Dr. Tarapada Chowdhury, Patna, 1947, with index of drugs.
- (5) <u>Paryāvaratnamālā by Mādhavakara</u>—edited by Dr. Tarapada Chowdhury, Patna, 1946, with index of drugs.
- (6) Brhannighanturatnākara—Venkateswara press, six volumes.
- (7) <u>Abhidhānaratnamālā</u>—anonymous, 12th-13th c. information matches Aṣṭāṇga Nighanţu. (Sharma 1977c:vii)
- (8) Madanapāla Nighantu by Madanapāla--14th c. A.D. (Sharma 1973:x)

- (9)<u>Mādava's Dravyaguņa</u>-12th-13th century. (Sharma 1978:5). Sharma's edition, 1973; from a manuscript from 1450 CE (Samvat 1507).
- (10) <u>Rājanighantu</u>—or—<u>Abhidhāna-Cudāmaņi of Narahari</u>—15th century. <u>Rājanighantu by</u> Narahari of Kashmir. Introduces many new plants.
- (11) <u>Laghunighantu by Vyāsa Keśavarāma</u>—Indian Drugs Research Association, Poona, 1962-editors include a longer list of *nighantus* at the end.
- (12) Siddha-mantra by Keśava-between 1271-1309 CE.
- (13) <u>Hṛdayadīpaka Nighantu and Siddhamantra of Vaidyācārya Keśava, with the Prakāśa Commentary of Vopadeva</u>—Vopadeva was his son. Vopadeva wrote the <u>Hṛdayadīpika</u>. Vopadeva was a friend and colleague of Hemādri, chief minister of Mahādeva (1260-1271) and his successor Rāmacandra (1271-1309) of Devagiri. Vopadeva was the Paṇdita to king Mahādeva. Hemādri wrote the <u>Ayurveda-Rasāyana commentary on Astangahrdaya</u> (Sharma 1977a:11) [as well as the <u>Caturvargacintāmaṇi</u>]. Keśava was apparently Mahādeva's son, according to a colophon to the <u>Siddhamantra</u>. (Sharma 1977b:2).
- (14) Sodhala-Nighantu-- PV Sharma ed. 1978, GOS vol. 164. Sodhala -- 12th c.-mentions several Unani drugs...."these Unani drugs might have come into this country near about 10th Cent. A.D." (Sharma 1973:xviii). Apparently the author was a Gujarati (a Rayekwad Brahman), who used some colloquial names in his Laksamanavarga or 7th chapter. (Sharma 1978:22). As Bapalal G. Vaidya explains in his introduction, even within Gujarat there is a wide variety of usage of different names for the same plants. Sodhala's Gadanigraha--another text, published in two parts by Jādavi Trikamji Ācārya in Ayurveda Granthamālā Series. "Mercurial preparations have come into use first in Bengal and this is the reason that Sodhala has not included mercurial preparations in Gada-nigraha. Moreover Hemādri has copiously copied from Bangasena. Bangasena's date comes approximately round about 12th Century." (Bapalal in Sharma 1978:24) "Drugs such as Bhānga, Ahiphena, Akarakārā, Rumīmastakī etc. found in 'Gadanigraha' are not found in the Nighantu. These drugs were introduced in India by the Mahomedans Hakims, somewhere about 12th Century A.D." (Bapalal in Sharma 1978:24) Sodhala's Nighantu. In a good edition edited by Sharma, who argues that Solihala's Nighanttu marks the beginning of "the new school of Nighantus emphasizing the Pharmacology and Therapeutics of drugs rather than dealing with various synonyms which often lead nowhere." (Sharma 1978:9). However he contradicts this in his 1982 edition of Dhanvantartyanighantuh (Sharma 1982:vi) where this text is included in the second type of
- (15) <u>Śivakośa by Śivadatta</u>--edited by Dr. R.G. Harshe, with a good critical introduction and Index.
- 171. Jolly 1977:30.
- 172. Rinpoche et al 1994b:128.16-26.
- 173. The word is a bit problematic. Rājanighaņţu 23 gives the term at two instances under groups of words with three meanings (totaling four types of plants, an insect, and a frog-Narahari 1986:427) and once under words with six meanings, as a synonym for six types of poisons (Narahari 1986:432). Dhanvatarīyanighanţu 6.483 gives dardura as one of eight synonyms of mandūka or beka (a frog) (Narahari 1986:281); however, at Dhanvantarīyanighanţu, suvarnādi, rasāh 11 (Narahari 1986:292), listed between bodārasīngakam, a yellow-colored, flaky mineral found on the slopes of the Arbuda mountain in Gujarat (sadalam pītavarnam gurjaramandale arbudasya gireh pārsve jātam) and chalk (sīlādhātu) we find dardura as one of two types of rasaka, dardura and kāravellaka.

Dardura is flaky (sadala), and is good when the vitality has fallen; kāravellaka is not flaky (nirdala), and used in various medicinal compounds. Rasaka gets rid of urinary diseases, lowers kapha and pitta, counteracts eye diseases, and is used for coloring iron and mercury. Rasa and the two rasakas were recommended by (the Buddhist physician) Nāgārjuna. (rasako dvividhah prokto dardurah kāravellakah sadalo dardurah prokto nirdalah kāravellaka sattvapāte subhah pūrvo, dvitīyas-cauṣadhādiṣu | guṇāh-rasakah sarva-meha-ghnah kapha-pitta-vināsanah netra-roga-kṣaya-ghnas ca loha-pārada-rañjanah | nāgārjunena saṃdiṣṭau rasas ca rasakau ubhau | |). Sodhalanighaṇṭu 1.449 includes rasaka as a synonym of the second type of kāsīsa, puṣpakāsīsa, green or black iron sulphate. (Sharma 1978:47). Both MW and Apte give frog, cloud, flute, and mountain as the principal definitions for dardura-these don't make sense in this context. Vaidyakasabdasindhu defines it as punarnavā (the hogweed Boerhavia Procumbens (Apte)) or the red or white insect indragopa (indragopakīṭa) (Gupta & Sena 1983:534), two of the first three definitions given in Rājanighaṇṭu.

- 174. Although in other contexts rasendra, 'chief of saps/fluids/flavors,' refers to mercury, or quicksilver as it used to be called, here I think the sap of plants is the correct referent, since we are talking about the different kalpadrumas or magical trees of paradise. The five trees (pañcavrkşa) of heaven are Mandāra (the coral tree, Erythrina Indica), Pārijātaka (produced at the churning of the ocean), the Santāna (of 'continuous' bounty), the Kalpataru (tree of desires), and the Haricandana (a type of sandal tree).
- 175. Cheda-bhedam: the commentary glosses as the trident etc. Śūla also refers to a stake for impaling criminals—this is more likely what is referred to here as seen by those dwelling in hell.
- 176. Rinpoche et al 1994b:130.3-11.
- 177. Tayā probably refers to the manahsilā, instrumental singular of the feminine of the pronoun.
- 178. Kumbha-kāra is the "pot-maker;" mṛttikā is clay, earth, or loam--the latter is a mixture of moistened clay, sand, and some straw used for plastering, foundry molding etc.
- 179. Mṛdupuṭam.
- 180. Go-karşa = "cow-ploughing," probably = cow-dung.
- 181. Probably using some sort of bellows.
- 182. The compound *tivra-angair* literally means "with intense or violent limbs." It probably refers to rapidly pumping the bellows to fan the flames hot enough.
- 183. Ray provides a diagram of a *kosthi* apparatus—an hourglass shaped container, the lower half underground for collecting the mixture to be heated; the top half has a reversed pot fitted into the lower pot's mouth, filled with the substance to be heated, and surrounded by fire. A bellows is connected for fanning the fire. (See Ray 1956:191 facing, fig. 30a.) Dash provides similar designs. (Dash 1986:195-196).
- 184. Samarasī-bhavanti--the noun +  $I + \sqrt{bh\bar{u}}$  construction. See Whitney 1091 (Whitney 1977:401).
- 185. Commentary on KCT 5.121-122; Rinpoche et al 1994b:139.30-31-140.1-7.

- 186. This may refer to the five parts of the tree-root, bark, leaf, flower, fruit. (MW).
- 187. Commentary on KCT 5.227; Rinpoche et al 1994b:143.1-5.
- 188. Commentary on KCT 5.227; Rinpoche et al 1994b:142.6-8.
- 189. Commentary on KCT 5.228; Rinpoche et al 1994b:143.11-14.
- 190. Dash explains that the major categories of metals and minerals are rasa (types of mercury), mahārasa (copper and iron pyrite, bitumen, etc.) uparasa, sādhāraṇarasa, dhātus, and upadhātus. These are all used in the rasaśāstra branch of āyurveda—the therapeutic use of processed metals, minerals, otherwise poisonous vegetable products. (Dash 1986:33-34). Dhanvantarīyanighaṇtu lists eight mahārasas: abhraka (micas), vaikrānta (beryls), mākṣika (pyrites), vimala, adrija, sasyaka, capala, and rasaka (Narahari 1986:288).
- 191. Dash provides this definition, though as *vimala*, not *vimalā*. (Dash 1986:34). However, from the context, it appears fairly certain that iron pyrite is the correct translation.
- 192. Blue vitriol is copper sulphate, a blue-tinted glassy compound, CuSO<sub>4</sub>·5H<sub>2</sub>O. The "vitriols" [from Latin *vitreus*--glassy] are sulphate compounds of different metals: green vitriol is iron sulphate; white vitriol is zinc sulphate.
- 193. Capalam falls under the mahārasas. (Dash 1986:34). Dash identifies capala as bismuth. Ray is less definite, citing "possibly some sulphur containing mineral" (Ray 1956:137). Despite being a rather heavy metal element (slightly heavier than lead at Atomic No. 83), bismuth is however also used in the West medicinally.
- 194. Dash gives rasaka or kharpara as calamine, defined in Webster as a mixture of zinc oxide and ferric oxide, giving the familiar pink colored powder used in skin lotions. (Webster's 1988:196). Dash defines it as zinc ore, of two types, of solid pieces. (Dash 1986:129).
- 195. The verse omits rasaka here, though it is glossed in the commentary as having void as its intrinsic nature. I've peen unable to find sasaka in any of the medical sources. The word literally = a rabbit, a meaning that makes no sense here. It is in fact an alternate reading for sasyaka = copper sulphate, as listed in the Dhanvantart Nighantu and the Rajanighantu (Anandasrama Sanskrit series). Another option would be that the text should read sasanka = camphor. However this compound,  $C_{10}H_{10}O$  is not a mineral compound, is derived from the wood of the camphor tree, and is not otherwise included in maharasa group. (See Dash 1986:34 and Ray 1956:137, 156).
- 196. The Sarnath editors have emended the text here to add a -ś-ca after hingula.
- 197. Śīlā is realgar or red arsenic, glossed in the compound as manaḥśilā—another more precise name. This is what we call arsenic sulfide, an orange-red, monoclinic crystalline mineral compound, used in the West in fireworks. (Webster's 1988:1118).
- 198.  $T\bar{a}laka$  is one of the synonyms of  $harit\bar{a}la$ , yellow arsenic or orpiment (arsenic trisulphide,  $As_2S_3$ ), lemon-yellow, resinous luster, used in the West as a pigment. (Webster's 1988:956).  $T\bar{a}lakam$  Apte lists as yellow orpiment or a fragrant earth, as does MW. As mentioned above, alam in the verse apprears to be a poetically licensed abbreviation for  $t\bar{a}lakam$ --or else Pundarīka had a slightly different verse to work with.

- 199. Various lists are provided by different scholars for the five salts (pañcalavaņa). Zysk points out that their common use in medical practice dates back at least to both early Buddhist monastic medicine and in early Ayurveda. The five are 1) saindhava, a white rock salt from Sindh (hence saindhava, the vrddhi derivative of Sindh); 2) sāmudra, sea-salt deposited on the shoreline or possibly obtained via evaporation; 3) vida (red salt of various ingredients (Zysk) or black salt containing Ammonium chloride (Dash), or from excreta (Sharma)). 4) Sauvarcala or Kālalavana, (either common rock salt called black salt-according to Zysk, or sonchal salt containing iron and sulphur-according to Dash; MW defines sochal salt as prepared by boiling down soda with emblic myrobalan; Sharma says it is "obtained from plants like suvarcalā etc." (Sharma 1981:11). Ray translates this as 'saltpetre.' (Ray 1956:148, 204). Saltpeter is a colorless salt crystal, potassium nitrate, KNO<sub>3</sub>, and it is used medicinally in the West. The word sauvarcala derives from su-varcala, apparently meaning 'shining brightly' from  $su + \sqrt{varc}$  with a -la suffix (cf. Whitney 1924:451-1189b)-this may refer either to the compound's properties, or, as suggested by Wilson {MW} or Ray (Ray 1956:56) may refer to region of India, much as the name saindhava does. 5) audbhida or culinary salt from the earth (the term derives from  $ud + \sqrt{bhid}$ , to break forth, presumably referring to the way natural salt-formations protrude from the surrounding soil, due to differention in erosion rates); Suśruta adds also romaka (romaka = 'Roman,' presumably a salt imported from the West). (See Zysk 1991:81-2; Dash 1986:180; Sharma 1981:10, Carakasamhitā Sūtrasthāna 1.88b-92c.) In our list gatam perhaps represents audbhida or common table salt; udadhija (ocean-born) is a synonym for sāmudra (of the sea); saindhava is the Sindh salt; kṛṣṇa (black) is most likely sauvarcala; caulla or cullikā is most likely vida--Ray identifies chulika lavana as 'sal-ammoniac' (Ray 1956:192), otherwise known as ammonium chloride, a white crystalline salt NH<sub>4</sub>Cl used medicinally in the West alsofollowing Dash's compound analysis (though not his color attribution), this would identify caulla with vida, and kṛṣṇa with sauvarcala. Ray gives a variety of definitions for the different salts; he says that vida or kālanimak-black salt, is actually reddish brown in color. (Ray 1956:204-5) The host of conflicting definitions warrants further investigation.
- 200. Rinpoche et al 1994b:132.3-9.
- 201. My modified translation-KCT 2.107: Ādau samrakṣanīyā sakalajinatanur mantrinā siddhihetoh/ kāyābhāve na siddhir na ca paramasukham prāpyate janmanīha¦ tasmāt kāyārthahetoh pratidinasamaye bhāvayen nāḍiyogam/ kāye siddhe 'nyasiddhis tribhuvananilaye kinkaratvam prayāti.

## Chapter 8

James F. Hartzell

#### **Tantric Initiation**

### 8.0. Introduction

According to the Tantrikas the physical body enshrouds a subtle energy structure that underpins the physical body and links the extradimensional transmigrating being into dense material reality; it is the basis of the living beingwhen the subtle fires go out, the physical body is dead. However, most people are not necessarily functioning consciously at a level of awareness of their own internal subtle energy and their intimate relationship with the structure of the cosmos. As in the Vedic system, where a complex and regularly repeated set of rites were developed in part to encourage the awareness of their 'true selves' on the part of the Vedic initiates, and maintain this awareness until the day of death, the Tantric tradition developed an elaborate set of initiation procedures and sacraments to inculcate the awareness of the inner true nature of the individual by purifying or transforming the initiates' self- and other-perception. We see this propensity of course throughout the earlier strata of Indian literature, with the Upanişadic sages teaching their disciples about their 'real' inner self, and the Buddha and his followers struggling to disillusion people about the actual nature of life and experience. And such practices are of course developed into progressive layers of sophistication in the moral, ethical, Yogic and meditative traditions of the different schools. In the Tantric traditions of the Saivites and the Buddhists what we find is that the initiation procedures have become enormously elaborated and detailed, with multiple stages and multiple layers

of rites required to prepare the initiates for the higher energy levels accessed through the sexual Yogas, and the meditative preparations for death and rebirth. The complexity levels of these initiation rites are further multiplied by the variety of different schools of Tantra that apparently emerged over time, sometimes using the same techniques, sometimes variations; all of these incoming streams of material were absorbed and to a certain degree standardized by later systematizers, though 'loose strands' remain where the rules and regulations can be a bit contradictory and certainly easily confusing.

We have seen in Chapter 7 how the fundamental physiological principles of Tantric Yoga are deeply rooted in the Indian medical, Yogic, and Rasāyana traditions, with intriguingly specific overlaps between Tantric doctrines and the esoteric subtle-body ideas of the Brāhmaṇas and earliest Upaniṣads. The Tantric authors were apparently not satisfied with the detailed incorporation of all these earlier doctrines in their quest for systematic integration of the micro and macro cosmos within the bio-psyche of the Tantric initiate. We find that along with the medical and esoteric physiological doctrines, the Tantric authors also mapped into the psyche feeling or emotional aspects, the sensual experience aspects of life, all the universal elements, dimensions, and beings, and the whole astrological and astronomical complex of Indian life. What we really find in the Tantric traditions is that we are dealing with what was probably considered high science of the day: an attempt to provide a thorough descriptive map of the exoteric and esoteric aspects of the human being in his or her encounter with the universe, plus a set of technologies

for conquering nature, both "mother nature" in the external world, and the "internal" human nature.

We have in the Saivite and Buddhist Tantric systems what appears to be a shared paradigm-the fundamental acceptance of the existence of a subtle body, and a recognition that mastery of control over the energy flows in this subtle body is concomitant with access to and mastery of higher states of individual consciousness that commence the experience of an inter-dimensional, unitary universal consciousness, often referred to as 'single flavor' or 'equal flavor' (eka-rasa or samarasa) to indicate a thorough mixing of the individual's awareness with the universal consciousness of Siva or Buddha. Just as in the Brhadaranyaka Upanişad passage cited in Chapter 7.4.2 that describes the sleep state as the state that allows the Puruşa to view both the waking realm and the divine realm accessible through the deep sleep state, the Tantric traditions appear to have proposed that the subtle body allows us simultaneously to access both the dense physical universe and all the other heavenly dimensions of the cosmos. The Tantraloka for instance speaks of an awakening in the initiate of an identification awareness, achieved through a ritual initiation process that involves psychological and physical identification with a mandala as the 'combination lock' that opens the door to higher intensities of reality. The process in effect extinguishes one's isolated animal consciousness (paśu) by transforming these energies into the vīra-paśu state, the hero-animal nature. The eka-vīra or 'singular hero' notion used in both the Buddhist and Saivite Tantras is a term that harkens back to the earliest Vedic literature, wherein Indra, the consummate Soma-drinker, is called the

eka-vīra or singular hero on account of his incredible accomplishments powered by his unmatched consumption of the cosmic-fire juice of the Soma plant. The use of the mandala visualization meditations to transform normal reality into extraordinary reality is also an essential aspect of the Creation Stage practices of the Buddhist Anuttarayoga Tantra. The Saivite and Buddhist Tantric traditions share their basic techniques of visualization, popularized in contemporary interpretations of the Tibetan version of this tradition as 'deity Yoga,' though it is technically speaking apparently not often referred to as devatā-yoga in the Sanskrit Tantras (though commonly so in the Tibetan Tantras). I have found only one mention of the term devatā-yoga in the fifth chapter of the Kālacakratantra, as one of the types of Tantric practices that Pundarīka disapproves of, and indicates should not be practiced (see Chapter 11 of this dissertation). As Jackson clarifies, though, what is currently called deity Yoga in the English scholarship on this subject is essentially a practice of identifying oneself via visualization or imagination of oneself with the physical and psychological attributes of a Buddha, in order to become a Buddha,<sup>2</sup> a practice we also find in the Saivite Tantric material, though presented in a slightly different fashion. The particular influence of the Saiva tradition on the Kālacakratantra tradition is found in the KCT's sharing of the jīvanmukta ideal. Indeed, as Muller-Ortega remarks, the purpose of the doctrine described in Abhinavagupta's Parātrīmśika-vivaraņa is precisely "liberation while living" or jīvanmukti, so that one "becomes with this very body a vessel for all the extraordinary power as well as for the Supreme Bhairava."3 This differentiation is reflected in the lack of a māyā-deha or illusory body doctrine in the Kālacakratantra (a doctrine present in other Anuttarayogatantras), and its replacement with a sūkṣma-deha or subtle body doctrine that is shared in almost all of its essential aspects with the subtle body system of the Trika Kaśmīri Śaivite Tantric school espoused by Abhinavagupta. The term 'subtle body' (sūkṣma-śarīra) is translated in the Tibetan tradition as stong gzugs or empty form (śūnya-rūpa), distinct from 'emptiness' per se. As Sopa explains, in the Kālacakra the subtlest life wind (srog grlung or gnyug ma'i rlung) resides in the body with the subtlest or innate consciousness in indestructible drops (mi shigs pa'i thig le). Part of the Kālacakra's purification of wisdom is a meditation building up these drops in the body, along the central channel of the subtle body. Muller-Ortega has referred to the analogous process in the Trika system as a restructuring of the inner experience of self-identity that leads to a realization of one's identity with Siva (and Sakti), "the silent and translucent consciousness out of which all things are composed surfaces and becomes visible as the true reality of perceived objects." In the Trika system, in fact, the Kula--a term that predominantly refers to the Tantric group or clan--comes also to refer, as Abhinavagupta puts it, to the "entire group (samasta-kula) consisting of mind, breath, body, and senses."6 This is a further step in the type-identity hierarchy whereby the group of cosmic principles or planes intersecting with the individual biopsyche (tattvas) is called a grāma or village--since the tattvas refer to both the constituent elements of the individual and those of the cosmos. Within the grāma or village in the macro sense we find the Tantric kula or group; within the individual's grāma of the tattvas we find the samasta-kula of the body, mind, breaths, and senses.

In the Kālacakra and Anuttarayoga systems we have the well-known (to Tibetan Buddhist adherents) system of the multiple lights (see 8.6.2.2 below). Dhargyey lists these in the sets of four night signs and six day signs that one perceives along the ten stages of Completion Stage meditative samādhis or perfected concentration practices in Anuttarayoga and at the death dissolution: the signs of smoke, mirage, fireflies, and butter-lamp flame at night, and the signs of fire, Moon, Sun, Rāhu, lightning, and the blue drop (or clear light) during the day. These are topped off by the visualization of the Sambhoga-kāya form of Kālacakra and his consort in an infinitesimally small black drop in the central channel at the ājñā cakra between the eyebrows.<sup>7</sup> The Saivite Trika system sticks to a simpler version of the lights of consciousness whereby the Kula of the individual and the Tantric group becomes light, 8 with the Moon as manifestation, the Sun as maintenance, and the Fire as dissolution, mapping the Three-Fire doctrine from the Vedic system onto the popular Hindu doctrine of Creation, Maintenance, and Dissolution of the Universe (often conceived of as governed by Brahmā, Visnu, and Šiva, respectively), that itself is absorbed into the Saivite Trika system. All of this goes to show that the basic doctrine enunciated in the Vedas, of the three fires with their subtle correlates in the human being, has been developed over the centuries to greater levels of sophistication, yet remained remarkably consistent within the type-hierarchy logic discussed in Chapter 2 of this dissertation.

# 8.1. The Six-Limbed and Eight-Limbed Yogas

One of the central aspects of the Tantric Yoga practices described in the Kālacakratantra is the so-called 'six-limbed' Yoga, or the Yoga of six parts. The Sadangayoga in the Buddhist system is a constituent part of the Perfection Stage practices (for details see 8.6.2.2 below for details). The Sekoddeśaţīkā by Nāropa, a commentary on the Initiation or Consecration (Sekah) section from the Root Kālacakratantra, provides a definition of the six-limbed Yoga (sadanga-yoga) as: sense withdrawal (pratyāhāra), concentration (dhyāna), breath control (prāṇāyāma), meditation (dhāraṇā), recollection (anusmṛti), and perfected concentration (samādhi). What is taken out of this list from the earlier Yoga Darsana or astangayoga of Patañjali are yama and niyama, the primary and secondary restraints. This is not an insignificant omission, since the first two divisions of Patañjali's Yoga have precisely to do with the self-restraint and vows of abstention that are directly opposite to the practices of Tantric Yoga. Yoga Sūtras 2.29 give us the classical list of eight divisions of the Yoga Darśana: yama-niyama-āsana-prāņāyāma-pratyāhāra-dhāraņādhyāna-samādhavo astāv-angāni. The yamas (YS 2.30) are non-violence (ahimsā), truthfulness (satya), not-stealing (asteya), celibacy (brahmacarya), and noncovetousness (aparigraha). The niyamas (YS 2.32) are purity (saucah), contentment (samtoşah), austerity (tapas), self-study (svādhyāyah), and devotion to Īśvara (īśvarapranidhāna). 10 Broido's article on killing, lying, stealing and adultery in the Tantras comes to mind,11 since these ostensibly sanctioned activities--though really interpreted more symbolically by the tradition--in the Tantric texts are of course direct contradictions of the yama and niyama observances that are part of the aşţāngayoga

and missing from the sadangayoga. As Broido explains, however, Tantric injunctions about such "sinful" acts were not intended literally; rather they were seen in the context of an ethical Sūtrayāna preparation (see discussion of Dharmasamgrahah material below), and understood rather as techniques for accessing and sublimating own's subconscious drives. 12 What the Tantric practitioners appear to have done is take the technology of Yoga practice, with the meditations, concentrations, and breath control techniques, added an element of mentation (anusmrti or recollection in the Buddhist version, tarka or reasoning in the Saivite version), elided the formal restraints of the earlier ascetic Yoga Darśana, and of course also removed the asanas, since these classic Yoga positions designed for a solitary individual are largely replaced with the sexual Yoga positions designed for a man and woman in sexual embrace. These Tantric Yoga 'asanas' are in fact essentially identical to the ratibandhas or sexual postures from the Erotic tradition. Since, as discussed in Chapter 10.2.2., the Erotic Tradition (Kāmaśāstrah) became prominent in India with Vātsyāyana's Kāmasūtra written about the end of the third century CE, this leads to the not entirely unreasonable (though not proved) hypothesis that the Tantric Yoga cults may have formed between the third and sixth centuries CE as the popularity of the Erotics Literature began to spread, and some creative thinkers decided to replace the self-abnegating discipline of the classical Yoga practices with sensual indulgence, coupled with Yoga's ancient and proven successful psycho-spiritual technologies.

We should pause a moment to consider the literal sense of the terms composing the divisions of the *şadanga-yoga*, so as to better appreciate how these

terms are used in the Tantric systems. Pratyāhārah refers to 'withdrawal,' specifically 'withdrawal of the senses.' As mentioned in Chapter 7.3.2. this has partly to do with the kūrma or tortoise wind, one of the five subsidiary prāṇas of the major group of ten. The point is that the initiate learn to pull his or her sensory awareness back from external distractions and temptations and appetites as a prerequisite for successful concentration. Dhyāna is the basic ability to concentrate or think about anything, indicating the mental engagement essential to any successful Yoga practice, derived from the root  $\sqrt{dhyai}$ , to think of or contemplate something. Prāṇāyāma is customarily translated as 'breath control,' though it is more than just that. As evident from discussions in Chapter 2.4 and Chapter 7.3, the term prana in the Indian Yoga systems refers to the circulating life energies and sensory functions of the bio-psyche, as well as the breathing. Āyāma, the second half of the compound, derives from  $\bar{a} + \sqrt{yam}$ , either to stretch, extend, or lengthen, or to stop or restrain. Both of these denotations appear to be incorporated into the term prāṇāyāmah, since the practitioner is learning to calm and slow the breathing--thereby extending or stretching out each breath, and is learning to halt both the whirlpools of the mind and the compulsive outflows of sensory awareness. Patanjali's Yogasūtras (1.2) defines Yoga for us: Yogah citta-vrtti-nirodhah, Yoga is the restraint, checking, stopping, or reining in of the circular motions or whirlpools--i.e. the compulsive repetitive patterns of the thinking, thought, or mind. To reiterate the point of Chapter 7.2.4, here again is the pertinent Yogavāsisthah description:

The consciousness that is produced from the movement of the inner prāna intent upon causing a desire, that you should know as citta, Oh

Rāghava. From the movement of prāṇa, there is movement of thinking; from that movement itself there is [movement] of consciousness, entraining a circular motion, like the waves [resulting] from the movement of water. The authors of the Āgamas say that consciousness is the circular vibrational movement of prāṇa; when this (circular movement) has been stopped, the mind becomes peaceful. When the movement of the mind is calmed, this saṃsāra melts away, [and becomes instead] just like life when the circular movement has been quieted in the light of the Sun.<sup>13</sup>

So the pranayamah of both the şadanga- and aştanga-yoga traditions is in addition to 'breath-control' also this calming of the compulsive, repetitive, nagging compulsions in our minds, the cessation of violent impulses, the bringing of the thought to equipoise. This becomes an extraordinarly complex science in Tantric Yoga. Dhāraṇā, 'meditation,' has the literal sense of 'holding' or 'maintaining,' etc., and in the Tantric traditions is most closely associated with the practiced ability to hold the mental image of deific visualizations. These are the detailed mandalas that are first drawn out (usually on the ground) and then infused by the practitioners with the presence of the host of cosmic aspects (the elements, planes, and so forth) in their deified forms, typically represented by sonic instantiations in seed-phoneme (bījamantra) form in combination with iconic images. These mandalas are then memorized, or visualized in all their detail by the initiates as part of a selfpurification process. The mandalas are like focusing lenses for the initiate's consciousness, redirecting the awareness out of animalistic consciousness, and both micro- and tele-scoping the awareness with divine light. To practice dhāraṇā in the Tantric systems is to hold this mandalic 'lense' steady in the mind's eye as all the components of one's body, speech, mind, i.e. the entire psychophysical makeup is reenvisioned in divine macro-micro-cosmic form.

Anusmrtih in the Buddnist version of the six-limbed Yoga refers to the ability of the practitioner to recall all at once the multi-layered teachings of the Buddhist doctrinal system. It is recollection of the precepts, the vast corpus of doctrine memorized by Buddhist students that is summarized in the Dharmasamgrahah and Abhidharmakośah, the texts that gives us the full lists of all the doctrinal sets. These sets are frequently cited in the fifth chapter of the Kālacakratantra (citations and the set members with translations are in the end notes): the eighteen dhātus or constituents, 14 the five aggregates, 15 the ten Krodheśvaras, 16 the four continents, 17 the four Māras<sup>18</sup> and the five fears, <sup>19</sup> the ten abilities of the Bodhisattva, <sup>20</sup> the six-fold desire realm, 21 the ten bodhisattva-bhūmis (grounds, or stages), 22 the twelve 'limbs' of interdependent origination, 23 the four goddesses, 24 the three charities, 25 the six addictions, 26 the four skills, 27 the twelve ascetic practices, 28 the Buddha's five eyes, 29 the four parts to the truth of origin or arisal, 30 the two types of non-essentiality (nairātmya), 31 the Ten powers of the Tathāgata, 32 the six abhijāās or supersensory knowledges of the Buddha, 33 the requisite pair of merit and knowledge, 34 the four reverential recollections, 35 the four right-efforts, 36 the four supernatural sensory powers, 37 the seven integral parts of enlightenment, 38 the eightfold path, 39 the four truths, 40 the four meditations, 41 the four immeasurables, 42 the four formless, 43 the absorptions, 44 the three doors of liberation, 45 the three samādhis, 46 the four dhāraṇīs, 47 the four analytical sciences, 48 threefold wisdom and knowledge, 49 the eighteen gods of the desire realms, 50 the twelve bases of consciousness, 51 the two cosmic mountain

ranges at the edge of the world,<sup>52</sup> the thirty-two marks of the great man,<sup>53</sup> the four right exertions,<sup>54</sup> etc.<sup>55</sup> This is an enourmous body of information that the well-educated Buddhist practitioner was ideally expected to have memorized. In the Tantric systems *anusmṛti* appears to include all of these preliminary doctrines, combined with the ability to recollect all the specific Tantric teachings.

I translate samādhih, the sixth of the six limbs, as 'perfected concentration' for both etymological and contextual reasons. Sam +  $\bar{a}$  +  $\sqrt{dh\bar{a}}$  as an -i derivative noun gives us the term. Sam- as a prefix refers to 'together,' ā- as a prefix refers to 'near.'  $\sqrt{dh\bar{a}}$  as a verb refers to putting or placing, so sam- $\bar{a}$ -dhih is the putting or placing together and near. This is a spatial sense of what is required in 'one-pointed' (ekāgrata) or 'perfect' concentration, the singular self-focusing of the mind, much as is done by a martial artist preparing to split a board, or an Olympic sprinter poised to explode from the starting blocks. The focus must be total, undistracted, and completely tuned to the task at hand. This is the sort of focus referred to in the samādhis accompanying the Tantric Yoga practices. Samādhi is a essential component of the sexual Yoga practices described in the fifth chapter of the Kālacakratantra (see Chapter 9.4.3-9.4.4). Without samādhi the initiate will fail in the practice of acyuta-bodhicitta, restraint of the semen, and samādhi cannot be achieved without mastering the other five divisions of the Yoga. Samādhi is unattainable without mastery of dharana, and this itself requires the earlier steps. What we find as well in Tantric samādhis is that prāņāyāma is developed into an extraordinarly sophisticated science wherein the Yogi can supposedly stop the flow of

time through his or her subtle body system. This is a complex system, and will be explained in some detail below.

The Śaivāgama shares with the Kālacakra tradition the basic doctrine of Sādangayoga, with prāṇāyāma, dhyāna, pratyāhara, dhāraṇā, tarka, and samādhi as the six limbs. 56 The only difference between the Śaiva list and the Sekoddeśa list cited above is the use of tarka (reasoning) in the former, and anusmṛti (recollection) in the latter, a slightly different emphasis. In the Parātrīśikāvivaraṇa Abhinava clarifies the emphasis placed on correct reasoning in the Trika system:

Among all the lights of the component parts of Yoga, this (i.e. tarka) has been determined in the Śrtpūrvaśāstra (i.e. Mālintvijaya) as the brilliant Sun (gabhastimān) by which one gets liberated and liberates others. This (i.e. tarka) should be understood in every way and reflected on by the clear-sighted ones (vicakṣaṇaiḥ) desirous of the supreme state (parepsubhiḥ) by abandoning for a moment the jealousy common to mortal beings. The aspirant is established in the essential nature of the Self immediately after sat-tarka (ālocana) and, therefore, the specks of cloud that cover the Sun of consciousness are dissolved automatically by the savour of delight that the aspirant experiences at this moment. 57

8.2. Tantric Time (8.2.1. Time in the Tantric Systems, 8.2.1. Time in the Tantric Systems, 8.2.2. Some Tantric Categories of Time, 8.2.3. Mapping Time in the Tantras, 8.2.4. Detailed Mapping of Time in the Subtle Body Yogas)

The first chapter of the *Kālacakratantra* contains a long and as yet untranslated section on astronomy and astrology. This is the *Jyotir-jāāna-vidhi-mahoddeśah* section, the 'Great Teaching on Procedures for Knowledge of Astronomy." (KCT

1.28-1.94, covering 44 pages in the Sarnath edition). Having taken a look at this material in the Sanskrit, I now understand why Newman did not translate this section in his dissertation on the first chapter of the Kālacakratantra, and I have not (yet) attempted to do so either. The fifth chapter of the KCT also contains a considerable amount of material on time meditations and initiations. In translating this material I have learned that Indian astronomy is a difficult subject. Among American scholars I know of only Prof. David Pingree (Brown University) and his collaborators and students have really tackled the material (and published on it), and Prof. Pingree has proven to be the only person capable of explaining to me some of the most incredibly abstruse astronomical material we find woven through the fifth chapter of the Kālacakratantra. Prof. Pingree was kind enough to spend a long afternoon with me in Providence answering my many questions on the use of astronomical terminology in the Kālacakratantra, and both he and his student (now lecturer at Brown) Kim Plofker also spent several shorter sessions with me explaining obscure technical points of classical Jyotihśāstrah. My thanks to Prof. Gary Tubb for added clarifications.

## **8.2.1.** Time in the Tantric Systems

The doctrine of mapping bodily constituents, deity iconography, breaths, drops, etc. into the Indian categories of time is by no means unique to the *Kālacakra* system. Abhinavagupta has a long chapter (Chapter 6) in his *Tantrālokah* on the relationship of time to the initiate's subtle body structure, and the required meditational practices to be undertaken in order to absorb time into the self and conquer its flow. The Kaśmīri Śaivite Tantras *Netratantra* and *Svacchandatantra* also

use these time-mapping meditations as part of the Tantric initiation rites. And as noted in Chapter 5.4.1 of this dissertation, there is also a Kālottaratantra in the Kaśmīri Śaivite system that has a chapter called Kālacakra. Chapter 5 of the Bṛhadbhūtadāmaratantram is entitled The Section on the Perfected Wheel whose Nature is Time (Kālātmaka-siddha-cakra-prabheda--see Chapter 5.4.3). Chapter 10 of the same text is called the The Section on the Six Cakras whose Nature is Time (Ṣaṭ-kālātmaka-cakra-prabheda). See Chapter 8 of the Amṛteśatantra is called Kāla-vañcanah, the illusion of Time--a notion that appears repeatedly in different Tantric texts. In fact the literal translation of what is called the kālakuṭa poison Śiva drinks at the 'churning of the cosmic ocean of milk' is either "the black poison" or "the deadly poison of time."

One of the most important aspects of both the *Trika* and *Kālacakratantra* systems is thus the doctrine of time, and the relationship of our consciousness to time. Abhinava remarks, in his *Mālinīvijayavārttika*, that the one lord, who consists of light and is beyond all thirty-seven cosmic principles, causes time to appear, creating *the appearance* of differentiation (in time). This very appearance of differentiation is known as the Śakti of time (kāla-śaktir). and by our stopping it, or blocking it, then the 'eclipse' begins. Quoting the Śrīdamaratantra, Abhinava says that time only appears to exist, having activity as its nature; it consists in the dispersal of the rays of light of one's own consciousness, and is nothing other than the non-existence of being; therefore the one who is possessed of (i.e. identified with) the *maṇḍala* whose paths have been blocked off by means of the complete blockage of (the dispersal of)

the light-beams of one's own consciousness becomes completely identified with (ekarasika, 'of one flavor with') the 'Eater of time,' (kāla-grāsa) and becomes himself a khecara (someone who can move freely in kha, space). Having thus blocked off one's own raśmi-cakra, and drinking the unexcelled nectar (of immortality), one lives happily in a present that is not broken up by the two times (i.e. the past and the future).<sup>62</sup> This same basic idea, i.e. that time is deadly and has to be somehow stopped, is found in the Kālacakratantra. In a line that could be said to epitomize the 'time-teaching' aspect of the Wheel of Time Tantra (kāla-cakra-tantra), Puṇḍarīka explains the 'confidantes of time' as follows: "These many, the thirty-six channels, carrying the prana, are the female time confidantes (kāla-dūtyah) who cause the destruction of the physical body (śarīra-kṣaya-kārinyah). Therefore, the prāna that moves in them is to be stopped up. This is the esoteric meaning."63 This line is a very simple statement of a rather complex doctrine of meditations on time cycles embedded into the subtle body that we shall discuss below. One of the intriguing aspects of this doctrine to note here is that both the Trika thinkers and the Buddhist Tantrikas appear to have had a appreciation of the 'space-time' relationship in a sense somewhat analogous (though far different in detail) to what we refer to in contemporary English when we speak of a 'space-time continuum,' i.e. the notion that space and time are two interrelated aspects. The slightly mysterious term khecara or its feminine version khecart refers to someone who can move freely through space. The doctrines of both the Trika and Kālacakra systems posit that the initiates who become free of time also become khecara/I, i.e. free of space. At a more

straightforward level this is of course common sense: it takes time to move through space, so naturally anyone no longer bound in sequential time would no longer be bound to incremental space.

In ancient India (and, I understand, to a great extent still today), doing things at the 'proper time' was absolutely vital to a successful life. India is a land and culture where religious rituals, sacrifices, festivals, marriages, funerals, Vedic initiations, war campaigns, political campaigns, the building of buildings, the openings of businesses, (and whatever other aspect of life the astrologers could think of) must be performed at the proper astronomical time under the proper astrological configurations with the proper planetary, solar, lunar, and stellar influences. For the participants in all these rites, failure to follow the 'influence of the planets,' etc. can be catastrophic, resulting in failure, disaster, disease, and even death. (A similar belief in the ruling of the heavenly bodies held sway in Greece and Rome, for many centuries in Europe, and among many people worldwide today.) The belief in this influence of the heavens rested on the assumption of an intimate inner experience of the outer, observable markers of time. As Pundarīka explains, there is a direct matching relationship between the changing of the external seasons and the inner-'seasons' of the human being. "Here, [just as] in the external world there is the season of the Sun, [marked] by the movement of the Sun, with [the passing of each] pair of months (there are six seasons in the Indian system); [likewise] in the inner or meta-self (adhyātma), there is a season of the prāņa with [each] pair of astrological signs [lagna-dvaya]. And it [the season of the prāṇa] takes place by the movement in the ten *mandalas* on the left and right, divided into creation and destruction."<sup>64</sup> This implies, as is understood in the Āyurveda doctrines, that there is a seasonal change in the *prāṇas* flowing in our bodies—giving yet another example of how the Tantras contain complementary and explicit versions of the often implicit doctrines of the Āyurveda system. In this context it should not be surprising—however confusing it may be for those of us not used to planning our lives on the basis of the complexities of Indian *Jyotiḥśāstra*, that Tantric Yoga was also conceived of and practiced within the context of a cosmos where astrological influences were vitally taken into consideration. As painful as this may be to think about, it turns out that it is impossible to understand the details of Tantric Yoga practice without learning something of Indian *Jyotiḥśāstra* (or the Tibetan version of the same).

An important point to remember for those of us used to a world of accurate digital and analogue clocks, is that in ancient India and in the rest of the ancient world there were no reliable portable time-keepers available for general use, and based on a global standard of time measurement as is the case today, with cheap and reasonably accurate clocks and watches widely available. As a result, time-keeping in India was a complicated business, partly dependent on the drips of water-clocks, and mostly dependent on the motions of the heavenly bodies. Anyone who has braved the complexities of the Indian time system quickly discovers a Pandora's box of obscure time categories mapped to what seems like every conceivable calculation the Indian mind could conjure up. The plethora of time-calculations was partly due to the political economy of the astrologer's business, and partly to the predilection of the

Indians for preserving the past. As Kim Plofker explained during a talk on Indian astronomy last year at Columbia, 65 Indian astronomy was filled with mathematical approximations and a sort of 'occult mathematics' practiced by astronomers who preferred not to explain the methods whereby they arrived at their calculations. Part of the panditva of the astronomer was to present roughly accurate approximations of required astronomical calculations without explanation, so that he retained a certain mysterious authority; mathematical approximations were often also necessary because Indian astronomers had absorbed incomplete or inaccurate equations from other countries, and had to correct for the discrepancies. So on the one hand we are dealing with an astronomical system that is partly designed to be incomprehensible so that its professional practitioners will stay in business. Then on the other hand we have a time-keeping system that absorbed doctrines from outside of India and overlayed them onto pre-existing strata without necessarily bothering to distinguish the old from the new, or what worked better from what made no sense. As David Pingree has remarked: "Astronomy shares with other scholarly disciplines in India the characteristic of being repetitive. Indian astronomers did not usually attempt innovations in theory; they wished to preserve their tradition as intact as possible.... Much of the history of this science in India, then, must be simply an account of the means by which the traditions were preserved, and a recitation of the often bizarre modifications and elaborations of the basic formulas."66 What innovation there was came from incursions of foreign theory from Mesopotamia via Iran, and from Greece; the desire to combine new theory and the desire to preserve old theory "meant that

some contradictions would always persist. Thus, internal consistency was not expected in any Indian astronomical system.... They were not motivated to examine the logical foundations of mathematical astronomy, but only to tinker with the computational superstructure." So there are numerous built-in obscurations and confusions to be dealt with when seeking to understand subject of time in the Tantras.

It should not really surprise us to find that the astronomical system underlying the Trika and the Kālacakratantra systems is by and large the same system developed and preserved in the classical Jyotihśāstrah of India in the first millennium. As Pingree has explained in his general introduction to Jyotihśāstrah, early Indian astronomy was devoted to determining the correct times of the Vedic ritual performances. Lagadha stated: "For the Vedas have come forth for the sake of sacrifice, and sacrifices are established in the orderly succession of times. Therefore, he who knows this jyautişa, the science of determining times, knows the sacrifices."68 Later the concerns of the astronomers shifted to fixing "the proper moments (muhūrta) for performing the saṃskāras and to compute the calendar (pañcānga) which indicated festivals, auspicious and inauspicious times (tithis, yogas, or karaņas), entries of the Sun into zodiacal signs (sankrāntis), eclipses (grahaņas), and the like,"69 and to tracking planetary motions for casting horoscopes. What we find in the Buddhist and Saivite Tantras is that this entire complex of Jyotihśāstrah has been absorbed, and as with other contributing streams of Tantric Yoga, somewhat transformed as part of the consistent mapping of the individual's subtle energy flows to the cosmic influences. Just as with the purification rites designed to transform the

individual's experiential perception of the physical components of the dense and subtle bodies, so too the initiation rites are designed to transform the individual's experiential perception of time and the astrological influences of the heavenly bodies. In order to conquer time, to become a time-eater or time-destroyer, and thereby become a jīvanmukta, the Tantric initiate needs to learn to become aware of these time influences, meditatively capture them, and then extinguish or transcend them. This is also the logic underlying the idea of compacting millions of lives as a bodhisattva into this life as a Tantric initiate. Millions of lives take a long time to live, and the successful practice of Tantric Yoga was apparently believed to eliminate time as normally experienced.

At the macrocosmic level the function of the heavenly influences was explained by the notion of the controlling winds, i.e. the idea that the gods and demons could control the movement of the planets and other heavenly bodies (and therefore time, since these are what time was measured by). These macrocosmic winds are described in Purāṇic cosmologies that Pingree suggests date to the early centuries of the Christian era. Pingree summarizes for us the basic cosmology found in the *Purāṇas* that is pertinent to our considerations:

In the *Purāṇas* the earth is a flat-bottomed, circular disk, in the center of which is a lofty mountain, Meru. Surrounding Meru is the circular continent Jambudvīpa, which is in turn surrounded by a ring of water known as the Salt Ocean. There follow alternating rings of land and sea until there are seven continents and seven oceans. In the southern quarter of Jambudvīpa lies India--Bhāratavarṣa. .... Above the earth's surface and parallel to its base are a series of wheels the centers of which lie on the vertical axis of Meru, at the tip of which is located the North Polestar, Dhruva. The wheels, bearing the celestial bodies, are rotated by Brahmā by means of bonds made of wind. The order of the

celestial bodies varies; the earliest seems to be Sun, Moon, nakṣatras, and Saptarṣis (Ursa Major). Some Purāṇas place the grahas (planets) between the Moon and the nakṣatras; in others, interpolated verses add Mercury, Venus, Mars, Jupiter, and Saturn (in that order) between the nakṣatras and the Saptarṣis.<sup>70</sup>

What we have here then is a macro-cosmology that locates all of the heavenly bodies on wheels controlled by winds. It does not take a great leap of imagination to see a micro-cosmic version of this encapsulated in a mapping to the inner wheels (cakras) of the body, and the winds (prāṇas) flowing through these centers. We would have to say then that the basic principle in the Trika Tantras and Kālacakra of conquering the flow of winds and thereby conquering the movement of the heavenly bodies and time is based on a fairly ancient inherited paradigm. The innovation appears to be in the idea that through the subtle body Yogas this level of control would actually become possible for the initiates. It does not appear from what I have read in the Tantras that the authors had in mind actually controlling the movements of the heavenly bodies themselves in the sense of changing the actual movement of a planet through the heavens. What they appeared to be aiming at was controlling the influence these heavenly bodies had on the individual experient, an influence described in the astrological systems. In this intellectual and cultural context, it would have been perfectly reasonable for the Yoga traditions to develop the belief that by controlling the internal winds---since these are fundamentally the same as the cosmic winds-one would eventually be able to control the cosmic winds also--at least as far as they affected the individual.

The preceding begins, then, to explain the cultural and belief-system logic

Tantra system in particular. The basic logic is this: there are macrocosmic winds controlled by the gods that flow out of a series of stacked wheels along the pole-star axis through Mt. Meru, and cause the movement of the heavenly bodies--and therefore control the flow of measurable time. Due to the holographic nature of reality (i.e. its macro-micro-cosmic mappability), each person's subtle body is an instantiation of this macrocosmic reality, with the stacked wheels of the Mt. Merupole star axis individualized as the *cakras* along the central channel axis of the subtle body. The heavenly winds that move time through the planets are also the bodily winds that move time in our bodies through the flows of our humors, bodily constituents, sensory awareness, etc. Yet time manifestly kills us, driving us through the repetitive cycles of birth, living, dying, the between state, rebirth, and so on. Whether we are born as gods, demons, animals, angels, (etc.), or humans, we are still subject to this driving and ultimately deadly force of cycling time. As Arraj has summarized from the seventh book of the *Svacchanda Tantra*,

Internal time exists because of the parallelism between the microcosm and the macrocosm. Accordingly, the text begins its discussion of internal time by enumerating the divisions of the body or the microcosm. Building on the Sāṃkhya model, the text lists the components of the body and declares that the body contains all the levels (tattvāni) of the cosmos and their deities. The most important of the body's components, however, are the various breaths and their channels in which the self and its powers are preeminently manifest, and whose manipulation, therefore, offers to the adept a way to master and supersede the temporal structure of the manifest universe. 71

In order to become liberated from time, then, the Tantric initiates have to unlock the connection points that trap them into the time-cycling experience by mastering the

flow of the internal winds. In a sense, then, pranayama is for the Tantrikas a process of seizing back one's destiny from the gods who control the winds of time, taking hold of these same winds that are the inner winds of one's own system (remember from Chapter 2.4. that the pranas or inner vayus are the inner version of the winds in the atmosphere), and stopping their flow. In this sense pranayama is not just 'breath-control'; it is also 'time-control' since the initiate is learning to control the basic counting unit of time (the four-second prana) that is also the life-breath energy coursing through his subtle body network. This prepares the initiates to crack the combination locks that are the knots in the cakras discussed in Chapter 7.4. The access to these knots while the initiates are alive as human beings is through the sexual energy—the only force powerful enough to crack the safe belonging to demon time, by pulling the vyana wind into the central channel and unravelling the knots (granthis) in the cakras, thus liberating the practitioners from time's grip. (The subject of the practice of the sexual yogas is taken up in detail in Chapter 9).

## 8.2.2. Some Tantric Categories of Time

I will not try here to explain all the intricacies of the time-mapping systems used in the Tantras, mostly because my understanding of Indian *Jyotihśāstrah* is too limited to do full justice to the subject. There are however a number of basic concepts that should be kept in mind. First is that for the ancient world the planetary bodies consisted of the Sun, Mercury, Venus, the Earth, the Moon, Mars, and Jupiter, with Rāhu or the ascendant designated as the cause of eclipses, and Ketu the descendant. As the slowest (known) planet to move through the heavens, Jupiter's 60

year cycle became the arbiter of time calculations--a cycle that appears to underlie our current time system of 60 seconds in a minute, and 60 minutes in an hour. The Kālackakra and Trika Tantric systems share this rather curious and interesting system of time calculation that, while familiar to Indian astrologers and astronomers, is not commonly known about by modern scholars--even though it apparently derives from a Babylonian system. During the course of sixty years, there are considered to be 21,600 days, since the ideal year for the Indian calendars was 360 days (60 x 360  $\pm$ 21,600). In a built-in system of macro-microcosmic mapping, it was also considered that a human being takes 21,600 breaths--consisting of an inhalation and exhalation-during the course of one 24-hour day. It turns out that a full prana (inhalation and exhalation, prāṇa + apāna) lasts four seconds. As I discussed in Chapter 2.4, this temporal unit of a four-second prāna dates back to early Chanda-śāstra, in the practices of breath control used for chanting the Vedic mantras, 72 where a prāṇa was calculated as 1/6th of a vinādī, itself 1/360th of a day. In modern time-keeping, we have 60 minute hours, and twenty-four of these make up a day (and night). Therefore each hour is 1/24th of a full day, and each minute is 1/60th of 1/24th of a day. The Indian system used the obverse of these units. In Indian time, rather than having 24 sets (hours) of sixty minutes, we have 60 sets of twenty-four minutes. These twenty-four minute sets are called ghatikās, and the Indian water clocks were therefore set to measure 1/60th of a twenty-four hour day. A ghațikā was also known as a nādī or nādīkā, the same term used for 72,000 subtle body channels that are typically referred to as nadis. I suspect there is a relationship of this classical

number of 72,000 channels to the standard system of Indian time calculations, though so far it eludes me. At first I thought that the use of the same term nādī for units of time and for the subtle body channels was coincidental, though certainly odd. Upon reading through the material in the Tantric texts on the time meditations, though, it appears that the use of the same term may have been intentional, since the flow of prāṇa through the subtle body channels is of course time-dependent. I have however not yet plumbed all the depths of this mysterious relationship between time and the subtle body.

Another important term to be aware of when reading the Tantric passages on temporal mapping is the term samdhyā. In the Vedic literature this term refers initially to the times of Sunrise and Sunset, when the initiate is to perform the agnihotra rites that mark the rebirth of the Sun in the morning, and its disappearance at night (See Chapter 2.2), reaffirming the essential identity of the ātman with its source in the Sun. Then a third samdhyā or 'junction' is added, noontime, when the Sun is directly overhead (I am not yet clear on when this first comes into play). In the Tantric systems a fourth samdhyā appears at midnight—though the midnight samdhyā may be discussed in Vedic material I have not yet read, and so not be a Tantric innovation. These four samdhyās or junctures of the day are used to mark the times of ritual activities, and form part of another division of the day into eight praharas, roughly three hour segments, so there are two praharas between each sandhyā. The prāṇas, nāḍīs or ghaṭikās, praharas, and samdhyās mark the basic components of the day-night cycle. There are of course many other time markers,

including the whole set of lunar time categories, the twelve sets of astrological signs, the twelve months, rising signs of planets, a variety of transit points marked in the heavens, and then a variety of calculated values based on combining mathematical factors derived from relative values of planetary, solar, lunar, and stellar motions.

All of the various junctures or linkage points in the time sequences are looked at in the Tantric material as points where Time--in the sense of a deadly force--is vulnerable. So we find that the seed-syllables of the *mantras* are mapped to these junctures in the Tantric meditations as part of a strategy to bring time under the conscious control of the initiate. The logic of the sonic mapping of time derives from the early beliefs in the protective power of mantras. Although the sophistication level is considerably different, there is a consistent type-hierarchy between the logic of reciting mantras (dhāranīs) and applying them to the body (mantra-nyāsa) to protect against snake-bite (as noted in Chapter 3.8), and the logic of precision mapping of 'seed-phonemes' (bija-mantras) to the juncture points of time to ward-off time's deadly 'snake-bite' (see 8.2.5. below for a discussion of phonemic mapping). With sandhyā used as the term for the morning, noon, and evening junctures of the day, with the Tantric addition of midnight, and units of bhāṣā, Sanskrit language, mapped to these junctures, we could also interpret the much debated term sandhyābhāsā as a term for the mantric language mapped to time's junctures, the *Tantric* method of using Sanskrit sound to access and control the movement of time/destiny at its vulnerable points--time's marmans so to speak. Given the tremendous prevalence of btjamantra usage in the different Tantric systems, and their great concern with time, I

would not be surprised should it turn out that this suggested interpretation of samdhyābhāṣā may in fact have been the original denotation of the term, with the idea of symbolic language—such as using the terms lotus and vajra for the vulva and penis-developing as a secondary denotation.

According to the system presented in the Kālacakra, the subtle body has an intrinsic capacity for embedding multiple cycles of time--both multiple sequential cycles and multiple meta-cycles. That is to say, the Tantric initiates can supposedly map into their awareness the Indian equivalent of milliseconds, seconds, minutes, hours, parts of the day, days and nights, fortnights, months, years, multiple years, eras, and ages, and bring these into meditative focus and mastery in what the Buddhist system calls the perfection stage or completion stage yogas. The logic of this doctrine appears to derive directly out of the Tantric understanding of the subtle body system as discussed in Chapter 7.4. Through the Tantric Yoga the initiates collapse into their living awareness the multiple temporal and a-temporal dimensions represented by life, the intermediate state, death, and what is beyond time (also represented by waking, dreaming, deep sleep, and the fourth state). Those who master this process become aware, alert, and conscious in a way that incorporates the non-temporal or eternal dimensions, thereby becoming themselves Sivas and Saktis or Buddhas and Buddha-consorts. They do this by stopping the normal flow of time through their systems.

The units of time are essentially abstract--mathematical categories or sets are used to bracket durations for time calculations. Time is the great destroyer, the

killer, in the *Trika* and *Kālacakratantra*. It is personalized as deadly female energy (the *kāla-dūtīs* mentioned above) flowing through our subtle body system. Here we can see the underlying rationale for the argument that pilgrimage trips, religious rituals, festival celebrations, etc. are for the Tantric practitioner irrelevant. Why? Because all of these ritual activities are markers in time and space, and therefore markers in a deadly unreality of perception that has to be left behind. In the *Vimalaprabhā* we have a specific directive not to engage in the "outer" or normal forms of exoteric worship and prayer: "In this regard, wherever *prāṇa* causes governance (*adhikāra*) there, understanding the single word of the forty-eight worded [*mantra*] of the lord, together with the name of the feminine leader of the *maṇḍala*, one should recite with the *prāṇa*-flow, not with the string of *akṣa* beads." (The use of the *akṣa-māla* is widespread among other *Yoga* sects.) See also Chapter 10.6. for a discussion of the *mantra-nyāsa* practice in the *Kālacakratantra*, where the systematic absorption of the energies of the pilgrimage sites into the initiates' bodies is said to replace the need to actually go to those locations.

### 8.2.3. The Unreality of Time

It would be logically more difficult to sustain a doctrine that identifies an ultimately problematic element—i.e. deadly time—and then posits that element was somehow ultimately real, since an ultimately real all-pervading entity would presumably be inescapable. So it is quite reasonable that we find in the Tantras a doctrine of the unreality of time. One of the aspects not made explicit in the Tantric discussions of the roles of the fires in the subtle-body Yogas is that in order to

conquer time, in order to become a kāla-grahaka, one who eats up time, the initiate would have to internalize and identify with 'the Fire of Time', the kālāgni. Only by 'becoming' the fire that destroys time could one master the otherwise insidious and deadly flow of this illusory energy through our system. At one point in the Mālinīvijayottaratantra the text describes the jīvah, the living soul, as "situated inside the prāṇa-cavity, with a brightness equal to the fire of time" (jīvah prāṇa-puṭa-antasthah kāla-anala-sama-dyutih). In an amazingly bold turn of reasoning given the Indian context of a near-slavish acceptance of the powers of astrology, the Tantric tradition simply posited that time itself is ultimately unreal, part of the great illusion.

As mentioned above, the sixth chapter of Abhinavagupta's *Tantrālokaḥ* concerns time. What follows is an English translation of the first ten verses of this chapter, compared with an English translation of some material from the *Sekoddeśa* and the *Kālacakra*--we find a remarkably similar doctrines in these Śaivite and Buddhist systems about the non-reality of time:

Now is discussed the clear external method known by the name *sthāna-prakalpa* (formation of supports). It is said there are three types of supports--in the *prāṇas*, in the body, and externally. The breaths are fivefold, [the supports] in the body are twofold, external and internal. The external [supports] are elevenfold, as the *maṇḍala*, the sacrificial altar site (*sthaṇḍila*) the sacrificial vessel or recipient (*pātra*), rosary (*akṣasūtra*), book (*pustaka*, *liṅga*, skull (*tūra*), cloth (*paṭa*), [plaster, clay, metal etc.] figure (*pusta*), image (*pratimā*), and divine effigy (*mūrti*), and there are many more in addition. Here the procedures are only given for what rests on the *prāṇas*. This entire path is sixfold, and is extremely diffuse; yet it is said that this is completely located in one place, i.e. in the *prāṇa*. Access to the path occurs either sequentially or non-sequentially; because sequence and non-sequence are distinguished as either varied or single in the domain of existence. <sup>76</sup>

So the focus of the chapter is on the relationship of time to the pranas. Because of

the connection of the *prāṇas* to the cosmos, through holographic instantiation the cosmos is also located in the body's *prāṇas*. *Prāṇa* functionality is either sequential and varied, or non-sequential and singular. The basic argument that follows is that the perception of cause-effect relationships requires sequence—and is therefore varied, whereas there is also instantaneous perception such as the knowledge one gains in the moment of looking at a picture, etc., that is in effect non-sequential—and this is a singular type of perception, not dispersed or divided. It is worth noting here that although *Kālī* as the name of the goddess frequently is translated as 'the black one,' in the following passage from Abhinavagupta's *Tantrālokaḥ* she is evidently the feminine personification of Time. This is in keeping with the doctrines of the *Kālīkrama* school that were absorbed into the *Trika-darśana* (see Chapter 5.2.2), and helps explain why Kālī is usually depicted artistically as a destroying or terrifying goddess, since time is the great destroyer.

Time also has a sequential and non-sequential nature, and exists entirely in consciousness. Kālī is said to be the name of the supreme Śakti of god. She is in fact external to consciousness, making manifest the sequence and non-sequence that she envelopes within herself, remaining in their manifestation as the activity of prāṇa. What is purified pure consciousness has as its ultimate reality light; separating what consists of that (i.e. consciousness that is light) from the self, the sky (i.e. the visible universe) appears differentiated. And that [sky] is what is said to be the void-form state of consciousness (tad eva śūnya-rūpatavam saṃvidah parigīyate); the highest state of the yogins is [achieved] by the discrimination 'not this, not that.'77

Here we have an intriguing macro-mapping of basic states of consciousness, again sticking to the ancient Vedic paradigm of the three worlds. The conscious individual is on earth; up in heaven, i.e. the Sun, is the purified pure consciousness that is

light; separating these two is the sky, and the sky is the void. Time, though experienced internally as a perception by the unenlightened, is in fact external to [male?] consciousness, coming from the supreme feminine. Jayaratha glosses 'the void-form state' (sūnya-rūpatvam) of consciousness as the state of being the perceiver of the void [sūnya-pramātrtvam], and explains that this voidness is because of the complete destruction of the universe of knowable things; however, he says, this voidness does not apply to consciousness itself. He glosses 'the highest state' [parā dasā] as sūnya-atisūnya-rūpā, i.e. the form that is completely empty of the void. To clarify this gloss, he quotes an unsourced verse: 'having reached the state of voidness, one is afterwards free of sensation; this is nirvāṇa, and has as its secondary name the path of darkness.' Jayaratha introduces the next verse by saying that the yogi who perceives the void becomes indifferent to it, and focuses instead on the perception of the prāṇa.<sup>78</sup>

What is interesting here is the congruence of the idea that the yogi transcends the perception of time: this is a very basic and important doctrine to understand for both the *Trika* Kaśmīr Śaivite Tantric Yoga and the *Anuttara* Buddhist Tantric Yoga as we find in the *Kāiacakra* system. Both systems posit the essential unreality of time, saying that it is in effect an illusory subsystem of human consciousness.

Compare Abhinava's explanation of the Trika doctrine about time with the doctrine enunciated in the *Sekoddeśa*--(SD 29:) "Just as a young virgin might see in a mirror a divinatory image that is not produced from a real object, likewise the *yogi* also sees the properties of the past and the future in the sky. (SD 30:) That is neither existent

nor non-existent, since one sees that the object is void of reality; and since there is no real existing thing, the object is like an illusion, dream, or Indra's net."<sup>79</sup> A passage from Pundarīka's commentary on the Kālacakratantra elaborates the ideas in this view for us:

Because in the divinatory (pratisenā) mirror [87.30] there is seeing the image of the non-frozen [properties] without the frozen (or insensate) properties (jaḍa-dharmair vinā). Just as the young woman, as the mantra-goddess in the divinatory (pratisenā) mirror, by the strength of [her] authority (adhiṣṭhāna-balena) sees the non-frozen image of the properties that are reproduced in the past and the future, and those past, present, and future [88.1] non-frozen properties are facing into the mirror, and those that are without the frozen properties lack the appearance of the non-frozen properties in the mirror, and those properties are not thought of by the young woman. In this [same] way, the yogī, by the power of the authority of his own thinking, sees the non-paralyzed appearance in the space constituent without the frozen triple world [jaḍa-traidhātukam].

The Kālacakra and Trika systems both refer to jada or jadarvam as the characteristic quality of the unelightened nature of matter, and dense-matter-dominated consciousness. Jada is used generally in Sanskrit to refer to what is cold, chilly or frozen, dull, paralyzed or numb, dull, stupid, or senseless. What is intriguing in both doctrines, with their emphasis of the light-aspect of consciousness, and their emphasis on the internal cosmic fires and melting drops, is how relevant the "frozen" denotation of the term jada becomes. Woven into the above passage's complicated syntax is the idea that a young virgin, who is traditionally believed to be able to prognosticate by looking into a mirror, sees images of the past and future that by definition do not really exist. Past events no longer exist, and future events do not yet exist. Nonetheless she sees these prognostic images, and can accurately predict

what will happen, because in her prognostic perception she has shifted out of the normal sequentially linear continuum of time. Most aspects of material reality are, in this doctrine, frozen or insensate, un-en-lightened, unmelted by the radiating beams of divine consciousness that are pure light (and heat). In her ability to perceive past and future events in the divinatory mirror, the young virgin is by definition looking at a version of these insensate properties that is not insensate—otherwise she would not be able to see them. This is a magical ability that Tantric initiates can also partake of, and will partake of when they 'wake up.' In so doing the initiates gain a new type of vision, an ability to use the divine light of consciousness to 'see into' normally hidden (or frozen) dimensions of reality. We have here a remarkably consistent doctrine-from a system-logic viewpoint--from the Vedic times into both the Saivite and Buddhist Tantric systems. In the earlier Vedic tradition we have an elaborate placing of man in the cosmic solar/divine web of life energy, and an emphasis on the idea that man's true and potential identity is solar--the Sun being the original womb of the soul, and the home man returns to at death; and the Soma plant encapsulating that solar fiery power and potentially bringing man into the divine state while alive. Here in the Trika and Kālacakra shared logic, the initiate is striving to achieve a conscious awareness of this eternal state while alive. Rather than being killed by time, or remaining controlled by its cycles, the Tantric initiates seek to shift to the consciousness frequency whereby they kill or consume time itself, and so are no longer subject to its destructive forces. This is how, from the Buddhist perspective, it become possible for the bodhisattvas to 'pack in' multiple eons of lifetimes of

evolution into this one--they shift out of the time-cycling function and gain the freedom to compress cosmic repetitions of their own evolutionary paths into the present. This also is--within the logic of the systems--an achievement of the Soma drinker's ideal, without the external Soma plant; one can potentially become god-like, while alive.

# 8.2.4. Detailed Mapping of Time in the Subtle Body Yogas

There are several passages in the fifth chapter of the *Kālacakra* where detailed meditations are prescribed for the initiate that are designed to map systemic components into the categories of time, and to map the components of time into the initiate's body. Puṇḍarīka gives us an explanation of the basic *Kālacakra* doctrine about the absorption of time into the initiate's *bodhicitta*:

The first attainment of a stage is with the eighteen hundred [moments] attained that are characterized by non-ejaculation. By this number, ending with the twelfth stage, 81 one attains the twelve stages by the twenty-one thousand six hundred indestructible drops, up until the end of the twelve limbs. From the cessation of the twelve transits, there is [94.5] cessation of the twelve astrological signs; from the cessation of the twelve months, there is cessation of the three hundred and sixty days. 82 From cessation of the three hundred and sixty days, there is cessation of the twenty-one thousand six hundred ghațikās (because there are 21,600 units of 24 minutes each in an idealized 360 day year). In this [same] way, just as it is externally, there is [also] in the body the cessation of the breaths of the sixty ghatikās (i.e. the 60 sets of 24 minutes in a day and night);83 through the cessation of the breaths, there is cessation of the body, by the indestructible moments of the bodhicitta. Just as mercury (sūtaka) is oxidized, having consumed the iron and gems, [and] grasping their great passion (mahārāga), it remains, not as an insensate constituent. With that great passion it creates contact in these metals, [and] those [94.10] metals become white;84 small stones become gems. Likewise, the *bodhicitta* that has come into existence, having consumed the aggregates, constituents, and consciousness bases together with the breaths, grasping their great passion, it remains, and it is not insensate. By that passion, through the influence of merit, in those sentient beings in whom it creates authority, in them it becomes a superknowledge, not completely perfected Buddha-hood.85

So here we find the expression of the idea that time is 'mappable' into the structure of the subtle body, and that by mastering the flows of energy in the subtle body one can 'conquer' time. The Saivite Svacchanda Tantra also enumerates the pervasion of the body by the network of channels, the ten main channels and breaths, the three principal channels among these, and the mapping of the discrete components of time to the particular breaths. (In keeping with the basic Vedic paradigm, and the later Yogic adoption of the same, the text identifies the hamsah with Siva, the Sun, and the Self.) The motions of the various heavenly bodies are mapped to the movements of the prānas; in particular, as the time of day moves through the eight three-hour watches (praharas) that make up a twenty-four hour cycle (the so called 'nychthemeron' in technical English), the inner prāņa is said to move in sections up through the cakras to the dvādaśānta locale, a point twelve angulas or finger breadths above the crown of the head, and out from the heart and the back. These basic daybreath mappings are then extended into mappings to brightening and darkening fortnights, months, new and full Moons, eclipses, equinoxes, the year, procession through zodiacal signs, the progression of the Sun north and south of the solar ecliptic, a cycle of twelve years, and finally the Jovian cycle of 60 years--all also common to the Kālacakra system, and to Abhinavagupta's discussion of the Time principle/plane (kālatattva) in the Tantrāloka.86 These considerations lead among other things to a discussion of prognostications, particularly of the adept's own death, followed immediately by a meditation to conquer death, with a visualization of Svacchanda as Lord of Time, identical with the hamsa.87 Again we see in this Yogic

process an instance of the basic, common, widely shared Tantric Yoga technology used by the Buddhists and the Śaivites (and undoubtedly other groups in India). The systems shared a mapping paradigm that conceived of the macrocosm as mappable into, and hence controllable by the microcosmic individual—an elaborate form of magic really. Since, up to a considerable level of specificity, the doctrinal groups shared basic conceptions of the macrocosm and microcosm—with the same units of time, the same basic physiological parameters, the same number of breaths and internal channels, the same number of phonemes in the Sanskrit alphabet, and so on, it would make sense that their macro-microcosmic *mapping systems* functioned—to a large degree—according to the same principles.

#### 8.3. Phonemic Mapping in the Tantras

In contemporary computer programming, one approach is known as Object Oriented Programming, whereby programmers create moveable packets of code that are referred to as Objects. These Objects can be interchangeably assembled to create complete programs, much as one builds a car from several parts, and many of these parts can be used in different models. We can use this principle of condensed objects as an analogy for understanding the use in the Tantric systems of the packets of sound energy known as *bljamantras*. There are a large number of sets of these short syllables of Sanskrit, and they are employed for multiple different uses. Compacted into these seed phonemes are sets of information, with the phonemes functioning both as mnemonic devices, and believed to be actual encapsulations of sets of real phenomena. Two of the most important uses for *bljamantras* are for reprogramming

the time machine, and for protecting and purifying the initiates so they can safely and effectively practice the subtle body Yogas.

In Chapter 3 of the Mālinīvijayottaratantra, on mastering the extraction of the mantras (mantroddhāra) we have an intriguing explanation of how it can be that one could control the elements of the universe with the seed-phonemes. The vācakās, i.e. the denoters, sound-syllables, are divided two-fold, nine-fold, and fifty-fold. The two-fold division is into bījas and yonis, i.e. seeds and wombs, or Śiva and Śakti, otherwise known as vowels and consonants--an interesting sexualization of sound. The nine-fold division is into the eight classes of consonants and ksa. The fifty are the fifty phonemes that constitute the mālā or garland that gives the Tantra its name.88 These fifty are considered fifty flaming rays of Sunlight (śatārdha-kiraṇa-ujjvalā)-another instance of the sound = light equation we find so frequently in Sanskrit, embedded in the Vedic paradox that the verses of the Śruti are sound-mantras that were seen by the Rsis. At one point the Mālinīvijaya describes the bīja-mantras uttered by the vogi as a pearl-necklace of radiating, effulgent stars-the stars being the phonemes: "One should meditate [on the garland of phonemes while] uttering [it] with one's very own mouth, [the bijas] having the form of a pearl-necklace of taras (stars), flashing, effulgent with rays."89 Recall from Chapter 2.4.3. that the Vedic literature already contains the basic doctrine that human breaths are forms of the Solar fires coming to earth through the winds. And in order to enunciate a mantra one must breathe, and to recite it silently one must use the prāņa or vāyu of the citta. Here the syllables themselves are also said to be the rays of Sunlight, the kiranas.

We also examined passages from the *Upanişads* in Chapter 7.2.3. that described how the solar rays slip into the channels of the subtle body, and vice versa. So the doctrine is essentially consistent in its type-identity logic over thousands of years and considerable transformation in form and structure. The point in the Vedas is to use the mantras appropriately in the prescribed manner to carry out the external rituals. In the Tantras, the system is to a great extent internalized; even what is layed out in the mandala is then destroyed as the initiate moves on to the sexual Yogas. In both systems however the main point seems to be to learn to control the incoming cosmic fires through disciplined use of the breaths and sound-packets known as mantras. Just as in modern electronic technologies the amount of current flowing through a particular technological device has to be precisely regulated to produce the electronic image, or sound, or the user risks 'burning out' the circuitry, so too in the Tantric practice the circuits must be cleared (i.e. purified) and the use of the mantras and breaths strictly controlled in order to engender the divine nectar, and 'light-up' the circuitry of the subtle body, or else the initiate risks burning out his or her own circuits, and the texts warn of possible death.

### 8.3.1. Phonemic Remapping of Time

It is it difficult to follow the linguistic logic of all the intricacies of phonemic mapping in the Tantric Yoga mediational practices outlined in the fifth chapter of the Kālacakra. The problem with the comprehensibility of this system is that it bears not a small similarity to the mathematical principles used in computer languages. The built in complexity of Tantric mantra-śāstra represents the continuation of an ancient

Indian tradition. As Staal remarked on the use of mantras in the Soma rites, "The Soma sequences exhibit mind-boggling complexities that relate almost entirely to the form of the chants and recitations...."90 In the Tantras, sets of variables are given, and then, under certain circumstances of time, these variables map to particular aspects of the external and internal time sequences. Using the consistent type-identity principles that run through the Indian systems, these mapped timing variables are then type-hierarchically remapped to the flows in the subtle body. Yet the subtle body is not a static system, and the planets, nakşatras, and zodiacal signs are also not static from the perspective of the earth-based observer. The result is that we end up with a constantly moving, constantly shifting relationship between the flows of the rasa and bodhicitta through the channels and cakras, timed to match the motions of the heavens. In the Trika and Kālacakra systems, we live in a giant 'time machine,' (one of the terms we can use to translate  $k\bar{a}la$ -cakra is 'time-machine'91). As Mars moves through Sagittarius, or Jupiter transits Capricorn, or the Moon enters a new nakşatra, simultaneously prāņa wind-energies flow through nādīs (channels) in the body, all timed by prana and nadi units of time. In a sense we are, from the Tantric perspective, living in normal or ordinary consciousness to a certain degree as marionettes, with the most intimate functions of our bio-psyches linked to the motions of the heavenly bodies under the control of time. To gain control over this situation, instead of being controlled by it, the Tantric practitioners must gain adhisthana or adhisthatrivam, that state of mastery or governance or authority over the functional processes of time that govern our lives. As part of the method for focusing the

conscious awareness on the moving target of the flowing macro-microcosmic winds that are controlling us, the initiates use the sets of mapping variables known as the btja mantras.

As discussed in Chapter 2.4, the human use of Sanskrit mantras is the human version of wielding Indra's vajra, the powerful lightning bolt that can destroy enemies, free the waters, etc. In the time-machine usage of the mantras, those transformed versions of the cosmic life-giving light and heat (fire) radiating from the Sun, the initiates zap the junctions of time with this blazing sound-fire, permitting the initiates to stop the time flows. The code of bijamantras used for this reprogramming of the time machine appears to be unique to each text. I have not been able to determine (yet) whether there is a consistent syntactical logic to the bijamantra coding schemas. The logic of the linguistic codes, i.e. why it is that a particular  $b\bar{i}ja$  is chosen to be mapped to a particular planet, saṃdhyā, nāḍī, cakra, pañcamahābhūta, etc. so far escapes me. They appear to simply be the logical permutations of various possible combinations of Sanskrit phonemes, based largely--though not entirely--on the structure of the alphabet (except for the case of the Dakārņavatantra's bījamantra mapping of the abbreviations for the names of pilgrimage sites, noted in Chapter 4.6.1). As in the case of modern computer coding, however, it may be that I simply need to learn the generative grammars for these phonemic sets. The following passage from the Vimalaprabhā is not necessarily that easy to follow, yet it gives a very good sense of the types of complex, elaborate, and esoteric mapping meditations undertaken in the perfection stage Yogas of the Anuttarayogatantra systems. All of

the directions are mapped from the external cosmic mandalas into the petals or spokes of the internal cakras (also called mandalas—both terms refer to 'wheels'). We find the twelve zodiacal signs are mapped, as are the times of transiting into these signs. This is where Tantric relevance of the functional time-keeping of Indian astronomy/astrology becomes evident. The entire sequence is performed as a meditation prior to the subtle-body Yoga practices.

With the longs, with the five vowels, l,  $\bar{u}$ ,  $\bar{r}$ , l,  $\bar{a}$ . And with the shorts, a, i, r, u, l, separated by these, of the six consonant classes of sa, ta, pa, ta, ca, ka, the void etc. syliables of the earth etc. are the longs in the wind etc. spokes. Here, in the knowledge cakra, there is the omnipresent presiding deity; for him, sl is in the northwestern/wind spoke,  $hp\bar{u}$  is in the northeastern/lord [spoke], sr in the southwestern/death [spoke],  $\delta l$  in the southeastern one,  $h.k\bar{a}$  in the nadir. In between the cakras of the northwest and northern cremation grounds, these five dakinis are the leaders of the five mandalas [17.5] at the transit into Scorpio, since they bring life-breath to all intelligent beings, 92 i.e. by means of contraction in the right nostril. Then at the transit into Sagittarius, on top, hka is in between the northwestern and western cremation ground cakra; in the eastern spoke of the knowledge cakra is si, in the south is si, in the north is hpu, in the west is sl; the current of the left channel is in the transit into Sagittarius. Then in the earth cakra the dental class is the presiding deity. For that [deity],  $t\bar{l}$  is in the northwest, thu is in the northeast,  $d\bar{r}$ is in the northwest,  $dh\bar{t}$  is in the southeast,  $n\bar{a}$  is in the nadir, in the northwest door, in the middle of the cremation ground cakra, i.e. at the transit into Virgo. Likewise in Libra, in the zenith, na, in the western door, dhi, [17.10] in the east  $d\bar{t}$ , in the south  $d\bar{t}$ , thu in the north, thl in the west. Then in the water constituent element cakra, the pa class is the presiding deity. On its northwestern spoke is  $p_{\ell}$ ,  $ph\bar{u}$  is in the northeast,  $b\bar{r}$  is in the southwest,  $bh\bar{\iota}$  is in the southeast,  $m\bar{a}$  is in the nadir, in the northeast door. In the same way there are the presiding deities in the transit into Cancer. Likewise in the Leo transit, ma is in space; in the northern door on the eastern spoke is bhi, in the south is br, in the north, phu, and in the west pl. Then in the fire cakra, the ta class is the presiding deity. On its northwestern spoke is tl,  $th\bar{u}$  is in the northeast, dr in the southwest, dho in the southeast, below  $n\bar{a}$ , in the southwest door--thus it is in the Taurus transit. Then in Gemini, na is in the zenith, in the southern door cremation ground, on the eastern

spoke [17.15] dhi, on the southern dr, on the northern thu, on the western tl. Then in the wind cakra, the ca class is the presiding deity. For that, cl is on the northwest spoke, on the northeast spoke  $ch\bar{u}$ , on the southwest jr on the southeast  $jh\bar{l}$ , in the nadir  $\hbar\bar{a}$ , in the southeast door, in the Pisces transit. Then in the Taurus transit, in the zenith  $\tilde{n}a$ , in the eastern door cremation ground cakra, on the eastern spoke, jhi, on the southern, ir, on the northern chu, on the western cl. Then in the space-constituent element cakra the ka class is the presiding deity. On its northwestern spoke, kl, in the northeastern  $kh\bar{u}$ , in the southwestern gr, in the southeastern ghl, below nā; in between the southeastern and southern door, on top of the cremation ground cakra, [17.20] i.e. in the Capricorn transit. Then, in the Aquarius transit, in the zenith, na, in between southeastern and eastern door, on the eastern spoke, ghi, on the southern spoke gr, on the northern spoke khu, on the western spoke kl. In the door, in the space between the doors, residing in the surface of the sky, joined with ha and ksa, going everywhere. Here, the twelve short and long phonemes of the six classes of consonants, that are the conveyors of the void mandala, are hkā, hka, nā, na, mā, ma, ṇā, ṇa, ñā, ña, na, for the goddesses of the twelve cremation grounds. The others, through the division of the four sandhyās, are the four syllables at the end of each set of three transits, ha, hā, ksa, ksā, in the four-north, northeast, south, southwest-cremation grounds. [17.25] In this way, in the sixteen cremation grounds, there are the sixteen goddesses, in the six cakras, on the forty-eight womb lotus petals, there are the eight goddesses. The seeds [syllables] of these are a on the eastern petal, ah on the southern petal, am on the northern petal,  $\bar{a}$  on the western petal, ha on the southeastern petal, hah on the southwestern petal, ham on the northeastern petal, hā on the northwestern petal. On the eight petals on the inside of the inside of them, there are the eight skulls. In the middle, the lightning sky-goer time cakra, Heruka, the lord, the leader, hūm, phram, and at the end of the seed [syllable] of the male and female sky goers, a lightning bolt: together with that the sl-lightning bolt, the hpūlightning bolt, etc., [17.30] ending with the  $k\bar{l}$  lightning bolt. The male sky goers of these, through the division of states [bhāvabhedena] are the forty eight, the si-lightning bolt, and sr-lightning bolt. [18.1] Where the seed [syllable] of the female sky goer is long, then the seed [syllable] of the male sky goer is short; where [hers] is short, then [his] is long. The s1-lightning bolt and the si-lightning bolt, wisdom and method. [Similarly] the hpū-lightning bolt, and sr-lightning bolt. So it is to be expressed everywhere. So one should sacrifice in the mandala the twice multiplied enclosing of the net of female sky goers-this is the rule.

What we really have here, and there are many other versions of the same idea in the Tantras, is the use of phonemes, bhāṣā-elements, to 'plug the holes' in the universe. Mantras were long used in the Sanskrit tradition as protective devices, in charms against disease, snakebite, misfortune, the elements, and so forth. What appears to have developed into a rather complex system in the Tantras is the use of phonemes to map into the gaps, the sandhyās throughout the universe. Hence we find the phonemes mapped to all of the time-gaps that can be imagined, from the most minute to the most cosmic. I refer the readers to the first 30 pages of the Sanskrit translated in Chapter 11 of this dissertation for further examples of the complexities of the Kālacakra phonemic time maps.

# 8.3.2. Phonemic Protection and Purification

Another major role of the seed-mantras in Tantric practice is the mapping or application (nyāsa) of these sound packets to the initiates' bodies both by the gurus in the rituals, and by the initiates themselves in their meditations. We find phonemes mapped to the adhvans or paths of cosmic elements in the body in the Trika Śaivite Tantric system (the path of the tattvas (one may use 36, 18, 9, 5, 3, or one tattva), the path of kalā, pada, varṇa, mantra, or the bhuvanas together constitute the sadadhvan common to all the Śaivite schools<sup>93</sup>). The same basic idea is at work hereusing the mapped network or web of sacred sound, the Sanskrit language—to protect, purify, and transform the individual. It is almost as though the initiates put on suits of clothes, sets of armor, and honored uniforms woven of phonemes. The same fabric of sound is also stitched to the external cosmos through this process. In the

Tantra systems, at macro- and micro- type-hierarchically identified levels, the bijamantras, the 'sound molecules' or 'sound seeds' to carry the currents of divine energy and thereby connect the initiate into the cosmic net of divine electricity. In order to be able to practice the Tantric subtle body Yogas, in order for the individual initiate to be able to hardle the higher voltage of the divinely powered sexual electricity coursing through the dense and subtle bodies, he or she needs to have, as it were, extra layers of insulation added to the electrical circuitry of the subtle body channels and major switching points called cakras. Since these channels are 'exposed' to the elements, they can otherwise easily short circuit--resulting in ejaculation during orgasm, the falling of one's consciousness cut of the proper samādhi, and the losing of one's way in the baser animal instincts that are part of our nature, our pasutoum as the Saivites term it. This is why mantra-nyāsa is such an important preliminary part of the Buddhist and Saivite Tantric initiation rites. One is not permitted to enter the sacred spaces without the protective magical coat of the manera tāla, the net of sound. Gno!i has made an interesting point in this regard when he speaks of the I as vocalization being the supreme mantra, the power of the mantra. Mantra, he says, is the aspect of language closest to consciousness, separated from ordinary language by the shield of convention, expressing a state of consciousness free of the logical categories of thinking. 44 In this sense one might see the magical coat of bijamantras as a shield of pure sacred sound, a force field in and around the initiate's body protecting him or her from all baleful influences. functioning in effect as safety gear for entering the nuclear fusion reactor of subtle

body Yoga.

What is important to recognize is that in their sound components the sacred mantras are conceived of as embodying, carrying, and transmitting the psycho-electric energy of Bhairava's feminine energy, Śakti. Seeds after all carry the compacted information sets that encode the fully grown plant, or the fully grown human being. It is this encapsulated electric fire through sound that activates the divine body of the initiate in progressively more subtle levels. In this sense it wakes up, melts, or defrosts the jada—the insensate, frozen, pre-initiatic psycho-physical being known as the paśu—essentially a term for a 'dumb beast.' As Arraj notes, earlier versions of the basic sound-activation initiatory schemes conceived of the five faces of Śiva as identified with the five elements (pañcamahābhūtā), so that in the five-plane schema in the Svacchandatantra the varṇas of the mantra 'turn on' these five basic elements of human and cosmic physiology. As he says, this five-faces/five-elements identification was based on an earlier notion of the eightfold form of Śiva (astamūrtiħ) whereby Śiva was identified with the Sun, the Moon, the sacrificer, and the five elements.<sup>95</sup>

The *Trika* sequence of the word initiation (pada-dīkṣā), phoneme initiation (varṇa-dīkṣā), mantra initiation (mantra-dīkṣā) and cosmic-realm initiation (bhuvana-dīkṣā) share the same basic paradigm of purification of various aspects of reality that we find in the Buddhist Tantras. Just for the purposes of comparison, I include here a passage from the Mālinīvijaya that describes a set of phonemic mappings quite similar to the passage cited above from the Kālacakratantra:

So then, now I will tell you the supreme secret, producing sudden attainment in the perfection of Yoga for the yogis. Bound together (fastened) by prior application [of the mantras], one should direct the mind into the ear that is either without wind, or with very little wind, free from external sound. Then this yogi hears in there the uncovered sound, over and over, of the very pure struck gong (kāmsya). 96 Hearing this, O Great Goddess, one is freed from virtues and sins; concentrating on that, after six months [one becomes] the most knowledgeable about Yoga. One knows clearly the song of even a flock of birds, effortlessly; the knowledge of hearing at a distance arises from this after a year. And after three years one attains the fruit of all desires, what's the surprise? It is achieved easily. Or when the Moon is eclipsing the Sun, equipped by prior application [of mantras], sitting behind a bit of a wall, 97 one should perceive the shadow of the ātman, above the head, unstruck, coming out like a column of smoke, with the inner-atman in it (i.e. in the 'column of smoke'). To whatever extent the one who is disciplined in Yoga achieves that state, to that extent The Great Condition arises in him. Then one sees there the great flame, like beams of light flashing, and exactly when it is seen, the destruction of all one's sins will take place. After a month it slowly diffuses everywhere in the practitioner; one perceives all the directions as filled with garlands of flame. The yogi practicing for six months attains omniscience; gaining a divine body in a year, Siva-like, he rejoices for a long time. Then the classes [i.e. the bija-mantras], perpetually in their asanas as before, will pronounce hrīm, kṣlām, kşvīm, vam, and likewise kşam of the set of five, in sequence, And ham, yam, ram, lam, and likewise vam of the other set of five, likewise ram, ram, lam, lam, om, aum, hah, am up to the area of the pericarp of the lotus. In the lotuses the ones ending in bha, ham, ham, him, and hīm, likewise hum, and on the petals hūm, hem, and haim, and thus the saktis with their own names. In the mandala triad one should arrange the subtle remainder of the departed spirit, that is well known as the jra utterance of the horns of the trident. One should prescribe [them] therefore for all the unspoken Yogas. The classes are Namah, svāhā likewise, vausati, hum, vasat, and phat. One should recite the unbroken garland in all the expiations, [a garland that is] either divided or undivided, overcoming strength and weakness. Through simultaneous recitation, as long as one has undertaken the three-fold mark, my dear, through restraint of the whirlpools of the prana, then the most supreme is somewhere.98

What we have here are a number of Vedic mantras reconfigured to serve the purposes of the Śaivite Tantric practices. Svāhā is the exclamation used in making oblations to

the gods Agni, Indra, etc. *Vauşaț* is an exclamation or formula used on offering an oblation to the gods or deceased ancestors with fire. *Vaşaţ* is an exclamation uttered by the Hotr priest at the end of the sacrificial verse; when the Adhvaryu priest hears this, he casts the oblation offered to the deity into the fire. *Phaţ* is the sound of 'crack,' onomatopoeic. *Hum* is used in Vedic chanting immediately before singing the *prastāva* or prelude, and during the chanting of the *pratihāra* or response. <sup>99</sup>

### 8.4. Introduction to the *Trika* System

I have outlined above some of the basic assumptions shared by the *Trika* and *Kālacakratantra* systems as regards time and the use of *bījamantras* for re-encoding time and the functional structure of the initiates. To understand how these assumptions operate in the practice of Tantric Yoga, I would now like to introduce the two systems separately. For the *Trika* system, I have largely drawn material from my complete translation (including both the chapters Gnoli translated into Italian and the previously untranslated chapters) of the *Mālinīvijayottaratantra*, and from material I have retranslated from Abhinavagupta's *Tantrālokaḥ* verses along with first-time translations of portions of Jayaratha's commentary. I have supplemented this material with portions of Jaideva Singh's translation of Abhinavagupta's *Parātriṃśikavivaraṇa*, and a few other secondary sources. In section 8.5 below, I also use material from Arraj's and Brunner's works on the *Svacchandatantra* and *Netratantra*, respectively. For the *Kālacakratantra*, my information on the initiation processes is a bit more limited since the initiations of the system are largely discussed in Chapters 3 and 4 of the text, the two (long) chapters currently without published

system, though these are almost exclusively based on the Tibetan commentarial tradition. To partially supplement this material I have translated a small portion of the Sekoddeśa, a surviving portion of the original Root Kālacakratantra on initiation. Unfortunately I have not had time to read the Sanskrit of the Sekoddeśa completely, nor the Sekoddeśatīkā, both texts directly concerned with Kālacakra initiation rites.

The Trika system posits the purified initiate as an energy being who is at once identical with the cosmic Śiva/Śakti orgasmic creative dyad, and also somehow still individual. It says that this energy-being is not experienced as the normal paśu-type (i.e. animalistic) whose unenlightened consciousness experiences a paralyzed, frigid dullness (jadatvam) in the body, the breath, the thinking, etc. To become liberated from this insensate stupidity, we must rather learn to see our own consciousness like a reflection in a mirror, and realize that the seeing-self is identical with the solar and stellar fires that power the universe. To put this another way, we could say that in the Trika system, the current pattern we are operating in as a species is guided by the frozen habit patterns of nature (paśutvam), that however idealized they might be by some in their 'naturalness' lead inevitably to suffering and death, because of being so frozen. So we have to change the energy pattern that is in a governing (adhisthātr/adhikārin) position in the system. Then it will become possible, or that would be integral to, actualize the jtvanmukta notion, the ideal of 'liberation while alive.'

The vibrational character of the true I-consciousness in the Trika system is

likened to the vibrating belly of a fish (*matsyodara*) that throbs inwardly without external movement. As Abhinava characterizes it, "the activity of the I-consciousness is successionless, because of the absence of the relativity of space and time which are characterized by objectivity (in manifestation) and absence of objectivity (in withdrawal), which is full of the delight of its own consciousness, well known in the *Matsyodari* and *Mata Śāstra*." This 'vibrating fish belly' image may in fact explain the origin of the name of the elusive *Mahāsiddha* claimed as a leading teacher in the Buddhist, Śaivite, Alchemical, and Nātha Yoga traditions, *Matsyendranātha*. His name, literally 'lord of the fish,' may have referred to someone who had mastered a related version of this Śaivite doctrine under some sort of esoteric or folk-name such as 'fish-belly' Yoga, now lost in the gloom of 10th century Indian religious history (of course this is speculative, and he may just have been a fisherman, and he is described in the Tibetan biography of the eighty-four *mahāsiddhas* as someone who ate fish guts<sup>101</sup>).

The term *Trika* comes initially from the Triad of goddesses in the system, *Parā* (benevolent), *Parāpara*, and *Aparā* (wild and terrifying, with skull garlands and *khaṭvāṅgas*), then from the triad of perceptual experience, the perceiver, perception, and the mode of perception (*pramāṭā-pramāṇa-prameya*), the triad of will, knowledge and action (*icchā-jṭāāna-kriyā*), and the triad of Śiva-Śakti-man (*-nara*). The *kulas* or clans are groups of *yoginīs* that are embodiments of the 8 mother goddesses, a further evolution of the earlier idea of the *sapta-mātṛkās*, quite possibly an early Tantric development that created matching female figures for the ancient seven *ṛṣiṣ*<sup>103</sup>

deriving from the Vedic and Purāṇic traditions. The Trika concept is also mapped onto the triads of Śiva, Śakti, and Nara/aņu (atom)--man as the minute particle instantiation of the cosmic creative identity. This triad is matched by the Śāmbhava, Śākta, and Āṇava-upāyas, i.e. the method of Śiva, that of Śakti, or that of the atomic man, the three mutually integrated methods or approaches in the tradition. The Mālinīvijayottara Tantra explains the three methods, āṇava, śākta, and śāmbhava as follows:

Absorption into Rudra and Śakti is said to be fivefold--according to the categories of the elements, the principles, the self, the lord of the mantras, and the śaktis, Oh beautiful face. What are called the elements are also fivefold, and the Supreme (Para) is thirty-fold. What's called the self (ātmā) is said to be threefold, and what is called the mantras is said to be tenfold. What's known as Śakti is ultimately recognized as twofold; this pervasive absorption (samāveśah)104 is wellknown to be divided fifty-fold. The atomic [upāya] is celebrated, and the śākta [upāya] is also considered of this sort; likewise the śāmbhava [upāya] is also characterized as being divided by these categories. 105 What is said to be the correctly atomic [method] is the compenetration by expression, action, meditation, and allotment of the phonemes to their places. The contemplating reality with the mind, free of [verbal] expression, that attains such pervasive absorption, is considered the *śākta* [method]. The compenetration that is produced through awakening by the guru, without thinking of anything at all, this is considered the śāmbhava [method]. It is said that in addition to this there are a hundred categories, in regular succession; neither the explicit nor the summary enumeration of these is known. 106 The wise ones do not consider that there is a distinction in the fruits of understanding in this regard; there is an unmatched category that is briefly explained for those considering it. The sequence of universal penetration [is known] by the wise ones [to proceed] according to the category of waking, dreaming, etc.; it is recognized as fivefold, according to one's own activity, step by step. In that sense the intrinsic form, the śakti, and the entirety (sakala) are the triad of that; hence this waking state [is divided] into a fifteen-fold category. 107

As Sanderson describes it, the ritual goal is the assimilation into the self of the power

of the triad. In the culmination of the system's practices, orgasmic union with a  $d\bar{u}t\bar{t}$  or female Tantric partner reveals, the "all containing dynamism of the absolute self radiating in blissful consciousness." 108

Abhinavagupta's Tantrālokah (TA) with Jayaratha's Vivekah (TAv) commentary remains less well studied than they deserve to be by scholars interested in Tantra. Since the Sanskrit is saturated with technical vocabulary from the Trika system and Abhinavagupta's own theoretical structures, and many Indologists do not read Italian (and so do not have access to Gnoli's translation of the verses), the work has remained a sort of 'acknowledged from a bit of a distance' landmark in the history of Tantric literature. There are thirty-seven chapters of varying length to the work, with the Motilal Sanskrit edition topping out at about 3900 pages, and Gnoli's translation reaching nearly a 1000. So this is a long work. I have managed to read (i.e. retranslate) some portions of the text, yet relative to its great size have only made a small beginning. The following is an English translation of the Sanskrit chapter colophons of Jayaratha's commentary, with some pertinent subheadings from Gnoli's translation: 1) The various forms of consciousness (Vijñāna-bhedaprakāśanam); 2) The Non-method (Anupāya-prakāśanam); 3) The Śāmbhava-method (Śāmbhavopāya-); 4) The Śākta-method (Śāktopāya-); 5) The atomic-method (Āṇavopāya-); 6) The cosmic principle of time (Kālatattva-); 7) The arisal of the cakra (Cakrodaya); 8) The locational (micro-macro) path (Deśa-adhva-); 9) The cosmic principles (Tattva-); 10) The divisions of the cosmic principles (Tattva-bheda-); 11) The differentiation factor etc. (Kalā-ādi-); 12) The use of the paths (Adhva-

upayoga-); 13) The 'falling' (or initiatic descent) of śakti (Śakti-pāta-); 14) Undertaking initiation (Dīkṣā-upakrama-); 15) Inititation into the Tantric community (Samaya-dīkṣā-); 16) The object of certain knowledge (initiation as a putraka or spiritual son) (Prameya-); 17) The extended initiation (Viksipta-dīkṣā-), a chapter that includes a description of "a reliance on fire since it is suitable for burning the bonds [of illusion] with the firey energy of the mantras" (mantra-tejasā pāśa-ploṣakatvaanugunyād vahny-āśrayanam); 109 18) The shortened initiation (Samkṣipta-dīkṣā-); 19) Sudden death (Sadya-utkrānti-) (this may have some information pertinent to the Tibetan death and dying meditations); 20) The 'balance' initiation, providing confidence to confused people (Tulā-dīkṣā-mūḍha-jana-āśvāsa-pradāyinī); 21) Initiation of absentees (Paroksadīksā-); 22) Extraction of the linga (Linga-uddhāra-); 23) The consecration (Abhiseka-); 24) Funeral oblations (Antyesti-); 25) Funeral rites (Śrāddha-, also may be worth comparing with the Tibetan death meditations); 26) Altar-worship (Sthandila-pūjā-); 27) Worship of (Śiva as) the linga (Linga-arcā-); 28) The ceremonies of the Moon's phase changes, the purificatory rites, etc. (Parvapavitrakādi-); 29) The secret rites (Rahasya-vidhi-); 30) Mantras etc. (Mantrādi-); 31) The Mandala (Mandala-); 32) The Mudrā (Mudrā-); 33) The meeting or joining together (Ekīkara-); 34) (No name in the colophon; Gnoli calls it "Penetration into one's own nature")<sup>110</sup>; 35) The encounter of the *Śāstras* (from the different traditions) (Sāstra-sammelanam); 36) The description of the sequence of their arrival (i.e. the lineage of transmission of the scriptures) (Ayāti-krama-nirūpaņam); 37) The explanation of how they came to be accepted (as Saivite Tantras, Upādeya-bhāvādinirūpaņam).

As is customary with Indian Sanskrit works, Abhinava summarized in the first few verses much of the basic doctrine of the system. The first chapter opens with salutation to the divine couple--the mother goddess whose voluptuous body contains the greatness of new creation dependent upon the spotless aspect [of reality], who is herself the light protected by the five-faced one, and Siva, the father. Abhinava says that his heart consists of the state of creation emanating from that divine couple, and because of that emanation his heart shares in the unexcelled immortal family. 111 He then praises the three forms of Śakti central to the Trika system. First is the independent, infinite Śakti Parā, who is the light of consciousness (cit-pratibhā) and Bhairava's Yoginī, and who resides in the trident-lotus aspected with the perceiver, the perceived, and the means of perception. 112 Aparā resides in the physical body (śarīra-sthā) of the dancing one (ātman-Bhairava) as an enclosed sportive streak of lightning from the mass of clouds in the sky (prāvṛṇ-megha-ghana-vyoma-vidyullekhā-vilāsinī), when she is drawn towards Bhairava<sup>113</sup>--she is the Śakti who seeks progressive merging. Parāparā is the radiating trident of consciousness capable of eradicating both the pro- and con- energies and who splits the three bonds with a scorching mass of flaming light--she is the essential nature of progress. 114 Together they constitute Siva's might, the triad of goddesses that constitutes one's internal home, and causes expansion as one's ultimate intrinsic form. 115 So we see here that particularly with Apara, the earlier Vedic notion of the atmospheric fire as the middle of the three sacred fires has been re-imagined at the 'lightning in a bottle' of the

human body, and given a sensuous feminine character in being activated when drawn towards Bhairava. This is an important conceptual advance over the earlier Vedic discussions of the triad of fires where the atmospheric fire is not, to my knowledge, represented as feminine. In fact, in concert with the tremendously worshipful attitude towards women we find in many Tantras (see Chapter 9), the *Trika*'s reconception of the atmospheric fire as female stands as a monument to the Tantric shift towards a more equitable appreciation of the two human sexes, giving the feminine a crucial role in the doctrine of the cosmic fires.

Abhinava then goes on in the first chapter to praise the gurus of the Kula system (*Kulaprakriyā*) and the Trika doctrine (*Trikadarśana*), acknowledge his debt to his teachers and his father, and characterizes the *Mālinīvijayottara Tantra* as the essence (*sāra*) of the *Trika* system that is itself the essence of Śiva's teachings as embodied in three groups of ten, eighteen, and sixty-four Śaivite Tantras. He defines the two basic forms of awareness as consciousness and unconciousness, explaining that according to the Śivasūtras the latter is nothing other than an awareness that does not recognize the totality of knowable reality, resulting in the perception of duality; due to the uselessness of such a dualistic perception, it is called bondage. This misguided state of dualistic, bound awareness naturally identifies itself with a multiplicity of forms. In the *Trika* system, ignorance is simply a lack of complete knowledge, and with complete understanding comes liberation. The freeing of the individual from this human ignorance is achieved via the processes of initiation, and it likewise manifests itself clearly once one dies. Though I have not yet had a

chance to read through the *Tantrālokah*'s chapters on death, funeral rites, etc., there may be some congruence here with the type of doctrines we find in the *Tibetan Book* of the *Dead*.

The breakthrough-state in the Trika system is the achievement of becoming the same as superwoman (khecarī-sāmya), of a homogeneity of the divine power of the feminine energy that is not bound in space or time (khecarī-śakti), described as "awareness of the essential nature of the anuttara which is constantly present and which arises from the bliss of the recognition of the completion of the union of the divine Sakti with Siva." As Singh points out, for Abhinavagupta all sensual enjoyment is the experience of the essential khecarī energy--including all consumption of food, sensual perception, drama, aesthetics, and the pleasure of poetry, 119 giving us a hint of the relationship between Abhinavagupta's Tantric and Aesthetic doctrines. This goddess who is the Tantric leader of the Tantric clan (kaulikī kulanāyikā śakti) is therefore described as she who provides for the vibrational manifestation of the physical body, the prānas, and the experience of pleasure (śarīra-prāna-sukhādeh sphurattā-dāyinī), who is the vital energy of the whole group of deities beginning with Brāhmī (brāhmyādi-devatā-carkasya vīrya-bhūtā), who constitutes the innermost form of the entire system of the senses and nādīs (nikhila-akṣa-nādī-cakrasya madhyamadhyama-rūpā), the true nature of the male and female genitalia that are the place where life is produced (janana-sthāna-karnikā-linga-ātmā). 120

What we see with Abhinavagupta's theorizing, and with the Trika system as a whole, is that the fundamental principle laid out in the Vedic esoteric doctrines, that

of a web of cosmic solar fire permeating the natural forces of the cosmos and the very life-breaths of man, has in the Tantric system been both personalized, and sexualized. Now the intimately penetrating web of energy is sexual, is female, and is in cosmic, continuous, orgasmic, and homogeneous mergence with the cosmic male that is Śiva. It is not surprising then, given the type-identity nature of the doctrinal shift from the Vedic to the thoroughly Tantric, that we find in several of the Śaivite Tantric texts a preoccupation in the preliminary initiatic ritual phases with the sacred fire lit and meditated on a *vedi*—the sacrificial altar structure used in the Vedic tradition.

elaborate preparatory rites before engaging in sexual Yogas. There are many reasons for this. Some have to do with the intrinsic power of sexual energy, and the necessity to be properly prepared to handle it. In the Buddhist system, the initiate is required to have taken the Bodhisattva vows to work for the liberation of humanity. The *Trika* doctrine appears to have absorbed this basic conception, as Abhinavagupta explains that another classification of the initiatory sequence is referred to as the *sakala* and *niṣkala dīkṣā*. The former refers to disciples whose past and future *karma* is destroyed yet who remain alive to help others, with their *prārabdha karma* (i.e. what is bearing fruit) untouched. *Niṣkala* refers to those, who like *pratyeka Buddhas*, seek only selfish or hermit-like liberation. The Saivite system as outlined by Abhinavagupta begins with a *paśu*--the individual in his animal nature, unaware of his 'higher' or more subtle self that is ultimately identical with Siva (hence Siva is often

called *Paśu-pati*, father or lord of all us *paśus* or poor brutes). The first level initiate is called the sādhaka, whose dīkṣā or initiation is designed to take him or her to the first level of awareness beyond simple 'animality' (pasutvam). The sādhaka who breaks through the six surrounding sheaths (kañcukas) of illusion (māyā) that constitute his normal experience, 122 who cuts his internal bonds (pāśas), eliminates his own impurities (malas) and becomes aware that he lives in the Spandamayatā or cosmic vibrational energy, steps into the next stage of initiation known as putraka, the spiritual son or child of the guru. 123 The kañcukas or covering sheaths are illusion  $(m\bar{a}y\bar{a})$ , and its five products, the sense of limited action  $(kal\bar{a})$ , the sense of limited knowledge (vidyā), attachment (rāga), what Dyczkowski translates as "natural law" or fate (niyati), and time ( $k\bar{a}la$ ). There are three types of mala or impurity.  $\bar{A}nava$  or 'atomic' impurity is of two sorts, pauruşa impurity innate to being an individual, and bauddha, impurity of the buddhi or intelligence. Māyīya mala is the impurity due to the illusion of difference. The third is kārmamala, impurity due to "the vāsanās or impressions left behind by action." These are equivalent in conception to the notion of avarana or obscuration in Buddhist Tantra, though the Buddhists have a different set of obscurations or impurities. The initiation procedures are broadly divided into a knowledge initiation (jñāna-dīkṣā) and a ritual action or experiential initiation (kriyādīkṣā). The latter includes six steps, the kalā-, tattva-, pada-, varņa-, mantra-, and bhuvana-dīkṣā. Kalā refers to the differentiated nature of the cosmos, the multiplicity that in its illusion blocks the individual's awareness of their cosmic identity with Siva. The tattvadīksā deals with the purification of the thirty-six tattvas that constitute the

Saivagama view of the evolution of reality—a further elaboration of the Samkhya system of twenty-five tattvas. Jaideva Singh gave us a breakdown of the 36 tattvas in a note to his translation of Abhinavagupta's Parātriśikāvivaraņa. These are the twenty-five of the Sāmkhya: 5 mahābhūtas--earth, air, fire, water, space or ether, 5 tanmātras (form, taste, smell, sound, and touch), 5 knowledge senses (skin, tongue, eyes, ears, nose), 5 action senses (mouth, or speech, hands, feet, anus, and penis), buddhi, manas, ahamkāra, Prakṛti, Puruṣa; plus the 11 of the Trika system: Māyā and her five sheaths (kañcukas), purified precise knowledge (śuddha-vidyā), Iśvara, Sadāśiva (i.e. the permanent or continuous Śiva), and then Anāśrita Śiva (Śiva who is an independent being) and his Śakti. 126 As Abhinava explains in the Tantrāloka, the collection of all the tattvas that resides in the heart, throughout the entire body, in their own states, and are extraordinarily subtle, is referred to as "the village" (grāma), 127 and to have the property of indestructibility (anapāyavān). Pada, varņa, and mantra initiations are three versions of the initiation into the principles of sacred sound and the application (nyāsa) of the seed phonemes (bījamantras) to the body and psyche as part of the purifications required before undertaking the sexual Yoga rites. The bhuvana initiation is the rites of purification of the 'realms' of the cosmos as envisioned within the initiate's body.

#### 8.4.1. The Atomic Method in the Trika Doctrine

There are a variety of practices in the *Trika* system, depending on the particular affinities of the initiates. It is a rather complex, multi-staged system, with many options, and I will not attempt to outline it here; much of the basic steps of the

initiations themselves are covered in the discussion of the Svacchanda and Netra Tantras below. 128 Rather we will focus here on one of the three major methods of practice, the Anava or atomic method. The Anava method gets down to the nittygritty, as it were, dealing with the issue of personal transformation at the level of the atomized individual. It refers to a frigidity, a coldness or numbness (jadatvam)--an insensate paralyzed state of consciousness that is intrinsic to the paśu or 'animal' level of human life. As one verse quoted by Jayaratha says, "there's a frigidity in the mind, in the breaths, in the body, and in the land; when that is conquered, the wise one becomes one whose consciousness is made of light rays." 129 What warms the frigidity or insensateness is the independent radiating light that is the intrinsic nature of consciousness--i.e. perceiving reality with the radiating light of the Sun (and stars)--that is established in the heart/mind of the initiate, and that is made of all the tattvas or cosmic principles. 130 The *Trika* system has taken the essential mystery encapsulated in the Gayatrī mantra, where the impelling power of the Sun is invoked to inspire our thinking, and advanced it into a deeply complex, yet type-hierarchically consistent doctrine. The initiate in effect is said to succeed in harnessing the intelligent fire of the Sun with his own consciousness, and to use its light and heat to melt the frigid stupidity of our animal nature, causing the divine juices to flow through the bio-psyche's inner subtle channels and centers. The initiate who understands this underlying solar mystery of the cosmic principles--who is a tattva-vit--sees that divine fire located both internally and externally in the heart, like a flower in the shape of the samputa (cavity/sphere) of a plaintain. This is precisely the full

realization of the solar energy in the heart cavity that is described in the *Upanişads* (see Chapter 7.2.3, 7.4.1, and 7.4.2.). He is then to meditate steadily on this as the 'rubbing together' (*samghatta*) of the Moon, the Sun, and Fire, and through the friction of the kindling sticks of that meditation, he will consume the oblation of Mahābhairava; blazing intensely in that great basin called the heart, he will achieve [cosmic] expansion, i.e. his consciousness will expand to infinity.<sup>132</sup> (This idea of the rubbing together of the winds in the subtle body channels is also included in the *Kālacakra*'s description I cited at the end of Chapter 7.4.2).

Jayaratha glosses the idea of the rubbing together of the cosmic fires in the subtle body by a verse from the *Vijñānabhairavatantra* that says that Śakti, in the form of the Wind (marud-rūpā), opens, moving neither out nor in, and maintains the form of Bhairava in the middle (of the heart/mind), since Śakti and Bhairava are actually not different. One should meditatively generate—since they do not really have different locations—what are called the perceiver, the perceived, and the mode of perception (mātṛ-māna-prameya) from that Śakti-possessing, expansive Śakti that is the Bhairava's inner fire. That itself is the triad of the śaktis of the Sun, the Moon, and fire, referred to as Parā, Parāparā, and Aparā, individuated as creation, maintenance, and destruction. The fourth aspect of these forms is continuous and akalpitam, i.e. 'not fabricated.' Abhinava says there are twelve goddesses abiding like disks of the Sun, and in each one of them the fire, Sun, Moon, and the peacefulness of the fourth state appear. And that unexcelled cakra (of solar goddesses) radiates outwards from the heart by means of the 'sky-paths' of the senses

(the eye etc.) into each of the sense domains (or sense objects). And through the sequence of creation, maintenance, and destruction that takes place in each sense domain by the light-rays from that *cakra*, the form whose nature is the light of the Moon, Sun, and Fire remains steady. The yogi follows this meditation sequence as a means of collapsing the universe into his or her internal subtle wheels (*cakras*) of progressively more numerous light rays, thereby reenvisioning the entire sensory perception process as a sort of magnificently expansive divine-holographic experience. (See Chapter 7.4 for a discussion of embedding dimensions into the subtle body with particular reference to the Buddhist Tantric tradition).

In the sixth chapter of the *Tantrālokah* Abhinava gives us a lovely definition of the *prāṇa* as the beautiful vibration of effort whose splendor is knowable as the living being. He explains that though it begins from the *kanda* (the 'bulb' at the base of the spine) it is not very clearly [perceived] there, and he cites the *Svacchanda Tantra* where it is stated that because it begins from the root of the 'bulb' it has a firm basis, and so clearly forms the basis of all the winds in the channels (*nādīs*). The movement of *prāṇa* is experienced through the heart, and through perceptible effort. The movement of *prāṇa* is synonymous with *vīryam* (virility), *ojas* (health), balam (strength), and spandah (vibration). Jayaratha even says at one point that vibration (*spandah*) is the source of *prāṇa* (*prāṇāśrayah*). In the Trika system Abhinava says that Maheśvara's consciousness manifests in a set of six paths in humans, three action (*kriyā*) paths, and three bodily (*mūrtī*) paths. These are also classed as three sonic (*nāma*) and three physical (*rūpā*) paths, the first set being *varṇa* 

(phonemes), mantras, and words (padas), with the physical set constituted of the thirty-six tattvas, the bhuvanas or worlds extending from the lowest hells to the highest heavens, and the kalā--portions or energy phases. 138

The process of the purification of the six paths (adhvans) of the principles or planes (tattvas) etc. in the initiation processes is not so much a direct alteration of the objective reality of these elements as it is a purification of one's perception of them, and thereby an alteration of their nature (asuddhatvam hi tattvānām dīkṣayā śodhanam tatah--through the initiation the impurity of the cosmic principles is purified; MVV 1.107a). What the initiation processes are intended to do is alter the *initiate's* awareness or perception of these elements that are both of and within themselves and also constitute the surrounding cosmos. In this sense purification is an alteration of the habits of consciousness, a retraining of perception, so that one sees oneself and the universe surrounding one as more truly divine, more magical, holding more potential, and more full of life and the power of divine love than one might have become habituated into seeing it either through one's upbringing, one's prior karmic habits inherited from prior incarnations, from present impinging circumstances and the negative perceptions of one's colleagues, or from any combination of these. This reenvisionment of reality is precisely the process undergone in the Creation Stage practices of the Buddhist Anuttarayogatantras through the visualization of the mandala. Where the Tantric traditions part company from earlier Yogic doctrines is that the Tantric traditions see such transformatory initiations as preparation for handling the awesome creative (and potentially destructive) power of divine/human

sexuality.

#### 8.4.2. Internalization of Linga Worship in the Mālinīvijaya

The internalization of the sacrifice that has often noted in the *Upanişads* is taken even further in the Tantras. In both the *Kālacakratantra* and in the *Mālinīvijayottaratantra* we find explicit recommendations that one abandon the type of external worship practices that are common to popular Hinduism and Buddhism--such as pilgrimages and *linga* worship in the temples--and find instead the divine power and energy attributed to these sites in one's own body. In the eighteenth chapter of the *Mālinīvijaya* Śiva tells his wife about the necessity to internalize *linga* worship, with the identification of the self-illuminating, light-radiating *linga* with the central channel of the subtle body:

Listen, Goddess, to the secret unattainable by those of undisciplined spirit; what has not been told to anyone, that today I am telling you. Abandoning everything else, one should cause the mind to enter here; one should not worship the linga consisting of mud, stone-mineral, jewels, etc. One should sacrifice to the internal (adhyātmika--of the inner Supreme Self) linga, wherein are dissolved the moving and unmoving, since the *linga*-ness of the external *linga* is established by this [internal one]. Now resorting to the supreme non-duality, one should worship it with meditation, Oh queen of the gods, with the supreme ultimate atom. He alone who has meditated sees that *linga*. not someone else. What is called the vibration of that is established in the heart. Having placed the mind there, there is shaking, and even generation; when one has attained tranquility there, after one month [he is] a Yoga-knower. The *linga* arisen from the heart ends in the Brahma-hole (i.e. the cakra in the crown of the head). Oh Lady: it reaches throughout the body without remainder, blazing with its own light, a stainless splendor. The one possessed of great intelligence sees himself there entirely as a net of mantras, having mounted the head of that after just a month, with the mind on nothing else. Then, when well arisen there, after six months all the siddhis [accrue]; not having known that *linga* [previously], the *linga*-possessor resorts to the *linga*. The one who uselessly exerts himself [going to temples] does not attain the fruits of the *linga* from that [i.e. from doing so]. That great Saivite *linga* is perfected in the ātma-linga. When perfected here, one becomes *linga*-like, *linga*-possessing, *linga*-residing, free of [the external temple] *linga*. So, what is the surprise from that? One is marked by the *linga*. By this *linga* of *lingas*, when the Yogi goes outside, he is to be known from the beginning as "possessed of the *linga*;" the *linga* is desired as the end. From this knowledge of the *linga*, the things that are marked (*lingitāh*) are remembered by the Yogin. By this the established mantras, categorized according to peaceful, terrible, etc., come into existence. What's the surprise for the one whose mind has reached that state, if one practices Yoga, resorting to the terrible state (raudra-bhāva)?<sup>140</sup>

Again we have the notion that the sequence of bījamantras, here referred to as a net of mantras, is radiating with light around the initiate's head. The image is that of a woven fabric of sound surrounding the body, and it is worth remembering that a woven cloth is one of the literal denotations of Tantra. This description is a poetic version of what we could refer to as an atomic-reactor style system, where the paramāņu or ultimate particle energy level is contained in an incipient form in the structure of the physical body—the Yogin or Yoginī can activate the energy with Sanskrit sound, and the energy then suffuses the physical body with light. Such a doctrine is consistent with traditional Indian lore that says that thirty paramāņus form a mote in a Sunbeam—according to Yajñavalkya, the Yogaśāstra, the Mahābhārata, and other texts. [41]

In non-Tantric Śaiva practice the worshippers travel to temple sites where they pay homage to the *linga* image, expecting to gain thereby some personal infusion of the divine energy from Śiva. Here the *Mālinīvijaya* says plainly that divine atomic power is intrinsic to the human being, and can be turned on with the proper meditation and *mantras*. The results of this practice indicate a two step type-identity

shifting. First the power and majesty of the external *linga*--a power center so great that entire temples are built around it all over India--is absorbed into the Yogin's body. Step two is however even more radical. This internalized *linga* changes dimensional power within the Yogin's subtle body structure, and, as we might say colloquially, 'goes atomic.' It is called the *paramāņu*--the ultimate atomic particle; it blazes with the stainless glory of its own light; it blasts up through the *sahasrāra* cakra or *brahmarandhra* at the top of the head.

It is difficult to recognize for all the men, asuras, and devas; freed from coming and going, one's entire vision is heroic. For as long as the moment one abides, one attains the Lord; entered, one sees everything possessed of a light similar to 10 million Suns. That which is the unmanifest syllable of Siva is also called "Bhairava." Having seen that, after half a year the Yogi reaches the state of omniscience. He alone who has reached this discovers happiness, and not in artificial Yogas; he is freed from all bonds. There may be artificial Yogas considered with the characteristics of prāṇāyāma etc. Therefore they do not merit the sixteenth digit of this un-artificial [yoga]. Practicing that the Yogi sees the divine marks; devoted, sincere, the Yogi should think of nothing else at all. In an instant it/one burns up everything residing in the body, created [and] uncreated; there will be an experience of trembling here in whatever is being burnt up. Then, when one has stabilized in that, the light-jewel shines forth; having seen that supreme light, divine knowledge arises. One reaches the state of the independent Siva, even while enjoying sense-objects. The divine eye remains open for a while. After one experiences the omnipresent state of the self; one should strenuously make just that come into being, with desire for the fruit of all siddhis. Then, the Yogi, trembling very slightly, should cause that to be; then he sees the fire at the top of the brow, all around. Having seen that supreme fire, one attains divine knowledge; it is achieved after six months, [or] easily after a year. Having become as strong as Siva, the Yoga-knower goes instantly wherever he desires, having made the mind omnipresent. The Yoga-knower, having become stabilized in that then, after just a month, achieves absorption into śakti, [an absorption] whose nature is the experience of the vibration. One perceives the steady saktic fire on both the inside and outside, carefully produced from all the senses. when one is completely well-accomplished in that. One obtains

complete, unrestricted knowledge there; and here it is to be known as omnipresent, joined with the object of the sense organ.<sup>142</sup>

I think it is not incidental that the paramount Tantric states such as described above in the *Mālinīvijaya* are repeatedly either likened to a crore of Suns, or spoken of as actual shining lights within the body, with suffusing flames or fire irradiating the physical body. The texts are speaking about a higher state of activation of the body, involving what we would might refer to as a higher level of transmission of neural information, and perhaps even what we might describe as the growth of more neural connections. This provides a fit with the embedding of the dimensions referred to in Chapter 7.4. The divine-dimensional life energies are, according to this *Mālinīvijaya* description, compacted into the *paramāņu* or ultimate particle level of the human being. In their compacted or embedded state most people are normally unaware of the presence of these energies in their own system. Through the Tantric initiation processes, through the meditations, and through the use of the *mantras*, the Tāntrikās propose that we can activate the latent divine circuitry built into our own systems. The *Kālacakra* describes a very similar self-transformation through the medium of radiating light rays.

[55.5] 5.117: When the disk is seen, one should perform at the appropriate time each day the restraint of the *prāṇa* wind, until, indeed, the *cakra* of light rays is seen surrounding one's own body, being made to move; | After six months one reaches the equal happiness of the ascetics that is free of touch, and is the thought of the path; reaching the end of passion and dispassion, the moment also grows into the number of breaths of the lord. | | 117 | | 143

If we recall the description of the process of death in the Jaiminīya Brāhmaṇa discussed in Chapter 2, we gain a better appreciation of just what sort of a

transformation this Yogic meditative process in the Tantra entails. In the Jaiminīya the dying soul goes up in the smoke of the cremation fire to heaven, and is challenged at the door to the Sun; answering the Sphinx-like questions properly, the atman remerges with its original identity, the Sun itself. Here the Yogin has 'traveled' upwards through his own body with the rising fire of the kundalini in the subtle channels. The linga of Siva within his subtle body has 'turned on the circuits' so to speak, and the cosmic lights have come on--"one sees everything possessed of a light similar to 10 million Suns. That which is the unmanifest syllable of Siva is also called 'Bhairava.'" Rather than dying and going to heaven to reconnect with the Sun, the Yogin has 'contacted' the Sun's power--here as 10 million Suns--through the processes of Tantric Yoga. And 'solar-contact' is not the end-game of the practice, as it seems to be teleologically in the after-life schemes of the Vedic system; here the Yogin first stabilizes in this cosmic-fire experience, and then in so doing merges with the cosmic female, and "achieves absorption into śakti, [an absorption] whose nature is the experience of the vibration. One perceives the steady śāktic fire on both the inside and outside, carefully produced from all the senses, when one is completely well-accomplished in that." Here is an audaciousness that reminds us of the more ebullient lines of some of the Soma hymns, where the drinkers speak of becoming like the gods, and in the famed lines of the Gayatrī mantra, where the initiate invokes the power of the Sun to inspire and fire-up his own awareness.

It is not just the temple *linga* that is conceived of as radiating inside the subtle body structure of the initiate. Flavors tasted and aromas smelled by the initiates

replace the food and flower offerings to the temple icons. The basic paradigm of the Vedic sacrificial ritual is also absorbed and specifically referred to in type-hierarchy identities. Rather than a ladle of clarified butter that one pours into an external sacrificial fire, we have here the idea that the mantra-varnas or syllables of the mantras themselves constitute the sacrificial fire--recall that the above passage identifies the mantras as the fire of Sakti, the feminine cosmic counterpart of Siva. Here the mind, by concentrating on the mantras, is identified as the homa or oblations themselves being poured into the Śakti-fire of sacred sound.

One attains the supreme state, having enjoyed the wished-for siddhi. With scents, flowers, etc., the Yogi attentively worships the eternal self in the place of the brahma-hole (i.e. the cakra in the top of the head), because it also exists [right there, in addition to being present in the temple linga]; through contact with the flowing substance (i.e. the drops from the crown cakra that come out from the uvula), his ablution occurs. Perceiving the smell of the fragrances and flowers etc. is considered the act of sacrificing; his tasting the six flavors suffices for the food offering to the idol. One should pronounce the very syllablesound that is widely known as japa (mantra-recitation), concentrating the mind there on the (internal) burning substance. As long as one abides in the burning state, then a burnt offering (homa) is made; exactly the form one sees, that itself is prescribed as the meditation. As a result, this is described as the great non-dual sacrificing. The mind, steady in the upper-door<sup>144</sup> has a light equal to the rising Sun. One should also make that in the same way in the heart; then one also achieves it in what consists of twelve. Practicing what has been achieved, one partakes of the state of omniscience; covering the mouth with a cloth, the yogi commits [it] to the goal. And from below the bulb of the navel, as far as up to the crest of the head, the principle (tattva) has the appearance of a subtle star/rescuer (sūksma-tāraka), magnified by the blazing of its light-rays. One sees also the form of the self in the stopping place of the pranasakti. From practicing just that, oh Goddess, one reaches blossoming. That is the beginning of all the mantras read in all the Tantras; so, after just a month of that, understanding of anything is obtained. 145

The type-identity or homologization with the Vedic sacrifice is more than just

obviously stated here; even the verb,  $sam\bar{a}$ - $\sqrt{dh\bar{a}}$ , used for "concentrating the mind there on the burning substance," (tatra cetah samādhāya dahyamānasya vastunah), is the same verb used for 'laying the fire' in the Vedic literature. And the mantras themselves are referred to as dahyamāna vastu, burning substance—the point being that the sacred sound is not ephemeral in some less-than-real sense. Rather the sound of the Sanskrit mantras is conceived here as just as tangible as any vastu or 'thing'—specifically in this instance a real fire.

#### 8.4.3. Trika Mantraśāstra

Abhinava in the *Trika* system assumes the fourfold level of speech categories elucidated in Bhartrhari's *Vākyapadīya*--without necessarily adhering to the philosophical interpretations of the earlier thinker--and maps the *Trika* deific types onto the speech categories. This predilection for a fourfold classification appears to coincide with the classic four states of consciousness from the *Upaniṣads* (waking, dreaming, deep sleep, and the fourth state) that are mapped in the Buddhist Tantras to the four drops, the four Buddha bodies, and the four *cakras*. We find in Abhinava's *Parātrimśikāvivaraṇa* the statement: "The divine Supreme Consciousness-Power [is] not different from Bhairava on the point of expansion according to Her essential nature, [and] is said to be supreme *icchāśakti* (Voluntary Power). Her actual expansion as *jñāna-śakti* (cognitive power) assumes the *parāparā* or *paśyantī* form, and as *kriyāśakti* (conative<sup>146</sup> power) the *aparā* or *madhyamā* form etc." Singh explains that "etc." here also includes *vaikharī*. <sup>147</sup> The importance of the role of spoken Sanskrit sounds in this system cannot be overemphasized. "Therefore that

highest goddess hears everything. Abiding as she does in the power of hearing, she has that sovereign power (svātantrya)148 which consists in effecting congruous and suitable connection by blending all sound in a meaningful whole--the sound which is clear to the ear but is only a succession of a mass of confused vibrating syllables. Without this power of effecting congruous connection, an experient through hearing particular words lost in confused buzzing sound says, in common usage 'I am not hearing them." This is an intriguing doctrine in Sanskrit mantraśāstra that is encapsulated in the idea of a seed-phoneme (bija-mantra): the idea that the mantras are concentrated or compacted versions of multiple levels of information, contained in a single phoneme. This is a little bit like Mary Poppins' magical carpet bag, a bag she easily carried at her side yet contained all manner of lamps, tables, books, birdcages with birds in them, etc.--i.e. far more than would appear to be possible to extract from the one bag. Just as we find in the mnemonic sciences, where short syllables, odd words, or images are used as memorization markers for larger sets of information, the seed-mantras apparently contain whole sets of discursive information collapsed into a single sound, or short sets of sound, much as the cakras are said to contain in an embedded form multidimensional sets of cosmic energies. In the Parātrimśika passage above, Śakti herself provides the semantic connections. Otherwise the seed-syllables appear to be exactly as I described them in 8.3.1 above, i.e. as apparently arbitrary sets of variables.

The system takes the triad of Śiva, Śakti, and Man (nara, the human being) as essential to all verbal communication: "Without the form of nara, Śakti and Śiva

(tair), there is neither word, nor meaning, nor mental movement, "150 i.e. cognition. Abhinava speaks of "this multitude of objects (tadetat) of the nature of Siva and Sakti, Siva whose characteristic is universal creative pulsation (sāmānya spanda) and Sakti whose characteristic is particular creative pulsation (viśeşarūpam) though only of one form (ekātmyam api)..." 151 "All this (universe) consisting of thirty-six categories, though created by Siva who being of supreme Sakti, is of the nature of universal creative pulsation (sāmānya spanda) rests in that consciousness itself in its own form which is predominantly Sakti i.e. characterized by particular creative pulsation (viśesa spanda)."152 What is important to understand here is how consistent these doctrines are in the logic of the type-hierarchy modeling outlined in Chapter 2 of this dissertation. A web-like energy structure of the cosmos that permeates the Sun, the stars, the Moon, the atmosphere, the earthly elements, our breaths and body has to have some sort of mechanism whereby the human being can interact with it, engendering recursive effects, i.e. results that impinge on one's own state of being. Otherwise we would simply be stuck in the spider's web, so to speak, without any escape. What the Tantric systems outline in the first instance is that through the purification initiations one gains new perspective on--and most crucially thereby new access to--the structure of reality whereof we consist and wherein we live. This 'changing' of our elemental reality opens up a second major instance--that is, the ability to effect or impact this pervasive, newly perceived reality. And the principal access mode for effecting the impact is through sound, specifically through Sanskrit speech. One learns, through the initiatic procedures, the powerful tools of the

mantra. The mantra, as we see quite explicitly in this Trika ideology, is Śakti herself; that is, Sanskrit mantra or sound-vibration is accessing the fundamental lifegiving vibrational energy of existence itself, and channeling or directing this vibrational life energy for specific ends.

The ability to use mantric force for powerful results is seen in the most ancient Vedic material, as we discussed to some extent in Chapter 2 of this dissertation. Indians have long believed in the sacred power of the Sanskrit word--a language that is spoken by the gods, and that man too can learn to speak and use. Mantric force can be used for good or ill, and so we find the texts of the Atharvan tradition, and many of the Tantric texts, filled with 'spells,' strings of mantras, that can be used to kill, cause disaster, bring about good fortune, secure a desirable mate, cure one of snake bite, and all sorts of other utterly pedestrian ends. Such spells are in the Kālacakratantra and other Anuttarayogatantras as well. Yet these pedestrian uses of the mantric forces are not the primary or illuminated goal of the Buddhist and Saivite Tantric traditions. The most illuminated goals are those of the transmutation of human awareness into a more divine and enlightened state, particularly in the sense that one can learn to employ this incredibly powerful feminine energy of speech and sound to 'change state.' This is, in the Indian tradition, really seen as a sort of psycho-physics, an ancient 'scientific' doctrine with clearly definable principles, reliable results that can be repeated, and can be practiced and mastered by initiates just the way one might study, practice, and learn to play a musical instrument. In that sense, although jealously guarded, highly protected, and requiring all sorts of

elaborate qualifications before the individual is allowed to use these tools, there is--for the Indian Tantric practitioners--nothing much mysterious or mystical about these practices. I realize that sounds like a complete contradiction, yet *from within the logic of the traditions*, these abilities are part of our intrinsic natural abilities.

# 8.5. Trika Preliminary Initiation Processes

I have not yet had the opportunity to read through and translate all of Abhinavagupta's *Tantrālokah* with its detailed discussion of the wide variety of Śaivite Tantric initiation rites. Fortunately we have available to us summaries of two of the more prominent Tantras in Abhinava's system, the *Svaccandatantra*, summarized by Arraj in his unpublished Ph.D. dissertation, 153 and the *Netratantra*, summarized in French by Brunner and published in the *BEFEO*. 154 The material in these two (I have read some short sections of the original texts), combined with the material I have translated from the *Mālinīvijaya*, gives us a good sense of the steps involved in becoming a Śaivite Tantric initiate.

## 8.5.1. The Svacchandabhairava Tantra

I have introduced the *Svacchandabhairavatantra* in Chapter 5.6 of this dissertation, and refer the reader to that section for textual history etc. Here I will focus on the initiation processes described in the text, as summarized by Arraj, interspersed with my own discussion of the material and some references to the original Sanskrit. (The term *svacchanda* refers to 'independent,' 'self-willed,' or 'spontaneous,' even wild, in the sense of Bhairava as an independent being of untamed spontaneity pulsing with the creative life force of the universe.) The second

book of the Svacchanda describes the daily worship rites (arcanam), where after purificatory baths the worshipper enters the ritual house (yāgagrham) and applies the Svacchandabhairava mantras to his limbs via mantra-nyāsa. Meditationally he destroys his impure body and "sequentially replaces it, from the lowest to highest plane, with a pure formulae body, which is equated with Sivah."155 Then he visualizes a cosmic lotus within his body representing the hierarchical structure of the universe, replete with the extensive iconography of the Svacchandabhairava. Arraj also notes the "first instruction to perform the fusion [or joining together] of the channels (nādīsamdhānam)," a rite he says occurs repeatedly in initiation rituals cited throughout the text. It is accompanied by offerings to installed deities, recitation of mantras, preparation of the guest vessel (arghapātram), and worship of the deity. 156 There are offerings to the Bhairavas of the cremation grounds, and ritual fire construction and oblation offering, with the five faces of Bhairava imposed on the butter. 157 Various other preparatory rites follow, including the use of three threads that are described as the three metaphysical bonds--these are later cut and burned after the master superimposes on them the divine energies of the Lord, so that "the disciple will attain complete liberation from the macrocosm."158 These complete, as Arraj terms it, "pre-initiation for the lowest level covenantor initiation (samayidīkṣā) that gives entrance into the Saiva community." 159

The next day the master puts the initiate through further initiations, with laying out of the sacred space, circumambulation, channel fusing, oblations, and extraction of the disciple's caste and its replacement with a twice-born caste, allowing a

participation in Rudra's state. This completes the samaya-dīkṣā. 160 This is an important step for our understanding of the issue of caste in the Tantras--it solves for the orthodox brahmin Tantrikas the social issue of non-dvija castes participating in the rites by granting them affirmative-action status for the sake of the ritual. The next stage of initiation, the long process of becoming a putraka or spiritual son, involves the master's liberation of the disciple from the six interconnected paths (adhvans) of the cosmic principles etc.; since each of these paths pervades and interiorizes the others, the master can choose one: "the master liberates the disciple from the universe, by superimposing these paths on the ritual microcosm, where they can be manipulated and superseded." These various procedures eliminate the disciple's karma and loosen his bonds; the master joins the various energies (Śaktis) of Bhairava in the disciple (Nivṛttiḥ, Pratisthā, Vidyā, Śāntiḥ, and Śāntyatītā), followed by expiatory oblations. This completes "the end of the initiate's bonded condition." 162 Following is the procedure for joining (yojanikā). This leads to a casting off of the regents of the various macro- and micro-cosmic planes, as the pranavah formula is applied to successive microcosmic levels in the initiate, followed by a casting off the unreality of time (see 8.2. above). "Running in sequence through the seventeen divisions of time, the exercitant finally identifies with the permanent reality beyond time," before progressing through a hierarchy of voids. This prepares the initiate for a series of sāmarasyas--fusions in equal mixtures or flavors, joining breaths, channels and formulas, and joining levels of the cosmos up to "universal unification." Then we have a series of Yogic techniques described, using the hamsa formula in various

stages of meditation, piercing the categories, and various concluding rites. For the initiates who have completed the sa-bīja rite, they can become ācāryas through a subsequent consecration. A similar rite is undertaken to make one into an adept (sādhaka).<sup>164</sup>

Book 5 of the Svacchanda begins the initiation via the tattvas ('planes'), having completed in Book 4 the initiation via the kalās or 'energies' as Arraj translates it. "Just as in the initiation via the energies, so in this initiation via planes, the path being purified pervades (vyāpti) the other paths. And purifying one path, therefore, gives total liberation from all paths."165 This practice fits with the holographic intermapping of micro and macro cosmos that we find throughout the Tantric systems. Flood explains for us that tattva has three meanings acc. to Abhinavagupta: "(i) a constituent of a level of reality, or the substance of the worlds in the cosmos; (ii) a principle governing a level of the cosmos which is also a deity; and (iii) a category of perception."166 One ritual for purifying the tattvas involves treating the thirty-six tattvas as four groups of nine, with each of the nine varnas (phonemes) of the Vidyārāja mantra (also called the Navātma--ū, y, v, l, m, kṣ, r, and h, with the pranavah om) considered as a vācaka or 'expresser' of the tattva. Kşemarāja defines the vidyā as Svacchanda manifest in sound. 167 As with the Netra Tantra (see below), the ācārya has the option of using nine, five, or three individual tattvas to represent all thirty-six. The pada-dīkṣā or 'word initiation' involves imposing the Vidyārāja mantra phonemes to a prescribed mandala diagram known as the navanabha, nine-centered or nine-naveled, designed with nine lotuses, and

elaborate entrances. Svacchanda is installed in this two-dimensional temple-like structure, with the Vidyārāja (Navātma) mantra laid into the central lotus, and the eight Bhairavas placed in the eight surrounding lotuses. After some discussion of internal or 'noetic' initiations (vijāānadtkṣā), that may or may not be part of the earlier rites, Kṣemerāja concludes with a recap of some seventy-four initiatic rites he has either discussed or alluded to. A similar mapping approach appears in the discussion of the use of the Praṇavaḥ by the sādhaka during his meditation; a is niṣkala Bhairava, ā is sakala Bhairava, and together these emanate the universe; with the m the universe redissolves into the Supreme Śiva; the whole Praṇavaḥ is said to be identical—in indissoluble union—with the prāṇa. These are some brief examples of the complex set of possible phonemic mapping rites the initiation can involve.

The tenth book of the *Svacchanda Tantra* enumerates the *bhuvana-tattva*, the 'worlds' making up the Śaivite cosmos, representing, as Arraj terms it, "the Śaiva assimilation and extension of the entire Purāṇic cosmology," and the material in this chapter is taken up almost completely by Abhinava in the *Tantrāloka* description of the *bhuvanas*.<sup>173</sup> This stage of the initiation process involves the conscious meditative linkage of the initiates with the multiple dimensions of reality embedded in their psychophysical being. Just as with the Buddhist Tantras, where the cosmological planes of the earlier Mahāyana pantheon are absorbed into the Tantric texts, and then mapped into the *cakras* in the Tantric systems, so too with the Śaivite Tantras we find the normative description of the cosmos from the earlier tradition mapped into the

meditational and ritual systems of the Tantric practitioners. The elusive *Kālāgni*, the universe destroying fire at the end of time that shows up in Buddhist and Śaivite Tantric mapping schemes between the subtle-body *cakras* and the multiple cosmic fires (Sun, Moon, Fire, Lightning, Kālāgni, etc.) also appears in the *Svacchandra* cosmology as Kālāgni-rudraḥ, a terrifying form of Kāla-Bhairava, situated on top of the *kaṭāha* or shell of the egg of Brahmā, the innermost sphere of the universe. <sup>174</sup>

The actual bhuvanas enumerated in the Svacchanda include 140 of the principal hells, eight underworlds where sādhakas enjoy their siddhis after death, then the earth realms, with Meru, the gleaming crystal peak Kailasa, the cities of the gandharvas, the continents, mountain ranges, seas, regions of Jambudvīpa, mountains, rivers, etc., the regions of darkness beyond the lokaloka mountains, the atmospheric world with the paths of the winds, enumeration of the clouds that travel on these winds, and the inhabitants of these airy worlds. The heavenly worlds begin at the limit of the atmospheric realms with the heavenly chariot of the Sun and its component parts, and filled with the Moon, planets, nakşatras, constellations, and so forth. Above this is the Maharloka, residence of the sages, followed by the rsi Ekapāda's abode in Janaloka, and Brahmā's sons in Tapoloka. Brahmā himself abides in Satyalokah, with his retinue, topped by Visnu's realm, and then of course Siva's (Rudra's) paradisical realm above that. At the top of Rudra's world sits one Dandapāņih, he who cracks open Brahmā's egg with a stick to liberate those who have properly worshipped Brahmā. Kşemarāja, Arraj informs us, reinteprets this stick "as the breath rendered subtle in meditation that removes the ignorance covering

the awareness centred in the heart. "175 Beyond this are the worlds of the hundred Rudras, enveloping Brahmā's egg, followed by the planes (tattvas) of the Sāmkhya system topped by the superadditions of the Śaiva system. Included in these sets are the water realm with its paradise worlds, and the third highest plane, Sadāśiva, described in the text as identical with the bindu (drop) and nāda (resonant sound) of the internal meditation. These descriptions include a section on Bhadrakālī, set into the Jayam or first world of the water sphere, "a dazzling black figure set off by her attendants, crores of white celestial females."

It is when we reach the levels, planes, or *tattvas* of the psychological components--ego, the mind, the intellect, etc. that we begin to see the logic underpinning much of the purificatory and visualization Yogas undertaken by the Tantric initiates. For the Indian Tantric believer, these realms and their resident deities actually existed. So to become god-like, or immortal, or to 'real-ize' one's cosmic identity, one would have needed to 'get in touch' with these resident beings directly, to 'real-ize' one's essential identity with them. This was done first using the mantric passwords to, as it were, line up the system; then the whole complex was fired-up, so to speak, or activated, through the sexual ritual.

#### 8.5.2. The Netratantra (Mṛtyuñjayatantra)

The interwoven character of Buddhist and Saivite *Tantra* shows up in many places of the Tantric tradition. One interesting example of this is the inclusion of Buddha in the visualization meditations described in the thirteenth chapter of the *Netratantra*: *Nārāyaṇa*, the four goddesses *Jayā*, *Lakṣmī*, *Kīrtiḥ*, and *Māyā*, and

Karpurī, Candanī, Kastūrī, and Kunkumī, a deity called Viśvarūpa, various avatāras of Vişņu-the man-lion, boar, dwarf, the Sun, Sadāsiva, Brahmā, and then-with no particular notice by the commentator, Ksemaraja--we find Buddha, followed by Kārtikeya. Netratantra 13.32b-34a describes Brahmā as follows: 'Brahmā, with four faces, handsome, colored red, with beautiful eyes; with pendulant  $k\bar{u}rca$ , firey, mounted on a swan, with four arms; with a stick and a rosary in [two of] his hands, holding an ascetic's water pot and the fearless [mudrā] [with the other two hands]; accompanied by the four Vedas, providing the fruit of all siddhis.'178 After the brief gloss by Kşemarāja that 'with the Vedas' means with their representations located at his side (sākārair pārśvasthaih), we come at Netratantra 13.34b-36b to the description of the image of Buddha to be meditated upon: Buddha, seated in the lotus posture, with pendulant ears and garments; with lotus-like eyes, the mark of the lotus, girded with jewels, good for the world; remaining in samādhi, the great yogi, his hands in the boon granting and fearless [mudrās]; holding an aksa [bead] string, the Deva, holding a lotus, with beautiful eyes; in this way [he] is to be meditated upon, and honored, providing the fruit of the liberation of women.' 179 Kşemarāja's only comments are that Buddha has lotus like eyes, the mark of the lotus on his hands etc., and because of being the sacrificer, etc. he is preeminent, hence is girded with jewels. 180 Then Kārtikeya is described.

Hélène Brunner critiqued Madhusūdan Kaul Shāstrī's KSTS edition rather sharply, questioning whether he was only a nominal editor, and remarking on his poor and basically useless introduction. <sup>181</sup> She provides us in her French article with

an excellent summary of the topics covered in the Tantra; again, I have mixed into extracts from her summary my own discussion and some references to the original Sanskrit. As with the Svacchanda, the Netratantra is divided into a continuous series of 22 chapters, without regard for the idealized four padas of Śaivāgamas. The text contains detailed descriptions of what Brunner terms 'magical procedures,' lists of demonic beings, techniques of using mantras for specific ends, iconographic descriptions, and lists of schools. 182 Chapter 1 describes Siva's third eye that he used to incinerate Kāma, and raises the paradox of the eye constituted of water--associated with the nectar of immortality-emitting such powerfully destructive fire. Siva explains that his third eye is nothing other than his Sakti: will (icchā), knowledge (jñāna) and activity (kriyā) map to his three eyes, and these again map to the Sun, the Moon, and Fire--once again in keeping with the consistent mapping of the three cosmic fires of the Vedic tradition into the esoteric mystical energies of the Tantric traditions--and to the three activities of creation, maintenance, and destruction of the universe. It is however the amrta aspect of Siva's eye (singular) that is emphasized throughout the text, resulting in the alternate name of this text, the Mrtyujit or Mṛtyuñjaya--Śiva as the conqueror of death. 183 This is similar to an idea we find in the Mālinīvijaya: "Filling one's very own body with the ocean of the nectar of immortality while contemplating the destroyer of death, one becomes [Him]--what's the surprise?"184

At the request of Pārvatī, Śiva provides the instruction in the *Netra mantra* in Chapter 2 that will relieve the worlds' sufferings. As a preliminary rite one must

draw in a purified location an eight-petalled lotus, and lay out the eight classes of Sanskrit letters (vowels, ka-varga, ca-, ta-, ta-, pa-, ya- and sa-) with Om in the middle. The Netra mantra itself is Om Jum Sah Mrtyunjaya vauşat. 185 According to Brunner the section on the mantra is written in a very difficult style, and even with the commentary it is not entirely clear. She notes matching of various syllables and sub-syllables of the mantra to directions, aspects of the body, etc., in the usual micromacrocosmic mapping systems we find in the Saivite and Buddhist Tantras. Chapter 3 prescribes the daily ritual; as with the Svacchanda, we have the preparatory bath, sandhyā rites followed by tarpaṇa (satisfaction of the deities and ancestors), entrance into the ritual location, special purification procedures by the master that involve destruction of the initiate's impure body and its replacement with a divine body provided through the mantras that encapsulate the divine power of Siva expressed through Sakti. The rites include an internal meditation on Amrtesa whom the initiate envisions in his own heart/mind, accompanied by external and internal rites, followed by a fire ritual (agnicārya). 186 Brunner notes that except for the difference in the central deity, the rites here are virtually the same as those in the Svacchanda and the Somasambhupaddhati (the latter has Sadāsiva as the central deity; this latter text is however not cited by Abhinavagupta or Jayaratha). Amrtesa is described in the meditational imagery as white like millions of moons, pearls, crystal mountains, milk, jasmine, and snow-his clothes and ornaments are white, he sits on a white lotus, and holds in his hand a Moon filled with white nectar; the worshipper must use white unguents and flowers for the worship. 187

Chapters 4 & 5 provide brief instructions on dīkṣā and abhiṣeka, in exact conformity with the Svacchanda. As Brunner puts it, "The Saivite--or Tantric generally-initiation is a long purificatory ceremony (400 pages in the Svacchanda for the description of just one method) whereof the objective is to unite the disciple with Siva after having, by means of the mantras, consumed in an instant all the karma that he has accumulated. The route that a master thereby sends a disciple on towards Siva may vary. The Netra(tantra) mentions the path of the tattvas (one may use 36, 18, 9, 5, 3, or one tattva), the path of kalā, pada, varņa, mantra, or the bhuvanas--one recognizes here the sixfold path (sadadhvan) common to all the Saivite schools." 188 In the multiple meaning sets that we can extrapolate from the loom-web-network notions that subsist in the connotations of the term 'Tantra' we see here that the basic concept of the interlinking web we identified in the Vedic doctrines in Chapter 2 of this dissertation has held constant in the Tantric doctrines. Yet the level of sophistication has risen considerably. In the Vedic material there were inchoate and developmental ideas of internal channels for the wind-fire that is the breath. Here in the developed Saivite Tantric doctrine (as with the Buddhist Tantric doctrine) the basic logical concept of the existence of internal channels in the human body wherein flow and are accessible the fundamental energies of the cosmos has been taken to a much more elaborate and logically consistent level. As mentioned in our discussion of the Svacchanda doctrines, Arraj has pointed out that any one of the adhvans or paths of the tattvas etc. is as good as any other, since each of the adhvans holographically as it were intersects with and contains the others. This is almost a

quantum-level notion of the internal reality of the human being. It is a sort of translogical idea that it is possible to be in more than one place simultaneously, since any
one of the access paths into the purified body instantaneously connects the initiated
individual into the cosmic network. To use a more common and current analogy, it is
as though we have a sort of cosmic Internet woven through our bodies, and accessible
via the correct passwords—the *mantras* of the initiation processes.

In the Netra initiatic procedures, the stages of initiation, ācārya, sādhaka, etc. are matched to the presence of Siva within the tattva levels. That is, the system sticks to the evolutionary system adapted from the Sāmkhya tradition, and locates Sadāśiva at level 24 (for the identification of the sādhaka), Iśvara at level 33 (for the identification of the samayin), and so on. 189 The basic concept of mantricempowerment pervades the Tantric ritual. As Brunner notes, the very water of the abhişeka rites is 'charged' by the mantra. 190 The sādhaka who desires siddhi must recite the chosen mantra in solitude, under severe asceticism, with one-pointed concentration. After one hundred thousand repetitions he will achieve only the inferior siddhis. After a million recitations he gains the ability of flight etc. After five million he gains the divine powers of a bhuvaneśvara; with ten million recitations he will become equal to Siva while remaining alive on earth. 191 The text lays out (in Chapter 6) three approaches (upāyas) to using the Mrtyjit Mantra: a) a gross (sthūla) method of sacrifice (yajana) using oblations (homa), recitation (japa), visualization (here: dhyāna) with yantras (ritual diagrams) and hand gestures (mudrā); b) a subtle method using Yogic techniques, and c) the supreme (para) or knowledge

The eighth chapter of the *Netratantra* describes the *para upāya* or supreme method, in a language reminiscent of the *Upaniṣads*, using here the *aṣṭāṅgayoga*. These categories parallel the coarse, subtle, and extremely subtle typology used in the Buddhist Tantras (see Chapter 7.4). All these *Netratantra* methods are explicitly dedicated to the fight against untimely death (*apamṛtyu*) or even normal death (*kālamṛtyu*) and diseases, <sup>192</sup> a fact that supports my observation at the end of Chapter 7.5.4. that a major thrust of Indian Tantric practice was aimed at a state of divinely inspired, enlightened and loving super-health and long life.

The mantric techniques in the *Netratantra*'s *sthūla* method are more complex than simple recitation: they involve bracketing the name of the person who will profit from the rite with the syllables of the *mantra*--a technique referred to as *samputa*, or encasing, in a variety of different syntactic structures.<sup>193</sup> This is a system that takes the semantic value of these sounds very seriously, believing that by arranging the sounds in certain patterns, by laying them out into diagrams or onto the body of the initiate, and by meditating on them and reciting them in the proper methods one can 'turn on' the hidden mystical energies. Just as one small error in computer code can crash a system, requiring a genuine mastery of the programming language on the part of the programmer, so too must the initiate and even more particularly the Tantric master have a real mastery of these incredibly powerful and potentially very dangerous cosmic energies. We read so often in the Tantras phrases referring to becoming Śiva

or becoming god-like, or attaining Buddha-nature, etc., that it is easy to become inured to the impact these ideas must have had in their original context. For someone raised in the Gaud-Christian tradition, it would be somewhat astonishing to here the priest or rabbi or minister declare from the pulpit that certain prayer and meditation techniques would enable one to become Christ himself, or Jehovah, or to gain Jesus' ability to walk on water and heal the sick. Were a young Jew to be told by a rabbi that he or she could learn the powers of Jehovah to send down plagues onto Egypt-for this is not different in logical kind from some of the magical rites taught in the Tantras for destroying one's enemies-this would no doubt cause quite an uproar in the local Hebrew schools of the Tri-state area! Were the Bible study classes to begin teaching that one could learn-through specific prayer techniques--to heal the sick and make the blind see as did Jesus, it would not be long before members of the news media came for a visit. Yet we read in text after Tantric text precisely these sort of claims: one can become lord of a realm or dimension (bhuvaneśvara), a term that taken in its fullness indicates the ability to control the forces of nature within a particular bhuvana, such as one of the earthly realms; one can learn to fly through the sky, make one's body disappear, identify oneself with Siva and conquer time and death, become a Buddha or his consort and liberate the universes, become free of all diseases, and so on. These are remarkable claims.

#### 8.5.3. Mālinīvijayottara Tantra

The *Mālinīvijaya* contains a host of rather obscure teachings about the assignment of deities, worldly elements, goddesses, evolutionary components from the

Sāmkhya and Śaivite principles of the universe, etc. to bijamantras. The 'garland' in the title of the text (the title is literally 'the Tantra that is the latter section of the Garland-Victory') refers to a garland of mātrās or bījas, i.e. a garland of seed phonemes in Sanskrit. As Kaul puts it, "Malini is of the greatest utility in infusing the divine life into the body of the practisers...."194 Śiva tells Parvatī at the beginning of the nineteenth chapter of the MVT, "Because of its practicability, O Goddess, the Garlanded One [i.e. the Mālinīviajayottaratantra] is also known as The Parted Womb" (sādhyatvena śrutā devi bhinna-yonis tu mālinī), 195 in deference to the sexual yoga doctrines outlined in the latter part of the text (see Chapter 9.3.2. of this dissertation). Much of the text is devoted to prescriptions for the practice of various meditations by the yogi, complete with deities, elements, and dimensions visualized and absorbed into the initiate's body, with a variety of resulting transformations. Since I have covered so many of the basic Saivite Tantric doctrines elsewhere (see Chapter 5.2, 7.3-7.5 and 8.1-3 above), I will not rehash the mention of these same doctrines in the Mālinīvijaya. As I noted in Chapter 5, this is the text that Abhinavagupta placed as the preeminent text of his system. It is written entirely in verse, and unfortunately we do not have a commentary on the text of the sort available for the Kālacakra and for the other major Saivite Tantras. Abhinavagupta's own partial commentary is really a sort of versified essay. The text is in 23 Chapters, with the titles as follows: 1) Chapter 1; 2) Mastery of the Pervasion; 3) Mastery of Extraction of the Mantras; 4) Chapter 4; 5) Mastery of the paths in the cosmic realms; 6) Mastery of the paths in the body; 7) Mastery of the Mudrās

(gestures); 8) Mastery of the Tantric Community; 9) Mastery of Initiation into Ritual Action; 10) Mastery of the Consecration; 11) Mastery of the Initiation; 12) Mastery of the First Visualization (dhāraṇā); 13) Mastery of (the visualization of) engendering the elements; 14) Mastery of the mediative visualization of the tanmātras; 15) Mastery of the visualization of the syllables; 16) Mastery of the (divine) visualization; 17) Chapter 17; 18) Mastery of the Supreme Vidyā; 19) The mastery of the clan's circle; 20) Specification of all the mantras; 21) Mastery of attracting the Moon; 22) Mastery of attracting the Sun; 23) Chapter 23. The text opens as follows:

The light rays of the Moon of knowledge, produced from the face of the supreme lord, capable of destroying the enemies of the joy of the world, conquer the destroyer of the savior; [he is] the savior of those drowning in the ocean of existence. Sanatkumāra (Eternal Youth), Sanaka (Ancient), 196 Sanātana (Perpetual), and Sanandana (Delightful), [and] the great rsis, Nārada, Agastya, Samvata, Vasistha, etc., turning towards Siva and Sakti [because of] desiring to know supreme reality, having properly honored him, they, delighted, spoke to him: 'Oh Lord, desiring complete perfection in Yoga, we have come [to you], and because she [i.e. Śakti] should not be without Yoga, therefore you must tell [us] about that.' He, addressed in this way by those rsis who were desirous of the Yoga, answered [them], his soul delighted [by their] having paid homage to Maheśvara. 197 'You must listen, [and] I will explain completely what provides the fruit of all siddhis, the Mālinīvijaya Tantra, coming from the mouth of the supreme lord.' [Then] to he who provides enjoyment and liberation, the Husband of Umā, who is honored by the immortals, who is self-stabilized, the goddess Umā, having bowed [to him], [she] said this: 'the Siddhayogīśvarītantra, of nine-crore extent, 198 was previously related by you, [and] consists of three sections; in the Mālinīvijaya Tantra, consisting of three crore [verses], 199 you explained the very extensive path of Yoga, Oh Maheśvara. In addition, you also explained the summation of that in twelve thousand [verses]--it is also very detailed, and not to be understood by those of feeble intellect. Summarizing that then briefly, for the benefit of those of feeble intelligence, you must explain, Parameśvara, out of kindness, what causes all the siddhis.'

Addressed in that way then by the goddess, the Universal Sovereign spoke: 'Listen, *Devī*, I will explain in detail the view of the *Siddhayogīśvarī* that no one has explained, the *Mālinīvijayottara*.'<sup>200</sup>

Evidently twelve-thousand verses was a popular number to postulate for the length of a Tantra, as we find the same number claimed for the Kālacakratantra. This sort of question-answer motif between Siva and Parvati is standard procedure for the beginning of most Saivite Tantras. The first chapter is largely a recitation of the Saivite schema of the evolution of the cosmos as it manifests from Siva in union with Sakti. The text lays out a categorization of the eightfold sets of consonants according to eight consorts of Rudra: Mahesī, Brāhmanī, Kaumārī, Vaisnavī, Aindrī, Yāmyā, Cāmundā, and Yogīśī.<sup>201</sup> Another set of Śaktis is mapped out for the fifty phonemes, with a variety of 'nectar' goddesses (amrta-), Nectar, full of Nectar, Nectar Ocean, Nectar Light, etc., a variety of Victors, aspects of power and time, etc. All of these embrace the Rudra-atoms (rudra-anūn yāh samālingya), 202 and emitting the entire conglomeration of atoms that make up the universe all these mantric elements remain as the single Śakti of Śiva (etāh sarva-aņu-samghātam api niṣṭhāya yathā sthitāh, tathā te kathitāh śambhoh śaktir ekaiva śānkarī). 203 What we have in this doctrine is the idea that the flexible matrix of phonemic sound, the system of Sanskrit phonemes, maps to the creational fulcrum of the atomic structure of reality. Using mantras in the proper fashion would thereby provide the initiate access to the nuclear fusion reactor where the elements of the universe are created--the meeting of the seed and womb that is Siva and Sakti. Properly initiated Tantric yogis and yoginīs would together thereby be re-enacting and therefore accessing the very moment of cosmic

creation. Within such logic the premise that it is possible to alter the atomic function of one's own body through the use of mantric sound would be perfectly consistent and reasonable.

The first stage of the process of psycho-physical transformation is accomplished by the practice of *mantra-nyāsa*, i.e. the placing or laying of the Sanskrit phonemes into the body's anatomy. As with the *Kālacakra* phoneme mappings, and those found in other Tantras, it is not easy to detect the logic of the pattern of the mappings. Here we have syllables laid into the sense orifices, the crown of the head, throat, shoulders, arms, hands, breasts, hips, thighs, knees, calves, feet, using vowels and various phonemes such as *tha*, *dha*, *nu*, *nū*, *sa*, *ksa*, etc. <sup>204</sup> These sanctifying, empowering, purifying magical sound packets are said to be the *mātṛs* or *mātṛkās*, the group of mothers (*mātṛgaṇah*) that provide the fruits of all desires (*iti mātṛgaṇah proktah sarva-kāma-phala-dah*). <sup>205</sup> In chapter six we find a second sort of mapping to human anatomy, this time the familiar *paācamahābhūtas*: earth, air, fire, water, and space plus various aspects of Śiva are mapped to various groups of joints. <sup>206</sup>

#### 8.5.3.1. A Mālinīvijaya Version of the Mahāmudrā

Chapters 6-10 of the MVT lay out various complicated initiation modes and meditations that I shall not discuss here. One curiousity for comparative purposes is the mention of the *mahāmudrā* in the 11th chapter, a term used in the Buddhist Tantric systems as the encompassing consort who includes within herself the preceding consorts, just as the *Sahaja-kāya* includes the other three Buddha bodies

(see Chapter 13 of this dissertation, wherein Pundarīka provides an extensive discussion of the *mahāmudrā* in Buddhist Tantric practice). The MVT chapter begins:

Now then I will describe the initation that is extremely difficult to achieve, that brings enjoyment and liberation, and provides accurate and immediate realization. The mandala, water pot, etc. are completely useless in this initiation, as are the previously (described) optional application of mantras, bathing (with ashes etc.). Having entered the sacrificial house, well-smeared and annointed with 'sauce', facing either east or north, well-adorned with flowers and garments, keeping continuously in mind the flaming Sakti from the tip of the foot up to the head, one should, by use of the mahāmudrā, meditate on the body as consumed by fire. And through using the reverse (procedure), one should meditate on the garlanded woman (Mālinī) as the immortal light, one should contemplate the perfection of the body with a mind continually meditating on that. Then one should meditate on the previously described path that is to be purified in the body; then, having purified the real things (vastus), one should guide (them) to the state of immortality with just the Sakti.<sup>207</sup>

Unfortunately we do not have a commentary and it is not really possible to tell from the remainder of the chapter exactly what *mahāmudrā* refers to. One suspects we may have some references to sexual rites here. Just as in the *Candamahāroṣaṇa Tantra*, where the initiate is blindfolded and casts a flower into the *maṇḍala* in order to select his consort, so too here the thrown flower marks the disciple's *kula* or Tantric clan, though it is not entirely clear whether the rites are mental here, with the Śakti being strictly a meditative one. The description is simply too obscure (for me) to be certain. <sup>208</sup>

In Chapter 12 of the *Mālinīvijayottaratantra* the yogi is advised to seek out a cave, or even an underground chamber, quiet, pleasant, without distractions, for practicing Yoga. After mastering the basics of Yoga, i.e. the postures, the *prāṇa*, the

senses, the mind, sleep, anger, anxiety and agitation, he will attain the 'entire circumference of the Śaktis *Dharā* etc. who are distinguished either mentally or by their characteristic marks.' The characteristic marks are said to be six: the sky, shape, drop, wave, earth, and sound. The sky is three-fold--inner, outer, and the combination. The drop is ten-fold, like a ball of Kadamba, like a glittering star, and because of its various colors, and so on.<sup>209</sup> Then we have another reference to the *Mahāmudrā* where the term appears to refer to the female initiate who joins with the male intiate:

Possessed of a self purified by the fire-oblation and initiation, possessed of the instruction about simultaneous entering (samāveśa-upadeśavān), the one who is desirous of mastering this Yoga should practice it at the very beginning. In the reversed procedure, the wise one, having placed the seed of Parā (Parābījam) in his two hands, should contemplate Sakti by use of the Mahāmudrā. Afterwards, performing a namaskāra to the reflection of the flaming fire from the tip of the feet to the top of the head, holding the wind in the heart, one should contemplate the brightly blazing seed of Parā in its own form, (and) one should meditate on its triad of syllables, issuing forth from ka and kha.<sup>210</sup>

I would say though that this information is inconclusive for determining a comparative relationship with the Buddhist use of the term.

Several times in the succeeding verses after the above section the yogi is instructed to envisage the body as shining like melted gold; then it says: "one should contemplate the entire self residing in the heart as bright as gold, the edge of the body as illuminated without remainder by one's own splendour." Just to remind the reader of the Vedic precursors of this idea of the 'golden man' in the heart, as mentioned in Chapter 2.4.2, there are several instances in the Vedic texts where the Sun is referred to as the golden man, and the sacrificer who performs the rituals

properly and learns the secret lore also is considered golden. Golden plates are worn on the outside of the body to represent the Sun in man.<sup>212</sup> So again we have the consistency of the ancient doctrine of the type-identifications maintained in the Tantric tradition, with a transformation, internalization, and some greater sophistication in terms of the details of explanation of the workings of these principles in the inner self. The Tantra says: "One should think of the pair as before as yellow like the disk of the Sun--one obtains the world of Brahman by the previously stated path." <sup>213</sup> In the Agni-meditation later in the same text, this notion of the individual as the golden man is taken to a new level.

One should contemplate the body as a triangle supporting a row of crimson flames. After seven days, Oh Devī, its sharpness becomes visible. After a month the adept is released from all (diseases) produced by wind and phlegm. And free from sleep, even eating a great deal he produces very little feces and urine. Through the destruction of time, one easily burns up any other real thing. Having become like fire after three years, the fire plays freely. Irritated, one can burn up everything, including mountains and woods and grovesone should contemplate the self as having mounted a triangle mandala.... One should meditate on tejas as the daymaker (i.e. the Sun), the fire in heaven. When stabilized, one becomes equal to it in size. 214

In a similar Wind-meditation, the text refers to the six drops in the body without any further explanation, <sup>215</sup> as the yogi becomes like the wind and travels hundreds of *yojanas*. Eventually, meditating on one's own body with the increase of the wind, and contemplating its non-existence, the yogi after seven years attains voidness (*śūnyatām pratipadyate*). <sup>216</sup> One wonders whether there is some borrowing from the Buddhist tradition here.

#### 8.5.3.2. Death Meditations in the Mālinīvijaya

The recognition of the 'sex or death' route to liberation is mentioned in the first chapter of the Mālinīvijayottaratantra. As we see here, though, the doctrine of how to approach this sort of consciousness transformation at death is not elaborated here; rather the emphasis shifts immediately to focusing on how to achieve this transformation while alive via the initiation stages and the practices of Yoga, and especially the Mantra- and Sexual-Yogas. "He who has become completely pervaded by Rudra and Śakti, who desires to go with the will of Śiva towards the goal of the perfection of enjoyment and liberation, is lead towards a true guru. Propitiating him then, having, through satisfaction, attained the Śankara-initiation, one should then immediately go to Siva, either through enjoyment, or through the destruction of the body. Having attained initiation into Yoga, knowing Yoga, one should practice [yoga]. At the end of that one abtains the perfection of Yoga that is the eternal station. Having reached the highest station by this Krama-yoga, one no longer becomes a paśu, and one remains in one's own purified ātman."217 Nonetheless we evidently have here a recognition of the element of the doctrine discussed in Chapter 7.4 of this dissertation-i.e. that the sexual yogas access the life-death circuitry of the subtle body system.

### 8.6. Buddhist Tantric Inititation Rites

I have covered many aspects of the Buddhist Tantric initiation rites elsewhere in this dissertation. Chapter 7.4 discusses many significant aspects of the practices in the process of considering Tantric physiology. We have touched on some of the central issues above in the preceding sections of this chapter, and I have provided

from Christopher George's work on the *Candamahāroṣaṇatantra* in Chapter 9.3.1. an outline of the preliminary initiation rites. Compared to the Śaivite initiations, the Buddhist Tantric initiation rites are—to my knowledge—somewhat more standardized, reflecting perhaps the homogenizing influence of the Buddhist university system with its relatively standardized curriculum. In this section we will briefly examine three topics: 1) the importance of the Tantric guru with the grounding of the Buddhist Tantric teachings in the monastic educational system of the Buddhists; 2) the principles involved in the Creation Stage practices; 3) some of the explanations of the sequence of the Perfection Stage practices leading up to the practice of sexual Yoga. Just to give an idea of the sequence of practices and number of rites involved in the Buddhist Tantric texts, I repeat here a section from Chapter 5 of this dissertation, the previously untranslated opening to the *Sambarodaya Tantra*. Vajrapāṇi's series of questions reveal a version of the standard set of topics that appear to be covered in every full-length Buddhist Sanskrit Tantra I have examined:

Om homage to the glorious Vajrasambara. Thus was it heard by me. At one time the lord took his pleasure in the vulvas of the lightning yogints of the body, speech, and thought of all the Tathagatas. [He was] together with the preeminent passionless ones, beginning with Āryya Ānanda, Avalokiteśvara etc. and the 800,000 yoginīs; seeing Vajrapāņi in [their] midst, [the lord] smiled. Vajrapāņi, arising from his seat, putting his upper garment on one shoulder, placing the mandala of his right knee on the ground, joining his hands together in homage, addressed the lord: "I would like to hear, Oh lord, a description of Utpattiyoga; and how, Oh lord, is the one Sambara of universal form arisen? How is there wind and water, earth, space, and [fire]? How is there the five forms, Oh deva, and then the sixfold, Prabho? How are the three bodies established externally, and established internally? You must explain how your goddess has the form of a god, Prabho. How is there the sun and the moon, Deva, and how is there the five paths? And what is the intrinsic nature of your

body, and what is the form of the channels? What is the extent of the channels, and what [is the extent] of the physical body?<sup>218</sup> You must explain to me, Prabho, about the cchoma that is the [secret communication] code of the Tantric community, 219 what are the internal and external signs of your pilgrimage sites, how [does one] attain the stages etc., and what is the explanation of the cause. What are your twelve actions, and how is mantra recitation [performed]? What is the string of aksa [beads], the practice, and your description of the recitation? What is your mandala, [its] turning, and the form of the divinities? What is the siddhi-mantra, and how does one satisfy the young lady? How is your divine service performed, and what are the vowels and consonants? What are the five nectars, Deva, and the five goads? You must explain how to draw the mandala, and the measuring line. How is your ground purified, and what is the protection cakra? With what [sort of] teacher is this done, and how does the student recognize him? What is your consecration, its extent, and the fourth? What is the rule about time, and [how] does one cheat death? What is your mark of the four ages, and what are the four continents? What is siddhi in each age, and what are the teachers and the practices? What are your yoginttantras and yogatantras? What is the extent of your sūtra literature and the perfection [of wisdom literature]? What is the siddhimantra of the foundational homa sacrifice? What is the [alchemical] elixir, Deva, and what is the alcoholic drink? What is the arisal of the mantras, Deva, and what is the extraction of the mantras? What is the punishment, Deva, and what is the reward? What are the principles, Lord, and what is voidness, and compassion? What is the intrinsic nature of the void, and what is the intrinsic nature of reality? What is the form of the deity, the name, and the line [on the body] characteristic of the yogints? You must explain, Prabho, the knowledge of all the properties of the states of being.'220

#### 8.6.1. The Tantric Guru

The text and commentary of the fifth chapter of the Kālacakratantra at several points indicate a very tight and disciplined Tantric student-teacher relationship in the context of the tradition of ascetic customs. The text prescribes that the Tantric initiate must first master the entire doctrine of early Buddhism before entering into Tantric practice. The text says "Here, in the Kālacakra, after the Yogi has learned the Dharmasangrahah, then he may be taught about the Tantra. Otherwise, without

the *Dharmasamgrahah*, it will be a teaching about the bad path."<sup>221</sup> Verses 5.238-240 lay out virtually the entire contents of the *Dharmasamgrahah* itself, the basic canon of teaching of earlier Buddhism in summary form. The commentary to 5.240 even adds an explanation of the *bhikşu* practices the Tantric initiate must have first mastered.

"Here, the qualities of the twelve ascetical practices of the *bhikşus* are living on alms, possessing the three monastic garments, only eating afterwards (*paścāt-khalu-bhaktika*), sitting quietly, properly spread out, having only one seat, living in the open space, sleeping on the roots of trees, dwelling in the forests, staying in the cremation grounds, making clothes out of rags from the dust heap, and dressed in woolen clothes. In this way, having learned first the entire *Dharmasamgraha*, then the supreme place of the lord in one's own body is to be meditated upon by the *mantra* possessor, together with the teacher."<sup>222</sup>

Towards the very end of the Kālacakratantra we have a series of verses providing a sort of poetic summation or closing argument of the teaching (without a commentary by Puṇḍarīka who considers them subodham, i.e. easily understood). Among these are a couple of verses set in the form of questions. In slightly cryptic fashion, as is the style with most of the Kālacakra verses, these indicate that the Tantric guru-student relationship was also a long-lasting one, and that the student was expected to give everything he had to the guru, including all his possessions and his wife and children.

5.250: Who is the sinner who does not praise at all three times the beautiful lotus foot of the glorious *guru*? Who is the unknower who creates for us the *mandala* of all three times (i.e. past, present, and future) with the many sorts of lotuses? Who goes quickly to the *Avīci* 

hell, who causes pain for the *guru* who provides the equal happiness? Who is the obtainer of wisdom and knowledge, who, not destroyed [i.e. still living], does not release the feet of the best *guru* (i.e. remains devoted to his *guru*)? 5.251: Who (can be) destroyed, also, who with the winds residing in the three channels slays infinite time? Who is the champion who slays the *prāṇa* and the *apāṇa* wind in the odd and even path[s]? Who is the giver, who to the glorious *guru* gives his own body, his children, wife, etc., everything? Who is the vile man, the cheat, and the rogue whose thinking is attracted to the lightning bolt from his own heart?<sup>223</sup>

The lineage of initiation in the Tantric tradition was already a subject of some controversy among the Buddhist community at the time Puṇḍarīka wrote his commentary, since he refers to the problem of Buddhist scholars in India who would study the Kālacakra texts without the proper initiation. Asking rhetorically why the initiations of this Tantrottara (Anuuttarayoga) tradition of the Kālacakra are protected relative to those of the Lokatantra (Kriyatantra) and Lokottaratantra (Yogatantra), he answers: "Why is that? Because of the conceit of Buddhist scholars in the land of India, those who are without obedience to [their] gurus, seeing the manuscript, the[se] Buddhist scholars will say "the place (or state) of the lightning bolt (vajra-padam) is known by us;" therefore they will go to hell on account of egotism, because they lack the lineage of consecration. Therefore [this] is protected."224

## **8.6.2.** Preliminary Initiation Rites

The Tantric practices of the Buddhist *Anuttarayogatantras* are divided into two major groups, the Generation or Creation Stage (*utpatti-krama*), and the Perfection or Completion Stage (*utpanna-krama*). Newman gives us a helpful summation of these two stages:

The primary function of the generation process is the development of a

clear visualization of oneself as the Kālacakra deity, including the deity's abode, the Kālacakra mandala. This process starts with the yogi only able to visualize a rough approximation of the deity's form; it continues until he is able to maintain a precise visualization of the entire Kālacakra mandala in a space the size of a pea for as long as he desires. Perfection of the generation process practices provides the yogi with a basis for the completion process. At this stage of practice the yogi maintains his visualization of himself as the deity in the mandala, but in addition he employs more advanced yogic techniques to transform this imagination into actuality. 225

The prerequisites for the Creation Stage practices are the bodhisattva vows of renunciation of Buddhahood for oneself, and a vow of compassion, with an intention to stay in the world and work for the benefit of all living beings over how ever many lives it takes to liberate the dimension. Concomitant with these vows is the necessity of the development of a flexible identity sense--i.e. the development of a fundamental non-attachment to one's own particular identity as epitomized in the Jātaka stories of Śākyamuni's prior incarnations wherein he repeatedly gives himself up in selfsacrifice to aid other beings. Finding the right guru is of course considered essential, as discussed above in 8.6.1; it is the guru who plants the seeds of attainment in the mind of the students. Then come the Creation Stage Visualization practices mentioned by Newman above. The aim of this practice is the gradual replacement of the ordinary sense of oneself with an extraordinary sense of self via the repeated practice of the reenvisionment of one's own body, the bodies of others, and one's environment as a Buddhas living in a divine Buddha-realm (Buddha-kşetra). This is termed in the tradition as the development of Buddha-abhimāna, i.e. Buddha-pride, the sense of oneself and others as in fact Buddhas, endowed with all the traditional attributes. Through the practice of learning to visualize oneself in the mandala as

Kālacakrabuddha in embrace with his consort, one learns to map the four Buddha bodies into one's subtle body, with the concomitant states of consciousness as discussed in Chapter 7.4.2-7.4.3.

# 8.6.2.1. Creation Stage Visualizations

What we find in the Tantras is that all of the substantial 'external' and conceptually abstracted elements that govern our life on earth, such as the five elements of earth, air, fire, water, and space, the planets, stars, time categories, etc. are reconceived as personalized, deified beings. In doing so, the initiate comes to see all of his or her otherwise insensate (jada) components as a living community (kula) of divine beings who are infused with life-giving solar light energy. This is to really reimagine ourselves as an atomic-level electrical energy living matrix. In his wonderful book on the neuroscience of memory, In the Palaces of Memory, George Johnson cites Jonathan Spence's discussion, in The Memory Palace of Matteo Ricci, of

A sixteenth-century Jesuit who brought to the people of China a wonderful memory system that had been used in the West since the days of ancient Greece. To improve their powers of retention, people would build memory palaces, huge imaginary buildings they kept inside their heads. After years of practice, the images would become so vivid that a person could close his eyes and picture his palace as though it were real. Eventually, these mental architectures would become impossible to erase.... If an orator wanted to memorize a speech or a tax collector wanted to remember a list of names, he would mentally place each item inside a room in his own personal memory palace. When he wanted to recall the information, he would enter the front door and wander from room to room, retrieving the images. The palace was a structure for arranging knowledge. 226

While the intention of the Tantric practice differs from that of the old Greek and

Roman memory palace techniques, the Creation stage visualization of oneself as Kālacakra Buddha (or some other Buddha depending on the textual tradition) in the center of the Kalacakra mandala shares the same principles of memorization. The initiate builds in his or her mind an elaborately detailed three-dimensional palace of the deity. Each tile of the floor, each pillar of the doorway, each colored wall, every ornament hanging is visualized in detail, and every element and deity visualized in the mandala represents a divinization of the components of oneself and the universe. The opening verses of Kālacakratantra Chapter 5 (see Chapter 11 of this dissertation for a translation of this material) recapitulates the visualizations of the Kālacakra Creation Stage described in the earlier chapters. The initiate visualizes all of his or her bodily and psychological components shamanistically shattered and reconfigured into the structure of the Kālacakra mandala palace. This Tantric practice of visualization/deity Yoga presents a really incredibly complex mental pattern where the most intricate details of the physical body and psychological self are reimagined in a self-deification process. It is almost equivalent--allowing the invention of a technique here--to imagining the molecular structure of your DNA--the atomic bonds of the DNA base pairs, with their interlocking electron shells, with the positive and negative polarities of the water molecules, methyl groups, etc. as pairs of orgasmically coupled Buddhas and their consorts in an idealized universe. Here is one example from the fifth chapter of the Kālacakra Tantra:

[KCT:] Now the symbolism/purification of the *mandala* through the purification of the bodily constituents is stated: 5.2: You must make the pillars, the row of vajras, and the earth-circle in sections, with the bones; [You must make] the foundation in the east, south, north, and

west with the flesh, blood, urine, and excrement; [You must make] the Sun with the bile [humor], also the Moon with the phlegm [humor], likewise the lotuses with the sinews; [You must make] the five types of lines by what's produced from the earth, water, fire, wind, and space. | |2||227

After an elaborate set of instructions on this, then we find that the entire structure is again reencapsulated into seed syllables (bījamantras) that represent both the visualized mandala elements and the bodily/psychological elements. This is the process of phonemic mapping described above in section 8.3 above. I refer the readers to Chapter 11 of this dissertation for the translation of this long section of the Kālacakratantra and Vimalaprabhā on visualization mappings. Another very colorful visualization is given in the second chapter of the Kṛṣṇayamāri Tantra. I reproduce it here from Chapter 4.6.6. of this dissertation for the convenience of the readers:

At midnight, with fierce thought because of the relationship with evil people, one should bind together the name of the obstacles to sentient beings with the hum syllable. Facing south, the yogi should draw himself as the destroyer of death, Mahācanda in his fierce form, adorned with skull fragments, sitting on a buffalo, with a lolling tongue, a big belly, terrifying, with tawny erect twisted locks, likewise [tawny] curly facial hair and eyebrows; and [he should draw] in the right [hand] the great vaira, and also a chopper [in] the second [hand]; in the third hand a knife, and now, the left: on the left a cakra, and a great lotus, and a skull; at the front of the root, 228 [he should draw] the great bee, on the right, very brilliant [like] the moon; the left, said to be blood-red like, adorned with diamond ornaments. [He] should make the holes of the pores of the skin irradiate the king of his own clan, standing in the *pratyālīdha* position, standing up on top of a solar disk, his face with terrible deformed fangs, appearing like the blazing fire [at the end] of the age. Furnishing oneself in this way [evam ātmānam sannahya], one should apply what's to be prepared in front...<sup>229</sup>

We also find in some of the Tantras specific instructions on goddess and dākinī self-visualizations for the female initiates. The Catuspīţhanibandha indicates a certain

systematic location of goddesses in the *manḍala*: "One should meditate on she who is steadfast in the *sattva-paryaṅka*, <sup>230</sup> her two arms colored white, and on the *vajra* and stick on the left and right arms. That one is *Vajrī* in the east, *Ghorī* in the north, <sup>231</sup> *Vetālī* in the west, <sup>232</sup> and *Canḍālī* in the south. <sup>233</sup> In the northeast [she is] *Simhinī*, <sup>234</sup> in the southeast *Vyāghrī*. <sup>235</sup> In the northwest [she is] *Ulūkī*. <sup>236</sup> A specific description of adopting their iconographic positions is given in a commentary to the *Catuspīṭhatantra*: "Placing the right foot in the *manḍala* and the left foot on the ground, one sprinkles the water with the gesture of transcending the three worlds; hence the three steps (of *Viṣnu--trivikramapadam*). One should step over the left foot with the right foot. Bending the left leg, one should stretch it out to the extent of five *vitastis* <sup>237</sup>—such is the *ālīḍha*. For the *pratyālīḍha* here, bending the right leg, one should stretch out the left leg to the same extent. <sup>n238</sup> Many of the descriptions of different goddesses and *ḍākinīs* we find, for instance, in *Abhayākaragupta*'s *Niṣpannayogāvalī*, include the deity assuming either the *ālīḍha* or *pratyālīḍha* position.

Although I have not yet read the *Abhişeka* chapter of the *Kālacakra* in detail, I did manage to read the opening portion of the *Sekoddeśa*, a section from the now lost original or Root Tantra of the *Kālacakra*. Gnoli has managed to reconstruct the 174 verses of the *Sekoddeśa* from a single manuscript folio and citations in exegetical literature. The text was translated into Tibetan in the second half of the 11th century by Somanātha and his Tibetan collaborator, <sup>239</sup> so we know it dates from at least then, and perhaps somewhat earlier. The Sanskrit of the *Sekoddeśa* as reconstructed by

Gnoli is in fairly simple verse, so we can learn quite a bit from the Sanskrit text. Sucandra asks Bhagavan to explain to him the seven-fold initiation and the threefold unsurpassed teaching for the sake of laukikottara-siddhi, i.e. worldly and worldtranscending perfection.240 The sevenfold initiation is the water (udaka), crown (mukuta), turban-cloth (patta), vaira and bell (ghantā), the great vow of conduct (mahāvrata), the name (nāma), and the permission (anujñāna).241 The first two purify the body, the second two the speech, and the third two the mind, by purifying the dhātus etc; the last purifies jñāna or knowledge. The water initiation purifies the dhātus or component elements of the physical body--blood, semen, bone, marrow, flesh, fat, and rasa or nutritive fluids. The crown initiation purifies the skandhas or psychological aggregates of the individual-these are five, defined in the Dharmasamgraha as rūpam, vedanā, samjñā, samskāra, and vijñāna,242 i.e. what we see, feel, name, conceptualize, and think we know. The cloth initiation purifies the pāramitās or perfections, described as either six or ten: charity (dāna-), proper behavior (śīla-), patience (kṣānti-), fortitude (vīra-), concentration or meditation (dhyāna-), and wisdom (prajñā-pāramitā);<sup>243</sup> to these four are sometimes added perfection of method (upāya-), prayer or solicitation (pranidhi-), strength (bala-), and knowledge (jñana-).<sup>244</sup> The vajra and bell initiations purify the 'great indestructible' (mahākşaram)--a term used to refer to both the drops in the subtle channels and the bīja-mantras. As the text clarifies, the Buddha's speech is not subdivided (buddhabhāṣā na vicchinnā), (so it is capable of) purifying the Sun and Moon (channels) simultaneously. The great vow consecration purifies both the senses and their

domains or objects. The name consecration purifies friendship etc., while the permission consecration purifies one's Buddha-nature.<sup>245</sup> Hopkins, working from the Tibetan tradition, gives a slightly different explanation of these first seven consecrations as authorizing the generation stage practice "in the pattern of childhood." The water purifies earth, water, fire, wind and space; the crown purifies the five aggregates of forms, feelings, discriminations, compositional factors, and consciousness; the silk-ribbon purifies the ten inner winds; the vajra and bell purify the left and right channels; the conduct purifies the six sense powers--eye, ear, nose, tongue, body, and mental senses, and their objects of form, sound, odor, taste, tangible objects, and 'other phenomena. The name purifies the six action faculties, mouth, arms, legs, anus, urinary and procreative organs, and their activities of speaking, grasping, walking, defecating, urinating, and ejaculating; and the permission purifies "the pristine consciousness aggregate and the pristine consciousness constituent."<sup>246</sup>

## 8.6.2.2. Perfection Stage Initiation

The Perfection stage rites involve the practice of the *Sadangayoga*, with the opening of the central channel and the unknotting of the *granthis* in the *cakras* as described in Chapter 7.4 of this dissertation, and the engagement in the stages of sexual yoga with a Tantric lover. The practice of sexual yoga is analyzed in some detail in Chapter 9, and I have already discussed essential aspects of the practice in Chapter 7.4. I have not had the time to read and translate the entire third chapter of the *Kālacakratantra* and *Vīmalaprabhā* (203 verses, 148 pages of Sanskrit in the

Sarnath edition), the chapter on the Abhisekas or Consecrations that tells us about the Kālacakra preliminary initiation rites in detail. From the Table of Contents, the Sarnath editors' summary, and a quick scan of some of the material, it is evident that these rites involved most of the standard preparatory procedures, inclusive of drawing the mandala, installation of the deities, visualization practices, various protective magical rites, etc., in preparation for the sexual yoga initiations. The text defines the "upper initiation" (uttara-abhişekah) as twofold (KCT 3.119). The first is touching the consort on the breast, and it alone is the "pot initiation." The secret initiation is the looking at and tasting the nectar from the secret (cakra). Purified by the entire clan of the Victors in the Wisdom and Knowledge consecration (prajñā-jñānaabhiseke), the consort who has beautiful limbs is [then] to be given to the student by the guru, after he has been a witness there. Pundarīka explains the twofold upper initiation. The first is for the purpose of incarnating human beings, for complete knowledge of the path, and is authorized for one who has heard (i.e. learned) the Tantras. The other is to provide the position of mahācārya, and for turning the initiate into an instructor. The sexual rites described are essentially the same as those I have detailed in Chapters 9.3.1.1-9.3.1.2., and Pupdarīka cites a list from the Mūla Kālacakratantra of the participants eligible for these rites that is very similar to the list I have cited from the Candamahāroşanatantra in Chapter 9.3.1.2.

The Sekoddeśa lists what Hopkins identifies as the "four high initiations," the vase (kumbha--in earlier Yoga literature this usually refers to a stage of mastery of prāṇāyāma), and the secret consecration (guhya-abhiṣeka), the wisdom and knowledge

consecration, and the word consecration. The "four greatly high initiations," as Hopkins terms them, are again the pot and secret, the great wisdom and knowledge consecration, and the word consecration. (The Sanskrit grammar of the text reconstructed by Gnoli indicates a different parsing of the text that the traditional Tibetan interpretation provided by Hopkins.)<sup>247</sup> On a comparative note we find in the Mālinīvijayottaratantra that either a pot or a water pitcher is acceptable for those initiated into Siva's fire in the Saivite Tantric initiation process (śivāgni-guru-śiṣāṇām vār-dhānī-kumbhayoh samah). 248 The Sekoddeśa refers to a threefold purification of the body, speech, and mind by the perishable and imperishable, the vibrational and non-vibrational, and what is beyond those, with a fourth being the complete purification of jñāna; these are again reclassified as four--childhood, maturation, and full grown or old age, and prajāpatih--the old name for the Vedic creator god, literally 'the father of progeny.'249 In the Kālacakra's fifth chapter, the four consecrations are said to be the laughing (hasita), gazing (Ikṣaṇa), (holding) hands (pani), and sexual union as the pair (aptidvandva), and this "fourfold consecration" is also known as the teacher ( $\bar{a}c\bar{a}rya$ ), the concealed (guhya), the wisdom ( $praj\bar{n}\bar{a}$ ), [and] the knowledge (or intuition, *jūāna*). 250 Touching the Tantric lover's breast is said to be "taught for the purpose of introducing the path" (mārga-avatāraṇa-artham). 251

Sekoddeśah 18: From the division of touching the breast of the Wisdom (consort), there's the pleasure that is the release of the bodhicitta. The child is he who's been anointed by the breast [milk], whence pleasure is attained. (19): From titillating the private parts for a long time, the pleasure of the release of the bodhicitta is produced; the mature one is he who has been anointed by the private parts, since it is from the private (cakra) that pleasure is obtained. (20): From titillating the private parts for a long time, pleasure is produced from the

vibration at the tip of the vajra (penis); the old or full-grown one is anointed by wisdom and knowledge (prajñā-jñāna-abhişiktah sa vrddhah) since he has become vibration (spandam gato yatah). (21): From the passionate love of the great consort (mahāmudrā-anurāgāt) the pleasure is produced from non-vibration; since he who has been anointed by the great consort achieves the state of non-vibration. (22): He is known as *Prajāpati* who is the progenitor of all the saviors; the Vajrasattva, the Great Being (mahāsattva) and the Bodhisattva are nondual, imperishable. (23): This one who is the Samaya-sattva is fourfold, possessed of the vajra-yoga; he is known as Kālacakra since he provides liberation to the yogis. (24): One should practice the sādhana of this one (i.e. Kālacakra) with--from one's own consciousness--the unexpected (surprising) sudden appearances, the causal signs of smoke, etc., the sky-like images of Prajñā (25:) that are entirely free of the mass of particles and ultimate particles (or, atomic and subatomic particles) [and] intended to [convey] ideas that transgress existence and non-existence, (26:) [appearing as] smoke, sparks, fireflies, lamp flames, fire, the Moon, and the Sun. The darkness, digit of the Moon, great drop, image of the universe, [or] clear light (prabhāsvaram) (27:) that is not sequentially constructed in the void with one's [own] two eyes--either closed or unclosed, appears as a dream-like image, [and] one should continually meditate on that image. (28:) The yogis' meditation is no meditation when that image does not exist, since by seeing the non-constructed in the image in the mind, (one understands that) there it neither exists nor does not exist. (29:) Just as a young virgin might see in a mirror a divinatory image that is not produced from a real object, likewise the yogi also sees the properties of the past and the future in the sky. (30:) That is neither existent nor non-existent, since one sees that the object is void of reality; and since there is no real existing thing, the object is like an illusion, dream, or Indra's net.

The Kālacakra explains for us the process whereby the initiates come to see the signs of smoke etc. As David Pingree has explained to me, the notion of a sixteenth digit of the Moon is a poetic invention. The *Jyotiḥśāstra* tradition mapped fifteen *kalās* of the Moon as the fifteen slices that progessively light up as one moves from the new Moon to the full Moon. This became a standard idea in Indian astronomy. The court poets invented the idea of the sixteenth digit for the fullest full Moon of a woman's

beauty, i.e. a woman so beautiful that her beauty could outshine the moon, since she had an extra *kalā*. The sixteenth digit idea was apparently adopted into Tantric doctrine, and is here correlated with the drop of nectar from the Moon/Soma in one's head. The Yoga of open space (*abhyavakāśa*) referred to in the passage is listed at *Dharmasamgraha* 63 among the twelve ascetic practices, "at the base of a tree, on a single seat, in an open space, in a forest, at a cremation ground..."<sup>252</sup>

[54.1] Now the entry of this one into the image of his own thought is stated--5.115: By those whose thinking is deeply engaged in the akāśa, who with eyes unblinking have entered onto the lightning bolt path; From the void, smoke, a ray of light, the manifestly stainless Sun itself, the lamp; The flame, the Moon, Sun, and lightning bolts also, the ultimate digit, is seen, the drop also; [54.5] In the middle of that, the Buddha's image is a multiple enjoyment body without sense domains. | | 115 | | Beginning with "Akāśa." Here, in the mantrasystem, in the perfection vehicle, there is a twofold Yogic practice: there is a practice of Yoga in the ākāśa, and [the practice of Yoga] in open space. He will achieve Yoga in the akāśa who at night, in a house without holes, in the darkness, with thought deeply engaged in the akāśa, sees the signs of smoke etc., with eyes unblinking, having entered onto the lightning bolt path. In this sense, with his praṇā entered into the central channel (avadhūtī or madhyamā) from the void itself, by those whose thinking is deeply engaged in the akāśa, who with unblinking eyes have entered onto the lightning path, [54.10] from the void [there is] smoke, a ray of light, the evidently stainless Sun itself, [and] a lamp--[this he] will see with the night-yoga. Then he sees the cloudless sky. Then from the sky, again in the daytime-yoga--"from the sky arisen, self-arisen, the great fire of wisdom and knowledge," (Nāmasamgīti 6.20)<sup>253</sup>--thus the fire is seen in the cloudless sky. Thus, "Vairocana, the great light, the light of knowledge, the Sun," (Nāmasamgīti 6.21), a image of the Moon, the light of the world, the Sun, the torch of knowledge, the lightning-seizer (Vajrarāhu) the great brilliant flame, shining, the highest digit of lightning (This is an innovation; normally the parakalā or paramakalā is attributed to the Moon; here lightning is also said to have an extra portion), i.e. the king of science, the highest mantra lord, the drop possessor. In this way, the tenfold cause is declared by the Bhagavān in the [Guhya] Samāja etc, by the night Yoga, and in the Nāmasamgīti by the day Yoga, is by the Bhagavān stated. Then "the mantra king is

the great achiever of objectives," (Nāmasamgīti 6.22), so in every form, cloth, pot etc. one sees [his] image. In the middle of that, in the middle of the drop, without sense domains, since it is lacking elementary substance, <sup>254</sup> [and] since it is lacking imagination [kalpanā], the multiple enjoyment body. Then by the image-yoga the unstruck sound itself is heard. Thus the emanation body, through the appearance of form, [54.20] [and] through the appearance of sound, is enjoyment—this is the meaning. [115]

As part of the reabsorption meditations that are part of the Perfection Stage processes, the initiate has to learn how to absorb all the components of the universe into himself in order to transform them. In glossing KCT 5.165, Pundarīka gives us an extended explanation of how it is that the basic components of the universe collapse into each other at the end of time, before the beginning of a new cycle of creation, and the relationship of this process to the existence of *karma*, via the so-called 'karmic-wind' (*karma-vāta*),' a property said to be entirely lacking from the *Buddhakṣetras*.

In this way, all the heretics are believers in the collection of the ultimate particles. Therefore, externally, one must know about the arisal and destruction of the Buddha fields and of the worldly constituents. And it [i.e. the arisal and destruction] occurs because living beings experience good and bad [karmic] fruits, as many [karmic] fruits] as is the number of living beings; this is the rule. Therefore, at the time of the destruction of the worldly constituents, this karmic wind [karmavāta] is the worldly constituent whereby [there is] what has arisen, first, and the Buddha field, and that [field] has a twofold intrinsic nature: one is the unmoving, like a nakşatra in the sky--the worldly constituent Buddha field does not move in any direction whatsoever; the second has the intrinsic nature of movement, like the zodiacal circle in the sky. [118.25] In this way, immobility is the intrinsic character of the stationary [things] that are inside of the worldly constituents, [while] living beings have movement as their intrinsic nature. [It is called] the karmic wind because of the characteristic of consciousness. In this way there is, by that, the destruction of the physical bodies that are a collection of ultimate particles, at the time of the destruction of the worldly constituents and

of the destruction of the Buddha fields, [the time] that has the characteristic of revolution [avarta] and transformation [vivarta], and is characterized by creation and destruction. At that time of the destruction of the worldly constituents, of the earth, i.e. the ultimate particles of the earth, are engaged by conjunction with the constituents of water etc. Having drawn from the multitude [rāśi] of earth ultimate particles (bhūmi-paramānu) [119.1] the earth ultimate particles, separating them individually, one casts [them] into the water constituent (tova-dhātu), i.e. into the heap of water ultimate particles. In this way, having drawn [the water atoms] from the water constituent, one casts [those water atoms] into the fire [constituent]; drawing the [fire atoms] from the fire [constituent], one casts [them] into the wind [constituent]; drawing from the wind, [they] go individually into space. In this way, there is the withdrawal of the worldly constituents. And whoever is in hell is called the Fire of Time, the deity who burns the worldly constituent, and creates ash, such a one is the fire of time, he in fact is a collection of ultimate particles. Whoever, [119.5] through experiencing another dharma, is devoid of atoms, he does not at all burn, nor does he cause consumption. In this way, when the destruction of the stationary objects happens, the pranas that have the characteristic of consciousness [vijñānadharmiṇah], they have gone to another field, to a worldly realm [lokadhātu]; what is produced by the karmic wind is for their enjoyment. In this way, the unending karmic winds are generated by the worldly constituents, are produced by the Buddha fields, just as the prāņas of living beings are individually produced in the body, i.e. produce the growth of stationary ones. Thus the proof in the concealed [truth]. | 165 | 1255 ..... It is stated in the Prajñāpāramitā, in the section on the arisal of the dharma, "the Buddhas' coming or going has not occurred, will not occur, and is not occurring." Therefore, in the purified atom, that is the best of the single flavor, that is the perfected flavor [siddha-rasa], that is the penetrator of all the constituents, that is the basis, all the Buddhas are gathered together who are characterized by the void, and who are revealed. In this way, the Buddha field is entirely without karma, i.e. devoid of the karmic wind. 256

Here too is another example of the multivalent usage of the term rasa--in the purified atom (śuddha-paramāṇu) of the Buddha that is the best of the single flavor (ekarasāgre), the perfected rasa (siddha-rasa) are located all the Buddhas.

### 8.7. Conclusion

The Tantric initiation rites evidently present us with a complex system that draws in very wide range of material from different fields in the Sanskrit tradition, and adds what appear to be a number of innovations. The detailed mapping of time sequences to the subtle body appears to be an original contribution of the Tantras that is not found in traditional non-Tantric Jyotihśāstra. What is particularly interesting about this material from a historian's point of view is that it appears to offer an Indian explanation for the mechanism of astrology--i.e. it provides a rationale for how it could be that the motions of the planets could have some influence on our personalities and behavior by indicating that the movements of the planets through the constellations is concomitant with the movement of energies through our subtle body. The complicated doctrine of Mantraśāstra we find in the Tantras is also evidently a development that, while apparently based to some degree on the same principles as the Vedic Mantraśāstra (to the very limited degree that I understand this latter discipline), appears to have taken Atharvaveda principles of mantranyāsa or mantraapplication and raised this practice to a very sophisticated level. Unlike the earlier Buddhist traditions that placed such heavy emphasis on celibacy and renunciation as prerequisites to following the path, and unlike the earlier Yoga-darśana that in the end idealizes an internal psychological separation of puruşa from prakțti, the Tantric tradition moves into a full mutual embrace of the male and female--from literal physical, psychophysical, and philosophical or doctrinal perspectives. In this sense it marks a return, doctrinally and systematically, to the earlier fertility magic hinted at in some of the Vedic, Atharvavedic, and early Buddhist practices. Yet in the Tantric

systems sexuality and the harnessing of sexual energy for transmutational ends is not tangential, incidental, or fringe in any way. Rather the frank and exuberant acceptance of the power of human sexuality has taken center stage. A good example of this is the simple fact that the seminal and menstrual sexual energy in man and woman is called bodhicitta and dharma in the Buddhist system. These names really conceal a great mystery: they acknowledges that the most potent level of consciousness is identical with the physical substance males and females generate to create new life--indeed, what more essential aspects of our physical existence could there be? For the woman, her essential sexual energy is called dharma, with "the rise of dharma" (dharmodaya) used as a sandhyābhāsā reference to her vaginal orgasm during the sexual yoga practice. In the Buddhist Tantric system, there is in these names a recognition of the ultimately intimate link between a men and women's orgasmic 'rise' with their highest potential state of awareness. For to gain control over the ejaculatory and orgasmic impulses is to gain control over the procreating impulse, the instinctive drive to create new life, and in so doing to gain the power to use the energy of this drive to 're-create' oneself. The Tantric system seeks to redirect this most basic drive (one that is normally below the threshold of conscious control), from new-life-creation (i.e. procreation) into own-life-transmutation, and it is this process we will examine in Chapter 9.

#### NOTES

- 1. See Commentary on 5.127 (Rinpoche et al 1994b:72.7).
- 2. Sopa et al 1985:20.
- 3. Muller-Ortega 1989:185-186.
- 4. Sopa et al 1985:53.
- 5. Muller-Ortega 1989:182.
- 6. Buddhi-prāṇa-dehendriyādikam samastam kulam. Muller-Ortega 1987:188.
- 7. Dhargyey 1985:135.
- 8. Muller-Ortega 1989:188.
- 9. Dwivedi & Shashni 1990:99 (Pratyāhāras tathā dhyānam prāṇāyāmo atha dhāraṇā | anusmṛtih samādhiś ca ṣaḍango Yoga ucyate | | ).
- 10. See Woods 1914:177-183 and Taimini 1961:205-230.
- 11. See Broido 1988.
- 12. My thanks to Prof. Robert Thurman for helping clarify this particular point.
- 13. Yogavāsiṭhaḥ 5.78.14-16: Prāṇa-spandāc citaḥ spandas tat-spandād eva saṃvidaḥ cakra-āvarta-vidhāyinyo jala-spandād iva ūrmayaḥ | 14 | cittaṃ prāṇa-parispandam āhur āgama-bhūṣaṇāḥ | tasmin saṃrodhite nūnam upaśāntaṃ bhaven manaḥ | 15 | manaḥ-spanda-upaśāntyā ayaṃ saṃsāraḥ pravilīyate | sūryāloka-parispanda-śāntau vyavahṛtir yathā | 16 | (Pansikar 1984{1}:730).
- 14. KCT 5.1b--from *Dharmasamgrahah* 25: The eighteen consituents are: the eye, ear, nose, tongue, body, mind, form, smell, sound, taste, touch, and *dharma* constituents, and the eye-awareness, the ear-awareness, the nose-awareness, the tongue-awareness, the body-awareness, and the mind-awareness constituents. ("Aṣṭādaśa dhātavah--cakṣuh-śrotra-ghrāṇa-jihvā-kāya-mano-rūpa-gandha-śabda-rasa-sparśa-dharma-dhātavaś cakṣurvijñāna-śrotravijñāna-ghrāṇavijñāna-jihvāvijñāna-kāyavijñāna-manovijñāna-dhātavaś-ceti." (Kasawara et al 1885:5).)
- 15. Rinpoche 1994b:2.5. Dharmasamgrahah 22 lists five aggregates as rupa, vedana, samjna, samskara, vijnana (Kasawara et al 1885:5). The Tantric system adds a sixth, void.
- 16. KCT 5.14b. Dharmasamgrahah 11: Yamāntakah, Prajāāntakah, Padmāntakao Vighnāntako 'caraṭarkirājo, nīladaṇdo, mahābalo, uṣṇīṣaś, cakravartī, saṃbharājaś ceti¦ | (Kasawara et al 1885:3). "The ten fierce ones [daśa-krodhāh] are as follows: the destroyer of death [Yamāntakah], the destroyer of wisdom [Prajāāntakah], the destroyer of the lotus [Padmāntakah], the destroyer of obstacles [Vighnāntakah], the unmoving king of the Takkas [Acara-ṭakki-rāja (the text reads -ṭarki- yet this is not a word in Sanskrit. I've corrected it to ṭakki, following the Vimalaprabhā at Rinpoche 1994b:11.16.); the bearer of the dark blue stick [Nīladaṇḍa], the very strong one [Mahābalah], the one dwelling in the crown cakra [Uṣṇīṣa-cakra-vartin], and the Sumbha king [Sumbharāja--I use the alternate reading from the India Office Library manuscript; Sambha is not a word in Sanskrit. (Kasawara et al 1885:3).
- 17. Rinpoche et al 1994b:22.10. As *Dharmasamgrahaḥ (120)* says: "The four continents are as follows: *Pūrvavidehaḥ*, *Jambudvīpaḥ*, *Aparagodānir*, and *Uttarakuru*." (Kasawara et al 1885:129). *Videhaḥ* MW identifies as "modern Tirhut," citing sources beginning from the

- Satapathabrāhmaṇah. Janaka was also known as "king of Videha" in the Upaniṣads, his capital city Mithilā; Uttarakuru is the country of the northern Kurus, north of India. Jambudvīpa is India. Aparagodānih or Aparagodānah is the continent west of Mahāmeru.
- 18. KCT 5.67d. Dharmasamgrahah 80 defines the four māras as follows—the aggregate māra, the addiction māra, the son of a god māra, and the death māra. ("Catvāro mārāh, tadyathā—skandhamārah, kleśamāro, devaputramāro, mṛtyumāraśceti." Kasawara et al 1885:17).
- 19. KCT 5.37d. Monier Williams' Dictionary (MW) cites Dharmasamgraha 80 as listing four Māras, skandhamāra, klešamāra, devaputramāra, and mrīyumāra; later theory elaborated millions with a single ruler Māra. MW cites Dharmasamgraha 52 as listing maranabhaya as one of five types of fear. This is a misprint—it should be Dharmasamgraha 71: The five fears (pañca bhayāni) are: fear of the Ājīvikas (the sect founded by Gošāla, Mahāvīra's student), fear of Aśoka (aśoka-bhayam—presumably refers to the king; however Kazuwara suggests an emendation to śoka-bhayam, fear of grief), fear of dying (marana-bhayam), fear of misfortune/poverty (durgati-bhayam), and fear of speaking with one's companions (parṣada-vādya-bhayam—taking Kasawara's emendation; parṣadasādya-bhayam is what's given in Kasawara et al:1885 edition—fear of the exhaustion of assemblies).
- 20. KCT 5.56d. Dharmasamgrahah 75: The ten abilities of the Bodhisattva are as follows: confidence [strength of attitude], mathematical ability, emotional strength, patience, knowledge, the power of renunciation, the power of perfected concentration, mental clarity, virtue, and the power of perception. ("Bodhisavvtānām daśa balāni, tadyathā--adhimuktibalam, pratisamkhyānabalam, bhāvabalam, kṣāntibalam, jñānabalam, prahāṇabalam, samādhibalam, pratibhānabalam, puṇyabalam, pratipattibalam ceti." Kasawara et al 1885:16.)
- 21. KCT 5.58c. Dharmasamgrahah 127 and the Guhyasamāja-pradīpodyotana 169 both define the desire realm (kāmadhātu) as sixfold. The former definition reads: There are six deities who are the dominions of desire, as follows—the thirty-three attendants of the four great kings, [i.e.] the 'satisfied ones' (tuṣita), the watches of the day (yāma), the transformed ones (nirmāṇa), the sexual pleasure ones (ratayaḥ), the created ones (parinirmita), and the obedient ones (vaśavartin). ("Tatra ṣaṭ kāmāvacarā devāḥ, tadyathā-cāturmahārājakāyikās-trāyastriṃśās tuṣitā yāmā nirmāṇa-ratayah paranirmita-vaśavartinaś ceti"--Kasawara et al 1885:31). The Pradīpodyotanaḥ definition is virtually identical. (Cāturmahārāja-kāyika-trāyastriṃśad-yāma-tuṣita-nirmāṇa-rati-paranirmita-vaśavartīti ṣaḍvidhaḥ kāmadhātuḥ—Dwivedi & Shashni 1990:26).
- 22. KCT 5.65a. Dharmasamgrahah 64, the ten grounds are: delighted, stainless, illuminating, brilliant, very difficult to conquer, facing forward, gone far, unmoving, good, and the cloud of dharma. (Daśa bhūmayah--pramuditā, vimalā, prabhākarī, arcişmatī, sudurjayā, abhimukhī, dūramgamā, acalā, sādhumatī, dharmameghā ceti." (Kasawara et al 1885:14).)
- 23. Rinpoche et al 1994b:40.28-29. The twelve limbs of the mutual origination (pratītyasamutpādah) causation chain (Dharmasamgrahah 42:) ignorance, mental fabrication, consciousness, name and form, the six bases of awareness, touch, perception, thirst and self-appropriation, becoming, birth, old age and death, sorrow, lamentation, suffering, despair, and upāyāsās {?}. ("Dvādaśāṅgapratītyasamutpādāh-avidyā, saṃskāro, vijñānam, nāmarūpam, ṣadāyatanam, sparŝo, vedanā, tṛṣṇopādānam, bhavo, jātir-jarāmaraṇam, ŝokaparideva-duḥkha-daurmanasya-upāyāsāś-ceti." (Kasawara et al 1885:9).)

- 24. KCT 5.91d. The Dharmasamgrahah 4 says: "The four goddesses are as follows-Illuminating, Possessiveness, White, and the Star." ("Catasro devyah, tadyathā--Rocanī,
  Māmakī, Pāṇḍarā, Tārā ceti." (Kasawara et al 1885:2).) The term ḍākinī does not occur in
  the Dharmasamgrahah, nor does Viśvamātā, suggesting that these are Tantric additions to the
  earlier set of four. Similarly, we find at the beginning of the Guhysamājatantra we find a
  version of the earlier set of four (Buddha-Locanā, Māmakī, Pāṇḍāravāsinī, and Samaya-Tārā)
  emanating from Mahāvairocana Buddha. (Fremantle 1971:27 & 176), with no mention of
  Viśvamātā or Qākinī. It may be, therefore, that the presence of these two goddesses/Buddha
  consorts may serve as markers for the relative dating of Buddhist Tantric texts.
- 25. KCT 5.100a. Dharmasamgrahah 105 lists three types of charity: giving of the dharma, the giving of meat, and the giving of friendship. ("tatra dānam trividham, tadyathā—dharmadānam, āmiṣadānam, maitrīdānam ceti.") (Kasawara et al 1885:27)
- 26. Rinpoche et al 1994b:28.8. Dharmasamgrahah 67: passion, anger, pride, ignorance, erroneous views, and doubt ("sat kleśāh--rāgah, pratigho, māno, 'vidyā, kudṛṣṭir, vicikitsā ceti" (Kasawara et al 1885:14) and one of the six concealments of samādhi at Dharmasamgrahaḥ 118: sloth, pride, wickedness, arrogance, discontent, and lack of enjoyment of the truth ("tatra ṣat samādhy-āvaraṇāni, tadyathā--kausīdyam, mānam, sāṭhyam, auddhatyam, anābhogah, satyābhogaś-ceti" (Muller & Wenzel 1974:29).
- 27. Rinpoche et al 1994b:52.10. Dharmasamgrahah 77 lists the four skills as follows: skill in attaining enlightenment, skill in knowledge of the destruction of faults, skill in nirvāṇa, and skill in inculcating value ("abhisambodhi-vaiśāradyam, āśravakṣayajñāna-vaiśāradyam, nairvāṇikam, ārg[h]āvataraṇa-vaiśāradyam ceti." Kasawara et al 1885:16). In the Mahāvyutpatti these are listed somewhat differently: skill in teaching about all the dharmas, skill in knowing the destruction of all faults, skill in ascertaining and explaining the unerring dharma for [overcoming] obstacles, skill in the reality of the access to nirvāṇa that provides complete success (sarvadharmābhisambodhi-vaiśāradyam, sarvāsravakṣayajñāna-vaiśāradyam, antarāyika-dharma-ananyathātva-niścita-vyākaraṇa-vaiśāradyam, sarva-sampad-adhigamāya nirvāṇika-pratipat-tathātva-vaiśāradyam). (Csoma de Koros 1982{2}:249-250).
- 28. Rinpoche et al 1994b:54.7. Dharmasamgrahah 63 lists abhyavakāśika among the twelve ascetic practices, ... at the base of a tree, on a single seat, in an open space, in a forest, at a cremation ground... (....vrkṣa-mūlika, ekāsanika, ābhyavakāśika, āraṃyakah, śmaṣānikah....Kasawara et al 1885:13).
- 29. Rinpoche et al 1994b:55.2, where the *Dharmasamgrahah* text is cited by name. *Dharmasamgrahah* 64: The five eyes are the fleshy eye, the *dharma* eye, the wisdom eye, the divine eye, and the Buddha eye. ("*Pañca cakṣūṃśi--māṃsacakṣur, dharmacakṣuḥ, prajñācakṣur, divyacakṣur, buddhacakṣuś-ceti.*" Kasawara et al 1885:14).
- 30. Rinpoche et al 1994b:58.8. Dharmasamgrahah says there are four parts to the truth of the producing cause—due to the cause, due to the arising, due to the origin, and due to the basic idea. ("samudaya-satye catvāra ākārāh, tadyathā—hetutah, samudayatah, prabhavatah, pratyayaś-ceti." Kasawara et al 1885:23). Pruden translates these as "material cause" (hetu), "arising or origin" (samudaya), "appearance" (prabhava), and "efficient condition" (pratyaya). (Pruden 1991{4};1110).
- 31. Rinpoche et al 1994b:65.22. *Dharmasamgrahaḥ* 116 lists two types of *nairātmya*: the non-substantiality of things, and the non-essentiality of the individual. ("Nairātmyaṃ dvividhaṃ, tadyathā-dharma-nairātmyaṃ pudgala-nairātmyaṃ ceti," Kasawara et al

1885:29).

- 32. See translation in Chapter 11 of this dissertation, page 67 of the Sanskrit. Dharmasamgrahah 76 gives a different list of the ten powers of the Tathāgatah, as follows: ("Tathāgatasya daśa balāni, tadyathā--sthāna-asthāna-jñānabalam, karma-vipāka-jñānabalam, nānā-adhimukti-jñānabalam, sattvendriya-parāpara-jñānabalam, saratra-gāminī-pratipatti-jñānabalam, dhyāna-mokṣa-samādhi-samāpatti-samkleśa-vyavadāna-vyutthāna-jñānabalam, pūrva-nivāsa-anusmṛti-jñānabalam, cyuty-utpatti-jñānabalam, āśrava-kṣaya-jñānabalam ceti." Kasawara et al 1885:16).
- 33. Rinpoche et al 1994b:68.18. The five abhijñās are the divine eye (clairvoyance-divyacakṣuḥ), the divine ear (clairaudience-divyaśrotaṃ), knowing another's thoughts (i.e. the ability to read minds-paracittajñānaṃ), memory of prior incarnations (pūrvanivāsānusmṛtiḥ), and magical power (ṛddhiḥ) (Dharmasaṃgrahaḥ 20; Kasawara et al 1885:4). According to MW, the eight vibhūtis are aṇiman-the power of becoming as minute as an atom; laghiman, extreme lightness; prāpti, attaining or reaching anything [e.g. the Moon with the tip of the finger]; prākāmya, irresistable will; mahiman, illimitable bulk; tšitā, supreme dominion; vašitā, subjugating by magic; and kāmāvasāyitā, the suppressing of all desires. These are not listed in the Dharmasaṃgrahaḥ. The entire third book of the Yoga Sūtras is called the Vibhūti-pāda; divyaśrotraṃ is discussed at YS 3.42.
- 34. Rinpoche et al 1994b:69.7. Dharmasamgrahah 117 defines the twofold requirement as follows: requisite merit, and requisite knowledge. ("Sambhāro dvividhah, tadyathā--puṇya-sambhāro, jñāna-sambhāraś-ceti. Kasawara et al 1885:29). Though it has been popular to translate sambhārah as "accumulation," the term really refers to preparations, provisions, necessary supplies, the required collection of things needed, such as for a sacrifice. As is frequently the case with Buddhist and Upaniṣadic writings, and with later Tantric material, Vedic terms are self-consciously employed with new meaning. Just as there is a requisite collection of material for the Vedic rite, so there is requisite merit and knowledge for the Buddhist path.
- 35. For these and the next thirteen in the list, see page 70 of the Sanskrit in Chapter 11 of this dissertation. Also often translated as 'earnest meditations.' Smṛti = memory, recollection; upasthāna = approaching, going into the presence of (for worship, attendance, or service), a sanctuary or abode of a deity. There are four of these (Dharmasamgrahah 44): meditation with regard to the body in the body, meditation with regard to sensations in sensation, meditation with regard to thinking in thought, and meditation with regard to (the seventy-five) dharmas in the dharmas. ("Tatra katamāni smṛtyupasthānāni? Tad-yathā--kāye kāya-anudarśa-smṛtyupasthānam, vedanāyām vedanā-anudarśa-smṛtyupasthānam, citte citta-anudarśa-smṛtyupasthānam, dharme dharmānudarśasmṛtyupasthānam." Kasuwara et al 1885:9).
- 36. Samyak-prahāṇa. There are four of these (Dharmasamgrahaḥ 45): the protection of the roots of good [attributes] that have already appeared, the cultivation of those that haven't appeared, the abandonment of bad attributes that have appeared, and [ensuring] the non-recurrence of those [bad attributes] that have not appeared. ("Katamāni catvāri samyak-prahāṇāni, tadyathā-utpannānām kuśala-mūlānām samrakṣaṇam, anutpannānām samutpādaḥ, utpannānām-akuśalānām dharmāṇām prahāṇam, anutpannānām punar-anutpaḍāś-ceti."
  Kasuwara et al 1885:10). Note that the term prahāṇa is used in both of its senses: effort or exertion in samyak-prahāṇa; and relinquishment or abandonment in anutpannam-akuśalānām dharmāṇām prahāṇam.

- 37. Rdhipādendriyabala. These are four (Dharmasamgrahah 46): the supernatural ability that accrues through training in the effort in the perfected concentration on the will, the supernatural ability similarly [acquired through training in the exercises for perfected concentration] on thought, the supernatural ability [similarly acquired through training in the efforts towards perfected concentration] on vigor, and the supernatural ability acquired through training in the undertaking of perfected concentration on intellectual investigation. ("Catvāra ṛddhipādāh, tad-yathā--chanda-samādhi-prahāṇāya saṃskāra-samānvāgata ṛddhipādah, vīrya ṛddhipādah, mīmāṃsā-samādhi-prahāṇāya saṃskāra-samanvāgata ṛddhipādaś-ceti." Kasawara et al 1885:10).
- 38. There are 7 bodhi-angas, subdivisions or integral parts of [complete] enlightenment (Dharmasamgrahah 49): memory, the investigation of the law, vigor, pleasure, confidence, perfected concentration, persistence. ("Sapta bodhyangāni, tadyathā--smṛti-sambodhyangam, dharma-pravicaya-sambodhyangam, vīrya-sambodhyangam, prīti-sambodhyangam, praśrabdhi-sambodhyangam, samādhi-sambodhyangam, upekṣā-sambodhyangam." Kasuawara et al 1885:10).
- 39. I.e. the noble eightfold path (*Dharmasamgrahaḥ* 50): correct view, correct conception, correct speech, correct business, correct lifestyle, correct exercise, correct memory, correct concentration/meditation. ("Ārya-aṣṭāngika-mārgaḥ-samyak-dṛṣṭiḥ, samyak-saṃkalpaḥ, samyak-vāk samyak-karmāntaḥ, samyag-ājīvaḥ, samyag-vyāyāmaḥ, samyak-smṛtiḥ, samyak-samādhiś-ceti." Kasuwara et al 1885:11).
- 40. (Dharmasamgrahah 21): suffering, its arisal, its cessation, and the path ("Catvāry-ārya-satyāni, tadyathā-duḥkham, samudayo, nirodho, mārgaś-ceti." Kasuwara et al 1885:5). However, we may also have reference here to the two truths (Dharmasamgrahah 95): conventional or concealed truth, and ultimate reality truth. ("Dve satye, tadyathā-samvrti-satyam, paramārtha-satyam ceti." Kasuwara et al 1885:22).
- 41. Abhidharmakosah 8.2 and commentary describe the four meditations: the first includes reasoning, reflection, delight, and happiness (vitarkah, vicārah, prītih, and sukham). The second lacks reasoning and reflection ([vitarka]-vicāra-varjitam dvitīyam); the third lacks reasoning, reflection, and delight ([vitarka]-vicāra-prīti-varjitam tṛtīyam); the fourth is without all four ([vitarka]-vicāra-prīti-sukha-varjitam). (Vasubandhuḥ 1975:433 Skt; Poussin/Pruden 1991{4}:1219). In the Dharmasangrahah, dhyānam would refer to either the four meditations or the threefold meditation, or both. The four meditation are as follows (Dhamasamgrahah 72): the first meditation is the pleasure and happiness produced by discrimination that includes both reasoning and reflection. The second meditation is the pleasure and happiness from internal exhilaration. The third meditation is the pleasure produced from patience and memory. The fourth meditation is perception of no suffering and no happiness that is the purification of patience and memory. ("Catvāri dhyānāni, tadyathāsa-vitarkam sa-vicāram vivekajam, prīti-sukham iti prathama-dhyānam; adhyātmapramodanāt prītisukham iti dvitīyam; upekṣā-smṛti-samprajanyam sukham iti tṛtīyam; upekşā-smṛti-pariśuddhir aduhkha-asukhā vedanā iti caturtham dhyānam iti." Kasuwara et al 1885:15). The threefold meditation is (Dharmasamgrahah 95): the meditation that includes the removal of faults; the meditation on pleasure and recreation; the meditation on complete adornment. ("Dhyānam trividham, tadyathā--sadoşa-apakarşa-dhyānam, sukha-vaihārikadhyānam ases-vaivhūsita-dhyānam ceti." Kasuwara et al 1885:28).
- 42. (Abhidharmakośah 8.29): friendship, love, joy, and patience (maitrī, karuṇā, muditopekṣā ca--Vasubandhu 1975:453 Skt; Poussin/Pruden 1991{4}:1264).

- 43. The Ārūpyas. Like the dhyānas there are four of these. They consist of four aggregates, because they lack the form aggregate, and they are generated by discrimination of the lower stages. One is generated by the discrimination of the fourth meditation, because it has the infinity of space as its basis. The [second], generated by discrimination of that has the infinity of consciousness as its basis. The [third], generated by discrimination of that has absolute nothingness as its basis. The [fourth], generated by discrimination of that has neither notions nor no ideas. ("Caturtha-dhyāna-vivekajam hy-ākāsa-ānantya-āyatanam | Tadvivekajam naiva-sanjāāna-asanjāā-āyatanam | Tadvivekajam ākiācinyāyatanam | Tadvivekajam naiva-sanjāāna-asanjāā-āyatanam iti evam catvāra ārūpyāh." Vasubandhuh 1975:434 Skt; Poussin/Pruden 1991{4}:1219-20).
- 44. The eighth chapter of the Abhidharmakośabhāṣyaṃ describes the samāpattis in detail. Abhidharmakośabhāṣyaṃ on 8.14 describes 30 samāpattayaḥ: six following the first meditation without inflows (anāṣrava-prathama-dhyāna), seven following the basis of nothingness, eight following the second meditation, nine following the consciousness basis. (Vasubandhuḥ 1975:443 Skt; Poussin/Pruden 1991{4}:1244). The dhyāna-samāpattayaḥ and the ārūpya-samāpattayaḥ are two prinipal classes of the absorptions not included in the list of 30.
- 45. The three *vimokṣamukhāni* are names for a type of the three *samādhayaḥ*. The three perfect concentrations are one with both logical analysis and reflection, one without logical analysis and with reflection, and one with neither. ("*Trayaḥ samādhayaḥ uktāḥ sūtre*| savitarkaḥ savicāraḥ samādhiḥ| avitarko vicāramātraḥ| avitarko 'vicāra iti|" Vasubandhu 1975:448-9 Skt.) When these three are without inflows, they are called the three doors of liberation. ("*Anāsravās tu ete trayaḥ samādhayas trīṇi vimokṣamukhāni ucyante*." Vasubandhu 1975:450 Skt.; Poussin/Pruden 1991{4}:1258-59).
- 46. Samādhih, perfected concentration, is defined as singular focus of the thought, or 'one-pointed-ness' of thinking (samādhiś-cittasya-ekāgratā) in the commentary on Abhidharmakośah 2.25 (Vasubandhuḥ 1975:54 Skt; Poussin/Pruden 1991{1}:190). There are three basic samādhayah (Abhidharmakośah 8.23): perfected concentration with intellectual analysis and reflection; perfected concentration with only reflection, no logical analysis; and perfected concentration with neither. (Vasubandhuh 1975:448-449 Skt; Poussin/Pruden 1991{4}:1256).
- 47. Dharmasamgrahah 52 describes four of these, the ātma-, the grantha- (text-), the dharma-, and the mantra-dhāraṇī. (Kasuwara et al 1885:11).
- 48. The pratisamvidah are four (Dharmasamgrahah 51): the analytical science of the law, of material purpose, of etymology, and of eloquence. ("Catasrah pratisamvidah, tadyathā-dharma-pratisamvid, artha-pratisamvin, nirukti-pratisamvit, pratibhāna-pratisamvic ceti." Kasuwara et al 1885:11).
- 49. Dharmasamgrahah 110 defines wisdom as threefold: produced by what's heard, by thinking, and by meditation. ("prajñā trividham tadyathā-srutamayī, cintāmayī, bhāvanāmayī ceti." Kasuwara et al 1885:28). Dharmasamgrahah 114 defines knowledge as threefold: what is without vikalpa, what awakens homogenity in vikalpa, and (?) what is invisible in means with a true objective (?) ("Avikalpakam, vikalpa-samabhāva-bodhakam, satyārthopāyaparokṣam ceti." Kasuwara et al 1885:28). Abhidharmakośabhāṣyam 7.7 gives a set of ten knowledges (Poussin/Pruden 1991{4}:1095).

- 50. See page 85 of the Sanskrit in Chapter 11 of this dissertation. Dharmasamgrahah 128 lists eighteen gods of the desire realms: having brahma-bodies, the high priests of Brahmā, attendants of Brahmā, great brāhmaṇas, those of circumscribed light, those of unlimited light, the radiant ones, those of circumscribed prosperity, those of universal prosperity, the cloudless ones, those possessing outflows of merit, those of great fruits, the non-conscious beings, the non-growing ones, ones not practicing asceticism, the keen-sighted ones, the keenly observing ones, the ones of whom none is younger. ("aṣṭādaśa rūpāvacarā devāḥ, tadyathā-brahmakāyikā, brahmapurohitā, brahmapārṣadyā, mahābrahmāṇaḥ, parīttābhā, apramāṇābhā, ābhāsvarāḥ, parīttaśubhāḥ, śubhakṛtsnā, anabhrakāḥ, puṇyaprasavā, bṛhatphalā, asaṇjñiksattvā, avṛhā, atapāḥ, sudṛṣāḥ, sudarṣanā, akaniṣṭhāṣ-ceti." Kasuwara et al 1885:31).
- 51. Dharmasamgrahah 24 lists the twelve bases of consciousness—those of the eye, ear, noes, tongue, body, and mind, and those of form, smell, sound, taste, touch, and dharma. (Kasuwara et al 1885:5).
- 52. KCT 5.168b. *Dharmasamgrahah* 124 names two *cakravāḍau*, the regular one and the large one (*dvau cakravāḍau*, *tadyathā--cakravāḍa-mahācakravāḍau ceti*. Kasawara et al 1885:30).
- 53. Pundarīka gives us a full description of these; (the boldfaced numbers refer to page and line in Ripoche et al 1994b). "Here the marks of the great man are as follows--the two soles of the Tathagata's feet and the two palms of his hands are marked with cakras; the two soles of his feet are well connected to the completely filled thousand-rayed cakra and in to his navel (cakra). He touches the ground with the entire sole of his foot [i.e. flat footed]; she also [127.5] raises herself up on the upraised sole of the foot, bows down on the bent down [sole of the footl; on the palm of the hand and the sole of the foot, covered over with a net, the two hands, like [those] of the king goose (the rajahamsa has red feet and a red beak) are webbed (jālin literally = 'having a net.'), the two feet, like [those] of a new-born child, are most extraordinarily tender; there are the seven prominent parts of the body; i.e. there is a prominence on the two feet, the two hands, the two shoulders, and also on the throat. On the hands and the feet there are long fingers and toes, round, extended; the thumb etc. have beautiful joints. The heel of his foot is extended, he has very straight limbs, his knees and the tips of his fingers are high; his body hairs are high and prominent, turning to the right; he has a black antelope's lower legs, his lower abdomen and generative organ (basti-guhya) have disappeared into a sheath; the lower abdomen and generative organ are covered with a sheath like that of an elephant; [127.10] he is glistening with the color of gold etc.; he has a golden complexion; there is no dust or dirt attaching to the base of each individual hair in the middle of the eyebrows; the mandala above the brow consists of the thirty-two [marks], with an extremely subtle white [just like] the white of bits of cotton, turning clockwise (the mandala is turning; though the mandalas are depicted artistically as static, they are in fact considered to be in motion, spinning; wheels (cakra) do after all turn!). He is [like] a lion in the upper part of his body, tall and broad, with very large shoulders, with a circular neck; in his major and minor limbs have the best juices of the saps; the sap is the flavor, hence the best flavors of the saps; they, furthermore, are the pinnacles, drawing from the best; i.e. because he is not besmeared with the [the three humors or doşas] wind (vāta), bile (pitta) and phlegm (slesma). Round [like] the fig tree, he is the great man; in its length [127.15] and breadth, all around, in fact, his head is encircled by the uṣṇṭṣa (the original meaning of this word is 'a turban'). The usnīsa is encircled and raised up like a umbrella; he touches with the tip of his tongue as far as the hairs of his head and his nostrils; and he covers with his

tongue his forehead up to the hair[line]. Just as the brahmasvara [the brahman sound] [is heard] externally because of the endless assembly [of brahmins chanting the Vedas] (this provides textual support for my proposition of the functionally eternality of the Vedas—they've been consistently recited for thousands of years) likewise it is also heard internally by all sentient beings. He has a circular jaw like that of a lion, his teeth are even, [all] twenty four are white, and they are free of all defects. His eyes are intensely blue etc.—the blue that is in his two eyes is intensely blue; where they are red, they are intensely red; what is white is intensely white; like the cows' eyelashes for the bull, his eyelashes stretch out above and below (i.e. he has very long eyelashes). His body has all the colors, because of observing the various colors of all sentient beings. (See Dharmasangrahah 83 for a similar list of the thirty-two marks). In this way, the thirty two marks of the great man, beginning from the sole of the foot [127.20], ending with the uṣntṣa, are stated in the Dharmasangraha (M.Sū.Sam. p.334)."— (this reference is given in the Sarnath text. Unfortunately, the explanations of acronyms was not included in the first edition). The dvātriṃsal-lakṣaṇāni are given at Dharmasangrahah 83 (Kasawara et al 1885:18-19) are indicated by this verse.

- 54. Rinpoche et al 1994b:148.30. Dharmasamgrahah 45 gives the four right exertions as the protection of the arisen roots of happiness, the production of the [sources of happiness] that have not arisen, the destruction of those things that have arisen and are not suitable, and no futher arisal of the unarisen things [that are not suitable]. (Katamāni catvāri Samyakprahāṇāni, tadyathā—utpannānām kuśalamūlānām samrakṣaṇam | Anutpannānām samutpādah | Utpannānām akuśalānām dharmāṇām prahāṇam | Anutpannānām punar anutpādaś ceti | Kasawara et al 1885:10).
- 55. See Chapter 11.2 of this dissertation for Pundarīka's explanation of the *Dharmasamgrahah* terminology.
- 56. Singh 1989:201.
- 57. Singh 1989:196, his translation. The Sanskrit reads: Ya sarva-yoga-avayava-prakāseşu gabhastimān|| śrīpūrvasāstre nirņīto yena muktas ca mocakah| etat tu sarvathā grāhyam vimṛsyam ca parepsubhih|| kṣaṇam martyatva-sulabhām hitvāsūyām vicakṣaṇaih| ālocana-kṣaṇād ūrdhvam yad bhaved ātmani sthitah|| cia-arka-abhra-lavās tena saṃsāmyante svato rasāt| (Singh 1989:74 of Sanskrit).
- 58. See Newman 1981.
- 59. Shāstrī 1939-40:56.
- 60. Grünendahl 1989:244.
- 61. MVV 1.99-1.101a: Evam ca eşa prakāsa-ātmā sapta-trimsa-ātmakāt paraḥ vaicitrya-bhāsanām kurvan kālam bhāsayati prabhuḥ | vaicitrya-bhāsanā eva iyam kāla-saktir udāhṛtā | tato 'vabhāsamāna-etat-kāla-sakty-anurodhataḥ | asmakīnāt tadā ity ādir uparāgaḥ pravartate | (Kaul Śāstrī 1921:11).
- 62. MVV 1.153b-156: Uktam hi bhāva-ābhāso yaḥ kālaḥ sa kalanātmakaḥ|| sva-saṃvid-raśmi-saṃsphāro bhāva-abhāvaḥ sa na aparaḥ| tasmāt sva-raśmi-saṃrodha-dvāra-ruddha-adhva-maṇḍalaḥ|| kāla-grāsa-ekarasiko jāyate khecaraḥ svayam| tad uktam parameśena Tantra śrīḍāmara-abhdidhe|| niruddhya raśmi-cakraṃ svaṃ pītvā amṛtam anuttamam| kāla-ubhaya-aparicchinne vartmane sukhī bhavet|| (Kaul Śāstrī 1921:16).
- 63. Commentary on KCT 5.132, Rinpoche et al 1994b:107:26-27.
- 64. Commentary on KCT 1.134, Rinpoche et al 1994b:108.28-108.29.

- 65. See Plofker 1995.
- 66. Pingree 1978:533.
- 67. Pingree 1978:533.
- 68. Pingree 1981:8.
- 69. Pingree 1981:8.
- 70. Pingree 1978:554.
- 71. Arraj 1988:190.
- 72. My thanks to Prof. David Pingree for pointing out this connection to me, and referring me to the explanatory passage in his translation of Varāhamihira's *Pañcasiddhāntikā*.
- 73. I have not yet figured out why the number of channels is routinely given as 72,000. 72,000  $\div$  60 = 1200, 1200  $\div$  24 = 50; 72,000  $\div$  24 = 3000; (72,000  $\div$  60)  $\div$  60 = 20. None of these results have (to me) obvious overlaps with the time system.
- 74. Rinpoche et al 1994b:23.22-23.
- 75. Mālinīvijayottaratantra 8.39a (Kaul Shāstrī 1922:44).
- 76. See next endnote for citation.
- 77. TA 6.1-10; Dwivedi & Rastogi 1987{3}:1089-1098.
- 78. TA 6.1-6.10: Sthāna-prakalpa-ākhyatayā sphuţas tu bāhyo 'bhupāyah pravivicyate 'tha||1|| sthāna-bhedas tridhā proktah prāņe dehe bahis tathā| prāņas ca pañadhā dehe dvidhā bāhyaāntaratvatah | | 2 | mandalam sthandilam pātram akşasūtram sapustakam | lingam tūram patah pustam pratimā mūrtir eva ca||3|| ity ekādasadhā bāhyam punas tadbahudhā bhavet | tatra prāṇāśrayam tāvad vidhānam upadiśyate | | 4 | | adhvā samasta eva ayam şadvidho 'py ativistrtah| yo vakşyate sa ekatra prāņe tāvat pratisthitah||5|| adhvanah kalanam yat tat krama-akramatayā sthitam krama-akramau hi citra-eka-kalanā bhāvagocare | | 6 | | krama-akrama-ātmā kālas ca [sarvah] samvidi vartate | kālī nāma parā saktih sā eva devasya giyate | | 7 | | sā eva saṃvid-bahiḥ sva-ātma-garbhībhūtau krama-akramau | sphutayanti prarohan[e] prāņa-vṛttir iti sthitā| |8| | saṃvin-mātraṃ hi yac cchuddhaṃ prakāsa-paramārthakam tan-meyam ātmanah projjhya viviktam bhāsate nabhah | 9 | tad eva śūnya-rūpatvam samvidah parigtyate | neti neti vimarśena yoginām sā parā daśā | | (Dwivedi & Rastogi 1987{3}:1089-1097). My paraphrases of Jayaratha's glosses on 6.10a and 6.10b are 'śūnya-rūpatvam' iti śūnya-pramātrtvam iti arthah! śūnyatvam ca asya sarvasya samvedhyasya samkşayāt, na tu samvido api... and 'yoginām parā' śūnya-atiśūnya-rūpā 'daśā' viśrānti-sthānam ity arthah! yad āhuh 'śūnyatā-avasthitah paścāt saṃvedana-vivarjitah! nirvāņah krsņa-vartma eva nirupākhyo bhavaty asau | 'iti. (Dwivedi & Rastogi 1987{3}:1096-1098).
- 79. The image of Indra's net (indra-jāla), dates back to the Atharvaveda 8.8 (see Monier Williams' citation in his dictionary), where it occurs in a warrior's ritual designed to conquer enemies. As Lanman explains in a note to this hymn, the sorcerer starts a fire with a fire drill, reciting the second verse of the hymn; once the fire is burning he adds fuel, reciting verses 3 & 4; the sorcerer than magically strews the opposing army's path with various obstacles, including 'Indra's net' among various nets and stakes, piles of grass, etc. I've cited Whitney's translation of the hymn here for convenience of the reader, and bold-faced the references to Indra's net (eliding most of the inserted, bracketed Sanskrit terms):

  AV 8.8.1: Let Indra the shaker shake [them], he the mighty hero, stronghold-splitter, in order

that we may slay by thousands the armies of our enemies. 8.8.2: Let the putrid rope, breathing on [it], make yonder army putrid; seeing afar smoke, fire, let our enemies set fear in their hearts. 8.8.3: Crush vonder men out, O asvattha; devour them speedily, O khadira; let them be suddenly broken like hemp; let the slayer slay them with deadly weapons. 8.8.4: Let the rough-called one make yonder men rough; let the slayer slay them with deadly weapons; let them be broken quickly like a reed, tied together with a great net. 8.8.5: The atmosphere was the net; the great quarters [were] the net-stakes; therewith encircling [them], the mighty one (sakra) scattered away the army of the barbarians. 8.8.6: Since great is the net of the great mighty one, the vigorous-therewith do thou crowd down upon all [our] foes, that no one soever of them may be released. 8.8.7: Great, O Hindra, hero, is the net of thee that art great, that art worth a thousand, that hast hundred-fold heroism; therewith encircling the army of the barbarians, the mighty one slew a hundred, a thousand, ten thousand, a hundred million. 8.8.8: This great world was the net of the great mighty one; by that net of Indra do I encircle all you men with darkness. 8.8.9: Debility, formidable ill-success, and mishap that is not to be exorcised away, toil, and weariness, and confusion—with these do I encircle all you men. 8.8.10: To death do I deliver those yonder; with fetters of death [are] they bound; the sad messengers that are death's--them I lead them to meet, having bound [them]. 8.8.11: Lead ye them, O messengers of death; O messengers of Yama, restrain [them]; by they slain to more than thousands; let Bhava's club shatter them. 8.8.12: The Perfectibles (sādhya) go lifting with force one net-stake, the Rudras one, the Vasus one; by the Adityas one is lifted. 8.8.13: Let all the gods from above go crowding with force; let the Angirases go slaying midway the great army. (and so on...Whitney 1905:502-507). The idea of 'Indra's net' takes on a different interpretation in Hu-yen Buddhism.

- 80. Rinpoche et al 1994b:87.29-88.3.
- 81.  $1800 \times 12 = 21,600$ .
- 82. This is the idealized year of twelve months of thirty days each = three hundred sixty, not three hundred sixty-five—sastyuttarasatatraya.
- 83. Of the ghatikā-samkhyā-śvāsānām.
- 84. Lit: devoid of blackness, kālikā-rahitāni.
- 85. Rinpoche et al 1994b:94.2-94.13.
- 86. See here Arraj 1988:190-195.
- 87. Arraj 1988:196-198.
- 88. Mālinīvijayottara Tantra 3.10b-12. (Kaul Shāstrī 1922:15).
- 89. MVT 19.52 (Kaul Shāstri 1922:131).
- 90. Staal 1983:17.
- 91. Prof. Thurman's innovative translation.
- 92. Sattva appears to be the Sanskrit equivalent of homo sapiens.
- 93. "La dīkṣā (śivaīte—ou tantrique en général) est une longue cérémonie purificatoire (400 p. dans le Svacchanda pour la description d'une seule méthod) dont l'ambition est d'unir le disciple à Śiva après l'avoir, par la force des mantra, fait consommer en un instant tout le karman qu'il avait accumulé. La voie par laquelle on l'achemine ainsi vers Śiva peut varier. Le Netra mentionne: la Voie des tattva (on utilise 36, 18, 9, 5, 3 ou un tattva), celle de kalā,

des pada, des varna, des mantra et des bhuvana. On reconnît le Sextuple Chemin, commun à toutes les écoles Sivaītes." (Brunner 1974:135-136n.4).

- 94. Gnoli 1980:32.
- 95. See Arraj 1988:170 and 170n.1.
- 96. A bell metal of white copper {a zinc/copper alloy}, one of the unnamed Lexicons in MW describes this as a musical instrument, gong-like consisting of this metal; cf. kāmsya-ghana/kāmsya-tāla--both cymbals.
- 97 . kimcid-bhitti-mad-āsritaḥ.
- 98. MVT 23.1-23.19 (Kaul Shāstrī 1922:153-155).
- 99. Data from Monier Williams' Dictionary.
- 100. Singh 1989:25, and Singh's note 1989:30n.16
- 101. See Dowman 1985:33-38.
- 102. See Singh 1989:60n.5.
- 103. See Mitchiner 1982 for a study of the seven rsis.
- 104. Gnoli translates as 'compenetration.'
- 105. This refers to the three upāyas of the Trika system.
- 106. Evidently the *Mālinīvijayottaratantra* was written at a time when some of its doctrine had been forgotten or lost with the passing of some of the teachers, suggesting a lengthy lineage.
- 107. Mālinīvijayottara Tantra 2.17-2.27, Kaul Shāstrī 1922:8-10.
- 108. Sanderson 1987:15.
- 109. Item 34 in the detailed TOC, (Rastogi & Dwivedi 1987[6]:xxxiv).
- 110. "La penetrazione nella natura propria." (Gnoli 1980:944).
- 111. TA 1.1: Vimala-kalā-āśraya-abhinava-sṛṣṭi-mahā jananī bharita-tanuś ca pañca-mukha-gupta-rucir janakah| tad-ubhaya-yāmala-sphurita-bhāva-visarga-mayam hṛdayam anuttara-amṛṭa-kulaṃ mama sa-sphuratāt| (Dwivedi & Rastogi 1987{1}:3).
- 112. TA 1.2 Naumi cit-pratibhām devīm parām bhairava-yoginīm mātī-māna-prameya-āṃśa-śūla-ambuja-kṛtāspadām | Dwivedi & Rastogi 1987{1}:16).
- 113. TA 1.2: Naumi devim sarīra-sthām nṛtyato bhairavākṛte | prāvṛṇ-megha-ghana-vyomi-vidul-lekhā-vilāsinīm | (Dwivedi & Rastogi 1987{1}:17). Jayaratha quotes a line from the Sivasūtras here that identifies "the dancer" as the ātman. I differ slightly here from Gnoli, who says simply that the Goddess resides in the body of the dancing Bhairava ("la dea che risiede nel corpo di Bhairava danzante" (Gnoli 1980:68).) Gnoli's translation ignores both the locative in bhairavākṛte, and the -ākṛte aspect of the compound (ākṛta = to be brought near or drawn towards) and ignores the relationship of Aparā to the individual Tantric practitioner. The whole point of Abhinavagupta's system is to enlighten the practitioner to their own intimate relationship with the divine, and to illumine how the Śakti is 'turned on'--essentially through tapping the creative power of sexual love, as indicated in the opening stanza about the divine couple in Abhinava's heart.
- 114. TA 1.4: Dīpta-jyotiś-chaţā-pluşţa-bheda-banda-trayam sphurat| s[y]āj jñāna-śūlam sat-pakṣa-utpakṣa-utkartana-kṣamam|| (Dwivedi & Rastogi 1987{1}:19).

- 115. The added characterizations of these three Sakti forms comes from the next verse, TA 1.5: Svātantrya-Saktih, Krama-saṃsisṛkṣā, Kramātmatā ca iti vibhor vibhūtih¦ tad eva devītrayam antarāstam anuttaraṃ me prathayat svarūpaṃ | (Dwivedi & Rastogi 1987{1}:20).
- 116. TA 1.18: Daśa-astādaśa-vasu-asta-bhinnam yac-chāsanam vibhoh tat-sāram trika-sāstram hi tat-sāram mālinī-matam (Dwivedi & Rastogi 1987{1}:34; Gnoli 1980:70)
- 117. TA 1.26...1.30a: Ato jñeyasya tattvasya sāmasatyena aprathātmakam | jñānam eva tadajñānam Śivasūtreşu bhāṣitam | |.... Dvaita-prathā tad-ajñānam tucchatvād bandha ucyate | (Dwivedi & Rastogi 1987{1}:58-59; Gnoli 1980:71-72).
- 118. TA 1.43: Tatra dīkṣādinā pauṃsnam ajñānam dhvaṃsi yadi api\ tathāpi tac-charīra-ante taj-jñānam vyajyate sphuṭam | | (Dwivedi & Rastogi 1987{1}:79; Gnoli 1980:74).
- 119. "In the mammalian kingdom, energy is stored in the central channel of the spinal column which is the generating, storing, as well as distributing centre. According to A.G. whatever is taken in, whether in the form of food or perception (e.g. sound, visual awareness of form, savor, contact, etc.) is converted first in the central channel in the form of ojas (vital energy); then this ojas is converted into seminal energy (vīrya) which permeates the whole body. All reproductive and creative functions are performed by this energy. Whether it is the enjoyment of good food, beautiful scenery, sweet music, entrancing poem, the embrace of a dear one, everywhere it is this energy that is at play. It is the representative of the divine energy (khecart) on the physical plane." (Singh 1989:52).
- 120. Singh 1989:21 Sanskrit, slightly modified version of his translation on pp. 61-62 English.
- 121. See Singh 1989:29.
- 122. Abhinavagupta, describing cosmic evolution in the Trika system, speaks of "the experient dominated by māyā (māyā-grāhaka or māyā-pramātā) of which the group of five, i.e. the group of the five kañcukas or coverings is his sphere of experience (tad-grāhya-cakra)...." (Singh 1989:115).
- 123. See Drabu 1990:58-77 for a helpful discussion of these initiatory stages.
- 124. See Dyczkowski 1987:130-131, and Drabu 1990:275.
- 125. Singh 1979:22.
- 126. Singh 1989:27-28.
- 127. TA 1.83: "Hṛdi-stham sarva-deha-stham sva-bhāva-stham su-sūkṣmakam | sāmuhyam caiva tattvānām grāma-śabdena kīrtitam | | (Dwivedi & Rastogi 1987{1}:124).
- 128. One of the better summaries is in Drabu 1990:58-81.
- 129. Buddhau prāņe tathā dehe dese yā jadatā sthitā tām tirodhāya medhāvī samvid-rasmimayo bhavet | (Dwivedi & Rastogi 1987{3}:935).
- 130. Yah prakāsah svatantro 'yam cit-svabhāvao hṛdi sthitah| sarva-tattva-mayah proktam etac ca Triśiromate| | Tantrālokah 5.20 (Dwivedi & Rastogi 1987{3}:946). Jayaratha glosses cit-svabhāva as arka-ādi-prakāsa-vilakṣaṇa, i.e. perceiving with the radiating light of the Sun etc. The proktam etac ca Triśiromate here indicates that Abhinavagupta is citing the opinion of the Triśirobhairavatantra in support of his explanation.
- 131. Kadalī-sampuṭa-ākāram sa-bāhya-abhyantara-antaram tkṣate hṛdaya-antahstham tat-puṣpam iva tattva-vit | Tantrālokah 5.21 (Dwivedi & Rastogi 1987{3}:947).

- 132. Tantrālokah 5.22-23a: Soma-sūrya-agni-saṃghaṭṭaṃ tatra dhyāyed anayadhīh¦ tad-dhyāna-araṇi-saṃksobhān mahā-bhairava-havya-bhuk¦ hṛdaya-ākhye mahā-kunḍe jājvalan spītatāṃ vrajet (Dwivedi & Rastogi 1987{3}:948-949). Jayaratha glosses spītatāṃ vrajet as one who witnesses the intrinsic self in the form of the 'full-perceiver' ('sphītatām vrajet' pūrṇa-pramātṛ-rūpatayā svātma-sākṣāt-kāro bhaved ity arthaḥ).
- 133. Na vrajen na višec chaktir marud-rūpā vikāsite | nirvikalpatayā madhye tayā bhairava-rūpa-dhṛt | (Dwivedi & Rastogi 1987{3}:949).
- 134. Tantrālokah 5.23b-29a: Tasya saktimatah sphīta-sakter bhairava-tejasah|| mātṛ-māna-prameya-ākhyam dhāma-abhedena bhāvayet| vahny-arka-soma-saktīnām tad eva tritayam bhavet|| parā parāparā ca iyam aparā ca sadā-uditā| sṛṣṭi-sthiti-saṃhārais tāsāṃ pratyekatas tridhā|| caturtham ca anavacchinnam rūpam āsām akalpitam| evaṃ dvādaśa tā devyah sūrya-bimbavad āsthitāh|| eka-ekam āsāṃ vahny-arka-soma-tacchānti-bhāsanam| etad ānuttaram cakraṃ hṛdayāc cakṣurādibhih|| vyomabhir niḥsaraty eva tat-tad-viṣaya-gocare| tac-cakra-bhābhis tatra arthe sṛṣṭi-sthiti-laya-kramāt|| soma-sūrya-agni-bhāsa-ātma rūpaṃ samavaṣṭhite| (Dwivedi & Rastogi 1987{3}:950-954)
- 135. Tantrālokah 6.49-50, 51b: Samvedya-jīvana-abhikya-prayatna-spanda-Sundaraḥ| prāṇaḥ kandāt prabhṛty eva tathā apy atra na susphuṭaḥ| kandādhārāt prabhṛtyeva vyavasthā tena kathyate Svacchandaśāstre nādīn ām vāyv-ādhāratayā sphuṭam| ... Vedya-yatnāt tu hṛdayāt prāṇa-cāro vibhajyate| (Dwivedi & Rastogi 1987{3}:1131, 1133).
- 136. Tantrālokah 6.62b: Vīryam ojo balam spandah prāņacārah samam tatah | | (Dwivedi & Rastogi 1987{3}:1141).
- 137. Commentary on Tantrālokah 7.28: spandaśca prāṇāśrayah (Dwivedi & Rastogi 1987{3}:1313).
- 138. See Arraj 1988:113n.1.
- 139. Kaul Śāstrī 1921:11.
- 140. Mālinīvijayottaratantra 18.1-13. Śrņu devi param guhyam aprāpyam akttātmanām yan na kasyacid ākhyātam tad adya kathayāmi te\|\li\|\ sarvam anyat parityajya cittam atra nivesayet | mrcchaila-dhātu-ratna-ādi-bhavam lingam na pūjayet | 2 | | yajed ādhyātmikam lingam yatra linam carācaram bahir lingasya lingatvam anena adhişthitam yatah |3| atah prapūjayed etat parama-advaitam āśritah! anudhyānena deveśi pareņa paramāņunā! | 4|| yo 'nudhyātaḥ sa eva etal lingam pasyati na aparaḥ| yad etat spandanam nāma hṛdaye samavasthitam | | 5 | | tatra cittam samādhyāya kampa udbhava eva ca | tatra prašāntim āpanne māsena ekena Yogavit | | 6 | | hrdayād utthitam lingam bramha-randhra-antam īsvari | svaprabhā-uddyotita-aseşa-dehā-antam amala-dyuti | | 7 | | tatraiva pasyate sarvam mantra-jālam mahāmatih| tan-mastakam samāruhya māsa-mātram ananya-dhīḥ||8|| tatas tatra Sunispanne şan-māsāt sarva-siddhayah| etal-lingam avijnāya yo lingī lingam āsrayet| | 9 | | vṛthā parisramas tasya na linga-phalam asnute saivam etan mahālingam ātma-linge [na] siddhyati | 10 | | siddhe 'tra lingaval-lingt lingastho lingavarjitah | bhavati iti kim āscaryam etasmāl linga-lingitah | | 11 | | anena linga-lingena yadā yogī bahir vrajet | tadā lingī iti vijfieyah purāntam lingam isyate | | 12 | | etasamāl linga-vijfiānād yogino lingitāh smṛtāh | anena adhisthitah mantrah santa-raudra-adi-bhedatah | | 13 | | bhavanti iti kim ascaryam tabhāva-gata-cetasah | raudram bhāvam samāsritya yadi Yogam samabhyaset | | 14 | | (Kaul Śāstrī 1922:117-118).
- 141. From Monier-Williams' Sanskrit-English dictionary.
- 142. MVT 18.15-18.30, Kaul Shāstrī 1922:118-120.

- 143. Rinpoche et al 1994b:55.5-8.
- 144. Monier Williams lists 'the gate opening to heaven' from the Amrtabindu-upanisad.
- 145. Mālinīvijayottaratantra 18.43-18.53, Kaul Shāstrī 1922:121-122.
- 146. The drive or desire or inclination to do something.
- 147. Singh 1989:63 and 64n.2-4. The Sanskrit reads: Parā bhagavatī samvit-prasarantī svarūpatah | parecchā-śaktir ity uktā bhairavasya avibhedinī | | tasyāh prasara-dharmitvam jāāna-śaikty-ādi-rūpatā | parāparaā-aparā-rūpa-paśyanty-ādi-vapur-bhrtih | | (Singh 1989:22 Sanskrit). Singh has legitimately interpolated kriyāśakti, madhyamā and vaikharī into the jāāna-śakty-ādi and paśyantī-ādi, respectively.
- 148. A more accurate English translation of this term is "independence."
- 149. Singh 1989:68. The Sanskrit reads: Ata eva saiva ca parameśvart sarvam śrnoti-śravana-ākhyayā sattayā tişthanti tasyāh śravana-sampuṭa-sphuṭa-kramika-sva-spanda-maya-varna-rāśī-niṣṭham aikātmya-āpādanā-rūpa-samkalana-anusamdhāna-ākhyam svātantryam tena hi vinā kala-kala-līna-śabda-viśeṣam śṛnvannapi--na śṛnomi iti vyavaharati pramātā (Singh 1989:24 Sanskrit).
- 150. Singh 1989:74; na tair vinā bhavec chabdo na artho na api citer gatih (Singh 1989:28 Sanskrit).
- 151. Singh 1989:78.
- 152. Singh 1989:77.
- 153. See Arraj 1988.
- 154. See Brunner 1974.
- 155. Arraj 1988:135.
- 156. Arraj 1988:136-137.
- 157. Arraj 1988:139.
- 158. Arraj 1988:145.
- 159. Arraj 1988:144.
- 160. Arraj 1988:147-148.
- 161. Arraj 1988:149-150.
- 162. Arraj 1988:153.
- 163. Arraj 1988:156-157.
- 164. Arraj 1988:163-167.
- 165. Arraj 1988:168.
- 166. Flood 1989:229.
- 167. Arraj 1988:168 and 168n.1-2, and 1988:169.
- 168. Arraj 1988:171-172.
- 169. Arraj 1988:172.
- 170. Arraj remarks "It remains ambiguous whether the knowledge initiation can ever supplant the normal ceremonial initiation, or can only occur as its regular or supernumerary conclusion." (Arraj 1988:178).

- 171. Arraj 1988:180.
- 172. Arraj 1988:182-183.
- 173. Arraj 1988:218.
- 174. Arraj 1988:218-219.
- 175. Arraj 1988:238.
- 176. Arraj 1988:241.
- 177. Arraj 1988:246. See Arraj 1988:218-264 for the description of the bhuvanas.
- 178. Brahmā caturmukhah saumyo raktavarņah sulocanah | | lambakūrcah sutejāsca hamsārūdhascaturbhujah | dandākṣasūtrahastasca kamandalvabhaye dadhat | | vedaiscaturbhih sanyuktah sarvasiddhiphalapradah | Dwivedi 1985a:97).
- 179. Buddhah padmāsanagatah pralamba-sruti-cīvarah|| padmākṣah padmacihnaśca maṇibaddho jagaddhitah| samādhistho mahāyogī varadābhayapāṇikah|| akṣasūtradharo devah padmahastah sulocanah| evam dhyātah pūjitaśca strīṇām mokṣaphalapradah|| Dwivedi 1985a:98.
- 180. Manibaddha ity āhitāgnyāditvād nisthāyāh paratvam!! Dwivedi 1985a:98.
- 181. Brunner 1974:125-126.
- 182. Brunner 1974:128-her term is procédés magiques.
- 183. Brunner 1974:129-131.
- 184. MVT: 19.43, Kaul Shāstrī 1922:130.
- 185. Brunner 1974:131-133.
- 186. Brunner 1974:134.
- 187. Brunner 1974:134-135.
- 188. "La dtkṣā (śivaīte—ou tantrique en général) est une longue cérémonie purificatoire (400 p. dans le Svacchanda pour la description d'une seule méthod) dont l'ambition est d'unir le disciple à Siva après l'avoir, par la force des mantra, fait consommer en un instant tout le karman qu'il avait accumulé. La voie par laquelle on l'achemine ainsi vers Siva peut varier. Le Netra mentionne: la Voie des tattva (on utilise 36, 18, 9, 5, 3 ou un tattva), celle de kalā, des pada, des varņa, des mantra et des bhuvana. On reconnît le Sextuple Chemin, commun à toutes les écoles Sivaītes." (Brunner 1974:135-136n.4).
- 189. Brunner 1974:136.
- 190. Brunner 1974:136--l'abhișeka "est une 'douche' rituelle avec l'eau 'chargée' de mantra.
- 191. Brunner 1974:136-137.
- 192. Brunner 1974:138-139.
- 193. Brunner 1974:140.
- 194. Kaul 1984:xiv-xv.
- 195, Kaul Śāstrī 1922:126.
- 196. One of the four mind-born sons of  $Brahm\bar{a}$ , acc. to MW, = 'ancient.' The other three are given here,  $Sanatkum\bar{a}ra$ ,  $Sana[\bar{a}tana]$ , and Sanandana.

- 197. Christian Wedermeyer, a fellow Ph.D. student, suggested that we could read this as Siva paying homage to himself, since all beings are in essence Siva. The grammar certainly would allow for this interpretation.
- 198. I.e. 90 million.
- 199. I.e. 30 million.
- 200. Mālinīvijayottara Tantra 1.1-13; Kaul Shāstrī 1922:1-2.
- 201. MVT 3.14, Kaul Shāstrī 1922:15.
- 202. MVT 3.31 (Kaul Shāstrī 1922:17).
- 203. MVT 3.34 (Kaul Shāstri 1922:18).
- 204. See MVT 3.37-3.45 (Kaul Shāstrī 1922:18-19).
- 205. MVT 3.68 (Kaul Shāstrī 1922:21).
- 206. MVT 6.6-9 (Kaul Shāstrī 1922:31-32).
- 207. MVT 11.1-6 (Kaul Shāstrī 1922:73).
- 208. MVT 11.20 (Kaul Shāstrī 1922;75).
- 209. MVT 12.5-12.11 (Kaul Shāstrī 1922:79-80).
- 210. MVT 12.15-18 (Kaul Shastrī 1922:80-81).
- 211. MVT 12.34 (Kaul Shāstrī 1922:83). Sakalam hṛdaya-anta-stham ātmānam kanaka-prabham sva-prabhā-dyotitā-aśeṣa-deha-antam anucintayet
- 212. The Aitareya Āranyaka says: "He becomes golden in yonder world, he is seen as golden for all mortals, who knows this." (Aitareya Āraņyaka 2.1.3; (Keith 1909:204.) Similarly in the Satapatha Brāhmaņa's description of the Agnicayana, explaining why the sacrificer wears the gold plate sewn into the black antelope's skin, over his navel,  $\dot{S}B$  6.7.1.9-11 says: "Why over the navel-below the navel is the seed, the power of procreation ... and more in contact with ordure is that which is below the navel ... that part of the vital air which is immortal is above the navel, and streams out by upward breathings; but that which is mortal passes by and away from the navel." Another use of the gold plate is hanging it round the neck of the sacrificer during the Agnicayana. SB 6.7.1.1 says: "He hangs a gold plate (round his neck), and wears it; for that gold plate is the truth, and the truth is able to sustain that [Ukhya agni or fire in the pan that the Sacrificer will carry at the time of his dīkṣā, and will be considered as the Sacrificer's divine body]: by means of the truth the gods carried it, and by means of the truth does he now carry it. (2:) Now that truth is the same as yonder Sun. It is a gold (plate), for gold is light, and he (the Sun) is the light; gold is immortality, and he is immortality. It (the plate) is round, for he (the Sun) is round. It has twenty-one knobs, for he is the twenty-first. He wears it with the knobs outside, for the knobs are his (the Sun's) rays, and his rays are outside." (Eggeling 1894:265.)
- 213. MVT 12.36 (Kaul Shāstrī 1922:91).
- 214. MVT 13.21-24; 13.30 (Kaul Shāstrī 1922:86-87)
- 215. MVT 13.34 (Kaul Shāstrī 1922:87).
- 216. MVT 13.44 (Kaul Shāstrī 1922:88).
- 217. MVT 1.44-1.47.(Kaul Shāstrī 1922:6).

- 218. Literally, 'what are the channels in extent, and how is that body-mass?' (ke te nādī pramāṇasya śarīrapiṇḍa[m] tat katham). I've emended the text from śanirapiṇḍa tat katham, since śanir, i.e. Saturn, would make little sense here, and piṇḍa lacks an anusvāra.
- 219. Samaya-samketa-cchomasya.
- 220. Om namah śrtvajrasambarāya Evam mayā śrutam ekasmin samaye bhagavān sarvvatathāgata-kāya-vāk-citta-vajrayoginībhageşu vijahāra Āryyānanda-prabhṛti-vītarāgapramukhair āryyāvalokitesvarādir asstikotiyoginī ca madhye vajrapāņim vyavalokya smitam akārsīt | Vairapāṇi[r] utthāya āsanād ekāmsam uttarāsangam krtvā daksiṇajānumandalam prthivyām pratisthāpya krtakaraputo bhūtvā bhagavantam adhyesayāmāsa srotum icchāmi bhagavan utpattiyogalakşanan | Utpannan da kathan deva sarvvākāraikasanbaran | kathan vāyu āpāsca prthivyākāsam eva ca| paficākāram katham deva sadvidhafi ca tatah prabho| katham trikāyam adhişthānam bāhyam vābhyantare sthitih katham te devatārūpam kathayasva devatī prabho| candrasūryyah katham deva patha pafica katham bhavet| katham te Sarīrasvabhāvan tu nādīrūpam katham tatah!! ke te nādī pramāņsya Sa[r]īrapiņda tat katham| samayasanketacchomasya kathayasva mama prabho| ke te pithādisanketam bāhyādhyātmakam eva ca katham bhūmyādi-lābhasya katham nimittadarsanam katham te dvāda\$a-karmma mantrajāpam katham bhavet¦ aksamālā katham yukti ke te jāpasya lakşanam ke te mandalam ävarttam devatākāra-yogatah siddhimantram katham deva kaumārī-tarpaņam katham | ke divasena karttavyam alivali katham prabho | paficāmṛtādi katham deva pañcānkusams ca tad bhavet | kathayasva mandalālekhyam sūtrapātam katham bhavet| katham te bhūmi saṃśodhyam rakṣācakram katham bhavet| | ācāryya kena karttavyam katham sisyasaya samgraham! ke te 'bhisekam pramānafi ca caturthafica katham bhavet!! katham kālasya niyamam mrtyuvañcanam eva ca¦ ke te caturyugānkasya caturdvīpam katham bhavet| yuge yuge katham siddhi caryyācāri katham bhavet| ke te yoginītantrasya yogatantram katham bhavet | katham süträntah pramānasya ke te pāramitā tathā | pratisthāhomayāgasya siddhimantram katham bhavet | rasāyanam katham deva madyapānam katham bhavet | mantrodayam katham deva mantroddhāra katham bhavet | | nigrahañca katham deva anugrahañca katham bhavet tattvāñca katham bhagavan śūnyatā karuņā katham | katham sūnyasvabhāvatvam katham tathatāsvarūpakam | devarūpam katham nāma yoginilakşanam valim | sarvva-dharmma-parijñānam bhāvānām kathaya prabho | Shāstri 1917:64-65.
- 221. Commentary on 5.238: Iha Kālacakre yoginā Dharmasamgrahah jñātvā, tatas Tantradesanā kartavyā anyathā Dharmasamgraham vinā, ku-marga-desanā bhavati (Rinpoche et al 1994b:148.8-9).
- 222. The commentary includes napumsakam after quoting the word paramapadam from the verse. Napumsakam refers either to something neither male nor female—i.e. either a eunuch, a hermaphrodite, or a neuter word. The grammatical sense must be intended here, though the rationale for Pundarika's clarification is not entirely clear to me. One possible explanation could relate to his point made at 148.10-11, that the pair of wisdom and means is not the union of the penis and vagina (dvayam prajňopāyo na bhaga-linga-sadyogah). Pundarīka at times seems to favor the monastic and celibate traditions a bit, and his emphasis on the neuter aspect of the ultimate goal may have something to do with that predilection here. Such an attitude would seem to be emphasized by mentioning here the teacher in company with the mantra possessor, not a yogini or Tantric consort—suggesting a situation of a male teacher and male student; this is however speculation on my part.

- 223. Kah pāpī śrī-guror yah sucaraṇa-kamalam vandate ne trikālam ko 'jñānī yas trikālam bahu-vidha-kusumair maṇḍalam no karoti| ko 'vīcim yāti śīghram sama-sukha-da-guroḥ khedam utpādako yah kāh prajñā-jñāna-lābhī vara-guru-caraṇam yo na muñcaty anaṣṭaḥ||250|| ko naṣṭo yas trināḍyām api gata-marutā māryate 'nanta-kālam kah śūro mārayed yah sama-viṣama-pathi prāṇam apāna-vāyum| ko dātā śrī-guror yo dadati nija-tanum putra-dārādi sarvam ko nīco vañcuko yah sva-hṛdaya-kaluṣa-ākṛṣa-cittaḥ śaṭhaś ca||251|| (Rinpoche 1994b:152.24-31).
- 224. Commentary on 5.243: Tat kasya hetoh? Ārya-vişaye bauddhānām pandita-abhimānād ye guru-śuśrūṣayā vinā pustakam dṛṣṭvā asmābhir vajrapadam jñātam iti vadiṣyanti bauddhāh panditāh, tena ahankararena naraka-gamanam, seka-sampradāya-abhāvāt tena [idam] gopitam (Rinpoche et al 1994b:150.25-28).
- 225. Newman 1987:116-117.
- 226. Johnson 1992:xiii
- 227. Rinpoche et al 1994b:2.11-15.
- 228. Műla-mukhe (?).
- 229. Śmaśāna-karpate cakra-dvayam likhed vratt| rājikā-lavanenāpi viṣeṇa nimbakena ca| trikatukam katutailañca śmaśānārśānam eva ca| dhustūraka-patra-niryyāsaiś caṇḍa-vījais tathaiva ca| tarjjanī-raktam ādāya ciktrakasya rasena vā| ūṣarasya mṛttikā gṛhya caṇḍāla-haṇḍikāñjanam|| bubhukṣita-padma-lekhanyā caturddaśyām likhed bratī| madhyāhne krūra-cittena duṣṭānām bandha-hetunā| nāmam sattva-vighātasya huṃkāreṇa vidarbhayet|| dakṣiṇabhimukho yogī ātmānam yama-ghātakam| krodha-rūpam mahācaṇḍaṃ khaṇḍa-muṇḍa-vibhūṣitam|| mahiṣa-stham lalaj-jihvam vṛhad-udaram bhayānakam| kaḍārorddhva-jūṭa-keśam vakra-śmaśru-bhruvam tathā|| dakṣiṇena mahāvajram khaḍgam caiva dvitīyakam| tṛtīye kartti-hastam ca idānīm vāmato likhet|| cakrañ caiva mahāpadmam kapālañ caiva vāmatah| mūla-mukhe mahābhṛṅgam dakṣiṇe candra-suprabham|| vāmam rakta-nibham proktam vajrābharaṇa-bhūṣitam| roma-kūpa-mahāvivarā sphorayet sva-kulādhipam|| pratyālīḍha-pada-saṃstham sūryya-maṇḍala uddhatah| vikṛta-daṃṣṭrākarālāsyaṃ kalpa-jvālāgni-sannibham|| evam ātmānam sannahya sādhyaṃ vai purato nyaset| etc. etc. (Shāstrī 1917:147-148).
- 230. See above, in the extract from the final chapter of the *Ekallavīracandamahāroṣaṇa* where *Bhagavatī* is also described as the *paryaṅka-āsana* of sentient beings (*sattva-paryaṅka*).
- 231. Ghorī is also in the north in the Yogāmbara mandala described in Abhayākaragupta's Niṣpannayogāvalī, with a fierce demeanor, yellow colored, three-eyed, with dishevelled hair, and two hands. (De Mallmann 1986:176).
- 232. Vetālī is also in the west in the following mandalas described by Abhayākaragupta in his Niṣpannayogāvalī: Jñānadākinī, Yogāmbara, Hevajra, and Nairātmya. (De Mallmann 1986:445).
- 233. Candālī is also in the south of the Jñānadākinī and Yogāmbara mandalas as described by Abhayākaragupta in his Nīṣpannayogāvalī, though she's in the southwest in his Hevajra and Nairātmya mandalas (De Mallmann 1986:136).
- 234. De Mallmann describes Simhinī in the Jñānadākinī mandala from Abhayākaragupta's Nispannayogāvalī, vertically bi-colored with an eastern white half, and a northern yellow half. She has one lion face, two hands, dressed in red, and crowned with five skulls. (De Mallmann 1986:347-348).

- 235. In the *Jħānadākinī mandala* in *Abhayākaragupta*'s *Niṣpannayogāvalī Vyāghrī* is also in the southeast, with a single tiger's head, vertically bicolored with a white southern half and a blue eastern half. (De Mallmann 1986:457).
- 236. (Grünendahl 1989:486). *Ulūkī* is also in the northwest in the *manḍalas* of *Jñānaḍākinī* and *Yogāmbara* as described by *Abhayākaragupta* (De Mallmann 1986:384).
- 237. 60 angulas.
- 238. Mandala-pada-dakṣiṇa-pādam bhūmau saṃsthāpya vāmapada[m], trailokya-laṅghanākāreṇa salilam utkṣepaḥ iti trivikramapadam¦ dakṣiṇa-careṇa vāmacaraṇm ākramet¦ vāma-jaṅgham saṃkocya, pañca-vitasti-āyām[e] prāsārayet, ālīḍham syāt| pratyālīḍho atra dakṣiṇam ākuñcya vāmaṃ tathāiva prāsārayed iti| (Grünendahl 1989:491).
- 239. Orofino 1994:9.
- 240. Sucandar āha: sekah saptavidhah śāsta trividho 'nuttaras tathā| laukikottara-siddhy-artham saṃkṣepāt kathayasva me| | SD 1 (Orofino 1994:131).
- 241. SD 1.10: udaka-mukuṭa-paṭṭo vajra-ghaṇṭā mahāvratam¦ nāma-anujñāna-samāyuktah sekaḥ saptavidho nṛpa¦ (Orofino 1994:132).
- 242. Dharmasamgrahah 22, Kasawara et al 1885:5.
- 243. Dharmasamgrahah 17, Kasawara et al 1885:4.
- 244. Dharmasamgrahah 18; Kasawara et al 1885:4.
- 245. SD 1.11-1.14: kāya-vāk-citta-saṃśuddhir abhiṣeka-dvayaṃ dvayam | anujñā jñāna-śuddhih syād anyā dhātvādi-śuddhitah||11|| udakaṃ dhātu-saṃśuddhir maulī skandha-viśodhanam | paṭṭaḥ pāramitā-śuddhir vajra-ghaṇṭā mahākṣaram||12|| buddha-bhāṣā na vicchinnā arkendv-ekatra-śodhanam | viṣaya-indriya-saṃśuddhih syād vajra-vratam acyutam||13|| nāma maitry-ādi-śuddhih syād anujñā buddha-śodhanam | ete sapta sekā deyā vartayitvā tu maṇḍalam||14|| (Orofino 1994:132).
- 246. Gyatso et al 1991:73-74.
- 247. Cf. Gyatso et al 1991:68. Although Hopkins designates initiations 10-11, and 14-15 as knowledge wisdom initation and provisional word initiation, and then knowledge-wisdom initiation and definitive word initiation, the Sanskrit of the Sekoddesah indicates a slightly different emphasis. SD 15 reads: kumbho guhyābhişekas ca prajñā-jñāna-abhidhānakah | punar eva mahāprajñā tasyā jñānābhidhānakah | | (Orofino 1994:132). While the first compound, prajñā-jñāna-abhidhānakah could easily be taken either as 'wisdom-knowledge' and 'word' or 'name', or 'wisdom' and 'the word of knowledge', the second half of the verse indicates that the second interpretation is more likely. To parse the second half of the verse: punar eva indicates that we repeat the first half of the first line, i.e. we take kumbho guhyābhisekas ca again. The second half of the verse however separates the prajfiā, indicating in the 'highest' level of initiations prajñā is superseded by mahāprajñā. Then the verse uses the genetive of the tā pronoun, indicating that the jñāna-abhidhānakah is the 'knowledge-word' of mahāprajñā, or, literally, 'great-wisdom's knowledge-word,' or the word that gives one knowledge of great wisdom. This syntactical pattern indicates that in the first half of the verse we should parse the compound by the second option, i.e. wisdom, and wisdom's knowledge-word.
- 248. Mālinīvijayottaratantra 8.122a (Kaul Shāstrī 1922:54).

- 249. SD 16-17: Kṣara-[a]kṣaras tatah spando nihspandaś ca tato parah| kāya-vāk-citta-saṃśuddhyā abhiṣeka-trayaṃ kramāt| | 16| | caturtho jħāna-saṃśuddhiḥ kāya-vāk-citta-śodhakah| bālah praudhas tathā vṛddhaś caturthas tu prajāpatih| | 17| | (Orofino 1994:132). I've modified Gnoli's Sanskrit just slightly—he has kṣaraḥ kṣaras in the first pada of 16, though this doesn't seem to make much sense given the logic of the syntax, whereby it is paired with spando nihspandaś ca; the usual pattern would be two pairs of opposites, suggesting kṣara and akṣara.
- 250. KCT 5.112 and commentary, Rinpoche et al 1994b:52.26-27.
- 251. Rinpoche et al 1994b:53.9.
- 252. ....vṛkṣa-mūlika, ekāsanika, ābhyavakāśika, āraṇyakaḥ, śmaśānikaḥ....Kasawara et al 1885:13.
- 253. Davidson's edition, verse 61b. "Arisen from the sky and self-arisen, he is the exalted fire of self-gnosis." The next two quotes are from Davidson verses 62a and 63a respectively: "Vairocana, the great lumen, the light of gnosis, he is the illuminator," and "he is mantrarāja performing the great goal." (Davidson 1981:26 & 54). These portions of the Nāmasamgītih are quoted in full on Rinpoche et al 1994b:69, part of the long commentary on KCT 5.127.
- 254. According to the MW listing, dravya refers to the 9 Nyāya elementary substances, pṛthivī, āp, tejas, vāyu, ākāśa, kāla, diś, ātman, manas. These are shared by the Vaiśeṣikas. Jains have 6-jīva, dharma, adharma, pudgala, kāla, ākāśa. Dharmasamgraha does not list dravya. The term is discussed at length in the Abhidharmakośa and its commentary, generally in relation to Vaibhāṣika theories of matter.
- 255. Rinpoche et al 1994b:118.20-119.9.
- 256. Rinpoche et al 1994b:119.18-21.

Tantric Yoga

Chapter 9

James F. Hartzell

### Sexual Yogas

### 9.0.1. Preface

Reading the Tantric texts themselves reveals a host of information about the specific character of Tantric practices. We find, most notably, that many of the practices satirized by Ksemendra were in fact specifically prescribed by the Tantras themselves. This convergence of evidence, as will be outlined below, leaves no doubt that actual sexual Yogas (i.e. not purely visualized or symbolic) were central to several major Buddhist and Hindu Tantric schools. To refresh the reader, I will repeat here a version of my remarks from the Introduction to this dissertation. The evidence we will examine in this chapter will lead to the following conclusions: 1) real sexual Yogas were in widespread use in Buddhist and Hindu Tantric practices at least up through the eleventh century; 2) group sexual rites were held at night in a variety of secret locations, and were accompanied by the ingestion of various stimulants; 3) these group sexual rites were essentially non-sectarian--i.e. though run by members of various sects, the rites were open to members of other sects; 4) there were a variety of secret communication codes in use for identifying the locations and times of these sexual congresses, and these codes were taught to the initiates; 5) the nighttime sexual rites of the Tantrikas eventually became widely known about in Kaśmīri society, as evidenced by Ksemendra's satires; 6) in some circumstances young women were selected as Tantric consorts at an early age and protected for that purpose; 7) in other circumstances women ran the sexual congresses themselves and

served as Tantric gurus; 8) Tantric practitioners were well aware of the potential for procreation as a result of their activities, and specific typologies of classification are outlined for "Tantric children" based on when and how they might be conceived; 9) the specifics of the progression of sexual union were integrated in detail into the Tantric doctrines. We also know, particularly from the several stages outlined in Buddhist Tantric practice, and from the sophisticated developments of Tibetan Tantrism, that monastic or celibate Tantra became well-developed, whereby initiates would engage with meditative or artistically depicted visualizations of goddesses or female consorts without actual sexual intercourse between a yogi and a yogini. This development appears to have come, however, not just out of the Buddhist monastic tradition. We have hints of it in the Mālinīvijaya, where meditative visualization practices are given as an option to visiting the kula-cakras or gana-cakras at the pilgrimage sites. One point that awaits further clarification is the use of the term rakta for women's sexual emissions as the parallel to semen (śukra). Rakta usually indicates blood, yet this would then tell us that these Tantric rites only took place while women were menstruating. It may be that in Tantric contexts the rakta spoken of refers to the vaginal secretions at orgasm. This point is not made clear in the texts I have read so far. It is further complicated by the fact that some schools of Indian medicine appear to have believed that conception occurred during menstruation. Another point that remains unresolved pending further reading is whether seminal retention as advocated in some Buddhist Tantric texts was also advocated in the Saivite Tantras: there is some indication that the Saivites practiced seminal retention,

yet the material I have read from the *Mālinīvijaya* does not make the point as perfectly clear as it is in the *Kālacakra*. Unfortunately I have not yet managed to read enough of other original Śaivite material to find discussion of this point, and the descriptions I have found have either been censored by Indian editors, or are written in language too oblique to be clear. As I indicated in Chapter 4, the relatively quiescent state of the Buddhist Sanskrit Tantric tradition for many centuries may have preserved more explicit discussions than may be available in all except the very oldest Śaivite manuscripts.

### 9.0.2. Introduction

We return in this chapter to one of the basic questions raised in the Introduction to this dissertation: why sex? Why is it that the Tantric traditions placed the act of (hetero)-sexual intercourse, and the orgasmic state of mutual arousal, in such a central role to their rituals? Certainly sexual intercourse is one of the most vulnerable and 'open' experiences we can have. As woman is penetrated by man, and man is enveloped by woman, each through the doorway of their most intimate and sensitive organ, a circuit is opened up between them that activates the current of life. As Sanderson has remarked with regard to the *Krama* rites of the Kaśmīri Śaivite Tāntrikās: "Fortifying this gnostic ritual with the expansive joy of caste-free sexual union and the consumption of wine, flesh, and the impurities of the body, the initiate penetrates through the inhibition of external values and the rebirth-generating bondage of self-awareness that this inhibition entails, thereby attaining the conviction that his individualized consciousness is but the spontaneous play of these universal powers.

No longer enslaved by the appearance of subjection to the not-self in consciousness, he achieves liberation within the very flow of extroverted cognition."

That sex is a powerfully transformative experience—for good or for ill—is well known to anyone who is no longer a virgin. Indeed it is precisely this 'dangerous' aspect of sex, its potential for releasing destructive psychological, emotional and psychophysical energy, that appears to have prompted generations of religious practitioners across a wide span of geographic, cultural, and temporal borders to opt for lives of celibacy, renouncing sexual pleasure to guarantee safety and freedom from temptation and distraction. And as any parent knows, the transformative responsibilities of raising children can easily interrupt the concentration of even the most dedicated contemplative. So there have been powerful incentives throughout human history for the religious lifestyle of renunciation as an aid to plumbing the mysteries of the divine.

In Chapter 2.5 we discussed how in the Vedic literature lightning functions as an atmospheric version of the three cosmic fires, and the self-heating lotus flower functions as a version of the womb of Agni, the earthly fire. In the Tantric literature's discussions of the practice of sexual orgasm in the sexual Yogas, particularly in the Buddhist Tantras, the insertion of the man's erect penis into the woman's vagina is routinely described as inserting the *vajra* (lightning bolt, thunderbolt) into the lotus (*padma*), as in the *Candamahāroṣaṇa* passages cited below where the Yoginī invites her male consort to give her the pleasure of his Vajra by inserting it into the hole in the center of her lotus. Puṇḍarīka states the symbolism

explicitly in the Vimalaprabhā on Kālacakra 5.127: "Since according to the Tantric language (samaya-bhāşayā), the group of Vairocana etc., individually designated as Tathāgatas, are not intended literally [through a relationship of designator (vācaka) and designated (vacya), as [would be the case when speaking] of a pot, cloth, etc. The woman's organ [vagina] is [what is meant by] the lotus; the man's organ [penis] is the lightning bolt; the feces is Vairocana; the urine is Akśobhya; the blood is Ratnasambhava; the semen is Amitābha; the flesh is Amoghasiddhi; so, by the names of the five Tathagatas, the names of the five nectars are designated."<sup>2</sup> Although I have not so far found the lotus used as a symbol for a woman's vulva in the Vedic literature, this 'vajra in the lotus' is consistent with the type-identity logic of the Vedic model. In an Indian cultural context where the Vedas speak of the lotus as the womb of the earthly fire, and the lightning bolt as a version of the atmospheric fire that is controllable by man (with Indra who hurls the vaira as the archetype for this), we see that the Indian Tantric thinkers reconceived the act of sexual intercourse as man connecting the atmospheric penile fire into the woman's earthly vaginal flame--essentially an image of plugging the cosmic electricity through the male into the female's earthly circuitry, a 'father sky' joins 'mother earth' type of paradigm. As I discussed in the Introduction to this dissertation when looking at variant etymologies of the term 'Tantra', the most basic denotation of the term is that of a loom or web, and the various connotations and secondary denotations that develop from that term, such as woven cloth, continuum, network, system, doctrine, treatise, all retain the basic notion of some interwoven web-like system. As we have seen by examining the esoteric Vedic doctrines incorporated into Tantra, the Vedic idea of a solar web of cosmic fire that pervades from the heavenly sun and stars through the Moon, wind and lightning down to the earthly fires and biophysical fires of the breaths, digestion, and humors, is maintained, sustained, and integrated—or woven—into the Tantric notions of the divine function of sexual lovemaking. It is this central differentiating aspect of the Sanskritic Tantric traditions I have examined—the incorporation of ritual lovemaking as a centerpiece of their rites—that I shall discuss in detail in this chapter.

There are many other cultures that have celebrated sexuality and sensuality. Although I certainly have a biased perspective given the focus of my studies, I know of however no other culture than the Indian that has so seriously addressed the issue of the human sexual experience within the context of religious ritual. As I mentioned in Chapter 3, in modern society we are no longer shocked to see human sexuality portrayed in some detail in our films and art, yet it would create a national and perhaps global scandal were some Christian, Jewish, Muslim, Hindu or Buddhist (etc.) denomination to openly advocate and practice group sexual rites or individual sexual rites during their weekly worship services. In fact certain charismatic Christian evangelists have lost their positions as leaders of their congregations after accusations of sexual liasons with prostitutes and secretaries. Yet in the Tantric traditions in India, sexual liasons with prostitutes, secretaries, neighbors, teachers and students, and even family members were sanctioned and even prescribed within the context of the practice of the Tantric sexual Yogas. These were radical doctrines in the context of their time and even today some 1000-1500 years later.

Historically Tantric Yoga is not exclusively a sexual Yoga practice. In the Buddhist tradition an ascetic, celibate version of Tantric Yoga was developed based on visualized consorts and visualized sex, and a rather elaborate doctrine was developed that actually asserted the superiority of practice with the visualized consort over practice between real men and women. I would say that this development was manifestly a concession to the long history of monastic Buddhism and to the power of the monastic organizations that had for many centuries developed strongly influential doctrines and practices premised on a celibate lifestyle, particularly since there is much material in the Sanskrit Buddhist Tantras that is overtly sexual, and I have not yet found any formalized discussion of symbolic or visualized sexual Yogas in the Saivite Tantric tradition asserting the superiority of a visualized Tantric lover over a real one. We find in the fifth Chapter of the Kālacakratantra and Vimalaprabhā that there is considerable tension between the prescription of the practice of sexual Yogas from the wider Tantric tradition, and the attempts by Pundarīka--and at times the Laghukālacakra verses--to develop a strong argument for a strictly visualized sexual Yoga practice as a route superior to actual sexual intercourse. Much of the thrust of Pundarīka's long argument in his forty-page commentary on KCT 5.127 is devoted to this point. However, there is also so much explicit discussion of the practices of sexual Yogas and the results of those practices in the Kālacakra that I think we cannot discount the possibility that Pundarika or his collaborators may well have added verses to the Laghukālacakra to support their argument for the superiority of the visualization-only approach. To even consider such a possibility is of course entirely

counter to the canonical view of the text.

The truth is though that we do not know how the Kālacakratantra was constructed whether it is a compilation, whether it had several different versions before the one we now have, whether some sections of it were 'original' and others came later, whether the monastic tradition modified a more popular text to fit it into the celibacy-based curriculum, whether the verses and the commentary were written by several different authors and later systematically rewritten by Pundarika, and so forth. Those who believe in the canonical accounts of the text will of course not ask these questions seriously, and would consider it sacrilegious to do so.<sup>3</sup> This is the natural response of those who strongly adhere to a doctrine of faith that provides an unquestionable 'given' or 'canonical' account of the tradition. However, as modern scholars, it is incumbent upon us to openly consider these possibilities as we try to make sense of the textual tradition. In addition we must consider what appears to be the historical context of Tantra's encounter with the proprietors of the curricula in the Buddhist monastic universities, as discussed particularly in Chapter 3.1.3, 3.3., and 3.5. It seems to me quite reasonable that the doctrines and practices of a large, widespread, and popular set of cults advocating sexual Yogas would have had to be considerably modified and restructured in order to be happily incorporated into a centuries-old conservative educational establishment that required a vow of celibacy as a basic prerequisite for its students and teachers.

The Hindu side of the picture was considerably different, with much of the education of students occurring in the homes of their married gurus, and we see some

evidence of this practice among Buddhist Tantrikas in for instance the story of Milarepa's studies in the home of Marpa, who was himself married. Unfortunately I have not yet had the chance to read sufficient material in Sanskrit to determine the exact character of the early Indian Tantric pedagogical climate. The relative intellectual and practical freedom intrinsic to the Indian approach is however reflected in the attitude and doctrines of Abhinavagupta, the leading light of the Kaśmīri Saivite Tantric schools. As Dwivedi has noted, "Tantra teaches us that sound reasoning and one's own understanding should be able to decide all such matters. Taking Mālinīvijaya Tantra 17,18 as his proof, Abhinavagupta declares (TA 4,15) that reasoning is the best part of Yoga. For him the expressions 'sound reasoning' and 'personal judgement' mean that one's judgement should be developed through the teaching of one's guru and the study of the śāstra; but for a fully developed religious scholar his own capacity for reason and understanding should be the best guide."4 The verse from MVT 17,18 and TA 4,15 says that "Reasoning is the ultimate division of Yoga, because of consideration of what is to be abandoned etc. Hence it is advised that one put some effort into reasoning."<sup>5</sup> As mentioned in Chapter 5.3.1., Abhinavagupta studied with 19 named mathikagurus (teachers from specific preceptorial schools) and jñāna-gurus (teachers in general subject areas), completing courses of study with logicians, Mīmāmsakas, Vaispavas, Buddhists, Arhats, Śaiva Siddhantins, and Trika adherents.<sup>6</sup> Flood has pointed out that the

distinction between the *guru* as the transmitter of either power or a formal teaching seems to correspond to Abhinavagupta's distinction between *mathikā* and *jñāna guru-s*, the former representing a preceptorial line conveying power and a teaching, the latter

representing teachers of other disciplines.... Within the *mathikā* category are included two *guru* traditions of importance, called the *Traiyambakamathikā* and the *Ardhatraiyambakmathikā*. These two lineages are associated with the two liturgical systems within the Trika known as the *Tantraprakriyā*, the normative practice of the Trika Śaiva... and with the esoteric *kulaprakriyā*, the 'family practice', which is involved with love-making as part of its liturgy.... Abhinavagupta was initiated into both lineages... through [Śambhunātha] into the secret *kulaprakriyā* or more specifically through Śambhunātha's consort Bhagavatī who was a 'messenger' (*dūtī*) in the secret rite.<sup>7</sup>

Abhinavagupta's autobiographical account is the only one I have found so far that tells us about the pedagogy of Śaivite Tantra. Abhinava was also an unusually able writer, so that self-motivation undoubtedly played a role in his multidisciplinary studies. Nonetheless we see just from this brief account that there were many other ways to learn about the Tantric doctrines without necessarily becoming a student at the Buddhist universities, and that the Kaśmīri Śaivite tradition favored personal reasoning over doctrinal authority as the principal route to understanding. As mentioned above, the style of studying individually with a guru outside of the university setting is also evident in the lineage of the Buddhist Tantric siddhas Tilopa, Nāropa, Marpa and Milarepa, each of whom put their student through various trials before agreeing to instruct them, and the various other 84 Mahāsiddhas.

9.1. The Cultural Context of Sexual Yogas (9.1.1. The Kāma Śāstra in the Kālacakra Tantra, 9.1.2. The Sexual Implications of Subtle Body Terminology,9.1.3. Laws About Sex in Ancient India)

Chapter 6 of this dissertation covered a variety of perspectives on Tantra by non-Tantric writers, who generally appeared to have disapproved of Tantric practices and viewed these practices are nothing more than an excuse for licentiousness. After

Abhinavagupta's work, Śaivite Tantra at least gained more credibility in Kaśmīr. In this section I take a brief look at a relatively unexplored area--the relationship of the Tantras to the Erotic tradition in India, and the context of Tantric practices in regard to some views from the *Dharmaśāstra* tradition of traditional Indian lawbooks.

Material from the *Kālacakratantra* and the literal meanings of a number of the subtle body terms indicate that the Tantric tradition owes a considerable debt to the Erotic literature, and indicates that further research is necessary on this largely neglected topic.

### 9.1.1. The Kāma Śāstra in the Kālacakra Tantra

One of the unexplored areas of Tantric Studies is the relationship between the Tantric traditions and the Erotic traditions (Kāmaśāstra or Ratiśāstra), particularly with regard to the descriptions of the sexual Yogas. In a country where a high art was made out of erotic poetic metaphors, such that over the centuries scores of poems (kāvya), dramas, and epics were written with elaborate descriptions of nature couched in ebulliently erotic metaphor, it is not so astonishing that religious practices would have arisen that heartily embraced sexual passion and lovemaking as an avenue to the divine. As Sternbac has noted, "Highly sensuous pictorial effects, authenticated by a deep sincerity of ecstatic emotion were often blended and thus helped to create poems full of erotic mysticism, devout yet sensuous. In India worldly wisdom, religious devotion and sensual love (kāma as well as śrngāra) are often intermingled." We must also remember that it was customary for Indian kings to have harems, women in waiting for the ruler's erotic pleasure. It is not at all inconceivable that part of the

impetus for Tantric practices may have arisen in concert with a religiousization (to coin a term) of royal behavior; though other than Kalhana's references to Tantric practices in the royal court, though (See Chapter 6.2), I have seen little other evidence for this idea, unless we wish to interpret *Rājatantra* as a title having political implications.

There are however several indications that there was a considerable relationship between the Tantric and Erotic traditions. Chapter 31 of Samvarodayatantra gives very specific erotic descriptions for lovemaking with the four ideal types of women, much as described in the Ratisastra.9 There is still extant a manuscript of the Nagarakasarvasva, an 18 chapter text written--oddly enough--by a Buddhist monk Padma Śrī Jñāna, and based on the Siddhyaika-vīrāma-tantra and the Śāmkara Kāmatantra, both Erotic tradition texts. 10 Although I have not had the opportunity to read through and translate the third chapter--the consecration or initiation chapter--of the Kālacakratantra and Vimalaprabhā, Jensine Andresen, a Ph.D. student at Harvard working on this chapter, alerted me to the descriptions of ideal types of women in the Chapter. I recognized these as coming from the Erotic Tradition (Kāmašāstra) in India, and subsequently found a direct reference to the Kāmaśāstra in a Laghukālacakra verse and Pundarīka's commentary. As I discuss in Chapter 10.2.2. of this dissertation, this reference probably helps us date the Vimalaprabhā. The section on the Erotic tradition's ideal types of women is about 3 pages in the Sarnath edition of the Sanskrit, and I have translated the material here in a running paraphrase of the verses and commentary. This further sets the context for

our discussion of sexual Yogas in the Tantras by indicating a conscious debt to and involvement with the Erotic Tradition of India by the authors of the Kālacakra and Vimalaprabhā.

As part of the Kālacakra's section on the sexual initiations and the ganacakra, Pundarīka introduces the section called "The rule about the Vajra-worship for the purpose of success with the yoginis such as the Action Consort etc." Young, old, youthful, their bodies both slender and sportive, of all four castes (brāhmana, kşatriya, vaiśya and śūdra), or outcastes, missing eyes or hands, with chopped off ears, lips or noses, all of these should be worshipped by the ācāryas or yogins with loving hearts for the sake of bodhi, i.e. by yogins who are free of pride etc., and who have entered the bodhicarya practice that is free from (the celibacy of) either the monasteries or the guru's houses outside of the monasteries. The four types of consorts for Vajra-worship are as follows: First is one's wife who is the private consort (guhya-mudrā); a high class woman at a Tantric meeting place is the divine consort (divya-mudrā); an action-consort (karma-mudrā) is for sexual play, such as kissing etc.; a Dharma consort (dharma-mudrā) is for equal pleasure when the two genital organs are joined together--these are the four Tantric descriptions for Vajraworship. Then the text describes the smells in the bodies and vulvas (lotuses) of these women who are also called dūtīs, confidantes. These are said to be of five sorts: musk, lotus, urine, and because of the earth quality, meat and putrid. The ideal types of women from the Erotic tradition, Śrī, Subhadrā, Jalacarī or Śankhinī, Citrint, and Hastint are from the Tantric perspective considered as Vajradhātvīśvart,

Tārā, Pānḍarā, Māmakī, and Locanā. Śrī and Subhadhrā are said to be of slender limb, fine hair, soft hands and feet, and loving; Padminī is said to be somewhat slender, with good-sized breasts, with curly hair and a steady gaze. Śańkhiṇī is shameless and intensely passionate, enjoying plenty of quarrels, with short hair. Citripī has long hair, full limbs, and she is not particularly worldly (? laghuviṣayā). Hastinī has thick hair, is stout with firm limbs, and ruthless in her affairs. In some places the confidantes are of pure caste, in others they are of mixed caste. These descriptions are virtually identical to those we find in the Erotic literature, as is evident by Apte's quotations from the Ratimañjari (a text considerably later than the Kālacakratantra, though).11

The Yogis are also classed fivefold, as the lion, the deer, the horse, the bull, and the elephant, and these are mapped or equated in the Tantric cults to Aksobhya, Amoghasiddhi, Ratnasambhava, Amitābha, and Vairocana. The Cakrin, a term in the verse that Pundarīka does not comment on, yet may well refer to the Yogi in charge of a particular rite (cakrin is the name of Visnu or of a monarch or ruler) is mapped to Padmapāṇi. The lion yogi lives in a solitary place, without worldly concerns, without a wife, and is very generous. The deer yogi is very fast, of timid mind, very frightened, a failure in worldly affairs (? kṣara-laghu-viṣayah). The horse yogi is fickle with his love, influenced by others, smelling of urine, striving for the supreme goal. The Bull yogi has thick brows, walks slowly, smells of fish, and is dull-witted due to the earth-quality. The elephant is a passionate lover who also moves slowly, is extremely foolish, and has a nasty (putrid) smell. As with the yoginīs, the yogis are

also of pure and mixed castes. Over all the yogis and yoginīs are classed thirty-six ways, depending on their castes and smells.

In order to succeed in the Vajra-worship, the yogi should study the Kāmašāstra because it is a veritable treasury of good qualities. Because the yoginī who experiences great sexual pleasure and is not left unsatisfied provides the yogi with siddhi. 12 This ends the relevant section. Evidently then the authors of the Kālacakratantra and the Vimalaprabhā considered study of the Kāmaśāstra texts an essential part of the consecrations and initiations in preparation for practicing the sexual Yogas. This would be a perfectly reasonable requirement given the practices outlined in the Tantric texts--scholars however have heretofore not recognized (or at least not published on) the relationship of the Tantras to the Erotic traditions in India. Indeed it has sometimes been suggested by earlier scholars of Tantra that the women involved in the rites were either prostitutes or only low caste women. Sternbach has written a very helpful article on Prostitution in ancient India.<sup>13</sup> Of the sixteen different names Kautilya gives in the Arthasastrah for prostitutes, 14 only one, kumārī, occasionally shows up in Tantric literature, and usually refers rather to a young maiden or a virgin, not to a prostitute. The term dūtī (confidante, go-between, messenger, procuress) that we often find used in the Tantras was not mentioned by Kautilya, whose most common appellation for a prostitute was ganikā. Sternbach also lists the synonyms for prostitutes given in Hemacandra's, Halāyudha's, Amarasimha's and Medinī's Sanskrit Lexicons, and in none of these is dūtī used. 15 Nor do we find dūtī used in the Kāmaśāstra literature's discussions of prostitutes.

including Vātsyāyana's chapter on prostitutes in his Kāmasūtra, 16 and the same holds true for major Sanskrit literary works; in all of these texts the terms ganikā and veśyā are most common, with many synonyms--ganikā is the term for royal prostitutes working in service to the state. Sternbach also notes that "generally speaking, prostitution was not considered as a shameful occupation; on the contrary, a ganikā was a highly esteemed person, and many women, if only their social status allowed them to do it, chose to become prostitutes.... Prostitutes, and particularly ganikā, enjoyed a high position at court. They attended the court of the king, stood behind the throne, held the royal umbrella, etc." Kautilya does use the term mātrkā for mothers of ganikās. though mātrkā in any case simply means 'a mother.' Given the typology noted above in the Kālacakratantra, and a similar one offered by the Candamahāroṣaṇa below (9.3.1.4), I would provisionally conclude at this point that a wide variety of women from all walks of life participated in Tantric sexual Yogas, from the lowest caste and most unattractive, to the highest cast and best endowed, and that the same held true for the men who were their partners in these rites.

# 9.1.2. The Sexual Implications of Subtle Body Terminology

One of the little noticed facts about the Tantra is the sexual overtones in the names for some of the aspects of the subtle body system. It turns out that the names of the inner channels, the channel inside the central channel of the *cakra-nādī* system, are in both the Hindu and Buddhist nomenclature names of ideal types of women in the *Kāmaśāstra* or Indian Erotic tradition. It also turns out that name of one of the side channels in the Buddhist nomeclature is the name for a type of lover, while the

name of the other side channel name can easily be interpreted to have sexual overtones. In Buddhist subtle body physiology, Śankhint is the name for the channel that runs inside of the central channel (avadhūti). Śankhinī is one of the four types of erotic women in Rati- or Kāma-śāstra, a mentioned above in the Kālacakra passage. A Śańkha is a conch shell, śańkhin, the conch possessor, as is Visnu or the commanding general. Sankhint, the feminine possessive, presumably derived from the idea of a beautiful woman with a conch shell, or perhaps whose voice is as beautiful as the sound of a conch shell. According to the Ratimañjarī (a medieval text on erotica) she is: 'One with long or very long eyelashes, superbly beautiful, elegant in the enjoyment of passion, endowed with grace and qualities; her throat is adorned with the three lines, graceful in the play of passion, she certainly is śańkhini.' In the Hindu nomenclature, the inner channel inside the susumnā or central channel is called the citrini. Ratimanjari (5) defines citrini (she of varied talents and good qualities) as: 'She knows the essence of elegance, is not too short, she has a nose lovely as a sesamum blossom, with lovely lotus-like eyes; endowed with full, firm breasts, beautiful, of restrained virtue, lovely with all good qualities, the Citrini of beautiful face.' 19 Aside from the obvious erotic overtones of these two subtle body channel names, there are more subtle overtones to the names avadhūti and susumnā themselves. An avadhūta is a male ascetic, one who has renounced or cast off the things of the world. Though I have not found it listed in the dictionaries as such, avadhūti would have to refer to a female ascetic. It is certainly in keeping with the orgasmic focus of the Tantric sexual Yogas that the woman would be considered so

thoroughly merged with the man that her very essence would be his central channel. Susumnā simply means 'truly delightful.' (Lalanā and rasanā I have discussed in Chapter 7.4.5).

## 9.1.3. Laws About Sex in Ancient India

To appreciate just how radical were some of the sexual practices prescribed in the Tantras, it is helpful to note the traditional conservative Indian attitudes towards sexual behavior in other sectors of society not advocating the practices of the Erotic tradition. Regular sexual relations of Brahmans with lower-caste women and prostitutes was apparently a normal part of life in the early Vedic tradition, and one might assume such attitudes prevailed among Vedic practitioners during Tantric times. We find, for instance, in instructions for the student learning the Pravargya mantras, directions to refrain from both meat and sex with Sūdra women: "(The observance to be followed when the Pravargya mantras are learnt:) (13) For a year he should eat no meat. He should not approach a Śūdra woman. He should not drink from a clay vessel. A Śūdra should not drink his remnants. Thus he sharpens his brilliant energy."20 Evidently sexual relations with lower caste women, use of mantras, consumption of meat and intoxicating substances were all part of the life of a Vedic brahmin. Generally speaking, though, the Vedic mores apparently encouraged fidelity for the wife. In the Varunapraghāsa offerings of the Cāturmāsyāni, the Pratiprasthatr, about to lead away the wife, asks her with whom she has had intercourse. ŚB 2.5.2.19 remarks: "Now when a woman who belongs to one (man) carries on intercourse with another, she undoubtedly commits (a sin) against Varuna.

He therefore asks her, lest she should sacrifice with a secret pang in her mind; for when confessed the sin becomes less, since it becomes truth; this is why he thus asks her. And whatever (connection) she confesses not, that indeed will turn out injurious to her relatives."21 This certainly appears to indicate a double standard, with the man permitted a certain degree of sexual freedom and the woman required to confess her 'sin' had she committed adultery, yet it also indicates that perfect marital fidelity was not necessarily expected for either partner. This is a far cry from the sort of prescriptions we find in the Tantric material, however. In the context of the lawbooks, also, the Tantric doctrines that describe occasional group sexual rites with members of one's own extended clan were contravening some fairly strict rules in ancient Hindu society (to say nothing of how they might be looked at in modern society). As Kane tells us in his History of Dharmaśāstra, the Nārada-smṛti "holds that sexual intercourse with the step-mother, mother's sister, mother-in-law, the paternal or maternal uncle's wife, father's sister, a friend's or pupil's wife, sister, sister's friend, daughter-in-law, daughter, the wife of one's Vedic teacher, a woman of the same gotra, a woman who has sought protection, with the queen or an ascetic woman (pravrajitā) or a wet-nurse or a virtuous wife (sādhvī) or a woman of a higher caste is incestuous and the punishment to be prescribed for this crime is the excision of the penis and no less." Some other law-books also add a death sentence for the woman.<sup>22</sup> It is important to keep these basic laws and mores in mind when we consider the Tantric doctrines on sexual Yogas.

# 9.2. A Cosmopolitan Secret Culture (9.2.1. Specific Locations of the Tantric

Rites; 9.2.2. Traveling Tantric Yogis and the Secret Codes; 9.2.3. A

Multiculutural and Multidisiplinary Tantric Society; 9.2.4. Who Ran the Cakrapūjas?)

In turning to the Tantras themselves for information on their culture and practices, we find that by comparative reading among the texts of the different cults and traditions that we can begin to discern the outlines of a widespread and mobile Tantric community. The texts indicate that the Tantric rites were held secretly all over the country and countryside, in homes, gardens, caves, secret temples, cremation grounds, on riverbanks, etc. Access to these rites was provided through a variety of secret codes depending on either hand signals or names coded in *mantras*. In many instances it appears that the yoginīs were in charge, and that the visiting yogins had among other things to shed their doctrinal garb to learn from whatever tradition the yoginī belonged to.

### 9.2.1. Specific Locations of the Tantric Rites

It is evident from several passages in Saivite and Buddhist Tantric texts that the Tantric sexual Yoga rites were held in a wide variety of locations, and by no means restricted to cremation grounds or frightening locales. The Buddhist Śrīsamvarodaya Tantra gives us a very helpful clue as to where and how the Cakrapūja rites were held Chapter 8 is entitled 'Rules for the meeting place of the samaya' (Samaya-samketa-vidhipaṭala.) The term samketa associated here with the Samaya meetings is used in the Erotic tradition, and in kāvya, as a term for assignations of lovers, or lovers' meeting places. The Tantra says (Tsuda's

translation): "In his own house or in a secret place, in deserted places or in pleasant places, in mountain, cave, or thicket, on the shore of the ocean (2), in a graveyard, in a shrine of the mother-goddess or in the middle of the confluence of rivers, a man who wishes the highest result should cause the mandala to turn correctly. The great, faithful donor should invite yogint and yogin, the teacher (ācārya), (goddesses) born from the kşetra, mantra and pltha, and all the deities (4)."23 As we shall see in examining the discussions of sexual Yogas in the Kālacakra, the phrase 'causing the mandala to turn,' or 'turning the mandala' appears to be a Tantric euphemism for engaging in Tantric sexual rites. The chapter goes on to describe who is fit to fulfill the role of ācārya--someone virtuous, not someone observing life-long chastity (naisthika), not a ruler or a servant, not a farmer, and not a merchant who sells the teaching, etc.;<sup>24</sup> proper treatment of the attendees is mentioned, distribution of food and liquor, prayers and venerations are mentioned. The elaborate salutation to the goddesses is given, dancing, singing, mantras, postures, drumming and musical instruments are employed, then the vira or hero, i.e. the gentleman who is ready for the rite of sexual union, joins together with a yogini: "He will be possessed of the perfection of pleasure, free from disease, righteous in mind, and will attain the liberation through love-passion (kāma). There will be fulfillment (siddhi) for him who has completion."<sup>25</sup>

A variety of locations for the performance of Tantric rites is also indicated by a passage in the verses of the fifth chapter of the *Kālacakratantra*. Verse 5.74 says that the four types of Tantric consorts should be meditated on by the yogin

everwhere, since they provide the fruit of imperishable happiness; the yogis are described as dedicated to the worldly path, taking great delight in sexual pleasure, enjoying the body-strengthening pleasures of food and drink, using verbalized and silent magic spells, and doing so in villages, forests, the cremation grounds, in pleasant and unpleasant places, and in the houses and abodes of deities (temples or pilgrimage sites).26 At another point in the text Pundarīka specifically refers to several locations in discussing the visualization practices that are part of the Tantric rites: "In the mantra vehicle, [76.25] whoever, by either the vira path or the svādhişthāna path, having entered the charnel ground in the dead of night, may be incapable of making the Bhagavan Heruka appear before their eyes through the power of their mantra recitation, oblation [offering], or meditation, [even] after a year, two years, up to twelve years, or up to the point of their death, [such people would be] similarly [incapable of making appear before their eyes by such methods] a deity such as Samantabhadra in solitary places such as a mountain, a garden, or the bank of either a river or ocean."27 Generally speaking the term vīra refers to initiates who practice sexual Yogas, as in the Samvarodaya passage above. Svādhişthānah is the Hindu name for the genital cakra, usually referred to as guhya by the Buddhist nomenclature. Although Pundarīka does not discuss sexual Yoga practices with these terms elsewhere in the fifth chapter of the Kālacakra, we do find vīra commonly used in other Tantric texts with the denotation of the practitioner of sexual Yogas. The Nigamalatā for instance in its opening lines suggests that vīrācāra is Tantric sexual union, and refers in the title of its fourth chapter to the divya-vīra practice. 28 Given

the svādhisthāna reference as well, we can probably deduce here a reference to sexual practices in the locations listed.

The Bhairavakula Tantra, one of the texts cited by Abhinavagupta in his Tantrālokah, gives us the following description of locations for these rites:

You must listen to that with a one-pointed mind, since you ask me, Oh beautiful one. On the banks of a river, on the most excellent of mountains, in a meritorious pilgrimage spot, in an abode of Siva, in a Sakti pilgrimage spot, in an excellent seat (of a deity), or in a cremation ground, Oh mistress of the gods, having made the ground flat, then, with colors, colored by the mind, providing siddhi, like unto a tortoise, of twenty cubits, very beautiful ....<sup>29</sup>

As discussed in Chapter 3 of this dissertation, some of the Śaivite Tantric groups quite probably held some of their rites in circular temple structures hidden away on the outskirts of towns in locales difficult to access (see Chapter 3.3.3). From the *Sambarodaya* we see that such rites were evidently also held in a variety of other remote locations, in both frightening (graveyards) and pleasant surroundings, or even in the safety of one's own home. Other such descriptions confirm the wide variety of these practices. One good example of this is the song Marpa sings at the *gaṇacakra* when he returns to Meto Tsonpo monastery, describing an earlier *gaṇacakra* he participated in with his Tantric teacher Nāropā. Trungpa, in the Introduction to his translation of The Life of Marpa the Translator explains in diplomatic language that a *gaṇacakra* is "a group offering that is celebrated by a group of Tantric practitioners on auspicious occasions or after special sessions of intensive practice," and mentions that among other things it is also an occasion for singing *dohās*. 30

Then at a charnel ground in a teak forest, Nāropa performed a gaṇacakra three times. With immeasurable wealth and enjoyments,

elaborate feast offerings and torma were arranged. By the blessing of glorious Nāropa, the divine assembly of Śrī Cakrasaṃvara, an equal number of yogins and yoginīs of the secret mantra--altogether sixty-two men and women--conversed in the profound code language. Emanating from the heart center of the great Lord Nāropa, the divine assembly of Cakrasaṃvara resided splendidly in the center of the maṇḍala. Performing the full sādhana, the great Jetsun Nāropa held the vajra and ghaṇṭā in his hands and wore the six bone ornaments. In space, a cubit above the ground, he stood in the dance posture with his right leg extended. The other yogins and yoginīs sounded damarus with their right hands and held cymbals in their left. Thus I saw them enjoying and performing the dances.<sup>31</sup>

Just to give a contrast to this Buddhist Tantric rite described first-hand by

Marpa in the 11th century, I have included here a look at a cremation-ground version
of what sounds like a Kāpālika rite described fictionally by Kşemendra in the 11th
century.<sup>32</sup>

The wind swiftly whistled though the holes in long, decayed bones; the place resounded as if with the noise of the anklets of a rushing troop of witches. With the terrible, loud howling of jackals resounding in all directions, it seemed like the Lord of Death when he as spoken the word Om at the beginning of the destruction of the three worlds. Adorned with fragments of skulls, encircled with many skeletons, with gleaming coals for eyes, it seemed a second Bhairava (Śiva).... Naked women with firm swelling breasts and huge hips incessantly performed a violent dance (in the worship of Śiva). The place was the resort of vultures and jackals, it was full of flocks of crows and herons. The assemblies of demons and goblins who danced lasciviously there seemed to encircle the place with garlands. There was a circle of crashing drums beloved of the Piśācas and ḍākinīs; corpses laughed clear and loud; innumerable Cakreśvarīs sported there."<sup>33</sup>

We can conclude from these passages that Tantric sexual Yoga rites were not necessarily restricted to 'liminal' locations. Rather they appear to have been widely distributed geographically and topographically, with the choice of locations no doubt depending on the local customs, convenience and safety, and probably in some degree determined by the predilections of the practitioners and the characteristics of the

presiding deities of their cults.

## 9.2.2. Traveling Tantric Yogis and the Secret Codes

Chapter 19 of the Mālinīvijayottara Tantra explains, in slightly oblique language, how the Yogin is to find the cakrapūjā rites in various parts of the country, how he is to behave at these gatherings, and the results he will achieve from his participation. The text outlines the code system used to identify the local Tantric Kulas based on the vargas of the Sanskrit alphabet. The Tantric Yogin travels by following the rule of spending five nights in a city, three nights in a town, and only one night in a village. The difference in time in each of these locales would presumably have been due to the difference in the number of people living there, and--we may deduce--therefore the difference in the number of Kula-cakras operating in each locale. A village might have only one group, whereas towns and cities would have more than one. This is also quite likely the origin of the term Pāñcarātra for the Vaisnava Tantric tradition, as a typically Indian abbreviation for a well-known Tantric custom. Van Buitenen cites a passage from the oldest extant Sanskrit version of the Brhatkathā in Buddhasvāmin's Brhatkathāślokasamgraha where a grhasthā who leads an ascetic's life without allegiance to any school is described as a Pāñcarātrika. The same text gives an explanation of the term pāñcarātra in the context of a discussion between a brahman and a disguised Pāśupata: "'The hermit should live one night in a village for every five nights that he stays in town; you know that this is the life rule for those who have left their homes as pravrājakas'". 34 The key to the secret code for finding the kula-cakra practitioners in each town apparently given in the

MVT below suggests that earlier rules for ascetic wandering may have been integrated with Tantric practices, and that code language was developed for finding Tantric groups wherever the wandering Tantric yogi went. The *Mālinīvijaya* seems to say that whatever consonant class the first letter of the town's name is in, i.e. guttural, palatal, etc., the name of the *kula-cakra* begins with the same class-consonant. A town whose name begins with a *Ka-varga* consonant, for instance, (*ka, kha, ga, gha, na*) would have a Tantric Kula with a name beginning with a consonant from that same *varga*. There the adept is to follow local customs, and partake of the rites, before moving on, and eventually returning to their own region.

The wise one, desirous of worshipping Sambhu by the precepts expressed in the clan, the wise one should first perform the clan-circle sacrifice according to what is expressed in the initiation (kula-cakram vajed ādau budho dīksā-ukta-vartmanā). Then one should recite the supreme śakti, the single unbroken sign; residing inside the cavity of the supreme seed, it does not dissolve, and is not dependent. And the incomplete octet like that is its sign, the unbroken sign; one should recite also the sixfold sign of the Lord of the Clan, with the mind on nothing else. The wise one, having poured an oblation with the tenth portion of the previously mentioned substance, he achieves perfection in speech because of having developed the habit of continual remembrance [of the mantras]. For the one engaged in mantrarecitation in [their] own clan, or even the one not competent in the practice, they become younger, O Goddess, enjoying life in samsāra. The capable one also, achieves the middlemost and highest perfection; having performed the rites of service, he should wander the earth like an ascended bird. He should perform this rite, staying five nights in the city, and three nights in the town, and then one night in the village. Whatever is the first syllable of the name (of that city, town, or village), where it (the syllable) is in the [consonant-] class, that is said to be (the first letter of the name of?) the clan (Tantric family) of that place: there is no confusion about the city etc. for those who know the procedure. Where there is a deity standing in the [consonant-] class to be verbally expressed, that alone is to be meditated on, and to be honored by the adepts, since it is the ruler of that [place and clan]. Approaching somewhat the city etc. of that [clan], respectfully, having

become accepted in one's own regional group, (lit: consonant-class of the region/direction), joining the circle, one should engage (in the cakra-pūjā). [Most of the verse 19.15, and part of 19.16 are missing in the KSTS edition ava....sam one by one, when arisen.... The Lord Maheśvara.... In sequence indeed, just as in the night....so by day; when one's own direction/region has well-arisen, the wise man should contemplate only that class/group. One should remain for as long as another arising (anya-udayam), then one should go to one's own region; contemplating one's own clan, one should go to it, or to the regional clan itself. As long as the mantrin is in another region, then he should follow the meditation practices there. Therefore, when he returns to his own land after wandering [abroad] for a certain amount of time according to the procedure described (for finding) the Kulacakras (as mentioned just above), then, O Queen of the Gods, the clanmistress of that place should give him a little food, etc., or else should present [him] with someone. Engaged in this precept, [possessed of] the secret practice, firm of vow, having reached the assembly of yoginīs, [he] is successful after just six months. This precept is impossible for low men who lack virtue. It is the principle thing that provides all the siddhis in the clan texts everywhere. So in each village, town, or city, entering that quarterly direction, one should recite to oneself that very clan [mantra]. After three years one easily achieves the supreme fruit, abandoning worldly affairs, taking only food. Or, in addition, one should perform with the mind on the navel cakra, a meditation-circled clan-natured roaming on a constant basis (i.e. remaining in one place and mentally visiting the sites). Then, after half a year of that, the clan of yoginis residing in the body will appear, without a doubt, revealing self-knowledge.<sup>35</sup>

So he comes back home after traveling abroad to engage in the practices of the group rites in other regions, where he must follow the local customs, and worship the local deities, recite the local mantras and engage in the rites according to the local practices. Then the Yogini or Kulanāyikā who runs his native Kula-cakra should feed him and present him with a consort with whom he can practice the secret rites. We see that multiple 'clan-texts' are referred to (kula-śāstreşu sarvatah), suggesting that local Tantras may have been the guides of the Tantric groups in different regions. This would tend to confirm the suggestion that emerged in the discussion of Tantric

sarvatah here might also be taken to refer to other sects, such as Buddhist and Vaiṣṇava Tantric groups--though this is certainly stretching the interpretation of a single word. The multiplicity of different texts would though tend to confirm the impression from the research presented in Chapter 3 on the historical emergence of Tantra that much of these practices may have derived from popular religious traditions. (I must note here that it seems perhaps not accidental that portions of verses 9.15-9.16 are missing from the edited text of the MālinIvijayottaratantra, given that in the sequence of description in the text these verses would appear to refer to the actual engagement in the sexual Yoga practices.) The final line of the passage above also indicates that visualizations without actual engagement with real yoginīs at the pilgrimage sites were also an option for the yogi, or yoginī, though this does not appear to be the preferred practice in this text.

We find similar discussions of secret signs for finding the groups of Tantric yoginīs and yogis in the *Hevajra* (I.vii)<sup>36</sup> and *Samvarodaya* (9.1-11),<sup>37</sup> Tantras wherein the yogi and yoginī use hand gestures to indicate their membership in the cults, the locations of the rites and their availability for participation. We find a similar idea to the *Mālinī* suggestion of the *mantras* encoding the locations of the Tantric rites in the Root Tantra of the *Kālacakra*. At the end of a long list Puṇḍarīka quotes from the *Ādibuddha* of the various pilgrimage sites around India, and their attendant goddesses represented by *bīja-mantras*, the Root Tantra says: "Exoterically the female sky goers (*ḍākinyas*) are the body's constituent elements, said to be of

seventy-two types, according to the differentiation of the purified properties (dharmasuddha-prabhedatah). Esoterically those who are perfected in mantras (mantrasiddhās) are the nāyikāh in the houses etc.; thus their seed syllable should be the beginning (i.e. the first letter) of the pltha etc."38 This suggests that the names of the dakinis that appear in the texts as divine beings were in fact code names for real women in the particular locations of the Tantric rites (There is also a section on secret signs and gestures at the end of Chapter 3 in the Kālacakratantra, though I have not had the time to translate it.) These passages from divergent texts suggest a set of common practices that crossed sectarian lines. Of course, one would have to be able to, as we say, 'speak the right language,' so the mantra or hand-signal as a communications-code might be crucial; the mantras certainly function as a sort of computer code in the nyāsa practices discussed in Chapter 8. This sort of secret signs for communication, much like the signs used by Western secret societies, fraternities, etc. would have presumably gone unnoticed by the non-initiate. To be admitted to a cakrapuūja rite one would need know the 'lingo,' or lingua franca of the Tantric culture, and the combination of the mantras and hand-gestures appears to have constituted this language.

## 9.2.3. A Multiculutural and Multidisciplinary Tantric Society

Whatever else we may posit about the 11th century *Tantrikas*, the following sort of discussion and argumentation from the *Vimalaprabhā* commentary on the fifth chapter of the Buddhist *Kālacakratantru* suggests a cosmopolitan quality to their faith. With a more catholic awareness of the ritual, purity, and moral codes of other groups

and faiths, the true Tantric practitioner is freed from any one particular code of caste or faith, and allowed to indulge in whatever practices are most fit for the situation--a sort of religious carte blanche, or an 11th century Indian version of the dictum "when in Rome, do as the Romans do." This notion takes on more significance when we consider the opening setting of the Kālacakratantra--the exhortation to spread the teaching to the 10 million villages north of Kalāpa. Such widespread travel would require adaptation to a variety of customs. This compares with the Mālinīvijayottaratantra, where we have the instructions for finding the Tantric cult groups in unfamiliar towns and villages--again suggesting a mobile group of practitioners and widespread practice in different lands with varying customs. In reading the following passage from the Vimalaprabhā, it is instructive to keep in mind the Buddha's command as given in the Mūlasarvāstivāda Vinayavastu to see just how different Buddhist Tantric practices were from Buddhist monastic restrictions: "'Ye bhiksus, who nave been ordained by me, must not give wine to others, nor take it yourselves. Do not put wine into your mouths, even so little as a drop fallen from the point of a reed.' If one eats corn-flour mixed with wine, or soup made from the dregs of wine, one is guilty....'"39

Therefore, by the one possessed of the primal action (ādikarmikena, i.e. the one who has been initiated into the teachings of the Ādibuddha, the Kālacakra-mūlatantra), [the law about] what is to be eaten or not eaten is to be adhered to according to the custom of his own land, and according to [the rules] of his clan, or not of his clan. In some lands, one can be purified by the water from the skull of a kapālika, 40 in other lands cow flesh is acceptable eating; in other lands, horse flesh; in yet other lands dog flesh; in other lands elephant flesh; in other lands human flesh may be consumed. 41 Similarly, other flesh may be eaten by any of the castes or outcastes according to the custom of the place,

in every way. In some other place, the drinking of alcohol is prescribed for brahmanas; in some other place it is permitted for sūdras; in some other place it is permitted for the kulīna and for the non-kulīna.<sup>42</sup> In some other land, dog droppings are consumable; in some other land there is no rinsing of the mouth after eating; in some other land pork may be eaten; in some other land buffalo-meat; in some other land mutton [may be eaten]; likewise other meat also may be forbidden for eating by castes and outcasts according to the custom of the land. Some places the candālas [offspring of Sūdra women and Brāhmana men] may be [Buddhist] disciples, in some places [disciples] come from the four castes; in some places [disciples] come from all the individual castes. In some lands, when the husband has died, the son's mother may become [the son's] wife; in some other land there may be marriage between a brother and a sister; in some other land there may be a marriage to a maternal uncle; in some other place there may be mutual sexual intercourse of clan and non-clan members; in some other land brahmant women may practice prostitution. So in this way, according to the custom of many places, what is consumable or nonconsumable, and sexual intercourse with clan or non clan members, may be followed by the yogin.43 Likewise, the clan deity--[whether it is] the serpent deity in someone's clan, the goat in someone's clan, the hog in someone's clan, the buffalo in someone's [clan], [or] the owl in someone's [clan]. In the same way yet other animals, as clan deities for others, are not to be killed, and not to be eaten. Likewise, someone's clan deity may be a demon; someone else's the sun; someone else's the holy fig tree; similarly others may even be trees. For others the clan deities are neither to be separated nor distinguished (probably referring to groups of deities). In this regard a worldly objective is also considered. How so? Because of either harm to one's own clan, or assistance to one's own clan. In this world, when their deity is propitiated, it performs a service [to the clan]; opposed, it causes great harm. Therefore, the possessor of the primal action should behave according to their land and clan custom, delighting in mantras, meditation, and spiritual practice, until he becomes one possessing perfection in mantras, or perfection in knowledge. Then he voluntarily follows what is to be eaten and what is not to be eaten, what is accessible and inaccessible, what is drinkable and not drinkable; he cannot be harmed in any way by following that custom. Hence the possessor of the primal action, when he is perfected in mantra, becomes a yogi. From moving through the space of the manifested mandala-cakra, he becomes a siddha; through destruction of the obscurations of the knowable that turn into the maras and addictions, through seeing the perfection in manifestation of the magical power of the universal form, through spinning the wheel of dharma, through the

influence of seeing the collection of all the *dharma* aggregates, he becomes omniscient."44

The implications of the preceding passage are that 1) Tantrikas belonged to a very wide variety of caste and social groups, with the rules about membership and about proper behavior varying widely depending on the locale; 2) those who attained the higher levels of initiation in the Tantric practices saw themselves as cosmopolitan. They considered it appropriate to alter their behavior depending on where they were and with whom they were associating at any given time; the power of their own initiations would protect them from any bad karma that might otherwise accrue to such willful and knowing transgression of their original caste or doctrinal behavioral restrictions. The variety of local customs referred to in the Mālinīvijayottara and the Kālacakra are also suggested by the titles of Chapter 11 and 12 of the Kṛṣṇa-yāmaritantra: Caryyā-samaya-sādhana-paṭala-ekādaśamah,45 'The eleventh chapter on the practices of the Tantric community according to the custom or established usage,' and Sarvvopāyika-viśesako nāma dvādašah paţalah, 'The twelfth chapter called the distinguishing characteristics of common practices.' Unfortunately I have not had a chance to read the Sanskrit of these chapters (they are still in manuscript form, as mentioned in Chapter 4), yet together these titles suggest a variety of practices depending on local customs, along with a definable set of common practices shared by different groups, and that need to be understood by the traveling Tantric Yogins. In addition, we find that in the Krsna-yamāri Tantra those bodhisattvas beginning with Maitreya who engage in Tantric practices including intense prāṇāyāma, eating fish and meat, taking pleasure with liquor and beautiful women, holding to the vows of

the atheists, non-consecrated, and causing all sorts of trouble, and holding the yamāritantra as preeminent, are also said to be those who take their pleasure in the village districts (grāma-jāla-ratā). Finally, the evolving, varied culture of the Tantric traditions is reflected in the lament (and slight dig at the Śaivites) by the Buddhist Tantric commentator Puṇḍarīka, who remarks "Nowadays, because of the instruction of false gurus, those whose knowledge of the great consort has deteriorated create animalness (paśutvam); <sup>47</sup> [this] is not Buddha-hood, because there is a lack of knowledge about the mahānudrā." <sup>48</sup>

Pundarīka's commentary on the Kālacakra contains numerous critiques of what he considers bad practices or bad Tāntrikās, and suggests an attempt to impose some discipline and order on a potentially chaotic situation. He may well have been an instructor at a Buddhist university—given the great learnedness he shows in his writing—and may have been in part railing against corrupting influences from the society at large. At one point in his long commentary on Kālacakratantra 5.127 (see Chapter 11 of this dissertation, page 72 of the Sanskrit), he critiques yogins who

Are not adept at the deity mantras, who constitute an assembly of fools, who act with arrogance towards the pandits, who are deceitful cheats, who are greedy for the wealth of the colleges and monasteries, who are restricted to birth and [re]-birth in the ghost's hell form of existence [pretanarakajātī], who have destroyed both their own and other people's goals, who advise the opposite goal from the goal stated in the Tantras, uncritical men who are Māra's attendants--[such is the case with regard to] the consumables describe by the Bhagavān....

Through the consumption of unpurified poison etc. [the non-initiate] will die; through anointing with unpurified ceremonial ointments he will become one who thinks ill of the world; through self-inflicted death, through disregard of the world, hell will come into existence, because of the renunciation of human dwelling on the part of those who have bad mantras.

From the point of view of religious sociology, it appears from this sort of discussion that the interpretation of certain types of Tantric statements, and acting upon them, by the non-initiated was a problem for the Tantrikas. Pundarīka may simply be attacking the Saivites, though he usually names them when he does, so I suspect he may have been referring to non-initiates and laymen and women who were drawn to the Tantric practices. What this may point up is a flourishing and functioning Tantric culture that, despite its preference for some secrecy and restricted access, was generating ripple effects in its cultural context to the extent that other groups were attempting to adopt certain of its practices without the requisite training and appreciation of the intentions and effects of these practices. Ksemendra's humorous satires of Tantric practices certainly supports this impression. Pundarīka's reference to thievery at the maths and monasteries of the day suggests that in 11th century Kashmir and elsewhere in north India these institutions were sufficiently wealthy that there were those who coveted their wealth and material possessions. This may offer another reason why the Muslim invaders may have sacked these places--there was plenty of wealth to plunder.

## 9.2.4. Who Ran the Cakra-pūjas?

There is some evidence in the Tantras to indicate that in many instances it was the yoginīs who were in charge of the cakra-pūja rites. In the Hevajra, after the exchange of secret signs, the Tantra says: "Then the yoginīs say: 'Well done, O Son, thou of great compassion.' If they show wreaths in their hands, they are signifying that you should come together in that place; motioning forward with their wreaths

(they mean to say) 'O True One, stay at this ceremony and take part.' So there at that meeting place, abiding within that sacred orbit, he should do whatever the yoginīs say." The locations of these meeting places are "the pliha and upapliha, the kṣetra and the upakṣetra, the chandoha and the upachandoha, the melāpaka and the upamelāpaka, the pllava and the upapllava, the śmaśāna and the upaśmaśāna." The Description of the samayacakra or sexual congresses in the Hevajra is exactly analagous to that in the Mālinīvijayottaratantra—with secret codes for finding the circle of yoginīs among the various plīhas and kṣetras, and the recognition that the yoginīs are in control of the situation in terms of determining whether the rites will take place, and where. Chapter 23 of the Mālinīvijaya lays out the practice of sexual Yoga in the context of Kaśmīri Śaivite Tantra. It describes the method for joining in the cakrapūja rites run by the 'terrifyingly courageous yoginīs' at the different pilgrimage sites. It is apparently written for wandering male yogis, i.e. those who are constantly bhramana-sītla, accustomed to wandering about the countryside.

I will explain to you the external method of the pīthas and sacred sites (kṣetras) for those habituated to wandering constantly--it provides the results of pleasure and siddhis. And one should make the great prāṇa in the shape of a stick reaching up to the nose, together with the drop, secretly, like that--it is to be known as what is considered to be of two syllables. Having performed the service of that by the previously mentioned method, with a tranquil mind, one should wander about the pīṭhas, etc. for siddhi, not otherwise, O She who is praised by heroes. Having, by (following the code of the) mantras, advanced to that district--to the ātman, attentively, one should surround the place with Vidyā--who is like a red string. So the wise one, with his thoughts on nothing else, both internally and externally, in many different ways, having come together [also implies sexually] in wherever in a sacred spot there are terrifyingly courageous yoginīs, [they] progress each to their own tradition (svakaṃ svakaṃ saṃpradāyaṃ).

The reference in this passage to what is 'like a red-string' is puzzling to me.

Whether it has anything to do with the practice maintained in Tibetan Tantric tradition of the initiates wearing red strings about their neck is not clear, though I suspect there may well be a connection; another practice that also survives in modern Tibetan Tantric tradition, that of wearing a mālā about the wrist, is clearly prescribed for the initiate in the Mālinīvijaya: "Then according to this precept the wise one should make a string of rosary beads, made out of jewels, a collection of pearls, conch shells, etc., and lotus seeds, etc. or else produced from the elements of gold, etc., fifty in extent; it should be the length of one's own arm, having become a constituent part of the bracelet." 54

As we shall see from the *Candamahāroṣaṇatantra* and *Kālacakratantra* discussions of the sexual Yogas below, there were apparently also many instances where a male guru was in charge of the rites; from the above passages though it is also evident that in many cases women appear to have been in charge of the rites, as suggested by the *Hevajra* passage and by the use of the term *tad-deśa-kula-nāyikā*, i.e. the woman who is the leader of the clan in that place, cited from *Mālinīvijayottaratantra* 19.19 above, where she is described as hosting and caring for the traveling yogin. This distinction between the wandering yogin and the more settled yoginī reminds us of the references in Bāṇa's *Kādambarī* to the more settled *mātṛs* and the wandering *siddhas* (See Chapter 3.2.2). It may be simply that the women hosted the rites. There is however a strong suggestion here that the yogi goes to one of these places, pairs off with one of the yoginis, of whatever faith she and he

may be, is deeply instructed in her faith, and by learning that from her, is granted profound sensual satisfaction--so in this sense women served as sexual gurus to the men. In the term svakam sampradayam we appear to have a reference to the idea that the yoginis in the different pithas etc. may well be of different lineages and traditions, so the visiting yogi would presumably pair up with a woman from his own tradition when possible, though we also get the impression that members of a wide variety of cults would participate at these rites as a group. Recall for instance in Ksemendra's satire of the Saivite Tantric guru that among his minions there appears to have also been a Buddhist Tantric yogi (see Chapter 6.4.2.) This impression would certainly help account for the enormous amount of shared doctrines among the different Buddhist and Saivite Tantric cults, as the companionship and lovemaking between yogis and yoginis of different faiths would likely have led to a fruitful exchange and comparison of different ideas and practices, and the gradual harmonization of these over time. Wandering yogis and yogints joining in multidisciplinary Tantric rites would have been far less inclined than members of the more conservative and doctrinal establishments to attack the doctrines of alternative traditions whose adherents they frequently and intimately encountered at group rites.

# 9.2.5. Daytime Ascetics, Nighttime Tantric Yogis and Yoginīs

Another basic question is when did the Tantric sexual rites take place? While Ksemendra's and Kṛṣṇamiśra's satires (Chapter 6.3 and 6.4) paint the sexual, meateating, and liquor drinking indulgences of Tantric practitioners in the worst possible light as an excess of hypocrisy, with the Tāntrikās 'pretending' to be devout

worshippers during the day, and indulging in sensual gratification at night, there appears to have been more than a grain of truth in the temporal characterization of Tantric practices. First of all, the daytime asceticism and occasional nighttime indulgences points to an aspect not discussed by the satirists. Just as a teetotaler can get very drunk on one beer, or a strict vegetarian can be greatly stimulated by eating a piece of meat, it appears that the Tantric practitioners used controlled indulgence as part of the mechanism of heightening sensual awareness. By otherwise denying themselves meat, alcohol, and sex except when engaged in Tantric rites, they would have made themselves more sensitive to the stimulatory effects of these substances and to sexual activity. Abhinavagupta explains that in the Kula secret rites (i.e. the sexual Yogas), alcohol and especially wine are considered essential. "Whatever substance has been prohibited in the whole range of śāstras, the wise one should use in this sacrifice, thoroughly lubricated by the lovely nectar.<sup>55</sup> According to the Brahmayāmalatantra alcohol is Śiva's rasa, or juice."56 Jayaratha clarifies for us: "There are three types that are made, a) distilled from rice or grain (paisti), b) distilled from honey (kşaudrī), and c) rum (distilled from molasses--gaudī). There is one natural (sahaja) type, from grapes (drākṣottha).57 These are considered to contain Śiva's tejas or inner fire."58 Jayaratha quotes a revealing passage from an unsourced text that places Tantric consumption of alcohol in the context of socially appropriate drinking in ancient India: "for Brahmins at the Sautrāmaņī rite, for Kṣatriyas at a great sacrifice, for Vaisyas when building a house, for relatives at a festival, for friends at a party, for Śūdras at a cremation, at a wedding, or at the birth of a son.

These are the different occasions for drinking for people whose minds are confused. Those who however have been initiated into the Śaivite or Śākta *Tantras*, who follow the guru's commands, who are devoted to the recitation of *mantras* and worship, who are competent both in terms of knowledge and practice, who have the appropriate state of mind free of greediness, for those twice-borns alcohol is never forbidden." While the rice, honey, and molasses-derived liquors provide various enjoyments, the natural alcohol that comes from grapes (wine) is the supreme Bhairava *tejas*.

Abhinava remarks that this (wine) is the purified *rasa* itself, made of light, joy, and consciousness; it is the eternal delight of the gods, and should therefore always be

As I mentioned in Chapter 6.4.2., Kşemendra's portrayal of the gurubrahmacārin who spends his daytime hours acting like a good holy man, and spends his nights in unbridled sensuality was apparently a journalistic satire, and not just fictitious. We find in the Vimalaprabhā on KCT 5.132 a specific prescription for Buddhist Tantric initiates, men, and women, to maintain their celibate, vegetarian, and renunciate vows during the day, and to engage in the Tantric sexual rites with meat and alcohol during specific hours of the night. The discussion occurs in the context of a complicated temporal mapping of the flows of semen and blood to the movement of time during the course of the day and night. The passage refers to yogis and yoginīs engaging in the 'samaya-activity.' Samaya has two basic meanings:

1) time, or the appropriate time; and 2) an agreement, established custom, or observance. Both these meanings are included in the samaya used in the Buddhist and

Kashmir Śaivite Tantric traditions, where the initiate is called the *samayin*; *sayama* is a particular custom is designated for observance at the appropriate time--i.e. sexual activity between *yogls* and *yoginls* between sundown and midnight.

She, here, in the fourfold set of sandhyās, 61 passing in each yāma, 62 through the effect of the night and day, with the divisions of the halfzodiac signs, is the thirty six feminine messengers of time (kāladūtyah), the dākinīs in the tri-cakra-samvara. Their motion is in the kulikāyoga;63 by the division of the sandhyās, [and] by the divisions of the praharas and lagnas. Just as externally there is motion, dissolution [laya], authority [adhikāra], and rulership [adhipatyam], likewise [these occur] internally [adhyātmani], with the division of the sun rise, with the division of the prāna rise. 64 In this sense, externally, [106.15] on the four continents, where there is sunrise, there is motion, where there is midnight, there is dissolution, where there is midday, there is authority [adhikāra], where there is sunset, there is rulership [adhipatyam]. For the kulikā, the night-entry is for the enjoyment of the yogint, up until midnight. From sunrise until midday is the enjoyment of the bhiksus, during the daytime. Therefore the rule, "And the day is the *Bhagavān*, the lightning bolt possessor, wisdom is the night, for enjoyment." Therefore, from sunrise until midday what is enjoyed by the bhiksus is to be enjoyed free of sensual desire. From sunset to midnight, the samaya-activity is to be enjoyed by the yogis and yoginis. [If], after that, [there is] the breaking of the samvara [observance] [106.20] on the part of the disciple [śrāvaka] and [on the part] of the mantrin [the Tantrika], from breaking that [vow] there is the loss of the rddhis and siddhis.65

This is certainly a bit of a surprising passage, due to its implications for the social climate and methods of practice of the *Tāntrikās*. *Rādhis* are generally supernatural powers; the term also means growth or prosperity, and it appears in the early Buddhist literature. *Laukika* (worldly) *siddhis* are classically eight, identified early on in the texts of the *Yoga-darśana*, later becoming commonplace. These are *animā*, the power of becoming minute; *laghimā*, the ability to fly by becoming lightweight; *prāptih*, the power of obtaining anything; *prākāmyam*, irresistable will; *mahimā*, the

ability to increase one's size; Isarvam, greatness or superiority; vasitvam, the ability to subdue others to one's will; and kāmāvasāyitā, the power to assume any shape at will. The point of the closing statement of the above passage (samvara-bhangāt śrāvaka-mantrinoh rddhi-siddhi-hānir), is that when disciples and Tāntrikas break their vow by engaging in sex after midnight, instead of within the prescribed time of from sundown to midnight, then they will lose any acquired magical or Yogic powers. The mention of śrāvakas is curious here; it suggests that Hīnayāna adherents may also have engaged in Tantric practices, unless we take it as simply referring to 'disciples.' However, the term is a fairly standard one for Hinayāna practitioners, and given the wide range of people listed in the Candamahāroṣaṇa as practitioners of Tantra, it would not be at all surprising to find that Hinayāna monks also engaged in these rites during the late evening sessions, while maintaining their monastic vows during the rest of the day, as described and prescribed by Puṇḍarīkaḥ. These practices would fit in exactly with what was satirized by Kṣemendra.

Although it is very difficult to be certain from the oblique and partly censored description of the Tantric rites given in the *Mālinīvijayottara Tantra*, it appears that the rites described therein may also have taken place in the first half of the night.

After the discussion of the sexual rites, the text immediately gives us, in the latter portion of the same chapter (Chapter 23 of the MVT), a discussion of sleep-yoga.

Following as it does the sexual Yoga description, the placing of this discussion seems to indicate that during whatever the yogi dreams during the period of sleep following the sexual rites in the first half of the night, that will later take place in the waking

state--i.e. the practitioner will learn to have accurately prophetic dreams. This is consistent with the doctrine described in the *Kālacakra* that says that the yogi who masters the flow of the winds and the stabilization of the drops in the subtle body during the practice of the sexual Yogas will become conscious in a state that allows him (or her) to see the past, present and future. The *Mālinī* passage reads as follows, in typically cryptic fashion:

So now I will tell you the other supreme knowledge of sleep. Having become one who is constituted of what is in the heart-cakra, with the mind on nothing else each night, after a month, O Great Goddess, whatever one sees in sleep, the reality of that comes into existence for the yogi who is disciplined in meditation. If one practices the restraint of time in just that way, in the first watch of the night, in the second [watch] etc., sequentially, after ten days, after a year, and after eighteen months, gradually [one comes to know] the good and the bad (karma); one should attain the result at sunrise. When this is accompanied by intention wherever the ritual-activity (kārya) takes place, then one attains the knowledge of one's own or others' sleep—this is the doctrine in the Siddhayogīśvarī (Tantra), Oh Devī. 67

The idea that these practices occurred at night is supported by indications in other texts, and was apparently not unique to the Tantric tradition. As mentioned in Chapter 5.5.2, the *Niruttaratantra* refers to midnight or late night worship with five types of women described for the *rājacakra* (royally sponsored *cakrapūja*?) and a *devacakra* (guru-run?).<sup>68</sup> The *Hārakatatantra* (see Chapter 5.5.4.) describes the Yogic *sītusādhana* as specifically occurring during the late hours of the night until morning.<sup>69</sup> Many of the other more 'yogic' meditations described in the earlier chapters of the *Mālinīvijaya* also are prescribed for the later hours of the night and early hours of the morning. In fact, though, this is not just a Yoga tradition. There are also Vedic recitatory rites designed to take place from 3am to 6am or sunrise, so

it may be that just as with the ritual model in other ways, the timing of the Vedic rites also provided a model for the timing of the Tantric practices. Comparing these discussions with the material from the *Kālacakra* where the monks and nuns were instructed to be ascetics by day and practice sexual Yogas at night, and here, where the yogis are apparently instructed to perform Vedic rites by day, and sexual Yogas at night, we would conclude that the practice of Tantric Yoga appears to have been a night-time affair.

One of the puzzling terms that crops up repeatedly in the description of Tantric rites is prati-dina-samaye, the locative singular of prati-dina-samayah. As we see in Tantric initiation sequences, a samaya-sattva or 'covenant being' is a Tantric initiate who has been accepted into the Tantric community and is permitted to undertake practice of the sexual Yogas. Prati-dina regularly refers to 'each day,' i.e. for something that happens every day. Samayah can refer either to 'time,' as in the proper time for doing something, or simply 'time' in general, or it can refer to a 'covenant,' an 'agreement,' or a common or ceremonial custom or practice. In the context of Tantric rituals, prati-dina-samaye appears to refer to 'daily Tantric rites,' that involve ritual customs, are practiced at specific times, and are open only to those who partake of the covenant, i.e. the initiates. As with any other Yoga, Tantric Yoga apparently also required considerable practice.

# 9.3. The Extent of the Tantric Sexual Yoga Practices (Evidence from the Contents of the Major Tantras)

Looking through several Saivite and Buddhist Sanskrit Tantric texts, it

becomes quickly evident that sexual Yoga practices were widespread among a variety of different cults. In the *Niruttara/Kālīkula Tantra*, one of the texts cited by Abhinavagupta as source material for his *Tantrālokaḥ* that I discussed in Chapter 5.5.2, we find that over half of the chapters are concerned with sexual practices. Though the text has not been published, so I only have the colophons to work from here, we can deduce that the sexual Yogas were practiced between 9pm and 3am (this is a Śaivite Tantra, so they may have had different rules than the sundown to midnight rule Puṇḍarīka invokes), that the particulars of the practices differed according to the customs of different Tantric groups (*kulas*), that participation was restricted to men who had been consecreated and to women who had qualified as adepts, and that there were explicit instructions for the types of sexual postures (*ratibandhas*) to be used. I give here the pertinent chapter titles, repeated from Chapter 5.5.2 for convenience:

16) Rules for worship at night; 17) Description of [worship] in the second and third watches of the night (i.e. 9-12, 12-3am) etc.; 18) Now the rules for the consecration of the Vira; 21) The explanation of the lack of nirvāna without the śakti-sādhana; 22) Explanation of the five [types] of young women according to size etc.; 23) Description of the characteristics of the śakti-cakra etc.; 24) The rules for the five cakras; 25) Explanation of the flower option; 26) Explanation of what is to be avoided in the cakra; 27) Explanation of protective actions; 28) Explanation of the difference between the king's cakra and the god's cakra; 29) Rules for the sādhana etc. of the yoginīs; 30) Explanation of the characteristics etc. of the female adept; 31) Explanation of the sādhana according to clan custom etc.; 32) Rules about the difference between the śaktis according to the difference between the Vidyās; 33) The description of the characteristics etc. of the prostitutes; 34) Description of the five substances; 35) Explanation of the purification of these; 36) Description of the nine young women; 37) Rules about the positions etc. when satisfying (them); 38) Rules for the usage of the five [substances]; 39) Description of the eighteen Mahāvidyās.71

The *Nigama Tantra* cited by Abhinavagupta also speaks of sexual rites (see Chapter 5.5.3). An odd sort of dispute between Pārvatī and Śiva is related in the opening lines, suggesting some caste-controversy among some of the Tantric practitioners, with perhaps a bit of prejudice on the part of higher-caste Tantric practitioners, or perhaps indicating a touch of humor about the subject. The *koca* caste referred to is defined in Apte's dictionary as a man born of a fisherman father and a mother who works as a butcher. Kalhaṇa in the *Rājataraṇgiṇī* suggests that *Campakas* may have had a reputation for loose morals, when he says "Even the gods have no pity in *Trigarta*, no morals in *Campā*, no generosity in *Madra*-land, and no good-will in *Dārvābhisāra*,"<sup>72</sup> suggesting the region was known as what we might call a 'red-light' district (though here a region of the country, not of the city):

Pārvatī spoke: 'I do not speak at all to idiots, I renounce the sensual pleasure among the paśu-vādins; I refuse to speak to those damaging the kula-karma, I reject keeping company among the Campakas.' Śankara responded: 'Oh goddess, Oh mistress of the universe, you certainly are the cause of creation, maintenance, and destruction. How can you cause me to remain with the paśu form, Oh dearest of sexual delight?' Pārvatī spoke: 'You previously performed the heroic activity (vīrācāra) through sexual union with the wife of a man of mixed caste (koca). Thereby the lord is not released at all from the paśu state....'73

The paśuvādins presumably refers to non-Tantric initiates, paśu being the term for those who have not yet realized their Śiva-nature (Śiva is Paśu-pati, the father to the paśus). Kula-karma would refer to the practices of the Kula division of the Trika system, the school most strongly favored by Abhinavagupta. It is evident from the chapter colophons of the Tantra that sexual Yogas were an important part of this text's cult. Maithuna or sexual union is the fifth of the five m's, discussed in the

second chapter as the most important aspect of the practice, and chapter 8 refers to consumption of wine as part of the ritual. The colophons are:

1) This is the conversation in the form of the statement of Śankarī to Śankara; 2) The explicit rules for the use of the fifth of the m's (pañcamakāras) since that is the most important [aspect] about the five m's; 3) The rules for the creeper sādhana; 4) Explanation of the characterstics of the divya, vīra etc.; 5) Explanation of the attainment of liberation just through the sādhana with the fifth m; 6) Explanation of lacking the phoneme division, etc.; 7) Rules for the purification of the five m's etc.; 8) Rules for drinking repeatedly; 9) Rules for worship of the yoni; 10) Explanation of the meditation etc. on that; 11) Now rules for the worship of Kālikā; 12) Procedure for the worship of Tārā; 13) Explanation of the procedure [for the worship] of Ugratārā; 14) Explanation of the rules for consecration.<sup>74</sup>

Worth noting here is the inclusion of Tārā as one of the goddesses to be worshipped in this Śaivite Tantric tradition. De Mallmann provides extensive description of the different types of Tārās found in Tantric Buddhism. The Buddhist Tārā in the Sanskrit texts is typically one of the four great Prajāās: Locanā, Māmakī, Pāṇḍarā, and Tārā, who are often referred to simply as Locanādi (i.e. Locanā etc.). In the Hevajratantram 1.1.21 these four are said to be expressed by bījamantrās constituting the phrase evam mayā [Srutam] in the internal manḍalam, and in the Guhyasamāja they are mapped to the first four of the paācamahābhūtas, as they are at several places in the Kālacakra. Though not, to my knowledge, a deity worshipped in any significant way in the other earlier Kaśmīr Śaivite Tantras, it is interesting that, unlike in the Guhyasamāja and Hevajra, where Tārā is not placed at the beginning of lists of goddesses, Tārā is included as the first of a group of Saktis in the retinue of Sadāšivah at Tantrālokah 8.373b. Here in the Nigama Tantra Tārā is evidently a significant goddess.

We find that ten of fifty-one chapters of the *Dākārṇavatantra* are devoted to a discussion of the various types of *yoginī* consorts and the rules for behavior during sexual rites with them. The following chapter titles are taken from extracts of this *Tantra* provided in one of H.P. Śāstri's catalogues:

26) The chapter on the subject matter called the characteristics and rules of the lovers' trysts and pleasure taking with the consorts by the heros of the yoginis in the yantras and mandalas of Pracanda etc.; 27) The rules about the intrinsic nature of the lord of the consorts charaterized by Pracandāksī; 28) The rules about the consort characterized as Prabhāvatī; 29) The rules and regulations for the homa characterized by Mahānāsā; 30) The description of the rules on the intrinsic nature of the heros (viras) and their consorts and the mothers (matrs) and their male counterparts; 31) The chapter called the knowledge that is the intrinsic nature of the description of the homā of the phoneme of Kharvart; 32) The chapter on the knowledge of the rule called the intrinsic nature of the mandala and cakra characterized by the lover's tryst with the consort Lankeśvarī; 33) The rules and regulations for the lovers' tryst with the consort whose intrinsic characteristic is the shade of the tree; 34) The rules and explanation of the characteristics of the body consort Airāvatī; 35) The description relating the characteristics of the internal consort of Mahābhairava; 36) The description of the colors of the consorts and the rule about the application of the speed of the winds;<sup>79</sup>

We have already seen from the passages cited above that sexual Yogas formed a central part of the Samvarodaya, Hevajra, and Mālinīvijayottara Tantras. Except for the oblique and slightly censored text of the Mālinīvijaya the passages I have mentioned are not particularly descriptive, so it is not entirely clear what was involved in the rites. In two of the Buddhist Tantras, though, the Ekallavīracandamahāroṣaṇa, and the Kālacakratantra, and in short passages from the Śaivite Mālinīvijaya, we find rather detailed descriptions of the sexual Yogas. The Kālacakra in particular gives us an elaborated discussion of the objectives and

implications of these practices.

# 9.3.1. Sexual Yoga in the Candamahāroṣāna Tantra

There is no question that some Buddhist Sanskrit Tantras prescribed explicitly sexual Yoga practices that were intended to be actually practiced. An accessible example is found in the [Ekallavīra]-Candamahāroṣaṇa Tantra--the first eight chapters have been well-translated into English with critical editions of the original Sanskrit and its Tibetan translation by Christopher George. I will examine the material in this text carefully here because the Candamahāroṣaṇa material is blatantly sexual and unequivocal in its recommendation that loving sexual intercourse is the recommended method for success. This material will also serve as a comparative basis for the description of sexual Yoga practices we find in the fifth chapter of the Kālacakratantra. I have also translated several extracts from the Sanskrit manuscript catalogues of portions of the text that George did not publish (See Chapter 4.4). These will be discussed in the latter portion of this section.

#### 9.3.1.1. The Consecrations

First the initiate must draw the *mandala* and empower it with the proper *mantra*. The student is made fit for practice by first receiving the Triple Refuge, the Five Teachings, a fast, followed by the five consecrations and the secret and wisdom consecrations. The five consecrations include the water, crown, sword, noose, and name. In the water the teacher moistens a mango twig with water from the 'victory flask' and consecrates the student with the words "*Om āh*, to this person who has the same fortune as the one who has the consecration of all Tathāgatas, *hūm*." Similar

mantras accompany placing a crown on the initiate's head, handing him a copper noose, placing a sword in his hand, and identifying the initiate with Candamahāroṣaṇa. The women also undergo these initiations, with some variations, contradicting the position held by earlier Tantric scholars that lower caste women were merely exploited in the Tantric sexual rites, and were not full participants in the cults:

For women, instead of the Crown Initiation he should give the Minium (sindūra) Consecration. He should take by the hand the woman candidate, who has the form of a principal queen, and say: 'Om, O Lady, enter, enter her heart, hūm, phat!' He should place in her right hand a hand-saw of iron, etc., and say: 'O, Hand-saw, cut, cut the flesh of all demons, hūm, phat!' And placing a human skull, made of wood etc., in her left hand, he should say: 'Om, Skull, hold, hold the blood of all enemies, hūm, phat!'"81

She is to be consecrated with the names of the five *yogints*, and be given a Method Consecration in place of the Wisdom Consecration given to the men. The Secret Consecration involves the teacher joining with the female initiate, while the male initiate waits outside, and then the teacher takes the drops of semen and vaginal juices and uses it to draw *mantras* on the male initiate's tongue:

Then having paid respect to his teacher, the student should go outside and remain there, repeating the mantra: 'Om, O Candamahāroṣaṇa, hūm, phaṭ!' The teacher, moreover, should worship himself with intoxicants, meats, etc., and having satisfied Wisdom, being in her embrace, he should place the resulting white and red on a leaf, shaped into a funnel, etc. Then, having summoned the student, he should take that substance with his ring-finger and thumb, and write the letters, 'Hūm, phaṭ' on the student's tongue. He should then have the student pronounce the words: 'Ah! Pleasure!' And then the teacher should say the following: 'Today I cause to be produced the Buddha-knowledge, the very same means by which the past, future, and present Buddas, Lords, obtained independent (apratisthita) Nirvāṇa. 82

As we will see in examining the *Kālacakra* passages on sexual Yogas, the practice of using the thumb and ring-finger to grasp the vaginal juices and semen seems to be a consistent method used in different Buddhist Tantras. (I have not yet found an explanation of the symbolism of this practice.) The student is then blindfolded and throws a flower into the *mandala*. Where it lands determines who will be his sexual partner in the rites. She strips naked, squats down, and pointing to her vulva challenges her male partner: "Can you bear, my dear, to eat my filth,--and feces, urine; and suck the blood from inside my Bhaga?" He responds: "Why should I not eat your filth, C Mother? I must practice devotion to women until I realize the essence of Enlightenment." She responds that she will then grant him success, since Caṇḍamaḥāroṣaṇa himself is situated in her lotus. The male student then envisions himself as the deity and embraces her, aiming at the four blisses. Afterwards he presents himself before his teacher, laying out food, intoxicating beverages, meat, etc. The text then says, "Thus [ends] the Wisdom Consecration." (*iti prajṇābhiṣekaḥ*)<sup>83</sup>

#### 9.3.1.2. The Meditations

The next two chapters of the text describe an elaborate meditation on Candamahāroṣaṇa and a set of attendant *mantras*, where various visualizations of identification with the deity are described, and the calling forth of the Vajrīs of various negative emotions (lust, envy, calumny, delusion)--by embracing them he should destroy them by destroying the various portions of the *mandala* that was drawn earlier. In the sixth chapter we come upon the very explicit description of the sexual Yogas of the completion stage (*niṣpanna-krama*). Candamahāroṣaṇa Buddha is

speaking with his consort *Prajňāpāramitā*. Tightly embracing him, and rubbing his vajra with her lotus (gādham ālingya padmena vajragharsanam kṛtvā) she asks him: "What kind of meditation should be performed by the person practicing the Yoga of the Stage of Completion?" He responds that after perfecting the self-image as the deity, one should engage in the sexual Yogas with one's wife, or with a variety of other women, without making distinction; otherwise he will be slain by *Candamahārosana*:

The Yogi who is situated in the Yoga of the stage of Completion should be devoted only to Yoga. He should meditate day and night on my form with one-pointed mind. He should ardently consider his own wife to have your form, until, with great and firm practice, it accordingly becomes perfectly clear. Mother, daughter, sister, niece, and any other female relative, as well as a female musician, Brāhman, sweeper, dancer, washerwoman, and prostitute; holy woman, yoginī, and ascetic as well-- Or whatever other he may receive with a woman's figure: these he should serve in the proper way without making any distinction. But if he makes a distinction, Candamahāroṣaṇa will be provoked and slay the practitioner. And he will throw him into the Avīci Hell and threaten him with a sword and noose. Nor will he obtain Success in this world or the next. Therefore, this must be kept very secret and not be made visible.<sup>84</sup>

The couple is advised to find a quite, pleasing place, undisturbed, and to meditate intently while coupled together. They should gaze into each other's eyes intently, and the woman should say "You are my son and my husband; you are my brother and father. I am your mother, wife, sister, and niece." She also refers to him as her slave for seven generations, and herself as his mistress. He repeats these sort of phrases in reverse, saying "I am your slave in all ways, keenly active in devotion to you. O Mother, look upon me with kindness, casting a loving glance." Certainly these sort of descriptions contain little suggestion of abusive 'use' of women by men-

rather a mutual agreement and mutual worship and loving appreciation is indicated.

#### 9.3.1.3. The Ratibandhas

In the Candamahāroşana Tantra we also find the following sort of descriptions of ratibandhas, the type of sexual positions described in the Erotic tradition literature of India (Kāmaśāstra), with language that make it quite clear that the practitioner is advised to engage in various sexual postures, kissing, and oral sex, and to worship the woman as the source of life from whence he has come. The lady kisses him and places three syllables (not specified) on his head, and in his 'sweet saliva', has him suck her lotus and presses her breast against his heart, pinches him in the chest and looking him in the eye says: "Eat my Vairocana! Drink the water of Aksobhya! O Son, be a slave (dāsakah) as well as a father! I am your former wife as well as your royal mother. Constantly take refuge at my feet, my dear. You were raised by me, hence your invaluable nature."87 She invites him to make love to her, asking him to "be gracious, O my dear, give me the pleasure of the vajra!" asking him to insert his throbbing Vajra into the opening in the center of her Lotus (sphurad-vajram tatah padmam-madhya-randhre praveśaya), 88 and to give her up to a hundred million strokes.89 The man is instructed to appreciate the woman as the kindly source of life whose merit encompasses all living beings: "Woman alone is the birth giver, the giver of true pleasure to the Three Worlds, the kind one. Those chattering fools engaged in evil action, who now disparage her out of hostility, will, by their action, remain constantly tortured for three eons in the fathomless Raudra Hell, wailing as their bodies burn in many fires."90 So Candamahāroşana Buddha could not be more

explicit here in his injunction that men worship real women of whatever relation to them, caste origin, or trade, as lovely, life-giving, adoration-meriting ladies. "Friend or stranger, she nourishes him with food. The woman who is like that is none other than Vajrayoginī." This is a far cry from the claims of some scholars that Tantric sexual rites were none other than abusive exploitation of women by high-caste Indians. The advocation of incestuous sex is certainly shocking to Western sensibilities, as is the request by the lady that her lover eat her feces and drink her urine. Nonetheless, these passages make it very difficult to sustain the argument that women were not equal partners in the rites described. In fact the *Candamahāroṣaṇa* places the woman in the more lofty position sexually. While the man is admonished to consume all of the woman's physical outflows and excretions, and to please the woman with oral and genital sex, the woman is not similarly required to perform oral sex or consume the man's outflows.

The next section of the *Candamahāroṣaṇa* Tantra describes in some detail the sexual rites practiced by the two lovers. The passages read as though lifted out of a text on *Kāmaśāstra*, the Indian erotics tradition, with an adjustment to the ethic of Buddhist Tantra that commands a loving, adoring attitude by the man towards the woman. There is no question from this material that actual sexual Yoga is being practiced, not a visualization:

Then, in the middle of a bed, with the woman assuming a squatting seat, he should have her clasp her arms firmly together on his shoulders. His own two arms should be joined, emerging together from the middle of her girth (i.e. her waist), and with the Vajra inserted in the Lotus, that is called the 'Pleasure-Evoking' position. With the two arms of both of them joined to each other like braids of

hair, the two should rock slowly. This is called the 'Swing-Rocking.' Embracing, with her two knees against his heart, and with the hands in the same position as in the 'Swing-Rocking,' this is called the 'Knee-Holding.<sup>'92</sup> .... Again, taking the 'Pleasure-Evoking position, he should have her fall on her back. Then he should insert the Vajra into the Lotus with the right hand, and catching the crooks of his elbows behind the knees, he should join her; and with each other's arms like braids of hair, this is known as the 'Honeycomb.'93 .... He should kiss her mouth as much as he likes, again and again. Looking at her face lying down, saying whatever words he likes, he should suck her tongue, and drink the saliva of her mouth. .... He should rub the nipple with the hand, suck, then bite. Having the woman lie on her back, he should kiss her lovely belly, remembering again and again, 'Here I was formerly situated.' He should touch the Lotus with the hand, saying 'Lovely, O Air!' He should kiss and pinch, looking there drawing down with the hand. Smelling the odor, he should clean with the tongue the hole of that woman. He should then say this kind of speech: 'As I have entered through this, so too have I emerged numerous times.' This path, which is straight as the nose, if practiced without Knowledge, would be the path to the six states of rebirth. But when practiced with Knowledge it would be the Success of Candamahārosana. 94

These sort of practices are also not advised solely in the context of non-ejaculatory orgasm. Rather the text speaks of optional ejaculation, followed by licking and eating the woman's vulva to remove excess semen and blood or vaginal secretions ("optionally he may secrete or not secrete, having his mind solely on pleasure. If he does, he should lick the Lotus, on his knees. And he should eat with his tongue, the white and red of the Lotus.") This is followed by eating meat and fish, wine or milk, to increase one's desire, with an admonition that the two should repeatedly make love to perfect the practice and attain the desired result of becoming Candamahāroṣaṇa. 95

### 9.3.1.4. Worshipping Women

In the next chapter (Chapter 7), called the Chapter of Refreshing the Body (deha-prīṇa-paṭalaḥ), Prajñāpāramitā asks Buddha Caṇḍamahāroṣaṇa what the lovers

should do after they have been exhausted by lovemaking. He explains that once the woman is satiated, the man should prepare and feed her fish, meat, wine, and whatever other food he has including milk and juice. "First he should give to the woman; then he should eat the scraps of that, and that should be eaten immediately on the dish with her scraps." He is also instructed to eat the wash water of all her orifices, with the explanation that "Just as when manure is applied, a tree becomes abundantly fruitful, so does a person have the true fruits by eating unclean things." The final chapter George translated, Chapter 8, includes in a list of Prajñāpāramitā's forms an itemization of women who apparently took part in Buddhist Tantric Yoga rites:

Wherever in the Three Worlds a womanly form is seen, that is said to be my form, whether she belongs to a low family or not low. Goddess, demoness, Yakşinī, as well as Rākşasī, Nāginī, ghost maiden, Kinnari, and human female as well. And so too are the females of the Gandharvas, Hell Beings, Animals, and Pretas. Also there are the women of the four classes: Brāhmans, Kşatriyas, Vaiśyas, and Šūdras. And, in detail, the castes are as follows: writer, Rajput, scholar, taxcollector, trader, water-worker, prostitute, boat-woman, shoemaker; Kulatrini, Hatrini, musician, sweeper, corpse worker, washerwoman, wine merchant, perfume maker, laborer; Barber, dancer, bronze worker, gold-smith, fisherwoman, marriage arranger, potter, garland maker: Saiva ascetic, conch-shell worker, cane splitter, Kemālinī, cowherd, arrow wright, Kocinī, stone artisan; architect, and hairdresser, encompassing all castes. Mother, sister, wife, maternal aunt, niece, paternal aunt, mother-in-law, and all other caste relations. Vow-holding devotee, yoginī, widow, and ascetic. All these and many more are women who have my form. Each in her own form is resolute in benefitting all living beings. Whomever among them are encountered, they are honored by the yogis, kissing, embracing, and joining the Vajra and Lotus. When those women are honored, they give Success instantly to those who desire the welfare of all beings. Therefore one should honor women. Women are heaven; women are Dharma; and women are the highest penance. Women are Buddha; women are the Samgha; and women are the Perfection of Wisdom.<sup>97</sup>

Based on just this material, we could assert that Tantric Yoga is a cult of worshipping living women as goddesses by loving them, serving them, and making love to themideally physically, otherwise mentally:

He should always worship Vajrayoginī with flowers and incense, etc., with clothes, and pay homage to her with prose and poetry, with hands pressed together. He should look, touch, and remember, while acting in accordance with his words. And, kissing and embracing, he should always worhsip Vajrayoginī. If he is able, he should do it physically; if unable, with speech and mind. By this man I am worshipped and satisfied, and to him I will give all Success. I am none other than the bodies of all women. And there is no other way that I may be worshipped except by the worship of woman (tyaktvā strīpūjanam na anyan madīyam syāt prapūjanam). 98

A similar passage from the twenty-fifth chapter (not translated by George) specifically recommends the practice of visualized sexual yogas with the meditative-image of a woman as an option when it is not possible to worship a real woman:

Firmly established with a handsome form, abiding in the paryanka of sentient beings, holding a chopper and a noose, glorious, having embraced [her, sexually], with dramatic gesture, the creator, having embraced a young lady of his own clan, [he] should meditate. In this [manner] the yogl becomes perfected by the consort, there is no doubt. Otherwise, having created an image, he should perfect [the image] that is created according to the sūtras etc. Staying in samādhi together with Canda, he should recite [the mantras] with a one-pointed mind. 99

### 9.3.1.5. A Reversed Perspective on Symbolic Language

What should be completely clear is that the *Ekallavīracaṇḍamahāroṣaṇa*'s descriptions of the initiation rites and practices of sexual Yogas are intended as eminently real and practical, and however shocking or surprising we may find them, they nonetheless represent an important strand of literature in the Buddhist Sanskrit Tantric tradition. What is rather intriguing is that in some of the other portions of the

text not translated by George we find that not only were the injunctions to the practice of sexual Yoga meant literally—it was also the case that the symbolic language common in Buddhist Tantras, such as the 'joining of wisdom and means' was intended to refer to actual sexual practices; i.e. it is not that the sexual language is only meant symbolically in order to teach esoteric doctrines. Rather, the esoteric language is intended to refer to actual sexual practices. This sort of argument fits well with the explanation I cited in the Introduction above from Pundarīka's commentary on the Kālacakra where he explains that the 'lotus' refers to the vulva, and the vajra to the penis, and it fits with the Root Kālacakra passage cited above that indicates that the names of the dākinīs are covert representations of the names of the women running the cakra-pūjas at various sites. We find in an extract from the 13th chapter of the Ekallavīracandamahāroṣaṇa Tantra, the chapter on Conduct, the following statement, demonstrating a mapping of abstract doctrinal categories to the real woman who is the Tantric lover: 100

With the joining together of wisdom and means one should give [to the consort] the fingernail, and the three syllables; the kissing and the embrace, and also all of one's semen. She will become the perfection of generosity, without a doubt. With that as the highest, the body, speech, and thought enveloped through intense pleasure, 101 she is recongizable as the perfection of [good] disposition, she is to be known [as such] also from forbearance [even when] scratched by fingernails. 102 And even squeezing the three-syllabled, she is endowed with the perfection of patience. Concentrated, and reverently, one should engage in sexual union for a long time. She should be known as the perfection of the hero, her mind engaged in that pleasure; she is considered the perfection of meditation on the form of the universally beneficent; she is renowned as the meditation on the female form, the perfection of wisdom; she is filled with just the one Yoga of great sexual pleasure, 103 she becomes the perfection of the six; 104 she is said to be the perfection of the five, merit, knowledge, and wisdom. [He],

completely engaged in the Yoga of great sexual pleasure, enveloped in the requisites of the Yoga, is perfected in just a moment, endowed with merit and knowledge. Just as what is produced from the creeper is endowed with flowers and fruit, complete enlightenment<sup>105</sup> is also equipped with the pair of requirements in one moment. He becomes the master of the thirty realms, there is no doubt. And the stage[s] are to be known as delighted, stainless and likewise flaming, radiating, very difficult to conquer, confrontation, traveling far, unmoving, good mind, and the cloud of dharma, likewise the light called universal, unique, possessed of knowledge, are known as the thirteen. <sup>106</sup>

A similarly doctrinal explanation for the importance of real sexual Yogas between men and women is given in the tenth chapter of the text, the chapter on the Praise of Women. Here the text clearly lays out the argument for practicing sexual Yogas in the context of traditional Buddhist ascetical and celibate doctrines. Candamahāroṣana Buddha here reinterprets the story of Sākyamuni Buddha's leaving his harem behind as a separation in order to remove the sins of the world, and argues that the reason Buddha was able to defeat Māra was because Buddha knew the pleasure of the joining of the lotus and the *vajra* that he had learned in the harem. The censures of women found in the *Sūtra* and *Abhidharma* literature are described as self-protective language only. Śrāvakas who continue to censure women are said to lack faith due to beginningless ignorance, and to be unable to see the path to enlightenment in the women all around them.

Now the Lady (Bhagavatt) spoke: "Is it possible, or not possible, Oh lord, to achieve the place of Candamahāroṣaṇa without a woman?" The Lord answered: "It is not possible, Oh Goddess." The Lady said: "Is it impossible without the experience of pleasure?" The Lord spoke: "The ultimate bodhi cannot be obtained only with the experience of pleasure; it is attained by the experience of a specific type of pleasure, and not otherwise..... For the sake of destroying the wickedness of the world, the wise son of Māyādevī, leaving behind the eighty-four thousand, and also the harem, going to the banks of the Nirañjanā,

illuminated the Buddhas and Siddhas; he escaped from Māra, having repudiated him since that is not ultimate reality, since the Buddha was a master in the harem, provided with guardians, friendly, since he attained pleasure through the joining together of the vajra and the lotus; enlightenment is attained through pleasure, [and] pleasure is not [attained] without women. And the separation that is undertaken is in order to remove the wickedness of the world. However the world-[dwellers] become students of the Buddha, for that [purpose] the Victor itakes only the form of the son of Māvādevī. Whatever censures of women have been made in all the sūtras and abhidharma [literature], [those] should be considered as various moral precepts according to language for one's own protection; and one should teach about nirvāņa through the destruction of the five aggregates." Now the Bhagavati Prajñāpāramitā spoke: "Who, Oh Bhagavān, is the son of Māyādevī, and who is Gopā?" Bhagavān responded: "I am the son of Māyādevī. and have achieved the state of Candarosana. You are Bhagavatī, Gopā, i.e. Prajñāpāramitā. As many as are all the women, they are considered to have that [i.e. your] form; all the men likewise are well known to have my form. And this world consists of wisdom and means, having arrived at the state of both...." Then the Bhagavatt spoke: "Why, Oh Bhagavān, do the Śrāvakas censure women?" The Bhagavān responded: "All of those dwelling in the realm of desire who are known as Śrāvakas etc., they do not know the path to liberation [even though] they see women everywhere. When proximity is difficult to attain for the śunkumā etc., 107 then the state of great value is not considered valuable by the remote one (i.e. the Śrāvaka). By reason of beginningless ignorance, these people lack faith: [they] do not put their thoughts on reality, since this is protected by me."108

The [Ekallavīra]-Candamahāroṣaṇa represents a lineage of Buddhist Tantra that is explicitly sexual, and goes to great lengths to reinterpret earlier Buddhist doctrine in the context of a lovingly worshipful attitude towards all women. The text shows strong evidence of the influence of the Kāmaśāstra tradition, and provides considerable detail on the actual practice of sexual Yogas. No doubt the remaining untranslated chapters will prove quite illuminating as to some of the schools of Buddhist Tantra in India. The Tibetan systematizers of the Buddhist Tantric corpus included this text in the Vairocana-kula of the Anuttarayogatantras (the other member

of this group being the *Catuspitha*—see Chapter 4.1.2), so technically speaking this Tantra is in the general class of the other well-known *Anuttarayoga* Tantras such as the *Guhyasamāja*, the *Hevajra*, the *Cakrasamvara*, and the *Kālacakra*.

## 9.3.2. The Sexual Yoga Practice in the Mālinīvijaya

Though most of the Mālinīvijaya is devoted to the discussion of solitary meditations and Yogic practices by the initiate, there are references in the latter chapters of the text (the portions Gnoli did not translate) to sexual Yogas. After meeting up with the yogints in the pithas and ksetras etc. by means of following the coded signs in the mantras, the yogl is instructed by the yogint according to her particular doctrine, as described above. Then the text indicates the sexual rites. There is an oblique and unfortunately partly censored description of what appears to be intercourse practices designed to aid in preventing ejaculation, with the poetic metaphor of 'causing the dawn to tremble' employed for bringing the woman to orgasm. The reference to the ekam laksam or 'single sign' is also a bit obscure. It may refer to a common secret mantra to recite after the sexual union, as a transsectarian religious or spiritual sharing that is part of the Great Seal--and seals the bond. This is however speculative on my part, and I have not yet found an explanation for the term. What is interesting here is the context of using the term mahāmudrā (in the form mudrā mahatī), a term much discussed in scholarship on Tibetan Buddhist Tantra; it appears to have originally referred in both the Saivite and earlier Buddhist Tantric literature to the best sort of female consort for the male practitioner. My (unproven) theory is that as the Tantric material was absorbed into

the Buddhist monastic curriculum, and it became necessary to reinterpret the overtly sexual doctrines of the texts, Pundarīka and others took the *jāānamudrā* classification and reformulated it as referring to a visualized consort. This would have served their purposes admirably. It would have indicated to the monastic Tantric disciples that although sexual Yogas were part of the tradition, the transcendent practice was with the visualized consort. Naturally any monk worth his salt would have wanted to 'go for the gold,' so to speak, so practicing with the visualized consort in that context would have been the preferred route. Although interpretive on my part, I can so far find no other reasonable explanation for how it is that the *mahāmudrā* term came to have such a different meaning in the later Buddhist Tantric tradition than it appears to have had in the earlier tradition (however, there is a very large body of Buddhist Sanskrit Tantric literature I have not yet read). Here is the MVT passage:

This one, with this doctrine fully obtained, O you of good vow, becomes equal in strength to that, and enjoys whatever pleasures are desired; and further, having completed the service, the smart one should recite the single sign/token. Having satiated her with the tenth part, one should join in the ksudra-actions. This uttered-metrical portion becomes what causes the destruction of poison. This one, moving circularly in the vagina, should meditate on she-that-isreddened; and through the sequence of moving to and fro, [she] has the [text missing.....'effect?' 'ejaculation?'] of the drop warded off/prevented. And staying in that [in the vagina], and by not contracting during the quick coming together strokes, and with the thoughts on nothing else, he also causes Urvaśi [the dawn] to tremble. The precept for the one who's performed the service, with the recitation of the triple mark, satiating the glorious fruit of the lotus, provides great glory. The goddess who is possessed of the six states of arising, and who has mastered them by the stated path, who is the cause of all siddhi, is produced from the mantras. Liberating the ninenatured etc. and the sevenfold rite of the trident and lotus, the wise one should provide the six-arising asana to the entire-cakra-rite (sarvacakra-vidhau). And the Great Seal (mudrā mahatī) is to be employed

with the heart-seed [mantra] in the ceremony. 109

It is not clear to me what kşudra-karman--'acting in a low or vile manner' according to Monier Wiliams-refers to here. I have not found this particular term elsewhere. Kşudra can also simply refer to something very small. Yet given the context, kşudrakarman may have been a slang term used for the sexual Yogas, perhaps picked up by the Tantrikas from the disparaging remarks made about them by their non-Tantric peers. The partially censored lines appear to indicate that particular movements by the yoginī were recommended to assist the yogi in inhibiting his ejaculation. One other speculative note I would like to make here is about the recitation of the mantras before, during, and after the sexual rites that appears to be recommended by the text. We find in the opening stanzas of Somānanda's Śivadṛṣṭiḥ--an early 10th century proponent of the Kaśmīri Śaivite Tantric tradition, the phrase: "Let Śiva, who is copenetrated with my own being (identified with me), praise Siva in his extended form through his own power, Siva who obscures himself by himself."110 This sort of selfreflexive self-identification of the initiate with his godhead is considered an essential prerequisite for the Tantric rites. Similarly, on the woman's part, she identifies herself with Sakti. The women in the rites are therefore by definition Sakti-yogints. We also have the doctrine throughout the Saivite Tantric tradition that the mantras-particularly those of the Mālinīvijaya--are sonic instantiations of Śakti, the goddess. Given that the text instructs the yogi to recite the appropriate mantras before, during, and after making love to the yogini, and does not appear to require the same recitation by the yoginī (though this may simply be omitted from the text), could it

therefore be that the Devī who is invoked by the mantras is the Devī within the yoginī--i.e. that the mantric power of Sanskrit plays a central role in awakening the Devī aspect in the woman, and thereby revealing her to the man by awakening his sensitivity to her?

## 9.4.0.1. Introduction to Section 9.4 and 9.5

We have discussed in Chapter 7 how the subtle body doctrines of the Saivite and Buddhist Tantric traditions are grounded in the physiological doctrines of the Ayurveda tradition, and the psychophysiological views of the Yoga traditions and their inheritances from the estoric Vedic doctrines as enunciated in the Brāhmaņās, Āranyakās, and earliest Upanişads. We have seen in those discussions that the sexual Yogic practices of the Tantric traditions have profound psycho-physiological implications--that the Tantric doctrinal systems outline pathways of mind-body connections and speak of attaining states of superhealth, free of disease and with an extended life. In Chapter 8 we looked at how the initiates must undergo staged purification processes prior to engaging in sexual Yogas, whereby they purify their psychophysiological constituents through these mind-body pathways. We have also seen how they map their subtle body physiology onto the cycling network of time as it was understood around the turn of the first millennium CE. And we have discussed the deific self-visualizations that are also integral to the re-envisioning of the self and the surrounding cosmos. (We also touched on this initiatory material again in the discussion of the Candamahāroşana Tantra above). Now we turn to the fundamental issue of the technology of the sexual Yogas themselves: what exactly did the Tantric

Yogas? And how were these processes thought of as providing the initiates with their desired goals? Because of the complexity of the issues involved, and the multi-layered nature of some of the doctrines, I present this section in two parts. The first part (Section 9.4) will look at the Kālacakratantra's presentation of the technology and functioning of sexual Yoga practices. The second part (Section 9.5) will look at similar material from Abhinavagupta's writings on the subject.

## 9.4.0.2. Sexual Yoga in the Kālacakratantra

(9.4.1. Technology of Sexual Yoga, 9.4.2. Characteristics of Women Who are Tantric Consorts, 9.4.3. Necessity of Contraception for Novice Practitioners, 9.4.4. Provisions for Children Conceived in Tantric Rites, 9.4.5. Honoring the Menses, 9.4.6. 'Drinking' and 'Eating' the Five Nectars, 9.4.7. Sectarian Disagreement with the Saivite Tāntrikās, 9.4.8. Sexual Light and Fire, 9.4.9. Eating the Semen and Vaginal Juices)

The material presented above serves as ample introduction to the discussion of sexual Yoga practices in the Kālacakratantra. With the Kālacakra we have a curious situation, since many sections of the text explicitly recommend and describe sexual Yogas, while in other portions it is clear that Pundarīka, and some of the verses, are arguing a preference for visualization practices in place of actual sexual Yoga practices. As I have indicated above, it appears to me that these 'visualization-preference' arguments were in deference to the pedagogical realities of the monastic education, though they were certainly an option in the early texts of both the Śaivite

and Buddhist Sanskrit Tantras. The Kālackra Tantra is also in any case an unusual text of the Tantric genre, as it includes a wide range of very detailed information that I have so far not found in other Tantras--details on war machines and irrigation techniques, recipes for concocting perfumes and Ayurveda remedies, and explicitly detailed discussions of Rasayana therapies and recipes, all in the same text (however, these subjects may also be covered in as yet unpublished or unread Tantras--there are many). In this section I will examine the explicitly sexual material from the fifth chapter. Verse 5.75-5.85 and commentary of the Kālacakratantra give some very detailed information about the sexual practices of the Buddhist Tantrikas, and even include a disagreement with some of the sexual Yoga practices of the Saivite Tantrikas. I shall discuss this section here in some detail since this sort of material has not been much discussed in the published literature on the Kālacakra tradition. This section makes it very clear that in the perfection stage of the 11th century Indian Buddhist Tantric practitioners using Sanskrit as their communication medium, sexual Yogas were central to the perfection stage process, and the children who were sometimes conceived during these practices and were highly valued and protected, as were young ladies who were groomed for the position of Tantric consorts from an early age.

## 9.4.1. Technology of Sexual Yoga in the Kālacakratantra

Pundarīka cites for us the basic schema of sexual Yoga practice from a passage in the now lost Root Tantra. This basic schema summarizes the preparatory rites, and indicates what the male initiate (and by implication the female initiate) is to

do during sexual intercourse, and indicates the results therefrom--all in a short summary verse. This verse also makes clear the fact that the advocation of sexual Yoga also existed in the *Ādibuddha* or Root Tantra, and was not somehow an invention of the author(s) of the *Laghukālacakratantra* verses:

So having visualized the various void states of consciousness embodied in the eight goddesses (smoke, sparks, fireflies, lamp flames, fire, the Moon, the Sun, and clear light), having stilled the swirling motion of the mind's *prāṇa* so that the thinking is no longer agitated, and having brought the flowing psychophysiological *prāṇas* into the central channel (*suṣumnā-*, *avadhūti-*, or *madhyama-nāḍt*), the yogi reenvisions himself as Bhagavān Kālacakra, who is the Supremely Indestructible (*Parama-akṣara*) because he has conquered Time. The unspoken part here is that the yoginī is to do the same, only envisioning herself as Kālacakra's consort. Then the two of them join coitally, inserting his *vajra* (penis) into her lotus (vagina). As the orgasmic energies rise, and the *bodhicitta* flows (in both of them) he is to merge the *prāṇas* that he has collected in his central channel into the 21,600 drops of *bodhicitta*, thereby

actualizing the mapping of his full daily cycle of life breaths into this extended moment of orgasmic bliss. The winds are however vibrational, pulsing with life, and so the *bodhicitta* is also pulsing and has the urge to emerge through his penis into his lover's vagina in ejaculation. Here though the yogi is to still—through concentration—the drops in his *vajra*, and hold them poised in the network of *cakras* arrayed down the length of his body. Then the *bodhicitta* rises upwards to their heads. Joined in blissful union with his lover who herself should have brought her own drops into balance in her *cakras* and withheld her own orgasmic secretion of vaginal juices, he *becomes* (i.e. no longer merely visualizes himself as) the *Vajrasattva* or electrical Kālacakra, and she becomes Kālacakra's consort.

Certainly in this passage it would be difficult to argue that the reference to the great consort (mahāmudrā) is somehow intended as purely symbolic or only visualized. The language is not too dissimilar from the ideas presented in the Candamahāroṣaṇa, though here we have the overlay of the subtle-body's 21,600 breath-drops poised along the network of cakras and nādīs in the subtle body, with the semen poised at the tip of his penis while he moves in and out of his lover's vagina. The passage even gives us these ideas in both symbolic or esoteric and straightforward language: having inserted his vajra into his lover's lotus, the yogi halts the vibration of the prāṇa-infused drops in his vajra, i.e. he retains his semen in his linga. The text could not really be more explicit. In a slightly later passage in the text Pundarīka provides an explanation of the inner workings of this process.

This passage includes among other things the use of the term sandhyābhāṣā in a way

that appears to support my point from Chapter 8 that the term refers both to symbolic language, and to the *bījamantras* mapped to time's *sandhyās* that allow the initiates to absorb the cosmos into their subtle bodies:

When in intercourse with a young woman, the knowledge being (jñānasattva) makes the semen into a part of the prana etc. winds, by drawing that into himself by what is inside the sandhyā language (samdhyā-bhāsā-antarena-this might also be read as 'according to sandhyābhāṣā'), i.e. he causes the bodhicitta to completely fill up upwards into the head-this is the meaning. And Jambhah [causes] its entrance; i.e. the inner fire [51.20] having made that flow, causes the entry of the flowing drop-form into the throat, into the heart, into the navel, [and] into the concealed lotus. Stiffness, i.e. the earth element, causes the binding of that drop form, that is, through the influence of the supreme happiness it does not cause the going out of what has come with extreme speed. The proud one 112 is said to be the vibration located in the lightning jewel in the private lotus, a clear liquid from the drop of the water element; through the influence of its imperishable happiness, the water element causes the satisfaction, i.e. the coolness in the body-this is the meaning. In addition, [the śaktis] Locanā etc. awaken that very flowing happiness so that it goes upwards from that place, with the lightning-bolt singers (vajra-glītikās) [51.25] previously mentioned. Then, Locana impels it in the navel for the purpose of flowing, Māmakī [impels] in the heart for the sake of maturation, Pandara [impels it] in the throat for the sake of human effort. Tara [impels it] in the head for the sake of purity. The great happiness, having been made to rise up by them in that way, having become pure, causes the revelation of all the aggregates, constituents, bases of awareness etc. Then it becomes the place of omniscience for the yogis; it is not made to rise up by the song of the yoginis in the imagined mandala (na kalpita-mandale yogini-gitena utthāpita iti). This is the esoteric meaning, both secretly and openly in all the Tantras. | | 108 | |

The detail of the doctrine is intriguing. This appears to say that Stambha or the earth element (as a goddess) is responsible, through the influence of the ultimate happiness, for preventing the orgasmic rush (āgatasya ativegah) from exiting the body. This is in keeping with the discussion of the earth element in Āyurveda, where for instance

the earth element is always included as the binding element when making pills. Presumably coldness or coolness is here equated with the rush of satisfaction through the body with the satiation of the erotic urges after orgasm, though that is not entirely clear from the text. Jambha, who in the Atharvaveda is a disease-causing demon, 113 has been transformed into tejas, the internal fire of the body. This is perfectly in keeping with the logic of Tantric Yoga. Mastering the wind flows in Tantric Yoga is repeatedly said to free one from various diseases. Here Jambha has been tamed and turned into an aid to enlightenment and liberation. In chapter 17 of the Guhyasamājatantram the four Prajñās are assigned to four primary elements--Locanā to earth, Māmakī to water, Pāṇḍarā to fire, and Tārā to wind. The combination of the sky element and the lightning element is Vajradharah. 114 Provided we can assume a consistent mapping schema (and there is considerable evidence from other Tantras that we can), then what we have here is a mind-body technique from within the logic of the Indian system of physiology. The earth element of the physical and subtle bodies is reenvisioned as the goddess or Prajña Locana. As the initiate reconceives of his or her own earth elements as the deity, this empowers the body in a new way that contributes to the raising of the bodhicitta up to the head. The other 'deified' aspects of the physique, water, fire, and wind as Māmakī, Pāndarā, and Tārā provide progressive boosts along the route up through the cakras. The 'revelation' (nirāvaranam) of all the aggregates, constituents, bases of awareness etc. indicates that through this sexual-yoga purification of the different aspects constituting the psychophysical being one comes to the enlightened state of seeing the void-nature of

one's own being. Then the yogis (and yoginīs) reach a state of omniscience.

Puṇḍarīka draws a distinction at the end of this passage, apparently indicating that this revelation cannot be achieved strictly with visualized Prajñās--the implication being that one must engage in the actual sexual Yoga in order to reach this result.

A section of the fifth chapter has a more detailed discussion of the sexual Yoga process. The section begins with Pundarīka's remark that engagement in these sexual practices begins when one has seen the 'voidness-image' (sūnyatā-bimbe drste sati) by means of controlling the prana. Once the initiate has achieved internal friction of the ten winds in the central channel, and seen the void-image, he ignites the flame-tipped lightning of the goddess Candalī in the navel center. A light ray from this lightning-fire (tadid-anala) shoots up into the third eye, triggering the downward flow of the nectar of moon drops (i.e. the inner Soma) through the cakras. The drops travel from the forehead through the throat, heart, and navel centers, and finally into the secret or private cakra, i.e. the genital cakra. The 'moment' (kṣaṇa) of the merging of wisdom and intuition is achieved in the moment that the intensely pleasurable energy of the vibrational drops that have gone into the 'lightning-jewel' are held by the power of the prana and apana (prana-apana-balena) in the tip of the penis without ejaculation (kuliśa-mani-gatam sanniruddham dhvajāgre lina-mukhe). Simultaneously the speech, thought, and knowledge drops are held in the navel, heart, and throat, creating "the garland of drops" through the central channel of the subtle body. 115 As the text says, 'that vibrational energy that is the moment of [the union of] wisdom and knowledge provides happiness by means of the unejaculated garland

of drops.'116 In this moment too one encompasses within oneself all the prior initiation stages referred to as the child stages, the maturation stages, the full grown or older stages, and the Prajāpati stage in the Sekoddeśah:

Now when the voidness image is being seen by [means of] the prana blockage, the attainment of the moment for the yogis is stated--5.75: By the winds being rubbed together, the flame tipped lightning makes the moon flow into the head; Whatever drop has flowed from this [place in the head], going into the throat and [then] into the heart, [then] into the navel and into the secret [cakra], it is withheld; | It is the drop's vibrational flow going into the thunderbolt jewel, being withheld at the sex organ's tip. [39.15] That moment of wisdom and knowledge, if it provides happiness with an ejaculated garland of drops.... (the phrase continues with the first line of the next verse) | | 75 | | (Commentary): "With the winds" etc. By prāṇāyāma the ten winds are rubbed together. When the speech image is being seen by those ten, the prana and apana etc. being rubbed together, [then there is] in the navel pericarp Candalī, 117 the lightning flame's tip [or] ray; that tip in the head, i.e. in the forehead [cakra], causes the moon to flow--hence the bodhicitta has its birthplace. Whatever bodhicitta drop has flowed, from this, from the forehead [cakra], having gone into the throat, the heart, the navel, the secret place, it is withheld, i.e. [39.20] by the prāṇa's and apāna's strength the bodily drop is in the secret [cakra] withheld--in the same way the speech, thought, and knowledge drop[s] are in the navel, heart, and throat withheld, hence, that is the vibrational flow of the drop. In this regard, the additional spontaneous flow--from the bodily drop that is situated in the secret [cakra], since it is held back--is called the vibrational flow. In that sense going into the thunderbolt jewel, being withheld at the sex organ's tip, at the tip of the linga. The wisdom and knowledge moment is the vibration, that, if it provides happiness with an ejaculated garland of drops, as the cause, then there is no knowledge of the physical consort (karmamudrā). Hence wisdom and knowledge is explained. | |75 | |

Since the drops are held back, or stopped in the individual *cakras*, how could it be possible to have a vibrational flow (*spanda-dravam*)? The problem is solved by positing an additional spontaneous flow (*aparam svaccha-dravam*) from these stopped (*avaruddha*) drops. A contemporary parallel comes to mind from supreconductivity

research in materials science, where the cooling of the material to the point where atomic motion of molecular components slows down considerably allows an electrical current to flow with little or none of the resistance normally present in electrical circuits. Here, in the Tantric system, the spontaneous vibrational flow becomes possible once the drops have been stopped in the individual *cakras*—something similar in concept to current experimental physics' atom-traps, where lasers are used to trap individual atoms in chambers. Here the 'chamber' is the *cakra* and the 'lasers' are the initiate's *samādhis*. Here a distinction is drawn between the *spanda-sukham* or vibrational pleasure, and the *niḥspanda-sukham* or non-vibrational pleasure. The former, resulting from joining with the *karma-mudrā* or the *jāāna-mudrā*, is said to be perishable, while the pleasure from the *mahāmudrā* is said to be the supremely indestructible. The three types of sexual Yoga, that with the *karma-mudrā*, with the *jāāna-mudrā*, and the *mahāmudrā* are mapped to the three *Sekoddeśa* initiation stages.

#### 9.4.1.1. The Sekoddeśa and the Four Moments

The Sekoddeśa refers to a threefold purification of the body, speech, and mind by the perishable and imperishable, the vibrational and non-vibrational, and what is beyond those, with a fourth being the complete purification of jñāna; these are again reclassified as four--childhood, maturation, and full grown or old age, and prajāpatih--the old name for the Vedic creator god, literally 'the father of progeny.' 118

Sekoddeśah 18: From the division of touching the breast of the Wisdom (consort), there is the pleasure that is the release of the bodhicitta. The child is he who's been anointed by the breast [milk], whence pleasure is attained. (19): From titillating the private parts for a long time, the pleasure of the release of the bodhicitta is produced; the mature one is he who's been anointed by the private parts, since it is

from the private (cakra) that pleasure is obtained. (20): From titillating the private parts for a long time, pleasure is produced from the vibration at the tip of the vajra (penis); the old or full-grown one is anointed by wisdom and knowledge (prajāā-jāāna-abhiṣiktah sa vṛddhah) since he has become vibration (spandam gato yatah). (21): From the passionate love of the great consort (mahāmudrā-anurāgāt) the pleasure is produced from non-vibration; since he who has been anointed by the great consort achieves the state of non-vibration. (22): He is known as Prajāpati who is the progenitor of all the saviors; the Vajrasattva, the Great Being (mahāsattva) and the Bodhisattva are nondual, imperishable. (23): This one who is the Tantric being or Covenant Hero (Samaya-sattva) is fourfold, possessed of the vajra-yoga; he is known as Kālacakra since he provides liberation to the yogis. 119

The use of the term *spanda* here for the orgasmic 'moment' suggests to me some interaction with the context of the Kaśmīr Śaivite system, where the *Spanda-śāstra* played an important role. In keeping with sectarian rivalry, this may in part explain why the *spanda* state of pleasure is listed as a high, though not the highest achievable state. The four moments are defined in the *Advayavajrasamgrahah* (32.14-15) as *vicitra-vipāka-vilakṣaṇa-vimardāh*, <sup>120</sup>i.e. variegated, matured, without characteristic, and rubbing together or crushing. Presumably the *vimarda-kṣaṇa* is intended here in the *Kālacakra*. However, the *Bauddha-tantra-kośa* quotes the *Dohākośavyākhyā*'s (p.68) description of the four moments, giving a different sequence:

'Variegated and mature, and rubbing together, and without characteristic, | Having come together with the set of four moments, the yogIs know [them] in this way. | | The variegated is called diverse, consisting of embracing, kissing, etc. | The matured is the opposite of that, enjoying the pleasure of knowledge. | | Rubbing together is said to be shining, and 'the pleasure is enjoyed by me.' | The [moment] lacking characteristic is different than the [other] three, without either passion or dispassion. | | 121

The Hevajratantra also lists the four moments in this order (1.1.24). By the Dohākośavyākhyā description, the fourth of the four moments would be vilakṣaṇa. Snellgrove explains that the rite of sexual union for the yogī and yoginī proceeds in four stages, and these stages are experienced as four successive states of happiness at the four moments: the teacher consecration = joy at the variegated moment; the secret consecration = supreme joy at the matured moment; the (union) of wisdom and knowledge = the joy of cessation at the rubbing-together moment; the fourth consecration = the orgasmic joy at the moment without characteristics. These different versions of the moment suggest a lively tradition at the time these texts were written.

The next verse of the Kālacakra (5.76) speaks of the 'six paths' (rasa-gatī), perhaps a parallel to the six paths (sadadhvan) of the Śaivite Trika system. Both sets of six paths are used as terms for everything in the cosmos mapped within the initiate's body. Here the text speaks of 'having by prāṇa drawn towards oneself all things, i.e. the 21,600 [drops] residing in the six paths, i.e. residing in the six mandalas of the earth etc.' There is a reference to dying here, though only as a caveat, saying that even one who dies will be liberated in their next birth as long as they are engaged in this practice. This verse and commentary elaborates what it is the yogi draws into his body with the drops, and the sort of powers that accrue to mastering the practice of controlling the orgasmic drops during sexual Yoga.

[39.25] 5.76: Therefore the *dharma* realm provides the orgasmic, non-vibrational moment of happiness, Having with the *prāṇa* drawn towards oneself all things residing in the six paths, having destroyed the addictions and the *mārās*; [It provides] prosperity/supernatural power,

the ground of omniscience, three-worlds' guruship, when yogis are born here; If one dies, having perceived that, having entered the path, [one is liberated] after another birth. | | 76| | (Commentary): [40.1] Therefore, because it is imperishable/non-ejaculated (acyuta), what is the non-vibrational happiness moment, here, the dharma-realm, the perfection of wisdom, provides. Therefore [it--the non-vibrational happiness moment--is] the great consort happiness, the supremely indestructible, the action and knowledge consort happiness, the vibration, the means' happiness, the perishable, the vibration (spanda) the child, and the full-grown. Just as the (alchemical) rasa is a child, a youth, full grown, and bound, so too the semen is the child, the mature, the aged, and the stopped, because of the destruction of all obscurations. An obscuration is an impurity. That itself is the bodhicitta rising upwards, when it goes into the forehead [cakra], [40.5] then it becomes what has come the way it has gone (Tadā yathāgatam tathāgatam bhavati). Thinking that, having with the prāṇa drawn towards onself all things, i.e. the 21,600 [drops]<sup>123</sup> residing in the six paths, i.e. residing in the six mandalas of the earth etc. Likewise having destroyed the addictions and the mārās, the supernatural powers (rddhi) of the omniscient [and] the twelve stages as will be described. It provides the three-worlds' guruship--i.e. the superhuman powers of omniscience, of the knowledge of all forms, of the knowledge of the path, of the knowledge of the path's forms, etc. for the birth of yogis, of the heroic ones. Hence the one who is accomplished in Yoga, when he dies, being one who has entered the path, then by perceiving that, by the strength of memory traces, again, with another human birth, [40.10] one attains everything; after seven births, even being a non-heroic one (i.e. a non-Tāntrika) one achieves knowledge--this is the rule. | |76| |

#### 9.4.2. Characteristics of Women Who are Tantric Consorts

Verse 5.77 and commentary provide a schema of female Tantric consorts according to age. The 'body-consort' (kāya-mudrā) is a young virgin girl (akṣaya-yoni) either under 8 years of age, or between 8 and 10 years of age. The 'speech-consort' (vārmudrā) is either between 11 and 15 years of age, or between 15 and 20 years old, and then again between twenty and forty. The 'mind-consort' (citta-mudrā) is between 40 and 60 years of age, or between 60 and 100 years old. The text then

says that aside from these three types, 'an eleven year old [girl], completely endowed with all the qualities, is to be protected by the royal *guru*, or by the king, [either of whom] has been consecrated, or by the other masters [who] have been anointed.'124 This latter remark suggests that young women chosen to become Tantric consorts were selected at a young age and protected by the royal household or the gurus or Tantric masters until they came of age and were able to participate in the rites. In the context of an Indian culture where arranged marriages of prepubescent girls was actually a requirement in Vedic culture, and was a widespread practice, this parallel for Tantric practitioners would not have been out of place.

Now the arisal of the bodhisattva's governance is stated--5.77: She who is without qualities and of slight appearance, bereft of sense objects, the body consort, she is twofold; After her, she who is passionately devoted, has the highest treasure of qualities, she who has speech's intrinsic form, is twofold also; The black one, the white one, devoted, she who delights in sense objects and qualities, the mind consort, she is twofold; [40.15] The eight, the two, the five [and] five, evidently, and the twenty, and the forty, and the hundred. | | 77 | | "She who's without qualities" etc. Here she is a young lady, without qualities, without the dharma realm quality, because of not moving (acvavanāt) she is of slight appearance, her bodily constituents not filled out (i.e. not having entered puberty), without descended teeth, of eight years' age. Then the second, whose teeth have descended, is more than ten years old. Hence the body consort, of unbroken womb (i.e. still a virgin). From the end of that, beginning from eleven years, up until the fifteenth year, the one passionately devoted, intent on the treasure of qualities, up through the next five years, the speech consort [40.20] is twofold also. Hence the eight years, the two years, the five [and] the five years. Then after twenty, the next twenty, 125 i.e. [up to] forty years. Likewise the mind consort, one, devoted to the black state of being (kṛṣṇa-bhāva-anuraktā). In this way [up to] the sixty year old woman. In addition the next void and Veda, 126 i.e. up until [an additional] forty years; devoted to the white state of being, an old woman, characterized by old age and grey hair, ending with one hundred years of age. Hence the mind-consort is twofold. Among these three, the body consort is an infant, the speech consort is a full grown [woman],

the mind consort is an elderly [woman]. Aside from these three, [40.25] an eleven year old [girl], completely endowed with all the qualities, is to be protected by the royal *guru*, or by the king, [either of whom] has been consecrated, or by the other masters [who] have been anointed. | |77| |

# 9.4.3. Necessity of Contraception for Novice Practitioners

With verse 5.78 we have a prescription for young male Tantric practitioners who are not yet 'jewel-masters' (ratneśāh), i.e. have not yet mastered the technique of ūrdhva-retas or acyuta-bodhicitta, i.e. retaining the semen during sexual intercourse. For them measures are to be taken to ensure that the yoginī, the 'mother of the best victors' (jinavara-janant) is 'protected by the yogins' (yogibhī rakṣaṇīyā). This is probably an admonition to use some sort of birth-control technique, given the context of the discussion and the ensuing verses that discuss what happens if the woman conceives. The young initiate, after making sure his lover is well-instructed in the Tantras, has been initiated with the authoritative Buddhist mantras (Buddha-adhiṣṭhāna-mantras), and with the instruction in the Mañjuśrī samādhi, releases his semen 'into her secret lotus together the body, speech, and mind mantras.' Here again, as with the Canḍamahāroṣaṇa rites discussed above, we have the statement that the woman is also a Tantric initiate. Having provided her protection in her secret lotus by the unexplained 'six limbs', 'for the sake of complete protection' he should happily eat up whatever semen remains on her vulva or his linga.

5.78: As long as [he] is not<sup>127</sup> yet a jewel lord, the progenitoress of the best of the victors is to be protected by the *yogins*; At the time when the jewel lord has been produced, having spun the *mandala* that is the abode of all qualities; [41.1] With the *buddha*-governance *mantras*, [he] releases the equal happiness, together with the *mantra*, into the secret lotus; Having provided protection in the secret [lotus]

(contraception?) he should make savory the bodhicitta residing in the lightning jewel. | | 78 | | As long as the jewel lord does not exist. "Does not exist," i.e. does not exist, [and] as long as there is rajas (i.e. menstrual blood or ovum, i.e the woman is in her fertile period; the point appears to be that until the male tantrika has mastered the technique of non-ejaculatory orgasm, some form of birth-control for the woman must be employed) it is to be protected. The jewel lord at time of production, having produced [by spinning] the mandala that is the abode of all qualities, Kālacakra, previously having made her well instructed, then [41.5] having consecrated her, with the Buddha governance mantras, with the six lightning bolts, with the Mañjuśrī samādhi, and having made her into praiñā, he releases equal happiness, at the time when there is flow in the right nādī, [he releases] the bodhicitta, into her secret lotus together with the mantra, together with the body, speech, and thought mantra, he discharges. Then having provided protection in her secret [lotus] with the six limbs, 128 then he should make savory the bodhicitta residing in the lightning jewel. The vogi gives that to her also. What is outside of her lotus, having grasped that with the ring finger and thumb, he should eat it with relish for the sake of complete protection, [41.10] according to this prescription. | |78||

This section of the Kālacakratantra and Vīmalaprabhā appear to offer a recognition that many of the young practitioners of the Tantric sexual Yogas would not have been immediately able to master the technique of non-ejaculatory orgasm. As with any Yoga, the sexual Yogas also required considerable practice to attain mastery. At the end of this passage we have what appears to be an early attempt at contraception. The Yogin is instructed to lustily eat the semen and blood (or vaginal juices) that may remain on the outside of the woman's vulva after intercourse. This sort of extraordinarily explicit sexual instruction is not uncommon in Buddhist Tantric texts. As demonstrated above, in the Candamahāroṣaṇa we have similarly explicit material for lovemaking between the yogi and yoginī, with a variety of ratibandhas described in great detail. The yogi is instructed to eat all the woman's outflows--sweat, snot,

blood, etc., as part of loving her completely.<sup>129</sup> The relishing of eating the semen and blood or vaginal juices is not out of character in the context of other such writings.

### 9.4.4. Provisions for Children Conceived in Tantric Rites

Almost as though to counter any doubt that the verse KCT 5.78 and commentary are meant literally, not in some symbolic or visualized fashion only, verse 5.79 describes what the results will be if, despite the protective measures, a child is conceived by the Tantric practitioners. Such a child is described as a 'beautiful diamond' or 'beautiful lightning' (mañjuvajra). In keeping with standard medical explanations from the Ayurveda tradition, the text says that in the case of a predominance of prajñā--the feminine sexual fluids (rakta for blood or ovum here)--a daughter will ensue, and the rule is that she will be a Buddha's mother, Manjuśri's Universal Mother (raja ādhikyād yadi duhitā bhavati, tadā .... buddhamātā dhruvam sā iti mañjuśrī-viśvamātā adhiṣṭhāna-vidhih). 130 In fact Puṇḍarīka seems to suggest in his commentary that on these occasions it was desirable to conceive a child. He says that if a child is not conceived in the first menstrual cycle, then one should 'spin the mandala' again, with different samādhis (uṣṇīṣa-samādhi, krodha-samādhi, etc.), and release the bodhicitta during successive menstruations. The child born from the second cycle would be The White Lotus Holder (sita-kamala-dharah); a third-cycle boy would be Jambhalah Vajradharah, while a third cycle girl would be Pāndarā, and so on. It appears that the senior women in the Tantric 'clan' served as foster grandmothers for children born from these rites. One rather intriguing element in this passage is what appears to be a Tantric invention of feminine consorts for the

Krodheśvaras, the fierce Buddhas that appear in the Dharmasamgrahah as solitary male deities--these are the pairs arrayed in the Kālacakra mandala. Here the first set of the types of male children that will be born at particular months--determined by the sequential number of the Tantric consort's menses cycle--are typed as the different Krodheśvaras, and daughters who might be born as a result of procreative sex at those times are given the names of goddesses who appear to be equivalent to Krodheśvarīs.

5.79: In that case, should there be a child, he is a son of the victor's progenitor, [and] he himself is beautiful lightning (Mañjuvajra). Whenever there is an excess of wisdom, a daughter will be produced, Buddha's mother [she] certainly will be; Therefore, with the other three flowers, he who holds the white lotus, Jambhala, with a lightning bolt in hand; The other<sup>131</sup> eight, with the eight flowers, situated in the cardinal and intermediate directions, those possessed of great supernatural power, the fierce kings. [179] [41.15] In that case, in the depositing [of the bodhicitta in the secret lotus], should there be a child, a beautiful diamond is he indeed. 132 From an excess of wisdom, i.e., from an excess of ovum, if a daughter is produced, then the universal mother becomes the governess. 133 Therefore Buddha's mother she certainly will be, i.e. the universal mother of Mañjuśrt's; [thus] the precept on authority. Therefore, with the other three flowers. Here, if in the first menstruation a foetus is not produced, then again and again with each menstrual discharge, having spun the mandala, with the other samādhis, one should release the bodhicitta. In this way, [if a child is born after coitus] in the second, [he is] the white lotus holder, i.e. he is the emanation of the Lord of the World [Lokeśvara]. [41.20] [If a child is born after coitus] in the third [menstrual cycle], he is Jambhala's emanation; in the fourth, he is the one with a lightning bolt in hand, 134 in the case of a son [being born]. In the case of a daughter, she is governed by the Pāndarā and Vasudhārā sound lightning. Then the other eight, with the eight flowers, situated in the cardinal and intermediate directions, those possessed of great supernatural power, the fierce kings (krodharājas = krodheśvaras). Here<sup>135</sup> when Jambhala rules in the east, with the usnīsa samādhi the usnīsa rules. When the speech lightning is held in the hand of the extremely dark blue woman, either the Sumbha king (i.e. one of the Krodheśvarās), or She of terrifying eyes<sup>136</sup> comes into being. Then [when a child is born after coitus] in the fifth menses [the son is] the obstacle destroyer, <sup>137</sup> [41.25] [and the daughter is] she who

is infinitely heroic; [when a child is born after coitus] in the sixth menses, [the son is] the destroyer of wisdom (Prajñāntakah, one of the ten Krodheśvarās). 138 [and] [the daughter is] Jambhī; 139 [when a child is born after coitus] in the seventh [menses], [the son is] the Lotus-Destroyer (Padmāntakah, another Krodheśvarah), and [the daughter is] a resolute woman; 140 [when a child is born after coitus] in the eighth [menses], [the son is] the Destroyer of Death (Yamantaka, another Krodheśvarah), 141 and [the daughter is] an arrogant woman. 142 Then [when a child is born after coitus] in the ninth [menses], [the son will be] of great strength (Mahābalah, another of the Krodheśvarās), and [the daughter is] Māre[t]ct; 143 [when a child is born after coitus] in the tenth [menses], [the son will be] the Unmoving (Acalah, another Krodheśvarah), and [the daughter will be] Cundā. 144 [When a child is born after coitus] in the eleventh [the boy will be] a the 'miser' (the Krodheśvara Takkirājah), 145 and [the daughter] a worrier; 146 [when a child is born after coitus] in the twelfth [menses], [the boy will be] he who has a dark blue stick (the Krodheśvara Nīladanda), and [the girl will be] she of the diamond chain (Vajraśrnkhalā) so it is in the intermediate directions. Similarly with the fierce samādhi the there is governance by the fierce [deities] over the foetus. Then the thirteenth menstruation is again just like the first, the ignorance etc. limb. | | 79 | | 147

The next verse (5.80) adds that during the first twenty years of the mother's life children born from the Tantric rites are hearty Mañjughoşas, really intelligent bodhisattvas. Those born when the mother is between the ages of 20 and 40 are inclined to be a bit less intelligent, and those born to a Tantric mother after the age of forty are will be unintelligent and weak (asattvo 'lpavīryah'). In what sounds like a direct rebuke to those favoring the ascetic path who disdain women, verse 5.81 says that the menses in the yoni is not a sense-object that is to be avoided or gotten rid of, since without it there can be no consecration (this is quite similar to the Candamahāroṣaṇa admonitions cited above). And furthermore, an impotent man cannot be a Tantric master, since he cannot perform the wisdom consecration (tasmād yonau rajo na pratihata-viṣayas tad-vināśān na sekah kin nu prajñā-abhiṣeko jinapati-

[42:1] 5.80: Whatever menses is produced in that month, that is also, in fact, the springing forth of Mañjughoşa ('He of the beautiful voice'). For twenty years, at each menses, a really intelligent (mahāsāttvika) bodhisattva [is conceived]; [One] somewhat less intelligent is born then, up to forty [years]; 149 Then for the next twenty years, on the other hand, [is produced] one who is not intelligent, 150 and has little fortitude. | | 80 | | [42.5] (Commentary): Therefore whatever menses is produced in that month, indeed, that menses is also the springing forth of *Mañjughoşa*. In this way, relying on a samādhi focused on that, <sup>151</sup> the yogi should discharge the bodhicitta. That is the basis of the foetus; up to twenty years, 152 at each menstruation, when the bodhisattva comes into being, whether there be one, or two, etc. from the mother, [he will be] a greatly intelligent one. [One] somewhat devoid of intelligence comes to be, until forty years, from the mother, i.e. up until [the next] twenty years. And then on the other hand, one who is not intelligent, and of little fortitude. In that way, [up through] eighty years, the foetus is governed [42.10] by the differences between the mother's sattva, rajas, and tamas. | |80| |

### 9.4.5. Honoring the Menses

As a direct counterpoint to the early Buddhist male ascetic meditations that countenanced considering a woman as a lowly source of pain and suffering, the *Kālacakratantra* therefore states in 5.81 that the ovum or menses, the woman's fertile fluid in this system, is to be honored and sanctified, because it is the source of life of potential *bodhisattvas*. This is the same position shared by the Śaiva Tāntrikās--a direct contradiction of the puritanical purity laws of ancient Hindu society that considered menstrual blood as one of the great impurities. The point here seems to be that due to the fertile potency of the menses--as the source of human life--the ascetical or puritanical denial of women, sex, and menses is considered ineffective. There appears to be a double *entendre* to *sekah* here--the term refers to both consecration, and to seminal fluid. With the destruction or loss of the menses,

seminal fluid is impossible since the child who grows into a virile man would not exist; secondly, without menses, the sexual power harnessed in the Tantric rites would not exist. And just as Tantric rites are impossible without menses, they are also impossible without semen-hence the comment about the uselessness of an impotent man (naṣṭabīja-lacking seed) as a Tantric guru. So the verse offers a dual repudiation of ascetic denial of the sexuality.

5.81: Therefore the menses in the womb is not a sense domain that is repulsed--there is no consecration/seminal effusion from its destruction; How much less could the consecration of wisdom, with the statements of the lord of victors, be given by an impotent<sup>153</sup> man?; Their [feminine plural] earth, water, fire, wind and space qualities are to be searched for with the victor's limbs; This one [she] becomes the agent for the objective of sentient beings, she is many fruited, she is the bodhicitta's service. | |81| | [42.15] Therefore the menses in the womb is not a repulsed sense domain of the fetus--there is no consecration/seminal effusion from its destruction; i.e. when there is no seed of wisdom and [there is] seed of means, through growth, how much less could the consecration of wisdom, with the statements of the lord of victor, by an impotent man, i.e. by an old man, be given? Just as [this is true] for the bhiksu, so [it is true] in wisdom; just as [it is true] for the bhikşunt, [so it is true in means?]. In this sense the twenty year old ones, the beautiful ones, for the purpose of consecration, for the purpose of authority, the earth constituent, with twenty years each for the earth element, and in just the same way possessed of the qualities of water, fire, wind and space, up to a century, 154 are to be investigated with the victors' limbs. This one [she] becomes the agent for the objective of sentient beings, she is many fruited, she is the bodhicitta's service, [42.20] because she begets the bodhisattva. | |81 | |

So each twenty years represents, or is governed by, one of the five *dhātus*, or *pañcamahābhūtas*. The beautiful, twenty year old women, who have the qualities of earth, water, fire, wind, and space in each of their (ideally) twenty year segments of 100 years of life, are to be explored with the victor's limbs. The "victors" here are

the Tantric adepts. Angair anveşantyā, to be searched for or investigated with the limbs certainly, sounds like a metaphor for sexual exploration.

### 9.4.6. 'Drinking' and 'Eating' the Five Nectars

The procreative possibilities in Tantric unions having been addressed, the text then moves to a consideration of drinking, protecting, and eating the 'nectar' (amṛta). Here (verse 5.82), the nectar is provided by the absorption into the central subtle body channel, the avadhūtī, of not only all the winds and drops, as stated above, but also the flowing constituents of the physical body (according to the Ayurveda system). The avadhūtī is likened to a bee who drinks the nectar of the blood and the flesh. Recall that in Ayurveda doctrine the seven basic constituents of the body--the plasma (rasa), blood (rakta), flesh (māmsa), fat (medas), bone (asthi), marrow (majjā), and semen (śukra)--are said to 'flow' through the inner channels of the body, odd as this sounds to us (see discussion in Chapter 7.3.3.1.). This is not some auto-cannabalistic bee (makşaka) here; rather it is an extension of the logic of withdrawing the winds into the central channel--the Tantric extrapolation of earlier Yogic ideas of prāṇayāma. Since internally flowing winds and drops of bodhicitta can be drawn into the central channel, then so too can internally flowing dhātus. Hence urine and feces are also drawn into the internal rasa via Yogic means, so that the five nectars, blood, flesh, semen, urine and feces are internally consumed by the central channel. This provides a different interpretation of the Tantric admonitions to consume these 'nectars.' The text speaks of 'the unemitted feces and urine, blood and flesh, and the supremely sama-rasa, i.e. equally mixed vital fluid of semen and blood, are not

emitted (acvuta), not outflowing, and become arrested, and revealed, having entered into the middle of the chardi'--the 'protected residence' that is the bodhicitta residing in the central avadhūtī channel, when it has entered into the middle of the Wisdom consort's lotus (vagina) and yet remains inside the male initiate's lightning jewel (erect penis) and (has not escaped from) the garland of cakras mentioned previously (referred to as 'the secret etc. faces'). 155 This is a step forward in the sexual Yoga practice. Earlier, as mentioned above, the initiate has managed through the Yoga of drawing the 21,600 drops into the central channel to hold the body, speech, mind, and wisdom drops in the cakras while in orgasmic sexual union with his consort, yet he then ejaculates and she may well conceive a child. Here he does not ejaculate, and in a further adumbration of the Tantric version of prāṇāyāma, he becomes capable then of also drawing into the central channel the most basic physical constituents of the material body. This level of the Yoga then moves from the subtle body into the dense physical body, adding a new measure of control of our psycho-physical presence as living human beings. There is an interesting refinement in the commentary of the notion of arresting the bodhicitta without ejaculation: though not emitted externally into the vagina (lotus), the semen said to have nonetheless entered into the vagina while being arrested in the tip of the penis (lightning jewel), and thereby the *bodhicitta* becomes revealed--not otherwise.

Now the drinking of the immortality nectar is stated--5.82: She who drinks blood, she is the single nectar, the bee of the best of gods and men; [She is] the secure dwelling, from the secret etc. face; located in the lightning jewel, it has not entered into the middle of the lotus; | 156 Feces and urine, blood and flesh, the supreme equal flavor, having entered into the middle of the protected dwelling, [42.25] This is

knowledge and the nectar of immortality, and it is taught by the three realms' lord in all the Tantras. | |82 | | "Who drinks blood," etc. In this regard, externally, by the exoteric meaning (neyārtha) the bee who drinks blood, she in esoteric meaning is the avadhūtī (central channel). She who at the time of ejaculation drinks the blood constituent, she is the bee, the one nectar of the best gods and men she is the bee, the avadhūtī, arrested-this is the meaning. She who externally is the secure dwelling of what is enjoyed, she is by esoteric meaning the protected dwelling, the bodhicitta; from the secret etc. face, i.e. located in the lightning jewel, it has not externally entered into the middle of wisdom's lotus. In the same way the unemitted feces and urine, [43.1] blood and flesh, the supreme equal juice, not flowing, 157 having entered into the middle of the protected residence, are arrested [and] become revealed. This knowledge and the nectar of immortality is not emitted, it is the five nectars, as taught by the three realms' lord in all the Tantras; it does not have any external location--[this] is what is taught for [the sake of achieving] perfection; thus the rule about the nectar. | | 82 | |

# 9.4.7. Sectarian Disagreement with the Saivite Tantrikas

Verse 5.83 introduces us to a sectarian controversy between the Buddhist Tantric practitioners and their Śaivite counterparts. The verse raises the issue of semen ejaculated in response to the woman's orgasm. When the wisdom consort's dharma rises, i.e. when she has an orgasm, and the male initiate's 'pleasure' (sukham) falls, i.e. when he ejaculates, the sukham is to be carefully guarded (rakṣantyam prayatnāt). The reason, as the text explains, is that such released sukham could potentially engender a mahāsattva bodhisattva who will continue the Sugata's lineage. What the Kālacakratantra critiques then is a Śaivite practice of actually eating the mixture of menstrual blood and semen--called kundagolaka in the Tantrālokah (see 9.5.2. below). These Śaivites are called rākṣasas and Māra's attendants, 'the semen stealers' (śukra-āhāriṇah), who eat the bodhicitta in a daily Tantric meeting. Puṇḍarīka remarks, 'Men who also have the designation 'yogi,'

teach that what is eaten, combined with the 'flower' of the wisdom (consort), provides the bliss of Śiva. These other foolish people go to hell.' This is the first explicit denunciation of Śaivite Tantric doctrine in the fifth chapter--strongly suggesting that Śaivite Tantra had attained sufficient status at the time of the composition of the Laghukālacakratantra that it merited recognition by the Buddhist author[s]/redactors. Whoever the specific group of practitioners is referring to is not totally clear, yet this is an unmistakable reference to Śaivite Tāntrikās. This supports my contention that the Buddhist and Śaivite Tantric practitioners were well aware of each other, and, as we shall see in some other sections, shared many of the Tantric practices. The critique of the author of the verses, and Puṇḍarīka's adumbration thereof are nonetheless a critique of a rather slight variation in the larger scheme of things:

Now protection and eating in the covenant is stated--[43.5] 5.83: When the wisdom dharma arises (i.e. the woman's orgasm--see below) the bliss that also falls is to be strenuously protected; Anyone who becomes (i.e. is born as) an intelligent being (mahāsattva) by that way, he certainly becomes a bodhisattva in the victor's clan; Therefore the rākṣasās [and] Māra's attendants eat that at their daily Tantric gathering, With the wisdom flower joined, they teach that what is eaten provides the fruit of *Śiva*'s bliss. | |83|| "Wisdom" etc. Here, when there is a [sexual] congress, if the bodhicitta--of the yogin practicing meditation-is unrestrained, [and] falls [43.10] when the wisdom arises, then when the wisdom nature rises, the bliss that falls is also to be protected strenuously. Why is that? Anyone who by that, by the bodhicitta that is released with samādhi, comes into being, he [will be] certainly a bodhisattva in the victor's clan, increasing the Sugata's lineage; since [the preceding is so], therefore that bodhicitta, devoid of the protection of the Sugatas, of those not gathered together, i.e. the rākṣasās [and] Māra's attendants, the semen stealers, eat in a daily (Tantric) meeting. Men who also have the designation 'yogi,' teach that what is eaten, combined with the 'flower' of the wisdom (consort), provides the bliss of Siva. These other foolish people [43.15] go to

hell. | |83 | |

# 9.4.8. Sexual Light and Fire

Verse 5.84 returns us to the magical light and fire of the esoteric Tantric doctrines, in the context of the sexual orgasm. As long as the bodhisattva does not withdraw his vajra from the lotus, and it is 'resident in the supreme happiness' (parama-sukha-gatam), the vaira is said to 'have loins' (na-akatyam). Hence it is considered the Buddha's seat or dwelling (Buddha-adhisthānam) because of the perfection of sexual passion (kāma-siddhih). The practitioners enter into the heart of their own lightning by means of the (union of) the vajra and the lotus, and this knowledge cakra makes the pair of bodies (of the man and woman) into the form of cakra, filling them up with light rays. This is similar to the imagery of verse 5.73, just above the section we are examining. This verse, without commentary, speaks of the 'action consort' (karma-mudrā); she is the first consort the initiate practices with to generate the orgasmic happiness of the Victors (jina-sahaja-sukha). Then the verse reads that after that (practice) She of the solar form (āditya-rūpa) fills the body, mouth, feet, uspīsa and all the limbs--so she is illuminating the entire body with solar rays. She conforms to the lightning scepter (vidyud-danda-anurūpa--the erect penis in the vagina), she generates imperishable happiness, she is adorned with the characteristics and secondary characteristics. Her body residing in the three worlds, she illumines (them) with lightning bolts--thence there is the dharma realm. I would assert that from the point of view of the Tantrikas, the notion that Tantric sexual rites result in "filling both bodies with rays of light" is not intended as just a poetic

metaphor. The whole complex of the Tantric paradigm, with its inherited Vedic, Upanişadic and Yogic aspects, argues for the notion that these rites are intended to 'electrify' the body with divine fire and light.

5.84: Not without loins<sup>159</sup> is the lightning bolt residing in the supreme happiness, as long as it is not withdrawn from the lotus (i.e. the Tantrika does not lose his erection as long as he is in coitus with the wisdom/consort). In this sense it is the Buddha's abode, because when there is perfection of passion, then that is certainly the case; 160 Having entered into the heart of one's own lightning by the thunderbolt and the lotus, the knowledge cakra is entered into; [It] takes on the form of a cakra because of having filled both these bodies with rays of light. [84] [43.20] Then the vajra is not without loins as long as it is not withdrawn from the lotus by the Buddhist mantra possessor; in this sense it is the Buddha's abode, because when there is passionperfection, then that is certainly the case. Having entered into the heart of the means by the path of the lightning bolt, having entered into the heart of wisdom by the lotus path, the cakra of deities has entered into the heart of one's own lightning; it makes the cakra shape because of the pair of bodies, having filled this one with rays of light. | | 84 | |

#### 9.4.9. Eating the Semen and Vaginal Juices

Finally Verse 5.85 says that the Tantric lovers may eat the semen remaining in the man's linga when they do not achieve siddhih, the term siddhih ('success') here presumably referring to achieving the requisite combination of samādhi and orgasm that seem to be two of the basic components of successful Tantric Yoga practice.

Oddly enough, the sexual fluids here appear to be referred to as "the come,"

(āgatah), just as in the slang English expression, and as the body of the Buddha himself, and hence it is very important that these fluids be protected by eating the extra, rather than just leaving them. We also have a warning in this verse about the potential danger to those who might try to use these practices for nefarious ends--they will die as a result.

5.85: If there is no perfection (siddhi) at all, [then] what is remaining in the lightning jewel is to be consumed, [43.25] In order to protect it, [since it] supports the entire victors' clan in the place of the arisal of wisdom's dharma; [44.1] And now when one is joined with wisdom, on the other hand, the statement is said [that] it is the Buddha's body; And whoever really desires the destruction of this, such a deceitful one is killed with the lightning bolt. | |85| | If this perfection does not occur at all, then, grasping the bodhicitta remaining in the lightning jewel with the ring finger and thumb, 161 it is to be eaten. Just as in the external lotus of wisdom, 162 the come itself is also to be eaten by the two of them. [44.5] In the location of the arisal of wisdom's dharma (i.e. in her vagina where she has her orgasm) moreover, [it] supports the entire victors' clan for the sake of protection--the six lightning bolts in the forehead etc. [and] in the heart etc. [are] the six limbed. When joined to wisdom, i.e. when joined to the blood, now when the one, the bodhicitta, is protected, [then] there is great virtue. On the other hand the statement is said that it is the Buddha's body, [i.e.] this bodhicitta. Whatever attendant of Māra desires the destruction of this, such a deceitful one is killed with the lightning bolt, by Heruka. Thus the rule on the protection of the covenant of, and the consumption of the bodhicitta. | |85 | |

This is the end of this particular explicitly sexual section of the chapter. The reference to the arisal of the woman's dharma suggests that dharma was the feminine equivalent to the male bodhicitta, i.e. the sexual energy that rises up through the cakras to the brow and causes the drops to drip down. This long section of the Kālacakratantra that we have analyzed here makes it very clear that regular sexual Yoga was a most integral aspect of the Buddhist and Śaivite Tantric Yogas of the day, that children were sometimes (perhaps even intentionally) conceived during these rites and that the children born of such unions were highly valued. It is also clear that young girls were chosen to be protected and trained as future Tantric consorts, in what appears to have been a Tantric 'version' of the Indian tradition of prepubescent arranged marriages. More importantly perhaps than all of this is that this section

makes it very explicit that the ability to restrain ejaculation with the penis in the lover's vagina during the heights of Tantric orgasm--a state of high sexual pleasure combined with intense mental concentration (samādhi)--was a sine qua non of achieving siddhi or perfection in the practice of Tantric Yoga. It is also clear from the discussion of absorbing the bodily dhātus into the central channel that the Tantric Yoga tradition had developed the basic logic and techniques of prāṇāyāma to a level where it was considered that the initiate could profoundly influence the most dense physical components of his or her being, in concert with the most subtle, ineffable, and powerful divine energies.

9.5. Sexual Yoga in the Kaśmīri Śaivite *Trika* System (9.5.1. The Technology of *Trika* Sexual Yogas, 9.5.2. The Secret Rites of the *Kula* Tradition, 9.5.3. Use of Meditation in the *Mālinīvijaya* to Attract Women)

I have discussed to a certain extent the relationship of Abhinavagupta's theories on Aesthetics to the Tantric tradition in Chapter 8. We also know that the Śaivite Tantric tradition did not have as strong a legacy of monastic discipline as the Buddhist tradition, and therefore any tension between the ascetic and celibate ideals and the promulgations of the Tantric practitioners was considerably lessened, despite the fact that many Yoga practitioners involved in *tapas* were and still are celibate (ostensibly). Given the detailed discussion of the *Trika* doctrines in Chapter 8 of this dissertation, and the detailed examination of the sexual Yogas in the preceding passages, I will focus in this section just on some of the characteristic features of the *Trika* system as far as I am familiar with them. I have only read a relatively small

portion of Abhinavagupta's original writings, and not much of this material is translated into English, so the best I can offer for now is a basic introduction to his doctrines about the sexual Yogas.

# 9.5.1. The Technology of Trika Sexual Yogas

Abhinava gives in the *Parātrimšikavivaraņa* a precise explanation of how he and the adherents of the Trika system view sensual experience in relation to the psycho-physical structure of the human being. For Abhinava, any pleasurable sensual perception was to a certain extent intrinsically sexual, given that it excited the same *vīrya* or seminal energy involved in sexual orgasm. This in part explains why we so often find the notion of a *vīra* connected with the idea of a practitioner of sexual Yogas; *vīrya* is a simple -ya derivative of the word *vīra*. The activation of this *vīrya* energy in the human being is the mechanism whereby the insensateness or frozenness (*jadarvam*) of the bestial consciousness of the *paśu*-state individual (i.e. the non-Tantric initiate) is awakened or melted (Jaideva Singh's translation):

Now whatever enters the inner psychic apparatus of the outer senses of all beings, that abides as sentient life-energy (cetana-rūpeņa prāṇātmanā) in the middle channel, i.e. susumnā whose main characteristic is to enliven all the parts of the body. That life energy is said to be 'ojas' (vital lustre), that is then diffused as an enlivening factor in the form of common seminal energy (vīrya) in all parts of the body. Then when an exciting visual or auditory perception enters the percipient, then on account of its exciting power, it fans the flame of passion in the form of the agitation of the seminal energy.... Only welldeveloped seminal energy (virya) containing the quintessence of all experiences (paripuşţa-sarva-maya-mahāvīryam eva) can bring about full development and endow one with the power of procreation (pustisṛṣṭ ikāri), not its immature state (apūrṇam) as in the case of a child, or its diminished state (sinam) as in the case of an old man. When the seminal energy that has been lying within and identical with one's Self in a placid state (svamayatvena abhinnasyāpi) is agitated (viksobha) i.e.

when it is in an active state, then the source of its pleasure is the Supreme I-consciousness full of creative pulsation, beyond the range of space and time (adeśa-kāla-kalita-spanda-maya-mahāvimārśa-rūpam eva), of the nature of perfect Bhairava-consciousness, the absolute sovereignty, full of the power of bliss. Even a (beautiful thing) brought into prominence by the meeting of two eyes affords delight only by the device of its union with the mighty seminal energy (mahāvisarga-viślesana-yuktyā) which stirs up the energy of the eyes (tad-vīrya-ksobhātmaka); such is also the case when the ears hear a sweet song. In the case of other sense-organs also, the perception by itself (i.e. without its union with the seminal energy) cannot acquire full expansion because of the springing up of energy only in the sense-organ itself (svātmani eva ucchalanāt). So in the case of those in whom the seminal energy has not developed (tadvīrya-anupabṛmhitānām), in whom the pleasure of love that excites the seminal energy as in other cases, is absent, who are like stone, to whom the beautiful figure of a charming young woman with large and handsome hips, with face moving to and fro and with sweet, soft and melodious song cannot give full delight.... If there is complete absence of delight it only spells insentiency... Excessive delight is possible only to those whose heart is expanded by seminal energy which has the boundless capacity to strengthen sensibility and which is established in them by repeated association with the objects of enjoyment. 163

Abhinava goes on to describe an even more explicit relationship of the essential experiences of the sensual aesthetic to the internal functioning of the subtle body energy flows that are integral to the Tantric Yoga experience:

When there is dissolution of prāṇa and apāna (marudādī), in suṣumnā which, as the central channel, is full of the storage of the energy of all the senses, then one's consciousness gets entry into that stage of the great central suṣumnā channel where it acquires union with the pulsation of one's Śakti (nija-śakti-kṣobha-tādātmyaṃ), then all sense of duality dissolves, and there is the perfect I-consciousness generated by the abundance of the perfection of one's own inherent Śakti. Then by one's entry into the union of Śiva and Śakti (rudra-yāmala-yoga-anupraveśena) which consists in the bliss of their essential nature of manifestation and by one's complete integration (viśleṣaṇa) with the expansive flow of the energy of the great mantra of perfect I-consciousness, there is the manifestation of the akula or anuttara (absolute) Bhairava-nature which is beyond all differentiation (nistaraṅga), unalterable and eternal (dhruva-pada-ātmaka). 164

We have in these two passages from one of Abhinava's most difficult works a precise explanation of the *Trika* doctrine of how it is that sensual experience underlies the practice of the Tantric sexual Yogas. One needs as a prerequisite the mature and healthy eroticism of an adult, with a predilection for and appreciation of the sexual beauty of a woman and a lively procreative urge. The 'test' as it were of such a state is one's ability to respond to a beautiful song, or the sight of a beautiful woman, combined with an open heart and a capacity for love. Then one is capable of experiencing the expansive bliss of the Bhairava consciousness embraced by Śakti in the orgasmic bliss of sexual union. As in the Buddhist Tantric technology, the sexual Yoga experience involves the merging of the winds into the central channel, and their bonding with the pulsing Śakti energy flowing through the subtle energy network. Joining in sexual union with one's lover, all duality dissolves in the wondrous pleasure of undifferentiated identity. This is the transport system that carries the initiate into an identification-experience of the divine.

Abhinava then gives us the essential rationale for the Śaivite Tantric perspective on mutual heterosexual orgasm:

In the case of both sexes sustained by the buoyancy of their seminal energy, the inwardly felt joy of orgasm (antah-sparśa sukham) in the central channel induced by the excitement of the seminal energy intent on oozing out at the moment of thrill (kamapa-kāle sakala-vīrya-kṣobha-ujjigamiṣa-ātmaka) is a matter of personal experience to every one. This joy is not simply dependent on the body which is merely a fabricated thing. If at such a moment it serves as a token of rememberance of the inherent delight of the Divine Self (tad-abhijāāna-upadeśa-dvāreṇa) (i.e. if at such a moment one realizes khecarī-sāmya), one's consciousness gets entry in the eternal, unalterable state (dhruvapade) that is realized by means of the harmonious union (viśleṣaṇa) 165 with the expansive energy of the perfect I-consciousness

which constitutes the venerable Supreme Divine Śakti (parā-bhaṭṭārikārupe) who is an expression of the absolutely free manifestation of the bliss of the union of Śiva and Śakti denoting the Supreme Brahman.<sup>166</sup>

We return in this passage to the notion of *khecart-sāmya*, an identity or sameness with *khecart*—the feminine of the 'sky-' or 'space-moving', the space-time transcending state. This is a magical notion ensconced in the Tantric systems; through divinely attuned sexual bliss the initiates can fundamentally alter their experience of space-time. Due to the aesthetic resonance of time-stabilized and harmonized bliss (*sāmarasya*) the pair move from their individual disconnected senses of identity into a harmonious sense of union with the very energies that create reality.

### 9.5.2. The Secret Rites of the Kula Tradition

Chapter 29 of the *Tantrāloka* is called the *Rahasya-vidhi-prakāśanah*, <sup>167</sup> i.e the Explanation of the Secret Rites. The chapter is about the secret rites or sacrifice (*rahasya vidhi* or *yāga*) in the Kula tradition (*Kulaprakriyā*). Abhinava refers to this rite as involving the "universal adoration" (*sarvā upāsā*) of the Kula system. <sup>168</sup> The chapter is a long one, and unfortunately I have not yet had time to translate it and the Jayaratha's commentary completely. I have however begun work on this chapter, and have managed to get through about 25 of its 291 verses and commentary to provide a short introduction to Abhinava's doctrines on the group rituals of sexual Yogas described in the chapter. What follows is a running translation of the verses and commentary where appropriate, along with some explanatory material of my own.

The rite is considered appropriate for gurus and students who have "mounted the stream" (dhārā-adhirūdha), 169 and is said to be the essence of the Krama system

of worship. 170 The 'stream-entering' motif is of course familiar to all students of Buddhism as the Buddhist practitioner is called the srotapanna, the stream-enterer. What one can attain with one month of properly mastered Krama practice cannot be achieved even after a thousand years with the various oceans of mantras. 171 Jayaratha quotes a verse (without source) in the commentary saying that the mantras in the various other systems lack seminal energy since they do not have the inner fire of śakti; whereas the Kaulikas, who have the great mantras, who are intrinsically possessed of blazing inner fire, radiate with divine fire, bringing instant realization. 172 This reminds us of the underlying sound-light doctrine of the Tantric systems: Sanskrit mantras mediate the divine fire, and their appropriate use has extraordinary transformative effects. Kula is defined in nine ways, as the Lord's Śakti, as the capability for dissolution and creation, as the higher state because of its universal causality, as independence, as ojas or health, as virya or seminal energy, as pinda or a solid lump--because the kula exists in a state of being equally mixed together with the universe, as consciousness, and as the body. 173 Here we have a brilliant typehierarchical mapping from the most cosmic to the most intimately personal, mediated through the best or highest aspects of what it is to be human: to be physical, to be aware, to have virile energy, to be healthy, to feel profoundly connected to the universe, to be capable of autonomous activity and yet be in tune with the divine energies of cosmic causality. The Kula-yāga or sacrifice is redefined in the Trika system as the sacrifice of the multitude of destroyed anxieties through seeing that all living beings consist of the intense essence of Siva and Sakti<sup>174</sup>--certainly a different

take on the notion of sacrifice than what we find in the Vedic system. This reminds us of Sanderson's words quoted at the opening of this dissertation chapter: the initiates freeing themselves from their inhibitions and their slavish subjection to the not-self sense of other. What one should practice by means of the mind, speech, and body, for the sake of spreading the fame of that sort of form (that has Śiva and Śakti as its basic essence) is known as the sacrifice, and its practitioner is called a hero (vīra). Here the obvious influence of the Buddhist system is seen with the body-speech-mind route (mano-vāk-kāya-vartman) included as a catch-all term for the domains of the effects of the ritual. Explicit in these remarks is a sense of advertisement: though this is the chapter on the secret ritual, one is implored to spread the fame of the Śiva-Śakti reality, to free others from these same anxieties and inhibitions and bring the divine light and life to the world.

Abhinava says Kula sacrifice is, without considering variations, divided sixfold--taking place externally, in Śakti, in the divine coupling, in the body, in the path of the *prāṇas*, and in the mind. Again we have the magic of the type-hierarchical mapping. The *yāga* is one set of events, yet it is conceived of as occuring simultaneously in six dimensions; this is the trans-dimensional reality focus shared with the Buddhist Tantric systems--the belief that through correctly focusing the mind through the discipline of the six-limbed Yoga one can simultaneously, consciously access in one's own awareness and sensual experience of life the external forces of the cosmos and their divine impellers. Jayaratha explains *yāmala* as referring to the sexual intercourse (*mithuna*) after completing the beginning of the

ritual, and the "path of the prāṇas" as the central channel (madhya-nāḍī--also known in the Hindu systems as the suṣumnā), since the prāṇas from the two side channels, iḍā and piṅgala, merge together in the central channel. This is an interesting double mapping of the explanation of what is happening in sexual intercourse between a man and a woman externally to the joining together of the life-breaths in the two major side channels of the subtle body (running on either side of the spine) in the central channel. In concept this idea is not fundamentally dissimilar to the idea in the Śatapatha Brāhmaṇa of Indra in the right eye and Indrāṇī in the left eye descending into the heart where they join in sexual union (see Chapter 2.8). Indeed we find in Hindu art the image of the cosmic man with one eye as the Sun and one eye as the Moon, and these two subtle body channels, the iḍā and piṅgala are often likened to the Moon and the Sun in both Buddhist and Śaivite Tantra.

Abhinava explains that for performing the Secret Rites (*Rahasyavidhi*), all the preparatory initiatory rites must be abandoned. In the secret Kula 'sacrifice' the normal preparatory bathing rites, the drawing of the *manḍala* and its subsequent visualization, the offerings into the fire-hole (*kunḍa*), the six-fold *nyāsa* or mapping of the cosmic planes into the subtle energy structure of the body through the application of *mantras* to the body's six paths, etc., all these are useless, and in fact even dangerous when it comes to the practice of the secret rites.<sup>178</sup> This is a radical shift. The entire preparatory and intiatory structure that Abhinavagupta has outlined over the preceding twenty-eight chapters (and 3,290 pages of Sanskrit in the Motilal Edition) is to abandoned, cast off like a worn out shirt. Attachment to these earlier

ritual components becomes at the point of undertaking the secret Yoga positively dangerous to the initiates. The initiatory vehicle has carried them to a certain point, and now it must be left behind. Lacking the six mandalas, without any obstructions (or restraints), constituted of knowledge and what is knowable, such is the Kaula [sacrifice] as described in the view of the *Triśirobhairavatantra*. 179 Whatever substance has been prohibited in the whole range of *śāstras*, the wise one should use in this sacrifice, thoroughly lubricated by the lovely nectar (of wine) (see 9.2.5. above for the remainder of this passage on alcohol). 180 The secret triad in the Kaulika sacrifice is described by Parameśvara in the Kramarahasya as the vessel of the sacrificial liquid, the location of the sacrifice, and the lamp. The sacrificial liquid (is produced) from joining together with Sakti, the location of the sacrifice is said to be a cover (tent?) for the ground, and the body's pītha, since they are, respectively, elevated. The lamp is produced from butter, because the cows are considered divinities wandering the earth. Recognizing this the Kula initiate should be diligent regarding these three. 181 Jayaratha explains that the argha is a special substance known as kundagolaka (lit. 'the spherical jar.') It is produced from the sexual intercourse mentioned above as yāmala, after the first part of the ritual. As Gnoli adumbrates, this is a mixture of the male semen and female ovum, menstrual blood, or vaginal secretions. The body's pītha is the head, either one's own or someone else's. While a butter lamp is the first choice, sesame-oil lamps are also used. 182 Abhinava goes on to say that recognizing therefore that the argha is considered the principal substance by Sambhu, one should not have any doubts about these

substances, since doubt is harmful in this ritual.<sup>183</sup> Jayaratha quotes a verse describing the twelve substances such as the five jewels, etc.: Semen, 'Śiva's water,' a flower, *kṣara* (usually a caustic acid, possibly treacle here), ghee in a tube (? nālājyaka), human, what comes from the earth, a he-goat, what comes from a fish, and what comes from a bird; an onion, and garlic, such are the twelve excellent substances.<sup>184</sup> The mention here of fish, onions, and garlic is reminiscent of the use of these substances by Kṣemendra's prostitute Kuṭṭanī as an aphrodisiac broth, discussed in Chapter 6.4.1. It suggests that Kṣemendra's characterizations may have been more accurate than one might otherwise be inclined to think.

It appears to me that part of the rationale for the usage of stimulating substances in the ritual of Tantric Yoga lies with the meta-perspective capacities intrinsic to human consciousness. Since we are at our ultimate level of reality identical with Śiva/Śakti, or can become Buddhas and his consorts, we have this intrinsically infinite capacity of self-transformation. This capacity naturally also applies to substances we ingest. Just as many adults learn 'to handle their liquor,' so to speak, the Tantric initiate has to learn to 'handle the experience,' i.e. the experience of consuming stimulatory substances, wine, meat, etc., and also has to learn to handle the sexual rites. This necessary fact of life explains in a common sense way much of the rationale of purification rites and initiations of the Tantric ritual. The Śiva-state, or Bhairava-state, involves a capacity for immediate meta-perspectives on every 'normal' psycho-physiological state. Where 'normal' people (paśus) would simply get drunk and have brief orgasms, the Bhairava-conscious or

Kālacakra identified initiates would be able to *use* the state of mild inebriation, and the rush of orgasmic energy to guide their consciousness along divine highways of the cosmic energy web. Through repeated and extensive training they would become progressively more adept at acting as 'cosmic transformers'—in the sense of an electrical transformer we could say—who could tap into the energy of the cosmic web and direct this energy through their consciousness and through their bodies, transmuting their psycho-physical presence through a continual learning process, and most importantly, sharing this experience with fellow initiates, thus 'powering up' the *kula* in its multiple meanings, simultaneously.

Abhinava describes entering the site of the secret rites. With face uplifted, facing east, entering the sacrificial house abundantly filled with perfumes and incense, one should perform the purification that consists of increasing the internal heat either in regular order with the Parā (mantra) or in reverse order with the Mālinī (mantra); here apparently an advanced Tantric mantraśāstra practice has replaced the ancient Yogic breathing techniques of tapas. The purification is distinguished as either heating or cooling, otherwise (it may be accomplished) with the Mātṛṣsadbhāvamantra. If one wishes to perform an initiation undertaking the application (of mantras) to the (six) paths (of the body) to be purified, then one should make the sacrificial items to be purified (argha, flowers, etc.) into nectar with the Śakti. Either the Parā (mantra) with the sampuṭa (i.e. with the Mālinī) or the Mātṛ-(sadbhāva mantra) with the sampuṭa (i.e. with the Mālinī) or the Mātṛ-(sadbhāva mantra) with the ritual actions. One should fill the sacrificial

vessel (arghapātra) with the substances that are the fruits and causes of joy. Jayaratha explains that the causes of joy are wine etc., and that the 'fruits' are the kundagolaka etc. As for the tradition of filling the sacrificial cup with this latter substance, Jayaratha does not explain it since to do so would be to violate secrecy, and would break the Tantric covenant--one should learn this from the mouth of one's guru. He adds an unsourced couplet that says 'the oblation, and the tradition, the teaching, and the meeting place, and the rules for the sequence of worship--(all) remain in the mouth of the yogints,' i.e. all remain part of the oral tradition maintained by the yogints. 188 This incidental remark by Jayaratha is quite telling--it tends to confirm the impression given by Kalhana and Rastogi--mentioned in Chapter 6.2 of this dissertation-that women were integrally involved in the teaching lineages of the Kaśmīri Śaivite Tantric traditions. It also fits with the indications in the Candamahāroşana and the Kālacakra that women also went through the processes of Tantric initiations. Finally it confirms the several indications in the Mālinīvijaya that women were in charge of the location, timing, and occurrence of the sexual Yoga practices. Here Jayaratha has indicated that it was the yogints who maintained crucial, secret aspects of the tradition. Since, as we say, it takes two to tango, an equally important role for the yogis and yoginis in the Tantric tradition makes perfectly good sense.

Following the filling of the sacrificial cup with the mystical substances (i.e. sexual fluids), one reaches the state of identity with Bhairava through the identity with him of the *mantras* uttered during the rite. 189 Jayaratha adds an interesting couplet

here, stating that 'the formless goddesses who take form by residing inside the physical body (of the initiate), play with the various states of emotion out of a desire for the ultimate substance.' This is a helpful reference to an otherwise little mentioned element: the emotional or feeling component of the experience. It also raises again the speculative question I raised at the end of 9.3.2 above. The most ephemeral aspect of all these silent, written descriptions of the Tantric practices is the issue of what actually happens for the initiates when the *mantras* are uttered. Do these semi-semantic *mantras* induce certain feeling states that are conducive to the practice of the rites? Do they function in some way to inspire the musical sensitivities of the initiates? It is not clear from the descriptions I have read so far, yet is a particularly intriguing question given the perplexing nature of the semantic value of the *mantras*.

Then one should satisfy the intense self located externally in the *cakras* and *anucakras* with the drops (from the *arghapātra*), and (internally) with the inner draught above and below. The inner draught is the inner Soma, the same drops spoken of in the Buddhist system, the inner nectar produced by the flowing sensual energy in the central channel. Then, filled with the flood of one's own light rays on account of their activity of gushing forth, one should perform the external worship, desiring to see that sort of self (i.e. the Bhairava-identical self). The wise one should perform the sacrifice on a beautiful red cloth (measuring) twelve *angulas*, or two or three times that size, in the 'sky' (sprinkled) with beautiful red-lead, or provided with a multicolored cloth, in a coconut-shell drinking vessel (or) skull, filled

with liquor, and in that sort of location of the *mandala* in the form that has been described. Some of this description seems evidently contradictory to Abhinava's statement that all the preparatory practices must be abandoned, though a more extensive reading of his works will undoubtedly clear up this point. Abhinava's mention here of *anucakras*, or subsidiary *cakras* is the first use of this term I have come across in my so far limited reading of Saivite and Buddhist Tantras. It will be interesting to discover whether the *anucakras* also map to the *marman* points of the medical tradition. It is certainly evident from some of the more popular Hindu artwork that the Tantric traditions conceived of several more *cakras* than just the main six, seven, or eight that I have discussed in this dissertation.

Although the preceding is just a preliminary look into the secret sexual Yoga rites of the *Kula* tradition, it does provide some illuminating glimpses of the doctrines and practices. The idea of the *golaka*, the mixture of the semen and vaginal blood or juices in the drinking vessel that is part of the earlier portion of the *Kula* rites, is precisely the doctrine that the *Laghukālackara* and Puṇḍarīka criticize as wasting the precious life-juices that can give rise to Buddhas, Bodhisattvas, yoginīs, and Buddhamothers (see 9.4.7. above). Is should be clear from these passages that there is otherwise extensive cross-mapping to the Buddhist Tantric doctrines, with the basic principles of the channels, sensual energy flows, activation of the *cakras*, bonding of the male and female through sexual union, use of the *mantras* as the mediators of divine energies, all constituting shared technology between the Śaivite and Buddhist Tantric systems. While some of the terminology may differ, and some of the

doctrinal interpretations are distinct, nonetheless these two major Indian Tantric systems appear to have been striving for strikingly similar goals by strikingly similar methods.

# 9.5.3. Use of Meditation in the Mālinīvijaya to Attract Women

As a footnote to some of the more lofty esoteric interpretations of the Tantric Yogas in the Śaivite and Buddhist systems, it is worth noting that there are also many practices described in these texts that represent practical, mundane magic. Puṇḍarīka describes a whole series of magical rites in Chapter 5 of the Kālacakra (see Chapter 11, page 65 of the Sanskrit in the translation) apparently in common use during his time, and part of Indian tradition since the Atharvaveda period. Many of the meditations in the Mālinī are said to provide beneficial practical results. In one case, included here, the meditation is said to make the yogi so attractive that the yoginīs will come running:

There is absolutely no higher siddhi on earth that is higher than the speech-siddhi, since the Garlanded One of speech has the nature of syllables, and the form of syllables. Or else the perceptive one should meditate on [her] in the form of a meteor, issuing forth from one's own body, blazing brightly, then, also, because of that, with crores of sparks interwoven with effulgent beams of light. Having pervaded the village, and the town, the city and the region, and also the round earth, and the entire egg of Brahma, and the scattered faces of individual people, as the best of the best, both internally and externally, and having returned, one should meditate on one's own body as entering into that previous form; so day after day one should do [this] with the inner self residing in that. Then, after a month of this, people dwelling there come as though to a tirtha, passionately embraced by the brilliant flame of Śakti. Beautiful women, of various appearance, likewise others, wanton women, etc., walking [lit: moving on the ground], will come in emotional agitation, after six months, without a doubt. The two kinds of women born of the womb, those begotten on a wife by another [man], and those being born from the pltha, and the

courtesans, O Great Goddess, in turn, will be excited after a year. The divine ones dwelling in the atmosphere, the ones dwelling in the world of Brahma, and those residing inside Brahma's egg, all will become excited after three years. He should give to each of his own the knowledge as desired by the adept. 193

Though this passage does provide some indication of the variety of women the yogi was expected to engage with, I include it here primarily as a grounding of our perspective on the attitudes of the Tantric practitioners. They appear to have genuinely expected tangible results from their practices, however outlandish these intentions may seem to us.

#### Conclusion

I have concentrated in this chapter on the actual sexual Yogas prescribed in the Tantras and evidently practiced by many of the Buddhist and Śaivite Tantric yogis and yoginīs. As mentioned at several points, though, there was also a visualization Yoga indicated as an optional practice by the early Tantric traditions, and developed to a fairly high degree of specialization by the monastic and celibate practitioners. These 'visualization-only' sexual Yogas appear to owe some debt to the solitary Yoga practices from the classical Yoga schools that were incorporated into Tantric practices. As I worked on trying to sort out the logic of the rationale for the visualization-only position from Pundarīka's commentary and the few verses in the fifth chapter of the *Laghukālacakratantra*, it became evident to me that the argument for the superiority of the visualization-only practice is quite a tricky one. This is part of the reason for choosing to present Pundarīka's long commentary on *Kālacakratantra* verse 5.127 in Chapter 11. I have not presented an analytical

discussion of his arguments for several reasons. One is that his commentarial discussions of visualization sexual Yogas are long and complicated, and this dissertation is long enough as it is. Another is that as I began to read some sections of Nāropa's Sekoddeśaţīkā I found the same issues being raised, of visualized or imagined consorts in place of real ones. I have not however had the time to translate the Sekoddeśatīkā, a 74 page Sanskrit text, nor read all of its attendant commentaries; these texts are in the process of being published by the group of Italian scholars working in Rome, and Italian translations of some of these works are available-though I have not yet secured copies. As I mentioned in the beginning of this chapter, and discussed at some length in Chapter 3, it appears to me that the traditions of actually practicing sexual Yogas, and the attendant texts of these traditions, were absorbed at some point into the monastic universities of the Buddhist tradition, and the monk-scholars felt the need to reinterpret some of these doctrines to harmonize them with the celibate monastic disciplines of their organizations. A telling indication that this was probably so is that I have found nowhere in any of the Saivite Tantric literature any suggestion that a visualized consort practice would somehow be superior; it is rather indicated, as it is in the Candamahāroşana, as a secondary option to be used when the principal mode of actual sexual Yogas are either inappropriate or inconvenient. Until I have read through the Sekoddeśa material, and more of the Kālacakra texts, I think it best to postpone an analytical assessment of the celibate Tantric practices.

#### **NOTES**

- 1. Sanderson 1987:14, repeated here from Chapter 5.2.2.
- 2. Rinpoche et al 1994b:69.13-17.
- 3. In Chapter 10.1 I discuss the canonical accounts of the origin and history of the *Kālacakra*, and in Chapter 10.2-6 discuss the historical evidence with a Western epistemological methodology.
- 4. Goudriaan 1990:39.
- 5. Śrīpūrvaśāstre tatproktam tarko yogāngam-uttamam | Heyādyālocanāt-tasmāt-tatra yatnah prasasyate | TA 4.15: (Dvivedi and Rastogi 1987{3}:630).
- 6. See Dwivedi & Rastogi 1987{1}:32-55.
- 7. Flood 1989:236.
- 8. Sternbach 1974:60.
- 9. See Tsuda 1974:324-325 & 155-156.
- 10. Śāstrī provides this bit of information in the preface of his Durbar Library catalogue (Grünendahl 1989:49), adding that the text is "in the form of a Tantra of the left-handed class."
- 11. Sankhint = one of the four types of erotic women (Sankha is the conch shell; sankhin, the conch possessor, is Visqu or the commanding general; sankhint, the feminine possessive). According to the Ratimanjart she is: 'One with long or very long eyelashes, superbly beautiful, elegant in the enjoyment of passion, endowed with grace and qualities; her throat is adorned with the three lines, graceful in the play of passion, she certainly is sankhint. (Dīrgha-atidīrgha-nayanā, vara-sundarī, yā kāmopabhoga-rasikā guņa-sīla-yuktā) Rekha-trayena ca vibhūşita-kantha-deśā, sambhoga-keli-rasikā, kila śankhinī sā| | (The other three types are citrint, hastint, and padmint.) MW, citing Kālacakra, gives "N. of a śakti worshipped by the Buddhists." Ratimafijart (5) defines citrint (of varied talents and good qualities) as: 'She knows the essence of elegance, is not too short, she has a nose lovely as a sesamum blossom, with lovely lotus-like eyes; endowed with full, firm breasts, beautiful, of restrained virtue, lovely with all good qualities, the Citrini of beautiful face.' (Bhavati rasirasajñā nātikharvā, na dīrghā tila-kusuma-sunāsā, snigdha-nīlotpalāksī! Ghana-kathina-kucādhyā sundarī baddha-sīlā sakala-guņa-vicitrā citriņī citravaktrā | | . ) Ratimanjart (8) defines Hastint as: 'With thick womb, thick buttocks and lips, thick fingers, thick breasts, amiable; eager for love, delighting in intense sexual passion, a tremendous eater, (unusually short), indeed the hastint is, she is considered the female elephant. (Sthūla-dharā sthūla-nitamba-bimbā sthūla-angulih sthūla-kucā susīlā Kāmotsukā gādhha-rati-priyam ca nitānta-bhoktrī (nitambha-kharvā) khalu hastinī syāt (karinī matā sā) | | Ratimafijart defines Padmint as: 'She has lotus eyes, her nostrils are petite, she has a large pair of breasts, lovely hair, a slender frame; a gentle and agreeable voice, delighting in song and instrumental music, well-dressed over her entire body, the Padmini, with a lotus' scent.' (Bhavati kamala-netrā nāsikāksudra-randhrā, aviralakucayugmā cārukesī kṛśāngī¦ Mṛdu-vacana-suśīlā gītavādyānuraktā sakala-tanu-suveśā padminī padmagandhā!!.) (Quotations from Apte)
- 12. Kālacakratatra, Abhişekapatalah 3.138-3.144b, Rinpoche et al 1994a:116.6-118.14.
- 13. See Sternbach 1951.

- 14. Gaņikā, pratigaņikā, rūpājīvā, vesyā, dāsī, devadāsī, puṃscalī, silpakārikā, kausikastrī, rūpadāsī, adāsī, avaruddhā, kṛtāvarodhā, kṛtāparādhā, duhitṛkā, and kumārī. (Sternbach 1951:25).
- 15. Sternbach 1951:26.
- 16. Sternbach 1951:26-27.
- 17. Sternbach 1951:32 and 32n.29.
- 18. See Sternbach 1951:45 & 48.
- 19. Dīrgha-atidīrgha-nayanā, vara-sundarī, yā kāmopabhoga-rasikā guņa-śīla-yuktā Rekha-trayena ca vibhūşita-kantha-desā, sambhoga-keli-rasikā, kila sankhinī sā| | Bhavati rasirasajfiā nātikharvā, na dīrghā tila-kusuma-sunāsā, snigdha-nīlotpalākşī Ghana-kathina-kucādhyā sundarī baddha-śīlā sakala-guņa-vicitrā citriņī citravaktrā. Ratimanjart (8) defines Hastint as: 'With thick womb, thick buttocks and lips, thick fingers, thick breasts, amiable; eager for love, delighting in intense sexual passion, a tremendous eater, (unusually short), indeed the hastint is, she is considered the female elephant. (Sthūla-dharā sthūla-nitamba-bimbā sthūla-angulih sthūla-kucā susīlā Kāmotsukā gādhha-rati-priyam ca nitānta-bhoktrī (nitambha-kharvā) khalu hastinī syāt (kariņī matā sā) Ratimafijart defines Padmint as: 'She has lotus eyes, her nostrils are petite, she has a large pair of breasts, lovely hair, a slender frame; a gentle and agreeable voice, delighting in song and instrumental music, well-dressed over her entire body, the Padmint, with a lotus' scent.' (Bhavati kamala-netrā nāsikākşudra-randhrā, aviralakucayugmā cārukesī kṛsāngī| Mṛdu-vacana-suśīlā gītavādyānuraktā sakala-tanu-suvešā padminī padmagandhā.) (Quotations from Apte's dictionary.) Monier Williams, citing the Kālacakra, erroneously defines śaņkhinī as the "N. of a sakti worshipped by the Buddhists."
- 20. Samvatsarām na māmsam aśnīyāt | na rāmām upeyāt | na mṛnmayena pibet | nāsya rāma ucchiştam pibet | teja eva tat samśyati | (Tā Pravargya Brāhmaṇa 8.13; Houben 1991:85, his translation). Houben acknowledges some dispute about the translation of rāmā; Keith takes it as "woman of pleasure." Houben 1991:126n.130.
- 21. Eggeling 1882:397.
- 22. See Kane 1973:533-534.
- 24. Tsuda 1974:264.
- 25. sukhasampattisampanna ārogyaḥ subhacetasāḥ kāma-mokṣādi-samprāptaḥ siddhir bhavati sampadaḥ | 37 | (Tsuda 1974:269 & 102). The compound kāma-mokṣādi-samprāptaḥ should be translated "he who has attained passionate love, liberation, etc.," or "he who has attained liberation etc. through passionate love."
- 26. Etā mudrās catursro 'kṣara-sukha-phala-dā yoginā bhāvanīyāh sarvasmin sarvakālam surata-rati-gatair loka-mārga-prayuktaih| grāma-āraṇya-smasāne 'suci-suci-nilaye vesma-deva-ālaye ca varṇa-avarṇa-abhicārais tanu-bala-sukha-dair anna-pāna-ādi-bhogaih| | (Rinpoche et al 1994b:39.5-8).
- 27. Ato yogī visuddha-citto bodhisattvo bhagavatā ukta iti\ Iha mantra-yāne kecid vīra-krameņa svādhisthāna-krameņa vā mahā-nisāyām smasāna-bhūmyām pravisya eka-varşam dvivarşam vā dvādasa-varşa-paryantam vā maraņa-paryantam vā mantra-jāpa-homa-dhyāna-

balena herukam bhagavantam sākṣāt-kartum asamarthāh, tathā parvata-udyāna-sarit-samudra-taṭa-ādiṣu vijana-sthāneṣu samanta-bhadrādi-devatām ca| (Dwivedi & Bahulkar 1994:76, ll. 24-28).

- 28. Śāstrī 1900:204.
- 29. Śrīdevy uvāca | mahādeva maheśāna taporāśe jagatpate | bhuvanāntara-saṃsthānāṃ mantra-siddhi-pradāyaka | ekena sādhenenaiva sādhitāḥ sarvva-siddhayaḥ | bhavanti niyataṃ śambho bhūtanātha jagatpate | siddopāyaṃ paraṃ brūhi mantra-sādhana-siddhaye | kṛpayā devedeveśa yady ahaṃ tava vallabhā | kathitaṃ te purānātha, agnyākāśa-nivāsakaṃ | dhūma-pānañ-ca śītasya sādhanaṃ paramaṃ hitam | ekena karmmaṇā siddhir bhavet puṃsāṃ śivātmanām | caturbhir yā bhavet siddhiḥ sā siddhiḥ prāpyate nṛṇām | Bhairava uvāca | sādhu pṛṣṭhaṃ maheśāni, sādhakānāṃ hitāya ca | anugrahāya lokānāṃ mantra-siddhi-karaṃ param | sarvvānuṣṭhānataḥ śreṣṭhaṃ tapasaḥ sādhanaṃ param | kathayāmi maheśāni paraṃ śreyodhi-sādhanam | dharmmārtha-kāma-mokṣāṇāṃ sādhanaṃ laghur īritam | bhūr-bhuvaḥ-svādi-lokānāṃ kailāsāvadhi-vāsināṃ | laghutva-karaṇaṃ śreṣṭhaṃ yan meroḥ sādhanaṃ param | śṛṇuṣvekāgra-manasā yadi pṛcchasi bhāmini | nadī-tīre parvvata-vare puṇya-kṣetre śivālaye | śakti-kṣetre śubhe pīṭhe śmaśāne vā sureśvari | bhūmiṃ samāṃ vidhāyātha savarṇāṃ cittarañjinīm | siddhidāṃ kūrmma-sadṛśiṃ viṃśad-dhastāṃ suśobhinīṃ |
- 30. Trungpa 1982:xxxviii.
- 31. Trungpa 1982:132-133.
- 32. Somadeva's Kathāsaritsāgara includes a version of the Vetālapaācaviṃśati—the 25 fables supposedly told by the Goblin (Vetāla) to King Vikramāditya of Ujjāyinī, founder of the Vikrama era (begins 58 BCE). Kṣemendra, the prolific 11th century poet whose works we discussed in Chapter 6, and who studied aesthetics with Abhinavagupta, also retold these tales in his Brhatkathāmañjarī.
- 33. Emeneau 1933:130-131.
- 34. Van Buitenen 1971:14-15.
- 35. MVT 19.5-19.26a (Kaul Shastri 1984:127-my translation).
- 36. Snellgrove 1959{1}:66-68.
- 37. Tsuda 1974:269-271.
- 38. Ripoche et al 1994b:21.21-22.
- 39. Dutt 1942:x.
- 40. A reference to the widespread cult of the kapālikas. See Lorenzen 1972.
- 41. Reference to contemporary cannibalism in 11th century India; however, even today we still speak of cannibals, though the practice is not widespread. Pundarikan may simply be listing known or heard-of practices.
- 42. Apte defines kulina as: "of high descent, of a good family, well born; a worshipper of Sakti according to the left hand ritual; a Brāhmana of the highest class in Bengal." MW has similar definitions, with the added note that a kulinah was a member of the highest Bengali caste in the 11th century. Here it probably refers to members and non-members of Tantric cults, though it may equally well simply indicate the "well-born and the not well-born." It's not actually possible to tell from the sandhih whether the masculine kulīna or the feminine kulīnā are being used here, or whether both are intended.
- 43. An 11th century Indian version of the dictum, 'when in Rome, do as the Romans do.'

- 44. Tasmād ādikarmikeņa svadeša-vyavahāreņa bhaksya-abhaksyam kartavyam kula-akulaabhigamanam ca kutracid-dese kāpālika-kapāla-udakena suddhir bhavati, kutracid-dese gomāmsam bhakṣaṇīyam, kutracid-dese 'sva-māmsam, kutracid-dese sunos-Imāmsam, [73.25] kutracid-dese hasti-māṃsam, kutracid-dese nara-māṃsam bhakṣaṇtyam | Evam anyad api māmsam deša-vyavahāreņa sarva-varņa-avarņānām bhaksaņīyam sarvathā Kutradic-deše brāhmaṇānām madya-pānam vihitam, kutracid-dese sudrāṇām vihitam, kutracid-dese kulīna[ā]-akulīnānām vihitam kutracid-deše šva-ucchistam bhakṣaṇīyam, kutracid-deše bhojane krte na ācamanam, kutracid-dese sūkara-māmsam bhakşaṇīyam, kutracid-dese mahişa-māmsam, kutracid-deśe chāgala-māmsam evam anyad api māmsam [73.30] deśavyavahārena varņa-avarņair na bhakṣaṇīyam kutracic-caṇḍālāḥ śrāvakāḥ, kutracid-deśe catur-varna-prayttih, kutracid-dese sarva-eka-varna-prayttih kutracid-dese bhartari mṛte sati putrasya mātā bhāryā bhavati, kutracid-dese bhrātr-bhāginyor vivāhah, kutracid-dese mātulaka-sambandhaḥ, kutracid-deśe kula-akulānāṃ paraspara-abhigamanam, kutracid-deśe brāhmanyo vesyā-vyavahāram [74,1] kurvanti! evam aneka-desa-vyavahārena bhaksyaabhaksya-kula-akula-abhigamanam yoginā kartavyam iti\ tathā kuladevatā--kasyacit kule nāgo devatā, kasyacit kule chāgalah, kasyacit kule śūkarah, kasyacin-mahisah, kasyacid ghūkah! evam anye 'pi tiryafico 'nyeşām kuladevatā na māraņīyā na bhakşaņīyās ca\ tathā kasyacit kuladevatā palāšah, kasyacid arkah, [74.5] kasyacid asvathah, evam anye 'pi vṛkṣāḥ anyeşām kuladevatā na chedanīyā na bhedanīyāh atra laukiko 'pi pratyayo dṛśyate kasmāt? svakula-upadravāt svakula-upakārāt iha yasya yā devatā ārādhitā upakāram karoti, virodhitā mahā-upadravam karoti, tasmāt tesām desa-kula-vyavahāreņa ādikarmiko vyavaharati mantradhyāna-sādhana-abhiratih, yāvan mantra-siddhir bhavati jfiāna-siddhir vā tatah svecchayā bhakşya-abhakşyam gamya-agamyam peya-apeyam karoti, na tasya ko'pi [74.10] bādhām kartum samartha iti| evam ādikarmiko mantre siddhe sati yogī bhavati| maṇḍala-cakrasphārita-ākāsa-gamanāt siddhah, māra-klesa-āpatti-jfieya-āvaraņa-kṣayāt sarvākāra-ŗddhispharana-siddhi-darsanād dharma-cakra-pravartanāt sarvajāa-bhāsayā sakala-dharmaskandha-samūha-desanā-vasāt sarvajīto bhavati iti (Dwivedi & Bahulkar 1994:73, 1.22-74, 1.13).
- 45. Shāstrī 1917:149.
- 46. Prāṇatipātinio ye ca matsya-māṃsādibhakṣakāḥ¦ madirā-kāminī-saktā nāstika-vrata-dhāriṇaḥ| anabhiṣiktā narā ye ca uddha[ta]-vyasana-kāriṇaḥ| grāma-jāla-ratā ye da yamāritantra-parayāṇāḥ| siddhyante nāsti sandehaḥ kṛṣṇasya vacanaṃ yathā| atha te maitreya-pramukhāḥ sarvva-bodhisattvā| vajra-nirukti-padaṃ śrutyā tuṣṇīṃ sthitā abhūvana | (Shāstrī 1917:150). Note the grammatical construction ye ... te ...
- 47. Is this a reference to the Kaśmir Śaivas? Adhunā means 'now' or 'at this time' in a temporal sense refering to present time; it is not usually used to introduce a phrase the way atas is. If this is a reference to the Śaivite yogis, then there's a suggestion that the rival system was gaining popularity when Pundarīka wrote the commentary.
- 48. Rinpoche 1994: Volume 3, Chapter 5, page 80, II. 24-25.
- 49. Hevajratantra I.vii.8-9; Snellgrove 1959{1}:68.
- 50. Hevajratantra 1.7.10. Snellgrove 1959{1}:68. See Chapter 10.6 of this dissertation for a discussion of these terms.
- 51. MW list dvyakş ara, neuter, as the name of a Sāman in Taittirīya Samhitā, Satapathabrāhmana.
- 52. Is a red string another clue for finding the ganacakra gathering?

- 53. MVT 23.19-23.32a (Kaul Shāstrī 1922:155-156.)
- 54. MVT 19.75-76 (Kaul Shastrī 1922:134).
- 55. TA 29.10: Atra yage ca yad-dravyam nişiddham sastra-santatau tad eva yojayed dhīmān vāma-amṛta-pariplutam | | (Dwivedi & Rastogi 1987{7}:3297). Gnoli has a note explaining that vāma-amṛta is a mystical term for alcohol. (Gnoli 1980:681n.6).
- 56. TA 29.11a: Śrībrahmayāmale 'pyuktam surā śivaraso bahih| (Rastogi & Dwivedi 1987{7}:3295.
- 57. Tatra kṛtrimā trividhā paiṣṭī kṣaudrī gaudī ceti, sahajas tu eka eva drākṣottho ... (Dwivedi & Rastogi 1987{7}:3299).
- 58. Jayaratha: Paratejastvād eva ca etat svayam pāratīyo rasas, tat-samāna-māhātmya ity arthah. (Dwivedi & Rastogi 1987{7}:3300).
- 59. Sautrāmaņyām brāhmaņānām pānārtham smṛtam adhvare | mahāhave kṣatriyāṇām vaisyānām kṣitikarmaṇi | mahotsave tu bandhūnām mitrāṇām ca samāgame | smasānānte ca sūdrāṇāṇām vivāhe putrajanmani | pānabhedam idam bhadre jantūnām mūdhacetasām | ye punah sānkare tantre devītantre ca dīkṣitāh | gurvājñāniratā guptā japapūjāparāyaṇāh | jñāvijñānakusalā laulyānna mahitāsayāh | teṣāṃ punar dvijānām tu na viruddham sadā priye | (Dwivedi & Rastogi 1987{7}:3302).
- 60. TA 29.11b-3: Tām vinā bhukti-muktī no pişta-kşaudra-gudais tu sā| | 11 | | strī-napuṃsaka-puṃrūpā tu pūrvāpara-bhogadā| drākşottham tu param tejo bhairavam kalpanojjhitam | | 12 | | tat svayam rasah suddhah prakāsa-ānanda-cin-mayah | devatānām priyam nityam tasmād etat pivet sadā | (Dwivedi & Rastogi 1987{7}:3298, Gnoli 1980:681).
- 61. Dawn, noon, dusk, and midnight.
- 62. The same as a prahara, a 3 hour section of a day; there are two of these between each sandhyā.
- 63. Yoga is an obscure astronomical term: when the: (longitude of the sun) + (longitude of the moon)

800 arc minutes

= an integer, this is a Yoga. There are 27 Yogas. Here a new one is added, the kulika-yoga.

(Thanks to David Pingree and Kim Plofker for confirming this explanation).

64. Dwivedi/Shashni 1990: 140 gives the following quotes {in Sanskrit} on sūrya {I've parsed the sandhih, then added my own translation}: "The sun [neuter] is the non-dual knowledge of birth." ("Sūryam 'sūryam utpāda-advaya-jñānam," (Caryāgītikośavyākhyā p.49)); "By the word sūrya [is meant] the prāṇa-wind." (Sūryah 'Sūrya-śabdena prāṇa-vāyuh," (Vimalaprabhā [vol. 1] p.196)); 'Here the prāṇa, the sun, is the ruler of the left channel, the right channel, and the central channel, flowing upwards from the navel.' ('Atra Iḍā-piṅgalā-suṣumnānām adhipatih prāṇah sūryo nābher ūrdhvam pravāhatāh," (Vimalaprabhā [vol.1] p. 196)); 'And the channel that flows upwards from the navel, [and is] likewise facing upwards And ending in the middle of the throat, is known as the blood stream. | ' (Sūrya-nādī (rasanā) 'Nābher ūrdhvam tu yā nādī vahati ūrdhva-mukhī tathā | Kaṇṭha-madhye tu viśrāntā rakta-vahā prakīrtitā | (Vasantatilakā p. 80)); This channel on the right side called rasanā ["tasting, the tongue"], it, facing upwards, carries the blood up the throat, beginning from the

- navel.'('Yā iyam dakṣiṇa-pārśve rasanā-ākhyā nādī, sā ūrdhva-mukhī nābher ārambhya kaṇṭham yāvad raktam vahati.' (Vasantatilakā Tīkā p. 80)); 'The blood is considered to be the sun.' ('Raktaḥ sūrya iti smṛtaḥ' (Vasantatilakā, p. 80)).
- 65. Rinpoche et al 1994b:106.11-20.
- 66. See references in (Mishra 1991:6-7).
- 67. MVT 23.32b-23.37; (Kaul Shāstrī 1922:156-157).
- 68. Śāstrī 1900:206.
- 69 · Shāstrī 1939-40:231.
- 70. See Apte's and Monier Williams' dictionaries under these listings.
- 71. 16) rātrau pujāvidhih | 17) mahānisādi-nirūpaṇam | 18) atha vīra-abhiṣeka-vidhih | 19) tatra abhiṣeka-mantrādi-kathanam | 20) siddha-mantra-lakṣaṇam | 21) sakti-sādhanam vinā nirvvāṇa-abhāva-kathanam | 22) mātrādi-pañkanyāvyākhyānam | sakti-cakra-ādi-lakṣaṇa-kathanam | pañca-cakra-vidhih | kusuma-anukalpādi-kathanam | cakre varjjanīya-kathanam | gopya-karmma-kathanam | rāja-cakre devacakre ca viseṣakathanam | yoginām sādhaādi-vidhih | sādhikā-lakṣaṇādi-kathanam | kulācārādi-sādhana-kathanam | vidyāviseṣe sakti-viseṣa-vidhānam | atha vesyā-lakṣaṇādi-kathanam | pañcadravya-nirūpaṇam | teṣāṃ suddhi-kathanam | nava-kanyā-nirūpaṇam | tarpaṇe sudrādividhih | pañcīkaraṇavidhih | aṣṭādasa-mahāvidhā-kīrttanañ ca | (Śāstrī 1900:205-206.)
- 72. Rājataranginī 8.1526, Stein 1991{2}:120.
- 73. [End:] My clan is Vedic, Oh leader, I am certainly the creeper, definitely Oh lord. The attentive woman, knowing that, it is never to be revealed. Whoso protects this desire for prosperity constantly protects [it] in his house-because I am always tied to his place, just as (I am) in your city-he knows the chapter, or half of that, or half of that, Oh Maheśvara; he is visibly a guru, equal to me, or I am equal to him. Om namah paradevatāyai kailāsaparvvate ramye yāmāvante ca sarbbarī| spṛṣṭvā tu caraṇau devyā bhagavān sankaro 'bravīt|| Śrīśankara uvāca mātardurge mahāmāye krpām kuru dayāmai hrdi sūlam samuddrtya trāhi mām padmalocane | | sūnyatām subhage devi yacchūlam varttate hrdi | tanmayā kathitam bhadre mṛṣā jfiātvā na muficati! | tava vaktre śrutam pūrvvam bhagarūpā tvam eva hi! vākyenālāpanam naiva katham kuryyād bhagesvart | idam daikam dvitīyañ ca varadātrī kathañcana| tṛtīyam parameśāni jīvahīne gatir na ca|| jīvasthite sadā śambhor gamanam kena vā kṛtam iti cintāparo bhūtvā vātulo 'bhūn na saṃsayaḥ | Śrīpārvatyuvāca | nāhaṃ vadāmi khalu pāramesu [not pamaresu] ratim tyajāmi pasuvādinesu | vācam tyajāmi kulakarmmaghātine sangam tyajāmi kila campakesu|| Śrīsamkara uvāca| devi visvesari tvam hi sṛṣṭisthityantakārike¦ katham mām pasurūpeņa sthāpitāsi ratipriye¦¦ Śrīpārvvatyuvāca¦ purā kocavadhusangād vīrācāram bhavān krtah tathāpi pasubhāvatvam na muñcati kathañcana | ityādi | [End:] nigamam matkulam nātha latāham niścitam prabho | iti jñātvā sāvahitā na prakāsyam kadācana | yaḥ pāti pus[s]tikām etām grhe raksati nityasah | tasya sthāne hyaham baddhā sarvvadā tvatpure yathā|| paţalam vā tadarddham va tadarddham vā maheśvara | jānāti sa guruh sākṣān matsamas tatsamo 'pi vā | | (Śāstrī 1900:203-204.)
- 74. Vişayah| Sankaram prati Sankaryyā uktirūpo 'yam prabadhah| tatra pañcamakāreşu prādhānyatah pañca-makārasyaiva prapañcaSah prayogādi-vidhih| latā-sādhana-vidhih| divya-vīrādīnām lakṣaṇādi-kathanam| pañcama-makāra-sādhanenaiva mokṣa-prāpti-kathanam| bhairavī-cakre pravarttamāne varṇa-bheda-rāhityādi-kathanam| pañca-makāra-sodhanādi-vidhih| punah punah pānavidhih| yoni-pūjā-vidhih| tatra dhyānādi-kathanam| atha kālikā-pūjā-vidhih| tārā-pūjā-vidhānam| ugratārā-vidhāna-kathanam| abhiṣeka-vidhi-

kathanafica | (Śāstrī 1900:203-204.)

- 75. De Mallmann 1975:368-379.
- 76. ekāreņa Locanādevī, vamkāreņa Māmakī smṛtā | makāreņa Pāṇḍrā ca yākāreņa Tāraņī smṛtā | (Snellgrove 1959{2}:4 & 19159{1}:49).
- 77. At Hevajratantram 2.4.65 Tārā and the other three Prajāās are included in a list of countless goddesses headed by Nairātmyā. Snellgrove 1959{1}:106 and 1959{2}:70. Sādhanamālā contains several sādhanās to Vajratārā (93-97), including one by Āryanāgārjunaḥ and one by Dharmākaramatiḥ, one to Tārā by Anupamarakṣitaḥ (98), others to Āryakhadiravaṇi-tārā (89), to Mahattarī-tārā (90), to Varada-tārā (91), to Vaṣyādhikāra-tārā (92), up through 116, totaling 28, with 21 different variations on the Tārā name (Bhattacharyya 1968{1}:xxi-xxii & 176-245), presumably representing a wide variety of local Buddhist practices. There are also two sādhanās to Tārodbhavakurukullā (171 & 172) and a Tārāstutiḥ (309) (Bhattacharyya 1968{2}:clxxix, clxxxiii, 343-344 & 594).
- 78. Dwivedi & Rastogi 1987{4}:1595 & Gnoli 1980:287, mentioned again as the first of the group at TA 8.418b (Dwivedi & Rastogi {4}:1619 & Gnoli 292. In the second instance, Gnoli makes the mistake of taking tārādyah as appositional with siddhayo; siddhayo is appositional only with the animadi-ganah. Tara is not considered a siddhih.) Though Beyer (Beyer 1973) did a remarkable study of Tārā in Tibet, Tārā in the Indian context has not received quite the same attention. The word itself literally means "a star," and Yoga-tārās figure prominently in the astronomical astrological traditions as the primary stars in each nakşatrah. The moon earns the name Tārābhartr in the Mrgendrāgama's Kriyāpādah 8.187a (Brunner-Lachaux 1985:313). Curiously enough, the pattern of designation using Tārā as first in the list of goddesses-that we find in Tantrālokah, the 11th century Kasmīr Śaivite text, yet not in the earlier Buddhist tantrās, Guhyasamājah and Hevajram-also appears in the Kālacakramandalam described in Abhayākaragupta's Nispannayogāvalī, where we have the Tathāgatās Amoghasiddhih etc., and the Bodhisattvas in vajrāsanam, and Tārādi-devyah in the lotus posture. (Bhattacharyya 1972:86). Later, at times in history not scrutinized in this dissertation, Tārā is grafted wholeheartedly into the Hindu Tantric practice. In the Tārārahasva, a 15th-16th century work by Brahmānanda, the guru of Pūrnānanda (author of the Tattvacintāmani Tantric digest), Brahmānanda places Tārā in the fourth of five voids (śūnyās), with Akşobhya on her forehead, etc., and quotes several earlier Hindu Tantras featuring Tārā. (Shastri 1900:xxix-xxx). The Tārārahasya opens 'Om homage to Tārinī, praising Tārā, the most essential, the progenitoress of the three worlds, providing success in all endeavors, called 'universal,' bringing good fortune, the mayi of Sadasiva, constantly praised by all the gods....' (Om namas tāriņye tārām sāratarām trilokajananīm sarvvārthasiddhipradām sarvvākhyām subhadām sadāsivamayīm devaih sadā vanditām natvā.... Shastri 1900:153-4).
- 79. 26) Pracandādi-yantra-mandala-yogiņī-vīrānām mudrānām samketa-viharaṇa-lakṣaṇa-vidhi-nāma-gocara-paṭalaḥ; 27) Pracandākṣī-lakṣaṇa-mudrādhipati-svabhāva-vidhi; 28) Prabhāvatī-lakṣaṇa-mudrā-vidhi; 29) Mahānāsā-lakṣaṇa-cchoma-vidhi-niyama; 30) Mudrā-pratimudrā-vīra-matī-svabhāva-vidhi-lakṣaṇam; 31) Kharbarī-akṣara-cchomā-lakṣaṇa-svabhāvaḥ jñāna-nāma-paṭalaḥ; 32) Laṅkeśvarī-mudrā-saṅketa-lakṣaṇa-maṇḍala-cakra-svabhāva-nāma-vidhi-jñāna-paṭalaḥ; 33) Druma-cchāyā-svalakṣaṇa-mudrā-saṃketa-vidhi-niyama; 34) Airāvatī-kāya-mudrā-lakṣaṇa-vidhi-yukti; 35) Mahābhairavāntar-mudrā-kathana-lakṣaṇa-vidhi; 36) Vāyu-vegāyā[h] prayoga-vidhi-mudrā-varṇaka-lakṣaṇa-vidhi; (Shāstri 1917:89-91).

- 80. George 1974:54.
- 81. George 1974:54.
- 82. George 1974:55.
- 83. George 1974:22-23 for Sanskrit, 1974:56-57 for English.
- 84. George 1974:66.
- 85. George 1974:67.
- 86. George 1974:68.
- 87. George 1974:68-69.
- 88. George 1974:28.
- 89. George 1974:69
- 90. George 1974:70.
- 91. George 1974:70.
- 92. George 1974:71.
- 93. George 1974:72.
- 94. George 1974:74.
- 95. George 1974:75.
- 96. George 1974:78-79.
- 97. George 1974:81-82.
- 98. George 1974:83; see George 1974:33 for Sanskrit.
- 99. Sattva-paryyanka-samsthas tu saumyarūpeņa samsthitah| khadga-pāša-dharah śrīmān ālingyabhinayah kṛtī svakulīm vātha kanyām gṛhya prabhāvayet| anena sidhyate yogī, mudrāyā naiva samsayah| athavā pratimām kṛtvā, sādhayet sutrādi-samskṛtām| saha-canḍa-samādhi-stho japed ekāgramānasah| (Shāstrī 1917:138).
- 100. This passage is repeated from Chapter 4.4. of this dissertation.
- 101. These are neuter case, though, so they probably should be taken adverbially: tatparam, kāyavākcittam samvṛtam gadhasaukhyatah.
- 102. Again, nakhaksatam is neuter case.
- 103. Rata is the pleasure of, or simply sexual union. Su-rata therefore indicates what we would call in colloquial English great sex, or good sex.
- 104. A danda is missing after the t; what the "six" refers to is not clear.
- 105. Sambodhi.
- 106. See Dharmasamgraha 64 & 65 for the same list of the 13 realms, in a slightly different order (Kasawara et al 1885:14). The Sanskrit of this extract is: Prajfiopäya[-|samāyogena nakham dadyāt tu tryakṣaram| cumanālinganañ caiva sarvva-sva-śukram eva ca|| dāna-pāramitā pūrṇā bhavaty eva na samśayah| tatparam kāya-vāk-cittam samvṛtam gādha-saukhyatah|| śīla-pārmitā-jñeyā jñeyā sahanāc ca nakha-kṣatam| tryakṣaram pīḍanañ ca ratam kuryyāt samāhitah| vīryya-pāramitā jñeyā tat-sukhe citta-yojanā|| sarvvato-bhadra-rūpeṇa dhyāna-pāramitā matā| strī-rūpa-bhāvanā prajfiā-pāramitā prakīrttitā|| surataka-yoga-mātreṇa pūrṇā ṣat[]-pāramitā bhavet| pañca-pāramitā puṇya-jñāna-prajfieti kathyate|| surata-yoga-samāyukto Yoga-sambhārasamvṛtah Yoga-sambhāra-samvṛtah| siddhyate kṣaṇ-

- matreṇa puṇya-jñāna-samanvitaḥ|| yathā latā-samudbhūtaṃ phala-puṣpaṃ samanvitam|| eka-kṣaṇāc ca sambodhiḥ sambhāra-dvaya-sambhṇā|| sa trayodaśa-bhūmīśo bhavatyeva na saṃśayaḥ| bhūmis tu muditā jñeyā vimalārcciṣmatis tathā|| prabhākarī sudurjjayābhimukhī dūraṅgamācalā| [sā]dhumatī dharmma-meghā samant[ā]khya-prabhā tathā|| nirupamā jñātavatītyeva trayodaśañjña||.
- 107. Śāstrī inserts a question mark for this work-I second it; I've been unable to figure out what it might mean, or what it may be a variant reading of.
- 108. Atha bhagatī āha kim bhagavan strī-vyatirekenāpi śakyate sādhayitum candamahārosanapadam utsāho na sakyate | bhagavān āha na sakyate devi | bhagavatī āha kim bhagavan sukhānudayāt na sakyate? bhagavān āha| na sukhodayamātreņa labhyate bodhir uttamā | sukha-višesodayādeva prāpyate sā ca nānyathā | ... loka-kaukţtya-nāśārtham māyādevīsutah sudhīh caturasīti sahasrāni tyaktvā cāntahpuram punah gatvā nirafijanātīram buddha-siddhi-prakāsakah vāto mārānnirākrtya na caivam paramārthatah : yasmād antahpure buddhah siddho gopānvitah sukhī¦ vajra-padma-samāyogāt sa sukham labhate yatah | sukhena prāpyate bodhih sukham na strī-viyogatah | viyogah kriyate yas tu loka-kaukrtya-hānaye|| yena yenaiva te lokā yānti buddha vineyatām| tena tenaiva rūpeņa māyādevīsuto jinah! | sarvva-sūtrābhidarmmeņa krtvā nindāstu yoşitām! nānā šikṣāpadam bhāvetastu svagopanabhāṣayā| | nirvvāṇaṃ darsayec cāpi pañca-skandha-vināsatah| | atha bhagavatī prajāāpāramitā āha kā bhagavan māyādevīsutah kā ca gopā? bhagavān āha māyādevīsutas cāham candarosaņatām gatah tvam eva bhagavatī gopā parjfiāpāramitātmikā | yāvantas tu striyah sarvvās-tad-rūpeņaiva tā matāh | madrūpeņa pumāṃsastu sarvva eva prakīrttitāḥ\\ dvayor bhāgavatam caitat prajñopāyātmakam jagat\.... Atha bhagatī āha, katham bhagavan śrāvakādayo hi striyo dūşayanti bhagavān āha kāmadhātu-sthitāh sarve khyātā ye śrāvakādayah mokşamārgam na jānanti striyah paśyanti sarvvadā|| sannidhānam bhaved yatra durllabham sunkumādikam| na tatrārgham samāpnoti durasthasya mahārghatā | anādya-jūāna-yogena śraddhā-hīnās tvamī janāh | cittam na kurvvate tattve mayāpy etat pragopitam | |
- 109. MVT 23.19-23.32a (Kaul Shāstrī 1922:155-156.)
- 110. Gnoli 1957:19.
- 111. End of commentary on KCT 5.127 (Rinpoche et al 1994b:102.26-33).
- 112. Māna itself = either an opinion, pride, conceit, listed as one of the six addictions at Dharmasamgrahah 67: passion, anger, pride, ignorance, erroneous views, and doubt ("sat kleśāḥ--rāgaḥ, pratigho, māno, 'vidyā, kudṛṣṭir, vicikitsā ceti" (Kasawara et al 1885:14) and one of the six concealments of samādhi at Dharmasamgrahah 118: sloth, pride, wickedness, arrogance, discontent, and lack of enjoyment of the truth ("tatra ṣaṭ samādhy-āvaraṇāni, tadyathā--kausīdyam, mānam, śāṭhyam, auddhatyam, anābhogaḥ, satyābhogaś-ceti" (Muller & Wenzel 1974:29). Māna also = measure, or measurement, and MW gives mānakah as a measure or weight.
- 113. Atharvaveda II.4.1-2 reads: "For length of life, for mighty joy, uninjured, ever showing strength. We wear Vishkandha's antidote, the Amulet of Jangida. Amulet of a thousand powers, Jangida save us, all around. From Jambha, and from Viśara, Vishkandha, and tormenting pain." (Griffith 1895-6{1}:36). In a note Griffith cites a passage found by Weber in the Kauşika Sūtra (32.1): "jambha-gṛhttāya stanam prayachhati, '[s]he offers the (mother's) breast to the (child) seized by Jambha,'" suggesting teething pain or some other infantile disorder. (Griffith 1895-6{1}:37). Since human breast milk is now known to provide

- a wide arsenal of anti-microbial agents (see Newman, Jack, "How Breast Milk Protects Newborns," Scientific American, vol 273 (6), December 1995, pp. 76-79), the demon Jambha may have been a generic name for the demon causing infantile diseases. Zysk, however, indicates that jambha refers to lockjaw, a symptom of tetanus, noting that vişkandha and visara suggest other tetanus-like symptoms, 'tearing the shoulders apart,' and body-wrenching pain. (Zysk 1993:55-57). He says, "references to jambha point to its meaning as 'convulsions,' 'teething,' 'lock-jaw,' or as Caland, following Sāyaṇa suggests, 'ein Rakṣasa ... der die Mundsperre ... verursacht.'" [i.e. a demon that causes the closing of the mouth.] (Zysk 1993:172).
- 114. Prthivī locanā khyātā abdhātur māmakī smṛtā| pāndarākhyā bhavet tejo vāyus tārā prakīrtitā| khavajradhātusamayah saiva vajradharah smṛtah|| (Bhattacharyya 1931:137.)
- 115. It is noteworthy here that a remnant of the same principle of cross-mapping that we noted with the Vedic sacrificial fires seems to apply here. The speech drop would normally be expected to be in the throat, yet in this ecstatic moment it is in the navel.
- 116. Prajñā-jñāna-kṣaṇam spandam tad yadi dadati sukham bindu-māla-acyutena hetunā. (Rinpoche et al 1994b:31.23).
- 117. See Chapter 3.2.3 for a discussion of the possible origin of this Goddess.
- 118. SD 16-17: Kṣara-[a]kṣaras tataḥ spando niḥspandaś ca tato paraḥ kāya-vāk-citta-saṃśuddhyā abhiṣeka-trayaṃ kramāt | 16 | caturtho jñāna-saṃśuddhiḥ kāya-vāk-citta-śodhakaḥ bālaḥ prauḍhas tathā vṛddhaś caturthas tu prajāpatiḥ | 17 | (Orofino 1994:132). I've modified Gnoli's Sanskrit just slightly--he has kṣaraḥ kṣaras in the first pada of 16, though this doesn't seem to make much sense given the logic of the syntax, whereby it is paired with spando niḥspandaś ca; the usual pattern would be two pairs of opposites, suggesting kṣara and akṣara.
- 119. Prajñā-stana-aṅga-saṃsparśād bodhicitta-cyutaṃ sukham | payodhara-abhiṣiktaḥ sa bālaḥ prāptaṃ yataḥ sukham | 18| | guhya-āsphālāc cirāj jātaṃ bodhicitta-cyutaṃ sukham | praudho guhya-abhiṣiktaḥ sa guhyāt prāptaṃ yataḥ sukham | 19| | guhyāsphālāc cirāj jātaṃ vajra-agre spandataḥ sukham | prajñā-jñāna-abhiṣiktaḥ sa vṛddhaḥ spandaṃ gato yataḥ | 20| | mahāmudrā-anurāgād yaj jātaṃ niḥ-spandataḥ sukham | mahā-prajñā-abhiṣiktaḥ sa yato niḥ-spandatām gataḥ | 21| | prajāpatiḥ sa vijñeyo janakaḥ sarva-tāyinām | vajra-sattvo mahā-sattvo bodhi-sattvo 'dvayo 'kṣaraḥ | 22| | asau samaya-sattvaḥ syād vajra-yogaś caturvidhaḥ | kālacakra iha khyāto yogināṃ mukti-dāyakaḥ | 23| | (Orofino 1994:132-133).
- 120. Shastri 1927:32.
- 121. vicitram ca vipākam ca vimardam ca vilakṣaṇam | catuḥkṣāṇam samāgamya evam jānanti yoginaḥ|| vicitram vividham khyātam ālingana-cumbanādikam | vipākam tad-viparyāsam sukham jñānasya bhuñjanam || vimardam ārocanam proktam sukham bhuktam mayeti ca | vilakṣaṇam tribhyo 'nyad rāgārāga-vivarjitam || (Shashni & Dwivedi 1990:32).
- 122. Snellgrove 1959{1}:34. Hevajratantra II.iii.1-12 explains this as follows: "Then the Adamantine Lord spoke to the yogints of the Means, which are the basis of all the Tantras, of the Union (samavra), of consecrations and of secret language, of the different Joys and Moments, of feasting and the rest. 'Now the union of all buddhas consists in the sound evam. This sound evam, the great bliss itself, is known from the process of consecration.' Then the yogints said to the Lord Vajrasattva: 'Is the sound evam then called the union of the dākints? May the Lord, the Teacher, the Master of the World please expound the matter as it is.' The Lord replied: 'The sacred syllable e, adorned at its center by the syllable vam, is the abode of

all delights, the casket of buddha-gems. It is there that the four joys arise, distinguished by the moments, and from knowledge of these moments the knowledge of bliss iss consummated in that sound evam. So the yogins know that the sound evam is attainable through the four moments: variety, development, consummation, and blank. It is called variety (vividha), because it involves different things, the embrace, the kiss, and so forth. Development (vipākam) is the reverse of this, for it is the experience of blissful knowledge. Consumation (vimardam) is defined as the reflection that this bliss has been experienced by oneself. Blank (vilaksanam) is quite other than these three, and knows neither passion nor the absence of passion. The first joy is found in Variety, Perfect Joy in Development, the Joy of Cessation in Consummation and the Joy of the Innate in Blank. These four joys are to be experienced in due order in accordance with the list of the four consecrations, that of the Master, that of the Secret, that of the Prajña and the Fourth. The first is represented by a smile, the second by a gaze, the third in an embrace, and the fourth in union. This fourfold set of consecrations is for the purpose of perfecting living beings." The text then describes the teacher making love to the consort, and taking a drop of semen with his thumb and ring finger and placing it on the student's tongue in a conscration rite. Then the student and the young lady make love. (Snellgrove 1959{1}:94-96).

- 123. "Two times ten thousand and two times eight hundred." (dvy-ayuta-dvy-aşta-satān).
- 124. Etās tisro varjayitvā, ekādasavarsikā sarva-laksaņa-sampūrņā raksaņīyā rāja-guruņā rājāā vā abhisiktena, anyair vā īsvarair ahisiktaih | (Rinpoche et al 1994b:40.25-26).
- 125. *Kha-yuga* = 'aperture-pair' = 0.2 = 20.
- 126.  $\hat{Sunya}$ -veda = 0,4 = 40.
- 127. The Sanskrit should be emended by eliding the hyphen. Here we have an example of non-standard Sanskrit: a-syād is used for na bhavati, as made clear by the first line of the commentary. Syād, as the third singular optative of  $\sqrt{a}s$ , cannot normally take an a- prefix as a negation marker.
- 128. Sekoddesaţīkā defines şadanga-yoga as: sense withdrawal, concentration, breath control, meditation, recollection, and perfected concentration. (Pratyāhāras tathā dhyānam prāṇāyāmo atha dhāraṇā | anusmṛtih samādhis ca şadango Yoga ucyate | |--(Dwivedi & Shashni 1990:99).) However, the "six limbs" for providing protection to the consort may be something quite different.
- 129. See George 1974:65-77, and 1974:73-74 for the passage about eating.
- 130. Rinpoche et al 1994b:41.15-17.
- 131. These eight are masculine—anye is only masculine plural. Anyās is the feminine plural.
- 132. The comma should be moved to after the eva--sa, masculine singular, cannot refer to duhitā.
- 133. It's not entirely clear what this sentence means. It may be (though this is purely speculative) that daughters produced in Tantric rites were consigned to the care of the *Viśvamātā*, perhaps the senior consort of the Tantric community.
- 134. Vajrapāņi should be in bold; it's in the verse.
- 135. Since the following lays out the eight "others" with the eight flowers, the paragraph break here in the Sarnath edition seems inappropriate. The potential boys and girls born from Tantric rites at during the fifth through twelfth menses of the year are laid out into the eight

directional petals.

- 136. Raudrāksī.
- 137. Usually Ganesa in a Hindu context-here one of the Krodheśvarās.
- 138. See Dharmasamgrahah 11, Kasawara et al 1885:3.
- 139. 'She with the tooth'-MW notes KCT 3,132 as a citation for 'name of a goddess.' VMP on KCT 3.132 glosses *Jambhī* as "she who has the form of red lac," (*lākṣākārī*--KCT 2.114.17).
- 140. Māninī.
- 141. In Guhyasamājatantra 13, we find a slightly different list of the ten Krodheśvarās—Yamāntaka, Aparājita, Hayagrīva, Vajrāmṛta, Takkirāja, Mahābala, Nīladanḍa, Vajrācala, Mahoṣṇīṣa, and Śumbha. (Bhattacharyya 1931:70-71).
- 142. Stambht-a stiff woman, like a pillar.
- 143. This is a feminine derivative of *Marīci*; Both Apte and MW give it as Śākyamuni's mother, a Buddhist goddess, or an Apsaras. *Marīcih* is either a ray of light, or one of the ten *Prajāpatis*, the mind-born sons of *Brahman*. *Mārīcah* is the name for *Kaśyapa*, one of the revered rsis in the *Brāhmaṇas*, son of *Marīcih*.
- 144. MW lists cunda as one of Sakyamuni's disciples. The Dharmasamgrahah does not list Cunda, suggesting the term name may be a later development.
- 145. MW lists takka from Kathāsaritsāgara lxv as 'a niggard.' The story by Somadeva he refers to tells the tale of a foolish Takka miser who dies rather than share his pudding with a friend. Penzer's note explains the term as either a miser or a rogue, and also as the ancient name of a once dominant tribe of the Panjab. Stein also identifies Takka as a region in the Panjab, following Cunningham. (Stein 1990{1}:205 n.150). Perhaps the tribe had a reputation for miserlyness. A 'miser' would seem the best translation here for takki. Takkirājah is one of the ten Krodheśvarās.
- 146. Bhṛkuṭī, an alternate spelling for bhrūkuṭī, she whose brow is contracted; or someone perpetually frowning.
- 147. The twelve limbs of the mutual origination (pratītyasamutpādah) causation chain (Dharmasamgrahah 42:) ignorance, mental fabrication, consciousness, name and form, the six bases of awareness, touch, perception, thirst and self-appropriation, becoming, birth, old age and death, sorrow, lamentation, suffering, despair, and upāyāsās {?}.
- ("Dvādasāngapratītyasamutpādāh-avidyā, samskāro, vijnānam, nāmarūpam, şadāyatanam, sparšo, vedanā, tṛṣṇopādānam, bhavo, jātir-jarāmaraṇam, soka-parideva-duḥkha-daurmanasya-upāyāsāś-ceti." (Kasawara et al 1885:9).)
- 148. Rinpoche et al 1994b:42.11, verse 5.81a.
- 149.  $\hat{Sunya}$ -veda = 0,4 = 40.
- 150. Anya-sattva = other than intelligent, i.e. not that bright. The view persists today that a woman who bears a child too late in life risks giving birth to a child with serious handicaps.
- 151. This is a slightly liberal translation of tad-upari yam samādhim ālambayitvā.
- 152. Vimšadvarsāni yāvat should be in bold; it's in the verse.
- 153. MW cites Lexicon source definition for *naṣṭabīja* as 'destitute of seminal secretion, impotent.' This is a standard usage in Sanskrit. *Naṣṭa*-x indicates that x is non-existent.

- 154. Yāvat shouldn't be bold; it's not in the verse.
- 155. Yā bāhye bhukta-cchardih, sā nītārthena chardi-bodhicittam, guhyādi-vaktrāt kulisa-maṇi-gataṃ na bāhye prajñā-abja-madhye praviṣṭam | evam acyutaṃ viṇ-mūtraṃ rakta-māṃsaṃ parama-sama-rasam asssrāvaṃ chardi-madhye praviṣṭaṃ niruddhaṃ nirāvaraṇaṃ bhavati | (Rinpoche et al 1994b:42.28-43.1).
- 156. This appears to be an instance of the much ballyhooed Tantric Sanskrit—the feminine chardis is referred to by the neuter kulisamangatam ... pravistam. Such variations are not uncommon in Purāna Sanskrit, or even in the Mahābhārata. Even here, though, since chardis is glossed in the commentary (3.42.28) as bodhicitam, one could well assert that kulisamanigatam agrees correctly with the neuter bodhicitam.
- 157. I would emend the Sanskrit to asrāvam (not flowing), rather than aśrāvam (inaudible).
- 158. Yogi-vyapadesena narā api prajāā-puspeņa yuktam siva-sukha-phala-dam bhaksitam desayanti anyesām bāla-janānām naraka-gamanāyeti (Rinpoche 1994b:43.13-14).
- 159. Nākaṭyam [cf. Pāniṇi 5.1.121-ākatya = being a-kata.] The most literal translation of nākaṭyam is "not without loins." It is not listed in any of the dictionaries or lexicons I've consulted: MW, Apte, Amarakośa, Dharmasamgrahah, Abhidharmakośa, Abhidhānacintāmaṇi. However, the double negative makes sense here; the 'lightning' or vajra in consideration here is the erect penis in the woman's vagina--both partner's loins are certainly involved.
- 160. This is a common use of an enclitic particle (here vai)—as a marker for a repeated phrase.
- 161. Just as in the commentary on KCT 5.78 above (p.49, l.9), the grasping is with the thumb and ring finger.
- 162. See p.41.9, KCT 5.78, above.
- 163. Singh's translation, Singh 1989:42-43.
- 164. Singh's translation, Singh 1989:44. The Sanskrit reads: Yadā sakala-indriya-nādī-bhūta-marud-ādi-paripūraņe tu mahā-madhyama-sauşumna-pada-anupraveše nija-šakti-kşobha-tādātmyam pratipadyate tadā sarvato dvaita-galane paripūrņa-svašakti-bhara-vimarša-ahantā-maya-camatkāra-anupraveše -- paripūrņa-sṛṣṭy-ānanda-rūpa-rudra-yāmala-yoga-anupravešena tan-mahā-mantra-vīrya-visarga-višleṣaṇa-ātmanā dhruva-padātmaka-nistarangākula-bhairava-bhāva-abhivyaktah| (Singh 1989:16 Sanskrit).
- 165. Singh explains in a note that *mahāvisarga-viśleṣaṇa* "is a technical word of the system which means that all joy arises by union with the perfect I-consciousness." (Sing 1989:47n.8).
- 166. Singh's translation, Singh 1989:44-45. The Sanskrit reads: Tathāhi tan-madhya-nāḍī-rūpasya ubhaya-linga-ātmano 'pi tad-vīrya-utsāha-bala-labdha-avaṣṭambhasya kampa-kāle sakala-vīrya-kṣobha-ujjigamiṣātmakam antahsparśasukham sva-samvit-sākṣikam eva\ na ca etat-kalpita-śarīra-niṣṭhatayaiva kevalam tad-abhijñāna-upadeśa-dvāreṇa iyati mahāmantra-vīrya-visarga-visleṣaṇāvāpta-dhruva-pade para-brahma-maya-siva-śakti-saṃghaṭṭa-ānanda-svātantrya-sṛṣṭi-parābhaṭṭārikārūpe 'nupraveśaḥ\ (Singh 1989:16-17 Sanskrit).
- 167. TA Chpt. 29 colophon, Dwivedi & Rastogi 1987{7}:3462.
- 168. TA 29.1b: Atha sarvā apy upāsā iyam kula-prakriyayā ucyate|| (Dwivedi & Rastogi 1987{7}:3291).

- 169. TA 29.2a: tathā dhārādhirūdheşu gurusişyeşu yocitā | (Dwivedi & Rastogi 1987{7}:3292).
- 170. TA 29.2b: uktam ca paramesena sāratvam krama-pūjane|| (Dwivedi & Rastogi 1987{7}:3292.
- 171. TA 29.3: Siddha-krama-niyuktasya māsenaikena yad bhavet | na tad varşa-sahasraih syān mantraughair vividhair iti | (Dwivedi & Rastogi 1987{7}:3292).
- 172. TA 29.3, comm., "Siddhāntādişu tantreşu ye mantrāh samudāhṛtāh| vīrya-hīnās tu te sarve sakti-tejojjhitā yatah|| Kaulikās tu mahāmantrāh svabhāvād dīpta-tejasah| sphuranti divya-tejaskāh sadyahpratyayakārakāh|| (Dwivedi & Rastogi 1987{7}:3293).
- 173. TA 29.4: Kulam ca parameŝasya ŝaktih sāmarthyam ūrdhvatā | svātantrayam ojo vīryam ca pindah samvic-charīrakam | | Jayaratha glosses samarthyam as laya-udaya-kāritvam, ūrdhvatā as sarveṣām kāraṇatayā uparivartitvam, pinda as viŝvasya atra sāmarasyena avasthānāt. (Dwivedi & Rastogi 1987{7}:3293).
- 174. TA 29.5: Tathātvena samastāni bhāvajātāni paśyatah dhvasta-śankā-samūhasya yāgas tādṛśa eva sah | Jayaratha glosses tathātvena as śiva-śakti-sphāra-sāratayā. (Dwivedi & Rastogi 1987{7}:3294-3295).
- 175. TA 29.6: Tādrg-rūpa-nirūdhi-artham mano-vāk-kāya-vartmanā| yad yat samācared vīrah kula-yāgah sa sa smṛtah|| (Dwivedi & Rastogi 1987{7}:3295.
- 176. TA 29.7: Bahih saktau yāmale ca dehe prāņapathe matau iti sodhā kula-ijyā syāt pratibhedam vibhedint | (Dwivedi & Rastogi 1987{7}:3295, Gnoli 1980:681).
- 177. TA 29.7a comm., Yāmale iti ādya-yāga-adhirūdhe mithune | prāṇapathe iti madhya-nādyām | (Dwivedi & Rastogi 1987{7}:3295).
- 178. TA 29.8: Snāna-mandala-kundādi şodā-nyāsādi yan na tat kiñcid-atra upayujyate kṛtaṃ vā khandanāya no | | (Dwivedi & Rastogi 1987{7}:3293; Gnoli 1980:681).
- 179. TA 29.9: san-mandala-vinirmuktam sarva-āvaraņa-varjitam | jñāna-jñeya-mayam kaulam proktam traisirase mate | (Dwivedi & Rastogi 1987{7}:3293, Gnoli 1980:681).
- 180. TA 29.10: Atra yage ca yad-dravyam nişiddham sastra-santatau tad eva yojayed dhīmān vāma-amṛta-pariplutam | | (Dwivedi & Rastogi 1987 [7]:3297). Gnoli has a note explaining that vāma-amṛta is a mystical term for alcohol. (Gnoli 1980:681n.6).
- 181. TA 29.14-16: Śrīmat-krama-rahasye ca nyarūpi parameśinā argha-pātram yāga-dhāma dīpa ity ucyate trayam | | 14 | | rahasyam kaulike yāge tatra arghaḥ śakti-samgamāt | bhū-vastra-kāya-pīṭha-ākyam dhāma ca utkarṣabhāk-kramāt | | 15 | | dīpā ghṛotthā gāvo hi bhūcaryo devatā smṛtāḥ iti jñātvā traye 'muṣmin yatnavān kauliko bhavet | | 16 | | (Dwivedi & Rastogi 1987 {7}:3304, Gnoli 1980:682).
- 182. Argha iti kunda-golaka-ākhyo dravya-višeṣah¦ šakti-sangamād iti ādya-yāgatayā vakṣyamāṇāt¦ kāya-pīṭham svam parakīyam vā śiraḥ¦... ghṛtotthā iti prādhānyāt, tena tailotthā api¦ (Dwivedi & Rastogi 1987{7}:3304-3305).
- 183. TA 29.17: Tena argha-pātra-prādhānyam jñātvā dravyāņi sambhunā | yāny uktāny avisanko 'tra bhavec chankā hi dūşikā | [ (Dwivedi & Rastogi 1987{7}:3305-3306, Gnoli 1980:682).
- 184. Reto harāmbu puṣpam ca nālājyakam tathā | pauruṣam kṣmābhavam chāgam mīnajam śākunīyakam | | palāndum lasunam caiva drava-dvādasakam subham | (Dwivedi & Rastogi 1987{7}:3306). Jayaratha makes no further comment on this, and Gnoli has no note about it.

- 185. Jayaratha explains that 'in regular order' (anulomatah) is in the order of creation, from the head to the toe (anulomata iti sṛṣṭi-krameṇa śirastah pādāntam), and Gnoli adds that reverse order is from toe to head. (Dwivedi & Rastogi 1987{7}:3307, Gnoli 1980:682n.14).
- 186. TA 29.18-19: Yāgauko gandha-dhūpādhyam pravišya prāg-udamukhah | parayā vā 'tha mālinyā vilomāc ca anulomatah | | 18 | | dāha-apyāyamayīm šuddhim dīpta-saumya-vibheditah | krameņa kuryād athavā mātṛ-sadbhāva-mantratah | | 19 | | (Dwivedi & Rastogi 1987 {7}:3306, Gnoli 1980:682).
- 187. TA 29.20-21: Dīkṣām cet pracikīrṣus tac chodhya-adhva-nyāsa-kalpanam tatah saṃśodhya-vastūni śaktyaiva amṛtatām nayet | |20| | parā-sampuṭa-gā yad-vā mātṛ-sampuṭa-gā apy atho | kevalā mālinī yad-vā mālinī yadvā tāh samasteṣu karmasu | |21| | (Dwivedi & Rastogi 1987{7}:3307, Gnoli 1980:682).
- 188. TA 29.21a: Nanda-hetu-phalair dravyair arghapātram prapūrayet | Jayaratha's comments: Nandasya ānandasya hetubhih surādibhih, phalais ca kundagolakādibhih | ... yas ca atra etat-pūraņe sampradāyah, sa rahasyatvāt samaya-bhanga-bhayāc ca na iha asmābhih pradarsita iti | etad guru-mukhād eva boddhavyam | tad uktam 'carukam sampradāyas ca vijnānam melakam tathā | pūjā-krama-vidhānam ca yoginīnām mukhe sthitam | | (Dwivedi & Rastogi 1987{7}:3308-3309). Gnoli notes the first part of Jayaratha's explanation for his reticence in a note (Gnoli 1980:683n.21).
- 189. TA 29.22b: Tatrokta-mantra-tādātymād bhairava-ātmatvam ānayet | (Dwivedi & Rastogi 1987{7}:3309).
- 190. Amūrtā mūrtim āśritya devyah pindāntare sthitāh krīdanti vividhair bhāvair uttamadravya-lipsayā | (Dwivedi & Rastogi 1987{7}:3309).
- 191. TA 29.23-24: Tena nirbharam ātmānam bahis cakra-anucakragam viprudbhir ūrdhva-adharayor antahpītyā ca tarpayet | |23| | Tathā pūrņa-svarasmy-oghah procchalad-vṛttitā-vasāt | bahis tādṛsam ātmānam didṛkṣur bahir arcayet | |24| | (Dwivedi & Rastogi 1987{7}:3310, Gnoli 1980:683).
- 192. "The antinomian character of the *kulaprakriyā* can be seen in two ways. Firstly the ritual use of polluting substances, namely mixed sexual fluids (*kunḍa-golaka*), which are offered to the 'circle of goddesses' (*devīcakra*) and the *guru* at the conclusion of the rite, and secondly in the flaunting of sexual prohibitions, particularly the incest taboo." (Note: TAV 29, p. 72. According to Jayaratha, Abhinavagupta maintains that the *siddha*'s partner should be restricted to any female relative except his wife, in order that lust should not arise. Other texts cited by Jayaratha are less restrictive in choice of partner, saying that the *yogiņī* can be the *siddha*'s wife, sister, mother, daughter or 'beautiful friend.')" (Flood 1992:58 and 62n.80).
- 193. MVT 19.88-19.97 (Kaul Shāstrī 1922:135-136).

# Chapter 10 James F. Hartzell

### Introduction to the Kālacakra Tantra and Vimalaprabhā

### 10.0. Introduction

The fifth chapter of the Kālacakratantra and the Vimalaprabhā commentary thereon constitute a long and complicated Sanskrit treatise. The text of the Kālacakratantra as we have it in Sanskrit is really the Śrī-laghu-kālacakratantrarāja and its principal commentary by Pundarīka, the Vimalaprabhā. There are several places in the commentary where Pundarika quotes from the Root Tantra, itself referred to variously as the Mūlatantra, the Paramādibuddha, or simply the Adibuddha. Although the innate skepticism of Western scholars has often led to the impression that the root Tantra may never have even existed, I think the extensive nature of the quotations in the Vimalaprabhā, and the consistent style and syntax of the root Tantra verses suggests that the Mūlatantra did indeed at one time exist. Naropa, or Nādapada, also quotes from the root Tantra in his Sekoddeśaţīkā. Orofino and Gnoli have published both an edition of the Tibetan translation of the Sekoddeśaţīkā, with a reconstructed version of the Sanskrit of the Sekoddeśa verses,2 and have recently published an Italian translation of the Sekoddeśaţīkā, though I've been unable so far to secure a copy of the latter. Carelli had published an earlier edition of Nāropa's commentary on the Sekoddeśa from a single Sanskrit manuscript that Tucci had borrowed from the Mahārāja's library in Kathmandu (now apparently lost), and the work has been much criticized (though apparently not equally widely read through fully).3 Other than this surviving material from the Sekoddeśa, and the

quotes from the Mula Tantra by Pundarīka, the text appears to be largely lost. Raffaele Torella has reported to me that a group of Italian scholars working under Raniero Gnoli has a number of texts from the Kālacakra literature coming out in publication. These include Gnoli's Italian translation of Pundarīka's Paramāksaraiñānasiddhi, Sferra's edition and translation of Vajragarbha's Hevajrapindārthatīkā and Anupamarakşita's Şadangayoga with Raviśrijñāna's Gunābharani-nāmasadangayoga-tippanī, and Cicuzza's edition and translation of Vajrapāni's Laghutantrațīkā.<sup>4</sup> John Ronald Newman did a translation from the Tibetan of the verses and commentary on Chapter 1.1-27 and 1.128-169, skipping the verses and commentary from 1.28-1.127. Newman's work is extremely helpful, and I have referred to it frequently during my research for this dissertation, yet because he worked principally from the Tibetan version of the text, one needs to check his translation carefully against the Sanskrit. Recently Vesna Wallace has completed a translation of the second chapter and commentary for her Ph.D. at Stanford, based on a comparison of the Sanskrit, Tibetan, and Mongolian versions of the text. Her translations are by and large quite reliable, and she provided the full text of the chapter in her dissertation, along with an introduction to the text. Jensine Andresen at Harvard is currently working on the third chapter of the text, and Wallace has just finished translating the fourth chapter and commentary. I have completed a translation of the fifth chapter of the Kālacakratantra and the Vimalaprabhā thereon, with notes. Since in consultation with Prof. Thurman the full translation deemed too lengthy to add on to a Ph.D. dissertation, I have instead provided in Chapters 11-13

selected portions of my translation of Chapter 5 that contain some of the most interesting material.

The Kālacakratantra and Vimalaprabhā are divided into five chapters. The First is called the Chapter on the World Realm (Loka-dhātu-nāma prathamah patalah), in 170 verses covering, with the commentary, 156 pages in the Sarnath edition. According to Pundarīka's commentary, this first chapter is divided into eleven uddesas or explanations, as follows: 1) Rules for the True path (san-mārganiyama-uddeśah), 2) Teaching about the Tantras (Tantra-deśana-uddeśah), 3) The Relationship between the Teacher and the Questioner, the Root Tantra and the Laghu Tantra (deśaka-adhyeşaka-mūla-tantra-laghu-tantra-sambandha-uddeśah), 4) The motivation of the teacher and the questioner (deśaka-adhyeşaka-sādhana-uddeśah), 5) Summary about the teacher etc. (deśaka-ādi-samgraha-uddeśah), 6) Summary about the mandala, the consecrations, etc. (mandala-abhiseka-ādi-samgraha-uddeśah), 7) Summary about the World Realm (loka-dhātu-samgraha-uddeśah)--a) Summary of the [Buddha's] Reply (prativacana-samgraha-uddeśah), b) Summary of the World Realm (loka-dhātu-samgraha-uddeśah), c) Summary about the Vajra-Body (vajra-kāyasamgraha-uddeśah), d) Summary about the appearance of Rāhu etc. (rāhu-ādisamgraha-uddeśah), e) Summary about all the mantras [that are] the digits of the moon etc. (candra-kalā-ādi-viśva-mantra-samgraha-uddeśah), f) Instruction about the birth-places of the vowels (svarānām janma-sthāna-nirdeśah), 8) Summary about the extent of the World Realm (loka-dhātu-māna-samgraha-uddeśah), 9) The Long Section on the Procedures for Astronomical Knowledge (jyotir-jñana-vidhimahoddeśah), 10) The Long Section on the Rules and Regulations for the Production of Sound and [the making of war] Machines, 11) The Eradication of the Barbarian Dharma and the Establishment of the Buddha Dharma, etc.<sup>5</sup> Section 10 is particularly interesting from a historical point of view, as it offers detailed instructions on how to build seige machines for destroying the fort of a retreating opponent, including measurements for building a catapult, step by step instructions for its operation, detailed instructions for building a warship with sails and oarsmen, a spinning swordwheel operated by pulley, various devices to be strung on pulleys to get over the enemies' turrets and cast down hot oil, fire, etc., a giant bow attached to a platform for firing heavy armor-piercing arrows, a device for bridging trenches, booby-trapped holes with fixed swords, and so on.6 Earlier sections of the chapter lay out the extent of the cosmos according to the ideas we find in the Puranas, with Mt. Meru in the center, and the various oceans and continents arrayed in circles about it. There are also various mantra-mapping schemes, listings of the components of time as experienced by beings in the different realms, summaries of other sections of the text, introduction of the frame story, and so forth.

Chapter 2 of the Kālacakra and Vimalaprabhā is called the Inner Chapter (Adhyātma-nāma dvitīyah paṭalah), since adhy-ātman indicates 'belonging to the self or person,' as Apte defines it. The Chapter is divided into seven sections (in 180 verses, and 115 pages of Sanskrit in the Sarnath edition), called long or great explanations (mahā-uddeśas): 1) The Origination of the Body, Speech, and Mind, and the Investigation of the Four Noble Truths (kāya-vāk-citta-utpatti-catur-ārya-

satya-nirnaya-mahoddeśah), 2) The Truth of Origination etc. (samudaya-satya-ādimahoddeśah), 8 3) The Battle Between the Cakravartin and the Barbarians, the Tantric Clans of the Kālacakra, and the Origination of the Clans of the Nādīs (cakra-vartimleccha-yuddha-kālacakra-kula-tantra-nādī-kula-utpatti-mahoddeśah), 9 4) The Signs of Untimely Death and the Severance of the Channels (arista-marana-lakṣaṇa-nāḍīccheda-mahoddeśah), 10 5) The Characteristics of the Moments and the Rule about the Wheel of Time (ksana-laksana-kāla-cakra-niyama-mahoddeśah); 11 6) Elixirs etc. and Midwifery (rasāvana-ādi-bāla-tantra-mahoddeśah); 12 7) Our Philosophies, Logics, and Investigations, and Those of Others (sva-para--darśana-nyāya-vicāra-mahoddeśah). 13 This chapter has extensive discussion of the anatomy of the subtle body with an intriguing doctrine of embryology based on Tantric ideas that includes a mapping of Visnu's ten incarnations to ten stages in the growth of the fetus and the young child. These incarnations include Kalkin Buddha as one, another probable indication of a late date for this text. This is followed by a highly specific mapping of the external cosmos and universal time coordinates to the initiate's body. The section on Elixirs etc. contains detailed recipes for mixing medicinal incenses and perfumes, using a wide variety of roots and herbs, fruits, distillations from flowers, etc. The premise is given in the first verse of the section: "Firstly, a mantrin should preserve the entire body of the Jina (i.e. their own Buddha-body) for the sake of siddhis. In the absence of the body, neither a siddhi nor supreme bliss is attained in this life. Hence for the sake of the body's well-being one should practice the Yoga of the channels every day."14

The third chapter of the Kālacakra is the Initiation or Consecration Chapter (Abhişeko nāma tṛtīyah paṭalah, in 203 verses and 148 Sanskrit pages in the Sarnath edition). It is divided into six mahoddesas: 1) The characteristics of the detailed practice, all the [ritual] actions, the Tantric teacher, etc. (vajrācārya-ādi-sarva-karmaprasara-sādhana-lakṣaṇa-mahoddeśah), 2) The Summary of the stages etc. preceded by the protection cakra (rakṣā-cakra-pūrvangama-bhūmyādi-samgraha-mahoddeśah), 3) The Turning of the Mandala (mandala-vartanam nama mahoddeśah), 4) Consecration in the *Mandala* (mandala-abhiseka-mahoddeśah), 5) The Establishment (of the deities), the Procedure for the Gana-Cakra, and the Practice of Yoga (pratisthā-gaņa-cakra-vidhi-yoga-caryā-mahoddesah), 6) The Procedures for Looking at the Consort, of Leaving the Mandala behind, and the Enjoyment by the Vira (mudrā-drsti-mandala-visarjana-vīra-bhojya-vidhi-mahoddeśah). The Sarnath editors' provide a brief summary of the chapter, indicating a variety of magical rites, visualization of deities, drawing of the mandala, and so forth. Although I have not read through this chapter in detail, a quick scan of some of the material indicates that the initiation rites involve the practice of sexual Yogas; gana-cakra is the term used throughout the Buddhist and Saivite Tantras to refer to the group sexual rites. The pot-initiation (kalaśa-abhişeka) is included as part of the uttara-abhişekas. Skimming various sections of this chapter indicates that much of the material bears a strong resemblance to the initiation rites described in the Candamahārosanatantra in Chapter 9.3.1 of this dissertation.

The fourth chapter is the Sādhana Chapter (Sādhanā nāma caturthah paṭalah),

i.e the chapter on the Tantric Practices (in 234 verses and 101 pages in the Sarnath edition), divided into five sections: 1) The Place [for meditation], [confession of] Sins, Teachings, etc. (sthāna-rakṣā-pāpa-deśanādi-mahoddeśaḥ), 2) Generation of the (Buddha-) Body in the Creation Stage (utaptti-krameṇa kāya-niṣpatti-mahoddeśaḥ), 3) Generation of the Life Breaths and Deities (prāṇa-devatā-utpāda-mahoddeśaḥ), 4) The Completion Stage Practices (utpanna-rkama-sādhana-mahoddeśaḥ), 5) The Various Practices (nānā-sādhana-mahoddeśaḥ). I have translated some short sections from this chapter in Chapter 8.6.2 of this dissertation, though I have not had the chance to read it carefully. The Sarnath editors indicate that four types of meditation are discussed in the completion stage, and a variety of sādhanas are given.

The Sanskrit text of the fifth chapter is called the Jñāna-paṭalaḥ, most simply translated as the Intuition Chapter. It is divided into four main sections, or Mahā-uddeśaḥ: 1) The great teaching on the Emanation (according to) the Yoginī Tantras etc. (Yoginītantra-ādi-spharaṇa-mahoddeśaḥ); 2) The great teaching on the Explanation of the Purification of the Four Bodies, etc. (Catuḥ-kāya-ādi-śuddhi-nirṇaya-mahoddeśaḥ); 3) The great teaching called the Perfection of Knowledge of the Supremely Indestructible (Parama-akṣara-jñāna-siddhir nāma mahoddeśaḥ); 4) The great teaching for the Initiate on the Various Methods (Nāna-upāya-vineya-mahoddeśaḥ). Many portions of the text are abstruse, involving as they do complicated meditations using advanced bīja-mantra-śāstra, detailed astronomical and astrological information, or specific recipes for alchemical compounds. This material does not make easy reading. The most interesting portion of the chapter is

Pundarīka's 40 page comment on verse 5.127, where he lays out a long and complicated argument for the monastic version of Tantric yoga, complete with a wide variety of critiques of religious practices from his day. This is very illuminating material, so I have included a complete English translation of this section in Chapter 13. Chapter 11 provides an English translation of the first mahoddeśah of chapter 5, and Chapter 12 gives the second mahoddeśah, along with a portion of the fourth mahoddeśah on the Dharmasamgrahah. Although I have translated the full chapter and commentary, in discussions with Prof. Thurman we decided that including the full translation with the dissertation would simply be too unwieldy, as the full translation and footnotes totals 510 pages. Since I have covered most of the contents of the fifth chapter in discussions in Chapters 7-9 of this dissertation, I will not try to summarize all that material again here. Rather I will concentrate in this chapter on the difficult issue of trying to determine the temporal and geographic locus for the origin of the Kālacakratantra.

### 10.1. Canonical Dating of the Text

In examining the issue of dating the *Kālacakratantra* we are faced with some very interesting problems. One is the tradition's own explanation of the history of its source material. The traditional, canonical account is that Śākyamuni Buddha taught the *Kālacakra* at Śrīdhānyakaṭaka at the request of Sucandra, and Sucandra wrote the teaching down as the 12,000 verse *mūlatantra*. Śāstrī gives a short extract from one of the surviving commentaries on the *Sekoddeśa* in a Sanskrit manuscript of the early 13th century in the Asiatic Society of Bengal library, the *Sekoddeśa-ţippanī* by

Sādhuputtra Śrīdharānanda, that provides a version of the explanation for the original teaching of the Kālacakra:

Om homage to the glorious Kālacakra. The mother of universal form seemingly consists of spotless void. And the lord's body is filled with a hundred juices of non-duality. With this form he engenders the lineage of the Victors. Homage to that [form] with oblations purified by the orgasmic yoga. Honoring the lotus feet of the Guru, I wrote [this] commentary on the Sekoddeśa for [the purpose of] recollection, through his grace. Here, indeed, the Bhagavān Śākyasimha, solicited by those desiring to listen to the various Tantras at the great caitya of Śrīdhānya [kaṭaka], taught the great vehicle of the mantras. There king Sucandra, the emanated body of the lord of the ten stages, the great bodhisattva Vajrapāni asked the lord for the great Tantra of the twelve-thousand verses, the Paramādibuddha. Hence the lord's prophecy: In the system of the perfection [of wisdom], the mahābodhi abides in the bodhi; the place of instruction is restricted to the great mountain, Grdhrakūta (Vulture Peak). The Glorious Dharma realm is the place described in the Great Mantra system; the world-realm etc. are in the awakened minds of the Buddhas dwelling in the three worlds. The instruction about the [mantra]-kalpas, the Dhāraṇī at the end of the Vaibhāsika sūtra, that is not said to be the only abode of the Buddhas since it is the resort of Middle beings. Even on Vulture Peak Maitreya [follows] the Perfection of Wisdom system. The Buddha will teach the pure Mantra system in Śrīdhānya.' So, in accordance with the Buddha's statement, there [occurred] the teaching of the Mantra system in Śrīdhānya. And in other places, with the intention of generating confidence in that [system], the great Bodhisattva Lord of the ten stages, or some other Samgītikāra [reciter] taught that teaching there in detail... [Colophon:] Whatever benefit may be obtained by my writing this commentary on the Sekkodeśa, may it serve as an ointment to the feet of Vajrasattva. Hence the Commentary on the Sekkodeśa is completed. [Post colophon:] This was written by Sādhuputrapaņdita of Śrīdharānanda. 15

The tradition then holds that in the region of Sambhala (or Sambhala as it is frequently written), King Yasas, an emanation of Mañjuśrī known as Kalkin, seventh in the lineage of kings following Sucandra, and ruler of a town called Kalāpagrāma, wrote the *Laghukālacakratantra* in 1030 verses. His son, Puṇḍarīka, wrote the

Vimalaprabhā commentary. 16 As the colophon states at the end of the fifth chapter of the Vimalaprabhā, at the end of the Laghukalacakratantra states:

I, the son of this Yasas, (an emanation of) Mañjuvajra, the king Śrī Kalkin, [and] king here in Śrīkalāpa, explicated this Tantra in five chapters from the Ādibuddha, with a mind delighted by what was explained by the completely awakened one, and urged on by Śrīyaśas. Whatever merit is obtained, blazing with great understanding, from the gift of Puṇḍarīka (who) has written the commentary on the Tantrarāja (by) following the footprint left by the blazing lightning bolt of the glorious root Tantra, may the entire world thereby become completely awakened, and obtain the path of the lightning bolt possessor.<sup>17</sup>

This then provides what Western scholars would typically consider the 'mythic' basis of the text. I must however point out that this sort of origin explanation for the text involves reference to subtle levels of reality whose existence is perfectly consonant with the other doctrines taught in the Tantras themselves. These claims however pose challenges to the epistemological categories of Western scholars, particularly in terms of the dominant scientifically colored world view in the West. His Holiness the 14th Dalai Lama provides a more recent explanation of the Buddhist canonical view of the source of the text that links its more subtle plane origins to demonstrable historical tradition. The texts are said to have been taught by Buddha in a mystical manifestation to disciples in a mystical state, so, His Holiness, explains, " it does not matter much whether any specific Tantra in question was expounded during the life of the historical Buddha. Yet, in fact, the *Root Tantra* (*Mula Tantra*) of the Kalachakra was set forth by the Buddha during his life." The tradition holds that Buddha's first disciple was King Chandrabhadra, who wrote a commentary on the root Tantra, followed in the lineage by Mañjuśrīkīrti and his son Puŋdarīka, who wrote the *Laghu* 

Tantra and the Vimalaprabhā, respectively. A tenth-century monk Chilupa, is said to have received the teaching from Manjuśri, and have passed it on through a series of teachers (Acarya, Kalacakrapada Senior and Junior, Manjukirti of Nalanda, Sang Gye Yeshe of Tibet, Samanta Śrībhadra of Nepal, and Ra Chorab, the 12th century TIbetan Yogi, Ra Yeshe Seng Gye, and eventually Bu Ston (14th century). "Thus the lineage has been passed from generation to generation until the present day. I, myself, received the initiations and the transmission of teachings on the creation and completion stages from my Vajra teacher Kyabje Ling Dorje Chang, the Ninety-Seventh Patriarch to Tsong kha pa's Throne. I received the transmission of the Commentary to the Root Tantra from Serkhong Tukse Rinpoche. 18 The preceding neatly summarizes the historical view of His Holiness' tradition, the surviving tradition of Kālacakra practice. Newman, in his thesis chapter on "The History of Kālacakra in India," cites the Vimalaprabhā's explanation that the Buddha taught the Kālacakra at Dhānykataka, "the site of a huge marble stupa [once] located at what is now the village of Amaravati in the Guntur district of Andhra Pradesh." 19 (The stupa was destroyed in the early 19th century for building materials.) Further on Newman tells us "According to the Kalacakra tradition, the Kalacakra Tantra was taken from Dhānyakataka to Sambhala by Sucandra, the Dharma King of Sambhala."20 Newman's explanation would then provide us with an original geographic locale for the teaching of the Adibuddha text, though one would have to accept the timing of the original teaching and its author on faith.

Tucci for one did not consider the idea that Śākyamuni Buddha taught the

original Kālacakra to be a reasonable one: "It is evidently a pious tale, without the least historical foundation, that the Kālacakra 'the wheel of time' was revealed by the Buddha twelve months after his enlightenment, in the mc'od rten of Dhānyakataka, which, for the occasion, became dilated until it assumed the proportions of the universe, symbolized by every stūpa."21 The more interesting historical problem for Western epistemologies starts with the idea that Chilupa received the teaching in the 10th century CE from an incarnation of the Bodhisattva Mañjuśrī, who had brought the teaching from Sambhalā. The Dalai Lama writes that the historical Buddha taught the Kālacakratantra, "in mystical manifestation to those in a mystical state of purified karma and perfection." What is problematic is that no one has ever managed to identify the location, or historical existence of Sambhala, so it is difficult to account for the existence of the text between the time of Śākyamuni and the late 10th century. Edwin Bernbaum's intriguing study of the Tibetan guidebooks to Sambhala<sup>22</sup> aptly illustrates the elusive character of the kingdom, and Monier-Williams' identification (in his dictionary) of Sambhala as a town located between the Rathaprā and Ganges does little to clarify the matter. As Bernbaum's work makes clear, Sambhala fits easily into the Western epistemological category of a myth. The problem for interpretation, however, is that this easy fit is deceptive. As His Holiness' explanation illustrates, and the texts of the Kālacakra tradition confirm, the adherents of the Kālacakra tradition consider Sambhala quite real, not mythic, just not normally accessible to the perception of the unenlightened individual. The tricky magical elements in the guidebooks Bernbaum discusses illustrate that unless the individual

attempting to follow the guidebook has the proper level of Yogic/Tantric insight functioning, he/she will not understand the clues given, and will lose their way.

On the other hand, we need not necessarily take the "confessional" view, simply accept the tradition's historical explanation, and cease historical inquiry along the lines of traditional Western scholarship. Nor need we necessarily assume that in pursuing a traditional Western historical analysis we must a priori posit Sambhala as mythic. I would disagree with Jackson's suggestion that traditional and contemporary scholarly versions of the history of Buddhism must remain "perhaps irrevocably opposed."23 As far as the historicity of the Kālacakratantra goes, the most intellectually honest and rigorous approach is to recognize the competing claims of the traditional Buddhist history, the standard Western historical assumptions, and then pursue the inquiry with an open mind, and see what the evidence shows. As Jackson himself says in discussing the relationship of subtle body yogas in deity yoga, "The chakras, channels, winds, and drops are not believed to be equivalent to processes known to Western physiology, but to be the subtler basis of those processes. Thus, Tantric theory does not contradict the scientific view of the body so much as it supplements it."24 Whether Jackson is correct remains to be seen, yet we need to at least consider applying the logic of his point to our historical inquiry: the traditional Buddhist and contemporary scholarly historical approaches may also turn out to be somehow complementary. The real issue revolves around how we will define 'the Kālacakra.' Was the 'teaching' the Buddha gave exactly the same as the words of the text as we still have it? Or was it the case that the 'teaching' existed in an oral form

for centuries, and then took on a specific form of presentation and argument at the time it was finally written down? Or is the Buddha 'still' teaching at Dhanyakaṭaka in some other dimension that intersects with this one, so that he could be giving the original teaching of the Kālacakra right now? These are some of the issues raised by the Tantric epistemologies that we have to consider as part of the tradition we are studying. I also raise these questions here because the historical evidence I have uncovered using the modern epistemology of historical dating provides strong evidence that the Kālacakra text as we now have it came from a specific time and place in India, and from a specific doctrinal context. While I would not definitively claim to have located Śambhala, since we don't know the borders of the region, we have pretty strong evidence for the location of Kalāpa, and Kalāpa is said by the text to be in Śambhala.

## 10.2. A Modern Epistemological Approach to Dating the Text

So we have the statement by the text itself, and the assertion by Tibetan scholars (including the Dalai Lama) that all the Buddhist *Tantras*, including the *Kālacakratantra* itself, were in fact spoken by Śākyamuni Buddha. While this may well be true in some trans-temporal dimensional sense, as modern scholars we are obliged to carefully examine the linear historical developments of the Tantric tradition and attempt to place texts within that sequence. There are several lines of evidence that point rather strongly towards the conclusion that the text of the *Kālacakra Mūla Tantra*, *Laghukālacakratantra*, and Puṇḍarīka's commentary (*Vimalaprabhā*) date from the late first millennium CE, quite probably late 10th century or early 11th

century, and may very well have been produced by Kaśmīri writers.

### 10.2.1. Relative Date of the Kālacakra and Vimalaprabhā

One fairly reliable relative dating scheme is the notice of quotations in the Vimalaprabhā from earlier Buddhist Tantric sources. Pundarīka cites the Guhyasamājatantra<sup>25</sup> and Pradīpodyotana, <sup>26</sup> the Hevajratantra, <sup>27</sup> the Cakrasamvara, <sup>28</sup> and a gives a large number of citations from the Nāmasamgīti, particularly in his long comment to Kālacakratantra 5.127 (see Chapter 13 of this dissertation). At one point in his commentary to KCT 5.41 Pundarika remarks, "Just as the constituent elements become the basis for the child's prāņa, so they are perfected externally, as well as in the supreme. Thus the rule for complete purification in the [Guhya]-samāja, the Māyājāla, the Tricakrasamvara, and the Satcakrasamvara. In these Tantras the leader is either in the sun because of lacking the properties of form and aggregates; or in the wisdom dharma, in the moon, because of having the property of form."29 So we have a fairly reliable basis for saying that the Vimalaprabhā was written after the appearance of these earlier texts. Snellgrove makes a similar point in his work on the Hevajra Tantra, noting quotations from Hevajratantra in Advayavajrasamgraha, Dohākośa, Sekoddeśaţīkā--indicating that they all postdate the Hevajra.30 While the quotations in the Vimalaprabhā from the other Buddhist Tantras do not give us absolute dating information, they do certainly indicate that the Vimalaprabhā postdates those texts.

### 10.2.2. Reference to the Erotic Tradition

We find in the third chapter of the text the admonition that for the sake of

performing Tantric worship, it is incumbent upon the Yogin to learn the Kāmaśāstra since this text is a reservoir of all sorts of useful information. (Pūjārtham Kāmaśāstram bahu-guņa-nilayam yoginā veditavyam). Puņdarīka glosses the text as laukika-siddhi-artham, i.e. for the sake of worldly success.<sup>31</sup> We know that Vātysāyana's Kāmasūtra was written about the end of the third century CE, "the first complete work dealing with the science of erotics," a marking the high point of a long tradition of erotic literature (Kāmaśāstra) in India. Though people were certainly making love and writing about it long before Vatsyayana, the tradition of Kamaśastra as a literary genre in Sanskrit really begins with him at the end of the third century. Vātsyāyana did consult "ancient sex manuals" himself, 33 so that the tradition of erotics udoubtedly predates him, just as the tradition of Yoga practice predates Patanjali's Yoga Sūtras, and the tradition of medicine predates the Carakasamhitā and the Suśrutasamhitā. Yet we do not find many references in Sanskrit literature to Kāmaśāstra as a genre until after Vātsyāyana. So, unless we take the Ādibuddha's words as prophecy, it is difficult to explain the admonition of the Laghukālacakratantra text that the initiate should study Kāmaśāstra unless the text post-dates the late third century. On the other hand, one of Vatsyayana's sources was the writings (now lost) of the *Upanişad* figure Auddālikī Švetaketu, whom Vātsyāyana credits with being the founder of Erotics or Sexology. Bhattacharyya has noted a passage at Brhadāranyakopanisad 6.4.4. that mentions Udālaka Āruni (Śvetaketu's father) as a teacher of the erotic arts, and the Mahābhārata also mentions Śvetaketu as a figure in the tradition of erotic arts.<sup>34</sup> So it is evident that the tradition of

Kāmaśāstra dates to ancient times, and therefore this reference in the Kālacakra can by no means give us solid dating information.

## 10.2.3. Evidence that the Kālacakra is Post 7th Century CE

We find in the Kālacakra Tantra a remarkably accurate discussion of the Muslim religion, one that of course did not exist until the 7th century CE, along with what sounds like a first-hand description of some of the ravages of the invading Persian armies in North India. Indeed, the first chapter of the Kālacakra is chock full of details on how to build successful fortifications and defensive weaponry, with all sorts of gory details on how various killing devices work. As an article of faith one may choose to believe, as the text presents it, that Buddha foresaw all these events, and predicted them accurately. However, we find that this literary device, of placing accurate historical information in the mouth of the Buddha as textual source, was commonplace in Buddhist scriptures for many centuries leading up to the appearance of the KCT. K.P. Jayaswal has completed an important, though little noticed study of the historical section of the Arya-Mañjuśrī-Mūlakalpa (AMMK). This 1005 verse section (the fifty-third chapter of the text), the Rājavyākaraņa-parivarta, the Chapter on the Detailed Exposition, or Prophecy, 35 about the Kings, provides an imperial history of India from 78 CE to c. 750 CE, written from a Gauda point of view and so paying special attention to historical events in the larger Bengal region (including Magadha). As became commonplace with a number of Mahāyāna sūtras (and as was done with the KCT), though, the "history is put in the prophetic style in the mouth of the Buddha, who undertakes to narrate the future vicissitudes of his Doctrine and

Church, and in that connection royal history is dealt with." As Jayaswal notes, "in many places the writer of the MMK forgot to use the future tense and used the legitimate past tense in the narration."36 Hsuan Tsang has noted the keeping of annual political records by various kingdoms in India in the 7th century, and according to Jayaswal, the author of the MMK certainly used such material in preparing his 53rd chapter, in addition to the canonical histories of Buddhism.<sup>37</sup> One further point might reinforce the evidence that the Kālacakra/Vimalaprabhā post-dates the 7th century. In the description of the emanation of the Wisdom Tantras (prajñā-tantra-spharaņam) in the fifth chapter of the Kālacakra, Pundarīka maps four Buddhist Tantric goddesses to four of the pañcamahābhūtas: "So, through the influence of the black color/syllable, the Vajradākinī is the wind constituent; from the color red, Lāmā from the fire constituent; [13.15] from the yellow color, Khandarohā the earth constituent; from the white principal color, Rūpinī, the water constituent."<sup>38</sup> Lāmā is not a Sanskrit word. The closest word in Sanskrit is Lamakah = a lover. This is possibly, though not necessarily, a transliteration from Tibetan, apparently coming back into Sanskrit through the Prākrits, supporting a dating of at least this portion of the commentary from post 7th century CE, after the beginning of the Tibetan translation phase of Buddhism--a return influence, as it were. By the 12th century Lāmā had apparently become a popularly known dākinī--Hemacandra lists her in his Deśīnāmamālā, his dictionary of Prākritic words.<sup>39</sup> Finally, Chapter 5 of the Laghukālacakratantra verses (5.97) refers to The Arisen Dharma as continually communicating the true Dharma to those living in the three worlds, including "To animals, spirits, and

demons, to serpents, gods, and men, to Indians and Tibetans, etc."<sup>40</sup> Since Buddhism was not accepted in Tibet until the seventh century CE, we either date the text to the seventh century at the earliest, or explain this reference as a hopeful prophecy.

### 10.2.4. The Karana and Rasāyana Literature

As is evident from the commentary just preceding KCT 1.26, concurrent with the onset of the barbarian dharma in India is the destruction of astronomical textbooks (iyotisa-siddhānta-vināsah) and the introduction of the shorter astronomical books (laghu-karana-prayrttir). Pingree explains that "Karanas outside of South India are distinguished from siddhantas by their emphasis on pragmatic rules for computing and their avoidance of astronomical theory. One way in which this practical bent in most obviously manifested is by the elimination of reliance on the theory of the Kalpa or of the Mahayuga in determining the mean motions of the planets; their mean longitudes are rather computed from their positions at a given epoch close in time to the date of the composition of the karana, and the longitudes of the planets' apogees and nodes (except for the Moon's) are considered to be fixed." Pingree also describes "an abbreviated karana, dealing almost exclusively with calendric matters, spherical trigonometry, and the computation of the positions of the planets ... the Dhyānagrahopādhyāya."41 A laghu-karaņa is probably 'an abbreviated' karaņa. Pundarīka informs us that sphuţa = 'corrected,' and that the term is used ironically, like a mother's phony promise of candy in order to distract her children.<sup>42</sup>

Pingree informs us furthermore that the earliest *karaṇa* we have (Sūryasiddhānta) dates from 505 CE, and that before the date of the *Khandakhādyaka* 

(665 CE) "both karaṇas and siddhāntas bore the latter designation." The fact that karaṇas are referred to in KCT 1.26 strongly suggests that the root

Laghukālacakratantra cannot have been composed until mid-7th century at the earliest; otherwise how do we reasonably explain the reference in KCT verse 1.26 to a specialized type of astronomical text that did not exist prior to the seventh century CE? One can always argue for interpolations, of course, and assert that this verse is a later addition to the text—although Puṇḍarīka does comment on it. A similar dating conclusion can be drawn from the citation in the Rasāyana or Alchemical Section of the fifth chapter from the Rasahṛdayah, a surviving Śaivite alchemical Tantra. The general consensus of historians of medicine in India is that the alchemical Tantras did not appear until after the 8th century. Among these many texts is the Rasahṛdaya Tantra. The Laghukālacakra cites this text in one of the explanations of use of mercury as a catalyst for processing metals:

5.211: This catalyst, [equal to] an eighth portion of the mercury, is for the purpose of liquification<sup>45</sup> of the metals, [135.20] Suspended in a bag over steaming heat<sup>46</sup> for eight nights, one should cause liquefication just as is described in the *Rasahrdaya* [tantra], From the decoction<sup>47</sup> an intensification and an impurity is produced; this is powerful, pulverized, and calcined,<sup>48</sup> When each individual metal has liquified, [it] should have the form of the sun and the moon [and] should color all the metals.<sup>49</sup>

The Rasahrdayatantra was written in the 9th century by Govinda Bhagavatpāda, and apparently served as the model for the 12th century Rasārņavatantra. Since rasahrdaya does not appear to have a technical meaning in the context of specific processing techniques of mercury, I have taken it here as the name of the tantra, with -gata loosely translated as 'described in,' and taking yāvat eva as 'just as.' This may

be debatable, yet the translation certainly makes sense in this context, and if accurate would constitute evidence that at least this verse of the Laghukālacakratantra postdates the 9th century. Even if we read it differently, as "until it becomes the heart of the rasa," without reading as a reference to the Rasahrdayatantra, we can still use the Rasāyana section of the fifth chapter of the Kālacakratantra for dating the text. Alchemy of the type we read about in this fifth chapter did not appear as a developed science in India until the late 8th century, and the surviving texts are largely the Saivite Rasāyana Tantras. Its appearance as a distinct discipline is roughly synchronic with the appearance of the major Tantras as written documents with commentaries, and several of the famed Buddhist Tantric siddhas are also said to have been alchemists. As discussed in Chapter 7.6, the Tantric alchemical material has a distinctly different character than the Rasāyana of the early medical tradition, and we do not find it much in evidence prior to the 8th century. As such, it would be very difficult to explain the extremely detailed thirty-verse, thirteen-page section on Alchemy in the fifth chapter of the Kālacakratantra (verses 5.201-5.231, pp. 131-144 of the Sarnath edition) as dating from any time other than the 8th-9th centuries or later.

# 10.2.5. Evidence From the Manuscripts that the *Kālacakra* Dates from the 10th-11th centuries

Naudou identifies Kālacakrapāda Senior with Tilopa (a.k.a. Cilupa, or Tailikapāda in Sanskrit)--a kṣatriya from Madhyadeśa, and worshipper of Tārā, thereby explaining how Nāropa is known as the disciple of Kālacakrapāda Senior. He

identifies Piṇḍopa as Kālacakrapāda Junior, though other traditions in Tibet identify Nāropa as Kālacakrapāda Junior.<sup>51</sup> Gyi Jo Zla-baḥi ḥod-zer was the Tibetan translator who worked with Bhadrabodhi (Nāropa's student) to accomplish the first Tibetan translation of the *Kālacakratantra* in 1027 CE.<sup>52</sup>

Orofino gives a very helpful and lucid discussion of the lineages of the Kālacakra tradition as reported by Tibetan historians, with some evidence that the text may have originated either in the northwest of India, or in the Orissa/Bengal region, with the earliest teachers probably having lived in the 11th, and possibly the 10th century.<sup>53</sup> The Sanskrit manuscript that served as the principal basis for the Sarnath edition is part of the Asiatic Society of Bengal's manuscript collection in Calcutta. Haraprasad Sastri provided excerpts from this manuscript in his 1917 Catalogue, and it is the only surviving manuscript that includes the (virtually) complete text of the fifth chapter Vimalaprabhā. The palm leaf ms. is written in "Bengali characters of the late part of the 10th century A.D.,"54 and the post colophon indicates that it dates from the 29th day of Asadha (June-July) of the motion of the Sun, the 39th year at the feet of the great supreme king, the glorious Harivarmadeva. Śāstrī notes that "the present Ms. was copied on the 29th day of Aṣāḍha in the 39th year of Harivarmadeva, King of Bengal, whose minister's Prasasti is to be found in the temple of Ananta Vāsudeva at Bhuvaneśvara in Orissa. He is said to have reigned during the last half of the 10th century A.D.."55

The post colophon, in the hand of a different writer, ends with an odd little verse: "In the forty-sixth year of *Harivarman*,! On the seventh day of the dark half

of Māgha (January-February), when the eleventh day had passed, With a corpse, <sup>56</sup> a *Cuñcaţukā*, <sup>57</sup> with a virgin, during a dream, by sight (visualization); Taking the little finger, this was recited by request, On the bank of the Venga river in the northern and eastern direction, | Five times by the reciter, <sup>58</sup> over seven years." The indication here is that during the ensuing seven years after the text was written down in the form of the surviving manuscript, it was recited five times on the bank of the river. The obscure references to a corpse, a low caste woman, a virgin, and dream and visualization meditations suggest that the text was probably both recited and the Tantric Yogas prescribed therein were also practiced. In addition to adding another location to our list of places where Tantric Yoga was practiced (as discussed in Chapter 7), this post-colophon suggests that the single surviving complete Sanskrit manuscript that we have was in the possession of an out-of-doors practitioner for seven years in the latter part of the 10th century, and has somehow survived intact for 900 years afterwards—quite a remarkable occurrence. Śāstrī notes that the river Veng is in 'Jessore,' though I've not yet managed to find that location in India. <sup>59</sup>

#### 10.3. Identifying the Geographic Source of the Kālacakra

In this section we will take a look at the *Kālacakratantra*'s own account of its geographic origins, coupled as they are with evidently idealized iconographic depictions. Some of the place names and people mentioned by the text suggest the possibility that the *Kālacakra* may well have originated from the Kaśmīri region. Given that these hints come from the text itself, rather than the later commentarial tradition, they tend--at least in my mind--to have a bit more weight.

#### 10.3.1. The Text's Account of Its Locale

Puṇḍarīka himself tells us the story of the origin of the Kālackaratantra, complete with geographical detail and family lineage. In the propitiatory/summatory verses at the beginning of the first chapter of the text we find the line: "The short Tantra that was explained with the Master of the Secret's ten powers, according to what was spoken by the Primordial Buddha; That is this Short Kālacakratnatra, entirely communicated by Mañjuśrī to the sages in Kalāpa." The question is, is Kalāpa a real location? I contend that the mention of where the Tantra was spoken—in Kalāpa, or Kalāpagrāma, the village of Kalāpa, is not incidental. In the third brief account (Uddeśa) of the first chapter, explaining the salutatory verses at the beginning of the Tantra, Puṇḍarīka goes into some detail about the geography. I have retranslated the passage, making some minor corrections to Newman's translation.

South of the village of Kalāpa there is a royal garden of sandalwood trees. It extends for twelve yojanas, as does the village of Kalāpa. East of that (grove) is a lake that is similarly<sup>61</sup> matching the size of Kalāpagrāma of twelve yojanas extent; to the west (of the grove) is a lake of white lotuses (pundarīka-saram) of that same measure. In between those two [lakes] is the royal garden of sandalwood trees. In the middle of the sandalwood grove is the Bhagavana Kalacakra's mandala circle, consisting of male and female deities sculpted from the five jewels, square, and extending for four hundred cubits. Outside [of it] is the body mandala, square, with four doors, adorned with four pillars and eight cremation grounds, and enclosed by five walls. On the outside [of the walls] it is adorned with the four encirclements of the earth etc., and with a row of vajras. The circumference<sup>62</sup> of the row of vairas is eight hundred cubits. In the middle, half the size of the body mandala, is the square speech mandala--square, with four doors, adorned with four pillars, surrounded by five fences. The mind mandala is half the size of the speech mandala, has four doors, is adorned with four pillars, and surrounded by three enclosures. Half

[the size] of that is the knowledge mandala, decorated with sixteen pillars. Half the [size] of this is the eight-petalled lotus. The pericarp is a third part [one third] of the lotus. In this way, the body, speech, and mind mandalas are filled with all the qualities, adorned with strings and half-strings of pearls. Filled with jewels, tapestries, pavilions, and Bakula tree blossoms, (The tree is said to blossom when sprinkled with nectar from the mouths of beautiful women—so beautiful women must also be present, discretely) glittering with mirrors, half-moons, (presumably the suggestion of the presence of yogis as counterparts to the beautiful women) and bells."

The preceding is evidently an iconographic-style description of an idealized mandala-location. However, it appears to be set in what may have been a real physical location--Kalāpa. We are given a partial date, and a cultural context. It is in the preceding location, at the full moon of *Phalguna* (February-March) that King Yasas, who was then king of Kalapa spoke to the assembled brahmin sages headed up by Sūryaratha.<sup>64</sup> Towards the end of his discourse King Yasas urges the brahmins on with these words: "Quickly, gentlemen, you must leave the territory of Sambhala, so that all the sentient beings dwelling in the 960 million villages north of the Sītā river, abandoning the bad karmic paths of taking life etc., will obtain, through the governance of the Bhagavan Kalacakra, the path of true knowledge."65 Again at the end of the fifth chapter the location of King Yasas in Śrī Kalāpa is again stated explicitly: "You are the Sun in Kalkin's clan, honored by the lord of the earth, [you are] the glorious Yasas, in Śrī Kalāpa."66 Again, in the closing lines written by Pundarīka he says: "This Tantra in five chapters was extracted from the Adibuddha by this Mañjuvajra, / By the king Śrī Kalkin; I, son of this Yasas, [and] king here in Śrī Kalāpa/With my mind delighted by what was explained by the completely awakened one, and urged on by Śrī Yaśas, wrote a commentary on the Tantrarāja,

following the footprints left by the blazing lightning bolt of the glorious root

Tantra."67

From the above evidence we see that Puṇḍarīka was King Yaśas' son, and ascended the throne of Kalāpa after Yaśas. Nearby to Kalāpa flows the river Śītā, and it was the intention of the King that the brahmin sages he converted to this teaching would spread it in the lands north of the Śītā river. When they attempted to go south, to the Āryadeśa, i.e. to India, he brought them back by putting them to sleep, and having local tribesmen bind them up and return them to his palace. This tells us a few things. 1) Kalāpa was either the capital of Sambhala, or the capital of a small kingdom in Sambhala (more likely the former). 2) That it was situated north or in some upper northern section of India proper, and 3) that the river Śītā flowed nearby, forming part of its northern border.

#### 10.3.2. Possible Geographic Mapping of the Text's Locale

Newman identifies the Sītā as "the Tarim in Eastern Turkestan." In another note Newman translates Bu ston's comment: "'Śītā' means cool or white: it is much cooler than other rivers, or else it is covered with lines of white bubbles.'" Common sense tells us that a river much cooler than others, and covered with white bubbles would be a white-water laced high mountain river, probably one running off of snowbanks or glacier. As it turns out, there is another river that was known as Śītā that runs through Kaśmīr. In his Geographical Dictionary of Ancient and Medieval India, Dey identifies Kalāpagrāma as a village situated in the Himālayas near Badarikāśarāma, a peak about 55 miles northeast of Śrīnagar in Kaśmīr.

provides references from 5 different *Purāṇas* for this identification, and all of these place Kalāpagrāma in the Himālaya mountains near Badrināth or Badrikāsaramah.<sup>72</sup>

Nearby to Badrikāsarama flows the river Alakānandā, also known as the river Śītā.<sup>73</sup>

The river is the same one that flows through Śrīnagar.<sup>74</sup> The possibility that the Kaśmīri Śītā is the same as the one referred to in the *Kālacakra* is somewhat strengthened by the description of the region left for us by Capt. F.V. Raper in his survey of sources of the Ganges, published in 1818. Going north from Śrīnagar through the Kaśmīr valley, Capt. Raper passed the town and temple of Badrināth a bit more than a quarter mile (two and a half furlongs) distant; then on to Indra Dhārā another mile and a quarter; three quarters of a mile further:

On the opposite side of the Alacananda, is a large town, called Manah, situated at the foot of a mountain, which, by an inclination to the N.W. bounds the valley in its N.E. direction. The hill is composed of rock, and covered with large loose fragments, which seem to threaten destruction to the houses placed at the foot of it. It is called Calāpa Grām [Sanskrit: Kalāpa grāma]; and, as every rock in this neighborhood is sanctified by some holy tradition, this place is distinguished as the residence of Surya-Vansi and Chandra-Vansi, the partriarchs of the two races of Rajputs. From hence we proceeded along the banks of the Alacananda, in the direction of W.N.W. The breadth of the current is here considerably decreased, not exceeding eighteen or twenty-feet; the stream shallow, and moderately rapid. At the distance of four furlongs [i.e. a half mile], we crossed the river, over a bed of snow, and mounted on the opposite bank, whence we descended into another valley, in which we continued our route, for two ro three miles, passing over several deep beds of snow, collected in the cavities of water courses and ravines.<sup>75</sup>

The snowy ravines beyond *Kalāpa Grāma* Raper describes as quite barren and desolate, filled with snow and a sharp piercing wind, giving the appearance and sensation of the depth of winter. The river Alacanandā (the Alakanandā referred to

by Dey, above), also known as the Śītā, he describes as turbid, flowing as it does down out of the mountains and snow. So this river certainly fits the descriptive name of a 'cold' or 'white' river, is also known by the name Sītā, and flows next to a place called Kalāpa, as described in the Kālacakra text. Kalāpagrāma is also described in Chapter 1 of the Kālacakra as surrounded by mountains, exactly the type of location that Raper describes for us. There is no commentary on KCT 1.157 in the Sanskrit. Newman however provides us with Bu ston's comments: "Then, the p[a]lace 'Kalāpa' is the place 'renowned' as the land 'Sambhala' is 'surrounded in the four directions' of that Sambhala 'by mountains,' and 'measures arrow (5) times one hundred leagues.' This five hundred is the measure of the previously mentioned snow mountains on the circumference of Kailasa.... Some assert it is the measure of Sambhala; some assert it is the measure of the city of Kalapa."<sup>76</sup> So Kalāpa was surrounded by mountains, not by plains, low hills, the ocean, or some other topology. This fits quite well with Raper's description of the Kalāpa of Kaśmīr. Was the Kaśmīri Kalāpa then the setting the writers of the Kālacakra chose? We may never know, yet this is apparently the only place in India that goes by the name Kalāpa grāma. Like the name Vārānasī, Kalāpa appears to be a unique name for a single place in India that has been known for many centuries.

Newman and the Sarnath editors have apparently made an error in the translation of *Makha* that has misled other scholars into believing that the *Kālacakra* may have come from outside of India. Newman translates *Makha* as Mecca in his English version of KCT 1.26 and commentary, and Jagannath Upadhyaya also used

this translation in the Preface to the Sarnath edition of the first two chapters of the Kālacakra.<sup>77</sup> Pundarīka cites this verse himself in the fifth chapter of the text:

In this regard, at the time of the primal Buddha's teaching, it was stated by the Tathagata in the World-Realm [Lokadhatu] chapter [KCT 1.26] that when, at the proper astrological time, the barbarian dharma is produced, the destruction of the doctrines will take place; the laghukaranas will come into existence on earth, [96.15] and Mañjughosa, after I have been held back for six hundred years, will be [born] in the realm of Sambhala, in the Śākya clan, as the son of the lord of the gods, in the womb of Vijayadevī, Yaśas by name, Kalkin--as follows: "After six hundred years from the first year, the manifest king Yasas will be born in [the land] called Sambhala; after a eight<sup>78</sup> hundred years more [there will be] the beginning of the barbarian dharma in the land of Makha (India, not Mecca); At that time, 'corrected' laghukarana should be recognized by men on earth, [96.20] There will be destruction of the doctrines on the whole surface of the earth, because of the connection with time. | | "79 (Kālacakratantra 1.26)80 Mañjughoşa was predicted by the Tathagata. And he, according to the aim of the Vajrayāna, will create a single caste (or clan, kula) out of the thirtyfive million Brahmarşis honoring [king] Sūryaratha. Because of that, Mañjughosa will gain the name Kalkin, not because of supporting the Brahma caste [as in the Hindu mythological explanation].81

As Professor Pingree pointed out to me, *Makha* refers to great sacrifices or festivals--it is not a term used in Sanskrit to refer to Mecca. A *makha-vedī* for instance is a sacrificial altar; *makhānna* is a term for sacrificial food, *makhāgni* is the sacrificial fire, *makhakriyā* a sacrificial rite, etc. (see Monier Williams' and Apte's dictionary citations). *Makhaviṣayah* is therefore a name for India--the 'land of sacrifices,' a very apt description. The commentary to KCT 1.26 identifies *Makha* as south of the Śitā river and adorned with ten million villages (i.e. a sizeable area) (śītādakṣiṇe makhaviṣaye koṭi-grāma-vibhūṣite). <sup>82</sup> This too is an apt ancient name for India still in use--common wisdom has it that India is a country of villages. In this context describing *Makhaviṣaya* as south of the Śītā river locates the river north of

India, and not the Tarim as Newman and others have believed. Similarly, then, the *Mleccha-dharma-pravṛtith*, or 'beginning of the Barbarian Dharma' refers to the advent of Islam in India, not in Saudi Arabia. This corrected translation of the passage from the first chapter of the *Kālacakra* then agrees quite well with the geographic identification I have proposed that the Śītā river of the *Kālacakra* text is the river flowing next to *Kalāpagrāma* in the northern section of the Kaśmīr valley. As far as the dates given in KCT 1.26 and commentary, these are I think difficult to be certain of. Prof. Pingree remarked to me that without some clear idea of when the first year was (ādya-abda), the date is really not meaningful. Were we to take the first year as c. 450 BCE, and add the 1400 years to this that KCT 1.26 refers to, that would situate the time the text refers to at about 950 CE as the date when the barbarian *dharma* took over in India. The *Kālacakra* reference is rather vague, so we do not have a specific sense of what the authors intended by the notion of the *mleccha-dharma-pravṛtir*, although the detailed information in KCT Chapter 1.128-142 on war machines<sup>83</sup> suggests that the authors were concerned about an invasion.

We know that although Muslim invasions of India began within a few years of A.H. 0 (i.e. 620 CE), they were not successful for over two hundred years. R.C. Majumdar has published a study of these early invasion attempts, noting unsuccessful sallies against the Bombay region (637 CE), Sind (662 CE), and unsuccessful attempts against the frontier post of Kikanan (near Baluchistan) up through the mid-9th century even after the conquest of Sind. The Kabul region was alternately free and ruled by the Muslims through the 7th, and remained largely free during the eighth century until

about the mid-ninth century, as did the region of Zabulistan. As Majumdar concludes, "the long-drawn struggles of the Arabs with these powers [the Zabulistan and Kabulistan mountain peoples] ... mark their steady but fruitless endeavors to enter India through the two great Passes [i.e. the Khyber and Bolan passes]," and he lauds the "heroic deeds of these two great peoples, who defended her gates against Islam for two centuries."84 Even though the Arabs had conquered Sind, then, they had not advanced into India by the mid 9th century CE, so the makha-visaye mleccha-dharmaprayttih must refer to sometime after the mid-9th century. In fact, it was not until the turn of the 11th century, under Mahmūd of Ghazneh--who came to power in 997 CE--that the Persians began to have success in their repeated invasions of the Panjab. Al-Biruni only came to India because he had been captured in one of Mahmūd's raids of Khwarzim, taken as prisoner to Ghazneh, and given an opportunity to participate in the Panjab campaigns. 85 So it was really not until the 11th century that one could legitimately claim that the *mleccha-dharma* had a *pravṛttih* or beginning in India. So it seems reasonable to locate the reference in KCT 1.26 to the late 10th, early 11th century CE. This is exactly the time when Abhinavagupta was alive (c. 975-1050 CE), and coincides with Orofino's dating of the Kālacakra texts: "the period of the composition of this literature in India corresponds to the sexagenary cycle from A.D. 967 to A.D. 1026."86 As discussed in the opening section of Chapter 6 of this dissertation, the Kaśmīr valley is geographically isolated, and difficult to get into and out of (as Kuttani's story of leaving the valley by the salt road makes clear). It seems quite plausible to me that educated Buddhists living in Kaśmīr at the close of

the 10th and beginning of 11th century would have been well aware of the Muslim invasions ransacking the Buddhist universities to the south in India, and may have felt something of a siege mentality.

## 10.3.3. Coincidence of Names from the Text With Historical Fact

The possibility that the Kalāpa of the Kālacakra text is the same as the Kalāpa of Kaśmīr is supported by a second interesting clue comes from the name of Sucandra's mother: "In the territory of Sambhala, in village of Kalāpa, was born from the womb of Vijayadevī of Sūryaprabhā (the Light of the Sun), the master of the ten stages, Vajrapāņi, as Sucandra."87 Vijayā is the name of a district in Kāśmīr, and the pre-Muslim name of Śrīnagar was Sūryanagara--city of the Sun.<sup>88</sup> It seems likely that Vijayādevī of Sūryaprabhā was a venerable lady from the region of Vijayā in Kaśmīr, near the city of Sūryanagara. A third, and perhaps more telling clue that the Kālacakratantra Kalāpa is the same as the Kaśmīr Kalāpa is that there really was a benevolent king called Yasas who ruled Kasmīr shortly before the apparent date of the Vimalaprabhā. As I discussed in Chapter 6, Yaśas or Yaśakāra (939-948) was the wise and benevolent king elected by an assembly of Brahmans after the reign of the terrible and patricidal Unmattavanti (937-939 CE), and the short-lived reign of the boy-king Sūravarman II. Yaśaskara was the son of Prabhākaradeva, treasurer to King Samkaravarman. They apparently made a very good choice since Yasas restored the kingdom of Kaśmīr to rule of law and order, and brought prosperity to the land through a non-corrupt administration and enlightened public works projects. 89 He may have been part of the inspiration for the frame story of the Kālacakratantra.

There is one further possibility that we might consider: Puṇḍarīka's own name; it would not be unlikely that his father might have taken his son's name from the Puṇḍarīka lake to the southwest of Kalāpagrāma [1.26.21]. Especially since the tradition offers no other explanation for the source of Puṇḍarīka's name, I am inclined to think this is the source of it—though this is certainly only speculation. In addition, if we postulate that Puṇḍarīka was in fact a real person, who really did write the Vimalaprabhā, then he must have lived somewhere, been the son of someone, and received his name from (most likely) his father. Aside from the propensity of scholars to disavow historical information presented in Sanskrit texts, there is no apriori reason not to take Puṇḍarīka at his word—that he was indeed the son of King Yaśas of Kalāpa, in the territory of Sambhala.

One other note, on the name Sambhala, is worth making. Monier Williams gives a verb  $\sqrt{sambhal}$  (sambhālayatī), to observe well or perceive, or learn, from the Naiṣadhacaritam, and a noun sambhalah that he says is probably originally sambharah, and often found in the variant reading śambhala, a term dating from the time of the Atharvaveda and referring to a match maker or procurer or suitor, with sambhalī indicating a procuress. He lists under Śambhala the town of Śambhala (Śambhalagrāma), citing the Mahābhāratah, Harivaṃśah, and Purāṇa sources, as "fabled to be the place where Kalkin, the last incarnation of Viṣṇu, is to appear in the family of a Brāhman named Viṣṇu-yaśas." This is not all that revealing etymologically, yet does confirm the idea that the Purāṇa story of Viṣṇu-yaśas has significant overlaps with the frame story of the Kālacakra.

#### 10.3.4. Flaws in the Theory

There are some flaws in the theory of trying to identify the Kālacakra Yaśas with the Kaśmīri Yaśas. Yaśas is prophesied to be born 800 years before the advent of the barbarian dharma in India. Kalhana makes no mention (in the Rājataraṅgiṇt) of the king as being particularly fond of Buddhists (some others were), and makes no mention of any of his children. Nor would it particularly make sense to refer to the Kaśmīri King Yaśas as only King of Kalāpagrāma. A grāma is after all a village (or a town); the term is typically not used in Sanskrit to designate a city. Within the confines of the argument that Kalāpa of Kaśmīr was the same Kalāpa of the Kālacakra, we would have to assume then there was perhaps another, more local ruler of Kalāpa also named Yaśas, or that the Kālacakra authors restricted the reference for some other reasons. This is however all speculative, and in any case there is another distinct possibility for the origin of the name Yaśas.

#### 10.4. The Purāna Options

There is also a curious overlap of several facts from the *Kālacakra* frame story with evidence from the *Purāṇas*. Prof. Pingree has also informed me that the name Yaśas as king in the *Kālacakra* frame story may have some relationship to king Viṣṇu-yaśas in the *Kalkipurāṇa* story. Unless we accept the prophecy arguments, we know that the *Kālacakratantra* and Puṇḍarīka's commentary have to date to after the late Gupta period (c. 4-5th century CE), since Kalkin, one of the important characters in the frame story of the *Kālacakra*, does not appear in Indian literature until that time. <sup>90</sup> Bhandarkar, discussing the Kalkin prophecy in the *Agnipurāṇa* notes that

"there is a prophecy in the Agni Purāṇa which represents the White Yajurveda as a conquering or triumphant Veda, saying that the only Veda that will prevail in the latter part of the Kaliyuga will be the Vājasenayaka; all others being lost, and the purohita or priest of Kalkī, the king that will overthrow the Mlecchas, who will have overspread the earth, will be Yājñyavalkya." The basic premise of a Kalkin coming to overthrow the Mlecchas is essentially the same as what we have in the Kalacakra, pointing to a shared tradition, though the Buddhist and Hindu texts of course give very different reasons for his arrival. Puṇḍarīka gives us the Kālacakra rationale, along with a helpful explanatory etymology of the name Kalkin:

Mañjughoşa was predicted by the Tathāgata. And he, according to the aim of the Vajrayāna, will create a single clan out of the thirty-five million Brahmarsis honoring [king] Sūryaratha. Because of that, Mañjughoşa will gain the name Kalkin, not because of supporting the Brahma caste [as in the Hindu mythological explanation]. If Kalkī is the son of the brāhmaņa Yaśas, [96.25] then by whom in this case is this one kalkī [i.e. possessed of dirt]? Without wealth, he possesses wealth. He is called kalka [unguent paste like cement, or a tenacious viscous sediment, or a doughy mixture] because he unites the [four] castes with the outcastes, 92 so there is the cement paste, hence the one possessed of the cement paste, not without the cement paste; he in fact is Kalkī. Furthermore, at the close of the yuga, having seen the extreme adharma on the part of the barbarians, having become rock-like and unshakable, having manifested the endless supreme horses by the perfected meditation of the supreme horse, having by them [by those horses] caused the thoughts of the barbarians to flow into his own dharma, he will establish [his own dharma. He will cause the destruction of their dharma, not the ending of their lives. 93

Of course one could argue that such late Gupta mention of Kalkin derived from some leakage in the secrecy maintained around an ancient *Kālacakra* text, though this would be more of a doctrinal argument, not something based on demonstrable textual sources. According to Prof. Pingree there is significant

similarities between the Kalkin s'tory as presented in the Kālacakra and the Kalkipurāņa tales. It also appears that the Śiva Purāņa may have some of the doctrines of the Kālacakra tradition. In the 25th chapter of the Śivapurāņa, Parvatī asks Siva about the Kālacakra, the signs of death, and the extent of life. As Pelissero remarks, "In this context the absolute identity between kāla and mṛtyu must be kept in mind,"94 as the techniques involved are designed to divine the time of death of a sick patient by application of the tithis (lunar days) to the granthas (joints of the hands), and then looking for connecting lines. While I wouldn't hazard a guess on the date of this chapter, the mere presence of such terminology and practice suggests at least a popular correspondence worth exploring, particularly since we find exactly these sort of mappings of time units to the body throughout the fifth chapter of the Kālacakratantra. I have not however had time to work through all the Purānic material to determine the extent of relationship between the Purāņas and the Tantras. To the best of my limited knowledge of the Puranic material in regard to Tantra, though, it does appear to be the case that the first inclusion of Buddha as an incarnation of Visnu comes in the Nīlamatapurāņa, the Purāṇa that is local to the Kaśmir region. The text says: "The Lord Vișnu, ruler of the world, Oh Brahman, will come into being in the twenty-eighth Kali Yuga as Buddha, teacher to the world."95

The *Purāṇa* also describes the rites for the annual celebration of the Buddha's birthday in Kaśmīr, a syncretistic approach reflecting the centuries of peaceful coexistence of Buddhism and Śaivite creeds in Kaśmīr. 66 Certainly Puṇḍarīka was

aware of this tradition of Buddha as an incarnation of Visnu, since he cites it in one of his many critiques of Hindu beliefs:

Similarly, the deliberations of the ancients, beginning with the fish and ending with Kalkin (i.e. the incarnations of Viṣṇu) are meaningless. This Buddha Bhagavān [is said by the brahmans to be] the ninth incarnation of Vāsudeva, and Kalkin the tenth. The Buddha, because of the great illusion in the Kaliyuga, will by trickery corrupt the sacrificial dharma; he will corrupt the combat dharma, the rites for the ancestors, the doctrine of the castes, the slaughter [of animals], telling lies....[etc.]<sup>97</sup>

We find the full list of Viṣṇu's incarnations in the sixth verse of the second chapter of the Kālacakra as well, recapitulated in the embryo as fish, tortoise, boar, man-lion, dwarf, Paraśu Rāma, Rāma, Kṛṣṇa, Buddha, and Narendra, indicating that both Puṇḍarīka and the author of the Laghu verses were familiar with this doctrine. Indeed, the accepted presence of these incarnations in the verse of the second chapter, and Puṇḍarīka's critique of them as meaningless in the fifth chapter, suggest that, as appears elsewhere, Puṇḍarīka was a bit more partisan in his outlook than the verse author(s) was. By itself Puṇḍarīka's awareness of this Hindu doctrine of Viṣṇu's incarnations would not say much. However, we have a considerable body of evidence from the fifth chapter of the Kālacakra that makes it abundantly clear that Puṇḍarīka, the author of the Laghukālacakra, and the author of the Mūla Kālacakra were all well aware of the Kaśmīri Śaivite Tantric doctrines, and saw their own doctrines as in competition with these.

#### 10.5. References to the Kaśmīri Śaivite (Trika) Doctrines in the Kālacakra

One other method of contextualizing a text geographically and historically is to examine the mentions in the text of other doctrines that we can reliably date. In the

case of the Kālacakratantra we have a significant amount of evidence from the text indicating synchrony with the Kaśmīr Śaivite Tantric tradition.

#### 10.5.1. Mention of Saivite Tantras

There are a number of passages where the verses of the Kālacakratantra and the commentary by Puṇḍarīka refer either directly or obliquely to doctrines that are characteristic of and identifiable as Trika doctrines of Abhinavagupta's tradition of Kaśmīri Śaivite Tantra. In three of a set of sixteen verses in the fifth chapter of the Kālacakra that Puṇḍarīka deems so simple that he need not comment, 98 a schema is given for the emergence of various Buddhist and Hindu texts from the multiple faces of Kālacakra Buddha. These verses provide us a window into the relative promimence of the various Buddhist and Hindu orthodox and Tantric traditions at the time the Kālacakra was written. The verses are fairly simple in style, so I will just give them here:

5.48: [He expresses] The wisdom *Tantra* certainly from the east; moreover [he speaks] what is saturated with Yoga from the directly opposite face (i.e. the western); The master of Victors speaks the Yogatantra from his southern mouth, [and] from his northern mouth [he declares] the Kriyā[tantra] etc., The Yogācāra [texts he utters] from the east, certainly, and from the western mouth [he proclaims] the madhyaga (Mādhyamaka) indeed, completely; From his southern mouth he expresses the Sūtrānta (i.e. Sautrāntika texts), and from the white mouth [he proclaims] the purified Vaibhāşika, also. 5.49: The Rgveda the Indra of victors articulates from the western face, and [he exclaims] the Yajur[veda] from the left mouth; From the southern face [he elaborates] the Sāma[veda], in supreme Hari's clan [he communicates] the Atharvana from the eastern face; From the eastern face [he expresses] the Kaulatantra, moreover from the western face [he proclaims] the Gāruḍa [and] Bhūtatantra. [He declares] the [Śaiva] Siddhānta from the northern face, [and] the Visnudharma [that is] like unto the rising sun [he proclaims] from the southern [face]...5.52: From the east the lord of victors utters the Sarvāstivāda, and the

Sāmmitīya from the right (south); From the rear (west) face [he expresses] the Sthāvarīyam (Sthāviravādins) on the other hand, the Mahāsamghika [he emits] from the left (north) face; Humanity from the eastern face, further, from the western face, are expanded the animals, indeed; From the right face the ghosts and devas, from the supreme white face the nārakas and the asuras. | | 52 | .99

These three verses give us strong dating information, unless we revert to the prophecy argument. Kālacakra Buddha speaks the Prajñātantra, Yogatantra, and Kriyātantra, and presumably the Caryātantra from four of his faces, along with the Mādhyamaka doctrines, the Yogācāra doctrines, the Sautrāntika doctrines, and the Vaibhāşika doctrines, and the early Buddhist monastic schools (Sarvāstivādins, Sammitīyas, Sthāviravādins and Mahāsanghikas). He also is responsible here for the four Vedas (usually said in the Purāņas to come from the mouth of Brahmā), as well as--and this is the most notable, the Kaulatantras, Garudatantras, Bhūta(dāmara)tantras, the Śaiva Siddhānta doctrines, and the Vaiṣṇava doctrines (presumably the *Pāñcarātra* texts). This is remarkably syncretistic, giving Kālacakra Buddha responsibility for the four major schemas of Buddhist Tantra, the major Buddhist philosophical schools, and the four major Buddhist monastic traditions, along with the Vedas and some of the major Tantras of the Kaśmīri Śaivite system, as well as the dualist Saivite Tantras (Saiva Siddhānta) and even the Vaiṣṇava texts. Dyczkowski tells us that the Gāruda Tantras and Bhūta Tantras were said to number 28 and 20 respectively, are cited in the Saivite Mrgendrāgama and in the late 8th/early 9th century Pratisthalaksanasārasamuccaya by Vairocana, son of the Bengali Pāla king Dharmapāla. 100 These two Kālacakra verses also tend to indicate the relative prominence of these texts and traditions at the time the Kālacatantra

appeared. They indicate that the fourfold schema of Buddhist Tantras was already well established, and suggest that the Śaivite Tantric schools had achieved a parallel prominence with the Vedic and Buddhist schools.

## 10.5.2. Apparent Quotation from the Saivite Kulāgama

Another group of references to the Saivite Tantric traditions comes in the incorporation into the Kālacakra of what appears to be a section lifted directly from the Kulāgama class of Saivite Tantric literature. Pupdarīka introduces this section by saying that the text provides the division of the Kulas according to the Kulagama. Dyczkowski explains that the term Kulagama referred to a whole body of literature called the Kaulatantras that "consider themselves to be essentially Saiva and venerate Bhairava as the highest God. Moreover, many Kaulatantras are not only affiliated with their own Kaula groups by also have a specific place of their own in the greater Saiva canon, usually as members of the Bhairavasrotas<sup>101</sup> (see Chapter 5 for a discussion of the different srotas or currents of Saivite Tantra). Pundarīka tells us that the Kulāgama comes from "the western house" (paścima-grhe), a phrase remarkably similar to the Kulāgama tradition's designation of the Kubjikā tradition as coming from the "western tradition" (paścimāmnāya)--(see below; I have translated portions of one of the 'western' lineage Tantras (the Kālīkula) in Chapter 5.5.2). The material given in the verses of the Kālacakratantra that Puņdarīka says comes from these texts gives a mapping of the external kulas or groups of external, cosmic elements, with then a remapping of these external components to the internal components of the growing child in the womb.

Now is stated the division of the Kulas described in the Kulāgama<sup>102</sup>—(Verse 5.235): Rāhu and Agni, the moon and the sun, earth, water, and fire, wind and space, the group of four, And what is eaten is the fifth, certainly; the group of planets, the other, from the six the group of four, The continents of Meru [and] the sense domains, is said to arise as the group of five, This other triad of qualities of sattva etc., is in just the same way in the middle of the body. (Commentary:) "Rāhu," etc. Here, the Kulāgamah--from the western house, is fourfold, fivefold, sixfold, fourfold, fivefold, threefold; i.e. externally and in the body, it is to be purified; then there is worship of the gods. Now, externally, [there is] Rahu, the time-fire, the moon, and the Sun. The yoga of these is fourfold; the four pīthas is the meaning. Then, in order to fill up the world-realm, the group of five, beginning with the earth, ending with rasa. Then, the group of planets, the other, i.e. the group of four, relinquishing: Mars, Mercury, Jupiter, Venus, Saturn, and Ketuh. The group of these is sixfold. The three qualities of sattva etc. are threefold. Then, in the four directions of Mt. Meru, the four continents are fourfold. The sense domains of smell etc. are fivefold. The three qualities of sattva etc. are threefold. In this way, just as [there are] the threefold qualities of sattva etc. externally, i.e. the pīthās etc., likewise, in the middle of the body, also, [they] are to be known. Verse 5.236: Consciousness, joy, blood, and the nectar are the group of four in the lotus etc.; and the five are therefore all the bones, etc., also; the group of six then is the eye etc., The two hands and the two feet are a group of four; and the group of five is the fingers and toes on the hands and feet, of those [fingers and toes] the group of three joints; the entire sequence here is to be known in this clan (kula). (Commentary:) Here, in order that the body grows in the mother's lotus (womb), the storehouse consciousness is Rāhu; joy is the cosmic fire [the "time-fire"], blood is the agni-rajas, i.e. the sun. The nectar of immortality is the semen, i.e. the moon. These, in the beginning [constitute] the fourfold cause of the birth of the body and clan. From the fourfold [cause], from that, the bones etc. are fivefold. The bone is the earth; the bile is water; the blood is fire; the flesh and skin are wind; the marrow is space: all together, also, [they are] fivefold. Then the eye etc., because it is sixfold. [The eye] is Mars; the ear is Mercury; the tongue is Jupiter; the nose is Venus; the action senses are Saturn; the mind and senses are Ketu-thus it is sixfold. In just that way, the two hands, the two feet, are fourfold; i.e. the left hand is the eastern continent; the right hand is the southern continent; the right foot is the western continent; the left foot is the northern continent; thus the group of four. On the hands and feet, also, the group of five fingers. Here, the thumb is smell; the index finger is taste; the middle finger

is vision; the ring finger is touch; the pinky finger is hearing, by means of the qualities of earth etc. Of those, of the five fingers, the set of three finger joints is called threefold. The first (knuckle) joint is the sattvaguna, the middle finger joint is the rajoguna; the end joint is the tamoguna. Tamas is at the end, before the fingernail, so it is predominant. The entire sequence here is to be known in this Kula, thus it is understood. 103

Pundarīka also quotes from the Kulasūtra. Monier Williams cites Kulasūtra as "the name of a work," without giving us any source. Given the apparent popularity of Kubjikā's sect among the Śaivites, it is not inconceivable that Kubjikā was to some extent a shared deity between the Hindu and Buddhist Tāntrikas, and that a Kulasūtra was a shared text. Dyzckowski lists thirteen Kubjikā Tantras beginning with Kula-the Kulakrīdāvatāra, Kulacūdāmanitantra, Kulapañcaśikā, Kulapradīpa, Kulamūlāvatāra, Kulayogatantra, Kularatnapañcaka, Kularatanamālā, Kularatnamālāpañcakāvatāra, Kularatnoddayantantra, Kulasāra, the most popular text-the Kulārṇavatantra, and the Kuloḍdīśatantra. 104 As both Dyczkowski and Schrader note, 105 it is not uncommon for two or more Tantric works to share the same name, so it is perfectly possible that a separate Kulasūtra of Buddhist extraction existed, with Kubjikā figuring prominently. An important point here suggesting that this was the case is Puṇḍarīka's distinction between the knowledge from this Kulasūtra, and the Kaula sect. He says that what causes the body's birth (dehanispatti-kāraṇam) is explained as follows:

The syllable  $k\bar{u}^{106}$  is in  $K\bar{a}mar\bar{u}pa$ , the  $pulik\bar{a}^{107}$  resides in Puli, <sup>108</sup> the fire's flame in the  $J\bar{a}lan[dhara]$   $p\bar{\iota}tha$ ;  $Odrah^{109}$  is in the glorious middle [land]  $p\bar{\iota}tha$ , the eight actions of the divine horn are found in the three-fold path, | <sup>110</sup> There should be five siddhis and together with da, ra, la, ka the five, the four goddesses; Or, from that, the sakti triad; <sup>111</sup> I praise the one called  $Subjik\bar{u}$ , the progenitoress of the family

tree. | |  $^{112}$  Thus (Pundarīka explains) the great secret is not known by demons of eating,  $^{113}$  [nor] by  $M\bar{a}ra$ 's attendants, [nor] by the  $Kaulas^{114}$ —thus the rule in the  $Kulas\bar{u}tra$ .  $^{115}$ 

At first blush this would appear to definitively be a passage from a Kaula Saivite Tantra--yet Pundarīka indicates that this is a supremely secret doctrine known to the Buddhists, and not known by those demonic Kaula practitioners. We may have a lacuna in the text, and it may be that it originally read "the great secret is not known by the eating demons, nor by Māra's attendants, yet is known by the Kaulas." Otherwise it is difficult to explain how we could have verses from the Kaula tradition with Pundarīka then saying that the great secret in these verses wasn't known by the Kaulas. One other way to explain this is that given the other indications we have that Pundarīka was a classically educated Buddhist scholar, with a deep knowledge of earlier Buddhist philosophical schools, monastic practices, and the fine points of doctrinal nuance, and his repeated sallies against the Hindu tradition and particularly the Saivite schools, one gets the impression that Pundarīka may well have been a teacher at a Buddhist university. His citation of an essentially Kaula doctrine from a text of the Kubjikā lineage of Saivite Tantra, along with the disclaimer that these doctrines were unknown to the Kaula tradition, may have then been a bit of doctrinal sleight-of-hand for the benefit of maintaining sectarian purity among his Buddhist students. This is of course speculation, though, and seems less likely to me.

# 10.5.3. Incorporation of the Śākta Pithas and Kubjikā

As with the *Hevajra* and the *Cakrasamvara*, we have an incorporation of the so-called *Śākta-pīthas* of the Śaivite and Śākta Tantric traditions into the text of the

Laghu-kālacakratantra and into some verses from the Mūlasūtra, a term used sometimes by Puṇḍarīka to refer to the original Ādibuddha text of the Kālacakratantra. Here are the verses Puṇḍarīka quotes, with his short comment afterwards.

The *sakti* is the vulva (*bhaga*) endowed with the threefold path, having three syllables, having three as her intrinsic nature; the glorious *Oddiyāna* is situated in the middle of that blazing intensely together with the best portion. | To the right of that, exactly in the corner, in the public domain, the glory of the *pītha Jālandhara*. On the left, the glorious *Pūrṇa pīthha*, causing fear in animals and men; [and] *Kāmarūpa* is on the top of that. | In this way, there is also the pervading *pītha*, *Rudra*'s *Śakti*, the progenitoress of what causes fear; in the middle of that, the *lingam*, likewise, causing the ultimate happiness, providing the internally situated drop. | Continual joy and extraordinary peace come into existence, also, illumining that with the sixfold churning [of the fire], She provides these three desires; I praise the one called *Kubjikā*, the lightning of beautiful woman. | Thus it is understood that [*śaktī*] is the orgasm/innate [*sahaja*]-bearing womb of all sentient beings. Thus the intrinsic form of [the vulva]. 116

The references to *Oddiyāna*, *Jālandhara*, *Pūrṇagiri*, and *Kāmarūpa* indicate the four most prominent Śākta pīṭhas shared by the Hindu and Buddhist Tantric traditions. *Kubjikā* is one of the central deities in the Kaśmīr Śaivite Tantric schools, and she is the main subject of the *Kubjikāmata-tantra*, and several other Tantric texts. Dyczkowski explains that *Kubjikā* was the goddess of the so-called *Paścimāmnāya* or Western lineage of the *Kaula* tradition of Śaivite Tantric practice. Citing a list of initiates to the tradition recorded in the 12th century *Kubjikānityāhnikatilaka*, he writes "it is clear from this list that the cult had spread throughout India although it was certainly more popular in the north." In the *Kularatnodyota*, Śiva, as founder of the *Kubjikā* sect, is called the *Ādinātha*, 118 a curious parallel to the Buddha

Kālacakra's name Ādibuddha. Most of the texts of the tradition that have been preserved are in Nepal, giving what Dyzckowski says is the mistaken impression among some scholars that the Kubjikāmnāya was Nepalese in origin—the texts themselves make it clear that the teachers of the tradition, while mostly from north India, were not from Nepal, though the sect became well established there by the 12th century. The relative prominence of this mention of Kubjikā in this passage of the Kālacakra tends to support Dyzckowski's findings that the cult was widespread and well-known in India at the time.

The use of the Śākta ptthās by the Buddhist Tantric tradition is not unique to the Kālacakra. We find several of them mentioned in the Hevajra Tantra, and I understand from David Gray, a fellow graduate student here at Columbia working on the Cakrasamvara Tantra that the Śākta ptthās are also incorporated into that text. What is remarkable about the passages discussed here is that we find direct reference to these sites in the Ādibuddha verses, indicating that the original, lost version of the Kālacakratantra was also a product of the highly interwoven fabric of the Buddhist and Śaivite Tantric traditions.

#### 10.5.4. Reference to the Thirty-Seven <u>Tattvas</u>

One less obvious reference comes in a discussion towards the end of the fifth chapter of the *Kālacakra* in a section praising the Buddha Kālacakra who embodies the five voids (5.244-248). The first void is the cessation of *vijāāna*--mapped here to the space constituent etc. (ākāśa-dhātv-ādi) and senses, and Puṇḍarīka quotes a phrase from the *Nāmasaṃgītih* that says: "transcending the *vijāāna-dharmatā*, *jāānam* is the

supporter of the non-dual form." (Nāmasangsti 8.23). 120 The second void is the cessation of the samskāras, mapped to the wind etc. constituents and senses; the third the cessation of vedanā, mapped to the fire constituents and senses; the fourth the cessation of samjñā, mapped to "the water etc. constituents and senses," and the fifth void is the cessation of form (rūpa), mapped to the earth etc. constituents and senses. The drop void is the sixth; the basis of its constituent is defined as the Buddha-image (buddha-bimba) located in all the constituents in the three worlds. Since each of these six voids has six aspects, this gives us thirty-six dhātus; and, the text adds, the kṣara-jñanam, or knowledge of the perishable--i.e. knowledge of the human body as perishable. 121 What is a bit surprising here is the total number--thirty-seven--of all the dhātus. This is exactly one more than the total of all the tattvas in the Trika explanation of the structure of reality. Given the close context of these two traditions, it seems to me quite likely that the supersession of the Saivite thirty-six by thirty-seven categories was a partisan move by the Buddhists in relation to the Saivites. I have no proof for this, yet it seems rather odd that such abstract categories turn out to be so close in number. It seems too much of a coincidence to say it is just by chance. This impression is only strengthened by the Kālacakra's version of the twenty-five tattvas that the Trika system inherits from the Sāmkhya system. The Kālacakra gives a different list that nonetheless still gives us a count of twenty-five tattvas (tattvāngam pañcāvimśad).

### 10.5.5. Reference to the Three Upāyas of the Trika Tradition

More convincing than any of the preceding evidence though is the direct

reference by Pundarīka to the three upāyas of the Trika tradition (āṇava, śāmbhava, and śākta) as part of critique he makes of the Śaivite Tantric practitioners. The critique comes in the middle of a long argument he makes in his commentary on Kālacakratantra 5.127 about the superiority of his interpretation of what the Kālacakra's teaching about Tantric Yoga is, and in particular an argument as to why the mahāmudrā practice with a visualized consort is superior to Tantric practice with a real woman. He discusses how it is that a young virgin maintains the power to see divinatory images in a mirror by not experiencing the sexual pleasure of released bodhicitta, and discusses arguments that ascetic yogins also gain the ability to see the past and the future when they attain kaivalya. He counters this argument by explaining how anyone who practices astrology can also predict the past and future, and launches into a colorful list of the variety of prognosticators in his day. At the end of this list he attacks the Śaivite gurus as part of what he considers to be this group of charlatans:

With these, [there are] these evil deities, Māra's attendants, [89.15] they are adept, and they, with these ones of trifling intelligence, who are the agents of sudden concepts, 122 become the gurus of fools, and provide the teaching of dharma. Knowledge is the conceptual essence of those untainted by the poison of passion; for such a one there is (in reality) no injunction to passion, [for him] there is (actually) no injunction to Siva/spotless poison, [for him] there is no (real) injunction to penetrating the invisible by spotless atomic, śambhavite or śaktic direct perception (niranjana-ānava-śāmbhava-śākta-pratyakşa), 123 (so) he, even though he may be a pandit, is (really just) a paśu (for believing in the commands of Siva). Delighting in the service of all sentient beings, [he] wanders about begging; solitary, he goes about without companion, with his own interests ruined. Even in the world it is well known that "having one who's own interests ruined is foolishness." Therefore this command by *Paramesvara*, providing the fruit of [89.20] enjoyment and liberation, coming by means of an

uninterrupted succession, is attained by the grace of the guru. It was stated by Parameśvarah, or the omniscient one-"There is no mother similar to the guru, and there is no father similar to the guru! Whoever causes one to cross over the terrifying, difficult- to-cross ocean of transmigration | He, the guru, provides the initiation to the student, after hundreds of yojanas [89.25] The provider of enjoyment and liberation is the initiation that gives freedom." | In this way, recognizing that those great fools are in many ways overcome by great confusion, because of having minute intelligence, [Parameśvarah] does them a favor, and enjoins that command; and they are greatly delighted, [thinking] "we are liberated by the guru's grace. Now we do<sup>124</sup> everything: we cause what is impure to be eaten, we scandalously cohabit, we take life, we lie, we take and don't give, we drink liquor, etc." In this way they do many sorts of evil activities for the sake of [yogic] perfection. [89.30] And the [yogic] perfection of their body does not come about through the grace of Parameśvara's command, and they do not know the past, present, and future; in the end, they die, the body is burnt by fire, or eaten by dogs, birds, etc. There is no jīva that becomes Śiva, nor insight, nor a vajra possessor. In this way, all of them, having trifling mantra deities, following the authority of the Māras, are to be considered by the yogis who delight in the knowledge of the supremely indestructible. By these ones who are governed by trifling mantras, there is no taking possession of the vaira. 125

Paśu is a term from the Śaiva tradition for the common man, short of realization of basic identity as Īśvara. Nirañjana according to Apte is also an epithet of Śiva. Certainly Puṇḍarīka is slighting the Śaivite gurus by saying that even the Paṇḍits of the Śaivite tradition are paśus--since a paśu is an early stage initiate who has not yet learned of his essential divine nature as Śiva and therefore still has a 'beastly' nature. Puṇḍarīka however betrays some ignorance of the more detailed aspects of the Trika doctrine, since in Abhinavagupta's formulations it is individual realization, not some command from Śiva, that guides the initiate's behavior.

The first verse of one eleven verse quotation Pundarīka provides from the Mūlatantra (i.e. the Ādibuddha Kālacakra-mūlatantra) indicates that this antipathy

towards the Śaivite Tāntrikās dates to the time of the composition of the verses of the root *Kālacakra Tantra*. The passage contrasts what is considered the illusory path of the Śaivite Tāntrikās with the correct Buddhist Tantric path:

Therefore, for those desiring the place of omniscience, what is the use of practice with evil deities, and [what is the use of] the command of a guru that has as its intrinsic form the characteristic of samsāra? It was stated by the Bhagavān in the root Tantra--"As long as one becomes a practitioner of the Siva reality, the lustful reality, and the poisonreality, with the command (of Parameśvara), there will then be no Buddha-reality for men. The thinking soiled by passion etc. is perishable, [and is] the cause of transmigration; By the absence of that it is purified, the purified [thinking] lacks the stain of praktti. | It is not reachable at all, [nor] is it to be cast away by any command at al, [ It is not to be given, nor is it to be seized; the purified reality is the great indestructible. The guru is neither the giver [nor] the taker of the purified reality, in any circumstances, And the omniscient lord of those lacking the accumulation of merit is one's own self. Delight in the service of others is the ultimate provision of merit for men, | From the ultimate [comes] the provision of knowledge, from those two, ultimate Buddha-hood. There may be a three-fold [reality] in the Siva reality, in the passion reality, [and] in the poison reality, Yet men do not penetrate the supremely indestructible happiness by the guru's command. There may be atomic (ānava), śaiva (śāmbhava) or śākta penetrating by the (guru's) command, With the penetrating of the thinking, speech, and body, through sleep, dreaming, and waking, [Yet] What is called Śiva-reality is according to the command of the guru of fools, [With] agitation of the thinking, speaking, and body, [and] ejaculation of the semen on the part of the embodied ones [who follow the śaiva-dharma]. By the grace of the guru's command, there is what's called 'the passion-reality.' They call the poison 'non-poison,' and they [call] what is not poison, poison. The stationary is made to be moving by the grace of the guru's command, What's called the 'poisonreality' is the cause of sudden-concepts (sadyah-pratyaya-kārakam). The triple reality is not indestructible, [though] it may become pleasant for embodied beings, By the grace of the guru's command, therefore, the one who has taken the vow should cause that to come into being. 126

The references in this passage to the Kaśmīri Saivite Tantric doctrines could not be much more explicit. With this passage we have definitive proof that the author(s) of

the original Kālacakramūlatantra and the protagonists of the Kaśmīri Śaivite Tantric system had much more than a passing familiarity with each other. This series of references to the details of the doctrines and practices of the schools that came to make up the Trika system also place at least these passages of the Kālacakra Mūla Tantra and the Vimalaprabhā in the same historical time period as the schools feeding into the Kaśmīri Śaivite Tantric systems. We cannot say for sure based just on this information when the material was written. Puṇḍarīka does not refer to Abhinavagupta, his writings, nor to any of the Pratyabhijītā or Spandaśāstra texts. We do not have definitive dates yet for the Kula Āgamas he refers to, nor to the dates of the Kubjikā texts. Nonetheless, due to the specificity of Puṇḍarīka's and the Mūlatantra's and the Laghukālacakratantra's references to these doctrines and texts that are integral to the tradition represented by Abhinavagupta's lineage, I am inclined to conclude at this point that the authors of Mūla and Laghu Kūlacakra texts, and Puṇḍarīka himself lived sometime around the last couple of centuries of the first millenium CE, possibly just before Abhinavagupta.

Pundarīka certainly appears to have been an extremely well educated scholar, perhaps a teacher at a Buddhist university or monastery, who had considerable familiarity with basic Hindu doctrines and some of the Śaivite Tantric doctrines, along with an excellent Sanskrit background, thorough grounding in all the classical Buddhist monastic doctrines and philosophical schools, and an extensive knowledge of a wide range of basic sciences--including astronomy, astrology, alchemy, medicine, perfumery, warfare, and others. Indeed, given the extensive range of subject matter

covered in the *Kālacakra*, and the level of detail Puṇḍarīka provides in his commentary in explanation of a wide range of practices (see especially his long commentary section on KCT 1.127, translated in full in Chapter 13 of this dissertation), we cannot discount the possibility that information or research for the full *Vimalaprabhā* might have been compiled by more than one person, and then written as a continuous text by Puṇḍarīka--though there is really no other solid evidence to support this idea.

When we look at all the pieces of evidence we have for dating the Kālacakra, the weight of this material points fairly strongly towards a late 10th/early 11th century Kaśmīr origin. Combining Pundarīka's references to the Kubjikā texts of the western Trika Śaivism tradition, his quotes from the Kulāgama, his and the author of the Mūlakālacakra verses' familiarity with the details of the three paths of the Trika Śaivite system, the coincidence of the existence of a king Yaśas in Kaśmīr and in the Kālacakra, the coincidence of the name of Sucandra's mother Vijayadevī with the name of a Vijaya region in the Kaśmīr valley, and the coincidence of the location of Kalāpa next to a cold mountain stream in the Kālacakra and the existence of just such a place with that name next to a river of that name in northern Kaśmīr--all these pieces of circumstantial evidence begin to paint a somewhat convincing case for the argument that the people who wrote down the Kālacakra root Tantra, Laghu Tantra, and whoever Pundarīka was, all came from the Kaśmīr valley, and lived somewhere close to the time that Abhinavagupta wrote his Tantrālokah, and perhaps just a bit earlier, since one might expect Abhinava to have also been attacked as promulgating

false doctrines by Pundarīka. While I would not consider my own arguments here as definitive, since no one else has yet come up with more solid leads for where and when the *Kālacakra* and *Vimalaprabhā* were written--since certain elements are by necessity speculative--I would at least suggest that the Kaśmīr valley around the turn of the 11th century CE is a good place and time to focus further historical research for those interested in pursuing the problem.

Finally, the fact that all the commentaries (except perhaps the *Vimalaprabhā*) on the *Kālacakra* appear to date from the 11th and 12th centuries (as discussed below) concurs with the information presented above suggesting that the *Kālacakra* corpus emerged at the end of the 10th, or the beginning of the 11th century.

# 10.6. Locating the Tradition Within India--Nyāsa Practice in the Kālacakra Tantra

The possibility has been raised by some scholars that the *Kālacakra* may have come from somewhere outside of India. I have found nothing in the text of the fifth chapter and commentary, nor in the portions of the other chapters I have read carefully, to support the view of an extra-Indian source for the tradition. Indeed, everything we find in the text points to the conclusion that the authors were thoroughly Indian, with a deep familiarity with Indian culture, customs, languages, and ritual practices. One of the more convincing sets of information we gain from the fifth chapter to demonstrate an Indian origin for the text is the absorption into the tradition of the full set of the so-called *Śākta-ptthas*, the pilgrimage sites of the goddess. In his commentary to verse 5.35 of the text, Pundarīka cites a set of verses that give the names of these *ptthas*, and their associated *btja-mantras*. All of the

detailed place names, i.e. towns, villages, river banks, etc. are in India, and many of these can be roughly or specifically located. All of the general names are for regions outside of India-Nepal, Kaśmīr, China, Tibet, etc. The pilgrimage sites in the Buddhist and Hindu Tantric traditions are divided into a number of types--known as pīthas, kṣetras, melāpakas, śmaśānas, chandohas, and pīlavas, with upa- forms of each. Only one of these terms appears in the Dharmasamgrahah; śmaśāna appears in relation to the ten ascetic practices (as śmaśānikāh, i.e. some undefined practice related to cremation grounds--probably related to early Buddhist meditations on corpses and death). 127 In the Tantric texts however these terms show up again and again. There are pīthas and upa-pīthas, the 'seats' of the goddesses, the latter name using the upa- suffix to apparently indicate a subsidiary site. There are also melāpakas and upamelāpakas--these appear to refer to 'meeting places,' another name for a pilgrimage site. There are śmaśānas and upaśmaśānas, a name for cremation ground sites that may have been renowned for Tantric ritual practice. There are kşetras and upakşetras; the term refers to a field or an area, again simply a typename for a set of locations. Then there are the more obscure terms, chandoha and upachandoha, and pīlava and upapīlava. Scholars of Buddhist Tantra have been stumped about the meaning of these latter two terms. Snellgrove took a stab at the problem, and had this to say: "As for chandoha and pilava, I have no ready translation. The Tibetan transliterates the former and translates the latter as htun-gcod 'drink and cut' as though pīlava were derived from pī 'drink' and lava cutting." Snellgrove then adds a translation from the siddha Dharmakīrti's commentary,

"Because one desires and yearns, it is called *Chando*. Because it is near to there, it is called 'near-by' *Chando*.....It is called *pllava*, because there are no obstructions." These Tibetan etymologies are manifestly inventive, attempting to find some mystical meaning in otherwise incomprehensible terms—though within the *siddha* tradition these interpretations may well have been considered valuable. In a footnote that I have not seen referred to elsewhere (and also cannot be traced by his Index), Gnoli clarifies that the term *chandoha* is the Prakrit version of the Sanskrit *samdoha*. He says (translating him from the Italian and Jayaratha from the Sanskrit): "the terms *samdoha* and *upasamdoha*, of uncertain origin and meaning, recur also in the Buddhist Tantric literature (in the form *chandoha* etc.).... On *samdoha* Jayaratha says 'it is called *samdohaka* principally because it is squirted out from the *upaptiha*, because of deriving the term from  $\sqrt{samduh}$ , to milk, suck up, emit (milk)." In explanation of the term *samdohaka* Jayaratha quotes an unsourced and somewhat obscure verse as follows:

Furthermore, these Samdohas are known to be three, Oh Beauteous One: | The hole/cave of a wanton woman (lalanāgartakam) related to Śakti, what comes from the drop from the middle of the hole, and the pervasion located in the middle (of it) produced from the sound (of Brahman--nādajam)--these are the three concisely; | | it is also known by the name pundravardhana (increasing the forehead mark or the lotus) in the lalanā (wanton woman); it's to be known as the lord from the drop, called the pervasion, the best mango grove. 130

I won't try to make sense of all of this. However the first part of the verse apparently refers with a triple sense to a woman as a sexual consort, with the drop from the semen held in her vagina, and simultaneously to the  $n\bar{a}da$ -bindu mark on top of a  $b\bar{i}jamantra$  located in right-hand subtle body channel ( $id\bar{a} = lalan\bar{a}$ ), and to a

location, some sort of cave perhaps dedicated to Śakti. In fact we know from the texts that samdoha is a term used to refer to the Śakti pilgrimage sites, as do the terms kṣetra, śmaśāna, pttha, and so forth. In addition to its etymological meaning, though, samdoha also refers to a group, mass, heap, etc. (see Monier Williams' dictionary), and this sense of the word is quite consonant with such terms as melāpaka for a meeting place; a samdohaka (and hence an upasamdohaka, a chandoha, and upachandoha) would be a place where there is a group of people.

Finally we have the terms ptlava and upapilava; these, like the words chandoha and upachandoha, are used in Buddhist Tantric texts to designate pilgrimage sites, though so far no one has resolved their etymology satisfactorily. I have not found these terms in Śaivite Tantric texts (so far). In the commentary on Kālacakratantra 5.35 Puṇḍarīka glosses the term as veśman, i.e. a house, dwelling, mansion, etc. A pilu is a tree, the Careya Arbotrea or Salvadora Persica (L.) according to Monier Williams' dictionary. The tree has medicinal uses as it is listed as a bitter herb in both the Sodhalanighantuh and the Dhanvantartyanighantuh. Since Puṇḍarīka glosses it as a house or abode, though, we may well be dealing here with a Prākritic form in ptlava that has been absorbed into Sanskrit. Gary Tubb has also suggested to me that the term may refer to the seats that are built around trees as resting and gathering places around India. In that case, the veśman or 'house' gloss by Puṇḍarīka would probably be referring to the 'house' of the goddess at those sites, in all probability Pīlu tree sites with these benches.

Bharati has a helpful explanation of why it is that the Tantric practitioners saw

fit to map these pilgrimage locations into their subtle bodies through the ritual application (nyāsa) of the bījamantras of the presiding deities of the pīţhas etc.:

Literally, nyasa is the process of charging a part of the body, or any organ of another living body, with a specified power through touch. For instance, by placing the fire-mudrā on the heart-region uttering the fire-mantra 'ram', the adept's heart is made into the cosmic fire; and by meditating on a specific pltha with the mantra of its presiding 'Sakti', the very region (for instance the heart, or the navel, or the throat) wherein the Sakti is thus visualized is hypostasized or trans-substantiated, into that pltha. The Tantric formulation would be: Meditating on the pilgrimage-centre through visualizing its presiding deity in the prescribed manner, the locus of concentration in the yogi's body is charged with the spiritual efficacy of that very place." He notes however that "with the Buddhist tantrics, the pattern is transparent even on a purely doctrinal basis--for no 'place of pilgrimage' exists in an ontological sense. 133

Bharati cites Sircar's work on the Buddhist Catuṣpīṭhatantra (in his study of the Śākta pīṭhas) wherein the four main pīṭhas are classed as ātmapīṭha, parapīṭha, yogapīṭha, and guhyapīṭha. The text deals, he says, "with the various kinds of Vajrasattvas and their intercourse with the Yoginīs, with Prajñāpāramitā and others." 134

What we find in the passage from the fifth chapter of the *Kālacakra* where the *pīṭhas* and the other sites are listed is that the energy from these sites is used as part of the perfection stage meditation for stopping the flow of time through the initiates's subtle body. Time is as it were 'nailed down' or systematically killed by invoking the *saṃsāra*- transcending fiery power intrinsic to these sites and matching them to the sequential movement of the zodiac signs, the watches of the day (8 sets of 3-hour *praharas*), the four junctions of the day (sunrise, noon, sunset, and midnight *sandhyās*), as well as the cosmic *maṇḍalas* of the oceans, fires, winds, etc. that time flows through in the world.

5.35: With the eight divisions in the directions of Mt. Meru, all the seats and subseats are situated in the cardinal and intermediate directions; [19.10] The field, the gathering place, the meeting ground, and the cremation ground, 135 from the half-boundary of the houses and wind: On the solar ground of the Buddha, the atom of the body-born men, [and] of the earthly deities and asuras; From the power of the lord, the one day expands, the clan [expands] through the manifestation of the sun and moon. [35] "Of Mt. Meru" etc. Here, in the directions of Mt. Meru-in the zenith the Yoginīcakra ending in the wind circle, on the earth below the course of movement is for the purpose of conscious beings. Hence in the ocean circle, in the fire circle, in the wind circle, ending in the space [circle], as far as 500,000 voianas [19.15] in the world constituent element/realm mandala, there is pervasion that ends in the hair in the body of conscious beings, because of practicing with the yogints by the lord. Here on top of Mt. Meru is the lord's five hundred thousand yojana womb lotus with eight petals. Its three sections are the pericarp, the solar mandala on top of the pericarp, [and] on top of the sun, on the surface of the right foot of Kālacakra, there is Mārak, addiction is on the sole of his left foot, and that is Rudra. On the eight petals the eight lightning sky goers (vajradākinyas), Smoke, etc. On the inside of the inside of them, on the petals, the eight skulls filled with the nectar of immortality. Thus the sixteen petalled bliss cakra, with the divisions of the sixteen blisses, the goddesses, and the skulls. [19.20] Because the lord holds the four drops, he has four faces; from stopping the twenty-four fortnights, he has twenty-four hands; from stopping the two fortnights of the intercalated month, he has the two additional hands of the conqueror; as previously stated [he] is swift as lightning. 136 The single face of Bhagavatī is emptiness; the pair of arms are the causeless and the unapplied; the knife, the skull, the seal, etc. is the freedom from conceptuality.<sup>137</sup> So, in the external lotus, in the eight directions of Mt. Meru, with the distinction of the directions, there is the five hundred thousand yojana--by the measure of the earth circle--knowledge constituent element cakra; in its three portioned earth there is a row of knives, with its two portions eight spokes. So in half the ocean there is the earth cakra, in half the latter [i.e. land] there is the water [19.25]<sup>138</sup> cakra. Likewise in half the fire circle there is the fire cakra, in half the latter there is the wind cakra. Then in half the wind circle there is the space cakra, and in half the latter there is the sky and earth [rajobhūmik]. In the space circle there are the sixteen cremation grounds. This is the rule. Because here there is the five-cubit body ending in the hair; with that there are the external cremation grounds in the space mandala; by the purification of that there is the world realm and the five hundred thousand yojanas in the great

Cakrasanvara. So, sequentially, in the eight directions of Mt. Meru, in the knowledge realm cakra, the seats [20.1] are in the directional spokes, because of stopping old age and death by stopping Sagittarius; the subseats (upapithas) are in the intermediate direction spokes, because of stopping birth by stopping Scorpio. Likewise the pair of cremation grounds. Then in the earth constituent element cakra, in the directional spokes, there are the four fields, because of the stopping of becoming by the stopping of Libra. The subseats are in the intermediate direction spokes because of the stopping of grasping for existence<sup>139</sup> by stopping Virgo. Likewise a pair of cremation grounds. Then in the directional spokes in the water constituent element cakra the four chandohas, [20.5] because of the stopping of craving [trsna]by the stopping of Leo. The sub-chandohas are in the intermediate direction spokes because of stopping painful sensation by the stopping of Cancer. Likewise the pair of cremation grounds. Then in the fire constituent cakra, in the directional spokes, the four meeting places (melāpakas) because of stopping touch by stopping sexual union. The adjacent meeting places are in the intermediate directional spokes because of stopping the six bases of consciousness by stopping Taurus. Likewise the pair of cremation grounds. Then in the wind constituent element cakra, in the directional spokes, the four cremation grounds, because of the stopping of name and form by the stopping of Aires. In the intermediate directional spokes the sub-cremation grounds, because of the stopping of vijñāna by the stopping of Pisces. Likewise [20.10] the pair of cremation grounds (smasanas). Then in the space constituent element cakra, in the directional spokes, the four pīlus, or the mansions, because of the stopping of mental creations by the stopping of Aquarius. In the intermediate directional spokes the subpllus, because of the stopping of ignorance by the stopping of Capricorn. Likewise the pair of cremation grounds. By the stopping of the sandhyās and the four transits, there are the four sub-cremation grounds. Then by stopping the sixteen digits of the moon, there are the sixteen cremation grounds. Thus "[possessed of] the true meaning of the twelve forms, knowing the principles of the twelve forms," (Nā° Sam 1.15), 140 by stopping of the eight portions of the day (praharas) the eight goddesses. Now from stopping the day, i.e. in the exoteric support. [20.15] the goddesses are unveiled as having the intrinsic nature of what is to be supported. 141

Pundarīka then quotes the verses from the Root Tantra that give the locations in and outside of India for all these sites of the goddess' power. I've traced almost all of these through the historical atlases we have of India, and given their actual

locations in the endnotes to this section. The goddesses themselves are referred to as nāyikās, and given in the form of their bījamantras. The references to Himālayam and Nepālam, generic terms for regions, without apparently any reference in this list of places to specific places in Nepal, Tibet, or Central Asia (taking the Kabul region as part of the greater India of old), juxtaposed with a large number of specific place names from India, suggest to me that the Kālacakramālatantra was a product of the Indian subcontinent, not Central Asia as some have suggested. The logic of this point is simple—were the root Tantra really a product of Central Asia, then we ought to find some specific place names from Central Asia mentioned as pilgrimage sites. We do not. The text exhibits a detailed knowledge of the Indian subcontinent; yet regions peripheral to the subcontinent, such as Ceylon or Sumatra, Nepal, Himālaya, and Kaśmīr, 142 are simply named.

According to ultimate truth, and since it is concealed from the world, the production of the mantra deities in what consists of the seats etc., is stated by the lord in the root Tantra, as follows--143 a) Kāmarūpa and Jālākhya, Pūrņagiri likewise, Oddiyāņa are the fourfold pītha; their nāyikās are in śi, şr, hpu, and sl. 144 b) Godāvarī and Rāmeśam, Devikottam and Mālavam are the four [20.20] upapīţhas; their nāyikās are in  $s\bar{l}$ ,  $hp\bar{u}$ ,  $s\bar{r}$ , and  $sya.^{145}$  c) Arbudam, Munmuni, Odram and Kāra(u)nyapātakam are the kṣetras; dh, dr, thu, and tl are the basis of the goddesses on the surface of the earth. 146 d) Trisakuni is an upakşetram, as are Karmārapātakam, Kośalam, and Lādadeśam; the  $n\bar{a}yik\bar{a}s$  are in  $t\bar{l}$ ,  $th\bar{u}$ ,  $d\bar{r}$  and  $dh\bar{t}$ . [20.25] e) And the fourfold chandoham is Kalingam, Harikelam, Candradvipam and Lampākam; the nāyikās are in bhi, br, phu, pl. 148 f) Kāñcī, Konkanakam, likewise Himālayam, and Nepālam are the fourfold upachandoham; the nāyikās are in pl, phū, br and bhī. 149 g) Mātrgrham, Prayāgam, Kollagirih, and Grhadevatāh are the [20.30] fourfold Melāpakam; the nāyikās are in dhi, dr, thu, thl. 150 [21.1] h) Saurāstra, and Kāśmīra, Suvarnadvīpa and Simhala [constitute] the upamelā[pa]ka; the nāyikā are in the tl,  $th\bar{u}$ ,  $d\bar{r}$ , and  $dh\bar{t}$ . (15) Nagaram, and Mahendraśālam, Sindhudeśam. and Kirātakam are the fourfold cremation ground; the nāvikāh are in

jhi, jr, chu, and cl. 152 [21.5] j) Marudeśam, and Gahvaram, Kulatā, likewise Samalam are said to be the upaśmaśānam; the nāyikāh are in cl, chū, jr, jhl. 153 k) Caritram, and Harikelam, Vindhyam, Kaumārīkāpurī are said to be the fourfold pīlavam; the nāyikāh are in ghi, gr, khu, and dht. 154 l) Upaveśman, Virajas, Konkam, Tripurt and Śrīhattakam, this is said to be the fourfold; the nāyikāh are in  $k\bar{l}$ ,  $kh\bar{u}$ ,  $g\bar{r}$  and  $dh\bar{t}$ . The twelve hka etc. are the female messengers, the nāyikāh of the void mandala; [21.10] the four ha etc. and the sixteen are in the external cremation grounds. n) a, ā, am, ah, ha, hā, ham, hah, these are the female messengers on the lotus petals; on the eight indeed are the skulls, the pericarp, the village-nāyikāh. 156 [21.15] o) By the cessation of the twelve limbs, since they are an obstacle to the basis of the transits, 157 the twelve grounds are known as the pt thah etc., according to ultimate truth. p) In conformation with ignorance etc., by concealment in Capricorn etc. [and] by Sagittarius etc. in the reverse course, they are old age, death, etc. q) With the property of unveiling, the female sky goers are the body's constituent elements, [21.20] said to be of seventy-two types, according to the purified differentiation of the dharmas. 158 r) By concealment those who are perfected in mantras are the nāyikāh in the houses etc.; now their seed syllable should be the beginning of the  $p\bar{t}$  tha etc. 159

After giving another distribution of the *bījamantras* in the various *chandohas* etc., Puṇḍarīka explains, from his point of view, why making pilgrimages to these sites is useless. This is the first definitive statement in the text repudiating the practice of pilgrimage. So what we have here is a careful *bīja-mantra* mapping to the well-known pilgrimage places in India of (probably) the 10th-11th century, with the specific claim that pilgrimages to these sites are not necessary for the Tantric initiate. The logic of this procedure is that the *bīja-mantra* code provides the initiate the ability to step out of the restrictions of normal space-time. Most folks need to travel to these pilgrimage sites for the appropriate time-determined (i.e. astrologically determined) experience of the divine presence through those sites. However, here it is claimed that the Tantric initiate can command the same experience of the divine presence

through the magical power of this Sanskrit code system:

Hence the twofold concealment of the net of *dākinis* is stated for the divine incarnation of the young person according to the custom of wordly places. Being made to wander around to the places of the *plthas* such as *Kāmarupa* and *Jālandhara* is useless, even when the presiding deity of a crore of villages is in a single region, since the *plthas* etc. are stated [with the *bljamantras*]. Similarly [such perigrinations are useless] because [the *plthas* etc.] are not stated to be in the crores upon crores of presiding deities of villages in the ninety-six regions of Tibet, China, and Greater China. <sup>160</sup>

This final remark about Tibet, China, and *Mahācīna* indicates that Puṇḍarīka was acutely aware of the non-Indian potential audience of this text, and the larger trans-Asian Buddhist community he belonged to. One might expect that were the text, or Puṇḍarīka from outside of India, the Tantra or Puṇḍarīka might well mention other towns in these areas (Tibet, China, etc.) with the argument that their local deities were somehow relevant, or needed to be considered. In terms of internal dating markers, this remark strongly indicates that the *Vimalaprabhā* was written after Buddhism had spread into Tibet and China, unless we chose to interpret this geotheological sensitivity to prophetic awareness. Puṇḍarīka's sensitivity would also be in keeping with an educated man of Kaśmīr, as the valley has long served as a transit point and link up to the major trade routes going from India into Tibet and Central Asia, (as discussed in the opening section of Chapter 6 of this dissertation).

In the context of all the preceding information, with the strong suggestion of a Kaśmīri context for the writing of the *Vimalaprabhā*, at a time when the Persian invaders were beginning to do some real damage in India, the suggestion in the first chapter of the *Vimalaprabhā* that the text was written primarily for the promulgation

of Tantric Buddhism north of the Śītā river, and hence north of India, in Central Asia, and not south of the river, in India, begins to make sense. The line in question reads:

Forseeing the future mental purification of the people living in the nine hundred sixty million villages in the lands of Sambhala etc. north of the Śītā river, the Tathāgata taught the twelve-thousand verse *Paramādibuddham* that illuminates the lightning-word and is free of [any section that] does not unlock the *vajrapadam*.<sup>161</sup>

I will close this section on a brief comparative note. The idea that the external pīthas etc. could be remapped to the initiate's body was a widely shared idea in the Tantric traditions. As the Mālinīvijaya says at the end of a particular meditation, "And one sees clearly what possesses the pīthas and kṣetras etc., inside of one's own body.

Through beholding one's own form some little bit of this (energy) is produced." 162

## 10.7. The Kālacakra Literature in Tibetan Translation

There are a total of twenty-two Kālacakra- texts in the Tohoku University catalogue of the Tibetan Buddhist Canon. By converting the names of the authors and translators from Tibetan back to Sanskrit (to the extent possible, except for Tibetan scholars whose names are native Tibetan names), and checking the dates of these various Kālacakra proponents (in so far as we have them, thanks to Naudou), we see that all of the commentarial texts of the Kālacakra tradition (other than the Vimalaprabhā) were either written or translated by 11th and 12th century Buddhists—this only tends to confirm the theories advanced above. 1) -Kṣaṇa-sajaha-sādhana (Tohoku 1362) by Līlāvajra (Rol-paḥi rdo-rje), translated by Vāgīśvara and Rwa Chos-rab. Vāgīśvarakīrti was a contemporary of Nāropa who lived in the 11th

century. 164 2) - Gana-cakra-vidhi (Tohoku 1393) by Kālacakrapāda, i.e. Tilopa (Duhkhor-shabs), translated by Vagīśvara and Rwa Chos-rab, 3) -Gana-upadeśa (Tohoku 1384) translator unknown, 4) -Ganita-upadeśa (Tohoku 4455) by Bodhibhadra, another contemporary of Nāropa, 165 translated by Chos skyon bzan-po in the Snatshogs or 'Miscellaneous' section of the Canon, 5) -Garbha-nāma-tantra (364) translated by Śrī Badhrabodhi and Zla-bāḥi hod-zer, 6) -Garbha-alamkāra-sādhana (Tohoku 1365) by the Brahmin Pinda (Bram-ze bsod-sñoms-pa), i.e. another name for Vāgīśvarakīrti according to the Blue Annals; 166 translated by Śrī Bhadrabodhi and Gyi-jo Zla-bahi hod-zer, 7) -Catur-anga-sādhana (Tohoku 1356) by Kālacakrapāda, i.e. Tilopa, (Dus shabs-pa), translated by Viśva-śrī and Gyi-jo Zla-baḥi hod-zer, 8) -Tantra-rāja-seka-prakiryā-vrtti (Tohoku 1355) by the 11th century paņdit Dārika, 167 translated by Somanātha's assistant<sup>168</sup> Śes-rab grags, 9) - Tantra-uttara-tantra-hrdaya (Tohoku 363) translated by Śrībhadrabodhi and Zla-bāḥi hod-zer, 10) -Dandaka-stuti (Tohoku 1381), 11 & 12) -Mandala-vidhi (Tohoku 1359) by Sādhuputra--(who also wrote the Sekkodeśa-tippani), translated by Vagiśvaragupta and Chos-rab, and (Tohoku 1360) by Kālacakrapāda (Dus shabs-pa), translated by Vaniśrī and La-chins yon-tan hbar, 13) -Vajrayāna-mūlāpatti (Tohoku 1379) by Bodhisattva (Byan-chubsems-dpah), translator unknown, 14) -Sajaha-sādhana (Tohoku 1361) by Kālacakrapāda Tilopa (Dus shabs-pa), translated by Buddhaśrījāna and Byams-pahi dpal, 15) -Sādhana (Tohoku 1358) by Sādhuputra, translated by Vāgīśvaragupta and Chos-rab, 16) -Sādhana-yoga-pradīpa (Tohoku 1363) by Maitri or Maitrīpāda--also known as Avadhūtapāda--a Mahāsiddha from the early 11th century, translated by

Sha-lu lo-tsā-ba, 17) -Supratiṣṭhā-vidhi (Tohoku 1392) by Tilopa Kālacakrapāda (Dus-ḥkhor shabs), translated by Vāgīśvara and Rwa Chos-rab, 18) -Homa-vidhi (1394) by Kālacakrapāda (Dus-ḥkhor shabs), translated by Vāgīśvara and Rwa Chos-rab, 19) - Avatāra (1383) by Abhayākaragupta (Ḥjigs-med ḥbyuṅ-gnas sbas pa) translated by Abhayākaratupa (Ḥjigs-med ḥbyuṅ-gnas sbas pa) and Śrīdharmakīrti, revised by Rāhulaśrībhadra and Dpal-gyi mthaḥ-can, 20) -Upadeśa (Tohoku 1366) by Mahā-Kālacakrapāda (Dus-ḥkhor shabs-chen), translated by Buddhākarabhadra (c. 1200 CE)<sup>169</sup> and Gyi-jo Zla-baḥi ḥod-zer, 21) -Upadeśa-yoga-ṣaḍaṅga-tantra-pañjikā (Tohoku 1373) by Avadhūti-pa--also known as Maitrīpā, from the early 11th century (see above, work #16), translated by Zla-ba grags-pa, 22) -Upadeśa-sūrya-candra-sādhana (Tohoku 1369) by Trikula-nātha (Rigs gsum mgon po), translated by Śrivibhūticandra. Though Naudou offers no information on these latter two Kālacakra scholars, the name Trikula-nātha suggests the faint possibility of someone who was a master of the Trika School of Kaśmīr Śaivism.<sup>170</sup>

In addition to these twenty-two listed above, there are two copies of the *Paramādibuddha-uddhṛta-śrf-kālacakra-nāma-tantra-rāja* in the canon, one (Tohoku 362) translated by the Kaśmīri Somanātha and ḥbro Śes-rab grags, revised by Śońston Rdo-rje rgyal-mtshan, and another (Tohoku 1346) translated by Somanātha and Śes-rab grags, and revised by Tshul-krims dar, Shań-ston Mdo-sde-dpal, and Śoń-ston Rdo-rje rgyal-mtshan. Somanātha lived in the 11th century, raised in a Kaśmīri Brahmin family and converted to Buddhism by his mother. Known also as Candranātha (Candra, the moon, and Soma, the plant, having become by this point in

Sanskrit perfect synonyms), he went to Magadha for a while to study with Kālacakrapāda Junior. After mastering the acyuta-bodhicitta practice, he went to Tibet in the third quarter of the 11th century, where he taught the Kālacakra and the Guhyasamāja. His teachings and translation work were generously supported by several patrons. In addition, Puṇḍarīka's commentary, the Vimalaprabhā-nāma-mūlatantra-anusāriṇī-dvādaśa-sāhasrika-laghu-kālacakra-tantra-rāja-tīk has a separate listing in the catalogue under Dus-hkor hgrel-bśad, (Tohoku 845), translated by the Kaśmīri scholar Somanātha and Śes-rab grags, and revised by Shan-ston mdo-sde spal and Tshul-khrims bar, 173 giving us a total of twenty-five works in the canon from the Kālacakra tradition.

# 10.8. Evidence of Variant Versions of the Kālacakratantra

Although the tradition represents *Pundarīka*'s commentary, the *Vīmalaprabhā*, as a single text without significant variants, H.P. Shastri found a Palm-leaf Ms. in the Library of the Mahārāja of Nepal that indicates a different recension than that published by the CIHTS in Sarnath. The text places itself at a date 1818 years after Śākyamuni Buddha. Though it is not clear what date the authors were using, we could take c. 600 BCE as a conservative compromise, and that would place the text in the early thirteenth century (1218 CE), about 200 years after the Tibetan translations were completed by Somanātha. It is said to have been copied down under the direction of Buddhaśrī, whom Naudou identifies as Buddhaśrījñāna, 174 who lived at the beginning of the thirteen century (the traditional Buddhist date for Śākyamuni is c. 900 BCE, so that would date the text to about 918 CE). We know from other texts

sūdhana (Tohoku 1361) in collaboration with Byams-paḥi dpal. As the colophon differ slightly from the text published by the Sarnath, this suggests that there may have been more than one version of the Vimalaprabhā circulating at the time of the Tibetan translations, and that the non-translated versions were (apparently) subsequently lost or destroyed: 1) The Laghukālacakratantra is said to be in accordance with the Amṛtatantra, a name for the Ādibuddha we do not find in the extant Vimalaprabhā. 2) The colophon speaks of a commentary on the Kālacakra written by one Kamalavara. Though the name works as a synonym for Puṇḍarīka ('Puṇḍarīka' is a white lotus; 'Kamalavara' means 'the best lotus'), Puṇḍarīka does not refer to himself as 'Kamalavara' in the Sarnath edition of the Vimalaprabhā. 3) The Sarnath edition colophon ends differently than this colophon.

The Colophon reads as follows: 'So in the Vimalaprabhā, the twelve-thousand [line] commentary on the Laghukālacakra-tantrarāja, in accordance with the Śrī Amṛtatantra, the fourth great teaching on the various disciplines and methods, is completed. This is the complete commentary on the Wisdom Chapter. Placing the crowd of the best sages on the path of the Buddha by what was explained by the Sambuddha, having given [them] the wisdom-initiation, the Kālacakra was taught out of the highest compassion. This chapter here [and this] Tantra, having been extracted from the Ādibuddha by Mañjuvajra, King Śrīkalkin, I, through Yaśas himself, am king of this [world] in Śrīkalāpa. According to the explanation of the Sambuddha with a delighted mind, having been requested by Śrīyaśas, the King of the Tantras

[wrote] a commentary following the excellent and clear footprints of the glorious root *Tantra*. Whatever merit was obtained is ample and intensely white (i.e. pure), through the gift of *Pundarīka*. Therefore may the entire world become fully awakened, having obtained the path of the thunderbolt-possessor. [The CIHTS Sarnath edition colophon ends here, with a sub-colophon indicating a different copyist]. These properties are as follows.....

'On the eighth day of the bright half of Caitra [March-April], in [the year] 1818 after the paramount leader of the three realms--the accomplished lion of the Śākyas, the commentary on the Śrīkālacakra written by Kamalavara, destroying various false views, the single creator of all the worlds. This is the Vimalaprabhā, caused to be written down by Buddhaśrī, who is dear in good qualities to the Buddha. May all the people continually enjoy themselves because of the merit from that one time. In the Nepali Śrīdharmadhātu Vihāra, [this was copied] by the two Bengali upāsakas, Śrītathāgatavara and Śrīpuṇḍra.'175

The full colophon of the Sarnath edition reads as follows:

[154.20] By what was explained by the completely awakened one, the host of the best sages has been placed on the path of the *Buddha*, The command having been given, the *Kālacakra* initiation was taught out of the highest compassion, | This *Tantra* in five chapters was extracted from the *Ādibuddha* by this *Mañjuvajra*, By the king Śrī Kalkin; I, the son of this Yaśas, [and] king here in Śrīkalāpa, | | [155.1] With a mind delighted by what was explained by the completely awakened one, and urged on by Śrīvaśas, A commentary, following the footprint left by the blazing lightning bolt

of the glorious root Tantra, on the Tantrarāja, Having made; whatever merit is obtained, blazing with great understanding, from the gift by Pundartka, May the entire world become completely awakened by that, and obtain the path of the lightning bolt possessor. | | \* This commentary on the Knowledge chapter is completed. | | The Vimalaprabhā commentary is completed. | | Ca: Those dharmas are produced from a cause, because the Tathāgata, not speaking, is the their cause, And their cessation is the great ascetic speaking in this way. | This charity of the best follower of the Mahāyāna, of the elderly Mahākaragupta, 176 what merit there is here, let that be, having made [it?] the predecessor of the master, the teacher, the mother and the father, for the attainment of the fruit of unsurpassed knowledge on the part of the host of all sentient beings. The 29th day of Aşāḍha (June-July) of the motion of the sun, the 39th year at the feet of the great supreme king, the glorious Harivarmadeva. In<sup>177</sup> the forty-sixth<sup>178</sup> year of Harivarman, On the seventh day of the dark half of Magha (January-February), when the eleventh day had passed, | With a corpse, a *Cuñcaţukā*, <sup>179</sup> with a virgin, during a dream, by sight (visualization); Taking the little finger, this was recited by request, | On the bank of the Venga river in the northern and eastern direction, Five times by the reciter, over seven years. | |

## 10.9. Technical Notes

## 10.9.1. Historical Derivations of Two Krodheśvaras

<sup>&</sup>lt;sup>1</sup> In the Sarnath version, the words should read as a compound, *bhāvibhavataḥ*; *bhāvi* is the compounded form of *bhāvin*. However, I have followed Shāstri's reading. *Bhāşitavataḥ* would be the genitive or ablative singular of *bhāşita-vant*, the 'recitation-possessor,' taken here in the instrumental sense.

Two of the names of the ten fierce kings in the Buddhist tradition appear to have historical derivations. Dharmasamgraha 11 gives us a list of the Krodharājas or Krodheśvaras of the Buddhist tradition: "The ten fierce ones (daśa-krodhāh) are as follows: the destroyer of death (Yamāntakah), the destroyer of wisdom (Prajñāntakah), the destroyer of the lotus (Padmāntakah), the destroyer of obstacles (Vighnāntakah), the unmoving king of the Takkas (Acara-takki-rāja); the bearer of the dark blue stick [Nīladanda], the very strong one (Mahābalah), the one dwelling in the crown cakra (Usnīsa-cakra-vartin), and the Sumbha king." With regard to Takki-rāja, Monier Williams says the Takka are Bāhika people, the 'name of a despised people of the Panjab.' Stein, in a note to Rajatarangini 5.150, identifies Takka-deśa as the kingdom called "Tseh-kia" by Hsuan Tsang, located in the Panjab between the Bias and Indus rivers, with its capital at Śākala, probably between the Cināb and the Ravī rivers. 181 It's intriguing that one of the ten fierce deities would be named as the King of this people. Dey also locates Takka-deśa to the Panjab, and gives Mada-deśa and Āraţţa as alternate names. 182 Sumbharāja is the name of one of the Krodheśvaras. Sumbha is the name of a people: Monier Williams references the Rāmāyana, and gives a Lexicon reference for 'name of a country, (cf. Śumbha-deśa).' Sumbha-deśa is a Colebrooke reference to the name of a country; Sumbhapur, is the name of a town and district of "the modern Sambhalpur in the district of Gondwāna"--also called Ekacakra and Harigrha. Dev identifies Sumbha/Sumbha with Suhma, itself identical with Rādha, the portion of Bengal west of the Ganges. In medieval times the name of Sumbha was Lāta or Lāla. "The Buddha delivered the

Janapada Kalyāni Sutta while living in a forest near the town of Deśaka in the country of Sumbha as Sumha was also called." Indeed, we find in the introductory story to the *Telapatta-Jātaka*, no. 96, Book 1, that the story was told by the Buddha near Deśaka in Sumbha country. 184

# 10.9.2. The Bhūtasamkhyā System of Naming Numbers

In order to read the Sanskrit of the astronomical sections and translate the numbering systems used in the micro-macrocosmic type-identity mappings in the fifth chapter of the Kālacakratantra one needs to know about the Bhūtasamkhyā system of naming numbers used for many centuries in the Indian exact sciences; this is the practice of assigning real world entities to particular numbers, and then using these 'natural' number-names in place of abstract names. To this practice is added the standard Indian mathematical practice of giving digits in reverse order, with the least significant digit (as we would say) given first. Hence 4,3,1,2 represents 2,134. These practices are not peculiar to esoteric Buddhism; the sources of definitions in Monier-Williams and Apte for these names are largely from Sanskrit astronomical texts such as the Suryasiddhānta, Varāhamihira's Brhatsamhitā, etc.--yet another example of common terminology from a shared culture appearing in the Buddhist Tantras. Here are some common examples: Kha is a name for zero, meaning either a hole, that is empty, or the empty sky. Candra is a name for one [Sūryasiddhānta]; the earth has only one Moon. Netra is a name for two, since we have two eyes. Guṇa is a name for three, because of the three guṇās, sattva, rajas, and tamas. (Guna is also used as a multiplier. 'X guna x' indicates 'x times x.') Pada or pāda

is a name for four, since most poetic verse forms have four *padas*; another name for four is *yuga*, since there are four *yugas*, the *Kṛta* or *Satya*, the *Dvāpara*, the *Treta*, and the *Kali*. Śara = five, since five is the number of arrows--\$ara--carried by *Kāma*. *Rasa* = six, since there are six flavors. *Giri* = eight, because there are eight mountains that surround Mount Meru (in KCT 5.134c, *ahi* is used for eight). *Arka* and *Sūrya*, names for the Sun, = 12, since there are twelve solar months. *Tithiḥ*, a lunar 'day,' = 15, since there are fifteen lunar 'days' in each of the brightening (śukla) and darkening (kṛṣṇa) fortnights of the Moon. *Kalā*, a digit of the Moon, is a name for sixteen, since there are sixteen digits, or portions, in each cycle of the Moon's phases, or sixteen portions in the Moon's diameter (actually there are only 15 *kalās*--the sixteenth is a poetic invention from the Sanskrit kāvya tradition inherited by the Tantric traditions). <sup>185</sup>

## 10.9.3. Kālacakra Variants of Literal Numbering

There are a variety of methods for indicating numbers literally in Sanskrit. The  $K\bar{a}lacakratantra$  and  $Vimalaprabh\bar{a}$  indicate some variations in the customary techniques that are familiar to scholars of the exact sciences in Sanskrit.  $P\bar{a}da$  in the  $K\bar{a}lackra$ , at the beginning or end of a compound, for instance, can indicate 'plus four' in the sense of 'with four'  $[sa-p\bar{a}da]$ , even though it more commonly indicates 'plus one quarter.' In the list of 162 slokas from the  $N\bar{a}masamglii$  referenced by Pundarīka at the end of his long commentary on KCT 5.127,  $^{186}$  we find that  $p\bar{a}da-\bar{a}ma-pa\bar{n}c\bar{a}vimsai = \text{twenty-one}$  (twenty-five  $[pa\bar{n}c\bar{a}-vimsai]$  minus  $[\bar{u}na]$  four  $[p\bar{a}da]$ ),  $^{187}$   $p\bar{a}da-adhika-dasa = \text{fourteen}$  (four  $[p\bar{a}da]$  more than [adhika] ten [dasa]),

an alternate way of saying *caturdaśa*. We are certain of these numbers by matching the excerpts Puṇḍarīka provides with the Sanskrit of the *Nāmasaṃgītih* in Davidson's edition. In verse 5.128b, the Tantra uses an alternate reading of *sa*-number to indicate multiplication: *sapada-rasa-śara* indicates 4 + (6 x 5), or, as Puṇḍarīka rephrases it, *sapada-ṣaṭ-pañcāśat*, six and fifty together with four.

#### NOTES

- 1. Reading from the Sarnath edition of the Śrīlaghukālacakratantrarājatīkā and Vimalaprabhā, the citations from the root tantra are as follows [Volume.page.lines-the root tantra verses are never numbered; I've added question marks to quotes that may also come from the mūlatantra, given the similarity in style, though they are not explicitly identified as such by Pundarīka]: 1.16.13-22; 1.17.15-16(?); 1.18.14-15(?); 1.24.19-1.26.7; 1.29.28-1.30.2; 1.32.16-23; 1.33.10-25; 1.35.11-16; 1.35.22-23; 1.39.31-1.40.6; 1.44.1-4; 1.50.20; 1.52.26-27(?); 1.66.20-29; 1.88.14-1.49.24; 1.256.4-5; 1.266.13-20(?); 2.2.3-4; 2.2.10-11(?); 2.4.17-18; 2.4.20-2.5.3(?)—the Ācāryaparīkṣā may have been a section of the root tantra; the specification of the characteristics of a good teacher is a common subject in tantric texts; 2.6.18-19 & 21-22(?); 2.45.10-15(?); 2.90.11-18(?); 2.105.1-14; 2.106.4-9(?); 2.107.11-26; 2.142.8-11(?); 2.150.15-16; 2.177.10-13; 2.178.15-18(?); 2.179.5-14; 2.197.16-19(?); 2.197.27-30(?); 2.198.9-12(?); 2.204.23-2.205.22; 2.233.7-2.234.10; 2.234.13-2.235.16; 3.14.3-4; 3.20.17-3.21.22; 3.22.10-13; 3.23.28-3.24.4; 3.48.9-10(?); 3.62.19-20; 3.80.20-21; 3.91.6-9; 3.91.19-3.92.10; 3.92.27-30(?); 3.93.9-10(?); 3.94.23-25; 3.95.14-17; 3.97.11-14; 3.98.14-17(?); 3.99.21-24 & 26-27(?); 3.101.1-2, 4-5, 7-8, 10-11. 13-14; 3.102.26-34; 3.107.16-25; 3.118.18-19(?); 3.134.6-7(?); 3.147.1-8.
- 2. See Orofino 1994.
- 3. See Carelli 1940.
- 4. All to be published in the Serie Orientale Roma, IsMEO (Torella, personal communication via email, 1 December 1995).
- 5. See Rinpoche et al 1986:xxxii and cf. Newman 1987:213, 221, 245, 292, 317, 366, 385, 413, 471, 531, 543, and 578.
- 6. See Newman 1987:543-575.
- 7. Wallace 1995:145.
- 8. Wallace 1995:185.
- 9. Wallace 1995:222.
- 10. Wallace 1995:246.
- 11. Wallace 1995:315.
- 12. Wallace 1995:371.
- 13. Wallace 1995:440.
- 14. Wallace 1995:371, KCT 2.107.a-c, Rinpoche et al 1986:228.2-4.
- 15. Om namah śrīkālacakrāya| sarvvākrtir vimala-śūnya-mayīva mātā| advaita-śata-rasa-pūrņa-tanur vibhuś ca| mūrttyā yayā janayate 'bhijanam jinānām tasya namah sajaha-yoga-viśuddha[]ājyā[h]| śrīguroś caraṇāmbhojam praṇamya smaraṇāya me| likhyate tat-prasādena sekoddeśasya tippanī|| iha khalu śrī-dhānya-mahācaitya-nānā-tantra-śravaṇārthibhir adhyeşitah śrī-śākya-simho bhagavān mantra-mahāyānam deśayata sma| tatra daśa-bhūmīśvara-mahā-bodhisattva-vajrapāṇi-nirmitta-śarīrah sucandro rājā parmādi-buddha-dvādaśa-sāhasra-mahātantre bhagavantam adhyeşayati sma| Tathā hi Bhagavad-vyākaraṇam| bodhau sthānam mahābodhih prajñā-pāramitā-naye| niyatam deśakasthānam gṛdhra-kūţo mahā-girih|| Mahā-mantra-naye proktam sthānam śrīdharmma-dhātukam| lokadhātvādi sambuddhau buddhānām try-adhva-varttinām|| yad-vaibhāṣika-sūtrāntadhāraṇī kalpa-deśanā|

sthānam naikam jinasya uktam madha-sattva-āsayena tat|| gṛdhrakūte 'pi maitreyaḥ prajñā-pāramitā-nayam| buddho mantra-nayam suddham srīdhānye desayişyati|| iti vacanād bhagavataḥ srīdhānya eva mantra-naya-desanā| anya-dese punar yat tatra adhimukto-janas tad abhiprāyena dasa-bhūmīsvara-mahābodhi-sattvaḥ saṃgīta-kāro 'nyo vā tat tantra-desanām vistareṇa karoti| ..... The colophon reads: Sekoddesasya ţippanyā[m] yadalambhi subham mayā| likhanāt tena saṃyāyāt vajra-sattva-padañjanaḥ|| sekoddesa-ţippanī samāptā| Post colophon: Krtir iyam sādhu-putra-pandita srīdharānandasya|. (Shāstrī 1917:151-2).

- 16. See also Orofino 1994:11-12.
- 17. Rinpoch et al 1994b:154.20-24--155.1-4.
- 18. Sopa/Jackson/Newman 1985:xviii. Dhargyey gives essentially the same explanation of the text's history, saying that "Śākyamuni Buddha was requested by King Zla-ba-bzang-po of Shambala to teach the  $K\bar{a}$ lacakratantra one year after his enlightenment while at Dhanyakataka. The tradition was maintained for several centuries in Shambala by the line of kings, and was brought to India "at the time of the twelfth Propagator...by two visiting Indian Paṇḍits..." (Dhargyey 1975:73.)
- 19. Newman 1987:71.
- 20. Newman 1987:74.
- 21. Tucci 1949{1}:212. "The scholar who is said to have given a literary form to this revelation was Zla ba bzaň op, an incarnation of Phyag Ma rdo rje, who put the Buddha's words in writing, and having gone back to his country, Śambhala, and built there a stūpa in honour of the Kālacakra, taught his people its secrets. But everything leads us to think that there is much truth in the rest of the narrative; according to it in Śambhala, placed by tradition near the river Sitā (viz. Tarim) many generations of kings succeeded one another and ruled wisely, handing down the secret teaching of the Kālacakra until their power was weakened by a raid of the Kla klo, coming from Me k'a (Mecca), i.e. by Moslem invasions.... The Kālacakra and its commentary, the Vimalaprabhā, written by Pad ma dkar po, were then brought into India by a paṇḍita from Oḍiviśa (Orissa) named Cilupā, who after long travels by land and by sea, came to Śambhala, and having become an expert in the Tantric doctrine, spead its esotericisms in India, under the King of Kaṭaka's protection, and transmitted their teachings to Pi to ācārya of Bengal and to Kālapāda of Varendra."
- 22. Bernbaum 1980.
- 23. Sopa/Jackson/Newman 1985:4.
- 24. Sopa/Jackson/Newman 1985:22-23.
- 25. Sarnath edition 2.186.6-8 = GsT p. 11; 2.207.5-6 = GsT 18.140; 3.7.4 & 5 = GsT. 18.32 & 18.24.
- 26. Sarnath edition, Volume 2.4.7-8; 2.4.13-14; 2.5.7-10; 2.6.3-4; 2.6.7-8.
- 27. Sarnath edition Volume 3.6.26-27 = HvT 1.1.7; 3.107.31-32 = HvT 1.1.16.
- 28. Sarnath edition, Volume 3.13.12-13; 3.106.27-28.
- 29. Rinpoche et al 1994b:29.25-27.
- 30. Snellgrove 1959{1}:9n.2.
- 31. KCT 3.144a, Dwivedi & Bahulkar 1994:118.
- 32. Bhattacharyya 1975:69.

- 33. Bhattacharyya 1975:70.
- 34. Bhattacharyya 1975:71.
- 35. Vyākaraņa, a term generally used in Sanskrit to refer to grammar, is in the Buddhist tradition a term for Prophecy scriptures, one of nine types of scripture enumerated in Dharmasangraha 62.
- 36. Jayaswal 1988:4.
- 37. Jayaswal 1988:7.
- 38. Commentary on KCT 5.18 (Rinpoche et al 13.14-15).
- 39. See Pischel 1938:280, vs. 21 and commentary.
- 40. Ārya-bhotādikānām (KCT 5.97a, Rinpoche et al 1994b:49.13).
- 41. Pingree 1981:32.
- 42. Newman 1987:534 and note 12.
- 43. Pingree 1981:32-33.
- 44. In personal discussion on this point Prof. Pingree agreed with me that the text, or at least this reference to the *karana* literature, cannot predate the 6th century CE.
- 45. Rasārņava 10.10-12 lists the eight treatments of mercury required for deha-vedha or deha-siddhi, and explains their functions: 'Fomentation (svedana), pulverization (mardana), strengthening (cāraṇa), oxidation (jāraṇa), liquefication (drāvaṇa), coloring (raṇjana), potentisation (sāraṇa), and penetration (krāmaṇa). Whoever knows these correctly perfects his mercury. Through fomentation intensity is produced; through pulverizing purity [is produced]; by strengthening one creates strength; through oxidation there is binding; through liquefication unity; coloring through colored gold; pervasion through potentisation: through penetration taking possession, likewise. (Svedanaṃ mardanaṃ caiva cāraṇaṃ jāraṇaṃ tathā drāvaṇaṃ raṇjanaṃ caiva sāraṇaṃ krāmaṇaṃ kramāt iti yo vetti tattvena, tasya sidhyati sūtakaḥ tīvratvaṃ jāyate svedāt amalatvañca mardanāt ti cāraṇena balaṃ kuryyāt jāraṇād bandhanaṃ bhaveta | ekatvaṃ drāvaṇāt taysa, raktaṃ raktkāncanāt vyāpitvaṃ sāraṇāt tasya, krāmitvaṃ krāmaṇāt tathā | (Ray & Kaviratna 1910:147).
- 46. This is a descriptive rendering of dola-sveda, fomentation in the dolayantra.
- 47. Kvātha. Ray & Kaviratna explain that decoctions usually consist of boiling one part of herbs in sixteen parts of water until the water is reduced by three quarters. (Ray & Kaviratna 1910:19 Glossary).
- 48. Jārita. Calcination, or oxidation, involves heating the substance until it becomes ash.
- 49. Lohānām drāvaņārtham bhavati vidam idam sūtakasya aṣṭam āṃsam dolāsvedo 'ṣṭarātram Rasahṛdaya-gatam drāvayed yāvad eva¦ kvāthāt tīvro malasca prabhavati balavān mardito jāritau 'sau eke lohe drute syād ravi-sasi-vapuṣā rañjayet sarvalohān¦ (Rinpoche et al 1994b:135.19-22).
- 50. Dash 1986:13-14.
- 51. Naudou 1980:154.
- 52. Naudou 1980:184-185.
- 53. See Orofino 1994:17-24.
- 54. Rinpoche et al 1994b:18.

- 55. Shāstrī 1917:80.\*.
- 56. The text of the Sarnath edition at this line reads mṛtapātuñca ... śodhya ... dṛṣṭayā
- 57. If we move the *u* over one letter, to get *cuñcu-ţakā*, we would have two names for low cast women. According to MW and Apte *cuñcu* is the term for a mixed caste hunter, from a brahmin father and Vaideha mother. *Takā* could be a variant for *ţakka*, the derided people who give their name to one of the *Krodheśvaras*, the *ṭakkirāja*. Alternatively, we could emend to *cañcuṭakā*, a clever *ṭakā* maiden. *Amarakośa* and *Hemacandra*'s *Abhidhānacintāmaṇi* both have only *cañcu*, either one of eleven names for the castor-oil plant (*eranḍaḥ*) (Amarasiṃha 1885:91) or one of four names for a bird's beak (Hemacandra 1964:317)—neither of much help here.
- 58. In the Sarnath version, the words should read as a compound, *bhāvibhavatah*; *bhāvi* is the compounded form of *bhāvin*. However, I have followed Shāstri's reading. *Bhāşitavatah* would be the genitive or ablative singular of *bhāṣita-vant*, the 'recitation-possessor,' taken here in the instrumental sense.
- 59. Sastrī writes "The addition in a later hand seems to indicate that the MS. was five times recited in seven years after the copy was made, on the banks of the river Veng in Jessore." (Shāstri 1917:80, note). This post colophon is given in different forms by Śāstrī, who says that it is in a different hand than the rest of the manuscript, and by the Sarnath edition. The text in the Sarnath edition, noted as coming from the ca manuscript, i.e. the manuscript in the Asiatic Society of Bengal, reads ekonatrimsatimate vatsare harivarmanah-in the 29th year of Harivarman. The text in Śāstri's extract from this same manuscript (Shāstri 1917:80) reads sat-catvārimsatigate vatsare harivarmanah-in the 46th year of Harivarman. (Shāstri 1917:80). I have taken the reading from Sastri's extract with the presumption that the rectitation of the text over seven years was completed after it had been compiled in Harivarman's 39th year (39 + 7 = 46). It's a bit odd that the two texts differ here (see Chapter 11 for other variations) and I can only presume a scribal error in the Sarnath edition. The text as given by the Sarnath editors doesn't make much sense, and they appear to have deleted part of the third line. Śāstrī's version is a little bit better, though still obscure, so I've used his readings: satcatvārimsatigate vatsare harivarmmaņah! māghasya kṛṣṇasaptamyām ekādasadine gate|| mṛtayā cuñcaţukayā gauryyā svapnena dṛṣṭayā| kaniṣṭhāṅgulim ādāya prsthayā idam udīritam | paficatvam bhāstiavatah saptasambarair iti |. The Sarnath editors offer no explanation for their different readings, including changing the first line to read "the 29th year."
- 60. Yad vyākrtam dasa balena purā alpatantram guhyādhipasya gaditāt paramādibuddhāt tat Kālacakra-laghu-tantram idam kalāpe mañjusriyā nigaditam sakalam munīnām | Rinpoche et al 1986:1.3.15-16; Newman 1987:227)
- 61. Newman has "a miniature mānasa lake." This doesn't make much sense. The kha ms. from Patna, Nepal, offers a variant reading of *upamana saca sāram* for *upamānasam sāram*. I think a better reading would simply be *upamānam ca sāram*. The context indicates a symmetry of 12-yojanas extent lakes on either side of the sandalwood grove, all three (1 grove, 2 lakes).
- 62. Newman has "diameter." Paryanta however = circumference.
- 63. cf. Newman 1987: 304-306. The Sanskrit reads: Kalāpagrāma-dakṣiṇena malaya-udyānaṃ dvādasa-yojanāyāmaṃ Kalāpa-grāma-tulyam tasya pūrveṇa upamāmansaṃ saraṃ dvādasa-yojanāyāmam, pascimena puṇḍarīkasaraṃ tadvat-pramāṇam tayor dvayor madhye

malaya-udyānam | malaya-udyāna-madhye sucandra-rājñā Kālacakra-bhagavato maṇḍala-cakram pañca-ratna-maya-parighaţita-devatā-devatyātmakam catusram catuhśata-hasta-āyamam | bāhye kāya-maṇḍalam catusram caturdvāri catus-toraṇa-śmaśāna-aṣṭa-vibhūṣitam pañca-prākāra-veṣṭitam | bāhye pṛṭhivyādi-catur-valaya-vajra-āvali-bhūṣitam, vajrāvali-paryantam aṣṭa-śata-hastāyāmam | kāya-maṇḍala-arddha-māna-madhye caturasram vāṇmaṇḍalam, caturasram caturdvāram catus-toraṇa-bhūṣitam, pañcaprākāra-veṣṭhitam | vāṇmaṇḍala-arddha-mānaṃ citta-maṇḍalaṃ caturasram caturdvāraṃ catus-toraṇa-bhūṣitaṃ trih-prakāra-veṣṭhitam | tad arddhena jñānacakram, ṣoḍaśa-stambha-upaśobhitam | etad arddhena aṣṭa-daka-kamalam, kamala-tribhāgā karṇikā | evaṃ kāya-vāk-citta-maṇḍalāni sarva-lakṣaṇa-pūrṇāni hāra-arddha-hāra-saṃyuktāni | ratna-paṭṭikā-vedikā vakulikā-sahitānit darpaṇa-arddha-candra-ghaṇṭā-virājitāni | (Rinpoche et al 1986:1.26.20-1.27-4).

- 64. Asmin tri-mandalātmake mandala-grhe phālguna-pūrņimāyām Sūryaratha-pramukhānām sārdddha-trikoṭīṇām brahma-rṛṣīṇām Yasorājñā niyamo dattah.... (Rinpoche et al 1986: 1.27.5ff](Newman 1987:305ff).
- 65. Atha Sūryaratha-vacanāt Yasorājā āha 'sīghram sambhala-viṣayān nirgacchantu bhavanto yena sītānady-uttare ṣaṇṇavati-koṭi-grāma-nivāsinah sarve sattvāh prāṇātipātādy-akusala-karma-pathān parityajya Kāla-cakra-bhagavato 'dhiṣṭhānena samyak-jāāna-mārga-lābhino bhaviṣyanti' iti (Rinpoche et al 1986:1.28.13-15; Newman 1987:310).
- 66. Kalktgotre tvam arkah kşiti-pati-namitah Śrt-yasah śrt-kalāpe (Rinpoche et al 1994b, 5.153.22; verse 5.257c.
- 67. yena uddhrtya Ādibuddhād idam işu-paṭalam Mañju-vajreṇa tantram rājñā Śrīkalkinā 'ham suta iha yaśasah śrī-kalāpe nrpo 'sya|| sambuddha-vyākrtena pramudita-manasā śrī-yaśaś-coditena tīkām śrī-mūla-tantra-sphuṭa-kuliśa-padānveṣikām tantra-rāje| krtvā puṇyaṃ yad āptam vipulam atisitam Puṇḍarīkeṇa dānāt (Rinpoche et al 1994b: 5.154.22-23; 5.155.1-3)
- 68. Newman 1987:310-311.
- 69. Newman 1987:309:12 and 1987:363, note 58, citing Beal (1884:1.12-13); Laufer (1907:404), Wylie (1962:58).
- 70. Newman 1987:411:27. "MSS consistently read sītā; Bu consistently reads shī ta. (See also Bu ston's note at sGra rig mkhas pa'i rgyan 612). Sanskrit saītā means 'cool' (bsil ba), whereas sita means 'white' (dkar po). I follow MSS in my transliteration, and this orthography also happens to correspond with Beal's reconstruction of the Sanskrit original of Hsuan-tsang's si-to' (Beal 1884:2.298 [n.44])."
- 71. Dey 1971:84.
- 72. Kalkipurāņa 3.4; Mahābhārata 16.7; Bhāgavatapurāņa 10.87.7; Brhatnāradīyapurāņa, Uttara 66; Vāyupurāņa 91.
- 73. Dey 1971:187.
- 74. Dey 1971:3.
- 75. Raper 1818:523.
- 76. Newman 1981:620.
- 77. See Rinpoche et al 1986:xxii.
- 78. The commentary on 1.26 explains that naga refers to eight (nagair iti asta-varşa-sataih). (KCT/VMP 1.77.11).

- 79. The Vimalaprabhā glosses the term kālayogah as follows: time is the barbarian dharma. The joining of the astronomical textbooks with that [barbarian dharma] is the connection with time. (kālah mlecchadharmah, tena siddhāntānām yogah kālayogah) (Rinpoche et al 1986:77.18-19; Newman 1987:535-6).
- 80. Newman's translation reads: "Six hundred years from [this] the first year, the master of men Yasas will clearly appear in (the land) called 'Sambhala.' Naga (8) hundred years after that the barbarian dharma will definitely be introduced in the land of Mecca. At that time people on the earth should know the <u>sphutalaghukarana</u>. The corruption of the textbooks on all the surface of the earth will occur in the yoga of time." (Newman 1987:531). Verse 1.26 marks the end of the first section of Chapter 1, the Great teaching specifying the truths of suffering, the path, arisal, and cessation produced in the body, speech, and thought (Kāya-vāk-cittotpatti-duḥkha-mārga-samudaya-nirodha-satya-nirpaya-mahoddeśaḥ; 1.170.10).
- 81. Rinpoche et al 1994b:96.13-24.
- 82. Rinpoche et al 1986:77.12-13; (see Newman 1987:532-4).
- 83. See Newman 1987:543-564.
- 84. Majumdar 1933:64. See also the less informative paper by M.A. Khaliq, "Early Arab Expeditions to India," *Proceedings and Transactions of the All-India Oriental Conference, Twelfth Session, Benares Hindu University, 1943-44*, vol. II, Benares, Benares Hindu University, 1946, pp. 550-553.
- 85. See Spuler 1979:291-292.
- 86. Orofino 1994:15-16.
- 87. Sambhala-vişaye Kalāpa-grāme Sūryaprabhasya Vijaya-devī-garbah-sambhūth Dasabhūmīsaro Vajrapāṇih Sucandra iti | (Rinpoche et al 1986:1.24.5-6; Newman 1987:297.)
- 88. Dey 1971:198; and Monier Williams' dictionary.
- 89. Rājatarangiņī 6.7-13 (Stein 1991{1}:236-237) (Stein's translation). Yaśas also became the object of ridicule by the people and "resembled a physician who prescribes wholesome food for another, but himself eats what is bad (RT 6.68), since he raised a courtesan Lallā to the rank of queen, and she then carried on an affair with a Caṇḍāla watchman, and he also kept company with "attendants who had eaten the food-remnants of the Dombas" (RT 6.69), apparently a serious caste-restriction violation. (See RT 6.68-113).
- 90. Pingree, personal communication.
- 91. Bhandarkar 1872:163.
- 92. Varna-avarnānām ekīkaranam.
- 93. This is a crucial distinction compared to the common misundertanding of what *Kalkī* will accomplish. (Rinpoche et al 1994b:96.22-29.)
- 94. Pelissero 1993:141.
- 95. Nīlamata Purāņa 708 (Kumari 1973:180.)
- 96. See also Stein 1991{1}:8-9 on this point.
- 97. Commentary on Kālacakratantra 5.127 (Rinpoche et al 1994b:95.27-30).
- 98. As he does several times in the text, Pundarīka simply gives the verses, then remarks at the end, citing the group by their verse numbers that these are *subodhāni*, i.e. easily understood. (See Rinpoche et al 1994b:36.23-24).

- 99. Rinpoche et al 1994b:34:11-18. Prajñā-tantram hi pūrvāt punar apara-mukhād eva yoga-anuviddham savya-asyād yogatantram gadati jina-patir vāma-vaktrād kriyādyam | yogācāram hi pūrvāt punar apara-mukhān madhyagam vai samastam sūtrāntam savya-vaktrād gadati sita-mukhāc chuddha-vaibhāṣikam ca | |48| | rgvedam paścima-asyād api gadati yajur vāma-vaktrāj jinendrah savya-asyāt sāmavedam parama-hari-kule 'tharvaṇam pūrva-vaktrāt | pūrvāsyāt kaula-tantram punar apara-mukhād gāruḍam bhūta-tantram siddhāntam vāma-vaktrād udaya-ravi-nibhād viṣṇu-dharmam ca savyāt | 49| |
- 100. See Dyczkowski 1988:34-35.
- 101. Dyczkowski 1988:59.
- 102. Kulāgama was one of the generic terms for the Paścimāmnāya of the Śaivāgama (Dyczkowski 1988:3 etc.). However, it's not clear here whether Puṇḍarīka is referring to a specific text or to a set of texts. Since the term kula was so widely used in the different Tantric schools, it's difficult to tell from Puṇḍarīka's brief reference exactly what he was referring to. Though I have not traced an extant Buddhist Kulāgama, we have a number of extant Śaiva texts that could fall under the general heading Kulāgama: Kulacūḍamaṇitantra, Kuladīpikā, Kulapūjavidhi, Kūlaprakāśatantra, Kulapradīpa, Kulamuktakallolinī, Kulārṇavatantra etc. (See listings under Shāstrī 1939-40:882 and Dyczkowski 1988:218 & 129).
- 103. Idānīm Kulāgamoktah kulabheda ucyate--(5.235): Rāhv-agnī candra-sūryau kṣiti-jalahutabhug vāyu-sūnyam catuşkam bhuktam yat pañcakam vai graha-gaņa itarah şaţkasmāc catuskam! meror dvīpāni diksu prabhavati visayāh paficakam bāhya uktam sattvādīnām guṇānām trikam aparam idam deha-madhye tathāiva|| (Commentary): rāhv-ityādinā| iha kulāgamah-paścima-grhāt catuşkam pańcakam saṭkam catuşkam pańcakam trikam iti bāhye dehe ca visodhya tato devānām pūjā iti atha bāhye rāhuh kālāgnis candrah sūryas ca eşām yogaś catuşkam, catuşpītham ity arthah| tato loka-dhātu-pūraṇārtham pañcakam kṣityādi rasa-paryantam tato grahana itara iti catuşkam varjayitvā bhaumah, budhah, brhaspatih, sukrah, sanaiscarah, ketusceti¦ esām gaņah satkam¦ tato meros catasīsu diksu catvāri dvīpāni catuşkam | gandhādi-pañca-vişayāh pañcakam | sattvādayah trayo guņās trikam | evam yathā bāhye sattvādayo guņās trikam pīthādi, tathā dehamadhye 'pi veditavyam||235|| (5.236): vijfiāna-ānanda-rakta-amṛtam iti kamalādau catuṣkaṃ ca pañca tasmād asthy-ādikam yat sakalam ap tatas cakşurādyam hi şaţkam¦ hastau pādau catuşkam kara-carana-gatam pañcakam ca angulīnām tāsām sarva-trikam yat krama iha sakalo veditavyah kule 'smin| 236| (Commentary): iha käyotpattyartham mätr-padme ālayavijñānam iti rāhuh, ānandah kālāgnih, raktam ity agnirajah sūryah, amṛtam iti sukram candrah, ete ādau kāya-kula-utpatti-hetu-catuşkam catuşkāt tasmād asthyādi pañcakam asthi pṛthivī, pittam jalam, raktam tejah, māṃsa-carma vāyuh, majjā ''kāsam, sakalam api paficakam tataś caksurādyam hi satkam iti [caksuh] bhaumah, śrotram budhah, jihvā brhaspatih, nāsā sukrah, karmendriyam sanaiscarah, mana-indriyam ketur iti safkam tathaiva **hastau pādau catuskam** iti vāma-hastah pūrva-dvīpam, dakşiṇa-hasto dakṣiṇadvīpam, daksinapādah paścima-dvīpam, vāmapāda uttaradvīpam iti catuşkam kara-caraņagatam pañcakam ca angulīnām iti atra anguşthah gandhah, tarjanī rasah, madhyamā rūpam, anāmikā sparšah, kaniṣṭhā śabdah, pṛthivyādi-guṇa-dvareṇa¦ tāsām pañāngulīnām parvatrikam trikam ucyate--prathamam parva sattva-gunah, madhyamam parva rajogunah, antimam parva tamogunah tamo 'nte nakhaparva pradhānam, krama iha sakalo veditavyah kule 'smin iti yujyate|| (Rinpoche et al 1994b:145.14-28--146.1-14).
- 104. Dyzckowski 1988:218.

- 105. Dyzckowski 1988:141n.49.
- 106.  $\sqrt{k\bar{u}}$  (2.P. kauti) or (1.Ā. kavate) or (6.Ā. kuvate) or (9.U. kūnāti/te) = to sound, make any noise, cry out in distress; cry as a bird, hum as a bee, etc.
- 107. Pulika may be a technical term from the mantraśastra. MW: pulikā = yellowish alum (Lexicons). However, neither the Sodhala, the Dhanvantartya, nor the Rājanighaṇţu list any plant or mineral called pulika. Dhanvantartyanighaṇţuh 3.141 and Rājanighaṇţuh 30.200 do list pulaka is one of the names of kankuṣṭham, a medicinal earth of varying colors, so it's possible pulika was an alternate spelling. Pula[ka] = horripilation, due to joy or fear. Pulinam is a riverbank, acc. to MW, and referred to as such in Amarakośa 1.10.9, in the Vārivargaḥ or Water chapter, and commentary (Amarasiṃha 1882:56). Hemacandra's Deśīnāmamālā 6.79 has pullī for a tiger (vyāghraḥ) and for a lion (siṃhaḥ) (Pischel 1938:242). Unfortunately none of these meanings or potential meanings would make much sense in this context of these verses from the Kulasūtram.
- 108. Dey has no *puli* as a place; the closest is *Pulindadesa*, in the western portion of Bundelkhand or else northwest of Hardwar. (Dey 1971:161).
- 109. MW identifies Odrah with the modern Orissa, citing Lassen, Indian Antiquary, vol. 1. p. 224, note 2. Here the text locates Odrah in madhya(desa), admittedly a farily large area. MW defines madhyadesa as between the Himālayas and the Vindhyas to the north and south, and between Vinasana to the west (the district northwest of Delhi where the Sarasvatī river vanishes) and Prayāga to the east (modern Allāhābād, at the confluence of the Ganges and the Jumna rivers). This would rule out Orissa as the site of Odrah. It could refer to the modern Oudh.
- 110. It's not obvious what *Deva-sṛnga-aṣṭakāraḥ* refers to. Śṛnga can = an animal's horn, tusk, etc., the summit or peak of anything; the moon's cusp; an excess of sexual passion; a mark, etc. The "eight actions," aṣṭakāra, could refer to eight activities, such as the eight siddhis, or perhaps the eight syllables of a mantra called deva-sṛnga, the Divine Summit.
- 111. Just after Kula-taru- in this line the Sanskrit reconstruction from the Tibetan ends, and the Sanskrit proper from the manuscript begins again in the Sannath edition. See footnote on page 144 of Sanskrit, and my note at 144.1 above.
- 112. Kula-taru-jananī.
- 113. Sarnath editors offer bhakşya instead of bhakşyā as in the text. MW gives bhakşyā as often at the end of compounds = "having anything for food or beverage, eating, drinking, living upon." Perhaps bhakşyā is simply used here as a variant form of bhakşya, so the suggested emendation may be unnecessary.
- 114. Mentioning the Kaulas in the same vein as the eating demons, and Māra's attendants, suggests once again the relative prominence of the Śaiva Kaula sect at the time the Punḍarīka's commentary appeared, due to the intersectarian competitive attitude of such a characterization.
- 115. Commmentary on 5.237: Atha Kūlasūtra-deha-niṣpatti-kāraṇam, tad-yathā-kūkāraḥ kāmarūpe puli-gata-pulikā jāla-pīṭhe 'gnijihvā oḍraḥ śīmadhyapīṭhe trividha-patha-gatā deva-śṛṅgāṣṭakāraḥ| pañca syuḥ siddhayo 'pi ḍaralaka-sahitā pañca devyaś catasras tasmāt śakti-trayaṃ vā kula-taru-jananīṃ kubjikākhyāṃ namāmi|| iti parama-rahasyaṃ na jñātaṃ bhakṣyā(kṣya)-daityāri mārakāyikaiḥ kaulair iti Kulasūtr[e] niyamaḥ|| (Rinpoche et al 1994b:147.10-14--148.2).

- 116. Commentary on 5.237: Yā sakti sā bhāgeti trividha-gati-yutā try-akṣarā tri-svabhāvā tatra Śrī-oddiyāno varakalasahito madha-saṃshto 'tidīptaḥ| tat-savye koṇa eva prakaṭita-nilaye pttha-jālandhara-śrīr vāme śrīpūrṇapttham paśujanabhayadaṃ kāmarūpaṃ tadagre|| evaṃ saṃvyāpi ptthaṃ bhayakarajananī vyāpinī rudraśaktis tan-madhye liṅgaṃ evaṃ parama-sukhakaraṃ bindur antaḥ-sthāna-dam| nityānanda-atiśāntaṃ bhavati [ca] vicitaṃ manthanaiḥ ṣaḍvidhais tāṃ dhatte yā etān trikāmān varatanucapalāṃ Kubjikākhyāṃ namāmi|| (Rinpoche 1994b:147.1-8).
- 117. Dyczkowski 1988:6.
- 118. Dyzckowski 1988:90.
- 119. Dyzckowski 1988:87.
- 120. Rinpoche et 1994b:151.15.
- 121. asya nirodhah şat-skandhādayah şattrimšad-dhātavah kşara-jñānam sapta-trimšad iti | (Rinpoche et al 1994b:152.13).
- 122. Sadyah-pratyaya-kārakair. Presumably the neurotic impulses we all get when we feel we must take care of some trifling issue instantaneously. Verses quoted from the root Tantra identify these as resulting from the vişa-tattva: "What's called the 'poison-reality' is the cause of sudden-concepts [sadyah-pratyaya-kārakam]." (Rinpoche et al 1994b:92.8).
- 123. These are the three upāyas of the Trika Śaivite Tradition—see discussion of the āṇava, sākta, and sāmbhava upāyas in Chapter 7 of this dissertation.
- 124. Kurmah, 1st pers. plural, indicative.
- 125. Rinpoche et al 1994b:89.15-34.
- 126. Rinpoche et al 1994b:91.17-30-92.1-10.
- 127. Kasawara et al 1885:13.
- 128. Snellgrove 1959{1}:68-69n.1.
- 129. "I termini samdoha ed upasamdoha, d'incerte origine e significato, ricorrono anche nella lettterature tantrica buddhistica (nella forma chandoha, etc.).... Di samdoha J. dice samdohaketi upapīţha-nihṣyanda-prāyatvāt, facendo così derivare dal tema samduh-, mungere, succhiare, emettere (latte)." (Gnoli 1980:446n.39). Jayaratha's comment is after Tantrālokah 15.96 (Dwivedi & Rastogi 1987{6}:2489).
- 130. Dwivedi & Rastogi 1987{6}:2489: punah samdoha-samjitäs tu trayas tv ete varānane | lalanāgartakam šāktam baindavam paṭumadhayatah | | nādajam vyaptimadhyastham trayas ete samāsatah | pundravardhana-samjitas tu lalanāyām udahṛtah | | vārendram baindhavam jiteyam ekāmram vyāptisam jitam |
- 131. Tata ākāša-dhātu-cakre dig-āreşu catvāri pīlavāni vešmāni vā.... (Rinpoche et al 1994b:20.10).
- 132. Sodhalanighantuh 1.575b-576a (in the chapter on bitter herbs etc., Amlādivargaḥ), lists the following synonyms for pīlu: srāmsī, sītasaho, dhānī, gudaphalo 'pi ca| | virecanaphalaḥ, sākhī, syāmaḥ, karabhavallabhaḥ| Sharma 1978:63). Dhanvantarīyanighantuh gives us a similar list of synonyms, adding that it removes blood and bile, and its fruit is bitter and heating. (Narahari 1986:178).
- 133. Bharati 1993:91--Gnoli cites this passage in his note explaining sandoha, Gnoli 1980:446n.39.

- 134. Bharati 1993:88.
- 135. Chandoha-melāpaka-citi-bhuvanam.
- 136. Vajravega, having the swiftness or speed of a bolt of lightning, is also the name of a Rākṣasa in the Mahābhārata, and of a Vidyādhara in the Kathāsaritsāgara.
- 137. Anabhisamskāra.
- 138. The line number here in the Sarnath edition should read "25," not "30."
- 139. Upādāna.
- 140. Davidson's edition gives this as verse 133a (Davidson 1981:59). He translates it as "His referent truth in twelve aspects, knowing the sixteen aspects of reality, he is totally enlightened to the twenty aspects, awake, omniscient and supreme." (Davidson 1981:34—the second half of the verse reads: vimsatyākāra-sambodhir vibuddhah sarva-vit parah).
- 141. Rinpoche et al 1994b:19.8-20.15.
- 142. I am well aware that the 'regional' mention of Kaśmīr, without specific pilgrimage sites within the valley, would tend to contradict my theory that the Kālacakratantra and Vimalaprabhā may have come out of Kaśmīr. My theory may simply be wrong; however, it is equally likely that the authors of the mūlatantra were simply using a standard Śākta-pīṭha list for India. Traditionally, Kaśmīr, despite its advanced intellectual culture, was not considered part of India proper; rather it was always looked at as a distinct region, much as Nepal is.
- 143. Verses lettered by me for reference purposes, with detailed notes on the place names following; the locations of the following places are taken from Monier Williams' dictionary, Apte's, Nundo Dey's <u>The Geographical Dictionary of Ancient and Medieval India</u>, an invaluable work that first appeared in serial form in the *Indian Antiquary*, and the more recent <u>A Historical Atlas of South Asia</u> (see Schwartzberg 1992). I have not give page citations for these sources since the names can be easily looked up in Apte, MW, and Dey, and are all listed in the detailed Index to Schwartzberg. The majority of listings from Schwartzberg may be found on map 32a, "South Asia in the Age of Ghaznavids, Cāhamānas, Later Cālukyas and Colas, c. 975-1200.
- 144. (i) Kāmarūpa is the name of Brahmaputra river valley in Assam, in the extreme northeast of India. In ancient times it referred to both the land and its people; Dey says = Assam, with its ancient capital in Kāmākhya or Gauhatī. (ii) Jālākhyam, not listed in MW. Apte, or Dey, literally: 'the place called jāla'; closest name we have is Jālandhara, off the Sutlej river in the Panjab. (iii) Pūrṇagiri, Schwartzberg identifies as a place of Śākta worship, located roughly at the location of the modern Bijapur in Karnataka. MW: N. of a place, cited from 'catalogues,' literally: the full mountain--pūrṇa is also listed in "Cat." as a form of the sun; not listed in Apte or Dey. Dey gives Purṇā as either a branch of the Tapti river, or a branch of the Godāvarī river. (iv) Oddiyāṇa, the Swat region of modern Pakistan. N. of a place (as Uddiyāṇa), Naudou locates it southwest of Kaśmīr. Dey identifies it with Ujjayinī, yet given that Ujjāyinī was an ancient captial of Mālava, listed in the next verse as an upapīṭha, this seems an unlikely identification. In the Sādhanamālā (sādhanam #225) we have an Ūrdhva-pāda-vajra-vārāhī-sādhanam that Abhayākaraguptaḥ tells us is Odiyāna-vajrapīṭha-vinirgatam, i.e. that comes from Odiyāna. (Bhattacharyya 1972{2}:438-439).
- 145. (i) Godāvarī--"granting water or kine;" N. of the Deccan river emptying into the Bay of Bengal. (ii) Rāmeśa listed in MW only as name of an author, or name of a linga.

Schwartzberg and Dey locate Rāmeśvaram (= Setubandha) at the beginning of the old land-bridge to Śrī Lanka, an island separated from the Indian mainland by the Pumben passage, with a well-known temple of Rāmeśvara. (iii) Devīkoṭṭa, Schwartzberg gives a Devikoṭa for the modern Bangarh, on the border of Bangladesh. MW identifies as N. of a town on the Coromandel coast--SE India, on Bay of Bengal. Dey identifies it with Ṣoṇitapura, on the bank of the Kedār-Gangā river, off the road from Harwar to Kedārnāth. I'd be inclined to accept the Schwartzberg identification. (iv) Mālava = Malwa or Avantī in central India; Dey says that before the 7th or 8th century it was called Avantī--citing Rhys Davids' Buddhist India p.28, and Kathāsaritsāgara 19. If this is true, it would suggest a post 7th-8th century date for the composition of the Mūlatantra. However, I've not yet had the chance to research this name development myself. MW, from 'catalogues' lists 8 nāyikās as śaktis of Durgā: Ugracanḍā, Pracanḍā, Canḍogrā, Canḍanāyikā, Aticanḍā, Cāmunḍā, Canḍā, and Canḍavatī; he also lists 'a class of female personifications representing illegitimate love': Balinī, Kāmeśvarī, Vimalā, Aruṇā, Medinī, Jayinī, Sarveśvarī, Kauleśī; a kula-nāyikā is defined as 'a girl worshipped at the celebration of the orgies of the left-hand Śāktas.'

- 146. (i) Arbuda is in the Vedas the name of a serpent demon conquered by Indra, and of the author of RV 10.94, later the term for a fetus, then also the name of a mountain in western India (aka Abū, a pilgrimage site for Jains); Dey identifies it as Mount Abu, in the Aravali range, in the Sirohi State of Rajputana. The modern region is the Pali district of Rajasthan. It was Rṣi Vaśiṣṭha's hermitage, and is one of the five sacred hills of the Jains (the others being Śatrufijaya, Samet Sikhar, Girnar, and Candragiri). (ii) Munmuntkṣetra is not listed in Schwartzberg, MW, Apte, or Dey. One possibility is Munnessarama, on the west coast of Śrī Laṅka, though the Mūlatantra list of place names does not include any specific locales on the island. (iii) Odra (Udra) is the name of a country = modern Orissa. Schwartzberg identifies the 10th century Odra as just the lower valley of the Mahānadī valley as the river empties into the Bay of Bengal. (iv) Kāraſuʃnya-pāṭakam--again, not listed in Schwartzberg/MW/Apte/Dey. Kāraṇya-paṭaka would = something like "the artisans' village." There is a Karaṇja from the 17th century in the modern Akola district of Mahārāṣṭra that may have been Karaṇya, though this is speculative.
- 147. (i) Śakuni, a bird, a demon or Asura, also a character in MBh and Hariv., councilor to Duryodhana. Śakuni was also the N. of a son of Subala, king of Gandhāra, and Duryodhana's maternal uncle, advising him on schemes to eliminate the Pāndavas. Trišakuni is not listed in Schwartzberg/MW/Apte/Dey. (ii) Kārmāra-pāṭaka--literally, "the blacksmith's village." Not listed as such in Schwartzberg/MW/Apte/Dey. (iii) Kośala--country, with capital in Ayodhyā, modern Oude, cited in Pāṇinī, MBh, Rām. etc.; at the time of Śākyamuni Buddha Kośala was a powerful kingdom with incorporating Kapilavastu and Banaras. (iv) Lāḍadeśa--MW cites catalogues for lāḍa as name of a royal race; Lāda is the name of one of the servants who sacrifices himself on (883-902CE) King Śaṃkaravarman's funeral pyre (Rajatar.5.27); ladaka is the name of a people in the MBh. Dey says Lāḍa = Lāṭa: southern Gujarat, between the rivers Mahi and either Tapti or Kim. There was apparently another Lāḍa identical with Rāḍha, in Bengal west of the Ganges. Schwartzberg refers us to Ladakh under Laḍaka.
- 148. (i) Kalinga. Schwartzberg locates to the coast of Orissa in the modern districts of Ganjam and Puri. MW: 'name of a people and their country (the N. is applied in the Purānas to several places, but especially signifies a district on the Coromandel coast, extending from below Cuttack [Kataka] to the vicinity of Madras.)'; Dey says 'The Northern Circars, a

country lying on the south of Orissa and north of Dravida on the border of the sea.' Kalinganagara was apparently the ancient name for Bhuvaneśvara in Orissa. Apte gives the following unsourced quote from 'the Tantras:' "Beginning from Jagannātha, going to the end of Krsnatīra, my dear, Kalingadešah is said to have the left-path as the highest." (Jagannāthāt-samārambhya kṛṣṇātīra-antagah priye) Kalingadeśah samprokto vāma-mārgaparāyaņa.) (ii) Harikela. Schwartzberg locates in North Tripura and the Kanmganj and Hailakandi districts of modern Assam. MW gives harikelīya, "at play with Kṛṣṇa," the country of Bengal; Apte also gives Harikeltyah, synonymous with Vangā, the Sanskrit name for Bengal. (iii) Candradvipa. Schwartzberg identifies as a town in the Ganges delta, in the modern Bangladeshi region of Perojpur in Kulna. MW: N. of a dvipa, cites Romakasiddhānta as source; Dey has no listing. There was a Candrapura in the Madhyadesa, and a Candrapurt in Oudh. Apte adds a Candrabhaga the river Chinab; Candravatī as Chanderi in the Lalitpur district, Madhyapradesa. (iv) Lampāka. Schwartzberg identifies a Lampāka northwest of Takṣaśīla on the Kubhā river dating from the Mauryan empire. MW: a people and land in MBh and Pur., acc. to some the district of Lamghan in Cabul; supposedly = murunda, the name of a King in the  $V\bar{a}savadatt\bar{a}$ , the 7th century ce fictional work by Subandhu; Vāsavadattā's story is mentioned by Pānini 4.3.87 and his commentaries; murunda is the name for a dynasty and people in the Visnupurāna. Apte gives "N. of a country," or "a libertine." Dey agrees essentially with MW, = "Lamghan, on the northern bank of the Kabul rivers near Peshawar," 20 miles NE of Jalalabad.

- 149. (i) Kāncī is the ancient name of Konjeevaram, near Madras; Apte: regarded as one of the sacred cities of the Hindus. (The seven sacred cities are Ayodhyā, Mathurā, Māyā, Kāśī, Kāncīvarāntikā, Purī, Dvārāvatī.) Conjeevaram is about 43 miles SW of Madras. (ii) Konkanakam—Schwartzberg identifies as the coastal region of Maharashtra south of Bombay. MW: N. of a people on the western shore of the Deccan, cited from Harivamśa 784; Dey says = Paraśurāma-deśa (citing Brhatsamhitā 14), with capital Tāna; 'It denotes properly the whole strip of land between the Western Ghāts and the Arabian Sea.' Apte adds that Konkadeśa the modern Coimbatore, Salem, parts of Tinnevelly and Travancore. (iii) Himālaya = the mountains. (iv) Nepāla = the country.
- 150. (i) Mātrgrham--MW: a temple of the divine mothers, citing Kādambarī as source. Schwartzberg, Apte and Dey have no listing. This may be an alternate name for Mathura. (ii) Prayāga--place of sacrifice, name of a celebrated pilgrimage site now called Allāhābad, at the confluence of the Gaṅgā and Yamunā with the supposed subterranean Saraswatī. Formed part of the kingdom of Kośala. (iii) Kolagiri. Schwartzberg identifies Kola as the region of Coorg or Kodagu in Karnataka. Kolagiri would presumably have been a mountain in that area. Kolagirif is cited in MBh. ii.1171, acc. to MW, who says simply, 'the name of a mountain.' Dey says Kolagiri = Koḍagu (Mbh Sabha, ch.30; Pargite'r's Markand.P. p.364) Coorg, a country on the Malabar Coast. (iv) Gṛhadevatāḥ, literally, the house-deities; MW cites Bhāminīvilāsa iii.12, Āśvalāyanagṛhyasūtra, Gautama-dharma-śāstra, Mṛcchakatikā 1.14-15, Kathāsaritsāgara 4.74.. Schwartzberg, Apte and Dey have no additional information.
- 151. (i) Saurāştra—the Surāt region, the southernmost portion of Gujarat. (ii) Kāśmīra = Kaśmīr. The general reference to Kaśmīr, as with the general references to Nepal or the Himālayas, suggests that the root Tantra did not originate in Kaśmīr. (iii) Suvarņadvīpa. Schwartzberg identifies as the Malay peninsula; lit: 'the golden continent, MW: prob. the name of Sumatra, cites Kathāsaritsāgara and Buddhist sources; (iv) Siṃhala is Ceylon or Śrī

#### Lanka.

- 152. (i) Nagaram denotes town or city, and is itself the name for several in (MW:) T.Ar., MBh., Manu, etc. Dey offers Camatkārapura as synonym, or Nagarahāra. The latter was located at the confluence of the Kabul and Surkhar rivers., or else on the southern bank of the Kabul river, a few miles from Jalalabad. Camatkārapura = Ānandapura in Ahmadabad. Schwartzberg says that Nagara refers to Jalalabad, so this may be the most likely identification. (ii) Mahendraśailam = the name of the Mahendra mountain range, aka Mahendragiri, located along the coast of southern Orissa and northern Andhra Pradesh; (MW:) cited in Rāmāyana 6.54.4; 4.49.43. Dey identifies these as a range from Orissa to Madura, including the Eastern Ghats, and the range from the Northern Circars to Gondwana. (iii) Sindhudeśam, the land of Sindh. Schwartzberg identifies Sindhu as the broad region of the lower Panjab river valley. Above its confluence with the Chinab river, the Indus river is called the Sindh River. (iv) Kirātakam, the Kirāta are a mountain tribe. Schwartzberg identifies Kirata as the region of central and eastern Nepal, Sikkim, and Bhutan. Dey tells us Kirāta = Tīpārā/Tīppera, part of Tripura state and Chittagong in Bangladesh. Dey adds that the Tripureśvarī temple in Udaipur, Hill Tipārā, is one of either 35 or 52 Pīthas.
- 153. (i) Marudeśam, maru denotes wilderness or desert. Schwartzberg says Marudeśam = Marwar, the region of Rajasthan containing Jodhpur. MW: given as the N. of a country in Kātyāyana Śrautasūtra and commentary; Apte N. of a district. Dey gives only Mārubhūmi (probably the same) = Mārushtalī = the great desert east of Sindh; i.e. Rajputana. (ii) Gahvaram, deep or impenetrable, a cave or arbor. No additional information in Schwartzberg, MW, Apte or Dey. (iii) Kulatā, lit: clan-ness, not listed in MW, Schwartzberg, or Apte. Dey however has Kulūta, a section in the Kangra district, upper valley of Bias River, NE of Kangra., i.e. the Kathua and Kargil districts of modern Jammu and Kashmir; on the left bank of the Chenab river here there is a famous pilgrimage site called Trailokyanātha, with a six-handed image of Avalokiteśvara, worshipped also as an image of Mahādeva. (iv) Samalam, with stains or spots, dirty. Schwartzberg/MW/Apte/Dey have no listing for this. The Sarnath editors offer Mamalam as an alternate reading, most likely an alternate reading for Māmalapūram, a town Schwartzberg locates on his map c.550-700 A.D. a bit north of Pondicherry in the Chengal Anna district of Tamil Nadu.
- 154. (i) Caritram. Schwartzberg locates a bit south of Puri, at the mouth of the Mahanadi rivers in Orissa. Dey says Caritrapura = Puri in Orissa. (ii) Harikelam, repeat from (e), Bengal; (iii) Vindhyam, the mountain range; separates "Hindustan" from the Deccan, forming southern limit of Madhyadeśa. The Vindhyas are one of the seven Kulaparvatas. (iv) Kaumārikāpurī: denotes 'city of the young ladies,' and refers to Cape Comorin, the southern extremity of the Indian subcontinent. In his map of Purānic India Schwartzberg identifies Kumārī at Cape Comorin. Pīlavam: here the fourfold pilus are defintively names of places.
- 155. (i) Upavesman, not listed in Schwartzberg/MW/Apte/Dey, would denote 'the adjacent house.' (ii) Virajas denotes 'free from dust,' or 'free from passion.' Schwartzberg says it is the same as Jaipur; not listed as a place in MW/Apte/Dey. (iii) Konkam, probably the same as Konkanakam in (f) above. MW: the name of a country, Bhāgavatapurāna 5.6.8, 5.6.10; Apte: the strip of land between Sahyādri and the ocean (MBh. 6, and Rājataranginī 4.159). (iv) Tripurī. Schwartzberg says = modern Jabalpur in Madhya Pradesh. (Apte:) N. of a place near Jabbalpura, formerly capital of the Chedi dynasty; Dey: Teor, on the river Nerbuda, seven miles west of Jabbalpur-where Mahādeva supposedly killed Tripurāsura. (cf. Doug Brooks' Secret of the Three Cities—Brooks 1990:103). (v) Śrīhattakam. Schwartzberg

identifies as the modern Sylhet, formerly also the region of the Cachar, Hailakandi, and Kanmganj districts of Assam. MW has Śrīhatta, as Silhet, a town, as does Dey, citing Yoginītantra 2.6.

- 156. Kheta, a village or residence.
- 157. Lagna-ādhāra-pratyūhatah.
- 158. Dharma-suddha-prabhedatah.
- 159. This notion of the bijākṣara of the house-nāyikāh being the first syllable of the piţha [name, presumably], sounds just like the explanation given in the Mālinīvijayottara for finding the location of the secret groups of Tantric practitioners.
- 160. Rinpoche et al 1994b:22.6-9.
- 161. Tathāgatena api šītā-nadī-uttare sambhala-ādi-viṣayeṣu ṣaṇ-navati-koṭī-grāma-nivāsinām āsanna-bhavyatām citta-visuddhim dṛṣṭvā vajra-pada-anudghāṭana-rahitam vajra-pada-prakāśakam dvādaśa-sāhasrikam paramādibuddham sandesitam (Rinpoche et al 1986:24.11-14). I've taken the Ka manuscript reading of vajra-pada-anudghāṭana-rahitam, rather than the Sarnath editors' choice of vajra-padam udghātana-rahitam, a choice that makes little syntactical sense in the sentence.
- 162. MVT 20.16 (Kaul Shāstrī 1922:138).
- 163. See Naudou 1980:90n.27 for Līlāvajra's name in a list of early Buddhist Tantric teachers.
- 164. Naudou 1980:160. Nadou identifies another Vāgiśvara who was the spiritual grandson of Ravigupta, and he places Ravigupta in the eighth century (though no more specifically than just within the century). (Naudou 1980:71-72.) Provided Naudou is correct, then we might locate this first Vāgīśvara in the 9th century. The name may have been a fairly common one, since a English translation would mean something like "eloquent" (literally 'lord of speech').
- 165. Naudou 1980:164.
- 166. Naudou 1980:153-154.
- 167. See Naudou 1980:272—he may have been a Buddhist king in the East, contemporary with Harşa of Kaśmīr.
- 168. See Naudou 1980:199.
- 169. Naudou 1980:292 & 12.
- 170. Ui et al 1934:219, 223, 222, 685, 67, 219, 218, 217-218, 67, 218, 221, 218-219, 218, 219, 223, 222, 219, 220.
- 171. Ui et al 1934:67 and 216.
- 172. See Nadou's account, taken largely from *The Blue Annals* (Naudou 1980:198-200).
- 173. Ui et al 1934:142.
- 174. See Naudou 1980:292, 250, 94, and 12.
- 175. Iti śrī-amṛta-tantra-anusāriṇyāṃ laghu-kālacakra-tantrarāja-ṭīāyāṃ dvādaśa-sāhasrikāyāṃ vimalaprabhāyāṃ nānopāya-vaineya-mahoddeśaś-caturthaḥ samāptaḥ| samāpteyaṃ ṭīkā jñānapatalasya| sambuddha-vyākṛtena pravara-muni-gaṇaṃ sthāpitaṃ buddha-mārge dattvā prajñābhiṣekaṃ parama-karuṇayā deśitaṃ kālacakram| yeneddhṛtyādibuddhādi-dam iha paṭalaṃ mañju-vajreṇa tantraṃ rājñā śrī-kalkināhaṃ svata iha yaśasaḥ śrīkalāpe nṛpo 'sya|| sambuddha-vyākṛtena pramudita-manasā śrī-yaśaś-coditena

- tīkām śrī-mūla-tantra-sphuṭa-kuśa-lipadānveṣikām tantra-rājaḥ kṛtvā puṇyaṃ yad āptaṃ vipulamatisitaṃ puṇḍarīkeṇa dānāt samubddhas tena lokaḥ prabhavatu sakalo vajriṇo labdha-mārgaḥ ye dharmmā ityādi... Tribhuva-parama-nāthāt nirvṛtāt śākyasiṃhāt vasu-śaśi-vasu-candre caitra-śuklāṣṭamīke kamala-vara-kṛtā śrī-kālacakrasya ṭīkā vividhakumutihantrī sarvvalokaikadhātrī buddha-śriyā buddha-guṇapriyeṇa likhāpitā śrīr-vimala-prabheyaṃ tajjātu-puṇyena janāḥ samastāḥ sambodhi-lakṣmyā vilasantu nityaṃ nepāle śrī-dharmma-dhātu-vihāre gauḍa-deśīyopāsaka-śrī-tathāgata-vara-śri-puṇḍrābhyāṃ iti (Shastri 1897:315).
- 176. The Sarnath edition reads *sthavira.....sya*. In M.M. Hara Prasad Shāstri's catalogue the colophon reads *sthaviramahākaraguptasya*, so I have emended the text accordingly. (Shastri 1917:79).
- 177. This post-post colophon is given in a different form by Śāstrī, who says that it is in a different hand than the rest of the manuscript (Shāstri 1917:80). It's a bit odd that the text differs here, since the latter half of the fifth chapter in the Sarnath edition is supposedly based on the Asiatic Society of Bengal's manuscript. The text as given by the Sarnath editors doesn't make much sense, and they appear to have deleted part of the third line. Śāstrī's version is a little bit better, though still obscure, so I've used his readings: satcatvārimsatigate vatsare harivarmmaṇah māghasya kṛṣṇasaptamyām ekādasadine gate | mṛtayā cuñcaṭukayā gauryyā svapnena dṛṣṭayā kaniṣṭhāṅgulim ādāya pṛṣṭhayā idam udīritam pañcatvam bhāṣṭiavatah saptasambarair iti |. Śāstrī writes "The addition in a later hand seems to indicate that the MS. was five times recited in seven years after the copy was made, on the banks of the river Veng in Jessore." (Shāstri 1917:80, note). The Sarnath editors offer no explanation for their different readings, including changing the first line to read "the 29th year.
- 178. The text in the Sarnath edition, noted as coming from the ca manuscript, i.e. the manuscript in the Asiatic Society of Bengal, reads ekonatrimsatimate vatsare harivarmanah—in the 29th year of Harivarman. The text in Sāstri's extract from this same manuscript (Shāstri 1917:80) reads sat-catvārimsatigate vatsare harivarmanah—in the 46th year of Harivarman. I have taken the reading from Sāstri's extract with the presumption that the recitation of the text over seven years was completed after it had been compiled in Harivarman's 39th year (39 + 7 = 46). Sāstrī in a note on the same page wrote "The present Ms. was copies on the 29th day of Āṣādha in the 39th year of Harivarmadeva, King of Bengal, whose minister's Prasasti is to be found in the temple of Ananta Vāsudeva at Bhuvanesvara in Orissa. He is said to have reigned during the last half of the 10th cnetury A.D.." (Shāstrī 1917:80.\*).
- 179. If we move the *u* over one letter, to get *cuñcu-ṭakā*, we would have two names for low cast women. According to MW and Apte *cuñcu* is the term for a mixed caste hunter, from a brahmin father and Vaideha mother. *Takā* could be a variant for *ṭakka*, the derided people who give their name to one of the *Krodheśvaras*, the *ṭakkirāja*. Alternatively, we could emend to *cañcuṭakā*, a clever *ṭakā* maiden. *Amarakośa* and *Hemacandra*'s *Abhidhānacintāmaṇi* both have only *cañcu*, either one of eleven names for the castor-oil plant (*eraṇḍaḥ*) (Amarasiṃha 1885:91) or one of four names for a bird's beak (Hemacandra 1964:317)—neither of much help here.
- 180. Kasawara et al 1885:3.
- 181. Stein 1991{1}:205.150.
- 182. Dey 1971:200.
- 183. Dev 1971:164, 195.

- 184. Chalmers 1957:232.
- 185. Thanks to Prof. David Pingree for explaining to me the distinction between the fifteen and sixteen *kalās*. There are some variations to the *bhūtasamkhyā* system in the *Kalacakra*. Although *akṣi*, the eye, usually means two, in KCT verse 5.134a, it apparently means 30, according to the VMP on the verse [109:1]. In 5.134a, *dīnākhya* apparently means fifteen; in 5.134b *veda-jātā* apparently indicates forty.
- 186. Rinpoche et al 1994b:102:2-16.
- 187. Rinpoche et al 1994b:102.9-10.
- 188. Rinpoche et al 1994b:102.11.
- 189. See notes to translation in Chapter 11.
- 190. Rinpoche et al 1994b:104.6. However, the list of phonemes given at 104:13-18 totals seventy-six, though it ends with *iti sapādaṣaṭpaṭīcāṣat*, "thus the sixty." Saṣara-giri-rasa [verse 5.129a] either indicates  $5 + (8 \times 6) = 53$ , or  $5 \times 8 \times 6 = 240$ .

Tantric Yoga Chapter 11 James F. Hartzell

# Translation of the Fifth Chapter of the Kalacakratantra and Vimalaprabhā (1st Mahoddeśāh)<sup>1</sup>

The Wisdom Chapter, the Fifth

1. The Great teaching on the vibrational effusion of the Yoginītantra etc.

Homage to Śrtkālacakra

I bow to you who have aroused the love of your own lightning bolt by the power of the wisdom consort, and have drawn it to your own forehead *vajra* that is connected to the great *uṣṇīṣa* (brain dome),

You, whose atomless void is objectified, while your universal compassion is unobjectified,

To you, the guru of gods, men, asuras, and nāgas, the one teacher of the universe.

[1.5] Of whom there is neither cause nor effect, likewise neither movement nor

sequence,

Honoring that non-dual one by the designation Kālacakra,

The primal matchless<sup>3</sup> Buddha whose four bodies--emanation, enjoyment, good dharma, and purified, are designated by the letters ka etc. [i.e. ka, la, ca, kra], bowing to that  $Tath\bar{a}gata$  with the [crown of my] head,

I, Pundarīka, in my emanated body, as the Lord of the world, holding a lotus, urged

<sup>&</sup>lt;sup>1</sup> The translations given in Chapters 11-13 constitute works in progress, and should not be considered final versions of the translations of this material.

<sup>&</sup>lt;sup>2</sup> "Mark" -- laksanam.

<sup>&</sup>lt;sup>3</sup> Apte explains *ananvaya* as "a figure of speech in which a thing is compared to itself, the object being to show that it is matchless and can have no other *upamāna*" [comparison].

[to do so] by Mañjuśrt, as prophesied by Sugata, wrote this commentary on the venerable wisdom chapter,

[1.10] so that rsis and all beings may attain the fruit of merit and wisdom.

Here, in the exquisite Malaya garden south of the town of Kalāpa, in the jewel pavilion at the edge of the eastern door of the glorious Kālacakra maṇḍala, seated on the royal gem throne, Yaśas, ruler of men, the emanated body of Mañjuśrī, asked to give instruction by the brahmarşi Sūryaratha, [1.15] expressed with the first verse the answer of the Tathāgata to Sucandra's solicitation for instruction, in the Wisdom Chapter from the ultimate Primal Buddha [i.e. the root Tantra]--

5.1: "Since [I] have only somewhat understood what you explained about the  $s\bar{a}dhana$  of the Lord together with the supreme victors,

I would like to know more about the *mandala*, Oh *Guru* of gods and men, with its divisions of the bodily-constituents<sup>1</sup>

About the six clans of the Buddhas and the six [clans] of  $yogin\bar{\imath}s$  residing in the vowel-bees and the consonant-flowers;"<sup>2</sup>

Hearing Sucandra's words, the Lord of the Conquerors spoke about the mandala etc. with the elements. | | 1 | |

<sup>&</sup>lt;sup>1</sup> Dhātus. Dharmasamgrahaḥ 25: The eighteen consituents are: the eye, ear, nose, tongue, body, mind, form, smell, sound, taste, touch, and dharma constituents, and the eye-awareness, the ear-awareness, the nose-awareness, the tongue-awareness, the body-awareness, and the mind-awareness constituents. ("Aṣṭādaśa dhātavaḥ--cakṣuḥ-śrotra-ghrāṇa-jihvā-kāya-mano-rūpa-gandha-śabda-rasa-sparśa-dharma-dhātavaś cakṣurvijñāna-śrotravijñāna-ghrāṇavijñāna-jihvāvijñāna-kāyavijñāna-manovijñāna-dhātavaś-ceti." (Kasawara et al 1885:5).)

<sup>&</sup>lt;sup>2</sup> I.e. the vowels and the consonants. The *buddhas* are the vowel-bees, and the *yogints* are the consonant-flowers.

11.201 Here with the first verse from the Primal Buddha (Adibuddha Mūla Tantra), [there is] Sucandra's solicitation; Tathāgata's answer, since it is the abode of meaning, is recited by Mañjuśrt. That very [verse] is expanded upon by the commentary--"somewhat" etc. Here, the sādhana of the Lord [2.1] in the Sādhana Chapter, together with the Tathagata, of Kalacakra, that was expressed by you, Hey Guru of Gods and Men, Śākyamuni!, that is somewhat understood by me. Therefore I would like to know more about the Kālacakramandala in the body with the divisions of the bodily-constituents, i.e., with the purified bodily constituents of the bones, etc. And in addition I desire to [know] about the six clans of Buddhas, that reside in the bees/vowels and the flowers/consonants, that reside in the vowels a etc., that reside in the consonants ka etc., as will be expressed, [2.5] thus the six [clans] of voginis. Just as there are six clans of the skandhas, 3 so there are also [six clans] of the bodily constituents (dhātus) residing in the [letters] a etc. Hearing this statement by Sucandra, the Lord of the Conquerors speaks<sup>4</sup> about the unconcealed skandhas etc. whose nature is the four bodies sahaja etc. The Lord of them is the progenitor, the wide awake,5 the Primal Buddha. The mandala etc. with the bodily-

<sup>&</sup>lt;sup>1</sup> In the Tibetan tradition, "purified" or "the purification of" the various constituents, etc., is understood to mean the more subtle or symbolic meaning, purified from the gross or obvious meaning. Though I've chosen to maintain the more literal sense of "purified" for śuddha or viśuddha, the terms could equally well be translated by "symbolic meaning."

<sup>&</sup>lt;sup>2</sup> The *Buddha*-bees-vowels represent the six *skandhas*, and the *yoginī*-flowers-consonants represent the six *bhūtas* or elements (earth, air, fire, water, space, and void.)

<sup>&</sup>lt;sup>3</sup> Dharmasamgrahah 22 lists five aggregates as rupa, vedana, samjna, samskara, vijnana (Kasawara et al 1885:5). The Tantric system adds a sixth, void.

<sup>&</sup>lt;sup>4</sup> Verb in present tense.

<sup>&</sup>lt;sup>5</sup> Or, completely enlightened (sambuddha).

constituents, of the six clans etc., will be expressed. So there is a relationship between the instructor and the questioner. In this verse, after the three padas of Sucandra's solicitation, beginning with the fourth pada up to the end of the chapter, [2.10] is the response of the Tathāgata. The restriction in this Tantra is that there is not another solicitation.

Now is stated the purification of the *mandala* through the purification of the bodily constituents:

Verse 5.2: You must make the pillars, the row of vajras, and the earth-circle in sections, with the bones;

[You must make] the foundation<sup>2</sup> in the east,<sup>3</sup> south,<sup>4</sup> north,<sup>5</sup> and west<sup>6</sup> with the flesh, blood, urine, and excrement;

<sup>&</sup>lt;sup>1</sup> Bhittam eva really means 'sectioned,' i.e. in sections, eva provides the emphasis.

<sup>&</sup>lt;sup>2</sup> Ragapatam; would mean literally the colored descent, the tinted fall; ranga can also denote a theatrical stage, rangadvar, for example, denotes the stage door, or theater entrance; rangamandapa denotes play-house or theater; in this context rangapatam appears to refer to the architectural base or foundation of the three-dimensional mandala, colored according to the directions.

<sup>&</sup>lt;sup>3</sup> Sura usually just means 'a god;' presumably it means 'east' because the abode of the gods, i.e. the sun, rises in the east. Surapatha denotes the path of the gods, i.e. the atmosphere or sky; MW lists surapraviira, the hero/prince of the gods, as Fire, the son of Tapas, from the Mbh (no citation); suraparvata, the gods' mountain, is Meru; suraloka denotes gods' world, heaven.

<sup>&</sup>lt;sup>4</sup> Yama denotes south here; Yama is the god of death; from the Rgveda onwards Yama is the god who presides over the Pitrs and rules the spirits of the dead; Yama is one of the eight guardians of the world as regent of the Southern quarter; for future reference he is also regent of the nakşatra Apabharani or Bharani.

<sup>&</sup>lt;sup>5</sup> Dhanada denoting north here, is literally 'wealth-giving;' it's a name for Kubera, the god of riches and treasure who is regent of the northern quarter; Kumārasambhava iii.25 (MW) refers to the north as kubera-gupta--protected by Kubera.

<sup>&</sup>lt;sup>6</sup> Apara denotes the posterior, or the western, since the traditional morning agnihotrin faces east, towards the rising sun, so the 'posterior' becomes the west; similarly the 'right' becomes the south; uttara denotes 'north' both because the north is higher than the south in India, and because it denotes 'left' as the opposite of 'right' or south.

[You must make] the sun with the bile [humor], also the moon with the phlegm [humor], likewise the lotuses with the sinews;<sup>1</sup>

[You must make] the five types of lines by what's produced from the earth, water, fire, wind, and space. | |2||

"The pillars," etc. Here, with the idea that you must make the pillars in the body-mandala with the bones in the body; [also] the row of vajras, and the circle of the earth, in sections, with the bones; 'you must make' is understood in the three verses. With this purification one should mix the powder of bones etc. into the midst of the particles. With the flesh, blood, water, excrement, by the purification of the flesh in the Gods, in the east, the foundation; by the purification of the blood, the foundation in Yama, in the south; by the purification of the water [i.e. urine], the foundation [2.20] in the north, in Kubera; by the purification of the excrement, the foundation in the west, in the posterior. The foundation in the middle by the purification of the semen; where the sixth is, the ovum, there, by the purification of the ovum, is a foundation. Thus, by the purification of the Tathagata's flesh etc., [there is] respectively, Amogha[siddhi], Ratneśa, Amitābha, Vairocana, Akşobhya, and Vajrasattva--the six. With the bile, with the bile constituent, the sun-seats, with the phlegm-constituent, the moon-seats; [hence] the sun and the moon. With the sinews, the lotuses on the surface of the moon and the sun. The five types of lines:

<sup>&</sup>lt;sup>1</sup> Snayu denotes any sinew in human or animal body, muscle, tendon, ligament, nerve, vein; MW's citations are from Taittirīyabrāhmaṇa, Suśrutasaṃhitā, Manu, Mahābhārata; two non-specific citations from Suśrutasaṃhitā are snayu-jala-vat, covered with a network of sinews or nerves or veins, and snayu-marman, the joint or place of junction of a sinew or tendon.

the first line, [2.25] by the purification of the thumb produced from the earth; the second, by the purification of the index finger produced from water; the third, by the purification of the middle finger produced from fire; the fourth, by the purification of the ring finger produced from wind; the fifth by the purification of the little finger produced from the space. Thus one must make the five types of lines in the particle mandala. | |2||1

[3.1] 5.3: [You must make] the Master's lotus<sup>2</sup> with the time- $n\bar{a}d\bar{\iota}$ , and the wind and fire circles etc. with the skin etc..

The doors of the sun<sup>3</sup> with the orifices,<sup>4</sup> the structure consisting of jewels with the row of teeth, in exactly the same way; |

And the eight wheels located in the wind circle in the cremation ground with the nails of the fingers [and toes];

The light ray/flame of the *vajra* with the hairs located in the cardinal directions and intermediate directions, at the [spherical] surface of the

<sup>&</sup>lt;sup>1</sup> Compare the following description of the symbolic aspects of constructing the *Gārhapatya* hearth for the *Agnicayana*, from *Śatapatha Brāhmaṇa* 7.1.1.15-16: "For the enclosing stones are the bones, and the Sūdadohas is the breath; and there is no breath in the bones. With one and the same formula he lays down many bricks, for of one and the same form are the waters; and as to their being many enclosing stones, it is because there are many waters. (16:) The enclosing stones, then, are the womb; the saline earth is the amnion, and the sand is the seed. The enclosing stones are outside, and the saline earth is inside; for the womb is outside, and the amnion inside. The saline earth is outside, and the sand inside; for the amnion is outside, and the seed inside. He who is born is born from these: it is from them that he thus causes him (Agni) to be born." (Eggeling 1894:302).

<sup>&</sup>lt;sup>2</sup> The Sanskrit is *Bhartr-abja*, the lotus of the "bearer" or "supporter." Though common usage for *bhartr* in Sanskrit is "husband," here the term refers to the principal lotus that "supports," from underneath, the entire *Kālacakra manḍala*.

<sup>&</sup>lt;sup>3</sup> Or, using the *bhūta-saṃkhyā* system, "the twelve doors."

<sup>&</sup>lt;sup>4</sup> These twelve are specified in the commentary.

mandala.  $||3||^1$ 

the purified lotus of the leader, the remainder with the *lalanā* etc.--with the sinews up to the seventy-two thousand--thus the rule.<sup>3</sup> And the wind and fire circle etc. with the skin etc. Here the wind circle with the skin etc., the fire circle with the red and warm bodily constituent [i.e. blood], the water circle with the perspiration. The doors of the sun,<sup>4</sup> i.e. the twelve doors with the twelve orifices: the two ears, the two nostrils, the two eyes, the one mouth, the three holes for urine, feces, and semen, the two breasts, thus you must make the twelve holes in the powder circle (*rajomanḍala*) with the purification of the twelve holes. [3.10] The structure consisting of jewels, what begins with garland (*hārā/a*) in the *manḍala*, you must make with the row of teeth. The eight circles that are in the cremation ground, you must make with the nails of the fingers [and toes],<sup>5</sup> by the purification of the nails of the hands and feet. The light ray/flame of the *vajra* you must make with the hairs that are the flames of the lightning bolt; with the hairs located in the cardinal directions and intermediate directions, the *vajra* light ray/flame on the surface of

<sup>&</sup>lt;sup>1</sup> Although *mandalas* are typically represented in two-dimensional paintings, these visualizations are of three-dimensional *mandalas*.

<sup>&</sup>lt;sup>2</sup> This is an important gloss. The central channel of the subtle body that runs through the center of the spine, the *avadhūti*, is the time-channel—the circuit through the body whereby we experience time, and can potentially control time.

<sup>&</sup>lt;sup>3</sup> I.e. the seventy-two thousand  $n\bar{a}d\bar{t}s$ ; the *lalanā* and *rasanā* are the two major subsidiary channels on either side of the *avadhūti*, the latter running through the spine.

<sup>&</sup>lt;sup>4</sup> I.e. the twelve doors of the *mandala* palace, the four doors to each of the three interset palaces = the twelve signs of the zodiac that the sun passes through during the course of a year.

<sup>&</sup>lt;sup>5</sup> Angula denotes either finger or toe--it's a general term for 'digits' of hands and feet.

the [spherical] mandala. [3]

5.4: In just this manner is stated the body-vajra, possessing the best of various qualities, in the form of a mandala,

[3.15] And [you must make] the speech-vajra, that is a etc. [the vowels and] ka etc. [the consonants], into the form of deities with all the families of the Victors;

With the six voids [you must make] the mind-vajra into the unitary form of the Leader pervading the three sorts of worlds;

Just in this way [you must make] the intuition-vajra into the intrinsic nature of the universal mother, destroying fear of the world. | |4||

The rule of the *mandala* is stated here, i.e. that in just this way the bodyvajra, consists of the six elements, possesses the best of various qualities, with the
varieties of earth, etc. in the form of the mandala. Now the symbolism of the
speech vajra as the group of deities is stated. Here [3.20] a etc. [and] ka etc. consist
of the vowels and consonsants. [You must make] the speech-vajra as the host of
deities with all the clans of the Victors, transformed into the vowels and consonants.
Because of that, the speech-vajra is stated to be in the form of a deity. You must
make exactly that deity-form in the powder-mandala. With the six voids the mindvajra, the eye-consciousness, the ear-consciousness, the nose-consciousness, the
tongue-consciousness, the body-consciousness, the mind-consciousness, by purification
[become] the six sorts. By the six voids, having as their objects form etc., the mind-

<sup>&</sup>lt;sup>1</sup> Bhava-bhaya-mathanam; bhava-bhoga = the pleasures of the world, bhava-sangin = attached to the world, bhava-jala = the water/ocean of worldly existence; so, bhava-bhaya-mathana = destroying fear of the world.

vajra becomes revealed. In exactly this way [you must make] the intuition vajra, [3.25] the mind as an object of perception, pervading the threefold world, the nature of the universal mother, the voidness image, destroying the fear of the world, free of all fictions. You must make wisdom the leading Lady in the mandala. In this way the elements of the body, speech, mind, and intuition are externally the mandala, the host of deities, the Leader, and the Leading Lady, esoterically; revelatorily! [they are] known as the emanation, beatific, dharma, and orgasmic [bodies]. | |4| | [4.1] Now the clans of the six-mantras are stated—

5.5: The clans of the consonant classes, the six ka etc. are arranged around in sequence, sequentially,

The vajra, the sword, the jewel, the wheel, likewise the lotus also, the chopper in the same way, of the Victors;

And further each individual consonant class is divided into five divisions of the most eminent Universal Conquerors,

Because the division of the letters individually consists of earth, water, fire, air, and space. | |5| |

Of the classes, etc.: Here the six consonant classes ka etc. are ka, ca, ta, pa, sa; the class of the consonant classes, the six--ka etc. arranged around in sequence are the vajra etc. signs of the six Victors. Among those the vajra is the clan of the gutturals, the sword is the clan of the palatals, the jewel is the clan of the

<sup>&</sup>lt;sup>1</sup> The two terms in Sanskrit are *samvṛti* and *vivṛti*. *Samvṛti* = closure, covering, concealing, keeping secret. Revelatorily, or what is made clear--from *vivṛti* = making clear or manifest, explanation, gloss, comment, interpretation, exposure.

retroflexes, the wheel is the clan of the dentals, the lotus is the clan of the labials, likewise the knife is the clan of the sibilants, in just that way [vai] is absolutely; thus the rule about the clans of the consonant classes. And further, each individual consonant class is divided into five divisions of the most eminent Universal Conquerors; here, where there is one, there are the five clans because of the fact of their interconnection. Their usage is well-known in the world. For this reason each individual consonant class, because of the division of the letters individually consists of earth, consists of water, [4.10]<sup>1</sup> consists of fire, consists of air, consists of space; [thus] the consonant class is divided five-fold. "Individually" denotes ka, kha, ga, gha, na. [5]

Similarly [the three ways of reading the consonant set]: ca etc. are read by means of  $samh\bar{a}ra$ ; by  $praty\bar{a}h\bar{a}ra$ , na etc. are read; with the creation sequence as space etc.<sup>2</sup> They are also stated--

5.6: And in the beginning the void categories, also, na, na, na, na, na, na, na, na, and likewise the vowel a etc.;

[4.15] So the wind category has the phoneme i and gha, jha, dha, bha, dha,  $s\tilde{a}$ ; and the fire categories have the letter r etc.;  $|^3$ 

The water category also has the phoneme u,  $\underline{h}ka$ ,  $^4$  kha, cha, tha, pha, tha,

<sup>&</sup>lt;sup>1</sup> The numbering of lines in the Sarnath edition is down-shifted by one and a half lines on this page. Further down the page the numbering becomes half a line down-shifted.

<sup>&</sup>lt;sup>2</sup> See next footnote.

<sup>&</sup>lt;sup>3</sup> The same pattern as the first pada, i.e. ghi, jhi, dhi, bhi, dhi, śi.

<sup>&</sup>lt;sup>4</sup> The visargah placed before ka, represented by h, or by the Greek letter it sounds closest to,  $\chi$ , and is known in the grammatical tradition as the jihvāmūlīyah (lit: 'produced at the root of the tongue') (See Whitney 1977:23, paragraph 69). The other visargah placed before a the pa.

 $v\bar{a}$ ; in the earth division the phonemes with l etc.;<sup>1</sup>

Thus by the five forms of the clans of the Supreme Conquerors the guttural etc. classes are divided.  $| |6| |^2$ 

"In the beginning" etc.: Here in the beginning, to the extent there is the void, also,  $\dot{n}a$ ,  $\ddot{n}a$ , na, na,  $n\ddot{a}$ , likewise ka. And in addition, [4.20] and the vowel a is the letter a. According to the grammatical rule that "what falls in between that is

is represented in transliteration either by h, or by the Greek letter it sounds closest to,  $\phi$ , is called the *upadmānīyah* (lit: 'produced by breathing on [the lips]'). In *devanāgarī* both the *jihvāmūlīyah* and the *upadmānīyah* are represented by the X, the reversed, horizontally parallel parentheses we have in the Sarnath edition of our text, or something similar to the Pisces sign in astrology. Both of these *visarga-s* occur principally in Vedic Sanskrit, suggesting that the authors of Root *Tantra* verses, the *Laghutantra* verses, and the *Vimalaprabhā* were well-educated Sanskritists. My thanks to Jensine Andresen for first finding out for me about the *visargas*, and to Gary Tubb for a full clarification of the issue.

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# <u>Standard Grammatical Arrangement</u> <u>Kalacakratantra Arrangement</u>

Vowels:  $a, \bar{a}$ Palatal vowels:  $i, \bar{l}$ Labial vowels:  $u, \bar{u}$ Lingual vowels:  $r, \bar{r}$ Dental vowels:  $l, \bar{l}$ 

Gutturals: ka, kha, ga, gha, na. kl, khu, gr, ghi, na Palatals: ca, cha, ja, jha, ña. cl, chu, jr, jhi, ña Retroflexes: ta, tha, da, dha, na. tl, thu, dr, dhi, na Dentals: ta, tha, da, dha, na. pl, phu, br, bhi, ma Labials: pa, pha, ba, bha, ma. tl, thu, dr, dhi, na Palatal Semivowel: ya sl, vu, şr, śi, xka

Lingual Semivowel: ra
Dental Semivowel: la
Labial Semivowel: va

Palatal sibilant: \$a Lingual sibilant: \$a Dental sibilant: \$a

<sup>&</sup>lt;sup>1</sup> I.e. hku, khu, chu, thu, phu, thu, vu.

<sup>&</sup>lt;sup>2</sup> The complete set is a modified, alternate reading of the basic consonant set of the Sanskrit alphabet.

<sup>&</sup>lt;sup>3</sup> Ca should not be bold-faced; it is not in the verse.

5.7: The *uṣṇīṣa* is the five voids; the three clans also, in the same way, are the body, speech, and mind *vajra*,

[The vowels] a etc. are the seals-clan, similarly; the guttural etc. consonant classes, all together, plus ha, ya, ra, va, la, |

[5.1] Are the [limit of the universe called] the World and Non-world; with the syllable units, together with ha, ya, ra, va, la, are also what's beyond the World and the Non-world [cosmic limit];

The consonants become Lord of the Vidyādharas, because [they are] also

<sup>&</sup>lt;sup>1</sup> MW, citing the Sūryasiddhānta, the Raghuvamśa, and the Purāṇas, defines lokāloka as the name of a mythical belt of mountains surrounding the outermost of the seven seas, dividing the visible world from the region of darkness; the Sun is within the wall of mountains, so they are light on one side, and dark on the other. In some Buddhist sources, including the Dharmasamgrahaḥ, and in kāvya, these are also known as the cakravāla—the circular enclosure.

<sup>&</sup>lt;sup>2</sup> The two "with," i.e. -yuta and sa- are redundant here; see commentary and note below.

<sup>&</sup>lt;sup>3</sup> In the Buddhist Tantric contexts, *Vidyādharendra* refers to *Vajrasattva*, the lord of the *siddhas*. In classical Hindu mythology, the *Vidyādharas* are a group of celestial musicians who serenade Śiva, living with him in the *Himālayas*, and possessing supernatural powers; hence the poetic image here that the consonants as a group are the chief of the supernaturally powered *mantras*, just as Indra is the chief of the supernaturally powered *Vidyādharas*. In the

#### as a group the eight preeminent [consonant] classes. [17]

"Uṣṇīṣa" etc. Here, as for the clan of the great uṣṇ̄ṣa, what is the intellect is explained in the Lokadhātu chapter as the five voids. The three clans, the body, speech, and mind vajra, are Om,  $\bar{A}h$ ,  $H\bar{u}m$ .  $\bar{A}$  etc. are a, i, r, u, l. [5.5] The seal-clan is Akṣobhya etc., in order to seal the group of deities. The cosmic boundary clan is the intellect [mahat], joined by ha, ya, ra, va, la. The guttural etc. classes, all together are the thirty-six consonants. Joined with ha, ya, ra, va, la, with the vowel units, are the consonant groups, ha etc., with the vowel units; [these] are sixty. The previously mentioned ka etc. with the vowel units, divided into the

description of the path of space, the deśādhva--one of the six paths through the body, Abhinavaguptah, following the Kaśmīr Śaivite Svacchandatantram 10.182b-184a, locates the city of the Vidyādharās near that of the Vasus to the north of Mt. Meru. (see Tantrālokah 8.53a, Dwivedi & Rastogi 1987{4}:1389 and Gnoli 1987:251 and 251n.21). Vidyādharā also appears in Buddhist Tantric iconography as the counterpart of Mañjuvajra (as Svābhavavidyādharā) or the black Yamāri (De Mallmann 1975:363 & 447).

<sup>&</sup>lt;sup>1</sup> Mahā- in the compound mahossnīsa-kulam should not be boldfaced; it is not in the verse.

<sup>&</sup>lt;sup>2</sup> Mahat.

<sup>&</sup>lt;sup>3</sup> Ha, ya, ra, va, la, yutāh should be boldfaced—it is in the verse.

<sup>&</sup>lt;sup>4</sup> The thirty-six consonants here consist of the ka-varga, the ca-varga, the ta-varga, and the pa-varga (5 each = 25) + the five semivowels (= 30) + the three sibilants, sa, sa, sa, ta, the ta consonant (replaces ta in Vedas when intersecting two vowels) plus ta = 36.

<sup>5</sup> Again, ha, ya, ra, va, la yutāh should be boldfaced--it's in the verse. The sixty here appear to be the five sets of five consonants from the vargas, with the four semivowels and ha (= 30) with either short or long vowels. Another way to get sixty would be to add twenty-four to the thirty-six consonants. According to the VMP on KCT 1.8, the five vowels, a, i, r, u, l (KCT consistently uses this order) can be short, long, guņa or vṛddhi (hrasva-dīrgha-guṇa-vṛddhi) [Sarnath edition vol.1, p.59, line 8] (Newman 1987:443))--this would give us twenty. Adding e, ai, o, au would give us twenty-four. This is however a speculative, since I have not found it so explicated in the VMP. VMP on KCT 1.8 gives a set of sixty to fit the days and nights of the thirty solar days in the idealized month: ha, hi, hṛ, hu, hļ, haṃ; ya, yi, yṛ, yu, yļ, yaṃ; ra, ri, rl, ru, rl, raṃ; va, vi, vṛ, vu, vļ, vaṃ; la, li, lṛ, lu, lļ, laṃ for the nights; and llāḥ, lll̄, llū, llr̄, llī, llā; vvāḥ, vvl̄, vvv̄, vvr̄, vvī, vvā, rrāḥ, rrī̄, rrī, rrā; yyāḥ, yȳ, yyū, yyṛ, yī, yyāḥ; hhāḥ, hhī̄, hhū, hhī̄, hhtī, hhā for the days. [1.63.27-30] (Newman 1987:463). However, this set of sixty does not include all

locations, are three hundred and sixty;<sup>1</sup> divided again and again by guna, vrddhi, and the substitution of the semivowels, [they] are 1080, and become the clan of the world and non-world [cosmic mountains]. Ka etc. becomes the consonant [and] the Indra of  $Vidy\bar{a}dharas$  jointly, because [they are] also completely the eight preeminent [consonant] classes: (1) K, kh, g, [5.10] gh, ha; (2) c, ch, j, jh,  $\bar{n}a$ ; (3) t, th, d, dh, na; (4) p, ph, b, bh, ma; (5) t, th, d, dh, s; (6) hp, s, s, hka; (7) l, v, r, y, ha; (8) l, v, r, y, ksa.<sup>2</sup>

Now the individual *Tantra* for each individual syllable, ka, etc., is stated-5.8: The phonemes ka etc. are thirty, truly; joined with ha, ya, ra, va, la, and ksa, they are thirty six, in fact;

Expanded by the alteration of syllabic length, [they] become the  $Cakran\bar{a}thas$ , the tastes (6) multiplied by the tastes (6);  $|^4$ 

[5.15] And the single-limbed, with one indeed, accompanied by two a's, s is

thirty-six consonants, so it cannot be the same set. For *Pundarīka*'s explanation that the vowels can be short, long, *guṇa*, and *vṛddhi*, see note below to Sanskrit page 6, line 13.

<sup>&</sup>lt;sup>6</sup> That is, the six consonant classes ka, ca, ta, pa, sa mentioned at KCT 5.5a and VMP.

<sup>&</sup>lt;sup>1</sup> I.e. the thirty-six consonants x 3 (with short, long, or extended (3  $m\bar{a}tra$ ) syllables) x 10 (the ten directions). VMP on KCT 1.8 offers a 360  $b\bar{t}jamantra$  set to fit the 12 idealized 30-day months of the year (Rinpoche et al 1986:62.4-27 & 63.1, Newman 1987:458-459). However, the set is probably not the same set intended here; it includes under Pisces, for instance,  $pp\bar{a}h$ ,  $pp\bar{l}$ , ppu, ppr,  $pp\bar{t}$ ,  $pp\bar{a}$ . According to the description given here for KCT 5.8, the set intended here should be as follows: the sixty consonant and vowels as described, then that same set repeated six times by adding to each vowel or consonant ka, ca, ta, pa,  $\delta a$  (a, a, etc., then ka,  $k\bar{a}$ , etc., for the vowels; k, kh, etc., then kk, kkh, etc. for the consonants).

<sup>&</sup>lt;sup>2</sup> I've added parenthetical numbers just for clarification.

<sup>&</sup>lt;sup>3</sup> Literally: "the circle leaders." Here *Cakranātha* refers to the deities of the *mandala*. It appears from material in the writings of Marpa, and from the Kaśmīr Śaivite system, that the term also may refer in another Tantric context to the leaders of the *cakrapūja* rites.

<sup>&</sup>lt;sup>4</sup> That is, thirty-six.

#### embraced by wisdom;

[He is] five-natured with the five; accompanied by nine, the circle leader is nine-natured. | | 8 | |

Here ka etc., the thirty are the consonants; with ha, ya, ra, va, la, k, sa, they are thirty-six, the phonemes. Those letters are expanded by the alteration of the  $m\bar{a}tr\bar{a}s$ . The  $m\bar{a}tr\bar{a}s$ , are the letters a etc., short and long, twelve; [what] occupy the place of guna and vrddhi are twelve; the semivowel replacement letters are twelve.\(^1\) And being opened up by these six by six  $m\bar{a}tr\bar{a}$  transformations is [what is meant by] the tastes multiplied by the tastes—so [these] become the thirty-six  $Cakran\bar{a}thas$ .\(^2\) The individual letter becomes expanded by the divisions of thirty-six.\(^3\) Of all these, i.e. the thirty-six, the  $Cakran\bar{a}thas$  become also in the thirty-six Tantras, with the intrinsic form of the place of the thirty-six consonants. The first, with the lead-consonant ka, is said to be the Ka-Lightning Tantra. The leader in that mandala is the single-limbed, also, i.e. expanded with a single syllabic unit; [he is] the single hero,\(^4\) the consonant ka, together with the syllable a. Accompanied by two a's,\(^5\) supplied with the two letters a,  $\{5.25\}$  the leader is embraced by the Wisdom

<sup>&</sup>lt;sup>5</sup> In consultation with Gary Tubb, we determined that the compound would have to be emended to dvir-a-parikaritah. The commentary at line 24 glosses this as "dvābhyām a-kārābhyām yuktaḥ"--"accompanied by two a's." Dvis can be used in compound for "two," yet in sandhi with a following a would have to become dvir. The other possibility would be that the verse is correct, reading dvi-sa-parikaritaḥ-accompanied by two s's, and the commentary should be emended to read dvābhyām sa-kārābhyām yuktaḥ.

<sup>&</sup>lt;sup>1</sup> Yan is Pānini's abbreviation for the semivowels.

<sup>&</sup>lt;sup>2</sup> 10 Lokapālas, 6 Elementals (Bhūtas), 10 Krodheśvaras, and 10 planets (Mercury, Venus, Earth, Mars, Saturn, Jupiter, Rāhu, Ketu, the Moon, and Kālāgni).

<sup>&</sup>lt;sup>3</sup> Text should read sattrimsadbhedabhir-bhinno.

<sup>&</sup>lt;sup>4</sup> The term ekavīrah appears as an epithet of Indra in the Rgveda.

[consort],  $k\bar{a}$ . [He is] five-natured with the five- $k\bar{a}$ , ki, kr, ku, kl. Accompanied by nine the Circle Leader consists of nine- $k\bar{a}$ , ki,  $k\bar{l}$ ,  $k\bar{l}$ ,  $k\bar{l}$ ,  $k\bar{l}$ , kl,  $k\bar{l}$ , kl, kl,

The [ten] door guardians are [encapsulated] by ya etc., the clan of all the gapas, are likewise [encapsulated] by the remaining mātrās;

The six fierce ones are [encapsulated] by ha etc., those residing in the direction of one's own clan are [encapsulated] by splitting the wind-mātrā etc.;

The individual, by the breaking open of the letters, the six multiplied by the six. [arel the  $Yogin\bar{i}$  [and]  $Yoga\ Tantras. ||9||^2$ 

[6.5] Consisting of the number of syllables, certainly, and with the thirteen and the nineteen. In this sense, with the thirteen, consisting of the nine<sup>3</sup> as previously stated, joined with these [four] semivowel replacement letters kya, kra, kva, kla, have the nature of thirteen. Together with the door-guardians this is also again expanded by the guṇas, has the nature of nineteen, i.e. together with these [six]: ka, ke, kar, ko, kal, kam. Then it consists of twenty five [by combining] with guṇa and vṛddhi [i.e. the six:] kā, kai, kār, kau, kāl, kah. Then it is thirty-two: k.hā, kyā, krā, kvā,

<sup>&</sup>lt;sup>5</sup> See footnote to verse.

<sup>&</sup>lt;sup>1</sup> We must emend the text from *tridasa-nava-disābhis* to *tridasa-nava-dasābhis*, with the long ā in *dasābhis* added strictly for metrical purposes. See commentary below.

<sup>&</sup>lt;sup>2</sup> There are 88 deities in the *SmaSāna* circle at the surface of the *manḍala*; the 722 deities of the *manḍala* are represented by *bījamantra* syllables or phonemes. The number 722 apparently derives from 720 (the total of the 360 days and 360 nights in the idealized year) plus the Sun and the Moon (?).

<sup>&</sup>lt;sup>3</sup> We must emend the text here to *navātmā pūrvoktāh*, i.e. the nine just given for the *Cakranāthās* at the end of the commentary on 5.8 above.

 $kl\bar{a}$ ,  $k.h\bar{a}h$ , with the womb-wisdom. Then it is thirty-four with kam and kah. Then it is thirty-six [6.10] with k.hah and k.hah. Overall it consists of thirty-seven, with  $h\bar{u}m$  in the middle as the leader. The thirty-six [phonemes] of the mandala are ka,  $k\bar{a}$ , ki,  $k\bar{t}$ ,  $k\bar{t}$ ,  $k\bar{u}$ ,  $k\bar{u}$ ,  $k\bar{u}$ ,  $k\bar{l}$ ,  $k\bar{u}$ ,  $k\bar{u}$ ,  $k\bar{l}$ ,  $k\bar{u}$ ,  $k\bar{u}$ ,  $k\bar{u}$ ,  $k\bar{l}$ ,  $k\bar{u}$ 

As Gary Tubb clarified for me, the set of the long and short vowels, and the set of the guna and vrddhi vowels are two distinct, yet overlapping sets. Short i for instance, and long  $\bar{t}$  are neither guna nor vrddhi—i.e. you cannot gunate or vrddhi any vowel to get either short i or long  $\bar{t}$ —the guna for both is e, the vrddhi for both is ai. The same is true for u and  $\bar{u}$ ; the guna for both is o, the vrddhi for both is au. Short r and long  $\bar{r}$  both have ar as their guna, and  $\bar{a}r$  as their vrddhi. Short l and long  $\bar{l}$  both have al as their guna and  $\bar{a}l$  as their vrddhi. The overlap between the two sets occurs with  $a/\bar{a}$ . Short a is a member of both sets, since it is both a short vowel in its own right, and is also the guna of itself. Similarly long  $\bar{a}$  is a member of both sets, since it is both a long vowel in its own right, forms the guna of itself, and is also the vrddhi of the gunated a and  $\bar{a}$ . None of the guna forms nor any of the vrddhi forms are part of the set of long and short vowels. The schema of the sets is as follows: Short Vowel & Long Vowel Guna & Vrddhi

a		ā	а	ā	
i	ľ	e	ai		
u	ū	0	au		
$\overline{r}$	Ī	ar	ār		
[ (cf. V	<i>Į</i> Vhitney 19	<i>al</i> 977:82)	āl		

<sup>&</sup>lt;sup>2</sup> The substitution pattern is -ya and -yā for -e and -ai; -ra and -rā for -ar and -ār; -va and -vā for -o and -au; -la and -lā for -al and -āl; -hah and -ham for -ah and -am. So y

<sup>&</sup>lt;sup>4</sup> As an orthographic convention for this thesis, I will use k.h when the individual consonants are intended in combination in a *blja-mantra*.

thirty-six.<sup>1</sup> So it is said that the *Kha-Lightning* etc. *Tantras* [6.15] [all] have the nature of the *ka* consonant, expanded by the thirty-six syllabic units.<sup>2</sup> In this way the master of the *mandala* consists of thirty-six. By ya etc. the door guardians; by the

substitutes for the guna and vrddhi of i and l; r substitutes for the guna and vrddhi of r and l; v substitutes for the guna and vrddhi of u and u; l substitutes for the guna and vrddhi of l and l. -ham substitutes for the anusvarah, and -hah substitutes for the visargah. Schematically this is:

Short V. & Long V. Guna & Vrddhi Short Semiv. Long Semiv.

a	ā			a	ā	
$\frac{1}{i}$	τ	e	ai	ya	yā	
u	ū	0	au	va	vā	
$\overline{r}$	Ī	ar	ār	ra	rā	
ī	Ī	al	āl	la	lā	

Visarga Anusvāra "Semivowel" Substitution

h m hah ham

<sup>&</sup>lt;sup>1</sup> I.e., one is to repeat the substitution process with the long and short vowels, with the *guṇa* and *vṛddhi* of each vowel, and with the substitution of the long and short semivowels for each of the 25 consonants of the *ka-varga*, the *ca-varga*, the *ta-varga*, and the *pa-varga*.

<sup>&</sup>lt;sup>2</sup> The Sarnath editors have emended the text from ka-vyafijanātmakam to read [e]ka-vyafijanātmakam, in accordance with the Tibetan reading of gCig Gi bDag Nid, giving us the reading "So it is said that the Kha-Lightning etc. Tantras [each] consist of a single consonant, expanded by the thirty-six syllabic units." However, as stated in the commentary just preceeding on KCT 5.8: "The leader in that mandala is the single-limbed, also, i.e. expanded with a single syllabic unit; [he is] the single hero, the consonant ka, together with the syllable a. Accompanied by two a's, supplied with the two letters a, the leader is embraced by wisdom, kā."[5.23-25] This would strongly suggest that all of the consonant-lightning Tantras—i.e. Kavajratantra, Khavajratantra, Gavajratantra, etc.—are considered to be encapsulated in the phoneme Ka and its female complement kā. In this light, we might choose to read the text according to the un-emended Sanskrit as "So it is said that the Kha-Lightning etc. Tantras [each] have the nature of the ka consonant," i.e. they are all structured according to this same pattern as the Ka-vajra-tantra, with the thirty-six expansions of ka.

consonants together with the semivowel substitutions, there are the door-guardians, i.e. kya, kra, kva, kla; by these. The clan of the entire host, characterized by aggregates, the constituents, and the bases. By the remaining vowels, designated by short, long, guna and vrddhi. By the remaining syllables, indeed, there are the six fierce ones with ha etc. Where the ten fierce ones are in the ten directions, there above them are the six fierce ones by the long semivowel substitutions, k.hā, kyā, krā, kvā, klā, k.hah. Where the chief [Indra] of the fierce ones is, there are [6.20] k.ham and k.hah; the twelve fierce ones are in the Tantra of the Six Clans, and in the Tantra of the One Clan, with the expansions of the six syllable clans; this is the rule. In this way, the space-realm is above, situated in the direction of one's own clan; the knowledge realm is situated below. In addition, with the expansions by the wind syllables etc., in the east, in the south and north, [and] in the west, the gods reside. In this way, individually, the consonant ka, etc., by the expansion of the letters, with the expansions of the vowels, is six multiplied by six, divided by the thirty-six divisions [into] the Yogi and Yoginitantras. Where there is sexual union (sañcāra) of yoginīs [and] the leader is motionless, according to concealment that is a Yoginītantra. Where there is sexual union (sañcāra) of the Art [i.e male yogī] [and] Wisdom [i.e. the yogint] is [6.25] not moving, that is an Art Tantra. Naturally all the Yogatantras have the nature of wisdom and art. So it is said in the Hevajra:

<sup>&</sup>lt;sup>1</sup> The text must be corrupt here; it lists only five bijamantras for the six krodheśvaras. At [6.13] we have the complete list of the long and short semivowel substitutions: K.ha, k.hā, kya, kyā, kra, krā, kva, kvā, kla, klā, k.ham, k.hah. From this list it is apparent that the text should read as emended.

By the sound *He*, great compassion [is stated], [and] *vajra* refers to wisdom, *Tantra* has the nature of Wisdom and Art--you must listen to what I've said.

(Hevajratantra 1.1.7)<sup>1</sup>

[7.1] According to this statement the *Hevajra* is not a wisdom Tantra, since there is no statement saying "you must listen to the wisdom Tantra." Likewise in the [Guhya]samāja,

Yoga is designated as the coming together of Wisdom and Art!<sup>2</sup>

(Guhyasamājatantra 18.32)<sup>3</sup>

[7.5] The meeting, the closing of the eyes, is said to be the designation of all the Buddhas!

(Guhyasamājatantra 18.24).4

From these statements it is also not an Art Tantra. Likewise in the Ādibuddha,

Yoga is not in the Art-[male]-body, nor is it by Wisdom [the female] alone

Yoga is said by the *Tathāgatas* to be the meeting of Wisdom and Art. | |9||

[7.10] 5.10: In this way, each individual letter is in the six times six; in the mandala is the master of the mandala;

With the aggregates, with the elements and senses etc., one should purify

<sup>&</sup>lt;sup>1</sup> This exactly matches the line 1.1.7 in Snellgrove's edition (Snellgrove 1959{2}:2). Snellgrove translates: "By HE is proclaimed great compassion, and wisdom by VAJRA. Do thou listen to this *Tantra*, the essence of Wisdom and Means, which now is proclaimed by me." (Snellgrove 1959{1}:47-48).

<sup>&</sup>lt;sup>2</sup> I.e. the sexual union of female and male.

<sup>&</sup>lt;sup>3</sup> This matches exactly page 153, line 4 of Bhattacharyya's GOS edition of the *Guhyasamājatantra*. (Bhattacharyya 1968:153). Fremantle did not translate the eighteenth chapter, nor did she include it in her edition of the text.

<sup>&</sup>lt;sup>4</sup> This matches exactly page 152, line 7 of Bhattacharyya's edition (Bhattahcaryya 1968:152).

the clan of the entire host, multiplied by the mothers [vowels];

And with the voids, with the anāhata [cakra] etc., with the clans of all the Victors, [one should purify] the sealing up of the gods,

From the  $u \circ p \circ s \circ s$  to the edge of the lotus, in the odd and even clans, and in the seat in the middle of the cakra. | |10||

Thus the individual letter, the six multiplied by the six, the thirty-six in the Yogini and Yoga Tantras, in the mandala the master of the mandala, [7.15] known as the one clan Tantra, the three clan, the five clan-what that is, that itself is expanded by the blossoming of a crore of a thousand one hundred thousands [10<sup>15</sup>] of the of the Hevajra etc's., and the Samāja etc's, because the strength of the infinite number of inclinations [aptitudes] of beings. | Thus the rule about the Tantra.

Now the internal symbolism of the mantra-deities is stated, "by the aggregates etc." Here by the five aggregates what has a five-fold nature is symbolized. By the aggregates and the five elements what has a nine-fold nature is purified. Together with the four organs of action [7.20] what has the thirteen-fold nature is symbolized. Together with the six senses what has a nineteen-fold nature is purified. Together with the six sense objects what has the nature of twenty-five is symbolized. Together with the five actions and organs of action, when the five organs of action have been entered into together with one's own light and wisdom what has the nature of thirty-two is purified. Joined with the six organs of action and the six actions of the six

<sup>&</sup>lt;sup>1</sup> The anāhata cakra, the "unstruck" or "unbeaten" cakra is at the level of the heart--what strikes or beats regularly.

organs of action the thirty-four natured [is symbolized]; joined with the six aggregates and bodily elements, the thirty-six natured is symbolized. So the six aggregates, the six bodily constituents, the six senses, the six sense objects, the six organs of actions, [7.25] the six actions of the six organs of action, are the mandalic constituent elements. The mind and intuition pervading these are the Leader [the Buddha], everywhere. So one should purify the entire clan of the ganas by multiplying it by the mothers [vowels]. And with the voids, with the anahata etc. Here [8.1] with the six voids of intuition etc., with all the clans of the Victors, with the six symbolized aggregates, the sealing of the deities, from the  $u s \eta \bar{i} s a$  to the end of the lotus, in the uneven and even clan, and in the seat in the middle of the cakra. Here in the drop in the uṣnīṣa-cakra Aksobhya is a. So in the heart, in the rāhu disk, i is Amoghasiddhi. In the forehead, in the moon disk, Amitābha is u. The odd [numbered] clan is in the odd [numbered] cakra. Likewise in the navel Vairocana is l, in the Supernova [Kālāgni, the "time-fire" of cosmic destruction]. In the throat, in the Sun, r is Ratneśa; in the private [cakra] am, in the intuition disk, [8.5] the Vajra-Being; thus the sealing of the deities--hence the rule for sealing the body. In addition, l is in the navel, u in the heart, r in the throat, i in the forehead, a in the u s n s a is to be presented in the earth-etc. mandala [the female deities]. Likewise when sealing the mind-drop, Om is in the moon disk in the forehead,  $\bar{a}h$  is in the sun disk in the throat, hūm is in the rāhu in the heart, hoh in the supernova

<sup>&</sup>lt;sup>1</sup> Note that the numbering system is the same as that followed with the *btjamantras* referred to in 5.9 and commentary above.

disk in the navel. Likewise for the intuition-sealing, 'the letter a because of the primal unproducedness of all things,' so a in the vajra-jewel [the penis] is established as the sealing of the body, speach, mind and intuition. | | | 10 | |

[8.10] Now the variety of faces is stated--

5.11: By the *vajras* there is the different faces, with the categories of the mothers [vowels] from the arms of the Lord of Victors;

With the tattvas there is the categories of the consorts, then, and the latter also likewise by the body-vajra etc.

In the thirty-six *Yogatantras* also, of immeasurable quality, in the division of many phonemes,

In each individual letter-name, in the odd and even clans of the gods and goddesses. | | 11 | |

[8.15] "With the *vajras*" etc. Here the one clan, three clans, five clans, [and] six clans *vajras* is meant. By these *vajras* there are the different faces. By the one clan the one faced [is symbolized]; by the three clans, the three-faced is symbolized; by the five clans the five-faced is symbolized, by the six clans the six-faced is symbolized [and] becomes the terrifying one [Bhīma]. In this same way from the eight-faced etc., up to the hundred faced *Halāhala*, the Leader is symbolized by the

<sup>&</sup>lt;sup>1</sup> Literally, the ploughed and unploughed. See Sādhanamālā 27 (Hālāhala-lokeśvara-sādhanam), 28 (Ārya-hālāhala-sādhanam [prajñāpālitasy]), 29 (Hālāhala-sādhanam), (Bhattacharyya 1968{1}:65-75). De Mallmann classes Hālāhala under the different forms of Avalokiteśvara, though not with 100 faces (De Mallmann 1975:108,109,111), as in "he bodhisattva priyahodhisattva mahāhodhisattva he hale āryyāvalokiteśvara paramamaitricitta...." (Bhattacharyya 1968{1}:72, ll.9-10). The sādhanas in Sādhanamālā mention only three faces for Hālāhala, not 100. Halāhala is also Śiva in the Śaivite Tantras.

constitutent elements; thus the rule in the other Tantra of the Lord of the Victors. It is the same way in the Kālacakra Tantra; from the master of the mandala it is also stated in the Sādhana Chapter that "[He is] of one beginning and endless faces, many hands and feet, many [8.20] colors, [and] darkness at the end" (KCT 4.133). Here, by the categories of the mothers [vowels] of the four-armed one, there is the opening from the arms. Ha,  $h\bar{a}$ , hi,  $h\bar{t}$ , hr,  $h\bar{r}$ , hu,  $h\bar{u}$  are the eight dark blue [arms] from the tamas quality; Ha, hā, he, hai, har, hār, ho, hau are the eight red [arms] from the rajas quality; Hha, hhā, hya, hyā, hra, hrā, hva, hvā are the eight white [arms] from the sattva; so is it according to the Kālacakra[tantra]. Likewise, because the Universal Mother has all the gunas [i.e. sattva, rajas, and tamas], ham, hah, hl, hl, hal, hal, hla, hla are the eight yellow ones due to the intrinsic nature of the intuition face. This is the rule. [8.25] By the tattvas there is the categories of the consorts; so  $\bar{a}$ ,  $\bar{i}$ ,  $\bar{j}$ ,  $\bar{u}$ ,  $\bar{l}$ , ah, are the division into space, wind, fire, water, earth, and awareness; thus the sealing of the host of all the deities. And there is the latter also in that way for the body-sealing Om, the speech-sealing  $\bar{a}h$ , the mind-sealing hūm, the intuition-sealing hoh; the sealing of the one clan is the unstruck a sound. In this way there is the sealing by the six clans, by the five clans, by the four clans, by the three clans, by the one clan in the thirty-six Yogatantras, of immeasurable quality, that have the categories of many letters, in the various Tantras, in each individual phoneme-name; thus it is in the ka-vajra, in the kha-vajra, in the ga-vajra, in the gha-vajra, [and] in the da-vajra. [9.1] In the same way also up through the thirty-six letters of the ca etc. [consonant groups]. In the

even clan, i.e. in the wisdom *Tantra*; in the odd clan, i.e. in the means *Tantra*, [this] is the rule for the sealing of the gods and goddesses. Externally it has the nature of the sun etc. [rucaka], internally is has the nature of Buddha. [[11]]

Now is stated the symbolism of the creation of the deities of the *mantra* by the creation stage--

[9.5] 5.12: The one seed and the one hero, having equal flavor in the rajas, become embraced by Wisdom;

The five-natured one is regulated by the aggregates, and the nine-natured is also [regulated] by the constituent elements earth etc.;

This is accompanied by the earth etc., the eye etc., and there is the twenty-five-natured one,

So when the teeth arise, indeed, also again with the teeth, the Lord who has the infinite cakra, | | 12 | |

Just as, at conception, the single mental consciousness, together with the support of the *bodhicitta* [the male seed and female ovum] that has, [9.10] with the sphere of the *dharma*-realm, become the embryonic mass, is established as the *Ekavaīra* [the single hero],<sup>4</sup> [and] the intrinsic light and wisdom of birth has become internalized, so the divinity is established as the single-hero by the single letter *ka*.

<sup>&</sup>lt;sup>1</sup> Again we have the reference to an external/internal solar source/connection for the individual.

<sup>&</sup>lt;sup>2</sup> Ekavīra in the Tantric context refers to the male deity without his consort.

<sup>&</sup>lt;sup>3</sup> I.e. having become completely mixed into the feminine sexual fluid.

<sup>&</sup>lt;sup>4</sup> The term *ekavīra*, also used for *Indra* in the *Rgveda*, (as noted above) indicates, according to Stanley Insler of Yale, nothing other than "the A #1 guy." (oral communication).

Afterwards, that seed, having the equal flavor in the ovum [i.e. thoroughly mixed together with the oyum] becomes embraced by Wisdom. From that instinct (vāsanā) the consciousness aggregate becomes embraced by wisdom [as]  $k\bar{a}$ , because of being connected to the fourth [orgasmic] state-this is the rule. So when the five aggregates issue forth, the embryo is five natured, and the divinity is likewise fivenatured, [as]  $k\bar{a}$ , ki, kr, ku, kl. So just as when the qualities of bone, liquid, heat, and motion arise, the womb, ruled over by the aggregates and constituent elements [becomes] nine-natured, [9.15] so the divinity also is established as  $k\bar{a}$ ,  $k\bar{i}$ ,  $k\bar{r}$ ,  $k\bar{r}$ , ku,  $k\bar{u}$ ,  $k\bar{l}$ . So just as when the organs of action arise, the mouth, hands, anus, and feet, together with the previous aggregates and constituent elements, the child becomes thirteen-natured, likewise the divinity [becomes thirteen-natured] as  $k\bar{a}$ , ki, kī, kr, kr, ku, kū, kl, kl, kva, kra, kva, kla. Just as when the internal sense domains<sup>2</sup> arise in the womb, [the child] becomes nineteen-natured together with the previous aggregates etc., likewise the divinity as  $k\bar{a}$ ,  $k\bar{l}$ ,  $k\bar{l}$ ,  $k\bar{l}$ ,  $k\bar{u}$ ,  $k\bar{u}$ ,  $k\bar{l}$ ,  $k\bar{l}$ , kya, kra, kva, kla, kā, kai, kār, kau, kāl, kah. Then just as when the eye etc. emerge [9.20] the child becomes twenty-five natured, likewise the divinity also is [twenty-five natured]:  $k\bar{a}$ , ki,  $k\bar{t}$ , kr, kr, ku,  $k\bar{u}$ ,  $k\bar{l}$ ,  $k\bar{q}$ , kva, kva, kla,  $k\bar{a}$ , kai,  $k\bar{a}r$ , kau,  $k\bar{a}l$ ,

<sup>&</sup>lt;sup>1</sup> Here is the schema: a) the bodhicitta has an ādhāra that is linked together with the manovijāna. b) the dharmadhātuvişaya induces movement. c) the resulting state/entity is called ekavīra—a term current in Śaivite Tantra as a name for Śiva, and dating back to the Rgveda as a term for the most important Vedic deity, Indra. d) the vijāna-skandha is connected to the tūrya state—discussed extensively from the earliest Upaniṣads onwards—and this connection is responsible for the vāsanā whereby the vijāna-skandha is embraced by prajāā.

<sup>&</sup>lt;sup>2</sup> Adhyātma-viṣaya; since the embryo is still in the womb, the viṣayas of the senses cannot yet be external.

kah, kam, ke, kar, ko, kal, kam. Then when the activities of speaking, picking things up [with the hands], walking, evacuating, and urinating emerge, just as the child becomes thirty-two natured along with the five organs of action, likewise the divinity also is [thirty-two natured]: ka,  $k\bar{a}$ , ki,  $k\bar{t}$ , kr, kr, ku,  $k\bar{u}$ , kl,  $k\bar{l}$ , k.ha,  $k.h\bar{a}$ , kya, kyā, kra, krā, kva, kvā, kla, klā, ka, kā, ke, kai, kar, kār, ko, kau, kal, kāl, kam, kah; thus the completion up to twelve years [of age of the child]. [9.25] Then up to the sixteenth year, just as when there is ejaculation of the semen for a child there is the fourth state [i.e. orgasm], [likewise] he who possesses the fourth [state] is himself the fourth body, the sixth aggregate, the sixth constituent element, the sixth sense organ, the sixth sense object, the sixth organ of action, the sixth activity of the organ of action. In this way there are the six aggregates, the six constituent elements, the twelve bases of consciousness, the six organs of action, the six activities of the organs of action. So the thirty-six constituent elements are the support-reality, and the thirty-seventh is from this intuition-mind. [10.1] Likewise when the deity emerges/is complete, ka,  $k\bar{a}$ , ki,  $k\bar{l}$ ,  $k\bar{l}$ ,  $k\bar{l}$ ,  $k\bar{u}$ ,  $k\bar{l}$ ,  $k\bar{l}$ , kam, kah are the twelve aggregates and constituent elements. K.ha, k.hā, kya, kyā, kra, krā, kva, kvā, kla, klā, k.ham, k.hah are the twelve organs of action and activities of the organs of action. Likewise ka, kā, ke, kai, kar, kār, ko, kau, kal, kāl, kam, kah are established as the twelve bases of consciousness. The leader of these constituent elements consists of five syllables, the great void, the means, [10.5] the drop-void, the six syllables, wisdom,

<sup>&</sup>lt;sup>1</sup> Note that the "sixth" level of aggregates, elements, etc. is said here to become activated or functional in the individual only when they reach the age of sexual activity, here idealized as the sixteen-year old.

the sound vam, the sound e, i.e. the sound evam; the Leader [Buddha], possessed of great bliss, just as [he] is the master of the mandala in the Ka-tantra, so [he] is demonstrated to be the master of the mandala in the Kha-tantra etc. Thus the aggregates and the constituent elements in the womb cavity are the twelve bases of consciousness, [and] in the external cavity are the [twelve] door guardians, i.e. the organs of action together with their sense objects. Here just as the youth after sixteen years is [known as] the lord possessing the infinite cakra, on account of generating the aggregates for sons and daughters, likewise, by emitting the arrangement of the five Tathagatas, etc., the Leader of the host of deities becomes the lord possessing the infinite cakra [circle of beings]. This is the rule. In this sense, just as there is production of the body in the womb, likewise [10.10] when the deity is produced [one is] possessed of the foremost king of the mandala, as the sevāngam.<sup>2</sup> Just as speech is produced, likewise there is upasādhanam for the one possessed of the foremost king of karma. Just as there is production of the bodhicitta drop, likewise there is the practice of joining the drop. Just as when there is ejaculation of the semen there's production of happiness, likewise the subtle yoga is the mahāsādhanam. Thus the four-limbed practice as previously mentioned in the Adhyātmapatala is to be extensively purified. This is the rule. | | 12 | |

Now the expansion of the deities of the clan from the constituent elements in the six *cakras* is stated--

<sup>&</sup>lt;sup>1</sup> I.e., having reached puberty and being thus able to procreate.

<sup>&</sup>lt;sup>2</sup> Sevāngam, sādhanam, upasādhanam, and mahāsādhanam are parts of the creation stage.

[10.15] 5.13: In the purified [cakra], from the completely purified water, the dazzling white of the moon has the mark of the lotus, [and] is of immeasurable light;

 $M\bar{a}n\bar{i}$ , the lord of the world indeed; going on a horse and chariot is  $M\bar{a}mak\bar{i}$ , She of the beautiful lightning, |4

Raudrī,5 and the Ocean,6 the Indra of the host,7 together

<sup>&</sup>lt;sup>1</sup> This is not a locative absolute--see commentary below.

<sup>&</sup>lt;sup>2</sup> De Mallmann has no mention of Mānī, nor is the name found in the GOS edition indexes to the Sādhanamālā or the Niṣpannayogāvalī. Mānī also does not appear in the GOS edition index to the Guhyasamāja, nor in Snellgrove's index to the Hevajratantra. De Mallmann does list a Mānakī, a name given in the maṇḍala of Kālacakra for Jambhaka's wisdom counterpart. (De Mallmann 1975:250). The name literally means "the proud one." What's a bit curious here is that Mānī would technically be the nominative singular of mānin, the masculine possessive of mānah, or, "he who is proud." In the verse this would then be appositive to Lokeśvarah, the nominative singular for "lord of the world." Puṇḍarīkah however glosses Mānī as Cundā—see commentarial footnote.

<sup>&</sup>lt;sup>3</sup> De Mallmann describes Māmakī as the second name of the four great Wisdom consorts (Locanā, Māmakī, Pānḍarā, and Tārā), associated with the Victors of the four cardinal directions. Māmakī is generally associated with Akṣobhya or Citta/Citteśa, and is usually blue or black. She may also be associated with the wild aspect of Ratnasambhava, Ratnaḍāka, and then is white. (De Mallmann 1975:249). See Guhyasamājatantra 13 for descriptions of the four Prajñās (Bhattacharyya 1931:70.12-19; Fremantle 1971:80-81).

<sup>&</sup>lt;sup>4</sup> Rūpavajrā, also known, according to De Mallmann, as Rūpā and Vajrarūpā, the personification of sight, usually located in the southeast. In the Kālacakramandalam, she is split into two, one in the northeast, as the śakti of Kṣitigarbhaḥ, and the other on the right side of the southern gate of the third circle, with Kṣitigarbhaḥ as her consort. She is usually white, from the line of the white Vairocanaḥ, and always characterized by carrying a mirror. (De Mallmann 1975:326 and Bhattacharyya 1972:77). See also discussion of Sparśavajrā below, footnote to 5.14.

<sup>&</sup>lt;sup>5</sup> Raudrī, the feminine derivative of Rudra, the wilder aspect of Śiva, derived from Indra. She appears, per De Mallmann, in the fourth circle of the Dharmadhātu Vāgīśvara mandala, as one of the seven mothers. In the Kālacakramandalam, she is located on the northern lotus as one of the eight mothers on the eight lotuses of the speech circle, white in erotic embrace with a red Yama; of the eight lotuses, the cardinal directions are red, and white lotuses are in the intermediate directions. On the eight lotus petals surrounding her (in the Kālacakramandalam), are Gaurī, Gaṇgā, Nityā, Tvaritā, Totalā, Lakṣaṇ, Pingalā, and Kṛṣṇā. The chief of her line is Amitābhaḥ. (De Mallmann 1975:325-326 and Bhattacharyya 1972:78-80). Raudrī appears, as one might expect, quite frequently in Śaivite Tantric literature. She is one of the three śaktis of Śivaḥ that together form the vibrational energy of the prāṇaḥ.

Raudrī regulates those desiring to know, Jyesthā regulates those who are truly awakened, and Vāmā regulates the transmigrators (Vāmā saṃsāriṇām īśā prabhuśaktir vidhāyinī | jyeṣṭhā tu suprabuddhānām bubhutsūnām ca raudrikā | Tantrālokah 6.56; Dwivedi & Rastogi 1987:1137 & Gnoli 1980:214). At Tantrālokah 6.52, Raudrīſkā/ is, along with Jyeşthā and Vāmā named as one of Śiva's three śaktis. (Prabhoh śivasya yā śaktir vāmā, jyeşthā ca raudrikā!). Javaratha explains in the commentary that the prāņa and ātma are [respectively] Siva and his saktih, and by the embrace of one of the three with Paramesvarah, the two together regulate [the individual adept's] effort. The combination of the three provides the vibrational energy of the pranah. (Iha khalu paramesvara-sambandhinyā tāsām vāmādņām madhyād anyatamayā saktyā sahabhūtāv ātmaprāņau yatnavidhāyinau, prabhusaktir ātmā prāņas ceti. Trayah sammilitāh prāņaspandam vidadhati ityarthah). (Dwivedi & Rastogi 1987{3}:1133-1134 & Gnoli 198):213). [I would emend the Dwivedi & Rastogi text at 8.52b from satad-anyatamāv ātma-prāņau yatnavidhāyinau to etad-anyatamāv ātma-prāņau vatnavidhāvinau, with etad referring to prabhuh and anyatama to one of the śaktis. At Mālinīvijayottaratantra 5.32, in the chapter on the purification of the path of the worlds (bhuvanādhvan), after purifying all the worlds, after purifying the time and illusion principles (kālatattva and māyātattva), for purifying the knowledge principle, and Īśvara, in the sakala (universe principle) there are said to be five worlds, Raudrī, Jyesthā, Vāmā, Śakti, and Sadāsivah. (Kaul 1984:30 & Gnoli 1987:804). In the same text, in the 8th chapter on the All-desire-granting sacrifice whose observation provides that one will be honored with a yoginī (8.1: athātah sampravaksyāmi yajanam sarvakāmadam) yasya daršanamātreņa yoginīsammato bhavet (Kaul 1984:40 & Gnoli 1987:813), Raudrī is one of nine powers (along with Vāmā, Jyesthā, Kālī, Kalavikarņī, Balavikarņī, Balapramathinī, Sarvabhūtadamanī, and Manonmant) meditatively visualized as arrayed on the eight petals and the pericarp of the lotus of the knowledge principle (vidyā-tattva). (Kaul 1984:47 & Gnoli 1987:818).

<sup>6</sup> I.e. Varuna. De Mallmann gives Nagavajra and Samudra as alternate names for Varuna. another Hindu deity integrated into the Buddhist Tantric pantheon. He's guardian of the west. i.e. one of the Lokapālas common to both Hinduism and Buddhism, and is found in the mandalas of Dharmadhātu Vāgīsvara, Bhūtadāmara, Mahāvairocana, and probably Durgatiparisodhana. In the Yogambara mandala Varuna is in the northwest, and in the Kālacakra he is to the right of the northern door of the body mandala, presiding over the month of Śrāvana. He is always white, holding a serpent-noose, and mounted on a serpent hood of seven or eight heads. (De Mallmann 1975:437). The city of Varuna, Śuddhavatī, lies to the west of Mt. Meru, as mentioned at Tantrālokah 8.52b (Rastogi & Dwivedi 1987{4}:1389 & Gnoli 1980:251). Varuna's mantra in the Saivite tradition is Om V Aum varunāya namah (Gnoli 1980:721n.30). In the fifteenth chapter of the Tantrālokah, a chapter devoted to explaining the initiation of the disciple into the samaya (Samaya-dīkṣā-prakāśanam nāma pañcadaśamāhnikam--Dwivedi & Rastogi 1987(6):2725), in a section referred to in Abhinavagupta's Table of Contents as explaining the portion of the power of light held by each world-protector (Lokapālānām prakāśa-śakty-amśatva-pradarśanam--Dwivedi & Rastogi 1987{6}:xi), Abhinavaguptah tells us (Tantrālokah 15.222b-225a) "What is the mastery of light: as for Indra (East), that which is his is great, Agni's (Southeast) is limited, Yama's (South) is terrifying, Nairrtya's (a.k.a. Rakşah, Southwest) is feeble, (or, as Jayarathah puts it, subordinate relative to Yama's), Varuna's (West) is illuminating, and Vāyu's (Northwest) is unsteady. Kubera's (North) [shines] with an accumulation of riches [Kubera has great

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### with the twice-born serpent, she who is tiger-faced, together with the owl-[face], 2

treasures], and in the dissolution of that [light] there is the Lord's [portion], (i.e. Isanah, the Northeast), of invisible form, infinite, above Brahman, strengthening. In such manner are the world protectors known to have portions of light. (Prakāsasya yad aisvaryam, sa indro yat tu tan mahah! | so 'gnir yantītva-bhīmatve yamo raksas tad ūnimā! prakāsyam varuņas tac ca, căficalvăd văvur ucvate | bhāva-saficava-vogena vittesas, tat-ksaye vibhuh adrsta-vigraho 'nanto, brahmordhve vṛṃhako vibhuḥ¦¦ prakāśasyaiva śaktyaṃśā, lokapālās tena kīrtitāḥ¦ Dwivedi & Rastogi 1987{6}:2550-2551). I differ a bit from Gnoli's translation; I think he mistakes the pattern in assigning Agnih the same splendour ("il suo fulgore") as Indrah, Yama's as dampened down and Nirrti's as terrifying, and in describing Varuna's light as diminished or passive ("la minorazione or passività." There is no grounds for the "passivity" interpretation Gnoli proffers, and noting his own tentativeness in this translation, he footnotes prakāsyam, Varuna's characteristic, at 493n.94, as "L'essere illuminato" without explanation.) (Gnoli 1980:463). Jayarathah similarly mistakes the phrase tatksaye as referring to Kuberah. The four cardinal directions are the ones with the strong powers of light, of differing qualities. The intermediate directions have less powerful portions, except for the northeast, being the Lord's direction, and naturally infinitely powerful.

<sup>7</sup> No doubt the same as Gaṇapatih or Gaṇeśah. Also known, per De Mallmann citing from the Niṣpannayogāvalī, as Vajravināyaka, Vighna, and Vināyaka. Though De Mallmann doesn't mention it, Gaṇeśa is mentioned in the Kālacakramanḍalam as described in the Niṣpannayogāvalī, in the northeast corner, mounted on a rat or mouse, in the pericarp of the lotus, white, with an axe and vajra in his two left hands, a serpent noose in and moonstone jewel in his two right hands, embraced by Vārāhī, governing the lunar days of the Śrāvaṇa (nakṣatraḥ--the 23rd.) (Īṣāne mūṣakopari padmakarṇikāyām ganeṣah sitah savyayoh paraśuratne vāmayor nāgapāśaś candrakāntamaṇiś ca vārāhī-samāśliṣṭah asya śrāvaṇa-tithayah (Bhattacharyya 1972:89).

<sup>1</sup> Presumably Ananta, though I've yet to see Dvijaphani as a name in other texts. In the Nispannayogāvalī's description of the Kālacakramandalam, the ten serpents are described as situated above and below the vedi place in between the archways and the pillars. In the two wind circles to the left and right of the eastern door are, respectively, Padmah and Karkkotah, both black, embraced by Dog-face and Crow-face. In the two fire circles [to the left and right] of the southern door are Vāsukih and Śankhapālah, red, embraced by Hog-face and Vulture-face. In the two earth circles [to the left and right] of the western door are Takşakah and Mahāpadmah, yellow, embraced by Jackle-face and Garuda-face. In the two water circles Ito the left and right of the northern door, Ananta and Kulika, white, embraced by Tiger-face and Owl-face. In the void circle of the zenith-sky, Jaya, yellow, embraced by Blue. In the void circle of the nadir-hell, Vijaya, dark blue, embraced by lightning-eyes. All the serpents are in the Vajrāsana, with four arms, holding with the right hands a jar of nectar and a vaira, and with their right hands a lotus and a gem. (Tatra pūrva-dvārasya vāmadakşinayor väyu-mandalayor yathāsamkhyam Padma-Karkkotako kṛṣṇau śvānāsyā-kākāsyāālingitau | Daksinadvārasya vahni-mandalayor Vāsuki-Šankhapālau raktau sūkarāsyāgydhrāsyā-samāpannau | Paścima-dvārasya pythvī-maņdalayor Takşaka-Mahāpadmau pītau jambukāsyā-garudāsyā-āślistau Uttarasya dvārasya jala-mandalayor Ananta-Kulikau śuklau Vyāghrāsyā-Ulūkāsyā-ālingitau\ Ūrdhva-ākāse sūnya-mandale Javo harito nīlālingitah\ Adhah pātāle šūnya-mandale Vijayo nīlo vairāksī-samāpannah! Sarve nāgāh vairāsanasthās

These expand from the left face with the highest compassion, and with the lightning possessor. | | 13 | |

"Purified" etc. Here after sixteen years, just as there is a variety of vibrations of thinking on the part of men because of the intrinsic nature of the six constituent elements, [10.20] likewise [there is a variety of vibrations of thought on the part] of the Leader because of the divisions of the six constituent elements. In the purified, in the forehead cakra. From the completely purified water, because of the unconcealed water element, and because of the consciousness [samjñā] aggregate, the host of deities vibrates. The blazing white of the moon has the lotus mark, namely, of Immeasurable Light [Amitābha]. Māmakī, destroyer of the lotus, unmoving, Mānī [the proud one] is Cundā,¹ the lord of the world, She of the beautiful lightning, Raudrī is Laksmī, the ocean, the Indra of the host, the serpent

caturbhujāh savyābhyām amṛta-ghaṭam vajram ca vāmābhyām padma-ratne bibhrāṇāh |
(Bhattacharyya 1972:90). Kṣemarājaḥ, Abhinavagupta's chief disciple and commentator on several of the primary Kaśmīr Śaivite Tantras, provides an unsourced quotation assigning each of the eight serpents to the planets in his commentary to 7.46 of the Svacchandatantram, (the chapter on the sovereignty over time--Kālādhikāraḥ--see Introduction for detailed discussion). "Anantaḥ is said to be the sun, Vāsukiḥ is said to be the moon | Takṣakaḥ is known as Mars, Kārkoṭaḥ is Mercury. | | Sarojaḥ (i.e. Padmaḥ) is called Jupiter, Mahāpadmaḥ is said to be Venus. | Śankhaḥ is known as Saturn--hence the seven serpents are the seven planets respectively. | | The eighth serpent, called Kulikaḥ, is the evil planet Rāhuḥ. | " (Inas tv ananta ityuktaḥ, somo vāsukir ucyate | takṣakaḥ kuja ityuktaḥ, kārkotaḥ somajo bhavet | sarojo gurur ākhyāto mahābjaḥ sukra ucyate | sankho mandagatir jāeyaḥ sapta nāgā grahāḥ ucyate | aṣṭamaḥ kuliko nāma rāhuḥ krūragraho bhavet | Dwivedi 1985{2}:13 & see Gnoli 1980:216n.35)

<sup>&</sup>lt;sup>2</sup> Amend text to *solūka*, or *ulūka*, not *salūka*.

<sup>&</sup>lt;sup>1</sup> According to De Mallmann, the meaning of the name *Cundā* is controversial. *Cunda* was the name of the fellow who gave the *Buddha* his last meal. There are three rather short sādhanas devoted to *Cundā* in the Sādhanamālā (129-131, each entitled *Cundāsādhanam*). She is also found at the south door in the body mandala of the Kālacakramandala, embraced by *Takkirāja*, one of the ten *krodheśvaras*. She is always white. (See De Mallmann 1975:143-145, and Bhattacharyya 1968{1}:270-273).

Ananta, Kulika, Tiger-faced, Owl-faced; so the deities with supreme compassion expanded from the left face, i.e. from the white body-face. [10.25] Here Amitābha is sealed by consciousness [vijāāna], the host of deities [is sealed] by Amitābha. The lotus mark provides success in the actions for peace and prosperity, because of water's white color. In this way there is the emanation of the deities of the clan of Amitābha, and their withdrawal, [understood] through investigation. [13]

Now the emanation of Amoghasiddhi's clan is stated--

5.14: In the *dharma* [cakra], from the completely purified wind, having a lotus in hand and a sword [in the other hand], *Amoghasiddhi*<sup>2</sup> and *Tārā*,<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> Text should not be bold, though commentary appears to have an alternate verse reading here, since it glosses ananto nāgah kuliko rather than divjaphaņisahito--the former is 8 syllables, the latter 7.

<sup>&</sup>lt;sup>2</sup> De Mallmann tell us that *Amoghasiddhih* ("perfection in success" or 'perfectly efficacious') is also known as Amoghavajrah and Dundubhisvarah, is chief of the karmakulah, characterized by the sword, chief of the jealousy lineage (*Īrṣyā-kula*), and chief of the Samaya-kula. (De Mallmann translates samaya as "convention," convention, covenant, or agreement, from  $sam + \sqrt{i}$ , to [re]-unite, to gather together, to agree on something.) He typically occupies the northern part of the mandalam, and is usually colored green. (De Mallmann 1975:99-101 & 99n.7). In the Nispannayogāvali's Kālacakramandalam Amoghasiddhih is described several times as green (Bhattacharyya 1972:92, last two lines, and 93, line 3), and once, in the eastern direction, as black or dark blue, with blue, white, and red faces, with his right hands holding sword, chopper, and trident, and left hands holding a fruit, a skull, and an khatvāngah, embraced by Locanā. (Tatra pūrvasyām diśi amoghasiddhih krsnah krsna-rakta-sita-vadanah savyaih karaih khadga-kartri-trisūlāni vāmaih phalakakapāla-khatvāngāni dadhāno locanālingitah! Bhattacharyya 1972:85). We do not find specific sādhanās to Amoghasiddhih in the Sādanamālā. As far as I've found, the deity Amoghasiddhih does not appear in the Kaśmīr Śaivite Tantras or commentaries. However, in Tantrālokah 8.121-128, a section on the description of the origin of the paths of the ten winds in what are called the Atmospheric world etc. (Bhuvarlokādy-abhidhāne daśa-vāyu-pathānām ādyasya nirūpaņam, Dwivedi & Rastogi 1987{4}:vii), we find that one of the winds is named Amogha. Abhinavagupta's discussion is largely based on Svacchandatantram 10.422bff where a 100+ verse section elaborates a cosmology of atmospheric geography and the inhabitants of the various realms. The World of the atmosphere extends up to the sun. Several levels up we find the Amogha wind, fifty yojanās above the Ogha [flood] wind--the latter the source of the clouds that rain poison rain and cause disease. Pestilence and plagues reside in the Amogha wind, and it is inhabited by the three hundred million terrifying Vināvakās (obstacles)

born of Mahādevah. (Svacchandatantram 10.432-434a and 10.444: Yojanānām śatād ūrdhvam vāyur oghah prakīrtitah| tasmims tu rogadā meghā varşanti ca vişodakam| tenopasargā jāyante mārakāh sarvadehinām| tasmād [ū]rdhvam tu tāvadybho devy amoghahi sthito marut| tasmims te mārakā meghā amoghe sampratisthitāh| .... Amoghe vināyakā ghorā mahādevasamudbhavāh| trimśat-koţi-sahasrāni tasmin vāyau pratisthitāh| Dwivedi 1985{2}:169-170.) Abhinavagupta adds (at TA 8.126-126) that in the Ogha wind are the piśācās produced from Skandhah, and that the Vināyakās residing in the pestilence clouds [of the Amoghah wind] steal away the completed actions of men whose soul is not fully accomplished. (Meghāh skandodbhavāś cānye piśācā agho-mārute} tatah pañcāśad ūrdhvam syur meghā mārakasanjītakāh| tatra sthāne mahādeva-janmānas te vināyakāh| ye haranti kṛtam karma narāṇām akṛtātmanām| (Dwivedi & Rastogi 1987{4}:1444 & see Gnoli 1980:258-259).

<sup>3</sup> De Mallmann provides extensive description of the different types of *Tārās* found in Tantric Buddhism (De Mallmann 1975:368-379). Our Tārā here is Tārā Prajñā--one of the four great Prajñās, Locanā, Māmakī, Pāndarā, and Tārā, who are often referred to simply as Locanādi--the wisdom consort of Amoghasiddhih. (De Mallmann 1975:374). She is however embracing Vairocanah in the western direction in the Nispannayogāvalī's Kālacakramandalam (Bhattacharyya 1972:85); she appears with Sparsavajrā in the southeastern direction of the third sphere (Bhattacharyya 1972:86); and she is in to the south of the door in the eastern vedikā of the speech circle (Bhattacharyya 1972:91). In chapter 17 of the Guhyasamājatantram the four Prajñās are assigned to four primary elements--Locanā to earth. Māmakī to water, Pāndarā to fire, and Tārā to wind. The combination of the sky element and the lightning element is Vajradharah. (Prthivī locanā khyātā abdhātur māmakī smṛtā | pāndarākhyā bhavet tejo vāyus tārā prakīrtitā! khavajradhātusamayah saiva vajradharah smrtah! Bhattacharyya 1931:137). In the Hevajratantram 1.1.21 these four are give are said to be expressed by bijamantras constituting the phrase evam maya [śrutam] in the internal mandalam: ekāreņa Locanādevī, vamkāreņa Māmakī smṛt⦠makāreņa Pāndrā ca yākāreņa Tāranī smrtā! | (Snellgrove 1959{2}:4 & 19159{1}:49). At Hevajratantram 2.4.65 Tārā and the other three Prainas are included in a list of countless goddesses headed by Nairatmya. (Snellgrove 1959{1}:106 and 1959{2}:70). Sādhanamālā contains several sādhanās to Vairatārā (93-97), including one by Āryanāgārjunah and one by Dharmākaramatih, one to Tārā by Anupamaraksitah (98), others to Āryakhadiravani-tārā (89), to Mahattarī-tārā (90). to Varada-tārā (91), to Vasyādhikāra-tārā (92), up through 116, totaling 28, with 21 different variations on the Tārā name (Bhattacharyya 1968{1}:xxi-xxii & 176-245), presumably representing a wide variety of local Buddhist practices. There are also two sādhanās to Tārodbhayakurukullā (171 & 172) and a Tārāstutih (309) (Bhattacharyya 1968{2}:clxxix. clxxxiii, 343-344 & 594). Though not, to my knowledge, a deity worshipped in any significant way in the ealier Kaśmīr Śaivite Tantras, it is interesting that, unlike in the Guhyasamāja and Hevajra, where Tārā is not placed at the beginning of lists of goddesses. Tārā is included as the first of a group of saktis in the retinue of Sadāsivah at Tantrālokah 8.373b (Dwivedi & Rastogi 1987{4}:1595 & Gnoli 1980:287), mentioned again as the first of the group at TA 8.418b (Dwivedi & Rastogi [4]:1619 & Gnoli 292. In the second instance. Gnoli makes the mistake of taking tārādyah as appositional with siddhayo; siddhayo is appositional only with the animādi-ganah. Tārā is not considered a siddhih.) Though Beyer (Beyer 1973) did a remarkable study of Tārā in Tibet, Tārā in the Indian context has not

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# Vaigarbhah, 1 and Sparśavajra, 2 together with Atibala, 3

received quite the same attention. The word itself literally means "a star," and yoga-tārās figure prominently in the astronomical astrological traditions as the primary stars in each nakşatrah. The moon earns the name Tārābhartr in the Mrgendrāgama's Kriyāpādah 8.187a (Brunner-Lachaux 1985:313). Curiously enough, the pattern of designation using Tărā as first in the list of goddesses-that we find in Tantralokah, the 11th century Kaśmīr Śaivite text, yet not in the earlier Buddhist tantras, Guhyasamajah and Hevajram-also appears in the Kālacakramandalam described in Abhayākaragupta's Nispannayogāvalī, where we have the Tathāgatās Amoghasiddhih etc., and the Bodhisattvas in vairāsanam, and Tārādi-devyah in the lotus posture. (Bhattacharyya 1972:86). Later, at times in history not scrutinized in this dissertation, Tārā is grafted wholeheartedly into the Hindu Tantric practice. In the Tārārahasya, a 15th-16th century work by Brahmānanda, the guru of Pūrnānanda (author of the Tattvacintāmaņi Tantric digest), Brahmānanda places Tārā in the fourth of five voids (sūnyās), with Aksobhya on her forehead, etc., and quotes several earlier Hindu Tantras featuring Tārā. (Shastri 1900:xxix-xxx). The Tārārahasya opens 'Om homage to Tārinī. praising Tārā, the most essential, the progenitoress of the three worlds, providing success in all endeavors, called 'universal,' bringing good fortune, the mayi of Sadāśiva, constantly praised by all the gods....' (Om namas tāriņye tārām sāratarām trilokajananīm sarvvārthasiddhipradām sarvvākhyām subhadām sadāsivamayīm devaih sadā vanditām natvā.... Shastri 1900:153-4).

<sup>&</sup>lt;sup>1</sup> This name appears to be either a Kālacakra variant of Khagarbhah ('sky-womb') or simply a corruption of the text, since it does not appear in any of the other texts I've consulted, either Buddhist or Hindu. Vai is in no dictionary or lexicon I've consulted as 'sky.' It is rather an enclitic particle to fill out meter or for emphasis. Pundarīkah has only khagarbhah in his commentary, suggesting the term was used in the verses he had. Though De Mallmann doens't mention khagarbhah, we find Khagarbhah embracing Locanā/Gandhavajrā in the northwest of the Kālacakramandalam described in Abhayākaragupta's Niṣpannayogāvalī. (Bhattacharyya 1972:86, line 4). I have not yet found any reference to a Khagarbhah deity in the Kaśmīr Śaivite literature.

<sup>&</sup>lt;sup>2</sup> Touch-lightning, or perhaps 'electric touch.' In the opening pages of the Guhyasamājatantram, the Bhagavān is said to be accompanied by innumerable bodhisattvas, among whom is counted Sparšavajraḥ (Bhattacharyya 1972:2, line 2 - Sanskrit; Rūpavajraḥ also appears, as do most of the constituent elements, senses, etc.) Hevajratantram 1.4.1, the section on divine consecration (devatābhiṣekam), mentions that the initiate will be honored by Rūpavajrā etc. (Snellgrove 1959{1}:59 & {2}:14). De Mallmann tells us that Sparšavajrā is always in a different place, depending on what manḍalam is under consideration. In the Kālacakramanḍalam she is divided into two, being both in the southeast, and at the right of the western door in the third circle, both times united with Sarvanivaraṇaviṣkambhin (the one who blocks all obstructions). (De Mallmann 1975:351-352 & see Bhattacharyya 1972:85 & 86 respectively). Another appearance in the Kālacakramanḍalam, as described by Abhayākaraguptaḥ in the Niṣpannayogāvalī (and not mentioned by De Mallmann) is to the south of the door in the eastern vedikā of the speech manḍalam, next to Tārā. (Bhattacharyya 1972:91). Vajra, and the vajras of the various sense faculties and properties are not typically

# Carcikā, and Śrnkhalā, |2

a major topic of discussion in the Kaśmīr Śaivite literature (the tradition speaks more frequently of light rays, rather than lightning bolts). I have yet to find any reference to a Sparśavajrah/ā deity.

<sup>3</sup> In the verse we have the masculine form, in the commentary Pundarīkah uses the feminine form Atibalā. In the western part of the Kālacakramandalam as described by Abhayākaraguptah in the Nispannayogāvalī, we find Atibalā, identified with Tārā, embracing Stambhakah who is said to be like Vairocanah (Vairocanavat). (Bhattacharyya 1972:86, line 9). Atibalah is one of the ten Krodhesvarās, listed under the name Vighnāntakah at Dharmasamgrahah 11: Yamāntakah, Prajñāntakah, Padmāntakao Vighnāntako 'caraṭarkirājo, nīladando, mahābalo, uṣṇīṣaś, cakravartī, saṃbharājaś ceti!! (Kasawara et al 1885:3). In the first line of Abhayakaragupta's description of the mandalam, we find Atibalah, along with the other Krodheśvarās, arrayed on the ten spokes of the protection wheel (rakṣācakram) in the inside of the lightning-cage (vajrapañjara) of the Kālacakramandalam. Atibalah, Kumbhakah, Jambhakah, and Māna[va]kah are arrayed on the eastern, southern, western, and northern spokes of the rakṣācakram. (Abhayākaraguptaḥ notes that these deities are also known by alternate names, Vighnāntaka for Atibalah, Prajñāntakah for Kumbhakah, Yamāntakah for Jambhakah, and Prajñāntakah (should probably be Padmāntakah) for Māna[va]kah.) Ntladandah is on the southeastern spoke, Takkirājah is on the southwestern spoke, Mahābalah is on the northwestern spoke, and Acalah (not in the Dharmasamgrahah list) is on the northeastern spoke. On the zenith spoke is Uşnīşacakravartī (given as two separate names in Dharmasamgrahah 11), and on the nadir spoke is Sumbharājah. (Kālacakramandale vajrapafijarābhyantare rakṣācakram daśāram tasya pūrva-dakṣiṇ-paścimottarāreṣv atibalakumbhaka-jambhaka-mānavakā vighnāntaka-prajfiāntaka-yamāntaka-prajfiāntaka (or rather padmāntaka)-aparanāmānah Āgneyādyāreşu nīladanda-ţakkirāja-mahābala-acalāh *Ūrdhvāre usnīsacakravartī adha āre sumbharājah*! Bhattacharyya 1972:83). De Mallmann lists Atibalah under Vighnantakah, giving as alternate names Amrtakundalin, Vajrakundalin. Vajrāmītah, Vighātāmītah, and Vighnārih. He possesses particulairly powerful mantras. known as sārvakarmikamantrās (omnipotent, or completely effective mantras). (De Mallmann 1975:447-450). Atibalah shows up in a list of the deities filling the thirty-four spokes of a cakram at Tantrālokah 33.15a. Abhinavaguptah uses the term Subalah, and Jayarathah informs us that Subalah is a synonym of Atibalah (Subaleti Atibalah | Dwivedi & Rastogi 1987{7}:3630 & 3634). Gnoli, as is his practice in Luce della Sacre Scrittura, simply inserts Jayaratha's clarifications into his translation, without notation. (Gnoli 1980:758). Jayarathah quotes virtually the same list from Mālinīviajottaratantram 3.24 (3.20-23 in the KSS edition). where Atibalah is used instead of Subalah (Dwivedi & Rastogi 1987{7}:3634 and Kaul 1984:16). The MVT/TA Atibalah however appears to have no relationship with the ten fierce deities of the Buddhist tradition. The name is rather one of a variety of variations on the name bala, i.e. Balaş ca atibalaş caiva balabhadro balapradah | bālavahaş cu balavān baladātā baleśvarah (MVT 3.21b-3.22a) among thirty-four versions of Śivah springing forth from the womb of Saktih.

<sup>&</sup>lt;sup>1</sup> Carcika is in its earliest meaning repetition of a word while reciting the Veda (carcāpada), or more generally reading or recitation. We find Carcā listed three varieties of examination of the meaning of something by logical analysis at Amarakośah 1.5.2 (and commentary): carcā, saṃkhyā vicāraṇa (trayaṃ pramāṇair arthaparīkṣaṇasya. (Amarasiṃhaḥ 1885:30) The

second meaning of the word and the derivative carcikyam-apparently the etymological source for its use here in the KCT-is as one of three terms for bathing or smearing the body with fragrant salves such as sandalwood paste etc., is given at Amarakośah 2.6.122 (and commentary): snānam carcā tu cārcikyam sthāsako 'tha prabodhanam. | (carcā cārcikyam sthāsakah trīņi candanādinā dehavilepavišesasya utī khyātasya) |. Maheśvarah adds in the commentary that Carcikā and cārcikyam are considered to be synonyms (carcikaiva cărcikyam svărthe syafi). A related term given in the same verse is patralekhā or patrāngulih, painting the head etc. with lines of fragrant substances. Mahesvarah tells us the practice is well known in such places as Kalingah-i.e. the Coromandel coast, the southeast coast of India along the Bay of Bengal. (Patralekhā Kalingādidešeşu prasiddheyam). (Amarasimhah 1885:161). Despite this apparently Hindu origin of the name, I have not yet found it used in any of the Kaśmīr Śaivite Tantric texts. De Mallmann, citing the Agnipurāņah, informs us that Carcikā is one of the names of Durgā (as Rudracarcikā), so one suspects that an originally local version of the goddess whose image was annointed with fragrant paste in the style of the Kalingās, evolved into a more prominent version. She forms one of the eight mothers in the Kālacakra's speech mandalam, embracing Indrah, in the East. (De Mallmann 1975:140). Specifically, according to Abhayākaragupta's description, Carcikā is in the middle of the pericarp of the eastern lotus situated on top of a pretah in the speech mandalam; she is black, has one face with three eyes, is holding chopper and a trident with her two right hands, a skull and a khatvānga with her two right hands, and is embraced by Indrah. (Vān-mandale....tatra pretoparisthita-pūrvabjasya karņikāyām carccikā kṛṣṇā trinetrekavaktrā savyābyām kartri-triśūle vāmābhyām kapāla-khaţvange bibhratī indrālingitā Bhattacharyya 1972:87). Carcikā also appears as one of the ten daughters in the Jālandharā pīthah of the Kubjikā-lineage Tantra, the Satsāhasra- Samhitā (Schoterman 1982:222).

<sup>2</sup> Literally,  $s_{rh}$  khalah/a = an iron chain, particularly an elephant's leg-chain. Here, śrnkhalā is short for Vajraśrnkhalā, as glossed by Pupdarīkah. According to De Mallmann, the name designates three deities. Three sādhanās are dedicated to Vajrasrnkhalā in the Sādhanamālā (nos. 207-209) (Bhattacharyya 1968{2}:413-415). One is the deity in the Mañjuvajra-mandalam, one is the Prajñā of Hevajrah, and one is found in the western door of the body mandalam of the Kālacakramandalam, embracing the Krodheśvarah Mahābalah. (De Mallmann 1975:432-24). (She lists both the GOS edition and a Paris manuscript, yet never cites anything other than "NSP (26)" referring to the fact that the Kālacakramandalam is the 26th described in the Nispannayogāvalī--neither page numbers nor folios are given for any of her citations). The description given by Abhayākaragupta is that in the western door there is Mahābalah, Vairocana-like, in a yellow chariot with seven yellow elephants; embraced by him is Vajrasrnkhalā, who is black, holding a gem and thunderbolt in her two right hands, and a water-pot and serpent in her two left hands. (Paścime saptapītagajapītarathe Mahābalo Vairocanavat anenāslistā vajrasrnkhalā, krsņā, savyābhyām muņikulise, vāmābhyām kalasasarpau bibhratī. | Bhattacharyya 1968:89.23-24) Vajrasrnkhalā is also listed (not mentioned by De Mallmann) as the touch-desire goddess [in a group of goddeses] to the left of the door in the eastern vedikā of the speech mandalam. (Vān-mandalasya vedişu icchādevyah Tatra pūrvasyām vedikāyām dvārasya daksiņā-dig-dese vidvsecchā tāreva..... dvārasya vāme, samtāpanecchā 'tinīleva, sparšecchā vajrašrikhaleva....| Bhattacharyya 1968:91.14-17). We also find in Abhayākaragupta's description of the Kālacakramandalam, that the red, hog-faced Vārāhī, who is in the pericarp of the southern lotus, on top of bull, in

[11.1] Nair $\eta tya$ , the Śūdra serpents, the purifier [the wind], so likewise She of the dog-face, together with She of the crow [face],

And these, with the lord of the three realms of friendly disposition, expanded from the eastern face. | | 14 | |.

"In the *dharma* [cakra]" etc. Here, in the heart, in the *dharma* cakra, from the completely purified wind constituent, from the purified saṃskāra, the mark of the sword is the host of deities because of the dark blue color. That is to say,

Amoghasiddhi, Tārā, He who is the destroyer of obstacles, He who has a dark-blue stick, She who is extremely strong, [11.5] She who has a lightning leg chain, He

the speech mandalam, holds a stick and a sword in her two right hands, and a chain (sṛnkhalā) and a plough, and is embraced by Rudrah. (Mahīṣopari yāmyapadmasya karnikāyām vārāhī raktā sūkaramukhī savyayor danda-khadgau vāmayoh sṛnkhalā-halake rudrālingitā Bhattacharyya 1968:87.17-18).

Etymologically, nairrtya = consecrated to Nirrti = the goddess of death and destruction, given various geneologies in Hindu mythology, and often associated with Mrtyu [MW]. Nairrtya is a vrddhi derivative of nirrti, from  $nir + \sqrt{r}$ , to go out or off, fall away from, separate, etc. The term nairrtya is used by both the Hindu and Buddhist tantrikas to refer to the southwestern direction (see for example Bhattacharyya 1968:85.15 & 86.3). De Mallmann gives the name as a god (not a goddess), Nairrti, and tells us that he is also known under the names Vajrankusa, Nisacara, and Rakyasadhipa. In the Kalacakramandalam he is embraced by Aindri in the west; in addition he is also found to the right of the eastern door in the body mandalam, embracing Rakyasi. (De Mallmann 1975:272-273). At Tantralokah 8.51b Abhinavagupta tells us that Nirrti's city is Krsnangara. (Dwivedi & Rastogi 1987{4}:1389 & Gnoli 1980:251).

<sup>&</sup>lt;sup>2</sup> Nīladanḍa and Vighnāntaka are listed in Dharmasamgrahaḥ 11 as two of the ten fierce deities. "The ten fierce ones [daśa-krodhāh] are as follows: the destroyer of death [Yamāntakah], the destroyer of wisdom [Prajñāntakah], the destroyer of the lotus [Padmāntakah], the destroyer of obstacles [Vighnāntakah], the unmoving king of the Takkas [Acara-ṭakki-rāja (the text reads -ṭarki- yet this is not a word in Sanskrit. I've corrected it to ṭakki, following VMP 11.16 just below.); the bearer of the dark blue stick [Ntladanḍa], the very strong one [Mahābalah], the one dwelling in the crown cakra [Uṣnṭṣa-cakra-vartin], and the Sumbha king [Sumbharāja--I use the alternate reading from the India Office Library manuscript; Sambha is not a word in Sanskrit. See note to VMP 12.21 below]." (Kasawara

who has the sky as his womb, She whose touch is lightning, Carcikā, Vaiṣṇavī,¹ the Wind, He who is devoted to the goddess of death [Nairṛṭya], the Lotus, Karkoṭaka,² She who is crow-faced, She who is dog-faced, these [all emerge] from the eastern face, from the thought-face. They expand with the lord of the three realms of friendly disposition. Sealed by the vijñāna of Amoghasiddhi, the host of deities, with Amoghasiddhi, possessing the mark of the sword, causing success in the actions of ruining an adversary and generating enmity, is black because of the color of wind. Thus the emanation and contraction of the deities of Amoghasiddi's clan through the performance of what is proper. | | 14| |

et al 1885:3). Takkirāja appears in Guhysamājatantra 13.144-146 (see Fremantle 1971:85): "In the centre of the sky imagine the divine Sun disk and visualizing the form of Buddha, transform [Buddha] into Takkirāja; imagine him fierce, with terrifying appearance, terrifying fear itself...." With regard to Takki-rāja, MW says the Takka are Bāhika people, the 'name of a despised people of the Panjab.' Stein, in a note to Rājataranginī 5.150, identifies Takka-deša as the kingdom called "Tseh-kia" by Hiuen-tsiang, located in the Panjab between the Biās and Indus rivers, with its capital at Śākala, probably between the Cināb and the Ravī rivers." (Stein 1991{1}:205.150). It's intriguing that one of the ten fierce deities would be named as the King of this people. Dey also locates Takka-deša to the Panjab, and gives Mada-deša and Āraţa as alternate names (Dey 1971:200).

<sup>&</sup>lt;sup>1</sup> Puṇḍarīka glosses Carcikā as the feminine form of Viṣṇu. De Mallmann says Carcikā is one of the names for Durgā integrated into the Tantric pantheon, also known under the name Cāmunḍā. She forms part of the group of eight mothers in the Kālacakra speech maṇḍala. (De Mallmann 1975:140 & 71). Bhattacharyya, in his description of the Kālacakramaṇḍala in the introduction to his edition of the Niṣpannayogāvalī, places Carcikā in the east on a lotus, standing on Indra as a corpse (a common image from Durgā iconography) surrounded by eight yoginīs. (Bhattacharyya 1972:79).

<sup>&</sup>lt;sup>2</sup> De Mallmann, citing several passages in Sādhanamālā and Niṣpannayogāvalī, gives the following list of eight nāgas or serpent deities commonly named in Tantric Buddhist texts: Ananta, Karkoṭakai, Kulika, Mahāpadma, Padma, Śankhapāla, Takṣaka, and Vāsuki. (De Mallmann 1975:268). Ananta, Takṣaka, and Vāsuki are the three great serpents in the Mahābhārata, Harivaṃśa etc., with Ananta also known as Śeṣa [Monier Williams' Dictionary]. Vaidyakaśahdasindhuḥ gives hilvavṛkṣa, the Bilva tree, for karkoṭa[ka]. (Gupta & Sena 1983:218). Monier Willaims gives "mormodica mixta" from Suśruta as the first definition.

Now the emanation of Ratnasambhava's clan is stated--

5.15: In the enjoyment [cakra], from the purified fire, like the risen sun, the Jewel Holder and Pāṇḍarā [vāsinī],

He of the Earth womb, He who crushes, She who has the lightning bolt of the best flavor, the She-boar [making the sound  $s\bar{u}$ ], the fire of six faces, |

The two kings, the two Indras of the serpents, She whose contraction of the brow is evident, She who is boar-faced, She who is vulture [faced];<sup>2</sup>

These expand from the glorious left face with the supremely delighted Universal mother. | | 15 | |

[11.15] "From the purified fire in the enjoyment." Here in the throat cakra, from the purified feeling aggregate,<sup>3</sup> from the purified fire, like the risen sun, i.e. colored red, the Jewel holder, i.e. Ratnasambhava. In this same way Pāṇḍāra [vāsinī]. The destroyer of Wisdom,<sup>4</sup> the king of the Takki, She who is the Crusher, She of contracted brow, He whose womb is the Earth, She who is the lightning of taste, She who is the Female Boar, the Young Maiden, Fire, Kartikeya,<sup>5</sup> She of the boar-face, She of vulture-face, Vāsukih,<sup>6</sup> Śaṅkhapāla;<sup>7</sup> these expanded from the

<sup>&</sup>lt;sup>1</sup> The text should read prakaţita-bhrūkuţī.

<sup>&</sup>lt;sup>2</sup> Sagrdhrā: the use of sa-prefix does not indicate here 'together with;' it indicates here rather that the word asya is carried over; this usage is not uncommon in KCT verses.

<sup>&</sup>lt;sup>3</sup> Add a visargah to śuddha-vedanāyā. The genetive singular feminine in  $-\bar{a}$  end in  $-\bar{a}s$ ; followed by a f the preceeding f becomes a visargah. See Whitney's Grammar, Rule 172.

<sup>&</sup>lt;sup>4</sup> Prajñāntaka, one of the dasakrodhāh deities.

<sup>&</sup>lt;sup>5</sup> Kartikeyah is the name of the son of Śiva and Pārvatī, also considered the god of war for leading Śiva's hosts against the demons.

<sup>&</sup>lt;sup>6</sup> Vāsukiḥ is one of three serpent kings (Śeṣaḥ and Takakaḥ are the other two) who was used as a rope during the churning of the ocean with Mt. Mandara, the churning that produced the fourteen divine treasures. Monier Williams gives the following description: "Vishnu infused

left face with the Universal mother who was supremely delighted. All are colored red, sealed by *Ratnasambhava*, providing the *siddhis* of subjecting another to one's will, and drawing an absent person into one's presence, since they are intrisic to the speech *cakra*. In this way, [11.20] there is the emanation etc. of the deities of *Ratnasambhava's* clan through the knowledge of equanimity [samatā]. Here, also, *Ratnasambhava* is sealed by consciousness [vijñāna]. | |15||

Now the emanation of Vairocana's clan is stated--

5.16: In the navel [cakra], from the completely purified earth, like the best gold, there is Cakrapāņi [holding a disk in his hand], and the Sage,

Vikambhī, and Locanā, Oh excellent King, Stambhaka, She who is the

a portion of his essence into the body of an immense tortoise to aid in producing or recovering certain valuable articles, some of which had been lost in the deluge. For this purpose he stationed himself at the bottom of the sea of milk--one of the seven concentric circular seas surrounding the seven concentric circular continents of the earth-that his back might serve as a pivot for the mountain Mandara, around which the gods and demons twisted the great serpent V\*suki. They then stood opposite each other, and using the snake as a rope and the mountain as a churning-rod, churned the milky ocean violently till, one by one, fourteen inestimably valuable or typical objects emerged. 1. They nectar conferring imortality (Amrta). 2. The physician of the gods and holder of the nectar (Dhanvantari). 3. The goddess of good fortune and beauty, wife of Vişnu (Lakşmī or Śrī). 4. The goddess of wine (Surā). 5. The moon (Candra). 6. The nymph Rambhā, celebrated as a kind of prototype of lovely women. 7. A fabulous high-eared horse (Uccaih-śravas), the supposed prototype of the equine race. 8. The miraculous jewel Kaustubha, afterwards appropriated by Krsna. 9. A celestial tree (Pārijāta) yielding all desired objects. 10. The cow of plenty (Kāmadhenu or Surabhi), granting all boons. 11. A mythical elephant (Airāvata)--afterwards appropriated by the god Indra--prototype of the elephantine race. 12. A sacred conch-shell (Śańkha), afterwards the property of Visnu (or Kṛṣṇa), and supposed, when blown as a horn, to insure victory over his enemies.... 13. A miraculous unerring bow (Dhanus). 14. A deadly poison (Visa)." (Monier Williams 1974:109).

<sup>&</sup>lt;sup>7</sup> Śańkhapāla, literally 'conch protector,' is a serpent demon's name in *Bhāgavatapurāņa* and *Harivamśa*.

<sup>&</sup>lt;sup>1</sup> She who is the supporting beam.

<sup>&</sup>lt;sup>2</sup> She who illumines.

<sup>&</sup>lt;sup>3</sup> He who is a post or a pillar. Also the name of one of Siva's attendants.

lightning bolt of smell [gandhavajra],

[11.25] Mārīcī, Aindrī, and Śakra, together with He who has a pair of faces [and] all the Vaiśya-serpents, etc.,

With the husband, and with endurance, [these being] beneficial to all people, [these ones] emerge from the western face. | |16| |

[12.1] "In the navel, from the completely purified earth." Here, in the navel, i.e. in the emanation *cakra*, from the purified form aggregate, from the purified earth constituent element, like the best gold, of yellow color, *Cakrapāṇi*, and the Sage, i.e. *Vairocana*. In the same way, *Locanā* [i.e. also golden, also in the emanation *cakra*, also from the purified earth constituent]. *Yamāntaka*, the exceedingly strong one, The Pillar *Viṣkambhī*, *Gandhavajrā*, *Aindrī*, i.e. *Brahmāṇī*, Śakra, i.e. *Brahmāṇō*, Takṣaka, Mahāpadma, She of the jackle-face, She of the vulture face, these, with the husband and with endurance, beneficial to all people, [12.5] emerge from the western face. From the knowledge face, yellow colored, they have the mark of the *cakra*, providing the *siddhi* of the actions of paralyzing and

<sup>&</sup>lt;sup>1</sup> N. of a Buddhist Goddess, mother of *Gautama Buddha*; patronimic feminine derivative of *Marici*, name of an *Apsaras* in MBh; a ray of light.

<sup>&</sup>lt;sup>2</sup> Strong/powerful = *Indra*'s feminine form.

<sup>&</sup>lt;sup>3</sup> Yuga-mukha-sahito.

<sup>&</sup>lt;sup>4</sup> Yamāntaka is one of the ten Krodheśvaras; the name can also denote either Death the Destroyer, i.e. Yama, or, the Destroyer of Death--i.e. Śiva.

<sup>&</sup>lt;sup>5</sup> Probably an alternate name for *Mahābala*, one of the *Daśakrodhāh*.

<sup>&</sup>lt;sup>6</sup> This is odd, since *Śakra* and *Aindrī* are usually *Indra* and his consort—the latter a post-Vedic, perhaps Tantric invention; I've never seen *Śakra* and *Aindrī* referred to as *Brahmā* and *Brahmānī* elsewhere.

<sup>&</sup>lt;sup>7</sup> The third of the three royal serpents, with  $V\bar{a}suki$  and  $\dot{S}e\bar{s}a$ .  $Tak\bar{s}aka$  = "the cutter."  $\dot{S}e\bar{s}a$  is not mentioned in these groups of deities.

confusing, sealed by Vairocana. Vairocana is also sealed by consciousness [vijñāna]. So the emanation etc. of the clan of Vairocana is from knowledge of the mirror. | | 16 | |

Now the expansion of the clan of Akşobhya is stated--

5.17: In the *uṣṇ̄ṣa* [cakra], from the purified void, He who holds the best lightining bolt, Akṣobhya [and] the Mistress of the constituents, the two,

The *Uṣṇīṣa*, the *Dharma* realm, through the influence of the sky quality, the others *Vajrapāṇi* etc.,

In the secret [cakra], from the purified, all together, treasuries of peace and happiness, and [they are possessed of] speech lightning bolt,

Expanding above and below, indeed, the abodes of many qualities, for the sake of the liberation of breathing creatures. | | 17 | |

"In the uṣṇīṣa cakra from the purified void." In the uṣṇīṣa cakra from the purified consciousness aggregate, from the purified space constituent, holding the best lightning bolt, Akṣobhya, sealed by knowledge, black colored. In this same way Vajradhātvīśvarī [the Mistress of the lightning bolt constituent]. The uṣṇīṣa, [12.15] the lightning hūṃ sound, She who is terrible eyed [Raudrākṣī], the Fierce Queen, He who holds the lightning bolt in his hand, She who is the lightning bolt of the dharma realm, Viṣṇu, Yama, the Conquering, the Nāga, these from the upper face, from the void, expanding, the abodes of many qualities, i.e. providing the siddhi of all actions, possessing the mark of the lightning bolt, sealed by Akṣobhya,

<sup>&</sup>lt;sup>1</sup> Vajrapāņir should be bold, it's in the verse.

from the black space color. Thus the expansion etc. of the deities of Akşobhya's clan, through the knowledge of the well purified dharma constituent.

Now the expansion of *Vajra-sattva's* clan is stated, "In the secret [cakra], from the purified" etc. Here, in the secret cakra, [12.20] from the purified knowledge aggregate, from the purified knowledge constituent, possessing the lightning mark of the dark blue trident one, *Vajrasattva*, sealed by consciousness. In this way there is the knowledge constituent. Wisdom, She who is dark blue, the King of the *Sumbha*, He of lightning-speed, He who is exceedingly Dark Blue, the Fierce Mistress, *Rudra*, Crushing, He who is universally good [Samantabhadra], She of sound-lightning, the victorious serpent [Vijayanāga]. These expand from the lower face that has the characteristic of knowledge, [these being] beneficial to all people, for the sake of the liberation of breathing creatures, from the knowledge of the well-purified dharma element, [these being] colored dark blue, having the form of dark blue *Akşobhya*, sealed by *Vajrasattva*, adept at all actions.

[12.25] So in the six cakras there is the expansion of the deities of the six clans,

<sup>&</sup>lt;sup>1</sup> Sumbharāja is the name of one of the Krodheśvaras. Sumbha is the name of a people: MW references Rāmāyana, and gives a Lexicon reference for 'name of a country, (cf. Śumbha-deśa).' Śumbha-deśa, is a Colebrooke reference to the Name of a country; Śumbhapur, is the name of a town and district of "the modern Sambhalpur in the district of Gondwāna." [MW]—also called Ekacakra and Harigrha. Dey identifies Sumbha/Śumbha with Suhma, itself identical with Rāḍha, the portion of Bengal west of the Ganges. In medieval times the name of Sumbha was Lāṭa or Lāla. "The Buddha delivered the Janapada Kalyāni Sutta while living in a forest near the town of Deśaka in the country of Sumbha as Sumha was also called." (Dey 1971:164, 195). Indeed, we find in the introductory story to the Telapatta-Jātaka, no. 96, Book 1, that the story was told by the Buddha near Deśaka in Sumbha country. (Chalmers 1957:232).

<sup>&</sup>lt;sup>2</sup> Vajra-vegah. Seal translates vega as 'momentum' in his discussion of the Vaiśeşika ideas of kinetics, though I think 'speed' is more appropriate here. (See Seal 1985:137-144).

beneficial to the world; after sixteen years, since it produces the wheel of time, it is achieved--this is the rule. Here Akşobhya, in the dark blue form of Akşobhya, is sealed; the black consciousness aggregate, with the black Akşobhya, the dark blue is the knowledge aggregate. So where there is sealing by the four distinct clans of the body, speech, thought, and knowledge, there is Vairocana, white, because of the nature of the moon; Amitābha, red, because of the nature of the sun; Akşobhya, black, because of the nature of Rāhu; Vajrasattva, yellow, because of the nature of the time-fire. So [13.1] by the relationship of the designation and what it designates, there is sealing according to the precept of the Practice Chapter. So Akşobhya is the sealing of Vairocana, Vairocana is the sealing of Amitābha, Amitābha is the sealing of Ratnasambhava, Ratnasambhava of Amoghasiddhi; this is the rule on sealing. So the great lord of three-realms is to be known as the one possessed of the infinite cakra in all the other Tantras, in [both] the triple clan, and in quintuple clan. | | 17 | 1

Now the expansion of the wisdom Tantra is stated--

[13.5] 5.18: On the cardinal direction petal  $Locan\bar{a}$  etc., situated on the intermediate direction petal is a skull filled with blood;

Stretched out in an archer's pose on the head of the sun, the conquering Soma Lord [Indra], really like the cloud of universal destruction;

Garland-bound with skulls, speaking an ocean [of words], *Heruka*, with solar arms.

With the seal, serpent, and tiger skin, wearing the torn skin and bones of the lord of the elephant of universal destruction. | | 18 | |

"On the cardinal direction leaf" etc. Here, as communicated in the Cakrasamvara, are the four lightning sky-goers etc., Locanā¹ etc., [13.10] whose intrinsic nature is the earth etc., [and] who provide the perfections (siddhis) of expiation etc. And they, further, being divided into the black color etc. of the thought and the mouth etc., are not the providers of the action perfection (karmasiddhi) of earth etc. So it says--

By the yellow paralyzing is to be accomplished, by the white, pacification etc. fis achieved on earth!

Subjugation and drawing towards oneself [is accomplished] by the red, [and] by the black ruination of the adversary, etc. [is accomplished] |

So, from through the influence of the black color/syllable, the Lightning  $d\bar{a}kin\bar{t}$  is the wind constituent; from the color red,  $L\bar{a}m\bar{a}^2$  from the fire constituent; [13.15] from the yellow color, She whose rise is cleft,<sup>3</sup> the earth constituent; from the white principal color, She of beautiful form, the water constituent. So, just as there are, respectively, for the thought, speech, knowledge, and body faces the colors black, red, yellow, and white, likewise for each of the nine goddesses such as  $Pracand\bar{a}^4$ 

<sup>&</sup>lt;sup>1</sup> Locanā should be in bold, it's from the verse.

<sup>&</sup>lt;sup>2</sup> This word is not in MW or Apte; the closest word in Sanskrit is *Lamakah* = a lover. Most likely this a transliteration from Tibetan, supporting a dating of at least this portion of the commentary from post 7th century c.e., after the beginning of the Tibetan translation phase of Buddhism--a return influence, as it were. Hemacandra includes her in his *Deśīnāmamālā* (12th century), as a *dākinī* (Pischel 1938:280).

<sup>&</sup>lt;sup>3</sup> Khanda-roha. Khanda-indu = the crescent moon. Khanda = break, fissure, fragment, portion. Roha = growing, rising, ascending; height, altitude. This also appears to be a sexual reference, to "she whose rise is cleft," i.e. a woman who is no longer a virgin.

<sup>&</sup>lt;sup>4</sup> Pracanda -- the term as an adjective = vehement, violent, impetuous; strong, powerful, fierce.

etc., situated in its cardinal directions areas, a color is to be understood for what has the designation of the great mark. This is the *Bhagavān*'s rule. Therefore, for those possessing little fortitude, here, with the short teaching on the *Kālacakra* by *Mañjuśrī*, he alone is illuminated as being manifest. On the cardinal direction leaf *Locanā* etc.; i.e. on the western leaf *Locanā* is [designated] according to [her] color; She who is ascending the crescent is yellow, since she has the intrinsic nature of the anal-channel. [13.20] Since it is the color of earth the western knowledge face of *Kālackra* is yellow, since it has the intrinsic mark of *Heruka*. On the northern petal, according to the color of water, *Rupiņī* is white; the northern body and mouth are white due to the intrinsic nature of the *lalanā*. On the southern [petal] is *Lāmā*, red because of the color of fire; [her] body and face are red due to the intrinsic nature of the *rasanā*. On the eastern petal the lightning bolt *dākinī* black/dark blue because of the color of wind; [her] body and face are black/dark blue due to the intrinsic nature of the urine-channel. In the same way, due to the intrinsic nature of the *avadhūtī*.

<sup>&</sup>lt;sup>1</sup> Neither Mañjuśriyā nor Kālacakra are in the verse; the boldface here is honorific.

<sup>&</sup>lt;sup>2</sup> Lalanā = a woman in general, or a wanton woman. By a process as yet unrevealed, the term came to be used in Buddhist esotericism for one of the two major subtle-body channels alongside the central channel running through the spine, the  $avadh\bar{u}t\bar{t}$ . The equivalent term in Hindu esotericism is  $id\bar{a}$ .

 $<sup>^3</sup>$  Rasanā = the tongue. The word is also often spelled rasanā, a term referring to a rope, cord, or a woman's girdle. This term came to be used in Buddhist esotericism for the third of the three major channels of the subtle body, this one running along opposite side of the spine from the lalanā. It is equivalent to the Hindu term pingala.

<sup>&</sup>lt;sup>4</sup> Avadhūtī = the Buddhist name of the central channel of the subtle body running through the spine. The word avadhūtah = an ascetic, one who has renounced or shaken off (ava +  $\sqrt{dh\bar{u}}$ );  $\sqrt{avadh\bar{u}}$  also = the shake, move, waver, or tremble. So a literal translation of avadhūtī would either be "she who shakes, moves, vibrates or trembles," or "the female ascetic." The name is also used in the erotic tradition to depict an ideal type of woman.

the Lightning She-boar is black, according to the intrinsic nature of the Śańkhinī. Kālackra, the lord Heruka, is colored dark blue. So, [13.25] on the spokes of the thought, speech, and body cakras, in the east, in southeast<sup>2</sup> there are the black sky-goers; in the south, and in the southwest, the red ones; in the west, and in the northwest. The the vellow ones: in the north and in the northeast, the white ones. In

<sup>&</sup>lt;sup>1</sup> In subtle body physiology, Sankhint is the name for the channel that runs inside of the avadhūti. It is certainly intriguing to note that of the Buddhist names of the three major channels, and the name for the inner central channel, three define types of women (Sankhini. avadhūti, and lalanā), while the fourth is the name for a woman's girdle (rasanā). Śańkhinī = one of the four types of erotic women (Śankha is the conch shell; śankhin, the conch possessor, is Visqu or the commanding general; sankhint, the feminine possessive). According to the Ratimanjari she is: 'One with long or very long eyelashes, superbly beautiful, elegant in the enjoyment of passion, endowed with grace and qualities; her throat is adorned with the three lines, graceful in the play of passion, she certainly is sankhint. (Dīrgha-atidīrgha-nayanā, vara-sundarī, yā kāmopabhoga-rasikā guņa-śīla-yuktā) Rekha-trayena ca vibhūsita-kantha-dešā, sambhoga-keli-rasikā, kila šankhinī sā | (The other three types are citrini, hastini, and padmini.) MW, citing Kālacakra, gives "N. of a sakti worshipped by the Buddhists." Ratimafijarī (5) defines citrinī (of varied talents and good qualities) as: 'She knows the essence of elegance, is not too short, she has a nose lovely as a sesamum blossom, with lovely lotus-like eyes; endowed with full, firm breasts, beautiful, of restrained virtue, lovely with all good qualities, the Citrint of beautiful face.' (Bhavati rasirasajñā nātikharvā, na dīrghā tila-kusuma-sunāsā, snigdha-nīlotpalāksī Ghana-kathina-kucādhyā sundarī baddha-śīlā sakala-guṇa-vicitrā citriṇī citravaktrā.) Ratimanjart (8) defines Hastint as: 'With thick womb, thick buttocks and lips, thick fingers, thick breasts, amiable; eager for love, delighting in intense sexual passion, a tremendous eater, (unusually short), indeed the hastint is, she is considered the female elephant. (Sthūla-dharā sthūla-nitamba-bimbā sthūla-angulih sthūla-kucā suśīlā Kāmotsukā gādhha-rati-priyam ca nitānta-bhoktrī (nitambha-kharvā) khalu hastinī syāt (kariņī matā sā) Ratimanjari defines Padmini as: 'She has lotus eyes, her nostrils are petite, she has a large pair of breasts, lovely hair, a slender frame; a gentle and agreeable voice, delighting in song and instrumental music, well-dressed over her entire body, the *Padmint*, with a lotus' scent.' (Bhavati kamala-netrā nāsikāksudra-randhrā, aviralakucayugmā cārukešī kṛśāṅgī Mṛdu-vacana-suśīlā gītavādyānuraktā sakala-tanu-suveśā padminī padmagandhā.) (Quotations from Apte's dictionary.)

<sup>&</sup>lt;sup>2</sup> The southeast is governed by fire; hence it is known as Agni or agneya.

<sup>&</sup>lt;sup>3</sup> The southwest is governed by *Nirṛti* ("decay, destruction")--one of the names of the 11 *Rudras* or forms of Śiva--hence the southwest is called *Nairṛtya*.

<sup>&</sup>lt;sup>4</sup> The northwest is governed by the wind, hence it is referred to by vāyava (from vāyuh).

<sup>&</sup>lt;sup>5</sup> The northeast is governed by *İśvara*, hence it is called *İśāna*.

the same way in the eight death grounds the goddesses should be recognized. By their spreading open [as petals do], the *Karmaprasara* [the spreading of action] etc. *Tantra*[s] were stated, with the commentary written by *Vajrapāṇi*, of six thousand [verses]; it is understandable in the *Laghutantra*, so it is not written here. What's residing on the petals of the intermediate directions is easily understood. Similarly the *Samāja* and the *Māyājāla* [14.1] are well known [and] easily understood, so they're not written about here. Hence here is the expansion of the thought, speech, and body lightning. This is indicated by the *sūtra* in the root *Tantra*—

Two and one, three, one and a half, a half, since the one, the four, [and] the one,  $|^2$ 

The four, the one, and the four and the one, the portion in the thirty-two etc. | | <sup>3</sup> [14.5] The remainder, the enclosure etc. belongs to the *Kālackara maṇḍala*. | | 18 | | 5.19: With the goddesses whose moon-bodies are blue, red, and white there are the three *cakras* on the outside;

The six lightning bolts with anger-born [deities], who have two arms and one moon face, likewise born from the elements;

In the door the  $Cand\bar{a}s$  [the fierce ones], standing on corpses, and in the intermediate direction[s], the restrained ones, holding in their hands a knife and

<sup>&</sup>lt;sup>1</sup> Bold is honorific here; Vajrapāņi is not in verse 5.18.

<sup>&</sup>lt;sup>2</sup> In the *Bhūtasamkhyā* system, *candra* is a name for one (there's only one moon for earth); *yuga* is a name for four (there are four *yugas*).

<sup>&</sup>lt;sup>3</sup> It's not clear to me what's being referred to here. The numbers given add up to 24. *Bhāga* would have to be eight to get thirty-two, and *bhāga* does not appear as a name for eight in any of the lists I've consulted.

skulls,

In the four hands of the heroes there are lightning bolts, and the two-faced drum, the lightning  $khatv\bar{a}nga$ , and the bell.

[14.10] 5.20: In the glorious Mt. Meru's eight directions, in the earth and water circle, all the seats and adjacent seats;<sup>2</sup>

The field, in the gathering place,<sup>3</sup> the meeting place,<sup>4</sup> and the cremation ground,

And in the middle of the fire and wind; thus in the district, in the city, the deities should be known as residing in the cardinal and intermediate directions;

The name of the wisdom Tantra was emanated from the eastern face by the lord of the three worlds. | |20| |

5.21: In the womb the cakra has nine portions; in the moon and sun lotus, half the portion is from the *mandala*;

[14.15] From the rows of the diamond/lightning bolt supports is also constructed the great presiding deity of the aggregates and constituents;

On the external enclosure wall are located the moon and sun seats for the

<sup>&</sup>lt;sup>1</sup> The *kāpālika* staff, topped by a skull, the *khatvaḥga*, is likened to a lightning bolt here. See Chapter 3.2.4.

<sup>&</sup>lt;sup>2</sup> Pttha and upapttha. These are "seats" of the deities, usually pilgrimage sites where particular deities are thought to personally reside with some living presence, either invisible, or located in some temple, tree, rock, river, etc. See Chapter 10.6.

<sup>&</sup>lt;sup>3</sup> See Chapter 10.6 for a discussion of these terms. *Chandoha* is a Prākrit form of *saṃdoha*, a term referring to a group of people gathered together, and hence a pilgrimage site.

<sup>&</sup>lt;sup>4</sup> Melāpaka. See Chapter 10.6. of this dissertation.

senses and their objects;

Situated on the sun [seats] are the door guardians, and the clan of the latter group is on the sacrificial altar, all around.  $||21||^1$ 

5.22: In what begins thus the six forms are also sung; likewise the Yogatantra [Guhya] Samāja;

The fierce ones are in the corners; on the side of the sense objects and senses is the Crusher, with grain in his hand;

[14.20] The mouth and the two feet, the hands and the anus, the vagina, the sun, and the moon have the intrinsic nature of the time-channel;

Wisdom and means together, three-faced and six-armed, emanating from the left mouth. | |22||

5.23: The cakra is in the three-cornered womb, oh ruler of men; from the mandala itself it has three portions,

The presiding deity of the constituent elements and aggregates; again, is in the latter hole, the eight sound-lightning bolts etc.;

In the externally situated mandala indeed, in the ten directions, the disciplined fierce host, situated on the sun [seat];

[14.25] On that enclosure wall are gathered together the *bodhisattvas* who have destroyed the ages [the four yugas] of the ocean [of existence].  $||23||^2$ 

<sup>&</sup>lt;sup>1</sup> The *vedikā* is the sacrificial alter used in Vedic rites.

<sup>&</sup>lt;sup>2</sup> The four yugas are kṛta/satya [1.728 million years],  $dv\bar{a}para$  [1.296], treta [864,000], and kali [432,000]; The aggregate or  $mah\bar{a}yuga$  is 4.320 million years. A kalpa = 1000  $mah\bar{a}yugas$ , or 4.320 billion years.

[15.1] 5.24: The net of illusion is three-fold, having three faces and six arms, according to the divisions of the deity's body;

The beginning of a *kalpa*, in its entirety, is through the influence of the cold heart emanated from the left face;

The Tantra [that is] interpenetrated by yoga is of two kinds<sup>1</sup> here, the great vow of the sky-going women,

With six cakras, with six clans indeed, Oh King, with the cremation grounds, emanated from the western face. | |24||

[15.5] Now the mandala of the Mahāsamvara [great vow] is stated-

5.25: Stringing out the *mandala* with the strings apportioned along the six holes, reaching the wind circle,

And [stringing out] the lotus petal from the womb, with each of the six sections, with half the pericarp,

[Stringing out] the row with the knives, discus, lotus, jewels, and with the swords, and best thunderbolts, the pinnacle with each of the two portions,

[Stringing out] the door with the suns and [stringing out] the sacrificial altar and eating place with the six seasons. ||25||

[15.10] 5.26: [Having strung out] the line of the five enclosures with the three flames, the tablet at the base of the garland

With the suns [12], the side, the cheek, and with the three guna [multiplied] suns [12] the arch at the top of the pillar, |

<sup>&</sup>lt;sup>1</sup> Or, "twice multiplied."

One should make the eight doors in the cardinal and intermediate directions; the great mandala is circular;

The lotus in the middle of that is of all the colors, has a cavity for the sun and moon, and has a seat in the pericarp. ||26||

5.27: The cakra and the dark blue line, the yellow/green¹ earth also, the black earth, the yellow cakra,

The red earth, the white cakra, the white earth and white line, the red cakra,

[15.15] The yellow and dark blue earth, also, and the black there should be, and the black colored *cakra*,

With the six sections the subsidiary earth, from the influence of the progenitor's happiness the door-cakras are like that. | |27| |

5.28: On the outside the sixteen cremation grounds, and through the clan's dominion the eight womb goddesses, likewise;

The eight skulls on the leaf[ves] holding the immortality nectar, the goddesses on the eight leaves;

On the outside, the goddesses of the dramatic love dance etc., in the cardinal and intermediate directions, likewise the eight serpent-kings;

Outside of that the earth, water, fire, and wind enclosures, and the row of diamonds/lightning bolts. | |28||

<sup>&</sup>lt;sup>1</sup> Harita can denote yellow, pale yellow, green golden green, brownish red.

[16.1] "With the strings" etc. [i.e. from 5.25 ff.]: Here, from the western face, from the knowledge face, the Great Cakrasamvara, the two multiplications of the three Cakrasamvara, since it is with the six cakras, with the sixteen cremation grounds. Therefore the mandala of this one is round, for the purification of the eight doors. So the characteristic of this mandala is stated, "with the strings apportioned along the six holes." With the ninety-six sections. By those reaching the wind circle, i.e. in the world-realm, by those reaching 400,000 yojanas, ending in the wind circle. In the body, [16.5] by those reaching four cubits. Stringing out the mandala with the ninety-six strings, in the middle of these, one should make the cakra individually with each of the six sections; in this way [one should make] the cakra with each of the six sections. Also the lotus petal is joined with half the pericarp, with the six portions. So in the seven there are forty-two sections in the east, the same in the west, the south, and in the north; the eighty-four sections of all of them go to the same place. By the remaining ones in the ninty-six, by the six sections in the twelve sections, the eastern earth, also thus the western, in the same way also in the north and the south [on the left and on the right], the strings are purified in all the directions; i.e. there, [16.10] in the middle of the previously stated six sections, by the four, there is the lotus petal; by the two there is the half pericarp. In this way there are the spokes of the wheel by the four, by the two there is the row of marks,<sup>2</sup>

 $<sup>^{1}</sup>$  = 3.6 million miles?

<sup>&</sup>lt;sup>2</sup> Cihna-āvalī; MW cites Varāhamihīra's Bṛhatsaṃhitā 3.3 giving cihna as "zodiacal sign." Bhat however translates Bṛhatsaṃhitā 3.3's use of cihna more accurately as simply a mark, sign, or object. Chapter 3 opens with a discussion of how the point in the stars where the Sun's northern or southern course begins has changed over the centuries. Formerly the sun's

in the middle of the pericarp etc. there is the lotus of sixteen petals, on the outside of the petals of the lotus there is the dark blue row of pericarps. Its earth is black on the surface. And in the same way the spokes of the wheel are dark blue in the knowledge-constituent cakra. Then in the earth-constituent cakra the row of cakras is yellow, as are the spokes of the wheel, on the surface the earth is black. In the water-constituent cakra the row of lotuses is white, as are the spokes of the wheel, the earth is red on the surface. In the water-constituent element cakra the row of gems is red, as are the spokes of the wheel, and the earth is white on the surface. [16.15] In the wind constituent element cakra the row of swords is black, as are the spokes of the wheel, the ground is yellow on the surface. In the space constituent cakra, the lightning row is black, as are the spokes of the wheel, and the earth on the surface is dark blue. Then with the six sections the subsidiary earth, from the influence of the progenitor's happiness [5.27d]. In the east and in the southeast the black, in the south and in the southwest the red, in the west and in the northwest the yellow, and in the north and in the northeast the white, the door-cakras are like that--thus the eight cakras of the great cremation grounds. At the end of the eight

southern course (dakṣiṇāyanam) began from the star Āśleṣai, and the northern course (uttarāyaṇam) began from the star Dhaniṣṭhā. So it was stated in the ancient śāstrās. However, by the sixth century CE the situation had changed. The southern course began from the beginning of Cancer, and the northern course began from the beginning of Capricorn. One could verify this fact—that contradicted what was stated by the ancients—by direct observation. One way to do this was to mark the rising or setting of the sun against a distant object (dūrastha-cihna-vedhād udaye 'stamaye 'pi). (Bhat 1981{1}:23). The distant object serves as a reference point during sunrise or sunset, and then can be checked against the stars once it becomes dark. Cihnam is used for 'mark' or 'sign' several times in Bṛhatsaṃhitā 54, the chapter on exploring water springs. (see Bhat 1981{2}:1027 [Sanskrit word index] and 1981{2}:499-526). Varāhamihiraḥ tends to use rāśiḥ, the common term, for zodiacal signs. (see e.g. Bṛhatsaṃhitā 96.14a, Bhat 1981{2}:853).

doors, there are eight cremation ground *cakras* in the inside of the eight doors. So the sixteen cremation ground *cakras* have eight spokes, the eight goddesses are on the eight petals of the womb lotus, the skulls on the eight petals are filled with the nectar of immortality; in the insides of the inside of the eight goddesses, in the eight spokes in the six *cakras*, there are the forty-eight goddesses of the seats and adjacent seats etc. And so they are to be known as the heroines. On the outside, on the sacrificial altar, the eight serpent kings, at the base of the arch and pillar, the Dance of Love [goddess] etc. are on the arch over the door; the remaining characteristics of the door etc. are understood according to the *Kālacakramaṇḍala*. | |25-28||

Now, on the six cakra spokes etc., the seeds of the goddesses are stated-[16.25] 5.29: And with the short and long vowels, also, sa, ta, pa, ta, ca, ka, are
the void etc. syllables of the earth etc.;

In the spokes of the wind etc. the longs [i.e. the long vowels], through the influence of the course of the sun,<sup>2</sup> have the intrinsic nature of the earth etc. constituent elements; |

On the upper etc. spokes, the shorts [i.e. the short vowels], through the influence of the course of the moon, are at the top of each individual *cakra* spoke;

In the door, [and] in the space between the doors, situated on the surface of the sky, joined with ha and ksa, [they are] everywhere. | |29||

<sup>&</sup>lt;sup>1</sup> Verse **5.28c**.

<sup>&</sup>lt;sup>2</sup> I would suggest that the phrase *ravi-caraṇa-vaśāt* is not incidental as an explanation for why the long vowels have the intrinsic nature of the basic constituent elements; it's also curious that *dhātu* is mentioned repeatedly, while *paācamahābhūta* is not mentioned here.

[17.1] "With the longs" etc. With the longs, with the five vowels,  $\bar{l}$ ,  $\bar{u}$ , r,  $\bar{l}$ ,  $\bar{a}$ . And with the shorts, a, i, r, u, l, separated by these, of the six consonant classes of sa, ta, pa, ta, ca, ka, the void etc. syllables of the earth etc. are the longs in the wind etc. spokes. Here, in the knowledge cakra, there is the omnipresent presiding deity; for him, sI is in the northwestern/wind spoke,  $hp\bar{u}$  is in the northeastern/lord [spoke],  $\varsigma r$  in the southwestern/death [spoke],  $\varsigma \bar{t}$  in the southeastern one,  $h.k\bar{a}$  in the nadir. In between the cakras of the northwest and northern cremation grounds, these five dākinīs are the leaders of the five mandalas [17.5] at the transit into Scorpio, since they bring life-breath to all intelligent beings, i.e. by means of contraction in the right nostril. Then at the transit into Sagittarius, on top, hka is in between the northwestern and western cremation ground cakra; in the eastern spoke of the knowledge cakra is si, in the south is sr, in the north is hpu, in the west is sl; the current of the left channel is in the transit into Sagittarius. Then in the earth cakra the dental class is the presiding deity. For that [deity],  $t\bar{l}$  is in the northwest,  $th\bar{u}$  is in the northeast, dr is in the nouthwest,  $dh\bar{t}$  is in the southeast,  $n\bar{a}$  is in the nadir, in the northwest door, in the middle of the cremation ground cakra, i.e. at the transit into Virgo. Likewise in Libra, in the zenith, na, in the western door, dhi, [17.10] in the east dr, in the south dr, thu in the north, thl in the west.<sup>2</sup> Then in the water constituent element cakra, the pa class is the presiding deity. On its northwestern spoke is  $p\bar{l}$ ,  $ph\bar{u}$  is in the northeast, br is in the southwest,  $bh\bar{t}$  is in the southeast,  $m\bar{a}$ 

<sup>&</sup>lt;sup>1</sup> Sattva appears to be the Sanskrit equivalent of homo sapiens.

<sup>&</sup>lt;sup>2</sup> There are two bijamantras for the west here; should one be pātale, instead of paścime?.

is in the nadir, in the northeast door. In the same way there are the presiding deities in the transit into Cancer. Likewise in the Leo transit, ma is in space; in the northern door on the eastern spoke is bhi, in the south is br, in the north, phu, and in the west pl. Then in the fire cakra, the ta class is the presiding deity. On its northwestern spoke is tl,  $th\bar{u}$  is in the northeast, dt in the southwest, dho in the southeast, below  $n\bar{a}$ , in the southwest door--thus it is in the Taurus transit. Then in Gemini, na is in the zenith, in the southern door cremation ground, on the eastern spoke [17.15] dhi, on the southern dr, on the northern fhu, on the western fl. Then in the wind cakra, the ca class is the presiding deity. For that,  $c\bar{l}$  is on the northwest spoke, on the northeast spoke  $ch\bar{u}$ , on the southwest  $j\bar{r}$  on the southeast  $jh\bar{t}$ , in the nadir  $n\bar{a}$ , in the southeast door, in the Pisces transit. Then in the Taurus transit, in the zenith  $\tilde{n}a$ , in the eastern door cremation ground cakra, on the eastern spoke, jhi, on the southern,  $j_{i}$ , on the northern chu, on the western  $c_{i}$ . Then in the spaceconstituent element cakra the ka class is the presiding deity. On its northwestern spoke,  $k\bar{l}$ , in the northeastern  $kh\bar{u}$ , in the southwestern gr, in the southeastern  $gh\bar{t}$ , below  $\dot{n}a$ ; in between the southeastern and southern door, on top of the cremation ground cakra, [17.20] i.e. in the Capricorn transit. Then, in the Aquarius transit, in the zenith, na, in between southeastern and eastern door, on the eastern spoke, ghi, on the southern spoke gr, on the northern spoke khu, on the western spoke  $k\bar{l}$ . In the door, in the space between the doors, residing in the surface of the sky, joined with ha and kşa, going everywhere. Here, the twelve short and long phonemes of the six classes of consonants, that are the conveyors of the void mandala, are hkā,

hka, nā, na, mā, ma, nā, na, nā, na, nā, na, for the goddesses of the twelve cremation grounds. The others, through the division of the four sandhyās, are the four syllables at the end of each set of three transits, ha, hā, kṣa, kṣā, in the four-north, northeast, south, southwest--cremation grounds. [17.25] In this way, in the sixteen cremation grounds, there are the sixteen goddesses, in the six cakras, on the forty-eight womb lotus petals, there are the eight goddesses. The seeds [syllables] of these are a on the eastern petal, ah on the southern petal, am on the northern petal,  $\bar{a}$ on the western petal, ha on the southeastern petal, hah on the southwestern petal, ham on the northeastern petal,  $h\bar{a}$  on the northwestern petal. On the eight petals on the inside of the inside of them, there are the eight skulls. In the middle, the lightning sky-goer time cakra, Heruka, the lord, the leader, hūm, phram, and at the end of the seed [syllable] of the male and female sky goers, a lightning bolt; together with that the  $s\bar{l}$ -lightning bolt, the  $hp\bar{u}$ -lightning bolt, etc., [17.30] ending with the  $k\bar{l}$  lightning bolt. The male sky goers of these, through the division of states [bhāvabhedena] are the forty eight, the si-lightning bolt, and sr-lightning bolt. [18.1] Where the seed [syllable] of the female sky goer is long, then the seed [syllable] of the male sky goer is short; where [hers] is short, then [his] is long. The sl-lightning bolt and the silightning bolt, wisdom and method. [Similarly] the  $hp\bar{u}$ -lightning bolt, and srlightning bolt. So it is to be expressed everywhere. So one should sacrifice in the

<sup>&</sup>lt;sup>1</sup> In the following, it appears that the Tantra has added a fourth *samdhyā* rite to the standard Vedic three at morning, noon, and twilight; the fourth may be at midnight? The *samdhyā* are the rites for the three conjunctions of the day—i.e. sunrise, high noon, and sunset, and involve the *Gayatrī* with its invocation of the powers of the sun as *savitī*, asking that it inspire men's intellects. The *Mālinīvijayottaratantra* frequently speaks of all night, or late night and midnight meditation practices.

mandala the twice multiplied enclosing of the net of female sky goers--this is the rule. Here, what is the application in the reverse order of Scorpio, Sagittarius, etc., that is stated in detail. Here, with its explanation as restraining the twelve limbs [of interdependent occurrence according to ultimate truth, there is the application [of bījamantras] to the seats and subseats by the reverse order of Sagittarius, Scorpio, etc. With the progression of Capricorn and Aquarius etc. [18.5] there is application [of bīja-mantras] to the upapīlavas<sup>2</sup> etc., according to the interdependent twelve limbs. Just as in the triple Cakrasamvara the one is, by the reverse order of the fierce and non-fierce eye etc., there is application [of seed mantras] to the seats etc., the second is by the great hero etc.; by the sequential order with the sub-cremation grounds etc. Here what is concealed in worldly practice is to be known as revealed. So in the northwest etc. spokes, the longs are from the influence of the course of the sun. In the right/southern channel, from the influence of the course of the prāṇā. On the upper etc. spokes the shorts, through the influence of the course of the moon, [18.10] in the left/northern channel, through the influence of the course of the prāṇa, the application [of seed-mantras] is stated. In sequence, again, covertly, by

<sup>&</sup>lt;sup>1</sup> Nyāsa, of mantras.

<sup>&</sup>lt;sup>2</sup> Upapīlava and pilava, like the words chandoha and upachandoha are used in Buddhist Tantric texts to designate pilgrimage sites, though so far no one has resolved their etymology satisfactorily. The closest word I can find to pīlava is pīlu, the name of the tree Careya Arborea or Salvadora Persica (MW). Upapīla appears again at 18.11, and at 20.10 we have the four pīlavas, or the four veśmans (houses, mansions). Sodhalanighantuh 1.575b-576a (in the chapter on bitter herbs etc., Amlādivargaḥ), lists the following synonyms for pīlu: srāṃsī, šītasaho, dhānī, guḍaphalo 'pi ca¦ | virecanaphalaḥ, šākhī, syāmaḥ, karabhavallabhaḥ| Sharma 1978:63). Dhanvantarīyanighantuh gives us a similar list of synonyms, adding that it removes blood and bile, and its fruit is bitter and heating. (Narahari 1986:178). See Chapter 10.6 for a full discussion of these terms.

upapilavādin etc., in the mandalas of Capricorn etc., the long and short syllables of the ka, ca, ta, pa, ta, and sa classes are to be given. The syllables ka etc. are expanded by the vowels l etc., exoterically; the syllables hka etc., the shorts, are expanded by the vowels a etc., with the divisions of Sagittarius, Capricorn, etc. So the earth etc. are in the northwest etc. spokes, through the course in the southern/right mandala; in the upper etc. spokes are space etc. through the course in the northern/left mandala—this is the rule for the meta-self. | |29| |

[18.15] 5.30: The female sky goers consist of the short [syllables], have one face, with knives and skull-shells in their hands;

Stretched out in the archer's pose<sup>2</sup> with their individual petals, born of Danu,<sup>3</sup> drinking blood, with loose hair, naked;

On the feet, on the hips, on the forehead, on the ears, throat, and hands, a rattling etc.<sup>4</sup> bone seal,

A garland with broken skulls on the head, on the surface of the hips, with

<sup>&</sup>lt;sup>1</sup> Sasadhara = the moon = a name for "one."

<sup>&</sup>lt;sup>2</sup> Ālīdhāh. De Mallmann describes this under her classification of dynamic standing positions (sthānaka), posture split towards the left, with the right leg stretched out, the left one flexed. *Pratyālīḍha* is the reverse, with the left leg stretched out, and the right leg flexed. (De Mallmann 1975:9).

<sup>&</sup>lt;sup>3</sup> Danuja, or Dānava, a demon. Danu was one of Dakṣa's daughters. The Dānavas are a class of demons opposed to the devas, mentioned from the RV onwards. Danu is one of 13 wives of Kasyapa, all daughters of Dakṣa-others engender men, animals, gods, etc. 27 other daughters of Dakṣa become the moon's wives and form the lunar mansions. We find no mention of Danu in De Mallmann 1975, nor in the Niṣpannayogāvalī. The name does not show up in the Śaivite Tantras either, as far as I've checked--so I suspect either a corruption in the text, or some local tradition incorporated into the verse--both speculations, though. It could be that the text should read dhanu-ja, i.e. produced or born from the bow.

<sup>&</sup>lt;sup>4</sup> Ghurghurā: a great noise, a growling, etc. Here it appears to refer to rattling, a sound made by bones, probably intended to be quite loud.

the five colors of the Conquerors. | | 30 | |

5.31: The two-faced male sky goers, in their hands excellent spear points<sup>1</sup> and damarus, lightning-bolt-staffs and bells,

[18.20] Round the neck a glorious garland of skulls, and on the head, a crown, and a jewel in a lightning-turban,

With a beautiful throat, an anklet on the foot, a golden ornament on the hand, a girdle, earrings,

A garland with filled skulls, with the ash seal covering the entire body of the tusked one. | |31 | |

5.32: The protector's garland with skulls is on the head, and the garland of bald heads is around the throat, with a hundred faces;

The half-moon is on the lightning head, on his own hips and hands are tiger skins and elephant skins;

[18.25] The two lords of  $M\bar{a}ra$  are on [under] the soles of his feet, the moon, sun, and fire are in the mandala, and ashes are on his limbs;

The consort joined with the serpent chief, like the cosmic fire the female sky-goer, kissing. | |32| |

5.33: On the cardinal direction leaves of the female sky-goers is the one who possesses the abundant *damarus*, the lightning ascetic staff, in fact,

With excrement, urine, blood and human flesh, situated on the petals in the intermediate directions, and with a Soma vessel in hand;

<sup>&</sup>lt;sup>1</sup> Pavi is a Vedic term for the point of a spear.

[19.1] And like that also the eight goddesses, and the cakra of the meeting of both happinesses, all around;

Yellow, white, sun-like, dark colored and green body, dark blue colors in its own directions. | | 33 | |

5.34: The colors [and] marks of the protector, in the clan of the conqueror's progenitor, are as before; the net of the three-eyed one,

And mutually embracing, are to be known everywhere from the influence of one's own and the other's clan;

[19.5] With the various etc. aggregates and elements, with the sense objects and senses, and with the five other sense organs etc.,

With the directions and the earth, with the powers of the directions, and by those [females] dwelling with the sons of the conqueror, the goddesses are to be purified. | |34| |

These five extra verses are easily understood. | | 30-34 | |

Now the place of the seats etc. of the goddesses is stated--

5.35: With the eight divisions in the directions of Mt. Meru, all the seats and subseats are situated in the cardinal and intermediate directions;

[19.10] The field, the Vedic recitation ground, the meeting ground, and the cremation ground, from the half-boundary of the houses and wind;

On the solar ground of the Buddha, the atom of the body-born men, [and] of the earthly deities and asuras;

<sup>&</sup>lt;sup>1</sup> Chandoha-melāpaka-citi-bhuvanam.

From the power of the lord, the one day expands, the clan [expands] through the manifestation of the sun and moon. | |35||

"Of Mt. Meru" etc. Here, in the directions of Mt. Meru--in the zenith the Yogintcakra ending in the wind circle, on the earth below the course of movement is for the purpose of conscious beings. Hence in the ocean circle, in the fire circle, in the wind circle, ending in the space [circle], as far as 500,000 yojanas [19.15] in the world constituent element/realm mandala, there is pervasion that ends in the hair in the body of conscious beings, because of practicing with the yoginis by the lord. Here on top of Mt. Meru is the lord's five hundred thousand yojana womb lotus with eight petals. Its three sections are the pericarp, the solar mandala on top of the pericarp, [and] on top of the sun, on the surface of the right foot of Kālacakra, there is Mārah, addiction is on the sole of his left foot, and that is Rudra. On the eight petals the eight lightning sky goers, Smoke, etc. On the inside of the inside of them, on the petals, the eight skulls filled with the nectar of immortality. Thus the sixteen petalled bliss cakra, with the divisions of the sixteen blisses, the goddesses, and the skulls. [19.20] Because the lord holds the four drops, he has four faces; from blocking the twenty-four fortnights, he has twenty-four hands; from blocking the two fortnights of the intercalated month, he has the two additional hands of the conqueror; as previously stated [he] is swift as lightning. The single face of *Bhagavatī* is emptiness; the pair of arms are the causeless and the unapplied; the knife, the skull,

<sup>&</sup>lt;sup>1</sup> Vajravega, having the swiftness or speed of a bolt of lightning, is also the name of a Rākṣasa in the Mahābhārata, and of a Vidyādhara in the Kathāsaritsāgara.

the seal, etc. is the lack of ideas. So, in the external lotus, in the eight directions of Mt. Meru, with the distinction of the directions, there is the five hundred thousand yojana--by the measure of the earth circle--knowledge constituent element cakra; in its three portioned earth there is a row of knives, with its two portions eight spokes. So in half the ocean there is the earth cakra, in half the latter [i.e. land] there is the water [19.25]<sup>2</sup> cakra. Likewise in half the fire circle there is the fire cakra, in half the latter there is the wind cakra. Then in half the wind circle there is the space cakra, and in half the latter there is the sky and earth [rajobhūmih]. In the space circle there are the sixteen cremation grounds. This is the rule. Because here there is the five-cubit body ending in the hair; with that there are the external cremation grounds in the space mandala; by the purification of that there is the world realm and the five hundred thousand yojanas in the great Cakrasamvara. So, sequentially, in the eight directions of Mt. Meru, in the knowledge realm cakra, the seats [20.1] are in the directional spokes, because of stopping old age and death by stopping Sagittarius; the subseats are in the intermediate direction spokes, because of stopping birth by stopping Scorpio. Likewise the pair of cremation grounds. Then in the earth constituent element cakra, in the directional spokes, there are the four fields, because of the blocking of becoming by the blocking of Libra. The subseats are in the intermediate direction spokes because of the blocking of grasping for existence<sup>3</sup> by stopping Virgo. Likewise a pair of cremation grounds. Then in the directional

<sup>&</sup>lt;sup>1</sup> Anabhisamskära.

<sup>&</sup>lt;sup>2</sup> The line number here in the Sarnath edition should read "25," not "30."

<sup>&</sup>lt;sup>3</sup> Upādāna.

spokes in the water constituent element cakra the four chandohas, [20.5] because of the blocking of craving [trṣṇā] by the blocking of Leo. The sub-chandohas are in the intermediate direction spokes because of stopping painful sensation (vedanā) by the blocking of Cancer. Likewise the pair of cremation grounds. Then in the fire constituent cakra, in the directional spokes, the four meeting places, because of stopping touch by stopping sexual union. The adjacent meeting places are in the intermediate directional spokes because of stopping the six bases of consciousness by stopping Taurus. Likewise the pair of cremation grounds. Then in the wind constituent element cakra, in the directional spokes, the four cremation grounds, because of the blocking of name and form by the blocking of Aires. In the intermediate directional spokes the sub-cremation grounds, because of the blocking of vijñāna by the blocking of Pisces. Likewise [20.10] the pair of cremation grounds. Then in the space constituent element cakra, in the directional spokes, the four pīlus, or the mansions, because of the blocking of mental creations by the blocking of Aquarius. In the intermediate directional spokes the sub-pīlus, because of the blocking of ignorance by the blocking of Capricorn. Likewise the pair of cremation grounds. By the blocking of the samdhyās and the four transits, there are the four sub-cremation grounds. Then by blocking the sixteen digits of the moon, there are the sixteen cremation grounds. Thus "[possessed of] the true meaning of the twelve

<sup>&</sup>lt;sup>1</sup> Melāpaka. None of the terms chandoha, melāpaka, pīṭha, or their upa- forms appear in the Dharmasamgrahaḥ. Śmaśāna appears in relation to the ten ascetic practices (as śmaśānikāḥ, i.e. some undefined practice related to cremation grounds). (Kasawara et al 1885:13). See Chapter 10.6.

forms, knowing the principles of the twelve forms,"  $(N\bar{a}^{\circ} Sam 1.15)$ , by stopping of the eight portions of the day, the eight goddesses. Now from stopping the day, i.e. in the exoteric support, [20.15] the goddesses are unveiled as having the intrinsic nature of what is to be supported. From the [perspective] of ultimate truth, by worldly concealment again, the production of the *mantra* deities in what consists of the seats etc., is stated by the lord in the **root Tantra**, as follows--3

a)  $K\bar{a}mar\bar{u}pa$  and  $J\bar{a}l\bar{a}khya$ ,  $P\bar{u}rnagiri$  likewise,  $Oddiy\bar{a}na$  are the fourfold  $p\bar{\iota}_{\xi}ha$ ; their  $n\bar{a}yik\bar{a}s$  are in si, sr, pu, and  $s\bar{\xi}$ .

<sup>&</sup>lt;sup>1</sup> Davidson's edition gives this as verse 133a (Davidson 1981:59). He translates it as "His referent truth in twelve aspects, knowing the sixteen aspects of reality, he is totally enlightened to the twenty aspects, awake, omniscient and supreme." (Davidson 1981:34--the second half of the verse reads: vimśatyākāra-sambodhir vibuddhah sarva-vit parah).

<sup>&</sup>lt;sup>2</sup> Prahara: about 1/8th of a day, or about a three-hour stretch.

<sup>&</sup>lt;sup>3</sup> Verses lettered by me for reference purposes, with detailed notes on the place names following; the locations of the following places are taken from Monier Williams' dictionary, Apte's, Nundo Dey's <u>The Geographical Dictionary of Ancient and Medieval India</u>, an invaluable work that first appeared in serial form in the *Indian Antiquary*, and the more recent <u>A Historical Atlas of South Asia</u> (see Schwartzberg 1992). I have not give page citations for these sources since the names can be easily looked up in Apte, MW, and Dey, and are all listed in the detailed Index to Schwartzberg. The majority of listings from Schwartzberg may be found on map 32a, "South Asia in the Age of Ghaznavids, Cāhamānas, Later Cālukyas and Colas, c.975-1200.

<sup>&</sup>lt;sup>4</sup> (i) Kāmarūpa is the name of Brahmaputra river valley in Assam, in the extreme northeast of India. In ancient times it referred to both the land and its people; Dey says = Assam, with its ancient capital in Kāmākhya or Gauhatī. (ii) Jālākhyam, not listed in MW, Apte, or Dey, literally: 'the place called jāla'; closest name we have is Jālandhara, off the Sutlej river in the Panjab. (iii) Pūrṇagiri, Schwartzberg identifies as a place of Śākta worship, located roughly at the location of the modern Bijapur in Karnataka. MW: N. of a place, cited from 'catalogues,' literally: the full mountain—pūrṇa is also listed in "Cat." as a form of the sun; not listed in Apte or Dey. Dey gives Purṇā as either a branch of the Tapti river, or a branch of the Godāvarī river. (iv) Oddiyāṇa, the Swat region of modern Pakistan. N. of a place (as Uddiyāṇa), Naudou locates it southwest of Kaśmīr. Dey identifies it with Ujjayinī, yet given that Ujjāyinī was an ancient captial of Mālava, listed in the next verse as an upapīṭha, this seems an unlikely identification. In the Sādhanamālā (sādhanam #225) we have an Ūrdhva-pāda-vajra-vārāhī-sādhanam that Abhayākaraguptah tells us is Odiyāna-vajrapīṭha-vinirgatam, i.e. that comes from Odiyāna. (Bhattacharyya 1972{2}:438-439).

- b) Godāvarī and Rāmeśam, Devīkottam and Mālavam are the four [20.20] upapī  $\xi$  has; their nāyikās are in  $s\bar{l}$ ,  $p\bar{u}$ ,  $\xi r$ , and  $\dot{s}ya$ .
- c) Arbudam, Munmunt, Odram and  $K\bar{a}ra(u)\eta yap\bar{a}takam$  are the k setras; dh, dr, thu, and tl are the basis of the goddesses on the surface of the earth.
- d) Trisakunt is an upak setram, as are Karmārapātakam, Kosalam, and Lādadesam; the nāyikās are in  $t\bar{l}$ , thū, dr and dhī.

<sup>1 (</sup>i) Godāvarī--"granting water or kine;" N. of the Deccan river emptying into the Bay of Bengal. (ii) Rāmeša listed in MW only as name of an author, or name of a linga. Schwartzberg and Dey locate Rāmeśvaram (= Setubandha) at the beginning of the old landbridge to Śrī Lanka, an island separated from the Indian mainland by the Pumben passage. with a well-known temple of Rāmeśvara. (iii) Devīkotta, Schwartzberg gives a Devikota for the modern Bangarh, on the border of Bangladesh. MW identifies as N. of a town on the Coromandel coast-SE India, on Bay of Bengal. Dev identifies it with Sonitapura, on the bank of the Kedār-Gangā river, off the road from Harwar to Kedārnāth. I'd be inclined to accept the Schwartzberg identification. (iv) Mālava = Malwa or Avantī in central India; Dey says that before the 7th or 8th century it was called Avanti-citing Rhys Davids' Buddhist India p.28, and Kathāsaritsāgara 19. If this is true, it would suggest a post 7th-8th century date for the composition of the Mūlatantra. However, I've not yet had the chance to research this name development myself. MW, from 'catalogues' lists 8 nāyikās as śaktis of Durgā: Ugracandā, Pracandā, Candogrā, Candanāyikā, Aticandā, Cāmundā, Candā, and Candavatī: he also lists 'a class of female personifications representing illegitimate love': Balint, Kāmeśvarī, Vimalā, Aruņā, Medinī, Jayinī, Sarveśvarī, Kauleśī; a kula-nāyikā is defined as 'a girl worshipped at the celebration of the orgies of the left-hand Saktas.'

<sup>&</sup>lt;sup>2</sup> (i) Arbuda is in the Vedas the name of a serpent demon conquered by Indra, and of the author of RV 10.94, later the term for a fetus, then also the name of a mountain in western India (aka Abū, a pilgrimage site for Jains); Dey identifies it as Mount Abu, in the Aravali range, in the Sirohi State of Rajputana. The modern region is the Pali district of Rajasthan. It was Rṣi Vaṣiṣṭha's hermitage, and is one of the five sacred hills of the Jains (the others being Śatruñjaya, Samet Sikhar, Girnar, and Candragiri). (ii) Munmunīkṣetra is not listed in Schwartzberg, MW, Apte, or Dey. One possibility is Munnessarama, on the west coast of Śrī Laṅka, though the Mūlatantra list of place names does not include any specific locales on the island. (iii) Odra (Udra) is the name of a country = modern Orissa. Schwartzberg identifies the 10th century Odra as just the lower valley of the Mahānadī valley as the river empties into the Bay of Bengal. (iv) Kāraļuļnya-pāṭakam--again, not listed in Schwartzberg/MW/Apte/Dey. Kāranya-paṭaka would = something like "the artisans' village." There is a Karanja from the 17th century in the modern Akola district of Mahārāṣṭra that may have been Karanya, though this is speculative.

<sup>&</sup>lt;sup>3</sup> (i) Śakuni, a bird, a demon or Asura, also a character in MBh and Hariv., councilor to Duryodhana. Śakuni was also the N. of a son of Subala, king of Gandhāra, and

- [20.25] e) And the fourfold chandoham is Kalingam, Harikelam, Candradvīpam and Lampākam; the nāyikās are in bhi, br, phu, pl.1
- f) Kāñcī, Konkanakam, likewise Himālayam, and Nepālam are the fourfold upachandoham; the nāyikās are in  $p\bar{l}$ ,  $ph\bar{u}$ , br and  $bh\bar{t}$ .<sup>2</sup>

Duryodhana's maternal uncle, advising him on schemes to elminate the *Pāṇḍavas*. Triśakuni is not listed in Schwartzberg/MW/Apte/Dey. (ii) Kārmāra-pāṭaka--literally, "the blacksmith's village." Not listed as such in Schwartzberg/MW/Apte/Dey. (iii) Kośala--country, with capital in Ayodhyā, modern Oude, cited in Pāṇinī, MBh, Rām. etc.; at the time of Śākyamuni Buddha Kośala was a powerful kingdom with incorporating Kapilavastu and Banaras. (iv) Lāḍadeśa--MW cites catalogues for lāḍa as name of a royal race; Lāda is the name of one of the servants who sacrifices himself on (883-902CE) King Śaṃkaravarman's funeral pyre (Rajatar.5.27); ladaka is the name of a people in the MBh. Dey says Lāḍa = Lāṭa: southern Gujarat, between the rivers Mahi and either Tapti or Kim. There was apparently another Lāḍa identical with Rāḍha, in Bengal west of the Ganges. Schwartzberg refers us to Ladakh under Ladaka.

- <sup>1</sup> (i) Kalinga. Schwartzberg locates to the coast of Orissa in the modern districts of Ganjam and Puri. MW: 'name of a people and their country (the N. is applied in the Purānas to several places, but especially signifies a district on the Coromandel coast, extending from below Cuttack [Kataka] to the vicinity of Madras.)'; Dey says 'The Northern Circars, a country lying on the south of Orissa and north of Dravida on the border of the sea.' Kalinganagara was apparently the ancient name for Bhuvaneśvara in Orissa. Apte gives the following unsourced quote from 'the Tantras:' "Beginning from Jagannātha, going to the end of Krsnātīra, my dear, Kalingadesah is said to have the left-path as the highest." (Jagannāthāt-samārambhya kṛṣṇātīra-antagah priye¦ Kalingadeśah samprokto vāma-mārgaparāyana.) (ii) Harikela. Schwartzberg locates in North Tripura and the Kanmganj and Hailakandi districts of modern Assam. MW gives harikelīya, "at play with Kṛṣṇa," the country of Bengal; Apte also gives Harikelīyah, synonymous with Vangā, the Sanskrit name for Bengal. (iii) Candradvīpa. Schwartzberg identifies as a town in the Ganges delta, in the modern Bangladeshi region of Perojpur in Kulna. MW: N. of a dvīpa, cites Romakasiddhānta as source; Dey has no listing. There was a Candrapura in the Madhyadeśa, and a Candrapuri in Oudh. Apte adds a Candrabhāga the river Chinab; Candravatī as Chanderi in the Lalitpur district, Madhyapradesa. (iv) Lampāka. Schwartzberg identifies a Lampāka northwest of Takşaśīla on the Kubhā river dating from the Mauryan empire. MW: a people and land in MBh and Pur., acc. to some the district of Lamghan in Cabul; supposedly = murunda, the name of a King in the  $V\bar{a}savadatt\bar{a}$ , the 7th century ce fictional work by Subandhu; Vāsavadattā's story is mentioned by Pānini 4.3.87 and his commentaries; murunda is the name for a dynasty and people in the Visnupurāna. Apte gives "N. of a country," or "a libertine." Dey agrees essentially with MW, = "Lamghan, on the northern bank of the Kabul rivers near Peshawar," 20 miles NE of Jalalabad.
- <sup>2</sup> (i) Kāñcī is the ancient name of Konjeevaram, near Madras; Apte: regarded as one of the sacred cities of the Hindus. (The seven sacred cities are Ayodhyā, Mathurā, Māyā, Kāśī,

- g) Mātrgrham, Prayāgam, Kollagirih, and Grhadevatāh are the [20.30] fourfold Melāpakam; the nāyikās are in dhi, dr, shu, shl.
- [21.1] h) Saurāṣṭra, and Kāśmīra, Suvarṇadvīpa and Siṃhala [constitute] the upamelā[pa]ka; the nāyikā are in the  $t\bar{l}$ ,  $th\bar{u}$ , dt, and  $dh\bar{t}$ .
- i) Nagaram, and Mahendraśālam, Sindhudeśam, and Kirātakam are the fourfold

Kāñcīvarāntikā, Purī, Dvārāvatī.) Conjeevaram is about 43 miles SW of Madras. (ii) Konkanakam—Schwartzberg identifies as the coastal region of Maharashtra south of Bombay. MW: N. of a people on the western shore of the Deccan, cited from Harivaṃśa 784; Dey says = Paraśurāma-deśa (citing Bṛhatsaṃhitā 14), with capital Tāna; 'It denotes properly the whole strip of land between the Western Ghāts and the Arabian Sea.' Apte adds that Konkadeśa the modern Coimbatore, Salem, parts of Tinnevelly and Travancore. (iii) Himālaya = the mountains. (iv) Nepāla = the country. The references to Himālayam and Nepālam, generic terms for regions, without apparently any reference in this list of places to specific places in Nepal, Tibet, or Central Asia (taking the Kabul region as part of the greater India of old), juxtaposed with a large number of specific place names from India, suggest to me that the Kālacakramūlatantra was a product of the Indian subcontinent, not Central Asia as some have suggested. The logic of this point is simple—were the root Tantra really a product of Central Asia, then we ought to find some specific place names from Central Asia mentioned as pilgrimage sites. We do not.

<sup>1 (</sup>i) Mātrgrham--MW: a temple of the divine mothers, citing Kādambarī as source. Schwartzberg, Apte and Dey have no listing. This may be an alternate name for Mathura. (ii) Prayāga--place of sacrifice, name of a celebrated pilgrimage site now called Allāhābad, at the confluence of the Gaṅgā and Yamunā with the supposed subterranean Saraswatī. Formed part of the kingdom of Kośala. (iii) Kolagiri. Schwartzberg identifies Kola as the region of Coorg or Kodagu in Karnataka. Kolagiri would presumably have been a mountain in that area. Kolagirif is cited in MBh. ii.1171, acc. to MW, who says simply, 'the name of a mountain.' Dey says Kolagiri = Kodagu (Mbh Sabha, ch.30; Pargite'r's Markand.P. p.364) - Coorg, a country on the Malabar Coast. (iv) Grhadevatāh, literally, the house-deities; MW cites Bhāminīvilāsa iii.12, Āśvalāyanagrhyasūtra, Gautama-dharma-śāstra, Mrcchakatikā 1.14-15, Kathāsaritsāgara 4.74.. Schwartzberg, Apte and Dey have no additional information.

<sup>&</sup>lt;sup>2</sup> (i) Saurāştra—the Surāt region, the southernmost portion of Gujarat. (ii) Kāśmīra = Kaśmīr. The general reference to Kaśmīr, as with the general references to Nepal or the Himālayas, suggests that the root Tantra did not originate in Kaśmīr. (iii) Suvarṇadvīpa. Schwartzberg identifies as the Malay peninsula; lit: 'the golden continent, MW: prob. the name of Sumatra, cites Kathāsaritsāgara and Buddhist sources; (iv) Siṃhala is Ceylon or Śrī Laṅka. Again, the text exhibits a detailed knowledge of the Indian subcontinent; regions peripheral to the subcontinent, such as Ceylon or Sumatra, are simply named, like Nepal or Himālaya, and here, Kaśmīr.

cremation ground; the nāyikāh are in jhi, jr, chu, and cl.1

- [21.5] j) Marudeśam, and Gahvaram, Kulatā, likewise Samalam are said to be the upaśmaśānam; the nāyikāh are in  $c\bar{l}$ ,  $ch\bar{u}$ , jr,  $jh\bar{l}$ .
- k) Caritram, and Harikelam, Vindhyam, Kaumārīkāpurī are said to be the fourfold pīlavam; the nāyikāh are in ghi, gr, khu, and dhī.<sup>3</sup>
- 1 (i) Nagaram denotes town or city, and is itself the name for several in (MW:) T.Ar., MBh.. Manu, etc. Dey offers Camatkārapura as synonym, or Nagarahāra. The latter was located at the confluence of the Kabul and Surkhar rivers., or else on the southern bank of the Kabul river, a few miles from Jalalabad. Camatkārapura = Ānandapura in Ahmadabad. Schwartzberg says that Nagara refers to Jalalabad, so this may be the most likely identification. (ii) Mahendrasailam = the name of the Mahendra mountain range, aka Mahendragiri, located along the coast of southern Orissa and northern Andhra Pradesh: (MW:) cited in Rāmāyana 6.54.4; 4.49.43. Dey identifies these as a range from Orissa to Madura, including the Eastern Ghats, and the range from the Northern Circars to Gondwana. (iii) Sindhudesam, the land of Sindh. Schwartzberg identifies Sindhu as the broad region of the lower Panjab river valley. Above its confluence with the Chinab river, the Indus river is called the Sindh River. (iv) Kirātakam, the Kirāta are a mountain tribe. Schwartzberg identifies Kirata as the region of central and eastern Nepal, Sikkim, and Bhutan. Dey tells us Kirāta = Tīpārā/Tīppera, part of Tripura state and Chittagong in Bangladesh. Dey adds that the Tripuresvarī temple in Udaipur, Hill Tipārā, is one of either 35 or 52 Pīthas.
- <sup>2</sup> (i) Marudeśam, maru denotes wilderness or desert. Schwartzberg says Marudeśam = Marwar, the region of Rajasthan containing Jodhpur. MW: given as the N. of a country in Kātyāyana Śrautasūtra and commentary; Apte N. of a district. Dey gives only Mārubhūmi (probably the same) = Mārushtalī = the great desert east of Sindh; i.e. Rajputana. (ii) Gahvaram, deep or impenetrable, a cave or arbor. No additional information in Schwartzberg, MW, Apte or Dey. (iii) Kulatā, lit: clan-ness, not listed in MW, Schwartzberg, or Apte. Dey however has Kulūta, a section in the Kangra district, upper valley of Bias River, NE of Kangra., i.e. the Kathua and Kargil districts of modern Jammu and Kashmir; on the left bank of the Chenab river here there is a famous pilgrimage site called Trailokyanātha, with a six-handed image of Avalokiteśvara, worshipped also as an image of Mahādeva. (iv) Samalam, with stains or spots, dirty. Schwartzberg/MW/Apte/Dey have no listing for this. The Sarnath editors offer Mamalam as an alternate reading, most likely an alternate reading for Māmalapūram, a town Schwartzberg locates on his map c.550-700 A.D. a bit north of Pondicherry in the Chengal Anna district of Tamil Nadu.
- <sup>3</sup> (i) Caritram. Schwartzberg locates a bit south of Puri, at the mouth of the Mahanadi rivers in Orissa. Dey says Caritrapura = Puri in Orissa. (ii) Harikelam, repeat from (e), Bengal; (iii) Vindhyam, the mountain range; separates "Hindustan" from the Deccan, forming southern limit of Madhyadeśa. The Vindhyas are one of the seven Kulaparvatas. (iv) Kaumārikāpurī: denotes 'city of the young ladies,' and refers to Cape Comorin, the southern extremity of the Indian subcontinent. In his map of Purāṇic India Schwartzberg identifies

- l) Upaveśman, Virajas, Konkam, Tripurī and Śrīhattakam, this is said to be the fourfold; the  $n\bar{a}yik\bar{a}h$  are in  $k\bar{l}$ ,  $kh\bar{u}$ ,  $g\bar{r}$  and  $dh\bar{l}$ .
- m) The twelve  $\underline{h}ka$  etc. are the female messengers, the  $n\bar{a}yik\bar{a}h$  of the void mandala; [21.10] the four ha etc. and the sixteen are in the external cremation grounds.
- n) a,  $\bar{a}$ ,  $a\eta$ , ah, ha,  $h\bar{a}$ ,  $ha\eta$ , hah, these are the female messengers on the lotus petals; on the eight indeed are the skulls, the pericarp, the village- $n\bar{a}yik\bar{a}h$ .<sup>2</sup>
- [21.15] o) By the cessation of the twelve limbs, since they are an obstacle to the basis of the transits,<sup>3</sup> the twelve grounds are known as the pI thah etc., according to ultimate truth.
- p) In conformation with ignorance etc., by concealment in Capricorn etc. [and] by Sagittarius etc. in the reverse course, they are old age, death, etc.
- q) With the property of unveiling, the female sky goers are the body's constituent elements, [21.20] said to be of seventy-two types, according to the purified

Kumārī at Cape Comorin. Pīlavam: here the fourfold pilus are defintively names of places.

<sup>&</sup>lt;sup>1</sup> (i) Upaveśman, not listed in Schwartzberg/MW/Apte/Dey, would denote 'the adjacent house.' (ii) Virajas denotes 'free from dust,' or 'free from passion.' Schwartzberg says it is the same as Jaipur; not listed as a place in MW/Apte/Dey. (iii) Konkam, probably the same as Konkanakam in (f) above. MW: the name of a country, Bhāgavatapurāna 5.6.8, 5.6.10; Apte: the strip of land between Sahyādri and the ocean (MBh. 6, and Rājataranginī 4.159). (iv) Tripurī. Schwartzberg says = modern Jabalpur in Madhya Pradesh. (Apte:) N. of a place near Jabbalpura, formerly capital of the Chedi dynasty; Dey: Teor, on the river Nerbuda, seven miles west of Jabbalpur--where Mahādeva supposedly killed Tripurāsura. (cf. Doug Brooks' Secret of the Three Cities--Brooks 1990:103). (v) Śrīhattakam. Schwartzberg identifies as the modern Sylhet, formerly also the region of the Cachar, Hailakandi, and Kanmganj districts of Assam. MW has Śrīhatta, as Silhet, a town, as does Dey, citing Yoginītantra 2.6.

<sup>&</sup>lt;sup>2</sup> Kheta, a village or residence.

<sup>&</sup>lt;sup>3</sup> Lagna-ādhāra-pratyūhatah.

differentiation of the dharmas.4

r) By concealment those who are perfected in mantras are the nāyikāh in the houses etc.; now their seed syllable should be the beginning of the pttha etc.<sup>2</sup> (Vimalaprabhā continues): In that way, kā, jā, pū are in the pīţhas; go, rā, de, mā in the upapīţhas; a, mu, ao, kā in the kṣetras; tri, ka, ko lā in the upakṣetras. Ka, ha, ca, la are in the chandohas; [21.25] kām, kom, hi, ne in the upachandohas. Mā, pra, ko, gr in the melāpakas; so, kā, su, sim in the upamelāpakas. Na, ma, si, ki are in the śmaśānas; ma, ga, ku, sa, in the upaśaśānas. Ca, ke, vim, ko are in the pīlavas; vi, kom, tri, śrī in the upapīlavas. Likewise in the sixteen cremation grounds, in the northwestern door, on the left and the right, kam, ka, la, la, kam and likewise ko, la, ha, la, ko. Also hka, hkā. So in what is foul smelling<sup>3</sup> [22.1] pū is in the serpent fang, sa is in the western and northwestern doors. Now na, nā, kl,  $k\bar{l}$  are in the northern door; for the young child and for death,  $b\bar{a}$  is in the northeastern [door]. Then ma,  $m\bar{a}$ , when there's corpse-burning  $s\bar{a}$ , in the terrible battle, gha. Then na, nā in the southern and southwestern door, in the tridentdivision,  $^4$   $\dot{su}$ , u in the remainder. Now  $\bar{n}a$ ,  $\bar{n}\bar{a}$  in the eastern and southeastern door; on the left and right of the southeastern door for the terrible one bhi, for the fear-

<sup>&</sup>lt;sup>1</sup> Dharma-śuddha-prabhedatah.

<sup>&</sup>lt;sup>2</sup> This notion of the *bījākṣara* of the house-nāyikāh being the first syllable of the *pīṭha* [name, presumably], sounds just like the explanation given in the Mālinīvijayottara for finding the location of the secret groups of Tantric practitioners.

<sup>&</sup>lt;sup>3</sup> Pūti-gandha - adj. foul smelling, stinking; m. sulphur; stench.

<sup>&</sup>lt;sup>4</sup> MW lists as 'the name of a place' from catalogue sources. Dey says śūla-bheda-tīrtha = śūlapāṇī = Makri Fall, a place of pilgrimage near the confluence of the Nerbuda river and the mountain stream Sarasvatī.

<sup>1</sup> Attāttahāsa.

<sup>&</sup>lt;sup>2</sup> Phetkāra.

 $<sup>^{3}</sup>$  Avatāraņaya = dative singular of avataraņam.

<sup>&</sup>lt;sup>4</sup> This is the first definitive statement in the text repudiating the practice of pilgrimage. So what we have here is a careful *btja-mantra* mapping to the well-known pilgrimage places in India of (probably) the 10th-11th century, with the specific claim that pilgrimages to these sites are not necessary for the Tantric initiate. The logic of this procedure is that the *btja-mantra* code provides the initiate the ability to step out of the restrictions of normal spacetime. Most folks need to travel to these pilgrimage sites for the appropriate time-determined (i.e. astrologically determined) experience of the divine presence through those sites. However, here it is claimed that the Tantric initiate can command the same experience of the divine presence through the magical power of this Sanskrit code system.

<sup>&</sup>lt;sup>5</sup> This statement indicates that at least Pupdarīka was acutely aware of the non-Indian potential audience of this text, and the larger trans-Asian Buddhist community he belonged to. One might expect that were the text, or Pupdarīka from outside of India, the *Tantra* or Pupdarīka might well mention other towns in these areas (Tibet, China, etc.) with the argument that their local deities were somehow relevant, or needed to be considered. In terms of internal dating markers, this remark strongly indicates that at least the *Vimalaprabhā* was written after Buddhism had spread into Tibet and China, unless we chose to interpret this geo-theological sensitivity to prophetic awareness.

[22.10] The  $p\bar{t}$  tha may be  $P\bar{u}rvavideha$ , and it may be  $Jambudv\bar{t}pa$  in the south |

In the west it may be Aparagodhānī, [and] in the north Uttarakuru|

The *upadvīpas* may be in the intermediate directions, the *upapīţhas* may be on the surface of the earth!

In this way all the k setras etc. may be in the circles of the oceans etc.  $\frac{1}{1}$ 

So in the *Tricakrasamvara* [and] in the *Hevajra*, what is a contradictory statement by the lord in the former and the latter, [22.15] is in order to free people of sharp senses from grasping. In this case the pt thas and upapt thas etc. cited in the

<sup>&</sup>lt;sup>1</sup> Dey identifies *Pūrvavideha* as Rungpur and Dinajpur. It is however one of the four continents in Buddhist cosmology, in the East. As the *Dharmasamgrahah* (120) says: "The four continents are as follows: *Pūrvavidehah*, *Jambudvīpah*, *Aparagodānir*, and *Uttarakuru*."(Kasawara et al 1885:129). *Videhah* MW identifies as "modern Tirhut," citing sources beginning from the *Śatapaṭhabrāhmaṇah*. *Janaka* was also known as "king of *Videha*" in the *Upaniṣads*, his capital city *Mithilā*; *Uttarakuru* is the country of the northern *Kurus*, north of India. *Jambudvīpa* is India. *Aparagodānih* or *Aparagodānah* is the continent west of *Mahāmeru*.

<sup>&</sup>lt;sup>2</sup> The point here is that these pilgrimage sites (that are encapsulated in the seed syllables) should not be thought of as restricted to those located in India, since they may equally well exist in the wider cosmos of the four Buddhist continents, the oceans surrounding them, etc. Kālacakratantra also uses other cosmological schemes. KCT 1.16 mentions seven continents. Candra (the moon), Sitābha (white light), Varaparamakuśa (the very best grass), Kinnara (the mythical horse-headed man, or a type of celestial musician), Krauñca (has a variety of meanings, including the Curlew-a shorebird with long legs and a curved bill, and a mountain in the eastern Himālayas, north of Assam), Raudra (terrifying), and Jambudvīpa, seven mountains, Nilābha (blue light), Mandara (lit: 'slow,' the mountain used by the gods and asuras to churn the ocean of milk), Nişadha (mountain[s] just south of Ilāvṛta--the highest central part of the ancient continent, and north of the Himālaya mountains), Maņikara (lit: a iewel-hand) Drona (name of the wooden Soma vessel, a Kuru general, and several mountains), Sita, and Vaira; and seven oceans, salt, liquor, water, milk, curd, ghee, and molasses. (Newman 1987:501-502) (KCT 1.71.15-25). Since we know there are no oceans on earth filled with molasses, etc., and since by the 11th century it's a pretty good bet that the Indians also knew there were no oceans of milk, ghee, etc., we can ask what they were referring to. The metaphor of the ocean may refer to the vast quantities of these substances produced and consumed by human beings. Perhaps the curious names for the continents and mountains also are meant as representatives of mundane realities, mixed with some mythology.

Cakrasamvara are said to be set down and divided into the ksetras and upaksetras in the Hevaira. Since even the yogis' worldly siddhis don't come into existence in the external pt thas etc., in the metaself the twelve transits, the twelve limbs of ignorance etc., blocked by the blockage of old age and death by Sagittarius etc., should be recognized as the pt thas etc. In those pt thas etc., the coming and going-in the form of deities--of the purified constituents of the Tathāgata--i.e. the aggregates, constituent elements, and bases of consciousness--occurred in the past, is occurring in the present, [22.20] and will occur in the future; also because of the distinction between authority, enjoyment, and dissolution. By concealment, further, in the Tricakrasamvara, the four, eight, and twenty-four goddesses are stated to have rulership over enjoyment, dissolution, and authority according to the half-divisions of junctions of the day, the divisions of the day, and the risings. In this respect, in the Satcakramahāsamvara, authority, enjoyment, and dissolution [occur] through the flowing of the astrological-transit [lagna-] mandala. In this regard what's called authority is the governance of the prāṇa, what's called the enjoyment is its rulership, and what's called dissolution is the place it should go to. [35]

<sup>&</sup>lt;sup>1</sup> Sandhyā-dawn, noon, sunset, and midnight.

<sup>&</sup>lt;sup>2</sup> Prahara-either 1/8th or 0.13 of a day (1/7.5).

<sup>&</sup>lt;sup>3</sup> Lagna—the rising sign or ascendant, the point when any planet or star that is in the ecliptic (the path of the sun across the heaven) crosses the horizon. This happens at many times during the solar day, accounting for the beginning of individual days for each planet etc. (My thanks to Kim Plofker for this clarification). In this text, though, the term is frequently used to refer to the twelve astrological signs that the sun passes through, so that lagna refers to the transit of the sun into those signs. Here, we have -lagna-ardha-bhedena, "by the division into half of each sign," thus accounting for the twenty-four goddesses. The four goddesses are mapped onto the four sandhyās; the eight goddesses are mapped onto the eight praharas.

- 5.36: The authority is behind the goddess, the dissolution is here in front, with the intrinsic natures of the five *tattvas*,
- [22.25] In the northwest and in the northeast, in the southwest and the southeast, and the nadir, in the east, and in the south, north, and west, | 1

In the  $u \circ n \bar{i} \circ a$ , in the heart place, in what resides in the throat and head, and in the navel and secret cakra,

In the eight-rayed *cakra*, above the surface, daily from Capricorn,<sup>2</sup> in the intermediate spaces between each of the two transits between astrological signs. | |36||

So The authority/governance is behind the goddess, the dissolution here in front, with the intrinsic natures of the five tattvas, etc. are detailed here. In this regard, at the transit into Capricorn that consists of five dandas, in the first danda, there is the earth mandala in the right channel; in the navel, in the twelve [22.30] petals, in the western directional portion of the Capricorn petal, the prana flow is the authority in the northwestern spoke; this is the idea. In this regard, [23.1] when the

<sup>&</sup>lt;sup>1</sup>  $V\bar{a}yu$  = northwest,  $I\bar{s}a$  = northeast, Dairya = southwest, Vahni = southeast; adhas = nadir; kha-sura (lit: god of the sky = Sun) = east;  $y\bar{a}mya$  (= of Yama) = south;  $yak\bar{s}a$  (= attendants of Kubera, guardian of the north) = north; apara = west.

<sup>&</sup>lt;sup>2</sup> VMP here glosses pratidinam makarād.

<sup>&</sup>lt;sup>3</sup> A  $danda = a kal\bar{a} = a$  second, or 1/60th of a degree (there are 360 degrees in a circle). So five dandas = 5 seconds of a degree.

<sup>&</sup>lt;sup>4</sup> So there are twelve petals in the navel, and these are matched to the twelve *lagnas* or astrological signs. On each petal the ten directions can be identified, each directional section apparently supporting an eight-spoked *cakra* (the vertical axis through the navel of the *cakra* giving the ninth and tenth directions). In the western directional portion of the Capricorn petal, in the northwest-directional spoke of the *cakra* on the western portion of the Capricorn petal, the ruling factor is the flow of the *prāṇa*. The ruling factor of what? The ruling factor during the first second (*daṇda*) of the five seconds of a degree that constitute the entry into

goddesses of the pranasakti are in the earth mandala, there is governance, i.e. duration, then in the middle water mandala, there is dissolution. Repeated grasping for rebirth is the cessation of the former [i.e. duration/governance] and the production of the latter [i.e. dissolution], as in the example of self study/recitation and the lamp, etc.; here also because the two modes are dependent on arisal (birth) that ends in death. Therefore there is governance in the earth mandala, dissolution in the water mandala; governance in the water mandala, dissolution in the fire mandala; governance in the wind mandala; governance in the wind mandala; governance in the void mandala, dissolution in the void mandala, governance in the void mandala, dissolution in the knowledge mandala-thus in Capricorn.

Then the transit into the middle, in the Aquarius petal, is said to be in the upper cakra.<sup>2</sup> Here when authority<sup>3</sup> is in the  $avadh\bar{u}t\bar{t}$  in the knowledge mandala, then dissolution is in the left  $n\bar{u}d\bar{t}$  in the space mandala. When authority is in space, then dissolution is in wind; likewise when authority is in wind, dissolution is in fire; when authority is in fire, dissolution is in water; when authority is in water,

Capricorn. At this time, the earth mandala is in the right channel.

<sup>&</sup>lt;sup>1</sup> Dharmanor--genitive or locative dual of dharman (n) arrangement, disposition, custom, manner, mode, etc.

Presumably "upper cakra" (cakre  $\bar{u}$ rdhve) here means the heart cakra, since this is the one above the navel cakra. Apparently the twelve petals of the twelve astrological signs form a continuum of influence along the main channels in each of the cakras-giving a twelve-petalled lotus wreath, as it were, around each cakra. So there are five arc-minutes of a degree that constitute the transition zone between each astrological sign, the "intermediate spaces between the signs," (lagna-antarāla). Taking these transition zones in groups of two-ten dandas each, the dūtīs are located in the individual dandas or degree-seconds. A kalā = one arc-minute, or 1/60th of a degree. A kalā and a danda are apparently synonyms.

<sup>&</sup>lt;sup>3</sup> Governance, duration.

dissolution is in earth; when authority is in earth, dissolution is [again] in the avadhūtī in the knowledge mandala. It is the same in the Pisces and Aires mandalas, likewise [23.10] for the Taurus and Gemini mandalas, for Cancer and Leo, for Virgo and Libra, for Scorpio and Sagittarius. Thus in the sixty mandalas, enjoyment, authority, and dissolution, at the end of the three transits, are to be known as the four in the middle [channel]. So in that way in the northwest and northeast, in the southwest and southeast, and in the nadir, in the east, inthe south, the north, and the west, i.e. in the ten mandalas, and because of the word ca, also in the knowledge mandala. In Capricorn, in Aquarius, so also in the others.<sup>2</sup> Now for Capricorn etc. the base cakra and nadis are stated, in the uspīsa etc. In this regard there are four nādīs in the first sphere of the uṣṇīṣa cakra, [and] one in the middle. Similarly [in the first orb] of the heart etc. cakras, [there are four nādīs and one in the middle.] Therefore in the uspīsa-cakra in Capricorn and Aquarius, the transit of the northwestern etc. rays; due to cleansing of space in the eastern cakra, the mark of the lightning bolt. [23.15] Therefore in the space-cakra in the mandala there is a row of lightning bolts. Similarly, because of the intrinsic nature of the heart, there is a row of swords in the wind cakra of Pisces and Aires. Similarly, since there is the inherent nature of fire in the one situated in the throat [cakra], there's a row of jewels in the fire-cakra of Taurus and Gemini. Because of the intrinsic nature of water in the one in the head, there's a row of lotuses in the water-cakra of Cancer

<sup>&</sup>lt;sup>1</sup> Madhyamā is another name for the avadhūtī.

<sup>&</sup>lt;sup>2</sup> The Sarnath editors add -yu to anye here--a reasonable emendation.

and Leo. Because of the intrinsic nature of earth in the navel cakra, there's a row of cakras in Virgo and Libra. Because of the intrinsic nature of knowledge in the secret cakra, there's a row of choppers in Scorpio and Sagittarius. [23.20] In these cakras that each have eight rays, and above the surface, beginning from the Capricorn transit, daily, this motion is to be known by the yogin from the prāna. In this regard, wherever prāṇa causes governance (adhikāra) there, understanding the single word of the forty-eight worded [mantra] of the lord, together with the name of the feminine leader of the mandala, one should recite with the prana-flow, not with the string of akşa beads. In this way, understanding the single word of the sixteenworded [mantra], disconnected from the cremation ground goddesses, one should recite the eight-worded [mantra] together with the eight goddesses of the lotus petals, as will be explained. Thus, for the female messengers of Capricorn etc., [23.25], the movement in the cakras in each of the two intermediate spaces between the transits is in each of the ten dandas. In this way, after a day and a night, there is movement of the prāņa in the sixty mandalas with the sixty dandas.<sup>2</sup> So here, in the individual mandalas, on the individual days of the demons, men, spirits, deities, and asuras, etc., there is transit of the yoginis, produced by reason of arising and dissolution-

Mahāmāyā, Mahāraudrā, just as she causes [both] what was produced and its

<sup>&</sup>lt;sup>1</sup> Again we have a specific directive not to engage in the "outer" or normal forms of exoteric worship and prayer. The use of the *akşa-māla* is widespread among other *yoga* sects. (See Chapter 8.2.2. and 9.2.4. of this dissertation.)

<sup>&</sup>lt;sup>2</sup> Over the course of 24 hours, the meditation covers all twelve astrological signs, and thereby the six groups of the ten *dandas* (seconds of a degree) built from the five *dandas* of each *lagna* taken in groups of two (5 *dandas* x 2 *lagnas each* = 10 *dandas*; 10 *dandas* x 6 groups of two *lagnas* each = 60 *dandas*). Mapped into these sixty *dandas* are sixty *mandalas*.

contraction |

So Vajradhara himself is considered the maker and the remover! [24.1] Prajñāpāramitā is not the creator, Buddha is [not] the creator of embodied ones

She is not the destroyer, he is [not] the destroyer of the Buddhists, it is taught by the truth-teller!

Whoever performs the good and evil action of the body, speech, and mind The conscious being who enjoys the fruit of that, he is the agent, not anyone else. | | 1

This is the rule of the lord.

[24.5] Now the nāyaka's seat is stated--

5.37: The lord's lotus with all the lightning bolts, and with the syllables and with their seeds residing in the diamond jewels,

Universal joy everywhere, the abode of equal happiness, the universal time of the lightning bolt possessor;

In this moon flow, who enters into the guru's mouth, he alone is Kālacakra;

Called the time of the māras, causing fear of dying, this is the

<sup>&</sup>lt;sup>1</sup> The point of including this unsourced quote here, just following the preceeding discussion of the localizing of the dūtīs etc. in the time coordinates of the meditation seems to be this: the text is arguing that the individual has ultimately supreme power over his or her situation, including all the supposed influences from astrology, gods, demons, etc. By mastering the meditation the practitioner gains mastery of his or her universe, and controls their own destiny.

*dākinīcakra*.||37||<sup>2</sup>

[24.10] "The lord" etc. In this regard, the uṣṇtṣa etc. six cakras, there is the transit of the yogints by the syllables ka etc.; therefore, the lotus of the lord that is the central lotus in the maṇḍala, it is with all the lightning bolts, i.e. with the four imperishable drops, i.e. unejaculated, with those situated in the lightning gems, the lotus located in the lightning jewel is universal joy everywhere, the abode of equal happiness because of its imperishability, the universal time of the lightning bolt possessor, producing joy among the yogints. So in this moon juice, in the imperishable happiness, who enters in the guru's mouth, in the knowledge face, he alone is [24.15] Kālacakra, he becomes a yogi, this is the rule. So that cakra is called time, since it is said to consist of ignorance, etc. Of the māras, of the four aggregates etc., it causes fear of dying, this is the dākinīcakra--free of all obscurations, it is not composed of the host of other deities. | | 37 | |

Now, for the accomplishment of worldly *siddhis*, the recitation of *mantras* is stated--

5.38: With the two syllables of wisdom and means, through the influence of both clans, the name of the  $d\bar{a}kin\bar{\iota}s$  and  $d\bar{a}kas$ ,

<sup>&</sup>lt;sup>1</sup> MW cites Dharmasamgraha 80 as listing four Māras, skandhamāra, kleśamāra, devaputramāra, and mṛtyumāra; later theory elaborated millions with a single ruler Māra. MW cites Dharmasamgraha 52 as listing maraṇabhaya as one of five types of fear. This is a misprint—it should be Dharmasamgraha 71: The five fears (pañca bhayāni) are: fear of the Ājīvikas (the sect founded by Gośāla, Mahāvīra's student), fear of Aśoka (aśoka-bhayam—presumably refers to the king; however Kazuwara suggests an emendation to śoka-bhayam, fear of grief), fear of dying (maraṇa-bhayam), fear of misfortune/poverty (durgati-bhayam), and fear of speaking with one's companions (parṣada-vādya-bhayam—taking Kasawara's emendation; parṣadasādya-bhayam is what's given in Kasawara et al:1885 edition—fear of the exhaustion of assemblies).

Is to be recited, with the three lightning bolts, together with the unrivalled place, divided into beginning, middle, and end;

[24.20] Because it is governed by *prāṇa*, through the influence of both paths it conforms to each one's individual *karma*;

The  $d\bar{a}kin\bar{\imath}s$  and the lightning-bolt  $d\bar{a}kas$ , abiding in the six paths, go quickly to siddhi.||38||

"Wisdom and means" etc. Here in the  $K\bar{a}lacakra$ , with the two syllables of  $praj\bar{n}\bar{a}$  and upaya. Here, where there is a short seed for wisdom, for its means, through the influence of the facing clan, there is a long [phoneme]. When there's a long one for wisdom, there's a short one for means. So through the influence of the two clans, the name of the  $d\bar{a}kin\bar{i}s$  and  $d\bar{a}kas$ , i.e. the si-female lightning, the sI-male lightning, etc. Likewise the sI-female lightning, and the si-male lightning. Earth and wind are mutually [these two sets of bija-mantras] by the division into  $praj\bar{n}a$  and upaya. Similarly for water and fire, the si-female [24.25] lightning, and the si-male lightning. Likewise the si-female lightning, and the si-male lightning. So the name of all the si-male lightning is to be recited, this with the three lightning bolts, together with the unrivalled place, is divided into beginning, middle, and end. In the beginning the sound oi-middle in the middle the beginning of the garland-mantra, with the first word, then the feminine lightning messenger seed, together with the lightning si-middle, the phat sound. Then the garland-long [phoneme] speech lightning; at the end, the si-mate together with the garland-long.

<sup>&</sup>lt;sup>1</sup> Vajra-dūti-bīja.

mantra consisting of seventy-two padas.<sup>1</sup> Among these [25.1] seventy-two words, there are eight words at the beginning together with the lotus petal goddesses, sixteen words together with the cremation ground goddesses, [and] forty-eight words to be recited together with the names of the viras and vireśvaris of the six cakras. Here the eight words, [and] the four cremation ground words for the twelve entrances [of the sun into the 12 signs of the zodiac] in the central channel (madhyama) are to be recited, [and are] governed by the prāṇa. At the time of the [sun's] transit into Scorpio etc., the remaining six words, since governed by the five maṇḍalas, are governed by the prāṇa [and constitute] the maṇḍala; [25.5] together with its presiding deity [this] becomes² the garland mantra for the yogins. In the splitting of the current,³ they go quickly to siddhi, residing in the sxi-paths,⁴ residing in the six paths, of the Bhagavān, possessed of all the dākinīs and lightning dākas. This is the rule.

In this instance the application of the concealed *upapīlas* etc. is in the goddess-garland *mantra* with Scorpio etc.--with the letters ka etc. For that there are the twelve [solar] transit words.<sup>5</sup> That is, om, ah, ham, hoh, ham, ksah, ham, ks, m, l,

<sup>&</sup>lt;sup>1</sup> Here pada appears to mean simply 'a word' rather than a quarter stanza.

<sup>&</sup>lt;sup>2</sup> In this context it seems best to translate *siddhyati* simply as "becomes."

<sup>&</sup>lt;sup>3</sup> Vāha-bhede.

<sup>&</sup>lt;sup>4</sup> cf. Kaśmīr Śaivite material. The *sat-adhvan* is a term for six paths of elements that run through the body, and are the focus of a variety of meditations and *mantra-nyāsa* practices. (See Chapter 8.3.2 of this dissertation).

<sup>&</sup>lt;sup>5</sup> In the following section, the way the printed text is parsed suggests that there may be a number of locative markers  $\{e\}$  missing. An alternative understanding would be that where the locative marker appears to be missing, the word should be combined with the following bijamantra into a compound, with the first member in locative relationship to the bijamantra. A third possibility, and the one I think most likely, is that these words were originally

v, r, ya, kālacakra-hā, in the lightning bolt hum, hūm, phat, thus in the Scorpio [solar] transit, there is the aspirated recitation of the seventy-two.<sup>1</sup> Similarly in the Aquarius [solar] transit om, the tamer of the untamable-the destroyer of birth, old age, and death-svā, [25.10] in the lightning bolt, hum, hūm, phat. Om, the conqueror of the three worlds-hah, in the lightning bolt, hum, hūm, phat; so in Pisces. Om the lord of the great heros-ah, in the lightning bolt hum, hūm, phat; so in Aires. Om, the lightning-terrifier-hah, in the lightning bolt, hum, hūm, phat; so in Taurus. Om the lightning bolt body-ah, in the lightning bolt hum, hūm, phat; so in Gemini. Om, the lightning bolt limb-ham, in the lightning bolt, hum, hūm, phat; so in Cancer. Om, the lightning bolt eye-am, in the lightning bolt, hum, hūm, phat; in Leo. Om, the lightning bolt ear- $h\bar{a}$ , in the lightning bolt, hum,  $h\bar{u}m$ , phat; so in the Virgo [solar] transit. Om, the lightning bolt nose-ha in the lightning bolt, hum,  $h\bar{u}m$ , phat; so in Libra. Om, the lightning bolt tongue- $\bar{a}$ , in the lightning bolt, hum,  $h\bar{u}m$ , phat; [25.15] so in Scorpio. Om, the lightning bolt teeth-ksa, in the lightning bolt, hum, hūm, phat; so in the Sagittarius solar transit, one should recite with aspiration. Thus, in the twelve solar transits, there is the knowledge-mandala recitation. Om the lightning finger and toe-nail-k1, in the lightning dhi, the lightninghum, hūm, phat--thus in the Capricorn earth mandala, a recitation of an additional

intended to be without case endings as part of a mālā-mantra; such an approach would be in keeping with what appears to be the 'phoneme-logic' of bīja-mantras: i.e. that these words and phonemes represent basic elements of the language, pre-existing, as it were, the level of grammar and syntax. I have therefore hyphenated each instance where a word without a case ending is followed by a bījamantra.

 $<sup>^{1}</sup>$  Sapāda-satpaficāsat = 56 + 1/4 of 56 = 72.

<sup>&</sup>lt;sup>2</sup> Vairabhairava.

370.25. Likewise everywhere in the sixty mandalas. Om the lightning head hairkhū, in the lightning bolt gr, lightning-hum, hūm, phat--thus in water. Om the lightning body hair-gr, in the lightning bolt khu, the lighting-hum, hūm, phat-thus in fire. Om the lightning bolt ornament- $dh\bar{l}$ , in the lightning kl, the lightning-hum,  $h\bar{u}m$ , phat-thus in the wind. [25,20] Om the lightning laughter- $d\bar{a}$ , in the lightning-hum, hūm, phat--thus in the space mandala, in the cremation ground, the lord, the means; therefore the non-existence of the second seed. Likewise it is to be known in the space mandala everywhere. Om the lightning song-da, in the lightning-hum, hūm, phat--thus the aspirated recitation in the Aquarius space mandala. Om the lightning dance-dhi, in the lightning  $k\bar{l}$ , the lightning-hum, hūm, phat--thus in the wind. Om the lightning fighter-rr, in the lightning  $kh\bar{u}$ , the lightning-hum,  $h\bar{u}m$ , phat--thus in fire. Om in the lightning sovereign lord of anger khu, in the lightning  $g\bar{r}$ , the lightning-hum, hūm, phat--thus in water. Om the lightning male sky goer kl, in the lightning ghī, the lightning-hum, hūm, phat--thus in the earth mandala, [25.25] the aspirated recitation. In this way the ka class is situated. Then in Pisces, Om the lightning female sky goers' net surrounded  $c\bar{l}$ , in the lightning *jhi*, the lightning-hum, hūm, phat--thus in the earth mandala, the aspirated recitation. Om you must come quickly, you must come  $ch\bar{u}$ , in the lightning jr, the lightning-hum,  $h\bar{u}m$ , phat--thus in water. Om by the lightning being's command, all the māras, the obstacle removers, the kinnaras, the kimpurus as, agarudas, the gandharvas, yaks as, raks asas, the kimpurus as, the kimpurus a

<sup>&</sup>lt;sup>1</sup> Sa-pādaikādasonaşastyuttaratrisata-jāpah.

<sup>&</sup>lt;sup>2</sup> Ayudhaka--one who has a weapon.

<sup>&</sup>lt;sup>3</sup> Kinnara: 'what sort of a man'--mythical horse headed humans or centaurs.

<sup>&</sup>lt;sup>4</sup> Kimpurusa: 'what sort of man'--perhaps originally monkeys.

<sup>&</sup>lt;sup>5</sup> Garuda: the feathered race, it's chief is Visnu's mount.

<sup>&</sup>lt;sup>6</sup> Gandharva: heavenly musicians.

<sup>&</sup>lt;sup>7</sup> Yaksas: benevolent spirits.

<sup>&</sup>lt;sup>8</sup> Rāksasas: evil spirits.

<sup>&</sup>lt;sup>1</sup> Bhutas: ghosts, i.e the 'has-been's.'

<sup>&</sup>lt;sup>2</sup> Pretas: spirits of the deceased.

<sup>&</sup>lt;sup>3</sup> Kumbhānda: having pots for testicles, class of demons headed by Rudra.

<sup>&</sup>lt;sup>4</sup> Apasmāra is sleeping sickness in  $Su\'srutasamhit\bar{a}$ ; also = epilepsy. Literally: forgetful, without memory.

<sup>&</sup>lt;sup>5</sup> Kşetrapālas: field guardians.

<sup>&</sup>lt;sup>6</sup> Vetālas: demons inhabiting corpses.

<sup>&</sup>lt;sup>7</sup> Pūtanas: female demons attending on Skandha; the name of the witch who tried to poison Krsna.

<sup>&</sup>lt;sup>8</sup> Duştanāgas: wicked serpents.

phat--thus in the wind. Om having drawn in those residing in the western direction, [26.5] jr having drawn them into the lightning, chū lightning-hum, hūm, phat--thus in fire. Om having drawn in those residing in the northwestern direction, chu having drawn [them] into the lightning, jr lightning-hum, hūm, phat--thus in the water. Om having drawn in those residing in the northeastern direction, cl having drawn them into the lightning, jhī lightning-hum, hūm, phat-thus in the earth mandala, the aspirated recitation. Then at the Taurus transit, Om having drawn in those residing in the southwestern direction, the having drawn [them] into the lightning, the dightning them into the lightning. hum, hūm, phat-thus the apsirated recitation in the earth mandala. Om having drawn in those residing in the southeastern direction, thū having drawn [them] into the lightning, dr lightning-hum, hūm, phat-thus in the water. Om having drawn in those residing in the nadir direction, [26.10] dr having drawn [them] into the lightning, thu lightning-hum, hum, phat--thus in the fire. Om having drawn in those residing in the space mandala, dhī having drawn [them] into the lightning, tl lightning-hum, hūm, phat-thus in the wind. Om having drawn in those residing in the wind mandala, nā having drawn [them] into the lightning-hum, hūm, phat-thus in the space mandala, in the cremation ground, the aspirated recitation. Then in Gemini Om having drawn in those residing in the fire mandala, na having drawn [them] into the lightning-hum, hūm, phat--thus in the space mandala, in the cremation ground, the aspirated recitation. Om having drawn in those residing in the water mandala, dhi having drawn [them] into the lightning,  $t\bar{l}$  lightning-hum, hūm, phat--thus in the wind. Om [26.15] having drawn in those residing in the earth mandala, dr having drawn [them]

into the lightning, thū lightning-hum, hūm, phat-thus in the fire. Om having drawn in those residing in the desire realm, thu having drawn [them] into the lightning, drlightning-hum, hūm, phat-thus in the water. Om having drawn in those residing in the form-realm, dl having drawn [them] into the lightning, dhī lightning-hum, hūm, phat-thus in the earth mandala, the aspirated recitation. Then in the Cancer transit, Om having drawn in those residing in the non-form realm,  $p\bar{l}$  having drawn [them] into the lightning, bhi lightning-hum, hūm, phat--thus in the earth mandala the aspirated recitation. Om having drawn in those residing in the body-constituent, ph $\bar{u}$ having drawn [them] into the lightning, br lightning-hum, hum, phat--thus in the water. Om having drawn in those residing in the speech constituent, [26.20],  $b\bar{r}$ having drawn [them] into the lightning, phu lightning-hum hum phat-thus in the fire. Om having drawn in those residing in the thought-constituent, bhī having drawn [them] into the lightning, pl lightning-hum, hūm, phat--thus in the wind. Om having drawn in those residing in the five aggregates, mā having drawn [them] into the lightning, hum, hum, phat-thus in the space mandala, in the cremation ground, the aspirated recitation. In Leo, Om having drawn in those residing in the five constituent elements, ma having drawn [them] into the lightning, hum, hūm, phat-thus in the space mandala, in the cremation ground, the aspirated recitation. Om having drawn in those residing in the five senses, bhi having drawn [them] into the lightning,  $p\bar{l}$  lightning-hum, hūm, phat-thus in the wind. Om having drawn in those residing in the five sense realms, br having drawn [26.25] [them] into the lightning, phū lightning-hum, hūm, phat--thus in the fire. Om having drawn in those residing in

the five action-senses, phu having drawn [them] into the lightning, br lightning-hum, hūm, phat-thus in the water. Om having drawn in those residing in the five actionsense-realms, pl having drawn [them] into the lightning, bhī lightning-hum, hūm, phat-thus in the earth mandala the aspirated recitation. Then in the Virgo transit, Om having drawn in those residing everywhere wherever [they are],  $t\bar{l}$  having drawn [them] into the lightning, dhi lightning-hum, hūm, phat-thus in the earth mandala, the aspirated recitation. Om in the great cremation ground, on the ground blazing with lightning and fire, you must throw down again and again thū in the lightning, [26.30] dr lightning-hum,  $h\bar{u}m$ , phat-thus in the water. Om with the lightning noose, on all the arms, you must bind again and again dr to the lightning,  $th\bar{u}$ , lightninghum, hūm, phat--thus in the fire. Om with the lightning chain on all the feet, you must restrain again and again, dhī in the lightning, tl, lightning-hum, hūm, phaţ--thus in the wind. Om with the lightning of great anger you must pulverize again and again all those wicked ones who delight in causing harm to the body speech and mind of conscious beings, nā in the lightning, hum, hūm, phat-thus in the space mandala in the cremation ground. Then in the Libra transit, [27.1] Om with the lightning chopper you must chop [them?] up again and again, na lightning-hum, hūm, phaţ-thus in the space mandala in the cremation ground the asprirated recitation. Om with the lightning trident you must split again and again, dhi in the lightning, tl-lightninghum, hūm, phat--thus in the wind. Om with the lightning knife you must strike again

<sup>&</sup>lt;sup>1</sup> An elephant's feet are bound with a śrňkhala chain. See notes above to śrňkhalā, verse 5.14.

and again dr in the lightning thū lightning-hum, hūm, phat--thus in the fire. Om with the lightning arrow you must split again and again thu in the lightning, dr lightinghum, hūm, phat-thus in fire. Om with the lightning peg you must stake down again and again tl in the lightning, [27.5] dhī-lightning-hum, hūm, phat--thus in the earth mandala the aspirated recitation. Then in the Scorpio transit Om with the lightning hammer you must hammer again and again  $s\bar{l}$  in the lightning,  $\dot{s}a$  lightning-hum, hūm, phat-thus in the earth mandala the aspirated recitation. Om with the lightning discus you must cut through again and again hpū in the lightning, sr lightning-hum, hūm, phat-thus in water. Om with the lightning spear you must split again and again sr in the lightning, hpu lightning-hum, hūm, phat--thus in fire. Om with the lightning club you must strike again and again śī in the lightning, sl lightning-hum, hūm, phat--thus in wind. Om with the lightning sickle you must hew again and again  $hk\bar{a}$  in the lightning, hum, hum, phat-thus [27.10] in the space mandala in the cremation ground, the aspirated recitation. Then in the Sagittarius transit, Om having made a crore and a half of multitudes you must make again and again hka in the lightning as the oblation to all the ghosts on the cremation ground earth, hum, hūm, phat--thus in the space mandala in the cremation ground, the aspirated recitation. Om with the lightning drum you must invoke again and again the lightning dākinīs, in the lightning,  $s\bar{l}$  lightning-hum,  $h\bar{u}m$ , phal-thus in wind. Om you must offer again and

<sup>&</sup>lt;sup>1</sup> Ākoṭaya not in MW or Apte; koṭāya is listed in MW as a root from Pānini 3.1.17, without definition; Apte has only koṭa as a fort, hut shed; koṭaka as curving, bending, or the builder of sheds, a thatcher. To hammer as a 10th class verb seems most likely here.

<sup>&</sup>lt;sup>2</sup>  $Vajrad\bar{a}kin\bar{i}r = accusative plural of feminine in -$ *i*.

again to the lightning dākinīs the blood of the members of Māra's retinue, sr in the lightning, pū lightning-hum, hūm, phat--thus in fire. Om you must offer again and again the five nectars to the those appropriating the five nectars, [27.15] hpu in the lightning, sr lightning-hum, hūm, phat-thus in water. Om together with all the lightning-dākinīs you must perform again and again the expiation and nourishing and protection, concealing, guarding of all conscious beings, sl in the lightning, śl lightning-hum, hūm, phat--thus in the earth mandala the aspiration recitation. In this way one should recite the garland mantra daily whose reckoning is the wheel of breaths.<sup>2</sup> In this regard there is no string of beads, there is no mantra pronunciation;<sup>3</sup> together with the inhalation and exhalation of the mantra syllables, the entry and exit, like a flower garland, should be looked at as [going] with the grain and against the grain, according to the intrinsic nature of the sun and moon. In this regard, over five days, an additional 8000, [27.20] [plus] a lac<sup>5</sup> of recitations should be peformed by the yogi in his meta-self. Over five hundred days a koti<sup>6</sup> of recitations plus 8 lacs of inhalations. Then the body-purification in the same way, the speech purification likewise, [and] the thought purification. In this regard, after five hundred days, the

<sup>&</sup>lt;sup>1</sup> MW defines the *paficāmṛta* as the five foods of the gods, milk, sour milk, honey, butter, and sugar, from *Hemacandra's Caturvargacintāmaṇi*.

<sup>&</sup>lt;sup>2</sup> The length of the garland *mantra* is equivalent to the circle of breaths/aspiration just described.

<sup>&</sup>lt;sup>3</sup> Again, the exoteric or customary external practices of *mantra* recitation are specifically negated.

<sup>&</sup>lt;sup>4</sup> Anuloma and viloma.

<sup>&</sup>lt;sup>5</sup> 100.00 = laksa; so here 108,000 repetitions.

<sup>&</sup>lt;sup>6</sup> A Koti = 10 million.

inhalation becomes motionless. The *prāṇa* attains the pot-state.<sup>7</sup> Then, the five superknowledges are produced<sup>2</sup> in the yogis, so the lightning recitation sequence, or the hermaphrodite recitation sequence, occurs through the movement of *prāṇa* in the left, right, and middle [*nādīs*]--thus the rule of the lord. [138]

[27.25] Now with the *avadhūti*-breaths, with the five *cakras* of the body, speech, though and knowledge, the concealment of all the Buddhas is stated--

5.39: These breaths become one quarter plus six and fifty in the central channel at the time of birth;

With those [breaths] there are the cakras with the sets of eight; through dominion over the earth and sky the goddesses residing in the middle of the apertures;

With a single foot is born the mother of the three worlds, with a knife and a skull-shell in her hands;

Stretched out in a warrior pose, on top of the sun and moon, and embraced with a degree-second of the happiness of the nectar [of immortality],  $K\bar{a}lacakra. ||39||^3$ 

[27.30] "These breaths" etc. Here, in the central channel, these breaths at the time

<sup>&</sup>lt;sup>1</sup> I.e., as though contained in a pot.

<sup>&</sup>lt;sup>2</sup> Taking any form at will; hearing at any distance, seeing to any distance, penetrating men's thoughts, knowing their state and antecedents.

<sup>&</sup>lt;sup>3</sup> Reading in the commentary changes sapada—a word not in MW {sapadi denotes 'simultaneously'}—to sapāda, denoting 'plus a quarter'. Dvāra = door; in the Upaniṣads and in Suśruta, dvāra is used for the nine doors or apertures of the human body; this is probably where the navātmaka mantra/goddess notion comes from.

of birth of the child, the fifty-six and a quarter breaths become fifty-six and a quarter, with those [breaths] there are the cakras with the sets of eight; through dominion over the earth and sky the goddesses residing in the middle of the apertures. [28.1] In the middle of these breaths are the eight breaths characterized by the body, speech, mind, and knowledge, according to the wisdom and means distinction; they are the eight goddesses on the petals of the womb lotus. Here there are no skulls, and the eight heros are, by the purification of form, in the earth cakra; the eight [heros] are, by perception purification, in the water cakra; the eight [heros] are, by sensation purification, in the fire cakra; the eight [heros] are, by samskāra purification, in the wind cakra; the eight [heros] are, by the consciousness purification, in the space cakra; the eight [heros] are, by wisdom purification, in the eight cremation grounds. [28.5] In this way, in the six [cakras]--the secret, the navel, the heart, the throat, the forehead, [and] the uṣnīṣa--[there are] the forty-eight. In the same way in the two nostrils, the two, in the two eyes, the two, in the two ears, the two, in the two holes at the base of the tongue and the usnīsa--thus the goddessgroup. In the same way, the fifty-six. With the remaining single foot is produced the mother of the three worlds, the universal mother, with a knife and skull shell in hand; by her, who is in a warrior pose, by she who is the immortality nectar portion, embraced, on the top of the sun and moon, on top of the temptations and the addictions, standing, embraced, Kālacakra, the lord, the supreme syllable of happiness. Since the seeds of these breaths [28.10] will be explained by the

<sup>&</sup>lt;sup>1</sup> Māraklesopari.

upcoming statement "the *la* etc., what are also the eight *mātrās*" (KCT 5.125), they are not described here. In this regard, the esoteric meaning is that all of time is to be considered by the *yogi* to be the *prāṇa* in the central channel; to the extent that its entrance and exit is stabilized, all of time goes to the pot-state. Then the *yogi* becomes attained of the five supersensory abilities (*paṇcābhijṇā*) through the recitation [of *mantras*] with the *prāṇa*--this is the rule of the lord. In this way, "one should recited the *mantra* with unseparated portions, you must consider it joined with *prāṇa*," thus in all the *Tantras* the lightning word [*vajrapadam*] was previously stated. Even though [28.15] the *prāṇa*-recitation is without the pronunciation of the *mantras*, and without an *akṣa*-bead string, it is nonetheless called recitation [*japa*] because of the entrance and exiting of the *prāṇa*. | |39||

Now is stated the purification of the divinity's seat on either the outside or in the metaself--

5.40: The five [times] three fire, sun and moon, through the influence of the [five] sense objects and the [three] qualities [guṇas], are the seats, having four progressions,<sup>2</sup>

<sup>&</sup>lt;sup>1</sup> This is a central concept with regard to the name of the text and the system. Through the carefully detailed map already given of how the phonemes encapsulate the cosmic astrological clock we live inside of, we have learned that the breaths, properly controlled, can control time. Then here, by achieving the much sought-after yogic state of *kumbhaka*, being like a pot, the text says that all of time becomes contained within the *yogin*'s body—i.e. there is no aspect of time that is functioning outside of the *yogin*'s awareness or control.

<sup>&</sup>lt;sup>2</sup> Here we do have an example of "Tantric" grammar: āsanāni is neuter plural, abdhicārā is masculine plural--one cannot be the appositive of the other. This sort of apposition that retains original case endings shows up frequently in the verses.

The days, filled with the seven rays,<sup>3</sup> are the sun's and the moon's unrivalled seats, |

The nights, filled with the white rays, are the sun's and moon's unrivalled seats,

[28.20] The days, seven-rays full, in the even and uneven place, are the sun's and moon's seats. [40]

"Five" etc. Here, the seat of the unique hero,<sup>2</sup> the moon is the semen, the sun is the blood. Since the five constituent elements consist of wisdom, the moon qualities are the five sense objects; here they are the moon seats of *Locanā* etc., bounded by the space element. From the influence of the three qualities, the three solar seats are for *Ratnasaṃbhava*, *Amitābha*, and *Amoghasiddhi*. The great form consists of the four elements; since it consists of the four constituent elements, the moon seat is for *Vairocana*; since it consists of the knowledge ray, the sun seat is for [28.25] sensation etc., because of the statement "the remaining ones are without form." In this way there are five moon *maṇḍalas*, [and] four sun *maṇḍalas*, since there is identity of and distinction between *sattva*, *rajas*, and *tamas*. In this way there is a nine-fold joining together of the aggregates and constituent elements, since they are the basis for the qualities and the sense objects; just as in the womb [they are the basis of] the consciousness etc. of the child, so in the divinity also there are in

<sup>&</sup>lt;sup>1</sup> Or, filled by the seven suns-saptārkapūrņā.

<sup>&</sup>lt;sup>2</sup> For *ekavīra*, see RV 10.103.1; AV 19.13.2; 20.34.17, where it is used as a name for *Indra*. Inster says the term means simply "A #1 guy." (Personal communication, University Seminar on the Veda, Columbia University, November 9, 1995).

addition another four fierce-[deity]-seats. The four progressions are the solar seats of the fierce ones because of the influence of the growth and decrease of the solar wealth and debts of the sun. For the same reason the movements of the angry ones is the thirteenfold communion; for the same reason the seven days are the solar [28.30] seats, [and what are] filled with the twelve are the moon mandalas, the nineteen fold communion is the third; [the ones] filled with black [29.1] are the twelve annual days and nights of the new moon; [what are] filled with white are the twelve days and nights of the full moon; in this way there are the twenty four sun and moon seats of the leader, throught the influence of the clans--either the moon [clan] or the sun [clan]. In the same way there is the twenty-five fold communion according to the distinction of the bases of the deities. Furthermore, the opposing seven days' seats [that] are cast into the middle of these become the thirty-two seats. The thirty-two fold communion is [the communion] of the five aggregates, and of the four constituent elements, of the twelve bases of consciousness, and of the eleven fierce ones. [29.5] In addition, in the even and uneven places, there is the going of the prāna to the solar seat, and a coming to the lunar seat; therefore the communion is twenty-four fold. In this way it is of six kinds-just as in the womb the child and the constituent elements unite as the recipient and the received, so the deities meet--according to this maxim there is a sixfold communion. [40]

Now seat-purification is stated in the Tricakra--

5.41: The spokes are the moon and sun movements, the seats on the lotus petals at the corners of the four doors;

[29.10] Furthermore, the movements are twice multiplied--from the sun and the moon, and these are themselves the seats;

The full ones are the daily and solar movements, and in the even and odd places the seats are the four movements;

In the sun, or in the full moon, through the clan's influence there is the leader, or in the hemisphere. | |41| |

"The spokes" etc. Here, in the three *cakras*, there are twenty-four spokes, and they are "the five, <sup>1</sup> in the five, the four, the four, the three, the two, and the one" [KCT 1.32]<sup>2</sup> i.e. the previously stated moon movements are twenty-five. Of those the twenty four [29.15] become the spokes of the three *cakras*. One, the twenty-fifth, is for the lotus-petal deity, as the seat for the *pretas*. The movements of the sun are from the twelve moons, <sup>3</sup> i.e. there are eleven of these--three on the womb's lotus petals, the remaining eight in the eight cremation grounds, the spokes arrayed as corpses. This is the basis. As for the corpses, the corpses are the goddess vehicles. So the *Tricakrasamvara*. Further, by the distinction of prior and subsequent, the motions are twice multiplied--in the *Mahāsamvara* the seats of the goddesses are seventy-two. Likewise the *Saṭcakrasamvara*. In the *Māyājāla*, the full ones are twenty-four, the light and the dark ones, the moon and sun seats. Likewise [29.20]

<sup>&</sup>lt;sup>1</sup> Bhūtas.

<sup>&</sup>lt;sup>2</sup> The text as we have it in volume 1 of the Sarath edition reads "bhutābhuteşu vedāḥ śikhi-kara-śaśinah pūrva-bhāge 'pare ca." (Newman's 1987 translation skips from 1.27 to 1.128). The commentary (1.81.21-30) explain that these are candrapadāni-positions of the moon. Sikhin and guṇa are both names for three.

<sup>&</sup>lt;sup>3</sup> 'Taste{6}-pair{2}-moon.'

the seven days are the seven solar seats. The solar motions are the eleven solar seats. Now, due to a distinction of state, the lunar seats are in this way the fortythree seats, individually. By the even and uneven place, as before, the lunar and solar seat--so there are forty-five seats in the second. The four movements become, through the solar distinction, the solar seats, or the lunar seats through the body-state distinction. In the same way are the forty-nine seats in the third Māyājāla of the deities. Just as the constituent elements become the basis for the child's prāņa, [29.25] so they are perfected externally, as well as in the supreme. Thus the rule for complete purification in the [Guhya]-samāja, the Māyājāla, the Tricakrasamvara, and the Satcakrasamvara. In these Tantras the leader is either in the sun because of lacking the properties of form and aggregates; or in the wisdom dharma, in the moon, because of having the property of form; Vairocana, in the compassion property, in the moon mandala, through the clan's influence, through the influence of wisdom and compassion, is the leader; or is in the hemisphere, in the wisdom and compassion pair as Kālacakra; i.e. the ĀdiBuddha since he is without succession--thus it is established. | | 41 | |

Now for the wind etc. deities the face purification is stated--

[29.30] 5.42: The wind's touch-face is one, and because of the opposite quality's influence, the sealing face is second;

Form and touch is the two-faced, the moon's sealing face is the third; |

[30.1] The touch, form, and taste face, and the face of milk/water's is the sealing

<sup>&</sup>lt;sup>1</sup> Ravikā.

face, the fourth;

Beginning with smell, ending with the touch-born, the earth's three faces are the fifth sealing face. | |42||

"Wind" etc. Here are the wind etc. deities' twofold faces--the first ones through sense realm purification, the second ones through the three qualities' purification. From their wind constituent, one face has the nature of the touch quality, the second, [30.5] consisting of the sound quality, is the sealing; in the same way, for the mental activity aggregate, the consciousness aggregate is the sealing.

So, the wind's touch-face is one, and because of the opposing quality's influence, the sealing face is second, on the head, not in the face's place. In the same manner, due to sense realm properties of form and touch, the fire's face pair is the third sealing face. By that quality, and by sensation, there is the sealing of consciousness. Similarly the touch, form, and taste face is the triple face, from milk/water; the space characteristic, i.e. sound is the fourth sealing face; therefore there is the sealing of consciousness (vijñāna) by the name. Beginning with smell, i.e. the fourfold earth face characterized by the smell, taste, form, and touch sense domains. [30.10] Therefore it is established that the consciousness aggregate is also the sealing of the form aggregate. | | 42 | |

5.43: The void is the five-fold face also; and the sealing face of the navel is the sixth;

It is exactly the same for the knowledge-element; through the influence of

<sup>&</sup>lt;sup>1</sup> Samiñā.

the qualities, there is the face with the sixfold void; | 1

The one mixed in the fourfold, providing the fruit of equal happiness, is fivefold, two and three mixed;

Wisdom and means is ten-faced; through the influence of the three-fold qualities, the twelve-faced is fourfold. | |43||

[30.15] The void is five-fold, because of the statement that "the great void consists of five syllables" ( $N\bar{a}$ . Sam 10.20), the five-fold face of the space constituent element is the consciousness aggregate's sealing face, the south, the knowledge aggregate. It is exactly the same for the knowledge-constituent element, through the influence of the qualities, there is the face with the sixfold void; for that six-faced one it is also the sealing of the consciousness element; this is the rule about the seal ( $mudr\bar{a}$ ) purified through the influence of constituent elements, sense objects, and qualities.

Now one mixed in the fourfold, providing the fruit of equal happiness, is fivefold, two and three mixed. Here the wind element, consisting of the single quality of touch, is sealed by space; [30.20] when it [i.e. the wind element] is mixed into the earth element—consisting of the four qualities of smell etc.—and is sealed by the space quality, then there is the union that provides the fruit of equal happiness and consists of wisdom and means. Similarly, a) what consists of the two qualities of touch and form—sealed by the fire and space qualities, [and] b) the water constituent,

<sup>&</sup>lt;sup>1</sup> "Mevam" at the beginning of KCT 5.43h should read evam; the m belongs to the sastha at the end of KCT 5.43a. The commentary reads simply Evam instead of mevam (a nonsensical word in Sanskrit).

<sup>&</sup>lt;sup>2</sup> Move the comma from after *şanmukhasya* to before it.

consisting of the three qualities, [and] sealed with the space quality, [when (a) and (b) are] mutually combined, [they become] fivefold. The same holds true for earth and wind; [sealed by fire and space, and in combination with the water constituent of three qualities, they also become] fivefold. In this way, widsom and means is tenfaced, since the eastern and western [faces, and] the left and right [i.e. north and south faces] are mutually combined. In the Meta-self chapter of this [text] the explanation is given that "wisdom and means [are] the bone and flesh, and also the water and blood; the purifying fire is the urine itself" (Kā. T. 2.30); [30.25] according to this etc., this is the rule.

Furthermore the threefold distinction of the opposite qualities is stated by "threefold" etc. In this regard, in all the constituents there are *sattva*, *rajas*, and *tamas* qualities, so because of these, all the constituent elements have three faces. Beginning with smell and ending with the *dharma* element, the constituents have six sense objects, and because of these they are six-armed. So similarly **through the influence of the three-fold qualities, the twelve-faced is fourfold,** i.e. wisdom and means, in front and behind, left and [31.1] right, and above--this is the rule. In the [Guhya]samāja the mark for each of them [i.e. for all the constituents] is--by the purification of the semen, the channels, and the bones--the lightning bolt, the lotus, and the discus, on the right; [and by the purification of] the *rajas*, the blood, and the flesh--the lightning/diamond bell, the jewel, and the chopper, on the left, of

<sup>&</sup>lt;sup>1</sup> Add a visargah at the end of trigunatmaka.

<sup>&</sup>lt;sup>2</sup> Dakşiņa should have an anusvāra on the end, i.e. dakşiņam.

Akşobhya. Here, for that deity, its own mark goes on the right, in the palm of the first hand; in its [i.e. the self-mark's] position goes a diamond/lightning mark. This is the rule in the [Guhya]samāja. Just as in the Samāja the Buddha takes the middle [and] Akşobhya goes into his [the Buddha's] place, [31.5] likewise [Akşobhya's mark] also goes into the [Buddha's] mark. Similarly, the eleven faces from the six faces and the five faces [take the place of] the consciousness and knowledge constituents, [and these elements have, respectively] five faces and six faces, [i.e.] the five syllables of the great void, and the six syllables of the drop void. Furthermore, since the two are mutually dependent, the Samāja is thirty-two faced--this is the rule. | |43| |

Now, the purification of the faces etc. according to the division of time is stated--

5.44: The face is foufold because of the divisions of the junctions of the day, and it is also threefold, because of the division of the *lagnas*, there are three colors; [31.10] Because of the half-*lagnas* there is the division of the arms, and the odd

<sup>&</sup>lt;sup>1</sup> Prof. David Pingree and Kim Plotker (both of Brown University) have been kind enough to take a fair bit of time to explain to me what a lagna is—the term is not well defined in Monier Williams or Apte—and I want to thank them here for clarifying for me a small portion of the impenetrable thicket of Indian astronomy. As best as I understand it so far, a lagna is the amount of the arc of the ecliptic that rises in the rises from the horizon during the time that 30° of the ecliptic rises from the horizon (2 hours). At any given time of the day, and for any planet or the sun, one can identify a rising lagna (the udaya-lagna) and a setting lagna (the asta-lagna) on the ecliptic. The third lagna is called the tribhona-lagna = tribham + ūna = three astrological signs + less than. This point on the ecliptic is 90 degrees squared from either the rising sign or the descendant, a point that also happens to be three astrological signs distance from either the rising or setting lagna. To complicate matters a bit further though, Prof. Pingree and I realized upon examining the Kālacakra passages where lagna is used, that sometimes lagna in the KCT refers to the junctions between zodiacal signs.

(numbered lagnas) are equally embraced in the body and mind;

In the *lagna* subsections, in front and in back, the three face and six arms embracing, in the middle limb;

Attachment to Wisdom, and the coming together, the laughing ones etc. are in the junctions of the three hour segments of the day. | |44| |

"The junctions," etc. Here, because of the rule that "while the day is the lord, the lightning bolt possessor, the night is wisdom, widely famed," because of the division of the junctions by two praharas¹ each, the lord has four faces;² he has eight arms because of the half-prahara divisions,³ from midnight to noon. [31.15] In the same way there Wisdom also has four faces and eight arms, from noon to midnight. Equally embracing, i.e. at noon there is [equal embracing] of the day and the night.⁴ The odd also: because it may be that [the prahara] preceding the sandhyā [at noon] from the day may be less, and [the prahara] following the sandhyā [at noon] may be greater, then, whenever that is the case, the Bhagavān has five faces and ten arms, and the Bhagavatī has three faces and six arms, for the augmentation of

<sup>&</sup>lt;sup>1</sup> The text reads prahara-prahara-sandhyā-bhedena. A prahara is a 3 hour division of the day. Two of these, i.e. a prahara-prahara, constitute the time between each sandhyā (two 3-hour divisions = 6 hours; there are six hours between each of the four sandhyās = 24 hours).

<sup>&</sup>lt;sup>2</sup> There are four *praharas* during any twelve-hour period. Here, the twelve hour period from midnight to noon is said to provide the four *praharas* for *Kālacakra*'s four faces.

<sup>&</sup>lt;sup>3</sup> A half-prahara = 1.5 hours; there are eight such divisions in a 12 hour period =  $K\bar{a}lacakra$ 's eight arms.

<sup>&</sup>lt;sup>4</sup> According to this passage, *dina* becomes from midnight to noon, *rātra* is from noon to midnight.

the day. For the augmentation of the night Bhagavatī has five faces, Bhagavān has three faces-thus etc. is established; thus the one purification of Kālacakra. Likewise the second is stated--threefold etc. In this sense there are twelve zodiac signs: among these are the signs of Capricorn, Aquarius, and Pisces;<sup>2</sup> [31.20] from the division of the mind-vajra into sattva, tamas, and rajas, there are the white, red, and black faces--from the division of the lagna, there are three colors. In the same way there are the Aires, Taurus, and Gemini faces, and because of the division into rajas, sattva, and tamas division, [these] have the red, white, and black colors of the speech vajra. The Cancer, Leo, and Virgo faces, because of the division into sattva, tamas, and rajas, have the white, black, and red divisions of the body vajra. The Libra, Scorpio, and Sagittarius faces, because of division into tamas, rajas, and sattva, have the yellow, red, and white colors of the knowledge vajra. Because of the half-lagna there is a division of the arm into three colors. There is a relative enumeration of each of the two of the six [arms], beginning with the root face, on the left and the right. [31.25] In the same way for the twelve-faces--the Bhagavān has twenty-four hands, [yet] is [nonetheless] the one Kālacakra. In this regard, among

<sup>&</sup>lt;sup>1</sup> The Sanskrit reads  $p\bar{u}rva$ -sandhy $\bar{u}$ -apara-sandhy $\bar{u}$ yor div $\bar{u}$ -ratryor h $\bar{l}na$ -adhika-va $\bar{s}$ atah. According to this syntax,  $p\bar{u}rva$ -sandhy $\bar{u}$  goes with div $\bar{u}$  and with h $\bar{l}na$ , stating that the day-prahara preceding the noon junction, is less, and the night-prahara following noon is greater. The text is saying that when the midnight to noon day is shorter than the noon to midnight night, Bhagav $\bar{u}$ n is given an extra face and two extra arms to compensate.

The text reads teşām madhye, literally: "in the middle of these." Since, as Kim Plotker has explained, Aires is considered the 0 degree point of the ecliptic, these three signs would constitute the last three signs of the zodiac, not the middle. If they do constitute the middle in a different understanding of the zodiac, then we are left with four and a half signs on either side. The section that follows makes it clear that we are dealing with four groups of three signs, so "among" must be the correct translation.

the previously mentioned deities, who have one face or four faces, when there is uneven and the even embracing, that is in a portion of a sandhyā in front and in back, i.e. in what precedes the sandhyā, and in what follows the sandhyā, as a joining together (melāpaka). Where there is a mutual embracing of [deities] with three faces and six arms, that is in the middle limb³ of the noon junction and of the midnight junction. Similarly in the body and mind, i.e. the fifth [lunar day]⁴ is in the object, the seventh lunar day is from the division of the bodily states. So the former and latter junctions are the embracing [according to the] Yoginītantra, from the uneven union of either the one faced and the four faced; or [from the uneven union] of the one faced etc. [31.30] and of the eight faced etc.; so in the Yogatantra, for the two with even [number of] faces and arms, the embracing is when there is equal day and night time—this is the rule specific for time. Similarly—

[32.1] Knowing good and evil, knowing time, knowing the covenant, possessed of the

<sup>&</sup>lt;sup>1</sup> Add a visargah to the end of aparasandhyāyā.

<sup>&</sup>lt;sup>2</sup> Melāpakah. This is the first instance in the fifth chapter of KCT where melāpakah is not used as a term referring to a geographic location.

<sup>&</sup>lt;sup>3</sup> Madhyamam is also, acc. to Apte, the point where the meridian crosses the ecliptic. The ecliptic is the path through the celestial sphere taken by the sun, and the planets of the solar system. (Pluto's orbit is not in the ecliptic, yet Pluto is not part of ancient Indian astronomy.) The ecliptic is therefore seen as essentially horizontal by a standing observer, though its angle in the sky varies with the season and one's location on earth. The meridian is the vertical line across the heavens (or the celestial sphere) that passes through the celestial poles (not necessarily through the earth's poles, since the earth is tilted with respect to the celestial poles), and passes directly over the observer's head. Madhyamam is therefore the point where the meridian and the ecliptic intersect.

<sup>&</sup>lt;sup>4</sup> Pañcamī: is the fifth lunar day (tithi). Saptamī is the seventh lunar day (tithi) of the fortnight. There is a festival on the seventh day. What artha refers to in this context is not clear to me.

vow,5 the lord;

Knowing the *sattvic* senses, knowing the appropriate time,  $^2$  skilled in the triple liberation. ( $N\bar{a}$ , Sam 8.13) $^3$ 

Thus the Bhagavān's designation in the Nāmasamglīti.

Wisdom in the YoginItantra, the coming together in the Yogatantra, also, is the union of what preceeds and follows the junction [of the day], i.e. the joining together of noon and midnight--thus it is proven in the Tantra pair that the laughing ones etc. are in the junctions of the three hour segments of the day. In this sense, at the junction of the first three hour segment (prahara) there is laughing Tantra; at the [junction of the] third three hour segment, the looking (Īkṣaṇa) Tantra; at the [junction of the] fifth three hour segment the breast touching Tantra; at the [junction of the] seventh three hour segment the hand holding Tantra--in this way the fourfold Tantra. Why is that? In this regard, according to the degree of wisdom and laughter in the wind totalities, [32.10] vibrational happiness occurs. By the seeing of the fire

<sup>&</sup>lt;sup>1</sup> Samayin is a term used in the Kaśmīr Śaiva system, also for the "vow" or "covenant" possessor, i.e. the initiate.

<sup>&</sup>lt;sup>2</sup> Vela is in MW as garden or grove, cited from Lexicons, or a particularly high number, cited as a Buddhist usage. Vela = boundary, limit, time, season, period, time of day. It would appear that vela is intended here. Davidson takes it this way.

<sup>&</sup>lt;sup>3</sup> Davidson's edition gives this as verse 89. He translates it as "Knowing the skillful and the destructive (*subhāsubha*) and aware of timing, he understands the occasion and, possessing his vow, is the overlord. Knowing the faculties of beings and the correct opportunity, he is skilled in the triple release." (Davidson 1981:29)

<sup>&</sup>lt;sup>4</sup> MW lists vāyukṛtsna as "one of the ten mystical excercises called kṛtsna," citing an unnamed Lexicon. Kṛtsnagata is the name of a samādhi in the Karanḍavyūha. Kṛtsna = whole, entire.

totalities [vibrational] happiness occurs. By the breast touching of the water totalities [{vibrational} happiness occurs]. By the hand holding of the earth totalities happiness occurs. In this way there are the sixteen form realms; by beginning with Akanistha [lit: not the youngest], [and] ending with [the realm] of the Brahmakāyas, their extent in the upcoming supreme syllable knowledge attainment will be expressed. The joining together of the desire realms is the union of the pair--thus the doctrine. Everywhere in the formless [realm] there is continued existence of the dispassionate ones. | |44| |

[32.15] Now the desire state entrance is stated--

5.45: Into wisdom's limb, into red and yellow, one enters, restrained is *Kālacakra's* state;

Wisdom's state is in the white limb that is like a scraping cloud, for the lightning possessor the left and the east;

By the wisdom state it becomes expanded in the beautiful young woman,<sup>3</sup> the left and east limb, [and the one] belonging to Soma;

[What] belongs to Rudra, the right and western limb, for the supreme conquering lord the expansion of the state is exactly like that. | |45| |

[32.20] "Into wisdom's limb" etc. Here, into wisdom's limb, into red, is into the fire element, into yellow is into the earth element, one enters; restrained,

<sup>2</sup> Utpattih, sthitih, and layah are three states of existence.

<sup>&</sup>lt;sup>1</sup> Rūpa-avacarās.

<sup>&</sup>lt;sup>3</sup> Varatanu is a term for a beautiful young woman; i.e. "she who has the best body."

Kālacakra's state, wisdom and means are to be understood, since in the coming together what is wisdom is the perceiver of the means state, and what is means is the perceiver of the wisdom state. Therefore, by the perception of the state there is happiness; by that [happiness arising] Kālacakra's white water element enters into the red limb, i.e. into the fire limb; [as a result] equal taste occurs.

In the same way the black wind of equal flavor arises in the yellow limb, in earth. Similarly for the gods in the south [and] in the west. In this way, the wisdom state [enters] into the white limb, i.e. the blood state enters [32.25] into the water element. In the lightning possessor's left limb, i.e. in the black colored wind element of the deities, the yellow earth state enters into the east. Similarly, above and below, there is mutual joining together of the green and the blue. So it is expanded by the wisdom state in the beautiful young woman; for all sentient beings the left and the east and belonging to Soma; relating to Rudra, the right and the west, for the supreme conquering lord the expansion of the state is exactly similar; it is established that what's above belongs to Soma, what's below belongs to Rudra. [45]

- 5.46: Expanded by wisdom, the clan of the best host of the victor attains the state of having a dual intrinsic nature;
- [32.30] Expanded by the master of wisdom, in the intermediate direction also, is the restrained  $yogin\bar{i}$  host itself;
- [33.1] The couple, right and left, with the sun and moon's form also, in fact, former and latter, also;

Black, yellow also, dark blue and green, so from the sky to the nether world established. | | 46 | |

So by wisdom expanded, the clan of the best host of the victor, what has become the semen constituent, [and] is characterized by water, wind and space, according to the division of the body, that itself, because of the division of the states, is not distinguished from the rajas constituent [and] becomes what has earth, fire, and knowledge as its intrinsic nature. What has a dual [33.5] intrinsic nature is clan of the best host; i.e the host of the gods is [both] red and white; the left and right are yellow and black; the former and latter, above and below, are dark blue and black. In this way, wisdom's host clan is expanded by the master's state in the intermediate direction, also, restrained, attains the state of a dual intrinsic nature. In the southwest and in the northeast there [the dual intrinsic nature] is the white and red; in the northwest and in the southeast the dual intrinsic nature is black and yellow--thus the rule. So the means' host is situated in the cardinal directions, and in the intermediate directions is the yoginī host, i.e. the wisdom host, of Locanā etc., and of Tārā etc. So the couple, left and right, [33.10] with the sun and moon's form also, in fact, former and latter also; black, yellow also, dark blue and green, so from the sky to the nether world situated, the deity host--thus the rule. | 46 | |

5.47: There are red wisdoms for the white ones, [and] the moon-whites for the red ones in exactly the same way;<sup>1</sup>

<sup>&</sup>lt;sup>1</sup> Tathā eva.

For the yellow ones, there are the black colored ones; there are the ones like the best gold also for the white clans;

For the blue ones there are universal colored ones; on the other hand,<sup>1</sup> for the green ones also, there are the dark blue ones, stated in the same way;
[33.15] In exactly the same way for the goddesses, the deities are to be known as residing in the cardinal directions of their own clans.||47||

Hence, from the [sexual] embrace by [a member of] the supreme clan, there are red wisdoms for the white ones, for the means; there are moon-whites, the wisdoms, for the reds, the means. In exactly the same way for the yellow ones, for the means, the black colored ones, the wisdoms; the best gold resembling ones, the yellow wisdoms, also for the white ones. So for the black means, for the dark blue clans, the universal colored ones, i.e. the green wisdoms. On the other hand, for the green ones, for the means, the dark blue ones, the wisdoms, stated in the same way--thus [33.20] the axiom. Through the [sexual] embrace by [a member of the] supreme clan, there is the completion of activity; through the [sexual] embrace by [a member of] one's own clan there is no completion of activity, because activity is stopped in one's own self.<sup>2</sup> Happiness does not at all arise thinking with the vagina about the constituents to be produced from the vagina; nor for the same reason does happiness arise by thinking with the penis about [constituents] produced

<sup>&</sup>lt;sup>1</sup> Punar api.

<sup>&</sup>lt;sup>2</sup> Svātmani kriyā-virodhāt--because of the blocking or cessation of activity in one's own self, or in the individual.

by the penis.<sup>3</sup> Hence the intrinsic lights in the *Kālacakra* are not the wisdoms, since in the intrinsic self activity is stopped. Now there is the perception of the intrinsic light of thought because it has the characteristics of a mirror image; that itself is considered. In this regard, in the mirror the male image does not resemble [a woman] with breasts and long hair, nor does it resemble<sup>2</sup> a woman's image without breasts and vagina; [33.25] therefore there is no state [of engendering the image of a woman] by one's own light. Likewise the opposite is also blocked.<sup>3</sup> In this regard the marks on the left arm of the image are situated on the right arm of what is being reflected in the mirror. Similarly what is the left face [in the mirror] is its right face,<sup>4</sup> [34.1] and the state of its color is its own light; i.e. [the image] does not exist [independently]. Therefore, [it only exists] by the *manḍalacakra* meditation with the embrace of the supreme clan, according to *Kālacakra*'s axiom. In a different *Tantra* than the latter, further--

With whatever state [emotion] the mind of men is joined, by that [state] its

<sup>1</sup> Pasas is the Atharvaveda and Śatapatha Brāhmaṇa word for penis. I've translated bhagacintayā and liṇga-cintayā (both instrumental singulars of -cintā) in the semi-colloquial sense we use in modern English, i.e. "thinking with his penis," or "thinking with her vagina." I think the point the text is driving at is that the sexual experience intended in the Tantric context is not the self-driven lust that leads to problematic sexual experiences. Verse 5.47 appears to be referring to specifics of identity transposition in sexual experience--the losing of one's sense of self into the other, and vice versa. The difference here is that this 'letting go' is apparently an intended, planned, and designed experience, rather than the fortuitous one it tends to be in normal sex.

<sup>&</sup>lt;sup>2</sup> Nāpi. Here the api serves as a marker for the syntax of the preceding phrase.

<sup>&</sup>lt;sup>3</sup> That is to say, a woman standing in front of a mirror does not produce an image of a man, with or without his genitalia, hair, etc.

<sup>&</sup>lt;sup>4</sup> The right face of the reflectee.

constitution occurs;5 the jewel is similarly of universal form.6

## [34.5] (Yoginī Saṃcāratantra 11.2)

Therefore careful consideration of speech that is confused and disordered is not possible. According to ultimate truth, further, in the meditation on the voidness image there is no conception of the image of the form; therefore, since it lacks the intrinsic nature of intrinsic light, it doesn't exist. Since both knowledge and the knowable can be of any form and any color, and since both [knowledge and the knowable] lack the *vikalpa* of the infinitesimal atom and substance, there is no intrinsic reality [to them]. Hence one should perform the meditation on lack of intrinsic existence and lack of coming into existence of the pot, the cloth, the cart and the army<sup>3</sup> etc. [The meditation] is not local, being devoid of all worldly customs.<sup>4</sup> [34.10] Thus the *Mādhyamika* doctrine, according to the axiom in the chapter on tattva in the mantra system.!|47||

5.48: The wisdom *Tantra* [he expresses] certainly from the east; moreover from the opposite face itself [he speaks] what is pierced through by *yoga*;

From the right mouth the master of victors speaks the Yogatantra, from

<sup>&</sup>lt;sup>1</sup> Literally: it goes to being made of that (tan-mayatām yāti).

<sup>&</sup>lt;sup>2</sup> Since the jewel is altered in appearance by its background.

<sup>&</sup>lt;sup>3</sup> The mention of *senā* here as one of the objects of the *niḥsvabhāvaḥ* meditation suggests to me that it is directly related to the repeated phrase *pratisenā-ādarśaḥ* that Newman and Wallace translate as "prognostic image." See Orofino's excellent article on prognostic or oracular mirrors, (Orofino 1994b), where she does not however deal with the customary Sanskrit denotation of *senā*, and the usual denotation of *prati*- words in Sanskrit.

<sup>&</sup>lt;sup>4</sup> The phrase in Sanskrit is: na prādešikī sakala-loka-vyavahāra-rahitā (the feminine endings for the agreement with bhāvanā). The point seems to be that the meditation on the pot, cloth, etc. of the Tantric rites is enjoined universally for all practitioners—it is not a local variation, or a regional innovation; nor is it a local custom for ordinary purposes.

the left mouth [he declares] the Kriyā[tantra] etc., |

The Yogācāra [texts he utters] from the east, indeed, moreover from the western mouth [he proclaims] the madhyaga (Mādhyamaka) indeed, completely;

The Sūtrānta<sup>1</sup> he speaks from the right mouth, and from the white mouth [he proclaims] the purified Vaibhāṣika, also. | |48| |

[34.15] 5.49: The Rgveda the Indra of victors articulates from the western face, and [he exclaims] the Yajur[veda] from the left mouth;

From the right face [he elaborates] the *Sāma[veda*], in supreme *Hari*'s clan [he communicates] the *Atharvaņa* from the eastern face;

From the eastern face [he expresses] the *Kaulatantra*, moreover from the western face [he proclaims] the  $G\bar{a}ruda$  [and]  $Bh\bar{u}tatantras$ .<sup>2</sup>

[He declares] the [Saiva] Siddhānta from the left face, [and] the Viṣṇudharma [that is] like unto the rising sun [he proclaims] from the left [face]. | |49| |

5.50: From the rear, at the same moment, there is cessation (*Nivṛtti*) from the supreme white face there is *Vāmadeva*, the support;

[34.20] From the right Vidyā and Aghora, moreover from the wind (western) face

<sup>&</sup>lt;sup>1</sup> I.e. Sautrāntika.

<sup>&</sup>lt;sup>2</sup> 1) This is the first mention of the *Kaulatantra* I've seen in this text--since it's in the verses proper, it might appear to align the text historically with the Kaulatantra tradition. That is, unless these are interpolated verses—and they could be—the *Mūlatantra*, or *Ādibuddha* was written at a time when the *Kaulatantra* tradition already existed. 2) MW lists *Gāruḍatantra* as "N. of a Tantra work" without any further reference. 3) MW lists *Bhūtatantra* as "the doctrine of spirits (as contained in the 6th ch. of the Asṭaṇga-ḥṛdaya)." This may be an abbreviation for the *Bhūtaḍāmarutantra*. Dyczkowski explains that the *Gāruḍa* and *Bhūta Tantras* were two classes of Śaivite Tantras. (See Dyczkowski 1988:39ff.).

## Māruta and Brahmaśāntī; [1

From the void face the void and the master; with the lord of the three realms, [they all]<sup>2</sup> are emitted for the sake of the world;

The Krt,  $Tret\bar{a}$ ,  $Dv\bar{a}para$ , and Kaliyuga in addition, [are emitted] according to the division of the back face etc. 3||50||

5.51: In this way the hero sequence etc., from the influence of the sun's movement, in fact, is the set of four daily junctions;<sup>4</sup>

The bringing near is from the left face, and the supreme fear is expanded from the rear face;

[34.25] From the eastern face is copulation, indeed, from the supreme white face sleep and dream also, Oh king;

From the back there is the  $Vai\acute{s}ya$  [and] the twice born, the king of men also, likewise the  $\acute{S}\vec{u}dra$  class in sequence. | |51||

[35.1] 5.52: From the east the lord of victors utters the *Sarvāstivāda*, and the *Sāmmitīya* from the right (south),

From the rear (west) face [he expresses] the Sthāvarīyam (Sthāviravādins)

<sup>&</sup>lt;sup>1</sup> The compound *Māruta-Brahmaśantyau* is unusual. The Sarnath editors suggest that it should perhaps be emended to *-Brahmaśantī*. The *-tyau* is simply the nominative dual ending for *-tī* in any case, so no emendation is necessary. The dual ending here indicates that the compound must be scanned as I have done. However, *Brahmaśantī* is not a commonly found name; it would translate to something like "She who brings the peace of Brahman," most likely a specifically Tantric goddess.

<sup>&</sup>lt;sup>2</sup> Sphāritā is nominative plural, so it must be referring to all the preceding in this verse, i.e. nivrttih, Vāmadevah, Vidyā, etc.

<sup>&</sup>lt;sup>3</sup> I.e. these ages are emitted from the four faces.

<sup>&</sup>lt;sup>4</sup> Sandhyācatuskam.

on the other hand, the Mahāsamghika [he emits] from the left (north) face;

Humanity from the eastern face, further, from the western face, are expanded the animals, indeed;

From the right face the ghosts and devas, from the supreme white face the  $n\bar{a}$ rakas and the asuras. | |52||

[35.5] 5.53: From the heart cakra, from the eastern face there is an vibrational expansion, and there is [an expansion] from the navel cakra, [and] from the opposite face;

From the enjoyment [cakra] there is [a vibrational expansion], and from the innate [sahaja] [cakra] from the left face, on all sides;

From the middle of the faces of the cakras the emotion<sup>2</sup> that is the state of vibrational expansion and settling conclusion<sup>3</sup> moves in the body;

And furthermore the entire three worlds also [moves as a state of expansion and conclusion in the body], certainly, also together with the different faces of the progenitor of victors. |53||

5.54: From the glorious moon, water certainly flows into the moon-stone, since it

<sup>&</sup>lt;sup>1</sup> Spharanam.

<sup>&</sup>lt;sup>2</sup> Bhāvaḥ.

<sup>&</sup>lt;sup>3</sup> Nidhanam. From √nidhā, to lay down, deposit, commit, put into. Nidhanam comes to mean: settling down, receptacle, conclusion, end, destruction, death, the concluding passage of a Sāman, etc. Although spharanam and nidhanam most simply refer to creation and destruction here, the choice of these terms also suggests a more technical meaning, related to the subtle body structures of the cakras. Given, furthermore, the fact that the text is discussing both micro and macrocosmic aspects, it is necessary to find the microcosmic import of the 'creation' and 'destruction' terms used.

is intrinsically without error;4

[35.10] Similarly the omniscient quality<sup>2</sup> flows from the lord of victors into the world, settling in the aggregates;

The *dharma*, and likewise water, achieves equal flavor by the relationship between the seed and the constituent element;

By sentient beings' thought purification there arises the manifold, through the power of prior karma. | | | | | | | | | |

5.55: There is no anxiety on the part of the creator of all things, in the three worlds' abode, and [there is no anxious thought engendered] from the thought gem,<sup>3</sup>

Wicked beings do not see what is situated in thought,4 because of the influence of the evil fruits of action;

[35.15] The fault is not from the thought-gem, because all beings experience good and evil fruit;

When a being is purified, [he becomes] the Indra of victors, and he [the Indra of victors] is the man--what [would one want] with another victor?||55||
5.56: The sprout produced by this grows; it produces, since it was produced,
destruction;

What is produced becomes the producer of what is destroyed--additionally

<sup>&</sup>lt;sup>1</sup> Nirvikalpa.

<sup>&</sup>lt;sup>2</sup> Sarvajña-dharmah.

<sup>&</sup>lt;sup>3</sup> Cintāmanih.

<sup>&</sup>lt;sup>4</sup> I.e. the thought-gem (cintāmaņi).

[it is the producer] of the king of seeds;

What previously [existed], that has died from another state-- hence the statement that it was not intrinsically produced;

[35.20] From the void by this [manner just described] it came to the earth--[and] it will go, possessed of ten powers, in a moment of happiness.  $||56||^2$ 

5.57: From happiness, to happiness devoted, in a moment, here, spontaneously produced, devoted to no other feeling.<sup>3</sup>

These aggregates are by that [manner] produced, furthermore, and they are the producers of this moment of happiness;

From what is purified there is *dharma*, then another furthermore, then again another, and from that it is purified;<sup>4</sup>

Just as from the seed [grow] the roots, the branches, the flower and the fruit, so from what is cultivated [the *dharma* is produced] on the purified ground.  $||57||^5$ 

<sup>&</sup>lt;sup>1</sup> Dharmasamgrahah 75: The ten abilities of the Bodhisattva are as follows: confidence [strength of attitude], mathematical ability, emotional strength, patience, knowledge, the power of renunciation, the power of perfected concentration, mental clarity, virtue, and the power of perception. ("Bodhisavvtānām daša balāni, tadyathā—adhimuktibalam, pratisamkhyānabalam, bhāvabalam, kṣāntibalam, jñānabalam, prahāṇabalam, samādhibalam, pratibhānabalam, puŋyabalam, pratipattibalam ceti." Kasawara et al 1885:16.)

<sup>&</sup>lt;sup>2</sup> This appears to be an abbreviated poetic description of incarnation and death; incarnation from the void. Death is equated with the moment of pleasure in ejaculation, just as the French call orgasm *le petit mort* (the little death).

<sup>&</sup>lt;sup>3</sup> This too describes the moment of procreation, the complete absorption in the pleasure of the momentary experience of orgasm.

<sup>&</sup>lt;sup>4</sup> Four stages of initiation.

<sup>&</sup>lt;sup>5</sup> Again, this represents in abbreviated poetic form the basic argument of the Tantric philosophy. The aggregates constituting the living human being are engendered through procreation, and these aggregates in turn engender the next generation. When these are properly cultivated, however, and successively purified through the rites of Tantric initiation

[35.25] 5.58: The earth, water, and fire, and the wind, the taste and the supreme taste, and the atoms, the six sorts;

Individually lacking smell, etc., and without sense objects, [yet] the ultimates are visible by knowledge;

[36.1] The desire-[realm]s, the form-[realm]s, the formless-[realm]s, Yama, Yama, and the moon, the ultimate is the dharma realm;

All the forms, they are permanently those that have become the innate basis for imperishable joy, everywhere. | | 58 | |

5.59: The sense objects and senses mutually become the aggregates, and the ignorances mutually destroy [them];

Mutually devoted to the five, situated in the six paths, from the moment of suffering and happiness;

[36.5] Having all the forms, everywhere, not enamored of another's virtue, [they are] abiding, with unsplit lightning bolts;

And the other emotions, on the other hand, have also gone into the earth

and the mastery of the non-ejaculatory sexual rites, one may attain the realization of the [true] dharma.

<sup>&</sup>lt;sup>1</sup> In bhuta-saṃkhyā notation, yama-yama-śaśin = 122. It is not clear yet what the 122 refers to. The Dharmasaṃgrahaḥ 127 and the Guhyasamāja-pradīpodyotana 169 both define the desire realm (kāmadhātu) as sixfold. The former definition reads: There are six deities who are the dominions of desire, as follows--the thirty-three attendants of the four great kings, [i.e.] the 'satisfied ones' (tuṣita), the watches of the day (yāma), the transformed ones (nirmāṇa), the sexual pleasure ones (ratayaḥ), the created ones (parinirmita), and the obedient ones (vaśavartin). ("Tatra ṣaṭ kāmāvacarā devāḥ, tadyathā--cāṭurmahārājakāyikās-trāyastriṃśās tuṣitā yāmā nirmāṇa-ratayaḥ paranirmita-vaśavartinaś ceti"--Kasawara et al 1885:31). The Pradīpodyotanaḥ definition is virutally identical. (Cāṭurmahārāja-kāyika-trāyastriṃśad-yāma-tuṣita-nirmāṇa-rati-paranirmita-vaśavartīti ṣaḍvidhaḥ kāmadhātuḥ--Dwivedi & Shashni 1990:26).

constituent, etc., in the principal emotion. [ | 59 | ]

5.60: And with the great many emanation bodies Kālacakra manifests magical power;1

And with the flashing flames of lightning [he manifests the magical power] of the asuras, gods, and men residing in the desire realm;

[He mamifests magical power] with the enoyment [bodies] of the form

possessors, certainly, in the navel, [and manifests magical power] with the dharma bodies of the victors' sons etc. and the arhats; [36.10] With the void portions [he manifests] the entirety of the void, [and] the entire three worlds, [and] with the winds [he manifests] the entire wind. [60] 5.61: With the fire portions [Kālacakra manifests] the entire fire, and the water likewise [he manifests entirely] by the world-wide diffused water portions;

The entire earth [he manifests] by the earth portions, with the assembled sense objects the entire intrinsic nature of material objects;

One should teach that this sky-like single atman is everywhere, in the purified ground;

In this way the buddha's body comes into existence, and it does not die, either, since it has the single happiness as its intrinsic nature. [ | 61 | | [36.15] 5.62: From the five formed, from the unity of that, there is this deep understanding<sup>2</sup> by the best of all the victors,

<sup>&</sup>lt;sup>1</sup> Rddhi.

<sup>&</sup>lt;sup>2</sup> Abhisambodhih.

It [this deep understanding] has the form of twenty-shapes, on the other hand, and because of that it also has the intrinsic form of multiple illusions;

There is a single moment of it [of this deep understanding] that provides the fruit of equal happiness, and has no other activity as its intrinsic feeling,

In this the means is imperishable, it is innate here in this moment, when entering the dharma-realm. | |62| |

5.63: The *Buddha* fields are endless, of unmeasured qualities, as are the constituents, the atmosphere, etc.;

[36.20] Maintenance, arisal, and destruction, threefold thus is existence; all sentient beings are in the six paths;

The Buddhas, the fierce ones, the gods, etc., with compassionate hearts the bodhisattvas, with their wives,

This is the *cakra* of the victor, revered by three worlds, the one [cakra] of the one lord. | |63| |

So beginning at the forty-eighth verse, up to the sixty-third verse, the sixteen verses are easily understood. | |48-63||

[37.1] Now the purification of the ten forms in the body is stated--

5.64: The bodily hair, skin, blood and flesh have the same flavor, and likewise the bones, marrow, and vessels;

In them [in the channels] there are the *prāṇa* etc. winds; the sun, moon, and sky are in midst of the winds everywhere;

Vijñāna is in the moon's midst, like a faultless gem it is embraced by all

the states of being,

[37.5] That is the non-duality of existence and non-existence, the supreme immortal place, the pervading and unstruck. | |64| |

"Hair"etc. Here bodily hair is the head hair, the space constituent; the skin and flesh are the wind constituent; the blood, twofold, is the fire constituent; sweat and urine are the water constituent; bone and marrow are the earth constituent; the vessels, the prāṇa etc., are the knowledge constituent. Rāhu and the tail are the knowledge-lightning bolt, Rāhu is the thought lightning bolt; the sun is the speech lightning-bolt; the moon is the body lightning bolt. Of these four in the midst of the wind the sky is everywhere. Vijāāna is in the moon's midst, in the semen's midst, like a faultless gem, like a crystal, [37.10] embraced by all the states of being, because of being connected to what is placed upon it. The non-duality of existence and non-existence, like an illusion, the image of the void, here indestructible happiness, the supreme immortal place, the pervading and unstruck is that--thus the rule. In the body, the purification of the ten forms.

Now with the ten grounds the constituents are purified—
5.65: The bodily hairs etc. are the moon; the ends [of the bodily hairs] situated all over the entire body are the grounds that are called the ten;<sup>4</sup>

<sup>&</sup>lt;sup>1</sup> Upadhāya-yogatah. This is the classic simile in Sanskrit, that the gem takes the color of what it is placed against, and the mind takes the influence of what it considers.

<sup>&</sup>lt;sup>2</sup> Verse reads bhāvābhādvayatvam.

<sup>&</sup>lt;sup>3</sup> Śunyatā-bimbam.

<sup>&</sup>lt;sup>4</sup> I.e. the ten *bodhisattva* grounds. According to *Dharmasamgrahah* 64, the ten grounds are: delighted, stainless, illuminating, brilliant, very difficult to conquer, facing forward, gone far, unmoving, good, and the cloud of *dharma*. (*Dasa bhūmayah--pramuditā*, *vimalā*, *prabhākarī*,

The six consonant classes, *la* etc. are the others providing for the *yogis* the fruit of equal happiness, for all time;

[37.15] Therefore [these consonant groups] are to be investigated by *yogis* sitting at the *guru*'s feet, for the sake of liberation;

There is no other *Buddha*, and anyone, even though without a body, as a pervader, is a provider of liberation. | |65| |

"The body hairs etc." The body hairs [and] the head hairs are 'delighted;' the skin [and] the flesh are 'without blemish;' the blood and twofold are 'illuminating;' rasa [and] water are 'brilliant;' the bones and the marrow are 'very difficult to conquer;' the channels [and] prāṇa are 'facing forward;' the time-fire [and] the passion constituent are 'going far;' rāhu is 'unmoving;' the sun is 'good;' the moon is the 'dharma cloud;' [37.20] through the tamas, rajas, and sattva character of passion, there is the descent of what is concealed. In this way, the bodily hairs etc. are the moon, the ends all over the entire body, having become unveiled. Of those, the grounds that are called the ten, those, further, are the six consonant classes, la etc., [and] are called the application phonemes. Among them, the ka group is 'delighted.' Similarly, by relative enumeration, ca, ta, pa, ta, sa, i.e. the six consonant groups, [and] la, va, ra, ya, ha, al, o, ar, e, a, l, u, r, i, a, hah, am. Similarly, by the reverse order also, the long vowel etc. groups are the

arcişmatī, sudurjayā, abhimukhī, dūramgamā, acalā, sādhumatī, dharmameghā ceti." (Kasawara et al 1885:14).)

<sup>&</sup>lt;sup>1</sup> Verse reads lokādayo 'nyāḥ--the commentary parses this as lokādayo nyāsamātrikā.

<sup>&</sup>lt;sup>2</sup> Nyāsa is a term for the ritual application of mantras to various parts of the body.

grounds of wisdom. These provide the fruit of equal happiness for the yogis, all the time. Therefore [these consonant groups] are to be investigated [37.25] by yogis sitting at the guru's feet, for the sake of liberation—thus the Bhagavān's rule. There is no other Buddha, and anyone, even though not having a body, as a pervader, is a provider of liberation. Here the bodily constituents are unveiled, [and they are] buddhahood-granting, and liberation-providing. | |65||

5.66: The conscious beings [become] Buddhas, yet the other [does] not [become] a Buddha; the great one is found here in the world's realm;

By paying homage to them, also, the unperfected state of being is cut off, because it is without change;

[38.1] Because, causing injury, the *yogi* goes to hell, beginning with the terrifying [hell], ending with the great [hell];

Therefore, even when the thinking is purified, one should not create opposition to wise or unwise people. | |66| |

5.67: Having attained the devotion of conscious beings, there comes into existence, Oh ruler of men, the purified thought of friendship etc.;

Or else there may be thought of enmity and passion towards transmigrators of inauspicious qualities;

[38.5] The bodhicitta is always twofold, also, going and wishing to go;<sup>2</sup>

<sup>&</sup>lt;sup>1</sup> Aml = nom. plural masc. of the pronoun asau.

<sup>&</sup>lt;sup>2</sup> Presumably this refers to going towards liberation, or desiring to go towards liberation, in contrast to the non-progression of the *māra-cittam*, the thought or awareness dominated not be enlightenment, rather by the four *māras*. *Dharmasamgrahah* 80 defines the four *māras* as follows--the aggregate *māra*, the addiction *māra*, the son of a god *māra*, and the death *māra*.

The  $m\bar{a}racitta$  is constantly without progress towards liberation, and without attention. | |67| |

5.68: The mārās create turmoil in the three worlds' domain, and the bodhisattvas [create] peace;

The chief [Indra] of the *mārās* is also without prosperity, causing the paramount fear, and the prosperous one is the one teacher;

For the  $m\bar{a}r\bar{a}s$  the  $m\bar{a}ra$ -intelligence resides in another's heart--for the protectors [it is] the happiness intelligence;

[38.10] Therefore with the *buddha*-experiences the entire three world proceeds to endless time. | |68||

5.69: What is the opinion of the worldly realm, the victors do not tell that to knowledgeable men;

It is not the opinion of the *buddhas*, since through the influence of the orgasmic body a single cubit is many; | 1

The opinion suitable for conscious beings manifests constantly in the action ground of living beings;

And if this one tells me an expressed-opinion, the gods say this one is an unbeliever. | |69||

[38.15] 5.70: The chiefs of the victors, produced by this, have, through the strength of daily (practice), exited with this from the womb;

<sup>(&</sup>quot;Catvāro mārāḥ, tadyathā--skandhamāraḥ, kleśamāro, devaputramāro, mṛtyumāraśceti." Kasawara et al 1885:17).

<sup>&</sup>lt;sup>1</sup> Sahajatanuvašāt ekahastam hi anekam.

[They are] perfected by this moment, free from flowing, having become both vibration and non-vibration;

Abandoning the *buddha* activity that is devoid of the equal happiness, one should cause it to become mutual,

The buddha-hood of that sort [i.e. mutual] is intense, orgasmic happiness for many ten millions of kalpas. [ | 70 | |

5.71: There is no grape vine from the Nimba tree,<sup>2</sup> nor immortality nectar from poison, nor lotus from the *brahma* tree;<sup>3</sup>

[38.20] Nor from the void *nirvāņic* happiness, nor what's beneficial from the influence of what's evil, nor the *siddhis* from killing living beings;

Nor heaven from the sacrifice of animals, nor the supreme abode of Śiva from the blocking off of the senses;

Nor from the *Veda* the language of omniscience, nor the steady indestructible happiness from the perishable, unpurified thinking. | |71 | | 5.72: The sinful thinking of conscious beings arises, Oh ruler of men, governed by *Māra*'s attendants;

<sup>&</sup>lt;sup>1</sup> Kṣaraṇa-virahitā should end with a visargaḥ (-virahitāḥ), since it is followed by spanda-. In most instances terms for not flowing out, not pouring forth etc., such as a-cyuta or kṣaraṇa-virahita, are multi-faceted, meaning both non-ejaculating, and also thereby self-contained in a psychological and spiritual sense. In contemporary colloquial English we might say such a person is "very together."

<sup>&</sup>lt;sup>2</sup> Nimba is identified by MW as the Azadirachta Indica--its fruit is bitter and its leaves are chewed at funeral ceremonies.

<sup>&</sup>lt;sup>3</sup> The *brahma* tree MW identifies as the divine tree, *Brahmā* regarded as a tree, or *Butea* Frondosa or Ficus Glomerata.

Yet the devotion to merit and knowledge provides happiness, governed always by the bodhisattvas;

[38.25] [They] attain  $nirv\bar{a}na$  by means of this joyful covenant, having destroyed the addictions and the  $m\bar{a}ras$ ;

Therefore the  $M\bar{a}r\bar{a}s$  create for them, on a daily basis, many obstacles. | |72||

[39.1] 5.73: The action consort is to be practiced [with] at first for the sake of the growth of this orgasmic happiness of the victors;

After that She of the solar form! fills the body, mouth, feet, uṣṇīṣa and all the limbs;!

She conforms to the lightning scepter, she generates imperishable happiness, she is adorned with the characteristics and secondary characteristics;

With lightning bolts she illumines, [her] body resides in the three states of existence; from that there is the *dharma* realm. | |73||

[39.5] 5.74: These four *mudrās*, providing the fruit of impershable happiness, are to be meditated upon by the *yogin*,

Everywhere, all the time, by engaging in great sexual pleasure, who are dedicated to the worldly path,

In the village, in the forest, and in the cremation ground, in the impure and in the pure abodes, and in the house and in the abodes of the deities,

With the phonemic and non-phonemic spells, [and] with the bodily

<sup>&</sup>lt;sup>1</sup> Ādityarūpā.

strength and happiness providing pleasures of food and drink etc. | |74| |

Now when the voidness image is being seen by [means of] the *prāṇa* blockage, the attainment of the moment for the *yogis* is stated--

5.75: By the winds being rubbed together, the flame tipped lightning makes the moon flow into the head;

Whatever drop has flowed from this [place in the head], going into the throat and [then] into the heart, [then] into the navel and into the secret [cakra], it is withheld;

It is the drop's vibrational flow going into the thunderbolt jewel, being withheld at the sex organ's tip.

[39.15] That moment of wisdom and knowledge, if it provides happiness with an ejaculated garland of drops....(the phrase continues with the first line of the next verse) | |75||1

"With the winds" etc. By prāṇāyāma the ten winds are rubbed together.

When the speech image is being seen by those ten, the prāṇa and apāna etc. being

rubbed together, [then there is] in the navel pericarp Candālī, the lightning flame's

<sup>&</sup>lt;sup>1</sup> This is the most explicitly sexual reference in Chapter 5 up to this point.

<sup>&</sup>lt;sup>2</sup> A candāla is an outcaste born from a Śudra father and a Brāhman mother (see Śānkhāyana Grhyasūtra ii.iv [MW]). Here we have a feminine of the term, apparently made into a Tantric goddess. MW gives candālā as the proper feminine of candālah. He cites Kulārņavatantra vii as the source for "one of the 8 kinds of women attending on Kaula worship." The passage he refers to is Kulārvnavatantra 7.42a. The passage discussing the initiation and worship of Tantric consorts reads as follows: 7.39: Therefore having worshipped the very beautiful consort with fragrances and fresh flowers, one should present the enjoyment-goblet with the divine intellect, 7.40: And inside of that there are also intoxicating, charming young women; honoring them with the divine intellect, one should give the goblet to them individually. 7.41: For the one who has not presented it, and who does not honor the reality of the clan with the consorts, his worship will be fruitless, and the

tip [or] ray; that tip in the head, i.e. in the forehead [cakra], causes the moon to flow--hence the bodhicitta has its birthplace. Whatever bodhicitta drop has flowed, from this, from the forehead [cakra], having gone into the throat, the heart, the navel, the secret place, it is withheld, i.e. [39.20] by the prāṇa's and apāna's strength the bodily drop is in the secret [cakra] withheld--in the same way the speech, thought, and knowledge drop[s] are in the navel, heart, and throat withheld, hence, that is the vibrational flow of the drop. In this regard, the additional spontaneous flow--from the bodily drop that is situated in the secret [cakra], since it is held back--

goddess will not be satisfied. 7.42: The Candālī, a leatherworker's wife or daughter, the daughter of a Kşatriya mother and a Vaiśya father (or, the daughter of an unmarried woman, or the daughter of a Magadha tribe), the daughter of the Pukkasa tribe (of mixed race), likewise, a dog-cooker (a mixed caste person-the men act as executioners or disposers of the kinless deceased), a marriage negotiator, a fisherman's wife or daughter, and vaisya women. 7.43: This is said to be the eightfold clan; [now] the non-clan [akula] group of eight is stated: a woman from the Kaufica region of the Himālayas, a woman who sells liquor, a female soldier [or wife or daughter of a professional soldier], and a woman who dyes cloth, 7.44: A female singer, a washerwoman, an artisan, and a birdkeeper [? 'related to the Cuckoo bird'], thus the eight. 7.45: And a young lady engaged in a vow, or one who is the basis of the yoga seal, she who is obtained voluntarily at the time of worship is to be known as orgasmic/innate by the wise. (7.39: Tasmāt sulakṣaṇām śaktim gandhapuṣpākṣatādibhih Abharccya devatābuddhyā bhogapātram nivedayet | 7.40: Tadante kanyakāś-cāpi pramadāśca manoharāh! Sampūjya devatābuddhyā dadyāt pātram pṛthak pṛthak! | 7.41: Anivedya tu yah saktyai kuladravyam nisevate| pūjitam nisphalam tasya devatā na prasīdati|| 7.42: Candālī carmmakārī ca māgadhī pukkasī tathā! śvapacī khattakī caiva kaivarttī vaiśyayoşitak | 7.43: Kulāştakam idam proktam, akulāştakam ucyate | Kanţukī [kauñcukī] sandikī caiva sastrajīvī ca rancakī | 7.44: Gāyakī rajakī silpī kaukikī ca tathāstamī | Tantramantra-samāyuktā samayācārapālikā. | 7.45: Kumārī ca vratasthā ca yoga-mudrādhārāpi vā| Pūjākāle svatah prāptā sā jfieyā sahajā budhaih. : (Avalon & Vidyāratna 1917:68).) It is clear from the preceding list that both the kula group and the akula group of women come from the mixed castes, and outcastes who perform tasks shunned by the brahman elite. Since a number of the mixed caste types are referred to by the term candala/a/t, it may be that this term came to be used generically for a Tantric consort, and thereby shows up in the Kālacakra verse as a representative name for the Tantric consort. Goudriaan, following Carlstedt, dates this work tentatively between 1000-1400 CE (Gupta, Hoens, and Goudriaan 1979:11). Unfortunately Carlstedt's writings are in Swedish, so I haven't checked his evidence (since I don't read Swedish).

<sup>&</sup>lt;sup>1</sup> This is the first explicit localization of arisal point of *bodhicitta*.

is called the vibrational flow.<sup>1</sup> In that sense going into the thunderbolt jewel, being withheld at the sex organ's tip, at the tip of the *linga*. The wisdom and knowledge moment is the vibration, that, if it provides happiness with an ejaculated garland of drops, as the cause, then there is no knowledge of the *karmamudrā*.<sup>2</sup> Hence wisdom and knowledge is explained. | |75||

[39.25] 5.76: Therefore the *dharma* realm provides the orgasmic, non-vibrational moment of happiness,<sup>3</sup>

Having with the  $pr\bar{a}na$  drawn towards oneself all things residing in the six paths, having destroyed the addictions and the  $m\bar{a}r\bar{a}s$ ;

[It provides] prosperity/supernatural power, the ground of omniscience, three-worlds' guruship, when yogis are born here;

If one dies, having perceived that, having entered the path, [one is

<sup>&</sup>lt;sup>1</sup> The point here appears to be as follows: since the drops are held back, or stopped in the individual cakras, how could it be possible to have a vibrational flow (spanda-dravam)? The problem is solved by positing an additional spontaneous flow (aparam svaccha-dravam) from these avaruadha drops. A contemporary image that comes to mind is of supreconductivity experiments, where the cooling of the material to the point where atomic motion of the material nearly ceases allows for the superconducting current to flow. Here, the spontaneous vibrational flow becomes possible once the drops have been stopped in the individual cakras. The use of the term spanda in this context suggests parallels with the Spandaśāstra of the Kaśmīr Śaivite tradition.

<sup>&</sup>lt;sup>2</sup> Karmamudrā: The <u>Bauddha Tantra Kośa</u> gives two useful explanations. The first, from Sekoddeśaţīkā p.56, reads: The action consort, with [beautiful] breasts and hair, is the reason for happiness in the desire realm. The action is characterized by the activities of kissing, embracing, touching her private parts and rubbing [her vagina] with one's vajra, etc.: she who is characterized by that is the consort [mudrā], inspiring confidence. Confidence here is characterized as destructible happiness. The consort provides joy, special happiness, and sexual pleasure. ("Karmamudrā stana-keśavatī kāma-dhātu-sukhasya hetuh! Karma cumbanā-ālingana-guhya-sparśa-vajra-āsphālana-ādi-vyāpārātmakam, tena upalakṣitā mudrā pratyaya-kārint! Pratyayo 'tra kṣara-sukha-lakṣaṇah! Mudam sukha-viśeṣam ratim dadāti iti mudrā-Dwivedi & Shashni 1990:24).

<sup>&</sup>lt;sup>3</sup> Cf. Advavajrasamgrahah (Shastri 1927:32.15ft).

liberated] after another birth. | |76||

[40.1] Therefore, because it is imperishable/non-ejaculated, what is the nonvibrational happiness moment, here, the dharma-realm, the perfection of wisdom, **provides.** Therefore [it--the non-vibrational happiness moment--is] the great consort happiness, the supremely indestructible, the action and knowledge consort happiness, the vibration, the means' happiness, the perishable, the vibration, the child, and the full-grown. Just as the (alchemical) rasa is a child, a youth, full grown, and bound, so too the semen is the child, the mature, the aged, and the stopped, because of the destruction of all obscurations. An obscuration is an impurity. That itself is the bodhicitta rising upwards, when it goes into the forehead [cakra], [40.5] then it becomes what has come the way it has gone.2 That thinking, having by prāņa drawn towards oneself all things, i.e. the 21,600 [drops]<sup>3</sup> residing in the six paths, i.e. residing in the six mandalas of the earth etc. Likewise having destroyed the addictions and the mārās, the supernatural powers of the omniscient [and] the twelve earths<sup>5</sup> as will be described. The three-worlds' guruship--i.e. the superhuman powers of omniscience, of the knowledge of all forms, of the knowledge of the path, of the knowledge of the path's forms, etc. it provides. For the birth of yogis, of the heroic ones. Hence the one who is accomplished in yoga, when to death he goes, being one who has entered the path, then by perceiving that, by the

<sup>&</sup>lt;sup>1</sup> Sarnath editors footnote: *spanda* does not appear in the Tibetan.

<sup>&</sup>lt;sup>2</sup> Tadā yathāgatam tathāgatam bhayati.

<sup>&</sup>lt;sup>3</sup> "Two times ten thousand and two times eight hundred." (dvy-ayuta-dvy-aşta-satān).

<sup>&</sup>lt;sup>4</sup> rddhi is singular accusative in verse, plural accusative in the commentary.

<sup>&</sup>lt;sup>5</sup> Bhūmim is singular accusative in verse, plural accusative in the commentary.

strength of memory traces, again, with another human birth, [40.10] one attains everything; after seven births, even being a non-heroic one, one produces knowledge—this is the rule. [176]

Now the arisal the bodhisattva's governance is stated--

5.77: She who is without qualities and of slight appearance, bereft of sense objects, the body consort, she is twofold;

After her, she who is passionately devoted, has the highest treasure of qualities, she who has speech's intrinsic form, is twofold also;

The black one, the white one, devoted, she who delights in sense objects and qualities, the mind consort, she is twofold;

[40.15] The eight, the two, the five [and] five, evidently, and the twenty, and the forty, and the hundred. | |77| |

"She who's without qualities" etc. Here she is a young lady, without qualities, without the *dharma* realm quality, because of not moving,<sup>3</sup> she is of slight appearance, her bodily constituents not filled out,<sup>4</sup> without descended teeth, of eight years' age. Then the second, whose teeth have descended, is more than ten years old. Hence the body consort, of unbroken womb.<sup>5</sup> From the end of that, beginning from eleven years, up until the fifteenth year, the one passionately devoted, intent

<sup>&</sup>lt;sup>1</sup> See Note to KCT 5.19.d.

<sup>&</sup>lt;sup>2</sup> Abhāvayat = imperfect third singular of  $\sqrt{bh\bar{u}}$ . The sense here appears to be, "after seven births, even if one is not a practicing tāntrika, one will have produced in oneself true knowledge, by knowing the preceding.

<sup>&</sup>lt;sup>3</sup> Acyavanāt.

<sup>&</sup>lt;sup>4</sup> I.e. not having entered puberty.

<sup>&</sup>lt;sup>5</sup> I.e., still a virgin.

on the treasure of qualities, up through the next five years, the speech consort [40.20] is twofold also. Hence the eight years, the two years, the five [and] the five years. Then after twenty, the next twenty, i.e. [up to] forty years. Likewise the mind consort, one, devoted to the black state of being (kṛṣṇa-bhāva-anuraktā). In this way [up to] the sixty year old woman. In addition the next void and Veda, i.e. up until [an additional] forty years; devoted to the white state of being, an old woman, characterized by old age and grey hair, ending with one hundred years of age. Hence the mind-consort is twofold. Among these three, the body consort is an infant, the speech consort is a full grown [woman], the mind consort is an elderly [woman]. Aside from these three, [40.25] an eleven year old [girl], completely endowed with all the qualities, is to be protected by the royal guru, or by the king, [either of whom] has been consecrated, or by the other masters [who] have been annointed. | |77| |

5.78: As long as [he] is not<sup>4</sup> yet a jewel lord, the progenitoress of the best of the victors is to be protected by the *yogins*;

At the time when the jewel lord has been produced, having spun the mandala that is the abode of all qualities;

<sup>&</sup>lt;sup>1</sup> I.e. 8+2+5+5=20. So four types of consorts are here identified-1) a young girl up to eight years of age; 2) a girl between ages 8 and 10; 3) a young lady between 10 and 15; 4) a young lady between 15 and 20.

<sup>&</sup>lt;sup>2</sup> Kha-yuga = 'aperture-pair' = 0.2 = 20.

 $<sup>^{3}</sup>$  Śūnya-veda = 0.4 = 40.

<sup>&</sup>lt;sup>4</sup> The Sanskrit should be emended by eliding the hyphen. Here we have an example of non-standard Sanskrit: a-syād is used for na bhavai, as made clear by the first line of the commentary. Syād, as the third singular optative of  $\sqrt{a}s$ , cannot normally take an a- prefix as a negation marker.

[41.1] With the buddha-governance mantras, [he] releases the equal happiness, together with the mantra, into the secret lotus;

Having provided protection in the secret [lotus], he should make savory the bodhicitta residing in the lightning jewel. | | 78 | |

As long as the jewel lord does not exist. "Does not exist," i.e. does not exist, [and] as long as there is rajas,<sup>2</sup> it is to be protected. The jewel lord at time of production, having produced [by spinning] the mandala that is the abode of all qualities, the kālacakra [mandala], previously having made her well instructed, then [41.5] having consecrated her, with the buddha governance mantras, with the six lightning bolts, with the Mañjuśrī samādhi, and having made her into prajāā, he releases equal happiness, at the time when there is flow in the right nādī, [he releases] the bodhicitta, into her secret lotus together with the mantra, together with the body, speech, and thought mantra, he discharges. Then having provided protection in her secret [lotus] with the six limbs,<sup>3</sup> then he should make savory the bodhicitta residing in the lightning jewel. The yogi gives that to her also. What is outside of her lotus, having grasped that with the ring finger and thumb, he should eat it with relish for the sake of complete protection, [41.10] according to this

<sup>&</sup>lt;sup>1</sup> Sounds like an injunction to contraception.

<sup>&</sup>lt;sup>2</sup> I.e. menstrual blood. The point appears to be that until the male *tāntrika* has mastered the technique of non-ejaculatory orgasm, some form of birth-control for the woman must be employed.

<sup>&</sup>lt;sup>3</sup> Sekoddeśaţīkā defines şadanga-yoga as: sense withdrawal, concentration, breath control, meditation, recollection, and perfected concentration. (Pratyāhāras tathā dhyānam prāṇāyāmo atha dhāraṇ⦠anusmṛtih samādhiś ca şadango yoga ucyate¦ |--(Dwivedi & Shashni 1990:99).) However, the "six limbs" for providing protection to the consort may be something quite different.

prescription. | |78||1

5.79: In that case, should there be a child, he is a son of the victor's progenitor, [and] he himself is beautiful lightning;<sup>2</sup>

Whenever there is an excess of wisdom, a daughter will be produced, Buddha's mother [she] certainly will be; |

Therefore, with the other three flowers, he who holds the white lotus, Jambhala, with a lightning bolt in hand;

The other<sup>3</sup> eight, with the eight flowers, situated in the cardinal and intermediate directions, those possessed of great supernatural power, the fierce kings. | |79| |

[41.15] In that case, in the depositing [of the bodhicitta in the secret lotus], should there be a child, a beautiful diamond is he indeed. From an excess of wisdom, i.e., from an excess of ovum, if a daughter is produced, then the universal mother becomes the authority. Therefore Buddha's mother she certainly will be, i.e. the universal mother of Mañjuśri's; [thus] the precept on authority. Therefore, with the other three flowers. Here, if in the first menstruation a foetus is not produced,

<sup>&</sup>lt;sup>1</sup> This certainly sounds like a fairly explicit injuction for post-coital oral sex. Apparently the *yogin* was instructed to ensure successful birth control by oral consumption of the post-coital fluids in the consort's vagina. Any doubt about the explicitly sexual meaning of this verse should be dissuaded by the following verse.

<sup>&</sup>lt;sup>2</sup> Mañjuvajra.

<sup>&</sup>lt;sup>3</sup> These eight are masculine--anye is only masculine plural. Anyās is the feminine plural.

<sup>&</sup>lt;sup>4</sup> The comma should be moved to after the *eva--sa*, masculine singular, cannot refer to *duhitā*.

<sup>&</sup>lt;sup>5</sup> It's not entirely clear what this sentence means. It may be (though this is purely speculative) that daughters produced in Tantric rites were consigned to the care of the *Viśvamātā*, perhaps the senior consort of the Tantric community.

then again and again with each menstrual discharge, having spun the mandala, with the other samādhis, one should release the bodhicitta. In this way, [if a child is born after coitus] in the second, [he is] the white lotus holder, i.e. he is the emanation of the Lord of the World [Lokeśvara]. [41.20] [If a child is born after coitus] in the third [menstrual cycle], he is Jambhala's emanation; in the fourth, he is the one with a lightning bolt in hand, in the case of a son [being born]. In the case of a daughter, she is governed by the Pānḍarā and Vasudhārā sound lightning. Then the other eight, with the eight flowers, situated in the cardinal and intermediate directions, those possessed of great supernatural power, the fierce kings. Here² when Jambhala rules in the east, with the uṣnṭṣa samādhi the uṣnṭṣa rules. When the speech lightning is held in the hand of the extremely dark blue woman, either the Śumbha king³ or She of terrifying eyes⁴ comes into being. Then [when a child is born after coitus] in the fifth menses [the son is] the obstacle destroyer, [41.25] [and the daughter is] she who is infinitely heroic; [when a child is born after coitus] in the sixth menses, [the son is] the destroyer of wisdom [and] [the daughter is] Jambhī. Sambhī. Sambh

<sup>&</sup>lt;sup>1</sup> Vajrapāņi should be in bold; it's in the verse.

<sup>&</sup>lt;sup>2</sup> Since the following lays out the eight "others" with the eight flowers, the paragraph break here in the Sarnath edition seems inappropriate. The potential boys and girls born from Tantric rites at during the fifth through twelfth menses of the year are laid out into the eight directional petals.

<sup>&</sup>lt;sup>3</sup> I.e. one of the *Krodheśvarās*.

<sup>4</sup> Raudrāksī.

<sup>&</sup>lt;sup>5</sup> Śumbha is the name of an Asura slain by Durgā, sourced to Harivaṃśa, Rāmāyana, and Purāṇas by MW.

<sup>&</sup>lt;sup>6</sup> Usually Ganeśa in a Hindu context--here one of the Krodheśvarās.

<sup>&</sup>lt;sup>7</sup> Prajñāntakah, one of the ten Krodheśvarās (see Dharmasamgrahah 11, Kasawara et al 1885:3).

[when a child is born after coitus] in the seventh [menses], [the son is] the Lotus-Destroyer, and [the daughter is] a resolute woman; [when a child is born after coitus] in the eighth [menses], [the son is] the Destroyer of Death, and [the daughter is] an arrogant woman. Then [when a child is born after coitus] in the ninth [menses], [the son will be] of great strength, and [the daughter is] Māre[t]ct; [when a child is born after coitus] in the tenth [menses], [the son will be] the Unmoving, and [the daughter will be] Cundā. [When a child is born after coitus] in the eleventh [the boy will be] a miser, and [the daughter] a worrier; [when a child is born after coitus]

<sup>&</sup>lt;sup>8</sup> 'She with the tooth'--MW notes KCT 3,132 as a citation for 'name of a goddess.' VMP on KCT 3.132 glosses Jambhī as "she who has the form of red lac," (lākṣākārī--KCT 2.114.17).

<sup>&</sup>lt;sup>1</sup> Padmāntakah, another Krodheśvarah.

<sup>&</sup>lt;sup>2</sup> Māninī.

<sup>&</sup>lt;sup>3</sup> Yamāntaka, another Krodheśvarah. In Guhyasamājatantra 13, we find a slightly different list of the ten Krodheśvarās--Yamāntaka, Aparājita, Hayagrīva, Vajrāmṛta, Takkirāja, Mahābala, Nīladanda, Vajrācala, Mahoṣṇīṣa, and Śumbha. (Bhattacharyya 1931:70-71).

<sup>&</sup>lt;sup>4</sup> Stambhī--a stiff woman, like a pillar.

<sup>&</sup>lt;sup>5</sup> Mahābalah, another of the Krodheśvarās.

<sup>&</sup>lt;sup>6</sup> This is a feminine derivative of *Marīci*; Both Apte and MW give it as Śākyamuni's mother, a Buddhist goddess, or an Apsaras. *Marīcih* is either a ray of light, or one of the ten *Prajāpatis*, the mind-born sons of *Brahman*. *Mārīcah* is the name for *Kaśyapa*, one of the revered *ṛṣis* in the *Brāhmaṇas*, son of *Marīcih*.

<sup>&</sup>lt;sup>7</sup> Acalah, another Krodhesvarah.

<sup>&</sup>lt;sup>8</sup> MW lists cunda as one of Śākyamuni's disciples. The Dharmasamgrahah does not list Cunda, suggesting the term name may be a later development.

<sup>&</sup>lt;sup>9</sup> MW lists takka from Kathāsaritsāgara lxv as 'a niggard.' The story by Somadeva he refers to tells the tale of a foolish Takka miser who dies rather than share his pudding with a friend. Penzer's note explains the term as either a miser or a rogue, and also as the ancient name of a once dominant tribe of the Panjab. Stein also identifies Takka as a region in the Panjab, following Cunningham. (Stein 1990{1}:205 n.150). Perhaps the tribe had a reputation for miserliness. A 'miser' would seem the best translation here for takki. Takkirājah is one of the ten Krodheśvarās.

<sup>&</sup>lt;sup>10</sup> Bhṛkuṭī, an alternate spelling for bhrūkuṭī, she whose brow is contracted; or someone perpetually frowning.

coitus] in the twelfth [menses], [the boy will be] he who has a dark blue stick, 11, and [the girl will be] she of the diamond chain; 2 so it is in the intermediate directions.

Similarly with the fierce *samādhi* the there is governance by the fierce [deities] over the foetus. Then the thirteenth menstruation is again just like the first, the ignorance etc. limb. | |79||3

[42:1] 5.80: Whatever menses is produced in that month, that is also, in fact, the springing forth of *Mañjughosa*;<sup>4</sup>

For twenty years, at each menses, a really intelligent<sup>5</sup> bodhisattva [is produced];

[One] somewhat less intelligent is born then, up to forty [years];6

Then for the next twenty years, on the other hand, [is produced] one who is not intelligent,  $^7$  and has little fortitude. | |80| |

[42.5] Therefore whatever menses is produced in that month, indeed, that menses is also the springing forth of *Mañjughoşa*. In this way, relying on a *samādhi* 

<sup>&</sup>lt;sup>1</sup> Ntladanda, one of the Krodheśvarās.

<sup>&</sup>lt;sup>2</sup> Vajrasrňkhalā.

<sup>&</sup>lt;sup>3</sup> The twelve limbs of the mutual origination (pratītyasamutpādah) causation chain (Dharmasamgrahah 42:) ignorance, mental fabrication, consciousness, name and form, the six bases of awareness, touch, perception, thirst and self-appropriation, becoming, birth, old age and death, sorrow, lamentation, suffering, despair, and upāyāsās {?}. ("Dvādasāmgapratītyasamutpādāh--avidyā, saṃskāro, vijñānam, nāmarūpam, ṣadāyatanam, sparso, vedanā, tṛṣṇopādānam, bhavo, jātir-jarāmaraṇam, soka-parideva-duḥkha-daurmanasya-upāyāsās-ceti." (Kasawara et al 1885:9).)

<sup>&</sup>lt;sup>4</sup> He of the beautiful voice.

<sup>&</sup>lt;sup>5</sup> Mahāsāttvika.

 $<sup>^{6}</sup>$  Śūnya-veda = 0,4 = 40.

<sup>&</sup>lt;sup>7</sup> Anya-sattva = other than intelligent, i.e. not that bright. The view persists today that a woman who bears a child too late in life risks giving birth to a child with serious handicaps.

focused on that, the yogi should discharge the bodhicitta. That is the basis of the foetus; up to twenty years, at each menstruation, when the bodhisattva comes into being, whether there be one, or two, etc. from the mother, [he will be] a greatly intelligent one. [One] somewhat devoid of intelligence comes to be, until forty years, from the mother, i.e. up until [the next] twenty years. And then on the other hand, one who is not intelligent, and of little fortitude. In that way, [up through] eighty years, the foetus is governed [42.10] by the differences between the mother's sattva, rajas, and tamas. | |80||

5.81: Therefore the menses in the womb is not a sense domain that is repulsed-there is no consecration/seminal effusion from its destruction;<sup>3</sup>

How much less could the consecration of wisdom, with the statements of the lord of victors, be given by an impotent<sup>4</sup> man?; | 5

Their [feminine plural] earth, water, fire, wind and space qualities are to be searched for with the victor's limbs;

This one [she] becomes the agent for the objective of sentient beings, she is

<sup>&</sup>lt;sup>1</sup> This is a slightly liberal translation of tad-upari yam samādhim ālambayitvā.

<sup>&</sup>lt;sup>2</sup> Vimsadvarṣāṇi yāvat should be in bold; it's in the verse.

<sup>&</sup>lt;sup>3</sup> The point here seems to be that due to the fertile potency of the menses—as the source of human life—the ascetical denial of women, sex, and menses is considered ineffective. There appears to be a double *entendre* to *sekah* here—the term refers to both consecration, and to seminal fluid. With the destruction or loss of the menses, seminal fluid is impossible since the child who grows into a virile man would not exist; secondly, without menses, the sexual power harnessed in the Tantric rites would not exist.

<sup>&</sup>lt;sup>4</sup> MW cites Lexicon source definition for *nastabtja* as 'destitute of seminal secretion, impotent.' This is a standard usage in Sanskrit. *Nasta-x* indicates that x is non-existent.

<sup>&</sup>lt;sup>5</sup> So just as Tantric rites are impossible without menses, they are also impossible without semen. So the verse offers a dual repudiation of ascetic denial of the sexuality.

many fruited, she is the bodhicitta's service. | |81||

[42.15] Therefore the menses in the womb is not a repulsed sense domain of the fetus—there is no consecration/seminal effusion from its destruction; i.e. when there is no seed of wisdom and [there is] seed of means, through growth, how much less could the consecration of wisdom, with the statements of the lord of victor, by an impotent man, i.e. by an old man, be given? Just as [this is true] for the bhikşu, so [it is true] in wisdom; just as [it is true] for the bhikşunt, [so it is true in means]. In this sense the twenty year old ones, the beautiful ones, for the purpose of consecration, for the purpose of authority, the earth constituent, with twenty years each for the earth element, and in just the same way possessed of the qualities of water, fire, wind and space, up to a century, are to be searched for with the victors' limbs. This one [she] becomes the agent for the objective of sentient beings, she is many fruited, she is the bodhicitta's service, [42.20] because she begets the bodhisattva.! |81||

Now the drinking of the immortality nectar is stated--

5.82: She who drinks blood, she is the single nectar, the bee of the best of gods and men:

<sup>&</sup>lt;sup>1</sup> So each twenty years represents, or is governed by, one of the five dhātus, or paficamahābhūtas.

<sup>&</sup>lt;sup>2</sup> Yāvat shouldn't be bold; it's not in the verse.

The syntax of this sentence is: the beautiful, twenty year old women, who have the qualities of earth, water, fire, wind, and space in each of their (ideally) twenty year segments of 100 years of life, are to be explored with the victor's limbs. The "victors" here are the Tantric adepts. Angair anveşaniyā, to be searched for or investigated with the limbs certainly sounds like a metaphor for sexual exploration.

[She is] the secure dwelling, from the secret etc. face; located in the lightning jewel, it has not entered into the middle of the lotus; | 1

Feces and urine, blood and flesh, the supreme equal flavor, having entered into the middle of the protected dwelling,

[42.25] This is knowledge and the nectar of immortality, and it is taught by the three realms' lord in all the *Tantras*. | |82||

"Who drinks blood," etc. In this regard, externally, by the exoteric meaning, 2 the bee who drinks blood, she in esoteric meaning is the avadhūtī<sup>3</sup>. She who at the time of ejaculation drinks the blood constituent, she is the bee, the one nectar of the best gods and men she is the bee, the avadhūtī, arrested—this is the meaning. She who externally is the secure dwelling of what is enjoyed, she is by esoteric meaning the protected dwelling, the bodhicitta; from the secret etc. face, located in the lightning jewel, has not externally entered into the middle of wisdom's lotus. In the same way the unemitted feces and urine, [43.1] blood and flesh, the supreme equal juice, not flowing, 4 having entered into the middle of the protected residence, is arrested [and] becomes revealed. 5 This knowledge and the nectar of immortality is

<sup>&</sup>lt;sup>1</sup> This appears to be an instance of the much ballyhooed Tantric Sanskrit—the feminine *chardis* is referred to by the neuter *kulisamangatam* ... *pravistam*. Such variations are not uncommon in *Purāņa* Sanskrit, or even in the *Mahābhārata*. Even here, though, since *chardis* is glossed in the commentary (3.42.28) as *bodhicittam*, one could well assert that *kulisamanigatam* agrees correctly with the neuter *bodhicittam*.

<sup>&</sup>lt;sup>2</sup> Neyārtha.

<sup>&</sup>lt;sup>3</sup> The central channel.

<sup>&</sup>lt;sup>4</sup> I would emend the Sanskrit to asrāvam (not flowing), rather than aśrāvam (inaudible).

<sup>&</sup>lt;sup>5</sup> This is an interesting refinement--the *bodhicitta*, though not emitted externally into the vagina (lotus), is said to enter it while being arrested in the tip of the penis (lightning jewel), and thereby becomes revealed--not otherwise.

not emitted, it is the five nectars, as taught by the three realms' lord in all the *Tantras*; it does not have any external location--[this] is what's taught for [the sake of achieving] perfection; thus the rule about the nectar. | |82||

Now protection and eating in the covenant is stated--

[43.5] 5.83: When the wisdom's *dharma* arises, the bliss that also falls is to be strenuously protected;

Anyone who becomes (i.e. is born as) an intelligent being  $(mah\bar{a}sattva)$  by that way, he certainly becomes a bodhisattva in the victor's clan;

Therefore the rākṣasās [and] Māra's attendants eat that at their daily Tantric gathering,

With the wisdom flower joined, they teach that what is eaten provides the fruit of  $\acute{S}iva$ 's bliss.  $| |83| |^2$ 

"Wisdom" etc. Here, when there is a [sexual] congress, if the bodhicitta--of the yogin practicing meditation--is unrestrained, [and] falls [43.10] when the wisdom arises, then when the wisdom's dharma rises, the bliss that falls is also to be protected strenuously. Why is that? Anyone who by that, by the bodhicitta that is released with samādhi, comes into being, he [will be] certainly a bodhisattva in the victor's clan, increasing the Sugata's lineage; since [the preceding is so], therefore that bodhicitta, devoid of the protection of the Sugatas, of those not gathered

<sup>&</sup>lt;sup>1</sup> This appears to refer to female orgasm. See commentary.

<sup>&</sup>lt;sup>2</sup> This is the first explicit denunciation of Saivite Tantric doctrine in the fifth chapter--strongly suggesting that Saivite Tantra had attained sufficient status at the time of the composition of the Laghukālacakratantra that it merited recognition by the Buddhist author[s]/redactors.

together, i.e. the  $r\bar{a}ksas\bar{a}s$  [and]  $M\bar{a}ra$ 's attendants, the semen stealers, eat in a daily (Tantric) meeting. Men who also have the designation 'yogi,' teach that what is eaten, combined with the 'flower' of the wisdom (consort), provides the bliss of Śiva. These other foolish people [43.15] go to hell. | |83| |

5.84: Not without loins<sup>1</sup> is the lightning bolt residing in the supreme happiness, as long as it is not withdrawn from the lotus;<sup>2</sup>

In this sense it is the Buddha's abode, because when there's perfection of passion, then that is certainly the case;  $|^3$ 

Having entered into the heart of one's own lightning by the thunderbolt and the lotus, the knowledge *cakra* is entered into;

[It] takes on the form of a cakra because of having filled both these bodies with rays of light. | |84| |4

[43.20] Then the *vajra* is not without loins as long as it is not withdrawn from the lotus by the Buddhist *mantra* possessor; in this sense it is the *Buddha*'s abode, because when there's passion-perfection, then that is certainly the case. Having

<sup>&</sup>lt;sup>1</sup>. Nākaṭyam [cf. Pāniṇi 5.1.121—ākaṭya = being a-kaṭa.] The most literal translation of nākaṭyam is "not without loins." It is not listed in any of the dictionaries or lexicons I've consulted: MW, Apte, Amarakośa, Dharmasamgrahaḥ, Abhidharmakośa, Abhidhānacintāmaṇi. However, the double negative makes sense here; the 'lightning' or vajra in consideration here is the erect penis in the woman's vagina—both partner's loins are certainly involved.

<sup>&</sup>lt;sup>2</sup> The Tantrika does not lose his erection as long as he is in coitus with the wisdom/consort.

<sup>&</sup>lt;sup>3</sup> This is a common use of an enclitic particle (here vai)—as a marker for a repeated phrase.

<sup>&</sup>lt;sup>4</sup> I would assert that from the point of view of the Tāntrikas, the notion that Tantric sexual rites result in "filling both bodies with rays of light" is not just a poetic metaphor. The whole complex of the Tantric paradigm, with its inherited Vedic and yogic aspects, argues for the notion that these rites are intended to 'electrify' the body with divine fire and light.

entered into the heart of the means by the path of the lightning bolt, having entered into the heart of wisdom by the lotus path, the *cakra* of deities has entered into the heart of one's own lightning; it makes the *cakra* shape because of the pair of bodies, having filled this one with rays of light. [ | 84 | ]

5.85: If there is no perfection (siddhi) at all, [then] what's remaining in the lightning jewel is to be consumed,

[43.25] In order to protect it, [since it] supports the entire victors' clan in the place of the arisal of wisdom's *dharma*;

[44.1] And now when one is joined with wisdom, on the other hand, the statement is said [that] it is the *Buddha*'s body;

And whoever really desires the destruction of this, such a deceitful one is killed with the lightning bolt. | |85| |

If this perfection does not occur at all, then, grasping the bodhicitta remaining in the lightning jewel with the ring finger and thumb, it is to be eaten. Just as in the external lotus of wisdom, the come itself is also to be eaten by the two of them. [44.5] In the location of the arisal of wisdom's dharma, moreover, [it] supports the entire victors' clan for the sake of protection—the six lightning bolts in the forehead etc. [and] in the heart etc. [are] the six limbed. When joined to wisdom, i.e. when joined to the blood, now when the one, the bodhicitta, is

<sup>&</sup>lt;sup>1</sup> Just as in the commentary on KCT 5.78 above (p.49, 1.9), the grasping is with the thumb and ring finger.

<sup>&</sup>lt;sup>2</sup> See p.41.9, KCT 5.78, above.

<sup>&</sup>lt;sup>3</sup> Interestingly, the sexual fluids here appear to be referred to as "the come," (*āgatam*), just as in the slang English expression.

protected, [then] there is great virtue. On the other hand the statement is said to be the Buddha's body, [i.e.] this bodhicitta. Whatever attendant of Māra desires the destruction of this, such a deceitful one is killed with the lightning bolt, by Heruka. Thus the rule on the protection of the covenant of, and the consumption of the bodhicitta. [185]

[44.10] 5.86: The many mantras proclaimed by the lord of the three worlds have ferocious activity as their intrinsic nature;

They all generate fear in and the destruction of  $M\bar{a}ra$ 's troop, at any time, for us living beings;  $[ ]^1$ 

The makers of memories,<sup>2</sup> delighting in the war sphere, the other are killers and heretics;<sup>3</sup>

The sons of the supreme victor are to use them for the sake of the protection of those living beings. [[86]]

Here in the mantra system, the multiple mantras that are spoken by the three worlds' lord, [those mantras] having cruel deeds as their intrinsic nature, they all generate destruction and fear in Māra's troop, for living beings [prāṇinām], for us, all the time. Here the Māras, they are the agents of memories, delighting in the domain of war, killers, the others are also heretics. They are to be used by the supreme victor's sons for the sake of the protection of living beings. Those refers to the side [devoted to] the Veda dharma etc.; [the

<sup>&</sup>lt;sup>1</sup> Prāninām.

<sup>&</sup>lt;sup>2</sup> I.e. because they kill, leaving us with only memories of the formerly living.

<sup>&</sup>lt;sup>3</sup> Tīrthyas or tīrthikas--non-Buddhists.

mantras cause them to be afraid] because of [their] fear of the destruction of that [Veda] dharma, not [because the Victor's mantras] are for the purpose of taking their lives. | |86||1

5.87: The *dākinīs*, with lightning bolts in front, are not to be invoked by the knowers to kill animal-(natured) people;

They are emitted by the three worlds' lord in the world realm for the sake of the protection of intelligent beings, |

[44.25] Therefore they generate hostility and protect the adept at the proper time every day;

Because this  $m\bar{a}ra$ , who has been conquered by the adept, proceeds to death through the power of karma.||87||

In this sense, the lightning dākinīs in the Yoginītantra, they are for the purpose of killing ignorant animal-(natured) people, [and] are not to be solicited by Buddhists, by the knowers. Why [do they exist]? Since they are widely diffused in the world realm by the three worlds' lord for the sake of the protection of intelligent beings. Therefore they protect the worlds. Supremely compassionate, they are hostile to the adept [44.25] i.e. to the [adept who] breaks his word to the world. Now when death etc. is being caused, if the conquered one through karma's power proceeds in fact to death, then this one is the māra for the adept, [thinking] by me [it is] slain, due to self consciousness [egoity], the adept goes to hell by an evil

<sup>&</sup>lt;sup>1</sup> Prāṇahānaye--dative singular. The clarification is that the destructive fury of the mantras is aimed at the destruction of the Vedadharma, not at actually killing those who espouse it.

action; he does not perform evil action who is without possessiveness, without self-consciousness. The way [he sees] himself is the way he sees conscious beings. | |87| | [45.1] 5.88: Men's thought is in every way addicted to despicable science, because of the influence of inauspicious fruits,

This science [on the other hand] causes the entire three worlds to be tamed by me in a single moment;

So [the one possessed of] greed-bewildered thought enters hell, having abandoned the gift of [true] knowledge;

In the latter case<sup>1</sup> the [material] substance [becomes subservient, just as] one's own wife is subservient; Alas!, [such is] the progress of bad practice. | |88||

[45.5] Here, transmigrating men's thought, in every way, through the influence of inauspicious fruit, is addicted to despicable science. This science [on the other hand] causes the entire three worlds to be tamed by me in a single moment; so [the one possessed of] greed-bewildered thought enters hell, having abandoned knowledge's gift, [and] approached death. In the latter case, when death is being approached, the [material] substance becomes subservient, [just as] one's own wife is subservient, i.e. devoted to another. Alas!, for the transmigrators [such is] the progress of bad practice. | |88| |

Thus in the commentary on the short *Kālacakratantra* accompanying the root *Tantra*, [45.10] in the twelve thousand line [long] *Vimalaprabhā*, the great teaching

<sup>&</sup>lt;sup>1</sup> Prsthe-on the back, in the rear or hinder part.

on the effusion etc. of the Yogint Tantra, the first [section] in the wisdom chapter.  $|\cdot|$ 

Tantric Yoga

Chapter 12

James F. Hartzell

Translation of the Fifth Chapter of the Kalacakratantra and Vimalaprabhā

## 12.1. The Second Mahoddeśāh

(2) The Great Teaching on the Specification of the Four Body Purification.

There is neither being nor non being, nor being and non being, nor is there either what is without both natures,

[45.15] Honoring what lacks the four logical possibilities, i.e the body that is the great bliss. | |

Drawn up by The Beautiful Lightning<sup>2</sup> from the primal *Buddha*, [who is] without a successor,!

That characteristic of the four Buddha bodies is detailed. | |

5.89: Neither wisdom nor even means, this innate body became the *dharma* body;

Wisdom and means are its intrinsic nature, certainly, lacking tamas, because of the distinction between knowledge and vijñāna;

[45.20] It is this enjoyment body, crying out, seemingly, the agent for the purpose of many intelligent beings;

For the sake of the maturation of intelligent beings this also becomes the Buddha's emanation body. | |89| |

"Not wisdom" etc. Here wisdom consists of fifteen kalās,3 the bright

<sup>&</sup>lt;sup>1</sup> Koţi-literally a point.

<sup>&</sup>lt;sup>2</sup> Mahjuvajra.

<sup>&</sup>lt;sup>3</sup> 15/60ths of a degree.

fortnight; the dark fortnight [that is] the waning of the [fifteen] lunar *kalās* is the means. Similarly the bright is the night and the dark is the day. So the innate body is **neither wisdom nor even means**, this is the innate body of the *Buddhas*. In this way the bright fortnight is non-existent, nor is there a dark [fortnight] [since] it consists of unreal *kalās*; neither is real or unreal; [45.25] since they are mutually denied [logically], there is no meeting¹ of the two. There is not even the non-existence of both—that is to say, the innate happiness is not without both the bright and dark fortnights. In this way, the innate body is said to be the complete purification of the four logical possibilities,² the sixteen *kalās*, [and] possessing the property of voidness, [46.1] because it is characterized by flowing, and because of the indestructible fourth [state] of the *yogins*.³ Hence it is proven that it is neither male nor female.⁴ Here the innate body, in fulfillment of one's own interests and in fulfillment of the interests of others, becomes⁵ the *dharma body*, through the dissolution of deep sleep. It has also wisdom and means as its intrinsic nature,

<sup>&</sup>lt;sup>1</sup> This is the only appearance (in Chapter 5) of the term *melāpakah*, with a meaning other than that of a pilgrimage site. The point here is that since neither the bright fortnight nor the dark fortnight are real, the meeting point of the two of them also does not really exist.

<sup>&</sup>lt;sup>2</sup> Catuşkoti.

This is a reliable instance of a referent within the text to the inheritance from the Yoga tradition of India. The fourth state traces its roots to the earliest Upanişads, and arguably even to the Vedas and Brāhmaṇas. Here the text refers to it as "the fourth state of the yogis," a phrase without need of further explanation since it is assumed that every reader knows full well about the waking, dreaming, deep sleep, and fourth state espoused—by the time this text was apparently written—already for about 3000 years in India.

<sup>&</sup>lt;sup>4</sup> Since it is innate, it is innate to both man and woman--it is not restricted to either sex. More than anything else, this central logical point about the central logical construct of the *Kālacakratantra*--i.e. the innate body--should remove any doubts about the tradition's evenhanded attitude towards gender.

<sup>&</sup>lt;sup>5</sup> The perfect of  $\sqrt{bh\bar{u}}$  is used for a generic present tense here.

certainly, lacking tamas, due to the distinction between knowledge and vijñāna. Here knowledge is the perceiving thought of the yogin, vijñāna is the knowledge of another's thought, perceptible, characterized as knowable. In the same way the perceiving thought is wisdom, since it is lacking in [erroneous] imagination; [46.5] the yogis' means is perceptible thought, created/determined (parikalpita), characterized by compassion. Therefore, because of the distinction between perceiving and perceivable, the dharma body, with the intrinsic nature of [both] wisdom and means, is the agent for the purpose of others. And it is produced from the innate [body]. In this way the innate is flowing in the navel, ripened in the dharmacakra [and] in the heart; it is this dharma body, the enjoyment body, for the fulfillment of the interest of others, crying out, seemingly, the agent for the purpose of many sentient beings. Here, with the divine eye, the form without past or future is seen as a reflected shape, perfectly transparent; in that [perfectly transparent form] the sound that issues forth is the echo, the enjoyment body, intrinsically wisdom and means. With the divine ear [46.10] the divine vijñāna is the perceiver, the echo is the perceivable. Therefore one knows the calculation of time in the past and the future, in a certain kalpa, in a certain yuga, in a certain year, in a certain month, in a certain fortnight, in a certain day etc., such and such occurred,

<sup>&</sup>lt;sup>1</sup> Pratisabdah.

<sup>&</sup>lt;sup>2</sup> 1000 yugas, 4.32 billion years.

<sup>&</sup>lt;sup>3</sup> The four *kṛta/satya*, *tretā*, *dvāpara*, *kali*, of 1,728,000, 1,296,000, 864,000, and 432,000 years respectively.

such and such will be.<sup>4</sup> Therefore, intelligent beings are to be taught, i.e. through the dissolution of the dream state, in the throat, human effort is the enjoyment body, because of chastity.<sup>2</sup> For the sake of the maturation of intelligent beings this one again becomes the enjoyment body, it becomes the emanation body, intrinsically wisdom and means. Though one of the intelligent beings, because of seeing its various emanations, [it appears to be] many. In the same way the union of one and many [46.15] is evidently wisdom and means, covertly the cessation of [both] one and many. It is also, through the dissolution of the waking state, in the forehead [cakra] the spotless emanation body, "the completely visible form, the jewel ensign, the great gem" [Nāmasamgūti 9.24].<sup>4</sup> Thus the one is the innate, it itself is the dharmathe enjoyment-, and the emanation-[bodies]--so it is fourfold. [189].

5.90: One is this lightning being, resembling the cloud of universal destruction, *Heruka* indeed [he] is;

For the sake of the maturation of the *raudras*, and for the sake of the happiness of the stupified, he is also the victor of the covenant; | [46.20] The jewel master of the distressed is he, and the lotus holder for the sake of the passion of the impassioned;

For the sake of the destruction of obstacles, [he] is also Amoghasiddhi,

<sup>&</sup>lt;sup>1</sup> The point here is that one gains the ability to see into the past and into the future, with specificity, knowing specific past events of any particular time, and specific future events at predictable times.

<sup>&</sup>lt;sup>2</sup> *Ūrdhvaretasah*—{keeping} the semen above.

<sup>&</sup>lt;sup>3</sup> Name of future *Buddhas--Ratnaketuh*.

<sup>&</sup>lt;sup>4</sup> In Davidson's edition—verse 142b; "displaying forms without exception, he is Ratnaketu, the great gem." (Davidson 1981:35 & 59).

sword and lotus in hand. [ | 90 | ]

He himself, as previously stated, is one, this lightning being, resembling the cloud of universal destruction, black, *Heruka* indeed is [he]. With the imperishable quality, the other is that *vijīāna*, *Heruka*. For the sake of the maturation of the *raudras*, he is also *Vajrasattva*'s vibration. He is also the lightning being for the stupefied, for the sake of their maturation, the covenant victor, [he] is the brilliant one,<sup>2</sup> the other one has that form. He is also [46.20] the jewel master of the distressed, for the sake of generosity [he] is [the Buddha] produced from the gem.<sup>3</sup> Because of her imperishable property, the other one is she [who is] sensation, the [feminine] agent of imperishable happiness. He is also for the sake of the destruction of obstacles, *Amoghasiddhi*, with sword and lotus in hand; because of their imperishable quality the other [masculine] ones are the mental creations<sup>4</sup> causing unveiled thought, [and they] destroy the *Māras* etc.—so the five *Buddhas* are purified. | |90| |

[47.1] Now the five constituent elements are stated--

5.91: Through enmity the universal mother, like the fire of cosmic destruction, became a  $d\bar{a}kin\bar{i}$ :

Through confusion she [became] The Eye by name, [possessed of] supreme compassion; [she became] Proud, because of pride;

<sup>&</sup>lt;sup>1</sup> Unejaculated--acyuta.

<sup>&</sup>lt;sup>2</sup> Vairocana.

<sup>&</sup>lt;sup>3</sup> Ratnasambhavah.

<sup>4</sup> Samskāras.

<sup>&</sup>lt;sup>5</sup> Māmakī = 'mine' or 'possessiveness,' i.e. proud ownership.

Through passion she [became] White by name, the treasury of all qualities, and she [became] the savioress by envy;

[47.5] These two are of universal form, and all the others became the sense domains and senses.  $||91||^3$ 

"Through enmity" etc. Here, through the destruction of natural enmity, through great enmity, she, the perfection of wisdom, voidness, of universal form, the universal mother, she became the mistress of the lightning constituent, the lightning dākinī. In the same way, through confusion's destruction, through great confusion she became, The Eye by name, [possessed of] supreme compassion, Māmakī, through pride's destruction, from great pride's cause. Through passion's destruction, through great passion she [became] White, treasury of all qualities; she [became] the savioress through greed's destruction, through great greed.<sup>4</sup>
[47.10] In the same way the other space constituent, the other earth constituent, the other water constituent, the other fire constituent, the other wind constituent, i.e. the characteristic of [each] constituent element, through the unconcealed image, through

<sup>&</sup>lt;sup>1</sup> Pāndarā.

<sup>&</sup>lt;sup>2</sup> Tārinī.

<sup>&</sup>lt;sup>3</sup> The Dharmasamgrahah 4 says: "The four goddesses are as follows--Illuminating, Possessiveness, White, and the Star." ("Catasro devyah, tadyathā--Rocanī, Māmakī, Pānḍarā, Tārā ceti." (Kasawara et al 1885:2).) The term dākinī does not occur in the Dharmasamgrahah, nor does Viśvamātā, suggesting that these are Tantric additions to the earlier set of four. Similarly, we find at the beginning of the Guhysamājatantra we find a version of the earlier set of four (Buddha-Locanā, Māmakī, Pānḍāravāsinī, and Samaya-Tārā) emanating from Mahāvairocana Buddha. (Fremantle 1971:27 & 176), with no mention of Viśvamātā or Dākinī. It may be, therefore, that the presence of these two goddesses/Buddha consorts may serve as markers for the relative dating of Buddhist tantric texts.

<sup>4</sup> So here  $mah\bar{a}-x =$  'the destriction of x'.

imperishable happiness, is proved. These two, having universal form, smell etc. are the others, the sense realms; the ear etc. are the others, i.e. the senses; the others, speech, the hand, etc., are the other action senses and performance [senses] etc.

Hence--

[47.15] Everywhere the hand and foot, that is everywhere the eye,

head and face;

Everywhere the learned in the world, everything having turned, [it] remains. | |

[Bhagavadgītā 13.13]

[is] Vajrasattva. Similarly--

Self-knowing, other knowing, everything, universal [sārvīya], because [of being] the best person, |

[47.20] Transcending comparison in the world, [he] is to be known as the ruler of knowledge, the best. | |

[Nāmasamgīti 10.13]1

Likewise--

Of accomplished aim, of accomplished wishes, from all desires freed, |

Without imagination, without destruction, the constituent, the dharmadhātu,
the best, unchanging. | |

<sup>&</sup>lt;sup>1</sup> In Davidson's edition this is verse 155. "Knowing himself and knowing others, being all for all, indeed he is the highest type of person; completely beyond all comparisons, he has to be known, the supreme monarch of gnosis." (Davidson 1981:37 & 61).

<sup>&</sup>lt;sup>2</sup> Yogasūtra 1.9 defines vikalpa as "Sabdajñānānupātī vastušūnyo vikalpaḥ." I.K. Taimini translates as "An image conjured up by words without any substance behind it is fancy." (Taimini 1962:17). Woods translates vikalpa as "predicate relation." "The predicate-relation (vikalpa) is without any [corresponding perceptible] object and follows as a result of perception or of words." (Woods 1914:26).

[Thus] the specification about the characteristics of knowledge and the body in the Nāmasamgīti. | |91| |

- [48.1] Now is stated the varied expansion of the *Buddhas* through the influence of the abode of intelligent beings--
- 5.92: With the intrinsic natures of the five aggregate [he] sports tenderly in the lightning women's vaginas;

For the sake of the maturation of intelligent beings, also, who lack the prescribed rules, [and] by whom merit has not been acquired;

Who sports in the purified abode, etc., the *Bhagavān*, the cause of the listeners;

[48.5] The maintenance in this manner is for the sake of the highest support of those possessed of the supreme discipline. | | 92 | |

"The five" etc. Here the descent in the womb of those free of the obscurations of addiction etc. is the taking on of the five aggregates, in the lightning women's vaginas, in a woman's womb, [and] the sporting for coming together [sexually], that is [done] tenderly<sup>2</sup> for the maturation of those lacking the prescribed rules, for natural people, who have not acquired merit. Similarly it is said--

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 56; "His aim accomplished and thought (samkalpa) accomplished, he has abandoned thought. Devoid of meditation, his sphere is indestructible, the dharmadhātu, supreme, imperishable."(Davidson 1981:26 & 53).

<sup>&</sup>lt;sup>2</sup> Kṛpayā should be boldfaced, it's from the verse.

For the lightning-body bodies, for the *Buddhas*, what is of transient existence[?]

[48.10] In those equal to the pith of the plantain [tree], what anxiety [is there] about other people?

According to what begins with the preceding, [it is] for the maturation of the espousers of the doctrine of transiency. Further, in the purified abode etc., the coming forth is for the sake of the destruction of the ego of the listeners who have attained the divine state. This divine state [brings] great suffering at the time of ejaculation—by this instruction [it is] for their maturation. In this manner the condition is what in voidness [is] for those possessed of the supreme rule, for those possessed of welfare etc., beginning with *Maitreya*, in the north, in the complete enlightenment state, for supporting, for the four body teaching. The void intrinsic state is voidness, in this regard without past and future it is to be known as void, its perception is existence, [48.15] voidness, deep and noble, since past and future are lacking, deep, through past and future perceiving, noble. So it's said—

The voidness espouser, the bull, deeply and nobly bellowing, |

The dharma conch, the great sound, the dharma-cheeked, the great battle, | | 2

<sup>&</sup>lt;sup>1</sup> I.e. the dharma-conch blower. Davidson translates gandt as "bell," though it does not appear as a word in MW, Apte, or Amarakośa. Apte does have gandi, though, as the trunk of a tree. Conceivably gandt refers to the hollowed out trunk of a tree used as a type of drum. Ghantā does = a bell, though we should then emend the text. Amara gives gandīra and samaṣṭhilā as two types of cucumbers. (Amarasimha 1882:115). Abhidhānacintāmaṇi also has no gandī or gandīn. The lack of listing for gandī or gandīn as a distinct word in any of these lexicons suggests to me that it most likely is simply an -in possessive of ganda, i.e. 'he who has [dharma]-cheeks,' since one's cheeks would bulge out considerably while blowing on a conch, much like a trumpet player's.

Unsituated nirvāņa, the ten directional dharma kettle drum,

[48.20] Without form, possessing form, foremost, having varied forms made by the mind, | |

The radiance in the appearance of all forms, holding all the reflections. | |

[Nāmaamgīti 8.2-3]<sup>1</sup>

Thus the description of the Bhagavān in the Nāmaamglīti. | |92| |

5.93: The threefold sporting [is] for the sake of the maturation of conscious beings, with the distinctions of the body, speech, and thought;

[48.25] The external meta-self [is] the best, and it comes forth, restrained, from the lightning bolt possessor, always;

On the outside, in various places, it comes into being, the forth-coming of the *prāṇa* wind in the beautiful bodied [woman]; And what comes forth in the earth etc. *maṇḍala*, that also [comes forth] from the lord in the lightning woman's vagina. | |93| |

[49.1] 5.94: And the thinking does not move in the sense realms of sound etc., and the latter is exactly like that;

In this manner, there is stability in the place of the supreme happiness,

<sup>&</sup>lt;sup>2</sup> Though rana can = sound, it's more common usage is as "battle," as something one delights in. "Battle" seems the more appropriate meaning here since the conch itself is used like a bugle for sounding the call the battle. The simile seems to be that Mañjuśrī is the conch, the sound of the conch, the blower, and the battle itself.

<sup>&</sup>lt;sup>1</sup> Davidson vss. 77b-79; "he is a bull among the speakers of emptiness with a roar both deep and high. As the conch of the Dharma he has great sound, and as the gong of the Dharma he has great noise; by his nonlocalized (apratisthita) nirvāṇa he is the drum of the Dharma in the ten directions. Without form and with form he is the foremost, with various forms made from thought (manomaya). Being the majesty in the shining of all form, he bears the reflected images in their totality." (Davidson 1981:28 & 55).

[and] speed in body, speech, and thought;

The one lightning bolt possessor is three fold, covered with the sense realms and the senses, and with the constituents;

Dwelling in the three roads and the three places, having also gone to the three realms, for the sake of the many intelligent beings. | |94| |

[49.5] 5.95: In the *Tantras*, in this way, it was heard by me, i.e. that statement was known by me in this way;

The lightning bolt possessor, the moon flow etc. in the head, and in the throat and heart lotus, in the navel, and in the concealed [cakra];

In the vagina of the lightning bolt women, that has gone into the supreme lotus, with the drop liberation triad;

Having entered into the Buddha field, that one here, the  $Bhagav\bar{a}n$ , he is knowable by the yogis. | |95| |

5.96: They see the one as many, through the influence of the qualities of observation, with the feelings of peacefulness, passion, etc.;

[49.10] [They see the one] Residing in the cakra [as many], with [the feelings of peacefulness, passion, etc. that are] engendered in one's own heart from prior births, through the power of the memory traces; | 1

The infinite language<sup>2</sup> with one meaning enters into the hearts of living beings with their individual feelings;

<sup>&</sup>lt;sup>1</sup> Cf. Book 4 of the *Yogasūtras*, 4.1-13 for a very similar set of ideas.

<sup>&</sup>lt;sup>2</sup> See commentary on KCT 5.127, quotation of this verse on p.66 of Sanskrit text--has ekārthānekabhāṣā instead of ekārthānantabhāṣā, i.e. the many languages with one meaning.

The one situated in the *cakra* one undertakes to remove alms-giving to those residing [in heaven?], for the sake of merit. | |96| |

5.97: To animals, spirits, and demons, to serpents, gods, and men, to Indians and Tibetans,<sup>2</sup> etc.,

In the threefold [time, i.e.] past, future, and present, even, [she] is continually expressing the true law;

[49.15] [She] is stabilizing the threefold world on the path, with their individually different languages;

This one is the language of the omniscient, the provider of the fruit of equal happiness, and is not the language of the gods. | |97||

5.98: Even by the *Buddhas* [she] is inacessible, since [she] is of infinite qualities, and is the magic of the *Buddha*'s emanations;

She causes the  $\bar{a}tman$  to be seen in the abode of the three worlds, just like Indra's net;  $|^3$ 

Divided by the various emotions, she has entered into the individual thinking of the victors together with the gods and men;

[49.20] This one is the arisen dharma, she is the origin of what causes error here

<sup>&</sup>lt;sup>1</sup> Or to the protectors—alternate reading given in text by Sarnath editors.

<sup>&</sup>lt;sup>2</sup> The mention of Tibetans in the verses of the *Laghukālacakratantra* provides pretty solid evidence that at least this particular verse post-dates the introduction of Buddhism into Tibet.

Though the notion of Indra's net, or the Śakrajāla, becomes popular in Chinese Buddhism, it is not helpful in dating the text. As MW indicates in a citation, we find the idea already in the Atharvaveda: "This world so mighty was the net of Śakra, of the Mighty One: With this, the net of Indra, I envelop all those men with gloom." (Griffith 1895-6{1}:344).

[in this world], like the sky in the water. 4 | |98 | |

5.99: Taking all forms, yet inaccessible by those with sense domains and senses, the body-lightning of the victor;

The speech lightning, producing the *dharma* with the cries in the individual hearts of all creatures; |2

The intrinsic nature of the thought of intelligent beings, present throughout the entire earth, the thought lightning of the lightning bolt possessor;

The perceiver of emotional states, like a spotless gem,<sup>3</sup> that in fact is the knowledge lightning bolt. | |99||<sup>4</sup>

[49.25] 5.100: The charities etc., the six,<sup>5</sup> the four, providing the fruit of equal happiness; [and] the powers [śaktayaḥ] they are stated to be ten;

Among these the purified means, the supreme tenfold full thoughts at the end of the pot; |6 [see 5.112 note]\*\*

<sup>&</sup>lt;sup>1</sup> The appearance of the sky [reflected] in the water gives the false impression that the sky is in the water. In these two verses, 5.97-98, the idea is expressed that the language of the omniscient ones is not the language of the gods, nor even of the Buddhas—rather it is the one language that appears to have many meanings due to the variations in our emotions and thinking—and thereby it is the source of illusion and error, while at the same time being source of the fruit of equal happiness.

<sup>&</sup>lt;sup>2</sup> Ruta refers to the characteristic sounds of the voices of all types of living creatures, i.e. roar, neigh, song, etc.

<sup>&</sup>lt;sup>3</sup> Just as a spotless gem allows one to see what lies below it, so the spotless gem of the mind allows a clear view of one's emotional states.

<sup>&</sup>lt;sup>4</sup> See Sanskrit page 78, commentary on KCT 5.127 for a quotation of this verse.

<sup>&</sup>lt;sup>5</sup> Dharmasamgrahaḥ 105 lists three types of charity: giving of the dharma, the giving of meat, and the giving of friendship. ("tatra dānam trividham, tadyathā-dharmadānam, āmiṣadānam, maitrīdānam ceti.") (Kasawara et al 1885:27)

<sup>&</sup>lt;sup>6</sup> We could emend the text to *ghaṇṭānte*, to indicate "at the end of the bell [initiation]," though there is no support for this in the commentary. Pot (*ghaṭa*) is another name for pot (*kalaśa*), the alternate name for the Master/ācārya initiation, the first of the four consecrations

[50.1] [They are possessed of] *Māra*'s and the addictions' destruction, indeed; the remover, i.e. sexual love, the lightning bolt multitude, the trees etc.;

The six consorts, the set of six voids, the progenitor of the three realms, knowledge and  $vij\bar{n}\bar{a}na$ , the one.  $||100||^1$ 

5.101: The cakra, transparent on all sides, "the three realmed," happiness, the jewel of this one itself is passion;

The lotus, the destruction of addiction, the sword, the lightning bolt also, the great knowledge body, because [it is] indivisible;

[50.5] The cutting off of ignorance, the agentess, and here the six, also, that are produced with the others from the clan,

They are also to be known in this way, like the sky, as the equal flavored aggregates, constituents, and senses, etc.  $||101||^2$ 

5.102: In him indeed the birth-form reaches destruction, and that is called the great form;<sup>3</sup>

In her transmigratory suffering goes to destruction, she is the called the great awareness;

In her, the transmigratory name goes to finality, she has the great lightning bolt name;

(abhisekas) leading to the sexual union of the yogl and the yogini. See note to KCT 5.112b.

<sup>&</sup>lt;sup>1</sup> This is clearly a list of some sort.

<sup>&</sup>lt;sup>2</sup> These three verses, KCT 5.101-103 are quoted in the commentary on Sanskrit page 101, line 16ff., at the end of the long passage on KCT 5.127.

<sup>&</sup>lt;sup>3</sup> Again we have the idea that  $mah\bar{a}$ -x = 'the destruction of x'. See above, footnote to VMP Sanskrit p. 47.9.

[50.10] In him transmigratory growth goes to its end, [he is] the lightning mental creation (samskāra) itself. | | 102 | |

5.103: In him the waking etc. state reaches its end, that is also called vijñāna;
In him the ignorance state goes to finality, that is the muni's knowledge exactly;

These, Vairocana etc., the supreme victors most excellent, are sixfold, the six clans;

The others [are possessed of] the six constituent divisions, earth, fire, water, wind, space, and peace. | | 103 | |

[50.15] 5.104: In her all confusion goes to finality, she is the Eye/Illuminator, the female supporter;<sup>1</sup>

In her all pride goes to finality, Possessiveness is she, water itself; |
In her all passion goes to its end, White is she, the oblation;

In her all envy goes to its end, the Saviouress is she, the wind also. | | 104 | | 5.105: In her, all enmity ends, [she is] the mistress of the lightning-bolt constituent [Vajradhātvīśvarī], the sky;

[50.20] In her all jealousy ends, she is the syllable, the universal mother;

The eye that sees the visible and invisible form in the mind and in the navel,

The great ear that hears the sound from far away as though it were clear[ly heard nearby], those belong to the victor. | | 105 | |

<sup>&</sup>lt;sup>1</sup> Dharitrī.

5.106: She, the beautiful nose who perceives all smell that causes the supreme happiness, she belongs to the lord, also;

And she, the tongue that constantly tastes even the welfare-providing nectar of one's own moon, also [belongs to the lord];<sup>1</sup>

[51.1] The lightning touch ravishes<sup>2</sup> in every direction, constantly—that is the lightning body's sense;

The mind that enters into the equal happiness through the intercourse of wisdom and means, that is this one's [the lord's] dharma. | | 106| |

5.107: These, divided sixfold are the *bodhisattvas* together with their wives, possessing senses and sense domains;

All those forms etc. are the sense domains of the best of the victors, of six sorts, everywhere;

[51.5] Very clear, unborn, stopped, causing supreme happiness, not turbid, accessible via knowledge;

And the others [that] are not perceivable in the three realms, are also accessible to the entire world by means of the senses. [ | 107 | |

So from the ninety-second verse the next fifteen verses are easily understood. | |93-107| |

Then the single hidden verse, that itself is explained in detail--

5.108: The extremely strong one<sup>3</sup> in addition causes the attraction of knowledge

<sup>&</sup>lt;sup>1</sup> It is not uncommon to use ca for an ellipsis in Sanskrit.

<sup>&</sup>lt;sup>2</sup> See Apte, definition #3. "Remove" doesn't make much sense here, except in the sense of 'carrying one off,' much like a seduction.

to itself here, and Jambhah<sup>1</sup> [causes] entrance into that,

[51.10] Stiffness<sup>2</sup> [causes] the binding of that, indeed, and through the influence of the supreme happiness, the proud one<sup>3</sup> [causes] satisfaction;

The lightning-speed creates the producing of the equal flavor of the cakra[s] in the knowledge cakra;

In such a way, indeed, the lightning-bolt goddesses, [both] manifested and restrained, are in the *Yoginūtantra* body. [ | 108 | |

"Knowledge" etc. Here, indeed, having accomplished [becoming] a covenant-

<sup>&</sup>lt;sup>3</sup> Atibalah.

<sup>&</sup>lt;sup>1</sup> Jambha, the name of a demon (derived from 'jabh, to seize, crush, destroy, snap at with the mouth) appears early in Vedic literature. Atharvaveda II.4.1-2 reads: "For length of life, for mighty joy, uninjured, ever showing strength. We wear Vishkandha's antidote, the Amulet of Jangida. Amulet of a thousand powers, Jangida save us, all around. From Jambha, and from Visara, Vishkandha, and tormenting pain." (Griffith 1895-6{1}:36). In a note Griffith cites a passage found by Weber in the Kausika Sūtra (32.1): "jambha-gṛhītāya stanam prayachhati, '[s]he offers the (mother's) breast to the (child) seized by Jambha,'" suggesting teething pain or some other infantile disorder (Griffith 1895-6{1}:37). Human breast milk is now known to provide a wide arsenal of anti-microbial agents (see Newman, Jack, "How Breast Milk Protects Newborns," Scientific American, vol 273 (6), December 1995, pp. 76-79), so the demon Jambha may be a generic ancient name for the demon causing infantile diseases. Zysk, however, indicates that jambha refers to lockjaw, a symptom of tetanus, noting that viskandha and visara suggest other tetanus-like symptoms. 'tearing the shoulders apart,' and body-wrenching pain. (Zysk 1993:55-57). He says, "references to jambha point to its meaning as 'convulsions,' 'teething,' 'lock-jaw,' or as Caland, following Sayana suggests, 'ein Raksasa ... der die Mundsperre ... verursacht.'" [i.e. a demon that causes the closing of the mouth. (Zysk 1993:172).

<sup>&</sup>lt;sup>2</sup> Stambhah; MW gives a specifically Tantric definition as "the magical arresting of any feeling or force, as of hunger, thirst, or of the forces of water, fire, &c., as taught in the Tantras," along with generic terms such as paralysis, stiffness, solidity, a pillar, etc. In Abhidhānacintāmaṇi's Devakānḍah (2.219) stambha appears as a synonym of jādyam, stiffness, in a list of terms for sweating and horripilation or excitement. (stambho jādyam svedo gharma-nidāghau pulakah punah romāñcah kanṭako romavikāro romaharṣaṇam | |) (Hemacandra 1964:84).

<sup>3</sup> Mānakah.

being4 in the mandala and cakra meditation, then the drawing into oneself of the knowledge cakra, [ākarṣaṇa], its entering, binding, satisfying, [are all] to be made into equal flavor by the mantra possessor. Jah, hūm, vam, and hor--[51.15] i.e. the drawing into oneself is [done] with the lightning goad, the entering [is performed] with the lightning, the binding [is accomplished] with the lightning noose, the satisfaction with the bell--[these are] renowned everywhere as the fierce kings standing in the eastern, southern, western, and northern doors, [and] as the lightning dakinis in the Yoginitantra. That very [point] is stated in the Inner Chapter<sup>2</sup>--the extremely strong one causes in addition the attraction of knowledge to itself, in this, in the body. When in intercourse with a young woman, the knowledge being<sup>3</sup> makes the semen into a part of the prāṇa etc. winds, by drawing that into himself by what's inside the samdhyā language, i.e. he causes the bodhicitta to completely fill up upwards into the head--this is the meaning. And Jambhah [causes] its entrance; i.e. the inner fire, [51.20] that having made flow, causes the entry of the flowing drop-form into the throat, into the heart, into the navel, [and] into the concealed lotus. 5 Stiffness, i.e. the earth element, causes the binding of that drop form, that is,

<sup>&</sup>lt;sup>1</sup> Or 'time-being,' samaya-sattva.

<sup>&</sup>lt;sup>2</sup> One would think *adhyātma* functions as an abbreviation here for the second chapter of the *Kālacakratantra*, although this phrase does not actually occur in the second chapter verses.

<sup>&</sup>lt;sup>3</sup> Iñāna-sattva, i.e. a person possessed of true knowledge.

<sup>&</sup>lt;sup>4</sup> Samdhyā is the term for the morning, noon, and evening junctures of the day, with the Tantric addition of midnight—it would make much more sense to interpret samdhyābhāṣā as language refering to these junctures—not as obscuration—rather as the Tantric equivalent for the Vedic mantras that are used to access and control the movement of time/destiny at its vulnerable points—time's marmans so to speak.

<sup>&</sup>lt;sup>5</sup> Here then, *Jambha*, the *Atharvaveda* disease-causing demon, has been transformed into *tejas*, the internal fire of the body. This is perfectly in keeping with the logic of Tantric yoga

through the influence of the supreme happiness it does not cause the going out of what has come with extreme speed.<sup>1</sup> The proud one,<sup>2</sup> is said to be the vibration located in the lightning jewel in the secret lotus, a clear liquid from the drop of the water element; through the influence of its imperishable happiness, the water element causes the satisfaction, i.e. the coldness in the body<sup>3</sup>--this is the meaning. In addition, [the *saktis*] *Locanā* etc. awaken that very flowing happiness so that it goes upwards from that place, with the lightning-bolt singers<sup>4</sup> [51.25] previously mentioned. Then, *Locanā* impels it in the navel for the purpose of flowing, *Māmakī* [impels] in the heart for the sake of maturation, *Pandārā* [impels it] in the throat for the sake of human effort, *Tārā* [impels it] in the head for the sake of purity. The great happiness, having been made to rise up by them in that way, having become pure, causes the revelation of all the aggregates, constituents, bases of awareness etc.

as espoused in this text. Mastering the wind flows in Tantric yoga is repeatedly said to free one from various diseases. Here *Jambha* has been tamed and turned into an aid to enlightenment and liberation.

<sup>&</sup>lt;sup>1</sup> This appears to say that *stambha* or the earth element is responsible, through the influence of the ultimate happiness, for preventing the orgasmic rush (*āgatasya ativegah*) from exiting the body.

<sup>&</sup>lt;sup>2</sup> Māna itself = either an opinion, pride, conceit, listed as one of the six addictions at Dharmasamgrahah 67: passion, anger, pride, ignorance, erroneous views, and doubt ("sat kleśāh--rāgaḥ, pratigho, māno, 'vidyā, kudṛṣṭir, vicikitsā ceti" (Kasawara et al 1885:14) and one of the six concealments of samādhi at Dharmasamgrahah 118: sloth, pride, wickedness, arrogance, discontent, and lack of enjoyment of the truth ("tatra ṣaṭ samādhy-āvaraṇāni, tadyathā--kausīdyam, mānam, śāṭhyam, auddhatyam, anābhogaḥ, satyābhogaś-ceti" (Muller & Wenzel 1974:29). Māna also = measure, or measurement, and MW gives mānakah as a measure or weight.

<sup>&</sup>lt;sup>3</sup> Presumably coldness is equated with satisfaction in the sense of the cooling of the erotic urges after satiation

<sup>&</sup>lt;sup>4</sup> Vajra-gītikās.

the song of the *yoginīs* in the imagined *maṇḍala*.<sup>1</sup> This is the esoteric meaning, both secretly and openly in all the *tantras*. | | 108| |

[52.1] 5.109: The dark-blue-staffed [deity]<sup>2</sup> causes the striking down of the  $m\bar{a}r\bar{a}s$ , indeed, in the three worlds' abode,

And the unmoving fierce [deity whose roar is] like the roar of universal destruction, [causes] their binding, and the intensely heroic [fierce deity causes] their fastening; |

The *takki* [fierce king causes] the destruction of their strength, and like a pillar, [causes] their paralysis on the surface of the earth;

The uṣṇ̄ṣa [fierce deity] also [causes] the destruction of their supernatural power; as before, the fierce goddesses are [both] manifested and restrained. | | 109 | |

[52.5] 5.110: And then there is also the vibration of the word-recitation etc.<sup>3</sup> for the sake of the maturation of the ghosts;

Likewise [there is the vibrational manifestation] of the gods *Indra* etc. in the cardinal and intermediate directions, for the sake of the protection of people;

<sup>&</sup>lt;sup>1</sup> Here at least *Pundarīka* appears to be drawing a real functional distinction between the actual sexual *yoga* described in this chapter, and the visualization *yogas* without real consorts.

<sup>&</sup>lt;sup>2</sup> Dharmasamgrahah lists the ten fierce deities, as follows: the destroyer of death, the destroyer of wisdom, the destroyer of the lotus, the destroyer of obstacles, the immovable king of takki [in the Panjab], the blue-staffed one, the very powerful one, the turbaned, the turner of the wheel, and the king of Sambhara [a region near Jaipur]. ("daŝa krodhāh, tadyathā--yamāntakah, prajñāntakah, padmāntako, vighnāntako, 'caraṭarkirājo, nīladando, mahābalo, uṣṇīṣaś, cakravārtī, sambhararājaś ceti." Kasawara et al 1885:3).

<sup>&</sup>lt;sup>3</sup> Carcika is a term for Vedic recitation of a word--cf. Hcat 1.7.1064.

And there is, by the lightning possessor, the emanation of the entire clan of serpents for the sake of the maturation of the  $n\bar{a}gas$ ;

And there is also the vibrational emanation for the sake of the maturation of the daity as with the great dog's face etc. | |110| |

Then the dark blue-staffed etc.<sup>1</sup> cause the coming and going etc. in space of the activities of the action senses, [52.10] having performed the striking down etc. of the Mārās; having conquered all the Māra retinue with the power of the four skills,<sup>2</sup> dharmacakra in motion--thus the previously stated characteristic, thus the rule. | | 109-110| |

5.111: Whatever other vibrational emanation there is in the lord's mandala, it ends in what's produced from the creature;

Everything, for the sake of the purposes of intelligent beings, of the best of various qualities, is to be known as in one's own body;

In this sense the *tantras* [and] the *mantras* are located in the various clans, according to the distinction between *yoginī* and *yoga* [tantras];

The consecration is also of two forms in this [tantra], through the influence

<sup>&</sup>lt;sup>1</sup> The -ādayaḥ should not be bold faced; only ntladandaḥ appears in the verse.

<sup>&</sup>lt;sup>2</sup> Rinpoche et al 1994b:52.10. Dharmasamgrahah 77 lists the four skills as follows: skill in attaining enlightenment, skill in knowledge of the destruction of faults, skill in nirvāṇa, and skill in inculcating value ("abhisambodhi-vaiśāradyam, āśravakṣayajñāna-vaiśāradyam, nairvāṇikam, ārgʃh]āvataraṇa-vaiśāradyam ceti." Kasawara et al 1885:16). In the Mahāvyutpatti these are listed somewhat differently: skill in teaching about all the dharmas, skill in knowing the destruction of all faults, skill in ascertaining and explaining the unerring dharma for [overcoming] obstacles, skill in the reality of the access to nirvāṇa that provides complete success (sarvadharmābhisambodhi-vaiśāradyam, sarvāṣravakṣayajñāna-vaiśāradyam, antarāyika-dharma-ananyathātva-niścita-vyākaraṇa-vaiśāradyam, sarva-sampad-adhigamāya nirvāṇika-pratipat-tathātva-vaiśāradyam). (Csoma de Koros 1982{2}:249-250).

of the quality of the child, it is worldly and extra-wordly, also. [ | 111 | | 1

In such a way also, through the unconcealed happiness, whatever other vibrational emanation there is in the lord's mandala, it ends in what's produced from the creature, to the three and a half crore [35 million] limit, in the metaself to the body hair limit, the unconcealed collection of constituent elements, all that<sup>2</sup> for the sake of the purposes of intelligent beings, having the best of various qualities, is to be known as in one's own body.<sup>3</sup> In this sense the tantras [and] the mantras located in the various clans, according to the distinction between the yoginī and yoga [tantras], are the wordly siddhis. The consecration in this, in the Kālacakra, is twofold, also, through the influence of the quality of the child, it is worldly [52.20] and unsurpassed,<sup>4</sup> through the influence of the quality of those desiring the unsurpassed path—thus the rule. [1111]

Now is stated the purpose of the worldly and world surpassing consecration5.112: Touching the breast of the wisdom [consort] and tasting the nectar and embracing;

<sup>&</sup>lt;sup>1</sup> Bauddhatantrakośah cites Dohākośavyākhyā p.92 for the following differentiation between loka and lokottara: 'there are two types of thinking, worldly and world-transcending. The worldly type is characterized by imagination (vikalpa), and to be refuted. The world transcending type is stainless, characterized by the dharma body, or intrinsically innate/orgasmic (sahaja-svarūpa).' ("Citta-samjñā dvividhā--laukikī lokottarā ca| yal-laukikam tad-vikalpa-lakṣaṇam nirākraṇīyam| yal-lokottaram nirmalam dharma-kāya-lakṣaṇam sahaja-svarūpam vā." Dwivedi & Shashni 1990:41).

<sup>&</sup>lt;sup>2</sup> The *etad* should not be bold--it's not in the verse.

<sup>&</sup>lt;sup>3</sup> The verse reads sarvam sattvõrthahetor varavividhaguņam .... The commentary reads this as sarvasattvõrtham etad varavividhaguṇam...

<sup>&</sup>lt;sup>4</sup> The verse reads seko 'smin dviprakāri 'pi śiśuguņavaśāi lokalokottaraśca. The commentary reads seko 'smin didhā 'pi śiśuguņavaśād laukikah anuttaro.

The fourth moment in intercourse with the wisdom [consort], [and] what resides in the nectar in the fluid of the *bodhicitta*; | 1

All of that is worldly, indeed, shown with supreme compassion for the sake of the path;

[52.25] The world-transcending consecration of the supreme lord of victors is the embrace with the divine consort. | | 112 | |

With "wisdom" etc. Here the laughing, gazing, holding hands, [union in] the pair, i.e. the fourfold consecration [is also known as] the teacher, the concealed, the wisdom, [and] the knowledge; "the fourfold, [that]² is also like that" [Guhyasamāja 18.112]³ [thus] according to the word stated in the [Guhya|samāja] etc., [53.1] the water pot etc.⁴ consecration is just an agreement, by concealment [conventionally], for making [the initiate] into a teacher, not the reality [tattva]. According to the statement, "having been consecrated, one should impart the reality," the fourfold consecration is not the reality, [the fourfold consecration being] laughing, gazing, hand [holding], [and] union of the pair. Here the non-dual reality being considered is not the non-dual knowledge produced because of the action-consort. In this sense, if

<sup>&</sup>lt;sup>1</sup> Caturthakāla is in Manu 9.110 and Āpasatambha's Dharmasūtra 1.25.10 & 1.27.11 the 4th meal, i.e. the evening of every second day (of one's fasting). Manu 6.19 defines caturthakālika as one who takes only every fourth meal {MW p.385}.

<sup>&</sup>lt;sup>2</sup> Sarnath editors add *tat* here in brackets.

<sup>&</sup>lt;sup>3</sup> Fremantle's translation includes the first 17 chapters of the *Guhyasamāja*, not the eighteenth.

<sup>&</sup>lt;sup>4</sup> As Snellgrove explains, "the first consecration may also be known as the Jar-Consecration (kalaśābhiṣeka), for it consists of six subsidiary consecrations, in all of which the ritual jar (kalaśa) is used. These six consecrations are those of Water, Crown, Vajra, Bell, Name, and Master." (Snellgrove 1959{1}:131). [See Advayavajrasamgrahah, 36.1-21, Sekatānvayasamgrahah, translated in introduction--where kalasah is used for kalaśah.]

the happiness produced because of wisdom is knowledge of wisdom [on the part] of the means, then the knowlege of the means [on the part] of wisdom [that is] produced because of the means [53.5] is for perfection [siddhi]. In this way, if there are two knowledges that come into being, it is because of the distinction between both knowledges [i.e. types of knowledge]. Hence there is no non-duality. Because of the lack of non-duality, there is a lack of Buddhahood. Now wisdom's knowledge is knowledge of wisdom; similarly there is also the fault, [that] the means' knowledge is knowledge of the means; thus it is proved. Therefore the happiness of the means is perishable, twofold, young, mature; the vibrational happiness of wisdom is old; of those two, of the pair, when the non-vibrational [happiness] comes into existence by means of the great consort, then it is non-dual, lacking the two senses. Hence touching the breast touching etc. of wisdom is worldly, taught for the purpose of introducing the path. [53.10] The world-transcending consecration of the supreme lord of victors is the embrace of the divine consort, this is what's stated. | | 112 | | 5.113: [She], the mere appearance of thought, is produced in one's own mind just like a reflection in a mirror;

She is to be served by the *yogīndras*, by all the victor sons, and she is served by the *Buddhas*;

She, the fully developed light of knowledge, burns entirely the *Māra* host together with the sense objects;

<sup>&</sup>lt;sup>1</sup> The argument appears to be that the non-dual knowledge that arises through the yoga with the action-consort is not really non-dual, since it involves knowledge on both the *yogin*'s part (the means), and on the *yogint*'s part (the wisdom)--each learning about the other.

[She] provides also the passions etc. in the body [and] the equal happiness of the yogins after a year's yoga.<sup>1</sup>||113||

[53.15] The verse beginning with the mere appearance of thought is easily understood. | | 113 | | | | |

5.114: Wisdom and knowledge become thought, and just the appearance of that is tenfold;

Consecration is the immersion in this, like the mirror image of stainless moonlight, indeed;

From that [immersion] there is the unejaculated *nirvāṇic* happiness, and it is innate, indestructible, and fourfold;

This is the Buddha's face, residing in the mouth of the heart; the glorious guru abides in that. ||114||

[53.20] "Wisdom, knowledge" etc. are detailed. Here wisdom and knowledge, respectively, are the perceiver and the thought; and from that, from the perceiver's thought, the tenfold, smoke etc., is perceivable, a mirror image, like the *pratisenā*; it itself is knowledge, the perceivable thought--thus the meaning. In the same way, just like the reflection of one's own eye in a mirror is perceivable as one's own eye, so [likewise] wisdom and knowledge.<sup>3</sup> Consecration is the immersion in this.

<sup>&</sup>lt;sup>1</sup> Cf. Mālinīvijayottaratantra last few chapters for repeated use of the ablative to signal passage of time.

<sup>&</sup>lt;sup>2</sup> This verse [5.113a] offers a pretty good example of why citta is better translated as thought.

<sup>&</sup>lt;sup>3</sup> I.e. both one's own wisdom and one's own knowledge are perceivable through perceiving their reflection in thought—thought here functioning as a mirror.

Here, what is in the perceivable thinking from the perceiver's thought, the entry into that is not a movement into external sense domains; withdrawal of sensual awareness, meditational focusing, subtle energy/breath extension/retention, [53.25] holding the meditative focus, is said to be immersion. With the six limbs, from that, from the immersion, there is the unejaculated nirvāṇic happiness, and it is innate, indestructible, and fourfold, a happiness higher than the child's and the adult's vibrations, having surpassed [any] resemblance to the world, stated according to the custom of the three worlds--this is the meaning. Devoid of laughing, looking, touching, holding hands, and sexual embrace, free of the cause of the action consort and the knowledge consort, having the characteristic of voidness in the appearance of all its forms. This Buddha face, the knowledge face, situated in the heart of him, of the master, is transformed into one's own experience, situated in the mouth, for granting to the students it remains always, it is the glorious guru, the lightning bolt holder [Vajradhara]--this is the meaning. [53.30] The others are not for awakening the happiness of the two senses.] | 114| | 5

[54.1] Now the entry of this one into the image of his own thought is stated--

5.115: By those whose thinking is deeply engaged in the  $ak\bar{a}\dot{s}a$ , who with eyes unblinking have entered onto the lightning bolt path;

<sup>&</sup>lt;sup>1</sup> Pratyāhārah, dhyānam, prāņāyāmo, dhāraņā.

<sup>&</sup>lt;sup>2</sup> The Sarnath editors' addition of *bhūtam* in parentheses here seems unnecessary to me.

<sup>&</sup>lt;sup>3</sup> The text often reads in a way that suggests it is written as a textbook for Tantric masters, for those who will teach and initiate students.

<sup>&</sup>lt;sup>4</sup> There's a typo in the Sarnath text here--80 should be 30.

<sup>&</sup>lt;sup>5</sup> This is unclear. I've tentatively changed -avabodhāra to avabodhāva, dative singular.

From the void, smoke, a ray of light, the manifestly stainless sun itself, the lamp; | 1

The flame, the moon, sun, and lightning bolts also, the ultimate digit,<sup>2</sup> is seen, the drop also;

[54.5] In the middle of that, the Buddha's image is a multiple enjoyment body without sense domains. | |115| |

Beginning with "Akāśa." Here, in the mantra-system, in the perfection vehicle, there is a twofold yogic practice: there is a practice of yoga in the ākāśa, and [the practice of yoga] in open space. He will achieve yoga in the akāśa who at night, in a house without holes, in the darkness, with thought deeply engaged in the akāśa, sees the signs of smoke etc., with eyes unblinking, having entered onto the lightning bolt path. In this sense, with his prāṇā entered into the central channel, from the void itself, by those whose thinking is deeply engaged in the akāśa, who

<sup>&</sup>lt;sup>1</sup> It is very interesting that these terms smoke, etc. do not occur in the *Hevajratantra*, yet are found in the *Guyhasamāja* and commentary. The *maḥāmdrā* meditation is described as the path of smoke etc. (*maḥāmudrā-bhāvanā-mārgo dhūmādikaḥ*) at Rinpoche et al 1986:19.19 (cf. Newman 1987:280). Dwivedi and Shashni quote Rinpoche et al 1986:19.22-25 in their definition of *nimittam*.

As David Pingree has explained to me, the notion of a sixteenth digit of the moon is a poetic invention. The fifteen kalās of the moon are the fifteen slices of the moon that progressively light up as one moves from the new moon to the full moon. This is a standard idea in Indian astronomy. The court poets invented the idea of the sixteenth digit for the fullest full moon of a woman's beauty. The sixteenth digit idea was apparently adopted into Tantric doctrine, and is here correlated with the drop of nectar from the moon/soma in one's head.

<sup>&</sup>lt;sup>3</sup> See Dharmasamgraha 32 on ākāśa as one of the three asamkṛtānis, and Abhidharmakośa.

<sup>&</sup>lt;sup>4</sup> Ahhyavakāśa. Dharmasamgraha 63 lists abhyavakāśika among the twelve ascetic practices, ... at the base of a tree, on a single seat, in an open space, in a forest, at a cremation ground... (...vṛkṣa-mūlika, ekāsanika, ābhyavakāśika, āraṇyakaḥ, śmaśānikaḥ.... Kasawara et al 1885:13).

<sup>&</sup>lt;sup>5</sup> Avadhūtī or madhyamā.

[there is] smoke, a ray of light, the evidently stainless sun itself, [and] a lamp-[this he] will see with the night-yoga. Then he sees the cloudless sky. Then from the
sky, again in the daytime-yoga--"from the sky arisen, self-arisen, the great fire of
wisdom and knowledge," (Nāmasangtīi 6.20)\(^1\)--thus the fire is seen in the cloudless
sky. Thus, "Vairocana,\(^2\) the great light, the light of knowledge, the sun,"

(Nāmasangtīi 6.21), a image of the moon, the light of the world, the sun, the torch
of knowledge, the lightning-seizer,\(^3\) the great brilliant flame, shining, the highest digit
of lightning,\(^4\) i.e. the king of science, the highest mantra lord, the drop possesor.\(^5\) In
this way, the tenfold cause\(^6\) is declared by the Bhagavān in the [Guhya] Samāja etc,
by the night yoga, and in the Nāmasangtīi by the day yoga, is by the Bhagavān
stated. Then "the mantra king is the great achiever of objectives," (Nāmasangtīi
6.22), so in every form, cloth, pot etc. one sees [his] image. In the middle of that,
in the middle of the drop, without sense domains, since it is lacking elementary

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 61b. "Arisen from the sky and self-arisen, he is the exalted fire of self-gnosis." The next two quotes are from Davidson verses 62a and 63a respectively: "Vairocana, the great lumen, the light of gnosis, he is the illuminator," and "he is mantrarāja performing the great goal." (Davidson 1981:26 & 54). These portions of the Nāmasamgītih are quoted in full on VMP Sanskrit p. 69, commentary on KCT 5.127 (see Chapter 13 of this dissertation).

<sup>&</sup>lt;sup>2</sup> Literally: "coming from the sun;" *virocana* is a name for the sun.

<sup>&</sup>lt;sup>3</sup> Vajrarāhu.

<sup>&</sup>lt;sup>4</sup> This is an innovation. Normally the *parakalā* or *paramakalā* is attributed to the moon. Here lightning is also said to have an extra portion.

<sup>&</sup>lt;sup>5</sup> This is a very interesting synthesis of many of the ideas earlier found in the Rgveda, Brāhmanas, etc.

<sup>&</sup>lt;sup>6</sup> Again, see *nimitta* in Introduction, and *Bauddhtantrakośa* quotes on this.

substance,<sup>7</sup> [and] since it is lacking imagination [kalpanā], the multiple enjoyment body. Then by the image-yoga the unstruck sound itself is heard.<sup>2</sup> Thus the emanation body, through the appearance of form, [54.20] [and] through the appearance of sound, is enjoyment--this is the meaning. | | 115 | |

5.116: The sky  $[\bar{a}k\bar{a}sa]$ , free of rain clouds, is to be observed by the yogi with steadfast gaze;

Until, indeed, a black line, the vibrating, spotless doer, is seen in the time channel; | 3

In that [channel] there is the omni-colored clear image/disk of omniscience, like the sun [reflected] in the water,

Of every form, one's own thought, without sense-domains, non-other, thought itself. | | 116| |

[54.25] Here in the day-yoga, the ākāśa, with steadfast gaze, rain-cloud free, is to be observed by the yogi, in the forenoon; in the afternoon, [this meditation is to be performed] having turned the back to the sun.<sup>4</sup> Otherwise one will become blinded by the sun's rays; therefore [one should practice in that way], due to that prohibition. It

<sup>&</sup>lt;sup>1</sup> According to the MW listing, dravya refers to the 9 Nyāya elementary substances, pṛthivī, āp, tejas, vāyu, ākāśa, kāla, diś, ātman, manas. These are shared by the Vaiśeṣikas. Jains have 6--jīva, dharma, adharma, pudgala, kāla, ākāśa. Dharmasamgraha does not list dravya. The term is discussed at length in the Abhidharmakośa and its commentary, generally in relation to Vaibhāṣika theories of matter.

<sup>&</sup>lt;sup>2</sup> Anāhata-nāda or anāhata-dhvani literally means the sound that is not produced by beating; perhpas a reference to an electric sound, i.e. a 'fīre' sound?

<sup>&</sup>lt;sup>3</sup> Kālanādī is another name for the avadhūti, the central channel of the subtle body in the spine.

<sup>&</sup>lt;sup>4</sup> Cf. *Mālinīvijayottara* meditation techniques.

is to be looked at daily until in the middle of the drop a black line, the size of a young child, the vibrating, spotless doer, is seen. In the time channel, in the avadhūti, internally, the image/disk of the omniscient, the world, without remainder, omni-colored, like the sun [reflected] in the water, of every form, one's own thought, without sense-domains, non-other, thought itself. There is not thought of another, [55.1] because there's not knowledge of the thought of another. Here, first, the image of one's own thinking is seen with the fleshy-eye of the Tathāgata; with the divine etc. eye, knowlege of another's thought is seen; therefore in the Dharmasamgraha the five eyes of the Bhagavān are declared. Thus sequentially, the fleshy eye, the divine eye, the Buddha's eye, the wisdom eye, and the knowledge eye, will come into being by the meditation's power. Then the unseen, not anything else, exists for the omniscient one. | | | | | | | | | | |

[55.5] 5.117: When the disk is seen, one should perform at the appropriate time each day the restraint of the  $pr\bar{a}na$  wind;

Until, indeed, the cakra of light rays is seen surrounding one's own body, being made to move;

After six months one reaches the equal happiness of the ascetics that is free of touch, and is the thought of the path;

Going to the end of passion and dispassion, the moment also grows into the number of breaths of the lord. | | 117 | |

<sup>&</sup>lt;sup>1</sup> Dharmasamgraha 64: The five eyes are the fleshy eye, the dharma eye, the wisdom eye, the divine eye, and the Buddha eye. ("Pañca cakṣūṃśi--māṃsacakṣur, dharmacakṣuh, prajñācakṣur, divyacakṣur, buddhacakṣuś-ceti." Kasawara et al 1885:14).

Then, when the disk is seen, at the appropriate time each day, [one should practicel the restraint of the prana wind, i.e. the pot state, until, indeed, [55.10] a cakra of light rays is seen surrounding one's own body, being made to move, in the previously discussed image/disk in oneself. Then, after six months, one reaches the equal pleasure, the indestructible pleasure that is free of touch, free of the pair of the two [sex] organs, that is the thought of the path, i.e. the thought of the image of voidness, on the part of ascetics, those who are principally practicioners of celibacy. Then there is the moment characterized by the attainment of enlightenment in a single moment, thoroughly conversant etc. with passion and dispassion. Passion, i.e. reaching the end of the bright half [of the lunar month], characterized by the sixteen digits. Dispassion, going to the beginning of the dark [half of the lunar month], [what] is entered with the dark half of the lunar month is characterized by the time of attaining enlightenment, that very moment grows into the number of breaths, [55.15] i.e. the number 21,600. From the tip of the lightning jewel in the secret [lotus], it grows; after 3600 moments, having slain breaths of that number, one attains the secret lotus; thereby there is a pair of earths. In this way, in the navel, in the heart, in the throat, in the forehead, the four are the eighty-six grounds. In the usnīsa, there are twelve because of the dissolution of all the breaths. | | 117||

Now the five mandalas' destruction is stated--

<sup>&</sup>lt;sup>1</sup> I.e. kumbhaka, making oneself like a pot that contains the bodily winds.

<sup>&</sup>lt;sup>2</sup> This sexual metaphor, i.e. from the tip of the penis inside the vagina, appears to contradict the notion in the verse that the equal pleasure is without touching, without the pair of sex organs.

5.122: Earth progresses to water, and water [goes] to fire, and fire [goes] to wind;

The wind [goes] to the void, also, and the void proceeds to the ten-fold, truly, the cause [proceeds] to the cause;

The universal form [proceeds] to the unstruck indestructible supreme happiness, the knowledge body;

[57.20] From knowledge the magical power [rddhi] and the yogic perfection [siddhi] comes into being, Oh king of men, in the birth here, in fact, of men. | | 122 | |

By "the earth" etc. Here, when the *yogi* has unblinking eyes, and his thought is elevated into the void with a fierce gaze, then the earth is in either the left or in the right [channel], i.e. it is a subsidiary characteristic. When the *yogi* performs a meditation at the time the earth is flowing in the right [channel], then this is the rule; not however at the time when [the earth etc.] is flowing in the left channel, [and so on] according to the sequence beginning with the space *mandala*. Therefore, to whatever *mandala* on either the left or the right the *prāna* flows, because of its having that property, [57.25] the *mandala* is called that [i.e. earth *mandala*, etc.].

Therefore, in the right channel, in the earth *mandala*, the *prāna* goes to the water *mandala*. In the same way, up to the knowledge *mandala*, [the *prāna*] flows with space etc. in the left *nādī*. In this way the void proceeds to the tenfold cause, smoke etc., the cause goes to disk/image of universal form. From the disk/image it

<sup>&</sup>lt;sup>1</sup> Upalakşanam.

goes to the indestructible happiness, that itself [58.1] is knowledge of the perfection of widsom. And from knowledge there is magical power, flying in the sky etc., and yogic perfection also, i.e. mastery of the three worlds, comes into existence, oh lord of men, in the birth here, in fact, of men; this is the exact specification for the entry into the path. [122]

Now the sixteen divisions of the four bodies are stated--

5.123: Passion is the emanation body; restrained it becomes the filled speech itself of that one;

[58.5] Fire is the emanation thought, creating supreme happiness, and real knowledge<sup>1</sup> of this is the Orissans; |

Joy is the enjoyment body, it [becomes] the supreme bliss of cessation, by the stages of this;

Speech and thought become the thunderbolt of knowledge, because [it is] the innate joy itself of this lord. | | 123 | |

"Passion" etc. Here, because of the truth of origin, where there is one body, there are others also, i.e. speech, thought, etc. Passion, i.e., from the cessation of the body's joy, the emanation body of the Buddha comes into being, restrained.

[58.10] Of it, i.e. of the emanation body, the destruction of the joy of speech,

<sup>&</sup>lt;sup>1</sup> Taking jñānam eva as 'real knowledge.'

<sup>&</sup>lt;sup>2</sup> Dharmasamgrahah says there are four parts to the truth of the producing cause-due to the cause, due to the arising, due to the origin, and due to the basic idea. ("samudaya-satye catvāra ākārāh, tadyathā-hetutah, samudayatah, prabhavatah, pratyayaś-ceti." Kasawara et al 1885:23). Pruden translates these as "material cause" (hetu), "arising or origin" (samudaya), "appearance" (prabhava), and "efficient condition" (pratyaya). (Pruden 1991{4};1110).

5.124: The tremblings, indeed, [are] the *dharma* body, honored by the three worlds, the production of speech occurs from that;

The rollings around<sup>3</sup> indeed, are the *dharma* thought, the knowledge destroying the fear of existence, from this indeed, is sleep; |

The syllable, indeed, is the purified body, the drop-sounds of the digits that are without accent, in sequence;

[58.20] Speech and thought [become] the knowledge thunderbolt, located in the three worlds, from the purified body of the lord. | | 124| |

<sup>&</sup>lt;sup>1</sup> I.e. emanation body, speech, thought, and knowledge, and enjoyment body, speech, thought, and knowledge.

<sup>&</sup>lt;sup>2</sup> We should use the Sarnath editors suggested emendation of śambhor asya for sambhogasya.

<sup>&</sup>lt;sup>3</sup> Again, I've taken *ghūrma*--apparently not a word in Sanskrit, as *ghūrņa*, as in KCT 5.118 and VMP 55.22. This is however a guess.

The tremblings, indeed, [are] the bliss of cessation in the body; the cessation of that is the dharma body, honored by the three worlds; from that, from the dharma, there is the production of speech, i.e. the stoppage of the joy of the cessation of speech. The rollings around, indeed, is the stoppage of the joy of the cessation of speech, dharma thought, destroying the fear of existence, the dharmaknowledge; from this is sleep, the stoppage of the joy of the cessation of knowledge. The syllable, indeed, i.e. the innate joy of the body; the cessation of that is the purified body. The accentless drop sounds of the digits, in sequence. [58.25] The digit, i.e. the cessation of the innate joy of speech, is the purified speech. The drop, i.e. the cessation of the innate joy of thought, is the purified thought. The nasal sound, i.e. the cessation of the innate joy of knowledge, is purified knowledge. In this way, the knowledge-thunderbolt, located in the three worlds, from the purified body of the lord, from the thunderbolt being, is divided into the sixteen divisions of joy, according to the statement "knowing the reality that has sixteen aspects" (Nāmasamgīti 9.15). The reality of sixteen aspects, according to revealed [truth] is the great imperishable happiness; according to concealed [truth] it is the twelve aspects<sup>2</sup> of the *Buddhas* and of the transmigrators. Therefore, by the cessation

<sup>&</sup>lt;sup>1</sup> Davidson's edition verse 133a; "knowing the sixteen aspects of reality." According to a note Davidson supplies, Mañjuśrīmitra in his Nāmasamgītivṛtti equates these sixteen aspects of reality to sixteen kinds of emptiness. (Davidson 1981:34 & 59). However, Abhidharmakośah-bhāṣya 7.13 defines the sixteen aspects as the four aspects of each of the four noble truths. (See Pruden 1991{4}:1110-1113). Here the reality of sixteen aspects is given a new definition—the mahākṣarasukham.

<sup>&</sup>lt;sup>2</sup> I have not found any listing of dvādašākāra in either the Abhidharmakošaķ or the Dharmasamgrahaķ. It appears to simply refer to the twelve limbs of pratītyasamutpāda, from the next sentence.

of the twelve limbs, by the dissolution of the *prāṇa*, "the lightning-sun, the great world," (*Nāmasamgīti* 8.33),¹ "the true meaning of the twelve aspects" (*Nāmasamgīti* 9.15),² through the cessation of *rajas*. [59.1] With the stoppage of the semen in the sixteen digits, "the stainless light of the lighting-moon," (*Nāmasamgīti* 8.33),³ "knowing the reality of the sixteen aspects," (*Nāmasamgīti* 9.15), thus the *Bhagavān* Kālacakra is perfected. | | 124 | |

Now, the cessation of waking-etc. is described--

5.125: Waking and dreaming's intrinsic form, and the other, this intrinsic form of deep sleep and the fourth [state];

[59.125] Situated in the body, dissolved in the breath, [it] spreads to the sense objects, without moving, dissolved in the thinking;

Situated in knowledge, through the embrace of a woman, the moment also exists in the flowing *bodhicitta*;

From the emanation etc., the restrained, fourfold thought lightning sequentially comes forth into being. | | 125 | |

<sup>&</sup>lt;sup>1</sup> Davidson's edition verse 109a: "the vajra-like sun, the great light." (Davidson 1981:32 & 57). Davidson takes mahālokah as mahā-ālokah. Following my arguments about the fundamental and shared Indian notion of the sun as the source of life and the location of heaven, taken from the Brāhmaņas, and evident in such terms as amāvāsya for the new moon night, a term that literally = "dwelling at home," I prefer the notion "great world" as another name for the sun. However, Davidson's choice is equally defensible.

<sup>&</sup>lt;sup>2</sup> Davidson's edition verse 133; "his referent truth in twelve aspects." Davidson provides Mañjuśrīmitra's explanation: "Endowed with the characteristic of the twelve aspects of the senses and the sense-fields (*āyatanas*), he has those twelve [aspects] which are the twelve aspects of provisional truth (*samvṛttisatya*)."(Davidson 1981:34 & 59).

Davidson's edition, verse 109a: "with the stainless brilliance of the vajra-like moon" (Davidson 1981:32). This may in fact be the phrase that provided Pundarīka with the title for his commentary on the Kālacakratantra, given his fondness for quoting from the Nāmasamgītih. Induh = a drop, especially a drop of Soma, in the earlier Vedic literature.

"Waking" etc. Here, situated in the body of the transmigrators, i.e. situated in the head, the bodhicitta is the characteristic of the waking-[state]. Dissolved in the breath, i.e. located in the throat, it is the intrinsic state of dreaming. In both states [59.10] it spreads to the sense objects. Without moving, dissolved in thought, located in the heart, also this other one, i.e. the third, thought, the intrinsic nature of deep-sleep. The knowledge state, i.e. located in the navel, the intrinsic nature of the fourth [state], through the embrace of a woman, the characteristic of the unejaculated moment's. When the bodhicitta is flowing, that itself is the thought, fourfold, stopped, the characteristic of the emanation-, enjoyment-, dharma-, and innate-bodies, of the Buddhas, comes into existence. Therefore, from the emanation etc., sequentially, the restrained fourfold thought lightning comes forth into being. [125]

5.126: In this way, the thought is fourfold, residing in the threefold world, in the middle of the drop of living beings;

[59.15] It is to be protected by the chief yogīs, providing the fruit of equal happiness, the pervader, for the purpose of liberation;

When there is release of the drop, where is the release? It is in the birthseed of the *yogis* that lacks the supreme happiness;

Therefore, for this reason the happiness-moment in transmigration is always to be shunned by the ascetics. | | 126 | |

In this way, the waking etc.'s characteristic is the thought of the

<sup>&</sup>lt;sup>1</sup> The commentary glosses drute as drute sati, i.e. it glosses "flowed" as "is flowing."

transmigrators, fourfold, in the middle of the drop of those residing in the three worlds, at the base of the bodhicitta, the bodhicitta; that itself is to be protected by the chief yogīs, providing the even happiness fruit, [59.20] providing the fruit of the indestructible happiness, pervading, for the sake of liberation's. When the drop is released, when it falls into the true basis, where is the release of the deposited bodhicitta? It is in what's free of the supreme happiness, in the basis, in the birth seed of the yogīs. Therefore, the moment of transmigratory happiness is for this reason always to be shunned by the ascetics. Here, the perishable (moment?) i.e. the perishable vibration, thus, is to be shunned; thus the Bhagavān's rule. The yogī must make it [go] upwards, with non-vibration etc., until it become stainless. Just as it has come, so it has gone, thus the rule about the arisal of the indestructible happiness will be stated in detail in the next śloka beginning with "unity," in the perfection of knowledge about the supremely indestructible.

Therefore here is the end of the section. | | 126 | |

Thus, in the twelve thousand [line] Stainless light commentary on the short Kālacakratantra that accompanies the root tantra, the great teaching on the specification of the purification of the four bodies etc., the second section in the Knowledge Chapter.

# 12.2. Pundarīka's Explanation of the Dharmasamgrahah

<sup>&</sup>lt;sup>1</sup> The parethetical is a suggestion by the Sarnath editors.

<sup>&</sup>lt;sup>2</sup> I.e. KCT 5.127 with its forty-page commentary.

Now the Dharmasamgrahah<sup>3</sup> of the Buddhas is described--

5.238: The pair of knowledge and space, certainly, and this other triad of jewels and vehicles, also,

[148.5] The addictions,<sup>2</sup> the  $M\bar{a}r\bar{a}s$ ,<sup>3</sup> and the delights,<sup>4</sup> and on the other hand, the restraints,<sup>5</sup> supernatural powers,<sup>6</sup> and the outflows,|<sup>7</sup>

The [four] proficiencies,8 the [four] truths,9 and on the other hand, then,

<sup>&</sup>lt;sup>1</sup> This is the Dictionary of Buddhist technical terms, a Sanskrit summary of Buddhist doctrine I have cited frequently in notes throughout the dissertation for definitions of terms used in Buddhism. It has not been completely translated into English, although Kasawara provided English equivalents for many terms in the notes to the verses. (See Kasawara et al 1885). The text is cited frequently in Monier Williams' dictionary.

<sup>&</sup>lt;sup>2</sup> Dharmasamgrahah 67 lists six addictions, passion, enmity or resistance, pride, ignorance, false views, and doubt (sat kleśāh--rāgah, pratigho, māno, 'vidyā, kudṛṣṭir, vicikitsā ceti. Kasawara et al 1885:14).

<sup>&</sup>lt;sup>3</sup> The four Mārās are identified at Dharmasamgrahah 80 as Skandhamārah, Kleśamāro, Devaputramāro, and Mṛṭyumārah. (Kasawara et al 1885:17).

<sup>&</sup>lt;sup>4</sup> Vihāras = diversions, resting places, etc. These are listed at Dharmasamgrahah 16: friendship, love, joy, and patience (Catvāro Brahmavihārāh—maitrī, karuņā, muditopekṣā ceti. Kasawara et al 1885:4).

<sup>&</sup>lt;sup>5</sup> No niyatās are listed in Kasawara et al's edition of the Dharmasamgrahah.

The four rddhipādas are listed at Dharmasamgrahah 46: the supernatural ability that accrues through training in the effort in the perfected concentration on the will, the supernatural ability similarly [acquired through training in the exercises for perfected concentration] on thought, the supernatural ability [similarly acquired through training in the efforts towards perfected concentration] on vigor, and the supernatural ability acquired through training in the undertaking of perfected concentration on intellectual investigation. ("Catvāra rddhipādāh, tad-yathā--chanda-samādhi-prahāṇāya saṃskāra-samānvāgata rddhipādah, evaṃ citta rddhipādah, vīrya rddhipādah, mīmāṃsā-samādhi-prahāṇāya saṃskāra-samanvāgata rddhipādah, tadyathā--chanda-samādhi-prahāṇāya saṃskāra-samanvāgata rddhipādah vīryaṃ rddhipādah mīmāṃsā-samādhiprahāṇāya saṃskāra-samanvāgata rddhipādas ceti. Kasawara et al 1885:10). (See footnote to Sanskrit page 70.17 above).

<sup>&</sup>lt;sup>7</sup> Asravas are not listed as a separate group in the Kasawara et al edition of the Dharmasamgrahah.

<sup>&</sup>lt;sup>8</sup> See Dharmasamgrahah 77, where the four proficiencies are described as catvāri vaišāradyāni, tadyathā--abhisambodhi-vaišāradyam, āšrava-ṣaya-jñāna-vaišāradyam, nairvānika-mārga-avataraņa-vaišāradyam ceti. Kasawara et al 1885:16). As Kasawara et al point out, one of the four is missing from the Dharmasamgrahah list. In Csoma de Körös'

the entirety of smrtyupasthāna,1

The four, in the [Dharma] Samgraha, are to be meditated upon by the yogīs who possess the lightning bolt of the victors' lord. | |238| |

"Knowledge," etc. Here, in the Kālacakra, the Dharmasamgraha having been cognized by the yogl, then the teaching about the Tantra is to be performed.

Otherwise, without the Dharmasamgrahah, there is teaching about the bad path; therefore the Dharmasamgrahah. Here, knowledge is [148.10] the pair of knowledge and space, the grasper is the thinking, what is to be grasped is the image of the void; thus the pair; wisdom and means are not the union of the vagina and the penis. The teacher of the three vehicles comes into being for this purpose for sentient

edition of the Mahāvyutpatti Section 173, the four are give as sarvadharma-abhisambodhi-vaiśāradyam, sarva-āsrava-kṣaya-jñāna-vaiśāradyam, antarāyika-dharma-ananyathātva-niścita-vyākaraṇa-vaiśāradyam, and sarva-sampad-adhigamāya-niryāṇika-pratipattathātva-vaiśāradyam. (Csoma de Körös 1982{2}:249-250). See below, commentary page 148.20, for translations.

<sup>&</sup>lt;sup>9</sup> The four truths are given at *Dharmasamgrahah* 97-100 in an elaborated form a) the truth of suffering has four forms--from impermanence, from suffering, from void[ness], and from non-self; b) the truth of the arisal of suffering has four forms, from its cause, from its arisal, from becoming, and from conception; c) the truth of the cessation of suffering has four forms, from its cessation, from its pacification, from its being presented [i.e. being taught], and from exiting; the truth of the path has four forms, from the path, from the method, from acquiring it, and from nirvāṇa. (97: Tatra duḥkhasatye catvāra ākārāḥ, tadyathā--anityato, duḥkhataḥ, śūnyato 'nātmataś ceti| | 98: Samudayasatye catvāra ākārāḥ, tadyathā--hetutaḥ, samudayataḥ, prabhavataḥ, pratyayataś ceti| | 99: Nirodhasatye catvāra ākārāḥ, tadyathā--nirodhataḥ, śāntataḥ, pranītato, niḥsaraṇataś ceti| | 100: Mārgasatye catvāra ākārāḥ, tadyathā--mārgato nyāyataḥ, pratipattito, nair[v]ānikaś ceti| | Kasawara et al 1885:23; I emended the last term from nairyāṇikaḥ to nairvāṇikaḥ.)

<sup>&</sup>lt;sup>1</sup> Dharmasamgrahah 44 lists the four smṛtyupasthānas--earnest meditation on the body, on perception, on thought, and on the dharma in each of those. (Tatra katamāni smṛtypasthānāni, tadyathā--kāye kāyānudarśa-smṛtyupasthānam, vedanāyām vedanānudarśa-smṛtyupasthānam, citte cittānudarśa-smṛtyupasthānam, dharme dharmānudarśa-smṛtyupasthānam, Kasawara et al 1885:9). (See also Csoma de Körös 1982:{1}:13 for a simpler version of the same list.)

beings,¹ becomes the sage of the three vehicles. Here the three vehicles are the listener's vehicle, the *pratyekabuddha* vehicle,² and the *samyak-sambuddha* vehicle.³ "Vehicle" is understood in this way. The three jewels, indeed, are the jewel of the *Buddha*, the jewel of the *dharma*, and the jewel of the community (*samgha*). The teacher, the teaching, and the solicitation for instruction are the three roots, that is, the arisal of the *bodhicitta*, the purification of the recipient, and the abandonment of self-conscious action and of selfish action.⁴ [148.15] Similarly, the three refuges are the *Buddha*'s protection, the *dharma*'s⁵ protection, and the community's protection. The addictions are the four, passion, hatred, confusion, and pride on the part of sentient beings. The four *Māras* are the aggregates, the addictions, death, and the

<sup>1</sup> This statement appears to relativize all prior Buddhist teaching into a preparatory structure for the practice of *Tantra*.

<sup>&</sup>lt;sup>2</sup> Pratyeka in its most basic sense = "one by one" or "each one." While the bodhisattva is committed to the salvation of all living beings, each individual pratyekabuddha becomes singly a buddha, without waiting for others—that is, they become buddhas one by one.

<sup>&</sup>lt;sup>3</sup> Although MW translates samyak-sambuddha as "one who has attained complete enlightenment," giving rise a common translation "completely enlightened buddha," I think this is somewhat misleading. Samyak (the compounded form of samyafic) = turning together, going along with, combined, united, entire, whole, complete. Sambuddha = thoroughly or completely awakened. In contrast to the pratyekabuddha ideal, the suggestion seems to be that the samyak-sambuddha is thoroughly awakened in a combined or united sense—i.e. a community oriented sense, as opposed to a strictly individual sense. I would argue that the term encapsulates a buddha-level sense of the bodhisattva ideal—'the communal completely awakened one,' i.e. the Buddha committed to all sentient beings, as is the bodhisattva.

<sup>&</sup>lt;sup>4</sup> Ahamkāra is frequently translated as "ego." The literal translation is "I-action," or "I [am] doing [it]." I think the notion of what we call "self-conscious action" is more accurate--i.e. being overly concerned with oneself while doing something, instead of having the one-pointed, ekāgrata focus on the activity at hand. "Ego" may be too broad a term. Mama-kāra is literally "action for me," i.e. selfish activity.

<sup>&</sup>lt;sup>5</sup> Sarnath editors add bracketed *buddhaśara[nam dharma]śaranam--*correcting what must have been a scribal error.

divine son (devaputra). The destroyers of these are the four brahma-vihāras of the Buddhas--friendship, love, delight, and patience. In this way, the four liberations--voidness, causelessness, lack of application, lack of conceptions. The four states of supernatural power are free will, valor, thinking, and inquiry. The four outflows of sentient beings are as follows--the outflow of desire, the outflow of becoming, the outflow of ignorance, [148.20] and the outflow of point of view. The four proficiencies of the Buddhas are as follows--proficiency in mounting all the dharmas; proficiency in teaching all the dharmas; proficiency in introducing the path to nirvāṇa; proficiency in relinquishing and in knowledge of the destruction of outflows. The four truths are as follows--the truth of suffering; the truth of [its] arisal; the truth of the [eightfold] path; the truth of the cessation [of suffering]. The four reliances (pratisaraṇās) are as follows--the reliance on meaning [and] the

<sup>&</sup>lt;sup>1</sup> I've yet to find an etymology for the choice of the term *devaputra* for one of the four *māras*, though it could be a not-so-subtle dig at the brahamanical kingship lines who claimed divine lineage through the sun or moon, or at Hindus who usually have the names of gods (hence 'John Smith' in Sanskrit is *devadatta*, i.e. given [the name of] a god--thanks to Gary Tubb for explaining the derivation of *devadatta*).

<sup>&</sup>lt;sup>2</sup> Apranihita.

<sup>&</sup>lt;sup>3</sup> Anabhisamskāra.

<sup>4</sup> Rddhi-pāda.

<sup>&</sup>lt;sup>5</sup> Chandas—this also translates as desire, will; it is also the term used for metrical science (as in the chanting of the Vedas).

<sup>&</sup>lt;sup>6</sup> Another example of where the passive sense of "mind" would be inappropriate; the active sense of "thinking" is more in keeping with the other three *rddhipādas*.

<sup>&</sup>lt;sup>7</sup> Ārohaņa--ascending, mounting, riding (as a horse). In colloquial English we would say "getting on top of it," or "getting a handle on it," or "getting the hang of it."

<sup>&</sup>lt;sup>8</sup> Sarnath editors parenthtically insert *nairvāṇika* as an alternative reading for *nirāvaraṇa* in the compound *nirāvaraṇa-mārga-avatāraṇa-vaiśāradyam*. As given, the text reads "proficiency in introducing the exoteric path," a notion in some ways more in keeping with the context of this Tantric text that teaches an esoteric path.

non-reliance on letter (i.e. the literal); the reliance on intuition [and] the non-reliance of dualistic consciousness; the reliance on *nītārtha* and the non reliance on *neyārtha*; [148.25] the reliance on the body of teaching (dharmakāya) and the non-reliance on personal authority. The four mindfulnesses are remembering the body, remembering perception, remembering thinking, and remembering the dharma. The four realities of the Samgraha are generosity, kindness in speech, purposeful activity (arthacaryā), and commonality of meaning (sāmānārtha). Here, by the word artha the great objective [is meant], the supreme syllable; the practice of that is the state of commonality of meaning. Through giving of the dharma, generosity; the four dharma gifts are--that all samskāras are impermanent; all samskāras are suffering; all dharmas lack a permanent self; nirvāņa is peace. [148.30] The four right exertions<sup>2</sup> are--the arisal of will for exertion in the non-arisal of [as yet] unarisen faults, the abandonment, [149.1] hostility towards arisen sins [and the arisal of]<sup>3</sup> the root of happiness; the production of the unproduced virtues; the transformation (parināmanā) in Buddha-hood of the unproduced roots of happiness-thus the four.

These sets of four, with the lightning bolts of the victors' lord, are to be meditated

<sup>&</sup>lt;sup>1</sup> Is the suggestion here that by the yogic/meditational practice with the paramākṣara the practitioner achieves a level where the commonality of meaning is perceived; just as the commonality of experience/identity arises through the experience of the universal dharma-body, as opposed to the finite experience of the separate individual (pudgala)?

<sup>&</sup>lt;sup>2</sup> Dharmasamgrahah 45 gives the four right exertions as the protection of the arisen roots of happiness, the production of the [sources of happiness] that have not arisen, the destruction of those things that have arisen and are not suitable, and no futher arisal of the unarisen things [that are not suitable]. (Katamāni catvāri Samyakprahānāni, tadyathā--utpannānām kuśalamūlānām samrakṣaṇam Anutpannānām samutpādah Utpannānām akuśalānām dharmāṇām prahāṇam | Anutpannānām punar anutpādas ceti | Kasawara et al 1885:10).

<sup>3</sup> Sarnath editors add "utpādaḥ" in brackets here. The text appears to be a bit corrupted here.

**upon** by the purification of the body, speech, thinking, and knowledge, and by the purification of the emanation, *dharma*, enjoyment, and intrinsic nature bodies, [and these sets of four] have the form of deities for [the purpose of the attainment of] worldly *siddhis*. | |238| |

[149.5] 5.239: The powers of the five meta-faculties, the perspectives of the preeminent lord of victors, [and] the five eyes,

In this way the aggregates, senses, and memories, are six, and the limbs of enlightenment and the worship is seven,

The seven and towards the paths of the eight limbs, the state of good protection, the embodied ones, [and] the eight liberations,

What's called the hole, certainly, the nine-limbed, the other doctrine; the stages extend in [all] the directions. | |239||

In this way, the **five meta-faculties**—the *bodhisattvas*'s divine eye, divine ear, knowledge of others' thinking, [149.10] remembrance of prior existences, power of [moving] through space [i.e. flying]. The five **powers** are the power of faith, the power of valor, the power of memory, the power of perfected concentration (samādhi), and the power of wisdom. In this [same] way, the five senses. The five **perspectives** of sentient beings—seeing the true body, seeing the inner perceiver, seeing what is false, seeing the recollection of the perspective, and seeing the recollection of the vow of morality. **The five eyes** of the *Buddhas*—the flesh eye, the

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<sup>&</sup>lt;sup>1</sup> Sarnath editors propose correcting astangamargah (nom. pl.) to astangamargan (acc. pl.)-probably because of the following prati.

divine eye, the Buddha's eye, the wisdom eye, and the knowledge eye. The five aggregates of the extraordinary Buddhas--the aggregate of morality, the aggregate of perfected concentration, the aggregate of wisdom, the aggregate of liberation, and the aggregate of seeing the knowledge of liberation. The worldly form etc., the constituents earth etc., the senses such as the eye, etc., the sense domains such as smell etc., the anus etc. organs of action, the activities of the action senses, such as speaking, etc., are thus the fivefold, and together with the dharma realm, all are sixfold. The six remembrances are the memory of the Buddha, the memory of the dharma, the memory of the community, the memory of renunciation, the memory of virtuous conduct, and the memory of deity. The seven limbs of enlightenment are--the memory limb of complete enlightenment, the investigation of the dharma limb of complete enlightenment, [149.20] the heroism limb of complete enlightenment, the love limb of complete enlightenment, the confidence limb of complete enlightenment, the perfected concentration limb of complete enlightenment, the patience limb of complete enlightenment. The seven-fold worship is praising, honoring, viewing, rejoicing/approving, solicitation [of teaching], entreaty, [and] adoration.<sup>2</sup> The eight-limbed path is correct view, correct motivation, correct

<sup>&</sup>lt;sup>1</sup> Dharmasamgrahah 49 gives the seven limbs of enlightenment as smṛtisaombodyaṅgam, dharmapravicayasambodhyaṅgam, vīryasambodhyaṅgam, prītisambodhyaṅgam, praŝrabdhisambodhyaṅgam, samādhisambodhyaṅgam, upekṣāsambodhyaṅgam (Kasawara et al 1885:10), exactly the same as the list here.

<sup>&</sup>lt;sup>2</sup> Pariṇāmanā. We could also translate this as simply 'transformation' as in being transformed by the worship or teaching. MW gives this term simply as "a type of worship," citing Dharmasamgrahah 14. Pari + √nam = to bend down, also to change or be transformed, to develop. In adoration one both honors and is transformed, so adoration seems an appropriate translation for this term. Dharmasamgrahah 14 gives a slightly different list than what we have here: saptavidhā-anuttara-pūjā, tadyathā--vandanā, pūjanā,

speech, correct task, correct [means of] livelihood, correct effort, and correct concentration.¹ The eight liberations² through meditation are seeing that form is void, seeing that the inner self and the external form [are both] void [149.25], [seeing that] [what's called] the void is the image [that has] the universal form; seeing that the void is created by good and bad views; seeing that the void is the basis of the infinity of space; seeing the void is the basis of the infinity of consciousness; seeing that, in the image of universal form, the void is the basis of poverty; seeing that the void is neither the basis of consciousness, nor unconsciousness; seeing that the void is the cessation of what's known by consciousness, in the meditation on voidness.

The eight embodied ones are the four great elements—form, smell, taste, and touch.

The doctrine of the nine scriptural divisions of the recitations³—the Sūtra, the song.

pāpadešanā, anumodanā, adhyeṣaṇā, bodhicittotpādah, pariṇamanā ceti. (Kaswawara et al 1885:3). Our text replaces pāpadešanā with simply dešanā, and bodhicittotpādah (arisal of the bodhicitta) with yācanā (entreaty for the teaching)—a rather repetitious term for adhyeṣaṇā (solicitation).

<sup>&</sup>lt;sup>1</sup> Our text gives only seven limbs of the path. *Dharmasamgrahah* 50 adds the eighth, samyaksmṛtih or right recollection, before samyaksamādhih. (Kasawara et al 1885:11).

<sup>&</sup>lt;sup>2</sup> Dharmasamgrahah 59 gives a slightly different list of the eight liberations, as follows: the one possessing a form sees that form is void; the one possessing the consciousness of the form of the internal self seeing that external forms are void; seeing that the infinite basis of space is void; seeing that the infinite basis of consciousness is void; seeing that the basis of poverty is void; seeing that the basis of neither consciousness nor non-consciousness is void; seeing that the cessation of the sensation of consciousness is void. (rūpī rūpāṇi paśyati śūnyam Adhyātmārūpasamjītī bahirdhārūpāṇi paśyati śūnyam Ākāśānaṇtyāyatanam paśyati śūnyam vijītānānantyāyatanam paśyati śūnyam akiñcanyāyatanam paśyati śūnyam naivasamjītānāsamjītāyatanam paśyati śūnyam samjītāvedayatinirodham paśyati śūnyam ceti Kasawara et al 1885:12-13).

<sup>&</sup>lt;sup>3</sup> Samglti-kāra--literally, the making or doing of a song or recitation; i.e. scriptural recitations. Dharmasamgrahah 62 gives these as the nine divisions of scripture, that is sūtra, song, grammar, religious verse, expressions of praise, the long sūtras, stories of miracles, and teaching. (Navāngapravacanāni, tadyathā-sūtram, geyam, vyākaraṇam, gāthodānam, jātakam, vaipulyam, adbhutadharma, upadānaś ceti. Kasawara et al 1885:13).

grammar, [149.30] rejoicings, the *nidānam*, history, birth stories, the long [sūtras], the [stories of] miracles, for the *Dharmasamgrahah*. | |239||

5.240: The *Buddha*'s powers of the directions<sup>3</sup> are the well-known ten powers<sup>4</sup> in the understanding of the twelve limbs.

In form etc., cessation, indeed, likewise the twice multiplied nine [i.e. eighteen] independent  $buddhadharm\bar{a}s$ , |  $^5$ 

[150.1] The thirty two marks of the best of the victors' lord, and the eighty

<sup>&</sup>lt;sup>1</sup> Gāthodānam, literally, the rising of air for singing.

<sup>&</sup>lt;sup>2</sup> Nidāna normally refers to a cause of existence. Matching this against the list from Dharmasamgrahah 62, we see that updeśa is missing from our text, replaced by the dubious nidānam vṛttam.

<sup>&</sup>lt;sup>3</sup> Digbalāni.

<sup>&</sup>lt;sup>4</sup> Dharmasamgrahah 74 gives us the ten masteries or powers of the bodhisattvas—the power of long life, the power of thinking, the power of self-discipline, the power of dharma, the power of supernatural ability, the power over birth, the power of liberation, the power of concentration, the power of action, and the power of knowledge. (Bodhisattvānām daśa vasitāh—Āyurvasitā, cittavasitā, pariṣkāravasitā, dharmavasita-ṛddhivasitā, janmavasitā-adhimuktivasitā, praṇidhānavasitā, karmavasitā, jñānavasitā ceti. Kasawara et al 1885:16).

<sup>&</sup>lt;sup>5</sup> Dharmasamgrahah 79 gives us the eighteen independent buddhadharmas, as follows: there is no error on the Tathagata's part; there is no haste; there is no theft of memory; there are no uncollected thoughts; there is no variability in consciousness; there is no patience lacking in tranquil consideration; there is no loss of will; there is no loss of fortitude; there is no loss of memory; there is no loss of concentration; there is no loss of wisdom; there is no loss of liberation; there is no loss of perspective on the knowledge [leading] to liberation; preceded by the knowledge of all bodily activity, lack of upward motion into ignorance (?); avoidance of ignorance preceded by the knowledge of all vocal activity, the avoidance of ignorance through the knowledge of all mental activity; knowledge [of what is] obstructed by meeting with a traveller in the past; knowledge [of what is] obstructed by meeting with a traveller in the present. (Astādaśāveņikā buddhadharmāh, tadyathā-nāsti tathāgatasya skhalitam! nāsti ravitam! nāsti muşitasmrtitā! nāsty-asamāhitacittam! nāsti nānātvasamifiā! nāsty-apratisamkhyāyopekṣā | nāsti chandaparihāṇih | nāsti vīryaparihāṇih | nāsti smṛṭiparihāṇiḥ¦ nāsti samādhiparihāṇiḥ¦ nāsti prajñāpārihāṇiḥ¦ nāsti vimuktiparihāṇiḥ¦ nāsti vimuktijñānadar\$anaparihāṇih| sarvakāyakarmajñānapūrvangam ajñānānuparivṛttih| sarvavākkarmajfiānapūrvangam ajfiānānuparivīttin sarvamanaskarmajfiānapūrvagam aifiānānuparivīttin | atīte 'dhvanyasamgamapratihatajfiānam | pratyutpanne 'dhvanyasamgamapratihatajñānadarsanam ceti. Kasawara et al 1885:17).

subsidiary marks,1

All of this is in the body, is to be meditated upon by the *mantra* possessor as the supreme station of the lord. | |240| |

The ten such as the ten perfections etc. are stated in the perfection of knowledge of the supremely indestructible. The eighteen independent *Buddhdharmās* are mentioned. Here, the qualities of the twelve ascetical practices of the *bhikşus* are living on alms, possessing the three monastic garments, only eating afterwards, [150.5] sitting quietly, properly spread out, having only one seat, living in the open space, sleeping on the roots of trees, dwelling in the forests, staying in the cremation grounds, making clothes out of rags from the dust heap, and dressed in woolen clothes.<sup>2</sup> In this way, having learned first the entire *Dharmasamgraha*, then the supreme place--neuter<sup>3</sup>--of the lord in one's own body is to be meditated upon

<sup>&</sup>lt;sup>1</sup> See Kasawara 1885:53-60 where both the thirty-two marks and the eighty subsidiary marks are listed in Sanskrit and translated into English.

<sup>&</sup>lt;sup>2</sup> This last term has a misprint in the Sarnath edition--it should read nāmatikaḥ instead of nāmantikaḥ. This is an old list of qualities of the bhikṣus, found in Pāli literature. The list virtually matches the list given in the Dharmasamgrahaḥ 63. The Dharmasamgrahaḥ has a couple of other minor modifications in its list--khalupaścādbhaktikaḥ instead of paścādkhalubhaktikaḥ; and a slight difference in order, with vṛkṣamūlika, ekāsanika, ābhyavakāśika instead of vṛkṣamūlika after the latter two. The Pāli includes a thirteenth, nesaggikaṅgam (Kasawara et al 1885:13).

The commentary adds napumsakam after quoting the word paramapadam from the verse. Napumsakam refers either to something neither male nor female--i.e. either a eunuch, a hermaphrodite, or a neuter word. The grammatical sense must be intended here, though the rationale for Puṇḍarīka's clarification is not entirely clear to me. One possible explanation could relate to his point made at 148.10-11, that the pair of wisdom and means is not the union of the penis and vagina (dvayam prajňopāyo na bhaga-linga-samyogah). Puṇḍarīkaḥ at times seems to favor the monastic and celibate traditions a bit, and his emphasis on the neuter aspect of the ultimate goal may have something to do with that predilection here. Such an attitude would seem to be emphasized by mentioning here the teacher in company with the mantra possessor, not a yoginī or Tantric consort—this is however speculation on my part.

by the mantra possessor, together with the teacher. | |240 | |

Tantric Yoga

Chapter 13

James F. Hartzell

Translation of the Fifth Chapter of the Kalacakratantra and Vimalaprabhā

(3rd Mahoddeśāh--Puṇḍarīka's 40 Page Sanskrit Commentary on KCT 5.127)

[60.1]¹ The great teaching called the perfection of knowledge about the supremely indestructible.

Homage to the glorious lightning being. Homage to the great consort, the supremely indestructible bliss. Homage to the gurus, Buddhas, and bodhisattvas. Homage to the fierce kings, the lightning dākas, and the dākinīs.

Now, from the innate body produced from the indestructible/syllable, there is a piercing of the properties that assume the form of syllables situated on the arms, [60.5] etc. [forms] coming from the transforming<sup>2</sup> mark of the *hūmkāra* on the vowels and consonants of the moon and sun lotus seats:<sup>3</sup> since this is the case, therefore the *Bhagavān*'s perfection of knowledge about the supremely indestructible is described-5.127: Because there is unity of the vowels and consonants, of the moon and the sun, there is no *āsana* for the lightning possesser;

By the  $h\bar{u}mk\bar{a}ra$  itself, the mark is transformed; the other is not regarded as the form of the syllable;  $|^4$ 

[The mark is the mark] of what's produced by the indestructible, of what

<sup>&</sup>lt;sup>1</sup> Page numbers refer to the Sarnath edition (Rinpoche et al 1994b); 60.1 refers to page 60, line 1, etc.

<sup>&</sup>lt;sup>2</sup> I've taken parinata, a past participle, in an active sense.

<sup>&</sup>lt;sup>3</sup> This is one of the longer compounds in the Vimaiaprabā: āli-kāli-paāma-candra-āditya-āsana-hāmkāra-pariņata-cilma-utpāda-rūpa-varņa-bhaja-saṃsthāna-parikalpanā-dharma-prativedho. Rūpa-parilapanā = assuming a shape.

<sup>&</sup>lt;sup>4</sup> Aparam, the other, here presumably refers to a vowel or consonant without the hūmkārah.

resides in the perishable receptacle,5 of this divine-sense;

[60.10] [It is the mark] of the drop of universal form, of the supreme victor lord, of [he who] sustains the universal illusion. | |127| |

Beginning<sup>2</sup> with "unity." Because there is unity of the vowels and consonants. 'Beginning with a' refers to the set of vowels beginning with the letter a. The letter ha is the moon, and individually it is also a vowel.<sup>3</sup> 'Beginning with ka' refers to the set of consonants; the syllable ksa is the sun, and individually it is also a consonant. Of the two, i.e. of the vowels and consonants, [and] of the moon and the sun, or of the phoneme ha and the phoneme kşa. There is unity of the phoneme a and the phoneme pa; the unifying seat is the basis. The lotus has the nature of the consonant pa. The lunar mandala has either the nature of the phoneme a, or the nature of the phoneme ha. [60.15] The solar mandala has the nature of either the phoneme r (rephātmaka), or the nature of the phoneme k s a. Of the one designated, of the lightning possessor; the thunderbolt/diamond of the indivisible one is the uejaculated/indestructible knowledge of the supremely indestructible happiness;<sup>4</sup> that is in him, therefore he is a lightning possessor. [So vajinah] refers to that designated lightning possessor. Not, i.e. [whose] basis lacks an asana [yogic posture]. Likewise, transformed by the hūmkāra, the lightning-mark; i.e. the body of the deity, transformed by the lightning mark, whose properties are formed by the

<sup>&</sup>lt;sup>1</sup> I.e. the mortal body.

<sup>&</sup>lt;sup>2</sup> Here begins a 43 page section of the commentary, before we get to verse 5.128.

<sup>&</sup>lt;sup>3</sup> For fans of Tantric Sanskrit-this is decidedly non-Pāṇinian.

<sup>&</sup>lt;sup>4</sup> The text reads *paramākṣarasukha[sya]*--the *sya* added by the Sarnath editors. I've simply taken the *parama-akṣara-sukha-jāānam* as a single compound.

syllables situated on the arms, is not regarded as having the designated characteristic. Why is that? Because the applied characteristic is intrinsically perishable. Here the a-sounds etc.—the vowels, and the ka-sounds etc.—the consonants, [60.20] having perishable natures, and interdependently arisen, are said to be indestructible by those who know the  $\hat{Sastras}$ . In the same way it's said—

"[It] does not perish, it does not move, it goes to another place, hence the vowel is called by the word indestructible." Therefore, the one possessed of bad mantras, confused, perceives as indestructible either the collection of vowels or the collection of consonants. From [the point of view of] ultimate reality neither the vowel nor the consonant group is indestructible. By the word 'indestructible' [is meant] the intuition that is the supremely indestructible happiness, the lightning-boltbeing. In the same way, the mind, and since it provides protection, [and] the mantra, are called the intuition of the supremely indestructible. Similarly, by the Victors it is called [the one] whose meta-nature is other, the perfection of wisdom, [60.25] the illuminator of matter, the great consort, possessing the form of innate bliss, the state filled with the vibrations of the dharma-realm, the innate body. The two who are imperceptible to the interdependently arisen senses, and imperceptible by the divine senses, the lightning being and the mother of the Buddha, both have the supremely indestructible bliss as their intrinsic nature, both have transcended the properties of the ultimate particles, both are like the dream in the prognostic or oracular mirror (pratisenādarśa), both have the intrinsic form of the supremely-indestructible. Here <sup>1</sup> Pundarīkah must be referring to brahmans here.

<sup>&</sup>lt;sup>2</sup> Cf. Sekoddeśah v.24ff. and Nāropa's tīkā thereon [according to Torella]; also cf. Bauddha-Tantra Kośah, from Rare Buddhist Text Project, Sarnath 1990--for pratisenādarśah; also see

are the indestructibles, i.e. form, sensation, perception, imagination, and consciousness, unveiled, the five indestructibles, known as the great voids. Similarly, the earth, water, fire, wind and space constituents, unveiled, [61.1] are called the five indestructibles. The six indestructibles are the eye, ear, nose, tongue, body, and flesh, unveiled, without each one perceiving their individual sense domains. Similarly the form, sound, smell, taste, touch, and diarma constituents are revealed, and are called the six indestructibles. These take on the one same taste as the aggregates, constituents, and bases, [and as one] become the drop-void. This drop, also, being imperishable/unejaculated, is called the supremely indestructible. The supremely indestructible also is the a-sound; [61.5] and complete enlightenment is produced from the phoneme a, consisting of wisdom and means, the lightning bolt being, the neutral place, called the innate body, consisting of knowledge and the knowable, because of the indivisibility of the cause and the fruit. It is also Kālacakra, the Bhagavān, called the place of the supremely indestructible happiness by the Bhagavān in the Nāmasamgīti, in praise of the great mandala of the lightning-element, with the first śloka--

As here follows, the *Bhagavān*, the *Buddha*, the awakened, has his origin in the phoneme a;

The a-phoneme is first among all phonemes, it is the great objective, the

Sansrit pages 87 (line 30)-88 (several times), and page 101, line 1, below; see page 102, line 10, for a reference to this "mirror-knowledge" discussed in the *Nāmasamgītih*.

<sup>&</sup>lt;sup>1</sup> Napumsakapadam.

supremely indestructible. | |

### [61.10]

(Nāmasamgīti 5.1)1

Likewise in praise of the knowledge about performance of religious duty,<sup>2</sup> with the second *śloka* is stated, as here follows--

Generating the purpose of all mantras, the great drop, indestructible,

The great void [consisting of] five-syllables, the drop void [consisting of] six syllables. | |

(Nāmasamgīti 10.2)<sup>3</sup>

[61.15] Likewise in the root Tantra, is also stated, as follows--

The conjunction of the vowels and consonants is the sacrificial seat<sup>4</sup> of the lightning being, |

And the *hūmkāra* etc. of the body produced from the indestructible is not desired. | |

By this, from what's arisen from the indestructible, rising in the perishable

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 28a; "And in this way the blessed one, the Buddha [Mañjuśrī], the completely awakened, born from the syllable a, the foremost of all phonemes, of great meaning, the supreme syllable." Davidson prefaces verse 28 with the line: "Fourteen verses on the Vajradhātu Mahāmaṇḍala." (Davidson 1981:22 & 51).

<sup>&</sup>lt;sup>2</sup> Davidson translates this phrase, kṛtyānuśṭhānajñāna as "situationally effective gnosis" (Davidson 1981:36 & 61).

Davdison's edition, verse 144; "The progenitor of the significance of all mantras, he is the great bindu, devoid of syllables; the five syllables and greatly void, he is voidness in the bindu, with one hundred syllables." Davidson remarks in a note that it is "certainly a strange verse, there is no consensus on it among our commentators." (Davidson 1981:36 & 60). Davidson's edition has satākṣaraḥ instead of the ṣaḍ-akṣaraḥ in the VMP--the first difference I've found between Nāmasamgītiḥ quotes in the VMP and Davidson's edition. Given the prevalence of five and six syllable sets in the KCT and VMP, the lack of mention of a hundred syllable set, and Davidson's remark that "no one [of the commentators on the Nāmasamgītiḥ] identifies the hundred syllables" (Davidson 1981:36, note 119), I'm inclined to take the ṣaḍakṣaraḥ as the correct reading.

<sup>4</sup> Vistara--made of kuśa grass.

receptacle, from the divine-sense, i.e., the perishable is characterized by states of production and cessation, it is the moment of ejaculation; what becomes the receptacle of that [perishable moment] is the supremely indestructible, the imperishable moment; it is designated as "time." That in fact [i.e. what was just stated] is the lightning bolt knowledge. The unveiling of that time [i.e. the indestructible, not-fallen or not ejaculated moment], is the *cakra* [that is] the aggregates, the constituents, and the bases; [61.20] the unveiling is knowable as the unity of the three worlds. That itself is called the great *mandala* of the lightning constituent. It is of universal form, i.e. all the senses, the drop-form, sustaining the universal illusion, the *Bhagavān*'s body, consisting of wisdom and knowledge. So it is stated by the *Bhagavān* in the fifth chapter of the *Tantrarāja*, with the second verse in praise of the five forms, as follows--

Time, the lightning of the universe, etc.,<sup>2</sup> the incomparable *puruşa*, omnipresent, without manifestation,

Standing at the top, the ears, nose, mouth, eyes, and head, the hands and feet, are everywhere, !

[61.25] The end of being, the leader of beings, the best supporter of the three worlds, the cause of causes,

The beginning of science, achievable by yoga, the place of ultimate happiness,

I praise the Kālacakra. | |

### (Kālacakratantra 5.245)

<sup>&</sup>lt;sup>1</sup> There is no *iti* in the verse, it should not be bold.

<sup>&</sup>lt;sup>2</sup> Though viśvādi vajram is parsed here, I've taken it as it appears in the verse on page 151 of the Sanskrit (volume 3, Rinpoche et al 1994b).

[62.1] Similarly, the other science of the inner/meta-self was also stated by the Bhagavān in the Inner Self chapter (KCT Chpt.2), with the ninety-sixth verse-

The Vedas, together with the subsidiary Vedas, with what is considered *Smṛti*, and with logic and the philosophical doctrines, is not science,

Nor are the other texts composed in the world by the poets *Vyāsa*, *Vaiśvānara* etc.,

What is called science is the imperishable science of the meta-self, stated in fact here in the world by the sages,

[62.5] Where the entire three worlds comes into being, Oh ruler of men, and where it also dissolves. | |

#### (Kālacakratantra 2.96)

In addition, he alone is the lord *Kālacakra* who consists of wisdom and means, described by the relationship of the knowable and knowledge. Here knowledge of the supremely indestructible becomes the cause of the destruction of all obscurations; the means is called 'time.' The knowable consists of the three realms, characterized by infinite existence, a wheel; that indeed is wisdom. The unity of knowledge and the knowable is the wheel of time. The *Kālacakra*'s *cakra* was described by the lord in the Royal *Tantra*, in the fifth chapter, with the ninety-sixth verse--

The Buddha fields are endless, of unmeasured qualities, as are the constituents, the atmosphere, etc.;

Maintenance, arisal, and destruction, threefold thus is existence; all sentient beings are in the six paths;

The Buddhas, the fierce ones, the gods, etc., with compassionate hearts the bodhisattvas, with their wives,

This is the *cakra* of the victor, revered by three worlds, the one [*cakra*] of the one lord.

## [**62.15**] (*Kālacakratantra* 5.63)

The cakra of time--that has the form of knowledge--is characterized as knowable. The unity of the two, of knowledge and the knowable, is Kālacakra. By this sequence of statements, he alone is the lord Kālacakra who is of this sort, the lightning being, praised by the Victors in all the Tantras. In the root Tantra, in the fifth chapter, it is stated by the lord-

The knowledge that is in every way indivisible is designated 'lightning/diamond.'

[62.20] The sentient being that is the unity of the three worlds is recalled as 'the lightning being.' | |

Therefore, from the drop of universal form that arises from the indestructible, from the innate/orgasmic body (sahaja-kāya) of the universal lord of Victors who is the sustainer of universal illusion, the relationship of the basis and the designee is not considered as for the purpose of the perfection of the great consort (mahāmudrā). Since for the purpose of the practice of worldly [yogic] perfections a (logical) relationship of the support and the supported (ādhāra-ādheya-sambandha) is accepted, therefore (such a relationship) is not accepted for the yogī who delights in the practice of the supremely indestructible happiness, who has received teaching from a true

guru, who has abandoned bad company, who has meditated on the causes smoke etc., who is possessed of the primal action, who has purified the central [channel], [62.25] whose thoughts are committed to the highest love like the sole son of the universal being, who desires to mount up onto the purified place of omniscience, who has abandoned conceptualized meditations on the mandalas, cakras, etc., who has observed, in the space path, the non-arisen properties of omnipresent voidness that are like the image (of an attacking army) in a divinatory mirror (ādarśa-pratisenā), [63.1] whose thoughts are on the dream-like objective that appears as a vibrational emanation of his own thinking, for whom the void is an investigation into the properties that constitute the collection of ultimate particles, who has repelled the voidness of annihilation, who is devoted to the properties of self-intelligible happiness of the inner-self (adhyātma), who has abandoned the self-intelligible properties of the happiness of the external senses, who consists of wisdom and art, for whom one moment stabilizes the bodhicitta, who has received the teaching about the path of wisdom and knowledge [that leads to] the supremely indestructible happiness, the imagined property of the deity of the mandala who is established on the arms etc. by means of the syllables as marks for the basis and the designee [63.5].

Now there is no stability of the *maṇḍala-cakra* [achieved] through imagined thought. Why is that? Because it has the properties of arisal and cessation. Here, when the moment has arrived, the *yogī* should cause the leader to come into being. At that moment, the prior deities etc. cease to exist. At the moment that one causes

<sup>&</sup>lt;sup>1</sup> MW lists vimarga (Panint 6.3.122) as a variant of vimarga, from  $vi + \sqrt{mrj}$ , to wipe off or clean. Vimara is not a word in Sanskrit, so we need to emend the text here.

the prior deity to come into existence, the leader etc. ceases to exist. In this way, sequentially, all the deities cease to exist. When one causes the blue-faced one to come into being, then the red faced ones etc. cease to be. [63,10] When one causes the red faced one to come into being, there is no blue faced one etc. In this way, sequentially, all the faces cease to be. At the moment that one causes the lightning mark to come into being, the marks of the chopper etc. cease to be. At the moment one generates the chopper mark, at that moment the lightning etc. marks cease to be. In this way, sequentially, there is non-existence of all the marks. How so? Just as when the knowledge from the vase (initiation) is stopped the knowledge from the cloth (or silk ribbon initiation) arises, likewise when the knowledge of the mandala leader is stopped, the knowledge of the prior deity arises. In this way, from the arisal and cessation of [those] that are produced, [63.15] there is non-existence, from the arisal of those that are not produced there is non-existence, because of the nonexistence of both what arises and what does not arise, there is non-existence of all [of these]. Therefore, imaginary meditation for the purpose of the perfection of the great consort is not to be undertaken by the yogī. And it was stated by the lord in the Nāmasamgītih, with the fifth verse in praise of the elements of the truly purified property, as follows--

With goals accomplished, with desires achieved, with all desires abandoned, |

Without variation, indestructible, the element realm is the truth realm, the supreme, unchanging. | |

<sup>&</sup>lt;sup>1</sup> Nirvikalpah. In the Yogasūtras, Woods translates vikalpa as "predicate relation" (Woods 1914:19); Taimini translates it as "fancy" or "imagination" (Taimin 1961:14).

The lightning being's ego, though, is not to be exercised. In regard to that, in fact, it was stated by the lord with the twelfth verse--

Accomplished in science and [good] conduct, the Sugata, the world knower, the highest,

Unselfish, without self-consciousness, established in the system of the two realities. | |

[63.25]

(Nāmasamgīti 6.12)<sup>2</sup>

So, according to the *Tathāgata*'s statement, the imaginative meditation, and self-consciousness on the part of the lightning being, are **not** to be practiced by the *yogī* who has resorted to the truth of the ultimate objective.

Indeed, it was stated by the reality-knowing *Bhagavān*, the *Tathāgata*, in all the royal Tantras--first, meanwhile, one should cause to come into being the protection-wheel. Then, meditating on the seed syllable of the deity in the *maṇḍala* of one's heart, performing the purification of the liberation face, etc., awakening the *Tathāgatas* on the earth's surface with the light rays from the seeds of knowledge, worshipping them, the *mantra*-possessor undertakes the instruction on sin, taking pleasure in merit, [63.30] going to the three refuges, restoration of one's own nature,

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 56; "His aim accomplished and thought (samkalpa) accomplished, he has abandoned thought. Devoid of mentation, his sphere is indestructible, the dharmadhātu, supreme, imperishable" (Davidson 1981:26 & 53).

<sup>&</sup>lt;sup>2</sup> Davidson's edition, verse 53; "Completed in wisdom and good conduct (*vidyācaraņa*), he is well-gone (*sagata*), the best as witan of the world. Without a sense of an 'I' and 'Mine', he is established in the practice of the two truths" (Davidson 1981:25 & 53). "Witan" is an archaic word for a wise man or counselor.

<sup>&</sup>lt;sup>3</sup> This is not a phrase found in the *Dharmasamgrahah*.

generation of the bodhicitta, resorting to the path, [and] reliance on voidness. Then one should generate the arisal of dharma that has the space element as its intrinsic nature; in the middle of that, transformed by the hūmkāra, [64.1] is the lightning ground. Now, according to the intention of the wisdom Tantras, the wind etc. mandalas on Sumeru's upper surface are either the upper apartment. or the lightning cage. Then the mandala, transformed by the body-lightning, completely filled with all characteristics, is joined to the moon and sun seats. Now in the middle, the lunar disk is transformed by the phoneme pa, and by the lotus ma phoneme, while the solar disk is transformed by the phoneme ra. In the upper part, with the seed syllables of the knowledge of the lunar and solar vowels and consonants, one should generate the image of the deity that consists of the five knowledges of the mirror, of identity, of investigation, of accomplishment, and of the purified dharma realm [64.5].2 Then the body, speech, and mind lightning, flowing with wisdom and passion, is awakened by the goddesses, the lightning singers, and is, in addition, governed by the body, speech, and mind, and accomplished by its own mark. Then the mantra-possessor should cause to occur, in the mandala, the release of the host of deities, the drawing to himself of the knowledge-cakra, the entering [into it], the binding, the satisfying, the making of equal flavor by the covenant/time-mandala, the consecrating with all the Tathagatas and goddesses, [and should make] himself into the lightning being's self-consciousness endowed with a diamond/lightning tiara ornament.

<sup>&</sup>lt;sup>1</sup> Kūtāgāram.

<sup>&</sup>lt;sup>2</sup> Snellgrove translates these as mirror-like wisdom, wisdom of sameness, discriminating wisdom, active wisdom, and wisdom of the pure absolute (HVT 1.8.6-7; Snellgrove 1959{1}:74). See also Shastri 1927:37, and Guenther 1963:73 note) for other explanations.

[64.10] Here, how can the mandala-cakra meditation be an conceptual meditation [vikalpa-bhāvanā] since the prohibition was stated according to the Tathāgata's statement? This will be someone's opinion. Therefore it is said [by me, *Pundarīka*] that on this very point that is true; that [is expressed] by the reality-knowing Bhagavān for those who, relying on the worldly concealed truth, through the influence of the abode of intelligent beings, are of young minds, deficient in strength, who have not examined supreme reality, whose thought trembles [in the face of] deep and noble knowledge, who delight in the practices of pacification etc., who are attached to the enjoyments of the sensual realms, who are desirous of practices for the worldly yogic perfections with swords, pills, ointments, mercury, and elixirs, [64.15] [this truth being] knowledge that has arisen interdependently, that has as its sense realm what has arisen interdependently, that is indicated (as something the initiate should perform), and that is capable of (the resulting) activity for the indicated<sup>1</sup> purpose. Therefore, because of its capacity for activity for the authorized purpose, having resorted to the truth of the ultimate purpose, therefore there is this statement by the Tathagata. How much more is it the case, then, that just as it was stated by the Tathagata, so there is also incomprehensible efficacy of the approved substances such as imaginative meditation, mantras, the jewels, stones, swords, pills, mercury, and elixirs<sup>2</sup> that are capable of achieving the indicated purpose. In the same way it is

<sup>&</sup>lt;sup>1</sup> Prādešika appears to be used here in the same sense that we mean in English when we say that certain substances have certain "indications," i.e. they are specifically meant to be used to treat certain specific disease conditions; in this sense they are also "authorized," since they are not meant to be used for other conditions. "Approved," as in 'approved by the FDA' would be modern equivalent.

<sup>&</sup>lt;sup>2</sup> Although *rasāyana* is used as a generic term for alchemy, it specifically also refers to 'elixirs,' i.e. the mixtures of plant juices, ashes, herbs, mercury, etc. that are described in

also seen here that he who performs the white meditation, the tranquil form, [and] the pacification action does not undertake the killing etc. actions. [64.20] Similarly he who undertakes the black meditation, the terrible form, [and] the killing, does not undertake the actions of subjugation etc. Likewise the one who undertakes the red meditation, the passion form, [and] the subjugation, does not undertake the paralysis etc. actions. The same holds true for he who undertakes the yellow meditation, the paralyzed form, [and] the paralyzing, he does not undertake the pacification etc. action. It is to be understood in the same way for the poison, also. Whoever performs the white meditation on the drop form in the forehead, he makes the poison non-poison. Whoever performs the red meditation performs the agitation of the poison; whoever performs the yellow meditation performs the transference of the poison; whoever performs the yellow meditation performs the paralysis of the poison; i.e. whoever performs the authorized conceptual meditation, [64.25] he [also] performs the activity for the authorized purpose. The jewels, mantras, and herbs are also to be understood in this way.}

Here the *mantra* also being perfected, he who performs pacification does not perform the killing etc. action. He who performs killing does not perform the subjugation etc. action. He who performs subjugation does not perform paralysis etc. He who performs paralysis does not perform the peaceful etc. action. Hence the worldly knowledge is not capable of [achieving] action for the purpose of world-

alchemical texts. See below, 65.17, where elixirs are one of the *siddha-dravya*--substances used by the *siddhas*.

<sup>&</sup>lt;sup>1</sup> Pundarīkah appears to be arguing that the various meditative techniques take the place of the various alchemical practices, and are just as effective.

transcending knowledge. In the same way, even having perfected the sword etc., it is not [capable of activity for the purpose of world-transcending knowledge], as stated by the *Bhagavān*. [64.30]

Even one *mantra*, perfected, accomplishes all actions; how is it authorized? It will be authorized for whomever the purpose is. Therefore [although] it is stated-here, even one *mantra*, perfected, accomplishes all actions, this by itself is not proof. Why is that? Because there is a distinction in its activity. Here, since there is a distinction in the activity of even one *mantra*, there is a distinction, and it was described by the *Tathāgata*. For example, the homage in the peaceful etc. [action] ends with a *mantra* recitation; [the praise] in the welfare promoting [action] ends with a *svāhā*; [the praise] in the attracting [action] [65.1] ends with a *vauṣaṭ*; [the praise] in the enmity [action] ends with a *hūm*; [the praise] in the subjugation [action] ends in *vaṣaṭ*; [the praise] in the killing [action] ends in *phaṭ*. Likewise, even in the performance of an oblation, there is a difference stated by the difference in the pots. Here when the oblation is offered in the rounded pot, on a fire made] with faggots from the *Udumbara* etc. sap trees, with *dūrva* grasses that are not milked out, the

<sup>&</sup>lt;sup>1</sup> Homakārya.

<sup>&</sup>lt;sup>2</sup> As customary, the following list abbreviates the syntax. In the first, model sentence, a yadā ... tadā construction appears to be understood: when the oblation is offered.....then the mantra effects the result. I've therefore added this postulated when...then... construction to the following sentences matching the pattern.

The four kṣīra-vṛkṣas are the Nyagrodha, Udumbara, Aśvattha, and Madhuka. The Nyagrodha is the Indian fig tree, with downward growing roots, Ficus indica or Ficus benghalensis. Zysk locates a passage at Rgvidhāna 4.17-18 identifying a rite using RV 10.162 and amulets of Nyagrodha wood to protect against abortion or stillbirth (Zysk 1993:52-3); see also Suśruta 5.22, 5.25, 5.49. The Udumbara (or Udumbara, the latter the preferred Vedic spelling acc. to MW; does this spelling here represent part of a self-conscious appropriation of Vedic authority?) {Ficus glomerata--see Śatapathabrāhmaṇa 7.5.1.22; used for making amulets against poverty and hunger (AV 19.31.11 & Zysk

mantra causes [the magical action of] pacification; it does not accomplish the welfare promotion etc. action. When the oblation is offered in the square pot, with the previously mentioned faggots [providing the smoky fire], with corn and butter [offerings], [the mantra] accomplishes the welfare promotion [action]; it does not accomplish the killing etc. When the oblation is offered in the bow-shaped pot, with bone-faggots [providing the fire], with human flesh, poison, and blood [offerings], [65.5] it performs the killing [action]; it does not accomplish the ruination of an adversary etc. When the oblation is offered in the pentagonal pot, with crow-feathers and strips of human fat, it accomplishes the ruination of an adversary; [the mantra] does not accomplish subjugation etc. When the oblation is offered in the sevencornered pot, [on a fire made] with Kimśuka faggots, with red flowers [and] with the 1993:51), for wealth and prosperity, and for sacrificial posts, and ladles-AV 19.31 (Griffith 1895-6{2}:236-7); see also Suśruta 4.33.}. The Aśvattha tree, Ficus religiosa, is used for upper arani, while the Samt wood is used for the lower receptacle in making fire with a firedrill, with the two homologized respectively to man and woman--AV 6.11.1 (Griffth 1895-6{1}:203). The tree is said at AV 5.4.3, 6.95, and 19.39.6 to form the seat of the gods in the third heaven and to be the place where the general purpose healing herb Kustha was born (Zysk 1993:40,43,241; and Griffith 1895-6{1}:244 etc.). The Madhūka tree, {Madhuca indica; see Suśruta 4.32, 4.41., 4.44. (See also Zysk 1993:258-9 for botanical names). Our passage indicates that fresh faggots of the *Udumbara* and the other sap trees are used with the fresh dūrva grass (Cynodon dactylon, bermuda grass or dog grass, Zysk 1993:259) to create a (very smoky) fire; in casting the mantra into the pot on such a fire one performed the magic rite of pacification. Zysk cites Kāušika Sūtra 26.9-13 with a description of the use of four tips of dūrva grass mixed with other ingredients in a concoction to stop excess blood flow from menstruation or wounds (Zysk 1993:79). The flowering grass grows abundantly in India (Griffith 1895-6{1}:249) Dūrva is also one in a long list of ingredients making up the candanādya oil used to alleviate fever. (Carakasamhitā Cikitsāsthānam 3.258; Sharma 1983:77).

<sup>&</sup>lt;sup>4</sup> Dūrvādugdhair--i.e. the grasses still with the sap in them.

<sup>&</sup>lt;sup>1</sup> I.e. with burning bones.

<sup>&</sup>lt;sup>2</sup> Kimśuka is the Butea frondosa tree; it bears beautiful blossoms often alluded to by poets; the name literally means 'what a parrot?!' Synonyms are palāśaḥ, parṇa, and kirmī (Zysk 1993:259) Ash of the tree is mixed with various concoctions in alchemical formulas and for urinary diseases. (Caraka, Cikitsa. 1.3.15 & 33, and 6.31). The wood was also used to make sacrificial posts (Griffith 1895-6{2}:82) and to make the juhū ladle and covers of some

lightning water,<sup>1</sup> it accomplishes attraction; it does not accomplish subjugation etc. When the oblation is offered in the triangular pot, with *khadira* [wood] faggots,<sup>2</sup> with sweating *Bilva* flowers,<sup>3</sup> [the *mantra*] accomplishes subjugation; it does not accomplish paralysis etc. When the oblation is offered in the six-cornered pot, [on a fire made] with *Bilva* faggots, with stainles *śmeṣmas*,<sup>4</sup> it accomplishes paralysis; it does not accomplish stupefaction. [65.10] When the oblation is offered in the octagonal pot, [on a fire made] with *arka* faggots,<sup>5</sup> with thorn-apples and *kusumadyas*<sup>6</sup> offered into the fire, it accomplishes stupefactions; it does not accomplish pacification etc. Similarly there is a stated by the distinction in (types of) powder (*rajas*).<sup>7</sup> White powder is used in the pacification [action], [and] in the welfare promoting [action]. Black powder is used for killing and ruining of an adversary.

<sup>1</sup> Urine?

<sup>&</sup>lt;sup>2</sup> Khadira is Acacia Catechu--a very hard wood whose resin is used in medicine--see RV 3.53.19 where it is used for the axel of a chariot (Griffith 1889{1}:398,400). Pieces are taken internally in a concoction to counter tuberculosis (Zysk 1993:14-15); cf. Suśruta 3.34, 13.43 etc.

<sup>&</sup>lt;sup>3</sup> Bilva is Aegle Marmelos, the wood apple tree. Its yellow fruit pulp is eaten; the wood is used for sacrificial posts; the unripe fruit is used medicinally. (MW, Sharma 1992:49), and see Susruta 4.12, 4.25-26. For indications see Dash 1987:65.

<sup>&</sup>lt;sup>4</sup> Nairmālyaşmeşmabhir. I've been unable to find *smeşma* in any of the dictionaries or lexicons. A close variant reading might be *sleşman*, phlegm—this is however unlikely since the term refers to one of the three humors. There is however a *sleşmātakah*, the plant Cordia myxa (Susruta 4.16; 27.159 etc.).

<sup>&</sup>lt;sup>5</sup> Arka is Calotropis Gigantea or Calotropis procera. See Susruta 4.4 and 4.22. For indications see Dash 1987:214 and Sharma 1992:40.

<sup>&</sup>lt;sup>6</sup> Kusumamadhya is the name of a tree bearing a large acid fruit, Cālitā Gāc, Cordia Myxa, or Dillenia Indica; here we have kusumamadya; this could be an alternate spelling, or else we have kanaka-kusuma-madyair, with the thorn-apple-blossom-liquors. We may also need an emendation here to kusumbha, as in kanaka-kusumbhādyair-with thorn apples, saffron, etc.

<sup>&</sup>lt;sup>7</sup> Due to the various colors mentioned *rajas* appears to refer to "powder," as probably powders used to draw *mandalas* for magic rites.

Red powder is used in subjugation and attraction. Yellow powder is used for paralysis and stupefaction. Green powder is used for restoring to life. Similarly, a distinction is stated because of the difference between rosaries. In the pacification [action], there is mantra recitation with the crystalline rosary; for welfare promotion, [there is mantra recitation] with a pearl rosary; in the killing [action], [there is mantra recitation] with a rosary of human-teeth; for ruination of an adversary [there is mantra recitation] with a camel teeth rosary, or with a donkey-teeth rosary; for subjugation [one performs mantra recitation] with a putrajīva rosary; [65.15] for attraction [to oneself one performs mantra recitation] with a lotus-seed rosary, or with a red-sandal rosary; for paralysis [one performs mantra recitation] with an Elaeocarpus Ganitrus rosary; for stupefaction [one performs the mantra recitation] with an aristha rosary; for revivifying [one performs] the mantra recitation with an emerald rosary. In this way, for those who are adept, there is also the indicated quality of the substances [used by] the siddhas, i.e. mantras, herbs, gems, sword, mercury, elixires, etc.; [this] is not the quality of the knowledge of the supremely

<sup>&</sup>lt;sup>1</sup> Cf. stories from Marpa's biography on restoring birds etc. to life.

<sup>&</sup>lt;sup>2</sup> The term is akṣa-sūtrah--literally a string of eleocarpus seeds. These seeds were and still are used to make prayer beads or rosaries. However, from our text it is evident that the term was also used generically for different types of rosaries.

<sup>&</sup>lt;sup>3</sup> In earlier Vedic literature ustra = a buffalo.

<sup>&</sup>lt;sup>4</sup> MW lists putrajīva or putramjīva as the "Putranjiva Roxburghii (from its seeds are made necklaces which are supposed to keep children in good health), L." None of Zysk, Sharma, Dash, Amarasimha, or Hemacandra mention it.

<sup>&</sup>lt;sup>5</sup> Rakta-candanā, Caesalpina Sappan.

<sup>&</sup>lt;sup>6</sup> Rudrākşa-from MW by way of Wilson.

<sup>&</sup>lt;sup>7</sup> Aristha is listed in Yajfiavalkaya 1.186 as the soap berry tree, Sapindus Detergens Roxb. whose fruits are used for washing; also defined as Azadirachta Indica from Rāmāyana 2.94.9, and as garlic, and as a medicinal plant. (MW).

<sup>&</sup>lt;sup>8</sup> Marakatam.

indestructible. Here in the three-billion<sup>1</sup> worldly constituents, in the Buddha field, just as the *Bhagavān* with many emanation bodies, with the various cries [of animals, etc.], simultaneously accomplishes the goal of sentient beings; likewise the *yogī* is not able to accomplish the goal of sentient beings with these indicated practices, [65.20] because of the fact that they are indicated. It is stated by the *Bhagavān* in the *Nāmasangīti*, in praise of investigative knowledge, with the first śloka, as follows--<sup>2</sup>

Thatness, the non-essentiality of existence,<sup>3</sup> the indestructible pinnacle of existence, |

The voidness espouser, the bull, deeply and nobly bellowing, !!

The *dharma* conch, the great sound, the *dharma* cheeked, the great battle, | 5 [65.20] Unsituated *nirvāṇa*, the ten directional *dharma* kettle drum, | |

<sup>&</sup>lt;sup>1</sup> The number reads tri-sahasra-mahāsahasra: three thousand times a great thousand. A great thousand = a million. We find the same usage in English, derived from Latin and Italian: mille = a thousand; mille + -one = a great or big thousand = millione or a million.

<sup>&</sup>lt;sup>2</sup> This is a repeat of the quote from VMP 48.17-21, with the addition of one preceding line from the *Nāmasamgīti*.

<sup>&</sup>lt;sup>3</sup> Dharmasamgrahah 116 lists two types of nairātmya: the non-substantiality of things, and the non-essentiality of the individual. ("Nairātmyam dvividham, tadyathā-dharma-nairātmyam pudgala-nairātmyam ceti," Kasawara et al 1885:29).

<sup>&</sup>lt;sup>4</sup> I.e. the dharma-conch blower. Davidson translates gandī as "bell," though it does not appear as a word in MW, Apte, or Amarakośa. Apte does have gandī, though, as the trunk of a tree. Gandī refers to the hollowed out trunk of a tree used as a type of drum. Ghantā does = a bell, though we should then emend the text. Amara gives gandīra and samaṣṭhilā as two types of cucumbers. (Amarasimha 1882:115). Abhidhānacintāmaṇi also has no gandī or gandīn. The lack of listing for gandī or gandīn as a distinct word in any of these lexicons suggests to me that it most likely is simply an -in possessive of ganda, i.e. 'he who has dharma-cheeks,' since one's cheeks would bulge out considerably while blowing on a conch, much like a trumpet player's.

Though rana can = sound, as Davidson takes it, its more common usage is as "battle," as something [a soldier] delights in. "Battle" seems the more appropriate meaning here since the conch itself is used like a bugle for sounding the call to battle. The simile seems to be that Manjuéri is the conch, the sound of the conch, the blower, and the battle itself.

[48.20] Without form, possessing form, foremost, having varied forms made by the mind, |

The radiance in the appearance of all forms, holding all the reflections. | |

[Nāmasamgīti 8.2-3]<sup>1</sup>

Likewise, in the Royal *Tantra*, also, in the fifth, wisdom chapter, with the ninety-seventh verse, the language of omniscience is described by the *Bhagavān* [65.30] as follows--

To animals, spirits, and demons, to serpents, gods, and men, to Indians and Tibetans, etc.,

In the threefold [time, i.e.] past, future, and present, even, [she] is continually expressing the true law;

[66.1] [She] is stabilizing the threefold world on the path, with their individually different languages;

This one is the language of the omniscient, the provider of the fruit of equal happiness, and is not the language of the gods.

(Kālacakratantra 5.97)

Furthermore, in that same chapter, in the preceding verse, the action of the omniscient body and speech is stated as follows--

[66.5] They see the one as many, through the influence of the qualities of observation, with the feelings of peacefulness, passion, etc.;

[They see the one] Residing in the cakra [as many], with [the feelings of

<sup>&</sup>lt;sup>1</sup> Davidson vss. 77-79; Davidson translates 77a as "Being suchness, actual egolessness, the limit of actuality, and devoid of syllables." (Davidson 1981:28).

peacefulness, passion, etc. that are] engendered in one's own heart from prior births, through the power of the memory traces;

The multiple language with one meaning enters into the hearts of living beings with their individual feelings;

The one situated in the *cakra* one undertakes to remove alms-giving to those residing [in heaven?], for the sake of merit. | |

(Kālacakratantra 5.96)

Here, just as the omni-form, omniscient body, speech, thought, and knowledge, without variation, capable of effecting every objective, comes into existence; likewise the imaginative meditation, mantras etc., even though mastered, are not capable of effecting every objective for the yogls. In this way the entirety of the earth etc., also, made visible by those free of passion, becomes the limited individual (pradesika). Why is that? Because of the limited individual's (pradesika's) growth and expansion. Here, the one who is free of passion makes all earth² visible before his eyes; he causes all earth to vibrate; [yet] he is not capable of making all water vibrate. In this way the entirety of the individual is knowable [66.15] as exactly the extent of the entirety of the void. Here the mandala and lightning bolt possessor who causes the Samāja mandala to vibrate, he cannot make the Cakrasamvara etc.. [mandala] vibrate. Who causes the Cakrasamvara to vibrate, he is not able to make the Samāja etc. [mandala] vibrate, due to its limitation. Now someone will be of the opinion that, here, in this mandala-cakra, when it is being

<sup>&</sup>lt;sup>1</sup> Or to the protectors--alternate reading given in text by Sarnath editors.

<sup>&</sup>lt;sup>2</sup> Here the text refers to the earth dhātu or mahābhūta, not the globe per se.

made visible before the eyes, all the mandalas and cakras of the three worlds also become visible before the eyes; [and] there are no other three worlds outside of the mandalas and cakras of the aggregates, constituents, and bases of consciousness. Therefore it is said [by me, Pundarīka, in response]--here, because if when the one is being made visible before the eyes, [66.20] in either the constituent-entirety, or in the mandala-cakra, the triple world becomes visible before the eyes, and the state of omniscience etc. comes into being, then, when the place of omniscience is attained, then there would be no state of omniscience, no state of knowing all forms, no state of knowing the path, nor a state of knowing the forms of the path. In addition [if] when one entirety of earth etc. were being made visible before one's eyes or were being made visible before one's eyes in the mandala-cakra, were there to be really complete Buddha-hood, then there would be none of the states called a monastic disciple [śrāvaka], a solitary Buddha, or a siddha. Here, just as in the triad of vehicles the Bhagavān's statement is heard, in some such Buddha field, in some such world-constituent, by some one's son, in some clan, in some such era, [so] the Tathagata comes into being with the thirty-two marks of a great man, adorned with the eighty [66.25] secondary marks, with the six supernatural abilities. In some such

<sup>&</sup>lt;sup>1</sup> My preference for translating *sphārayati* and other derivatives of *sphar* makes some sense here, I think. These *manḍalas* become visible as images before the mind's eye, or perhaps before the physical eyes—this apparently was conceived of as a shimmering, vibrational appearance. Recall the repeated references to mirror-like images; images in a mirror can be made to move, by moving the mirror, or moving the reflected object around; other reflections were those of the sun or moon on the water, where the image shimmers, and appears at times to vibrate. 'Vibrate' in English has a range of connotations and uses, including the 1960's slang sense of 'vibes' or 'good vibrations' for felt-energy; this slang sense, and perhaps a more technical sense of what we would term 'physical vibrations,' such as the subtle vibrations in sound or light waves, would appear to be combined in the *spharana* notion, as used in the *Tantras*.

place [he becomes] completely awakened; in some place or other is takes his pleasure, performs the turning of the wheel of the law, teaches some sort of dharma with various sounds [of different creatures] to intelligent beings of various dispositions, in some such place, having performed the beholding of the great constituent, [he is] completely liberated. Having seen, among these constituents, the greatly superior miracle, those constituents are honored by the gods, asuras and men; it is **not**<sup>2</sup> the same [for a yogt, i.e. that] in some such Buddha field, in some such world-constituent, in some such kalpa, [having] the thirty-two mahāpuruşa marks, [having] the eighty secondary marks, [having] the six supernatural abilities, the yogl is born in some such place, completely awakened, [66.30] taking his pleasure in some place, [nor] does he turn the wheel of the law in some place or other, [nor] does he teach some sort of dharma with various sounds [of different creatures] to intelligent beings of various dispositions, [nor] does he demonstrate the magical growth of his body simultaneously in three billion constituents, [nor] having performed the great constituent inspection in some place or other is he completely liberated. Having seen the greatly superior vibrational expansion of these constituents, [67.1] these constituents are honored by the gods, asuras, and men. Therefore the yogl does not become completely awakened when this mandala-cakra is being made visible in front of his eyes. Why is that? Because there's no turning the wheel of the law, [and] because there's no manifestation of the Tathāgata. Here, just as Maitreyanātha is prophesied by the Tathagata, [since] he will come into being in a future time as a

<sup>&</sup>lt;sup>1</sup> It's not clear what this refers to.

<sup>&</sup>lt;sup>2</sup> I've added bold just for clarity.

Tathāgata, [and] others such as Bhasmeśvara etc.¹ will be prophesied by the Tathāgata as completely awakened ones. It is not the same that any yogl, when the single manḍala-cakra [67.5] is made visible, will become completely awakened; so the Bhagavān proclaims. However, through influence of the abode of sentient beings,² the meditation on the manḍalas and cakras, as described by the Bhagavān, is for the purpose of achieving the worldly yogic perfections by the sword, pills, ointments, mercury, elixirs, etc. Therefore, through making the deities of the manḍalas and cakras become visible, the sword etc. yogic perfections are achieved by the adept, though the state of omniscience is not achieved. If the state of omniscience were achieved by the power of the meditation on the manḍalas and cakras, then what would be the purpose of the siddhas communicating the statements of the Bhagavān in their own texts?³ So the worldly siddhis [67.10] do not provide the quality of omniscience, because of the statement [that they are] contextual or partial (prādeśika) because they lack the language of omniscience, and because they investigate the concealed magical power of the physical body.⁴ When the concealed property [of the

<sup>&</sup>lt;sup>1</sup> Bhasmeśvara is the name of Śiva as a future Tathāgata, from the Karandavyūhasūtra. This reference serves as an internal dating marker, placing the Vimalaprabhā post the Karandavyūhasūtra.

<sup>&</sup>lt;sup>2</sup> In medicine, *raktāsaya* is the physical heart, the blood's receptacle; *āmāsaya* is the stomach, undigested food's receptacle. So *sattvāsaya* could be the brain, the receptacle of consciousness.

The use of the term svagranthe, in their own text, or in this text, raises an interesting question. If svagrantha refers to the Kālacakratantra, this suggests Puṇḍarīka is refering to the siddhas relating the Buddha's words in this text. Since Puṇḍarīka wrote the commentary, he could only be referring to the verses of the KCT itself. This offers an interesting twist to the oft-stated traditional argument that the Buddha taught the Tantra—he did, then, yet it's the siddhas who communicated the Buddha's words. However, svagranthe may be used in a generic sense to refer to texts by Buddhist alchemists, who quote Buddha therein.

<sup>&</sup>lt;sup>4</sup> Sāvaraṇa-kāya-ṛddhi-saṃdarśanāt.

physical body] is being made visible, the yogl does not become omniscient, therefore, when the revealed property is being made visible, the yogl does become omniscient, due to the non-concealed dharma's characteristic. The omniscient one has a divine eye, a divine ear, knowledge of others' thoughts, recollection of former lives, the magical power to go everywhere, the destruction of all outflows, the power of the knowledge of what is proper and improper, the power of the knowledge of the ripening of karma, the power of the knowledge of the one and the many constituents, the power of knowledge from senses near and far, [67.15] the power of the knowledge of various propensities, the power of the knowledge of the cessation of suffering and the entry into the practice of the dharma, the power of the knowledge of the termination of pain, the power of the knowledge of cutting off multiple births, the power of the knowledge of all miraculous abilities, [and] the power of the knowledge of the destruction of outflows. In the same way the stage<sup>2</sup> that is entirely radiant with the brilliance of the great solar disk the stage with the radiance of nectar, shining with the great moon; the stage with the light of the atmosphere, well-established like the sky; the stage with the radiance of lightning, charming; the stage with the light of a gem, established by consecration; the stage with the light of a lotus, its stainless properties intrinsically purified, without limitations; the stage of performing the

<sup>&</sup>lt;sup>1</sup> Dharmasamgrahah 76 gives a different list of the ten powers of the Tathāgatah, as follows: ("Tathāgatasya daśa balāni, tadyathā--sthāna-asthāna-jñānabalam, karma-vipāka-jñānabalam, nānā-dhātu-jñānabalam, nānā-adhimukti-jñānabalam, sattvendriya-parāpara-jñānabalam, saratra-gāminī-pratipatti-jñānabalam, dhyāna-mokṣa-samādhi-samāpatti-samkleśa-vyavadāna-vyutthāna-jñānabalam, pūrva-nivāsa-anusmṛti-jñānabalam, cyuty-utpatti-jñānabalam, āśrava-kṣaya-jñānabalam ceti." Kasawara et al 1885:16).

<sup>&</sup>lt;sup>2</sup> This appears to be a new set of *bhūmis* or *bodhisattva* stages of *Mahāyāna*. See *Dharmasamgrahaḥ* 64 and 65 for the traditional sets of ten or thirteen (Monier Williams' citation is incorrect). Here we have twelve *bhūmis* described.

actions of a Buddha; [67.20] the incomparable stage; the stage whose comparison pierces all comparisons; the stage of the unsurpassed light of wisdom; the tremendously brilliant stage of omniscience; the stage knowable by each individual, filled with the knowledge of yogls.<sup>2</sup> On the Tathagata's part there is no stumbling; there is no crying out; there is no lost memory; there is no uncollected thought; there is no variegated consciousness; there is no negligence in his consciousness; there is no decrease of his desire; there is no decrease of his strength; there is no deficiency in his memory; there is no deficiency of his samādhi; there is no [67.25] deficiency in wisdom; there is no deficiency in knowledge and perception of liberation. In the past time, uninterrupted, independent, and unapplied<sup>3</sup> knowledge [and] perception occur; in the future time, uninterrupted, independent and unapplied, knowledge [and] perception occur; in the present time, uninterrupted, independent, and unapplied knowledge [and] perception occur. All bodily action is preceded by knowledge, [and] returns to knowledge; all vocal action is preceded by knowledge, [and] returns to knowledge; all mental action is preceded by knowledge, [and] returns to knowledge. Hence everywhere, all the time, well established in sameness,4 [67.30] because of having penetrated into voidness, the Tathagatah is one whose wisdom is thoroughly purified, because it is characterized as unveiled. Furthermore,

there is no one who, concealed, with wisdom not thoroughly purified, [can] become <sup>1</sup> I agree with the Sarnath editors' suggested emendation of prativedhitā for prativedhato.

<sup>&</sup>lt;sup>2</sup> The stages given in the *Dharmasamgrahaḥ* 64-65 are: pramuditā, vimalā, prabhākary-arcişmatī, sudurjaya, abhimukhī, dūraṅgama-acalā, sādhumatī, dharmameghā ceti¦ | samantaprabhā, nirupamā jħāvatī¦ | (Kasawara et al 1885:14).

<sup>&</sup>lt;sup>3</sup> Apratihatam, asangam, apranihitam.

<sup>&</sup>lt;sup>4</sup> The preceding [from VMP 67.21, tathāgatasya....] appears to be a more expository and intellectually flavored rendition of part of what is meant by the term samarasah.

the single lightning being of ten powers through the thoroughly purified emanation by imagination of the deities of the *mandalas* and *cakras* who are situated on the arms with the syllables of their names. However, [68.1], having fallen from the path of omniscience, being overpowered by false self-consciousness, [such a one] thinks that "I am also the lightning being with the ten powers." This one is not [possessed of] the ten powers, [does not] have strength equal to the ten powers, is inferior (*prādeśikal*a) [and] a great fool. For such a one, Buddha-hood would be unprecedented here [in this world], [and] a really extraordinary marvel, because of all the *yogl*'s obscurations. It was stated by the *Bhagavān*, in praise of knowledge by investigations, with the ninth *śloka* in the *Nāmasaṃglīti*--

[68.5] Quieting the pain of the three sufferings, the end of the three, without end, reaching freedom from the three, |

Liberated from all obscurations, attaining the sameness of space. | |

(Nāmasamgīti 8.9)<sup>1</sup>

Hence, according to the *Bhagavān*'s statement the  $yog\bar{t}$  does not become omniscient by the power of meditation on imagined forms.

[68.10] Certainly [some might argue] it was stated by the *Tathāgata* in all the royal *Tantras*, that the five aggregates<sup>2</sup> are the buddhas *Vairocana* etc.; [that] the constituent elements are the goddesses; [that] *Locanā* etc. are the six senses; [that] the *Bodhisattvas* Earth-Womb<sup>3</sup> etc. are the sense domains or objects; [that] form
<sup>1</sup> Davidson's edition, verse 85: "Easing the distress of the three kinds of suffering and

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 85; "Easing the distress of the three kinds of suffering and bringing the three to an end, he is endless, passed to the triple liberation; released from all veils, he has passed [to the state of] equality (samatā) like space." (Davidson 1981:29 & 55).

<sup>&</sup>lt;sup>2</sup> Rūpa, vedanā, samjñā, samskāra, vijñāna.

<sup>&</sup>lt;sup>3</sup> Kşitigarbhah.

lightning, tec., are the goddesses; [that] the bewilderment-lightning etc., [i.e.] the god of death, etc., are the fierce kings. Therefore, the body of sentient beings is the Buddha's emanation body—such will be someone's opinion. Therefore it is said [by me, Pundarīka, in response, that] although there is the statement by fools in this regard [that] sentient beings' body is the Buddha's emanation body, such is not the *Tathāgata*'s statement; he tears to shreds such thinking. In the real truth, [68.15] were it the case that the body of sentient beings were the Buddha's emanation body, [then] all the sentient beings residing in the three worlds would have already become completely enlightened. The activities of listening, thinking, meditating, giving, etc. for the sake of Buddha-hood would be useless, because of previously [having become] completely enlightened. The birth and death of all sentient beings would not occur. In samsāra, the obstacles of happiness, suffering, hunger, thirst, etc. would not exist. The six abhijāās³ and the vibhūtis of Buddha quality would [not]⁴ come into being. And since what is explained by the Tathāgata would not be seen, heard, [or] inferred, therefore, since there would be no Buddha quality, conscious beings would not

<sup>&</sup>lt;sup>1</sup> Interestingly, MW lists Rupavajrā as "a goddess," citing the Kālacakra without giving a verse.

<sup>&</sup>lt;sup>2</sup> I want to thank Gary Tubb for clarifying for me the confusing syntax of Pundarīka's version of presenting a pūrvapakṣa, and then refuting it.

<sup>&</sup>lt;sup>3</sup> The five abhijħās are the divine eye (clairvoyance--divyacakṣuḥ), the divine ear (clairaudience--divyaśrotam), knowing another's thoughts (i.e. the ability to read minds--paracittajħānam), memory of prior incarnations (pūrvanivāsānusmṛtiḥ), and magical power (ṛddhiḥ) (Dharmasamgrahaḥ 20; Kasawara et al 1885:4). According to MW, the eight vibhūtis are aṇiman--the power of becoming as minute as an atom; laghiman, extreme lightness; prāpti, attaing or reaching anything [e.g. the moon with the tip of the finger]; prākāmya, irresistable will; mahiman, illimitable bulk; tšitā, supreme dominion; vašitā, subjugating by magic; and kāmāvasāyitā, the suppressing of all desires. These are not listed in the Dharmasamgrahaḥ. The entire third book of the Yoga Sūtras is called the Vibhūti-pāda; divyaśrotram is discussed at YS 3.42.

<sup>&</sup>lt;sup>4</sup> There appears to be a *na* missing here.

become buddhas, because of being truly stuck in transmigration. It was stated [68.20] by the *Bhagavān* in the *Nāmasamgītih*, in praise of the very purified *Dharmadhātu*, with the thirteenth śloka as follows--

Situated at samsāra's furthest and highest point, residing in the dry land of one who's completed his duties, !

Spit out from isolation-intuition, [he is] the sword of wisdom, cleaving asunder [ignorance]. | |

## (Nāmasamgīti 6.13)1

Hence according to the *Tathāgata*'s statement, sentient beings' body is not the Buddha's emanation body.

Certainly [some might argue, that] as stated by the *Tathāgata*, through the influence of meditational practice, the aggregates, constituent elements, and bases of consciousness<sup>2</sup> etc. will come to exist in the form of the *mandalas* and *cakras*. Therefore [they would assert,] the same is true of Buddha-hood;<sup>3</sup> such will be someone's opinion.<sup>4</sup> Therefore it is said [by me, Pundarīka, in response]--because in this case what some immature people might say is that by dint of practice, the aggregates, constituent elements, bases of consciousness etc. will come into being in the form of the *mandalas* and *cakras*, [and] therefore in just the same way Buddha-

hood [will come to be in the form of the *mandalas* and *cakras*]; [immature people 1 Davidson's edition, verse 54; "Standing at the uttermost limit of *samsāra*, he rests on this

Davidson's edition, verse 54; "Standing at the uttermost limit of saṃsāra, he rests on this terrace, his duty done. Having rejected isolatory knowledge (kaivalyajñāna), he is the cleaving sword of insight." (Davidson 1981:25-26 & 53).

<sup>&</sup>lt;sup>2</sup> According to MW, in *Suśruta*, *āyatana* is the cause of a disease; with the Buddhists, *āyatana*s are the five senses and the *manas*, considered as the inner seats.

<sup>&</sup>lt;sup>3</sup> I.e. that it is achievable through the mandala and cakra meditations.

<sup>&</sup>lt;sup>4</sup> Remove the question mark in the Sarnath edition.

claim this] was stated by the Tathagata--[and I Pundarika respond,] that is not so, since the requisite merit and knowledge is lacking. Because, here in this world, were it the case that the aggregates, constituent elements, bases of consciousness etc.--of yogIs who lack the requisite merit and knowledge--became, through the strength of meditation practice, the form of the mandalas and cakras, [68.30] and by the power of the practice of imaginary/visualization meditation (vikalpa-bhāvanā) also would become completely enlightened, then another one, even lacking material wealth, [69.1] could think "I am king," and he through the power of [meditational] practice would become king. Lacking the requisite merit, however, this is not seen. Just as with a mental construction (vikalpa) one lacking the requisite merit will not become king [even] through the influence of practice over many kalpas, so lacking merit and knowledge, the yogī does not become completely enlightened [even] through the influence of the visualization meditation (vikalpa-bhāvanā) over many kalpas, since merit and knowledge are lacking. It is stated by the Bhagavān, in the praise of the very purified dharma constituent, with the sixteenth śloka, [69.5] as follows--

Merit possessing, [having] the requisite merit, the form of knowledge, the intellect, |

Knowledge possessing, reality and unreality-knowing, endowed with the requisite pair. 1

<sup>&</sup>lt;sup>1</sup> Dharmasamgrahah 117 defines the twofold requirement as follows: requisite merit, and requisite knowledge. ("Sambhāro dvividhah, tadyathā--puṇya-sambhāro, jñāna-sambhāraś-ceti. Kasawara et al 1885:29). Though it has been popular to translate sambhārah as "accumulation," the term really refers to preparations, provisions, necessary supplies, the required collection of things needed, such as for a sacrifice. As is frequently the case with Buddhist and Upaniṣadic writings, and with later Tantric material, Vedic terms are self-consciously employed with new meaning. Just as there is a requisite collection of material for the Vedic rite, so there is requisite merit and knowledge for the Buddhist path.

Hence according to the *Bhagavān*'s statement, the one lacking merit and knowledge, does not become a Buddha through the effect of the practice of meditation on the imagined form. [2 [69.10]

Certainly [some may opine, that] if the visual-form meditation (rāpa-bhāvanā) is a mental construction (vikalpah), [and] from the mental construction (vikalpa) the yogī will not become a Buddha, then for what purpose is this body with the clans of deities in its manḍalas and cakras to be purified? Such will be someone's opinion that it is the Tathāgata's statement. Therefore it is said [by me, Punḍarīka, in response]—in this instance this is true, since according to the esoteric/communal language (samaya-bhāṣā), the group of Vairocana etc., individually designated as Tathāgatas, are not intended literally through a relationship of designator (vācaka) and designated (vācya), as [would be the case when speaking] of a pot, cloth, etc.<sup>3</sup> The woman's organ [vulva] is [what is meant by] the lotus; the man's organ [penis] is the lightning bolt; the feces is Vairocana; the urine is Akśobhya; the blood is Ratnasambhava; the semen is Amitābha; the flesh is Amoghasiddhi; so, by the names of the five Tathāgatas, the names of the five nectars are designated.

Furthermore, from the perspective of ultimate reality, there are no deities. Therefore

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 57; "Possessed of merit (puṇyavān), with accumulated merit, he is knowledge and the great source of knowledge. Possessed of knowledge in knowing the real and unreal, he has accumulated the two accumulations." (Davidson 1981:26 & 53).

<sup>&</sup>lt;sup>2</sup> Vikalpa-rūpa-bhāvanā-abhyāsa-vaśād.

<sup>&</sup>lt;sup>3</sup> Again, thanks to Gary Tubb for helping clarify this passage. The point is that the five amṛtas described below are intended to represent the five dhyāni Buddhas, Vairocanaḥ, etc. The five names of the five Tantric amṛtas mentioned, feces, urine, etc., are not meant literally here.

the divine body is not able to express this smelly body, since it lacks the sāra [the essence of digested food]. It is stated by the Bhagavān in the Nāmasamgīti, in the praise of the truly purified dharma constituent, with the three verses beginning with the twenty-first, as follows--

[69.20] The sole essence of the [storm] cloud [of *dharma*], the [true] nature of the thunder bolt, the instantaneously born<sup>1</sup> lord of the world, |

[69.20] Arising from the atmosphere, self-engendered, the fire of wisdom and knowledge, the great one. | |

Vairocana, the great flame, the light of knowledge, the sun,

The world's lamp, knowledge's meteor/torch, the great brilliant flame,<sup>3</sup> the brightly shining. | |

Science's king, the foremost *mantra* master, the *mantra* king, the great accomplisher of objectives,

[69.25] The great uṣṇīśa, the miraculous uṣṇīśa, all-seeing, master of the sky. | |

(Nāmasaṃgīti 6.20-22)4

Hence, according to the Bhagavān's statement, the limited body is not the

<sup>&</sup>lt;sup>1</sup> I.e., like a crack of lightning.

<sup>&</sup>lt;sup>2</sup> Vairocana literally = "solar," or "coming from the sun," and in non-Buddhist writings is a name for the sun, for Viṣṇuh, and for Agnih. The verb root is  $vi + \sqrt{ruc}$ , to shine forth or be radiant. Virocanah is a name for the sun.

<sup>&</sup>lt;sup>3</sup> Mahātejas—in yogic and Tantric contexts tejas appears to usually refer to the internal fire of the body.

<sup>&</sup>lt;sup>4</sup> Davidson's edition, verses 61-63; "(61:) His unique essence impenetrable, himself a vajra, immediately arisen he is the lord of the world; arisen from the sky and self-arisen, he is the exalted fire of insightful gnosis. (62:) Vairocana, the great lumen, the light of gnosis, he is the illuminator, the lamp of the world, the torch of gnosis, with great splendor he is radiant light. (63:) Vidārāja, the lord of excellent mantras, he is mantrarāja performing the great goal. As the exalted Coronal Dome (mahoṣnṭṣa), the marvelous Coronal Dome, he teaches in every sort of way, the lord of space" (Davidson 1981:26 & 54).

### Buddha's body.

Certainly [some might believe, that] if the *Tathāgata* does not have a form, then none of his activities for the sake of sentient beings would occur—conception in the womb, playing as a youth, engaging in all the practical arts,¹ leaving behind the women in the palace apartments in order to become an ascetic, sitting on the seat under the *bodhi* tree, destroying *Māra*'s attendants, the descent of the deities, turning of the wheel of *dharma*, the thirty-two marks of the great man, the eighty subsidiary marks, the light-ray *manḍalas* of Sagittarius etc., [70.1] the four observances of the religious mendicant,² etc., the occupations, [and] coming and going through the atmosphere. Likewise the *Bhagavān*'s community of accomplished disciples would also not exist; the great *parinirvāṇa*, the greatly superior miracle, seeing [all] the *dhātus* at the same time,³ would not occur. The vibrational emanation from the *dhātus*, constituted by the [relics] of the hair, teeth, flesh, bones, etc., that are ¹ MW says there are 64 *bāhya-kalā*s, such as carpentry, architecture, jewelry, acting, poetry. etc., and 64 *abhyantara-kalā*s, such as kissing, embracing, etc.—cites his <u>Indian Wisdom p</u>. 185.

<sup>&</sup>lt;sup>2</sup> Catur-īryā-patha-ādayo. According to MW: the four positions of the body in the observances of a religious mendicant; i.e. going, standing upright, sitting, and lying down. MW cites simply Buddhist and Jain sources. MW refers also to airyapathiki, occurring in Hemacandra's Parisisthaparvan. Īryā MW explains as "wandering about as a religious mendicant." The term is from  $\sqrt{ir}$  (*Irte*), to rise (like the wind); in later language it is more commonly used in the causative, to cast, throw, excite, bring to life, pronounce. The term airyāpathika occurs at several places in the Abhidharmakośabhāsyam of Vasubandhuh, in reference to a type of thinking. At Abh.2.72, in explaining how different states of mind or thinking arise from antecedent states, Vasubandhu classes four types of thinking in the Kāmadhātu that characterize what Pruden translates as the "undefiled-neutral mind" (anivrtiavyākrtam cittam). These four are vipākaja (produced from the maturation of karma), airyapathika (related to bodily position), sailpasthānika (related to the practical arts of life) and nirmāņa (fanciful or invented). (My translations differ from Pruden's; Pruden 1991{1}:315; Vasubandhu 1975:106). Though it is not in the Sanskrit by Vasubandhu. Yasomitra's commentary glosses tryapathesu as sayana-asana-sthiti-cankramesu, i.e. lying down, sitting, standing, and walking around. (Shastri 1970{1}:362).

<sup>&</sup>lt;sup>3</sup> Dhātusamdarsanam.

honored by those dwelling in the three worlds, would not occur. Moreover, the really wonderful assumption of the Tathagata's form takes place by the formpossessing Bhagavān, [70.5] not from the non-form possessing [Bhagavān]. Therefore the Bhagavān's achievement of a form-body does not occur improperly-this here will be the opinion of all sorts of people. So it is said [by me, Pundarīka, in response, that] here, what will be stated by immature people, i.e. that the Bhagavan's form-body achievement does not occur improperly--this in fact is not true. Why is that? Because of having the characteristics of arisal and destruction. Because here, if there were on the Bhagavān's part, from [the point of view of] supreme reality, this birth into a womb, the activity of coming and going for the sake of all sentient beings, [and] the seeing of the dhātus [remaining after] the great parinirvāna, then the Tathāgata's achievement would be fruitless. Why is that? Because from seeing the constituent elements of the [Buddha's] body, [70.10] and from the great parinirvāņa, the Bhagavān's form-body is achieved, and it is also not achieved. This produced body [that] is destroyed is achieved, [yet] how will it produce the adept's indestructible body? [How,] being oneself in this way twice surrounded, will the incomplete establish the highest? Now seeing the dhātus is the greatly superior mark; here, when the dhātu-seeing occurs, at this time, the thirty two marks of a great-man, the eighty subsidiary marks, the Sagittarian [etc.] light-ray mandalas (Dhanuh-prabhā-mandalāni) are, for the body consisting of a heap of dhātus, destroyed. Since the previous body does not exist, there is no lightning-being body in the dhātu-heap. [70.15] Since there is no body, there is no mastery of the other <sup>1</sup> The text should probably read evam-dviparītam, not eva-dviparītam.

[body] of the lightning being, due to mutual cessation in this regard. For the one not possessing reality, [the bodies] are destroyed, because [they possess] the qualities of production and cessation. For the practice (sādhana) of the lightning-bolt being who possesses the properties of creation and destruction (utpāda-vināśa-dharmiņo vajrasattvasya) completion, the Buddha qualities [that are] the continuous stream² of the perfected wisdom, voidness, the reverential recollections, the right-efforts, the supernatural sensory powers, the integral parts of enlightenment, the path, the

<sup>&</sup>lt;sup>1</sup> Atattvino.

<sup>&</sup>lt;sup>2</sup> -āvenikā.

<sup>&</sup>lt;sup>3</sup> Also often translated as 'earnest meditations.' Smṛti = memory, recollection; upasthāna = approaching, going into the presence of (for worship, attendance, or service), a sanctuary or abode of a deity. There are four of these (Dharmasamgrahah 44): meditation with regard to the body in the body, meditation with regard to sensations in sensation, meditation with regard to thinking in thought, and meditation with regard to (the seventy-five) dharmas in the dharmas. ("Tatra katamāni smṛtyupasthānāni? Tad-yathā-kāye kāya-anudarśa-smṛtyupasthānam, vedanāyām vedanā-anudarśa-smṛtyupasthānam, citte citta-anudarśa-smṛtyupasthānam, dharme dharmānudarśasmṛtyupasthānam." Kasawara et al 1885:9).

<sup>&</sup>lt;sup>4</sup> Samyak-prahāṇa. There are four of these (Dharmasamgrahah 45): the protection of the roots of good [attributes] that have already appeared, the cultivation of those that haven't appeared, the abandonment of bad attributes that have appeared, and [ensuring] the non-recurrence of those [bad attributes] that have not appeared. ("Katamāni catvāri samyak-prahāṇāni, tadyathā--utpannānām kuśala-mūlānām samrakṣaṇam, anutpannānām samutpādaḥ, utpannānām-akuśalānām dharmāṇām prahāṇam, anutpannānām punar-anutpadāś-ceti."

Kasawara et al 1885:10). Note that the term prahāṇa is used in both of its senses: effort or exertion in samyak-prahāṇa; and relinquishment or abandonment in anutpannam-akuśalānām dharmāṇām prahāṇam.

<sup>&</sup>lt;sup>5</sup> Rddhipādendriyabala. These are four (Dharmasamgrahaḥ 46): the supernatural ability that accrues through training in the effort in the perfected concentration on the will, the supernatural ability similarly [acquired through training in the exercises for perfected concentration] on thought, the supernatural ability [similarly acquired through training in the efforts towards perfected concentration] on vigor, and the supernatural ability acquired through training in the undertaking of perfected concentration on intellectual investigation. ("Catvāra ṛddhipādaḥ, tad-yathā--chanda-samādhi-prahāṇāya saṃskāra-samānvāgata ṛddhipādaḥ, vīrya ṛddhipādaḥ, mīmāṃsā-samādhi-prahāṇāya saṃskāra-samanvāgata ṛddhipādaś-ceti." Kasawara et al 1885:10).

<sup>&</sup>lt;sup>6</sup> There are 7 bodhi-angas, subdivisions or integral parts of [complete] enlightenment (Dharmasamgrahah 49): memory, the investigation of the law, vigor, pleasure, confidence, perfected concentration, persistence. ("Sapta bodhyangāni, tadyathā--smṛti-saṃbodhyangam, dharma-pravicaya-saṃbodhyangam, vīrya-saṃbodhyangam, prīti-saṃbodhyangam,

- truths, <sup>1</sup> the meditations, <sup>2</sup> the measureless, <sup>3</sup> the formless, <sup>4</sup> the absorptions, <sup>5</sup> the doors praśrabdhi-sambodhyangam, samādhi-sambodhyangam, upekṣā-sambodhyangam. "Kasuawara et al 1885:10).
- <sup>7</sup> I.e. the noble eightfold path (*Dharmasamgrahah* 50): correct view, correct conception, correct speech, correct business, correct lifestyle, correct exercise, correct memory, correct concentration/meditation. ("Ārya-aṣṭāngika-mārgah--samyak-dṛṣṭih, samyak-samkalpah, samyak-vāk samyak-karmāntah, samyag-ājīvah, samyag-vyāyāmah, samyak-smṛtih, samyak-samādhiś-ceti." Kasawara et al 1885:11).
- <sup>1</sup> Probably the four noble truths (*Dharmasamgrahah* 21): suffering, its arisal, its cessation, and the path ("*Catvāry-ārya-satyāni*, tadyathā-duhkham, samudayo, nirodho, mārgaś-ceti." Kasawara et al 1885:5). However, we may also have reference here to the two truths (*Dharmasamgrahah* 95): conventional or concealed truth, and ultimate reality truth. ("*Dve satye*, tadyathā-samyrti-satyam, paramārtha-satyam ceti." Kasawara et al 1885:22).
- <sup>2</sup> A similar list of the Buddha's qualities--shared with either disciples or ordinary people-appears in the Bhāsvam on Abhidharmakośah 7.35 (Vasubhandhu 1975:417 Skt: Poussin/Pruden 1991{4}:1148-49). The remaining portion of the Abhidharmakośah and commentary details these. Abhidharmakośah 8.2 and commentary describe the four meditations: the first includes reasoning, reflection, delight, and happiness (vitarkah, vicārah, prītih, and sukham). The second lacks reasoning and reflection ([vitarka]-vicāra-varjitam dvitīyam); the third lacks reasoning, reflection, and delight ([vitarka]-vicāra-prīti-varjitam trtīyam); the fourth is without all four ([vitarka]-vicāra-prīti-sukha-varjitam]). (Vasubandhuḥ 1975:433 Skt; Poussin/Pruden 1991{4}:1219). In the Dharmasamgrahah, dhyānah would refer to either the four meditations or the threefold meditation, or both. The four meditation are as follows (Dhamasamgrahah 72): the first meditation is the pleasure and happiness produced by discrimination that includes both reasoning and reflection. The second meditation is the pleasure and happiness from internal exhilaration. The third meditation is the pleasure produced from patience and memory. The fourth meditation is perception of no suffering and no happiness that is the purification of patience and memory. ("Catvāri dhyānāni, tadyathā-sa-vitarkam sa-vicāram vivekajam, prīti-sukham iti prathama-dhyānam; adhyātma-pramodanāt prītisukham iti dvitīyam; upekṣā-smṛti-samprajanyam sukham iti tṛtīyam; upekṣā-smṛti-pariśuddhir aduḥkha-asukhā vedanā iti caturtham dhyānam iti." Kasawara et al 1885:15). The threefold meditation is (Dharmasamgrahah 95): the meditation that includes the removal of faults; the meditation on pleasure and recreation; the meditation on complete adornment. ("Dhyānam trividham, tadyathā-sadoşa-apakarşa-dhyānam, sukhavaihārika-dhyānam aśeş-vaivhūsita-dhyānam ceti." Kasawara et al 1885:28).
- <sup>3</sup> Or the immeasurables (apramāṇāḥ). These are four (Abhidharmakośaḥ 8.29): friendship, love, joy, and patience (maitrī, karuṇā, muditopekṣā ca--Vasubandhu 1975:453 Skt; Poussin/Pruden 1991{4}:1264).
- <sup>4</sup> The Ārūpyas. Like the dhyānas there are four of these. They consist of four aggregates, because they lack the form aggregate, and they are generated by discrimination of the lower stages. One is generated by the discrimination of the fourth meditation, because it has the infinity of space as its basis. The [second], generated by discrimination of that has the infinity of consciousness as its basis. The [third], generated by discrimination of that has absolute nothingness as its basis. The [fourth], generated by discrimination of that has neither notions nor no ideas. ("Caturtha-dhyāna-vivekajam hy-ākāśa-ānantya-āyatanam| Tad-vivekajam vijñānānantyāyatanam| Tadvivekajam ākiñcinyāyatanam| Tadvivekajam naiva-samjñāna-

of liberation, the super-sensory abilities, the samādhis, the dhāranīs, the strengths,

asamjñā-āyatanam iti evam catvāra ārūpyāh." Vasubandhuḥ 1975:434 Skt; Poussin/Pruden 1991{4}:1219-20).

- The eighth chapter of the Abhidharmakośabhāṣyam describes the samāpattis in detail. Abhidharmakośabhāṣyam on 8.14 describes 30 samāpattayah: six following the first meditation without inflows (anāṣrava-prathama-dhyāna), seven following the basis of nothingness, eight following the second meditation, nine following the consciousness basis. (Vasubandhuh 1975:443 Skt; Poussin/Pruden 1991{4}:1244). The dhyāna-samāpattayah and the ārūpya-samāpattayah are two prinipal classes of the absorptions not included in the list of 30.
- <sup>1</sup> The three vimokṣamukhāni are names for a type of the three samādhayah. The three perfect concentrations are one with both logical analysis and reflection, one without logical analysis and with reflection, and one with neither. ("Trayah samādhayah uktāh sūtre| savitarkah savicārah samādhih| avitarko vicāramātrah| avitarko 'vicāra iti|" Vasubandhu 1975:448-9 Skt.) When these three are without inflows, they are called the three doors of liberation. ("Anāsravās tu ete trayah samādhayas trīṇi vimokṣamukhāni ucyante." Vasubandhu 1975:450 Skt.; Poussin/Pruden 1991{4}:1258-59).
- <sup>2</sup> The abhijñās—these are knowledge of magical power, clairaudience, reading others' thoughts, memory of prior incarnations, knowing [the time and circumstances] of death and rebirth, and knowing about the destruction of inflows. (Abhidharmakośabhāṣyaṃ on 7.42): rddhiviṣaye jñānasākṣātkriyā abhijñā| divya-śrotra-cetahparyāya-pūrvanivāsa-anusmṛti-cyuti-utpāda-āṣrava-kṣaya-jñāna-sākṣātkriyā abhijñāh| etāh ṣaḍabhijñāh|. Vasubandhu 1975:421 Skt; Poussin/Pruden 1991{4}:1157).
- <sup>3</sup> Samādhih, perfected concentration, is defined as singular focus of the thought, or 'one-pointed-ness' of thinking (samādhiś-cittasya-ekāgratā) in the commentary on Abhidharmakośah 2.25 (Vasubandhuḥ 1975:54 Skt; Poussin/Pruden 1991{1}:190). There are three basic samādhayah (Abhidharmakośah 8.23): perfected concentration with intellectual analysis and reflection; perfected concentration with only reflection, no logical analysis; and perfected concentration with neither. (Vasubandhuḥ 1975:448-449 Skt; Poussin/Pruden 1991{4}:1256).
- <sup>4</sup> Dharmasamgrahah 52 describes four of these, the ātma-, the grantha- (text-), the dharma-, and the mantra-dhāraṇī. (Kasawara et al 1885:11).
- There are ten balas (Abhidharmakośabhāṣyaṃ 7.28), or jñāna-balāni--powers of knowledge. These are listed at Dharmasamgrahaḥ 76 (differing from the ten powers of the Bodhisattvas, listed at Dharmasamgrahaḥ 75): the ability to know--what's proper or improper, the ripening of karma, the various constituent elements, the various propensities, the higher and lower senses of intelligent beings, the means of going everywhere, the purification and completion of meditation, emancipation, absorption, and suffering, the memory of prior lives, destruction and arisal, and the ability to know the destruction of inflows. ("Sthāna-asthāna-jñāna-balaṃ, karma-vipāka-jñāna-balaṃ, nānādhātu-jñāna-balaṃ, nānādhimukti-jñānabalaṃ, sattvendirya-parāpara-jñānabalaṃ, sarvatra-gāminī-pratipatti-jñānabalaṃ, dhyāna-vimokṣa-samāpatti-saṃkleśa-vyavadāna-vyutthāna-jñānabalaṃ, pūrva-nivāsa-anusmṛti-jñānabalaṃ, cyuti-utpatti-jñānabalaṃ, āśrava-kṣaya-jñānabalaṃ ceti." Kasawara et al 1885:16.)

the proficiencies, 6 and the analytical sciences, 7 would be useless. The triple refuge taking, the instruction about sin, rejoicing in merit, the production of the *bodhicittah*, 3 the merit and knowledge [70.20] provisions, 4 [and] the multiple enlightenment practices, would be in vain. The distinctions in wisdom and knowledge--that consist of what's heard and what's thought about--would cease to be distinctions. 5 The methods consisting of wisdom and means would become non-methods. With regard to the ultimately real truth, the delight in the profound and lofty *dharma* would become non-delight. With regard to worldly concealed truth, [the practices undertaken] for the achievement of worldly yogic perfections [*siddhis*], i.e. [being] surrounded by the lightning/diamond lance and armor, by the lightning/diamond enclosure, by the lightning/diamond cage, 6 by the security *cakra* etc.; what's

<sup>&</sup>lt;sup>1</sup> There are four skills (Abhidharmakośabhāṣyam 7.28). These are listed at Dharmasamgrahaḥ 77: skill in attaining enlightenment, in the knowledge of how to destroy the inflows, in attaining nirvāṇaḥ, and in undertaking the path. ("Abhisambodhi-vaiśāradyam, āśrava-kṣaya-jñāna-vaiśāradyam, nairvāṇika-mārgāvataraṇa-vaiśāradyam ceti." Kasawara et al 1885:16).

<sup>&</sup>lt;sup>2</sup> The pratisamvidah are four (Dharmasamgrahah 51): the analytical science of the law, of material purpose, of etymology, and of eloquence. ("Catasrah pratisamvidah, tadyathā-dharma-pratisamvid, artha-pratisamvin, nirukti-pratisamvit, pratibhāna-pratisamvic ceti." Kasawara et al 1885:11).

<sup>&</sup>lt;sup>3</sup> Pāpadeśanā, [puṇya]-anumodana, bodhicittotpādah are three of the seven types of unsurpassed worship (sapta-vidhānuttarapūjā), as described at Dharmasamgrahah 14 (Kasawara et al 1885:3).

<sup>&</sup>lt;sup>4</sup> Dharmasamgrahah 117--the provision is twofold--the merit provision and the knowledge provision. ("Sambhāro dvividhah, tadyathā--puṇyasambhāro jñānasambhāraś ceti." Kasawara et al 1885:29).

<sup>&</sup>lt;sup>5</sup> Dharmasamgrahah 110 defines wisdom as threefold: produced by what's heard, by thinking, and by meditation. ("prajñā trividham, tadyathā--Srutamayī, cintāmayī, bhāvanāmayī ceti." Kasawara et al 1885:28). Dharmasamgrahah 114 defines knowledge as threefold: what is without vikalpa, what awakens homogenity in vikalpa, and (?) what is invisible in means with a true objective (?) ("Avikalpakam, vikalpa-samabhāva-bodhakam, satyārthopāyaparokṣam ceti." Kasawara et al 1885:28). Abhidharmakoṣabhāṣyam 7.7 gives a set of ten knowledges (Poussin/Pruden 1991{4}:1095).

<sup>&</sup>lt;sup>6</sup> Pafijara also denotes the ribs, and the body.

described as government of (adhisthāna) the aggregates, the constituents, the bases of consciousness; the ritual application [of the mantras] of the door guardians; what's accomplished by the initiations and entrance into the [state of becoming] the knowledge being;<sup>1</sup> in the worldly constituents that are the emanation of the five sorts of mandalas that consist of heaps of light,<sup>2</sup> [70.25] the collection of the great quantity of all the [types] of worship that provide for the objectives of living beings on the part of people who are being initiated into that, all (would) become completely useless. And that is not so.<sup>3</sup> Therefore, for the lightning bolt/diamond being who possesses the properties of creation and destruction, the qualities of proficiency etc. in the ten powers also do not come into existence.

Someone else [may argue], that if the *Bhagavān* possesses a form in this way, then, since he is situated in one location [at any one time], he will not be capable of performing purposeful action for the sake of beings--who are of as many clans as there are particles of dust in the mountains, in the worldly realms that are like unto the sands of the Ganges river--because of his having a form body. Now, the expression 'with a form body' is for those of young intellects, since having gone into one worldly realm [70.30] having performed purposeful action for the beings residing in that [realm], going then into another worldly realm, then he goes into yet another. He, though joined [to a particular realm], does not unite [with that realm]. Why is

<sup>&</sup>lt;sup>1</sup> Jñāna-sattva-praveša-abhişekādibhir vihitam.

<sup>&</sup>lt;sup>2</sup> This compound provides in a kernel a basic doctrine here: the *dhātus* that constitute the individual's body are considered to be emanations from the *mandalas* that are themselves of five sorts, and consist of a mass of light.

<sup>&</sup>lt;sup>3</sup> I.e. all these previously mentioned attributes of the Buddha, and the activities for achieving worldly *siddhis*, are not in fact completely useless.

that? In even one directional sector the constituents are countless. Why then would he be incapable--over multiple *kalpas*, going again and again with a form-body--of performing purposeful action for the absolutely endless beings residing in the ten directions?

[71.1] Now [others would say], by the power of meditation and mantra, drawing out the beings residing in worldly realms of the multiple Buddha fields, placing [them] in front [of himself, i.e. in one place], he teaches them the dharma. Placing them on the path, he releases [them back] into their individual worldly realms. That [I, Pundarika, say] is itself exceedingly false--even with a supremely atomic form he is not capable of placing [himself] in front of the countless formpossessing beings residing in the worldly realms in all the holes in the sky [i.e. everywhere]. Now the statement of those of immature intellects is [that] even with this [71.5] form body in one Buddha field, he performs purposeful action for the beings residing in three billion<sup>2</sup> worldly realms; discussing this statement as containing ultimate reasoning is useless, just as a statement by *Iśvara* [i.e. *Śiva*], taken as a command, lacks reasoning and proof. According to the received tradition, etc., *Iśvara* is without parts, the universal agent. He is also independent of action, he freely creates the universe for the sake of sport, or destroys [it]. In the same way, [though] he is not similar to that, the form-body Bhagavān is the agent for the sake of all beings, who has mastered commands (or mastered the brow-cakra, ājñā-siddha).

<sup>&</sup>lt;sup>1</sup> The term is Sarva-ambara-kuhareşu--in all the holes in the sky. We could stretch the connotation of this a bit and say it refers to 'worlds' around other stars--the stars being the 'hole in the (night) sky.

<sup>&</sup>lt;sup>2</sup> Three thousand times a great thousand {a million} = 3 billion; trisahasra-mahāsahasra-.

In this way, since there would be a lack of wisdom on the part of [both] the Buddhists and the heretics, there would be no distinction even between their *pandits*. Therefore, this statement, [even] without examination, is not from the *Bhagavān*. [71.10] The Lord's statement is auspicious in the beginning, auspicious in the middle, and auspicious at the end.

In this manner the Bhagavān said-

"Wise men, O bhikşus, accept gold etc. after burning, cutting and rubbing on a touchstone,1

So should you accept my words, not out of respect for my authority." | | <sup>2</sup>
[71.15] Hence, according to the *Bhagavān*'s statement in the *Nāmasamgītiḥ*, <sup>3</sup> the Buddha, being examined critically, does not have a form body. Why is that? Since it is produced from the sky, since it is self-produced, since it is [both] the universal form and without form, since it holds the four drops, since it transcends the comprehension of what's without parts, since it holds a crore of the fourth joy, since it is the great passion of dispassion etc., since it is without possessiveness, since it is without self-consciousness, since it is entirely imperishable constituents, since it produces the objectives of all the *mantras*, the great drop, since it is indestructible, since it is the great void of the five syllables, since it is the six syllables of the drop void, since it has become identical with the ākāśa, etc.; [71.20] in the *Nāmasamgīti*, by what begins with "Now the lightning bolt holder, the glorious one," and ends with <sup>1</sup> Apte lists nikaṣaḥ as a touchstone or whetstone, fig. anything used as a touchstone or test; the term also refers to the streak or line of gold left by testing it on a touchstone.

<sup>&</sup>lt;sup>2</sup> Thanks to Robert Thurman for correcting my translation of this couplet.

<sup>&</sup>lt;sup>3</sup> Even though Pundarīkah states that this is a verse from the *Nāmasamgītih*, it does not appear in Davidson's edition, and the Sarnath editors do not provide a citation.

"Oh knowledge-body, let there be homage to you," with the one hundred and sixty-second śloka, by the Buddha, by the Bhagavān, the lightning-bolt holder body of Vajrapāṇi [he who has a lightning bolt in his hand] is illuminated by both of the truths, etc. In the Royal Tantra also, the emanation magic produced by the Buddha is stated by the Bhagavān, in the fifth chapter, in the ninety-eighth verse--

For the buddhas also [she] is unapproachable, because [she] is of unlimited quality, the Buddha's emanation magic:

[71.25] She displays the ātman in the three world's abode, exactly like Indra's net;

Divided by the varied states/feelings, she has entered into the individual thinking of the Victors together with the gods and men;

This one is the arisen *dharma*, in the semen, in the navel, seemingly, she is the origin of what causes error in this world. | |

#### (Kālacakrutantram 5.98)

Hence, according to the *Bhagavān*'s statement, the *Bhagavān* does not have a formbody, because of there being an assembly of all the buddhas. If the buddhas had form-bodies, then there would be no blinking of the eyes even by the ultimate atomic form. Having heard the *Bhagavān*'s statement according to the sequence stated like this, [71.30] even so sentient beings, having examined the profound and lofty *dharma* as stated by the *Bhagavān*, do not understand [it], and examining the *guru* for Buddha-hood, [they] do not honor [him], the great fools, being overcome by avarice in this very birth, [thinking] 'our [72.1] putrid body will become a Buddha body.' So <sup>1</sup> I.e. the entire verse portion of the *Nāmasamgītiḥ*, verses 1-162 in Davidson's edition.

<sup>&</sup>lt;sup>2</sup> I.e. conventional or concealed truth, samvṛtisatyah, and ultimate reality or revealed truth, paramārthasatyah or vivṛtisatyah.

(those who have not been properly initiated), greedy with false expectations, through associating with evil friends, through serving false gurus, here, [they believe that] the five nectars, Vairocana etc., the portions of badly cooked beef etc., are to be eaten. since they are intrinsically purified, as stated by the Tathagata; by these consumables, the body becomes without old age or death; one will even become the lightning being, the boon giver. In other cases, by perfected meditation on the fierce kings in the lightning bolt clan, living beings may be killed; in the sword clan, by Amoghasiddhi's samādhi [72.5], one may tell lies; in the jewel clan, by Ratnasambhava's samādhi, another person's property may be taken; in the lotus clan. by Amitābha's samādhi, another's woman may be seized; in the cakra clan, by Vairocana's meditation, the five nectar meats may be consumed; on yet another occasion the paths of the ten evil actions may, by deity yoga (devatā-yogena), be performed by the yogin. So in this way, obeying the instructions of an evil teacher, [they] perform the action paths [consisting of] the ten evil [actions]; [they] consume the impure, unawakened, unillumined [foods] that are not changed into nectars. These foods, also, the five nectars, do not become what provides the qualities of Buddha-hood [72.10] to those eaters, since they are not informed by the Tathāgata's statements.

However, [someone may argue], in all the Royal *Tantras* [there are] statements by the *Tathāgata* that the five nectars may be consumed by the *yogin*. In this case, how can there be a prohibition against these? [Such] will be someone's opinion.

<sup>&</sup>lt;sup>1</sup> See the satirical characterization of the Buddhist and Saivite Tantric initiates by Kşemendra I have translated in Chapter 6 of this dissertation.

Therefore it is stated [by me, Pundarīka, in response, that] in this case it is the statement by those of young minds that the five nectars, etc. are consumable, according to the statements by the *Tathāgata* in all the *Tantrarājas*. [I Pundarīka say that] that is true however [only] for the *yogins*, not for ordinary [*prākrta*] beings. For these ones [i.e. the *yogins*], by the *mantra*'s power or by the meditation's power, the purified, awakened, [72.15] illumined, nectar-transformed poisons become non-poisons; the intoxicating drinks become the milks; the harmful poisonous waters that cause death to living beings become the alchemical elixirs; the bones become flowers; the teeth become pearls; the skull becomes the lotus; the flesh becomes the son's hair; the blood becomes olibanum; urine becomes musk; the semen becomes camphor; the feces becomes the quadripartite unguent, the hairs of the body become saffron filaments. In this way the many harmful substances, through abandoning their harmful intrinsic natures, are purified [72.20], awakened,

<sup>&</sup>lt;sup>1</sup> MW also lists muktāphalam as a species of flower, or the fruit of the Lavalī plant (See Suśruta 27.145).

<sup>&</sup>lt;sup>2</sup> Bhavanti here must be a misprint for bhavati.

This may simply refer to the hair of one's son as a precious thing. There is a *putrañjīva*—a plant also known as *pavitra* or *mantra siddhaka*, used in āyurvedic medicine. (Dash 1987:326-7). I have yet to find any references to *putrakeŝaĥ* in the medical textbooks.

<sup>&</sup>lt;sup>4</sup> Olibanum, Liquidambar Orientale. This is the botanical name for frankincense. Apte defines it a benzoin/incense. Benzoin is "a balsamic resin obtained from certain tropical Asiatic trees (genus *Styrax* of the storax family) and used in medicine and perfumery and as an incense." (Webster's 1988:130).

<sup>&</sup>lt;sup>5</sup> Kastūrikā. Musk is obtained from a small sac in the abdomen of the male musk deer (Webster's 1988:895), a small hornless deer from the mountainous regions of central Asia. MW reports that musk comes from Kaśmīr, Nepal, Western Assam and Bhutan--these are all mountainous regions. The musk is used as the basis for perfumes, and is today often made synthetically. See Brhatsamhitā 77 for preparation of perfumes (Bhat 1982{2}:704-718).

<sup>&</sup>lt;sup>6</sup> Sandal, agallochum, saffron, and musk. MW references Bhāvaprakāśah vii.

illuminated, formed into nectars, with their intrinsic natures purified [by]<sup>7</sup> statements by the *Tathāgata*, not because they have not abandoned their harmful intrinsic nature. And these poisons etc., with their intrinsic natures purified, having been made into nectars, consumed by the *yogins*, become in the body very powerful nutrition. Feces etc., with their intrinsic nature purified, smeared on the body, become endowed with divine aromas. Hence the [foods] described by the *Tathāgata* are for the *yogins*, not for others—who are not adept at the deity *mantras*, who constitute an assembly of fools<sup>2</sup> who act with arrogance towards the *pandits*, who are deceitful cheats, who are greedy for the wealth of the colleges and monasteries,<sup>3</sup> who are restricted to birth and [72.25] [re]-birth in the ghost's hell form of existence [*pretanarakajātī*], who have destroyed both their own and other people's goals, who advise the opposite goal from the goal stated in the *Tantras*, uncritical men who are *Māra*'s attendants—[such is the case with regard to] the consumables describe by the *Bhagavān*. By those evil minded ones, the poisons etc., the noxious substances, the five nectars, that are purified, awakened, illumined, [and] made into nectars, even after many *kalpas*, they

<sup>&</sup>lt;sup>1</sup>. To make any sense here, the Sanskrit ought to read *tathāgatoktais*. As the Sanskrit reads in the Sarnath edition, *tathāgatoktāni*, the compound is appositional to *aneka-dravya-duṣṭāni*, i.e. the many corrupt substances.

<sup>&</sup>lt;sup>2</sup> From the point of view of religious sociology, it appears from this sort of discussion that the interpetation of certain types of Tantric statements, and acting upon them, by the non-initiated-probably either laymen or religious people who adhered to other traditions or aspects of Buddhism, was a problem for the tantrikas. What this points up is a flourishing and functioning Tantric culture that, despite its preference for some secrecy and restricted access, was generating ripple effects in its cultural context to the extent that other groups were attempting to adopt certain of its practices without the requisite training and appreciation of the intentions and effects of these practices.

Another cultural/sociological note--the *maths* and monasteries of the day--11th century Kashmir and elsewhere in north India, were sufficiently wealthy that there were those who coveted their wealth and material possessions. This by the way offers another reason why the Muslim invaders may have sacked these places--plenty of wealth to plunder.

do not lose their corrupt intrinsic natures. Because their corrupt intrinsic natures have not been discarded, they are not [substances] whose intrinsic nature is purified. Therefore, for those who are possessed of corrupt substances, to the extent they are not capable of destroying the corrupt intrinsic nature through either the power of their meditation, or by the power of mantra, either the clan son, [72.30] or the clan daughter, or the mendicant, or the mendicantess, or the male or female lay follower, or the primordial action possessor, or the one who delights in the Vajrayānam; to such a one, the teacher of the Vajrayāna, or the guru possessed of the primordial action, or the one endowed with ability in mantras [73.1] does not give the rule for the consumption of or anointing by the poisons etc. and the five nectars, etc. Through the consumption of unpurified poison etc. [the non-initiate] will die; through anointing with unpurified ceremonial ointments he will become one who thinks ill of the world; through self-inflicted death, through disregard of the world, hell will come into existence, because of the renunciation of human dwelling on the part of those who have bad mantras. So it is stated in the Nāmasamgīti, in the salutation, with the fifth śloka--

[73.5] I will make [this] clear for human beings according to the particularity of their dwelling

For the destruction of all addictions, [and] for the destruction of all ignorance. | |

<sup>&</sup>lt;sup>1</sup> Ādikarmikah

<sup>&</sup>lt;sup>2</sup> This is the first instance of the term *vajrayānam* in the fifth chapter.

# (Nāmasamgīti 1.15)<sup>3</sup>

Hence, according to the Bhagavān's statement, through the influence of the abode of all beings, the rule is to be given by the lightning teacher to the students, in such a way that self-inflicted death, thinking ill of the world, does not occur for those possessed of the primordial action. However [some may contend], if in this thinking ill of the world hell does come into being, then all the perspectives<sup>2</sup> create mutual disregard; through mutual [73.10] disregard, all the perspectives will lead to hell. In this sense, if the philosophical texts are contradictory, then all the doctrines, and all the religious observances, morality etc. would become meaningless--such will be someone's opinion in this world. Therefore it is stated [by me, Pundarīka, in response, that] what is stated in this regard by immature people--i.e. that all the scriptures etc. are contradictory--is not so. Why is that? According to thinking that has examined reality, there is no fault in those mutually disputing doctrines, because the thinking rests in the examination of ultimate reality, because there's lack of thinking about harming all beings, because of thinking of helping all beings. Here, furthermore, [73.15], the worldly practice in the consumption and anointing with the poisons etc. and the five nectars, etc., is not the examination of ultimate reality. And poison etc. and the five nectars etc. are not reality; examinations of them are not faults, nor from disregarding the world. Therefore, through the influence of the abode of beings [i.e. the three worlds], the dharma instruction for the Buddhists is not

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 15; "For the destruction of their every defilement and elimination of all their unknowing, I will reveal this [Litany] to beings, each according to his own disposition." (Davidson 1981: 21 & 50).

<sup>&</sup>lt;sup>2</sup> Darsanas, the philosophical schools.

separate from the abode of beings [i.e. the three worlds]. Even the dwelling of humans comes into being according to the custom of the land and people. Therefore, according to the custom of their land and people, according to the worldly concealed truth, the worldly dharma is to be taught by the lightning teacher. The world transcending knowledge, furthermore, is in fact common to both truths. And it is not [73.20] understood according to what one can eat or not eat. Because the consumable and non-consumable is [concerned with] merely filling the stomach; it is not the purification of the four doors of liberation that is neither created nor designated [and is] the cause of voidness. Therefore, by the one possessed of the primal action, the (rule) about what may or may not be eaten is to be followed to according to the custom of his own land, and according to what's of his clan, or not of his clan. In some lands, one can be purified by the water from the skull of a Kapālika, in other lands cow flesh is acceptable eating; in other lands, horse flesh; in yet other lands dog flesh; in other lands elephant flesh; in other lands human flesh is consumable.<sup>3</sup> Similarly, other flesh [73.25] may be eaten by any of the castes or outcastes according to the custom of the place, in every way. In some other place, the drinking of alcohol is prescribed for Brahmanas; in some other place it is permitted for

Śūdras; in some other place it is permitted for the Kulīna and for the non-Kulīna.4

<sup>&</sup>lt;sup>1</sup> Śūnyatā-nimitta-apranihita-anabhisamskāra-catur-vimoksa-mukha-viśuddhiḥ.

<sup>&</sup>lt;sup>2</sup> An explicit reference to the apparently widespread cult of the *kapālikas*. See Chapter 3.2.4. of this dissertation.

<sup>&</sup>lt;sup>3</sup> First explicit reference to contemporary cannibalism in 11th century India; however, even today we still speak of cannibals—this may simply be hearsay.

<sup>&</sup>lt;sup>4</sup> Apte defines: "of high descent, of a good family, well born; a worshipper of Śakti according to the left hand ritual; a Brāhmaṇa of the highest class in Bengal. Here it probably refers to members and non-members of Tantric cults. It's not actually possible to tell from the sandhiḥ whether the masculine kulīna or the feminine kulīnā are being used here.

In some other land, dog droppings are consumable; in some other land there is no rinsing of the mouth after eating; in some other land pork may be eaten; in some other land buffalo-meat; in some other land mutton [may be eaten]; likewise other meat also may be forbidden for eating by castes and outcastes according to the custom of the land. Some places the Candālas [offspring of Śūdra women and Brāhmaṇa] men] may be [Buddhist] disciples, in some places [disciples] come from the four castes [73.25]; in some places [disciples] come from all the individual castes. In some lands, when the husband has died, the son's mother may become [the son's] wife; in some other land there may be marriage between a brother and a sister; in some other land there may be a marriage to a maternal uncle; in some other place there may be mutual sexual intercourse of clan and non-clan members; in some other land brāhmanī women may practice prostitution. [74.1] So in this way, according to the custom of many places, what's consumable or nonconsumable, and sexual intercourse with clan or non clan members, may be followed by the yogin.<sup>1</sup> Likewise, the clan deity--[whether it is] the serpent deity in someone's clan, the goat in someone's clan, the hog in someone's clan, the buffalo in someone's [clan], [or] the owl in someone's [clan]. In the same way yet other animals, as clan deities for others, are not to be killed, and not to be eaten. Likewise, someone's clan deity may be a demon; someone else's the sun; [74.5] someone else's the holy fig tree; or whether both are intended.

Whatever else we may posit about the 11th century *Tantrikas*, this sort of discussion and argumentation suggests a cosmopolitan quality to their faith. With a more catholic awareness of the ritual, purity, and moral codes of other groups and faiths, the true *Tantric yogin* is freed from any one particular code of caste or faith behavior, and allowed to indulge in whatever practices are most fit for the situation—a sort of religious *carte blanche*, or an 11th century Indian version of the dictum, 'when in Rome, do as the Romans do.'

similarly others may even be trees. For others the clan deities are not to be divided, nor separated. In this way the worldly conception also is seen. Why is that? Through harm to one's own clan; through assistance to one's own clan. In this world, their deity, propitiated, performs a service [to the clan]; opposed, it causes great harm. Therefore, the possessor of the primal action behaves, according to their land and clan custom, delighting in mantras, meditation, and spiritual practice, until he becomes one possessing perfection in mantras, or perfection in knowledge. Then he voluntarily follows what's to be eaten and what's not to be eaten, what's accessible and inaccessible, what's drinkable and not drinkable, nor is he capable of doing any damage to that [custom]. [74.10] Hence the possessor of the primal action, when he is perfected in mantra, becomes a yogi. From moving through the space of the manifested mandala-cakra, he becomes a siddha; through destruction of the obscurations of the knowable that turn into the māras and addictions, through seeing the perfection in manifestation of the magical power of the universal form, through turning the wheel of dharma, through the influence of seeing the collection of all the dharma aggregates, he becomes omniscient. It is stated by the Bhagavān in the Praise of Investigative Knowledge, in the Nāmasamgīti, with the three ślokas beginning with the fortieth, that there is a union of wisdom and means--as follows:

[74.15] Possessed of great perseverance in the illusion net, the overlord of all the *Tantras*, the supreme one

[Wearing] entirely a lightning loin cloth, supporting the entire knowledge body||

Entirely good, very wise, with the earth as his womb, supporting the earth!

The great passion of all the buddhas, supporting the universal emanation

cakra!!

The pinnacle of the intrinsic existence of all states of being, supporting the intrinsic existence of all states of being

[74.20] The universal goal of the unarisen things, supporting the intrinsic being of all things. | |

(Nāmasamgīti 8.38-40)1

Likewise it is also stated in the Royal *Tantra*, in the fifth chapter, by the two verses beginning with the sixtieth--

And with the great many emanation bodies *Kālacakra* manifests magical power;<sup>2</sup>

And with the flashing flames of lightning [he manifests the magical power] of the asuras, gods, and men residing in the desire realm;

[74.25] [He mamifests magical power] with the enjoyment [bodies] of the form possessors, certainly, in the navel, [and manifests magical power] with the *dharma* bodies of the Victors' sons etc. and the *arhats*;

With the void portions [he manifests] the entirety of the void, [and] the entire

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verses 114-116; "(114:) With the great perseverance of the Māyājāla, becoming the monarch of all Tantras, he is supreme. Maintaining every cross-legged position, he bears every gnostic body. (115:) As Samantabhadra the very intelligent, being Kṣitigarbha supporting the world, as the great womb of all Buddhas, he bears the wheel of every sort of transformation. (116:) Foremost as the proper nature (svabhāva) of all existents, he maintains the proper nature of all existents. By nature unarisen, yet with every sort of referent, he bears the proper nature of all dharmas." (Davidson 1981:32).

<sup>&</sup>lt;sup>2</sup> Rddhi.

three worlds, [and] with the winds [he manifests] the entire wind. | |

With the fire portions [Kālacakra manifests] the entire fire, and the water likewise [he manifests entirely] by the world-wide diffused water portions;

The entire earth [he manifests] by the earth portions, with the assembled sense objects the entire intrinsic nature of material objects;

One should teach that this sky-like single ātman is everywhere, in the purified ground;

[74.30] In this way the *Buddha's* body comes into existence, and it does not die, either, since it has the single happiness as its intrinsic nature. | |

(Kālacakratantram 5.60-61)

[75.1] So, according to the *Bhagavān*'s statement, from consuming the five nectars, from the power of *mantra* recitation and imaginative meditation [vikalpa-bhāvanā] on the mandalas and cakras, the yogin does not become a completely awakened Buddha.

Certainly [some may argue], it has been stated by the *Bhagavān* that when the *manḍala-cakra* has become visible before one's eyes, then the *yogins* will achieve perfection in the great consort [mahāmudrā]. Therefore it is stated [by me, Puṇḍarīka, in response] that in this case the previously mentioned manḍala-cakra is a net of imagination, limited (prādeśikam) [75.5], providing the fruit of limited [yogic] perfection. Now this is the error of fools: that [there is] the *siddhi* of a certain person, [who] having understood the physical consort (karma-mudrā) in this instance becomes invisible by the power of a pill, by the power of the mantra, by the power of

the seven revolutions, by the power of the sword etc., or by the power of the meditation, or by the power of practicing the mandala-cakra. [Yet] he is not liberated from all obscurations, [and does not] become the omniscient Bhagavān, the lightning-bolt being. The great mandala holder is described by the Bhagavān, in the Nāmasamgīti, in the praise of the Lightning Element Great Mandala, [75.10] as follows:

Residing in the perfected concentration of the great meditation, maintaining the body of the great wisdom!

The very powerful one, the great art, the ocean of attentive knowledge. | |

# (Nāmasamgīti 5.10)<sup>2</sup>

Hence according to the *Bhagavān*'s statement, this is the yogic perfection [siddhi] of the great consort [mahāmudrā]. The great consort is characterized by intrinsic lack of all properties, is endowed with the best of all forms, is the perfection of wisdom, is the progenitoress of buddhas; she is also called by the name Source of Reality (dharmodaya)<sup>3</sup> Therefore, from Source of Reality [75.15], there is the arisal, without intrinsic nature, of all things. The things without intrinsic nature are the ten powers and proficiencies etc., [and] the eighty-four thousand feeling aggregates; their arisal having taken place, there is reality source, the Buddha field, the dwelling of buddhas and Bodhisattvas, the place of sexual pleasure, the place of birth; there is no <sup>1</sup> Saptāvarta—I have not yet found an explanation for what the seven revolutions are.

<sup>&</sup>lt;sup>2</sup> Davidson's edition, verse 37; "Present in exalted meditation (dhyāna) and concentration (samādhi), bearing the body of great insight, he is great strength (mahābala), great means; his is aspiration (praṇidhi) and the gnostic ocean (jñānasāgara)." (Davidson 1981:23 & 52).

<sup>&</sup>lt;sup>3</sup> This is also a Tantric code name for the woman's version of bodhicitta.

reality source in addition to this that is the arisal of blood, urine, and semen. In this case the domain of passion and dispassion [exists on the part] of the transmigrators, not [on the part] of the Tathagatas. Therefore, the reality source is she who has the intrinsic form of the dharma realm, the universal mother, constantly sexually embraced by the Bhagavān in the wheel of time, removing all obscurations. Here [75.20] passion is the time of birth, ejaculation is the time of death; the meeting of the two is the indestructible time. It's cakra is known as the great circle of the lightning element, the aggregates, constituents, and bases of consciousness without obscuration, called the great circle of the lightning bolt constituent. With this [cakra that is] produced from the indestructible, she [who is] not-arisen is sexually embraced as the great consort. Whosoever embraces this great consort many times, day and night, because of the influence of merit and memory traces from a former life, [or] because of the instruction of a true Guru-[the great consort who is] free of all qualities and conceptualizations, who is merely the appearance of one's own thinking, who is endowed with the best of all forms, who is the great voidness, who is the progenitoress of innate [orgasmic] joy-having made [75.25] [her] visible before his eyes, he, having attained perfection in the great consort, is called the omniscient Bhagavān. Therefore the duties of yogah are not to be performed by the possessor of the primal action; the duties of the siddhah are not to be performed by the yogin; the duties of the omniscient one are not to be performed by the siddha. Similarly, according to the previously stated rule, the [customs of what is] consumable and non-

<sup>&</sup>lt;sup>1</sup> The Sarnath editors suggest emending dharmodayo to dharmodayā, to agree with dharmadhāturūpiņī etc.

consumable etc. are to be followed by the possessor of the primal action.

Now<sup>1</sup> according to the predilection of evil-minded ones, of the demons, [and] of those characterized by the teachings of false gurus, [they say] there is a statement made in this regard by the Tathagatah in the royal Tantras [that] [75.30] all [substances of the] esoteric group<sup>2</sup> are consumable by the one whose thoughts are free of imaginary constructs [nirvikalpa-cittena]. Therefore, first to that extent [they say] we consume the five nectars etc.; afterwards, through the influence of that practice, there will be perfection in the covenant; through the influence of the perfection in the covenant, the poisons etc. that are non-consumable will become consumable; and the feces etc. that are foul smelling will become sweet smelling. Because of the statement in this regard, [76.1] there is the ultimate contradiction. How could there be first, to that extent, entry into the fire, and then afterwards, by virtue of practice, magical quenching<sup>3</sup> of the fire. [In response, I, Pundarīka say--] And it is not so. In this case, for the very evil ones, for the worst rogues, for those who ridicule the teaching on omniscience, for those disruptive of the great covenant, for those who dwell in the Avici hell, for those of unpurified minds--if [their] mind [becomes] purified, then why would they not perform the duties of a yogi? In this instance, because of his purified mind, the yogi enters the fire, and he is not burnt by the fire. He can stop a maddened great elephant [76.5] and he is not killed by that elephant.

He can mount a lion or tiger, etc. and he is not torn to pieces by that lion or tiger,

<sup>&</sup>lt;sup>1</sup> My paragraph; not a paragraph in Sarnath edition.

<sup>&</sup>lt;sup>2</sup> Sarva-samayā[h]--there must be a word missing or understood here. It cannot be that the samayāh (either appropriate time, or the esoteric community) are consumable.

<sup>&</sup>lt;sup>3</sup> This is the translation of *agni-stambhana* give by MW, without reference. However, it makes good sense here.

etc. He can enter a full stream<sup>2</sup> and he is not carried away by the full stream's current. He can consume poison and is not knocked unconcious by the poison. He can eat weapons such as swords and is not cut in the mouth by the weapons.<sup>3</sup> He does the same [with] the consumable and non-consumable, and accomplishes the transformation of his own supreme form. Similarly, the one possessed of the primal action does not perform the multifaceted yogi's duties. It's stated by the Bhagavān that there's a tenfold arrangement of yogis: first (1) the yogi possessed of the production by thought etc. [cittotpādika] [76.10], then (2) the one who's become a child, (3) the one who's become a youth, (4) one possessed of the primal action, (5) the one born from a yogācāra birth [yogācārajanmajah], (6) the one conversant with the practice [prayogasampannah], (7) the one well acquainted with the āśaya, (8) the one without metamorphosis, (9) the one who's received the consecration, and (10) the one who is bound to the one caste.<sup>4</sup> Then there are the ten supernatural powers [vaśitā] of the bodhisattva: (1) the mastery of long life, (2) the mastery of karma, (3) the mastery of initiatory purification [pariskara-vasitā], (4) the mastery of selfconfidence [adhimukti], (5) the mastery of profound religious meditation [pranidhāna-

<sup>&</sup>lt;sup>1</sup> This fits with the depictions of some of the 84 mahāsiddhas as riding tigers, etc.

<sup>&</sup>lt;sup>2</sup> Kākapeyam = literally 'crow-drinkable,' referring to a container of water filled to the brim so a crow may drink from it.

<sup>&</sup>lt;sup>3</sup> Apparently then *yogi* activities included some well-known circus tricks. Modern practitioners of sword swallowing explain that they practice relaxing their throat muscles until they can swallow the blades without injury.

<sup>&</sup>lt;sup>4</sup> Is this in part what the *kula* notion is all about?—that in a world where the proliferation of castes and subcastes was all important in social life, the *tantrika* initiations brought the individual into a single family, a single clan, a single caste, without the external distinctions otherwise so dominant—just as Buddhism itself was ostensibly anti-caste. This in itself would have been quite revolutionary in its implications, since the *tantrika* trans-caste behavior included trans-caste sexual relations, the potential for mixing of blood lines and blurring of the racial/genetic distinctions protected by caste restrictions.

], (6) the mastery of prosperity, (7) the mastery of production [upapatti-], (8) the power of dharma, (9) the mastery of thinking [citta-], (10), and the mastery of knowledge [jñāna].\(^1\) The ten grounds: (1) the delighted, (2) the stainless, (3) the solar, (4) the fiery, (5) the truly invincible, (6) the confident, [76.15] (7) the farreaching [dūramgama], (8) the unmoving, (9) the benevolent, and (10) the cloud of dharma.\(^2\) Likewise the ten perfections become fulfilled—the perfections of generosity, moral virtue, patience, courage, meditation, wisdom, means, concentration, strength, and knowledge. In this way the yogī becomes a bodhisattva.\(^3\) It was stated by the Bhagavān in the Nāmasamgīti, in the praise of the truly purified dharma realm, with the third and fourth ślokas—

The one who has achieved the ten perfections, and has the ten perfections as his abode!

[76.20] Who has the purification of the ten perfections, and whose conduct is [guided] by the ten perfections!

Becomes the Master of the ten stages, the leader, the governor of the ten stages!

Whose ātman is well purified by the ten [types of] knowledge, who maintains the real purity of the ten [types of] knowledge. | |

<sup>&</sup>lt;sup>1</sup> This list differs only slightly from that at *Dharmasamgrahah* 75, using *upapattivasitā* instead of its virtual synonym *janmavasitā*, and varying the order: "āyurvasitā, cittavasitā, parişkāravasitā, dharmavasitā, rddhivasitā, janmavasitā, adhimuktivasitā, praņidhānavasitā, karmavasitā, jāānavasitā ceti." (Kasawara et al 1885:16).

<sup>&</sup>lt;sup>2</sup> See Cleary's translation of the twenty-sixth chapter of the *Avatamsakasūtram* for a detailed description of the ten stages of the *bodhisattva*'s spiritual progression. (Cleary 1993:695-811).

<sup>&</sup>lt;sup>3</sup> One of the pleasant and interesting differences between the Śaiva and Bauddha Tantras—the former leads the yogi to self-transcendence in identity with Śiva, the latter here to transformation into a bodhisattva, then later identity with Kālacakra.

Hence the *yogī* whose thoughts are truly purified is said by the *Bhagavān* to be a bodhisattva.

In this regard,<sup>2</sup> in the *mantra* vehicle, [76.25] whoever, by either the *vIra* path or the *svādhiṣṭhāna* path,<sup>3</sup> having entered the charnel ground in the dead of night, may be incapable of making the *Bhagavān Heruka* appear before their eyes through the power of their *mantra* recitation, oblation [offering], or meditation, [even] after a year, two years, up to twelve years, or up to the point of their death, [such people would be] similarly [incapable of making appear before their eyes by such methods] a deity such as *Samantabhadra* in solitary places such as a mountain, a garden, or the bank of either a river or ocean. Being without courage in the domain of action and practice for either their own or another's sake, [even] having performed *mantra* recitation, oblations, offerings, meditation, and the visualization of the *mandala-cakra* etc., because of the inappropriate place and time, being of unperfected *mantras*, and with their thoughts indifferent to the deity, by that sort of [76.30] imperfected path they will have fallen from the path of the visualization of the great consort, they will be without the teachings of a true *guru*, they will have fallen into great destruction,

<sup>&</sup>lt;sup>1</sup> Davidson's edition verses 43-44; "Having obtained the ten perfections (*dasapāramitā*), he is the basis (*āsraya*) for the ten perfections. Being the purity of the ten perfections, he is the practice of the ten perfections. (44:) Being the lord of the ten stages (*dasabhāmi*), he is the protector established on the ten stages. Himself pure with the ten knowledges, he is the pure bearer of the ten knowledges." (Davidson 1981:24 & 52-53).

A new paragraph should begin with *iha*; the line beginning with *ato yogī* should not be indented—it constitutes Puṇḍarīka's standard summary point of his preceding argument.

<sup>&</sup>lt;sup>3</sup> Svādhişthānah is the name for the second cakra from the bottom of the spine in the Hindu naming system. While the Buddhist system of subtle body cakras recognizes only the guhya below the navel, the Hindu system has two, the mūlādhāra at the base of the spine, and the svādhisthāna at the level of the genitalia.

having bad gurus; [because of these reasons such people] cause to be taught the perfection of wisdom for those of young minds who have not perceived the profound and lofty dharma. [77.1] For this reason it was stated by the Bhagavān Tathāgataḥ in the Prajūāpāramitā--"without false conceptulizations are all dharmas, void are all dharmas, signless are all dharmas, wishless (apranihitāh) are all dharmas, free of embellishments are all dharmas, free of production are all dharmas, imperishable are all dharmas, void of cause are all dharmas, inconceivable are all dharmas."

Therefore, as for obtaining the fruit of omniscience, it is likely to be achieved by the bodhisattva, the great being, who is not dependent on all the *dharmas*; [77.5] it is not established in form or aggregates, not in perception [vedanā], not in consciousness, not in samskāras, not in worldly knowledge, not in the earth constituent is it established, not in the form constituent, not in the water element is it established, not in the fire element is it established, not in the wind element is it established, not in the void element is it established, not in the eye constituent is it established, not in the form constituent, not in the visual knowledge constituent, not in the hearing constituent, not in the sound constituent, not in the aural knowledge constituent, not in the nose constituent, not in the smell constituent, not in the taste constituent, not in the lingual knowledge constituent, not in the body constituent, not in the touch constituent, not in the corporeal knowledge constituent, not [77.10] in the mind constituent, not in the dharma constituent, nor in the mental knowledge constituent is it established.

In this way, the perfected wisdom, the unthinkable knowledge of the Tathāgata, was expressed by the Bhagavān for the attainment of completely perfected Buddha-hood. In what way is it unthinkable? Since its intrinsic nature is passion and antipathy. Because in this regard when thinking occurs on the part of beings, then there will be passion for the realities of the supreme being [paramesthavastusu], and there will be antipathy towards the undesirable realities, the two--passion and dispassion-being the two causes of samsāra. When, furthermore, the Tathāgata's knowledge exists free of thinking [niścintanam], then there will not be passion for the desired realities, and there will not be antipathy towards the non-desired realities; from the lack of both, in fact, samsāra won't exist, and through its non-existence, there will perfect Buddha-hood. So [77.15] the practice of Buddha-hood is the Tathāgata's knowledge without thinking; there is no other conceptualization samādhi (na anyo vikalpah samādhih). In this way, the non-awakened ones will say [that they] are desirous of the knowledge without thinking--any such ones [who believe this] have fallen into the great destruction. Therefore it is said [by me, Pundarīka, in response, that]--because in this regard, if the knowledge that is free of anxious thought provides Buddha-hood, then why did not all beings become buddhas? Even for these who are in profound sleep, knowledge free of thinking occurs, [they do not have] passion for the desired realities and anitpathy for the non-desired realities. Therefore in this state of deep sleep, passion and antipathy do not exist, and since it is not the case that by this knowledge free of thinking all beings became [77.20] completely perfected buddhas, therefore the Tathāgata's knowledge free of thinking does not exist, since in <sup>1</sup> Syātām, 3rd, dual, optative.

the Samādhi chapter in the Prajñāpāramitā [there are] the samādhis described by the Bhagavān, [and] among these is the samādhi called the Jewel Lamp.

In this case, if the Jewel Lamp thinking did not exist, or [at least its] appearance [did not exist], then how could there be a *samādhi* called the Jewel Lamp? Likewise the other *samādhis* could not exist free of thinking, since they are characterized as self-intelligible, and [77.25] because there's no voidness [cognized] by the stupid.

Now there is this statement on the part of the immature ones: if the Tathāgata's knowledge is self-knowable, then how is it that all the dharmas are stated by the Tathagata to be lacking intrinsic nature? In this regard it is said [by me, Pundarīka, in response, that] in this case the Tathāgata's knowledge is called the recognition of the lack of intrinsic nature in all dharmas; it is not the thinking in deep sleep that is characterized by a lack of intrinsic nature. It is stated in the Prajñāpāramitā--"there is that thinking that is the thinking that is non-thinking." [A-, S-, Pr- 3-- Aşţasāhasrika-prajñāpāramitā). If there were no self-intelligible Tathāgata's knowledge called 'illuminating the material world,' then there wouldn't be any teaching about the dharma by the Tathagata because of the influence of the domain of sentient beings. [77.30] All dharmas lack awareness, since they are unknowable. Now [if] the door of the senses is self-knowable, then the completely omnipresent all-pervading doesn't exist, since it is completely concealed. Therefore the Tathāgata's knowledge is self-knowable, knowing the intrinsic nature of all dharmas, free of conceptualization, free of the senses. It is stated by the Bhagavān in <sup>1</sup> Prakrti-prabhāsvaram.

the *Nāmasamgīti*, in the praise of the knowledge via direct perception, with the three *Ślokas* beginning with the twentieth--

[78.1] Nirvāṇa is happiness, peace, the best, emancipation, the ultimate, |

It causes the end of pleasure and suffering, it is the foundation, dispassion, the destruction of fraud. | |

Unconquerable, without equal, unmanifest, without likeness, unmixed, |

Without parts, omnipresent, pervading, subtle, the seed, without inflows. | |

Free of passion, passionless, stainless, having spit out the dosas, without disease, |

Truly awakened, the really awakened ātman, omniscient, all-knowing, the supreme. | |

(Nāmasamgīti 8.20-22)1

Similarly in the praise of the performance of duty, by the thirteenth śloka, as follows-

Knowing the ātman, knowing the supreme, everything, of everything, because [of being] the highest person,!

[78.10] Transcending all resemblance, knowable, the ruler of knowledge, the supreme. | |

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verses 96-98; "He is *nirvāṇa*, cessation, peace, well-being, deliverance and termination. Ending pleasure and pain, he is the utter conclusion (*niṣṭhā*), renunciation, with residues destroyed. (97:) Unconquerer, incomparable, indistinct, indivisible and spotless, he is partless, with total access, all-pervading, yet subtle, a seed (*bīja*) without impurities. (98:) Without dirt, stainless, with faults expelled, and free from disease, he is wide awake, himself awakened, omniscient, universally knowing and supreme." (Davidson 1981:30 & 56). Davidson's edition has *antakah* instead of *antayah* in 96a.

## (Nāmasamgīti 10.13)<sup>2</sup>

In the Royal Tantra it is also stated, in the fifth chapter, with the ninety-ninth verse-

Taking all forms, yet inaccessible by those with sense domains and senses, the body-lightning of the victor;

The speech lightning, producing the *dharma* with the voices in the individual hearts of all creatures; |2

[78.15] The intrinsic nature of the thought of intelligent beings, present throughout the entire earth, the thought lightning of the lightning bolt possessor;

The perceiver of emotional states, like a spotless gem,<sup>3</sup> that in fact is the knowledge lightning bolt. | |

#### (Kālacakratantram 5.99)

Hence the *Tathāgata*'s knowledge is self-knowable [and] without sense [basis].

Certainly [some may argue], if the *Tathāgata*'s knowledge is self-knowable, then since there are no aggregates, constituents, or consciousness-bases, it does not come into being; [78.20] [in contrast to this erroneous view] it is stated by the *Bhagavān* in the Royal *Tantras*--

"When the aggregate doesn't exist, wisdom and knowledge are not obtained through the union of the two [sex]-organs. At the time of the exit of the *bodhicitta*, in between the simultaneous production and the cessation, constituting the conclusion

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 155; "Knowing himself and knowing others, being all for all, indeed he is the highest type of person; completely beyond all comparisons, he has to be known, the supreme monarch of gnosis." (Davidson 1981:37 & 61).

<sup>&</sup>lt;sup>2</sup> Ruta refers to the characteristic sounds of the voices of all types of living creatures, i.e. roar, neigh, song, etc.

<sup>&</sup>lt;sup>3</sup> Just as a spotless gem allows one to see what lies below it, so the spotless gem of the mind allows a clear view of one's emotional states.

of the three drops is just the one moment, the completely beneficent, the knowledge of great bliss; this itself is said to be self-knowable."

[78.25] In this case, [the question] how does the bodhicitta drop, without nirvāṇa, become the non-sensual, completely beneficent, great bliss? is like pondering whether a sky flower can be smelled by the son of a barren woman—it is meaningless; such will be someone's opinion. Therefore it is said [by me, Puṇḍarīka, in response]—this was not stated by the Tathāgata in this way [that] the bodhicitta drop [is] the perishable bliss, the completely beneficent, the great bliss, wisdom and knowledge, since there's the prohibitory statement "the fourth, that is also like that"

(Guhyasamājatantra 18.112).¹ In this regard, if the third perishable bliss becomes wisdom and knowledge, the completely beneficent, the fourth great happiness, [78.30] then it will be the designation of what's [already] called that.² And that is not correct. Why? Because it involves a further fault in what is stated. [79.1] Just as when "hand" is being stated, there is in fact a hand, similarly also milk, [i.e. when one says 'milk' it refers to real milk]. Here [we have] the statement of fools and madmen, not the statement of pandits. Therefore because there's the statement "the

<sup>&</sup>lt;sup>1</sup> Caturtham tat punas tathā is page 160, line 13 of Bhattacharyya's edition of the Guhyasamājatantra (Bhattacharyya 1931:160.13). The passage reads as follows: With the vajra of the body, speech, and mind in the mandala of the body, speech, and mind, having sealed the body, speech, and mind, one should create the mandala that is drawn (lekhyamandala). The consecration is formed into a three-fold division in this Tantra. The pitcher consecration is first; second is the secret consecration; the third is wisdom and knowledge, and the fourth is also like that. (kāyavākcittavajreņa kāyavākcittamandale āmudrya kāyavākcittam kalpayet lekhyamandalam ahişekam tridhā bhedam asmin tantre prakalpitam kalpāsābhişekam prathamam, dvitīyam guhyābhişekatah prajhājhānam trītyam tu, caturtham tat punas tathā Bhattacharyya 1931:160.9-13). It's not clear what the "18.112" reference refers to, since even counting by lines, caturthah tat punas tathā is line 243 of Bhattacharyya's edition. Perhaps the "112" refers to the Tibetan version?

<sup>&</sup>lt;sup>2</sup> I.e. the third happiness would be the designation of what is the fourth happiness.

fourth," the third is not [intended]; from the statement "that is also like that," that too is wisdom and knowledge. So according to the *Bhagavān*'s statement, the non-awakeners¹ are lost [who] will say in this regard that with the statement by the *Bhagavān* "the fourth, that is also like that," what is stated is the third, [and] the fourth name is not [expressed]. Here is the advent of *adharma* on the part of foolish people [79.5] who, desiring the perishable happiness arising from sexual union, have destroyed the knowledge of the great indestructible bliss. Therefore, the happiness from the ejaculation of the *bodhicitta*, does not become the fourth completely beneficent knowledge of great bliss. It's stated by the *Bhagavān* in the *Nāmasamgīti*, in the praise of the knowledge of one who's performed their duty, by the third *śloka*-

With the universal form, without form, holding the four drops

Without parts, transcending comprehension, holding the pinnacle of the fourth meditation!

# [79.10] $(N\bar{a}masamg\bar{t}ti\ 10.3)^2$

In the Royal *Tantra* it is also stated, in the fifth chapter, with the one hundred and twenty-sixth śloka, as follows--

In this way, the thought is fourfold, residing in the threefold world, in the middle of the drop of living beings;

The pervader [i.e. the drop], providing the fruit of equalized happiness, is to

<sup>&</sup>lt;sup>1</sup> A-prabodhāras = nominative plural of a-praboddhr, the agent noun. Presumably Pundarīka is referring to bad gurus, those who do not awaken their students to reality.

<sup>&</sup>lt;sup>2</sup> Davidson's edition, verse 145; "Having all apsects, having no aspects, he bears four *bindus*; partless, beyond enumeration, he sustains the limit at the level of the fourth meditation." Davidson adds in a note that *bindu* refers to *bijamantra*. (Davidson 1981:36 & 60). The text says *sodasha-ardha-ardha-bindu*—half of half of sixteen drops = half of eight = four.

be protected by the yogi-indras for the purpose of liberation;

[79.15] When there is release of the drop, where is the release? It is in the birth-seed of the *yogīs*, [the seed] that lacks the supreme happiness;

Therefore, for this reason the happiness-moment of transmigration is always to be shunned by the ascetics. | |

### (Kālacakratantra 5.126)

Hence the fourth is not the third. In this regard, if the drop that is the third were that same fourth [drop of] wisdom and knowledge, then the *Bhagavān* would not be the holder of the four drops; if the fourth were cessation, then there would be no holder of the pinnacle of the fourth meditation on bliss, the supreme, cessation, and orgasm. Hence there is the non-sensual, self-knowable, *Tathāgata*'s knowledge.

[79.20] Therefore the *bodhicitta* is to be very firmly protected by the *yogī*, it is not to be released. And there are no other drops either in the body, or externally, different than the *bodhicitta* drop, such as the urine, water, etc., that will become the providers of the fruit of Buddha-hood. Some will say, in regard to this, that is not so, since if the fourth--wisdom and knowledge--is not the third, and [if] the *Bhagavān* is the dropholder, then according to the statement "that is also like that," who will become wisdom and knowledge? In response to this it is said--

[79.25] Here in the Lightning/Diamond Vehicle (*Vajrayāna*), relying on the worldly and world-transcending truth, the wisdom (consort) is said by the *Bhagavān* to be threefold, according to the individual designations of action consort (*karma-mudrā*), knowledge consort (*jñāna-mudrā*) and the great consort (*mahā-mudrā*). Among them,

the action consort happiness and the knowledge consort happiness are characterized by vibration (spanda-lakṣaṇaṃ), and the great consort happiness is characterized by lack of vibration (nihṣpanda-lakṣaṇaṃ) for the yogt. Here, if the knowledge of wisdom is wisdom-knowledge characterized by the falling [of the seed], [with] the fruit of art produced by reason of wisdom as wisdom and knowledge, then the fruit of wisdom produced on account of the art is the knowledge of art, for the sake of [yogic] perfection with the great consort. In this way the two knowledges are mutually dependent. [79.30] So, since there's a lack of the true pairs of knowledge in each of the individual knowledges, [and] because there's a lack of non-dual knowledge, there is also lack of Buddha-hood, since [each individual knowledge] lacks the purified supreme indestructible knowledge. Now if the knowledge of wisdom is wisdom and knowledge, then [80.1] the knowledge of art is art-knowledge; so we have the prior fault. The purified knowledge of the supremely indestructible was described by the Bhagavān in the Nāmasamgīti, in the praise of knowledge via direct perception, with the pair of ślokas beginning with the thirty-sixth, as follows--

In the cross-legged sitting position of the awakened thunderbolt, the dharma holder of the songs of the Buddha|

Springing forth from the Buddha's lotus, the glorious one, holding the sheath of omniscient knowledge!!

[80.5] Holder of the universal illusion, the king, holder of the Buddha science, the great one!

The thunderbolt's tip, with the great sword, purified, the supremely

### (Nāmasamgīti 8.34-35)1

In the *Tantrarāja* the defining characteristic of the great consort is also described in the *Sādhana* chapter by the two verses beginning with the one hundred and ninety-ninth--

Leaving aside this action consort with her turbid heart, [and leaving aside] the mentally created knowledge consort,

[80.10] One should produce the divine consort who engenders the best of the Victors, for the purpose of true enlightenment!

[She] is stainless, without alternation, the most contacted,<sup>2</sup> equal to the sky, pervading, accessible via *yoga*,

Standing supreme, the brilliant fire of knowledge, removing the turbidity of life, having penetrated the wheel of time. | (Kālacakratantra 4.199)

The consort, taking on the form of illusion, is in the navel, in the mind, and in the corporeal mirror,<sup>3</sup>

[80.15] Illuminating the three worlds, emitting multiple rays like lightning's fire |

Externally in [many] physical bodies she is undivided, free of [external] sense

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verses 110-111; "Maintaining the cross-legged position of the completely awakened, he preserves the Dharma discussed by the Buddhas. Arisen from the lotus of the Buddha, he is glorious, wearing the treasury of the omniscient's gnosis. (111:) Bearing every sort of illusion, he is king, and as the holder of the incantations (*vidyādhara*) of the Buddhas, he is exalted. Vajratīkṣṇa with a great sword, he is pure with the highest syllable." Davidson notes that a is the highest syllable. (Davidson 1981:32 & 57).

<sup>&</sup>lt;sup>2</sup> The compound is *kha-sama-hata-tamām*. *Kha-sama* = sky-like, or equal to the sky. *Hata* in astronomical contexts = contacted (*tama* the superlative suffix). The sky is the most contacted since every planet, star, etc. also 'touches' the sky.

<sup>&</sup>lt;sup>3</sup> Rūpavad-darpaņe.

objects, [she] is pure light, located in the sky,

The illusion of consciousness [she] embraces the thinking, and she is one in a world of many forms | |

(Kālacakratantra 4.198)

In the root Tantra it is also stated--

[80.20] Leaving aside the action consort, [and] the mentally-constructed knowledge consort (jñāna-mudrām vikalpitām) |

By union with the supremely indestructible, one should produce the great consort (parama-akṣara-yogena mahāmudrām vibhāvayet) | |

Hence, according to the *Bhagavān*'s rule, the happiness of the action consort is not the happiness of the completely beneficent supremely indestructible; likewise the wisdom-bliss that is mentally-created through meditation on the *mandala-cakra* is not the completely good bliss of the supremely indestructible, since it is not free of mental creation [vikalpita-aparityāgāt]. Nowadays, because of the instruction of false gurus, those whose knowledge of the great consort has deteriorated create animalness (paśutvam);<sup>1</sup> [this] is not Buddha-hood, [80.25] because there's a lack of knowledge about the great consort. There is also the path--"the fourth, that is also like that," (Guhysamājatantra 18.112).<sup>2</sup> So because of not knowing the fourth initiation, all the initiations would be pointless.

<sup>&</sup>lt;sup>1</sup> Is this a reference to the Kaśmir Śaivas? Adhunā means 'now' or 'at this time' in a temporal sense referring to present time; it is not usually used to introduce a phrase the way atas is. If this is a reference to the Śaivite yogis, then there's a suggestion that the rival system was gaining popularity when Pundarīka wrote the commentary.

<sup>&</sup>lt;sup>2</sup> This is the same passage as cited above, 98.28 of the *Vimalaprabhā*. The phrase does not occur elsewhere in the 18th chapter of the *Guhyasamājatantra*.

Certainly [some might argue] if there is the completely good bliss of the supremely indestructible, that very fourth, i.e. the knowledge of the great consort, would not exist without the great consort. Then for what reason was the meditation on the great bliss with the joining together of the two senses [sexual union] stated by the *Bhagavān*? [80.30] With this meditation, here in this birth, it was stated [by the *Bhagavān*] that Buddha-hood, and being a lightning holder [are achievable]; such will be someone's opinion. [81.1] Therefore it is said [by me, Puṇḍarīka, in response], here in this world, what was stated by the *Bhagavān* regarding the practice of the great bliss with the joining together of the two senses is true; it was stated by the *Bhagavān* in the *Tantrarāja*, in the fifth chapter, with the one hundred and ninety-ninth verse--

By the passion whereby sentient beings have arrived at death the saviors [buddhas] are freed,

What sentient beings strive to protect on a daily basis, the saviours give away, |

[81.5] The happiness residing in their own hearts that sentient beings give away, the conquerors protect,

So this practice of the supreme Victors would be a difficult task for gods, serpents, and demons. | | (Kālacakratantra 5.199)

In this sense, sentient beings who (otherwise) end up dead, i.e. reach the final destruction, on account of this passion that has fallen [dripped--ragena cyutena--i.e.

eiaculated], they (can) become liberated buddhas, saviors, by means of the non-fallen [i.e. non-ejaculated passion] that becomes the supremely indestructible. [81.10] What sentient beings protect, such as their sons, wives, etc., the saviors give away. What sentient beings give away, that great bliss, the buddhas protect. For that reason, the practice that is a difficult task for gods, demons, men, and serpents is transformed by the Tathāgatas--that very practice of the unemitted bodhicitta is to be routinely practiced by the yogis, for the purpose of the spiritual practice of the supremely indestructible. Therefore what's stated to be the bliss-meditation with the joining togther of the two senses is not a state of ejaculating the bodhicitta. This inclination towards ejaculation [of the bodhicitta] on the part of sentient beings has as its intrinsic nature the incidental impurity from the primal time; from this [impurity] samsāra [results]. The inclination towards ejaculation that occurs with the sexual embrace of the consort, will become, by that very embrace, an inclination towards nonejaculation, [81.15] like the child and the fire (sūtaka-agni-vat).<sup>2</sup> It's stated by the Bhagavān in the Tantrarāja, in the Sādhana chapter, with the two hundred and twenty-fourth verse--

There is no hostility<sup>3</sup> in the fire to the quicksilver, [nor] is there ever binding of the mercury without the fire;

A goldsmith without gold is not unbound,4 nor are the pleasures of the

<sup>&</sup>lt;sup>1</sup> A sort of *karma* version of the Roman Catholic doctrine of original sin.

<sup>&</sup>lt;sup>2</sup> I.e. like the child who learns not to get burnt by fire. By practice, the *yogi* and *yogint* will learn the value of restraint of ejaculation.

<sup>&</sup>lt;sup>3</sup> This is a literal translation of *riputvam*. I've been unable to find a contextual achemical explanation of the term.

<sup>&</sup>lt;sup>4</sup> The text should read kanakavirahitah, not -virahitā.

disputers;

In the same way, without the sexual embrace of a woman, there is never a binding in the minds of men,

[81.20] It is not unbound, piercing the body; here the unpierced body provides the supreme happiness. | | (Kālacakratantra 4.224)<sup>1</sup>

Here, just as the mercury that runs away from the touch of fire is by that very means caught by the fire, similarly the *bodhicitta* that runs away from the touch of the *dharma*'s arisal is by that very means caught. Just as the mercury is bound by the fire, [and] makes all the metals into gold, likewise the *bodhicitta* is captured by the arisal and embrace of the *dharma*,<sup>2</sup> [and] it causes the [81.25] revealing consisting of the aggregates, constituents, consciousness-bases, etc. Hence the inexplicable potency of the mercury and of the *bodhicitta* cannot be figured out by fools. Therefore even in the embrace of the action consort the meditation (ālambanam) on the deity is said to be for the sake of stabilizing the *bodhicitta*, just as the steaming and oxidizing etc. [is said to be for the sake of stabilizing] the mercury. So it was stated by the *Tathāgata* that there is no consumption of the *bodhicitta* that has entered into the lotus

<sup>&</sup>lt;sup>1</sup> There is no commentary on this verse. See KCT 4.224, vol.2, page 248, of Sarnath edition. The Sanskrit reads: sūtasyāgne riputvam na šikhi-virahitah sūtabandhah kadācin nābaddho hemakartā kanaka-virahitā vādinām naiva bhogāh evam strīsangahīno nahi bhavati sadā yoginām cittabandho nābaddhah kāyavedhī sajaha-sukham ihāviddhakāyo dadāti | |.

<sup>&</sup>lt;sup>2</sup> I.e. through the experience of the *yogint*'s orgasm the *yogi* learns to restrain his own ejaculation.

[during] animal copulation.<sup>3</sup> The spiritual practice with the action consort was described by the *Bhagavān* in the *Tantrarāja* in the fifth chapter, with the seventy-third verse, as follows--

[82.1] The action consort is to be served in the beginning for the sake of the growth of this orgasmic happiness of the Victors;

After that She of the solar form<sup>2</sup> fills the body, mouth, feet, usnīṣa and all the limbs;!

She conforms to the lightning scepter, she generates imperishable happiness, she is adorned with the characteristics and secondary characteristics;

With lightning bolts she illumines, [her] body resides in the three states of existence; from that there is the *dharma* realm. | | (Kālacakratantra 5.73)

In addition, in that same chapter, with the one hundred and thirteenth verse, it is stated--

[She], the mere appearance of thought, is produced in one's own mind just like a reflection in a mirror;

She is to be served by the *yogIndras*, by all the victor sons, and she is served by the buddhas;

She, the fully developed light of knowledge, completely burns the *Māra* host together with the sense objects;

[82.10] [She] provides also the passions etc. in the body [and] the equal happiness of <sup>1</sup> Paśukarman—the term refers to either animal sacrifice or copulation. Given the context, copulation must be intended.

<sup>&</sup>lt;sup>2</sup> Ādityarūpā.

the yogins after a year's yoga. | | 1

(Kālacakratantra 5.113)

So, according to the *Bhagavān*'s rule, and by the joining together of the two [sexual] sense organs, this great consort, the mere appearance of one's own thought, is to be generated by the  $yog\bar{t}$ , forsaking the perishable pleasure that is produced by the sense organs externally and that results in ignorance.

It was certainly stated by the Bhagavān [some will argue] that the selfknowable wisdom-knowledge free of the joining together of the two senses [i.e. without sexual union] does not exist in the absence of the aggregates, constituents, and consciousness-bases, since it is non-ejaculated. How does the yogī, having performed the embrace with his own thought in the appearance of his own thought, [82.15] make his own thought uncovered, and enjoy the knowledge of the great indestructible bliss, since there is no physical body [consisting of] an assemblage of ultimate particles? This is false; since someone will be of the opinion that Devadatta (i.e. some John Smith) goes to the village having 'mounted' his own aggregate [skandha];<sup>2</sup> so it is said [by me, Pundarīkah, in response, that] in this regard-because it will be stated by fools that there is no wisdom and knowledge that is selfknowable by the mind alone, without the aggregates, constituents, and consciousnessbases consisting of the collection of ultimate particles--that is not so. Why? Because of the influence of incidental thought and inclinations. Here, what's called the aggregates, constituents, and bases of consciousness, is inclination born of incidental

<sup>&</sup>lt;sup>1</sup> Cf. *Mālinīvijayottaratantra* last few chapters for repeated use of the ablative to signal passage of time.

<sup>&</sup>lt;sup>2</sup> See Abhidharmakośabhāṣyaṃ (Poussin/Pruden 1991{4}:1342-43) for a discussion of Devadatta as a series of saṃskāras, an imaginary individual. My thanks to Gary Tubb (Columbia U.) for clarifying the contextual usage of the name Devadatta in Sanskrit.

thoughts. 1 By the grace of that, 2 [82.20] the perception of happiness and suffering will enter the thinking, not because of a small unfortunate accident of this physical body when pondering ultimate truth. In this case, the body, consisting of an assemblage of ultimate particles, having fallen into a state of sleep, remains; for it (i.e. for the body) there is absolutely no slight unfortunate accident, whereby suffering enters into the thinking. This is established in all the worlds; in that very state [of sleep], another body, consisting of thought and inclinations, without the assemblage of ultimate particles, appears, wandering in another place; of that body wandering in the other place, when an unfortunate accident is occuring with thieves etc., suffering enters into the thinking (citte); [82.25] because of that suffering [one] cries. Then this is a very great surprise. Without a body, without [real] thieves, etc., the self-knowable knowledge of suffering occurs to the thinking. Similarly, by the experiences of the great desires in sleep, happiness enters into the thinking; this too is a great wonder: without a body, without the [actual] experiences of desires, self-knowable knowledge of pleasure enters into the thinking of sentient beings. Pandits are not able to understand this, in fact, even though the knowledge has been taught to them; [82.30] how much more will fools be unable to figure out the completely beneficial knowledge of the great indestructible happiness, self-knowable by the yogis, produced from the inclination for nirvāņa, transcending the inclination for samsāra.

<sup>&</sup>lt;sup>1</sup> Hemacandra includes vāsanā among the three characteristics of forgetfulness preceded by experience: "vāsanā, bhāvanā, saṃskāro 'nubhūtādya-vismṛtiḥ." (Hemacandra 1964:330 [6.9]).

<sup>&</sup>lt;sup>2</sup> A hint of sarcasm?

[83.1] Now for those of sinful minds, for the heretics, [and] for those delighting in the reality of the prāṇa-vāyu, there is this statement: in this dreaming state, in the body constisting of the assemblage of ultimate atoms, there is inhalation and exhalation; from the power of the inhalation and of the exhalation, there arise the three states, not from the lack of inhalation and exhalation. This itself is called into question in this regard [by me, Pundarīkah], because here, if there were no state of dreaming in the thinking without inhalation and exhalation, then how [83.5] is there the appearance of thinking-for even one praharam [about 3 hours]--in the states of death or unconsciousness? The body appears, being led by Yama's servants, following Yama's command, to Yama's city. In this city of Yama, the lord of the dead appears; he, Yama, performs an investigation of the virtues and sins of the body that has been led there. Having assessed them, he says--since the end of this one's first duration of life has not occurred, you must quickly take the being [back] to the mortal world, so that his body will not be destroyed.<sup>2</sup> [This] is the restriction on Yama's servants. According to that rule, they, Yama's servants, send the body [back] into the mortal world. [83.10] Being placed in that [mortal world], through the influence of thinking and inclinations, inhalation and exhalation again occur in the deceased body. Then, through the influence of still other inclinations, the waking state occurs. Through the awakening of the mind in that [waking] state, [one] relates the story of Yama to one's kinsmen.<sup>3</sup> Therefore, without a body, and without

<sup>&</sup>lt;sup>1</sup> Nayata = second person plural imperative of the causative of  $\sqrt{nl}$ .

<sup>&</sup>lt;sup>2</sup>. This is essentially the same idea we have reported in Dandin's *Dasakumāracarita*--see Chapter 3.2.1 of this dissertation.

<sup>3.</sup> Here we have then an 11th century report of near-death experiences.

inhalation and exhalation, the incidental inclination of beginningless thinking comes into being in sentient beings through the influence of repeated birth--it is not intrinsically natural (svabhāvikī). If this inclination towards samsāra were intrinsically natural, then there would not be what's called Buddha-hood for sentient beings. By whatever reason the incidental [inclination] exists, [83.15] by that reason its destruction exists; through its destruction, [there is] the Buddha-hood described by the Tathāgata. So, being thought about in many different ways, this samsāra is nothing other than simply the habitual inclination of one's own thinking. And the habitual inclination [that is] samsāra is the moment characterized by the downward release [i.e. ejaculation], it is not the indestructible. The inclination that is nirvāṇa is the moment characterized by non-ejaculation, not the perishable. It is stated by the Bhagavān in the Tantrarāja, in the Adhyātmapatala, with the one hundred and second verse, as follows—

Whoever has entered into a milieu, delighting in the vows and restraints, tied down by the chords of karma,

[83.20] Lives in that milieu according to one's individual intrinsic nature, Oh ruler of men, [i.e. lives] in that clan, because of perceiving that | 1

As long as the individual [jīva] lives, perceiving pleasure and pain through the influence of the three worlds,

For that long, Oh king, s/he will be wandering here in the torment of samsāra,

<sup>&</sup>lt;sup>1</sup> Grahana, though it literally translates as "grasping," and may certainly be so translated, also indicates 'perceiving.' In particular, it reflects the doctrine that one is only capable of degrees of perception that match one's psychological/spiritual evolution. As a result, in the process of reincarnation, one is drawn to, and perceives as attractive, what one is capable of perceiving. This is the sense wherein one can be said to be 'grasping.'

in heaven, in the mortal world, and also below. | | (Kālacakratantra 2.102)<sup>1</sup>

Also, in that same chapter, with the ninety-seventh verse, the inclination towards yoga is described--

[83.25] The yogIndra, who has not mastered yoga, may go, with a wandering mind, to death, at any time;

The glorious one, disciplined by yoga, is born in the world of men into the clan of the best sages;

By that prior practice, he undertakes once again the extensive knowledge-yoga;

When the knowledge is attained, he gains the ultimate place of the indestructible, where [he becomes] one who is no longer born.  $|\cdot|^2$  (Kālacakratantra 2.97)<sup>3</sup>

[83.30] So through the influence of the inclinations of the thinking, there is

self-knowable wisdom and knowledge, not through the enjoyment of the ultimate <sup>1</sup> Wallace's translation: "The [rebirth] into which one enters who has engaged in the observance of the vow and is bound by the fetters of karma is due to one's own disposition, oh king; and his is in a [particular] family due to grasping to that [particular family]. So long as there is a disposition of the mind that is due to the power of the three realms, and so long as there is feeling--happiness and suffering--one roams within the horror of samsāra--in heaven, in the world of mortals, and in the lower region." (Wallace 1995:349). The Sanskrit reads: dehe'smin dhātuvṛndaṃ bhavati ca sakalaṃ ṣaḍrasāhārapānād bhutebhyaḥ ṣaḍrasāś ca praṭitaniyataṃ bhūtavṛndaṃ khadhātoḥ|

sūnye jñānam vimisram bhavati samarasam cākṣaram śāsvatam ca evam bhūtasthasāntam trividhabhavagatam veditavyam svakāye||.

<sup>&</sup>lt;sup>2</sup> This rather awkward phrase, yatra janmin na bh $\bar{u}$ yah, literally = where a person who is born is not anymore. I.e. the realm of no further rebirth.

Wallace's translation: "Sometimes, the best of yogls, who is not accomplished in yoga, dies with a wandering mind. The eminent one is reborn in the human world into the family of the most excellent sages, as one who is engaged in yoga. Due to that earlier practice, he also attains the far-reaching yoga of primordial wisdom. When primordial wisdom is attained, he enters the imperishable, supreme state in which there is no living being any more." (Wallace 1995:339-340).

atomic body.

[84.1] Certainly [one may argue], when sexual intercourse is being performed in the dream state, there is ejaculation in the sleeping body, not because the body has thinking and inclination when dreaming. Therefore [one would contend], the great pleasure is self-knowable through the power of this body, not because of thinking and inclinations in the body-such will be the statement of any of those who desire the [sexual] pleasure of the two senses. Therefore it is said [by me, Pundarīka, in response, that] in this regard it will be said by fools that there is ejaculation from the body that consists of an assemblage of ultimate particles (or atoms, paramāņus), not from the influence of the thinking and inclinations in the body. [84.5] This is not reasonable. Why? Because there is ejaculation in the formless state.<sup>2</sup> Because, in this regard, if there is no ejaculation without the body that consists of an aggregate of ultimate particles, and without ejaculation samsāra doesn't exist, and without samsāra there would be no aquisition of the great happiness, then without ejaculation on the part of those possessing a formless body, how could there be rebirth into Buddhahood, since there would be no body consisting of an assemblage of ultimate particles. Without a food-eating body for the formless ones, there would be no emission of semen, because there would be no body consisting of an assemblage of ultimate particles; because of the lack of emission of semen, there would be no pleasure, and there would be samsāra for them. [84.10] It is not this way. The body consisting of an assemblage of ultimate particles and the knowledge of the indestructible was

<sup>&</sup>lt;sup>1</sup> Here is an instance where the translation of 'ejaculation' for cyutih is unambiguous.

<sup>&</sup>lt;sup>2</sup> Arūpabhavacyavanāt.

described by the *Bhagavān* in the second, *Adhyātma* chapter, by the third verse, as follows--

In this body there is an assemblage of constituents, and it [the assemblage of constituents] is entirely from the eating of the six flavors,

And the six flavors [come] from the elements, evidently and completely, and the collection of elements is from the sky-constituent (kha-dhātoh) |

Knowledge is mixed into the void, and is of equal flavor, indestructible, and eternal,

[84.15] Hence the tranquility residing in the elements, and spread throughout the threefold existence, is to be known in one's own body. | | (Kalacakratantra 2.3)<sup>1</sup>

"In this body:" the body of men and animals wherein the eating and drinking of the six flavors occurs is 'the eater and drinker of the six flavors.' In this [body] there is the collection of constituents; the mixture of the constituents— hair, skin, blood, flesh, bone, and marrow—becomes the constituent group. How so? From eating and drinking the six flavors, and these flavors are six. The six flavors—bitter, sour, [84.20] salty, pungent, sweet, and astringent—become the intrinsic form of the constituents of the hair, etc; this is the meaning. And the six flavors [come] from the primary elements. The primary elements are the constituents earth, water, fire,

wind, and space, in the form of the hard, flowing, hot, vibrating, and taste/essence <sup>1</sup> Wallace's translation: "On account of eating and drinking the six flavors, there is an entire collection of constituents in this body. The six flavors [originate] from the elements, and the collection of elements clearly and definitely is due to the element of space. Primordial wisdom, merged into emptiness, [becomes] of the same flavor, imperishable and eternal. Thus, tranquility, existent in the elements and present in the three worlds, is to be known within one's own body." (Wallace 1995:149).

ultimate particles;1 from those combined with their seeds, the six flavors bitter etc. come into being. The [bodily] constituents take on the intrinsic nature of the flavors; this is the meaning. They arise from the primary elements, it is said, through the influence of their abode in the sentient beings; in addition, from the perspective of ultimate reality, the constituents also become the six flavors, not through a producedproducer relationship.<sup>2</sup> The group of primary elements is from the sky constituent; i.e., from the sky constituent, [84.25] from the void-property, the group of primary elements comes into being, like a sprout from a seed. Just as a sprout doesn't come into being without the seed being destroyed, [and] doesn't come into being from a destroyed seed, likewise [the group of primary elements] doesn't [come into being] without abandoning its intrinsic form, nor from a paralyzed constituent, nor from the void of destruction.<sup>3</sup> In this way, all the dharmas come into existence from the void, [and] knowledge is mixed into the void; so there is no arisal or cessation of the void dharmas, [there is simply] the appearance [of their arisal or cessation] in one's own thinking. Knowledge is the recognition of that, the indestructible happiness; knowledge is mixed into that appearance in one's own mind that lacks [real] arisal and cessation; it becomes unified as equal flavor in the appearance in one's own mind, [84.30] not by a relation of knowledge and the knowable. This very indestructible eternal is ultimate reality--such is the meaning. In this way [there is] the peace of what resides in the primary elements.

<sup>&</sup>lt;sup>1</sup> This is the first physical explanation I've seen on how the *pañcamahābhūtas* actually constitute the body.

<sup>&</sup>lt;sup>2</sup> This is an interesting distinction, given that the *Ayurveda* tradition adheres to the same doctrine.

<sup>&</sup>lt;sup>3</sup> Uccheda-śūnya.

In this way, by this method, the indestructible resides in the physical body's constituents, goes through the three worlds, it to be known as freely going through the form- and formless-states, [and] is knowable in one's own body by means of yoga. Therefore the semen and seed of men and animals is [85.1] the cause for the birth of the physical body; that [semen and seed combination] is itself the state of the constituents of the six flavors that have gone into the physical body. The sattva constituent consisting of the collection of the ultimate particles of earth, water, fire, wind, and space, [and] consisting of smell, form, taste, touch, and sound, this, through the intrinsic nature of the seed, is produced as the karma-born physical body, and is stopped at the time of death; that itself flows forth [in ejaculation] as the fivenatured seed. In addition, like the dreaming body, the inclination-body (vāsanā*śarīram*) is void, free of the collection of ultimate particles, [and] unobstructed; by that unobstructed inclination body, [85.5] produced by karmic inclinations, [one] again perceives/grasps the body that consists of the collection of the ultimate particles. In addition, from perceiving/grasping the body that consists of the collection of the ultimate particles, abandoning the inclinations of the previous body, the inclination of the living physical body (vartamāna-śarīra-vāsanā) arises in the thinking. By that cause, from the voids, from the thinking, inclinations, and aggregates, the incidental aggregates and dharmas come into being; from the incidental aggregates and dharmas the voids, the thinking, inclinations, and aggregates come into being; so only the ultimate particle doesn't go into the next world. Why is that? Because in abandoning the prior aggregates there is also grasping of new aggregates. By the means thus <sup>1</sup> My paragraph break, just for ease of reading.

stated, at the time of ejaculation from the six-flavor consuming [85.10] body that consists of the five primary elements, [one] emits a karma-produced seed that consists of the five primary elements, and the thinking's inclination also consists of the five primary elements of [the bodies] that consume the six flavors. In addition, the gods do not have a body that consists of the five primary elements and consumes the six flavors, since there is no consumption of the six flavors. Furthermore, in those six desire realms of the moon, sun, etc., the body that consists of the collection of water. fire, wind, and space, [and] consists of the collection of the four qualities of form, flavor, touch, and sound, lacks the qualities of earth and smell because of its lightness. Even the semen has that as its intrinsic nature, [and] the thinking's inclination also has that as its nature at the time of ejaculation. [85.15] For those possessing a form-body (rūpa-kāyikānām), the body consists of the collection of the taste-ultimate particles fire and wind, and consists of the three qualities taste, touch, and sound, yet lacks the taste-qualities of earth, water, and smell;<sup>2</sup> the body also consists of the three qualities, and the thinking's inclination has that nature at the time of ejaculation. For the sixteen, i.e. those of formless bodies (a-rūpak-kāvikānām-who they are is explained just below), the body consists of the void-constituent, merely the thinking's inclinations, [and] the quality of sound; the semen also is without the qualities of earth, water, fire, wind--smell, taste, form, and touch. What is merely the secondary quality--in the primary quality of these earth etc. ones--is the

<sup>&</sup>lt;sup>1</sup> This is an important distinction, drawn repeatedly.

<sup>&</sup>lt;sup>2</sup> Unless this is a mistake, or carelessness, we have to read the *rasa-gupa* as an embedded *tatpuruşa*; otherwise taste is being categorized with fire and wind, then with earth, water and smell—not a normal categorization, and would here be contradictory, both having taste in two consecutive groups, then lacking taste; taste is normally categorized with touch and sound.

quality; otherwise, without the assembled qualities, there is no inclination towards samsāra from the single quality, [85.20] in the [other] four [qualities]. So in the three states of existence, there are those having the bodies of the hell-spirits, animals, men, demons, or the four great kings, and the thirty-three gods who are subject to the pleasures created by others in the transformation in *Tuşita* [heaven], [constituting] the eleven desire [realm]s. The sixteen-formed ones are those with *Brahma* bodies, the *Brahma* family priests, the great *Brahmans*, those of limited light, those of immeasurable light, the shining ones, those of limited beauty, those of infinite beauty, those completely beautiful, the cloudless ones, those flowing with merit, those having great fruits, those without heat, the beautiful ones, and those of whom none is younger. The infinite abode of space, the infinite abode of consciousness, the infinite abode of absolute non-existence, the infinite abode of neither consciousness nor [85.25] unconsciousness<sup>5</sup> are the four. In this way, at the time of the ejaculation of

<sup>1</sup> Yāma here refers to 'gods,' meaning literally simply "going," as in 'the ones going as the thirty-three,' i.e. the gods.

<sup>&</sup>lt;sup>2</sup> Apparently here the eleven desire realms are those of the hell-spirits, animals, men, demons, or the four great kings, and three of the thirty-three gods.

<sup>&</sup>lt;sup>3</sup> Dharmasamgrahah 128 lists eighteen gods of the desire realms: having brahma-bodies, the high priests of Brahmā, attendants of Brahmā, great brāhmaṇas, those of circumscribed light, those of unlimited light, the radiant ones, those of circumscribed prosperity, those of universal prosperity, the cloudless ones, those possessing outflows of merit, those of great fruits, the non-conscious beings, the non-growing ones, ones not practicing asceticism, the keen-sighted ones, the keenly observing ones, the ones of whom none is younger. ("aṣṭādaśa rūpāvacarā devāḥ, tadyathā—brahmakāyikā, brahmapurohitā, brahmapārṣadyā, mahābrahmāṇaḥ, parīttābhā, apramāṇābhā, ābhāsvarāḥ, parīttaśubhāḥ, śubhakṛtsnā, anabhrakāḥ, puṇyaprasavā, bṛhatphalā, asanjñiksattvā, avṛhā, atapāḥ, sudṛśāḥ, sudarśanā, akaniṣṭhāś-ceti." Kasawara et al 1885:31).

<sup>&</sup>lt;sup>4</sup> Akiñcanyāyatana.

<sup>&</sup>lt;sup>5</sup> Nasamjñānāsamjñāna-.

<sup>&</sup>lt;sup>6</sup> The Abhidharmakośabhāṣyam on 3.3b explains that the Ārūpyadhātuh is not a place (asthānah), and is fourfold in appearance: ākāṣānantyāyatanam, vijñānānantyāyatanam, ākiñcanyāyatanam, naivasamjñānāsamjñāyatanam. (Vasubandhuḥ 1975:112; Poussin/Pruden

the four, desire, form, and formless, the semen, in this manner, flows forth having the nature of five, four, three, and one qualities, by the influence of the thinking's inclination. Otherwise there would be no wandering around in samsāra. For this reason, it was stated by the Bhagavān in the Tantrarāja, in the fifth chapter, with the fifty-eighth verse, as follows--

The earth, water, and fire, and the wind, the taste and supreme taste and the atoms, the six sorts;

[85.30] Individually lacking smell etc., and without sense objects, [yet] the ultimates are visible by knowledge;

The desire-[realm]s, the form-[realm]s, the formless-[realm]s, Yama, Yama, and the moon, the ultimate is the dharma realm;

All the forms, they are permanently those that have become the innate basis for imperishable joy, everywhere. | | (Kālacakratantra 5.58)

[86.1] For that reason, because of the influence of the sentient beings' abode, the 1991{2}:366). Dharmasamgrahah 24 lists the twelve bases of consciousness—those of the eye, ear, noes, tongue, body, and mind, and those of form, smell, sound, taste, touch, and dharma. (Kasawara et al 1885:5). There's no mention of the anantyayantanani.

<sup>&</sup>lt;sup>1</sup> VMP here reads Yuma-yama in 5.58.c; this has to be a misprint; yuma is not a word in Sanskrit. The verse at 5.58 (page 35-36 of vol. 3, Sarnath edition) reads yama-yama-. It could be that the alternate reading Pundarīkah intended was yugma-yama-. Yugma (pair, couple), can also be used for 'two' in the bhūtasamkhyā system.

<sup>&</sup>lt;sup>2</sup> In bhuta-saṃkhyā notation, yama-yama-śaśin = 122. It is not clear yet what the 122 refers to. The Dharmasaṃgrahaḥ 127 and the Guhyasamāja-pradīpodyotana 169 both define the desire realm (kāmadhātu) as sixfold. The former definition reads: There are six deities who are the dominions of desire, as follows—the thirty-three attendants of the four great kings, [i.e.] the 'satisfied ones' (tuṣita), the watches of the day (yāma), the transformed ones (nirmāṇa), the sexual pleasure ones (ratayaḥ), the created ones (parinirmita), and the obedient ones (vaśavartin). ("Tatra ṣaṭ kāmāvacarā devāḥ, tadyathā-cāturmahārājakāyikās-trāyastriṃśās tuṣitā yāmā nirmāṇa-ratayaḥ paranirmita-vaśavartinaś ceti"--Kasawara et al 1885:31). The Pradīpodyotanaḥ definition is virutally identical. (Cāturmahārāja-kāyika-trāyastriṃśad-yāma-tuṣita-nirmāṇa-rati-paranirmita-vaśavartīti ṣaḍvidhaḥ kāmadhātuḥ--Dwivedi & Shashni 1990:26).

dharma is taught by the Tathāgata, as the Vaibhāsika, the Sautrāntika, the Yogācāra, and the Madhyamaka. Among these, the Vaibhāsika śāstra demonstrates for sentient beings the dependent nature of becoming: the Sūtrānta śāstra demonstrates the purpose; the Yogācāra śāstra demonstrates consciousness only, and the Madhyamaka sastra teaches ultimate reality. Because of the influence of the sentient beings' abode, it [the dharma] was stated by the Bhagavān, because the thinking is not proper [with regard to] what's far away, and is proper [with regard to] what is nearby.<sup>2</sup> [86.5] In this regard, sentient beings, heretics since the beginning of time, delight in the dharma of the gods, the departed spirits, and the demons, have fallen from the omniscient path, resort to the four castes or the one caste, desire the enjoyment of the heavenly fruits, [and] espouse the doctrine of the atman as agent. Among them, there are those who espouse the doctrine of [sacred] sound, those who espouse the dharma of the gods and spirits, those espousing the doctrine of *Iśvara*, those espousing the doctrine of the ātman, and those espousing the doctrine of caste [jāti]. The barbarians [mleccha, non-Sanskrit speaking] espouse the dharma of the demons, espouse the doctrine of the agent, espouse the doctrine of the jīva, yet do not espouse the doctrine of caste. On the part of those barbarians, there are both points of view [graha]--the view about the collection of ultimate particles (or atoms, paramānus) and the view that there is a personal entity whose becoming has a dependent nature.

Their belief is that if in the body consisting of the collection of ultimate particles <sup>1</sup> *Upapatti-anika*-.

<sup>&</sup>lt;sup>2</sup> Dūra[r]a-bhavya-āsanna-bhavya-cittāt; the Sarnath editors insert an (r). Is it possible this is some sort of an 11th century idiomatic/philosophic Sanskrit joke phrase for people who can't think straight?

<sup>&</sup>lt;sup>3</sup> Is "one caste" a reference to the Kaśmīr Śaivite practitioners?

(and) there is no personal entity [pudgala] whose becoming is dependent, [then] when the body that consists of the ultimate particles is dying, who will perform the taking on of another body? Therefore there is a self-produced¹ inner being, [and] by that having been demonstrated, heaven's fruit and nirvāṇa¹s fruit exist. Recognizing the belief in their own thinking--at the time of asking about reality--what's called nirvāṇa cannot be different than the fruit of heaven, it was stated [in response] by the truth-speaking Bhagavān, "authi puggalo bhāravāho ṇa ṇiccam bhanāmi ṇaṇiccam bhaṇāmi." (i.e. the pudgala is neither permanent nor impermanent).² This indeed is the truth according to the Bhagavān's statement.³ As for the inner being whose [86.15] inclination of thinking is towards the dream state, one cannot say it is either non-eternal nor eternal. According to this statement by the Tathāgata, Buddhists are born as Vaibhāṣikas after abandoning the barbarian teaching. Having heard again the extraordinary teaching of the Bodhisattvas being taught here, abandoning the belief in an inner person, any of them [may become] those who resort to the path of the completely awakened Buddha.

On the part of the *Sautrāntikas* there is, furthermore, the belief in the [self] consisting of the collection of the ultimate particles. The belief of those affirming that ( $artha-v\bar{a}din\bar{a}m$ ) is that if there is no universe dwelling inside the cavity of space, then there could not be what is called the three worlds; since  $sams\bar{a}ra$  [86.20] wouldn't exist, there could be neither welfare nor misfortune; similarly, there would <sup>1</sup> MW gives 'self-produced' as a definition for  $upap\bar{a}duka$ , without any source.  $P\bar{a}du = foot$ ,  $p\bar{a}duk\bar{a} = shoe$ . The other definition of  $upap\bar{a}duka$  (the only one give by Apte) is 'shod,' or 'wearing shoes.'

<sup>&</sup>lt;sup>2</sup> My thanks to Gary Tubb for the translation of the Pāli.

There seems to be no good reason for boldfacing vacanāt here.

be neither buddhas nor Bodhisattvas, nor would there even be ultimate nirvāṇa; there would also be no beholding of the constituents (dhātu-samdarśanam) by the Bhagavān, because there would be no purpose for the one dwelling inside the substances (dravya-antar-vartin). So, at the time of asking about reality, knowing the belief in their thinking, the Bhagavān said, 'there is a final body consisting of the collection of ultimate particles, joined with the thirty-two marks of the great man; by its grace the state of the completely perfected Buddha, and the great parinirvāṇa exists; that itself is the truth, because of the Bhagavān's perception of the constituents.' In this way, having heard about the power of the body that consists of the collection of the ultimate particles, abandoning [86.25] the doctrine of castes, the doctrine of the sacred sound, the doctrine of Īśvara, [and] the doctrine of the agent, the Sautrāntikās became Buddhists;¹ furthermore, hearing the teaching about the fabulous teaching of the Bodhisattvas, abandoning belief in those sorts of things, any of them became those whose resort is the path of the perfected Buddha.

In addition, there is the belief in consciousness on the part of the Yogācārins; the opinion of the Vijāānavādins is that the entire three worlds is merely consciousness. There can not be what's called an ultimate particle because of its being divided into six parts and what possess six parts. Just as in the dream state, [86.30] because of an object that merely appears in the thinking, purposeful action takes place, even when there is no ultimate particle substance, likewise, in the waking state, an object will appear even though it is not a real object, like the golden conch

<sup>1.</sup> This appears to indicate that the Sautrantikas converted to Buddhism from Hinduism.

or lines seen with the eyes closed,<sup>2</sup> [apparently seen] because of the eye injured by darkness and greed. So, when they ask about reality, knowing the belief in their thinking, the *Bhagavān* said--the three worlds are consciousness only, *samsāra* is no different than consciousness; from the cessation of worldly consciousness, there is cessation of the very seed of existence; and then there is nirvāṇa. This indeed [86.35] is true. From the non-insensate one there is the manifestation of happiness and suffering, not from the insensate one. What is called happiness and suffering is saṃsāra, what is known as the lack of that is *nirvāṇa*. So, having heard the *Bhagavān*'s statement, abandoning the doctrine of the self as agent, the *Yogācārins* became Buddhists.

[87.1] Furthermore, hearing the teaching about the world-transcending teaching of the Bodhisattvas, abandoning the consciousness [-only] doctrine, any of them became those who take refuge in the path of the perfected Buddha. Likewise [it is said] in the YoginItantras, "The Great Illusion, the Great Terrifier[-ess], [is she who] causes the destruction of beings." Hence, because of the influence of the sentient beings' abode, there is the teaching of the dharma by the Bhagavān. It [the teaching] is not produced by the throat, palate, head, teeth, and lips of the Bhagavān, with regional [limited] speech (prādeśikaśabdena). Why is that? Because of the truly endless voices (here: dialects) of sentient beings. For this reason, [87.5] the teaching <sup>1</sup> MW gives for ke son draka as = ke son duka, "net-like apparitions seen when the eyes are shut," citing the Aitareya Āranyaka. The citation is actually from Sāyana's commentary on an Aitareya Āraņyaka passage describing the distortions in perception that occur as signs of impending death. As Keith translates: "Next let him cover his eyes and look; then threads are seen as if falling together." (Atha api apidhāyākṣiṇī upekṣeta, tadyathā baṭarakāṇi sampatanti iva drśyante) (Keith 1909: 136 & 252). Sayana's gloss on batarakāni is "vartulāni sūkşmāņi śuklavarņāņi keśondrakaśabdābhidheyāni;" i.e. subtle balls of white color, designated by the term 'hair balls.'

of the truth cannot be achieved with limited local speech simultaneously of the endless sentient beings, each with their own different language, even after endless kalpas [of time]. Therefore, according to the opinion of the abode of sentient beings, there is no statement by the Bhagavān. Through the influence of the abode of sentient beings, the Bhagavān also becomes one who seizes existence, [and] from grasping onto grasping becomes one who experiences samsāra. Therefore, by the power of the inclination towards other births on the part of sentient beings, there is, like the unproduced body in a dream, the appearance of a body for the Bhagavān, and the appearance of speaking. Just as, when dreaming, the students, seeing the teacher, ask [questions] on account of confusion, and the teacher, [87.10] on account of the students' confusion, causes the removal of confusion, in that case there is no teacher, [rather merely] the appearance [of the teacher] because of the inclinations in the thinking of the students. Likewise there is the [mere] appearance [of the Buddha] in the merit-possessing students' own thinking; the *Bhagavan* is not produced, and is not destroyed. For this reason, on account of the power of the inclination in the thinking of the four [schools of] Buddhists, the meditation on the non-existence of the inner being is proclaimed by the Bhagavān for those espousing the doctrine of the inner being; the meditation on the universe of the earth etc. [is prescribed by the Bhagavān] for the Arthavādins [those relating the facts], perfect concentration

(samādhi) on just the vijñapti<sup>3</sup> [is prescribed] for the Vijñānavādins, [and] the <sup>1</sup> I.e. even being able to teach the dharma in the individual dialects of different peoples over

endless periods of time, it would not be possible to teach the Buddhist dharma.

<sup>&</sup>lt;sup>2</sup> I've been unable to locate other references to this group.

<sup>&</sup>lt;sup>3</sup> Poussin/Pruden, in a note on Abhidharmakośabhāṣyaṃ on 2.4, translate vijfiapti as "that which informs" from vijfiapayati, "the manifestation of a mind either by means of the body,

meditation on dream-like non-dual knowledge of the indestructible [is prescribed] for the *Mādhyamikās*. In this way, the non-existence of the inner self is the non-existence of the *dharma*. The *Vaibhāsikas*, [87.15] *Sautrāntikas*, and *Yogācārins* have a *nirvāṇa* with attribute. For the *Mādhyamikas* the unestablished [apratiṣṭhita] nirvāṇa is without attribute, because there is cessation of cause and result, it is free of the states of deep sleep and waking, it is similar to the fourth state of sleep. It was stated by the *Bhagavān* in the [Nāmasamgīti] in the praise of knowledge via direct perception, with the eleventh śloka, as follows:

Completely free of all attributes, established in the sky path, |

Holding the great thought gem, the best of all the jewels, the Lord. | |

[87.20] (Nāmasamgīti 8.11)<sup>2</sup>

Hence, for the completely perfected Buddha, nirvāṇa is free of the remains of attributes, and free of taking sides.

Certainly [some may argue] that in the dream state, without the insensate properties (*jada-dharmair*), the non-frozen appearance is seen, whereas by the influence of the inclination of the thinking in the waking state, the non-frozen appearance is not seen without the frozen properties, like the image in a mirror. In that state, the image of the *yogin*'s meditation also appears to be twofold, like the water and the (reflection of the) moon (in the water), when the [87.25] properties are

or by means of the voice." (Poussin/Pruden 1991{2}:709, n.5).

<sup>&</sup>lt;sup>1</sup> Compare the four stages of waking, dreaming, deep sleep, and the fourth state in the *Upanisads*.

<sup>&</sup>lt;sup>2</sup> Davidson's edition, verse 87; "Released from all residues he is well established in the track of space; bearing the great wish-fulfilling gem, he is the highest of all jewels, the overlord." (Davidson 1981:29 & 56).

in the property-possessor. In that state, the yogī, without the frozen properties, sees in space the dream-like non-frozen properties that are not imagined, not arisen, not void, and not thought; this itself is not proven. Why is that? Because of the moving about of the properties when one possesses those properties. They are stated by the *Tathāgata* to be illusion-like. The appearance of the non-frozen (properties) without the frozen properties is not seen by samādhi-such will be the belief of some in this regard. Therefore it is said in this regard, because of what will be said by those delighting in the inclinations of insensate thinking, that it is not true that the appearance of the non-frozen [properties] is not seen without the frozen properties in the waking state. Why is that? Because in the divinatory (pratisenā) mirror [87.30] there is seeing the image of the non-frozen [properties] without the frozen properties. Just as the young woman, as the mantra-goddess in the divinatory (pratisenā) mirror, by the strength of [her] magical authority (adhisthāna-balena) sees the non-frozen image of the properties that are reproduced in the past and the future, and those past, present, and future [88.1] non-frozen properties are facing into the mirror, and those that are without the frozen properties lack the appearance of the non-frozen properties in the mirror, and those properties are not thought of by the young woman. In this way, the yogi, by the power of the authority of his own thinking, sees the nonparalyzed appearance in the space constituent without the frozen triple world [jadatraidhātukam]. It was stated by the Bhagavān in the Sādhana chapter, with the one hundred and ninety-eighth verse, as follows--

The consort, taking on the form of illusion, is in the mind, in the sky, and in

the corporeal mirror,1

[88.5] Illuminating the three worlds, emitting multiple rays like lightning's fire |

Externally in [many] physical bodies she is undivided, free of [external] sense objects, [she] is pure light, located in the sky,

The illusion of consciousness [she] embraces the thinking, and she is one in a world of many forms | (Kālacakratantra 4.198)<sup>2</sup>

[88.10] Hence according to the *Bhagavān*'s statement, without the paralyzed *dharmas*, the *yogī* sees the appearance of the non-paralyzed *dharmas*.

Certainly (some may argue), the appearance that the young virgin woman (kumārikā) sees in the divinatory (pratisenā) mirror, that is [due to] the teacher's grace. Why is that? Because (the argument continues), the mantra-deity is made authoritative by the teacher in the virgin. In this sense (they will contend), regarding the mantra-deity that is made into the authority by the teacher in the virgin, it is because of its authority that the virgin sees the image in the pratisenā mirror, not because she is lacking the authority of the mantra-deity. Therefore, it is through the grace of the guru's command that the yogī sees the triple world as mere appearance [88.15] in the space constituent. In this sense, to whomever the command [is given] [in that one] there will arise the desire for the Buddha. Therefore it is said [in response, by me, Puṇḍarīka]--because in this case what will be said by fools is that by the grace of the guru's command the authority of the mantra-deity comes to be in the young woman--that is not so. Why is that? Because there will be no appearance in Rūpavad-darpane.

<sup>&</sup>lt;sup>2</sup> There's no commentary on verses 4.192-4.231.

<sup>&</sup>lt;sup>3</sup> See quote from *Mūlatantra*, Sanskrit page 101 below.

the teacher's divinatory (pratisenā) mirror (i.e. the teacher doesn't possess the ability to make the divinations that the young virgin can, so how could the teacher possibly grant the power to the girl?). In this regard, if, by the grace of the teacher, the authority of the mantra-deity comes to exist in the virgin girl, then why, one may ask, should there not be that very same authority also on the part of the teacher, by whom, having provided the authority in the young lady, [there is] the invisible knowledge of the past, future, and present? If [88.20] there is authority on the part of that very one (i.e. the teacher), then having seen the appearance there in the divinatory (pratisenā) mirror, he himself could speak (i.e give the prediction or revelation), yet it is not so. Therefore, one cannot say that there is the authority of the mantra-deity in the virgin by the grace of the teacher, and the same holds true for the yogin. However, there is the authority of the mantra-deity in the young lady, [and] there is a cause for that. As for what the cause is, it is that the experience of the pleasure of ejaculation (produced) by the friction of the two sense (i.e. sex) organs does not take place in the (case of) the young virgin (i.e. she remains a virgin); hence she has the authority [i.e. the power of reading the divinatory images]. Even in the world it is well known that "there is great pleasure from a virgin girl." For that reason (i.e. because she holds the great sensual power in herself, without releasing it), the young virgin girl, [88.25] by the power of the authority of the mantra-deity, sees the appearance in the divinatory (pratisenā) mirror, not some other young lady who has experienced the pleasure from the two sex organs (i.e. has lost her virginity). When the governance is a young male deity, i.e. a young man, then

the young woman and the young man see the authority of the deity. In this way, the yogins, through the influence of practicing the pleasure of the supremely indestructible, and through abandoning the pleasure of external ejaculation, go inside the generative organ of the young woman, and see the past, future, and present, by the power of the authority of one's own thinking, not by the grace of the guru's command.

Certainly [some may argue], without the practice of the pleasure of the supremely indestructible, there are also many ascetics (brahmacārins) [who] teach about [yogic] isolation (kaivalyam); therefore (the converse must hold, i.e.) without [88.30] asceticism there may still be the authority of the mantra-deity. Otherwise, how could they teach about [yogic] isolation? [89.1] Such will be the opinion of some, and therefore it is said [by me, Pupdarīka, in response, that]--because of what is said in this regard by immature ones, that there is the authority of the mantra-deity on the part of non-ascetics--that is not so. Why is that? Because of seeing the object by virtue of the practice of astrology. Because in this case, the knowledge that is [yogic] isolation is itself a subdivision of astrology,² common to all sentient beings; by virtue of the rules, and by virtue of the calculations, [the time of] death, nativity etc. is known (i.e. one can 'know' the past and future through astronomical calculations and astrological predictions, one doesn't necessarily have to practice yoga). Just as, according to others, the ear-flesh eating [demonness] is adept, she

<sup>&</sup>lt;sup>1</sup> This is one of the reasons why this *Tantra* is called the *Kālacakra*—the stated result of the mastering the sexual *yoga* practice allows one to see into the past and the future, stepping free of linear time.

<sup>&</sup>lt;sup>2</sup> This is a curious claim.

tells [i.e.prognosticates]; [or] according to others the field-protectors [89.5] are adept, they prognosticate whatever it is that flashed forth in their minds. According to others, the mothers are the adepts, and having taken possession, i.e. having entered into [someone's] body, they prognosticate; according to others the serpent kings are the adepts, and they, having bitten into time, having entered into a body, prognosticate; according to others the female slaves are adept, and they, according to the statement of adepts, having entered into a sentient being's body, emulate the sentient being's body; according to others, the *dākinīs* and *rākṣasās* are adept, and they drink the blood of sentient beings; according to others, the departed spirits are adept, and they, having entered into the body of sentient beings, causing reverberations and tremblings, move about; according to others, [89.10] the obstacle removers [i.e. Ganeśa's attendants] are adept, and they create obstacles for sentient beings; according to others, the Soma deities are the adepts, and they protect sentient beings; according to others, the gods of love (kāmadevatāh) are the adepts, and they cause the intoxication of love and the ejaculation of semen on the part of sentient beings; according to others, some evil deities are adept, and some cause stupefaction, some confusion, some ruination, some aversion, some death, and some cause the uprooting of trees and lingas; these many sorts cause trifling calamitous actions, invisibly. With these, [there are] these evil deities, Māra's attendants, [89.15] they are adept, and they, with these ones of trifling intelligence, who are the agents of sudden concepts, become the gurus of fools, and provide the teaching of dharma.

<sup>&</sup>lt;sup>1</sup> Sadyah-pratyaya-kārakair. Presumably the neurotic impulses we all get when we feel we must take care of some trifling issue instantaneously. Verses quoted from the root Tantra identify these as resulting from the viṣa-tattva: "What's called the 'poison-reality' is the cause

Knowledge is the conceptual essence of those untainted by the poison of passion; for such a one there is (in reality) no injunction to passion, [for him] there is (actually) no injunction to Śiva/spotless poison, [for him] there is no (real) injunction to penetrating the invisible by spotless atomic, śāmbhavite or śāktic direct perception (nirañjana-āṇava-śāmbhava-śākta-pratyakṣa),¹ (so) he, even though he may be a pandit, is (really just) a paśu (for believing in the commands of Śiva).² Delighting in the service of all sentient beings, [he] wanders about begging; solitary, he goes about without companion, with his own interests ruined. Even in the world it is well known that "having one who's own interests ruined is foolishness." Therefore this command by Parameśvara, providing the fruit of [89.20] enjoyment and liberation, coming by means of an uninterrupted succession, is attained by the grace of the guru. It was stated by Parameśvarah, or the omniscient one--

There is no mother similar to the guru, and there is no father similar to the guru!

Whoever causes one to cross over the terrifying, difficult- to-cross ocean of transmigration | |

of sudden-

concepts (sadyah-pratyaya-kārakam)." (page 92, line 8).

<sup>&</sup>lt;sup>1</sup> These are the three *upāyas* of the *Trika Śaivite* Tradition--see discussion of the *āṇava*, *śākta*, and *śāmbhava upāyas* in Chapter 7 of this dissertation.

<sup>&</sup>lt;sup>2</sup> Paśu is a term from the Śaiva tradition for the common man, short of realization of basic identity as Iśvara. Niranjana according to Apte is also an epithet of Śiva. Certainly Pundarīka is slighting the Śaivite gurus by saying that even the Pandits of the Śaivite tradition are paśus—since a paśu is an early stage initate who has not yet learned of his essential divine nature as Śiva and therefore still has a 'beastly' nature. Pundarīka however betrays some ignorance of the more detailed aspects of the Trika doctrine, since in Abhinavagupta's formulations it is individual realization, not some command from Śiva, that guides the initiate's behavior.

He, the *guru*, provides the initiation to the student, after hundreds of *yojanas* [89.25] The provider of enjoyment and liberation is the initiation that gives freedom. []

In this way, recognizing that those great fools are in many ways overcome by great confusion, because of having minute intelligence, [Parameśvarah] does them a favor, and enjoins that command; and they are greatly delighted, [thinking] "we are liberated by the guru's grace. Now we do<sup>1</sup> everything: we cause what is impure to be eaten, we scandalously cohabit, we take life, we lie, we take and don't give, we drink liquor, etc." In this way they do many sorts of evil activities for the sake of [yogic] perfection. [89.30] And the [yogic] perfection of their body does not come about through the grace of Parameśvara's command, and they do not know the past, present, and future; in the end, they die, the body is burnt by fire, or eaten by dogs, birds, etc. There is no jīva that becomes Śiva, nor insight, nor a vajra possessor. In this way, all of them, having trifling mantra deities, following the authority of the Māras, are to be considered by the yogis who delight in the knowledge of the supremely indestructible. By these ones who are governed by trifling mantras, there is no taking possession of the vaira. And it was stated by the Bhagavān in the Nāmasamgīti, in the praise of the mirror-knowledge, by the seventh śloka, as follows-

[90.1] With wide-open eyes of lightning's fire, the thunderbolt's flames as his hair

One who's taken possession of the lightning bolt, the great possessor, of a <sup>1</sup> Kurmah, 1st pers. plural, indicative.

hundred eyes, of lightning eyes | |

(Nāmasamgīti 7.7)1

Likewise, in the *Tantrarāja*, in the Consecration chapter, with the eighty-ninth verse, the taking possession of the body etc. is described, [90.5] as follows--

By taking possession of the body, the *yogl*, through the influence of the [three] qualities of the material world, performs the bodily-deeds,<sup>2</sup>

By taking possession of speech, the speaker [becomes] the three world conqueror of the gods, serpents, and demons;

By taking possession of the thinking, one knows everything that has been and will be, residing in the heart of others,

Having become awakened by taking possession of knowledge, [he] becomes the *guru* of *gurus*, possessed of magical powers, the single teacher. | |

## [**90.10**] (*Kālacakratantra* 3.89)<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> Davidson's edition, verse 73; "Having terrible eyes blazing like a vajra (vajrajvālā) and with hair blazing like a vajra, he is Vajrāveśa, in exalted possession, with a hundred eyes, eyes of a vajra." I disagree with Davidson's reading of 73a. The Sanskrit reads vajra-jvālā-karāla-akṣo. Davidson reads this as vajra-jvālā-ākāra-akṣo. Karāla = gaping, opening wide, formidable, etc.

<sup>&</sup>lt;sup>2</sup> See next footnote.

<sup>&</sup>lt;sup>3</sup> The commentary on KCT 3.89 reads as follows: "The body etc." Here, by taking possession of the body the yogī, being possessed by the lightning bolt of the deity's body. through the influence of material qualities, i.e. because of the intrinsic nature of terrifying, pacifying [etc. actions?], the student performs the kayakrtyam. Just as the fierce Bodhisattvas fly through the sky, likewise the student travels through hell, revolves the invisible mandala etc., produces (or uproots, taking the Sarnath editors' emendation) the mountain; thus [the student] performs this sort of bodily action, being possessed by the dightning bolt of the divine deity's body. Similarly, by taking possession of the speech, the speaker becomes the conqueror of the three worlds of the gods, serpents and asuras. Just like Mañjuśrī, so even the foolish student becomes possessed by the lightning bolt of divine speech-this is the interpretation. Likewise, the student, by taking possession of the thought of the divine deity, knows everything residing in the hearts of others, everything invisible, past, future, and present. Thus the interpretation of taking possession of the thought. Now. by the force of the memory traces of prior births the taking possession of knowledge takes place in instances, then it is perfected in the mandala. One becomes a Buddha, a guru even of the guru, i.e. the one who's attained the five super knowledges becomes the master of the

Hence, because of lack of absorption in the thunderbolt, those who are absorbed in trifling deities do not become providers of the fruit of Buddha-hood.

Let Buddha-hood stand in the meantime as what's called the rulership of the three worlds. By these who are absorbed in the limited [approach], the sword, nectar, elixirs etc. are also not mastered. Why is that? Because a guru who imparts Parameśvara's command is the robber of someone else's property. Because in this regard, if by the grace of the command of the guru the three worlds' kingdom were for great fools the place of omniscience here [90.15] in this birth, then what would be the purpose in the guru's poverty and suffering? And there would also be no state of perfection (or mastery) in alchemy. In this sense, there is no place of omniscience that is devoid of the pair of provisions of knowledge and merit from other births. Therefore, assistance to sentient beings should be undertaken for the sake of the collection of merit and knowledge. It was stated by the Bhagavān in the fifth chapter, by the sixty-sixth verse-

The conscious beings [become] buddhas, yet the other [does] not [become] a

ten stages. "Buddha" is a polite expression. The same is true for rddhimān (possessed of magical power) and ekaśāstr (the one teacher). This is the interpretation of the characteristics of taking possession of body, speech, thought, and knowledge. (kāyetyādinā iha kāyāveśena yogī devatākāyavajreṇādhiṣṭhitah san prakṛtiguṇavaśā raudra-śānta-svabhāvāt kāyakṛtyam karoti śiṣyah | yathā krodhā bodhisattvāh kurvanti ākāśa-gamanam, tathā śiṣyah karoti pātāla-gamanam, maṇḍalādikam adṛṣṭam vartayati, parvatam utpād[t]ayati ityādi-kāyakṛtyam karoti divya-devatā-kāya-vajreṇādhiṣṭhitah sanniti itathā vāgāveśena vādī tribhuvana-vijayī devanāgāsurāṇām bhavati | yathā mañjuśrīs tathā mūrkho'pi śiṣyo devatā-vāg-vajreṇādhiṣṭhito bhavatīti niyamah | tathā divya-devatā-cittāveśena śiṣyah sarvam para-hṛdaya-gatam jñāyate 'tttānāgatam vartamānam adṛṣṭam sarvam iti cittāveśa-niyamah | atha pūrva-janma-vāsanāvaśena kvacij-jñānāveśo bhavati tadā maṇḍale siddhyati | buddho bhavati guror api gurur iti pañcābhijñā-lābhī daśa-bhūmīśvaro bhavati | buddha ityupacāra-vacanam | ṛddhimān ekaśāstāpyevam | kāya-vāk-citta-jñānādhiṣṭhāna-lakṣaṇa-niyamah | (Rinpoche et al 1994a:86).

<sup>&</sup>lt;sup>1</sup> Prādesika-āvesair.

Buddha; the great one [mahān] is found here in the world's realm;

[90.20] By paying homage to them, also, the unmeasured state of being is cut off, because it's without mental activity [nirvikalpāt];

Because, causing injury, the *yogi* goes to hell, beginning with the terrifying [hell], ending with the great [hell],

Therefore, even when the thinking is purified, one should not create opposition to wise or unwise people. | | (Kālacakratantra 5.66)

Hence one should provide assistance to sentient beings for the sake of gathering merit, [and] for the sake of gathering knowledge one should perform the meditation on the knowledge of the supremely indestructible. [90.25] Without the intention of [helping] sentient beings, there is no gathering of merit; without the meditation on the knowledge of the supremely indestructible, there is also [no] gathering of knowledge--such is the *Tathāgata*'s heart. It was stated by the *Bhagavān* in the fifth chapter, with the seventy-second verse, as follows--

The sinful thinking of conscious beings arises, Oh ruler of men, governed by Māra's attendants;

Yet the devotion to merit and knowledge provides happiness, governed always by the Bodhisattvas; |

[91.1] [They] attain *nirvāṇa* by means of this joyful covenant, having destroyed the addictions and the *māras*;

Therefore the *Mārās* create for them, on a daily basis, many obstacles. | | (Kālacakratantra 5.72)

Hence, according to the *Bhagavān*'s statement, by union with the great consort and the supremely indestructible, the practice in one's own thinking is to be performed [91.5] for the purpose of liberation; otherwise, there is no liberation by the *guru*'s command. Why is that? Because the *Bhagavān* is the teacher of liberation.

Because of practicing the command, things [dharmāh] become providers of liberation to living beings, wherever they may be |

The victor is the instructor about the path, the provider of liberation, by this command!

If by the grace of the *guru*'s command there were to be liberation for living beings [lit: those with physical bodies],

Then the compassionate one should not teach liberation by samādhi. || 1

[91.10] Therefore the yogi should not practice with the mantras of the external divinity [that are] for the sake of liberation with the aim of mastery of the worldly siddhis. In this sense, the external divinities, [are only] slightly helpful, even when mastered; entering into the orifices of the adept, by their power the adept creates the slight assistance of the other fierce [pracanda] deities. For the adept who has been seized by them, those mastered evil deities become enemies, and at the time of death they do not tell [the adept] anything at all. Also, the adept who dies without samādhi goes to hell. Now those [external deities] that are mastered, whom do they serve? They are like impoverished men. The mastered [external deities] say, "Hey [91.15]

<sup>&</sup>lt;sup>1</sup> The Sarnath editors provide no reference for this verse, and I have not yet found it elsewhere.

adept! We will perform all the [yogic] restraint for you." If the adept says, "The king, having been imprisoned by you [deities], let him be brought here," then they will be evasive [saying], "We are not capable in this domain." In this way, the trifling deities, being mastered, will be evasive when it comes to the domain of omniscience. Therefore, for those desiring the place of omniscience, what is the use of practice with evil deities, and [what is the use of] the command of a *guru* that has as its intrinsic form the characteristic of *samsāra*? It was stated by the *Bhagavān* in the root *Tantra* [lettered by me for reference only]--

- a) As long as one becomes a practitioner of the Śiva reality, the lustful reality, and the poison-reality, with the [91.20] command (of Parameśvara), there will then be no Buddha-reality for men.
- b) The thinking soiled by passion etc. is perishable, [and is] the cause of transmigration!

By the absence of that it is purified, the purified [thinking] lacks the stain of prakrti||2

- c) It is not reachable at all, [nor] is it to be cast away by any command at al, |

  It is not to be given, nor is it to be seized; the purified reality is the great
  indestructible. | |
- [91.25] d) The guru is neither the giver [nor] the taker of the purified reality, in any circumstances,

And the omniscient lord of those lacking the accumulation of merit is one's <sup>1</sup> Lit: do the evasion, *parihāram kurvanti*.

<sup>&</sup>lt;sup>2</sup> This last line is no different than the basic philosophy of Sāmkhya-Yoga that aims to isolate the puruṣa from prakṛti.

own self. | | 1

- e) Delight in the service of others is the ultimate provision of merit for men, |

  From the ultimate [comes] the provision of knowledge, from those two,

  ultimate Buddha-hood. | |
- f) There may be a three-fold [reality] in the Siva reality, in the passion reality, [and] in the poison reality,
- [91.30] Yet men do not penetrate the supremely indestructible happiness by the guru's command.
- [92.1] There may be atomic  $(\bar{a}nava)$ ,  $\dot{s}aiva$   $(\dot{s}ambhava)$  or  $\dot{s}akta$  penetrating by the (guru's) command,  $|^2$

With the penetrating of the thinking, speech, and body, through sleep, dreaming, and waking, | |

h) [Yet] What is called Siva-reality is according to the command of the guru of fools, |

[With] agitation of the thinking, speaking, and body, [and] ejaculation of the semen on the part of the embodied ones [who follow the saiva-dharma]. | |

[92.5] i) By the grace of the *guru*'s command, there is what's called 'the passion-reality.'

They call the poison 'non-poison,' and they [call] what is not poison, poison. | |

j) The stationary is made to be moving by the grace of the *guru*'s command, † Svayam.

<sup>&</sup>lt;sup>2</sup> These are the three *upāyas* or methods of the *Trika* Kaśmīri Śaivite Tantric system (See Chapter 8.4 of this dissertation for explanation).

What's called the 'poison-reality' is the cause of sudden-concepts (sadyah-pratyaya-kārakam).

- k) The triple reality is not indestructible, [though] it may become pleasant for embodied beings, |
- [92.10] By the grace of the *guru*'s command, therefore, the one who has taken the vow should cause that to come into being. | |

Hence, according to the *Bhagavān*'s statement, the meditation with the *mahāmudrā* for the sake of knowledge of the supremely indestructible, is to be performed by the one who desires liberation.

Certainly [someone may argue], if the five superknowledges do not arise without the practice of non-ejaculation, then how can there be the five superknowledges on the part of Bodhisattvas who've departed from the dharma, [or] the great rsis, such as Vasistha? Since that will be someone's opinion, therefore it is said [by me, Pundarīkaḥ, in response, that]--because in this regard what will be said by young people, that there is no practice of asceticism [brahmacaryam] on the part of Bodhisattvas--that is not so. Why is that? Because there are two sorts [92.15] of ejaculating of the bodhicitta. As for the two sorts of ejaculating of the bodhicitta on the part of sentient beings: one is because of the influence of good and bad karma; the second is through the influence of the control of the thinking (citta-vasitā-vasāt). In that sense, the ejaculating through the influence of karma, that has as its purpose the wandering around in transmigration; the ejaculating under the control of the thinking has as its intention the showing the path to those perplexed by karma in the <sup>1</sup> See line 89.16.

transmigration circle. 1 Just as for those who have lost the path and fallen by the wayside in the Vindhya forest, there is no seeing<sup>2</sup> the path without someone who points out the path, likewise for those who have fallen by the wayside in samsāra, there is no progress on the path without someone to point out the path. If there is no seeing [of the path] by someone who points out the path, [92.20] then there is no path. Or [if] the guide to the path did not arrive via a previously purified path, then again there is no path. Or [if he] does not understand the language of those who have lost the path, then again there is no path. Having seen the fear of those who have lost the path, there should be no fear on the part of the one whose path has not been lost. In this way, Bodhisattvas enter into samsāra for the purpose of aiding sentient beings, not because of the ripening of their karma. If the Bodhisattvas, who are masters of the ten stages, who have transcended the ten perfections, who have attained the ten powers, were to wander in samsāra because of the ripening of their karma, then there would be no liberation for sentient beings. The instruction about the path cannot be taught by one who does not know the path [92.25] to those who do not know the path, like the blind leading the blind. Therefore the incarnation of Bodhisattvas is for the sake of sentient beings. Yama's attendants told me, 3 lord of the world, for the sake of sentient beings at the time of [their] entry into hell, that--

"Even those who are liberated from the bonds of existence grasp onto existence for the sake of sentient beings,!

<sup>&</sup>lt;sup>1</sup> See below, 92:25—the second ejaculating is a conscious decision process for the incarnation of Bodhisattvas who see the path sentient beings must follow, and point it out to them.

<sup>&</sup>lt;sup>2</sup> The Sarnath editors added -gama-, so it would read, there is no attaining a view of the path.

<sup>&</sup>lt;sup>3</sup> This is one of Pundarīka's rare self-references.

They do not abandon the fruits of karma over time because they are the teachers of the purpose of its voidness."!

The turbidities of their thinking have been burnt by the fire of understanding, thoroughly, [and] they are constantly possessed of tender mercy, |

[92.30] We honor those *Buddhas* who delight in the purpose of sentient beings, and whose behavior is unfathomable. | |

[93.1] In this way, for those who are possessed of many qualities, and whose addictions and obscurations have been incinerated, there is the merest twinkling of addiction and obscuration, having the nature of activity for the sake of sentient beings, in order that they may take birth; otherwise, there would be no teaching about the path to sentient beings. Without the path, there would be for sentient beings no exit from beginningless samsāra, because there would be no contact with Bodhisattvas. For this reason, the earlier bodhicitta was made firmly fixed by the Bodhisattvas. The binding of this [earlier] bodhicitta is twofold: [it is bound] by dispassion towards wisdom, and by passion towards wisdom. Just as there is [93.5] one [type of] binding of mercury (sūtaka) by the combination of vapor and

<sup>&</sup>lt;sup>1</sup> Yathā—see 93.11 for correlative.

<sup>&</sup>lt;sup>2</sup> The following line, 'some remains, some evaporates,' (kiñcit tiṣṭhati, kiñcit prapalāyatī) makes clear that evaporation and deposition are intended. Ray gives the following description of the svedani-yantram from the Rasaratnasamuccayaḥ 9.5: "A pot with boiling water has its mouth covered with a piece of cloth and the substance to be steamed is placed on it, and a second pot is arranged in an inverted position over the rim of the first. Ray provides a diagram in Figure 30c (Ray 1956:189--the citation in the index on page 492 should read 189, not 139). Though we could argue for other definitions, the possibilities don't make much sense in this context. MW does list "Indian spikenard" as one of the definitions of samnyāsa, citing Lexicons. The spikenard is nardostachys jatamansi. Though Dash includes jaṭā māṃsī in his Materia Medica (Dash 1987:165-6), he describes no therapeutic uses, and the term does not appear as a plant name in Caraka or Suśruta. Samnyāsa is also a term for epilepsy in

fire and salt (vid) for the oxidizing of iron, etc. Of the two, the mercury bound by the combination of vapor and what's deposited, fanned by an intense fire, stays somewhat, [and] escapes somewhat. What is bound by the intense fire that oxidizes all iron and gems, whenever that is fanned by an intense fire, [it] does not escape; from that itself there arises an internal state, by the influence of the internal oxidizing of the food, as follows—

Smoke, and vapor,<sup>2</sup> and the leap of the frog, !

[93.10] Motion, and motionless, are the five states of the rasa. ||

Similarly, through the strength of the practice of meditation, the internal state of the *bodhicitta* comes into being, according to the distinctions of soft, middle, what is beyond measure,<sup>3</sup> and what is immeasurably beyond measure.<sup>4</sup> The binding by the combination of vapor and what's deposited is the binding of the *bodhicitta*; that [binding is accomplished] through the power of the meditation on the non-permanent person, by directly perceiving the universe of the earth, etc., [and] by dispassion towards wisdom. Just as even in the combination of the vapor and what's deposited there is the consumption of the mercury (*rasa*) with the food and metal, over a period of time, [and] by the consumption [of the *rasa*] with the food there arises [93.15] an *Suśruta* (Bhishagratna 1916{3}:287-8), though this is not an relevant meaning here. In the medical literature, *svedana*, literally 'sweating' is induction of therapeutic sweating by the patient (diaphoretic measures) or fomentation, the application of warm moist substances to parts of the body afflicted by pain.

<sup>&</sup>lt;sup>1</sup> Presumably what is referred to here is the further 'oxidation' of the mercury when it is consumed in pill form and digested in the fire of the stomach. During the alchemical process, then, the *rasa*—here the mercury—is 'consumed' by the food and metal, so that it takes on, or is believed to persist, only in an internal state; i.e. it becomes invisible.

<sup>&</sup>lt;sup>2</sup> Literally 'hissing' (citi-citi).

<sup>&</sup>lt;sup>3</sup> Adhimātra.

<sup>&</sup>lt;sup>4</sup> Adhimātrādhimātra.

internal state [of the rasa]; likewise, by meditation on the transient person, by meditation on the universe of earth, etc., there arises an internal state because of the destruction of the insensate aggregates, constituents, and consciousness-bases. What's called 'internal state' is the attainment of a stage. In this regard, the stage is twofold--the stage that is free of passions, and the stage of the completely perfected Buddha. On account of the stage, [there arises] magical power: the magical power of a single form, and the magical power of all forms. Similarly there are the five super knowledges and the six super knowledges. Likewise there is the seeing of the name of the goal (artha-samkhyā-darśanam) and the seeing of the name of all the goals. Similarly, there is the language that consists of the name of a sentient being. and that consists of the name of all sentient beings. [93.20] Likewise the doctrineteaching characterized by the calculation of a sentient being, and characterized by the reckoning of all sentient beings. Likewise the nirvana with a false remainder, and without a false remainder. Likewise the non-essentiality of the person, [and] the nonessentiality of the thing. Likewise the meditation on the four noble truths, [and] the perfected concentration (samādhī) on the voidness of their intrinsic nature, and on the non-existence of all things. In this way, depending on the different stage, the activity for the sake of sentient beings is twofold. In this sense, through attaining the first stage, one sees the invisible goal delimited by the worldly realm; from attaining the second stage, [one sees the invisible goal] delimited by the second worldly realm in the ten directions; from attaining the third stage [93.25], [one sees the invisible goal] delimited by the fourth worldly realm in the ten directions; from attaining the fourth <sup>1</sup> Bhūmi-lābhah, presumably one of the ten bodhisattva stages.

stage, [one sees the invisible goal] delimited by the eight worldly realms in the ten directions; from attaining the fifth stage, [one sees the invisible goal] delimited by the sixteen worldly realms in the ten directions; from attaining the sixth stage, sone sees the invisible goal] delimited by the thirty-two worldly realms in the ten directions; from attaining the seventh stage, [one sees the invisible goal] delimited by the sixty-four worldly realms in the ten directions; from attaining the eighth stage, [one sees the invisible goal] delimited by the one hundred and twenty eight worldly realms in the ten directions; from attaining the ninth stage, [one sees the invisible goal] delimited by the two hundred and fifty-six worldly realms in the ten directions; from attaining the tenth stage, [one sees the invisible goal] delimited by the five hundred and twelve worldly realms in the ten directions; [93.30] from attaining the eleventh stage, one sees the invisible goal delimited by the one thousand and twenty four worldly realms in the ten directions. In this way, there are worldly realms characterized by the numbers two thousand [times] three thousand [i.e. six hundred thousand]. What's called one thousand is the earth's worldly realm, one thousand each, from the middle, above and below. Below, above, to the east, to the west, to the north and to the south, to the southwest, northwest and southeast. Likewise for the two thousand. Then what's called the great thousand (i.e. million)<sup>2</sup> is the great number of [94.1] worldly realms. There is seeing of the invisible goal in them on the part of the completely perfected Buddha, not on the part of those devoid

<sup>&</sup>lt;sup>1</sup> The phrase adrṣṭārtha-samdarśanam is understood from the first stage through all the following stages, as evidenced by its synonym appearing with the eleventh stage, parokṣārtha-samdarśanam.

<sup>&</sup>lt;sup>2</sup> Compare with Italian, where *mille* is one thousand, *milli-one*, or a "great thousand" is a million, "-one" being the suffix indicating a great or large version of the root word.

of passion. There is attainment of these Tathagata stages by the moments of pleasure of the great indestructible, arisen from passion for wisdom. The first attainment of a stage is with the eighteen hundred [moments] attained that are characterized by nonejaculation. By this number, ending with the twelfth stage, there is attainment of the twelve stages by the twenty-one thousand six hundred indestructible drops, up until the end of the twelve limbs. From the cessation of the twelve transits, there is [94.5] cessation of the twelve astrological signs; from the cessation of the twelve months, there is cessation of the three hundred and sixty days.<sup>3</sup> From cessation of the three hundred and sixty days, there is cessation of the twenty-one thousand six hundred ghatikās.4 In this way, just as it is externally, there is [also] in the body the cessation of the breaths of the sixty ghatikās; through the cessation of the breaths, there is cessation of the body, by the indestructible moments of the bodhicitta. Just as mercury (sūtaka) is oxidized, having consumed the iron and gems, [and] grasping their great passion (mahārāga), it remains, not as an insensate constituent. With that great passion it creates contact in these metals, [and] those [94.10] metals become white; small stones become gems. Likewise, the bodhicitta that has come into

<sup>1</sup> This is an important doctrinal distinction—the central role of passion in attaining the twelve stages of the *Tathāgata*—not exactly the same as the twelve stages of the *bodhisattva*.

 $<sup>^{2}</sup>$  1800 x 12 = 21.600.

<sup>&</sup>lt;sup>3</sup> This is the idealized year of twelve months of thirty days each = three hundred sixty, not three hundred sixty-five--sastyuttarasatatraya.

<sup>&</sup>lt;sup>4</sup> Normally a *ghațikā* is a period of twenty-four minutes, so that there are sixty per day. Here, however, the term is used for the four-second period assumed for each inbreath-outbreath cycle. There are 1440 minutes in a twenty-four hour day = 86,400 seconds per day.  $86,400 \div 4 = 21,600$  inbreath-outbreath cycles per day.

<sup>&</sup>lt;sup>5</sup> Of the ghatikā-samkhyā-śvāsānām.

<sup>&</sup>lt;sup>6</sup> Lit: devoid of blackness, kālikā-rahitāni.

existence, having consumed the aggregates, constituents, and consciousness bases together with the breaths, grasping their great passion, it remains, and it is not insensate. By that passion, through the influence of merit, in those sentient beings in whom it creates authority, in them it becomes a superknowledge, not completely perfected Buddha-hood; just as the lack of blackness on the part of the metals that have been penetrated by the rasa is not a lack of being an insensate constituent. When there is joining together of the oxidized metals with the rasa, then there will be the lack of being an insensate constituent. Then, on account of mutual [94.15] union, there will be no constituent-ness of the constituent, no mercury-ness of the mercury, because of the lack of its prior intrinsic nature. In this way, there is no constituentness of the body constituents that have become one together with the thinking, [and] there is no thinking-ness of the thinking, since it lacks the memory traces of prior samsāra. Hence it was stated by the Bhagavān, "what thinking there is, that thinking is non-thinking" (A-, S-, Pr- 3). In this way, according to the path stated in many ways, the five super knowledges are to be recognized on the part of the gods *Iśvara* (Siva) etc., [who are] the masters of the eight stages, and also on the part of the Bodhisattvas.<sup>2</sup> The five super knowledges however do not exist on the part of the rsis Vasistha etc. [94.20] Why is that? Because of the proof of the Rāmāyana, [Mahā-]Bhārata etc. In this regard, in the Rāmāyana, it is heard, in Vālmīki's statement, that the taking of Sītā's hand [in marriage] is performed by the god Rāma at the <sup>1</sup> Astasāhasrikaprajfiāpāramitā.

<sup>&</sup>lt;sup>2</sup> In the *Abhidharmakośah* and *Bhāṣyam*, *Īśvarah* is used as a generic name for 'God' as theistic creator of the universe. In rebutting theistic doctrine Vasubandhu says (2.64.comm.): "there is no god, man, or principal person who is the cause of the whole world." (na punah sarvasyaiva jagatah īśvara-puruṣa-pradhānādikam kāraṇam iti. Vasubandhu 1975:101).

astrological point designated by Vasistha. By the grace of the astrological configuration given by Vasistha, Rāma, having lost his kingdom, entered the forest, and Sītā was constantly suffering.<sup>1</sup> Likewise it was also said--

The fruit of prior karma is to be enjoyed; the planet and the lunar constellation are meaningless,

By the astrological configuration designated by Vasistha, Janaka's daughter shared in suffering. | |

[94.25] Likewise, in the [Mahā]-Bhārata, in Vyāsa's speech, it is heard that "those among the Kauravas and Pāṇḍavas who will enter the Kurukṣetra in the new moon (amā-va[ā]syā)² will be victorious." Having heard this statement, the Pāṇḍavas entered [the Kurukṣetra] on the thirteenth [digit of the moon], [and] the Kauravas entered on the new moon. Among them, those who entered on the thirteenth, they became victorious, and those who entered on the new moon, they died. As a result there is the statement by bad ṛṣis in this regard; [they claim] that by a brāhmaṇa's statement the new moon was produced in the thirteenth [digit of the moon] through the joining the moon and sun together as one.³ Yet that does not make sense. Why? [94.30] Because there is no such thing as the destruction of the fifteenth digit of the moon. In this context, there is no destruction of the fifteenth digit of the moon in the

<sup>&</sup>lt;sup>1</sup> Presumably the point is that if Vāsisthah possessed the five superknowledges, he would not have chosen the astrological conjunction that—Pundarīkah is implying—led to Rāma and Sītā's suffering.

<sup>&</sup>lt;sup>2</sup> According to the etymology give in Monier-Williams, this literally means 'dwelling at home,' referring to the time when the moon dwells with the sun, at the new moon—this adds an interesting twist to the solar-source ideas in Sanskrit thought.

<sup>&</sup>lt;sup>3</sup> I.e. that the new moon really occurred at the thirteenth digit, so that Vasistha's prediction was true.

thirteenth [digit of the moon]. By whatever day of the week, and by whatever constellation the thirteenth [digit] is produced, by that day of the week, and by that constellation, it is nowhere, ever, possible for there to be a new moon. For this reason, [whatever] they¹ imagined from their astrology was not considering the situation by means of the five superknowledges. Thus the ancient teaching [was] for those of erroneous and sinful views. As it has been said in regard to this--

"When churning the ocean of milk at the time of King Vali,<sup>2</sup> there issued forth Uccaiḥśrava,<sup>3</sup> Airāvaṇa,<sup>4</sup> the *Kaustubha*,<sup>5</sup> [94.35] the *Pārijātaka* [tree], the *Apsara*,<sup>6</sup> Lakṣmī, the moon-nectar, and the *kālakūṭa* [poison];"<sup>7</sup> such in fact is the ancient teaching's [95.1] claim. If this were the case, then there would be no lunar day, no solar day, no month, no constellation, and no year in the kingdom of the blind, because there would be no rising or setting of the moon or the sun. Since the moon, sitting in the ocean, would not experience the constellations, there would be no taking of the digits such as *pratipad*,<sup>8</sup> nor would there be any rising or setting of the sun, nor the enjoyment of the seven days of the planets Mars etc. Just as, indeed, in the

<sup>&</sup>lt;sup>1</sup> The sages and the warriors.

<sup>&</sup>lt;sup>2</sup> This is King *Bali*, the demon king who was oppressing the universe. *Visnu* assumed the dwarf form, successfully solicited from *Bali* the boon of as much land as he could cover in three steps, then assumed his cosmic form, and strode over heaven and earth, thus returning these to Indra, and leaving the netherworld to *Bali*.

<sup>&</sup>lt;sup>3</sup> Indra's horse, with long ears.

<sup>&</sup>lt;sup>4</sup> Or Airāvata, Indra's elephant, 'from the ocean,' irā, or, 'possessing lots of food and drink'.

<sup>&</sup>lt;sup>5</sup> Kaustubha is the name of the jewel worn on Kṛṣṇa or Viṣṇu's chest; the etymology of the name is unclear.

<sup>&</sup>lt;sup>6</sup> Rambhā--the embracer, she's considered the most beautiful woman in Indra's paradise.

<sup>&</sup>lt;sup>7</sup> Kālakūṭaḥ—'the fraudulent trick of time;l' or 'the deceit of the black one;' or 'the pinnacle of time/the black.'

<sup>&</sup>lt;sup>8</sup> 'Access,' the first day of the lunar half-month.

Hiranyakaśapa's kingdom there were no days, etc. Into that clan [95.5] Bali was born, after the passage of time. Then the ocean was churned by the devas and asuras. [Some may claim that] "Then it was not this moon, it was the moon on Isvara's crest." That statement doesn't make sense. From the desire for that very moon [on Īśvara's crest] Andhaka² ended up dying.3 That the kālakuţa poison emerged is also not true; previously Isvara [already] had a dark blue throat, did he not, because of consuming the kālakuţa poison at the time of King Bali.<sup>4</sup> It is similarly untrue that Airāvaņa, Uccaiḥśrava, Lakṣmī, the Kaustubha, and the Amrta emerged [from the churning]; since, in the fight with Andhaka [prior to the churning] all the devas [already] had their individual insignias, and rode their individual vehicles. Then there is the statement of bad rsis, that by the curse of Durvasas,5 Indra's magical power entered into the ocean. That is not true. Nor were the other devas deprived of their magical power by Indra's curse. By this series of statements, all the ancient dharmas are false. It was stated by the Bhagavān in the fifth chapter, with the one hundred and eighty-second verse, that the ancient dharmas are false, as follows--

Lakṣmī, and the horse Uccaiḥśravas, the lord of elephants Surataru,6 the Apsara, the Kaustubha (jewel),

<sup>&</sup>lt;sup>1</sup> This name doesn't appear in the dictionaries. Hiranyakasipu was the daitya king Vișnu tore to pieces in his Narasimha (man-lion) incarnation.

<sup>&</sup>lt;sup>2</sup> 'Blind,' name of an Asura.

<sup>&</sup>lt;sup>3</sup> Maranam upagatah.

<sup>&</sup>lt;sup>4</sup> Therefore, according to Puṇḍarīka, one cannot claim that Śiva drank the kālakūṭa poison at the churning of the ocean of milk.

<sup>&</sup>lt;sup>5</sup> An ancient, irascible rsih.

<sup>&</sup>lt;sup>6</sup> He of delighting sound.

The Moon nectars; if these arose at the churning of the ocean in heaven, the atmosphere and in Bali's kingdom,

[95.15] There would have been no moon, no solar day, no lunar days, nor even the collection of seasons, in Andhaka's kingdom;

He also, after that one who died because of greed for  $\bar{I}$ sa's half-moon, he Bali [also died].  $|\cdot|^2$ 

For this reason, the deliberations of the ancient world are not true.

Then there is the wicked statement by the *Brahmarşis*, that "here, at first, the *Veda*-teaching was innate, afterwards the teaching taught by the omniscient one was created [i.e. not natural]. Therefore the *Vedadharma* is superior." Then it is also said, "the *Vedadharma* must be superior, because afterwards came the *dharma* [95.20] of the omniscient one." What is the contradiction in this? First the great darkness arose innately, without an illuminator of the path of omniscience; afterwards, for the sake of its destruction, the world of the sun, the illuminator of all the paths, came to be. Of these two, the great darkness and the light, the innate darkness is not superior, it is not favored by those with eyes. In the same way, the earlier *Vedadharma*, innate, and eldest, did not illuminate the path to *nirvāṇa*; afterwards, for the sake of its destruction, the youngest (*kaniṣṭha*) *dharma* of the omniscient one,

<sup>&</sup>lt;sup>1</sup> Indu-piyūsāņi.

<sup>&</sup>lt;sup>2</sup> This is not a *Laghu-kālacakratantra* verse. Conceivably it could have come from the root *Tantra*, though Puṇḍarīkaḥ usually cites the root *Tantra* by name. Though we can always consider the possibility that Puṇḍarīkaḥ had a different edition of the verses of the *laghutantra*, a look at the verse and commentary of 5.182 we do have, and its context, do not support such a claim. Perhaps Puṇḍarīka composed the verse himself for the sake of his argument.

<sup>3.</sup> Sahasra-kiranā-loka, the world of a thousand light rays; the name is related to the Hindu name for the crown cakra, the sahasrāra, or thousand-rayed center.

illuminating the path to nirvāṇa, came into being. Of these two, of the *Vedadharma* and the *dharma* of the omniscient one, the *Vedadharma*, innate, [and] oldest, [95.25] is not preferred by the knowers, just as the great darkness [is not preferred] by those with eyes. So, between the eldest and the youngest, the youngest is the best. Therefore, by the practice of the knowledge of the supremely indestructible, nirvāṇa comes to be, not the inclination towards ejaculation by the *Vedadharmas*.

Similarly, the deliberations of the ancients, beginning with the fish and ending with Kalkin, are meaningless. This Buddha Bhagavān [is said by the *brahmaņas* to be] the ninth incarnation of Vāsudeva, and Kalkin the tenth. The Buddha, because of the great illusion in the *Kaliyuga*, will by trickery corrupt the sacrificial *dharma*; he will corrupt the combat *dharma*, the rites for the ancestors, the doctrine of the castes, the slaughter [of animals], telling lies, [95.30] the seizure of unmarried girls, perverse behavior [driven] by passion, harshness of language, slander, idle talk, coveting of another's property, murder, heresy, injury to all sentient beings, destruction of one's own family, the *kṣatriya dharma* providing the fruit of heaven, the statements of the great *ṛṣi* Vyāsa, the [*Mahā*]-*Bhārata*, the words of the [*Bhāgayad*]-*Gītā*, [and] the words of the *Veda*. Having corrupted these, he will teach

<sup>&</sup>lt;sup>1</sup> I.e. the incarnations of Vişnu.

<sup>&</sup>lt;sup>2</sup> Adattā-ādānam.

<sup>&</sup>lt;sup>3</sup> Pāruşyam.

<sup>&</sup>lt;sup>4</sup> Paiśunyam.

<sup>&</sup>lt;sup>5</sup> Sambhinnapralāpa.

<sup>&</sup>lt;sup>6</sup> Abhidvā.

<sup>&</sup>lt;sup>7</sup> Vyāpāda.

<sup>&</sup>lt;sup>8</sup> Mithyādrsti.

<sup>&</sup>lt;sup>9</sup> I.e. leading to death in battle.

the obverse dharma to the Sudras etc. [96.1] Namely-that the perfection in generosity, the moral rectitude perfection, the tranquility perfection, the courage perfection, the meditation perfection, the wisdom perfection, the method perfection, the concentration (pranidhi) perfection, the knowledge perfection-these ten perfections are to be fulfilled by the Bodhisattvas. Friendly thinking is to be practiced towards all sentient beings; compassionate thinking is to be practiced towards all sentient beings; assistance to all sentient beings is to be practiced; the actions not to be practiced are the ten inauspicious acts: taking of life, lying, taking of young woman, erroneous action [driven by] passion, [96.5] harshness, 2 slander, idle speech, coveting another's property, murder, [and] heresy. Having awakened the Sudras etc. from the repetitions of these wrong dharmas, having made them shave their heads, he will make them into bhiksus wearing red robes. Those previously distinguished as being on the side of the demons, who have not been killed in battle by Vāsudeva, having caused the corruption of the Brāhmaņas with him, will go to hell; therefore this Buddha-illusion was created by Vişnu, for the sake of sending to hell the *Śudras* etc. who have previously sided with the demons. Hence [the brāhmins claim] the Buddha is an incarnation [of Viṣṇu].

[96.10] Kalkin, furthermore, having been born as the son of the *brāhmaṇa* Yaśas in the realm of *Sambhala*, [being in fact] Vāsudeva, having mounted his rockhorse,<sup>3</sup> having killed all the barbarians with arrows<sup>4</sup> made of *darbha* grass, having <sup>1</sup> False--vaparīta.

<sup>&</sup>lt;sup>2</sup> Rūksa.

<sup>&</sup>lt;sup>3</sup> The type is broken in my copy of the Sarnath edition for the sibilant s -- saila-asva.

<sup>&</sup>lt;sup>4</sup> Salla—the translation 'arrow' is tentative; the word is cited in both Apte and MW only from Lexicons, where it means a frog, bark, rind; however, a sala is a dart, spear, quill of a

made an offering of the richly golden sacrificial broth, he will once again make the earth the *Brāhmaṇa's* place. In this way many nonsensical statements were concocted by evil *ṛṣis* at the time of the Buddha's birth; they [these statements] did not previously exist in the recitation of the *Veda*. In this regard, at the time of the primal Buddha's teaching, it was stated by the *Tathāgata* in the World-Realm [*Lokadhātu*] chapter [KCT 1.26] that when, at the proper astrological time, the barbarian *dharma* is produced, the destruction of the *siddhas*<sup>3</sup> will take place; the *laghu-karaṇāni* (unreliable astronomical calculation manuals) will come into existence on earth, [96.15] and Mañjughoṣa, after I have been held back for six hundred years, will be [born] in the realm of *Sambhala*, in the Śākya clan, as the son of the lord of the gods, in the womb of *Vijayadevī*, Yaśas by name, Kalkin--as follows:

After six hundred years from the first year, the manifest king Yaśas will be born in [the land] called Sambhala,

After a eight<sup>4</sup> hundred years more [there will be] the beginning of the barbarian *dharma* in the land of *Makha* (India, not Mecca); | <sup>5</sup> porcupine, boar's bristle; a *salya* is a dart, javelin, lance, arrow, etc.

<sup>&</sup>lt;sup>1</sup> This sounds like *Soma*: RV 9.63.13: "Soma the God, expressed with stones, like Sūrya, floweth on his way,/Pouring the juice within the jar. (14): These brilliant drops have poured for us, in stream of solemn sacrifice,/Worshipful laws and strength in kine." (Griffith 1987{2}:335).

<sup>&</sup>lt;sup>2</sup> Brāhmaņamayīm pṛthvīm.

<sup>&</sup>lt;sup>3</sup> Sarnath editors add -nta- to give "of the doctrines" siddhāntānām as in the verse below.

<sup>&</sup>lt;sup>4</sup> The commentary on 1.26 explains that nāga refers to eight (nāgair iti aṣṭa-varṣa-śaṭaiḥ). (KCT/VMP 1.77.11).

The commentary identifies Makha as south of the śītā river and adorned with ten million villages (i.e. a sizeable area) (śītādakṣiṇe makhaviṣaye koṭigrāmavibhūṣite)--makha refers to India, not Mecca as believed by Newman (thanks to David Pingree for pointing this out--see discussion in Chapter 10.3.2 of this dissertation). (KCT/VMP 1.77.12-13; Newman 1987:532-4). See also Newman's note on the etymology of the barbarian appellation Tājiks (KCT/VMP 1.77.13) as central Asian Muslims. (Newman 1987:532,n.4).

At that time, 'corrected' laghu-karana1 should be recognized by men on earth,

[96.20] There will be destruction of the doctrines on the whole surface of the earth.

because of the connection with time. | |2

(Kālacakratantra

 $1.26)^3$ 

Mañjughoșa was predicted by the Tathāgata. And he, according to the aim of

- <sup>1</sup> As is evident from the commentary just preceding KCT 1.26, concurrent with the barbarian dharma is the destruction of astronomical textbooks (jyotişa-siddhānta-vināsah) and the introduction of the shorter astronomical books (laghu-karana-prayrttir). Pingree explains that "Karapas outside of South India are distinguished from siddhāntas by their emphasis on pragmatic rules for computing and their avoidance of astronomical theory. One way in which this practical bent in most obviously manifested by the elimination of reliance on the theory of the Kalpa or of the Mahāyuga in determining the mean motions of the planets; their mean longitudes are rather computed from their positions at a given epoch close in time to the date of the composition of the karana, and the longitudes of the planets' apogees and nodes (except for the Moon's) are considered to be fixed." Pingree also describes "an abbreviated karana, dealing almost exclusively with calendric matters, spherical trigonometry, and the computation of the positions of the planets... the Dhyanagrahopadhyaya." (Pingree 1981:32) Presumably a laghu-karana is 'an abbreviated' karana. Pundarika informs us that sphuta = 'corrected,' and that the term is used ironically, like a mother's phony promise of candy in order to distract her children. (Newman 1987:534 and note 12). The earliest karana we have (Sūryasiddhānta) dates from 505 c.e., and that before the date of the Khandakhādyaka (665 c.e.) "both karanas and siddhantas bore the latter designation." (Pingree 1981:32-33). The fact that karanas are referred to in KCT 1.26 strongly suggests that the root Laghukālacakratantra cannot have been composed until mid-7th century at the earliest; otherwise how do we reasonably explain the reference in KCT verse 1.26 to a specialized type of astronomical text that did not exist prior to the seventh century CE? (One can always argue for interpolations, of course.)
- <sup>2</sup> I.e. since the correct functioning of the practice of Tantric Yoga is dependent on the correct timing of the meditations and yogas, corrupted *karaṇas* will lead to incorrect time calculations, incorrectly timed meditations and yoga practices, and failure in these rites. The *Vimalaprabhā* glosses the term *kālayogaḥ* as follows: time is the barbarian *dharma*. The joining of the astronomical textbooks with that [barbarian *dharma*] is the connection with time. (*kālaḥ mlecchadharmaḥ, tena siddhāntānāṃ yogaḥ kālayogaḥ*) (KCT/VMP 1.77.18-19; Newman 1987:535-6).
- Newman's translation reads: "Six hundred years from [this] the first year, the master of men Yasas will clearly appear in (the land) called 'Sambhala.' Naga (8) hundred years after that the barbarian dharma will definitely be introduced in the land of Mecca. At that time people on the earth should know the <a href="sphutalaghukarana">sphutalaghukarana</a>. The corruption of the textbooks on all the surface of the earth will occur in the yoga of time." (Newman 1987:531). Verse 1.26 marks the end of the first section of Chapter 1, the Great teaching specifying the truths of suffering, the path, arisal, and cessation produced in the body, speech, and thought (Kāya-vāk-cittotpatti-duḥkha-mārga-samudaya-nirodha-satya-nirpaya-mahoddesah; 1.170.10).

the Vajrayāna, will create a single clan out of the thirty-five million Brahmarşis honoring [king] Sūryaratha. Because of that, Mañjughosa will gain the name Kalkin, not because of supporting the Brahma caste [as in the Hindu mythological explanation]. If Kalkī is the son of the brāhmaņa Yaśas, [96.25] then by whom in this case is this one kalkt [i.e. possessed of cement]? Without wealth, he possesses wealth. He is called kalka [an unguent paste like cement, or a tenacious viscous sediment, or a doughy mixture] because he unites the [four] castes with the outcastes,1 so there is the cement paste; hence the one possessed of the cement paste, not without the cement paste, he in fact is Kalkī. Furthermore, at the close of the yuga, having seen the extreme adharma on the part of the barbarians, having become rocklike and unshakable, having manifested the endless supreme horses by the perfected meditation of the supreme horse, having by them [by those horses] caused the thoughts of the barbarians to flow into his own dharma, he will establish [his own dharma]. He will cause the destruction of their dharma, not the ending of their lives. It is stated by the Bhagavān, in the Adhyātmapatala, with the forty-eighth [96.30] verse--

[97.1] The cakra possessor [externally] is the vajra possessor in one's own body, the emienent masters of the gods are the arrested twelve limbs,

Correct knowledge [internally] is Kalkī [externally], the elephants, horses, chariots, and soldiers are the four<sup>2</sup> immeasurables;

The one called Rudra is the [knowledge of] pratyeka (buddhas), and Hanuman

<sup>&</sup>lt;sup>1</sup> Varna-avarnānām ekīkaranam.

<sup>&</sup>lt;sup>2</sup>  $\bar{A}$ rya here = four, from the four noble truths.

is the [knowledge of] śrāvakas [in the bodies] of living beings,

Sin is the evil of the barbarian's chief, and [the internal experience] on the path of non-virtue is [externally] he of divisive mind (Kṛnmatiḥ), the giver of suffering.

[97.5] (Kālacakratantra 2.48)<sup>1</sup>

Beginning this way, the battle with the barbarians is described by the *Tathāgata*; what is stated in the first chapter [1.161]<sup>2</sup> is that Kalkī will carry off the barbarians with stone horses, for the purpose of dragging thinking away from those wicked *rṣis*; otherwise, since confused thinking will be generated in the beginning, it will not be possible to be awakened.<sup>3</sup> Therefore what was stated by the *Bhagavān* should be brought about by a *bodhisattva* who is skilled in means. Hence the ancient *dharmas* are purposeless and questionable. So there is the statement by [97.10]

<sup>&</sup>lt;sup>1</sup> The commentary on KCT 1.26 makes clear the macro-microcosm relationships referred to in the verse, with yo bāhye...sa dehe constructions. (KCT/VMP 1.183.13-18; Wallace 1995:222-223). The suggested emendation of pathi for -m api in volume 1 of the Sarnath edition is used in the quotation of the verse in volume 3 here. The commentary on KCT 1.26 makes clear that the emendation is the correct reading. Wallace's translation: "Within one's own body, Cakrī is one who has the vajra; the eminent lords of gods are the twelve restrained limbs; Kalkī is the right knowledge; the elephants, horses, chariots, and servatns are the [four] Immeasurables; Rudra's name is pratyeka [buddhas]; Hanūmān is śrāvakas; a vicious king of Barbarians is the vice of living beings; and Kṛnmati, a bestower of suffering. is a non-virtue." (Wallace 1995:222). See Wallace's footnotes to this verse.

<sup>&</sup>lt;sup>2</sup> KCT 1.161: Destroying the barbarians in battle on the entire surface of the earth with his own armies of four divisions,/On Mount Kailāsa, at the end of the age, in the city fashioned by the gods, the Cakravartin will emerge;/And by Kalkī there will be provided as allies Rudra, Skandha, the lord of elephants, and even Harita/as well as stone horses, the best elephants, kings with golden chariots, swordsmen, and mercenaries.// See Sarnath Vol.1.154.17-20. (Yuddhe mlecchān hanan yah sakala-bhuvi tale cātur-aṅgaih sva-senyaih/kailāsādrau yugānte sura-racita-pure cakravarttyāgamiṣyat | rudram skandam gaṇendram harim api ca sakhīn dāsyate kalkinā ca/śailāśvān vāraṇendrān kanaka-ratha-nṛpān śastra-hastān bhaṭāmś ca||.) There is no Vimalaprabhā on this verse. I would take the meaning of 1.161.c-d as that Kalkī, as the 'cementer' will provide to himself as Cakravartin additional allies and troops.

<sup>&</sup>lt;sup>3</sup> I.e. if one is raised with the barbarian dharma, it won't be possible to become enlightened.

wicked rsis-

The Purāṇa, Manu's dharma, the Veda with its subsidiary texts, along with the medical texts!

The four whose commands are perfected cannot be destroyed by arguments, | |

The statements of Manu, Vyāsa, and Vašistha, together with the Veda, |

Whoever says that these are unreasonable, he is a brāhman killer. | |

[97.15] This statement produces confusion in young people, is the erroneous statement of wicked rsis, is void of deliberation, and is for the purpose of establishing the preeminence of their own caste.

Certainly (one may argue), if there is an inclination towards passionate ejaculation on the part of sentient beings, and if beginningless samsāra [continues] because of the power of that [inclination], then for what purpose is the [doctrine of] twelve-limbed interdependent origination taught by the Tathāgata? Ignorance etc. are said to be the limbs in the three, respectively, addictions, karma, and suffering. So from addiction comes karma, from karma comes suffering, and from suffering comes addiction yet again. That itself is the cycle of existence, the cause, the fruit, and the whole world. There is nothing else, [97.20] whoever the sentient being may be. From the voids the dharmas come into existence, and from the dharmas, the voids come into existence. By recitations [i.e. by study of the sacred texts] and by examples they must be recognized. It will be someone's opinion in regard to this that

<sup>&</sup>lt;sup>1</sup> The Sarnath editors' emendation adding a -kam at the end of cikitsayā is unnecessary, and adds an extra two syllables to the 16 syllable meter of each line. It is perfectly acceptable to have cikitsā in the instrumental singular, indicating that it is included with the preceding list of texts.

this predilection for ejaculation is not the cycle of samsāra. Therefore it is said [by me, Pundarīka in response]--because in this sense it is said by immature people that [the set of] the twelve limbs of ignorance etc. that arise interdependently, and have as their nature addiction, karma, and suffering, is itself the cycle of samsāra--that is not so. Why? Because the Bhagavān is the basis of the science of the supremely indestructible. Because, in this regard, the Bhagavān is the lightning bolt being, the great scientist of the supremely indestructible, [97.25] who has transcended the inclination towards samsāra; because they differ from him, the people living in samsāra (saṃsāriṇah) maintain the science of destruction, and are seized by the predilection for samsāra. Therefore the supremely indestructible, the great passion, is science; and there is nescience, in this sense, on the part of sentient beings who have a beginningless predilection for passion; from that [predilection] there is the source of passion, and from passion destruction, and from destruction, aversion. What's called aversion is hatred, and from hatred comes mental stupefaction; what's called mental stupefaction (mūrcchā) is confusion. So ignorance has the nature of passion, hatred, and confusion, and is not [just] a garland of sky flowers. What's called ignorance is addiction; from ignorance comes mental fabrication (samskāra) [that is] karma; from mental fabrication comes the limited knowledge (vijñāna) [that is] suffering. The first<sup>2</sup> soft syllable (prathamamrdumātrā) is body, speech, and thought. [97.30] Then from limited knowledge comes the name and form that is addiction; from name and form come the six bases of consciousness that are karma: from the

<sup>&</sup>lt;sup>1</sup> I.e. something that doesn't exist.

<sup>&</sup>lt;sup>2</sup> I've boldfaced syllables 1-4 for clarity.

six bases of consciousness comes the touch that is suffering; so the second, midrange sound is body, speech, and thought. Then from touch comes the sensation that is addiction; from sensation comes the thirst [98.1] that is karma; from thirst comes the appropriation that is suffering; the third, immeasurable syllable is body, speech, and thought. Then, from appropriation comes the existence that is addiction; from existence comes the birth that is karma; from birth comes old age and death that is suffering; so the **fourth** immeasurably immeasurable (adhimātrādhimātra) syllable is body, speech, and thought. In this way the four syllables, whose nature is body, speech, thought, and knowledge, are in each of the three astrological signs, Capricorn etc., [98.5] divided into womb, door, and outside. That is to say, when men take birth in the month of Capricorn, it is the womb of ignorance; the second month, Aguarius, is mental fabrication, the door: the third month, Pisces, is limited knowledge, outside; hence the mild syllable consisting of the three months for those born in the womb. Then the fourth month, Aires, is name and form, the womb; the fifth month, Taurus, is the six consciousness-bases, the door; the sixth month, Geminii, is touch, the outside; thus the middle syllable consisting of the three months. Then the seventh month, Cancer, is the womb of sensation; the eighth month, Leo, is the door of thirst; the ninth month, Virgo, is appropriation, outside; hence the three month-natured third immeasurable syllable. Then the tenth month, Libra, is existence, the womb;<sup>2</sup> [98.10] the eleventh month, Scorpio, is birth, the door; the twelfth month, Sagittarius, is old age and death, outside; thus the three

<sup>&</sup>lt;sup>1</sup> Mṛdumātrā should be separated from garbhājānām in the Sarnath edition.

<sup>&</sup>lt;sup>2</sup> Tulā should be separated from bhavo in the Sarnath edition.

month-natured immeasurably immeasurable syllable. In this way, according to the divisions of body, speech, thought, and knowledge, the first soft syllable is to be known as knowledge, and the fourth is to be known as the body. It was stated by the *Bhagavān*, in the *Tantrarāja*, in the fifth or knowledge chapter, with the one hundred and seventieth verse--1

From karma and addiction suffering arises; and then addiction itself from one's own suffering;

[98.15] The sentient being wanders in this cycle of samsāra, there is no other cause with equal result;

From the voids the aggregates and *dharmas* [arise], and when one dies<sup>2</sup> here then the voids [arise] again from those [aggregates and *dharmas*],

[The voids] are knowable by recitation, lamps, flowers, water, the cries of animals, by magnifying glass, by acidity, and by seeds. | | 3

By these examples, such as recitation etc., the arisal and cessation of the aggregates is to be known. **Just as**<sup>4</sup> there is no destruction of the knowledge of the teacher by the recitations, nor non-attainment [of knowledge] by the student; likewise no disappearance of the lamp because of the lamp; nor even in the water does the moon [disappear] from the moon; [no disappearance of the scent] from flowers

[becasue of] the scent in a garment; [no disappearance of the fire] from the sun

<sup>&</sup>lt;sup>1</sup> This verse does not match verse 5.170 in either this edition, or Das' edition. Since this is the second instance where Puṇḍarīka has quoted the *Laghukālacakratantra* and the verse does not appear in the extant text, it suggests that he had a slightly different recension of the verses at hand when he wrote the *Vimalaprabhā*.

<sup>&</sup>lt;sup>2</sup> Literally: here, at the end in death: iha maraṇānte.

<sup>&</sup>lt;sup>3</sup> See following paragraph for explanation.

<sup>&</sup>lt;sup>4</sup> Bold just for clarity here = first part of phrase; second part begins with similarly below.

[because of] the fire in the magnifying glass;<sup>1</sup> [no disappearance of the cry] from the cry of an animal [because of] the crying out; [no disappearance of the acidity] from acidity [because of] irritation of the tongue; [no disappearance of the seed] from the seed [because of] the sprout. Similarly the association of the aggregates is because of the influence of the predilection and passion for what is perishable. Hence, according to the *Bhagavān*'s statement, the cycle of samsāra is the passion for the perishable, nescience. In this sense, when passion for the perishable is destroyed, then the supremely indestructible comes to be. The supremely indestructible is the supreme passion. From supreme passion aversion/dispassion is destroyed. What's called dispassion is hatred. From the destruction of hatred comes the great hatred. From the great hatred the confusion called mental stupefaction is destroyed. [98.25] From the destruction of confusion, the great confusion arises. From the great passion, the great hatred, and the great confusion, ignorance consisting of passion, hatred, confusion, and pride is destroyed. From the destruction of nescience the great nescience arises. In this way, from the cessation of nescience, there is the cessation of mental fabrication; from the cessation of mental fabrication, there is the cessation of limited knowledge; from the cessation of limited knowledge, there is the cessation of name and form; from the cessation of name and form, there is the cessation of the six bases of consciousness; from the cessation of the six bases of consciousness. there is the cessation of contact; from the cessation of contact, there is the cessation of sensation; from the cessation of sensation, there is the cessation of thirst; from

<sup>&</sup>lt;sup>1</sup> Sūryakāntah = literally, 'sun crystal.' As any schoolboy knows, it is possible to start a fire with a magnifying glass.

the cessation of thirst, there is the cessation of appropriation; from the cessation of appropriation, there is the cessation of being; from the [98.30] cessation of being, there is the cessation of birth; from the cessation of birth there is the cessation of old age and dying. In this way there is the cessation of the twelve limbs. By [their] heterogeneity (vaidharmyena), the Bhagavān's [twelve] limbs are to be known as revealed.

Certainly [one may argue], if yogls obtained Buddha-hood through the destruction of passion for the perishable, then for what purpose does the *Tathāgata* destroy the four--death, aggregates, addictions, and sons of gods (*devaputras*)?<sup>1</sup>

Because then there would be no Buddha-hood through the destruction of the passion for the perishable--[99.1]--this will be someone's view. Therefore it is said [by me, Puṇḍarīka, in response]--because in this regard it is stated by fools that the external *māras* are destroyed by the *Tathāgata*--that is not true. Why is that? Because of [the logic of] prior and subsequent cessation. In this sense, if there is first Buddha-hood, and then the destruction of the *Māras*, then there would be no manifestation of the Buddha. Now if there is first the destruction of *Māra*, and then Buddha-hood, why do the other transmigrators also not destroy *Māra*, without [attaining] Buddha-hood? [99.5] And then if there is simultaneous destruction of *Māra*, and likewise simultaneously the destruction of *Māra* is not achieved, in the moment there is *Māra*, in that moment there would be no Buddha-hood, since the thinking is [still] concealed [i.e. unawakened]. In the moment that there is Buddha-hood, in that moment there

<sup>&</sup>lt;sup>1</sup> Devaputra here seems to be used as a code name for brahmans—consistent with Brāhmaṇa doctrines about the soul or ātman coming from and returning to the solar deity.

would be no Māra, because of the destruction of all obscurations. Therefore, the four Māras have the nature of the inclination towards nescience in the body, speech, and mind of all sentient beings. Among these, the obscuration of the body is the aggregate-māra; the obscuration of the speech is the addiction-māra; the obscuration of the thought is the death-māra; the onset of external nescience is the heavenly-sonmāra. This onset of external nescience on the part of those interested in (parīkṣaka) the fruits of good and bad karma, [99.10] who have immature intellects, and who are desirous of the experiences of samsāra, is [expressed] by the mention [in the list of māras] of the devaputra-māra. In this sense there is the claim of the devaputra-māras (i.e. brahmanical astrologers?) that what is good or bad for sentient beings results from the power of the moon, [and] becomes good and bad through the power of the sun, through the power of Mars, through the power of Mercury, through the power of Jupiter, through the power of Venus, through the power of Saturn, through Rāhu's power, through Ketu's power, through the power of the solar day, through the power of the lunar day, through the power of the constellation, through the power of the principal star of the lunar constellation [yoga], through the power of the astrological division of the day [karana]. Similarly, there is the statement of the others who delight in the power of the production of vowel (svarodaya) [i.e. the mantra-śāstra proponents], [that] there will be victory in battle by the power of the production of

<sup>&</sup>lt;sup>1</sup> According to MW the karapas are—valava, gara, vanija, visthi, śakuni, catuspada, kintughna, and rāga; the first seven are adhruvān, moveable, filling the second half of the first day in the moon's increase unti the first half of the fourteenth day in its wane; the second four are fixed, filling the four half-days from the second half of the fourteenth day of its wane to the first half of the day of its increase. (MW p.254.) This use of the term karapa is distinct from its use as a term for short astronomical texts mentioned above (see footnotes to KCT 1.26 as quoted KCT/VMP 3.96.17-20 above).

the vowel; and by the power of the *yoginī*, by the power of Tara, by the power of Rahu, by the power etc. of *bhadra*, lothers claim] there will be victory on the battle-field. In this way, even for the disciples and *Buddhas*, there is the onset of external nescience. According to the meaning of interdependent origination there is good and bad for sentient beings. Similarly the assertion by other *devaputras*—"by the grace of the divinity everything good comes about;" in this way there is the onset of primal ignorance on the part of sentient beings because of the statement by a *devaputra māra*. Because in this case, if without the sin and virtue from a former life, there is good and bad [karma] on the part of sentient beings—according to the statements of the *devaputra māras*—then what was good and bad in a former life would be entirely meaningless, because one would experience no power of the power of the planets etc. (*grahādibala-abalopabhogāt*) [i.e. one would be free of planetary influences]. And it is not like this; and similar fallacious reasoning (*vyabhicāra*) is evident [in the following statement]—

Not because of the astrological sign was Sītā happy, nor Duryodhana victorious, |

[Nor] by the grace of the full-moon night was he crushed by Bhīmasena, | |

Those warriors standing on the surface of the earth, desiring to kill Arjuna, |

They were destroyed quickly by Arjuna, and went to death in all the directions. | |

<sup>&</sup>lt;sup>1</sup> Bhadra probably refers in shorthand to  $P\bar{u}rvabhadrapada$  and Uttarabhadrapada, the 25th and 26th nakṣatras. (See Neugebauer & Pingree 1970{1}:187). Bhadra = 'auspicious'; Sarnath editors' note says that the Tibetan reads  $drag\ po = rudra$ .

<sup>&</sup>lt;sup>2</sup> I've switched bhūmi-bale to bhūmi-tale.

[99.25] Hence the fruit of prior good and bad karma must be experienced by sentient beings. And likewise it was stated by the *Bhagavān*--

Whoever creates good or bad physical, vocal, or mental karma,

The sentient being experiences the fruit of that; there is no other deity who is the giver of that fruit. | |

So in addition, whatever grace of the deity is visible, that is [visible] by the power of the former merit of sentient beings, not by the power of sin. And merit arises through service to sentient beings, not through animal sacrifice in the rituals for the gods and ancestors. The fruit of karma was described by the *Bhagavān* [99.30] in the *Adhyātma* chapter, with the ninety-first verse, as follows--

[100.1] Therefore there is no agent at all who gives or removes pleasure or pain for living beings,

In samsāra, prior karma becomes the provider of the fruit; what caused it is of three sorts;

For the stupified ones, it is this intelligence that gives, removes, and is the agent of creation and destruction,

They do not see the immeasurably good orifice in the body, being distracted by their own contemptuous ways of looking at things. | |

## [100.5] $(K\bar{a}lacakratantra\ 2.89)^1$

I must disagree with Wallace's translation of 2.89.d (dehe cchidram na pasyanti aparimita-subham hāryamāṇam sva-kākṣaiḥ): "With their own eyes [confused people] do not see the unlimited virtue being destroyed and torn asunder within the body." "Torn asunder" is a definition for chidra given in MW, yet only cited from the Rgveda. The classical Sanskrit usage of this term is primarily for a hole or orifice, though also for a defect, etc. Hāryamāṇa is the present participle of the causative of the passive of  $\sqrt{hr}$ , to take or remove, so here = 'being caused to be taken away or removed.' Kākṣam is a look or a glance, particularly a frown, malicious look, or look of displeasure. What orifice is referred to is not specified in

Likewise, the *devaputramāra* is also described in the fifth chapter, by the eighty-sixth verse--

The many *mantras* proclaimed by the lord of the three worlds have ferocious activity as their intrinsic nature,

They all generate fear in and destruction of Māra's troop, any time, for us living beings;

The agents of memories, delighting in the realm of war, the other killers (mārakas) are also heretics,

They are to be joined to them by the sons of the supreme victor, for the sake of protection of living beings. | |

[100.10] (Kālacakratantra 5.86)

Hence, according to the *Bhagavān*'s statement, the onset of nescience is [brought about] by the statements of the *Māras*, [and] it is not to be done by the *yogī*. In this way, for sentient beings, the appearance of the inclination in their own thought is the *Bhagavān*, the lightning bolt being. In this way, for sentient beings, the appearance is that the *Bhagavān*, a mass of merit, is a mass of sin. It was stated by the *Bhagavān*, in the knowledge chapter, in the praise of the five forms, with the fourth verse, as follows--

the commentary on KCT 2.89, though from the doctrinal context of the text it may well be one of the orifices of the subtle body, such as the heart center, or the crown cakra. Pundarīka's gloss of 2.89d reads: externally, by their own senses engaged in the six sense-realms, internally, [with their own senses] lacking the pleasure of no outflows—thus the interpretation of the experience of the fruits of one's own karma. (svendriyair bāhye şad-vişaya-pravṛttair adhyātmani anāśrava-sukha-rahitaih [iti] svakarma-phalopabhoga-niyamah). (Rinpoche et al 1986:218.16-17).

<sup>&</sup>lt;sup>1</sup> See Rinpoche et al 1994b:151.4 ff. for the praise of the five forms.

[100.15] Pure thought, in the form of a mantra, surrounded by the thirty [deities?], has the intrinsic nature of [both] suffering and happiness,

For sādhus it has a peaceful form, self-made; it is a harsh experience for the cruel ones;

Whoever directs the karma downwards into their own mind, its fruit is produced in him, according to the rule,

The leader of the world, the universal form, the progenitor of the three worlds, the lightning bolt being, I praise. | | (Kālacakratantra 5.247)

[100.20] So for sentient beings there is the appearance in the inclination in their own thinking as the Lightning bolt being, and as Māra; there is no Māra for the Bhagavān. The perishable moment that is the progenitor of these ones called the māras of the nescience of body, speech, and mind is called Kāmadeva (the god of passion). He was destroyed by the Tathāgata by a moment of the supremely indestructible; his destruction was the destruction of the power of the Māra, the destruction of the nescience forms of passion² hatred, confusion, and anger. In this case, through the cessation of the inclination for the perishable, there is cessation of passion, hatred, confusion, and anger; through the cessation of these, there is cessation of nescience. In this way, in sequence, there is the cessation of the twelve limbs, and through the cessation of the twelve limbs, there is cessation of the cycle of existence; [100.25] through the cessation of the cycle of existence, Buddha-hood is Here we have a sharing of the myth that Śiva incinerated Kāma with the fire from his third eye.

<sup>&</sup>lt;sup>2</sup> Correct rana to raga; see next line.

revealed. Among these disciples [śrāvakas or Hīnayāna], [followers of the Prajāā-] pāramitā [i.e. Mahāyāna] and [followers of] the mantra-system [i.e. Tantrayāna], the supremely indestructible heart of the lightning bolt being Bhagavān was taught by the Tathāgata in the Nāmasamgīti. Not knowing the meaning of this, good gurus are destroyed, [and] having fallen from the knowledge of the supremely indestructible they will be on the path in the future. Sentient beings will be destroyed by those destroyed [gurus]. Therefore, in the root Tantra, in the praise of the knowledge of the five forms, with five ślokas, the meditation on the five forms is described by the Bhagavān as follows--1

[101.1] a) In the void this entirety of existence is without mental fabrication and form, |

Just as what is like an prognostic image (*pratisenā*--lit. 'opposing army') is seen by a young lady in the mirror. | |

Thus in the *Lokottara* truth [or the world-transcending truth] there is the mirror-knowledge of the forms and aggregates.

- b) The entire existence having become equal, the single existence remains, indestructible, |
- [101.5] Being united with the knowledge of the indestructible, there is no cutting off, nor is it eternal.

Thus the sensation aggregate, the knowledge of equality.

c) The castes consisting of all the names are produced from the clan of the letter a,!

<sup>&</sup>lt;sup>1</sup> Again, I have given the verse letters for ease of reference.

Having attained the place of the supremely indestructible, there are no names, nor those with names. | |

Thus the name aggregate, knowledge via direct perception.

[101.10] d) In the unproduced *dharmas*, and in those devoid of mental conformation [samskāras],

There is no intelligence, nor even Buddha-hood, nor a sentient being, nor even something living. | |

Thus the mental conformation aggregate, the knowledge of one who has performed his religious duties.

e) Having gone beyond the *dharma* state of limited knowledge, possessing purified knowledge, because unmuddied, |

Brilliantly shining with *prakṛti*, the *dharmas* go on the path to the *dharma* realm. | |

Thus the limited knowledge aggregate, the knowledge of the well- purified *dharma* realm.

[100.15] Similarly, in the *Laghutantra* is also stated, by the three verses beginning with the one hundred and first, the characteristic of the *Tathāgata*'s aggregate such as the discus, the insignia, etc.--

The cakra is transparent on all sides, [called] "the three states of being," it is happiness, the jewel of this very one, passion;

The lotus is the destruction of addiction, the sword, the lightning bolt even, the great knowledge body because indivisible;

[101.20] The cutting off of ignorance is the female agent, also, because here there are also six clans, and from these [six clans] these are arisen;

They are also to be known in this way, sky-like, having equal flavor, the aggregates, constituents, senses, etc. | |

In him indeed the birth form goes to finality, that is called the great form,

In her the suffering of samsāra reaches finality, she is called the great sensation.

In her the name of samsāra reaches finality, she is the name of the great lightning bolt,

In him the growth in samsāra reaches finality, [he] is the [101.25] mental conformation itself of the lightning bolt. | |

In him the waking state reaches finality, and that is called limited knowledge [vijftānam],

In him the state of ignorance reaches finality, that itself is the knowledge of the sage!

These ones, Vairocana etc., the best of the supreme Victors, are sixfold, of six clans,

The others are divided into the six constituents, earth, fire, water, wind, space, and peace. | |

[101.30] (Kālacakratantra 5.101-103)

[102.1] Similarly, in the *Nāmasamgīti*, the supremely indestructible knowledge of the lightning-bolt holder *Bhagavān* that has become the heart of the Buddhas and

Bodhisattvas, was taught by the *Tathāgata* with the one hundred and sixty-two *ślokas* together with the solicitations for instruction. In that text, with what begins "Now the lightning-bolt holder, the glorious one," ending "standing with a bowed body, at the top," the sixteen [16] *ślokas* seeking instruction;¹ beginning "Now *śākyamuni*, the *Bhagavān*," ending "that holy one, the *Bhagavān*," the six [16+6=22] *ślokas* in response;² in addition from the word for the beginning [102.5] "now [atha]," ending with "the great uṣṇtṣa clan," the pair of [22+2=24] *ślokas* about observing the six clans;³ with what begins "to this [verse of] six mantra kings,"⁴ and ends with "homage to you, Arapacana,"⁵ the three [24+3=27] *ślokas* in the sequence of awakening from the net of illusion; with what begins "Then in this way the *Bhagavān Buddha*" and ends "the ultimate in the Mahāyāna system," the fourteen [27+14=41] *ślokas* in praise of the great manḍala of the lightning bolt realm; with

<sup>&</sup>lt;sup>1</sup> This matches *ślokas* 1-16 of Davidson's edition, verse 1 beginning with *atha vajradharaḥ śrīmān*, verse 16 ending with *prahvakāyasthito'grataḥ*.

<sup>&</sup>lt;sup>2</sup> Davidson vss. 18-22. The quotation marks in the Sarnath edition should be moved from after *bhagavan* to after *iti*, since *iti* is part of the *Nāmasamgītiḥ* verse.

<sup>&</sup>lt;sup>3</sup> Davidson vss. 23-24.

<sup>&</sup>lt;sup>4</sup> The grammar of the verse quoted from the Nāmasamglith reflects a grammatical practice not that infrequent in the Tantras—i.e. retaining the original gender case endings of words despite their apposition to nouns of the opposite gender. The syntax of the verse is imām... sadmantrarājānam...gāthām bhāsate sma—[he] sings this song consisting of the six mantra kings. The last compound, since it is appositive with gāthām, should also be in a feminine form. Yet the text retains the masculine accusative singular form of rājan. This practice may in fact reflect the heightened sensitivity in the Tantra doctrine of male-female relationships.

Davidson vss. 25-27. Davidson says in his footnote to verse 27 that "Arapacana, of course, represents the esoteric alphabet of the early Mahāyāna..." (Davidson 1981:22,n.63). A-ra-pa-ca-na are the first five of 42 (syllables) of a mnemonic system for central Buddhist tenets. A represents the negative prefix in anitya, one of four elements of the truth about suffering. Ra begins the word rajas or passion; pa begins parama of paramārtha-satya, ultimate truth or ultimate reality, ca begins caryā, the practice of the path. (See John Brough, "The Arapacana Syllabary in the Old Lalita-Vistara", Bull. of the School of Oriental and African Studies 40 (1977): 85-95, cited in Davidson's footnote.).

<sup>&</sup>lt;sup>6</sup> Davidson vss. 28-41.

what begins "the great solar [vairocana] Buddha," and ends with "the lightning bolt goad, the great noose," the twenty-one [41+21=63] ślokas in praise of the knowledge of the very purified dharma constituent;¹ [102.10] with what begins, "the lightning-bolt-terrifier [vaira-bhairava-bhīkara]," ending with "the sound, the best of those having sound [ghosah ghosavatām-varah], the fourteen [pāda-adhika-daśa] [62+14=76] ślokas about the knowledge of the mirror;² beginning with "the non-essentiality of what has become suchness" ending with "the light ray of knowledge, very brilliantly shining," the forty-two [76+42=118] ślokas in praise of the knowledge gained by direct perception;³ beginning with "the adept of the desired end," ending with "the great gem of the jewel-ensign," the twenty-four [118+24=142] ślokas in praise of the knowledge of sameness;⁴ beginning with "the necessity of recognizing all the completely awakened ones [sarva-sambuddha-boddhavyah]," ending with "Mañjuśrī, the best of the glorious ones," the fifteen [142+15=157] ślokas in praise of the knowledge of the one who's performed his religious duty;⁵ [102.15] beginning with "Homage to you, Oh best of the lightning

<sup>&</sup>lt;sup>1</sup> There's a difference from Davidson's edition here. Davidson's text has a twenty-five verse section, from 42-66, even though the sixty-sixth verse reads pādona-paācavimsatih — i.e. 'four less than twenty-five' = twenty-one. The first half of Davidson's 'verse' 66 ends with vajrānkuso mahāpāso as in the VMP. According to the VMP, what Davidson gives as the second half of verse 66 should function as the colophon to a twenty-one verse section beginning with verse 42. This still leaves the problem of the verses 63-65.

<sup>&</sup>lt;sup>2</sup> Here again we have a mismatch with Davidson's edition. The phrase *vajrabhairavabhīkarah* does begin the next section in Davidson's edition with a quarter verse (66), and *ghoṣo ghoṣavatāṃ varaḥ* does end the section at verse 76, with a colophon counting 11 verses (*pādona-sārddha-daśa* = one quarter less than ten plus half of ten = 15-4 = 11). However, VMP specifies fourteen verses (*pādādhika-daśa* = ten plus four = 14).

<sup>&</sup>lt;sup>3</sup> Once again, this is in synch with Davidson's edition.

<sup>&</sup>lt;sup>4</sup> Matches Davidson's edition.

<sup>&</sup>lt;sup>5</sup> Matches Davidson's edition.

bolt wielders [vajra-dhara-agrya]," ending with "let there be homage to you, Oh knowledge body," the five [157+5=162] ślokas in praise of the knowledge of the five Tathāgatas. 1 By these one hundred and sixty-two ślokas, having been extracted from<sup>2</sup> all the vehicles [and] gathered together, [is described] the Bhagavān's heart, completely good, the great bliss of the supremely indestructible, reaching to the limit of the space constituent, shining in every direction, provided with the requisites for very purified knowledge, bearing a lofty and profound form, the light of prakrti, the treasury of the beginningless, free of the mental fabrications of the atman and what belongs to the ātman, the perceived and the perceiver, etc., at all times untarnished [asamklista], knowing the intrinsic nature of all dharmas, [102.20] free of the inclination towards samsāra, free of going and coming, whose form is without display, the basis of the various samādhis and dhāraṇīs that blossom into the flow of one's own flavor, like a proper tree for the wishing pot, like the thinking gem [the philosopher's stone], completely filled with the wishes of all sentient beings, beyond the range of even the great sages, bringer of supreme peace to the great mass of sentient beings, illusion-like, dream-like, mirror image-like, like a promise. This itself is praiseworthy in the three worlds, the self-knowable knowledge of yoga, the supremely indestructible happiness, not to be abandoned by the yogī; thus the Tathāgata's rule. The meditation on this was described by the Tathāgata in the knowledge chapter in the Root Tantrarāja, [102.25] as follows--

Having meditated into existence the smoke etc., and having made the thought

<sup>&</sup>lt;sup>1</sup> Matches Davidson's edition.

<sup>&</sup>lt;sup>2</sup> Instrumental used in ablative sense.

motionless,

Having purified [it--the *cittam*] in the middle [channel], one should cause the supremely indestructible to come into being. | |

Having placed the lightning bolt in the lotus, one should make the *prāṇa* enter into the drop, |

And [make] the drops [enter into] the cakras; one should halt the vibration of the drops in the lightning bolt. | |

[102.30] The yogī should always have a blocked-up linga, and should always hold back his semen,

Engaged in the embrace with his great consort [mahāmudrā-prasaṅgena] and with the penetrations of his lightning bolt [vajrāveśair]. | |

With the twenty-one thousand and six hundred supremely indestructible

Moments filled, he himself should become the great king, the lightning-bolt being. | |

[103.1] It was stated by the *Bhagavān* in the *Tantrarāja*, in the knowledge chapter, in the praise of the knowledge of the five forms, with the first verse, that *nirvāṇa* is without cause, as follows--

Of which there is neither end, beginning, or middle, continuance, death, or becoming, sound, smell, and taste,

That is without touch, form, thought, *prakṛti* or *puruṣa*, bondage or liberation, or agent, |

[103.5] Without seed or time of manifestation, without the intrinsic nature of either

suffering or happiness in the entire world,

Nirvāņa is without cause, without action, and without quality; that I will praise. | | (Kālacakratantra 5.244)

The lightning bolt is the means. In just this sense, with the fifth verse, the wisdom is stated to be causeless--

One, and not one, and also one, equal, unequal, equal, right, left, in front, and behind,

[103.10] Above, below, and all around, the single form of white, green, and the great universal color, |

Short, long, and extended [plūta, 3 syllables], without quality, with qualities, a woman, and a man, neither a woman or a man,

Who is the single basis of everything, good fortune, and the best fortune, homage to you, homage to you. † | (Kālacakratantra 5.248)

The sentient being, the lotus, is wisdom; in this way the lightning bolt being. It was stated by the *Bhagavān* in the *Tantrarāja*, in the knowledge chapter--1

[103.15] The lightning bolt possessed of the lotus of wisdom and means, is called what is both the support and what is to be supported,

The pair of the two is the meeting, the union with the lightning bolt, the non-dual, the indestructible; | |

<sup>&</sup>lt;sup>1</sup> This verse does not appear elsewhere in the text we have of the fifth chapter. It may have come from the root *Tantra*.

I praise that fourfold lightning bolt yoga, the Kālacakra,

The king has emerged in Kalāpa, Pauņdarīka, the lotus holder,

himself. | | 127 | |

Thus in the seventy-two thousand [verse] light *Kālacakratantrarāja*, [103.20] with its commentary *Vimalaprabhā*, the third great teaching called the perfection in the knowledge of the great imperishable.

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# Bibliography, Appendix A:

(List of Tantric Manuscripts Sent to Asiatic Society of Bengal by Brian H. Hodgson (Numbers added for ease of reference)

(Hodgson 1830: 226-227)

Note: the classification of these texts as "Tantras" was by Hodgson's "old friend" the "Pátan Bauddha."

- 1. Paramādymahāyogatantra
- 3. Parmārthasevātantra
- 5. Pindīkrama
- 7. Samputodbhava

- 2. Kriyāsmgrahatantra
- 4. Kriyākāndtantra
- 6. Kriyāsāgaratantra
- 8. Kriyākalpadrumatantra

0 1	(Ii	10	Vain Same and an and
	Hevajratantra		Kriyārnavatantra
	Buddhakapāla		Abhidhānottaratantra
	Sambaratantra		Kriyādamuccayatatantra
	Vārāhītantra		Sādhanamālātantra
	Yogāmbaratantra		Sādhansamuccaya
	<i>Pākinījālatantra</i>		Sādhanakalpalatā
21.	Šuklayamārītantra	22.	Sādhanasamgrahatantra
<i>23</i> .	Krsuayāmarītantra	24.	Sādhanaratnatantra
<i>25</i> .	Pītayamāritantra	26.	Sādhanaparīksātantra
<i>27</i> .	Raktayamāritantra'	28.	Tatvajñānasiddhitantra
29.	Śyāmayamāritantra	<i>30</i> .	Jñānasiddhitantra
<i>31</i> .	Gutdyasiddhitantra	<i>32</i> .	Kurūkullātantra
{note: printing is unclear for 'rū' of Kurū}			
<i>33</i> .	Odipānatantra	34.	Bhūtadāmaratantra
<i>35</i> .	Nāgārjunatantra	<i>36</i> .	Kālacakratantra
<i>37</i> .	Yogapīthatantra	<i>38</i> .	Yoginīsamcāratantra
<i>39</i> .	Pīthāvatāratantra		Yoginījālatantra
41.	Kalavīratantra	42.	Yoginītantra
<i>43</i> .	Candarosantantra	44.	Yogāmvarapītha
<i>45</i> .	Mahākālatantra		Uddāmaratantra
47.	Vajravīratantra	<i>4</i> 8.	Vasundharāsādhana
	Vajrsatvatantra	<i>50</i> .	Nairātmyatantra
	Mārīcītantra		Dākārnavatantra
<i>53</i> .	Tārātantra	<i>54</i> .	Kriyāsāratantra
	Vajradhātutantra		Yamāntakatantra
	Vimalaprabhātantra		Ma[ñ]juśrīkalpa
	Maņikarņikātantra		Tantrasamuccaya
	Trailokyavijayātantra		Durgatipariśodhana
	Samputatantra		Kriyāvatamsatantra
UJ.	sumpututumi	U4.	K. tyuvutumsutumtu

Note: Detailed Catalogue of 79 Sanskrit works of Hodgson's complete collection was published in (Cowell and Eggeling 1875:1-54).

## Bibliography, Appendix B

### The Tantrik Texts Series and the writings of Sir John Woodroffe:

Volume 1: Avalon, Arthur and Vidyāratna, Tārānātha (1913), <u>Tantrābhidhāna with Vījanighantu and Mudrānighantu</u>, Calcutta, Sanskrit Press Depository, and London, Luzac & Co., 1913. Notes: short Sanskrit texts of mantra dictionaries, explaining the deities and characteristics associated with individual phonemes and *mudrās*. No date or bibliographical information on Sanskrit mss. offered.

Volume 2: Avalon Arthur and Vidyāratna, Tārānātha (1913b), <u>Satcakranirūpaṇa and Pādukāpanchaka</u>, Calcutta, Sanskrit Press Depository, and London, Luzac & Co., 1913. (Notes: subsequently translated with introduction and commentary by

Arthur Avalon as <u>The Serpent Power</u> (Madras, Ganesh & Co., 1919); the seventh edition was reprinted by Dover Publications, New York, 1974. A 16th century text by the Bengali sādhakā Pūrnānanda, forming the sixth chapter of the 25 chapter Śrītattvacintāmani.)

Volume 3: Avalon, Arthur and Vidyāratna, Tārānātha (1914), <u>Prapañcasāra Tantra</u>, Calcutta, Sanskrit Press Depository and London, Luzac & Co., 1914.

(Notes: attributed to Śamkarācārya).

Volume 4: Avalon, Arthur and Vedāntatīrtha, Girīsa Candra, (1915) <u>Kulacūdāmani</u> <u>Tantra</u>, Calcutta, Sanskrit Press Depository and London, Luzac & Co., 1915.

(Notes: "The Kulacūḍāmaṇi-tantra or 'crest-jewel' of the Kulācāra division of Tāntrika Sādhakas is included in the list of revealed works, which, according to the Vāmakeśvara Tantra, are considered to be the chief amongst those which deal with the worship of Śakti." (infra., p.1).)

(See also Reviews--Goudriaan 1988)

Volume 5: Avalon, Arthur and Vidyāratna, Tārānātha (1917), Kūlārnava Tantra, London, Luzac & Co., 1917.

Volume 6: Avalon, Arthur and Tarkatīrtha, Pārvatī Charana (1917), <u>Kālīvilāsa</u> <u>Tantra</u>, London, Luzaç & Co., 1917.

(Notes: Avalon's introduction was written while he was in Śrinagar.)

**Volume 7:** Avalon, Arthur, and Dawa-Samdup (1918?--volume missing from Butler Library), <u>Śrīcakrasambhara--A Buddhist Tibetan Tantra</u>.

Volume 8: Avalon, Arthur, <u>Tantrarāja (Kadimata)</u>, Part I, Commentary by Subhagananda-nātha, Complete Summary by Avalon (volume missing from Butler Library)

Volume 9: Avalon, Arthur (1922), <u>Karpūrādistotra</u>, with introduction and commentary by Vimalānanda Svāmī, translated by Arthur Avalon, Calcutta, Sanskrit Press Depository, and London, Luzac & Co., 1922.

Volume 10: Avalon, Arthur and Mishra, Mahāmahopādhyāya Sadāśiva (1922), Kāmakalāvilāsa with the Commentary of Natanāndadanātha, translated by Arthur Avalon, Calcutta, Sanskrit Press Depository and London, Luzac & Co., 1922.

(Notes: work on Śrīvidyā.)

Volume 11: Avalon, Arthur and Shāstri, Sītārāma (1922), <u>Kaula and Other Upanishads</u>, with the commentary of Bhāskararāya, Calcutta, Sanskrit Press Depository, and London, Luzac & Co., 1922.

(Notes: "The Upanishads in this volume belong, with the exception of the Aruna [Krsna Yajurveda] and the Bahvricha [Rgveda], to the Saubhagya Kanda of the Atharva Veda....The Tantra Shastra at any rate in its Shakta form appears to have a special affiliation with the Atharva Veda." (p.1)).

Volume 12: Avalon, Arthur, <u>Tantrarāja</u>, <u>Part II</u>, with commentary, edited by MM.Sadāshiva Mishra, Calcutta, Āgamānusandhāna Samiti, and London, Luzac & Co., 1926.

Volume 13: Avalon, Arthur, <u>Mahānirvāṇatantra</u>, with the Commentary of Hariharananda Bharati, Ganesh & Co., Madras, 1929 (see: Avalon, Arthur, <u>The Great Liberation (Mahānirvāṇa Tantra)</u>, A translation from the Sanskrit, with

Commentary, 2nd edition (includes Sanskrit text), Madras, Ganesh & Co. 1927.)

Notes: An earlier translation of this text appeared in 1900: Dutt, Manmatha Nath, A

Prose English Translation of Mahānirvāna Tantram, Calcutta, H.C. Dass, 1900.

Volume 14: Avalon, Arthur, <u>Kaulāvalinirņaya</u>, Sanskrit Press Depository, Calcutta, Samvat 1985.

Volume 15: Avalon, Arthur, <u>Brahma-Samhitā with the commentary by Jīva Goswāmī and Vishnu-Sahasra-Nāma with commentary by Shamkaracharya</u>, Calcutta, Sanskrit Press Depository, and London, Luzac & Co., Samvat 1985.

(Notes: Jīva Goswāmī's commentary states that the extant *Brahma-Samhitā* he commented on was just the fifth chapter of a 100 chapter text, since lost.)

Volume 16: Avalon, Arthur, <u>Shāradātijakatantram</u>, Part I, Chpts. 1-7, Calcutta, Āgamānusandhāna Samiti, 1933.

(Notes: includes 65 page English introduction and summary.)

Volume 17: Avalon, Arthur, <u>Shāradātilakatantram</u>, Part II, Chpts. 8-25, Calcutta, Āgamānusandhāna Samiti, 1933.

Volume 18: Avalon, Arthur, <u>Prapanchasāratantram</u>, Part I, Chpts. 1-20, Calcutta, Āgamānusandhāna Samiti, 1934.

Volume 19: Avalon, Arthur, <u>Prapanchasāratantram</u>, Part II, Chpts. 221-36, Calcutta, Āgamānusandhāna Samiti, 1934.

Volume 20: Avalon, Arthur, and Tīrtha, Svāmī Trīvikrama, (1937), <u>Cidgagana-Candrikā</u>, Calcutta, Āgamānusandhāna Samiti, and London, Luzac & Co., 1937.

(Notes: A Krama text of the Kaśmīr Śaivite tradition.)

Volume 21: Avalon, Arthur, <u>Tārā-Bhakti-Sudhārņava</u>, with an introduction in English, edited by Pañchānana Bhattāchārya, Calcutta, Sanskrit Book Depot, and London, Luzac & Co., 1940. Notes: 17th century treatise on Tantric rituals.

# Bibliography, Appendix C (partial listing)

The Kashmir Series of Texts and Studies--published, unless otherwise noted, by The Research Department, Jammu and Kashmir State. \* denotes English Translation.

Volume 1: The Shiva Sūtra Vimarshinī being the Sūtras of Vasu Gupta, with the Commentary called Vimarshinī by Ksemarāja, Srinagar, 1911.

Volume 7: The Paramārtha-sāra by Abhinavagupta with the Commentary of Yogarāja, Srinagar, 1916.

Volume 11: The Mahārtha-Mañjarī of Maheśvara Nanda with Commentary of the Author, edited with notes by MM Mukunda Rama Shāstrī, Bombay, 1918.

Volume 12: Kāmakalāvilāsah of Punya Nanda, Bombay, 1918.

Volume 13: <u>Śat-trimśat-tattva-sandoha</u>h with Commentary by Rājānaka Ānanda, Bombay, 1918.

Volume 14: The Bhāvopahāra of Cakrapāni Nātha with the Commentary by Ramya Deva Bhatta, Bombay, 1918.

Volume 15: Parāprāveśikā of Ksemarāja, Bombay, 1918.

Volume 16: The Spandasandohah of Ksemaraja, Bombay, 1917.

Volume 17: The Tantrasara of Abhinavagupta, Bombay, 1918.

(reprinted, Delhi, Bani Prakashan, 1982)

Volume 18: The Parātriṃśikā with commentary, the latter by Abhinavagupta, Bombay, 1918.

Volume 31: The Svacchandatantra with commentary of Ksemaraja, edited with notes by Pandit M.K.Shāstrī, Bombay, 1921.

Volume 32: Śrī Mālinīvijaya Vārttikam of Ahbinavagupta, edited with notes by Pandit MK Shastri, Srinagar, 1921.

Volume 34: The Siddhitrayi and the Pratyabhijnākārikā-vrtti of Rajanaka Utpaladeva, edited with notes by Paṇḍit Madhusudan Kaul Śāstrī, Srinagar, 1921.

Volume 37: Śrīmālinīvijayottaratantram, Bombay, 1922.

\*Volume 39: The Vātūlanātha-sūtras with the Vṛtti of Anantaśaktipāda, edited, with English translation and notes by Paṇḍit Madhusudan Kaul Shāstrī, Bombay, 1923.

Volume 40: The Desopadesa & Narmamālā of Kshemendra, with Preface and Introduction by Pandit MK Shastri, Poona, Āryabhūsan Press, 1923.

\*Volume 42: The Spandakārikas of Vasugupta with the Nirnaya by Ksemarāja, edited, with Preface, Introduction, and English Translation, by Pandit Madhusudan Kaul Shāstrī, Srinagar, 1925.

Volume 45: The Nareśvaraparīkṣā of Sadyojyotih with commentary by Rāmakantha, edited with Preface and Introduction by Pandit Madhusudan Kaul Shāstrī, Srinagar, 1926.

Volume 46: The Netra Tantram with commentary of Ksemarāja, Volume 1, Bombay, 1926.

Volume 49: The Laugāksi-grhya-sūtras with the Bhāsyam of Devapāla, Bombay, 1928.

Volume 50: The Śrī Mrgendratantram (Vidyāpāda and Yogapāda), with the commentary of Nārāyaṇakaṇtha, edited with Preface and Introduction by Pandit M.K.Shāstrī, Bombay, 1930.

Volume 54: The <u>Śivadrsti of Śrī Somānanda with the Vrtti by Utpaladeva</u>, edited with Preface and Introduction by Pandit Madhusudan Kaul Shāstrī, Srinagar, Published under the authority of the Government of ...Śrī Mahārāja H. Bahādur, 1934.

Volume 64: The Vāmakeśvarīmatam with the commentary of Rājānaka Jayaratha, Srinagar, 1945.

Volume 68: The Parātrimikālaghuvrtti by Abhinavagupta, Srinagar, 1947.

Volume 71, Nos. 1-3(2) Gilgit Manuscripts, Nalkinaksha Dutt, editor, Srinagar, 1939, 1941, 1942, 1943, and 1947.

Volume 73: Karmakandakramāvalī by Śrī Somaśambhu (Outlines briefly the procedure of Shaivaistic Sandhya, Diksha, & other Ritual), Srinagar, 1947.

Volume 74: Parātriīśikātātparyadīpikā and Śāktavijñānam of Somānanda, Srinagar, 1947.

Volume 76-77: Bodhapañcadaśikā and Paramārthacarca, Srinagar, 1947.

Volume 80: A Descriptive Analysis of The Kashmir Series of Texts & Studies,

Research and Publications Dept., Jammu & Kashmir Govt., 1958.

Volume 89: Hari Harastotra of Vasudeva, Srinagar, 1962.

## Bibliography, Appendix D

Listings of Buddhist Tantric Works in Bu-ston's history, with references to their Tibetan translations taken from Obermiller's footnotes--note: Bu-ston's lists are not complete:

## Nāgārjuna's Tantric Works (Obermiller 1932:126):

i

"The Tantrasamuccaya [Rgyud-kun-las-bstus], a brief exposition of the theoretical and the practical side (of the Tantras),

the **Bodhicitta-vivarana** [Byang-chub-sems-'grel] where the theory is clearly exposed, the **Pindīkṛta-sādhana** [Sgrub-thabs-mdor-byas] demonstrating the Initial Development [note 909: bksyed-rim = utpatti-krama) in an abridged form, the Sūtra-melāpaka (note 910: Mdo-bsre, Full title: Śrī-Guhyasmāja-mahā-yoga-tantra-utpatti-krama-sādhanam Sūtra-melāpaka nāma (Rnai-'byor-chen-po'i rgyud Dpal Gsang-ba-'dus-pa'i bkyed-pa'i-rim-pa'i bsgom-pa'i thabs Mod-dang-bsres-pa) Tg., RGYUD XXXIII.12-17. (Pek.)]

the Mandalavidhi of 20 verses, the Pañcakrama [Note 911: Rim-pa-lna-pa, Tg. RGYUD XXXIII.50-64 (Pek.)] demonstrating the Final Development [rdzogs-rim = sampanna-krama], etc.--"

### Commentaries:

the Guhyasamāja-tantra-tīkā [Gsang-'dus-'grel-pa, Tg. RGYUD XXVII] the Śālistambaka-kārikā [Sa-lu-ljang-pa'i-mdo'-tshigs-su-bcad-pa-bsdus-pa, Tg. DMO XXXIII, 213-316 and XXXIV.22-25 (Pek.)] and others.

## Aryadeva's Tantric Works (Obermiller 1932:131):

**Jñāna-sāra=samuccaya** [Ye-ses-nying-po-kun-las-btus Tg. MDO XVIII, 29-31] "demonstrating the chief characteristic points of the philosophical [msthan-nyid] and the Tantric system."

Caryā-melayana[melāpaka?-JH]-pradīpa [Spyod-pa-bsdus-pa'k-sgron-ma, Tg. RGYUD XXXIII.121b-127] "on the foundation of the mixed Sutra and Tantra Scripture."

Citta-āvaraṇa-visodhana [Sems-kyi-sgrib-sbyong, Tg. RGYUD XXXIII 121b-127-[misprint for reference?] "demonstrating the same subject by logical means"

Catuḥ-pīṭha-tantra-rāja-maṇḍala-upāyika-vidhi-sāra-samuccaya [Gdan-bshi'i dkyil-chog-snying-po-mdor-bsags, Tg.RGYUD XXIII 142-172], "referring to the magical rights [rites] for (attaining) the power of bringing living beings to maturity."

Catuḥpīṭha-sādhana [Gdan-bzhi'i-sgrub-thabs, Tg. RGYUD XXIII 142-172]

"demonstrating the Initial Development" [bskyed-rim = utpatti-krama]

Jñāna-dākinī-sādhana [Ye-shes-mkha'-'gro-ma'i-sgrub-thabs or Jñānesvarī-sādhana
Tg. RGYUD XXIII 129-141].

Eka-druma-pañjikā [Shin-gcig-gi dka'-'grel Tg. RGYUD XXIII 173-177] "demonstrating the magic rites, the offerings, the final Development, etc." [rdzogs-rim = utpatti-krama]

## Nāgabodhi's Tantric Works (Obermiller 1932:132):

Guhyasamāja-maṇḍala-vidhi [Gsang-'dus-kyi dkyil-chog, Tg.RGYUD XXXIII.149-165], the

Pañca-krama-tīkā [Tg.RGYUD XXXIV 174-212] (p.132) and many other works."

# Candrakīrti's Tantric Works (Obermiller 1932:134):

Pradīpa-uddyotana on the Guhysamājatantra

[Gsang-'dus-'grel pa Sgron gsal, Tg. RGYUD XXVIII 1-233]

### Buddhajñānapāda's Tantric Works (Obermiller 1932:159-160):

"14 works on the Scripture of the Guhyasamāja:

Mukhāgama [Zal-gyi-lung, Tg.RGYUD XXXIX.20-23. In the Xyl this work is called 'Jam-dpal-zhal-gyi-lung = Mañjuŝrī-mukha-āgama] (note 1097).

Samantabhadra-sādhana [Sgrub-thabs Kun-tu-bzang-po, Tg. RGYUD XXXIX. 33-42]

Samantabhadrā [Kun-tu-ban-mo, full title: Yan-lag-bzhi-pa'i sgrub-thabs Kun-tu-ban-mo = Caturanga-sādhana-upāyikā Samantabhadrā, Tg RGYUD XXXIX 42-51].

Ātmasādhana-avatāra [Bdag-sgrub-pa-la-'jug-pa, Ibid. 63-75. The Xyl has: Bdag-grub-par-'byun-ba]

Viśva-cakra [Sna-tshogs-'khor-lo]

Ratnajvālā [Rin-chen-'bar-ba]

Mahā-mūla-jñāna [Rtsa-ba'i-ye-shes-chen-po]

Gathā-kośa [Tshigs-su-bshad-pa'i-mdzod]

Mukti-tilaka [Grol-ba'i-thig-le, RGYUD XXXIX.56-63]

**Bodhi-citta-tilaka** [Byang-chub-sems-kyi-thig-le]

Mangala-vyākhyā [Bkra-shis-rnam-bshad]

Caturtha-avatāra [Bzhi-pa-la-'jug-pa]

# "List of Translations from Marpa Lotsāwa"

from (Trungpa 1982:209-210), [I've numbered these for reference purposes only] In the *Bka'-'Gyur*:

1. Śrī-sarvatathāgata-guhyatantra-yoga-mahārāja-advayasamatā-vijaya-nāma-vajraśrī-paramamahākalpa-ādi

(Peking Tripitaka No. 88; translated with Jñānagarbya)

#### In the Bstan-'Gyur:

- 2. Śrī-samvaropadeśa-mukhakarna-parampara-cintāmani-nāma
  - (P.T. No. 2238; written by and translated with Naropa)
- 3. Ganacakra-vidhi-nāma
  - (P.T. No. 2360; written by Dombī Heruka, translated with Jñānakara).
- 4. Śrī-dākinī-vajrapañjara-mandala-samharana-nāma-anusarana-sādhana
  - (P.T. No. 2454; written by Devavrata)
- 5. Daśatattva (=Dākinī=vajrapañjara-upadeśa)
  - (P.T. No. 2455; written by Vimalakīrti)
- 6. Mahāmudrā-kanakamālā-nāma

- (P.T. No. 3282; written by and translated with Maitripa)
- 7. Bhagavac-chrī-cakrasamvara-sōdhana-nāma
  - (P.T. No. 4614; written by Abhayakīrti of Kaśmīr, translated with Nāropa)
- 8. Śrī-guhya-ratna-cintāmaņi-nāma
  - (P.T. No. 4623; written by and translated with Naropa)
- 9. Śrt-cakramambhara-vikurvaṇa, Caturviṃśati-deśa-pramāṇa-śāsana (P.T. No. 4628; written by Nāropa)
- 10. Şaddharmopadeśa-nāma
  - (P.T. No. 4630; written by and translated with Naropa)
- 11. Karnatantra-vajrapada-nāma
  - (P.T. No. 4632; written by and translated with Naropa)
- 12. Dharmacaryāparādha-svayanmukti-nāma
  - (P.T. No. 4636; written by and translated with Rāhula)
- 13. Vajrayoginī-sādhana
  - (P.T. No. 4673; written by Nāropa)
- 14. Śrīguhyasamājopadeśa-pañcakrama-nāma
  - (P.T. No. 4789; written by and translated with Naropa)
- 15. Pañcakrama-saṃgraha-prabhāva
  - (P.T. No. 4790: written by and translated with Naropa)
- 16. Śrīmati-devīmahākālī-guhya-sādhana-nāma
  - (P.T. No. 4929; written by Nāropa)

### Bibliography, Appendix E

Genuinely Descriptive Catalogues of Sanskrit Tantric Manuscripts (containing excerpts, tables of contents, colophons, etc.) (partial listing)

Bechert, Heinz, and Wille, Klaus (1989) <u>Sanskrithandschriften aus den Turfanfunden</u>, Teil 6, Stuttgart, Franz Steiner Verlag, GMBH, (Verzeichnis der Orientalischen Handschriften in Deutschland, Band X,6), 1989.

Chakravarti, Chintaharan (revised and edited) (1939), A Descriptive Catalogue of the Sanskrit Manuscripts in the Collection of the Royal Asiatic Society of Bengal by Mahāmahopādhyāya Haraprasāda Shāstrī, Volume VIII, Part I, Tantra Manuscripts, Calcutta, Royal Asiatic Society, 1939.

Dash, Sri Mahesh (1965), A Descriptive Catalogue of Sanskrit Manuscripts of Orissa, in the Collection of the Orissa State Museum, Bhubaneswar, Volume V., Tantra Manuscripts, Bhubaneswar, Orissa State Museum, 1965.

Grünendahl, Rheinhold (1989), <u>A Concordance of H.P. Śāstri's Catalogue of the Durbar Library and Microfilms of the Nepal-German Manuscript Preservation</u>

<u>Project; Hara Prasad Śāstri, A Catalogue of Palm Leaf and Selected Paper Mss.</u>

<u>Belonging to the Durbar Library Nepai, Vol. I and II--(originally published 1905 and II--(originally published 1905).</u>

1915, Calcutta), Stuttgart, Franz Steiner Verlag Wiesbaden GMBH, 1989 (Verzeichnis Der Orientalischen Handschriften in Deutschland, Supplementband 31). The two volumes of Śāstri's original catalogue are bound in one, though the original pagination is retained. Therefore citations such as 1989{2}:50 refer to Sanskrit page 50 in the second half of the German volume.

Janert, Klaus L. and Poti, N. Narasimhan (1970), <u>Indische und Nepalische</u> <u>Handschriften</u>, Teil 2, Wiesbaden, Franz Steiner Verlag Wiesbaden GMBH (Verzeichnis der Orientalischen Handschriften in Deutschland, Band II, 2), 1970.

Janert, Klaus L. and Poti, N. Narasimhan (1975), <u>Indische und Nepalische Handschriften</u>, Teil 4, Wiesbaden, Franz Steiner Verlag Wiesbaden GMBH (Verzeichnis der Orientalischen Handschriften in Deutschland, Band II, 2), 1975.

Keith, Arthur, Berriedale (1935), <u>Catalogue of the Sanskrit and Prākrit Manuscripts in the Library of the India Office</u>, Volume 2, Brahmanical and Jaina Manuscripts, with a Supplement, Buddhist Manuscripts, by F.W. Thomas, Oxford, at the Clarendon Press, 1935.

Lienhard, Siegfried, with Manandhar, Thakur Lal (1988), Nepalese Manuscripts, Part 1: Nevārī and Sanskrit, Staatsbibliothek Preussischer Kulturebesitz, Berlin, Stuttgart, Franz Steiner Verlag Wiesbaden GMBH (Verzeichnis der Orientalischen Handschriften in Deutschland, Band xxxiii, 1), 1988.

Pillai, P.K. Nālāgana, ed., <u>A Descriptive Catalogue of Sanskrit Manuscripts in the Curator's Office Library, Trivandrum</u>, Vol VI, (Tantra and Śilpa), Trivandrum, VV Press Branch, 1940.

Sander, Lore and Waldschmidt, Ernst (1980), Sanskrithandschriften aus den Turfanfunden, Teil 4 (Supplementary Volume to Part 1-3 with Transcripts, Notes, Corrections and Indices of Sanskrit Words), Wiesbaden, Franz Steiner Verlag, GMBH, 1980 (Verzeichnis der Orientalischen Handschriften in Deutschland, Band X,4).

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